

**MAY**

**HIT  
OF THE  
MONTH**

**LIMIT 6  
AFTER LIMIT  
\$2.50 EA.**



**\$1<sup>50</sup>**

**CHEEZ-IT BAKED  
SNACK CRACKERS  
SELECTED VARIETIES  
191/200 G  
CRAQUELINS CUIVS CHEEZ-IT  
21214560\_EA/21350253\_EA**

**LIMIT 6  
AFTER LIMIT  
\$4.50 EA.**



**\$3**

**PLANTERS DELUXE  
WHOLE CASHEWS  
SALTED OR UNSALTED  
200 G  
NOIX DE CAJOU DE LUXE  
PLANTERS  
21021617\_EA/21021618\_EA**



**\$3<sup>50</sup>**

**NEW TREASURE LONG GRAIN  
WHITE RICE  
2 KG  
RIZ BLANC À LONG GRAIN  
NEW TREASURE  
21590582\_EA**

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local areas.  
\*\*Must be a registered PC Optimum® member to get this offer.  
Valid from May 1 - 31, 2024. While quantities last. See in-store for details.





Insiders Report™

# Make summer an on-budget breeze

Click or Scan to Discover More



Members save \$3



Optimum

Members-Only Price™

13<sup>99</sup>

Non-members

16<sup>99</sup>

PC® WINGS 700-907 G OR  
BBQ PORK BACK RIBS 680 G  
SELECTED VARIETIES  
FROZEN  
AILES OU CÔTES DE DOS DE  
PORC BARBECUE PC®  
20708932\_EA/20071715\_EA

Optimum

2,000<sup>pt</sup>

when you buy 2

\$2 Value



TEXAS HAMBURGER OR  
HOT DOG BUNS  
WHITE OR SESAME  
8'S  
PAINS À HAMBURGER  
OU HOT DOG TEXAS  
20711614\_EA/20711617\_EA

3<sup>50</sup>



Members save \$12



Optimum

Members-Only Price™

12<sup>99</sup>

Non-members

24<sup>99</sup>

ROYALE BATHROOM TISSUE  
30=60 ROLLS OR  
TIGER TOWELS 6=12 ROLLS  
PAPIER HYGIÉNIQUE OU  
ESSUIE-TOUT TIGER ROYALE  
21378233\_EA/21484732\_EA



**PRICE  
DROP**



**PC® TORTILLA CHIPS**  
SELECTED VARIETIES  
320-350 G  
**CROUSTILLES DE  
TORTILLA PC®**

20302765\_EA/20305180\_EA

**\$2<sup>#</sup>**

**PRICE  
DROP**



**PC® SALSA**  
SELECTED VARIETIES  
430 ML  
**SALSA PC®**

20323181001\_EA/20431884001\_EA

**\$2<sup>#</sup>**

**PRICE  
DROP**



**NONGSHIM NOODLE CUPS**  
SELECTED VARIETIES  
75 G

**CONTENANTS DE  
NOUILLES NONGSHIM**

20032441005\_EA

**\$1<sup>#</sup>**

**PRICE  
DROP**



**PUREX LAUNDRY  
DETERGENT**  
SELECTED VARIETIES  
1.92-2.03 L  
**DÉTERGENT À LESSIVE  
PUREX**

20856516005\_EA

**\$5<sup>#</sup>**

#Offer valid in-store at participating locations between May 16 - June 12, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.





**APP EXCLUSIVE OFFER\***

\*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer

**\$8**  
VALUE

**Up to**  
**8,000<sup>pts</sup>**  
are up for grabs

**Collect**  
**5,000<sup>pts</sup>**  
(1,000 points  
per participating  
product)

**+**

**BONUS**  
**3,000<sup>pts</sup>**  
for buying all five!



Click to open the  
PC Optimum™ app



Ends June 12





Scan to see our complete digital flyer



Atlantic Superstore

Happy Victoria Day

**PREPARED IN-STORE**

**BURGERS**  
PREPARED IN-STORE  
SELECTED VARIETIES  
17.62/KG  
**BURGERS**  
21550474\_KG

**7<sup>99</sup>**  
LB

**CUT BY OUR BUTCHERS**

**T-BONE OR WING GRILLING STEAK**  
FAMILY SIZE, CUT FROM  
UNGRADED BEEF  
19.58/KG  
**BIFTECK D'ALOYAU OU DE CÔTE**  
**D'ALOYAU À GRILLER**  
21497208\_KG/21497212\_KG

**MUST BUY**  
May 16 - 19

**8<sup>88</sup>**  
LB

**SALE**  
**SAVE \$2<sup>50</sup>LB**

**PORK TENDERLOIN**  
CRYOVAC PKG 2'S  
7.69/KG  
**FILET DE PORC**  
20520970\_KG

**3<sup>49</sup>**  
LB

**11 LB AVG**

**SALE**  
**SAVE \$2**

**SEEDLESS WATERMELON**  
PRODUCT OF U.S.A. OR MEXICO  
11 LB AVERAGE  
**MELON D'EAU SANS PÉPINS**  
20067326001\_EA

**6<sup>99</sup>**

**SALE**  
**SAVE \$2<sup>50</sup>LB**

**FRESH ATLANTIC SALMON FILLETS**  
FAMILY SIZE  
24.23/KG  
FRESH SEAFOOD ITEMS  
SUBJECT TO AVAILABILITY.  
**FILETS DE SAUMON DE**  
**L'ATLANTIQUE FRAIS**  
20720665\_KG

**10<sup>99</sup>**  
LB

**SALE**  
**SAVE \$2**

**BULK CORN**  
PRODUCT OF U.S.A. NO. 1 GRADE  
**MAÏS EN VRAC**  
20131170001\_EA

**69¢**

**Wonder Bread or Buns**  
SELECTED VARIETIES  
AND SIZES  
**PAIN OU PETITS**  
**PAINS WONDER**  
20305674\_EA  
20297455\_EA  
20305135\_EA

**BUY 2 OR MORE**

**White Wonder**

**LESS THAN 2 \$3.49 EA.**

**\$3 EA.**

**CAVENDISH FARMS**  
PREMIUM FRIES  
400-750 G FROZEN  
OR PC<sup>®</sup> OR BLUE MENU<sup>®</sup>  
**KETCHUP** 750 ML/1 L  
SELECTED VARIETIES  
**Frites de Qualité**  
**Supérieure Les**  
**Fermes Cavendish**  
OU **KETCHUP PC<sup>®</sup>** OU  
**MENU BLEU<sup>™</sup>**  
20090124\_EA/20729779\_EA

**SALE**  
**AT LEAST \$1**

**2<sup>99</sup>**

**SCOTTSBURN**  
FAMILY FAVOURITES ICE CREAM  
1.5 L OR **CHAPMAN'S**  
**COLLECTION** 6/8'S SELECTED  
VARIETIES FROZEN  
**Crème Glacée Favoris**  
**de la Famille ou**  
**Collection Chapman's**  
20660078001\_EA/20323757001\_EA

**\$3**

**COCA-COLA OR PEPSI SOFT DRINKS**  
SELECTED VARIETIES  
24X355 ML  
**BOISSONS GAZEUSES**  
**COCA-COLA OU PEPSI**  
20308197001\_C24  
20306687002\_C24

**SAVE THIS WEEK**

**11<sup>49</sup>**

**PC<sup>®</sup> NATURAL SPRING WATER**  
24X500 ML  
**EAU DE SOURCE**  
**NATURELLE PC<sup>®</sup>**  
20137898\_C24

**WHEN YOU BUY 2**  
**SAVE 98¢**

**2/\$5**  
**LESS THAN 2 \$2.99 EA.**

**LAY'S**  
POTATO CHIPS, POPPABLES  
130-235 G OR  
**PRINGLES**, SUPER  
STACKS 148-156 G  
SELECTED VARIETIES  
**CROUSTILLES,**  
**POPPABLES LAY'S**  
OU **SUPER STACK**  
**PRINGLES**  
21003823\_EA/21241032\_EA

**WHEN YOU BUY 2**  
**SAVE 98¢**

**2/\$6**  
**LESS THAN 2 \$3.49 EA.**

Flyer prices effective from Thursday, May 16th to Wednesday, May 22nd, 2024. SEE BACK PAGE FOR DETAILS.

RA NSP 1





**CHRISTIE KID'S COOKIES**  
SELECTED VARIETIES  
180-225 G  
**BISCUITS POUR ENFANTS CHRISTIE**  
20303703002\_EA/20303703003\_EA

Members save  
**\$1.50**

Optimum  
**Members-Only Price**  
**2.49**  
Non-members  
**3.99**



**PC® OR BLUE MENU®**  
**ENTRÉES OR BOWLS**  
SELECTED VARIETIES  
FROZEN  
212-365 G  
**PLATS CUISINÉS OU BOLS**  
**PC™ OU MENU BLEU™**  
20312253001\_EA/20839096\_EA

Members save  
**\$2**

Optimum  
**Members-Only Price**  
**2.99**  
Non-members  
**4.99**



**HUGGIES WIPES, DIAPERS,**  
**PULL UPS AND GOODNITES**  
TRAINING PANTS  
SELECTED VARIETIES  
**COUCHES HUGGIES**  
**OU PAMPERS**  
20963841\_EA/21456748\_EA

Optimum  
**10,000**<sup>pts</sup>  
for every '\$50'  
spent on

**\$10**  
Value



**PAMPERS, WIPES, TRAINING PANTS OR DIAPERS**  
SELECTED VARIETIES  
**LINGETTES, CULOTTES D'ENTRAÎNEMENT**  
**OU COUCHES PAMPERS**  
20304474001\_EA/21370844\_EA

Optimum  
**10,000**<sup>pts</sup>  
for every '\$50'  
spent on

**\$10**  
Value



**HUGGIES OR PAMPERS DIAPERS**  
SELECTED VARIETIES  
62-174'S  
**COUCHES HUGGIES**  
**OU PAMPERS**  
21456492\_EA/21551525\_EA

Optimum  
**3,000**<sup>pts</sup>  
Members save  
**\$3**

**34.99**



**LACTANTIA BUTTER**  
SELECTED VARIETIES  
454 G  
**BEURRE LACTANTIA**  
20296112005\_EA/2063926\_EA

**SALE**  
**SAVE \$1**  
**5.99**



**SHOPS'S DELI-FRESH WIENERS**  
375 G  
**SAUCISSES FUMÉES**  
**DELI-FRESH SHOPS'S**  
21094890\_EA

**\$4**



**SHRIMP SKEWERS**  
PLAIN OR MARINATED  
PREVIOUSLY FROZEN  
55 G  
**BRÔCHETTES DE CREVETTES**  
21204855\_EA

**SALE**  
**SAVE \$1**  
**\$1**



**ASTRO OR YOPLAIT PROTEIN**  
YOGURT 625/750 G,  
SIGGIS OR YOPLAIT  
YOGURT 4X100 G  
SELECTED VARIETIES  
**YOGOURT AVEC PROTÉINES**  
**ASTRO OU YOPLAIT, YOGOURT**  
**SIGGIS OU YOPLAIT**  
20165226001\_EA/21587047\_EA

**500**<sup>pts</sup>  
**3.99**



**FERRERO ROCHER**  
TABLET  
SELECTED VARIETIES  
90 G  
**BARRES**  
**FERRERO ROCHER**  
21428863\_EA/21570452\_EA

**WHEN YOU BUY 2**  
**SAVE \$1.48**  
**2/6.50**  
LESS THAN 2  
**\$3.99 EA.**



**NESTLÉ DRUMSTICK 4'S OR**  
**CONFECTIONERY FROZEN**  
DESSERT 1.5 L OR BARS 4-10'S  
SELECTED VARIETIES FROZEN  
**DRUMSTICK OU DESSERT GLACÉ**  
**OU BARRES DE CONFISERIE**  
**NESTLÉ**  
20322380001\_EA/20324757003\_EA

**SAVE**  
**AT LEAST 95¢**  
**4.99**



**NO NAME® PIZZA**  
SELECTED VARIETIES  
FROZEN  
369-411 G  
**PIZZA SANS NOM®**  
21541429\_EA/21541441\_EA

**3.49**



**CLOVER LEAF WHITE TUNA**  
SELECTED VARIETIES  
170 G  
**THON BLANC CLOVER LEAF**  
20167571\_EA/20326358001\_EA

**SALE**  
**SAVE \$1.80**  
**2.49**



**KETTLE POTATO CHIPS**  
SELECTED VARIETIES  
198 G  
**CROUSTILLES KETTLE**  
21520692\_EA/21589837\_EA

**WHEN YOU BUY 2**  
**SAVE 98¢**  
**2/\$4**  
LESS THAN 2  
**\$2.49 EA.**



**MADEGOOD GRANOLA**  
**OR MORNINGS BARS,**  
**SOFT BAKED COOKIES,**  
**MINIS OR SQUARES**  
SELECTED VARIETIES  
110-150 G  
**GRANOLA OU BARRES**  
**MORNINGS, BISCUITS**  
**TENDRES, MINI OU**  
**CARRÉS MADEGOOD**  
21425468\_EA/20797052001\_EA

**3.99**



**MOTT'S CLAMATO**  
JUICE 1.89 L OR  
OCEAN SPRAY  
100% JUICE BLEND  
OR COCKTAIL 1.77 L/1.89 L  
SELECTED VARIETIES  
**JUS CLAMATO MOTT'S OU**  
**MÉLANGE À JUS 100 % OU**  
**COCKTAIL OCEAN SPRAY**  
20300006008\_EA/21575328\_EA

**3.99**



**IRISH SPRING OR IVORY BAR**  
SOAP 6X104 G/ 10X90 G OR  
**IRISH SPRING, SOFTSOAP OR**  
**IVORY BODY WASH 591/621 ML**  
SELECTED VARIETIES  
**PAIN DE SAVON IRISH SPRING OU**  
**IVORY OU NETTOYANT POUR**  
**LE CORPS IRISH SPRING,**  
**SOAFTSOAP OU IVORY**  
20347887002\_EA/21219375\_EA

**4.49**

**20% off**  
**BULK FOODS**  
Variable weight, selected varieties  
in the bulk foods department

**BUY 2**  
**GENERAL MILLS CEREAL**  
FAMILY SIZE  
SELECTED VARIETIES  
475-778 G  
**CÉRÉALES GENERAL MILLS**  
21103492\_EA/21103495\_EA **5.99**  
**GET 1 FREE**  
**LIBERTÉ KEFIR OR CLASSIQUE DRINK**  
SELECTED VARIETIES  
1 L  
**KEFIR OU BOISSON CLASSIQUE LIBERTÉ**  
VALUE OF \$6.99  
21216416\_EA/21431052\_EA



CUSTOMER RELATIONS 1-866-727-0771. VISIT [atlanticsuperstore.ca](http://atlanticsuperstore.ca) FOR STORE HOURS.

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# Produce



**PC<sup>®</sup> EXTRA LARGE RED SEEDLESS GRAPES**  
PRODUCT OF CHILE,  
NO. 1 GRADE  
8.80/KG  
**TRES GROS RAISINS ROUGES SANS PÉPINS PC<sup>™</sup>**  
20159195001\_KG

**3<sup>99</sup>**  
LB



**CANADA ASPARAGUS**  
PRODUCT OF CANADA  
CANADA NO. 1 GRADE OR  
**GREENHOUSE EXTRA LARGE SWEET PEPPERS**  
PRODUCT OF CANADA  
11.00/KG  
**ASPERGES OU TRES GROS POIVRONS DE SERRE**  
20174581001\_KG/20007535001\_KG

**4<sup>99</sup>**  
LB



**RED MANGO**  
PRODUCT OF MEXICO  
EACH  
**MANGUE ROUGE**  
20059635001\_EA

Optimum  
Members-Only Price  
**1<sup>49</sup>**  
Non-members  
**1<sup>99</sup>**



**FARMER'S MARKET<sup>™</sup> GRAPE TOMATOES** 283 G  
PRODUCT OF MEXICO OR  
**MINI CUCUMBERS** 6'S  
PRODUCT OF CANADA  
**TOMATES RAISINS OU MINI-CONCOMBRES DÉLICÉS DU MARCHÉ<sup>™</sup>**  
21367888001\_EA/20737570001\_EA

**3<sup>49</sup>**



**FARMER'S MARKET<sup>™</sup> MINI CARROTS**  
PRODUCT OF U.S.A.,  
NO. 1 GRADE  
2 LB  
**CAROTTES MINIATURES DÉLICÉS DU MARCHÉ<sup>™</sup>**  
20031454001\_EA

**4<sup>99</sup>**



**ATEMOYA**  
PRODUCT OF BRAZIL OR  
**BLUEBERRIES**  
PRODUCT OF MEXICO  
PINT  
**ATEMOYA OU BLEUETS**  
20965690001\_EA/20080137001\_EA

**3<sup>99</sup>**



**JUMBO CHERRIES**  
PRODUCT OF U.S.A.  
22.02/KG  
**CERISES GÉANTES**  
20159690001\_KG

**9<sup>99</sup>**  
LB



**MARZETTI DIPS**  
PRODUCT OF U.S.A.,  
SELECTED VARIETIES  
254-340 G  
**TREMPETTES MARZETTI**  
20080394\_EA/  
20322970\_EA

**2/\$11**  
LESS THAN 2 \$5.99 EA.



**CANADA GREENHOUSE TOMATOES ON THE VINE**  
PRODUCT OF CANADA  
4.39/KG  
**TOMATES DE SERRE SUR VIGNE**  
20026703001\_KG

**1<sup>99</sup>**  
LB



**PREMIUM SALADS**  
SELECTED VARIETIES  
245-367 G  
**SALADES DE QUALITÉ SUPÉRIEURE FRAÎCHES**  
21237366\_EA/21237411\_EA

**MADE FRESH IN-STORE**  
**\$7**

# Butcher



**CANADA TOP SIRLOIN OVEN ROAST**  
CUT FROM CANADA AA GRADE BEEF OR HIGHER  
26.43/KG  
**RÔTI DE HAUT DE SURLONGE**  
20796098\_KG

**11<sup>99</sup>**  
LB



**CANADA PC<sup>®</sup> BLUE MENU<sup>™</sup> CHICKEN BREAST**  
BONELESS SKINLESS AIR CHILLED 3'S  
**POITRINE DE POULET PC<sup>™</sup> MENU BLEU<sup>™</sup>**  
21340952\_EA

air chilled  
**\$13**



**PC<sup>®</sup> BLUE MENU<sup>™</sup> GROUND CHICKEN OR GROUND TURKEY**  
454 G  
**DINDE OU POULET HACHÉ PC<sup>™</sup> MENU BLEU<sup>™</sup>**  
21100091\_EA/21100092\_EA

**2/\$14**  
LESS THAN 2 \$10 EA.



**CANADA BEEF STIR FRY STRIPS**  
CUT FROM CANADA AA GRADE BEEF OR HIGHER  
250 G  
**LANIÈRES DE BŒUF À SAUTER**  
21588067\_EA

**\$7**



**PREPARED IN-STORE MARINATED PORK TENDERLOIN**  
11.00/KG  
**FILET DE PORC MARINÉ**  
20636671\_KG

**4<sup>99</sup>**  
LB



**ULTIMATE SAUSAGES**  
SELECTED VARIETIES  
500 G  
**SAUCISSES DE POULET ULTIMATE MAPLE LODGE**  
21378310\_EA/21378346\_EA

**6<sup>99</sup>**



**SUFRA<sup>®</sup> HALAL CHICKEN LEGS**  
BACK ATTACHED  
1.6 KG  
**CUISSES DE POULET HALAL SUFRA<sup>™</sup>**  
21430577\_EA

**\$12**



**PC<sup>®</sup> NATURALLY SMOKED BACON**  
375-500 G OR PC<sup>®</sup> STREET CART SAUSAGE 500 G  
SELECTED VARIETIES  
**BACON FUMÉ NATURELLEMENT PC<sup>™</sup> OU SAUCISSES CLASSIQUES KIOSQUE RUE PC<sup>™</sup>**  
20152629\_EA/21525048\_EA

**5<sup>99</sup>**



**PC<sup>®</sup> PIES OR JANES PUB STYLE BREADED CHICKEN** 700 G  
SELECTED VARIETIES FROZEN  
**PÂTES PC<sup>™</sup> OU POULET PANÉ STYLE PUB JANES**  
20003749\_EA/  
21191828\_EA

**13<sup>99</sup>**



**Mix and Match PC<sup>®</sup> HORS D'OEUVRES COLLECTION**  
SELECTED VARIETIES FROZEN  
225-900 G  
**COLLECTION DE HORS-D'ŒUVRE PC<sup>™</sup>**  
20698133\_EA/  
21116020\_EA

**2/\$20**  
LESS THAN 2 \$10.99 EA.

# Seafood

Fresh seafood items subject to availability.



**HADDOCK FILLETS**  
FROZEN OR PREVIOUSLY FROZEN  
22.02/KG  
**FILETS D'AIGLEFIN**  
21093350\_KG

**9<sup>99</sup>**  
LB



**CANADIAN COVE MUSSELS**  
FRESH  
907 G  
**MOULES CANADIAN COVE**  
21556624\_EA

**5<sup>99</sup>**



**SEAQUEST<sup>®</sup> COLOSSAL PACIFIC WHITE SHRIMP** RAW ZIPPERBACK<sup>™</sup> 16-20 PER LB  
300 G OR CALAMARI RINGS UNCOOKED 340 G FROZEN  
**CREVETTES BLANCHES DU PACIFIQUE COLOSSALES OU RONDELLES DE CALMAR SEAQUEST<sup>®</sup>**  
20027170\_EA/21043887\_EA

**7<sup>49</sup>**



**PC<sup>®</sup> PEI MUSSELS IN SAUCE** 907 G  
SELECTED VARIETIES OR BATTERED HADDOCK BITES 454 G FROZEN  
**MOULES DE L'Î.-P.-É EN SAUCE OU BOUCHÉES D'AIGLEFIN EN PÂTES**  
20838560\_EA/  
21481247\_EA

**10<sup>99</sup>**



# Bakery



**FARMER'S MARKET™ COOKIES**  
SELECTED VARIETIES  
12'S  
**BISCUITS DÉLICÉS DU MARCHÉ™**  
20566774\_EA

**5<sup>99</sup>**



**PC® S'MORES CREAM PIE**  
FROZEN  
730 G  
**TARTE À LA CRÈME S'MORES PC™**  
21574358\_EA

**10<sup>99</sup>**



**FARMER'S MARKET™ BUTTER CROISSANTS**  
SELECTED VARIETIES  
6'S  
**CROISSANTS AU BEURRE**  
DÉLICÉS DU MARCHÉ™  
20975943\_EA

**\$5**



**BAKED IN-STORE**  
**MINI BRAIDED STRUDELS OR MAPLE PECAN DANISH**  
SELECTED VARIETIES  
4'S  
**MINI-CHAUSSON TRESSÉ OU DANOISÉ ÉRABLE ET PACANES**  
21464142\_EA/21464199\_EA

**4<sup>49</sup>**



**BAKED IN-STORE**  
**BAGUETTE**  
WHITE OR WHOLE WHEAT  
255 G  
**BAGUETTE**  
21529211\_EA

**1<sup>50</sup>**



**PC® FLATBREAD 220/300 G OR SURAJ® NAAN 5'S**  
SELECTED VARIETIES  
**PAIN PLAT PC™ OU NAAN SURAJ®**  
20910042\_EA/21051353\_EA

**\$3**



**FURLANI TEXAS TOAST, GARLIC OR GARLIC PARM ROLLS 312/340 G**  
SELECTED VARIETIES  
**TEXAS TOAST À L'AIL OU AIL ET PARMESAN FURLANI OU PETITS PAINS KING'S HAWAIIAN**  
20041579\_EA/21479970\_EA

**4<sup>49</sup>**



**D'ITALIANO BREAD OR BUNS**  
SELECTED VARIETIES AND SIZES  
**PAIN OU PETITS PAINS D'ITALIANO**  
20038335\_EA/20627101\_EA/20627103\_EA

**BUY 2 OR MORE**  
**3<sup>25</sup>**  
LESS THAN 2 \$3.99 EA.

# Great to go

Great to go items plus applicable taxes.



**CHICKEN, FAJITA OR TANDOORI TACO TRAYS**  
SELECTED VARIETIES  
1-1.1 KG  
**PLATEAUX DE TACOS AU POULET, FAJITA OU TANDOORI**  
21395977\_EA/21595419\_EA

**\$20**



**CHICKEN WINGS AND WEDGES BUCKET**  
1.2-2.12 KG  
**SEAU DE 36 AILES DE POULET ET FRITES EN QUARTIERS**  
21541872\_EA/21541877\_EA

**\$28**



**PARTY PLATTERS**  
SELECTED VARIETIES  
696 G/1.8 KG  
**PLATEAUX DE CÉLÉBRATION**  
21217521\_EA/21217522\_EA

**\$25**



**PC® NATURAL CHOICE™ OR BLUE MENU™ SLICED DELI MEATS 175 G OR PC® CHEESE SLICES 140-170 G**  
SELECTED VARIETIES  
**CHARCUTERIES TRANCHÉES PC™ LE CHOIX NATUREL™ OU MENU BLEU™ OU TRANCHES DE FROMAGE PC™**  
20216643\_EA/20310580\_EA

**6<sup>49</sup>**



**PREMIUM SALADS**  
425-454 G  
**SALADES DE QUALITÉ SUPÉRIEURE**  
21544608\_EA/21544611\_EA

**\$5**



**ZIGGY'S® PASTA**  
SELECTED VARIETIES  
1 KG  
**PÂTES ZIGGY'S®**  
21521156\_EA

**10<sup>29</sup>**



**SCHNEIDERS PEPPERETTES**  
SELECTED VARIETIES  
250-375 G  
**PEPPERETTES SCHNEIDERS**  
20976093\_EA/20976110\_EA

**7<sup>99</sup>**  
Non-members **10<sup>99</sup>**



**PC® CHICKEN SERVICE CASE MEATS**  
SELECTED VARIETIES  
**POULET PC™ POUR LE COMPTOIR DE SERVICE**  
20301114\_KG

**2<sup>99</sup>**  
/100 G

**BUY**  
RAW SALMON OR CHICKEN ENTRÉES 472-637 G  
**SAUMON CRU OU PLATS CUISINÉS DE POULET**  
21533960\_EA/1595451\_EA



**FROM \$12**

**GET 1 50% OFF**  
RAW SIDE 545-865 G  
**PLATS D'ACCOMPAGNEMENT NON CUIITS**  
21595452\_EA



**NORWEGIAN JARLSBERG CHEESE FROMAGE JARLSBERG NORVÉGIEN**  
21388103\_KG

**2<sup>99</sup>**  
/100 G



**BABYBEL 6'S OR THE LAUGHING COW 8'S**  
SELECTED VARIETIES  
**BABYBEL OU LA VACHE QUI RIT**  
20319107\_EA/20574332\_EA

**2/\$9**  
LESS THAN 2 \$4.99 EA.

# Floral



**5,000<sup>99</sup>** when you buy 2  
**\$5 Value**

**10 STEM TULIPS**  
ASSORTED VARIETIES  
**10 TULIPES SUR TIGE**  
21524898\_EA/21523713\_EA

**FROM \$10**



**SIGNATURE GIFT BOUQUETS**  
SELECTED VARIETIES  
**BOUQUETS-CADEAUX SIGNATURE**  
21087812\_EA/21087813\_EA

**\$24**



**ALOE VERA 4 INCH POT ALOËS**  
21047366\_EA

**\$10**



**DOUBLE SPIKE ORCHID IN CERAMIC**  
SELECTED VARIETIES  
EACH  
**ORCHIDÉE À DEUX TIGES DANS UN POT EN CÉRAMIQUE**  
20293541\_EA

**\$28**



# Garden Centre Open Victoria Day

7AM - 6PM



## Forest Glen Greenhouses

Forest Glen Greenhouses was started in 1985 by Lee and Judy Thompson with a small backyard operation located in Brookfield, NS. Now, joined by their daughter, Megan and son in law, Jason, the family business has grown into a seven-acre, gutter connect greenhouse facility. Forest Glen specializes in growing Annuals, Perennials, Vegetables, Herbs, Mums and Poinsettias.

**PC\* DELUXE ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
11 INCH  
20753918\_EA

**2/\$36**  
LESS THAN 2 \$20 EA.

**PC\* JUMBO ANNUAL HANGING BASKET**  
SELECTED VARIETIES  
20753924\_EA

**2/\$55**  
LESS THAN 2 \$32 EA.

**PC\* WINDOW BOX PLANTER**  
SELECTED VARIETIES  
24 INCH  
20753920\_EA

**\$32**

**MIX AND MATCH**  
PC\* GIGANTICO\* ANNUALS OR HERBS OR VEGETABLES  
SELECTED VARIETIES  
4.33 INCH  
21352664\_EA/21350302\_EA/21350301\_EA

**5/\$25**  
LESS THAN 5 \$5.50 EA.

**PC\* ANNUAL PLANTER**  
SELECTED VARIETIES  
10.8 INCH  
21001606\_EA

**\$26**

**PC\* COMBO PLANTER**  
SELECTED VARIETIES  
10 INCH  
20753963\_EA

**\$23**

**PC\* DELUXE ANNUAL PLANTER**  
SELECTED VARIETIES  
12 INCH  
20753963\_EA

**\$30**

**PC\* SUPER GIGANTICO\* ANNUALS**  
SELECTED VARIETIES  
6 INCH  
21352513\_EA

**\$9**

**PC\* GIGANTICO\* ANNUALS**  
SELECTED VARIETIES  
4 PACK  
21570281\_EA

**3/\$15**  
LESS THAN 3 \$6 EA.

**PC\* VEGETABLES IN CAGE**  
SELECTED VARIETIES  
12 INCH  
20753922\_EA  
20753957\_EA

**\$18**

**PERENNIALS**  
SELECTED VARIETIES  
9 CM  
21347591\_EA

**2/\$8**  
LESS THAN 2 \$4.50 EA.

**PERENNIALS**  
SELECTED VARIETIES  
13 CM  
21347592\_EA

**2/\$14**  
LESS THAN 2 \$8 EA.

## Our plant guarantee

Evergreens\*, trees, shrubs, rose bushes and perennials\* are guaranteed for one full year.

Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.



**100% Canadian grown**



PC® VEGETABLE AND HERB SOIL  
25 L  
21349109\_EA

**2/\$12**  
LESS THAN 2  
\$7 EA.

**How do we recycle?**

Empty Pots are shipped back to the greenhouse where they are compacted/ crushed.

Plastic is shredded to make pellets, which are used to make new pots and flats.

Established in 2008.

May 2 - June 19  
bring back your empty pots/flats and you can earn

**100 pts**  
for each pot or flat you return



PC® POTTING SOIL  
25 L  
21349090\_EA

**2/\$12**  
LESS THAN 2  
\$7 EA.



PC® ENRICHED LAWN SOIL  
25 L  
21349080\_EA

**2/\$12**  
LESS THAN 2  
\$7 EA.



NO NAME® ALL-PURPOSE SOIL  
50 L  
21358664\_EA

**2/\$20**  
LESS THAN 2  
\$11.50 EA.



NO NAME® CEDAR MULCH AVAILABLE IN NATURAL, BLACK OR RED  
42.5 L  
21358531\_EA  
21358573\_EA

**3/\$12**  
LESS THAN 3  
\$4.50 EA.



PLANT FOOD FERTILIZER OR GRASS SEED  
SELECTED VARIETIES AND SIZES  
21567431\_EA  
21359480\_EA

**\$8-25**



GARDEN DÉCOR AND POTS  
SELECTED SIZES  
EACH  
21570498\_EA  
21570439\_EA

SEE GARDEN CENTRE FOR RETAILS

GARDEN TOOLS AND WATERING ACCESSORIES  
SELECTED VARIETIES AND STYLES  
EACH  
21570571\_EA  
21570637\_EA

SEE GARDEN CENTRE FOR RETAILS



PC® YARD WASTE BAGS  
5'S  
20429980\_EA

**2/\$8**  
LESS THAN 2  
\$4.99 EA.

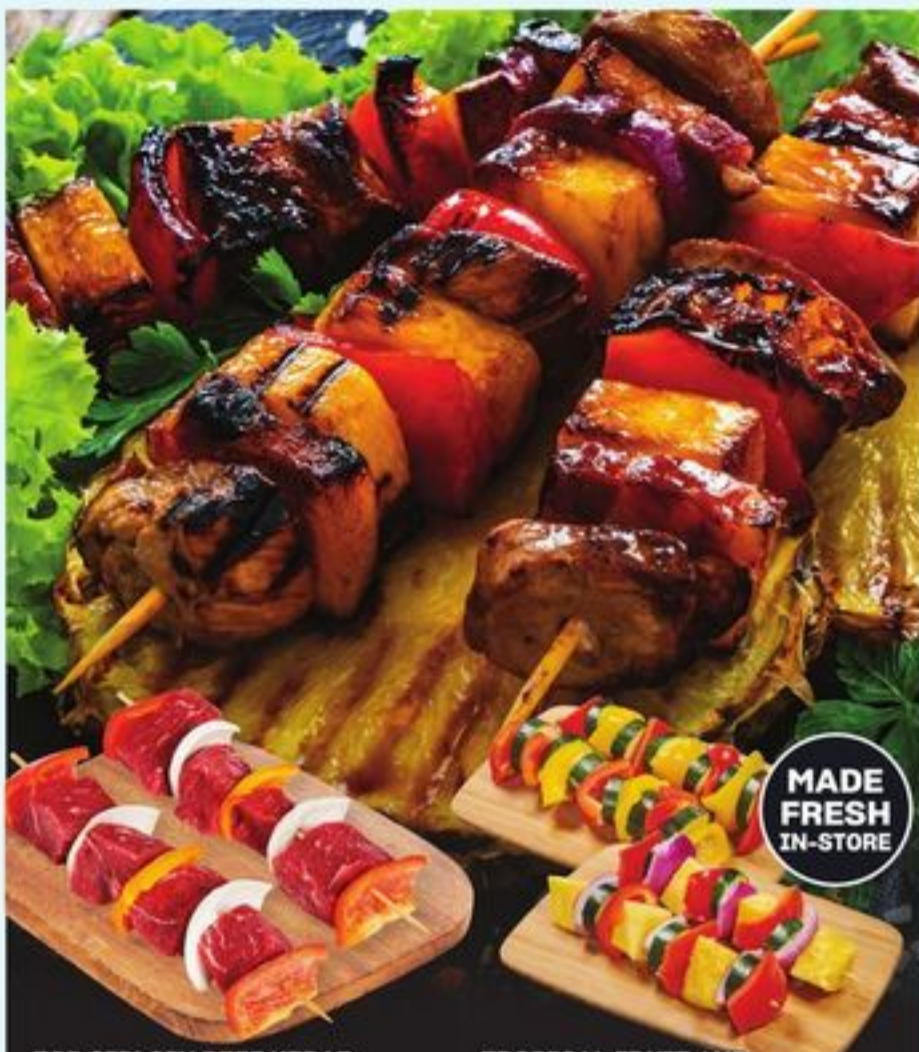
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Bring your original receipt and the original plant back to one of our Garden Centres and we will be happy to refund your money. All sales of "reduced to clear" plants are final. \*Does not apply to evergreen and perennial planters in decorative containers.



# Long weekend essentials



**TOP SIRLOIN BEEF KEBAB**  
CUT FROM CANADA AA  
GRADE BEEF OR HIGHER  
30.84/KG  
21462765\_EA

**13<sup>99</sup>**  
LB

**TROPICAL FRUIT AND  
VEGETABLE KEBABS**  
SELECTED VARIETIES  
2'S  
21456957\_EA/21456947\_EA

**\$6**



**Mix and match**  
**PC® BURGERS**  
SELECTED VARIETIES, FROZEN  
568 G-1.36 KG  
20941230\_EA/20941443\_EA

**2/\$30**  
LESS THAN 2  
\$16.99 EA.



**PC® GRILLING RAW  
SHRIMP SKEWERS**  
SELECTED VARIETIES  
FROZEN  
360 G  
21283307\_EA/21517019\_EA

**11<sup>99</sup>**



**DEMPSTER'S  
HAMBURGER OR  
HOT DOG BUNS**  
8'S  
21418959\_EA/21418962\_EA

**3<sup>49</sup>**



**MADE  
FRESH  
IN-STORE**

**40 WINGS NAKED  
OR BREADED**  
AVAILABLE UN-SAUCE  
OR YOUR CHOICE OF  
SAUCE (INCLUDES  
CELERY & CARROTS)  
21559246\_EA

**\$45**



**MADE  
FRESH  
IN-STORE**

**IN-STORE PREPARED  
CLASSIC ITALIAN  
STYLE OR PULLED PORK  
SLIDERS**  
716/853 G  
21562105\_EA/21595416\_EA

**\$15**



**MADE  
FRESH  
IN-STORE**

**SANDWICH  
OR WRAP  
PLATTERS**  
1.1-3.4 KG  
21557919\_EA/  
21558137\_EA

**\$20-25**



**VEGETABLE SAMOSA  
PLATTERS**  
12 PACK  
21558737\_EA

**\$12**



**PREPARED  
IN-STORE**

**12-PIECE CHILLED  
PACK OUT WINGS  
WITH ANY PIZZA  
OR FLATBREAD**  
21532556\_EA/21456401\_EA

**\$20**



**COLDCASE SALAD  
PLATTERS**  
20113593\_KG/20788914\_KG

**2<sup>49</sup>**  
/100 G



**MADE  
FRESH  
IN-STORE**

**GOURMET  
BAGUETTE,  
DELUXE SUB  
OR WRAPS  
LARGE  
PLATTER**  
21558211\_EA/  
21558212\_EA

**\$55-65**



**MADE  
FRESH  
IN-STORE**

**FRIED TORTILLA CHIPS**  
450 G OR FRESH  
GUACAMOLE 320 G  
21534615\_EA/21525868\_EA

**\$5**



**PC® SMOKIN'  
STAMPEDE® BBQ  
SAUCE**  
SELECTED VARIETIES  
500 ML  
21021473\_EA/21021521\_EA

**3<sup>49</sup>**



**PC® MEMORIES OF®  
SAUCE**  
SELECTED VARIETIES  
350 ML  
20311313001\_EA/  
20311313008\_EA

**4<sup>99</sup>**



**PC® CROUTONS**  
SELECTED  
VARIETIES  
140 G  
20796248001\_EA

**2/\$7**  
LESS THAN 2  
\$3.99 EA.



**STONE FIRE NAAN  
CRISPS 170 G OR PC®  
MINI HUMMUS 228 G**  
SELECTED VARIETIES  
20754856\_EA/21565050\_EA

**2/\$7**  
LESS THAN 2  
\$4 EA.



**PC® READY TO EAT  
POPCORN OR KETTLE  
COOKED, LOADS OF  
FLAVOUR OR WORLD  
OF FLAVOUR POTATO  
CHIPS OR PC®  
GARDEN STIX**  
SELECTED VARIETIES  
142-250 G  
20910769\_EA/21422931\_EA

**2/\$6**  
LESS THAN 2  
\$3.49 EA.



**PC® MINI CANS**  
SELECTED VARIETIES  
6X222 ML  
21093763\_C06/21094147\_C06

**2/\$6**  
LESS THAN 2  
\$3.49 EA.



**PC® BLUE MENU  
OR PC® SPARKLING  
WATER**  
SELECTED  
VARIETIES  
12X365 ML  
20668034002\_C01  
21518575\_C01

**2/\$9**  
LESS THAN 2  
\$4.99 EA.



# Long weekend treats

**PC® ICE CREAM SHOP**  
ICE CREAM  
SELECTED VARIETIES  
FROZEN  
946 ML  
21575127\_EA/21575303\_EA

**\$4**

**PC® BLACK LABEL**  
ICE CREAM  
SELECTED VARIETIES  
FROZEN  
500 ML  
20604543004\_EA/20604543004\_EA

**\$4**

**PC® COOKIE DOUGH**  
ICE CREAM BITES  
SELECTED VARIETIES FROZEN  
6'S  
21506998\_EA/21507016\_EA

**\$5**

**PC® MOCHI**  
FROZEN DESSERT  
SELECTED VARIETIES  
6'S  
21166581\_EA/21167338\_EA

**5<sup>49</sup>**

**PC® WAFFLE BOWLS**  
OR CONES  
SELECTED VARIETIES  
135/205 G  
21263795\_EA/21263798\_EA

**4<sup>49</sup>**

**PC® SYRUP**  
SQUEEZABLE BOTTLE  
SELECTED VARIETIES  
428 ML  
20338077\_EA/20339669\_EA

**5<sup>49</sup>**

**NO NAME®**  
ICE CREAM SANDWICHES OR BARS  
CLUB SIZE  
SELECTED VARIETIES  
FROZEN  
24/30'S  
2034740002\_EA/21013432\_EA

**\$10**

**NO NAME® ICE MILK**  
SELECTED VARIETIES  
FROZEN  
4 L  
20015284003\_EA

**7<sup>99</sup>**

**NO NAME® ICE CREAM**  
CONES OR CUPS  
SELECTED VARIETIES  
75-80 G  
21203830\_EA/21203883\_EA

**\$2**

**CHAPMAN'S SUPER PREMIUM PLUS**  
ICE CREAM  
SELECTED VARIETIES  
FROZEN  
500 ML  
21511147\_EA/21511200\_EA

**4<sup>99</sup>**

**CHAPMAN'S SUPER NOVELTIES**  
SELECTED VARIETIES  
FROZEN  
20072328002\_EA/20111532\_EA

**5<sup>99</sup>**

**MAGNUM BARS**  
SELECTED VARIETIES  
FROZEN  
4'S  
20342005003\_EA/20950739\_EA

**4<sup>99</sup>**

**NO NAME® WHIPPED TOPPING**  
SELECTED VARIETIES  
FROZEN  
1 L  
20113422001\_EA

**3<sup>99</sup>**

**NO NAME® MARSHMALLOW**  
SELECTED VARIETIES  
400 G  
20304672001\_EA/21023141\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.

**PC® CHOCOLATE BARS**  
SELECTED VARIETIES  
90-100 G  
20024823\_EA/20313501\_EA

**2/\$4.50**  
LESS THAN 2 \$2.79 EA.





Insiders Report™

Must Try

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APP EXCLUSIVE OFFER

Open your PC Optimum™ app or visit pc optimum.ca to get the offer

2,000<sup>pts</sup> \$2 Value



PC<sup>®</sup> FLAVOURED ICE POPS  
SELECTED VARIETIES  
FROZEN  
6X60 ML  
21575381\_EA

\$5



President's Choice  
BLUEBERRY CINNAMON  
FLAVOURED ICE POPS  
A hint of blueberry  
combined with delicate  
cinnamon notes  
6 x 60 mL 6  
KEEP FROZEN  
✓ NO ARTIFICIAL FLAVOURS  
NO ARTIFICIAL COLOURS

new



APP EXCLUSIVE OFFER

Open your PC Optimum™ app or visit pc optimum.ca to get the offer

\$8 VALUE

Up to 8,000<sup>pts</sup> are up for grabs

Collect 5,000<sup>pts</sup> (1,000 points per participating product)

+ BONUS 3,000<sup>pts</sup> for buying all five!



Click to open the PC Optimum™ app

Ends June 12

pts pts pts pts pts pts pts pts pts pts pts pts

APP EXCLUSIVE OFFER

Open your PC Optimum™ app or visit pc optimum.ca to get the offer

2,000<sup>pts</sup> \$2 Value



PC<sup>®</sup> CHOPPED SALAD KITS  
PRODUCT OF U.S.A.  
SELECTED VARIETIES  
285-369 G  
21378085\_EA

5<sup>99</sup>



President's Choice  
CHOPPED CRISPY CAESAR  
CÉSAR CROQUANTE  
HACHÉE  
SALAD - KIT - DE SALADE  
285 g 330 g 68 mL 285 g  
KEEP FROZEN  
✓ NO ARTIFICIAL FLAVOURS  
NO ARTIFICIAL COLOURS

Must Try



PC<sup>®</sup> PORK BELLY BURNT ENDS  
FROZEN  
500 G  
21565531\_EA

\$14

Must Try



PC<sup>®</sup> BARESE SAUSAGE  
250 G  
21576127\_EA

\$6

Must Try



PC<sup>®</sup> CHICKEN YAKITORI  
480 G  
21575909\_EA

\$17

Must Try



PC<sup>®</sup> CINNAMON SUGAR OR CHILI LIME  
PINEAPPLE SKEWERS  
FROZEN  
300 G  
21560146\_EA/21560219\_EA

\$5

Must Try



PC<sup>®</sup> SWEET & SMOKY BARBECUE BUTTERFLIED  
BLACK TIGER SHRIMP  
FROZEN  
360 G  
21559382\_EA

\$15

Must Try



PC<sup>®</sup> CHEESE OR MUSHROOM FRUSTA  
FROZEN  
2X165 G  
21549514\_EA/21549100\_EA

\$6

Must Try

\$5

PC<sup>®</sup> CHICKEN MASALA ON RICE,  
CHICKEN YELLOW CURRY ON RICE  
OR CHICKEN BUN CHA  
FROZEN  
300 G  
21565933\_EA/21565869\_EA/21566111\_EA



300 g  
KEEP FROZEN  
COOK THOROUGHLY  
SEE CODE  
NO ARTIFICIAL FLAVOURS  
NO ARTIFICIAL COLOURS  
5



300 g  
KEEP FROZEN  
COOK THOROUGHLY  
SEE CODE  
NO ARTIFICIAL FLAVOURS  
NO ARTIFICIAL COLOURS  
5



300 g  
KEEP FROZEN  
COOK THOROUGHLY  
SEE CODE  
NO ARTIFICIAL FLAVOURS  
NO ARTIFICIAL COLOURS  
5

Must Try



PC<sup>®</sup> BLACK LABEL WHITE BARBECUE SAUCE  
350 ML  
21589265\_EA

4<sup>50</sup>

Must Try



PC<sup>®</sup> M'AQUA COCKTAIL FLAVOURED SPARKLING WATER  
SELECTED VARIETIES  
6X355 ML  
21590669\_C06  
21590689\_C06

4<sup>50</sup>

Must Try



PC<sup>®</sup> CHURRO FLAKE OUTS<sup>™</sup>  
CROISSANT DONUTS  
224 G  
21590246\_EA

\$7





# Insiders Report™ 100+ new items for summer

Pick them up today



new



PC® CREAMY DILL PICKLE SLAW KIT 301 G 21588279\_EA

5<sup>99</sup>

new



PC® TANDORI SEASONED FULLY COOKED WHOLE CHICKEN 900 G 21587735\_EA

12<sup>99</sup>



Insiders Report™

## Make summer an on-budget breeze



Click or Scan to Discover More



new



PC® OAK-SMOKED CITRUS AND GIN SCOTTISH ATLANTIC SALMON 125 G 21576457\_EA

10<sup>99</sup>

new



PC® BRIOCHE SESAME BUNS 300 G 21576538\_EA

4<sup>99</sup>

new



PC® MONTREAL STEAK SPICE SEASONED PIZZA MOZZARELLA AND CHEDDAR CHEESE BLEND 320 G 21575868\_EA

5<sup>99</sup>

new



PC® MILK CHOCOLATE COVERED STRAWBERRIES OR BANANAS SELECTED VARIETIES FROZEN 200 G 21544053\_EA 21544055\_EA

5<sup>49</sup>



PC® STREET CART SAUSAGE CHEDDAR OR ORIGINAL 500 G 21525048\_EA/21525049\_EA

6<sup>99</sup>

new



PC® INBETWEENZ™ DESSERT SQUARE SELECTED VARIETIES 312 G 21592641\_EA

\$8

new



PC® FROSTOVERS™ HAND PIE SELECTED VARIETIES 150 G 21588644\_EA

4<sup>49</sup>



PC® SMOKIN' STAMPEDE FUMÉ CORN RIBS FROZEN 500 G 21520140\_EA

\$5

new



PC® SPARKLING DEALCOHOLIZED APPLE OR PEAR CIDER BEVERAGE SELECTED VARIETIES 4X330 ML 21588266\_C04 21588277\_C04

7<sup>50</sup>

new



PC® DARK ALE OR IPA LOW ALCOHOL BEER (LESS THAN 0.5% ALC./VOL.) 4X355 ML 21588335\_C04 21589408\_C04

\$6



PC® LEMONADE SELECTED VARIETIES 1.89 L 20772870001\_EA 21425929\_EA

2/5<sup>50</sup> LESS THAN 2 \$3.49 EA.

new



PC® SAMOSA LAYERED DIP 350 G 21588729\_EA

5<sup>99</sup>



PC® DIPS OR HUMMUS 190-227 G OR PC® NAAN DIPPERS 200 G SELECTED VARIETIES 20584097\_EA 21092033\_EA

2/\$7 LESS THAN 2 \$4 EA.



PC® MINI NAAN TRADITIONNAL OR GARLIC SELECTED VARIETIES 4'S 21076210\_EA 21076234\_EA

3<sup>49</sup>



# Grocery



BETTY CROCKER DUNKAROOS 168 G,  
NATURE VALLEY MUFFIN BAR 175 G,  
NATURE VALLEY CRUNCHY DIP 132 G OR  
PC® BLUE MENU® PEANUT BUTTER 750 G  
SELECTED VARIETIES  
20057669001\_EA/21449886\_EA

**2/\$9**  
LESS THAN 2  
\$5.49 EA.



QUAKER CEREAL  
SELECTED VARIETIES  
288-500 G  
20637355\_EA/21082500\_EA

**4<sup>29</sup>**



STARBUCKS  
COFFEE ENHANCERS  
SELECTED VARIETIES  
828 ML  
21359473\_EA/21436900\_EA

**6<sup>99</sup>**



KOZY SHACK  
RICE PUDDING  
SELECTED VARIETIES  
452-678 G  
20323829001\_EA/20325154001\_EA

**3<sup>99</sup>**



STARBUCKS ICED  
COFFEE 1.18/1.42 L OR  
IÖGO YOGURT 16X100 G  
SELECTED VARIETIES  
20609583001\_EA/21215530\_EA

**7<sup>99</sup>**



BLACK DIAMOND  
CHEESE BARS  
400 G OR SHREDS  
300-320 G  
SELECTED VARIETIES  
20297818003\_EA/21279221\_EA

**6<sup>99</sup>**



BAXTER OR  
SCOTSBURN SOUR CREAM  
SELECTED VARIETIES  
500 ML  
21381063\_EA/21381251\_EA

**3<sup>99</sup>**



CRACKER BARREL  
CHEESE SLICES  
SELECTED VARIETIES  
220/240 G  
21290705\_EA

**4<sup>99</sup>**



MISS VICKIE'S  
KETTLE COOKED  
POTATO CHIPS  
OR SMARTFOOD  
POPCORN  
SELECTED  
VARIETIES  
150-250 G  
21240703\_EA  
20972859\_EA

**2/\$10**  
LESS  
THAN 2  
\$5.49 EA.



CHRISTIE  
RITZ, WHEAT  
THINS OR  
TRISCUIT  
CRACKERS  
SELECTED  
VARIETIES  
175-454 G  
21030905\_EA  
21547034\_EA

**2/7<sup>50</sup>**  
LESS  
THAN 2  
\$3.99 EA.



PC® CRACKERS  
142-225 G OR  
SWISS STICKS 100 G  
SELECTED VARIETIES  
20538543003\_EA/20588938003\_EA

**3<sup>49</sup>**



DARE  
ULTIMATE COOKIES,  
VIVA PUFFS, WHIPPET  
OR WAGON WHEELS  
SELECTED VARIETIES  
230-360 G  
20025850002\_EA  
20419986001\_EA

**2/\$7**  
LESS THAN 2  
\$4.29 EA.



TETLEY TEA 80'S OR  
1850 GROUND OR  
BEAN COFFEE 340 G  
SELECTED VARIETIES  
20711164\_EA/21196935\_EA

**8<sup>99</sup>**



BALZAC'S GROUND OR  
WHOLE BEAN COFFEE  
300/340 G OR  
DAVID'S TEA  
MATCHA SINGLE  
SERVE 78 G  
SELECTED  
VARIETIES  
20987612\_EA  
21405691\_EA

**12<sup>99</sup>**



JORDAN'S CEREAL  
SELECTED VARIETIES  
375-400 G  
21522230\_EA/21522267\_EA

**4<sup>99</sup>**



QUE PASA CHIPS,  
TACO SHELLS  
130/350 G OR  
SALSA 420 ML  
SELECTED VARIETIES  
21031316\_EA/21410537\_EA

**3<sup>49</sup>**



LYSOL TOILET CLEANER  
710 ML-950 ML,  
LYSOL ALL PURPOSE  
CLEANERS  
650 ML/1.2 L OR  
LYSOL GEL 4'S  
SELECTED VARIETIES  
20310679001\_EA  
20309873002\_EA

**2/\$8**  
LESS THAN 2  
\$4.49 EA.



FLEECY FABRIC  
SOFTENER 1.36 L OR  
SHEETS 80'S,  
OXICLEAN STAIN  
REMOVER SPRAYS  
354-636 ML OR  
GEL STICK 183 ML  
SELECTED VARIETIES  
EACH  
20043178\_EA/21311876\_EA

**5<sup>49</sup>**



DOWNY OR GAIN  
FABRIC SOFTENER 2.63 L,  
BOUNCE, BEADS 379 G,  
DOWNY OR GAIN SHEETS  
120-200'S OR  
ZIPLOC MEGA PACK BAGS  
60-280'S  
SELECTED VARIETIES  
21196085\_EA/21549966\_EA

**9<sup>99</sup>**



WHISKAS CAT FOOD  
SELECTED VARIETIES  
1.5/2 KG  
20754051\_EA

**9<sup>99</sup>**



# For your family



JERGENS LOTION, COPPERTONE SUNSCREEN, NIVEA CREAM OR BIORÉ FACE CARE SELECTED VARIETIES AND SIZES 21089622\_EA/21176321\_EA

**SALE**  
**SAVE UP TO**  
**25%**



J.R. WATKINS OR METHOD BODY WASH 532 ML OR J.R. WATKINS OR SOFTSOAP LIQUID HAND SOAP REFILL 828 ML-1.47 L SELECTED VARIETIES 21167194\_EA/21425299\_EA

**6<sup>49</sup>**



DOVE, BATISTE, AVEENO OR GARNIER WHOLE BLENDS HAIR CARE OR STYLING SELECTED VARIETIES AND SIZES 20419882001\_EA/20850398\_EA

**8<sup>99</sup>**



TAMPAX PEARL TAMPONS 18'S, ALWAYS PREMIUM INFINITY FLEX FOAM PADS 16'S OR U BY KOTEX CLICK COMPACT UNSCENTED TAMPONS 16'S SELECTED VARIETIES AND SIZES 21284541\_EA/21287976\_EA

**2/\$8**  
**LESS THAN 2**  
**\$4.99 EA.**



ASPIRIN 100/120'S, ALEVE 40-100'S, ALEVE-X 72 G, TYLENOL 72-150'S, MOTRIN 60/150'S OR ADVIL 40-72'S PAIN RELIEF TABLETS, CAPLETS, GELS OR RUB SELECTED VARIETIES 20077169001\_EA/20328051\_EA

**15<sup>99</sup>**



HEAD & SHOULDERS 370 ML, OLD SPICE 400 ML OR HERBAL ESSENCE 400-600 ML HAIR CARE SELECTED VARIETIES AND SIZES 21505016\_EA

**5<sup>99</sup>**



DIAL BODY WASH 473 ML, FOAMING LIQUID HAND SOAP 221 ML OR LIFE BRAND LIQUID HAND SOAP 950 ML SELECTED VARIETIES 21311819\_EA/21357582001\_EA

**2<sup>99</sup>**



ALWAYS DISCREET 10-54'S OR TENA 12-48'S INCONTINENCE UNDERWEAR OR PADS SELECTED VARIETIES AND SIZES 20814896\_EA/210333778\_EA

**16<sup>99</sup>**



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE, POLIDENT TABLETS 84-96'S, ORAL-B BATTERY TOOTHBRUSH, CREST PRO HEALTH OR SCOPE MOUTHWASH OR CREST GUM DETOXIFY TOOTHPASTE SELECTED VARIETIES AND SIZES 20437569002\_EA/205598749\_EA

**7<sup>49</sup>**



SIX STAR WHEY PROTEIN SELECTED VARIETIES 821/907 G 21559849\_EA/21559977\_EA

**\$5 Value**  
**Optimum 5,000<sup>mg</sup>**



COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTHPASTE 70-133 ML, BATTERY TOOTHBRUSHES, MANUAL TOOTHBRUSHES, HELLO TOOTHPASTE 82-98 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES 21220587\_EA/21517424\_EA

**5<sup>99</sup>**



# For your baby



PC® CLUB PACK® BABY WIPES 1200'S,  
HUGGIES, PAMPERS 6, 9, 10'S  
OR BABY WIPES 336-720'S  
SELECTED VARIETIES  
21432245\_EA

**\$20**



HELLO BELLO OR  
MILLIE MOON DIAPERS  
SELECTED VARIETIES, CLUB SIZE  
21280046\_EA/21520459\_EA

**24<sup>99</sup>**



ENFAMIL A+ BABY FORMULA  
POWDER REFILL  
STAGE 1 & STAGE 2  
SELECTED VARIETIES  
992 G  
20435527002\_EA/20435527003\_EA

**54<sup>99</sup>**



PC® ORGANICS  
BABY FOOD POUCHES  
SELECTED VARIETIES  
128 ML  
20651248004\_EA/210651270002\_EA

**5/\$7**  
LESS THAN 5  
\$1.79 EA.



BABY GOURMET SNACKS AND  
BARS 40-90 G OR JARS 113 ML  
SELECTED VARIETIES  
21123961\_EA/21414273\_EA

**20%**  
SALE  
SAVE UP TO



Q-TIPS COTTON SWABS  
500'S  
20323077001\_EA

**4<sup>49</sup>**



SIMILAC STAGE 1 & 2  
READY TO FEED  
BABY FORMULA  
SELECTED VARIETIES  
16X235 ML  
21334696\_C01/21334752\_C01

**51<sup>99</sup>**



HELLO BELLO 10X WIPES  
SELECTED VARIETIES  
600'S  
21280051\_EA

**19<sup>99</sup>**

**Pampers**

UP TO **100%** LEAKPROOF PROTECTION

**34<sup>99</sup>** Swaddlers  
diapers  
selected varieties  
and sizes  
21455869\_EA

**36<sup>99</sup>** Easy Ups  
Training Pants  
selected varieties  
and sizes  
21089194\_EA

**26<sup>99</sup>** Ninjamas  
Nighttime Underwear  
selected varieties  
and sizes  
21308929\_EA

**pull-Ups**

SIMPLIFY THE POTTY TRAINING JOURNEY

**\$36<sup>99</sup>**  
Pull-Ups® training pants  
selected varieties 66-104's  
21021427\_EA

100% LEAK FREE protection where boys and need it most

**HUGGIES**

natural care

**\$8<sup>99</sup>**  
Huggies® wipes  
selected varieties  
168-192's  
20558604\_EA

Thicker & more absorbent for a gentle clean\*

\*vs Pampers Baby Clean Fresh



# Seasonal

**BUY 1 GET 1 50% OFF**

LIFE AT HOME OUTDOOR  
DINNERWARE, SERVEWARE  
AND DRINKWARE  
SECOND ITEM MUST BE OF  
EQUAL OR LESSER VALUE  
\$4-24  
21538945\_EA/21541068\_EA



**BUY 1 GET 1 50% OFF**

LIFE AT HOME™ ACCENT, SEAT OR  
HIGH BACK PATIO CUSHIONS  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF EQUAL  
OR LESSER VALUE  
\$16-39  
21527871\_EA/21527880\_EA



PAPLUX CAMP CHAIR  
SELECTED VARIETIES  
21456922\_EA

Members save  
**\$10**

Optimum  
Members-Only Price™  
**\$69**  
Non-members  
**\$79**

Optimum  
**6,000** Ⓢ  
for every '18'  
spent on

**\$6**  
Value

OFF! OR RAID  
INSECT REPELLENT  
SELECTED VARIETIES  
20001279002\_EA/20158572\_EA



PC® BBQ ACCESSORIES, TOOLS, BBQ COVERS  
OR LIGHTERS  
SELECTED VARIETIES  
21524461\_EA/21524356\_EA

**SALE**  
SAVE UP TO  
**30%**



LIFE AT HOME™ OUTDOOR  
SOLAR OR STRING LIGHTS  
SELECTED VARIETIES  
21386987\_EA

**SALE**  
SAVE UP TO  
**30%**



STAR GRILL LUMP  
CHARCOAL  
8.8 LB  
20773869\_EA

**\$11**

HONEYWELL OR  
WESTINGHOUSE FANS  
SELECTED VARIETIES  
20129684\_EA/21449261\_EA



**SALE**  
SAVE UP TO  
**20%**

**BIG  
SUMMER**  
(SMALL PRICES!)

Spend less on the poolside  
styles you crave.

SHOP NOW

**JOE FRESH**

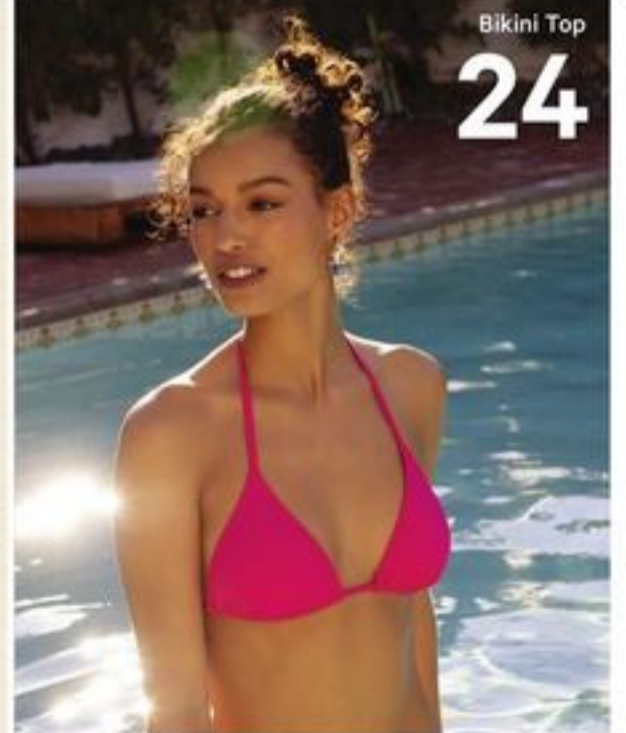
Halter Maxi Dress

**35**



Bikini Top

**24**



Linea Dress

**35**





**Our butchers cut quality meat in your store everyday!**

**pork loin schnitzel**  
21588055\_EA

**beef brisket meatballs plain**  
21587897\_EA

**beef stir fry strips**  
cut from Canada AA grade beef or higher  
21588067\_EA

**pork stir fry strips**  
21588095\_EA

**chicken stir fry strips**  
21588091\_EA

**YVES**  
VEGGIE CUISINE™

**MMMM... PLANTS**

**Great plant-based food.**

**YVES™ FAMILY PACK VEGGIE BURGERS**  
20061102\_EA  
**10.99**

**YVES™ FAMILY PACK VEGGIE DOGS**  
20032594\_EA  
**6.49**

**YVES™ VEGGIE BACON STRIPS**  
20573903\_EA  
**5.49**

Find us in store or online

Yves Veggie Cuisine® is a registered trademark of Hain-Celestial Canada, ULC.

**Sabra**  
SUNNY DAY Snacks

**SABRA HUMMUS SELECTED VARIETIES**  
283 G  
20103342\_EA  
LESS THAN 2 \$4.49 EA  
**2/\$8**

**SABRA HUMMUS SELECTED VARIETIES**  
482 G  
20103342\_EA  
LESS THAN 2 \$7 EA  
**2/\$12**

**Johnsonville**

**6.99** Smoked Beef Sausage  
Assorted varieties (375 g)

**5.99** Smoked Pork Sausage  
Assorted flavours (375 g)

**2/\$13** Fresh Sausage  
Assorted varieties (250 - 500 g)

**Dr. Oetker**

**Pizza for everyone TO ENJOY**

**GIUSEPPE PIZZERIA STUFFED FARCIE**  
**\$7.99**  
Giuseppe Stuffed Crust (685 - 771 g)  
21555844\_EA

**PIZZA TRADIZIONALE SALAME ROMANO**  
**\$6.49**  
Tradizionale (385 - 415 g)  
21561829\_EA

**Armstrong**  
1902

Bring the Love. Bring Armstrong Cheese.

**4.99** NATURAL CHEESE SLICES  
SELECTED VARIETIES  
220-240 g  
**ARMSTRONG**  
21333850\_EA

**3.99** COTTAGE CHEESE  
500 mL  
**BAXTER/SCOTSBURN**  
20372576003\_EA  
20317595001\_EA

**3.99** SOUR CREAM  
500 mL  
**BAXTER/SCOTSBURN**  
21381092\_EA

**2.49** NACHO QUESO SUPREME & FRENCH ONION  
250 g  
**HELUVA GOOD!**  
20872654\_EA

**8.99** MOZZARELISSIMA & LACTOSE FREE MOZZARELISSIMA BLOCKS  
SELECTED VARIETIES  
500 g  
**SAPUTO**  
20759241002\_EA

**YOUR ESSENTIALS FOR THE BBQ SEASON**

**SWISS CHALET**  
PORK BACK RIBS - CÔTES DE DOS DE PORC  
FULLY COOKED AND SEASONED - 19% MEAT PROTEIN  
AGÉCÉLÉCÉLÉ ET ENTÉRIÈREMENT CUITES - 19 % DE PROTÉINES DE VIANDE

**SWISS CHALET**  
PORK BACK RIBS - CÔTES DE DOS DE PORC  
FULLY COOKED AND SEASONED - 19% MEAT PROTEIN  
AGÉCÉLÉCÉLÉ ET ENTÉRIÈREMENT CUITES - 19 % DE PROTÉINES DE VIANDE

**MONTANA'S**  
BBQ & BAR  
PORK BACK RIBS - CÔTES DE DOS DE PORC  
FALL OFF THE BONE - DÉTACHE DE L'OS

**13.49** Swiss Chalet BBO or Honey & Garlic Pork Back Ribs (Refrigerated)  
21022221\_EA/21093780\_EA

**13.49** Montana's Texan BBQ Pork Back Ribs (Refrigerated)  
21203458\_EA



# I ♥ Reese's DAY

MAY 18<sup>TH</sup>

Hershey Family Bars, selected varieties (90 - 120 g) 2048185\_EA  
**LESS THAN 2 \$3.29 EA. 2/\$5**

Hershey King Size Bars, selected varieties (62 - 85 g) 2048185\_EA  
**LESS THAN 2 \$2.49 EA. 2/\$4.50**

Hershey Single Bars, selected varieties (34 - 58 g) 2050002\_EA  
**LESS THAN 2 \$1.79 EA. 2/\$2.50**

4 Bar / Bars, selected varieties 20525405\_EA  
**LESS THAN 2 \$5.99 EA. 2/\$9**

Hershey Multi 4 packs, selected varieties (170 - 198 g) 20525405\_EA  
**LESS THAN 2 \$5.99 EA. 2/\$9**

Hershey Packaged Candy, selected varieties (160 - 230 g) 2052597004\_EA/21588231\_EA  
**LESS THAN 2 \$5.99 EA. 2/\$9**

# VAN HOUTTE®

LIVE FLAVOURFULLY™

**\$17.99**  
Van Houtte® 30 K-Cup® pods selected varieties 20743469\_EA/21588231\_EA

**\$13.99**  
Van Houtte® ground coffee selected varieties 340 g 20973094\_EA/20973133\_EA

# bai

Bai® selected varieties 530 mL 21362966\_EA  
**LESS THAN 2 \$3.29 EA. 2/\$6**

**NEW**

21433571\_EA  
21362998\_EA  
21362998\_EA  
21362998\_EA  
21583389\_EA

DrinkBaiCanada.com  
Contains Caffeine. Trademark used under license by Canada Dry Mott's Inc.

# SNACK INTO Summer

**2/\$7** LESS THAN 2 \$3.99 EA.  
NEW Pepperidge Farm® Goldfish® Crisps 177 g selected varieties 21575178\_EA/21575294\_EA

**3.99**  
Snyder's of Hanover® Pretzels 240 g selected varieties 20316052004\_EA/20316052002\_EA

**2/\$4** LESS THAN 2 \$2.49 EA.  
NEW Kettle Brand® Kettle Cooked Air Fried Chips 156 g selected varieties 21589837\_EA/21589952\_EA

**2/\$7** LESS THAN 2 \$3.99 EA.  
Pepperidge Farm® Goldfish® Crackers 156-227 g, 6x28 g selected varieties 20320900\_EA/21574954\_EA

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# WE'VE GOT THE FLAVOUR

EXPLORE GRILLING RECIPES & TIPS ON OUR FLAVOUR MAKER APP

**6.49**  
CLUB HOUSE® LA GRILLE SEASONING BLENDS AND RUBS SELECTED VARIETIES 120-240 G 20321740001\_EA 20321740002\_EA  
**LESS THAN 2 \$2.49 EA. 2/\$4**

**2.99**  
FRENCH S® MUSTARDS SELECTED VARIETIES 325 - 400 ML 20083238\_EA

**7.99**  
CLUB HOUSE® SEASONING BLENDS SELECTED VARIETIES 111 - 181 G 2030000001\_EA 20300177001\_EA

**4.99**  
FRANK'S REDHOT® HOT SAUCES SELECTED VARIETIES 354 ML 20187432001\_EA 21352012\_EA

**2.99**  
FRENCH S® KETCHUP 750 ML / 1 L STUBB'S® BBQ SAUCE 450 ML SELECTED VARIETIES 20035951\_EA 21821214\_EA

**5.49**  
FISH CRISP® COATING MIXES SELECTED VARIETIES 230-340 G 20333502\_EA

**3.49**  
FRENCH S® CREAMY MUSTARD SELECTED VARIETIES 325 ML 21432829\_EA 21432834\_EA

Get great recipe ideas at [clubhouse.ca](http://clubhouse.ca) [frankshredhot.ca](http://frankshredhot.ca)

**5.99**  
Rio Mare light tuna selected varieties 3x80 g 20035383\_EA

**3.99**  
Rio Mare tuna salad selected varieties 160 g 20971499\_EA

# Real Italian Taste

# SAVE On Your Favourite Household Brands

**15.99** Gain laundry detergent 4.55 L/42's, Gain/Downy fabric softener 2.4 L-3.29 L, beads 515 g, Downy/Tide Rinse 48 oz, Bounce Sheets 240's, selected varieties 21405182\_EA/20965291\_EA

**16.99** Tide laundry detergent 3.4 L, Downy fabric softener 2.98-4.16 L, Tide PODS 57/43's, Downy/Gain beads 680 g, selected varieties 21454815\_EA/21549792\_EA

**4.99** Dawn 825 - 982 mL, Dawn EZ Squeeze 535 - 650 mL, Dawn Powerwash Refill 473 mL, selected varieties 21430569\_EA/21516486\_EA

**4.49** Febreze Air 250 g, Car 2 mL, Mr. Clean All Purpose Cleaner 1.2 L, selected varieties 21005017\_EA/20976906\_EA

**12.99** Swiffer Duster Refills 6-10's, Wet Refills 12-24's, Dry Refills 16-32's, selected varieties 21176851\_EA/21176876\_EA

**17.99** Charmin Bath Tissue, 12-48 Rolls, selected varieties 21549779\_EA/21484810\_EA

**17.99** Bounty Paper Towels, 6-12 21515966\_EA

**10.99** Bounty Napkins 400's 21053171\_EA

© 2024 P&G



# Same Size. Less Plastic.

**\$2 Value**

**2,000<sup>PH</sup>**

**\$8.99\***

**SIMPLY ORANGE JUICE**  
2.63 L  
21592119\_EA



**\$2 Value**

**2,000<sup>PH</sup>**

**\$7.49\***

**GOLD PEAK ICED TEA**  
2.63 L  
21592193\_EA



Made with 12% Less Plastic.

\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less.   
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## START YOUR ACTIVIA GUT HEALTH CHALLENGE

**2 ACTIVIA PER DAY FOR 14 DAYS**



**\$4.49**  
ACTIVIA® - 650 g  
2068634\_EA



**\$4.49**  
ACTIVIA® - 2 x 100 g  
2068642\_EA



**\$11.99**  
ACTIVIA® - 2 kg  
2047289\_EA

less than 2 \$2.29 ea.  
**2/3.50**  
ACTIVIA® - 100 mL  
21348503\_EA



**\$7.49**  
ACTIVIA® - 12 x 100 g  
2030342929\_EA



**\$6.49**  
ACTIVIA® - 8 x 100 mL  
2143052\_EA



ACTIVIA may help reduce the frequency of minor digestive issues like: bloating, gas, discomfort and rumbling when consumed twice\* per day for 2 weeks as part of a balanced diet and healthy lifestyle. \*2 servings.

## CREAMY TEXTURE, ANYTIME, ANYWHERE

less than 2 \$2.29 ea.  
**2/3.50**  
Oikos® - 100 mL  
21402298\_EA



less than 3 \$4.79 ea.  
**3/\$12**  
Oikos® - 4 x 100 g  
2049375005\_EA  
2049375004\_EA

**\$6.99**  
Oikos® - 550/750 g  
21009889\_EA



### 10-HOUR BREW BOLD AND SMOOTH TASTE



less than 2 \$8.99 ea.  
**2/14.50**  
Stok® - 1.42 L  
21213739\_EA  
21213737\_EA



### LOW IN SUGAR BIG ON TASTE

**\$4.49**  
Two Good® - 4 x 55 g  
21475047\_EA



**\$4.99**  
Two Good® - 825 g  
21475047\_EA



### DANONE GO!

less than 3 \$1.29 ea.  
**3/\$3**  
Danone Go® - 190 mL  
21349387\_EA/21349323\_EA



### DANONE Danino

less than 2 \$4.49 ea.  
**2/\$7**  
Danino® - 6 x 93 mL  
21520245\_EA



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