

SUPER COUPONS

More offers.
More points.



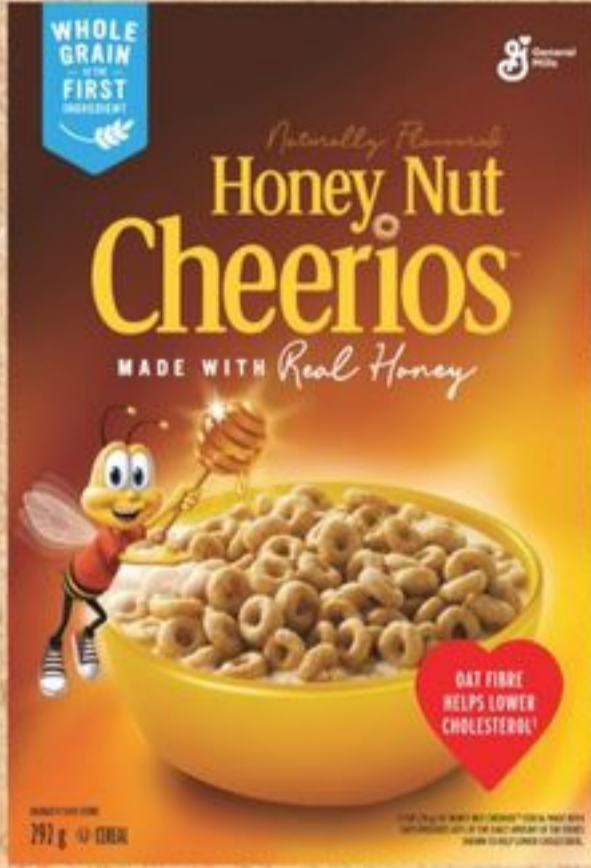
UP TO
\$53
IN TOTAL
VALUE



CLICK FOR THIS COUPON AND MORE

JUNE

**HIT
OF THE
MONTH**



**General Mills
Honey Nut Cheerios, 292g**



no name® Canola Oil, 3L



Titan Aluminum Foil, 12" x 25'

See in-store for retails

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum® member to get this offer. Valid from June 1st - June 30th, 2024. While quantities last. No rainchecks.

REAL CANADIAN SUPERSTORE



Insiders Report™



Make summer an on-budget breeze

THAT'S PC!

5 KG BOX
\$17

CHICKEN LEGS
BACK ATTACHED
FROZEN, 5 KG BOX
WORKS OUT TO BE \$1.54/LB
20774509_EA

WHOLE SEEDLESS WATERMELON
PRODUCT OF U.S.A.
2006732601_EA

4⁹⁴

11 LB
AVERAGE



CRACKER BARREL CHEESE BARS 400 G OR
SHREDDED CHEESE 320 G
SELECTED VARIETIES
21290384_EA/21290416_EA

LIMIT 4

5⁷⁷

OVER LIMIT PAY 7.19 EA



PC® SMOKIES™ SAUSAGES
SELECTED VARIETIES,
1 KG
20732535_EA

LIMIT 4

10⁹⁹

OVER LIMIT PAY 14.99 EA



BUBLY SPARKLING WATER 12X355 ML OR
MONTELLIER 10X355 ML
CARBONATED WATER
SELECTED VARIETIES
21096722_EA/21097171_EA

5⁷⁷



DANONE OIKOS YOGURT TUBS
SELECTED VARIETIES
650/750 G
21006634_EA/21203904_EA

5⁴⁶



FARMER'S MARKET™ PIES
SELECTED VARIETIES, 580 G-1 KG
21297366_EA/21297367_EA

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

APP EXCLUSIVE OFFER*
Optimum
1,000 = \$1 Value

LIMIT 4

\$6

OVER LIMIT PAY 7.50 EA

FREE

WHEN YOU SPEND \$300 OR MORE

in-store or through PC Express™ online pick-up or delivery

OFF! VALUE PACK
3X170 G
UP TO \$24.99 VALUE
21592740_EA



HIGH LINER WILD PACIFIC PINK SALMON FILLETS
400 G, **SEAQUEST® PINK SALMON FILLETS** 400 G OR
COD, SOLE, BASA OR HADDOCK FILLETS 680 G
FROZEN
21093881_EA/21093939_EA

LIMIT 4

7⁹⁹

OVER LIMIT PAY 9.99 EA



AROY-D COCONUT MILK
400 ML
20063864_EA

LIMIT 4

1³⁸

OVER LIMIT PAY 1.99 EA



TIDE LIQUID 3.9 L, **PODS** OR **GAIN FLINGS** 45/57/76'S
LAUNDRY DETERGENT
SELECTED VARIETIES
21579686_EA/21593896_EA

APP EXCLUSIVE OFFER*
Optimum
1,000 = \$1 Value

LIMIT 4

19⁹⁹

OVER LIMIT PAY 25.99 EA



CASCADE PLATINUM 51/67'S, **COMPLETE** 90'S
OR **ORIGINAL** 110'S **DISHWASHER TABS**
SELECTED VARIETIES
21516545_EA/21518479_EA

LIMIT 4

18⁹⁹

OVER LIMIT PAY 22.99 EA



Insiders Report™

Try a taste of the tropics today



APP EXCLUSIVE OFFER*

= \$3 Value

3,000^{PC}

PC® OR FREE FROM® CHICKEN WINGS
SELECTED VARIETIES
FROZEN, 700-907 G
30708932_1A

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

14⁹⁹



APP EXCLUSIVE OFFER*

= \$2 Value

2,000^{PC}

PC® CREAM PIES
SELECTED VARIETIES
FROZEN, 730 G
21574358_1A

*Open your PC Optimum™ app or visit pcoptimum.ca to get the offer.

9⁹⁹

Prices and offers effective from Thursday, May 30th to Wednesday, June 5th, 2024 unless otherwise stated.

   
superstore.ca

ELEVATE YOUR WELL BEING FOR LESS



ENSURE AND BOOST ORIGINAL MEAL REPLACEMENT SHAKES
SELECTED VARIETIES AND SIZES
20204767002_C06/20209843_C06

LIMIT 4
11.99

OVER LIMIT PAY 12.99 EA



JAMIESON VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20209963_CA/2020329003_CA

UP TO
50% OFF

4.00-29.79 AFTER SAVINGS



Prices and offers effective from Thursday, May 30th to Wednesday, June 5th, 2024 unless otherwise stated.



Insiders Report™



Serve our best, at a juicy price

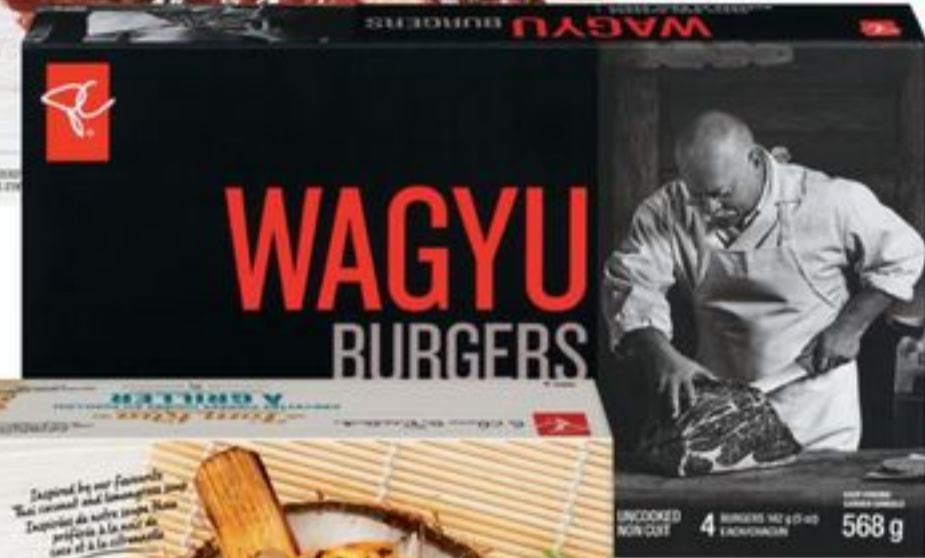
PC® BBQ PORK BACK RIBS
FULLY COOKED, SELECTED VARIETIES, 500 G
21284542_EA

10⁹⁹



PC® WAGYU BURGERS
SELECTED VARIETIES, FROZEN, 568 G
21522754_EA

\$12



PC® BLUE MENU® WILD SOCKEYE
SALMON BURGERS FROZEN, 568 G
20650472_EA

13⁹⁹



PC® TOM KHA
BUTTERFLIED
BLACK TIGER SHRIMP
SELECTED VARIETIES
FROZEN, 360 G
21559236_EA

\$15



PC®
THE ULTIMATE
CANADIANA
BURGER
FROZEN, 852 G
2101355_EA

\$14



Insiders Report™

Ice cream shoppe sweetness, at home

PC® SCOOP SHOP
ICE CREAM
SELECTED VARIETIES
FROZEN, 946 ML
21575127_EA/21575303_EA

\$4



PC® BLACK LABEL
ICE CREAM
SELECTED VARIETIES, FROZEN, 500 ML
21578921_EA/21588332_EA

\$4



PC® COOKIE DOUGH
ICE CREAM BITES
SELECTED VARIETIES, FROZEN, 6'S
21506998_EA/21507016_EA

\$5



PC® FRUIT
FLAVORED
ICE POPS
SELECTED VARIETIES
FROZEN, 6X60 ML
21575280_EA/21575381_EA

\$5



Insiders Report™

Outstanding sips and snacks

PC® WORLD OF FLAVOURS POTATO CHIPS
SELECTED VARIETIES, 200 G
20839413001_EA/21521668_EA

250



PC® POPCORN
SELECTED VARIETIES, 220/250 G
20910709_EA/21287961_EA

349



PC® KETTLE COOKED POTATO CHIPS
SELECTED VARIETIES, 200 G
21529075_EA/20192491_EA

250

PC® TORTILLA CHIPS
SELECTED VARIETIES, 320-350 G
20302763_EA/20300990_EA

250

PC® LOADS OF™ FLAVOUR POTATO CHIPS
SELECTED VARIETIES, 200 G
2084091002_EA/2084091004_EA

250



PC® LEMONADE
SELECTED VARIETIES
1.89 L
20773870009_EA/21423929_EA

\$3



PC® TEA
SELECTED VARIETIES,
REFRIGERATED, 1.54 L
21430670_EA/21430684_EA

LIMIT 4

349

OVER LIMIT PAY 3.99 EA

PC® 100% JUICE
SELECTED VARIETIES, 1 L
21080947_EA/21080954_EA

199



PC® LEMONADE
SELECTED VARIETIES
REFRIGERATED, 1.54 L
21430542_EA/21100671_EA

LIMIT 4

349

OVER LIMIT PAY 4.49 EA

PC® PINEAPPLE JUICE
SELECTED VARIETIES,
REFRIGERATED, 1.75 L
20321930_EA

LIMIT 4

559

OVER LIMIT PAY 6.29 EA




Insiders Report™
**THAT'S
PC!**
Make summer an on-budget breeze

PC® VEGETABLES
SELECTED VARIETIES FROZEN, 350-750 G
20318915_EA/21503040_EA

3⁴⁹

PC® FROZEN FRUIT
SELECTED VARIETIES, 400-600 G
20312227_EA/21089952_EA

3⁹⁹

**PC® NO SHELL SEA SALT
OR HONEY GLAZED PISTACHIOS**
PRODUCT OF U.S.A., 155/170 G
21469218_EA/21469207_EA

6⁹⁹

PC® CHEESECAKE
SELECTED VARIETIES, FROZEN, 420/600 G
20318102_EA/21095306_EA

**LIMIT 4
8⁹⁹**
OVER LIMIT PAY 9.99 EA

PC® DIPS OR HUMMUS
SELECTED VARIETIES, 227 G
20574322_EA/20584097_EA

3⁴⁹

**PC® BLACK LABEL®
CHEDDAR CHEESE**
SELECTED VARIETIES, 200/250 G
20816874_EA/20813761_EA

\$8

**PC® SPLENDIDO™
SLICED MEAT**
200 G, **NATURAL
CHOICE SALAMI
OR ASSORTED
TRIO** 250/400 G OR
**ROMA SLICED
PEPPERONI** 900 G
SELECTED VARIETIES
21048919_EA/21005997_EA

10⁴⁹

PC® GREEK YOGURT
SELECTED VARIETIES, 4X100 G
2083062800L_EA

**LIMIT 4
3⁴⁹**
OVER LIMIT PAY 3.99 EA

PC® ORANGE JUICE
SELECTED VARIETIES
REFRIGERATED, 1.54 L
21430537L_EA

3⁹⁹

**PC® CHOCOLATE
COVERED ALMONDS,
RAISINS, PEANUTS
OR CRANBERRIES**
SELECTED VARIETIES, 700/908 G
20984524_EA

**LIMIT 6
9⁹⁹**
OVER LIMIT PAY 10.99 EA

**PC® FLAVORED
MAYONNAISE**
SELECTED VARIETIES, 300 ML
20861237_EA/20770797_EA

2⁹⁹

PC® SALSA
SELECTED VARIETIES, 650 ML
20309646001_EA

3⁹⁹

PC® GLAZE
SELECTED VARIETIES, 250 ML
20444556_EA

4⁴⁹



GREEN THUMBS UP

VISIT OUR GARDEN CENTRES



PC® ANNUAL PLANTER
SELECTED VARIETIES, 10.8 INCH
2001606_EA

\$26



PC® ZINNIA PLANTER
SELECTED VARIETIES, 10 INCH
2124720_EA

\$23



DIPLADENIA OR
MANDEVILLA CAGE
SELECTED VARIETIES, 10 INCH
20798508_EA/20614723_EA

\$30



PC® GIGANTICO™
ANNUALS
SELECTED VARIETIES
4.33 INCH
21352664_EA

5/\$25

OR 5.50 EA



PC® GIGANTICO™
HERBS
SELECTED VARIETIES
21350301_EA

5/\$25

OR 5.50 EA



PC® GIGANTICO™
VEGETABLES
SELECTED VARIETIES
21350302_EA

5/\$25

OR 5.50 EA



ANNUALS OR
VEGETABLES
SELECTED VARIETIES
3.5 INCHES, 6" S
21351207_EA

3⁹⁸



PC® TROPICAL
SQUARE
SELECTED VARIETIES, 11 INCH
21353009_EA

\$32



PC® SUPER GIGANTICO™
ANNUALS
SELECTED VARIETIES, 6 INCH
21352513_EA

\$9



PC® DELUXE
ANNUAL
HANGING BASKET
SELECTED VARIETIES
11 INCH
20753916_EA

19⁹⁸



PC® JUMBO
ANNUAL
HANGING
BASKET
SELECTED VARIETIES
20753924_EA

2/\$55

OR 32.00 EA



SHRUBS OR
EVERGREENS
SELECTED VARIETIES, 1 GALLON
20020362_EA

\$13



PC® PERENNIALS
SELECTED VARIETIES
15 CM
21350466_EA

2/\$26

OR 15.00 EA



PC® PERENNIALS
SELECTED VARIETIES
13 CM
21350465_EA

2/\$18

OR 10.00 EA



PC® BLACK
EARTH SOIL
25 L
21357792_EA

4/\$13

OR 3.50 EA

SUPER FRESH

FARMER'S MARKET™ GRAPE TOMATOES
PRODUCT OF CANADA OR MEXICO, NO. 1 GRADE
907 G
20840038001_EA

5⁹⁹

CLUB SIZE



FARMER'S MARKET™ MIXED SWEET PEPPERS
PRODUCT OF WESTERN PROVINCES, 6'S
21030970001_EA

6⁹⁸

CLUB SIZE



CLUB SIZE

ASPARAGUS
PRODUCT OF WESTERN PROVINCES OR ONTARIO
CANADA NO. 1 GRADE
20174381001_KG

3⁸⁸
LB

8.55/KG

FARMER'S MARKET™ MINI CUCUMBERS
PRODUCT OF WESTERN PROVINCES,
CANADA NO. 1 GRADE, 15'S
210315960001_EA

5⁸⁸

YELLOW PEACHES
PRODUCT OF U.S.A., NO. 1 GRADE
20002646001_KG

2⁹⁹
LB

6.59/KG



BARTLETT PEARS
PRODUCT OF ARGENTINA
20172240001_KG

1⁹⁷
LB

4.34/KG



FARMERS MARKET™ MINI CARROTS
PRODUCT OF U.S.A., 2 LB BAG
200315450001_EA

4⁹⁹



PC® ORGANICS WHOLE CREMINI OR WHITE MUSHROOMS
PRODUCT OF WESTERN PROVINCES, 454 G
212195390001_EA/212194960001_EA

\$4

CLUB SIZE



PC® GREENHOUSE GROWN STRAWBERRIES
PRODUCT OF CANADA,
NO. 1 GRADE, 340 G
21027142001_EA

Members save **\$1**

Optimum
Members-Only Price™
5⁹⁹
Non-members **6⁹⁹**

**Must be a registered PC Optimum™ member to load and get this offer.



COSMIC CRISP APPLE
PRODUCT OF U.S.A.,
EXTRA FANCY GRADE, 5 LB
21465188001_EA

CLUB SIZE

6⁸⁸



ATAULFO MANGO CASE
PRODUCT OF MEXICO
2012109001_EA

CLUB SIZE

9⁹⁹



LITTLE POTATO COMPANY® BBQ OR MICROWAVE POTATO KITS
PRODUCT OF U.S.A., NO. 1 GRADE, 454 G
21093908_EA/21093902_EA

\$3



PC® OR BLUE MENU® DRESSING
SELECTED VARIETIES, PRODUCT OF CANADA OR U.S.A., 350-355 ML
21109503_EA/21182915_EA

Members save **\$1**

Optimum
Members-Only Price™
3⁹⁹
Non-members **4⁹⁹**

**Must be a registered PC Optimum™ member to load and get this offer.



PC® CHOPPED ROMAINE 907 G OR COLESLAW OR GARDEN SALAD 1.36 KG
PRODUCT OF U.S.A.
21024250_EA/21023752_EA

CLUB SIZE

5⁹⁹

AISLES OF GRILLING

Well-priced essentials for grilling season.

Backyard BBQ

PC® FREE FROM® PORK BACK RIBS FRESH

6.99
LB
15.41/KG

CLUB SIZE



PC® BONELESS SKINLESS CHICKEN BREAST, THIGHS OR SPLIT CHICKEN WINGS UP TO 725 G

\$16



BUTCHER'S CHOICE® SAUSAGE SELECTED VARIETIES, 1.45 KG

12.99

NEW ZEALAND LAMB LOIN CHOPS

12.99
LB

28.64/KG



CLUB SIZE



BEYOND MEAT PLANT-BASED BURGERS FROZEN, 678 G

17.99

PC® CERTIFIED ANGUS BEEF® EXTRA LEAN GROUND SIRLOIN FRESH, 454 G

\$10



THE KEG PRIME RIB BEEF BURGERS FROZEN, 1.02 KG

18.99

OVER LIMIT PAY 20.99 EA

Dive in with your Seafood faves

SEAQUEST® FLAVOURED ALASKA POLLOCK 454 G, READY TO EAT OR FRESH ATLANTIC SALMON PORTIONS 113 G

4.99

OVER LIMIT PAY 5.99 EA



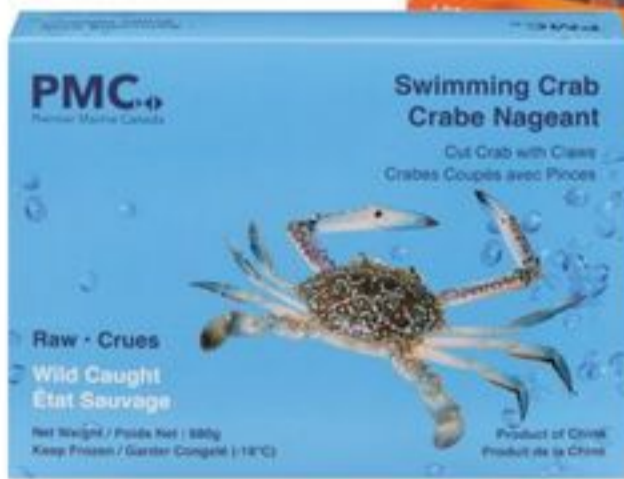
SEAQUEST® RAW OR COOKED PEELED SHRIMP FROZEN, 70-90/LB, 300 G

6.99



ANCHOR'S BAY MUSSEL MEAT AND COOKED CLAM MEAT 340 G OR PMC BASA FILLETS 400 G OR SEAFOOD MEDLEY 340 G FROZEN

3.99



PMC TILAPIA 1.36 KG OR BLUE SWIMMING CRAB 680 G, FROZEN

8.99

OVER LIMIT PAY 10.99 EA



PC® SMOKED SALMON SELECTED VARIETIES FROZEN, 150 G

10.99

SUPER FRESH



ZIGGY'S HAM,
DELI SERVICE
CASE SLICED
SELECTED VARIETIES

20323392_EA

2.50
/100



WING WING
CHINESE PORK
SAUSAGE

375 G

21473752_EA

5.99



FREYBE FRESH
PEPPERONI STICKS

SELECTED VARIETIES, 500 G

20322436_EA/20323265_EA

Optimum
1,000 **= \$1**
Value

9.99



MIX & MATCH
PC® CHEESE BLOCKS

SELECTED VARIETIES
250 G

20770652_EA

\$6



TRE STELLE
BOCCONCINI,
RICOTTA OR
FETA CRUMBLES

SELECTED VARIETIES, 150-475 G

20024992_EA/20093652_EA

\$7



OKA OR MONSIEUR
GUSTAV ST-PAULIN
CHEESE

SELECTED VARIETIES, 190 G

20921279_EA/21397209_EA

7.99



PC® BLACK LABEL®
CRISPS

SELECTED VARIETIES, 150 G

20901554_EA/20901555_EA

\$5



DELI IN STORE TRAYS

SELECTED VARIETIES, 362-405 G

20652852_EA/21961435_EA

\$6



OLIVIERI FRESH
FILLED PASTA,
SKILLET GNOCCHI

500-700 G OR FRESH

SAUCE 600 ML

SELECTED VARIETIES

20321412_EA/21021889_EA

8.49



D'ITALIANO BREAD

600/675 G OR BUNS 6/8'S

SELECTED VARIETIES

20620149_EA/20627034_EA

2.99



GARLIC OR JALAPENO
GARLIC BREAD 500 G OR
CHEESE STICKS 5'S

BAKED IN-STORE

SELECTED VARIETIES

21012440_EA/21964968_EA

2.99



CASA MENDOSA
7/10 INCH TORTILLAS

340/640 G OR DELI
WORLD LIGHT

RYE 500 G

SELECTED VARIETIES

20097456_EA/21566518_EA

2.94



LA ROCCA CAKE
SLICE

SELECTED VARIETIES

137-212 G

21496254_EA/21496255_EA

2/\$6

OR 3.50 EA



FARMER'S MARKET™
BUTTER CROISSANTS

SELECTED VARIETIES, 260-336 G

20975943_EA

\$5



FARMER'S MARKET™
MUFFINS

SELECTED VARIETIES, 6'S

21283356_EA/21283358_EA

5.99

SUPER YOUR EVERYDAY



SULTANA RAISINS
21564330_KG

99¢ /100 G



JUJUBES
21564325_KG

99¢ /100 G



MILK CHOCOLATE ALMONDS
21564333_KG

1.99 /100 G



RAW PEPITAS
21564091_KG

2.29 /100 G



SKITTLES CANDY
21563827_KG

2.79 /100 G



RAW PECAN HALVES
21564332_KG

4.79 /100 G



FARMER'S MARKET™ PITTED DATES
300 G
21519965_EA

\$5



FARMER'S MARKET™ PINEAPPLE CHUNKS
400 G
21519982_EA

\$7



FARMER'S MARKET™ DRIED APRICOTS
375 G
21519961_EA

\$10



FARMER'S MARKET™ RAW ALMONDS
400 G
21519217_EA

\$10



PRANA SNACK MIXES
350-400 G
21521521_EA/21521599_EA

\$8



BASSÉ SNACK MIXES
SELECTED VARIETIES
415-600 G
21518603_EA/21518613_EA

ALWAYS 5.50



President's Choice

CLICK-N-STORE

PANTRY ORGANIZING CONTAINERS

SHOP NOW



Seal and stack to get your pantry in order with our space-saving containers. With different sizes for storing a variety of dry-foods, you'll be organizing a photo-worthy pantry in no time

BUY ONE GET ONE 50% OFF

PC® CLICK & STORE PANTRY STORAGE CONTAINERS
SELECTED VARIETIES SECOND ITEM MUST BE EQUAL OR LESSER VALUE
20786341_EA/20786302_EA

CLUB SIZE

BUY BIG. SPEND SMALL.

NO NAME® NATURALLY IMPERFECT™ LIMES
PRODUCT OF MEXICO, 907 G
2124360001_EA

\$5



CLUB SIZE

NO NAME® NATURALLY IMPERFECT™ LEMONS
PRODUCT OF U.S.A., 4 LB
2124489001_EA

\$7



CLUB SIZE

NO NAME® BURGERS
FROZEN, 2.27 KG
20060002_EA

\$22



CLUB SIZE

CLUB SIZE

NO NAME® NATURALLY IMPERFECT AVOCADO
PRODUCT OF MEXICO
3 LB
21094003001_EA

\$8



NO NAME® ORIGINAL HOT DOGS
1.5 KG
20960016_EA

LIMIT 4
9.99

OVER LIMIT PAY 13.00 EA



CLUB SIZE

WILD SMOKED OR PINK SALMON, SOLE, BASA, BLUE COD, POLLOCK, BREADED SQUID, POPCORN SHRIMP OR CRAB FLAVORED POLLOCK
FROZEN, 200-908 G
21472748_EA/21473696_EA

\$10



CLUB SIZE



INSIDE ROUND STEAK OR ROAST
CUT FROM CANADA AA GRADE WESTERN BEEF
20920662_KG

9.99
LB

22.02/KG

CLUB SIZE

PC® FREE FROM® BONELESS, SKINLESS CHICKEN BREAST
FRESH
20821952_KG

10.99
LB

24.23/KG

CLUB SIZE

TRE STELLE MOZARELLA BALL
CLUB SIZE, 3X250 G
21062677_EA

1,000 = **\$1 Value**
\$16



CLUB SIZE

MARCANGELO SLICED DELI MEAT
SELECTED VARIETIES
175/200 G
21289949_EA/21290205_EA

10.99



FREYBE EUROPEAN WIENERS
900 G
20952782_EA

17.99



CLUB SIZE

PC® SPLENDIDO® PARMIGIANO OR GRANA PADANO
SELECTED VARIETIES, 800 G
20903354_EA/21053436_EA

\$22



CLUB SIZE

KAISER OR ITALIAN BUNS
BAKED IN-STORE
SELECTED VARIETIES, 18'S
20002338_EA/20026936_EA

\$5



CLUB SIZE

OLD MILL LOAF CAKES
1.17 KG
20874075_EA

\$8



CLUB SIZE



BUY BIG. SPEND SMALL.



DARE BEAR PAWS 336/480 G, WAGON WHEELS 630 G
OR GRISSOL MELBA TOAST 350/400 G
SELECTED VARIETIES

LIMIT 4
4.49

OVER LIMIT PAY 5.99 EA



PEPPERIDGE FARM GOLDFISH SNACK
PACK 616 G OR FAMILY PACK 750 G
SELECTED VARIETIES

LIMIT 4
7.99

OVER LIMIT PAY 8.99 EA



YOPLAIT YOP
DRINKABLE YOGURT
SELECTED VARIETIES, 12'S

LIMIT 4
9.94

OVER LIMIT PAY 10.99 EA



INTERNATIONAL
DELIGHT COFFEE
ENHANCER
CLUB SIZE
SELECTED VARIETIES, 1.42 L

Optimum
1,000^{ml}
= \$1
Value
7.49

OVER LIMIT PAY 8.99 EA



NESTLÉ
PANTRY SIZE
CHOCOLATE
POUCH
SELECTED VARIETIES
800 G/1 KG

LIMIT 6
10.99

OVER LIMIT PAY 13.49 EA



SENSIBLE PORTIONS
VEGGIE STRAWS
425 G

LIMIT 4
7.99

OVER LIMIT PAY 9.49 EA



MADE GOOD
GRANOLA BARS,
COOKIES, MINIS
OR CRISPY
SQUARES
CLUB SIZE
SELECTED VARIETIES
264/360 G

Optimum
2,000^{ml}
= \$2
Value
12.49

OVER LIMIT PAY 14.99 EA



PALMOLIVE
DISHWASHING LIQUID
SELECTED VARIETIES, 4.27 L

LIMIT 4
8.97

OVER LIMIT PAY 10.99 EA



NO NAME®
LAUNDRY DETERGENT
SELECTED VARIETIES, 6 L

LIMIT 4
9.99

OVER LIMIT PAY 14.99 EA



MR. CLEAN
ALL PURPOSE
CLEANER
SELECTED VARIETIES
3.78 L

LIMIT 4
10.99

OVER LIMIT PAY 12.99 EA



PC® HEAVY
DUTY FREEZER
BAGS
MEDIUM 150'S OR
LARGE 120'S

LIMIT 4
11.49

OVER LIMIT PAY 12.99 EA



WINDEX GLASS
CLEANER
5 L

LIMIT 4
13.99

OVER LIMIT PAY 16.99 EA



AIR WICK PLUG
IN SCENTED
OIL KITS 2+5'S OR
REFILLS 5'S
SELECTED VARIETIES

LIMIT 4
14.94

OVER LIMIT PAY 19.99 EA



PC® PLANET FIRST™
BIRCH CUTLERY
SELECTED VARIETIES

UP TO
30% OFF

7.00-9.50 AFTER SAVINGS

SUPER YOUR EVERYDAY

BUY ANY 2



KELLOGG'S JUMBO CEREAL
SELECTED VARIETIES, 700 G-1.2 KG
20072706_EA/21005303_EA

GET 1 FREE MILK



LACTANTIA PURFILTRÉ MILK
SELECTED VARIETIES, 2 L
21424996_EA



GENERAL MILLS CEREAL
FAMILY SIZE, SELECTED VARIETIES, 475-778 G
2103492_EA/2103495_EA

LIMIT 4
5⁴⁷

OVER LIMIT PAY 6.49 EA



KELLOGG'S RICE KRISPIES 176/198 G,
POP TARTS 384 G,
SPECIAL K 125 G OR
NUTRI GRAIN 295 G BARS
SELECTED VARIETIES
20313984005_EA/21090111_EA

LIMIT 6
2⁹⁹

OVER LIMIT PAY 3.79 EA



JIF PEANUT BUTTER
SELECTED VARIETIES, 1 KG
21023784_EA/21023863_EA

LIMIT 4
5⁷⁷

OVER LIMIT PAY 6.29 EA



TWINNINGS HERBAL TEA
SELECTED VARIETIES 50'S
2111068_EA/2111070_EA

LIMIT 4
6⁹⁹

OVER LIMIT PAY 10.99 EA



KEEBLER TOWN HOUSE CLUB OR CHEEZ-IT SNAP'D
213-388 G
21019803_EA/21451181_EA

LIMIT 4
\$2

OVER LIMIT PAY 3.49 EA



PRINGLES SUPER STACK POTATO CHIPS
SELECTED VARIETIES 148/156 G
21003823_EA/21003833_EA

1,000⁰⁰
when you buy 2

= \$1 Value



CHEETOS SNACKS
SELECTED VARIETIES, 170-285 G
21070669_EA/21370995_EA

2,500⁰⁰
when you buy 3

= \$2⁵⁰ Value



HERSHEY'S CHIPITS
SELECTED VARIETIES, 180-270 G
21452844_EA/21452924_EA

LIMIT 4
3⁴⁴

OVER LIMIT PAY 4.29 EA



PATAK'S PASTE OR SAUCE
SELECTED VARIETIES 284/400 ML
2021780002_EA/2105338_EA

LIMIT 4
3⁹⁹

OVER LIMIT PAY 4.79 EA



MINUTE RICE
SELECTED VARIETIES 1.2/1.4 KG
20014783001_EA

LIMIT 4
4⁹⁷

OVER LIMIT PAY 6.79 EA



GREEN GIANT CANNED VEGETABLES
SELECTED VARIETIES 341/398 ML
2101224_EA/21021485_EA

LIMIT 4
1⁶⁷

OVER LIMIT PAY 1.99 EA



OCEAN'S LIGHT TUNA OR GOLD SEAL SARDINES
SELECTED VARIETIES, 85-170 G
21005134_EA/21024464_EA

LIMIT 4
1⁴⁹

OVER LIMIT PAY 1.79 EA



NO NAME® WHITE VINEGAR
4 L
20102756_EA

2²⁷

CLUB SIZE

SUPER YOUR EVERYDAY



YOPLAIT SOURCE 630 G,
MINIGO 6X60 G OR
TUBES 8X56 G
SELECTED VARIETIES

219318001_EA/21547395_EA

2⁶⁷

OVER LIMIT PAY 3.49 EA



CRACKER BARREL
NATURAL CHEESE
SLICES

SELECTED VARIETIES
200-240 G

21290705_EA

LIMIT 4
3⁹⁹

OVER LIMIT PAY 5.49 EA



BLACK DIAMOND
CHEESTRINGS 16'S
OR STICKS 12'S
SELECTED VARIETIES

20753661_EA/20986474_EA

LIMIT 6
5⁸⁸

OVER LIMIT PAY 8.79 EA



NO NAME®
APPLE JUICE

SELECTED VARIETIES, 1.75 L

2031281_EA

LIMIT 4
2⁹⁹

OVER LIMIT PAY 3.49 EA



PC® FREE RUN LARGE
BROWN EGGS 12'S
OR BLUE MENU®
EGG WHITES 1 KG
SELECTED VARIETIES
REFRIGERATED

20813628001_EA/20821364001_EA

6²⁹



KRAFT SINGLES
SELECTED VARIETIES
825 G

2188312_EA

LIMIT 4
6⁹⁷

OVER LIMIT PAY 9.29 EA



DAIRYLAND SOUR
CREAM 500 ML OR
COTTAGE
CHEESE 500 G
SELECTED VARIETIES

20275966001_EA/20349835_EA

LIMIT 4
3⁴⁹

OVER LIMIT PAY 4.39 EA



MCCAIN SUPERFRIES
OR SPECIALTY
POTATOES 454-800 G
OR PIZZA POCKETS 3'S
SELECTED VARIETIES, FROZEN

20799502_EA/20799529_EA

LIMIT 4
2⁷⁷

OVER LIMIT PAY 4.99 EA



DR. OETKER
RISTORANTE OR
CASA DI MAMA PIZZA
SELECTED VARIETIES
FROZEN, 320-410 G

20296100001_EA/20296424004_EA

LIMIT 4
4⁷⁷

OVER LIMIT PAY 6.79 EA



HIGH LINER BREADED
OR BATTERED FISH
350-700 G OR
SHRIMP 330 G
SELECTED VARIETIES
FROZEN

20572299001_EA/20572299004_EA

LIMIT 4
6⁸⁸

OVER LIMIT PAY 9.49 EA



PC® ENTREES
SELECTED VARIETIES
FROZEN, 600 G-1.13 KG

213399210_EA/21524774_EA

12⁹⁹



CAMPBELL'S
CHUNKY SOUP
SELECTED VARIETIES, 515 ML

21480447_EA/21480507_EA

LIMIT 4
2⁹⁹

OVER LIMIT PAY 3.49 EA

2,500⁰⁰ = \$250 Value
when you buy 3



TILDA
READY-TO-HEAT
RICE
SELECTED VARIETIES
250 G

20695681_EA



PC® MAYONNAISE
SELECTED VARIETIES
685/890 ML

20769626_EA/20618892_EA

LIMIT 4
5²⁹

OVER LIMIT PAY 5.99 EA



MAZOLA OIL
SELECTED VARIETIES
2.84 L

20015260_EA/20092556_EA

LIMIT 4
11⁴⁹

OVER LIMIT PAY 14.49 EA

SUPER YOUR EVERYDAY



BIOITALIA ORGANIC PASTA OR ORGANIC CANNED TOMATOES
SELECTED VARIETIES, 398 ML/500 G

20983038_EA/21078168_EA

LIMIT 4

2⁴⁹

OVER LIMIT PAY 3.49 EA



POPPI SODA
SELECTED VARIETIES, 355 ML

21964498_EA/21964543_EA

LIMIT 12

2⁹⁹

OVER LIMIT PAY 3.49 EA



VIOLIFE VEGAN CHEESE ALTERNATIVE
SELECTED VARIETIES
REFRIGERATED, 150/200 G

21339319_EA/21339330_EA

LIMIT 4

5⁹⁹

OVER LIMIT PAY 7.29 EA



SIMPLY PROTEIN BARS
SELECTED VARIETIES
12X40 G

21388496_C12/21388644_C12

LIMIT 4

27⁹⁹

OVER LIMIT PAY 31.99 EA



PC® GLUTEN-FREE WAFFLES
SELECTED VARIETIES
FROZEN, 320 G

21491963_EA/21491970_EA

LIMIT 4

2⁹⁹

OVER LIMIT PAY 3.99 EA



GATORADE FIT 828 ML
OR GATORLYTE 591 ML
ELECTROLYTE BEVERAGES
SELECTED VARIETIES

21316025_EA/21449960_EA

LIMIT 4

1⁹⁹

OVER LIMIT PAY 2.99 EA



BODYARMOR SUPERDRINK BEVERAGES
SELECTED VARIETIES
473 ML

21582808_EA/21585195_EA

2⁴⁹



NESTLÉ KITKAT OR AERO CHOCOLATE TABLET
SELECTED VARIETIES, 95-120 G

21909196_EA/21571058_EA

2/4⁵⁰

OR 2.79 EA



LYSOL MULTI SURFACE CLEANER 1.2 L OR SPRAY 650-950 ML
SELECTED VARIETIES

20309873002_EA/20310677001_EA

3⁶⁶



NO NAME® PAPER TOWELS
6-8 ROLLS

20078625_EA

5⁹⁹



SCOTTIES FACIAL TISSUE
SELECTED VARIETIES
6X81/126 SHEETS

20318667_EA

LIMIT 4

5⁹⁹

OVER LIMIT PAY 9.99 EA



DAWN DISHWASHING LIQUID
SELECTED VARIETIES
2.2L/2.64 L

21430598_EA/21430600_EA

LIMIT 4

10⁴⁹

OVER LIMIT PAY 11.99 EA



DOWNY FABRIC SOFTENER 2.4/3.29 L, GAIN OR BOUNCE DRYER SHEETS 240'S
SELECTED VARIETIES

21549944_EA/21408433_EA

LIMIT 4

12⁹⁹

OVER LIMIT PAY 14.99 EA



IAMS DRY CAT FOOD
SELECTED VARIETIES
1.36/1.59 KG

21027553_EA/21027556_EA

13⁹⁴



DRAGON BOAT FESTIVAL

* Paddle into low prices.

GRADE A DUCK
FROZEN

3⁸⁸
LB

8.55/KG



DAN-D PAK FANCY NUT MIX
SELECTED VARIETIES, 908 G

14⁸⁸

OVER LIMIT PAY 17.49 EA



GOLDEN POMPANO
OR MILKFISH
WHOLE, FROZEN

3⁹⁸
LB

8.77/KG



BABY OR
SHANGHAI BOK
CHOY JR

PRODUCT OF CANADA

20099639001_KG / 20073098001_KG

2⁸⁸
LB

6.35/KG



BEEF RIB FINGER MEAT
BONELESS, CRYOVAC

2042109_KG

9⁸⁸
LB

21.78/KG



KIKKOMAN
SOY SAUCE
SELECTED VARIETIES
591 ML

20193275_EA

1,000⁰⁰ = \$1 Value

5⁸⁸

OVER LIMIT PAY 6.99 EA



PALM CORNED BEEF
SELECTED VARIETIES, 326 G

20416342_EA

4⁸⁸

OVER LIMIT PAY 5.99 EA



O'TASTY DUMPLINGS
SELECTED VARIETIES, FROZEN, 567 G

20319243004_EA

4⁸⁸

OVER LIMIT PAY 6.49 EA



LEE KUM KEE PANDA
OYSTER SAUCE

510 G

20199600_EA

2⁸⁸

OVER LIMIT PAY 3.99 EA



T&T® ALOE VERA DRINK
SELECTED VARIETIES, 1.5 L

20993585_EA

2⁴⁸

OVER LIMIT PAY 3.49 EA



JAYONE SEASONED
AND ROASTED
SEAWEED

120 G

20699445_EA

9⁸⁸

OVER LIMIT PAY 11.49 EA

* Please note that not all items are available in all stores. See back page of flyer for details.

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DRAGON BOAT FESTIVAL

* Paddle into low prices.



PAPAYA
PRODUCT OF MEXICO
20817066001_KG

1⁸⁸
LB

4.14/KG



MANN'S SNAP PEAS
PRODUCT OF U.S.A., 680 G
2104035_EA

CLUB
SIZE

8⁸⁸



COCONUT
PRODUCT OF DOMINICAN REPUBLIC
20005774001_EA

2⁹⁸



DRAGON FRUIT
PRODUCT OF VIETNAM
20168399001_EA

2⁸⁸



NAPA
PRODUCT OF U.S.A.
20015025001_KG

1²⁸
LB

2.82/KG



PC® FREE FROM®
SIDE PORK
WHOLE OR SLICED
2009701_KG

6⁸⁸
LB

15.17/KG



CALIFORNIA
SQUID 1 KG OR
SQUID TUBES 680 G
FROZEN
20121461_EA

10⁹⁸



CHINESE LONG
DONUTS
BAKED IN-STORE, 6'S
2092395_EA

\$5



CAMPBELL'S
SWANSON
CHICKEN BROTH
412 ML
20042814_EA

LIMIT 4

88¢

OVER LIMIT PAY 1.39 EA



KNORR CHICKEN
BOUILLON
1 KG
20154074_EA

LIMIT 4

8⁸⁸

OVER LIMIT PAY 12.99 EA



SUNRISE TOFU
SELECTED VARIETIES, 700 G
20571047_EA/20571249_EA

2⁸⁸



WAHAHA YOGURT
DRINK
4X100 ML
20091972_EA

LIMIT 4

1⁹⁸

OVER LIMIT PAY 2.29 EA



T&T® SUSHI NORI
ROASTED SEAWEED
SHEETS
27 G
20703060_EA

LIMIT 4

2⁴⁸

OVER LIMIT PAY 3.49 EA



BILLY BEE HONEY
1 KG
20528715_EA

LIMIT 4

10⁸⁸

OVER LIMIT PAY 14.99 EA

* Please note that not all items are available in all stores. See back page of flyer for details.

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CHAG SHAVUOT SAMEACH!

Ingredients for Shavuot staples at low prices.*



POPEYE SPINACH
PRODUCT OF CANADA OR U.S.A. 283 G
20196570_EA

\$3



FRENCH BEANS
PRODUCT OF MEXICO OR GUATEMALA, NO. 1 GRADE, 400 G
20889720_EA

3⁹⁹



MARVID WHOLE CHICKEN
FROZEN
20167907_EA

4²⁹
LB

9.46/KG



CONTINENTAL BONELESS BEEF STEW
20179322_EA

19⁹⁹
LB

44.08/KG



MARVID CHICKEN THIGH MEAT
FROZEN
20162968_EA

9⁹⁹
LB

22.02/KG



CONTINENTAL STEAK REGULAR MINUTE
20165706_EA

25⁹⁹
LB

57.31/KG



NORMAN'S YOGURT POPPERS 150 G OR **CROWN CHUNK LIGHT TUNA** 170 G
SELECTED VARIETIES
20104490_EA/201642180005_EA

LIMIT 4
1⁹⁹

OVER LIMIT PAY 2.29 EA



NORMAN'S GREEK YOGURT
SELECTED VARIETIES
908 G
21032107_EA/21032110_EA

LIMIT 4
7⁹⁹

OVER LIMIT PAY 8.99 EA



HAOLAM STRING CHEESE 509 G OR **SCHTARK SHREDDED CHEESE** 907 G
SELECTED VARIETIES
20104569_EA

LIMIT 4
21⁴⁹

OVER LIMIT PAY 23.99 EA



KEDEM SPARKLING OR GRAPE JUICE 1.89 L
SELECTED VARIETIES
20134183006_EA/20134022001_EA

LIMIT 4
5⁹⁹

OVER LIMIT PAY 7.49 EA



STRAUSS FANTASIA FROZEN DESSERTS
SELECTED VARIETIES
500 G
21042431_EA

LIMIT 4
10⁹⁹

OVER LIMIT PAY 13.99 EA



OSEM BAMBA PEANUT BUTTER PUFFS 100 G OR **GEFEN WHOLE PEELED COOKED BEETS** 500 G
20170704_EA/21028955_EA

LIMIT 4
2⁷⁹

OVER LIMIT PAY 3.49 EA



GALIL CORN CAKES OR RICE CAKES
SELECTED VARIETIES
100 G
1209628_EA/21209640_EA

LIMIT 4
1⁶⁹

OVER LIMIT PAY 1.99 EA



CROWN BOREKAS
SELECTED VARIETIES
600/800 G
0306238004_EA/20306238005_EA

LIMIT 4
8⁹⁹

OVER LIMIT PAY 9.99 EA

*Items on this page only available at 550 Kenaston Blvd, Winnipeg, MB, 350 S.E. Marine Dr, Vancouver, BC 10505 Southport Road SW, Calgary, AB locations. See back page of flyer for details.

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**CLUB
SIZE**
BUY BIG. SPEND SMALL.

**CLUB
SIZE**
NIVEA BODY LOTION
SELECTED VARIETIES, 1 L
2083926_EA/2014403_EA

12⁹⁹

**CLUB
SIZE**
**LIFE BRAND® SPF 30 CONTINUOUS
SUNSCREEN SPRAY**
SELECTED VARIETIES, 2X177 ML
2022268_EA/2029058_EA

LIMIT 4
14⁹⁹
OVER LIMIT PAY 18.99 EA

**CLUB
SIZE**
LIFE BRAND® LIQUID HAND SOAP REFILL
SELECTED VARIETIES, 2 L
2035781003_EA/2035781004_EA

\$5

**CLUB
SIZE**
IRISH SPRING BAR SOAP
12X104 G
2043605_EA

LIMIT 4
9⁹⁹
OVER LIMIT PAY 11.49 EA

**CLUB
SIZE**
DOVE BODY WASH PUMP
SELECTED VARIETIES, 905/950 ML
2030789_EA/2017928_EA

LIMIT 4
10⁹⁹
OVER LIMIT PAY 13.49 EA

**CLUB
SIZE**
CULTURELLE PROBIOTICS
ALL VARIETIES AND SIZES
2097460_EA/2030066_EA

UP TO
**15%
OFF**
25.49-42.49 AFTER SAVINGS

**CLUB
SIZE**
LIFE BRAND® EPSOM SALTS
4 KG
2036700_EA

**ALWAYS
\$8**

**CLUB
SIZE**
**WEBBER NATURALS VALUE SIZE
VITAMINS OR SUPPLEMENTS**
SELECTED VARIETIES
2026709_EA/2030542_EA

UP TO
**25%
OFF**
9.79-40.49 AFTER SAVINGS

**CLUB
SIZE**
LISTERINE MOUTHWASH
SELECTED VARIETIES, 1.5 L
2086044_EA/2009180_EA

**LIMIT 4
7⁴⁹**
OVER LIMIT PAY 9.99 EA

**CLUB
SIZE**
**CREST MULTIPACK TOOTHPASTE 3X70-130 ML OR
PRO-HEALTH 1.5 L MOUTHWASH**
SELECTED VARIETIES
2033207_EA/2006752_EA

8⁹⁹

BABY SHOP

FOR LESS

[SHOP NOW](#)


HUGGIES ECONO PACK DIAPERS
SELECTED VARIETIES, SIZE N-7, 60-200'S

21456574_EA/21456597_EA/21456654_EA

LIMIT 4

34⁹⁷

OVER LIMIT PAY 41.99 EA



PAMPERS SWADDLERS ULTRA VALUE PACK DIAPERS
SIZE 3-6, SELECTED VARIETIES, 120-192'S

21455883_EA/21455889_EA

LIMIT 4

43⁹⁷

OVER LIMIT PAY 53.99 EA



PAMPERS 12X SENSITIVE BABY WIPES
UNSCENTED, 1008'S

21526483_EA

Optimum
3,000⁺ = \$3 Value

LIMIT 4

26⁹⁷

OVER LIMIT PAY 29.99 EA



HUGGIES PULL UPS ECONO PACK TRAINING PANTS
SELECTED VARIETIES, 66-104'S

2021427_EA/21456824_EA

LIMIT 4

36⁹⁷

OVER LIMIT PAY 43.99 EA



ONCE UPON A FARM ORGANIC BABY FOOD POUCHES
SELECTED VARIETIES, 85 ML

2191587_EA/2191663_EA

LIMIT 6

2⁴⁹

OVER LIMIT PAY 2.99 EA



PEDIASURE COMPLETE NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES, 4X235ML

2032244001_EA/2032244002_EA

LIMIT 4

9⁹⁹

OVER LIMIT PAY 11.99 EA



ENFAMIL A+ INFANT FORMULA REFILLS
SELECTED VARIETIES, 992 G

2043527002_EA/2043527003_EA

LIMIT 2

54⁹⁹

OVER LIMIT PAY 61.49 EA



TOMMEE TIPPEE OR NUK BABY ACCESSORIES
SELECTED VARIETIES AND SIZES

2191734_EA/2191689_EA

UP TO

20% OFF

3.19-28.79 AFTER SAVINGS



Q-TIPS COTTON SWABS
500'S

20323077001_EA

LIMIT 4

3⁹⁴

OVER LIMIT PAY 5.49 EA



DOVE BABY, THE HONEST COMPANY OR LIVE CLEAN BABY NEEDS
SELECTED VARIETIES AND SIZES

20607029_EA/21017298_EA

UP TO

20% OFF

6.39-13.59 AFTER SAVINGS

ELEVATE YOUR WELL BEING

5,000[¢] = \$5 Value
when you buy 2



CENTRUM ADULT MULTIVITAMINS OR CALTRATE BONE HEALTH SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21230171_EA/21230176_EA

10,000[¢] = \$10 Value!
for every \$30* spent on



ALEVE OR ASPIRIN PRODUCTS
SELECTED VARIETIES AND SIZES
20067607002_EA/20069044_EA
*At least \$10 value in points

5,000[¢] = \$5 Value
when you buy 2



DDROPS VITAMIN D LIQUID DROPS
SELECTED VARIETIES, 1.7-7.5 ML
20034059_EA/20301421_EA



BAND-AID BANDAGES
SELECTED VARIETIES AND SIZES
21230494_EA/20302435_EA

UPTO 20% OFF
5.00-11.49 AFTER SAVINGS



REACTINE ALLERGY TABLETS 24-36'S OR BENADRYL ALLERGY CAPLETS 100'S
SELECTED VARIETIES
20056819001_EA/20339897_EA

LIMIT 4
22⁹⁹
OVER LIMIT PAY 25.49 EA



LAKOTA PAIN RELIEF PRODUCTS
SELECTED VARIETIES AND SIZES
20218798001_EA/21470298_EA

UPTO 20% OFF
15.59-23.99 AFTER SAVINGS



PERFECT SPORTS SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21066047_EA/21066029_EA

UPTO 20% OFF
18.79-47.99 AFTER SAVINGS



VEGA ONE ALL-IN-ONE POWDER
SELECTED VARIETIES AND SIZES
827-876 G
2064554_EA
20575566002_EA

LIMIT 4
47⁹⁹
OVER LIMIT PAY 55.99 EA

1,000[¢] = \$1 Value



U BY KOTEX PADS OR LINERS 5-129'S OR TAMPONS 30-32'S
SELECTED VARIETIES
21291897_EA/21301872_EA



ALWAYS PADS OR LINERS 7-162'S OR TAMPAX TAMPONS 22-54'S
SELECTED VARIETIES
2031227002_EA/21067852_EA

LIMIT 4
8⁹⁹
OVER LIMIT PAY 9.99 EA



ALWAYS DISCREET UNDERWEAR OR PADS
SELECTED VARIETIES AND SIZES
20814896_EA/21048798_EA

LIMIT 4
16⁹⁹
OVER LIMIT PAY 19.99 EA

BUDGET-FRIENDLY BEAUTY STOCK-UP

Optimum
10,000¢ = \$10
 when you spend \$50* on **Value¹**

OLAY BODY WASH 530/ 591 ML OR **REGENERIST SKIN CARE, HEAD AND SHOULDERS BARE HAIR CARE, GILLETTE OR SECRET DRY SPRAYS OR NATIVE OR OLD SPICE PRODUCTS** SELECTED VARIETIES AND SIZES



NATIVE DEODORANT
 SELECTED VARIETIES, 75 G
 21346430_EA/21087869_EA

LIMIT 4
14⁹⁹
 OVER LIMIT PAY 17.99 EA



NATIVE BODY WASH
 SELECTED VARIETIES, 532 ML
 21435048_EA/21435100_EA

LIMIT 4
9⁹⁹
 OVER LIMIT PAY 13.49 EA



NATIVE HAIR CARE
 SELECTED VARIETIES
 177/487 ML
 21505267_EA/21571113_EA

LIMIT 4
9⁹⁹
 OVER LIMIT PAY 12.49 EA

NATIVE DRY SPRAYS
 SELECTED VARIETIES, 99 G
 21508035_EA/21508061_EA

LIMIT 4
14⁹⁹
 OVER LIMIT PAY 18.99 EA



DOVE OR DEGREE DRY SPRAYS
 107/113 G, DEODORANT
 74 G OR DOVE 3X106 G BAR SOAP
 SELECTED VARIETIES
 20840652_EA/21239554_EA

LIMIT 4
5⁹⁹
 OVER LIMIT PAY 6.79 EA



IVORY BAR SOAP
 3/10X90 G, BODY WASH
 621/1035 ML OR DEODORANT 68 G
 SELECTED VARIETIES
 21506544_EA/21432666_EA

UP TO 20% OFF
 2.69-6.79 AFTER SAVINGS

Optimum
1,000¢ = \$1
 when you buy 2 **Value**



LADY OR MEN'S SPEEDSTICK PREMIUM DEODORANTS
 SELECTED VARIETIES, 45-85 G
 21040924_EA/21040918_EA



HEAD & SHOULDERS HAIR CARE
 SELECTED VARIETIES, 315-370 ML
 21505016_EA/21505125_EA

5⁹⁹



CLAIROL BOLD & BRIGHT OR PURE BRUNETTES HAIR COLOUR
 SELECTED VARIETIES
 21508066004_EA/2150794005_EA

LIMIT 4
11⁹⁹
 OVER LIMIT PAY 14.99 EA



BIC DISPOSABLE RAZORS
 SELECTED VARIETIES, 2-8'S
 20037524_EA/20312082001_EA

\$5



NEUTROGENA CLEANSERS, MOISTURIZERS, TREATMENTS OR LUBRIDERM BODY LOTIONS
 SELECTED VARIETIES AND SIZES
 20432375001_EA/20853960002_EA

UP TO 25% OFF
 3.79-41.69 AFTER SAVINGS



ST. IVES FACE SCRUBS OR BODY LOTION
 SELECTED VARIETIES AND SIZES
 20025523_EA/21086114_EA

UP TO 15% OFF
 3.99-10.99 AFTER SAVINGS

SUPER YOUR EVERYDAY

4,000[¢] = \$4 Value¹
for every \$15* spent on

IRISH SPRING BAR SOAP OR BODY WASH, SOFTSOAP BODY WASH OR LIQUID HAND SOAP, SPEED STICK OR HELLO DEODORANT OR COLGATE OR HELLO ORAL CARE PRODUCTS ALL VARIETIES AND SIZES

20348223000_EA/21436287_EA
¹At least \$4 value in points



ORAL-B PRO 400 RECHARGEABLE TOOTHBRUSH 1 EA. OR REFILL HEADS 2-5'S SELECTED VARIETIES

LIMIT 4
29⁹⁹

OVER LIMIT PAY 42.99 EA



COLGATE TOOTH PASTE 73-170 ML OR MANUAL TOOTHBRUSH 1 EA. SELECTED VARIETIES

LIMIT 4
4⁴⁹

OVER LIMIT PAY 5.49 EA



CREST PRO-HEALTH OR COMPLETE TOOTH PASTE 100-130 ML OR 3D WHITE STAIN ERASER 65 ML SELECTED VARIETIES

3⁴⁹



SENSODYNE OR PRONAMEL TOOTH PASTE 75/100 ML, POLIDENT TABLETS 40'S OR POLIGRIP 40 G SELECTED VARIETIES, 75/100 ML

LIMIT 4
4⁷⁹

OVER LIMIT PAY 5.49 EA

AISLES OF SUNCARE

Products that care for your skin and budget.

5,000[¢] = \$5 Value
when you buy 2

OMBRELLE SPORT OR ULTRA LIGHT SUNCARE PRODUCTS SELECTED VARIETIES 50/231 ML, 122/142 G

20940633_EA/21518763_EA



AUSTRALIAN GOLD BOTANICAL 50 TINTED FACE 88 ML OR LIVE CLEAN SUNCARE PRODUCTS

113 G, 177-227 ML SELECTED VARIETIES

UP TO 30% OFF

6.99-16.79 AFTER SAVINGS



EUCERIN SUNCARE PRODUCTS SELECTED VARIETIES 50/170 G, 75-200 ML

19⁹⁹

NEW

THINKBBABY OR THINKSPORT SUNCARE PRODUCTS SELECTED VARIETIES 18.4 G, 59-177 ML

UP TO 20% OFF

11.99-27.99 AFTER SAVINGS





DEALS FOR DADS

Celebrate Father's Day on a budget.



PC® CHARCOAL SPIEDINI GRILL
LIMITED 5 YEARS WARRANTY, FITS 43 SKEWERS, INCLUDES TWO INTERCHANGABLE STAINLESS STEEL GRATES AND A CARRY COVER BAG
21524440_EA

**Must be a registered PC Optimum™ member to load and get this offer.

Members save \$20

Optimum
Members-Only Price™
\$129
Non-members
\$149



PC® PIZZA OVEN
LIMITED 5 YEAR WARRANTY
FITS 12" PIZZA, PROPANE POWERED
21384534_EA

**Must be a registered PC Optimum™ member to load and get this offer.

Members save \$100

Optimum
Members-Only Price™
\$199
Non-members
\$299



EVERYDAY ESSENTIALS™ BBQ ACCESSORIES, TOOLS OR LIGHTERS
SELECTED VARIETIES
21298300_EA/21297987_EA

UP TO **30% OFF**
1.00-27.00 AFTER SAVINGS



CAMP CHAIRS
21456922_EA

UP TO **20% OFF**
11.00-71.00 AFTER SAVINGS



T-FAL INTUITION OR PLATINUM COOKWARE
SELECTED VARIETIES
20972396_EA

UP TO **20% OFF**
20.00-148.00 AFTER SAVINGS



BLACK & DECKER APPLIANCES
21378153_EA/20960105_EA

UP TO **20% OFF**
24.00-172.00 AFTER SAVINGS

BRAUN GROOMERS
SELECTED VARIETIES
21526691_EA

FROM **32.99**
32.99-66.99



Optimum
10,000⁺ = \$10 Value
when you spend \$50⁺ on

PHILIPS SONICARE OR ONE TOOTHBRUSH, 1 EA, REFILL HEADS, 2-5'S OR ELECTRIC SHAVERS AND GROOMERS, 1 EA
SELECTED VARIETIES
21088527_EA/21296085_EA

EVERY MAN JACK BODY WASH 500-945 ML, DEODORANT 73/88 G, HAIRCARE 400 ML, OR SKIN/BREAD CARE PRODUCTS
SELECTED VARIETIES
21079604_EA/21476251_EA

UP TO **20% OFF**
7.19-11.99 AFTER SAVINGS



DR. SQUATCH NATURAL BAR SOAP 1X141 G OR DEODORANT 75 G
SELECTED VARIETIES
21573583_EA/21580767_EA

UP TO **20% OFF**
7.99-13.59 AFTER SAVINGS

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AISLES OF PATIO

Perfect for your backyard and your budget.

BUY 1 GET 1 50% OFF

LIFE AT HOME™ PATIO ACCENT, SEAT OR HIGH BACK CUSHIONS

SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
16.00-39.00

21527968_EA/21527959_EA



BUY 1 GET 1 50% OFF

EVERYDAY ESSENTIALS™ BEACH TOWELS

SELECTED VARIETIES
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
10.00

21379343_EA/21527272_EA



BUY 1 GET 1 50% OFF

LIFE AT HOME OUTDOOR DINNERWARE, SERVEWARE, AND DRINKWARE

SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE

21543552_EA/21543515_EA

BUY 1 GET 1 50% OFF

PC® DINNER AND BEVERAGE NAPKINS

SELECTED VARIETIES, 40/60'SS
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
5.00

21543468_EA/21543425_EA

BUY 1 GET 1 50% OFF

LIFE AT HOME™ 15 OZ CITRONELLA CANDLE

ASSORTED SCENTS
SECOND ITEM MUST BE OF EQUAL OR LESSER VALUE
16.00

21543627_EA/21543629_EA



WESTINGHOUSE OR HONEYWELL FANS
SELECTED VARIETIES

21449261_EA

FROM **19.99**

19.99-134.99



BUBBLES OR CHALK
SELECTED VARIETIES

20779333_EA/21561179_EA

UP TO **20% OFF**

2.00-27.00 AFTER SAVINGS

SPORT TOYS, PLAYBALLS OR BEACH TOYS
SELECTED VARIETIES

21558862_EA/21204197_EA

UP TO **30% OFF**

2.00-35.00 AFTER SAVINGS

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Prices and offers effective from Thursday, May 30th to Wednesday, June 5th, 2024 unless otherwise stated.

FRUIT & VEG

MEAT & SEAFOOD

CLUB SIZE

DRAGON BOAT

BABY

INSIDERS REPORT™

MAKE Summer SIMPLE

8⁹⁹

Garden of Eatin' Supreme plant based Chick'n wings bbq, 415 g, frozen

8⁹⁹

Garden of Eatin' Supreme plant based Chick'n wings buffalo, 415 g, frozen

8⁹⁹

Garden of Eatin' Supreme plant based Chick'n filets, 425 g, frozen

Aveeno.

AVEENO FACE, LOTION, BODY WASH, BABY, HAIRCARE AND SUNCARE PRODUCTS
SELECTED VARIETIES AND SIZES
20197402002_EA/20102023001_EA
*At least \$5 value in points

5,000^{OP} = **\$5 Value!**

for every \$25* spent on

Make every occasion grand.

\$6

Boursin 150 g 21510642_EA

\$6

Boursin cuisine 200 mL 21510642_EA

8⁹⁹

BORDEN'S STRAWBERRY CHEESECAKE DIPPER 240 G 20306629_CA

3⁹⁹

THE LAUGHING COW CHEESE DIPPER 120 G - 133 G 20197197_CA

3⁹⁹

CHEESE DIPPER 140 G 21099438_CA

YOUR SUMMER BEAUTY ESSENTIALS

MAYBELLINE NEW YORK GARNIER OMBRELLE™ essie

5,000^{OP} = **\$5 Value**

when you buy 2

MAYBELLINE SKY HIGH MASCARA, ESSIE NAIL COLOUR, GARNIER OMBRELLE SUNCARE PRODUCTS OR GARNIER MICELLAR WATER
400 ML
2148355002_EA/20378843005_EA/21518621_EA/21571477_EA
*At least \$5 value in points

NOW BACK IN CANADA!

LUNCHABLES

FRESHNESS GUARANTEED

✓ REAL MEAT

✓ NO ARTIFICIAL COLOURS

✓ SOURCE OF CALCIUM, PROTEIN, AND WHOLE GRAIN

2⁹⁹

LIMIT 4
Lunchables Lunch Kits 89 - 138 g selected varieties
OVERLIMIT PAY 3.99 EA

3⁹⁹

4 Days Only!

25% off

Footwear & Accessories*

Ends June 2

Select Styles | While Quantities Last | Selection May Vary By Stores

[FIND A STORE](#)

JOE FRESH

*See in-store for details. Valid at participating Real Canadian Superstore Ontario and West locations.

50% MORE ELECTROLYTES*

VS THE LEADING SPORTS DRINK

POWER ADE

MORE + PLUS ELECTROLYTES

6²⁷

Coca-Cola beverages selected varieties 8x300 mL 2188173_C08

2,000^{OP}

Powerade beverages 24x591 mL 20854130_C24

2,000^{OP} = **\$2 Value**

when you buy 2

AHA sparkling water beverages selected varieties 12x355 mL 21240762_C12

7⁴⁹

Nestle iced tea selected varieties 12x341 mL 20130460002_C12

3,000^{OP}

Glacéau smartwater 6x1 L 21099917_C06

\$3

Monster energy beverages selected varieties 473 mL* 209382849_EA

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price. †This product may not be suitable for everyone. Please read the label for instructions. *Monster Energy Company, used under license. The trademarks that appear are the property of their respective trademark owners.

FRUIT & VEG

MEAT & SEAFOOD

CLUB SIZE

DRAGON BOAT

BABY

INSIDERS REPORT™

25% off

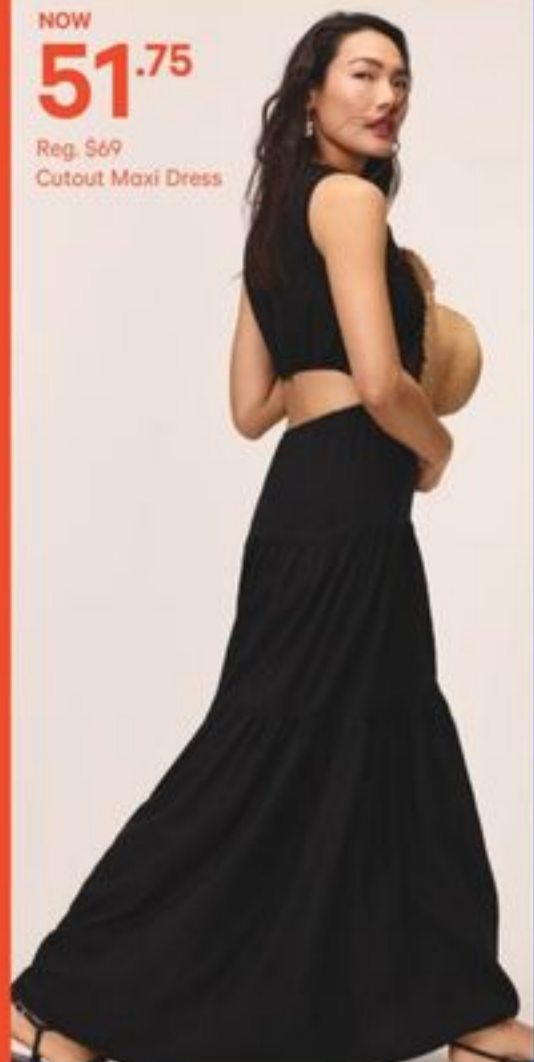
Women's Dresses*

May 30 - June 5 | In-Store + Online
*Visit www.joefresh.com/offerdetails for full details

SHOP NOW

JOE FRESH

NOW **51.75**
Reg. \$69
Cutout Maxi Dress



NOW **26.25**
Reg. \$35
Shift Dress



NOW **36.75**
Reg. \$49
Women+ Popover Dress




Theodore & Pringle
OPTICAL

2 for 1

Buy one pair of prescription eyeglasses or sunglasses and get the second pair free.

May 23 - June 12, 2024

*A COMPLETE PRESCRIPTION EYEGLASS OR SUNGLASS PURCHASE INCLUDES FRAME, LENSES & COATINGS. OFFER ONLY APPLICABLE TO ONE (1) EYEGLASS PRESCRIPTION PER PERSON. OFFER CANNOT BE SHARED OR SPLIT BETWEEN ADDITIONAL PARTIES AND IS APPLICABLE TO SAME PRESCRIPTION ONLY. "FREE" PAIR MUST BE OF EQUAL OR LESSER VALUE. THIS OFFER CANNOT BE COMBINED WITH ANY OTHER OFFER, DISCOUNT OR PROMOTION. FRAME SELECTION MAY VARY BY STORE. VALID AT THEODORE & PRINGLE OPTICAL LOCATIONS FROM MAY 23 - JUNE 12, 2024.

Optimum
10,000 pts
for every \$100* spent on

\$10 Value!

ANY COMBINATION OF HAPPY BIRTHDAY AND HAPPY KID GIFT CARDS



*Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Happy Birthday and Happy Kid cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

MOBILE SHOP x Insiders Report™

OFFER ENDS JUNE 12

SUMMER INSIDERS

CELEBRATE WITH SAVINGS

SAMSUNG GALAXY S24 SERIES

ROGERS. | fido | Freedom mobile

100,000 pts



Mobile

Flash Sale!

Get 28GB for \$29/month for 6 months when you register for Automatic Top-up*

Offer ends May 29

Optimum
20,000 pts
after 2 months of service
\$20 Value



*Conditions apply. Visit pcomobile.ca for full details. Subject to change.

Optimum™

- 1 Open the app to get the offer
- 2 Shop the offer
- 3 Scan the app at checkout
- 4 Earn!

App users earn more points!

AD MATCH

**We match
prices*
so you can
just shop**

Every week, we actively check our major competitors' flyers and match the price on hundreds of items.

Look for the Ad Match message in store for the items we've actively matched. Plus, we'll match any major competitor's flyer item if you show us!

Since we Ad Match, we may not have sold at the After Limit price (and may not in the future).

*We match prices applies only to our major supermarket competitors' flyer items. Major supermarket competitors are determined solely by us based on a number of factors which can vary by store location. We will match the competitor's advertised price only during the effective date of the competitor's flyer advertisement. WE RESERVE THE RIGHT TO LIMIT QUANTITIES (note that our major supermarket competitors may not). Due to the fact that product is ordered prior to the time of our Ad Match checks, quantities may be limited. We match identical items (defined as same brand, size, and attributes) and in the case of fresh produce, meat, seafood and bakery, we match a comparable item (as determined solely by us). **We will not match:** competitor's private label offers on non-identical items, "spend x get x", "Free", "Clearance", discounts obtained through loyalty programs including PC Optimum™ Member Pricing, participating items under the Save it Forward™ program timeframe, or offers related to our third party operations (post office, gas bars, dry cleaners etc.). We reserve the right to cancel or change the terms of this program at any time.

*Spend \$300 or more in-store or through PC Express™ online pick up before applicable taxes in a single transaction at any Real Canadian Superstore location and receive a free OFF! value pack, 3 x 170 g. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, joefresh.com, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. The retail value of up to \$24.99 will be deducted from the total amount of your purchase before sales taxes are applied. Limit one coupon per family and/or customer account. No cash value. No copies. Coupon must be presented to the cashier at time of purchase. Valid from Thursday, May 30th until closing Wednesday, June 5th, 2024. Cannot be combined with any other coupons or promotional offers. No substitutions, refunds or exchanges on free item. 21608995_EA

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Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw's Inc. banner. Please see in-store or online at superstore.ca for your particular store's hours. Customer Relations: 1-866-596-RCSS (7277)

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