

**JUNE**

**HIT  
OF THE  
MONTH**



**General Mills  
Honey Nut Cheerios, 292g**

**WHILE QUANTITIES LAST**



**no name® Canola Oil, 3L**



**Titan Aluminum Foil, 12'x25'**

See in-store for retails

**LOWEST PRICES  
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. \*Must be a registered PC Optimum™ member to get this offer. Valid from June 1st - 30th, 2024.

# SUMMER OF LOW PRICES



**Insiders Report™**

## PC® Insiders Report™ Summer Edition

Find it in-store or online.



**PC® ASIAN ENTRÉES or SOUPS**  
selected varieties, frozen  
300 g  
215A3497 EA/215A3396 EA



**PC® INBETWEENZ™ DESSERT SQUARES**  
selected varieties  
312/337 g  
21992334 EA

Shop the full  
PC® Summer Insiders  
Report™ collection

**SHOP NOW**

# NOFRILLS®

FLYER PRICES EFFECTIVE THURSDAY, JUNE 6 TO WEDNESDAY, JUNE 12, 2024.

**APP EXCLUSIVE OFFER\***  
**Optimum™**  
**1,000** pts  
**\$1** value

**SAVE 31%**  
**10<sup>99</sup>**

**PC®, BLUE MENU®, THICK & JUICY™ or FREE FROM® BURGERS**  
 selected varieties, frozen  
 568 g / 1.26 kg  
 20941130 EA

**PORK SIDE RIBS**  
 fresh, cryovac package  
 5.49/kg  
 20289619 EA

**WOW!**  
**2<sup>49</sup>** LB

**WHILE QUANTITIES LAST**

**SAVE 53%**  
**2<sup>99</sup>**

**SCHNEIDERS or MAPLE LEAF TOP DOGS WIENERS** 375 g  
 selected varieties  
 21095077 EA

**1 LB CLAMSHELL**

**STRAWBERRIES**  
 product of U.S.A., no. 1 grade  
 2004977801 EA

**ONLY**  
**2<sup>29</sup>**

**SAVE 43%**  
**1<sup>99</sup>**

**SCHNEIDERS LUNCHMATE LUNCH KITS, STACKERS or SNACK KITS**  
 selected varieties  
 75-120 g  
 trousses-repas  
 21130034 EA

**SAVE UP TO 35%**  
**2<sup>88</sup>**

**SPAM LUNCHEON MEAT, MARIO'S CORNED BEEF or COOKED HAM**  
 selected varieties  
 340 g  
 20982255 EA/21295614 EA

**SAVE UP TO 44%**  
**4<sup>44</sup>**

**ARMSTRONG or PC® SHREDDED CHEESE 250-320 g or ARMSTRONG CHEESE BAR 400 g**  
 selected varieties  
 21286240 EA/21346749 EA

**SAVE UP TO 34%**  
**3<sup>47</sup>**

**RISTORANTE or CASA DI MAMA PIZZA**  
 selected varieties, frozen  
 320-410  
 2020610061 EA/20296454004 EA

**SAVE 20%**  
**4<sup>77</sup>**

**BRAR'S MALAI PANEER**  
 375 g  
 20287184 EA

**SAVE 26%**  
**13<sup>99</sup>**

**TILDA BASMATI RICE**  
 4.54 KG  
 20153678 EA

**SAVE 51%**  
**3<sup>88</sup>**

**ROYALE FACIAL TISSUE**  
 selected varieties  
 6x72/100 sheets  
 20782419 EA

**SAVE 24%**  
**2<sup>49</sup>**

**REAL CANADIAN NATURAL SPRING WATER**  
 24x500 mL  
 20154975 C24

**ANNUAL HANGING BASKETS**  
 10 inch, selected varieties  
 20033146 EA

**ONLY**  
**\$10**

**Deals from the past on select items.†**

**THROW BACK PRICES**

**SAVE 46%**  
**1<sup>88</sup>**

**WONDER ROLLS**  
 selected varieties, 12's  
 20020827 EA/20230828 EA

FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY. [nofrills.ca](https://www.nofrills.ca)

AVAILABLE AT RAY'S - ABBOTSFORD, ROB'S - AIRDRE, TERASHITA'S - BROOKS, ANDREW'S - CALGARY, BLAIR'S - CALGARY, JOHN & RISH'S - CALGARY, JOHN'S - CALGARY, NERY'S - CALGARY, ERIC'S - CHESTERMERE, ROB & KATHY'S - COLD LAKE, DAVE'S - DAWSON CREEK, BROOK'S - EDMONTON, CHRIS - EDMONTON, COLTON'S - EDMONTON, MATT & ASHLEY'S - EDMONTON, BEAL & CAROLYN'S - EDMONTON, SHELDOY'S - EDMONTON, WALTON'S - EDMONTON, CLIFTON'S - ESTEVAN, AMANDA'S - FORT ST JOHN, NICK'S - GRANDE PRAIRIE, MICHAEL'S - LANGLEY, CRAIG'S - LEUC TROT'S - LETHBRIDGE, AMY & BRINDAN'S - MESAOW LAKE, MIKE'S - NORTH BATHURST, KATE'S - RAINY RIVER, SEWAL'S - PORT COQUITLAM, SHANE & TARA'S - SASKATOON, DEEPU'S - SURREY, GLEN'S - SURREY, PRAKASH'S - SURREY, BRANDON & JOANNY'S - VANCOUVER, DEAN'S - VANCOUVER, JEFF'S - VANCOUVER, JUSTIN'S - VANCOUVER, MIKE'S - VANCOUVER, SIMON'S - VANCOUVER, CHLOE - WINNIPEG, HILLARD'S - WINNIPEG, JEROME'S - WINNIPEG, SEUN'S - WINNIPEG



**4.99**  
LB

**CHERRIES**  
product of U.S.A., no. 1 grade  
11.00/kg  
2013490001 EA

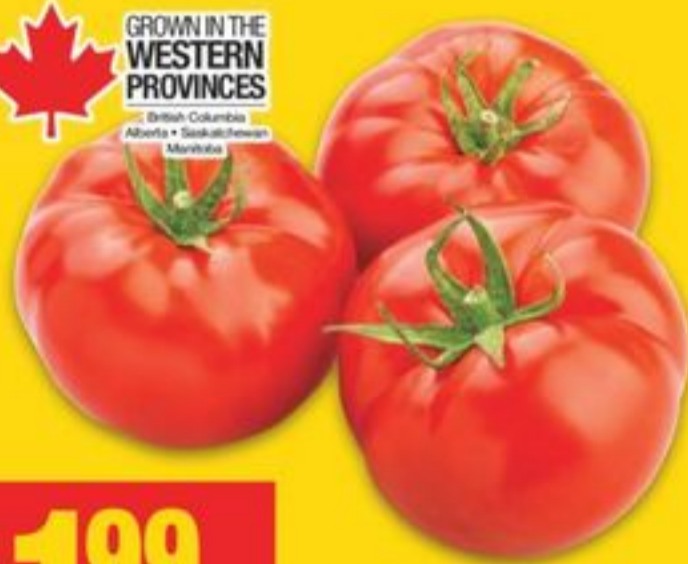
PKG OF 3



**ASPARAGUS** 4.80/kg, or  
**FARMER'S MARKET™**  
**ENGLISH CUCUMBERS** each,  
product of Canada, Canada no. 1 grade  
20174581001 EA / 20023941001 EA

**GROWN IN CANADA** 🇨🇦

**3.99**  
EA/LB



**1.99**  
LB

**BEEFSTEAK TOMATOES**  
product of Western Provinces,  
Canada no. 1 grade  
4.39/kg  
20428141001 EA



**CAULIFLOWER**  
product of U.S.A. or Mexico, no. 1 grade  
each  
20133377001 EA

**3.99**



**If your produce isn't fresh,  
we'll replace AND refund it.\***



**2.49**  
LB

**BARTLETT PEARS**  
product of Argentina,  
extra fancy grade or  
**FORELLE PEARS**  
product of South Africa,  
extra fancy grade  
5.49/kg  
20172280001 EA / 20143210001 EA



**4.99**

**PINT**

**BLUEBERRIES**  
product of Mexico or  
U.S.A., no. 1 grade  
20080137001 EA



**5 LB BAG**

**6.99**

**COSMIC CRISP**  
**APPLES**  
product of U.S.A., extra fancy grade  
or **FARMER'S MARKET™**  
**AMBROSIA APPLES**  
product of Canada or U.S.A.,  
extra fancy grade  
21443180001 EA / 20020440001 EA



**1.29**

**RED or ATAULFO**  
**MANGOES**  
product of Mexico  
each  
20121509001 EA / 20029635001 EA



**2.99**  
LB

**YELLOW PEACHES**  
product of U.S.A., no. 1 grade  
6.59/kg  
2002844001 EA



**2.99**

**283 G**

**FARMER'S MARKET™**  
**GRAPE TOMATOES**  
product of U.S.A. or Canada  
2134788001 EA



PKG OF 3

**ROMAINE HEARTS**  
product of U.S.A.  
20067289001 EA

**4.99**



GROWN IN THE WESTERN PROVINCES

**4.99**

**681 G**

**PC® VARIETY TOMATOES**  
product of Western Provinces  
2094944001 EA

PKG OF 6

**FARMER'S MARKET™**  
**MIXED SWEET PEPPERS**  
product of Western Provinces  
21030970001 EA

**6.99**



GROWN IN THE WESTERN PROVINCES



**\$4**

**680 G**  
**PC® LITTLE GEMS**  
**MIXED, RED or**  
**YELLOW MINI**  
**POTATOES**  
product of U.S.A., no. 1 grade  
2007883001 EA / 2124788001 EA



**4.99**

**PC® BLUE MENU™**  
**WONDERFUL**  
**PISTACHIOS**  
selected varieties,  
product of U.S.A.  
220-223 g  
2094532 EA / 2094501 EA /  
20629481 EA



**5.99**

PKG OF 15

**FARMER'S MARKET™**  
**MINI CUCUMBERS**  
product of Western Provinces,  
Canada no. 1 grade  
2002044001 EA



**3 LB BAG**

**PINT**

**6.99**

**RASPBERRIES**  
product of U.S.A., no. 1 grade  
or **PC®**  
**MANDARINS**  
product of Peru or Turkey  
2002044001 EA

\* Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.



**3.99**  
LB

**GRADE A DUCK**  
frozen  
8.80/kg  
2007881 EA

**PORK HALF LOIN**  
fresh, boneless, cryovac package  
8.80/kg  
2054787 EA

**3.99**  
LB

WHILE QUANTITIES LAST



**3.99**

**LILYDALE TURKEY BREAKFAST SAUSAGES**  
selected varieties  
375 g  
20178401 EA



**PILLER'S PEPPERONI STICKS or TURKEY BITES**  
selected varieties  
300-500 g  
2109738 EA/2109921 EA

**6.99**



**1.99**

**MAPLE LODGE FARMS or ZABIHA HALAL CHICKEN WIENERS**  
selected varieties  
450 g  
20066571 EA/20062715 EA



**\$4**

**NO NAME BREADED AND STUFFED CHICKEN**  
selected varieties, frozen  
284 g  
20582300 EA



**9.99**  
LB

**BEEF STIR FRY STRIPS**  
22.02/kg  
20127070 KG



**5.99**

**SEAQUEST RAW SHELL ON SHRIMP or COOKED PEELED SHRIMP**  
36-45 per lb, 300 g or BAY SCALLOPS  
100-150 per lb, 454 g, frozen  
21044927 EA



**\$6**

**PILLER'S KOLBASSA**  
selected varieties  
250/375 g  
20308497 EA



**8.99**

**BASA, SOLE, COD, HADDOCK 680 g or HIGH LINER WILD PACIFIC PINK SALMON FILLETS**  
400 g  
frozen  
21093881 EA



**3.49**

**PC DIPS or HUMMUS**  
selected varieties  
227 g  
20544097 EA/20584212 EA



**4.99**

**SAPUTO CHEESE**  
selected varieties  
170-200 g  
20572975 EA/21051214 EA



**4.99**

**OLIVIERI SKILLET GNOCCHI**  
selected varieties  
280/300 g  
21022965 EA



**2.99**

**ZIGGY'S SALAD**  
selected varieties  
454 g  
20064205 EA



**3.29**

**VACHON SNACK CAKES**  
252-336 g or CASA MENDOSA 7 or 10-INCH TORTILLAS  
340-640 g  
selected varieties  
20001728 EA/21104418 EA



**\$5**

**FARMER'S MARKET COOKIES**  
selected varieties  
12's  
20564273 EA



**\$5**

**HAND PANNED PIZZA**  
selected varieties  
222-245 g  
21164234 EA

**\$1**



**CARNABY SWEET CANDY** 125 g or **FREEZE POP** 360 ml selected varieties 2/27/2024 SA  
**NO NAME™ TUNA** selected varieties 85/170 g 2/27/2024 SA/2/27/2024 SA  
**YOPLAIT YOP DRINKABLE YOGURT** selected varieties 200 ml 2/18/2024 SA/2/18/2024 SA  
**CLUB HOUSE GRAVY or DRY SAUCE MIX** selected varieties 20-42 g 2/20/2024 SA/2/20/2024 SA  
**MILK 2 GO or NESTLE MILKSHAKE** selected varieties 473 ml 2/20/2024 SA/2/20/2024 SA  
**NO NAME™ GEL AIR CONES or HOUSEHOLD CLEANSER** 400 g selected varieties 2/20/2024 SA/2/20/2024 SA  
**COLGATE or CREST TOOTHPASTE** 50-100 ml or **MANUAL TOOTHBRUSH** 1 ea selected varieties 2/20/2024 SA/2/20/2024 SA  
**ZEST BAR SOAP** 75 g 2/27/2024 SA

**\$2**



**BARILLA PASTA** selected varieties 340/410 g 2/18/2024 SA/2/18/2024 SA  
**COCA-COLA or PEPSI SOFT DRINKS** selected varieties 3 L 2/20/2024 SA/2/20/2024 SA  
**PRIMO PASTA SAUCE** selected varieties 480 ml 2/20/2024 SA  
**PEPPERIDGE FARM GOLDFISH or MEGA BITE CRACKERS** selected varieties 136-227 g 2/20/2024 SA/2/20/2024 SA

**\$3**



**UNICO OLIVES** 375 ml or **HOT PEPPERS or PICKLED VEGETABLES** 750 ml selected varieties 2/18/2024 SA  
**SENSIBLE PORTIONS VEGGIE STRAWS or CHIPS** selected varieties 120-142 g 2/27/2024 SA/2/27/2024 SA  
**PILLSBURY REFRIGERATED DOUGH** selected varieties 318-468 g 2/18/2024 SA/2/18/2024 SA  
**VIM CREAM CLEANER** 500 ml or **OXI CLEAN STAIN REMOVER** 450 ml selected varieties 2/27/2024 SA/2/27/2024 SA

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.



**SAVE 41%**  
**2.49**

**BLACK DIAMOND SLICES PROCESSED CHEESE PRODUCT**  
selected varieties  
410 g  
2123564 SA



**HÄAGEN-DAZS ICE CREAM** 400-450 mL or **NOVELTIES** 3/4 L or **NESTLÉ DRUMSTICKS** or **NOVELTIES** 4-10" selected varieties, frozen  
2022230001 SA/21513347 SA

**ONLY**  
**5.49**



**TETLEY HERBAL TEA**  
selected varieties  
20/24's  
2071158 SA/21480614 SA

**SAVE 33%**  
**2.99**



**KELLOGG'S CEREAL**  
family size, selected varieties  
480-650 g  
21430748 SA/21420755 SA

**SAVE 29%**  
**5.49**



**2.99**

**QUAKER INSTANT OATMEAL**  
selected varieties  
264-344 g  
21190234 SA/21190240 SA



**2.99**

**KELLOGG'S SPECIAL K or KASHI BARS**  
selected varieties  
165-200 g  
2084982201 SA/21010739 SA



**5.99**

**NUTELLA HAZELNUT SPREAD**  
725 g  
20434105 SA



**2.49**

**CHRISTIE COOKIES**  
selected varieties  
251-202 g  
21230007 SA/21230008 SA



**2.49**

**DARE CRACKERS or DRY BREADS**  
selected varieties  
190-225 g  
21230008 SA/21230009 SA



**3.49**

**PC THE DECADENT COOKIE**  
selected varieties  
380/300 g  
20612207 SA



**ORGANIC**  
**3.50**

**PC ORGANICS APPLE SAUCE** 6x100 mL/3.50 mL **SQUEEZABLE FRUIT SNACKS** 360 g or **JUMBO RAISIN SNACK PACK** 176 g selected varieties  
20220001 SA/21190234 SA



**1.49**

**ALLEN'S or MINUTE MAID JUICE or FRUIT COCKTAIL**  
selected varieties  
1 L  
20220000 SA/20220001 SA



**3.99**

**OCEAN SPRAY CRANBERRY COCKTAIL or 100% JUICE BLEND**  
selected varieties  
1.27/1.89 L  
20220000 SA/20220001 SA



**7.99**

**PERRIER CARBONATED WATER**  
selected varieties  
6x250 mL  
21274601 SA/21274602 SA



**7.99**

**TIM HORTONS COFFEE PODS** 10x125 mL or **STARBUCKS or NESPRESSO CAPSULES** 10" selected varieties  
21244601 SA



**9.99**

**STAR GRILL LUMP CHARCOAL**  
4 kg  
20270001 SA



**9.99**

**NO NAME LAUNDRY DETERGENT**  
selected varieties  
8 L  
21270001 SA



**9.99**

**AIR WICK SCENTED OIL REFILLS**  
selected varieties  
2 L  
20220001 SA/20220002 SA



**20.99**

**TIDE LIQUID 3.33 L or PODS or FLINGS** 45/57/74's **LAUNDRY DETERGENT**  
selected varieties  
21200001 SA/21200002 SA



**ONLY**  
**349**

**PC® VEGETABLES** 400-750 g or  
**CATCH OF THE DAY FISH** 350 g  
selected varieties, frozen  
20318915 EA/21200919 EA



**SAVE 38%**  
**399**

**CRACKER BARREL**  
**NATURAL CHEESE SLICES**  
selected varieties  
200-240 g  
21290705 EA



**SAVE UP TO 25%**  
**299**

**CAVENDISH QUICK CRISP,**  
**PREMIUM or PATTIES**  
selected varieties, frozen  
400-750 g  
21184077 EA



**SAVE UP TO 30%**  
**899**

**PC® ENTRÉES** 400 g-1.13 kg,  
**SWANSON OVEN EASY**  
**MEALS** \$79/992 g or  
**SWANSON FAMILY**  
**SKILLETTS** 1.19 kg  
selected varieties, frozen  
20326334 EA/21151934 EA



**199**

**BUSH'S BEST**  
**BAKED BEANS**  
selected varieties  
398 mL  
20191518001 EA



**249**

**HOLIDAY**  
**LUNCHEON MEAT**  
340 g or  
**MAPLE LEAF**  
**FLAKES** 156 g  
selected varieties  
20298273001 EA/20618778 EA



**599**

**EGGO WAFFLES**  
16's or  
**BREYERS**  
**CREAMERY STYLE**  
**ICE CREAM** 1.66 L  
selected varieties, frozen  
20099720004 EA/20244923004 EA



**.99**

**SAPPRO**  
**ICHIBAN**  
**NOODLES**  
selected varieties  
100 g  
20273907005 EA

**VH SAUCE**  
selected varieties  
341-380 mL  
20308726001 EA

**299**



**799**

**SAPUTO**  
**MOZZARELLISSIMA**  
selected varieties  
500 g  
202739241002 EA



**299**

**PC® BLUE MENU®**  
**BEANS**  
selected varieties  
900 g  
20427102 EA



**299**

**PC® OATMEAL**  
selected varieties  
264-284 g  
21061117 EA/21100117 EA EA



**399**

**ROOSTER™**  
**JASMINE RICE**  
1 kg  
20142491 EA



**597**

**HELLMANN'S**  
**REAL MAYONNAISE**  
selected varieties  
710-890 mL  
20424290 EA/21103490 EA



**429**

**MISS VICKIE'S**  
**KETTLE COOKED**  
**POTATOES**  
190-230 g or  
**RUFFLES**  
**POTATO CHIPS**  
selected varieties  
2104838 EA/21101582 EA



**449**

**BICK'S**  
**PICKLES**  
selected varieties  
1 L  
2014043001 EA



**1,000** Value

**279**

**TEMPTATIONS**  
**CAT TREATS**  
selected varieties  
180 g  
2029110301 EA



**999**

**PEDIGREE®**  
**DENTASTIX**  
**DOG TREATS**  
500-600 g  
selected varieties  
21081180 EA



# DAIRY DEALS



**ONLY 2.99**

**ASTRO YOGURT**  
selected varieties  
425-750 g  
20143226001 EA  
20179533002 EA



**SAVE UP TO 36%**

**2.99**

**LACTANTIA or DAIRYLAND CREAM**  
selected varieties  
10% 1 L/946 mL or 33/35% 473 mL  
20079927 EA



**SAVE 33%**

**6.99**

**KRAFT CHEEZ WHIZ**  
900 g  
2069603001 EA



**SAVE UP TO 26%**

**6.99**

**IMPERIAL MARGARINE**  
selected varieties  
1.28/1.36 kg  
20084992 EA

**DAIRYLAND**  
946 mL or  
**BEATRICE**  
946 mL/1 L  
**CHOCOLATE MILK**  
brand varies by site  
20799732 EA/20946104 EA



**1.99**

**PILLSBURY CRESCENT WRAPS**  
selected varieties  
200-227 g  
20205434002 EA/21305340 EA



**1.99**

**DANONE OIKOS or TWO GOOD LOW SUGAR YOGURT**  
selected varieties  
4's  
20423055 EA/21479942 EA



**3.33**

**CHAPMAN'S MARKDALE CREAMERY ICE CREAM 2 L or PC® FROZEN FRUIT**  
selected varieties, frozen  
20313224001 EA  
21377941 EA



**3.99**

**HELUVA GOOD! DIPS**  
selected varieties  
250 g  
20179079002 EA



**2.49**

**DAIRYLAND SOUR CREAM**  
selected varieties  
500 mL  
2027996001 EA



**3.29**

**SILK CREAMER**  
selected varieties  
890 mL  
21243340 EA



**4.79**

**SIMPLY JUICE, LEMONADE or GOLD PEAK ICED TEA**  
selected varieties, refrigerated  
2.63 L  
21392098 EA/21092119 EA



**6.49**

**NO NAME® CHEESE BAR**  
selected varieties  
700 g  
20875773 EA



**7.89**

**LIBERTÉ MEDITERRANÉE**  
**LIBERTÉ**  
**GREEK 2% or**  
**YOPLAIT SOURCE**  
**PROTEIN TUBS 430g**  
**YOGURT**  
 selected varieties  
 2139432 EA/2134734 EA



**2.99**



**BETTY CROCKER SUPER MOIST CAKE MIXES or SNACK SIZE MIXES**  
 selected varieties  
 184-404 g  
 2134737 EA/2134738 EA

**1.69**



**NATURE VALLEY GRANOLA BARS or MOTT'S or BETTY CROCKER FRUIT SNACKS**  
 selected varieties  
 120-230 g  
 2031329652 EA/2031347481 EA

**2.99**



**OLD EL PASO DINNER KITS**  
 230-510 g or **SALSA**  
 selected varieties  
 2030183304 EA/20379334 EA

**3.99**



**GENERAL MILLS CHEX, OATMEAL CRISP or NATURE VALLEY GRANOLA CEREAL**  
 selected varieties  
 310-437 g  
 21313468 EA/21313221 EA

**3.99**



**IÖGO NANO DRINKABLE YOGURT**  
 selected varieties  
 6's  
 2060967901 EA/2060967903 EA

**3.33**



**BLACK DIAMOND CHEESTRINGS 16's or STICKS 12's**  
 selected varieties  
 20313461 EA/20396474 EA

**5.79**



**TWIZZLERS LICORICE**  
 selected varieties  
 211-454 g  
 2002228004 EA/213170510 EA  
**WHILE QUANTITIES LAST**

**2.29**



**HERSHEY'S STAND UP POUCH 160-232 g or MULTIPACK 4's**  
 selected varieties  
 2030377004 EA/20373404 EA

**3.99**



**JOLLY RANCHER HARD CANDY 182/198 g, TWIZZLERS GUMMIES 170/175 g or HERSEY'S FAMILY BAR 90-100 g**  
 selected varieties  
 20078130 EA/213171875 EA  
**WHILE QUANTITIES LAST**

**2.49**



**REESE'S LARGE POUCH**  
 selected varieties  
 800 g  
 21352375 EA

**9.99**



**EXCEL MULTIPACK**  
 selected varieties  
 2's  
 21433004 EA

**3.49**



**M&M'S STAND UP POUCH 155-230 g or MARS MULTI PACK 4's**  
 selected varieties  
 20312923 EA/213171768 EA

**4.49**



**SKITTLES CANDY 235-320 g or EXCEL GUM BOTTLE 83 g**  
 selected varieties  
 20118230 EA/2010919002 EA

**\$3**



**PEPSI SOFT DRINKS**  
 selected varieties  
 12x355 mL  
 2032241001, C12/2032241002, C12

**6.79**



**BUBLY SPARKLING WATER 12x355 mL or MONTELLIER CARBONATED WATER 10x355 mL**  
 selected varieties  
 2106752, C10/2130999, C12

**5.99**



**CELSIUS ENERGY DRINK**  
 selected varieties  
 255 mL  
 21379438 EA/21379446 EA

**\$3**

# EID MUBARAK

A cart full of Eid savings!



907 G



4.99

795 G



340 G

**DEGLET NOUR PITTED DATES** 795 g or  
**ORGANIC PITTED DATES**  
340 g product of Tunisia or  
**HONEY PITTED DATES**  
907 g product of Iran  
21542279001, EA/20772841, EA/21217809001, EA



5.99

1 KG PKG

**ROOSTER™ GARLIC**  
product of China  
2120883001, EA



1.99  
EA/LB

**LONG EGGPLANT** 4.39/kg or  
**METHI LEAF** each, product of U.S.A.  
2012912001, KG/2012912001, EA



1.49  
EA/LB

**BUNCH MINT**  
each, product of Canada or Mexico or  
**OPO SQUASH**  
product of Mexico  
3.28/kg  
20129236001, EA/20142053001, KG



\$10

**SUFRA™ HALAL CHICKEN LEGS**  
back attached, fresh  
21430678, EA



\$13

**SUFRA™ HALAL WHOLE CHICKEN**  
fresh  
21430673, EA



1.99

**SHAN SEASONING MIX**  
selected varieties  
40-100 g  
21447731, EA



2.49

**KHAAS HALAL YOGOURT**  
selected varieties  
750 g  
20242313, EA



\$5

**SURAJ™ NAAN**  
selected varieties  
10's  
20242261, EA



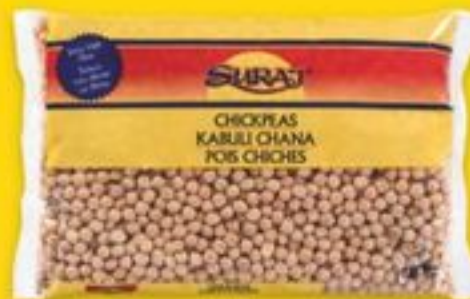
2.99

**SURAJ™ GARLIC AND GARLIC PASTE** 750 g or  
**ZINDA COUSCOUS** 907 g  
selected varieties  
20012708, EA/212088400, EA



3.99

**KFI COOKING SAUCE** 375/395 ml or  
**SHAN COOKING SAUCE** 350 g  
selected varieties  
20478490001, EA/212028338, EA



4.49

**SURAJ™ DRY BEANS or LENTILS**  
selected varieties  
1.8 kg  
20558757, EA

AVAILABLE AT SELECT LOCATIONS ONLY

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**PC Optimum™ members  
can save up to 35%  
on home insurance.†**



**GET A QUOTE**



\*Conditions apply. Subject to change. For full details see [www.pcinsurance.ca](http://www.pcinsurance.ca).

**no name™ mobile**



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## THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



**FRESH GUARANTEE**  
If your produce isn't fresh, we'll replace AND refund it.



**RAIN CHECK + pts**  
We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



**THROW BACK PRICES**  
Deals from the past on select items.

The  **NOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).