

PRICE CUT EVENT

Get down with
lowered prices.



WOW!
.74 LB

TOMATOES ON THE VINE
product of Ontario
1.63/kg
tomates sur vigne
20026703001 EA



WOW!
6.44

**APPROX 9 LB
CASE**

RED MANGOES
product of Mexico
caisse de mangues rouges
20059633001 EA

WHILE QUANTITIES LAST



SAVE 35%
3.88

6 LB BAG

**NO NAME® NATURALLY
IMPERFECT™ APPLES**
product of Ontario
pommes
20864953001 EA



WOW!
6.88

**APPROX.
3 LB CASE**

TRIUMPH PERSIMMONS
product of South Africa
caisse de kakiés
21812817001 EA

SUMMER OF LOW PRICES



Insiders Report™

PC® Summer Insiders Report™

Find it in-store or online.



APP EXCLUSIVE OFFER*

Single use offer

3,000⁰⁰

\$3 Value

PC® or Free From® chicken wings selected varieties, frozen 700-907 g ailes de poulet 20709932 EA

14⁹⁹



APP EXCLUSIVE OFFER*

Single use offer

2,000⁰⁰

\$2 Value

PC® cream pie selected varieties 730/830 g tarte à la crème 21574358 EA

9⁹⁹

Shop the full PC® Summer Insiders Report™ collection

SHOP NOW

PRICE CUT
EVENT

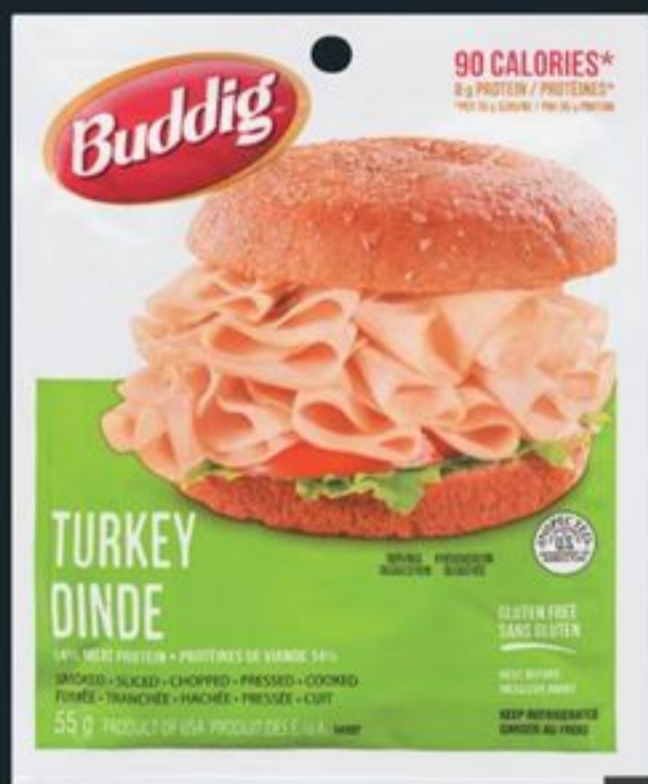
Get down with
lowered prices.



KD ORIGINAL
200 g
macaroni au fromage
21549326 EA

SAVE 20%

\$1



SAVE 49%

\$1

**CARL BUDDIG
SLICED MEAT**
selected varieties
55 g
viandes tranchées
20622013 EA



SAVE UP TO 60%

\$1

PC® DISHWASHING LIQUID
selected varieties
638/739 mL
détergent liquide à vaisselle
21012490 EA/21012498 EA

Get down with lowered prices.

PRICE CUT EVENT

NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, MAY 30 TO WEDNESDAY, JUNE 5, 2024.

WOW!
5⁹⁹

**MARINA DEL REY
ECUADORIAN SHRIMP**
frozen, 300 g
crevettes
21541366 EA

WHILE QUANTITIES LAST



WOW!
1⁸⁸
LB

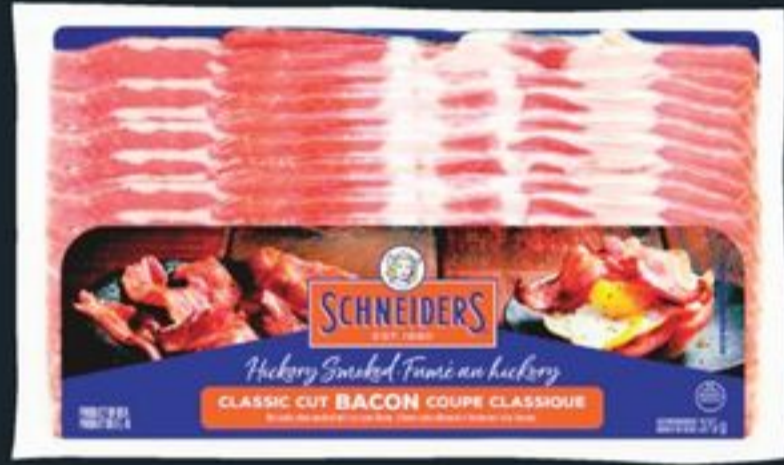
WHOLE CHICKEN
air chilled, fresh
4.14/kg
poulet entier
2094893 KG

WHILE QUANTITIES LAST



SAVE 33%
6⁹⁹

LOU'S KITCHEN ENTRÉES
selected varieties, fully cooked
375/400 g
plats cuisinés
20078077 EA



SAVE 20%
3⁹⁹

SCHNEIDERS BACON
375 g, selected varieties
bacon
20772671 EA



SAVE UP TO 45%
2⁹⁹

CHAPMAN'S COLLECTIONS 1's,
LOLLY NOVELTIES 20's or
MARKDALE CREAMERY ICE CREAM 2L
selected varieties, frozen
friandises glacées ou crème glacée
2021323601 EA/20222727004 EA



SAVE 38%
3⁹⁹

**CRACKER BARREL
NATURAL CHEESE SLICES**
selected varieties
200-240 g
tranches de fromage naturel
21290705 EA



SAVE 30%
8⁹⁹

**FOLGERS ROAST AND GROUND
COFFEE** 544-816 g or
TETLEY ORANGE PEKOE TEA 216's
selected varieties
café torréfié et moulu ou thé
21478183 EA/20023499 EA



SAVE 50%
1⁴⁹

CATELLI SAUCE
selected varieties
640 mL
SAUCE
2009184001 EA



SAVE UP TO 50%
5⁹⁹

**CHARMIN
BATHROOM
TISSUE** or
**BOUNTY
PAPER
TOWELS**
selected varieties
French
21515838 EA/21549785 EA



SAVE UP TO 50%
8⁸⁸

SUNLIGHT 4 L or
PUREX 4.08-4.43 L
**LAUNDRY
DETERGENT**
selected varieties
French
20083232001 EA/21427042 EA



SAVE 36%
15⁸⁸

ROSE RICE
8 KG
**BOTAN CALROSE
RICE**
riz
20428532 EA

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY:

[nofrills.ca](https://www.nofrills.ca)

AVAILABLE AT: JOE'S - BELLEVILLE, DANIEL'S - BURKINSON, MICHAEL'S - BURKINSON, GIBSON'S - CAMBRIDGE, BOSS & LINDSAY'S - CAMBRIDGE, DOMINIC'S - GUELPH, SHANNON & RICHARD'S - GUELPH, CHRIS & JENNY'S - HAMILTON, FRANCO'S - HAMILTON, GIORGIO'S - HAMILTON, TONY'S - HAMILTON, DEREK & LAURA'S - KITCHENER, BRINT & JENNY'S - LONDON, DARYLL & TRACY'S - LONDON, GARY'S - LONDON, MASSIE'S - LONDON, PHIL'S - LONDON, BOB & RACHAEL'S - LONDON, ROBERT & TRACY'S - LONDON, JOI & LAY'S - OTTAWA, BRANDON & MEGAN'S - STITTSVILLE, PAUL & MARGARET'S - WATERLOO



PINT

1 LB CLAMSHELL

3⁸⁸

BLUEBERRIES
product of U.S.A., Mexico or Morocco, no. 1 grade or
STRAWBERRIES
product of U.S.A., no. 1 grade
bleuets ou fraises
20082137001 EA/20049779001 EA

PRICE CUT
EVENT
Get down with lowered prices.



PKG OF 11

3⁸⁸

FARMER'S MARKET™ MINI CUCUMBERS
product of Ontario, Canada no. 1 grade or
CAULIFLOWER
product of Mexico or U.S.A., no. 1 grade
mini-cucumbers ou chou-fleur
21076779001 EA/20133377901 EA



2⁸⁸
LB

ASPARAGUS
product of Ontario, Canada no. 1 grade
asperges
6.35/kg
20174381001 KG



4⁵⁵
LB

CHERRIES
product of U.S.A., no. 1 grade
cerises
10.03/kg
2013969001 KG



If your produce isn't fresh, we'll replace AND refund it.*



1⁸⁸

BROCCOLI CROWNS
each, product of U.S.A. or Mexico or
BUNCH SPINACH
each, product of U.S.A.
couronnes de brocoli ou épinards
21121500001 EA/20142000001 EA



PKG OF 4

1 KG

3⁸⁸

GARLIC product of China or
RED or GREEN PEPPERS product of U.S.A.
ail ou poivrons rouges ou verts
211208420001 EA/20115222001 EA/
20073200001 EA



GROWN IN CANADA

3⁹⁹

10 LB BAG

RUSSET POTATOES
product of Canada, Canada no. 1 grade
pommes de terre
20070200001 EA



1³³

ENGLISH CUCUMBERS
product of Ontario, Canada no. 1 grade or
GREEN ONIONS
product of Mexico
cucumbers anglais ou oignons verts
20070123001 EA/20107300001 EA



1⁸⁸
LB

BARTLETT PEARS
product of China or Argentina,
extra fancy grade or
FORELLE PEARS
product of South Africa,
extra fancy grade
poires
4.14/kg
20172340001 KG/20143213001 KG



PKG OF 5 OR 6

340 G

4⁸⁸

AVOCADOS
product of Mexico or
SWEET SNAP PEPPERS product of Canada
avocats ou poivrons
20142222001 EA/21396042001 EA



.99

ATAULFO MANGOES
product of Mexico
mangues ataulfo
20131200001 EA



6 OZ CLAMSHELL

2⁸⁸

RASPBERRIES
product of U.S.A., no. 1 grade,
BLACKBERRIES
product of Mexico or
PINEAPPLE
product of Costa Rica
framboises, mûres ou ananas
20140970001 EA/20128428001 EA



5⁸⁸

10 LB BAG

FARMER'S MARKET™ YELLOW ONIONS
product of Ontario, Canada no. 1 grade
oignons
20107400001 EA



454 G

3⁸⁸

PC™ WHOLE CREMINI or WHITE MUSHROOMS
product of Ontario
champignons cremini ou blancs
20191212001 EA/2020071 EA



2 LB BAG

3⁸⁸

FARMER'S MARKET™ LEMONS
product of South Africa
citrons
20191212001 EA



2 LB BAG

4⁸⁸

FARMER'S MARKET™ MANDARINS
product of Turkey, Egypt or Spain
mandarines
2009070001 EA



907 G

681 G

5⁸⁸

FARMER'S MARKET™ GRAPE TOMATOES
product of Canada or U.S.A. or
PC VARIETY TOMATOES
product of Canada or Mexico
tomates
200808001 EA/200808001 EA

*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

PRICE CUT

Get down with lowered prices.

EVENT



10⁹⁹

MARCANGELO ITALIAN SAUSAGES or MEATBALLS
selected varieties
1 kg
saucisses ou boulettes de viande
20657488 EA



LACROIX CHICKEN WINGS, DRUMS, LEGS
selected varieties, fresh
500-750 g
poulet
21593137 EA

\$10



SEAQUEST COLOSSAL RAW WHITE SHRIMP
16-20 per lb, 300 g or
BAY SCALLOPS 400 g
Frozen
crevettes ou palourdes
21643887 EA

2⁹⁹

GO SHRIMP RAW 51/70 per lb or
COOKED 61/90 per lb, 160 g, frozen,
SMOKED STEELHEAD SALMON pre-sliced, 50 g, frozen or
SEAQUEST® FLAVOURED ALASKA POLLOCK ready to eat, 227 g
crevettes ou saumon ou goberge
20792840 EA/21208591 EA

6⁹⁹



9⁴⁹
LB

TOP BLADE STEAK
boneless, cut from Canada AA grade beef or USDA Select grade
20.92/kg
billet de haut de poitrine
20337989 RG



\$13

MAPLE LEAF PRIME ASSORTED CHICKEN
selected varieties
up to 880 g
poulet
20568928 EA/20648017 EA



\$3

SCHNEIDERS LUNCHMATE LUNCH KITS or STACKERS
selected varieties
90-120 g
trousses-papotes
21210034 EA



3⁹⁹

MINI BABYBEL
102-120 g or
THE LAUGHING COW CHEESE
120-140 g
selected varieties
fromage
20319707 EA/20574322 EA



5⁹⁹

MAPLE LEAF NATURAL SELECTIONS or SCHNEIDER'S SLICED DELI MEAT
selected varieties
125-175 g
charcuteries
20009282 EA/20661285 EA



2²²

WONDER BREAD 675 g or
BUNS 6's
selected varieties
pain ou petits pains
20276296 EA/20297455 EA



2⁹⁹

COUNTRY HARVEST BREAD 600 g or
BAGELS 6's
selected varieties
pain ou bagels
21178397 EA/21178642 EA



4⁸⁸

FARMER'S MARKET COOKIES
selected varieties
12's
biscuits
20566295 EA



\$7

PC® PLANT BASED VEGGIE BURGERS
selected varieties, frozen
452 g
végeburgers
21433332 EA



\$12

PC® WAGYU BURGERS
frozen
368 g
burgers de boeuf wagyu
21222754 EA



\$13

PC® CHICKEN BURGERS
frozen
1.13 kg
burgers de poulet
20566897 EA



SAVE 46%

1.88

I CAN'T BELIEVE IT'S NOT BUTTER!
MARGARINE
427 g
margarine
206744901 EA

PRICE CUT
Get down with lowered prices.
EVENT



500^{PC}

50¢ Value



SAVE UP TO 43%

2.44

CHEEMO PEROGIES 815/907 g or
VILLA PASTA 400 g
selected varieties, frozen
perogies ou pâtes
20127139 EA/21021840 EA



SAVE 43%

5.88

HIGH LINER FAMILY FAVOURITES
FISH or SHRIMP
selected varieties, frozen
330-700 g
poisson ou crevettes
2079834001 EA/2057299001 EA



1.44

UNICO BEANS,
CHICK PEAS or
LENTILS 540 mL or
TOMATOES 796 mL
selected varieties
Légumineuses ou tomates
20313447001 EA/20314629001 EA

INTERNATIONAL
DELIGHT COFFEE
ENHANCERS

selected varieties
946 mL
rehausseurs pour café
20895480002 EA

4.44



6.99

TIM HORTONS
ROAST AND
GROUND
COFFEE 300 g or
TWININGS TEA 50's
selected varieties
café ou thé
20902294 EA/211111078 EA



1.22

MINUTE MAID
PUNCH,
LEMONADE or
NESTEA
selected varieties, frozen
295 mL
punch ou thé glacé
20418227001 EA/204185328 EA

SIMPLY or
TROPICANA
BEVERAGES
or
GOLD PEAK
or
PURE LEAF
ICED TEA

selected varieties,
refrigerated
1.34/1.75 L
boissons ou thé glacé
21170784 EA/21354941 EA

4.22



5.77

BLACK DIAMOND
CHEESTRINGS 16's or
STICKS 12's
selected varieties
fromage
20763361 EA/20986474 EA

COCA-COLA or
PEPSI SOFT
DRINKS

selected varieties
2 L
boissons
20294926002 EA/
20314026002 EA

1.44



OASIS JUICE,
DEL MONTE
NECTAR or
ARIZONA
ICED TEA

selected varieties
960 mL
nectar ou thé glacé
2033672008 EA/
20894117004 EA

1.44



1.88

NO NAME®
BLEACH
selected varieties
2.4 L
eau de Javel
21486531 EA/21486532 EA



2.44

WERTHER'S
CANDY
JOLLY
RANCHER
HARD CANDY
or
TWIZZLERS
GUMMIES
178/175 g
selected varieties
bonbons
2007119 EA/20409717 EA



2.77

LINDT SWISS
CLASSIC or
MERCIE TABLET
selected varieties
100 g
chocolat
207848001 EA/
21104001 EA



3.55

KISKO
FREEZIES
selected varieties
12/18 x
friandises glacées
21080401 EA/21177901 EA
WHILE
QUANTITIES
LAST



14.88

MR. FREEZE
JUMBO
FREEZE POPS
60's
friandises glacées
2102004 EA
WHILE
QUANTITIES
LAST

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See instore for details.

JUNE

**HIT
OF THE
MONTH**

STARTS SATURDAY JUNE 1ST

\$2



**General Mills
Honey Nut Cheerios, 292g**

Limit: 4, over limit retail \$2.

WHILE QUANTITIES LAST

Optimum
Members-Only Price
\$7
Non-Members
\$8.49



**no name® Canola Oil
or Vegetable Oil, 3L**

95¢



Titan Aluminum Foil, 12" x 25'

Limit: 6, over limit retail \$2.00

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from June 1st - 30th, 2024.



SAVE 22%
3⁸⁸

PRICE CUT
EVENT
Get down with lowered prices.

CHAPMAN'S YUKON NOVELTIES
selected varieties, frozen
3-8's
friandises glacées
21012981 SA



PC® FREE RUN EGGS
12's or **BLUE MENU®**
EGG WHITES 1 kg
œufs ou blancs d'œufs
2011302801 SA/2002134401 SA

SAVE UP TO 31%
5⁴⁴



DANONE OIKOS TUBS 450/750 g or
ACTIVIA DRINKS 9's **YOGURT**
selected varieties
yogourt
21006434 SA/21108419 SA

SAVE 20%
5⁵⁵



MINUTE MAID NUTRI or **OASIS**
HEALTH BREAK
or **SMOOTHIE**
selected varieties,
refrigerated
14/1.75 L
jus ou boissons fraiches
20343403301 SA/21107912 SA

4⁴⁴



ROBIN HOOD or
FIVE ROSES FLOUR
selected varieties
2.5 kg
farine
20029497001 SA/20029497003 SA

5⁸⁸



PC® ROAST AND
GROUND or
WHOLE BEAN
COFFEE or **PODS** 30's
selected varieties
café
21028477 SA/21303374 SA

13⁸⁸



QUAKER
CRISPY MINIS
or **RICE CAKES**
selected varieties
90-199 g
gâchettes de riz
20142708003 SA
20303002001 SA

2²²



LECLERC
CELEBRATION
COOKIES
selected varieties
240/300 g
Biscuits
20031747001 SA

2⁷⁷



COCA-COLA
SOFT DRINKS
selected varieties
12x355 mL
boissons gazeuses
2011444402 C12

6⁷⁷



2⁷⁷

MONSTER
ENERGY DRINKS
selected varieties
473 mL
boissons énergisantes
200004 SA/200004 SA



2⁷⁷

RED BULL
ENERGY DRINKS
selected varieties
250 mL
boissons énergisantes
200004 SA/200004 SA



5⁴⁴

ZEVIA
SPRITZERS
selected varieties
6x355 mL
spritzers
21100222 SA/21100222 SA



3⁸⁸

BREYERS CLASSIC
FROZEN DESSERT
selected varieties
1.66 L
dessert glacé
20301305002 SA



4⁴⁴

FUDGSICLE or
CREAMSICLE
NOVELTIES
selected varieties, frozen
12's
friandises glacées
20742139 SA/20742137 SA



4⁸⁸

BREYERS
CREAMERY STYLE
ICE CREAM
selected varieties, frozen
1.66 L
crème glacée
20344925001 SA/20344925006 SA



2⁷⁷

MCCAIN FRIES
selected varieties, frozen
800 g
frites
21521173 EA

PRICE CUT
EVENT
Get down with lowered prices.



5⁸⁸

YOPLAIT SOURCE or **CREAMY** 16's, **YOP** NO ADDED SUGAR 6's or **DRINKABLE** 6's, **YOGURT**
selected varieties
yoplait
2037377001 EA/21479984 EA



1⁶⁶

UNICO SOLID LIGHT TUNA
198 g
from
20113743 EA



2²²

CHRISTIE CRISPERS
selected varieties
143 g
croustilles
2138833 EA



4⁷⁷

POPCORNERS CHIPS
selected varieties
142 g
croustilles
21379005 EA/21379047 EA



6⁸⁸

SAPUTO MOZZARELLISSIMA
selected varieties
500 g
fromage
20792341902 EA



3⁴⁴

HERSHEY'S CHIPITS
selected varieties
200-270 g
biscuits de chocolat
21438844 EA/21432934 EA



4⁷⁷

SENSODYNE or **PROMAMEL TOOTHPASTE** 75/100 mL
selected varieties
dentifrice au crème sulfureuse pour profonds dentifrice
2030117903 EA/20736073 EA



6⁴⁴

FRISKIES DRY CAT FOOD 1.4-1.5 kg or **PARTY MIX CAT TREATS** 454 g
selected varieties
nourriture ou pâtisseries pour chats
20922515 EA/21160010 EA



.99

TITAN WAX PAPER 25 ft or **GLAD CLING WRAP** 30 m
papier cire ou pellicule plastique
20030318 EA/20099340 EA



3⁴⁴

FEBREZE AIR 250 g or **MR. CLEAN ALL PURPOSE CLEANER** 1.21 L
selected varieties
essenceur d'air ou nettoyeur
21300017 EA/21374809 EA



6⁸⁸

LYSOL DISINFECTANT WIPES 75/84's, **SPRAY** 350 g or **TOILET BOWL CLEANER** 940 mL
selected varieties
lingettes désinfectantes ou vaporisateur de nettoyage à cuvette
2021431301 EA/21449834 EA



10⁷⁷

TIDE LIQUID 1.86 L or **PODS** 31/23/18's, **LAUNDRY DETERGENT**, **DOWNY FABRIC SOFTENER** or **GAIN SCENT BOOSTERS** 379 g or **BOUNCE DRYER SHEETS** 120-200's
détergent ou assouplissant ou rehausseur de parfum ou feuilles pour sècheuse
21192781 EA/20911048 EA



16⁷⁷

DOWNY or **GAIN FABRIC SOFTENER** 4.36 L, **SCENT BOOSTERS** 480 g, **TIDE ZERO LIQUID** 3.4 L or **TIDE PODS** 57/43/32's
LAUNDRY DETERGENT
assouplissant textile ou rehausseur de parfum ou détergent à lessive
21149939 EA/21424213 EA



19⁷⁷

FINISH DISHWASHER TABS
selected varieties
60-125's
pastilles pour lave-vaisselle
21198873 EA/211961337 EA

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Get* **1,000 pts**

\$1 value

for every \$5* spent on **Old Dutch Humpty Dumpty snacks** 250-290 g or **Restaurante tortilla chips** 273/290 g
selected varieties
gâteaux ou croustilles
21067918 EA/21481000 EA



\$1 value

Get* **1,000 pts**

for every \$5* spent on **Pringles potato chips**
selected varieties
148-203 g
croustilles
21008823 EA/21008823 EA





The **NOFRILLS** thing to do.

LET THE GOOD TIMES AND LOW PRICES ROLL!
Shop deals on brand name products.

PEPPERIDGE FARM GOLDFISH CRACKERS
selected varieties
156-227 g
croquillons
20300220 EA





SNYDER'S
PIECES BOUCHÉES
Honey Mustard & Onion
Mustard au miel & oignon

500^g **50¢ Value**

SNYDER'S PRETZELS
selected varieties
240 g
bretzels
2031403204 EA

2²⁹

2⁹⁹

YOPLAIT MINIGO TUBES
6's or 9's
YOGURT
selected varieties
yogourt
2021610001 EA/21547393 EA





LIBERTÉ GREEK 650/750 g or
MÉDITERRANÉE 900 g
YOGURT
selected varieties
yogourt
20643273 EA/21079493 EA

2⁴⁹

5⁹⁹

MINUTE MAID ZERO SUGAR ADDED BEVERAGES
selected varieties,
refrigerated
1.24 L
boissons
21434700 EA/21434719 EA





SIMPLY JUICE or
LEMONADE or
GOLD PEAK
ICED TEA
selected varieties,
refrigerated
2.63 L
jus d'orange ou limonade
ou thé glacé
21592119 EA/21592203 EA

3⁹⁹

6⁹⁹

DIANA or BULL'S-EYE BBQ SAUCE
selected varieties
425/500 mL
SAUCE
20547834003 EA/
21194617 EA





J.L. KRAFT PURE DRESSINGS
selected varieties
355 mL
 vinaigrette
21581428 EA/21581455 EA

2⁹⁹

4⁹⁹

ROYALE BATHROOM TISSUE
selected varieties
15-30 rolls
papier hygiénique
21187140 EA/21572800 EA



IRVING
CONSUMER PRODUCTS

ROYALE TIGER TOWELS
6-12 rolls
essuie-tout
21484704 EA

7⁹⁹

11⁹⁹

PERSIL LAUNDRY DETERGENT
selected varieties
2.21 L
détergent à lessive
20923144 EA





SNUGGLE FABRIC SOFTENER
selected varieties
3.41 L
assouplissant textile
20131241 EA

11⁹⁹

11⁹⁹

PRICE DROP



QUAKER DIPPS or CHEWY GRANOLA BARS
selected varieties
120-156 g
barres granola
30847382 EA/21337966 EA

PRICE DROP
2.29



PRICE DROP
2.29

CAMPBELL'S READY TO SERVE SOUP
selected varieties
515 mL
soupe
21479030 EA



PRICE DROP
2.99

CATELLI GLUTEN-FREE PASTA
selected varieties
300/340 g
pâtes sans gluten
30794341 EA



PRICE DROP
3.49

GREEN GIANT VEGETABLES
selected varieties, frozen
400-750 g
légumes
31023377 EA/31023351 EA



PRICE DROP
2.49

ANNIE'S MACARONI AND CHEESE PASTA
selected varieties, 170 g
macaroni au fromage
30216187001 EA/20971317 EA



PRICE DROP
3.99

RIO MARE TUNA SALAD BOWLS or TUNA IN OLIVE OIL
selected varieties, 160 g
bols de salade de thon ou thon dans l'huile d'olive
30971361 EA



PRICE DROP
6.99

PC® ROAST AND GROUND COFFEE 340 g or **FOLGERS PODS** 12's
selected varieties
café torréfié et moulu ou capsules
30416419003 EA/21388079 EA



PRICE DROP
2.99

KRAFT SALAD DRESSING
selected varieties
425 mL
vinaigrette
21384430 EA/21384931 EA



PRICE DROP
4.49

MINUTE RICE
selected varieties
600/700 g
riz
30210858 EA



PRICE DROP
\$11

LOU'S PORK BACK RIBS
selected varieties, frozen
680 g
côtes de dos de porc
31330777 EA



PRICE DROP
2.49

DARE COOKIES
selected varieties
168-215 g
biscuits
30793564 EA/21080791 EA

UFC COCONUT WATER
1 L
eau de noix de coco
30570506 EA

PRICE DROP
2.99



PRICE DROP
8.99

FRITO-LAY VARIETY PACK
selected varieties, 428/448 g
grignolines
21584937 EA



PRICE DROP
2.49

PC® LIQUID ENHANCER
selected varieties
48 mL
mélanges pour eau
30734132061 EA



PRICE DROP
4.50

PC® or BLUE MENU® SPARKLING WATER
selected varieties
12x355 mL
eau pétillante
3068024002 C12/21318379 C12



PRICE DROP
3.49

ALCAN FOIL 50 h,
GLAD PLASTIC WRAP 60 m
or **REYNOLDS PARCHMENT PAPER** 25 h
papier d'aluminium ou pellicule
plastique ou papier parchemin
30643071 EA/20015842 EA



PRICE DROP



DOVE HAIR CARE
selected varieties
142-198 g/195-355 mL
soins capillaires
2020023001 SA

PRICE DROP
3⁹⁹



PRICE DROP
2⁹⁹

HERBAL ESSENCES HAIR CARE
selected varieties
346 mL
soins capillaires
21347094 SA/21347099 SA



SOFTSOAP BODY WASH or
IRISH SPRING BODY WASH 591 mL or
BAR SOAP 6x104 g
selected varieties
nettoyant pour le corps ou pain de savon
21219373 SA/1436477 SA



PRICE DROP
4⁹⁹

NIVEA BODY WASH 500 mL,
DEODORANT ROLL-ON 50 mL or
ANTIPERSPIRANT
51/52 g
selected varieties
nettoyant pour le corps ou
déodorant à bille ou antiperspirant
20231421004 SA
21149999 SA



PRICE DROP
3⁹⁹

OLD SPICE or **SECRET**
DEODORANT
selected varieties
73/85 g
déodorant
20098094 SA/20663349001 SA



PRICE DROP
3⁹⁹



PRICE DROP
3⁴⁹

COLGATE PREMIUM TOOTHPASTE 70-150 mL or
MANUAL TOOTHBRUSH 1 no.
selected varieties
dentifrice ou brosse à dents manuelle
20206410001 SA/21144483 SA



CREST GUM TOOTHPASTE 63 mL or
SCOPE MOUTHWASH 1 L
selected varieties
dentifrice au gingivite ou rinçage-bouche
20948747 SA/21354690 SA

PRICE DROP
4⁹⁹



PRICE DROP
4⁹⁹

ST. IVES BODY LOTION
selected varieties, 600 mL
lotion pour le corps
21084089 SA/21084101 SA



PRICE DROP
9⁹⁹

ALWAYS PADS or
LINERS 20-162's or
TAMPAX TAMPONS 22-54's
selected varieties
serviettes ou protège-dames ou tampons
21019928 SA/20962094 SA



PRICE DROP
9⁹⁹

PEDIASURE COMPLETE NUTRITIONAL SUPPLEMENT
selected varieties
4x235 mL
supplément nutritif
2022814001 SA

SAVOUR THE FLAVOUR OF BOAT-IFUL ZONGZI

慶祝端午佳節



.98 LB

JUMBO CARROTS product of China,
DAIKON, NAPA CABBAGE or
TAIWANESE CABBAGE
product of U.S.A. or Mexico
2.16/kg
carottes ou chou
20015023001, KG/20020863001, KG/20082109001, KG



1.28 EA/LB

COCONUTS each, product of Dominican Republic or
PAPAYA 2.82/kg, product of Mexico
noix de coco ou papaye
20005774001, EA/20817064001, KG



1.98 EA/LB

BABY BOK CHOY, SHANGHAI BOK CHOY,
YU CHOY, GAI LON, BABY NAPPA
CABBAGE 4.37/kg product of U.S.A. or Mexico or
SNOW or **SNAP PEAS** 200 g, product of China
pak-choi ou chou ou brocoli chinois ou pois
21023581001, EA/21034088001, KG/20171833001, KG



227 G

2.88

LYCHEE
product of Mexico
litchi
20947707001, EA



3.99 LB

GRADE A DUCK
frozen
8.80/kg
canard
20079461, KG



6.88 LB

PORK BELLY SLICES
fresh
15.17/kg
tranches de poitrine de porc
20353421, KG

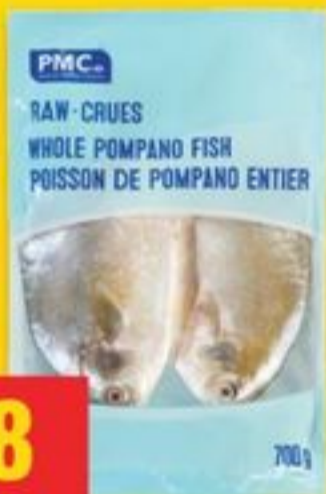


2.28

SUNRISE EXTRA FIRM TOFU
350 g
tofu extra ferme
20570307, EA

7.88

PMC GOLDEN POMPANO WHOLE
700 g or
TILAPIA
1.36 kg
frozen
pompans doré ou
tilapia
21544528, EA



8.88 LB

BEEF RIB FINGER MEAT
boneless, cryovac
19.58/kg
viande de bœuf intercostale
20142139, KG



.88

CAMPBELL'S SWANSON CHICKEN BROTH
412 mL
bouillon de poulet
20043814, EA

\$4

T&T BAKERY HOME STYLE PANDESAL
680 g
pandesal
21014108, EA



7.88

KNORR CHICKEN BOUILLON MIX
1 kg
mélange pour bouillon de poulet
20154074, EA



2.88

MIZKAN RICE VINEGAR
355 mL
vinaigre de riz
21100713, EA



4.88

O'TASTY DUMPLINGS
selected varieties, frozen
567 g
boulettes
20219343004, EA



1,000 Value

KIKKOMAN SOY SAUCE
selected varieties
591 mL
sauce soya
20139273, EA

5.88



AVAILABLE AT SELECT LOCATIONS ONLY

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no name®

sale for savings



\$1

NO NAME® LIGHTER
21277001, EA



\$8

NO NAME® BEACH TOWEL
21406022, EA



\$4

NO NAME® TO-GO TUMBLER
21294636, EA

\$12

NO NAME® BEACH UMBRELLA
21406992, EA



\$10

NO NAME® STAINLESS STEEL WATER BOTTLE
485 mL
21229120, EA



\$12

NO NAME® CAMP CHAIR
21221212, EA



\$10

NO NAME® COOLER BAG
21221215, EA



\$14

NO NAME® HARD COOLER
6 L
21296264, EA

AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE GM NFO

SIZZLIN' SUMMER SAVINGS

Hot weather, meet hotter deals. The PC Insiders Report™ Summer Edition is here with this season's Must Trys. Feast your eyes on some of our fave picks at sun-sational prices (and try not to drool).



TASTEBUD THERAPY

Fun fact: "stressed" spelled backwards is "desserts."
Coincidence? We think not. Check out our top sweets tout suite.



\$4
946 g

PC® SCOOP SHOP BIRTHDAY CAKE or COTTON CANDY ICE CREAM
frozen
crème glacée au gâteau de fête ou à la barbe à papa
21575127_EA/21575303_EA



\$5
6x60 mL

PC® BLUEBERRY CINNAMON FLAVOURED ICE POPS
frozen
bâtons glacés à saveur de bleuets et cannelle
21575381_EA



\$4
150 g

PC® FROSTOVERS™ HAND PIE
selected varieties
chaussons
21588524_EA/21588459_EA/21588644_EA



\$4
500 mL

PC® BLACK LABEL ICE CREAM
selected varieties
crème glacée
21588332_EA/21578921_EA



\$7
224 g

PC® FLAKE OUTS™ CROISSANT DONUTS
selected varieties
croissants beignes
21590412_EA/21590246_EA/21590229_EA



\$9.99
730 g

PC® S'MORES CREAM PIE
frozen
tarte à la crème s'mores
21574358_EA

ABSOLUTELY GRILLIANT

Summer and BBQs go together like... well, summer and BBQs.
Fire up the grill and bring the flavour with every finger-licking bite.



\$4⁹⁹

300 g

PC® BRIOCHE SESAME BUNS
pains aux sésames
21876538_EA



\$6

250 g

PC® BARESE SAUSAGE
saucisse barèse
21876127_EA



\$14

1.13 kg

PC® THICK & JUICY™ PRIME RIB BURGER
selected varieties, frozen
burgers de côte de bœuf
20941230_EA/20941443_EA



\$14

500 g

PC® PORK BELLY BURNT ENDS
frozen
bouchées braisées
de flanc de porc
21866531_EA



\$15

360 g

PC® SWEET & SMOKY BARBECUE BUTTERFLIED BLACK TIGER SHRIMP
frozen
crevettes tigrées noires en papillon, barbecue sucré et fumé
21859382_EA



\$17

480 g

PC® CHICKEN YAKITORI
frozen
yakitori au poulet
21876909_EA

FLAVOUR FIESTA

Ever wonder what a party in your mouth feels like? Switch out the usual for globally inspired foods to make your tastebuds dance.



\$6

2-4's

PC® TROPICAL COLLECTION
selected varieties
collection tropicale

21575901_EA/21575866_EA/21575820_EA



\$5

300 g

PC® CHICKEN BUN CHA
frozen
bun cha au poulet

21565869_EA



\$5

300 g

PC® CINNAMON SUGAR or CHILI LIME PINEAPPLE SKEWERS

frozen
brochettes d'ananas au sucre à la cannelle ou piment chili et lime

21560146_EA/21560219_EA



\$6

PC® CHEESE 2x165 g or MUSHROOM 2x175 g FRUSTA

frozen
frusta au fromage ou champignons

21549514_EA/21549100_EA



\$4⁵⁰

350 mL

PC® BLACK LABEL WHITE BARBECUE SAUCE
sauce barbecue blanche

21589265_EA



\$7⁹⁹

370/420 g

PC® BLACK LABEL PIZZA
selected varieties, frozen
pizza

21531415_EA/21531410_EA/21531412_EA

YUM-WORTHY SNACKAGE

Because sometimes the sides are the real superstars.
Warning: may cause audible yummy noises.



\$2⁵⁰

200 g

PC® SPICY DILL PICKLE or SPICY KETCHUP FLAVOUR KETTLE COOKED POTATO CHIPS

croustilles cuites à la marmite aux cornichons à l'aneth épicés ou ketchup épicé
21576249_EA/21576175_EA



\$3⁴⁹

1.54 L

PC® LEMONADE

selected varieties, refrigerated limonade
21430542_EA/21506771_EA/21430694_EA



\$4⁵⁰

6x355 mL

PC® M'AQUA MULE or TEQUILA SUNRISE COCKTAIL FLAVOURED SPARKLING WATER

eau pétillante à saveur de cocktail
21590613_EA/21590689_EA



\$5⁹⁹

4x355 g

PC® IPA or DARK ALE LOW ALCOHOL BEER (LESS THAN 0.5% ALC./VOL.)

bière faible en alcool
21589335_EA/21589408_EA



\$7⁴⁹

4x330 mL

PC® SPARKLING DEALCOHOLIZED APPLE or PEAR CIDER BEVERAGE

boisson de cidre désalcoolisée pétillante à la pomme ou poire
21588266_EA/21588277_EA



\$8

312/337 g

PC® INBETWEENZ™ DESSERT SQUARE

selected varieties carrés desserts
21592622_EA/21592641_EA/21592554_EA



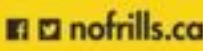
COOL!

WOW!

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.



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10,000 pts

\$10
value

for every \$100* spent on any combination of Happy Birthday and Happy Kid gift cards.



* Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Happy Birthday and Happy Kid cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.



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