

DIGITAL COUPONS

UP TO
\$60
 IN TOTAL
 VALUE

scan
to see all
coupons



Optimum™



Members
save
\$1



Optimum
 Members-Only Price™
13⁹⁹
 Non-members
\$15

PC® WINGS 700-907 G,
 BBQ PORK BACK RIBS 680 G
 OR KOREAN BEEF SHORT RIBS
 500 G
 SELECTED VARIETIES FROZEN
 20071715_EA/20708932_EA



Members
save
\$2

Optimum
 Members-Only Price™
6⁹⁹
 Non-members
8⁹⁹

PC® S'MORES KIT
 600 G
 20655672_EA



Members
save
\$1.50



Optimum
 Members-Only Price™
3⁴⁹
 Non-members
\$5

PC® THIN & CRISPY,
 LOADS OF, FOCACCIA
 OR FLATBREAD PIZZAS
 SELECTED VARIETIES FROZEN
 330-455 G
 20971494_EA/21013452_EA



Optimum™

Members save more.



click or visit
pcoptimum.ca
to become a member.

See back page for details.



Members save
\$12



Optimum
Members-Only Price™
12⁹⁹
Non-members
24⁹⁹

ROYALE BATHROOM TISSUE
30=60 ROLLS OR
TIGER TOWELS 6=12 ROLLS
21378233_EA/21484732_EA



Members save
\$2



Optimum
Members-Only Price™
5⁹⁹
Non-members
7⁹⁹

GLAD WHITE INDOOR BUNDLE
SELECTED VARIETIES
16-48'S
20099609_EA/20297334001_EA



Members save
\$1.50



Optimum
Members-Only Price™
4⁹⁹
Non-members
6⁴⁹

BASSÉ MIX
SELECTED VARIETIES
415-600 G
21158597_EA/21524508_EA



DIGITAL COUPONS

UP TO
\$60
IN TOTAL
VALUE

CLICK FOR THIS
COUPON AND MORE 



More offers. More points.

Get the most offers when you:

1. Use the PC Optimum™ App
2. Check out the weekly flyer
3. Visit the digital coupon board

Scan to see
our complete
digital flyer



Zehrs™

Happy Long Weekend



FRESH ATLANTIC SALMON FILLETS
FAMILY SIZE, COD OR HADDOCK
FILLETS FROZEN OR PREVIOUSLY
FROZEN
22.02/KG
20720065_KG/21506245_KG

4 DAY SALE
THURSDAY, JUNE 27TH TO
SUNDAY, JUNE 30TH
SAVE
AT LEAST \$3⁵⁰LB

9⁹⁹
LB

**CUT BY OUR
BUTCHERS**



STRIPLOIN GRILLING STEAK
BONE-IN FAMILY SIZE,
CUT FROM CANADA AA GRADE
OR USDA SELECT GRADE BEEF
OR HIGHER
17.37/KG
20959377_KG

4 DAY SALE
THURSDAY, JUNE 27TH TO
SUNDAY, JUNE 30TH
SAVE 43%

7⁸⁸
LB



PORK BACK RIBS
CRYOVAC PKG 2'S
11.00/KG
20289672_KG

SALE
SAVE \$1⁵⁰LB

4⁹⁹
LB



SEEDLESS WATERMELONS
PRODUCT OF U.S.A.
11 LB AVERAGE
EACH
20067326001_EA

SAVE 63%

3⁹⁹

**11 LB
AVG**



CHICKEN DRUMSTICKS
FAMILY SIZE
5.49/KG
20004494_KG

SAVE 50%

2⁴⁹
LB



**ONTARIO
ENGLISH
CUCUMBERS**
99¢ EA. OR
GREENHOUSE
TOMATOES ON
THE VINE
99¢ LB 2.18/KG
PRODUCT OF
ONTARIO
20070132001_EA
20026703001_KG

SAVE 50%

99¢
EA.
LB



**FARMER'S MARKET™
PEACHES**
PRODUCT OF U.S.A.,
NO. 1 GRADE
3 L
20826568001_EA

2,000^{pts}

**\$2
Value**

3 L

8⁹⁹



**PC® BACON-WRAPPED
WILD SEA SCALLOPS**
260 G OR GRILLING
BUTTERFLIED
BLACK TIGER
SHRIMP SKEWERS
SELECTED
VARIETIES
360 G FROZEN
21220644_EA
21559382_EA

12⁹⁹



**BREYERS CREAMERY
STYLE ICE CREAM**
1.66 L OR CHAPMAN'S
COLLECTION NOVELTIES
6/8'S SELECTED
VARIETIES FROZEN
20323757001_EA/20344925006_EA

4⁵⁰



**CRACKER BARREL
CHEESE BARS 400 G,
SHREDS 250-320 G OR
PC® SHREDS 250-320 G
SELECTED VARIETIES**
21060201_EA/21290384_EA

5⁷⁷



**WONDER OR
D'ITALIANO
BUNS**
SELECTED
SIZES AND
VARIETIES
20297455_EA
20673208_EA

**WHEN YOU BUY 2
SAVE \$1⁴⁹**

2/5⁵⁰



**COCA-COLA,
CANADA DRY OR
PEPSI SOFT DRINKS**
SELECTED
VARIETIES
12X355 ML
20318694002_C12
20322361002_C12

6⁴⁹



ACTIVIA YOGURT
650 G, TWO GOOD
4X95 G OR LIBERTÉ
YOGURT 500 G
SELECTED VARIETIES
20325132003_EA/21547564_EA

**SAVE
THIS WEEK**

3⁴⁹



**LAY'S POTATO
CHIPS OR POPPABLES**
130-235 G OR
TAKIS ROLLED
TORTILLA CHIPS
260-280 G
SELECTED
VARIETIES
21036714_EA/21241032_EA

2⁹⁹

Optimum™

3 DAYS ONLY

From Thursday June 27th to Saturday
June 29th your points are worth more.

**Bonus
Redemption
Event**

Redeem
70,000^{pts}
and get
\$80^{off}*
your purchase of
\$80 or more

That's
an extra
\$10
value!

Redeem
150,000^{pts}
and get
\$175^{off}*
your purchase of
\$175 or more

That's
an extra
\$25
value!

Redeem
250,000^{pts}
and get
\$300^{off}*
your purchase of
\$300 or more

That's
an extra
\$50
value!

Limited time offer, subject to change or cancellation. Redemptions at points level available while offer lasts as specified above in a single transaction. In cases of insufficient spend amount causing customers not being able to optimize the offer, the system will automatically suggest/default to a lower redemption threshold, so that customer can always redeem the least amount of available points and achieve the maximum value of offer available. Customer can however choose to redeem a higher amount of points and forfeit portion of the value available if desired as per the PC Optimum™ Program Terms and Conditions. In no event will customers receive extra points in lieu of the forfeited value as part of this offer. Redemptions must be in increments of 10,000 points up to a maximum of 500,000 PC Optimum™ points in one transaction. Applicable fees and taxes payable on full purchase price before application of redemption value. Not redeemable for cash or credit. Exclusions apply. Visit pc optimum.ca/company-policy/terms-and-conditions for further details.

Most stores will be closed Monday, July 1st. See in-store or visit zehrs.ca for holiday store hours.

Flyer prices effective from Thursday, June 27th to Wednesday, July 3rd, 2024. SEE BACK PAGE FOR DETAILS.

PRICE DROP



2⁵⁰†

YOPLAIT TUBES
SELECTED VARIETIES
8X56 ML
21547587_EA/21547595_EA

PRICE DROP



1⁵⁰†

CLEARLY CANADIAN SPARKLING WATER
SELECTED VARIETIES
325 ML
21387870_EA/21387874_EA

PRICE DROP



\$3⁺

PC® OR BLUE MENU® KETCHUP
SELECTED VARIETIES
750 ML/1 L
20090124_EA/20131845_EA

1,500⁺ Optimium **\$1⁵⁰ Value**



6⁴⁹

8 INCH PIES
SELECTED VARIETIES
635-750 G
21297475_EA

1,000⁺ Optimium **\$1 Value**



5⁴⁴

HÄAGEN-DAZS
414-450 ML OR
BARS 3/4'S OR
NESTLÉ DRUMSTICK 4'S
SELECTED VARIETIES,
FROZEN
20322380003_EA/21513555_EA

WHEN YOU BUY 2



SAVE 98¢

2/\$6
LESS THAN 2 \$3.49 EA.

NO NAME® FROZEN FRUIT
SELECTED VARIETIES
FROZEN
400 G
21545097_EA/21545106_EA

SAVE AT LEAST \$1⁵⁰



7⁴⁹

STARBUCKS ICED COFFEE
1.18/1.42 L OR
DEL MONTE JUICE 2.5 L
SELECTED VARIETIES
21215530_EA/21437174_EA

SALE SAVE \$1



\$1

SHRIMP SKEWERS
PLAIN OR MARINATED
PREVIOUSLY FROZEN
55 G
21204855_EA

PC® NATURALLY SMOKED BACON OR STREET CART SAUSAGE
SELECTED VARIETIES
500 G
20152629_EA/21525048_EA

6⁹⁹



3⁹⁹

PHILADELPHIA CREAM CHEESE OR DIPS 227/250 G,
KRAFT SINGLES 410 G OR
CHEEZ WHIZ 450 G
SELECTED VARIETIES
20866924010_EA/21188654_EA

WHEN YOU BUY 2



SAVE \$1⁹⁸

2/\$7
LESS THAN 2 \$4.49 EA.

NATURE VALLEY BISCUIT, PROTEIN BARS AND SWEET & SALTY 6'S
148-210 G OR
FIBRE 1 BARS 125 G
SELECTED VARIETIES
125-210 G
20587504001_EA/21213559_EA

PC® KETTLE COOKED OR LOADS OF FLAVOURS OR WORLD OF FLAVOURS POTATO CHIPS
SELECTED VARIETIES
200 G
21422531_EA/20840911004_EA

2⁹⁹

WHEN YOU BUY 2



SAVE \$1⁹⁸

2/\$8
LESS THAN 2 \$4.99 EA.

SILK NON-DAIRY BEVERAGES
SELECTED VARIETIES
1.75/1.89 L
20315090001_EA/21243598_EA

SALE SAVE 80¢



2⁹⁹

NO NAME® VEGETABLES
SELECTED VARIETIES
FROZEN
750 G
20306375_EA/20312260_EA

SALE SAVE UP TO



10⁹⁹

NO NAME® ALL PURPOSE FLOUR
CLUB SIZE
10 KG
20022248_EA



1⁷⁹

CLOVER LEAF LIGHT TUNA OR BRUNSWICK SARDINE FILLETS
SELECTED VARIETIES
92-170 G
20018117001_EA/20318426003_EA

PC® NATURAL SPRING WATER
24X500 ML
20137898_C24

2/\$6
LESS THAN 2 \$3.79 EA.

SALE SAVE UP TO



30%

AVEENO, NEUTROGENA, ST. IVES OR DOVE SKIN CARE PRODUCTS
SELECTED VARIETIES
AND SIZES
20853160002_EA
21086101_EA

BUY

FRIED TORTILLA CHIPS
450 G
21534615_EA

MADE FRESH IN-STORE

\$5

+

FRESH GUACAMOLE
320 G
21525868_EA

MADE FRESH IN-STORE

\$5

GET

2,000⁺ Optimium

\$2 Value

CUSTOMER RELATIONS 1-866-541-6315. VISIT zehrs.ca FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone numbers. No Rainchecks OR Substitutions on clearance items or where quantities are limited. Advertisements are subject to change without notice. Advertisements are for informational purposes only. Actual product appearance, color, and price may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank is a licensee of marks. PC Optimium™ program is provided by President's Choice Financial. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimium™ program members. Membership is free. To register as a PC Optimium™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See zehrs.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; ** Valid for flyer duration, after which the price will be the same for both PC Optimium™ and non-PC Optimium™ members. Taxes applicable on the purchase amount after discounts. PC Optimium™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. †PRICE DROP offer valid in-store at participating locations between June 13 - July 10, 2024 before applicable taxes and while quantities last. Offer applies only to selected products. Offer may be modified and/or cancelled without notice. See in-store for full details.

Produce

FRESH PROMISE

If it's not fresh, it's free.*

PKG OF 5



5 LB

3⁹⁹

AVOCADO 5'S
PRODUCT OF MEXICO OR PC[®]
RUSSET POTATOES
5 LB PRODUCT OF CANADA, CANADA
NO. 1 GRADE
20615206001_EA/
20142232001_EA

PKG OF 4



2 LB BAG

4⁹⁹

CORN BICOLOUR 4'S,
PRODUCT OF U.S.A.,
NO. 1 GRADE OR
FARMER'S MARKET[™]
MANDARINS 2 LB
PRODUCT OF SOUTH AFRICA
20348377001_EA/
20099819001_EA

PINT



3⁹⁹

BLUEBERRIES PINT,
PRODUCT OF U.S.A.,
NO. 1 GRADE OR
RASPBERRIES
170 G PRODUCT
OF U.S.A.
20080137001_EA/
2012938001_EA

PKG OF 3



3⁹⁹

ROMAINE HEARTS 3'S
PRODUCT OF CANADA OR LARGE
CANTALOUPES EACH
PRODUCT OF U.S.A.
20067389001_EA/
20167017001_EA



2⁹⁹

BLACKBERRIES
PRODUCT OF MEXICO OR U.S.A.
170 G
20051015001_EA



3⁹⁹

ONTARIO ASPARAGUS
PRODUCT OF ONTARIO,
CANADA NO. 1
GRADE
8.80/KG
20174581001_KG



3⁹⁹

PC[®] EXTRA LARGE GREEN OR RED SEEDLESS GRAPES
PRODUCT OF MEXICO,
NO. 1 GRADE
8.80/KG
20159199001_KG/
20425775001_KG

1,000[¢] when you buy 2

\$1 Value



2/\$12

CANADA RENEÉ'S REFRIGERATED SALAD DRESSING OR VINAIGRETTE
PRODUCT OF CANADA
SELECTED VARIETIES
350/355 ML
20312720_EA/
20314592_EA



4⁴⁹

PC[®] MIXED SALAD GREENS
PRODUCT OF U.S.A.
SELECTED VARIETIES
142 G
21203743_EA/21203748_EA



3⁹⁹

CANADA FLAVOR BOMB TOMATOES
PRODUCT OF CANADA
341 G
21247148001_EA



99[¢]

WATERMELON QUARTERS
CUT FRESH IN STORE DAILY
2.1B/KG
20161074_KG

Butcher



8⁴⁹

EXTRA LEAN GROUND BEEF
FAMILY SIZE
18.72/KG
20357298_KG



2⁹⁹

CHICKEN LEGS
BACK ATTACHED,
FAMILY SIZE
6.59/KG
20153925_KG

PREPARED IN-STORE



6⁹⁹

MARINATED PORK BACK RIBS
15.41/KG
21418296_KG



\$7

BEEF STIR FRY STRIPS
250 G
21588067_EA



2/\$13

JOHNSONVILLE PORK SAUSAGE
SELECTED VARIETIES
250-500 G
200003902_EA/20303844_EA

air chilled



\$13

CANADA PC[®] BLUE MENU[™] CHICKEN BREAST
BONELESS SKINLESS
AIR CHILLED
3'S
21340952_EA



\$14

SUFRA[®] HALAL WHOLE CHICKEN
TRAY PACK
1.7 KG
21542436_EA



13⁹⁹

PC[®] OLD-FASHIONED STYLE BACON
1 KG
20115704_EA/
21372769_EA



10⁹⁹

ST-HUBERT OR SWISS CHALET PIES
SELECTED VARIETIES,
FROZEN
650-800 G
20719334_EA/
21047194_EA



2/\$30

PC[®] BURGERS
SELECTED VARIETIES,
FROZEN
568 G-
1.36 KG
20941230_EA/
20941443_EA

Seafood

Fresh seafood items subject to availability.



17⁹⁹

FRESH PICKEREL FILLETS
39.66/KG
20753618_KG



13⁴⁹

TUNA STEAKS
FROZEN OR PREVIOUSLY FROZEN
29.74/KG
20753134_KG



13⁹⁹

PC[®] BLUE MENU[™] WILD ARGENTINIAN SCALLOPS
80-150 PER LB OR
PC[®] BLACK TIGER SHRIMP RAW ZIPPERBACK[®]
16-20 PER LB
400 G FROZEN
20076343_EA/
20801192_EA



10⁹⁹

PC[®] SMOKED SALMON
SELECTED VARIETIES,
FROZEN
150 G
20108286_EA/
21404587_EA

Bakery

2,000⁺
when you buy 2

\$2 Value



BAKED IN-STORE

TEXAS HAMBURGER OR HOT DOG BUNS
WHITE OR SESAME
8'S
20711614_EA/20711617_EA

3⁵⁰



BAKED IN-STORE

SOURDOUGH OR PUMPERNICKEL BOULE
SELECTED VARIETIES
675 G
20132458_EA/20653517_EA

\$4



FARMER'S MARKET[™]
COOKIES
SELECTED VARIETIES
12'S
20566774_EA

5⁹⁹



BAKED IN-STORE

MINI BRAIDED STRUDELS OR MAPLE PECAN DANISH
SELECTED VARIETIES
4'S
21464199_EA

4⁴⁹



PC[®] CREAM PIE
SELECTED VARIETIES,
FROZEN
730 G
21574358_EA/21586363_EA

10⁹⁹



WONDER OR D'ITALIANO BREAD
SELECTED SIZES AND VARIETIES
20276296_EA/20038335_EA

2/\$7
LESS THAN 2
\$3.99 EA.



FURLANI GARLIC TOAST OR KING'S HAWAIIAN ROLLS
SELECTED SIZES AND VARIETIES
325-638 G
20041579_EA/21489831_EA

\$4



PC[®] NAAN ROUNDS ORIGINAL OR STONEFIRE CARAMELIZED ONION
SELECTED VARIETIES
20757871_EA/21594557_EA

BUY 2 OR MORE
\$4 EA.
LESS THAN 2 \$4.49 EA.

Great to go

Great to go items plus applicable taxes.

BUY ANY

LARGE IN-STORE PREPARED PASTA TRAY 1-1.2 kg 21395979_EA

\$12-15

GET

FOIL GARLIC BREAD 21395980_EA

\$2

GARLIC LOAF PAIN À L'AIL

BUY ANY

RAW SALMON OR CHICKEN ENTRÉES 472-637 g 21533955_EA

\$12-20

GET 50% OFF

A RAW SIDE 545-865 G 21533960_EA

PREPARED IN-STORE

PACKAGED SALADS SELECTED VARIETIES 600/750 G 21538796_EA/21595417_EA

\$10

30 PIECE WINGS AND WEDGES BUCKET 1.2-2 KG 21541872_EA

\$25

The Deli

BOURSIN SOFT CHEESE 150 G OR CUISINE 220 G SELECTED VARIETIES 20116794_EA

5⁹⁹

PC[®] BRIE SELECTED VARIETIES 165-200 G 20787327_EA

6⁹⁹

TRE STELLE FETA DIP SELECTED VARIETIES 175 G 21597150_EA/21597274_EA

4⁹⁹

GOLD LABEL PEPPERONI STICKS SELECTED VARIETIES 250/300 G 21527809_EA

\$7

PC[®] NATURAL CHOICE STRIPS SELECTED VARIETIES 300/375 G 20786418_EA

\$12

STONE FIRE NAAN CRISPS SELECTED VARIETIES 170 G 21565690_EA/21565701_EA

\$4

Floral

FARM TO TABLE BOUQUET SELECTED VARIETIES 21545796_EA

\$10

SUCCULENT IN CLAY SELECTED VARIETIES 21562595_EA

\$16

TROPICAL HANGING BASKET SELECTED VARIETIES 8 INCH 21351505_EA

\$26

DOZEN ECUADORIAN ROSES ASSORTED COLOURS 20581781_EA

\$25

JULY Prices effective
Monday July 1st, 2024

**HIT
OF THE
MONTH**

LIMIT 6
AFTER LIMIT
2.49 EA.



\$1⁸⁸

CHRISTIE WHEAT THINS,
VEGETABLE THINS OR
TRISCUIT CRACKERS
SELECTED VARIETIES
175-200 G
20570091001_EA/21030647_EA

LIMIT 6
AFTER LIMIT
2.50 EA.



\$2

HOSTESS TWINKIES
OR CUPCAKES
SELECTED VARIETIES
6'S
21283752_EA/21283746_EA



Optimum
Members-Only Price[™]
\$3
Non-members
3⁵⁰

MAYNARDS CANDY
SELECTED VARIETIES
308-315 G
21545809_EA/21545817_EA

LIMIT 6
AFTER LIMIT
4.99 EA.



\$4⁵⁰

SOFTSOAP LIQUID
HAND SOAP REFILL
SELECTED VARIETIES
1.47 L
21166983_EA/21167194_EA

LOWEST PRICES BEST DEALS

As compared to other major grocery retailers within your local areas. [™] Must be a registered PC Optimum[™] member to get this offer.
Valid from July 1 - 31, 2024. While quantities last. See in-store for details.

From Your Farmers



Tigchelaar Berry Farms

Since 1965 the Tigchelaar family has been growing fresh strawberries. From their beginnings in the Binbrook area in the late 1960's, brothers Dan and Jeff have expanded this family farm in beautiful Niagara, operating what now spans over 200 acres, offering fresh strawberries from May until October. One of the first farms to offer "pick your own" strawberries in the area, more and more acreage was planted in strawberries. Their delicate plump and juicy strawberries make delicious pies and jams, add to a salad or sundae, but what could be sweeter than just popping one in your mouth!



Windmill Farms

With locations in both Ashburn, Ont., and Port Perry Ont., Windmill Farms is one of the largest mushroom-producing facilities in Canada. It was founded in the 1960s as Greenwood Farms and started off with six small growing rooms that produced 50,000 pounds of mushrooms a year. Today they are a 415-employee operation that produces fresh mushrooms 365 days a year. This family-run farm grows white, cremini and Portobello mushrooms.

LOCAL ONTARIO
STRAWBERRIES
PRODUCT OF ONTARIO
QUART
20503017001_EA

4⁹⁹



CANADA
LARGE BROCCOLI
PRODUCT OF CANADA
EACH
20145621001_EA

3⁷⁹



CANADA
PC[®] ORGANICS
WHOLE CREMINI OR
WHITE MUSHROOMS
PRODUCT OF CANADA,
NO. 1 GRADE
227 G
21021565_EA/21021499_EA

2/\$6
LESS THAN 2
\$3.49 EA.



CANADA
TOMATO CHERRY
SAVORRIES
PRODUCT OF CANADA
340 G
21592940001_EA

3⁹⁹



Mangoes from around the world

Baby mango is a smaller variety of mango from Colombia, which once ripe, are delightfully sweet. Unlike other mangoes the skin of the sugar mango is often eaten as it is thin and is slightly bitter, helping to balance out the sweet flesh. Sugar mangoes have little to no fiber. Perfect as a snack.



1⁴⁹

BABY MANGO
PRODUCT OF COLOMBIA
EACH
21406496001_EA

Crimson peach mango is also known as a Manzanillo mango, this fibreless mango is tree ripened, resulting in a much sweeter and deeper burst of flavour, and arrives ripe and ready to eat! The vibrant crimson skin hides a juicy flesh that has a mix of tropical and peach flavours.



2⁹⁹

CRIMSON PEACH MANGO
PRODUCT OF MEXICO
EACH
21549756001_EA

When ripe, this mango is sweet and sour with tropical notes. These are picked unripe and start off green, you'll know they're ripe and ready to eat when the skin turn to a deep yellow with slight wrinkling. Perfect addition to a salad or a morning smoothie!



1⁴⁹

ATAULFO MANGO
PRODUCT OF MEXICO
EACH
20121509001_EA

Tommy Atkins offer that classic mango taste. The flavour is tart with a sweet aftertaste. Flesh is firm which results in a fibrous stringy fruit.



1⁴⁹

TOMMY ATKINS MANGO
PRODUCT OF MEXICO
EACH
20059635001_EA



Thai Mango Salad

This Thai take-out favourite is easily made at home. Don't worry about how ripe the mangoes are, it is equally delicious made with green (unripe) mangoes; in fact it is easier to cut an under ripe mango although it is more tart.

click here
for recipe



Long weekend treats



PC® WAFFLE BOWLS OR CONES
SELECTED VARIETIES
135-205 G
21203795_EA/21203798_EA

4⁴⁹
\$4

PC® ICE CREAM SHOP ICE CREAM
SELECTED VARIETIES FROZEN
946 ML
21575127_EA/21575303_EA



PC® BLACK LABEL ICE CREAM
SELECTED VARIETIES FROZEN
500 ML
20604543003_EA/20604543004_EA

\$4



PC® COOKIE DOUGH BITES
SELECTED VARIETIES FROZEN
6'S
21506998_EA/21507016_EA

\$5



HERSHEY'S TWIZZLERS LICORICE
SELECTED VARIETIES
311-454 G
20022328004_EA/21570510_EA

2/\$5
LESS THAN 2
\$2.99 EA.



KAWARTHA ICE CREAM
SELECTED VARIETIES
FROZEN
1.5 L
21591604_EA

7⁹⁹



FERRERO ROCHER TABLETS
SELECTED VARIETIES
90G
21428863_EA
21428871_EA

2/\$6⁵⁰
LESS THAN 2
\$3.99 EA.



DORITOS FLAVOURED TORTILLA CHIPS OR TOSTITOS TORTILLA CHIPS
SELECTED VARIETIES
155-300 G
21050575_EA/21369118_EA

2/\$8
LESS THAN 2
\$4.49 EA.



TOSTITOS SALSA OR DIPS
SELECTED VARIETIES
394-418 ML
20673717_EA/20674094_EA

2/\$9
LESS THAN 2
\$5.49 EA.



MINI CUPCAKES 12'S,
MINI DONUTS 6'S OR
KIMBERLEY'S FROSTED
COOKIES 383 G
21296132_EA/21184368_EA

5⁹⁹



LINDT EXCELLENCE AND GHIRARDELLI BARS
SELECTED VARIETIES
50-100G
20312527005_EA
20312527009_EA

3/\$10⁹⁸
LESS THAN 3
\$4.29 EA.



PC® CONCERTO™ COOKIES
SELECTED VARIETIES
240 G
20971821_EA/20973036_EA

2/\$6
LESS THAN 2
\$3.49 EA.



NO NAME® MARSHMALLOW
SELECTED VARIETIES
400 G
20304672001_EA/21023141_EA

2/\$7
LESS THAN 2
\$3.99 EA.



PC® LEMONADE
SELECTED VARIETIES
1.89 L
20773870801_EA
21425929_EA

2/\$5⁵⁰
LESS THAN 2
\$3.49 EA.



OCEAN SPRAY CRANBERRY COCKTAIL
SELECTED VARIETIES
1.77/1.89 L
20300006004_EA/20982463_EA

3⁹⁹



PC® CRAFT BREWED 0.5% LOW-ALCOHOL BEER
SELECTED VARIETIES
4X355 ML
21589335_C04/21589408_C04

\$6

Quick and easy

500⁺

3⁷⁹

BLUE DRAGON PASTES
270 ML OR NOODLES
300 G
SELECTED VARIETIES
20712986_EA/21434982_EA

Blue Dragon Red Curry Paste is a delicious blend of Thai flavors including red chiles, kaffir lime leaves and lemongrass. To make a Thai Red Curry, simply add 4 TBS of paste for every can of Blue Dragon Coconut Milk, 2 thinly sliced chicken breasts and a cup of your favorite veggies. Medium spiced. No artificial colors or flavors. NON GMO certified. Serve with jasmine rice. Each jar serves about 8-9 people.

MINUTE RICE OR TILDA
READY TO SERVE
SELECTED VARIETIES
250 G
20110052001_EA/21009160_EA

2/\$5

LESS THAN 2
\$5.99 EA.

500⁺

3⁹⁹

THE SPICE TAILOR
SELECTED VARIETIES
215-375 ML
21157506_EA

500⁺

2⁹⁹

BLUE DRAGON COCONUT MILK
SELECTED VARIETIES
400 ML
20188944_EA/20852681_EA

RIO MARE TUNA SALAD
SELECTED VARIETIES
160 G
20971498_EA
20971501_EA

3/12⁹⁹

LESS THAN 3
\$4.99 EA.

BARILLA PASTA
340/410 G OR
CATELLI SMART,
HEALTHY HARVEST
OR ANCIENT
GRAINS PASTA
340-375 G
SELECTED
VARIETIES
20527264_EA/21515800_EA

2/\$5

LESS THAN 2
\$2.99 EA.

CAMPBELL'S CHUNKY SOUP
SELECTED VARIETIES
515 ML
21480447_EA/21480532_EA

3⁴⁹

CAMPBELL'S CONDENSED COOKING OR EATING SOUPS
SELECTED VARIETIES
284 ML
20297240001_EA/20984016_EA

1⁹⁹

Entertain without a hassle this long weekend

Order within 24hrs through the Deli department or PC Express

5,000⁺ **\$5 Value**

PARTY PLATTER
SELECTED VARIETIES
696 G-1.8 KG
21217521_EA/21217522_EA

\$25

PREPARED IN-STORE

5,000⁺ **\$5 Value**

LARGE VEGETABLE OR FRUIT PLATTER
1.58-2.2 KG
20081718_EA
20121599_EA

\$24-25

PREPARED IN-STORE

2,000⁺ **\$2 Value**
when you buy 2

PREMIUM SALADS
SELECTED VARIETIES
425-454 G
21544611_EA/21544608_EA

\$5

PREPARED IN-STORE

PRE-PACK SAUCED WINGS WITH CELERY AND CARROTS CHILLED
728 G AND
12" GRAB AND GO PIZZA
SELECTED VARIETIES
510-739 G
21532565_EA/21456401_EA

\$20

PREPARED IN-STORE

5,000⁺ **\$5 Value**

PINWHEELS, WRAP STARS OR GAME NIGHT PLATTER
1.1-1.7 KG
21558135_EA/21557919_EA

\$25

PREPARED IN-STORE

GOURMET PLATTERS
SELECTED VARIETIES AND SIZES
21558136_EA
21558213_EA

\$55-65

PREPARED IN-STORE

Clean it like you mean it

GAIN LAUNDRY DETERGENT 4.55 L/42'S, **GAIN/DOWNY FABRIC SOFTENER** 2.4-3.29 L, **BEADS** 515 G, **DOWNY/TIDE RINSE** 48 OZ, **BOUNCE SHEETS** 240'S
SELECTED VARIETIES
21405174_EA/21549954_EA

15⁹⁹

LYSOL LAUNDRY DISINFECTANT 1.2 L, OR **RESOLVE IN WASH POWDER OR SPRAYS** 625 G/650 ML
SELECTED VARIETIES
21487308_EA/21218190_EA

7⁹⁹

PINE-SOL CLEANER 1.41 L OR **CLOROX BLEACH** 2.4 L
SELECTED VARIETIES
20298679001_EA/21283179_EA

4⁹⁹

LYSOL DISINFECTING SPRAY 425/539 G OR **TOILET BOWL CLEANER** 2X710 ML
SELECTED VARIETIES
21005476_EA/21238361_EA

6⁹⁹

FINISH QUANTUM ULTRAMAX 60'S OR **QUANTUM ULTIMATE 72'S**
SELECTED VARIETIES
21218875_EA/21561337_EA

25⁹⁹

TRU EARTH LAUNDRY OR FABRIC SOFTENER STRIPS
SELECTED VARIETIES
32'S
21425514_EA/21555718_EA

13⁹⁹

DAWN DISH DETERGENT 2.21/2.64 L OR **CASCADE AUTO DISH** 21/26'S
SELECTED VARIETIES
21430598_EA/21516286_EA

11⁴⁹

NO NAME® CLEANER 650-765 ML, **NO NAME® TOILET BOWL CLEANER** 2X48 G OR **NO NAME® CLEANER** 400 G
SELECTED VARIETIES
20085278_EA/21375911_EA

1⁴⁹-2⁹⁹

NO NAME® FOIL 25', SANDWICH BAGS 100'S OR **PLASTIC WRAP** 30 M.
20180393_EA/20058286_EA

1⁹⁹

SWIFFER DUSTER, WET/DRY CLOTH MOP & REFILLS
SELECTED VARIETIES
16-48'S
20900161_EA/21361856_EA

18⁹⁹

VILED A OSKAR BROOM OR MOP SYSTEM
SELECTED VARIETIES
EACH
20001949_EA/20057952_EA

11⁹⁹

AIR WICK TWIN REFILLS 2X20 ML OR **ESSENTIAL MIST KITS**
SELECTED VARIETIES
2032431001_EA/21495649_EA

11⁹⁹

GLAD KITCHEN CATCHERS
SELECTED VARIETIES
30-52'S
20297334001_EA/21359461_EA

8⁹⁹

NO NAME DISINFECTING WIPES
SELECTED VARIETIES
75'S
21386771_EA/21386780_EA

2/\$7 LESS THAN 2 \$5.49 EA.

FANTASTIK 650 ML, **SCRUBBING BUBBLES** 946-950 ML, **WINDEX** 765 ML, **GLADE SMALL CANDLES** EA OR **GLADE WAX MELTS** 6'S
SELECTED VARIETIES
20125323001_EA/20323855001_EA

4²⁹

CLOROX CLEANERS
SELECTED VARIETIES
700 ML
20646183_EA/20647519_EA

4⁵⁰

VIM CLEANERS 500 ML-1 L OR **ALLENS VINEGAR CLEANERS** 950 ML
SELECTED VARIETIES
21074891/21027302

4⁴⁹

FEBREZE AIR 250 G, **CAR SPACES** 7.5 ML, **MR. CLEAN ALL PURPOSE CLEANER** 1.3 L, **MAGIC ERASER** 2-3'S, **ERASER SHEETS** 8'S, **CLEAN FREAK REFILL** 473 ML
SELECTED VARIETIES
21005017_EA/21166047_EA

4⁴⁹

Grocery



Members save \$2.50
 Optimum Members-Only Price
8.99
 Non-members **11.49**

WHISKAS CAT FOOD
 SELECTED VARIETIES
 1.5/2 KG
 2158889_EA



2/5.50
 LESS THAN 2 \$3.29 EA.

QUAKER DIPPES OR CHEWY GRANOLA BARS
 SELECTED VARIETIES
 120-156 G
 20847582_EA/21359366_EA



2/\$6
 LESS THAN 2 \$3.99 EA.

FRUITÉ DRINKS
 SELECTED VARIETIES
 1.54 L
 21595744_EA/21595841_EA



8.99

KELLOGG'S JUMBO CEREAL
 SELECTED VARIETIES
 825 G-1.3 KG
 20072706_EA/20815737_EA



4.99

HELUVA GOOD! FRENCH ONION DIP
 SELECTED VARIETIES
 680 G
 2031278801_EA



3.99

KOZY SHACK RICE PUDDING
 SELECTED VARIETIES
 624 G/4X113 G
 20321764003_EA/20323829001_EA



4/\$5
 LESS THAN 4 \$1.49 EA.

NELSON MILKSHAKES
 SELECTED VARIETIES
 310 ML
 21040932_EA/21040942_EA



5.99

BLACK DIAMOND CHEESTRINGS
 SELECTED VARIETIES
 12/16'S
 20763661_EA/21041750_EA



6.99

BECEL MARGARINE
 637/850 G OR PC* BUTTER
 FRESH QUARTERS 454 G
 SELECTED VARIETIES
 20297818003_EA/20131456001_EA



2/\$7
 LESS THAN 2 \$4.49 EA.

DARE BEAR PAWS COOKIE OR CRUNCHY
 SELECTED VARIETIES
 150-240 G
 20642323092_EA/21080779_EA



2/\$8
 LESS THAN 2 \$4.49 EA.

CHRISTIE COOKIES
 170-303 G OR PC* THE DECADENT*
 CHOCOLATE CHIP COOKIES 280/300 G
 20612257_EA/21358407_EA



2/7.50
 LESS THAN 2 \$4.29 EA.

CHRISTIE RITZ WHEAT THINS OR TRISCUIT CRACKERS
 SELECTED VARIETIES
 175-454 G
 21030905_EA/21547034_EA



2/\$8
 LESS THAN 2 \$4.49 EA.

LECLERC CÉLÉBRATION COOKIES
 SELECTED VARIETIES
 240 G
 20965242_EA/20965368_EA



6.99

TAZO CONCENTRATE
 946 ML, ZAVIDA NESPRESSO COMPATIBLE CAPSULES 10'S OR TETLEY TEA 40/48'S
 SELECTED VARIETIES
 20719978001_EA/21295930_EA



18.99

LAVAZZA WHOLE BEAN COFFEE 1 KG OR KCUP 30'S
 SELECTED VARIETIES
 21556082_EA/21589798_EA



1.50

CLEARLY CANADIAN SPARKLING WATER
 SELECTED VARIETIES
 325 ML
 21387870_EA/21387926_EA



2.99

CLIF NUT BUTTER OR BUILDER BARS
 50/68 G
 20419958001_EA/21511083_EA



8.99

GLAD COMPOSTABLE DRAWSTRING BAGS
 SELECTED VARIETIES
 30'S
 21478747_EA



3.99

PC* PLANET FIRST CLEANERS
 SELECTED VARIETIES
 700 ML
 21543302_EA/21544963_EA



10.99

DOWNY/GAIN FABRIC SOFTENER
 2.63 L, BOUNCE BEADS 379 G, OR DOWNY/GAIN SHEETS 120-200'S,
 FLEECY FABRIC SOFTENER 3.5 L OR SHEETS 200'S
 SELECTED VARIETIES
 21311739_EA/21549966_EA



32.99

IAMS DOG FOOD
 SELECTED VARIETIES
 6.12-6.8 KG
 20646724002_EA

For your family



AVEENO OR HEAD AND SHOULDERS HAIR CARE SELECTED VARIETIES 354/613 ML 21165324_EA/21505226_EA

9⁹⁹



DEGREE DRY SPRAY 107 G OR DEGREE PREMIUM ANTIPERSPIRANT 74 G SELECTED VARIETIES 21078327_EA/21196402_EA

4⁹⁹



COLGATE TOTAL TOOTHPASTE 3-PACK, 2-PACK MANUAL TOOTHBRUSH, BATTERY TOOTHBRUSH, COLGATE TOTAL OR PRO RELIEF MOUTHWASH SELECTED VARIETIES AND SIZES 2012476002_EA/21166709_EA

7⁴⁹



EXCELLENCE, PREFERENCE, ROOT COVER UP, NATURAL INSTINCTS OR OLIA HAIR CARE SELECTED VARIETIES AND SIZES 20306667004_EA/20308415002_EA 20312912004_EA/20318838_EA

11⁹⁹

L'ORÉAL PARIS, GARNIER, CERAVE OR OMBRELE SKIN CARE PRODUCTS SELECTED VARIETIES AND SIZES 21221338_EA



SALE
SAVE UP TO

20%



ALWAYS ULTRA THIN PADS SIZE 4 50'S, TAMPAX PEARL REGULAR TAMPONS 50'S OR U BY KOTEX BALANCE ULTRA THIN PADS + WINGS 38'S SELECTED VARIETIES 21374646_EA 21518478_EA

2/\$25
LESS THAN 2 \$13.99 EA.



LISTERINE CLASSIC 1 L OR KIDS 500 ML MOUTHWASH SELECTED VARIETIES 20348438001_EA/21091207_EA

5⁹⁹



OLAY OR OLD SPICE BAR SOAP 4X90 G/8X90 G/8X141 G OR BODY WASH 364-887 ML SELECTED VARIETIES 21000948_EA/21238593_EA

SALE
SAVE UP TO

15%



PAMPERS SUPER BIG PACK DIAPERS SELECTED VARIETIES 36-108'S 21370875_EA/21455660_EA

\$27



ALWAYS DISCREET 10-54'S OR TENA 12-48'S INCONTINENCE UNDERWEAR OR PADS SELECTED VARIETIES AND SIZES 20814896_EA 21033778_EA

16⁹⁹



REACTINE, BENADRYL, AERIUS OR CLARITIN ALLERGY RELIEF TABLETS, CAPLETS, CAPSULES OR GELS SELECTED VARIETIES 20058819003_EA 20074812_EA

21⁹⁹



1,500⁰⁰ when you buy 2
\$150 Value

LIVE CLEAN BODY WASH OR HAND SOAP SELECTED VARIETIES 400/500 ML 20862253_EA/20975549003_EA

6⁴⁹



DIAL FOAMING LIQUID HAND SOAP 221 ML OR BODY WASH 473 ML SELECTED VARIETIES 20704566_EA/21311819_EA

3⁹⁹



IRISH SPRING OR SOFTSOAP BODY WASH 591 ML OR BAR SOAP 6X104 G SELECTED VARIETIES 21219375_EA/21436417_EA

4⁹⁹



METAMUCIL DIGESTIVE HEALTH POWDERS SELECTED VARIETIES AND SIZES 20039371_EA/20306533004_EA

\$5 Value

5,000⁰⁰



LIFE BRAND[®] ALLERGY OR PAIN RELIEF TABLETS, CAPLETS, GELS, LIQUIDS, PATCHES OR RUBS SELECTED VARIETIES AND SIZES 21134305_EA/21278860_EA

SALE
SAVE UP TO

20%



WEBBER NATURALS VITAMINS OR SUPPLEMENTS SELECTED VARIETIES AND SIZES 20783422_EA 20860422_EA

\$2 Value

2,000⁰⁰ when you buy 2



CENTRUM MULTIVITAMINS, EMERGEN-C OR CALTRATE SUPPLEMENTS SELECTED VARIETIES AND SIZES 20997357_EA/21283427_EA

SALE
SAVE UP TO

20%



CREST 3D WHITE OR PRO-HEALTH TOOTHPASTE, SCOPE PRO HEALTH OR KIDS RINSE 500 ML, ORAL-B MANUAL TOOTHBRUSH OR FLOSS SELECTED VARIETIES 21092358_EA/21506728_EA

4⁹⁹



COLGATE MEGA PREMIUM TOOTHPASTE 70-133 ML, BATTERY TOOTHBRUSHES, MANUAL TOOTHBRUSHES, HELLO TOOTHPASTE 82-98 ML OR MOUTHWASH 473 ML OR COLGATE PERIOGARD TOOTHPASTE SELECTED VARIETIES 21220587_EA/21517424_EA

5⁹⁹



U BY KOTEX LINERS, PADS OR TAMPONS SELECTED VARIETIES 30-150'S 20671294_EA 21291969_EA

11⁹⁹

5 Days Only!

25%
off

Adults' Styles*

June 27 - July 1 | Regular Price Only | Select Stores + Online

Excludes jewellery and sunglasses.



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6,000
for every \$18
spent on

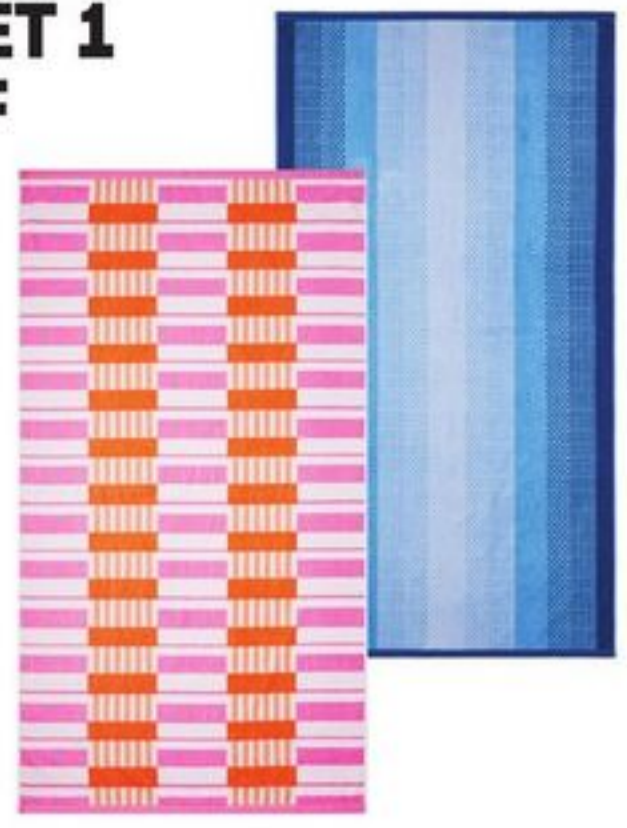
\$6
Value



OFF! OR RAID
INSECT REPELLENT
SELECTED VARIETIES
20001279002_EA/20158572_EA

**BUY 1 GET 1
50% OFF**

LIFE AT HOME™
BEACH TOWELS
SELECTED VARIETIES
SECOND ITEM MUST BE OF
EQUAL OR LESSER VALUE
\$20
21545617_EA/21545943_EA



EVERYDAY ESSENTIALS™
CAMP CHAIRS
21456726_EA/21456923_EA

SALE
SAVE UP TO

20%



PC® HARD COOLER
26 L
21457443_EA

SALE
SAVE \$14

\$35



BRITA PITCHERS, FILTERS OR
WATER BOTTLES
SELECTED VARIETIES
20763399_EA/20875106_EA



SALE
SAVE

20%



PC® MUGS OR TUMBLERS
SELECTED VARIETIES
21217492_EA/21352850_EA

SALE
SAVE UP TO

20%



LIFE AT HOME™
PINEAPPLE TUMBLER
SELECTED VARIETIES
21466980_EA/21466981_EA

SALE
SAVE \$1.50

3.50



PC® ICE POP MOULD
6 PACK
21316064_EA/21316066_EA

\$5



PC® INFUSION PITCHER
21056529_EA

SALE
SAVE \$6

\$12



NOW
14.25
Reg. \$19
Rib Tank

25% off

Women's Tees,
Tanks & Shorts*

June 27 - July 3
Regular Price Only
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NOW
21.75
Reg. \$29
Denim Short

TOP OFF YOUR SUMMER

3.99
D'ITALIANO GUSTO BUNS
SELECTED VARIETIES
8's
21595103_EA/21596581_EA

D'ITALIANO GUSTO!
ORIGINAL

D'ITALIANO GUSTO!
SESAME · SÉSAME

NEW

HAPPY Canada DAY

\$6.99
SAPUTO DOWE-MI ASSORTED VARIETIES 360 g
2093084_EA

\$5.49
SAPUTO FETA ASSORTED VARIETIES 170-200 g
20573975_EA

\$5.99
SAPUTO BOCCONCINI ASSORTED VARIETIES 200 g
2095024_EA

\$6.99
SAPUTO SHREDS ASSORTED VARIETIES 340 g
2080203_EA

\$4.99
ALEXIS DE PORTNEUF BRIE & CAMEMBERT 125 g
2039505_EA

Saputo
SAPUTO CHEESE, IT CHANGES EVERYTHING.

Sabra Long Weekend SNACKS

4.49 EA
Sabra Hummus Selected Varieties 283 g
20035207_EA

4.49 EA
Sabra singles classic hummus 8's
20915728_EA

\$7 EA
Sabra Hummus Selected Varieties 482 g
20807130_EA

10.99 EA
Sabra classic hummus 850 g
21332931_EA

MARC ANGELO Grilling Made Easy

\$13.99 - \$15.99
SOUVLAKI CHICKEN BREAST OR PORK SIRLOIN KABOBS VALUE PACK • 480-640 g
21041735_EA/21098855_EA

\$14.99
MILD, HOT OR HONEY GARLIC PORK SAUSAGES • VALUE PACK 1 kg
20867488_EA

\$10.99
MIDDLE EASTERN LAMB SKEWERS 240 g
21535676_EA

\$15.99
BACON WRAPPED BEEF MEDALLIONS • 340 g
21005464_EA

\$13.99
FROZEN SOUVLAKI CHICKEN BREAST OR PORK SIRLOIN KABOBS • 600-900 g
20137238_EA

\$13.99
FROZEN BREAKFAST PATTIES • 1.2 kg
20799699_EA

Canada Day Treats

4.99
Chapman's Lolly Novelties selected varieties frozen 18-28's
20348169_EA

5.99
Chapman's Super Novelties selected varieties frozen 6-20's
20111532_EA

4.99
Popsicle Novelties selected varieties frozen 8-12's
20763159_EA / 20684180_EA

\$10
no name® Club Size® Ice Cream Sandwiches or Bars selected varieties frozen 24-30's
21013452_EA

4.99
Halo Top Frozen Dessert selected varieties frozen 473 mL
21087005_EA / 21087002_EA

Optimum™

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Open the app and get your offers.

*Based on our most recent annual data as of December 31, 2022, PC Optimum™ members who load and shop their offers via the PC Optimum™ app or online account primarily (APP users) have more opportunities to optimize on personalized points offers and reaching the "free" (minimum redemption threshold) 3x faster on average than PC Optimum™ members who are not digitally engaged.

10,501 points, redeem for \$10

Your weekly offers

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- 200 points The Decadent Chocolate Chip Cookie
- 100 points For every \$1 spent on fresh beef

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Canada Day Flash Sale!

Get 35GB for \$29/month for 12 months when you register for Automatic Top-up*

Offer ends July 3

20,000 **\$20**
after 2 months of service Value



*Conditions apply. Visit pobile.ca for full details. Subject to change.

100% CANADIAN. 100% FUN.

\$10⁴⁹
Black Diamond Cheestrings 588 g
2026881_EA

LESS THAN 2 \$4.99 EA. **2/\$8**
Black Diamond Combo 3 x 43 g
2120887_EA

LESS THAN 2 \$5.99 EA. **2/\$10**
Black Diamond Natural Cheese Slices 220-240 g
2037880_EA

\$5⁴⁹
Black Diamond Cheese sauce, 300 mL
Cheese Sticks 189-252 g
2098674_EA

\$6⁹⁹
Lactantia Butter Sticks 454 g
2037880_EA

\$6⁹⁹
Kraft Parmesan shredded cheese, 200 g
2162952_EA

\$13.99
each

PUREX 4.08-4.43 L, PERSIL 2.21 L OR SUNLIGHT 4 L LAUNDRY DETERGENT
SELECTED VARIETIES
21427042_EA/20083525002_EA

A BOOST OF FRESHNESS

*#1 claim based on Nielsen 3 Channel Market Share period ending June 3, 2023
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COMBINE FORCES AGAINST YOUR NICOTINE CRAVINGS.

COMBINATION THERAPY

2/71⁹⁸
LESS THAN 2 \$42.99 EA.

NICORETTE GUM, LOZENGES, QUICKMIST OR INHALER
selected varieties and sizes
20309979002_EA

CARE CLUB
Join Care Club Canada Today and **Receive \$5 Off!**

Stop Smoking Aid for adults 18 years+. To make sure a NICORETTE® or NICODERM® product is right for you, always read and follow the label, terms and conditions apply. Scan QR code or visit URL for details.
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Dempster's White or Whole Wheat 21591967_EA/21592061_EA

Dempster's Hot Dog or Hamburger buns 21418959_EA/21418962_EA

Little Bites selected varieties 21556271_EA

Vachon products selected varieties 20006728_EA

BUY 2 OR MORE AT \$3⁵⁰ EA.
LESS THAN 2 \$3.99 EA.

1,000 **\$1**
when you buy 3 Value

FREE ILLUMINATION PRESENTS **MINIONS** CINEPLEX MOVIE OFFER
WITH RECEIPT UPLOAD AT MINIONSPRESENTS.CA OFFER ENDS AUGUST 8, 2024

BUY ANY 2 PARTICIPATING BREAD PRODUCTS, PLUS 1 PARTICIPATING SNACKS PRODUCT

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Same Clamato, hold the calories.
30% LESS CALORIES. 44% LESS SODIUM.

CLAMATO

INTRODUCING NEW

Mott's® Clamato® Original Light and selected varieties 1.89 L
21879330_EA/20318885002_EA

\$3⁹⁹

*Compared to 250 mL serving of Mott's® Clamato® The Original. Trademark used under license by Canada Dry Mott's Inc. Please enjoy responsibly.

ATYPIQUE
• MOCKTAILS •
ENJOY THE MOST COCKTAIL MOCKTAIL

ATYPIQUE
NON-ALCOHOLIC • SANS ALCOOL
AMARETTO SOUR
60
4 CANS / CANETS

Atypique® Amaretto Sour, Gin & Tonic, Spiced Rum & Cola, Spritz non-alcoholic beverage selected varieties 4 x 355 mL
21517134_C04/21515994_C04

\$7⁴⁹ **1,500** **\$1⁵⁰**
Value

Trademark used under license by Canada Dry Mott's Inc. "Sparkling Beverage." "Atypique" is the #1 mocktail brand & has more mocktail offerings than any other brand but is sold across Canada - L32N Nelson 11/04/23.

financial

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\$6.49

PEPSI® SOFT DRINK
(12 X 355 mL,
SELECTED VARIETIES
20322361001_C12)



LESS THAN 2 \$4.99 EA.

2/\$8

PEPSI® MINI CANS
(6 X 222 mL
SELECTED VARIETIES
20857560004_C06/
21189960_C06)

less than 2 \$7.99 ea.

2/\$13

Lipton® Iced Tea
selected varieties
12 x 340 mL
21296745_C12



less than 3 \$1.79 ea.

3/3⁹⁹

Brisk® Iced Tea
selected varieties
710 mL can
21586813_EA



less than 3 \$1.69 ea.

3/3⁹⁹

MONTELLIER® carbonated natural
spring water
selected varieties
1 L
21523786_EA





less than 2 \$6.99 ea.

2/\$12

MONTELLIER® carbonated
natural spring water
selected varieties 10 x 355 mL
21096709_C10



less than 2 \$6.99 ea.

2/\$12

bubly™ sparkling water beverage
selected varieties
12 x 355 mL
21427028_C12

less than 2 \$3.79 ea.

2/\$6

CELSIUS® Energy Drink
selected varieties
355 mL can
21576466_EA/21576458_EA



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You could **INSTANTLY WIN**

1 OF 3 \$10,000

#OnlyInCanada

Vacations

Plus \$500,000 in Secondary Prizes



19⁹⁹

SpongeTowels® Ultra or UltraPRO
12 Giant Rolls = 18 Rolls
Selected Varieties
21189851_EA/21371077_EA



19⁹⁹

Scotties® Original or Supreme
Multipack of 18
Selected Varieties
20311508_EA/21561285_EA



19⁹⁹

Cashmere® Regular or Ultra
24 Triple Rolls = 72 Rolls
Selected Varieties
21189845_EA/21443648_EA

Promotion runs May 20 to August 4th, 2024.

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WORLDWIDE PARTNER



DRINK IN EVERY WIN





\$6.49*

COCA-COLA® OR CANADA
DRY SOFT DRINKS
selected varieties
12x355 mL
20318694002_C12

LESS THAN 2 \$2.49 EA.

2/\$4*

POWERADE® beverages
selected varieties
710 mL
20853723_EA

LESS THAN 2 \$4.99 EA.

2/\$9*

COCA-COLA® beverages
selected varieties
6x222 mL
20354288001_C06

LESS THAN 2 \$3.49 EA.

2/\$6*

GLACEAU SMARTWATER®
beverages
selected varieties
1 L
20154181_EA

LESS THAN 2 \$3.29 EA.

2/\$5.50*

GLACEAU VITAMINWATER®
beverages
selected varieties
591 mL
20333194006_EA

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations from June 27th to July 3rd, 2024. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer may sell for less. All products must be purchased at the same time, single units at regular price. The trademarks that appear are the property of their respective trademark owners.

Buy 2 Family Size General Mills™ cereals *get a*

FREE

Nesquik™ Loaded or Cheerios™ Blends cereal



\$5.99 General Mills™ Family Cereal 475-778 g selected varieties

21599233_EA/21599148_EA/21599166_EA/21599183_EA



\$4.49 Yoplait® Source® Protein 650 g

less than 4 \$1.79 ea.
4/\$6 Yoplait® YOP® 200 mL

\$3.69 Yoplait® Source® Protein 4 x 100 g



\$6.99 Liberté Greek® 650-750 g

\$6.99 Liberté Greek® 3% Less Sugar Blueberry, Raspberry 650 g

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A tasty and nutritious snack That's a win-win

\$3.99 iöGO nano DRINKABLE YOGURT 6 X 93 ML SELECTED VARIETIES

\$5.99 iöGO nano DRINKABLE YOGURT 900 ML SELECTED VARIETIES

\$16.99 iöGO nano DRINKABLE YOGURT 24 X 93 ML SELECTED VARIETIES

\$7.99 iöGO 0%, CREAMY OR LACTOSE-FREE YOGURT 16 X 100 G SELECTED VARIETIES

\$10.99 iöGO CREAMY YOGURT 2 KG SELECTED VARIETIES

*Per 168 ml serving, iöGO nano drinkable yogurts have 40% less sugar than the leading drinkable yogurt in Canada.

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Add your phone number to your account on the PC Optimum™ app. Enter your phone number on the pump keypad before entering your payment card.

Insert your PC Optimum™ card into the card reader before entering your payment card.

Pay with your PC® Mastercard® and earn points on fuel.¹



¹ Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional (10 points per litre of premium gasoline) (Octane 89, 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard/. PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaw's Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited. Imperial Oil, licensee.