

# DEALS

*of the*

# MONTH

# YOUR GUIDE TO WHAT'S INSIDE

Click to explore each department's best deals



**STONE FRUIT  
AND JULY 4**



**FROZEN**



**NEW FOR YOU  
EXCLUSIVE**



**DAIRY**



**NEW & UNIQUE  
FINDS**



**SPROUTS  
CELLAR PICKS**



**EARTHBOUND  
FARMS**



**MEAT & SEAFOOD**



**BULK**



**DELI**



**FUEL YOUR  
SUMMER**



**BAKERY**



**GROCERY**



**BODY CARE**



**GELATO BOY**



**VITAMINS**

# SWEET SUMMER STONE FRUIT

Explore limited-time peak season stone fruit bursting with flavor and ripe for the pickin'.

SHOP NOW



## PLUMSICLES

- ✓ Incredibly **sweet**, flavorful and **refreshing**
- ✓ Perfect with **soft cheese** and other **stone fruit**

## ORGANIC VERRY CHERRY PLUMS

- ✓ **Sweet** and refreshingly **tart**
- ✓ **Small** and perfect for **snacking**



## DONUT PEACHES

- ✓ **Sweet** with a hint of **almond flavor**
- ✓ Delicious in **baked desserts, jams** and **salsas**

## BLACK PLUMCOTS

- ✓ **Sweet** with a slightly **tart** hint
- ✓ Delicious **fresh** as a **snack** or with **charcuterie**



## RED, WHITE & BLUE DELIGHTS

Dish up a star-spangled dessert perfect for your Independence Day Celebrations.



BERRIES & CREAM ICEBOX CAKE

GET RECIPE



RED, WHITE AND BLUE POPSICLES

GET RECIPE

NEW  
FOR YOU!



DISCOVER EXTRAORDINARY  
FINDS FROM OUR FORAGERS!



EXCLUSIVELY AT SPROUTS



**SPROUTS**  
MARINATED CILANTRO LIME CHICKEN BREAST

\$5.99 lb. | Prepared fresh in-store daily

- ✓ No antibiotics, ever
- ✓ Exclusive Sprouts marinade
- ✓ Ready to grill



**SPROUTS**  
MARINATED KOREAN BBQ ANGUS BEEF STEAK



\$12.99 lb. | Prepared fresh in-store daily

- ✓ Marinated and full of flavor
- ✓ Exclusive Sprouts marinade
- ✓ Ready to grill



**SPROUTS**  
GOURMET TURKEY BURGERS

\$4.99 lb. | Prepared fresh in-store daily, no antibiotics or hormones added!

- ✓ No antibiotics, ever
- ✓ Ready to grill





## SPROUTS

### JAMAICAN JERK CHICKEN SKEWER ONE PAN MEAL



\$6.99 lb. | Chef-created recipe

- ✓ No antibiotics, ever
- ✓ Ready to grill or bake
- ✓ Exclusive Sprouts marinade



## SPROUTS

### FULLY COOKED DINNER SAUSAGE

\$6.99 ea. | Select varieties, 12-12.8 oz.

- ✓ No antibiotics, ever
- ✓ No nitrates or nitrites
- ✓ No artificial ingredients



## NAKED & SAUCY

### DRESSING & MARINADE OR SAUCE



\$6.99 ea. | Select varieties, 8.5 or 10 fl. oz.

GLUTEN-FREE **GF**

- ✓ Dairy and soy-free
- ✓ Low in sugar and sodium



**★ ALL DAY CHICKPEA PROTEIN CRUNCH**

\$9.99 ea. | Select varieties, 7.05 oz.

**GF GLUTEN-FREE**

- ✓ Bold, complex flavor
- ✓ Low in sodium
- ✓ Perfect on veggies, meats, soups, sauces, pasta and more



**LAURA CHENEL ★ PEAR, WINE & ROSEMARY GOAT CHEESE**

\$5.99 ea. | 4 oz.

- ✓ Perfectly balanced sweet, zesty and herbaceous
- ✓ Made with all-natural, fresh domestic milk
- ✓ Sourced from family farms



**★ BOBABAM FROZEN INSTANT BOBA DRINK KITS**

\$6.99 ea. | Green apple or juicy grape, 3 pk.

**GF GLUTEN-FREE**

**X NON-GMO**

- ✓ Mix with still or sparkling water
- ✓ Made with Crystal Clear boba pearls
- ✓ Delightfully refreshing



**SEE ALL OF OUR NEW AND EXCLUSIVE FINDS!**

**VIEW MORE**

# THERE'S ALWAYS SOMETHING NEW AND UNIQUE TO EXPLORE

## HUMANN SUPERBEETS SUPPLEMENTS

- ✓ Can support healthy blood pressure, heart health and blood flow
- ✓ May increase energy and stamina



Select varieties and sizes  
**25% off**  
 regular retail

## ENER-C IMMUNITY DRINK MIX

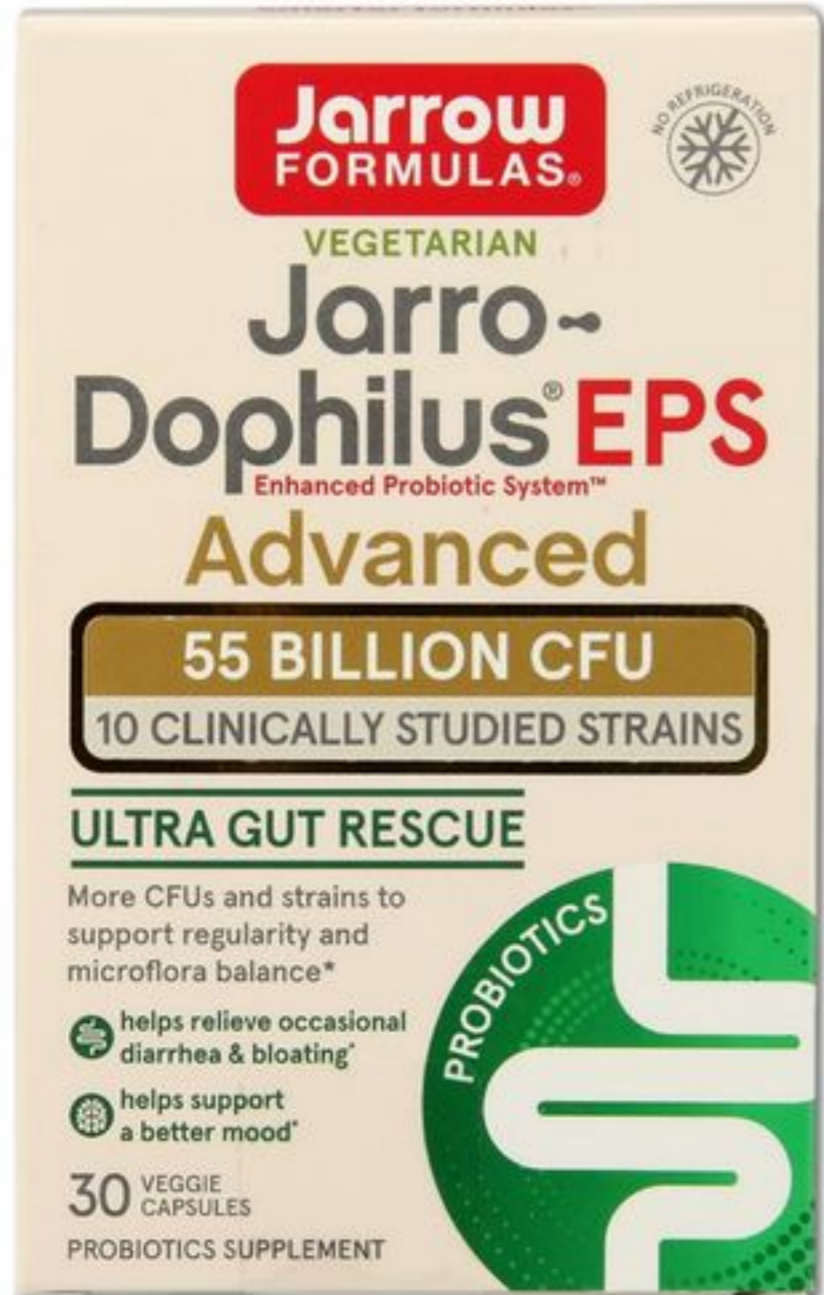
- ✓ Made with 24 vitamins and minerals for healthy hydration
- ✓ Easy on-the-go packets for wherever summer takes you
- ✓ Free from artificial colors and flavors



Select varieties, 30 count  
**20% off**  
 regular retail

## JARROW FORMULAS JARRO-DOPHILUS EPS ADVANCED 55B

- ✓ Supports a healthy digestive system
- ✓ Made with 10 different strains of probiotics
- ✓ May boost your mood through gut and brain connections



30 v-caps  
**20% off**  
 regular retail

## SWEETLEAF XYLITOL REDUCED CALORIE SWEETENER

- ✓ Xylitol is a naturally occurring sweetener found in fruits and plants
- ✓ Bakes and tastes just like sugar, measuring cup for cup
- ✓ Free from fillers and additives



16 oz.  
**20% off**  
 regular retail

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



**Kooshy Croutons**

Select varieties, 5 oz.

**\$2.99** ed.



**Alo Aloe Vera Juice Drink**  
Select varieties, 10.8 fl. oz.

**2 for \$4**  
+CRV in CA



**Green Cola Sugar Free Cola**

Select varieties, 6pk., 12 fl. oz.

**\$6.99** ed.  
+CRV in CA



**Culture Pop Probiotic Soda**

Select varieties, 12 fl. oz.

**2 for \$3**  
+CRV in CA



**Masala Mama Beans, Chickpeas or Lentils**

Select varieties, 10 oz.

**\$4.99** ed.



**Momofuku Chili Crunch or Noodles**

Select varieties, 5.5-16.93 oz.

**20% off**  
regular retail



**Chosen Foods Sauces**

Select varieties, 9 fl. oz.

**\$7.99** ed.



**Bumpin Blends Frozen Smoothie Cubes**

Select varieties, 10 oz.

**\$9.99** ed.







Select varieties,  
32 fl. oz.

**\$8.99**  
ed.

## REBBL Organic Smoothie Starter

- ✓ An organic alternative to milk or yogurt in smoothies
- ✓ 20 g. of protein per serving and dairy-free
- ✓ Made with postbiotics to help support gut health



## CHOBANI Coffee Creamer

- ✓ Crafted with farm-fresh cream and simple ingredients
- ✓ Vegetarian-friendly



Select varieties,  
24 fl. oz.

**\$5.49**  
ed.



Select varieties,  
25.4 fl. oz.

**\$4.99**  
ed.

## CALIFIA FARMS Organic Almond Creamer

- ✓ Organic and dairy-free
- ✓ Free from gums and oils

## ALEXANDRE FAMILY FARMS A2/A2 Organic Sour Cream

- ✓ Made with A2/A2 organic milk for easier digestion
- ✓ From cows raised on a Certified Regenerative Dairy



8 oz.

**\$4.99**  
ed.

# FRESH SALADS MADE SIMPLE

Grab-and-go just got easier and cleaner with crisp, ready-to-mix salad kits made with fresh greens, wholesome toppings, and no GMOs or synthetic pesticides.

**SPROUTS  
SPOTLIGHT**

LEARN MORE



Grown using sustainable farming practices



Farmer and family-owned



Dressings made with 100% avocado oil



Select varieties, 4.47-4.85 oz.

**2 for \$7**



Select varieties,  
10-48 oz.

**10%** off  
regular retail

# BIG PACKS, BIGGER SAVINGS

Crack open value and quality in every bite with large pack snacks for wherever summer takes you.

## ROLLED, QUICK OR STEEL CUT OATS

Kickstart your day with a Greek Yogurt Parfait, layered with juicy mango, golden Manuka honey, and homemade crunchy Pumpkin Seed Granola.

[GET RECIPE](#)



**\$1.79**  
lb.

**GF**



Select varieties,  
24-32 oz.

**\$6.99**  
ea.

## SPROUTS Gluten Free Oats

Make it a stress-free morning with a delicious jar of overnight oats made with gluten-free oats, bananas, almond butter and honey.

[GET RECIPE](#)

## LA COLOMBE Packaged Coffee

- ✓ The highest quality specialty grade coffee beans
- ✓ Sourced and roasted in-house
- ✓ The same blends served in La Colombe's award-winning cafes



Select varieties,  
12 oz.

**\$9.99**  
ea.

# FLAVORFUL FINDS TO FUEL YOUR SUMMER

SHOP NOW

Discover top picks for grillin', chillin', snackin' and relaxin' all season long!



## eat meati®

Animal-free protein made from MushroomRoot™

## Yerbae®

PLANT-BASED ENERGY

A cleaner, plant-based swap for coffee or energy drinks with 0 calories or sugar



Full-flavor seasoning without salt, additives or MSG

# purely elizabeth.®

Delicious breakfast cereals, made with  
superfood grains, nuts and seeds



# PRIMAL KITCHEN®

New recipe, smoother pour,  
same ingredients

# KEVITA®

Deliciously refreshing and fermented  
with organic water kefir



# Whisps®

Satisfyingly crunchy, gluten and lactose-free  
with protein from real cheese

# OLIPOP®

Delicious, refreshing &  
actually good for you



# Natalie's

ORCHID ISLAND JUICE CO.

Honestly sourced with no preservatives,  
artificial ingredients or added sugar

# GORGIE

All natural sparkling energy drink with green tea  
caffeine, zero sugar and added benefits



A healthy snack made from real California  
milk with 12 g. of protein per serving



Primal Kitchen  
Salad Dressing  
Select varieties, 8 fl. oz.

**\$6.99**  
ed.



Mākā  
Organic Superfood  
Wheatgrass & Tea  
Select varieties, 12 fl. oz.

**BUY 1, GET 1  
FREE!**  
of equal or  
lesser value

+CRV in CA



Purely Sprouted  
Super Snacks  
Select varieties, 4 oz.

**\$5.99**  
ed.  
Not available  
in all locations



Costa d'Oro  
All Items

**LINE DRIVE  
SAVINGS**  
All Items  
**35% off**  
regular retail



Magic Dates  
Snack Bites  
Select varieties, 3.5 oz.

**\$3.99**  
ed.  
Not available  
in all locations



Country Archer  
Bagged Jerky  
Select varieties, 5-8 oz.

**\$13.99**  
ed.



Pamela's  
Oat Bars, Grahams,  
or Cookies  
Select varieties, 7.05-9 oz.

**\$6.49**  
ed.



Pricklee  
Cactus Water  
Select varieties, 12 fl. oz.

**2 for \$5**  
+CRV in CA



Local Hive  
Honey  
Select varieties, 16 oz.

**40% off**  
regular retail



Goodpop Organic  
Freezer Pops  
20 ct., 1.5 fl. oz.

**\$9.99**  
ed.



Nixie  
Sparkling Water  
Select varieties, 8 pk., 12 fl. oz.

**\$4.99**  
ed.  
+CRV in CA





**Shaka Tea  
Herbal Tea**

Select varieties, 12 fl. oz.

**2 for \$4**

+CRV in CA



**Brianna's  
Salad Dressing**

Select varieties, 12 fl. oz.

**\$3.99**  
ed.



**Aura Bora  
Sparkling Water**

Select varieties, 12 fl. oz.

**2 for \$3**

+CRV in CA



**gomacro  
Kids Macrobar  
Multipacks**

Select varieties, 7 pk., 0.9 oz.

**\$6.99**  
ed.



**True Nopal  
Cactus Water**

33.8 fl. oz.

**\$5.49**  
ed.



**Cento  
Tomatoes**

Select varieties, 28 oz.

**\$3.99**  
ed.



**Blue Diamond  
Almondmilk**

Select varieties, 32 fl. oz.

**2 for \$7**

Everyday  
low price



**C2O  
Organic Coconut Water**

16.9 fl. oz.

**2 for \$6**



**Fever-Tree  
Mixers**

Select varieties, 4 pk., 6.8 fl. oz.

**\$5.99**  
ed.

+CRV in CA



**Epic  
Bars or Bacon Bits**

Select varieties, 1.3-3 oz.

**15% off**  
regular retail



**Big Tree Farms**

All Items

**20% off**  
regular retail

All Items



**Zevia Soda**

Select varieties,  
12 pk., 12 fl. oz.

**\$10.99**  
ed.

+CRV in CA





Waiakea Alkaline Water  
1.5 L

**2 for \$5**  
+CRV in CA



Sir Kensington's Mustard, Mayonnaise or Special Sauce  
Select varieties, 9 oz. or 12 fl. oz. regular retail

**10% off**



Roar Organic Vitamin Enhanced Beverage  
Select varieties, 18 fl. oz.

**2 for \$4**  
+CRV in CA



The Spice Hunter Spices  
Select varieties, 0.6-4.3 oz.

**40% off**  
regular retail



Walden Farms Salad Dressings  
Select varieties, 12 fl. oz.

**\$4.99 ed.**



Simply Organic Seasoning or Dip Mixes  
Select varieties, 0.53-1.5 oz.

**\$1.79 ed.**



Hippeas Chickpea Puffs  
Select varieties, 4 oz.

**2 for \$7**



Ardor Organics Inc. Organic Sparkling Water  
Select varieties, 12 fl. oz.

**2 for \$5**  
+CRV in CA



Aloha Organic Protein Bar Multipacks  
Select varieties, 5 pk., 1.98 oz.

**\$10.99 ed.**



Mineragua Sparkling Water  
9 pk., 12.5 fl. oz.

**\$7.99 ed.**  
+CRV in CA



Marukan All Items

**15% off**  
regular retail



Zevia Soda Sleek Cans  
Select varieties, 12 fl. oz.

**2 for \$3**  
+CRV in CA



**Betty Buzz  
Soda Mixers**

Select varieties, 4 pk., 9 fl. oz.

**\$6.99**  
ed.  
+CRV in CA



**Clif Bar  
Multipacks**

Select varieties, 5 pk., 2.4 oz.

**\$9.99**  
ed.



**Lesser Evil  
Organic Space Balls**

6 pk., 0.6 oz.

**\$5.49**  
ed.



**Quantum  
Energy Squares  
Protein Bars**

Select varieties, 1.69 oz.

**2 for \$3**



**The Ryl Co.  
Tea**

Select varieties, 16 fl. oz.

**2 for \$4**  
+CRV in CA



**Lenny & Larry's  
The Complete Cookie**

Select varieties, 4 oz.

**3 for \$5**



**Popcorners  
Popped-Corn Snacks**

Select varieties, 7 oz.

**\$3.99**  
ed.



**gomacro  
Organic Nutrition Bar  
Multipacks**

Select varieties, 4 or 8 pk.

**\$9.99**  
ed.



**Glacéau  
Vitamin Water**

Select varieties, 20 fl. oz.

**2 for \$4**  
+CRV in CA



**Power Crunch  
Protein Bars**

Select varieties, 1.4 oz.

**2 for \$4**



**Mi Niña  
White Corn  
Tortilla Chips**

Select varieties, 12 oz.

**\$4.99**  
ed.



**think!  
Nutrition Bars**

Select varieties, 1.41-2.1 oz.

**3 for \$5**

# SATISFY YOUR SWEET TOOTH WITH DECADENT HANDMADE GELATO

**SPROUTS  
SPOTLIGHT**

Take your taste buds on a trip to Italy as you delight in rich and creamy gelato, made from scratch with traditional ingredients. Buon appetito!

**GELATO  
BOYO**

**SHOP NOW**

**CRAFTED FROM  
TRADITIONAL  
ITALIAN  
PROCESSES**



**VEGAN &  
DAIRY-FREE  
OPTIONS**



# SPROUTS

## Organic Frozen Cherry Berry Blend

- ✓ Dark sweet cherries, blueberries and blackberries
- ✓ Free from artificial colors, flavors and preservatives



10 oz.  
**2 for \$7**



Evive  
Frozen Smoothie Cubes  
Select varieties, 9.52-10.58 oz.

**\$4.99**  
ea.



Pitaya Foods  
Frozen Dragon Fruit Smoothie Packs or  
Passion Fruit Snack-Sized Pieces  
4 pk. or 12 oz.

**\$4.99**  
ea.



Blendtopia  
Frozen Superfood Coffee Latte  
Select varieties, 6 pk., 1.55-1.59 fl. oz.

**\$6.99**  
ea.



BobaBam  
Frozen Instant Boba Drink Kits  
Select varieties, 3-4 pk.

**\$6.99**  
ea.



Live Pure Organic  
Frozen Smoothie Cubes  
Select varieties, 10 oz.

**\$7.99**  
ea.



Sambazon  
Frozen Açai Smoothie Cubes  
Select varieties, 20 oz.

**\$9.99**  
ea.





**Gelato Boy  
Sorbet or Gelato**

Select varieties, 14 or 16 fl. oz.

**\$4.99**  
ed.



**Marco Sweets & Spices  
Ice Cream**

Select varieties, 1 pint

**\$4.99**  
ed.



**Alec's  
Organic Ice Cream**

Select varieties, 14 fl. oz.

**\$5.99**  
ed.



**Cosmic Bliss  
Grass-Fed Ice Cream or  
Dairy-Free Frozen Dessert**

Select varieties, 14 fl. oz.

**\$5.99**  
ed.



**Talentì Gelato or  
Sorbetto**

Select varieties, 1 pint

**\$5.99**  
ed.



**Funny Farm  
Goat Milk Ice Cream**

Select varieties, 14 fl. oz.

**BUY 1, GET 1  
FREE!**  
of equal or  
lesser value



**Craig's  
Non-Dairy  
Frozen Dessert**

Select varieties, 16 fl. oz.

**\$6.49**  
ed.



**Van Leeuwen  
Ice Cream or  
Non-Dairy Frozen Dessert**

Select varieties, 14 fl. oz.

**\$5.99**  
ed.



**Jeni's Dairy-Free  
Frozen Dessert**

Select varieties, 16 fl. oz.

**\$8.99**  
ed.



Van Leeuwen Frozen  
Dessert Sandwiches  
Select varieties, 5.8 fl. oz.

**\$2.99**  
ed.



Mad Minis  
Ice Cream Bonbons  
Select varieties, 6 oz.

**BUY 1 GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Jolly Llama  
Dairy-Free Frozen Novelties  
Select varieties, 3 pk., 4.75 or 4 pk., 2.75 fl. oz.

**\$4.99**  
ed.



Bubbies  
Mochi Ice Cream  
Select varieties, 6 pk., 1.25 oz.

**\$4.99**  
ed.



Alden's  
Organic Frozen Novelties  
Select varieties, 3-4 ct.

**\$4.99**  
ed.



Van Leeuwen  
Frozen Novelties  
Select varieties, 3-4 ct.

**\$5.99**  
ed.



Alden's Organic  
Frozen Dessert or  
Ice Cream Sandwiches  
Select varieties, 4-8 ct.

**\$6.49**  
ed.



Van Leeuwen  
French Ice Cream Bars  
Select varieties, 6 ct.

**\$6.99**  
ed.



Red's  
Frozen Burritos

Select varieties, 4.5-5 oz.

**2 for \$5**



Jack & Annie's  
Frozen Breakfast Sandwiches

Select varieties, 3.7-3.85 oz.

**2 for \$6**



NotCo  
Frozen NotChicken  
Patties or Tenders  
12 oz.

**\$6.99**  
ed.



Urban Pie Pizza Co.  
Frozen Pizza

Select varieties, 16.7-22.05 oz.

**\$9.99**  
ed.



Truwhip Frozen  
Whipped Topping

Select varieties, 9-10 oz.

**\$2.99**  
ed.



Wholly Wholesome Gluten Free  
Frozen Pizza Crusts or Dough

3 ct. or 14 oz.

**BUY 1 GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value

# JONNYPOPS

## Frozen Novelties

- ✓ Sweetened with organic cane sugar
- ✓ Free from artificial dyes
- ✓ Made with simple ingredients



Select varieties,  
8 pk., 1.85 fl. oz.

**\$5.99**  
ed.





Remedy Organics  
Plant-Based  
Wellness Drinks

Select varieties, 12 fl. oz.

**2 for \$7**  
+CRV in CA



Rebl  
Organic Elixir or  
Protein Drinks

Select varieties, 12 fl. oz.

**2 for \$7**  
+CRV in CA



Silk  
Almondmilk

Select varieties, 64 fl. oz.

**\$3.99**  
ea.



Almond Breeze  
Unsweetened Original Almondmilk

64 fl. oz.

**\$3.99**  
ea.



Humm  
Probiotic Kombucha

Select varieties, 12 fl. oz.

**2 for \$4**  
+CRV in CA



Brew Dr.  
Organic Kombucha

Select varieties, 14 fl. oz.

**2 for \$5**  
+CRV in CA



Pop & Bottle  
Oat Milk or Almond Latte

Select varieties, 8 or 11 fl. oz.

**2 for \$6**  
+CRV in CA



Olipop  
Sparkling Probiotic  
Tonic or Soda

Select varieties, 12 fl. oz.

**2 for \$4**  
+CRV in CA





**Stumptown Coffee Roasters  
Cold Brew Concentrate**  
25.4 fl. oz.

**\$9.99**  
ed.  
+CRV in CA



**Wildbrine  
Kimchi or Sauerkraut**  
Select varieties, 18 oz.

**\$6.99**  
ed.



**Field Roast  
Alternative Sausages**  
Select varieties, 4 ct.

**\$5.99**  
ed.



**Evolution Fresh  
Organic Juice or Smoothies**  
Select varieties, 32 fl. oz.

**\$7.99**  
ed.  
+CRV in CA



**Vital Farms  
Pasture-Raised Butter**  
Salted or unsalted, 8 oz.

**2 for \$8**



**Siggis  
Plant-Based  
Coconut Blend Yogurt**  
Select varieties, 24 oz.

**\$6.99**  
ed.



**Big Mountain Foods  
Alternative Meat**  
Select varieties, 8.46-12 oz.

**\$5.99**  
ed.





# SPROUTS™

Cellar Picks

## SELECTED BY OUR IN-HOUSE SOMMELIER



### MUNDAKA

Mundaka is named for a legendary surfing village in the Basque region of northern Spain. Like this lively little town, the wines are fresh and fun—the perfect pairing for picnics, the beach, or anytime spent outdoors with friends!

All products may not be available in all locations and may vary based on local regulations.

## TRY THESE PERFECT PAIRINGS

Pairs well with hearty meats  
like steak, lamb and duck.



Enjoy with roasted  
chicken, salmon or veal.



Best with seafood, salads  
or light pasta dishes.





**Eat Meati**  
Plant-Based Cutlets  
Crispy or classic, soy-free, 2 ct.

**\$7.99**  
ed.



**Eat Meati**  
Plant-Based Steaks  
Carne asada or classic, soy-free, 2 ct.

**\$9.99**  
ed.



NO ANTIBIOTICS EVER

**Pederson's**  
Natural Farms  
All Items

**LINE DRIVE SAVINGS**  
All Items  
**BUY 1, GET 1**  
**50% OFF**  
regular retail of equal or lesser value



NO ANTIBIOTICS EVER

**Sakura Wagyu Farms**  
American-Style  
Kobe Beef Uncured  
Hot Dogs  
No added nitrates or nitrites, 10 oz.

**\$7.99**  
ed.



NO ANTIBIOTICS EVER

**Diestel Family Ranch**  
Turkey Burgers  
No antibiotics, ever!  
Frozen, 4 ct.

**10% off**  
regular retail

## FRESH BLACK GARLIC MARINATED Barramundi Portions

- ✓ Marinated and ready-to-cook
- ✓ Earthy flavor with hints of caramel and balsamic
- ✓ Responsibly sourced



Chef created recipe, farm-raised, 6 oz.

**2 for \$7**  
Available in the service case



**Super Colossal**  
Raw EZ Peel  
Grilling Shrimp  
8/12 ct., phosphate-free, farm-raised, previously frozen

**\$9.99**  
lb.  
Also available in a 2 lb. bag



**Great American Seafood**  
Coho Salmon Portions  
All-natural, no antibiotics, sashimi grade, farm-raised, frozen, 32 oz.

**\$25.99**  
ed.



**Great American Seafood**  
or Asian Gems  
Raw Peeled & Deveined  
Shrimp Skewers  
16/20 ct. Farm-raised, frozen, 32 oz.

**\$19.99**  
ed.



Grillo's  
Pickle de Gallo, Dill  
Pickle Chips or Spears  
Select varieties, 14-32 fl. oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



BelGioioso  
Fresh Mozzarella  
Select varieties, 8 oz.

**\$4.99**  
ea.



## PICK YOUR OWN MEAL

Starting at \$9.99 each!  
Additional sides can  
be added for \$2 more

**\$9.99**  
ea.

One Protein  
+ One Salad or Side  
Select stores only

- ✓ New to Sprouts at the Deli Service Case!
- ✓ Customize your lunch and dinner with your favorite service case items.

## PRESSED Cold-Pressed Juice

Hydrate this summer with fresh juice from Pressed! Each cold-pressed beverage harnesses the power of antioxidants and essential vitamins and minerals for healthy hydration.



Select varieties,  
12 fl. oz.

**6 for \$28**

+CRV in CA  
Discount taken at register

**OR**  
**\$5.49**  
ea.

+CRV in CA

## DISCOVER ORGANIC IN THE DELI



Select varieties,  
6 oz.

**\$8.99**  
ea.



## SACH Organic Paneer Grilling Cheese

Jump into summer grilling with a NEW organic, grass-fed paneer cheese. This high protein cheese won't melt on the grill and is tasty on a burger, a grilled cheese sandwich or all on its own!

# SPROUTS FRESH BAKED COOKIES



- ✓ Baked fresh daily in-store
- ✓ Made with simple ingredients

**FRESH BAKED!**

Select varieties,  
12 ct.

**\$5.69**  
ed.

Everyday low price



# SPROUTS Hamburger or Hot Dog Buns

- ✓ Free from artificial colors, flavors and preservatives
- ✓ Made with high-quality ingredients

White or wheat,  
8 ct.

**\$3.99**  
ed.

Everyday low price



**FRESH BAKED!**

Apple Pie or  
Vegan Apple Pie  
Select varieties, 24 oz.

**\$6.99**  
ed.  
Everyday low price



Flax4Life  
Brownies  
Select varieties, 12 pk.

**\$9.59**  
ed.



Pastries  
Select varieties, 3-6 ct.

**\$5.79**  
ed.  
Everyday low price

# PURE & HONEST

From cruelty-free and vegan to paraben-free and transparency in labeling, we offer a clean selection of body care for goodness you can feel!

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value

## WE STAND FOR:



Cruelty-free



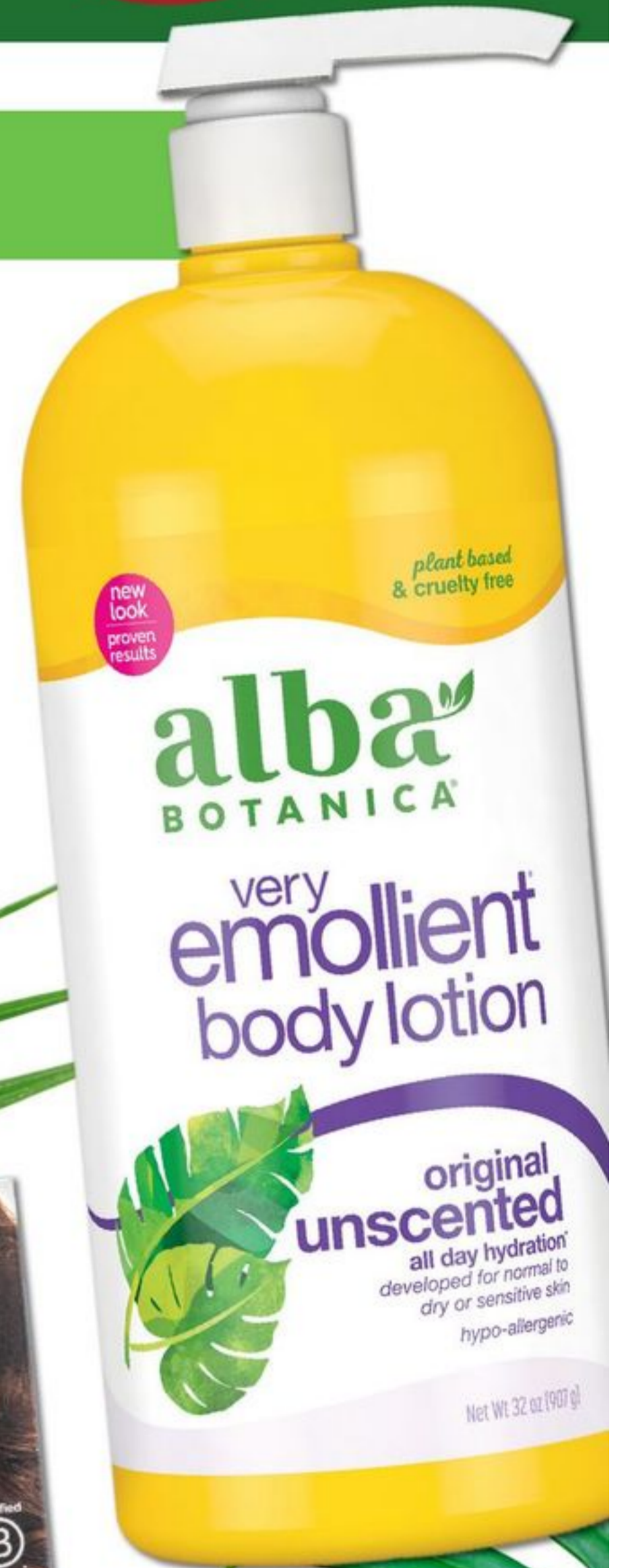
Vegan



Sustainability



Transparency



## WE SAY NO TO:



Parabens



Phthalates



Artificial colors



Synthetic fragrance

Introducing

# Real root

by SPROUTS

## Clean Beauty & Body Care

Discover outer radiance, inner serenity



Cruelty-free



Free from parabens



Free from phthalates



Free from artificial fragrances and colors



# CLEAN SUN AND SKINCARE ESSENTIALS

We've got you covered with outdoor skin care essentials so you can enjoy every summer moment.



Andalou Naturals  
Lotion or Body Care  
Select varieties, 3.4-8.5 fl. oz.

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Alba Botanica  
Lotion  
Select varieties and sizes

**BUY 1, GET 1  
50% OFF**  
regular retail  
of equal or  
lesser value



Lily of the Desert  
Aloe Vera Gelly  
8 oz.

**15% off**  
regular retail



# ESSENTIAL 4 SUPPLEMENTS FOR EVERY BODY

## MULTIVITAMINS

Vital for growth, repair and optimal health.\*

**MegaFood**  
From Farm to Tablet\*



MegaFood  
Multivitamins  
Select varieties, 30-120 count

**20%** off  
regular retail

## OMEGA-RICH OILS

Promotes healthy joint, brain and heart function.\*

NORDIC NATURALS®

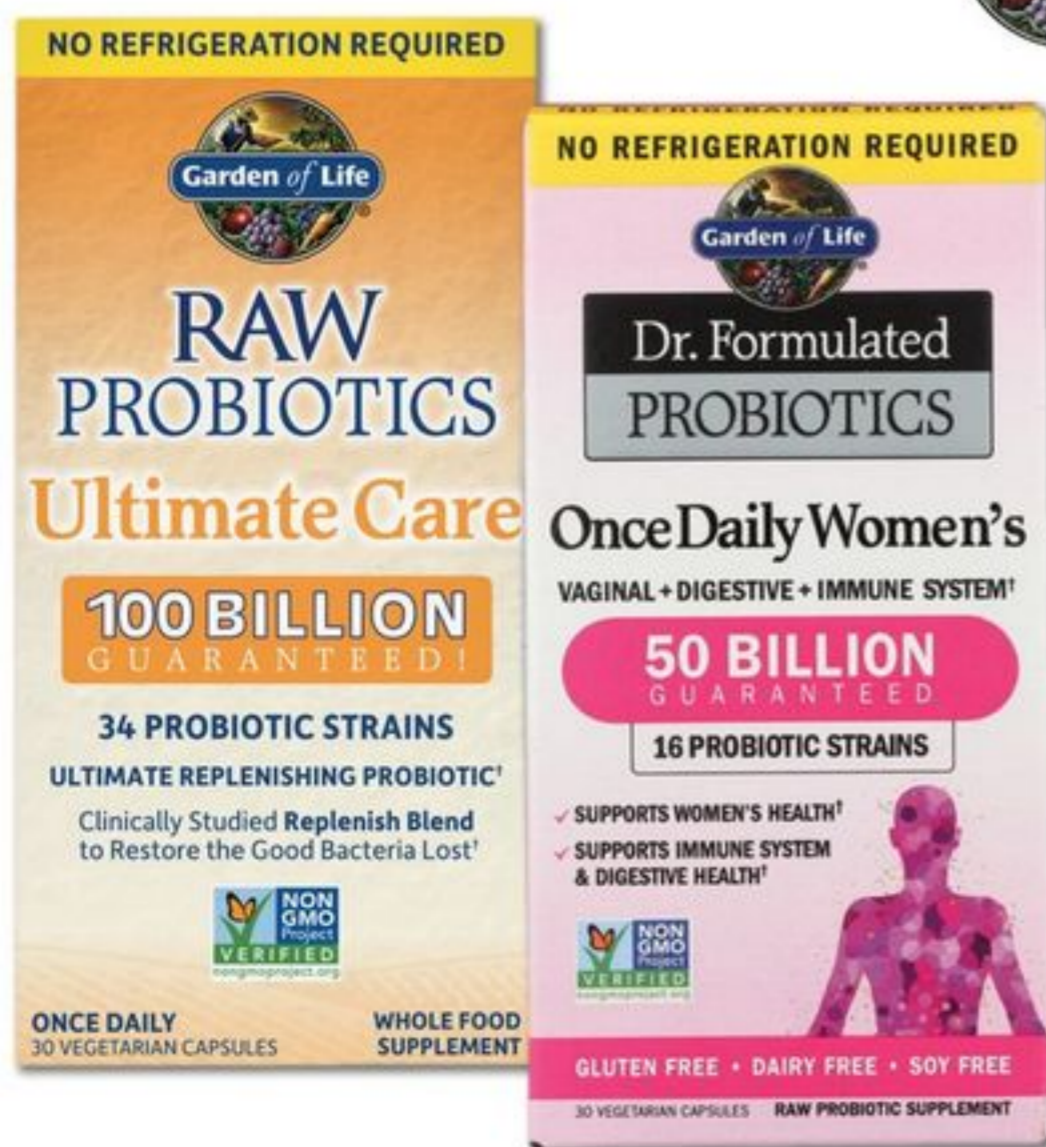


Nordic Naturals  
Omega-Rich  
Supplements  
Select varieties and sizes

**20%** off  
regular retail

## PROBIOTICS

Supports a healthy digestion and immune system.\*



Garden of Life  
Probiotics  
Select varieties and sizes

**20%** off  
regular retail

## SUPERFOODS

Helps to support overall health and vitality,  
while balancing alkalinity.\*

Sunfood  
SUPERFOODS



Sunfood  
Superfoods  
Select varieties and sizes

**20%** off  
regular retail

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

# HEALTHFORCE SuperFoods

- ✓ Crafted with pure, true-to-source and sustainably grown ingredients
- ✓ Formulas to help support optimal health and body function
- ✓ Kosher and vegan



**LINE DRIVE SAVINGS**  
All Items  
**20%** off  
regular retail



**LINE DRIVE SAVINGS**  
All Items  
**15%** off  
regular retail

# NEW CHAPTER

- ✓ Designed to promote wellness at different stages of life
- ✓ Made with trusted ingredients like whole organic fruits, vegetables and herbs
- ✓ Tested for purity and potency

# ZHOU

- ✓ Products created to help you feel your best and reach your full potential
- ✓ Made with the wisdom of nature, herbal tradition and modern science



# SPROUTS

## Mushrooms

- ✓ May support heart and brain health
- ✓ A great source of vitamin D



# SPROUTS

## Vegan or Whey Protein

- ✓ Add a scoop to your favorite morning beverage for an energizing boost
- ✓ Easy-to-digest, creamy flavors packed with protein
- ✓ Soy-free

# SPROUTS

## Omega-Rich Supplements

- ✓ High in plant-based protein, fiber, healthy fatty acids and minerals
- ✓ Great for digestion and heart health
- ✓ Made with high-quality ingredients





Natural Vitality  
Calm  
Select varieties and sizes

**20%** off  
regular retail



Rainbow Light  
Multivitamins or Supplements  
Select varieties, 30-120 count

**20%** off  
regular retail



Select varieties,  
10 count

**15%** off  
regular retail

## NUUN Electrolyte Drink Tabs

- ✓ Drop, dissolve and drink for faster recovery
- ✓ Hydrating blend of electrolytes to stay and get hydrated
- ✓ Vegan, gluten-free and Kosher Certified

## IRWIN NATURALS Supplements

- ✓ Crafted to support body, mind and brain
- ✓ Easy-to-digest, all-liquid soft-gel supplements for absorption and potency
- ✓ Plant-derived and lab tested



# SUMMER HERBS FOR WELLNESS

Balance your body and mind with pure, effective herbal supplements to support your summer-thyme health goals.

SHOP NOW



## MUSHROOMS

- ✓ Supports immune response, liver health and brain function
- ✓ Helps manage stress levels



## KAVA

- ✓ Helps relax muscles
- ✓ Has a calming effect and may reduce stress



## BERBERINE

- ✓ Helps maintain healthy glucose levels
- ✓ Supports a normal metabolic process



## MILK THISTLE

- ✓ Supports liver health
- ✓ Aids in detoxification



## CRANBERRY

- ✓ Support for a healthy urinary tract
- ✓ A source of Vitamin C and Quercetin

FOUR SIGMATIC®  
EVERYDAY MAGIC™

SPROUTS®  
FARMERS MARKET

Himalaya®  
SINCE 1930

gaia®  
HERBS

plant  
people

MUSHROOM  
SUPERFOOD  
Om™

HERB PHARM®

OREGON'S  
Wild Harvest  
HERBAL SUPPLEMENTS

HOST DEFENSE®  
M U S H R O O M S™



# HERB PHARM

## Herbal Supplements

- ✓ Formulated with ingredients harvested at peak potency
- ✓ The first herb pharm to achieve Regenerative Organic Certification
- ✓ Tested for purity

# OREGON'S WILD HARVEST

Dedicated to preserving seeds and herbs for the next generation

- ✓ Following organic regenerative farming practices for nearly 30 years
- ✓ From plant to bottle, each herb is rigorously tested to ensure purity and potency



LINE DRIVE SAVINGS

All Items  
**15%** off  
regular retail

FOUR SIGMATIC®  
EVERYDAY MAGIC™



# FOUR SIGMATIC

## Mushroom Supplements

Select varieties and sizes

**20%** off  
regular retail

- ✓ Delivering more ways for mushrooms to fit your unique live-style
- ✓ Explore proteins, coffees, cocoas, lattes and pure blends
- ✓ Every cup is powered by the finest mushrooms that your tastebuds, mind and body will crave

# HOST DEFENSE

## Mushroom Supplements

- ✓ On a mission to explore, preserve and study the use of mushrooms to help bees, trees, people and the planet
- ✓ Creating products steeped in science and efficacy



HOST DEFENSE®  
Mushrooms™

Select varieties and sizes

**20%** off  
regular retail

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