



HAPPY CANADA DAY



Fresh Meat

Beef Top Sirloin Grilling Steak
Boneless. Cut From Canada AA or Higher.

6⁹⁹ lb
15.41/kg



Fresh Produce

Red or Green Seedless Grapes
Product of Mexico.

2⁹⁹ lb
6.59/kg



Compliments Wieners
Regular or Jumbo. 450 g.

1⁹⁹ Each



Compliments Hot Dog or Hamburger Buns
490 - 540 g.

2/\$5⁵⁰



Nestle Ice Cream or Novelties
Select Varieties. Frozen. 1.5 Litre. Novelties 330 - 650 mL.

5⁹⁹



Taylor Farms Chopped Salad Kits
Select Varieties. 312 - 383 g. Product of U.S.A.

4⁹⁹ Each



Daily's Premium Meats Hickory Smoked Bacon
Original or Thick Cut. 375 g.

3⁹⁹ Each



Tropicana Orange Juices
Or Trop 50. Select Varieties. 1.54 Litre.

4⁴⁹



Coca-Cola 12 Pack Soft Drinks
Select Varieties. 12 x 355 mL.

6⁹⁹



Old Dutch or Lay's Potato Chips
Select Varieties. Old Dutch 235 g. Ridgies 200 g. Lays 220 - 235 g. Poppables 130 g.

3/\$10

Meal Inspiration & Savings From our Family to Yours

For store hours and locations see back page or visit familyfoods.ca

Sale Prices in Effect

JUN/ JUL 2024	thu 27	fri 28	sat 29	sun 30	mon 1	tues 2	wed 3

This symbol denotes Plus deposit and/or environmental levies where applicable.

Fresh Produce



2/\$4 **Hass Avocados**
Product of Mexico.



5⁹⁹ **Fresh Apples**
Select Varieties. 3 lb/1.36 kg bag.
Product of Canada/U.S.A./Chile.



5⁹⁹ **Each**
Compliments
Oranges
Product of U.S.A.
3 lb/1.36 kg.



2/\$4 **Mangoes**
Product of Mexico.



1⁹⁹ **Green Zucchini Squash**
Product of Canada.
4.39/kg



1⁴⁹ **Tomatoes On The Vine**
Product of Canada.
3.28/kg



2⁹⁹ **Broccoli Crowns**
Product of Mexico.
6.59/kg



5⁹⁹ **Fresh Cauliflower**
Product of U.S.A.
Each



2⁴⁹ **Red and Green Leaf or Romaine Lettuce**
Product of Canada.
Each



5/\$2 **Sun-Rype Fruit To Go**
Select Varieties. 14 g.

Deli



6⁴⁹ **Mastro Salami**
Select Varieties. 125 - 150 g.
Each



3⁹⁹ **Summer Fresh Hummus or Dips**
Select Varieties. 200 - 227 g.
Each



1⁹⁹ **Compliments Roast Turkey Breast**
Or Smoked. Sliced or Shaved.
100 g



5⁹⁹ **Compliments Shredded Cheese**
Select Varieties. 125 g.
Each

Fresh Meat*



4⁹⁹ **lb**
11.00/kg
Fresh Pork Belly
Boneless.



4⁴⁹ **lb**
9.90/kg
Fresh Pork Tenderloin
Boneless.



3⁹⁹ **lb**
8.80/kg
Fresh Pork
Shoulder
Blade Steak
Bone In.



5⁴⁹ **Each**
450 g.
Compliments Lean
Ground Pork



8⁹⁹ **lb**
19.82/kg
Short Rib Style
Boneless Brisket
Cut From Canada AA or Higher.



5⁹⁹ **lb**
13.21/kg
Fresh Split
Chicken Breasts
Back Attached.



6⁹⁹ **lb**
15.41/kg
Fresh Split
Chicken Wings

Packaged Meat



8⁹⁹ **Each**
Regular or Honey Ham. 500 g.
Freybe Ham Sticks



2/\$7
Select Varieties. 67 - 117 g.
Schneiders or Greenfield
Adult Lunch Kits



13⁹⁹ **Each**
Select Varieties. 600 g.
Swiss Chalet
Pork Back Ribs



7⁹⁹ **Each**
Select Varieties. 300 g.
Grimm's Sausage Rings



19⁹⁹ **Each**
Naturally Smoked. 1 kg.
Harvest Thick Sliced Bacon



9⁴⁹ **Each**
Regular or All Beef. 675 g.
Harvest Wieners



6⁹⁹ **Each**
Select Varieties. 375 g.
Harvest Farmer's Sausages



8⁹⁹ **Each**
Select Varieties. 240 g.
Mini Babybel Cheese



6⁹⁹ **Each**
Beef or Pork. 360 g.
Nossack Sausage Rolls



5⁹⁹ **Each**
300 g.
Harvest Garlic
Sausage

*Excludes Mountain Creek Farms Beef and Pork Products

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Chilled & Frozen



\$1 I Can't Believe It's Not Butter
212 g.



3.99 Astro Yogourt
Select Varieties. 650 - 750 g.



3.99 Burnbrae Farms Naturegg Simply Egg Whites
500 g.



6.99
Becel Soft Margarine
Select Varieties.
637 - 850 g.



3.99 Gay Lea Whip Cream
Select Varieties. 225 g.



3.49 Gay Lea Sour Cream
Select Varieties. 425 - 500 mL.



7.49 IOGO Multipack Yogourt
Select Varieties.
16 x 95 - 100 g.



3.99 Compliments Cottage Cheese
Select Varieties. 500 g.



3.49 Nestea or Five Alive Beverages
Select Varieties. 1.75 Litre. ♻️



2.99 Best Buy Vegetables
Select Varieties. 750 g.
Frozen.



3.49 Compliments Perogies
Select Varieties. 907 g.
Frozen.



4.99 Healthy Choice Steamers or Entrees
Or Marie Callender's Bowls.
Select Varieties. 255 - 349 g.
Frozen.



5.49
Dr. Oetker Pizza
Select Varieties.
Casa Di Mama 395 - 410 g.
Ristorante 320 - 390 g.
Frozen.



3/\$4 Compliments Frozen Punch
Select Varieties. 283 mL.



6.49 McCain Potato Patties
Frozen. 1.3 kg.



4.99
Ben & Jerry's Ice Cream or Magnum Bars
Select Varieties.
Ben & Jerry's 473 mL.
Magnum 3's - 4's.
Popsicle Novelties 576 - 600 mL.
Fudgsicle or Revello 720 mL. Frozen.

Meat & Seafood



7.99 Compliments Corn Dogs
1.35 Kg. Frozen.



9.29 Compliments Meatballs
Select Varieties.
Frozen. 680 g.



14.99 Pinty's Chicken
Select Varieties.
750 - 790 g. Frozen.



8.99 High Liner Family Favorites Fish Sticks
Select Varieties.
500 - 700 g. Frozen.



14.99 Compliments Fish Burger
Breaded. 515 g.
Frozen.

Grocery



1.79 Compliments Beans
Or Lentils and Chickpeas.
Select Varieties. 540 mL.



1.99 Money's Mushrooms
Sliced or Whole. 284 mL.



2/\$3 Compliments Vegetables
Select Varieties. 398 mL.



2/\$4.44

Bush's Best Beans
Select Varieties. 398 mL.



6.49 Clover Leaf Flaked Tuna in Olive Oil
Select Varieties. 240 g.



5.49 Clover Leaf Sockeye Salmon
Wild Red or Low Sodium.
213 g.



2/\$5 Maple Leaf Vienna Sausage
113 g.



2/\$7 Maple Leaf Flakes
Of Ham, Chicken or Turkey.
Select Varieties. 156 g.
Excluding White Chicken.



2/\$7 Holiday Luncheon Meat
340 g.



2/\$5 Catelli Pasta
Bistro, Healthy Harvest,
Ancient Grains or Smart.
340 - 375 g.



1.99 Hunt's Thick & Rich Pasta Sauce
Or Tomato Sauce.
Select Varieties. 680 mL.



2.99 Keen's Hot Mustard
100 mL.



4.99 Del Monte Canned Fruit
Select Varieties. 796 mL.



3.99 Del Monte Sliced Peaches
540 mL.



2.99 Windsor Sea Salt
Fine or Coarse. 500 g.



5.49 Rogers Flour
Select Varieties. 2.5 kg.



7.49 Robin Hood Coconut Flour
Organic. 500 g.



1.99 Compliments Evaporated Milk
Regular or Partly Skimmed.
354 mL.



2.99 Compliments Chocolate Chips or Chunks
Select Varieties. 250 - 300 g.



3.49 Compliments Jasmin Rice
Or Basmati or Long Grain.
Select Varieties. 700 - 900 g.



1.99 Compliments Soya Sauce
Regular or Less Salt. 450 mL.



\$1 Compliments Cup of Noodles
Select Varieties. 65 g.



1.49 Compliments Ice Cream Cones or Cups
Regular or Rainbow. 18's.



2/\$6 Compliments Waffle Bowls
Or Bowls 10's. Cones 12's.



Beverages & Snacks



2/\$5 Clearly Canadian
Flavoured Water
Select Varieties. 325 mL. ♻️



2/\$5 Red Bull Energy Drink
Select Varieties. 250 mL. ♻️



2²⁹ Powerade Sports
Beverages
Select Varieties. 710 mL. ♻️



7⁷⁹ Pepsi 12 Pack
Soft Drinks
Select Varieties. 12 x 355 mL. ♻️



2/\$5 Coca-Cola 2 Litre
Soft Drinks
Select Varieties. ♻️



9⁹⁹ Lay's Multipack
Potato Chips
Select Varieties.
428 - 448 g.



4²⁹ Compliments
Pretzel Sticks
908 g.



2/\$8 Old Dutch Snacks
Select Varieties. 200 - 400 g.



2/\$8⁵⁰

Tostitos
Tortilla Chips
Select Varieties.
205 - 300 g.



2/\$6 Quaker Crispy Minis
or Rice Cakes
Select Varieties.
Crispy Minis 90 - 100 g.
Rice Cakes 127 - 199 g.



2⁹⁹ Compliments Kettle
Cooked Peanuts
Select Varieties. 275 g.



2/\$7 Dare Wagon Wheels or
Bear Paws
Or Viva Puffs 300 g. Select Varieties.
Wagon Wheels 315 - 360 g. Bear Paws
168 - 240 g. Simple Pleasures 310 g.



4⁴⁹ Arnott's Tim Tam
Cookies
Select Varieties. 200 g.



4⁹⁹ Best Buy Cream
Filled Cookies
Select Varieties. 600 g.



2/\$10 Wrigley's Gum
Excel or Juicy Fruit. Select Varieties.
40's - 60's. Excel or Juicy Fruit Gum
3 Pack.



2/\$10⁵⁰ Mars Multipacks or
Pouches
Or Skittles & Starburst 235 - 320 g.
Select Varieties. 155 - 208 g.



11⁴⁹ Compliments
Chocolate Covered
Almonds or Raisins
900 g.



2/\$8 Twizzlers or Nibs Licorice
Select Varieties. 311 - 454 g.

Household & Pet



9⁴⁹ Charmin
Bathroom Tissue
Ultra Strong or Soft.
8 Triple Rolls.



1⁹⁹ Compliments
Facial Tissue
3 Ply 88's. 2 Ply 126's. Each.



2⁹⁹ Dawn Dishwashing
Liquid
Select Varieties.
431 - 473 mL.



6⁹⁹ Mr. Clean Magic Erasers
Or Clean Freak 473 mL.
Select Varieties.
Magic Erasers 4's.



7⁹⁹ Swiffer Cloths
Select Varieties. Refills 10's - 16's.
Duster Kits Each or 360 Refills 3's.
WetJet Cleaning Solution 1.25 Litre.

Bakery



5⁹⁹ Kimberley's Bakeshoppe Frosted Canada Day Cookies
383 g. While Supplies Last.



6⁴⁹ Two Bite Canada Day Cupcakes
284 g. While supplies Last.



6⁹⁹ Charlotte's Cakes
Select Varieties. 400 - 475 g.



9⁴⁹

Panache Mini Profiteroles or Eclairs

Select Varieties.
300 - 455 g. Frozen.



5⁴⁹ Compliments Butter Croissants
270 g.



3⁵⁹ Dempster's Tortillas
Select Varieties. 272 - 340 g.



3⁹⁹ Compliments Garlic Bread
284 g.



3⁹⁹ Stuyvers Buns
Ciabatta or Portuguese. Select Varieties.
340 - 400 g.

Breakfast



10⁹⁹ McCafe K-Cup Coffee Pods
Select Varieties. 10's - 12's.



5⁹⁹ Compliments Instant Coffee
Regular 200 g.
Decaffeinated 100 g.



2/\$7 Compliments Cranberry Cocktails or Blends
Or Ruby Red Grapefruit.
Select Varieties. 1.89 Litre.
Compliments Lemon Juice
946 mL. 🌱



5⁹⁹

Tim Horton's Creamer

Select Varieties.
750 mL. 🌱



4⁷⁹ Pearl Milling Company Pancake Mix
Or Syrup 710 mL.
Select Varieties. Pancake Mix 905 g.



4⁹⁹ Compliments Cereal
Select Varieties. 794 g.



5⁴⁹ Compliments Granola Bars
Select Varieties.
560 - 630 g.



5⁹⁹ Compliments Creamed or Liquid Honey
Select Varieties. 500 g.



4⁹⁹ Compliments Jam
Or Jelly and Marmalade.
Select Varieties. 500 mL.



4/\$7 Pedigree Cesar Dog Food
Select Varieties. 100 g.



2⁹⁹ Purina Beyond Dog Food
Select Varieties. 368 g.



10/\$9 Compliments Cat Food
Select Varieties. 156 g.



4/\$6 Purina Fancy Feast Broth Singles
Select Varieties. 40 g.



16⁹⁹ Compliments Cat Litter
9 kg.

Meal Inspiration & Savings From our Family to Yours



Family Foods

Fresh Meat

2⁹⁹ lb
6.59/kg

Fresh Chicken Legs
Back Attached.



Fresh Produce

8⁹⁹ Each

Whole Seedless Watermelon
Product of U.S.A.



13⁹⁹ Each
Compliments Beef Burgers
Select Varieties. Frozen. 1.13 kg.



6⁹⁹ Each
Compliments Shrimp
71/90 Count. Cooked or Raw. 340 g. Frozen.



3/\$5
Aylmer Tomatoes
Select Varieties. 398 - 796 mL.



6⁴⁹
McCain Deep 'n Delicious Cake
Select Varieties. 510 g. Mini Cups 340 g. Frozen.



2/\$7⁵⁰
Mott's Clamato Juice
Select Varieties. 1.89 Litre. ☼



2/\$9
Frank's Red Hot Sauce
Select Varieties. 354 mL.

Open Sundays in select locations only. familyfoods.ca

British Columbia McMynn's Family Foods, Midway **Alberta** Breton Family Foods, Breton • Castor Family Foods, Castor • Consort Family Foods, Consort • Coronation Family Foods, Coronation • Redcliff Family Foods, Redcliff • Rimbey Family Foods, Rimbey
Siksika Trail Market, Siksika • Trochu Family Foods, Trochu • Village Supermarket, Thorsby **Saskatchewan** Assiniboia Family Foods, Assiniboia • Carlyle Family Foods, Carlyle • Esterhazy Family Foods, Esterhazy • Leader Family Foods, Leader
Redvers Family Foods, Redvers • Stoughton Meat Market & Family Foods, Stoughton • Wynyard Family Foods, Wynyard **Manitoba** Calderwood's Country Store, Dominion City and Tolstoi • Campbell's, Lac du Bonnet • Cornerview Family Foods, Snow Lake
Cross Lake Family Foods, Cross Lake • Downtown Family Foods, Winnipeg • Lundar Family Foods, Lundar • MacGregor Family Foods, MacGregor • Midway Foods, Pine Falls • Norway House Family Foods, Norway House • Park's Family Foods, Pilot Mound • Peguis Family Foods, Peguis
Plains Family Foods, Gilbert Plains • Portage La Prairie Supermarket, Portage La Prairie • Ray's Family Foods, Holland • Sam's Foods, Manitou • Spud City Food Mart, Carberry • St. Martin Family Foods, St. Martin • Thompson Family Foods, Thompson
Ontario Atikokan Foodland, Atikokan • Costa's, Schreiber • Costa's, Terrace Bay • Cloverleaf Grocery, Emo

Some items may not be available at all stores. All advertised items are on sale while stock lasts. We reserve the right to limit quantities. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

♦ BUILD THE ULTIMATE HOT DOG ♦

Prices in effect June 27 - July 3, 2024



4⁹⁹
Each

**Johnsonville
Smoked Sausages**
Select Varieties. 375 g.



5²⁹
Each

Maple Leaf Top Dogs
Select Varieties. 375 g.



2¹⁹
Each

**Maple Lodge Farms
Chicken Wieners**
Or Zabiha Halal. 450 g.



2/\$5⁵⁰

**Compliments
Hot Dog Buns**
12's



2⁹⁹

**Compliments
Pickle Stackers**
500 mL.



4⁹⁹

Hellmann's Sauces
Select Varieties. 325 mL.



1⁷⁹

**Compliments
Prepared Mustard**
400 mL.



2/\$9

**Frank's Red Hot
Sauce**
Select Varieties. 354 mL.



3⁹⁹

**Compliments
Sauerkraut**
1 Litre.



7⁴⁹

Cracker Barrel Cheese
Select Varieties. Blocks
340 - 400 g. Shredded 250 - 320 g.



2⁴⁹
lb
5.49/kg

**Red or White
Onions**
Product of U.S.A.



4⁹⁹
lb
11.00/kg

**Jalapeno
Peppers**
Product of Mexico.



3⁹⁹

**Compliments
Fried Potatoes**
Select Varieties.
454 - 800 g. Frozen.

SET UP A HOT DOG BAR!

Your guests can build their own dream dogs stocked with a variety of buns, garnishes and condiments to make delicious custom combos!

CELEBRATE



5⁴⁹
Each

**Maple Lodge Farms
Ultimate Chicken
Frankfurter**
900 g.



10⁹⁹

**Compliments
Balance Lean
Beef Burger**
907 g. Frozen.



9⁹⁹

**Compliments
Balance
Turkey Burgers**
Frozen. 852 g.



4⁹⁹

**Compliments
Natural Cheese
Slices**
Select Varieties.
210 - 230 g.



9⁹⁹

**Compliments
Wild Pacific
Salmon Burgers**
454 g. Frozen.



16⁹⁹

**Compliments
Naturally Simple
Raw Black Tiger
Shrimp**
Or Toppits Raw Shrimp
26/30 Count. 680 g.
Compliments 26/30 Count. 340 g.



19⁹⁹

The Keg Scallops
Bacon Wrapped. 340 g.
Frozen.



6⁹⁹

**Dasani Fridge
Mate Water**
12 x 355 mL. ♻️



6⁹⁹

Compliments Butter
Salted. 454 g.



5⁹⁹

Parkay Margarine
Soft 1.28 kg. Quarters 1.36 kg.



6⁹⁹

Panache or Compliments Ice Cream
Select Varieties. 1.5 Litre. Ice Cream Bars 440 - 528 mL.
Ice Cream Sandwiches 1320 mL. Frozen.



CANADA DAY



4⁹⁹

**Compliments
Dinner Napkins**

2 Ply. 100's.



2⁹⁹

**Compliments
Compostable
Cutlery**

Select Varieties. 24's.



2⁹⁹

**Compliments
Compostable
Straws**

Select Varieties. 50's.



3⁹⁹

**Compliments
Plant Fibre Plates
or Bowls**

Compostable.
Select Varieties. 12's.



6⁴⁹

**Compliments
Beer Cups**

Red or White. 50's. 473 mL.



4⁹⁹

**Compliments
Fire Log**

3 Hour. 1.72 KG.



4⁴⁹

**Compliments
Plastic Wrap**

90 Metre.



2/\$5

**Compliments
Tortilla Chips**

Select Varieties.
250 - 280 g.



9⁹⁹

**Lay's Multipack
Potato Chips**

Select Varieties.
428 - 448 g.



18⁹⁹

**Budweiser Zero
Beer**

12 x 355 mL.
De-Alcoholized. 🍷



5⁴⁹

**Compliments
Sparkling Water**

Select Varieties.
12 x 355 mL. 🍷



7⁹⁹

**Perrier
Carbonated Water**

Select Varieties.
6 x 500 mL. 🍷



HAPPY CANADA DAY

TASTE GLORY TOGETHER

BUILD YOUR TEAM CANADA SNACK PACK



MIA VALLÉE
TEAM CANADA
DIVING



OFFICIAL SNACK PARTNER



2/\$7

CRISPERS OR
BITS & BITES
145g



2/\$7

CHRISTIE
CRACKERS
175 - 386g



2/\$6

MAYNARDS CANDY
150 - 154g



2/\$10

CHRISTIE
COOKIES
374 - 520g



2/\$6

CADBURY
TABLETS
95 - 100g



2/\$4.50

CADBURY
KING BARS
66 - 90g

CELEBRATING CANADIAN GREATNESS



KraftHeinz

OFFICIAL PARTNER OF TEAM CANADA



Bull's-Eye
BBQ Sauce 425 mL
Diana Sauce 500 mL
Marinades 375 mL

2/\$6

Any Variety



Kraft Dinner
Macaroni & Cheese
175 - 200 g

Kraft Dinner
Macaroni & Cheese
Snack Cups 58 g

2/\$3

Any Variety



Heinz Ketchup
750 mL - 1 L

Miracle Whip
Spread 650 - 890 mL

Kraft Mayo Real
Mayonnaise 890 mL

\$4.99

Each
Any Variety



Kraft Peanut Butter
or Hazelnut Spread
725 g - 1 Kg

\$6.99

Each
Any Variety



Heinz Beans
or Pasta 398 mL

2/\$3

Any Variety



Kraft Salad
Dressings 425 mL

2/\$7

Any Variety



Philadelphia
Dips 340 g

\$4.99

Each
Any Variety



Cheez Whiz
Cheese Spread 450 g

Kraft Singles
Process Cheese
Product 410 g

\$3.99

Each
Any Variety