



HAPPY CANADA DAY



Fresh Meat

Beef Top Sirloin Grilling Steak
Boneless. Cut From Canada AA or Higher.

6⁹⁹ lb
15.41/kg



Fresh Produce

Red or Green Seedless Grapes
Product of Mexico.

2⁹⁹ lb
6.59/kg



Compliments Wieners
Regular or Jumbo. 450 g.

1⁹⁹ Each



Compliments Hot Dog or Hamburger Buns
490 - 540 g.

2/\$5⁵⁰



Nestle Ice Cream or Novelties
Select Varieties. Frozen. 1.5 Litre. Novelties 330 - 650 mL.

5⁹⁹



Taylor Farms Chopped Salad Kits
Select Varieties. 312 - 383 g. Product of U.S.A.

4⁹⁹ Each



Daily's Premium Meats Hickory Smoked Bacon
Original or Thick Cut. 375 g.

3⁹⁹ Each



Tropicana Orange Juices
Or Trop 50. Select Varieties. 1.54 Litre.

4⁴⁹



Coca-Cola 12 Pack Soft Drinks
Select Varieties. 12 x 355 mL.

6⁹⁹



Old Dutch or Lay's Potato Chips
Select Varieties. Old Dutch 235 g. Ridgies 200 g. Lays 220 - 235 g. Poppables 130 g.

3/\$10

Meal Inspiration & Savings From our Family to Yours

Open Sundays in select locations only. familyfoods.ca

Sale Prices in Effect

JUN/ JUL 2024	thu 27	fri 28	sat 29	sun 30	mon 1	tues 2	wed 3
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British Columbia Port Alice Family Foods, Port Alice **Alberta** Beachside Market, Alberta Beach • Evansburg Family Foods, Evansburg • Food Market Coaldale, Coaldale • Gregoire Family Foods, Fort McMurray • KC Foods, Cremona
Saskatchewan Luseland Family Foods, Luseland **Manitoba** Ashern Foods, Ashern • Watt Street Family Foods, Winnipeg **Ontario** Family Foods Centennial, Thunder Bay • Renco Foods, Thunder Bay
North West Territories Kaeser's Stores, Fort Smith

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This symbol denotes Plus deposit and/or environmental levies where applicable.

Grocery



479 Pearl Milling Company Pancake Mix Or Syrup 710 mL. Select Varieties. Pancake Mix 905 g.



499 Compliments Cereal Select Varieties. 794 g.



499 Compliments Jam Or Jelly and Marmalade. Select Varieties. 500 mL.



2/\$3 Compliments Vegetables Select Varieties. 398 mL.



2/\$4.44 Bush's Best Beans Select Varieties. 398 mL.



2/\$5 Catelli Pasta Bisto, Healthy Harvest, Ancient Grains or Smart. 340 - 375 g.



199 Hunt's Thick & Rich Pasta Sauce Or Tomato Sauce. Select Varieties. 680 mL.



299 Windsor Sea Salt Fine or Course. 500 g.



299 Compliments Chocolate Chips or Chunks Select Varieties. 250 - 300 g.



\$1 Compliments Cup of Noodles Select Varieties. 65 g.



2/\$7 Dare Wagon Wheels or Bear Paws Or Viva Puffs 300 g. Select Varieties. Wagon Wheels 315 - 360 g. Bear Paws 168 - 240 g. Simple Pleasures 310 g.



449 Arnott's Tim Tam Cookies Select Varieties. 200 g.



2/\$8.50 Tostitos Tortilla Chips Select Varieties. 205 - 300 g.



2/\$8 Old Dutch Snacks Select Varieties. 200 - 400 g.



2/\$6 Quaker Crispy Minis or Rice Cakes Select Varieties. Crispy Minis 90 - 100 g. Rice Cakes 127 - 199 g.

Bakery



599 Kimberley's Bakeshoppe Frosted Canada Day Cookies 383 g. While Supplies Last.



649 Two Bite Canada Day Cupcakes 284 g. While supplies Last.



949 Panache Mini Profiteroles or Eclairs Select Varieties. 300 - 455 g. Frozen.



229 Powerade Sports Beverages Select Varieties. 710 mL.



2/\$5 Red Bull Energy Drink Select Varieties. 250 mL.

Deli



649 Mastro Salami Select Varieties. 125 - 150 g. Each



399 Summer Fresh Hummus or Dips Select Varieties. 200 - 227 g. Each



199 Compliments Roast Turkey Breast Or Smoked. Sliced or Shaved. 100 g



1099 McCafe K-Cup Coffee Pods Select Varieties. 10's - 12's.



779 Pepsi 12 Pack Soft Drinks Select Varieties. 12 x 355 mL.

Snacks



2/\$10 Wrigley's Gum
Excel or Juicy Fruit.
Select Varieties.
40's - 60's. Excel or Juicy
Fruit Gum 3 Pack.



2/\$10⁵⁰ Mars Multipacks
or Pouches
Or Skittles & Starburst
235 - 320 g. Select
Varieties. 155 - 208 g.



11⁴⁹ Compliments
Chocolate Covered
Almonds or Raisins
900 g.



4⁹⁹ Best Buy Cream
Filled Cookies
Select Varieties. 600 g.



2/\$8 Twizzlers or
Nibs Licorice
Select Varieties.
311 - 454 g.

Chilled & Frozen



3⁴⁹ Nestea or Five Alive
Beverages
Select Varieties. 1.75 Litre. ♻️



6⁹⁹ Becel Soft Margarine
Select Varieties. 637 - 850 g.



3⁴⁹ Gay Lea Sour Cream
Select Varieties. 425 - 500 mL.



7⁴⁹ IOGO Multipack
Yogourt
Select Varieties.
16 x 95 - 100 g.



3⁹⁹ Compliments
Cottage Cheese
Select Varieties. 500 g.



5⁹⁹ Tim Horton's Creamer
Select Varieties. 750 mL. ♻️



3⁴⁹ Compliments
Perogies
Select Varieties. 907 g.
Frozen.



2⁹⁹ Best Buy
Vegetables
Select Varieties. 750 g.
Frozen.



5⁴⁹ Dr. Oetker Pizza
Select Varieties.
Casa Di Mama 395 - 410 g.
Ristorante 320 - 390 g.
Frozen.



6⁴⁹ McCain
Potato Patties
Frozen. 1.3 kg.



4⁹⁹ Ben & Jerry's Ice Cream
or Magnum Bars
Select Varieties. Ben & Jerry's 473 mL.
Magnum 3's - 4's. Popsicle Novelties
576 - 600 mL. Fudgsicle or Revello
720 mL. Frozen.



7⁹⁹ Compliments
Corn Dogs
1.35 Kg. Frozen.



9²⁹ Compliments
Meatballs
Select Varieties.
Frozen. 680 g.



14⁹⁹ Pinty's Chicken
Select Varieties.
750 - 790 g. Frozen.



8⁹⁹ High Liner Family
Favorites Fish Sticks
Select Varieties.
500 - 700 g. Frozen.

Household & Pet



9⁴⁹ Charmin
Bathroom Tissue
Ultra Strong or Soft.
8 Triple Rolls.



1⁹⁹ Compliments
Facial Tissue
3 Ply 88's. 2 Ply 126's. Each.



2⁹⁹ Dawn Dishwashing
Liquid
Select Varieties.
431 - 473 mL.



2⁹⁹ Purina Beyond
Dog Food
Select Varieties. 368 g.



4/\$6 Purina Fancy Feast
Broth Singles
Select Varieties. 40 g.



Fresh Produce

8⁹⁹ Each
Whole Seedless Watermelon
 Product of U.S.A.



Fresh Meat

2⁹⁹ lb
 6.59/kg
Fresh Chicken Legs
 Back Attached.



13⁹⁹ Each
Compliments Beef Burgers
 Select Varieties. Frozen. 1.13 kg.



6⁹⁹ Each
Compliments Shrimp
 71/90 Count. Cooked or Raw.
 340 g. Frozen.



3/\$5
Aylmer Tomatoes
 Select Varieties. 398 - 796 mL.



6⁴⁹
McCain Deep 'n Delicious Cake
 Select Varieties. 510 g. Mini
 Cups 340 g. Frozen.



2/\$7⁵⁰
Mott's Clamato Juice
 Select Varieties.
 1.89 Litre. ♻️



2/\$9
Frank's Red Hot Sauce
 Select Varieties. 354 mL.

Produce



5⁹⁹ Each
Fresh Apples
 Select Varieties. 3 lb/1.36 kg
 bag. Product of Canada/
 U.S.A./Chile.



5⁹⁹ Each
Compliments Oranges
 Product of U.S.A.
 3 lb/1.36 kg.



1⁴⁹ lb
 3.28/kg
Tomatoes On The Vine
 Product of Canada.



2⁹⁹ lb
 6.59/kg
Broccoli Crowns
 Product of Mexico.



5⁹⁹ Each
Fresh Cauliflower
 Product of U.S.A.

Meat*



3⁹⁹ lb
 8.80/kg
Fresh Pork Shoulder Blade Steak
 Bone In.



8⁹⁹ lb
 19.82/kg
Short Rib Style Boneless Brisket
 Cut From Canada AA or
 Higher.



8⁹⁹ Each
Freybe Ham Sticks
 Regular or Honey Ham.
 500 g.



2/\$7
Schneiders or Greenfield Adult Lunch Kits
 Select Varieties. 67 - 117 g.



13⁹⁹ Each
Swiss Chalet Pork Back Ribs
 Select Varieties. 600 g.

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BUILD THE ♦ ULTIMATE HOT DOG ♦

Prices in effect June 27 - July 3, 2024



4.99 Each

Johnsonville Smoked Sausages
Select Varieties. 375 g.

5.29 Each

Maple Leaf Top Dogs
Select Varieties. 375 g.

2.19 Each

Maple Lodge Farms Chicken Wieners
Or Zabihah Halal. 450 g.

2/\$5.50

Compliments Hot Dog Buns
12's

2.99

Compliments Pickle Stackers
500 mL.

4.99

Hellmann's Sauces
Select Varieties. 325 mL.

1.79

Compliments Prepared Mustard
400 mL.

2/\$9

Frank's Red Hot Sauce
Select Varieties. 354 mL.

3.99

Compliments Sauerkraut
1 Litre.

7.49

Cracker Barrel Cheese
Select Varieties. Blocks 340 - 400 g. Shredded 250 - 320 g.

2.49 lb
5.49/kg

Red or White Onions
Product of U.S.A.

4.99 lb
11.00/kg

Jalapeno Peppers
Product of Mexico.

3.99

Compliments Fried Potatoes
Select Varieties. 454 - 800 g. Frozen.

SET UP A
HOT DOG BAR!
Your guests can build their own dream dogs stocked with a variety of buns, garnishes and condiments to make delicious custom combos!

CELEBRATE



5.49
Each

**Maple Lodge Farms
Ultimate Chicken
Frankfurter**
900 g.



10.99

**Compliments
Balance Lean
Beef Burger**
907 g. Frozen.



9.99

**Compliments
Balance
Turkey Burgers**
Frozen. 852 g.



4.99

**Compliments
Natural Cheese
Slices**
Select Varieties.
210 - 230 g.



9.99

**Compliments
Wild Pacific
Salmon Burgers**
454 g. Frozen.



16.99

**Compliments
Naturally Simple
Raw Black Tiger
Shrimp**
Or Toppits Raw Shrimp
26/30 Count. 680 g.
Compliments 26/30 Count. 340 g.



19.99

The Keg Scallops
Bacon Wrapped. 340 g.
Frozen.



6.99

**Dasani Fridge
Mate Water**
12 x 355 mL.



6.99

Compliments Butter
Salted. 454 g.



5.99

Parkay Margarine
Soft 1.28 kg. Quarters 1.36 kg.



6.99

Panache or Compliments Ice Cream
Select Varieties. 1.5 Litre. Ice Cream Bars 440 - 528 mL.
Ice Cream Sandwiches 1320 mL. Frozen.



CANADADAY



4⁹⁹

Compliments Dinner Napkins
2 Ply. 100's.



2⁹⁹

Compliments Compostable Cutlery
Select Varieties. 24's.



2⁹⁹

Compliments Compostable Straws
Select Varieties. 50's.



3⁹⁹

Compliments Plant Fibre Plates or Bowls
Compostable.
Select Varieties. 12's.



6⁴⁹

Compliments Beer Cups
Red or White. 50's. 473 mL.



4⁹⁹

Compliments Fire Log
3 Hour. 1.72 KG.



4⁴⁹

Compliments Plastic Wrap
90 Metre.



2/\$5

Compliments Tortilla Chips
Select Varieties.
250 - 280 g.



9⁹⁹

Lay's Multipack Potato Chips
Select Varieties.
428 - 448 g.



18⁹⁹

Budweiser Zero Beer
12 x 355 mL.
De-Alcoholized. ♻️



5⁴⁹

Compliments Sparkling Water
Select Varieties.
12 x 355 mL. ♻️



7⁹⁹

Perrier Carbonated Water
Select Varieties.
6 x 500 mL. ♻️



HAPPY CANADA DAY

TASTE
=**GLORY**=
TOGETHER

BUILD YOUR TEAM CANADA SNACK PACK

MIA VALLÉE
TEAM CANADA
DIVING

OREO Cadbury RITZ

OFFICIAL SNACK PARTNER



2/\$7 CRISPERS OR BITS & BITES 145g



2/\$7 CHRISTIE CRACKERS 175 - 386g



2/\$6 MAYNARDS CANDY 150 - 154g



2/\$10 CHRISTIE COOKIES 374 - 520g



2/\$6 CADBURY TABLETS 95 - 100g



2/\$4.50 CADBURY KING BARS 66 - 90g

CELEBRATING CANADIAN GREATNESS



OFFICIAL PARTNER OF TEAM CANADA



Bull's-Eye BBQ Sauce 425 mL
Diana Sauce 500 mL
Marinades 375 mL

2/\$6
Any Variety



Kraft Dinner Macaroni & Cheese 175 - 200 g
Kraft Dinner Macaroni & Cheese Snack Cups 58 g

2/\$3
Any Variety



Heinz Ketchup 750 mL - 1L
Miracle Whip Spread 650 - 890 mL
Kraft Mayo Real Mayonnaise 890 mL

\$4.99
Each Any Variety



Kraft Peanut Butter or Hazelnut Spread 725 g - 1 Kg

\$6.99
Each Any Variety



Heinz Beans or Pasta 398 mL

2/\$3
Any Variety



Kraft Salad Dressings 425 mL

2/\$7
Any Variety



Philadelphia Dips 340 g

\$4.99
Each Any Variety



Cheez Whiz Cheese Spread 450 g
Kraft Singles Process Cheese Product 410 g

\$3.99
Each Any Variety