NAM DAE MUN Farmers Market

WE ARE OPEN 7DAYS A WEEK **9AM~9PM**

SPECIAL SENIOR HOUR 9:00AM~10:00AM

5% Discount for Our Seniors!

NDMMARKET.COM
WEEKLY ADs, RECIPES AND MORE

Download our APP or Visit our Website for even more Savings!
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www.ndmmarket.com @ndmmarket @ndmmarket

Kimchi Garlic Bossam

Bossam Ingredients Pork Belly for Meat 600G, 20 Cloves of Garlic, 1 Green Onion, 1 Onion, 1 Apple, 1/3 Cup Cooking Wine, Soybean Paste 3T, Kimchi **Garlic Sauce Ingredients** 5T Minced Garlic, Cooking Syrup 2T, Soy Sauce 2T, 1T Sesame Oil, 1T Vinegar **Recipe** Put all the Bossam ingredients in a large pot puts it. Add the miso paste at first cook thoroughly over high heat for about 30 minutes. When the water starts to boil, cook the wine put. How much pork belly for meat once cooked, simmer over medium heat for 15-20 minutes. Take out the cooked pork belly Let it cool and cut it into bite-sized pieces. It's good to eat kimchi and cabbage together.

PORK BL BELLIES — 4.99 LB

PORK SPARE RIB WHOLE — 2.49 LB

LAMB WHOLE — 4.99 LB

GOAT WHOLE — 5.99 LB

GREEN SHELL HALF MUSSEL — 1KG 12.99 PK

SQUID RING 1LB/PK — 1LB 4.99 PK

SQUID TUBE — 2.99 LB

SWAI FILLET — 3.99 LB

ORDER & PICK UP
Shop Online for Curbside
Now available at Select Locations.
FREE PICKUP! ON 1ST ORDER
& ANY ORDERS OVER $25

DAIRY AND FROZEN

GOLDEN PEAK TEA DRINK
SELECT VARIETIES 52OZ — 1.99
APP CARD DIGITAL COUPON $0.5 OFF 1 LIMIT 1

TROPICANA ORANGE JUICE
SELECT VARIETIES 52OZ — 3.49

FLORIDA NATURAL JUICE
SELECT VARIETIES 59OZ — 2.5 FOR

YOPLAIT YOGURT
SELECT VARIETIES 8CT 48OZ — 4.99

NORTH STAR ICE CREAM BAR
VARIETY PACK 30CT — 16.99

COUNTRY CROCK SPREAD
SELECT VARIETIES 45OZ — 5.99
APP CARD DIGITAL COUPON $2 OFF 1 LIMIT 1

KRAFT CHEESE
SELECT VARIETIES 6-8OZ — 2.5 FOR

DAISY SOUR CREAM
SELECT VARIETIES 24OZ — 3.89

SMUCKERS UNCRUSTABLE
SELECT VARIETIES 7.-9.98OZ — 2.7 FOR
APP CARD DIGITAL COUPON $1 OFF 2

NORTH STAR ICE CREAM BAR
VARIETY PACK 40CT — 18.99

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SWEET, JUICY FRUITS

ONLY FRI.SAT.SUN SALE

ORRI MANDARIN 1.99 LB

TOMMY MANGO 9-10CT 7.99 BOX

HASS AVOCADO 1.99 EA 2 FOR 3

LYCHEE 3.99 LB

RAMBUTAN 3.99 LB

RED CHERRY 1.99 LB

RED GLOBE GRAPE / RED SL GRAPE 0.99 LB

GOLDEN KIWI 1LB 4.99 PK

GOLDEN KIWI 22CT 24.99 BOX

KOREAN MELON 19.99 BOX

RED GRAPEFRUIT 3LB 3.99 BAG

GRAPEFRUIT 1.99 EA

CALIFORNIA ORAGE 0.59 EA 2 FOR 1 4LB 4.99 BAG

YELLOW PEACH 1.29 LB

CANTALOUPE 1.99 EA

GREEN KIWI 0.79 EA 3 FOR 1.99 2LB 6.99 PK

PEELED YOUNG COCONUT W/STRAW 1.99 EA

CLUSTER TOMATO 0.99 LB

RED DELICIOUS APPLE 0.99 LB

FUJI APPLE 0.79 LB

GOLDEN APPLE 3LB 2.99 BAG

RED APPLE 3LB 2.99 BAG

FARM FRESH VEGETABLE

ONLY FRI.SAT.SUN SALE

GREY ZUCCINI 0.99 LB

CAULIFLOWER 2.99 EA

GREEN JALAPENO 0.99 LB

BEET LOOSE 0.99 LB

GREEN LEAF 1.29 EA

IDAHO POTATO 5LB 2.99 BAG

HYDRO CUCUMBER 0.79 EA 2 FOR 1

GREEN ONION 0.39 EA 4 FOR 1

YELLOW CORN 0.49 EA 3 FOR 1

SPINACH BUNCH 1.29 EA

YELLOW ONION 3LB 1.99 BAG

PEELED GARLIC 3LB 8.99 BAG

GARLIC 5PC 1.99 PK

RED BELL PEPPER 1.99 LB

RAIMBOW BELL PEPPER 3PK 2.99 BAG

TAIWAN CABBAGE 0.59 LB

CHOPPED KIMCHI 1.75LB 6.99 PK

CELLO CARROT 2LB 1.99 BAG

YUCA 0.99 LB

MALANGA COCO 0.99 LB

KABOCHA SQUASH 0.59 LB

KOREAN SWEET POTATO 0.99 LB

SPECIAL!

COCA COLA DRINK SELECT VARIETIES 7.5OZ 10PK — 2 FOR 10

POWERADE SPORTS DRINK SELECT VARIETIES 28OZ — 4 FOR 5

MONSTER ENERGY DRINK SELECT VARIETIES 16OZ — 2 FOR 4

SMARTWATER 2KINDS 1L — 2 FOR 4

TEN RESOLUTIONS TO KEEP IN MIND WHEN TIMES ARE TOUGH

1. Don't compare yourself to others.
2. Avoid severe mood swings.
3. Find your best lane if it doesn't work out.
4. Keep making small accomplishments.
5. Create a beneficial routine.
6. Keep going at your own pace.
7. Embrace change and adapt quickly.
8. Be in tune with the people you work with.
9. Find the positive about the phenomenon.
10. Be grateful for what you've been given.

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OCEAN SPRAY CRANBERRY JUICE SELECT VARIETIES 60-64OZ — 27 FOR

SAN PELLEGRINO ESSENZA SPARKLING DRINK SELECT VARIETIES 11.5OZ — 6.99 — DIGITAL COUPON $1 OFF 1 — APP CARD

PERRIER US DRINK SELECT VARIETIES 8PK 330ML — 6.99 — DIGITAL COUPON $1 OFF 1 — APP CARD

LOTTE SACSAC 12PK — ORANGE 10.99 — GRAPE 12.99

SKY SPARKLING DRINK 5KINDS 6PK — 4.99

KOOL AID CAPRISUN DRINK SELECT VARIETIES 10PK — 2.99

KELLOGGS POP TART SELECT VARIETIES 13.5-13.54OZ — 2.99 — DIGITAL COUPON $1 OFF 1 LIMIT 1 — APP CARD

KWANGDONG CORN SILK TEA ORIENTAL RAISIN TEA 1.5L — 23 FOR

KWANGDONG VITA 500 10 x 100ML — 3.99

SUNNY D JUICE SELECT VARIETIES 128OZ — 2.99

HAWAIIAN PUNCH SELECT VARIETIES 128OZ — 2.99

SMUCKER TOPPING SELECT VARIETIES 11.5-20OZ — 26 FOR

KELLOGGS CRUNCH POPPER POP TART SELECT VARIETIES 5OZ — 2.99 — DIGITAL COUPON $1 OFF 1 LIMIT 1 — APP CARD

KELLOGGS POP TART BITES SELECT VARIETIES 7OZ — 2.99 — DIGITAL COUPON $1 OFF 1 LIMIT 1 — APP CARD

OREO COOKIE SELECT VARIETIES 10.1-14.3OZ — 3.99 — DIGITAL COUPON $1.5 OFF 1 — APP CARD

DUNCAN HINES FROSTING SELECT VARIETIES 14-16OZ — 1.99

DUNCAN HINES CAKE MIX SELECT VARIETIES 15.25OZ — 35 FOR

DUNCAN HINES BROWNIE MIX SELECT VARIETIES 18-18.3OZ — 35 FOR

KRAFT BBQ SAUCE SELECT VARIETIES 17.5-18OZ — 1.79

KRAFT MAYONNAISE SELECT VARIETIES 30OZ — 4.49

IGA COOKING SPRAY OIL SELECT VARIETIES 6OZ — 2.49

IGA PASTA SAUCE SELECT VARIETIES 24OZ — 1.79

HUNTS TOMATO SAUCE SELECT VARIETIES 8OZ — 32 FOR

KELLOGGS CEREAL SELECT VARIETIES 7.8-15.9OZ — 2.99

LEEKUMKEE SESAME OIL 1.65L — 13.99

NDM VEGETABLE DUMPLING — 5.99 1KG — 11.99 2KG

S&B GOLDEN CURRY SELECT VARIETIES 7.8OZ — 3.99

SUCCESS RICE SELECT VARIETIES 2LB — 4.49

MINUTE RICE WHITE 28OZ — 4.49

DOMINO GRANULATED SUGAR 4LB — 2.99

PALDO BIBIMMEN 5PK — 4.99

PALDO KORENO RAMEN 4KINDS 5PK — 3.99

PALDO DOSIRACK CUP RAMEN 3KINDS 86G — 23 FOR

MARUCHAN BOWL YAKISOBA SELECT VARIETIES 3.99-4.11OZ — 33 FOR

MARUCHAN BOWL RAMEN SELECT VARIETIES 3.31-3.49OZ — 33 FOR

WY CRISPY CORN DOG 4KINDS 400G — 5.99

COOKTOK CUP TTEOKBOKKI 3KINDS 135-140G — 1.99

BADAWON SEAFOOD TTEOKBOKKI 3KINDS 116-118G — 1.99

BADAWON CUP KELP RICE NOODLE 3KINDS 93G — 24 FOR

MR.HOO RICE CUP NOODLE 2KINDS 3.25OZ — 23 FOR

OTTOGI JIN RAMEN 2KIND 4PK — 3.99

NONG SHIM MULTI PACK RAMEN 4KIND 4PK — 3.99

ORION KING JELLY 67G — 0.99

ORION ALMOND CANDY 90G
ORION KARTO CHIP BBQ 75G
ORION POCA CHIP 66G
ORION DIGET ORIGONAL 194G — 23 FOR

ORION HAUTE 6PC 144G — 2.99

ORION SOFT CHOCOCHIP 160G — 1.99

ORION TURTLE CHIP LIME 160G SUNCHIP 135G — 25 FOR

NONGSHIM ONION RING 90G — 1.99

NONGSHIM CUTTLE FISH 55G — 23 FOR

NONGSHIM SHRIMP CHIP 200G — 3.99

MORE SAVING EVERYDAY!

TIDE SIMPLY LQ DETERGENT SELECT VARIETIES 84-92OZ — 9.99 — DIGITAL COUPON $3 OFF 1 LIMIT 1 — APP CARD

TIDE SIMPLY PODS DETERGENT SELECT VARIETIES 25-42CT — 9.99 — DIGITAL COUPON $3 OFF 1 LIMIT 1 — APP CARD

GAIN·DOWNY IN WASH LAUNDRY SCENT BOOSTER SELECT VARIETIES 18.2OZ — 9.99

DOWNY RINSE & REFRESH SELECT VARIETIES 48OZ — 9.99

DOWNY FABRIC CONDITIONER SELECT VARIETIES 140OZ — 9.99

SCOTT MEGA ROLL PAPER TOWEL 6CT — 5.99

SCOTT 1000 BATH TISSUE WHITE 12CT — 11.99

BOUNTY DOUBLE ROLL PAPER TOWEL WHITE 6CT — 12.99

KINGFORD CHARCOAL THE ORIGINAL 16LB — 10.99

Visit Our NDM Market Locations

DULUTH 3825 Shackleford Rd, Duluth, GA 30096
LAWRENCEVILLE 850 Dogwood Rd. Lawrenceville, GA 30044
LILBURN 4805 Lawrenceville Hwy. Lilburn, GA 30047
MORROW 1940 Mt. Zion Rd. Morrow, GA 30260
NORCROSS 6131 S. Norcross Tucker Rd. Norcross, GA 30093
STONE MOUNTAIN 5158 Memorial Dr. Stone Mtn, GA 30083
SMYRNA(EAST) 2350 Spring Rd. Smyrna, GA 30080
SMYRNA(WEST) 2148 South Cobb Dr. Smyrna, GA 30080

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Farmers Market

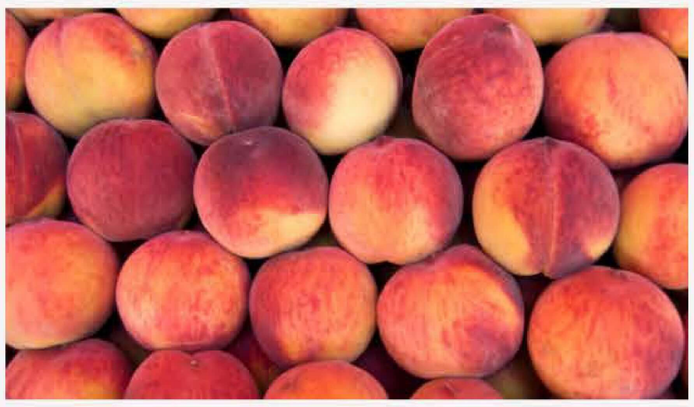
06.07.2024~ 06.13.2024

PRODUCE WEEKLY SALE

Choose Your Best Vegetables !

BOX SALES ONLY !

<ALL ITEMS ARE BOX PRICES>



YELLOW PEACH 25LB BASKET

One yellow peach (about 100 grams) contains 1.5 grams of fiber.1 It is the indigestible part of carbohydrates that helps prevent constipation, supports gut health, and helps manage blood sugar by slowing down how quickly blood sugars rise.2 Peaches also contain prebiotics, which feed the beneficial bacteria in the gut tied to anti-inflammation, immunity, and mood.

SALE PRICE
$30.00
SUPER PRICE

LIME (MEX) 175CT

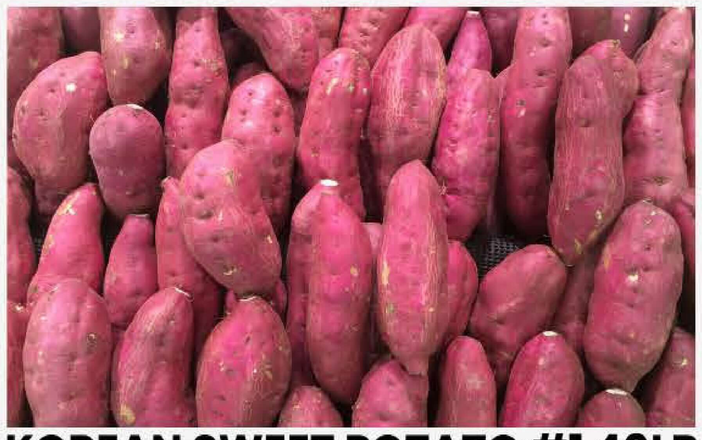
Limes are high in vitamin C and antioxidants — both of which may offer health benefits. Eating limes or drinking the juice may improve immunity, reduce heart disease risk factors, prevent kidney stones, aid iron absorption, and promote healthy skin. Avoid limes if you're allergic to citrus fruit.

SALE PRICE
$35.00
SUPER PRICE

SQUASH KABOCHA 35LB

It has a low glycemic index, which means it slowly increases and maintains blood sugar levels. Like other winter squash types, kabocha pumpkin is rich in polysaccharides or fiber. It keeps you full for longer and prevents blood sugar from rising quickly.

SALE PRICE
$21.00
SUPER PRICE



KOREAN SWEET POTATO #1 40LB

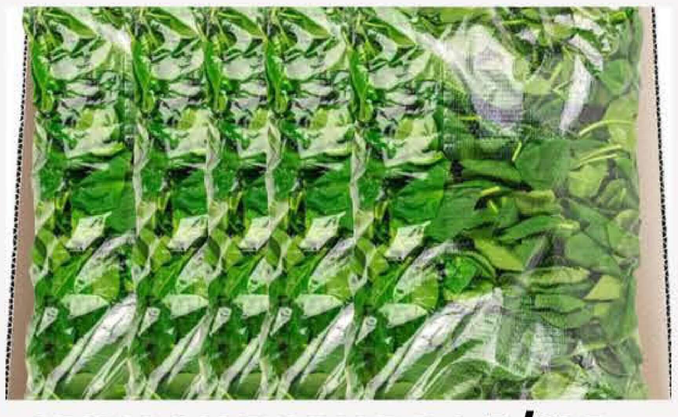
Sweet potatoes are nutritious, packing a good amount of vitamin A, vitamin C, and manganese into each serving. They also have anticancer properties and may promote immune function and other health benefits.

SALE PRICE
$33.00
SUPER PRICE

TAIWAN CABBAGE

Reduced risk of heart disease and stroke. The antioxidants in cabbage help reduce inflammation, which is linked to heart disease. Cabbage also contains something called anthocyanins. Several studies have found these compounds can lower blood pressure and reduce the risk of heart attack and stroke.

SALE PRICE
$21.00
SUPER PRICE



SPINACH BABY BAG 5/2LB

Spinach can be a beneficial addition to a diet. It is a rich source of essential nutrients like iron, calcium, and vitamins A and C, which are vital for a baby's growth and development. Spinach iron plays a vital role in preventing anemia, while calcium supports bone health.

SALE PRICE
$20.00
SUPER PRICE