

ONT\_ZONE3

# HOT PRICE EVENT

# June Sobeys Days

**All Fresh Pork!**  
**BUY 2 GET 1 FREE**  
\*of equal or lesser value see offers on page 5



**1.88** /lb  
COMPLIMENTS  
Fresh AIR-CHILLED  
Whole Chicken or  
Fresh Chicken Legs  
Family Size back  
attached 4.14/kg



Broccoli Crowns  
product of USA  
or Mexico  
5.38/kg

**2.44** /lb



**OURS**

LARGE X-LARGE JUMBO 10.5 row

**3.47** /lb  
Jumbo Red  
Cherries product  
of USA no 1 grade  
7.65/kg



**10.99** /lb

Fresh Rainbow Trout Fillets  
product of Ontario or Fresh Tilapia  
Fillets subject to availability 24.23/kg



HEINZ Ketchup  
750 mL-1 L

**4.97**



**BUY 2 GET 1 FREE**  
\*of equal or lesser value

VAN HOUTTE Coffee  
K-Cup® Pods 10-12 pk or  
Roast and Ground Coffee  
340 g or TIM HORTONS  
Single Serve Coffee or  
Orange Pekoe Tea Cups  
10-12 pk or Roast and  
Ground Coffee 300 g



CASHMERE Bathroom  
Tissue 24=48 or  
12=48 rolls, SPONGE  
TOWELS 6 pk or  
SCOTTIES Facial  
Tissue 12 pk

**10.99**



**3.99** /12

CHAPMAN'S Premium  
Ice Cream, Frozen  
Yogurt, Sorbet or No  
Sugar Added Ice Cream  
1-2 L or Yukon or Super  
Novelties 5-18 pk



Scene+  
**DIGITAL EXCLUSIVE**  
OFFER AVAILABLE  
JUNE 6-12,  
2024  
That's like  
**\$5**  
towards your  
groceries

SPEND \$50 OR MORE, GET **500 PTS** WHEN YOU LOAD THIS OFFER in the Sobeys app or at MyGroceryOffers.ca

Card must be registered. Offer valid and available to be loaded from June 6 - June 12, 2024 at all Sobeys locations in Ontario. Minimum \$50 qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Spending \$50 or more awards only one 500 Scene+ points allotment. Limit 1 offer per Scene+ Card. Digital Offer has no cash value and cannot be combined with any other offers. Offer excludes taxes and other goods and services which are non-discountable or excluded by law or as we determine from time to time. Offer cannot be combined with other minimum spend/receive offer(s). SCENE+ registered digital or physical card must be presented. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus in Corporation used under license by Sobeys Capital Incorporated.

Scan QR code to download or open the app

Prices and offers in effect June 2024

THU 6 FRI 7 SAT 8 SUN 9 MON 10 TUE 11 WED 12

**so many deals** Scan here for our full digital flyer



**FEED THE DREAM**



SOBEYS\_WW06\_P01\_ONT\_ZONE3

Scene<sup>+</sup>**MEMBER****PRICING**Swipe your  
Scene+ Card  
and Save**10<sup>99</sup>**Members  
**SAVE**  
\$3

with Scene+ Card

**13<sup>99</sup>** without Scene+ Card  
PINTY'S Chicken Wings, Fillets, Chunks or Gluten Free Breaded Strips, Nuggets Burgers 750-790 g**10<sup>99</sup>**Members  
**SAVE**  
\$3

with Scene+ Card

**13<sup>99</sup>** without Scene+ Card  
HIGH LINER Signature Cuts or Pan-Sear Breaded or Battered Premium Fish 425-540 g or CATCH OF THE DAY Pacific Salmon Fillets 680 g**1<sup>99</sup>**Members  
**SAVE**  
\$2

with Scene+ Card

**3<sup>99</sup>** without Scene+ Card  
BULL'S-EYE BBO Sauce 425 mL or DIANA Sauces 500 mL or Marinades 375 mL**4<sup>44</sup>**Members  
**SAVE**  
\$1

with Scene+ Card

**5<sup>44</sup>** without Scene+ Card  
COMPLIMENTS Cheese 400 g or Shreds 226-320 g selected varietiesLook for more Member Pricing  
throughout the flyer and in-store.

Scene

TURN  
POINTS  
INTO  
GROCERIES



That's like  
**\$10**  
toward your  
groceries

Get **1000 PTS**  
When you spend  
\$30 or more

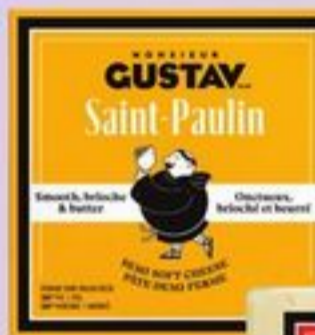
Get **500 PTS**  
When you spend  
\$20 or more

That's like  
**\$5**  
toward your  
groceries



**6<sup>99</sup>**  
/lb

Fresh Lean Ground Beef  
Burgers Family Size  
4 pk 15.4/kg



**500 PTS**  
when you buy 3

STARTING AT

**6<sup>79</sup>**

MONSIEUR GUSTAV Swiss  
170 g, Saint-Paulin 190 g or  
Gouda 170 g



**100 PTS**  
when you buy 1

**6<sup>99</sup>**

IMPERIAL Soft Margarine or  
Squares 1.26-1.36 kg



**100 PTS**  
when you buy 2

**2<sup>99</sup>**

CAVENDISH FARMS Flavour Crisp  
Fries 454-750 g or COMPLIMENTS  
Frozen Vegetables selected 500 g

1000 Points = \$10 of free groceries

SOBEYS\_WW06\_FLOZ\_ONT

# HOT PRICE EVENT

## June Sobeys Days



**5.99** /lb  
Fresh Lean Ground Beef  
Family Size 13.21/kg



**25% off**  
STERLING SILVER Fresh Boneless Inside Round Oven Roast or Marinating Steaks Family Size cut by your local meat expert from Canada AAA grade beef



**6.99**  
COMPLIMENTS Cooked or Raw Shrimp 31-40 ct per lb 340 g



**5.99**  
GREENFIELD or MAPLE LEAF Bacon 375 g, MAPLE LEAF Ready Crisp Bacon 65-85 g, SCHNEIDER'S Juicy Jumbos, Footlong Wieners, Regular Beef Wieners or Smoked Sausages 375-450 g or GREENFIELD Wieners or Smoked Sausages 300-375 g selected



**2/\$6**  
COMPLIMENTS ORGANIC Whole Cremini Mushrooms product of Canada 227 g



**3.69**  
French or Italian Bread 450 g  
BAKED IN STORE  
60 PTS when you buy 2



**2.99** /100 g  
COMPLIMENTS Turkey or Chicken



**2/\$4**  
COMPLIMENTS Garden Salad 340 g or Coleslaw 397 g product of USA



**3.49**  
VILLAGGIO Bread 570-675 g Buns 6-8 pk or DEMPSTER'S Tortillas 272-340 g  
Buy 1 at 3.99 ea  
Buy 2 at 3.79 ea



**5.46**  
NATREL Fine Filtered Milk 4 L (excluding homogenized), Lactose Free Milk 2 L, Plus Protein Milk 2 L, Flavoured Coffee Creamer 1 L, or DANONE Activia Yogurt 12 pk or OIKOS Greek Yogurt 650-750 g



**8.99**  
KELLOGG'S, GENERAL MILLS or POST Jumbo Cereal 700 g-1.2 kg



**2/\$5**  
CHRISTIE Cookies selected 212-303 g



**2/850**  
RUFFLES Potato Chips 180-200 g



**10.97**  
KRAFT Peanut Butter 2 kg  
200 PTS when you buy 2



**1.99**  
MICHELINA'S Frozen Entrées 128-284 g or SWIFT Pot Pies 190 g



**3/\$9**  
BEN'S ORIGINAL Bistro Express 240-250 g



**4/\$5**  
HEINZ Beans or Pasta 398 mL



**99¢**  
COLGATE Max Fresh Toothpaste 52-95 mL or Toothbrushes 1 pk selected



**8.99**  
KRAFT Singles 825 g



**6.49**  
PUREX 1.47-2.03 L or SUNLIGHT Laundry Detergent 1.84 L  
200 PTS when you buy 2

Scene: **GET 700 PTS FOR EVERY \$50 SPENT IN** DOORASHI, EDO JAPAN, GAP INC. BRAND, SONY, COSME SKIN, BOSTON PIZZA, WATSPA OR HUDSON'S BAY GIFT CARDS! Offer valid during June 6 - 12, 2024. Sorry no receipts or price matching. Offer valid on participating gift cards. See gift card for details, terms, conditions and (if applicable) fees. Subject to availability.

Beer, wine and cider available at selected stores.  
\*Pricing may be subject to change. Pricing includes taxes & refundable container deposit.

**105 off** HEINEKEN Original Lager 6x500 mL tall cans promo retail 19.65

**150 off** MILL STREET ORGANIC Lager 6x341 mL bottles promo retail 15.45

**\$1 off** BASK Crisp Rosé 750 mL promo retail 12.95

**\$2 off** RUFFINO Pinot Grigio or Chianti 750 mL promo retail 14.80

to National Rosé Day! (June 8th, 2024)

# LOAD IT TO GET IT!

# Get up to 800 PTS

Load offers in the Sobeys app or at [MyGroceryOffers.ca](https://www.MyGroceryOffers.ca)

That's like  
**\$8**  
toward your groceries



Get **500 PTS**  
when you buy 4

TOSTITOS Chips  
205-300 g



Get **300 PTS**  
when you buy 2

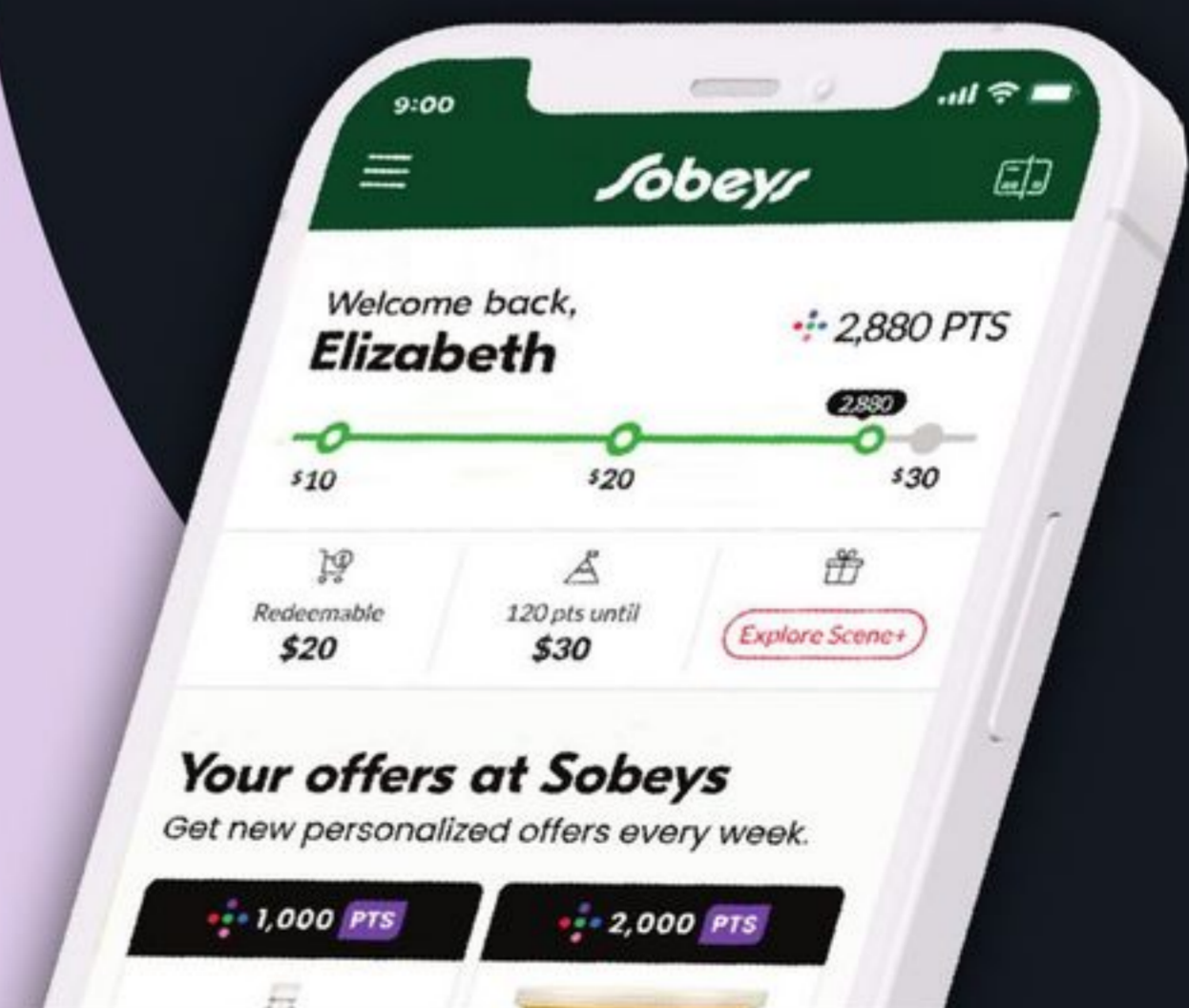
COMPLIMENTS Bagged Candy  
600-750 g

Scene+  
**DIGITAL EXCLUSIVE**

Download on the  
**App Store**

GET IT ON  
**Google Play**

Sobeys



Offer valid June 6<sup>th</sup> to June 12<sup>th</sup>, 2024 at all Sobeys locations in Ontario. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.



**2/\$8**

COCA-COLA or PEPSI Soft Drinks 6x710 mL



**3.99**

SIMPLY Orange Juice 1.54 L or MINUTE MAID Lemonade or Fruit Punch No Sugar Added 1.54 L

**Cheers to cool summer sips**



**BUY 3 GET 1 FREE**

\*of equal or lesser value

BUBLY Sparkling Water 12x355 mL 7.49 ea



**3.99**

PURE LIFE Spring Water 24x500 mL



**4.99**

COMPLIMENTS Fruit Mocktails 450 g



端午節快樂

**Happy Dragon Boat Festival**

**Get more from your celebration!**



*Treat yourself to a tuna steak!*



**10.88**

/lb

Yellowfin Tuna Steaks previously frozen or frozen product of Vietnam 23.99/kg

**5.99**

Large Papaya product of Mexico



**1.29**

Garlic product of Egypt

**1.28**

/lb

Yellow Asian Pear product of China 2.82/kg



**7.49** MAZOLA Oil selected varieties 1.18 L



**5.49** BLUE DRAGON Curry Paste selected varieties 270 mL



**2/\$7** BLUE DRAGON Noodles selected varieties 250-300 g



**1.69** DIAMOND Instant Noodles 400 g



**3.49** KIKKOMAN Panko Bread Crumbs 227 g



**4.99** SAPPORO Ichiban Instant Noodles selected varieties 5 pk



**4.99** FARKAY Noodles selected varieties 397 g



**15% off** AVEENO Skincare selected

That's like \$4 toward your groceries

**400 PTS** when you buy 2



**GREAT GIFT IDEA!** Our Gift Cards can be any amount.



Try our Asian-Style BBQ  
Beef Short Ribs  
recipe at [Sobeys.com](http://Sobeys.com)



300 PTS  
when you spend  
\$15 or more

**12<sup>88</sup>**  
/lb

Fresh Beef Chuck Short Ribs Family Size  
thick English style or thin sliced cut by your meat  
expert from Canada AA grade beef 28.39/kg



**8<sup>99</sup>**

Persimmon Case  
product of  
South Africa



*Crisp,  
tender and  
juicy!*

500 PTS  
when you buy 1  
**3<sup>88</sup>**  
/lb  
That's like  
\$5  
toward your  
groceries

value  
size  
Pork Belly  
skin on frozen  
8.55/kg



LARGE **3/4<sup>98</sup>**

Large Ataulfo Mangoes  
product of Mexico

## Deals on the essentials



**7<sup>88</sup>**  
AQUA STAR Squid Tubes  
& Tentacles 340 g



**8<sup>88</sup>**  
PANACHE Seafood  
Appetizers, Assorted  
Breaded Shrimp or  
Calamari 340-355 g



**16<sup>99</sup>**  
WHOLE SOME CROPS  
Premium Sushi Rice 7 kg



100 PTS  
when you buy 2  
**5<sup>99</sup>**  
KIKKOMAN Soy or Teriyaki  
591 mL available in  
selected stores



**6<sup>99</sup>**  
KEWPIE Mayonnaise 450 g  
available in selected stores



**4<sup>99</sup>**  
BLUE DRAGON Sushi  
Nori 22g



**3<sup>29</sup>**  
INDOMIE Instant Noodles  
selected varieties 5 pk



**7<sup>19</sup>**  
NONGSHIM Bowl Noodles  
selected varieties 86 g



**7<sup>19</sup>**  
NONGSHIM Ramen Noodles  
selected varieties 120 g



**5<sup>99</sup>**  
MINI CRUSH Fruit Jelly  
Jar 1.4 kg



**8<sup>99</sup>**  
NUWORLD Rice  
selected varieties 907 g

Scene GET PERSONALIZED OFFERS  
ON PRODUCTS YOU'LL LOVE.

Visit [mygroceryoffers.ca](http://mygroceryoffers.ca)  
or the Sobeys app.

SOBEYS\_WK06\_P03\_ONT

# Fresh picks

Grown right here at home

Make your own garden fresh salad



From Ontario  
**7<sup>99</sup>**  
/lb  
Tomatoes On The Vine product of Ontario no 1 grade 4.39/kg



From Canada  
**2<sup>99</sup>**  
Living Lettuce product of Canada



From Ontario  
**6<sup>99</sup>**  
50 PTS when you buy 1  
HIROS or OMBRE Snacking Tomatoes product of Ontario 340 g



From Ontario  
**3<sup>49</sup>**  
/lb  
Red, Yellow or Orange Peppers product of Ontario 7.69/kg



From Ontario  
**1<sup>49</sup>**  
Long English Seedless Cucumbers product of Ontario, Canada no 1 grade

## Enjoy the taste of sweet mango



**2/\$4**  
Large Red Mangoes product of Mexico



**5<sup>99</sup>** Sugar Mango product of Colombia



**9<sup>99</sup>** H&H Dried Fruit selected 454 g



**7<sup>99</sup>** 50 PTS when you buy 1  
BOLTHOUSE FARMS Mango Ginger Juice 946 mL selected



**25% off**  
BUY 1 GET 2ND 25% off  
Prepared Fresh Daily In-Store Mango or Pineapple Salsa Guacamole Dip or Bruschetta Mix assorted sizes

## Fruity fresh...



**8<sup>99</sup>** 200 PTS when you buy 1  
DRISCOLL'S Sweetest Batch Blueberries 312 g product of USA or Mexico



**3<sup>49</sup>** Blackberries 170 g product of USA or Mexico



**3<sup>88</sup>** Atmoya product of Brazil



**7<sup>49</sup>** 100 PTS when you buy 1  
ORRI Mandarins product of Israel 907 g/2 lb bag



**4<sup>99</sup>** Mini Seedless Watermelons product of USA or Mexico

## Veggie love...



**1<sup>88</sup>** /lb  
Yellow, White or Red Bulk Potatoes product of USA 4.14/kg



**77¢** Bulk Corn product of USA



**3<sup>99</sup>** 100 PTS when you buy 2  
COMPLIMENTS Baby Spinach, Baby Arugula or Spring Mix product of USA 142 g



**1<sup>48</sup>** Flat Cabbage product of USA 3.26/kg



**3<sup>99</sup>** 50 PTS when you buy 1  
COMPLIMENTS Baby-Cut Carrots product of USA 2 lb or 907 g



**25% off**  
BUY 1 GET 2ND 25% off  
Prepared Fresh Daily Yogurt Parfaits assorted sizes



**15% off**  
Prepared Fresh Daily Regular or Tropical Fruit Salad assorted sizes



**5<sup>99</sup>** 100 PTS when you buy 2  
COMPLIMENTS Milk Chocolate Covered Almonds 350 g



**10<sup>99</sup>** 999 with Scene+ Card  
without Scene+ Card  
HUR Camp Candy selected 700 g

## floral



**12<sup>99</sup>** 100 PTS when you buy 1  
Gerbera Daisy Bunches choose from mini 15-stem bunch or large 10-stem bunch



**7<sup>99</sup>** Grown in Ontario  
Farm To Table Bouquet



**17<sup>99</sup>** Grown in Ontario  
Double Spike Phalaenopsis Orchid in ceramic 5"



**4/10** Grown in Ontario  
Assorted Seed Annuals 4"

GREAT GIFT IDEA! Our Gift Cards can be any amount.



**So tender**  
Sterling Silver  
**HAND-SELECTED AAA BEEF**  
Well-marbled • Aged to perfection  
Cut from Canada AAA Beef  
Exclusive to Sobey's

**400 PTS**  
when you spend \$20

**9.99** /lb  
That's like \$4 toward your groceries

**27.99** /lb

**22.99** /lb

**STERLING SILVER Fresh Boneless Blade or Cross Rib Pot Roast or Family Size Simmering Steak** cut by your meat expert from Canada AAA grade beef 22.02/kg

**STERLING SILVER Fresh Boneless Rib or Rib Eye Grilling Steak Family Size or Premium Oven Roast** cut by your meat expert from Canada AAA grade beef 61.71/kg

**STERLING SILVER Fresh Capless Prime Rib Premium Oven Roast or Family Size Grilling Steak** cut by your meat expert from Canada AAA grade beef 50.68/kg

**100 PTS** when you spend \$10

**7.99** /lb

**Fresh Premium Bacon & Cheddar, Jalapeño & Cheddar, Onion & Swiss or Italian Style Lean Ground Beef Meatballs or Meatloaf** 17.61/kg

**200 PTS** when you buy 1 pkg

**5.99** /lb

**PANACHE Flattened Chicken** Lemon Greek, Jerk or Portuguese 13.21/kg

**300 PTS** when you spend \$10

**13.99** /lb

**Fresh Maple Chipotle, Korean BBQ or BBQ Whiskey Marinated Beef Chuck Short Rib** thin cut, cut by your meat expert from Canada AA grade beef 30.84/kg

**7.99** /lb

**150 PTS** when you spend \$10

**Stuffed Portobello Mushroom Caps with Mild Italian Pork Sausage** 17.61/kg

**5.99**

**PANACHE Dinner or Breakfast Pork Sausages** 375-500 g

**12.49**

**SUNGOLD Lamb Tonight** 284-375 g

**TRY OUR** In-store Maple Chipotle Glaze for Pulled Pork

**All Fresh Pork!**  
**BUY 2 GET 1 FREE**  
\*of equal or lesser value

Perfect for Pulled Pork

**Fresh Pork Shoulder Picnic** Roast hock removed

**Fresh Pork Shoulder Blade** Roasts or Family Size Steak

**Fresh Pork Side Ribs** breast bone removed, regular cut or sweet & sour cut

**Fresh Pork Loin Back Ribs** cryovac

**NAGANO Premium Fresh Pork Loin** Hotel Cut Chop, Tenderloin or Back Ribs

**Fresh Montreal BBQ or Korean BBQ Marinated Pork Loin Centre Chops**

**Fresh Whole Skinless Pork Belly** cryovac

**quick & easy**

**150 PTS** when you buy 2

**5.99**

**BUTTERBALL Turkey Bacon or Rasher** 300-375 g

**BUY MORE SAVE MORE**

**3.99** ea when you buy 3 or more

**COMPLIMENTS Smoked Sausages or Boneless Ham Slices** 375 g 4.99 ea

**300 PTS** when you buy 2

**14.99**

**MONTANA'S Pork Back Ribs** 650 g

**STARTING AT**

**4.49** /lb

**COMPLIMENTS Bone-In Ham Steaks or Honey Hams halves or quarters** starting at 9.90/kg

**BUY 2 GET 1 FREE**  
\*of equal or lesser value

Save Up To \$18.99! COMPLIMENTS or PANACHE Chicken Wings, Meat Appetizers, Meatballs, Egg Rolls or Spring Rolls 252-800 g starting at 5.99 ea

**110 PTS** when you buy 1

**10.99**

**COMPLIMENTS Beef, Chicken or Vegetable Lasagna or Macaroni & Cheese or Chili** 907 g-1 kg

**150 PTS** when you buy 1

**14.99**

**BELMONT, CARDINAL ROADHOUSE ANGUS, ST. LOUIS BAR & GRILL, JACK ASTOR'S, EARLS KITCHEN & BAR or COMPLIMENTS Chicken, Turkey or Soy Burger** 850 g-1.02 kg

**Scene+** Earn rewards faster with up to **7,500 BONUS SCENE+ POINTS** with the Scotiabank Scene+ Visa Card.

Apply now at [scotiabank.com/earnpointsfaster](http://scotiabank.com/earnpointsfaster)  
10th minimum spend on everyday purchases in the first year.  
Conditions apply. \*See full disclaimer. Offer subject to change.  
Offer effective from 1 June 2024.

Certified by the Canadian Beef Grading Agency / Certifié par l'Agence Canadienne de Classement du Bœuf

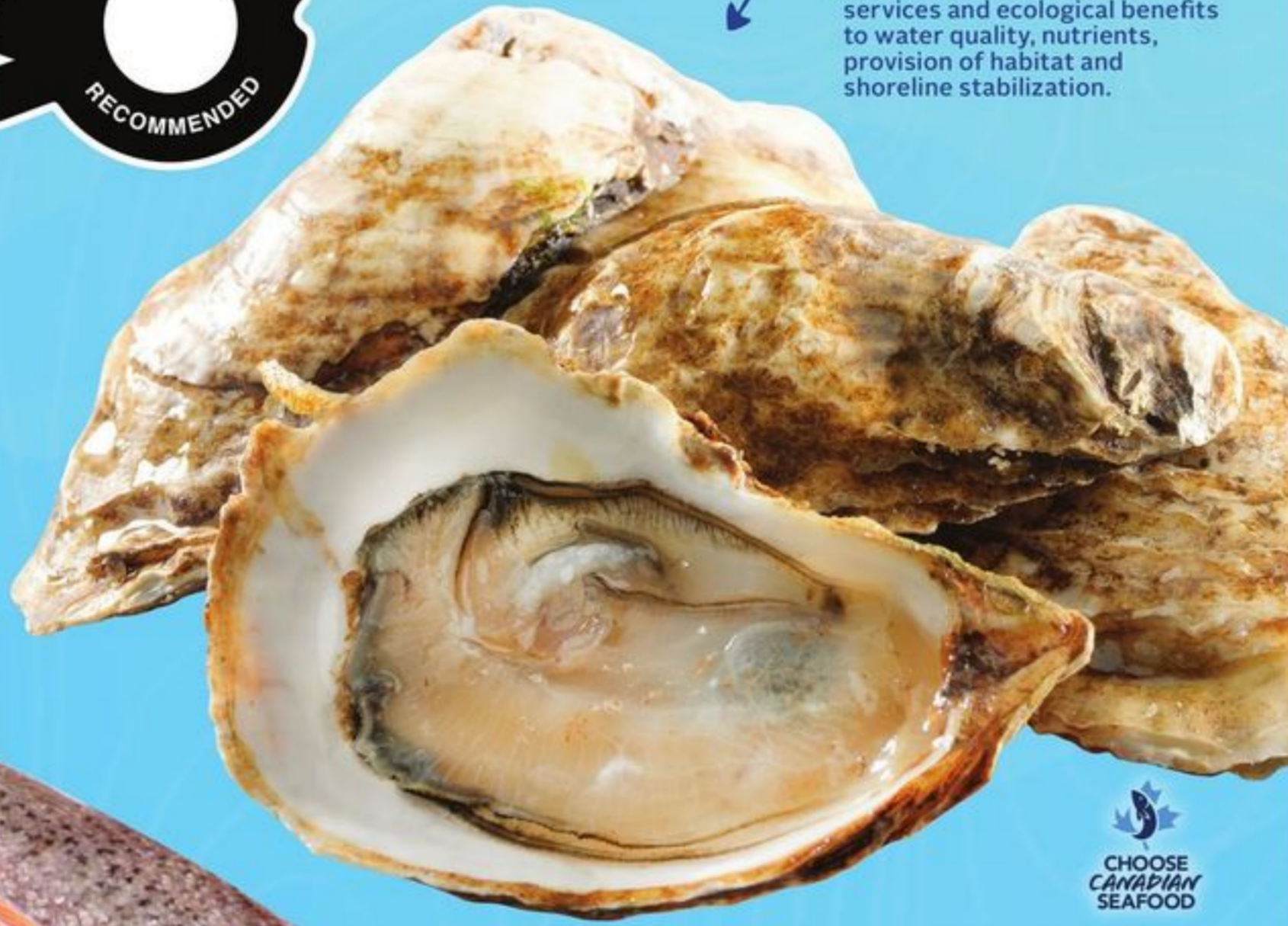
**JUNE 8TH CELEBRATE  
WORLD OCEANS DAY**

# WISE CHOICES KEEP ROLLING IN

Look for the Ocean Wise®  
recommended logo in our stores  
for an Ocean Friendly Choice.



Oyster farming is associated with a host of ecosystem services and ecological benefits to water quality, nutrients, provision of habitat and shoreline stabilization.



**FRESH CHOICE Oysters**  
product of Atlantic Canada  
subject to availability

Raised in Lake Huron, Ontario rainbow trout is produced with excellent management plans and strict standards for environmental impacts and fish health.



**Fresh Rainbow Trout Fillets**  
product of Ontario subject  
to availability

Mussel farms provide habitat for marine species, supporting biodiverse marine communities around the farm.



**Fresh Mussels** product  
of Canada 907 g

Atlantic salmon farmed in indoor recirculating tanks, greatly reduce the risk of introducing diseases, pathogens, harmful chemicals and effluent to sensitive habitats, by physically isolating the farmed fish.



**Land Raised Fresh Atlantic Salmon Fillets** processed in Canada subject to availability

Let's do OurPart™ for future generations.

[Learn more](#)

# So.local

Local Food Week

Get **100 PTS**  
When you buy any 1 local product on this page.



**4.49**  
TONICA Kombucha  
355 mL



**7.99**  
NANASHAKE  
Nana Pops!  
240 mL



**9.99**  
RAWCOLOGY  
Granola Crunch  
200 g



**4.49**  
CEDAR VALLEY  
Pita Chips 180 g



**2.99**  
SOBER CARPENTER  
Non-Alcoholic Beer  
473 mL



**23.49**  
CLEVER Mocktail Mix Pack  
8x355 mL

**WISE CHOICES** JUNE 8TH CELEBRATE WORLD OCEANS DAY Look for the Ocean Wise® recommended logo in our stores for an Ocean Friendly Choice.

**KEEP ROLLING IN**

**CHOOSE CAWPAWBY SEAFOOD**

**STARTING AT 1.25** FRESH CHOICE Oysters subject to availability

**2.99** COMPLIMENTS Crab- or Lobster- Flavoured Alaskan Pollock 227 g

**7.99** COMPLIMENTS cooked or raw shrimp 71-90 per lb 340 g

**17.99** Land Raised Fresh Atlantic Salmon Fillets processed in Canada subject to availability 39.66/kg

**5.99** Fresh Mussels product of Canada 907 g or Bacon Wrapped Scallops Skewer 100 g previously frozen

**3.50** Authentic Maryland Crab Cakes 120 g frozen or previously frozen or 2 pk of cakes for 700

**10.99** COMPLIMENTS Pan Sear Garlic & Herb Haddock, Lemon Pepper Sole or Mediterranean Pacific Salmon 460-680 g

**21.99** COMPLIMENTS NATURALLY SIMPLE Black Tiger Shrimp in Ring with Sauce 518 g or Black Tiger Shrimp 8-12 ct per lb Raw 454 g

Our Compliments shrimp are sourced from regions with strong management practices meaning they're able to greatly limit impacts on the surrounding environment and ecosystem.

That's like **\$5** toward your groceries

**kitchen**

**200 PTS** when you buy 1

**13.99** Mediterranean Chicken 1 kg

**2.79** Mini Chicken Wraps ranch, chipotle or sweet chili 110 g 2.99 ea

**3.29** SUMMER FRESH Snack 'n Go Hummus or Spinach Dip 118 g

**9.99** RANA Pasta Meal Kits 454 g

**So easy** Family meal deal

**BUY 1** Whole Assorted Dagwood Sandwich 1.15 kg

**+1** COMPLIMENTS Salad 850-908 g regular potato, creamy coleslaw, macaroni or other select varieties

**for only 18.99**

Feed a family of 4 for \$4.75 ea.

**250 PTS** when you buy 1 Family meal deal

**1.49** ea. PLUS add one 1-litre Coca-Cola product

**7.99** OLIVIERI Pasta or Sauce 540-700 g or 600 mL

**deli**

**25% off** **200 PTS** when you buy 400 g or more

Jarsberg works out to 4.49/100 g, Cambolozza works out to 5.09/100 g or ILE DE FRANCE Brie works out to 3.74/100 g

**7.29** BALDERSON slices or snacks 126-140 g

**12.49** BOTHWELL Cheddar 540 g

**8.49** Le Gruyère Slices 100 g or Emmental slices 110 g

**1.99** COMPLIMENTS Bologna or Cooked Ham /100 g

**4.79** MASTRO Genoa, Pancetta, Soppressata or Calabrese Salamis selection may vary by store

**3.99** SARDO Spicy Antipasto selected

**7.79** PANACHE Italian Sliced Deli Meats product of Italy selected 100 g

**Mmm cookies 'n cream**

**11.99** Cookies 'n Cream Half Dessert Cake 655 g or 1.3 kg 22.99 or Cake Slice 220 g 3.99

**4.99** 5" Cookies 'n Cream Pie 250 g **50 PTS** when you buy 1

**6.99** OREO Cookies 'n Cream Brownies 300 g **120 PTS** when you buy 2

**6.99** KIMBERLEY'S BAKESHOPPE Frosted Cookies 'n Cream Cookies or QUINN'S Cookies 'n Cream Swiss Rolls 332-402 g

**7.49** OREO Two-Bite Cupcakes 273 g

**3.99** Focaccia Breads 315-340 g

**5.99** with Scene+ Card

**6.99** without Scene+ Card Donut Day! June 7th Donut Ring 6 pk

Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more! [www.sobeys.com/getflyer](http://www.sobeys.com/getflyer)

# Great deals on buns for BBQ this week!



Try a burger on it!

**BUY MORE SAVE MORE** **NEW** **BAKED IN STORE**

**5<sup>99</sup>** ea when you buy 2 or more Potato Style Buns 4 pk 400-450 g 6.29 ea

WOW, Foot long!

**BAKED IN STORE** **NEW**

**4<sup>39</sup>** Foot Long Hot Dog Buns 6 pk 650 g

**BUY MORE SAVE MORE**

**4<sup>89</sup>** ea when you buy 2 or more STUYVER'S Ciabatta or Portuguese Buns 4 pk 340-400 g 5.29 ea

**BUY MORE SAVE MORE** **BAKED IN STORE**

**3<sup>49</sup>** ea when you buy 2 or more Hot Dog or Hamburger Buns 8 pk 3.99 ea

**BAKED IN STORE**

**3<sup>99</sup>** Kaiser Buns 6 pk 500 g

**BUY MORE SAVE MORE**

**3<sup>99</sup>** ea when you buy 2 or more COMPLIMENTS Brioche Burger Buns 4 pk 200 g 4.29 ea

**BAKED IN STORE**

**5<sup>69</sup>** **50 PTS** when you buy 2 Gourmet Cheese Hot Dog or Hamburger Buns 8 pk

**BAKED IN STORE**

**6<sup>29</sup>** **80 PTS** when you buy 2 Gourmet Cheese Buns 6 pk 425 g

# frozen & dairy



**6.49** BURNBRAE or GRAY RIDGE Large White Eggs 18 pk



**3.99** iGO NANO Drinkables 6x93 mL 4.99 ea  
no when you buy 2 or more



**5.99** HEALTHY CHOICE Zero or Power Bowls 262-280 g  
100 PTS when you buy 3



**6.99** SIMPLY PICKED Frozen Fruit 600 g  
with Scene+ Card  
without Scene+ Card



**3.99** KOZY SHACK Pudding 4 pk or 624 g or LACTANTIA Healthy Attitude or OLIVINA Margarine 427 g



**7.99** LIBERTÉ Greek Yogurt 1 kg  
50 PTS when you buy 1



**3.49** PILLSBURY Pizza Pops 380 g  
300 PTS when you buy 4



**3/4.98** MINUTE MAID Frozen Lemonade or FRUITOPIA or NESTEA 295 mL



**2/\$7** COMPLIMENTS Cream Cheese or Spread 227-250 g



**3.99** GAY LEA Aerosol Whipped Cream 225 g



**7.99** RUSTICA Stuffed or Rising Crust or Oven-Fired Pizza 538-866 g



**3.49** KELLOGG'S Eggo Waffles, French Toast Sticks or Pancakes 270-330 g

# meal makers



**4.79** WEIGHT WATCHER'S Bread 450 g, Tortillas 8 pk or Bagels 6 pk



**\$3** HOSTESS Snacks 121-225 g 3.49 ea  
no when you buy 2 or more



**5.99** WILDLY DELICIOUS BBO Sauce 350 mL 6.49 ea  
no when you buy 2 or more



**4.99** COMPLIMENTS Pickles 2 L  
with Scene+ Card  
without Scene+ Card



**2.99** KRAFT Jet-Puffed Marshmallows selected 400 g



**20% off** COMPLIMENTS Coconut sweetened or unsweetened 200 g



**5.99** KELLOGG'S Family Cereal 480-625 g



**4/\$5** JELL-O Jelly Powders 10-85 g  
80 PTS when you buy 4



**2.99** CAMPBELL'S Broth 900 mL or Concentrated Broth 250 mL



**4.99** OLD EL PASO Taco Kits 250-510 g  
150 PTS when you buy 2



**4.49** KIKKOMAN Soy or Teriyaki Sauce 296 mL



**10.99** BEN'S ORIGINAL Jasmine Rice or Basmati Rice 1.6 kg



**Love it. Or it's free.\***

\*For details see COMPLIMENTS.ca

**100% MONEY BACK GUARANTEE**



**9.99** COMPLIMENTS Cheese Slices 460-480 g



**50 PTS** COMPLIMENTS Cottage Cheese 750 g  
when you buy 1



**3.79** COMPLIMENTS BALANCE or COMPLIMENTS Asian-Inspired Frozen Entrées selected 250-280 g  
150 PTS when you buy 2



**2.99** COMPLIMENTS Perogies 907 g



**3.49** COMPLIMENTS Deluxe Buns 348-616 g  
100 PTS when you buy 1



**2.00** COMPLIMENTS Cooking Spray 141-170 g  
PTS when you buy 2



**2.99** COMPLIMENTS Taco Sauce 245 mL



**3.99** COMPLIMENTS Graham or Chocolate Baking Crumbs 400 g

RECIPES, STORIES, TIPS & TRICKS and more, all at [Sobeys.com](http://Sobeys.com)

SOBEYS\_WK06\_P07\_ONT

# Explore a world of flavour!

Shop international foods storewide.



100 PTS  
when you buy 2  
**3.88**  
ea

Dragon Fruit Pitahaya  
product of Vietnam

**4.98**  
/lb

Lychee Fruit product  
of Mexico 10.98/kg



**12.99**

TILDA Basmati Rice  
1.81 kg



**1.28**

Bean Sprouts PRODUCT  
OF ONTARIO 454 g

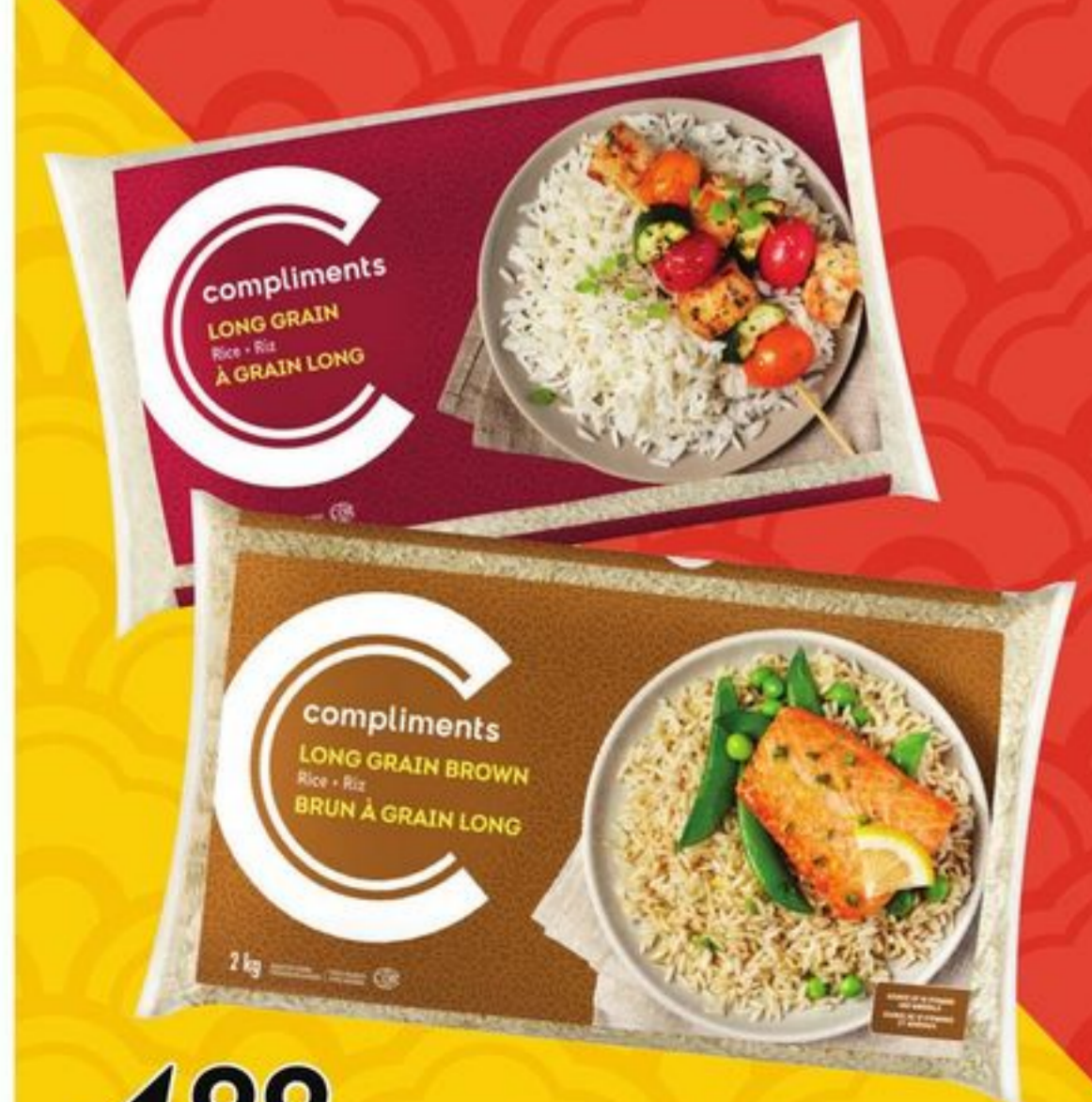
**4.49**

KIKKOMAN Soy Sauce  
Dispenser 148 mL



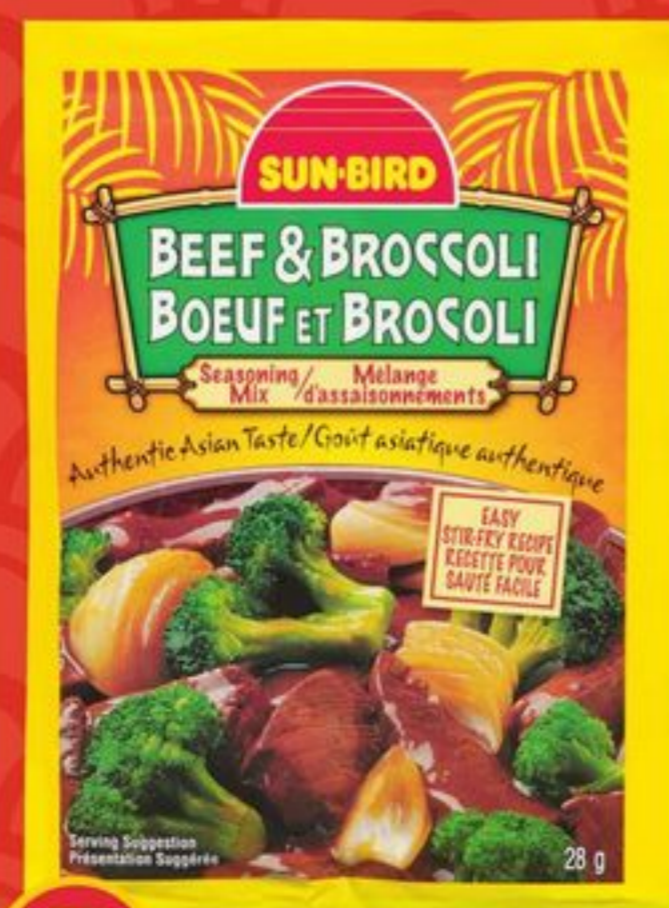
**2.99**

COMPLIMENTS Sauce 350 mL  
or Soya Sauce 450 mL  
selected varieties



**4.99**

COMPLIMENTS Long Grain  
or Parboiled Rice 2 kg



BUY  
MORE  
SAVE  
MORE

**1.99**  
ea when you  
buy 2 or more

SUN-BIRD Seasoning Mix  
21-28 g available in selected  
varieties and stores 2.49 ea



**2.99**

KIMPCHAT Instant Noodles  
120 g selected varieties

# drinks & snacks

**200 PTS** when you buy 2  
Scene+ MEMBER PICKS  
**3.99** with Scene+ Card  
**4.49** without Scene+ Card  
ALLEN'S Apple Juice 1.89 L

**22.99**  
CORONA Smbrew Non-Alcoholic Beer 12x355 mL

**4.49**  
TETLEY Specialty Tea Canisters 20-24 pk or CELESTIAL Seasonings Tea 20 pk

**2/\$3**  
SPARKLING ICE Sparkling Water 503 mL, SUNNY D 500 mL, SNAPPLE 473 mL or PEACE TEA 695 mL

**200 PTS** when you buy 2  
**2/\$9**  
CHEETOS 170-285 g

**200 PTS** when you buy 2  
**2/\$8**  
ROLD GOLD Pretzels 198-370 g

**2/\$7**  
OLD DUTCH Potato Chips 235 g

**200 PTS** when you buy 2  
PEPSI Soft Drinks 8x355 mL

**100 PTS** when you buy 2  
**4.99**  
CHRISTIE Family Size Crackers 350-354 g

**100 PTS** when you buy 2  
**3.99**  
CHRISTIE Ritz Chips or Crispers Family Size 240 g

**BUY MORE SAVE MORE**  
**3.99** 80 when you buy 2 or more  
WASA Crispbread 270-275 g 4.49 ea

**BUY MORE SAVE MORE**  
**3.99** 80 when you buy 2 or more  
ARNOTT'S Tim Tam Biscuits 175-200 g 4.49 ea

**8.99**  
KELLOGG'S Pop-Tarts 1.152 kg or Rice Krispies Squares 660 g

**BUY MORE SAVE MORE**  
**5.49** 80 when you buy 2 or more  
SKITTLES or STARBURST Candy 320 g 6.79 ea

**BUY MORE SAVE MORE**  
**5.49** 80 when you buy 2 or more  
EXCEL Gum Bottle 40-60 pk or 5 Gum 35 pk 6.29 ea

**2/\$3**  
ICEE Slushies 177 mL or KISKO KIDS Bag Freezies 18 pk while supplies last

## Here for your budget and lifestyle



**50 PTS** when you buy 2  
**1.79**  
BEST BUY Wafers 227 g

**300 PTS** when you buy 2  
**3.99**  
COMPLIMENTS Value Size Chips 750 g or Pretzel Sticks 908 g, Popcorn Caramel & Cheddar 737 g or Party Mix Value Size 908 g

**3.99**  
COMPLIMENTS Lemonade or Iced Tea 2.84 L

**75 PTS** when you buy 1  
**3.99**  
COMPLIMENTS Cookie Confetti Bites 400 g while supplies last

# natural health

**8.99**  
RISE ORGANIC Kombucha 1 L

**2.99**  
SILK Dairy-Free Creamers 450-473 mL

**8.99**  
GARDEIN Meat Alternatives 397-425 g

**STARTING AT 7.79**  
CARBONAUT Plant-Based or Gluten Free Bread 544-550 g, Hot Dog Buns 288 g or Hamburger Buns 315 g

**9.99**  
BETTY BUZZ Premium Sparkling Soda 4 pk

**2.99**  
CLUB HOUSE ORGANIC Spice Bags 10-57 g

**100 PTS** when you buy 2  
**10.99**  
SWERVE Sugar Replacement 340 g

**50 PTS** when you buy 1  
**4.99**  
COMPLIMENTS ORGANIC Quick Oats 1 kg

**200 PTS** when you buy 2  
**15.99**  
EMERGEN-C Gummies 36-45 pk

**100 PTS** when you buy 2  
**8.99**  
KIND Bars 5x40 g pk or Minis or Thins 10 pk

**100 PTS** when you buy 2  
**5.99**  
METHOD Cleaners (excludes wood, granite and floor cleaner) 709-828 mL

Gluten Free  
**13.99**  
MANITOBA HARVEST Hemp Hearts 454 g

RECIPES, STORIES, TIPS & TRICKS and more, all at Sobeyes.com



# home & pet care

<p><b>25<sup>99</sup></b> CHARMIN Bathroom Tissue 16-64 Rolls or BOUNTY Paper Towel 6-8 Rolls</p>	<p><b>8<sup>99</sup></b> COMPLIMENTS Paper Towel 6 rolls or Facial Tissue 6 pk</p>	<p><b>200 PTS</b> when you buy 2 <b>7<sup>49</sup></b> GLAD Kitchen Catchers 30-52 pk, Blue Tall Forceflex 26 pk or Compostable Tall 10 pk</p>	<p><b>2<sup>99</sup></b> with Scene+ Card <b>3<sup>79</sup></b> without Scene+ Card COMPLIMENTS Freezer Bags 15-20 pk or Reclosable Sandwich Bags 100 pk</p>
<p><b>300 PTS</b> when you buy 2 <b>10<sup>99</sup></b> PALMOLIVE Dishwashing Liquid 4.27 L</p>	<p><b>6<sup>99</sup></b> LYSOL Laundry Disinfectant 1.21 L or Fabric Sanitizer 425 g</p>	<p><b>4<sup>49</sup></b> DAWN 635-709 mL or EZ Squeeze 366-443 mL</p>	<p><b>21<sup>99</sup></b> GAIN or DOWNY Beads 680 g</p>
<p><b>200 PTS</b> when you buy 1 <b>54<sup>99</sup></b> BLUE BUFFALO Dry Dog Food 9.9 kg</p>	<p><b>75 PTS</b> when you buy 1 <b>12<sup>99</sup></b> TIDY CATS LightWeight Cat Litter 2.72 kg</p>	<p><b>3<sup>99</sup></b> MILK-BONE Biscuits 450-475 g</p>	<p><b>20% off</b> COMPLIMENTS Summer Napkins 20 pk 3 ply white quantities last</p>

# health, beauty & baby

<p><b>1<sup>29</sup></b> CREST Toothpaste 50-100 mL or ORAL-B Toothbrushes 1 pk selected</p>	<p><b>200 PTS</b> when you buy 1 <b>9<sup>99</sup></b> U BY KOTEX Pads, Tampons or Liners 22-100 pk selected</p>	<p><b>11<sup>99</sup></b> L'OREAL Excellence Hair Colour or JOHN FRIEDA Serum 50 mL or SCHICK Intuition Razors 1 pk selected</p>	<p><b>4<sup>99</sup></b> OLAY Body Wash 364 mL, SECRET or OLD SPICE Deodorant 45-85 g selected</p>
<p><b>9<sup>99</sup></b> AVEENO Haircare 334 mL or MAJI Moisture 385 mL or 340 g</p>	<p><b>5<sup>99</sup></b> HEAD &amp; SHOULDERS Haircare Products 315-370 mL</p>	<p><b>9<sup>29</sup></b> HERBAL ESSENCES Haircare 400 mL or HAIR BIOLOGY 380 mL or Serum 95 mL selected</p>	<p><b>100 PTS</b> when you buy 1 <b>15% off</b> L'OREAL Skincare selected</p>
<p><b>200 PTS</b> when you buy 3 <b>1<sup>99</sup></b> NESTLÉ Gerber ORGANIC Pouches 99 g or 128 mL 2.49 ea</p>	<p><b>500 PTS</b> when you buy 1 <b>39<sup>99</sup></b> PAMPERS Huge Diapers 80-160 pk</p>	<p><b>300 PTS</b> when you buy 2 <b>9<sup>49</sup></b> PAMPERS Baby Wipes 112-216 pk 11.29 ea</p>	<p><b>100 PTS</b> when you buy 1 <b>13<sup>99</sup></b> CETAPHIL Baby Toiletries 295-400 mL</p>

# pharmacy

Only available at Pharmacy Locations  
\*Select products only available when a pharmacist is on duty.

<p><b>150 PTS</b> when you buy 1 <b>15% off</b> TYLENOL Pain Relief 50-120 pk or MOTRIN 200-400 mg 45-90 pk selected*</p>	<p><b>150 PTS</b> when you buy 1 <b>15% off</b> CHILDREN'S TYLENOL, MOTRIN, or BENLYN selected*</p>	<p><b>300 PTS</b> when you buy 2 <b>15% off</b> ADVIL 24-50 pk selected or VOLTAREN 30 g or 50 g</p>	<p><b>150 PTS</b> when you buy 2 <b>15% off</b> VICK'S DayQuil or NyQuil Cold &amp; Flu 35.4 mL or 24 pk selected</p>
---	---	--	---

<p><b>150 PTS</b> when you buy 1 <b>15% off</b> POISE Pads or DEPEND Underwear selected</p>	<p><b>250 PTS</b> when you buy 1 <b>10% off</b> NICORETTE Gum or Lozenges 160-210 pk or Quickmist Duo*</p>	<p><b>Scene+ Get 1000 PTS</b> with a Contour Next or Contour Next One Meter***</p> <p><b>79<sup>99</sup></b> CONTOUR Blood Glucose Test Strips 100 pk**</p> <p>That's like <b>\$10</b> toward your groceries</p> <p>Contour Next or Contour Next One Meter FREE with purchase of 100 test strips*** See your pharmacist for details. (Limit of 1 Free Meter)</p>
---	--	--

Scene+ JOIN SCENE+ TODAY. [scenepus.ca/register](http://scenepus.ca/register)

\*\*Due to provincial regulations, products purchased using a prescription filled by a pharmacist may not be eligible for Scene+™ points.

SOBEYS\_WK06\_P09\_ONT

# Minor illness care at your fingertips.

Sign up for 360Health to book an appointment.



## Our pharmacists can assess & treat:



- ✓ UTIs
- ✓ Allergies
- ✓ Bug bites
- ✓ Rashes
- ✓ Muscle pain & more

[Book appointment](#)

[360healthpharmacy.ca](https://360healthpharmacy.ca)

\*Pharmacist will assess and prescribe medication where appropriate.  
Some conditions are only treatable by pharmacist in certain provinces, see website for details.



**SNACK INTO Summer**

**BUY MORE SAVE MORE**  
**2<sup>99</sup>**  
 go when you buy 2 or more

PEPPERIDGE FARM Goldfish Crackers selected varieties 156-227 g 3.49 ea

**2/\$7**  
 SNYDER'S OF HANOVER Pretzels selected varieties 240 g

**BUY MORE SAVE MORE**  
**2<sup>99</sup>**  
 go when you buy 2 or more

KETTLE BRAND Chips 156-198 g 3.49 ea

© 2024 Campbell Company of Canada

**INTRODUCING POWERADE SOUR**

**LIMITED TIME FLAVOURS**  
 Available May 6, 2024

**100 PTS** when you buy 2  
 COCA-COLA or CANADA DRY Beverages 8x300 mL

**100 PTS** when you buy 2  
 COCA-COLA or CANADA DRY Beverages 6x222 mL

**100 PTS** when you buy 1  
**9<sup>99</sup>**  
 MONSTER Energy Beverages\* 4x473 mL

**2/\$4**  
 POWERADE 710 mL

\*This application taxes, levies, deposits and fees. Valid at participating locations from June 6th to June 12th, 2024. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer sets sell for less. All products must be purchased at the same time, single units at regular price. This product may not be suitable for everyone. Please read the label for instructions. The trademarks that appear are the property of their respective trademark owners.

**70th Anniversary**  
**SUMMERTIME SAVINGS WITH OLD DUTCH!**

**BUY MORE SAVE MORE**  
**\$4**  
 go when you buy 2 or more

OLD DUTCH Restaurante Tortilla Chips assorted varieties 275-295 g 5.29 ea

OLD DUTCH Dutch Crunch Kettle Cooked Potato Chips assorted varieties 200 g 4.99 ea

**YOUR PERFECT CUP, YOUR STYLE**

**10<sup>99</sup>**  
 MAXWELL HOUSE Roast & Ground Coffee 631-925 g

**400 PTS** when you buy 2  
**16<sup>99</sup>**  
 MAXWELL HOUSE or NABOB Single Serve Pods 30 pk

**200 PTS** when you buy 2  
**5<sup>99</sup>**

CLOROX Bleach 2.4 L or PINE-SOL Cleaners 1.41 L

**NO Preservatives | NO Artificial Flavours | NO Artificial Colours**

**Pure** Simple ingredients. Just like homemade.  
 J.L. KRAFT

**300 PTS** when you buy 2  
**3<sup>99</sup>**  
 go when you buy 2 or more

PURE J.L. KRAFT Dressings or Marinades 355 mL

AVAILABLE IN 12 EXCLUSIVE FLAVOURS

**INSTANT SAVINGS OF \$10** WHEN YOU **BUY 5** OR MORE KRAFT HEINZ PARTICIPATING PRODUCTS

**Kraft Heinz**

Participating Products: Philadelphia Cream Cheese 227-250 g, Kraft Peanut Butter 750 g - 1 kg, Kraft Singles Process Cheese Product 410 g, Heinz Ketchup 750 mL - 1 L, Miracle Whip Spread 650-890 mL, Kraft Miracle Whip or Mayonnaise 650-890 mL, Pure J.L. Kraft Dressing & Marinades 355 mL, Cheesecake Puffs 218-452 mL, Kraft Dinner Macaroni & Cheese 5000 g, Kraft Dinner Macaroni & Cheese Snack Cans 4x58 g, Maxwell House French & Onion Coffee 820 g, NABOB Instant Coffee 840-900 g, MAXWELL HOUSE Maxwell House & NABOB Coffee 8-10 pack, Maxwell House & NABOB Single Serve Pods 30 pack, Maxwell House Instant Coffee 150 g, Heinz's Gourmet Dressing and Dip 355 mL, Cheez Whiz Cheese Spread 900 g, Cool Whip Whipped Topping 1 L.

**8<sup>99</sup>**  
 RED BULL Energy Drinks 4x250 mL

**200 PTS** when you buy 2  
**10<sup>99</sup>**  
 GUINNESS 4x440 mL, KRONENBOURG Blanc Non-Alcoholic Beer 6x330 mL or VIN ZERO Non-Alcoholic Wine 750 mL

**7<sup>99</sup>**  
 LIBRA Non-Alcoholic Beer 4x355 mL

**8<sup>49</sup>**  
 SAN PELLEGRINO Naturali Sparkling Fruit Beverage 6x330 mL

**BUY MORE SAVE MORE**  
**7<sup>99</sup>**  
 go when you buy 2 or more

PARTAKE Non-Alcoholic Beer 4x355 mL 8.99 ea

**2/\$5**  
 PRIME Hydration 500 mL

**BUY MORE SAVE MORE**  
**167**  
 go when you buy 3 or more

CESAR Gourmet Wet Dog Food 100 g 1.99 ea

# Subscribe to Emails from Sobeys to get *more*



Get everything you love about Sobeys like:

- Access to weekly flyers
- Email exclusive offers
- Recipes plus tips & tricks from our experts
- Important updates about your store



Sign up today to get your first email exclusive *offer*

**SAVE \$5**

on your next purchase of \$40\*

\*New subscribers only. Terms and conditions apply.

**Subscribe now**