

HOT PRICE EVENT

June Sobeys Days



All Fresh Pork!
BUY 2 GET 1 FREE
*of equal or lesser value see offers on page 5



5.44 /lb
Boneless Skinless Chicken Breasts Family Size 11.99/kg

Broccoli Bunches product of USA or Mexico



2.49

OURS

LARGE K-LARGE JUMBO 10.5 row



3.47 /lb
Jumbo Red Cherries product of USA no 1 grade 7.65/kg

CHOOSE Canadian SEAFOOD



3.99
Fresh Atlantic Salmon Portions product of Canada 113 g

HEINZ Ketchup 750 mL-1 L



4.97

VAN HOUTTE Coffee K-Cup® Pods 10-12 pk or Roast and Ground Coffee 340 g or TIM HORTONS Single Serve Coffee or Orange Pekoe Tea Cups 10-12 pk or Roast and Ground Coffee 300 g



BUY 2 GET 1 FREE
*of equal or lesser value

CASHMERE Bathroom Tissue 24=48 or 12=48 rolls, SPONGE TOWELS 6 pk or SCOTTIES Facial Tissue 12 pk



10.99

CHAPMAN'S SUPER SANDWICH ICE CREAM



3.99 12 Vanilla
CHAPMAN'S Premium Ice Cream, Frozen Yogurt, Sorbet or No Sugar Added Ice Cream 1-2 L or Yukon or Super Novelties 5-18 pk

Scene+ DIGITAL EXCLUSIVE OFFER AVAILABLE JUNE 6-12, 2024

SPEND \$50 OR MORE, GET **500 PTS** WHEN YOU LOAD THIS OFFER in the Sobeys app or at MyGroceryOffers.ca



Card must be registered. Offer valid and available to be loaded from June 6 - June 12, 2024 at all Sobeys locations in Atlantic Canada. Minimum \$50 qualifying purchase must be made in a single transaction. Offer must be loaded to registered Scene+ Card prior to transaction. Spending \$50 or more awards only one 500 Scene+ points allotment. Limit 1 offer per Scene+ Card. Digital Offer has no cash value and cannot be combined with any other offers. Offer excludes taxes and other goods and services which are non-discountable or excluded by law or as we determine from time to time. Offer cannot be combined with other minimum spend/receive offer(s). SCENE+ registered digital or physical card must be presented. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

That's like \$5 toward your groceries

Scan QR code to download or open the app

Prices and offers in effect June 2024 Nova Scotia

THU 6 FRI 7 SAT 8 SUN 9 MON 10 TUE 11 WED 12

So many deals Scan here for our full digital flyer



FEED THE DREAM

Scene

MEMBER

PRICING

Swipe your Scene+ Card and Save



10⁹⁹

Members **SAVE \$3**

with Scene+ Card

13⁹⁹ without Scene+ Card
PINTY'S Chicken Wings, Fillets, Chunks or Gluten Free Breaded Strips, Nuggets Burgers 750-790 g



10⁹⁹

Members **SAVE \$3**

with Scene+ Card

13⁹⁹ without Scene+ Card
HIGH LINER Signature Cuts or Pan-Sear Breaded or Battered Premium Fish 425-540 g or CATCH OF THE DAY Pacific Salmon Fillets 680 g



1⁹⁹

Members **SAVE \$2**

with Scene+ Card

3⁹⁹ without Scene+ Card
BULL'S-EYE BBO Sauce 425 mL or DIANA Sauces 500 mL or Marinades 375 mL



4⁴⁴

Members **SAVE \$1**

with Scene+ Card

5⁴⁴ without Scene+ Card
COMPLIMENTS Cheese 400 g or Shreds 226-320 g selected varieties

Look for more Member Pricing throughout the flyer and in-store.

Scene

TURN
POINTS
INTO
GROCERIES



That's like
\$10
toward your
groceries

Get **1000 PTS**
When you spend
\$30 or more

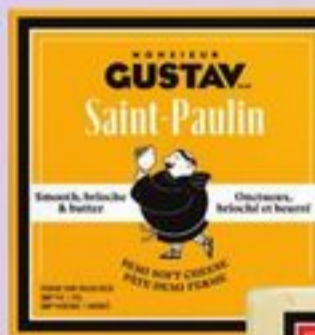
Get **500 PTS**
When you spend
\$20 or more

That's like
\$5
toward your
groceries



6⁹⁹
/lb

Fresh Lean Ground Beef
Burgers Family Size
4 pk 15.4/kg



500 PTS
when you buy 3

STARTING AT

6⁷⁹

MONSIEUR GUSTAV Swiss
170 g, Saint-Paulin 190 g or
Gouda 170 g



100 PTS
when you buy 1

6⁹⁹

IMPERIAL Soft Margarine or
Squares 1.26-1.36 kg



100 PTS
when you buy 2

2⁹⁹

CAVENDISH FARMS Flavour Crisp
Fries 454-750 g or COMPLIMENTS
Frozen Vegetables selected 500 g

1000 Points = \$10 of free groceries

SOBEYS_WK06_FLOZ_ATL_NS_NB_FELNFD

HOT PRICE EVENT

June Sobeys Days



4⁹⁹ /lb
Fresh Regular Ground Beef
Family Size 11.00/kg



6⁹⁹ /lb
STERLING SILVER Fresh Boneless Inside Round Oven Roast or Marinating Steaks cut by your meat expert from Canada AAA grade beef 15.41/kg



6⁹⁹
COMPLIMENTS Cooked or Raw Shrimp 31-40 ct per lb 340 g



5⁹⁹
GREENFIELD or MAPLE LEAF Bacon 375 g, LARSEN Wieners 900 g, MAPLE LEAF Ready Crisp Bacon 65-85 g, SCHNEIDERS Juicy Jumbos, Footlong Wieners, Regular Beef Wieners or Smoked Sausages 375-450 g or MAPLE LEAF Smoked Sausages 375 g or GREENFIELD Wieners or Smoked Sausages 300-375 g selected



2/\$6
COMPLIMENTS ORGANIC Whole Cremini Mushrooms product of Canada 227 g



2⁹⁹
BAKED IN STORE
French or Italian Bread 450 g



2⁹⁹ /100 g
COMPLIMENTS Turkey or Chicken



2/\$5
COMPLIMENTS Garden Salad 340 g or Coleslaw 397 g product of USA




3⁴⁹
BUY MORE SAVE MORE
BUY 1 at 3.99 ea
BUY 2 at 3.79 ea
VILLAGGIO Bread 570-675 g, Buns 6-8 pk or DEMPSTERS Tortillas 272-340 g



5⁴⁶
DANONE ACTIVIA Yogurt 12 pk, OIKOS Greek Yogurt 650-750 g or NATREL Plus Protein Milk 2 L, Lactose Free Milk 2 L or Flavoured Coffee Creamer 1 L



8⁹⁹
KELLOGG'S, GENERAL MILLS or POST Jumbo Cereal 700 g-1.2 kg



2/\$5
CHRISTIE Cookies selected 212-303 g



2/850
RUFFLES Potato Chips 180-200 g



10⁹⁷
200 PTS when you buy 2
KRAFT Peanut Butter 2 kg



7⁹⁹
MICHELINA'S Frozen Entrées 128-284 g or SWIFT Pot Pies 190 g



3/\$9
BEN'S ORIGINAL Bistro Express 240-250 g



4/\$5
HEINZ Beans or Pasta 398 mL



99¢
COLGATE Max Fresh Toothpaste 52-95 mL or Toothbrushes 1 pk selected



8⁹⁹
KRAFT Singles 825 g



6⁴⁹
200 PTS when you buy 2
PUREX 1.47-2.03 L or SUNLIGHT Laundry Detergent 1.84 L

Scene[®] GET 700 PTS FOR EVERY \$50 SPENT IN GAP INC. BRAND, SONY, KOBO, BOSTON PIZZA, WATSON OR HUDSON'S BAY (GIFT CARDS)

It is our intention to have every advertised item in stock for all customers, so we reserve the right to limit quantities to reasonable family requirements while supplies last. We regret we are unable to provide large quantities to retail outlets. Occasionally an item may not be available due to unforeseen difficulties. In such cases, we'll issue you a rain check so you may buy the item at the advertised price when it becomes available, or if you prefer, we'll offer you a similar item at a comparable price. Text provided for product size and type identification. We reserve the right to correct any typographical errors. Advertised prices do not include any applicable taxes or deposits. All 24 Hour locations prices effective from 8 am Thursday morning until midnight Wednesday evening. The Scene[®] Loyalty Program is available at all participating Sobeys locations within Nova Scotia. No base Scene[®] points earned. See weekly offers for current ways to earn Scene[®] points. All weekly Scene[®] offers exclude taxes, delivery charges, bill payments, service fees, rental fees, event tickets, gift cards, fluid dairy products in Atlantic regions, pre-paid cards, postal products and services. Western Union, McAfee/7-Eleven/Horizon/Starbucks products and services in select regions, prescription drugs, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, photo finishing, deposits, environmental charges, fuel and other goods and services which are non-discountable or excluded by law. Redeem 1,000 Scene[®] points for \$10 towards your purchase up to a maximum of 50,000 Scene[®] points (\$500) per day. For full Scene[®] Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms-and-conditions>. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated. Please recycle where facilities exist. Printed with vegetable based ink. Nova Scotia. Supplement to The Telegraph Journal, The Daily Gleaner & The Chronicle Herald.

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Get up to 800 PTS

Load offers in the Sobeys app or at [MyGroceryOffers.ca](https://www.MyGroceryOffers.ca)

That's like
\$8
toward your groceries



Get **500 PTS**
when you buy 4

TOSTITOS Chips
205-300 g



Get **300 PTS**
when you buy 2

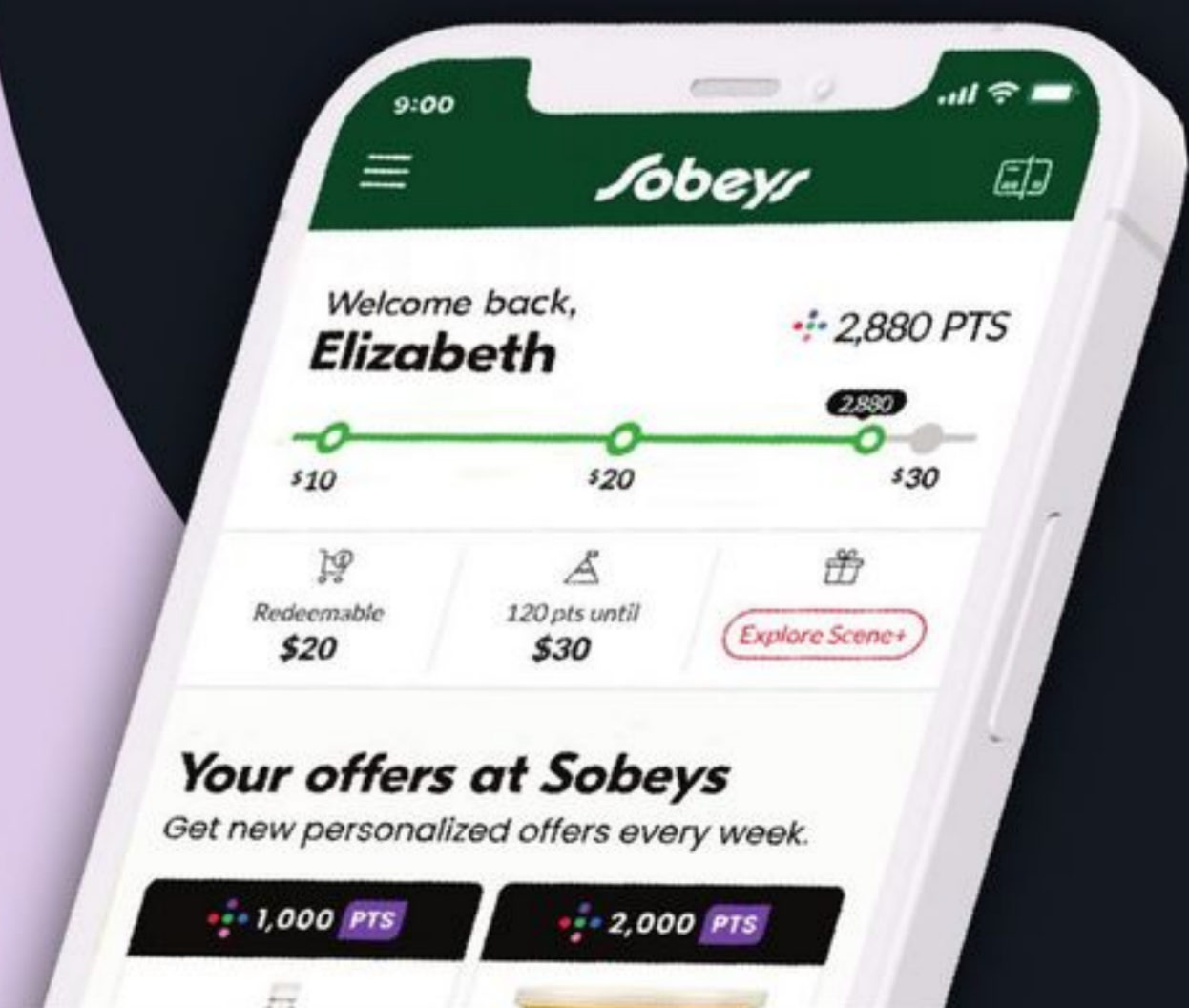
COMPLIMENTS Bagged Candy
600-750 g

Scene+
DIGITAL EXCLUSIVE

Download on the
App Store

GET IT ON
Google Play

Sobeys



Offer valid June 6th to June 12th, 2024 at all Sobeys locations in Atlantic Canada. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.



2/\$8

COCA-COLA or PEPSI Soft Drinks 6x710 mL



3.99

SIMPLY Orange Juice 1.54 L or MINUTE MAID Lemonade or Fruit Punch No Sugar Added 1.54 L

Cheers to cool summer sips



BUY 3 GET 1 FREE

*of equal or lesser value

BUBLY Sparkling Water 12x355 mL 7.49 ea



2/\$7

BIG 8 Spring Water 24x500 mL



4.99

COMPLIMENTS Fruit Mocktails 450 g



端午節快樂
Happy Dragon Boat Festival

Get more from your celebration!



Treat yourself to a tuna steak!

10.88
/lb

Yellowfin Tuna Steaks previously frozen or frozen product of Vietnam 23.99/kg

5.99

Large Papaya product of Mexico



99¢

Garlic product of Argentina

1.78
/lb

Yellow Asian Pear product of China 3.92/kg



7.49

MAZOLA Oil selected varieties 1.18 L



5.49

BLUE DRAGON Curry Paste selected varieties 270 mL



2/\$7

BLUE DRAGON Noodles selected varieties 250-300 g



1.69

DIAMOND Instant Noodles 400 g



3.49

KIKKOMAN Panko Bread Crumbs 227 g



4.99

SAPPORO Ichiban Instant Noodles selected varieties 5 pk



4.99

FARKAY Noodles selected varieties 397 g

That's like \$4 toward your groceries

400 PTS when you buy 2

15% off



AVEENO Skincare selected



GREAT GIFT IDEA! Our Gift Cards can be any amount.



Try our Asian-Style BBQ
Beef Short Ribs
recipe at Sobeys.com



300 PTS
when you spend
\$15 or more

12⁸⁸
/lb

Fresh Beef Chuck Short Ribs Family Size
thick English style or thin sliced cut by your meat
expert from Canada AA grade beef 28.39/kg



9⁹⁹

Persimmon Case
product of
South Africa



*Crisp,
tender and
juicy!*

500 PTS
when you buy 1
3⁸⁸
/lb
That's like
\$5
toward your
groceries

value
size
Pork Belly
skin on frozen
8.55/kg



LARGE **3/4⁹⁸**

Large Ataulfo Mangoes
product of Mexico

Deals on the essentials



7⁸⁸
AQUA STAR Squid Tubes
& Tentacles 340 g



8⁸⁸
PANACHE Seafood
Appetizers, Assorted
Breaded Shrimp or
Calamari 340-355 g



16⁹⁹
WHOLE SOME CROPS
Premium Sushi Rice 7 kg



100 PTS
when you buy 2
5⁹⁹
KIKKOMAN Soy or Teriyaki
591 mL available in
selected stores



6⁹⁹
KEWPIE Mayonnaise 450 g
available in selected stores



4⁹⁹
BLUE DRAGON Sushi
Nori 22g



3²⁹
INDOMIE Instant Noodles
selected varieties 5 pk



7¹⁹
NONGSHIM Bowl Noodles
selected varieties 86 g



7¹⁹
NONGSHIM Ramen Noodles
selected varieties 120 g



5⁹⁹
MINI CRUSH Fruit Jelly
Jar 1.4 kg



3⁴⁹
SABZU Sriracha or Sweet
Chili Sauce 450 mL

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ON PRODUCTS YOU'LL LOVE.

Visit mygroceryoffers.ca
or the Sobeys app.

SOBEYS_WK04_P01_ATL_NS_NB_PD

fresh picks

Grown right here
at home

Make your own garden fresh salad



From Canada
2.49
/lb
Tomatoes On The Vine product
of Canada no 1 grade 5.49/kg



From Canada
2.99
Living Lettuce
product of Canada



From Canada
6.99
50 PTS
when you buy 1
HIROS or OMBRE
Snacking Tomatoes
product of Canada
340 g



From Canada
3.99
/lb
Red, Yellow or Orange Peppers
product of Canada 8.80/kg



From Canada
1.99
Long English
Seedless Cucumbers
product of Canada,
Canada no 1 grade

Enjoy the taste of sweet mango



2/\$4
Large Red Mangoes
product of Mexico



7.99
/lb
Sugar Mango
product of
Colombia
17.61/kg



9.99
H&H Dried
Fruit selected
454 g



7.99
50 PTS
when you buy 1
BOLTHOUSE
FARMS Mango
Ginger Juice
946 mL
selected



25% off
BUY 1 GET 2ND
Prepared Fresh Daily In-Store
Mango or Pineapple Salsa
Guacamole Dip, or Bruschetta
Mix assorted sizes

Fruity fresh...



8.99
200 PTS
when you buy 1
DRISCOLL'S Sweetest Batch Blueberries 312 g
product of USA or Mexico



3.99
Blackberries 170 g
product of USA or
Mexico



3.98
Honey Pomelo
product of Vietnam



6.99
100 PTS
when you buy 1
ORRI Mandarins
product of Israel
907 g/2 lb bag



4.99
Mini Seedless
Watermelons
product of USA or
Mexico

Veggie love...



1.99
/lb
Yellow, White or Red
Bulk Potatoes product
of USA 4.39/kg



77¢
Bulk Corn
product of USA



1.28
/lb
Flat Cabbage
product of USA
2.82/kg



5.99
100 PTS
when you buy 2
COMPLIMENTS Milk
Chocolate Covered
Almonds 350 g

floral

available at most stores



14.99
100 PTS
when you buy 1
Gerbera Daisy
Bunches choose
from mini 15-stem
bunch or large
10-stem bunch



19.99
Double-Spike
Phalaenopsis
Orchid in
ceramic 5"

Grown in
New Brunswick



2/25
Annual Hanging
Basket 10"

Grown in
New Brunswick



3/12
Assorted Seed
Annuals 5.5"

GREAT GIFT IDEA! Our Gift Cards can be any amount.

So tender
Sterling Silver
HAND-SELECTED AAA BEEF
Well-marbled • Aged to perfection
Cut from Canada AAA Beef
Exclusive to Sobey's

400 PTS
when you spend \$20

9.99 /lb
That's like \$4 toward your groceries

27.99 /lb
STERLING SILVER Fresh Boneless Rib or Rib Eye Grilling Steak Family Size or Premium Oven Roast cut by your meat expert from Canada AAA grade beef 22.02/kg

22.99 /lb
STERLING SILVER Fresh Capless Prime Rib Premium Oven Roast or Family Size Grilling Steak cut by your meat expert from Canada AAA grade beef 50.68/kg

CERTIFIED TENDER TENDRETE CERTIFIEE

3.79 /lb
Fresh Chicken Legs back attached Family Size 8.36/kg

200 PTS
when you buy 1 pkg

5.99 /lb
PANACHE Flattened Chicken Lemon Greek, Jerk or Portuguese 13.21/kg

300 PTS
when you spend \$10

13.99 /lb
Fresh Maple Chipotle, Korean BBQ or BBQ Whiskey Marinated Beef Chuck Short Rib thin cut, cut by your meat expert from Canada AA grade beef 30.84/kg

7.99 /lb
Fresh Premium Bacon & Cheddar, Jalapeño & Cheddar, Onion & Swiss or Italian Style Lean Ground Beef Meatballs or Meatloaf 17.61/kg

100 PTS
when you spend \$20

7.99 /lb
Stuffed Portobello Mushroom Caps with Mild Italian Pork Sausage 17.61/kg

150 PTS
when you spend \$10

5.99
PANACHE Dinner or Breakfast Pork Sausages 375-500 g

12.49
SUNGOLD Lamb Tonight 284-375 g

TRY OUR In-store Maple Chipotle Glaze for Pulled Pork

All Fresh Pork!
BUY 2 GET 1 FREE
*of equal or lesser value

Perfect for Pulled Pork

value size
Fresh Pork Shoulder Picnic Roast hock removed

value size
Fresh Pork Shoulder Blade Roasts or Family Size Steak

value size
NAGANO Premium Fresh Pork Loin Hotel Cut Chop, Tenderloin or Back Ribs

value size
Fresh Pork Loin Back Ribs cryovac

value size
Fresh Whole Skinless Pork Belly cryovac

value size
Fresh Pork Side Ribs breast bone removed, regular cut or sweet & sour cut

value size
Fresh Montreal BBQ or Korean BBQ Marinated Pork Loin Centre Chops

quick & easy

150 PTS
when you buy 2

5.99
BUTTERBALL Turkey Bacon or Rasher 300-375 g

BUY MORE SAVE MORE

3.99
COMPLIMENTS Smoked Sausages or Boneless Ham Slices 375 g 4.99 ea

300 PTS
when you buy 2

14.99
MONTANA'S Pork Back Ribs 650 g

STARTING AT

4.49 /lb
COMPLIMENTS Bone-In Ham Steaks or Honey Hams halves or quarters starting at 9.90/kg

BUY 2 GET 1 FREE
*of equal or lesser value

Save Up To \$18.99! COMPLIMENTS or PANACHE Chicken Wings, Meat Appetizers, Meatballs, Egg Rolls or Spring Rolls 252-800 g starting at 5.99 ea

110 PTS
when you buy 1

10.99
COMPLIMENTS Beef, Chicken or Vegetable Lasagna or Macaroni & Cheese or Chili 907 g-1 kg

150 PTS
when you buy 1

14.99
BELMONT, CARDINAL ROADHOUSE ANGUS, ST. LOUIS BAR & GRILL, JACK ASTOR'S, EARLS KITCHEN & BAR or COMPLIMENTS Chicken, Turkey or Soy Burger 850 g-1.02 kg

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with the Scotiabank® Scene+™ Visa® Card

Apply now at scotiabank.com/earnpointsfaster
10% minimum spend on everyday purchases in the first year.
Conditions apply. *See full program details. Offer subject to change.
Offer effective from 1 June 2024.

SOBEYS_WW06_F03_ATL_N5_N6

*Certified by the Canadian Beef Grading Agency / Certifié par L'Agence Canadienne de Classement du Bœuf

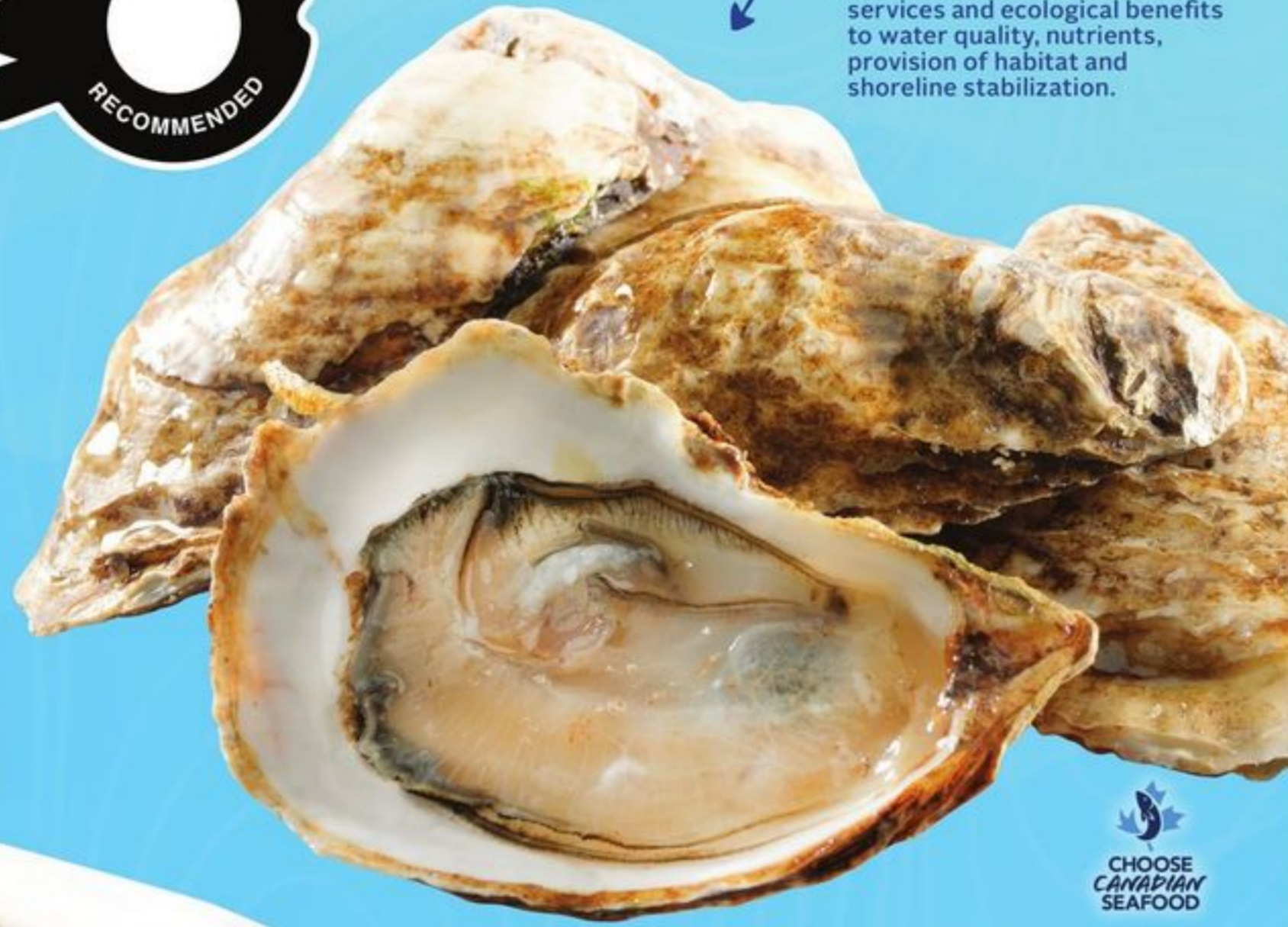
JUNE 8TH CELEBRATE
WORLD OCEANS DAY

WISE CHOICES KEEP ROLLING IN

Look for the Ocean Wise®
recommended logo in our stores
for an Ocean Friendly Choice.



Oyster farming is associated with a host of ecosystem services and ecological benefits to water quality, nutrients, provision of habitat and shoreline stabilization.



FRESH CHOICE Oysters
product of Atlantic Canada
subject to availability

With robust fishery management measures in place, haddock populations remain healthy and abundant.



Fresh Wild Haddock
Fillets product of
Atlantic Canada
subject to availability

Mussel farms provide habitat for marine species, supporting biodiverse marine communities around the farm.



Fresh Mussels
product of Canada

Atlantic salmon farmed in indoor recirculating tanks, greatly reduce the risk of introducing diseases, pathogens, harmful chemicals and effluent to sensitive habitats, by physically isolating the farmed fish.



Land Raised Fresh
Atlantic Salmon
Fillets processed in
Canada subject to
availability

Let's do OurPart™ for future generations.

[Learn more](#)

WISE CHOICES

JUNE 8TH CELEBRATE WORLD OCEANS DAY Look for the Ocean Wise® recommended logo in our stores for an Ocean Friendly Choice.

KEEP ROLLING IN

CHOOSE OCEAN WISE SEAFOOD

STARTING AT 1.25 FRESH CHOICE Oysters subject to availability

BUY MORE SAVE MORE **2.49** COMPLIMENTS Crab- or Lobster-Flavoured Alaskan Pollock 227 g 2.99 ea

STARTING AT 7.99 COMPLIMENTS cooked or raw shrimp 71-90 per lb 340 g

17.99 Land Raised Fresh Atlantic Salmon Fillets processed in Canada subject to availability 39.66/kg

2.29 Fresh Mussels product of Atlantic Canada 5.05/kg

3.50 Authentic Maryland Crab Cakes 120 g frozen or previously frozen or 2 pk of cakes for 700

10.99 COMPLIMENTS Pan Sear Garlic & Herb Haddock, Lemon Pepper Sole or Mediterranean Pacific Salmon 460-680 g

21.99 COMPLIMENTS NATURALLY SIMPLE Black Tiger Shrimp in Ring with Sauce 518 g or Black Tiger Shrimp 8-12 ct per lb Raw 454 g

Our Compliments shrimp are sourced from regions with strong management practices meaning they're able to greatly limit impacts on the surrounding environment and ecosystem.

That's like **\$5** toward your groceries

kitchen

13.99 MAPLE LEAF Raised Without Antibiotics Chicken 900 g **200 PTS** when you buy 1

2.79 Mini Chicken Wraps ranch, chipotle or sweet chili 110 g 2.99 ea

3.29 SUMMER FRESH Snack 'n Go Hummus or Spinach Dip 118 g

5.99 Chicken Legs back attached 4 pk

So easy Family meal deal

BUY 1 Whole Assorted Dagwood Sandwich 1.15 kg

+1 COMPLIMENTS Salad 850-908 g regular potato, creamy coleslaw, macaroni or other select varieties

for only 18.99 Feed a family of 4 for \$4.75 ea.

250 PTS when you buy 1 Family meal deal

1.49 ea. PLUS add one 1-litre Coca-Cola product

7.99 OLIVIERI Pasta or Sauce 540-700 g or 600 mL

deli

25% off **200 PTS** when you buy 400 g or more

Jarsberg works out to 4.49/100 g, Cambolozza works out to 5.09/100 g or ILE DE FRANCE Brie works out to 3.74/100 g

6.99 BALDERSON slices or snacks 126-140 g

12.49 BOTHWELL Cheddar 540 g

8.49 Le Gruyère Slices 100 g or Emmental slices 110 g

2.29 COMPLIMENTS Bologna or Cooked Ham

3.29 Mastro Genoa Salamis

7.49 COMPLIMENTS NATURAL INGREDIENTS Sliced Meats selected 175-400 g **75 PTS** when you buy 1

7.79 PANACHE Italian Sliced Deli Meats product of Italy selected 100 g **400 PTS** when you buy 2

Mmm cookies 'n cream

11.99 Cookies 'n Cream Half Dessert Cake 655 g or 1.3 kg 22.99 or Cake Slice 220 g 3.99

4.99 5" Cookies 'n Cream Pie 250 g **50 PTS** when you buy 1

6.99 OREO Cookies 'n Cream Brownies 300 g **120 PTS** when you buy 2

6.99 KIMBERLEY'S BAKESHOPPE Frosted Cookies 'n Cream Cookies or QUINN'S Cookies 'n Cream Swiss Rolls 332-402 g

7.49 OREO Two-Bite Cupcakes 273 g

3.99 Focaccia Breads 315-340 g

5.99 Donut Day! June 7th with Scene+ Card

6.99 Donut Glazed Ring 6 pk without Scene+ Card

Sign up for Sobey's E-Flyer &

SAVE \$5

off your next purchase of \$40 or more! www.sobeys.com/getflyer

Great deals on buns for BBQ this week!



Try a burger on it!

BUY MORE SAVE MORE **NEW** **BAKED IN STORE**

5.99
ea when you buy 2 or more
Potato Style Buns 4 pk 400-450 g 6.29 ea

WOW, Foot long!

BAKED IN STORE **NEW**

4.39
Foot Long Hot Dog Buns 6 pk 650 g

BUY MORE SAVE MORE

4.89
ea when you buy 2 or more
STUYVER'S Ciabatta or Portuguese Buns 4 pk 340-400 g 5.29 ea

BUY MORE SAVE MORE **BAKED IN STORE**

3.49
ea when you buy 2 or more
Hot Dog or Hamburger Buns 8 pk 3.99 ea

BAKED IN STORE

4.29
Kaiser Buns 6 pk 500 g

BUY MORE SAVE MORE

3.99
ea when you buy 2 or more
COMPLIMENTS Brioche Burger Buns 4 pk 200 g 4.29 ea

BAKED IN STORE

5.69 **50 PTS** when you buy 2
Gourmet Cheese Hot Dog or Hamburger Buns 8 pk

BAKED IN STORE

6.29 **80 PTS** when you buy 2
Gourmet Cheese Buns 6 pk 425 g

frozen & dairy



6.99 MARITIME PRIDE Large White Eggs 18 pk



3.99 iGO NANO Drinkables 6x93 mL 4.99 ea



5.99 HEALTHY CHOICE Zero or Power Bowls 262-280 g



6.99 SIMPLY PICKED Frozen Fruit 600 g



3.99 KOZY SHACK Pudding 4 pk or 624 g or LACTANTIA Healthy Attitude or OLIVINA Margarine 427 g



7.99 LIBERTÉ Greek Yogurt 1 kg



3.49 PILLSBURY Pizza Pops 380 g



3/4.98 MINUTE MAID Frozen Lemonade or FRUITOPIA or NESTEA 295 mL



2/\$7 COMPLIMENTS Cream Cheese or Spread 227-250 g



3.99 GAY LEA Aerosol Whipped Cream 225 g



7.99 RUSTICA Stuffed or Rising Crust or Oven-Fired Pizza 538-866 g



3.49 KELLOGG'S Eggo Waffles, French Toast Sticks or Pancakes 270-330 g

meal makers



4.79 WEIGHT WATCHER'S Bread 450 g, Tortillas 8 pk or Bagels 6 pk



\$3 HOSTESS Snacks 121-225 g 3.49 ea



5.99 WILDLY DELICIOUS BBQ Sauce 350 mL 7.49 ea



6.99 COMPLIMENTS Pickles 2 L



2.99 KRAFT Jet-Puffed Marshmallows selected 400 g



20% off COMPLIMENTS Coconut sweetened or unsweetened 200 g



5.99 KELLOGG'S Family Cereal 480-625 g



4/\$5 JELL-O Jelly Powders 10-85 g



2.99 CAMPBELL'S Broth 900 mL or Concentrated Broth 250 mL



4.99 OLD EL PASO Taco Kits 250-510 g



4.49 KIKKOMAN Soy or Teriyaki Sauce 296 mL



10.99 BEN'S ORIGINAL Jasmine or Basmati Rice 1.6 kg



Love it. Or it's free.*

*For details see COMPLIMENTS.ca

100% MONEY BACK GUARANTEE



9.99 COMPLIMENTS Cheese Slices 460-480 g



50 PTS when you buy 1
3.79 COMPLIMENTS Cottage Cheese 750 g



150 PTS when you buy 2
3.79 COMPLIMENTS BALANCE or COMPLIMENTS Asian-Inspired Frozen Entrées selected 250-280 g



2.99 COMPLIMENTS Perogies 907 g



100 PTS when you buy 1
3.49 COMPLIMENTS Deluxe Buns 348-616 g



200 PTS when you buy 2
3.49 COMPLIMENTS Cooking Spray 141-170 g



2.99 COMPLIMENTS Taco Sauce 245 mL



3.99 COMPLIMENTS Graham or Chocolate Baking Crumbs 400 g

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SOBEYS_WW06_P07_ATL_NS_NB_PD

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100 PTS
when you buy 2

3⁸⁸
ea

Dragon Fruit Pitahaya
product of Ecuador



4⁸⁸

Lychee Fruit product of
Mexico 227 g



12⁹⁹

TILDA Basmati Rice
1.81 kg



1⁴⁸
/lb

Napa Cabbage product
of USA 3.26/kg



4⁴⁹

KIKKOMAN Soy Sauce
Dispenser 148 mL



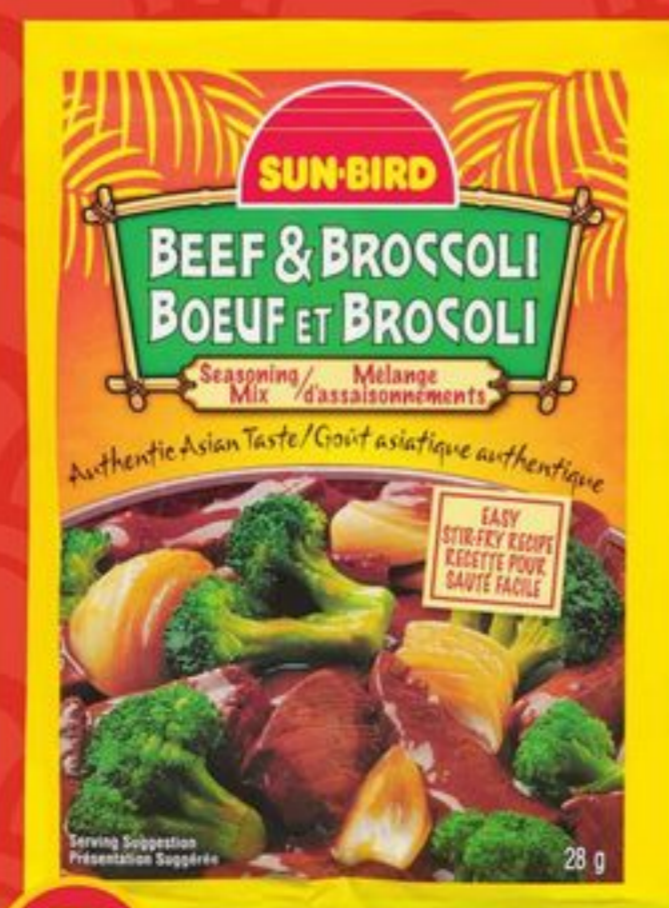
2⁹⁹

COMPLIMENTS Sauce 350 mL
or Soya Sauce 450 mL
selected varieties



4⁹⁹

COMPLIMENTS Long Grain
or Parboiled Rice 2 kg



BUY
MORE
SAVE
MORE

1⁹⁹
ea when you
buy 2 or more

SUN-BIRD Seasoning Mix
21-28 g available in selected
varieties and stores 2.49 ea



2⁹⁹

KIMPHAT Instant Noodles
120 g selected varieties

drinks & snacks

200 PTS when you buy 2
Scene+ MEMBER PICKS
3.99 with Scene+ Card
4.49 without Scene+ Card
ALLEN'S Apple Juice 1.89 L

22.99
CORONA Smbrew Non-Alcoholic Beer 12x355 mL

4.49
TETLEY Specialty Tea Canisters 20-24 pk or CELESTIAL Seasonings Tea 20 pk

2/\$3
SPARKLING ICE Sparkling Water 503 mL, SUNNY D 500 mL, SNAPPLE 473 mL or PEACE TEA 695 mL

200 PTS when you buy 2
2/\$9
CHEETOS 170-285 g

200 PTS when you buy 2
2/\$8
ROLD GOLD Pretzels 198-370 g

2/\$7
OLD DUTCH Potato Chips 235 g

100 PTS when you buy 2
7.99
GOSLINGS Ginger Beer 6x355 mL

100 PTS when you buy 2
4.99
CHRISTIE Family Size Crackers 350-354 g

100 PTS when you buy 2
3.99
CHRISTIE Ritz Chips or Crispers Family Size 240 g

BUY MORE SAVE MORE
3.99 80 when you buy 2 or more
WASA Crispbread 270-275 g 4.49 ea

BUY MORE SAVE MORE
3.99 80 when you buy 2 or more
ARNOTT'S Tim Tam Biscuits 175-200 g 4.49 ea

8.99
KELLOGG'S Pop-Tarts 1.152 kg or Rice Krispies Squares 660 g

BUY MORE SAVE MORE
5.49 80 when you buy 2 or more
SKITTLES or STARBURST Candy 320 g 6.79 ea

BUY MORE SAVE MORE
5.49 80 when you buy 2 or more
EXCEL Gum Bottle 40-60 pk or 5 Gum 35 pk 6.29 ea

2/\$3
ICEE Slushies 177 mL or KISKO KIDS Bag Freezies 18 pk while supplies last

Here for your budget and lifestyle

compliments BEST BUY

50 PTS when you buy 2
7.79
BEST BUY Wafers 227 g

300 PTS when you buy 2
3.99
COMPLIMENTS Value Size Chips 750 g or Pretzel Sticks 908 g, Popcorn Caramel & Cheddar 737 g or Party Mix Value Size 908 g

3.99
COMPLIMENTS Lemonade or Iced Tea 2.84 L

75 PTS when you buy 1
3.99
COMPLIMENTS Cookie Confetti Bites 400 g while supplies last

natural health

8.99
RISE ORGANIC Kombucha 1 L

2.99
SILK Dairy-Free Creamers 450-473 mL

8.99
GARDEIN Meat Alternatives 397-425 g

STARTING AT 7.79
CARBONAUT Plant-Based or Gluten Free Bread 544-550 g, Hot Dog Buns 288 g or Hamburger Buns 315 g

9.99
BETTY BUZZ Premium Sparkling Soda 4 pk

2.99
CLUB HOUSE ORGANIC Spice Bags 10-57 g

100 PTS when you buy 2
10.99
SWERVE Sugar Replacement 340 g

50 PTS when you buy 1
4.99
COMPLIMENTS ORGANIC Quick Oats 1 kg

200 PTS when you buy 2
15.99
EMERGEN-C Gummies 36-45 pk

100 PTS when you buy 2
8.99
KIND Bars 5x40 g pk or Minis or Thins 10 pk

100 PTS when you buy 2
5.99
METHOD Cleaners (excludes wood, granite and floor cleaner) 709-828 mL

Gluten Free
13.99
MANITOBA HARVEST Hemp Hearts 454 g

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home & pet care

<p>25⁹⁹ CHARMIN Bathroom Tissue 16-64 Rolls or BOUNTY Paper Towel 6-8 Rolls</p>	<p>8⁹⁹ COMPLIMENTS Paper Towel 6 rolls or Facial Tissue 6 pk</p>	<p>200 PTS when you buy 2 7⁴⁹ GLAD Kitchen Catchers 30-52 pk, Blue Tall Forceflex 26 pk or Compostable Tall 10 pk</p>	<p>2⁹⁹ with Scene+ Card 3⁷⁹ without Scene+ Card COMPLIMENTS Freezer Bags 15-20 pk or Reclosable Sandwich Bags 100 pk</p>
<p>300 PTS when you buy 2 10⁹⁹ PALMOLIVE Dishwashing Liquid 4.27 L</p>	<p>6⁹⁹ LYSOL Laundry Disinfectant 1.21 L or Fabric Sanitizer 425 g</p>	<p>4⁴⁹ DAWN 635-709 mL or EZ Squeeze 366-443 mL</p>	<p>21⁹⁹ GAIN or DOWNY Beads 680 g</p>
<p>200 PTS when you buy 1 54⁹⁹ BLUE BUFFALO Dry Dog Food 9.9 kg</p>	<p>75 PTS when you buy 1 13⁹⁹ TIDY CATS LightWeight Cat Litter 2.72 kg</p>	<p>3⁹⁹ MILK-BONE Biscuits 450-475 g</p>	<p>20% off COMPLIMENTS Summer Napkins 20 pk 3 ply white quantities last</p>

health, beauty & baby

<p>1²⁹ CREST Toothpaste 50-100 mL or ORAL-B Toothbrushes 1 pk selected</p>	<p>200 PTS when you buy 1 9⁹⁹ U BY KOTEX Pads, Tampons or Liners 22-100 pk selected</p>	<p>11⁹⁹ L'OREAL Excellence Hair Colour or JOHN FRIEDA Serum 50 mL or SCHICK Intuition Razors 1 pk selected</p>	<p>4⁹⁹ OLAY Body Wash 364 mL, SECRET or OLD SPICE Deodorant 45-96 g selected</p>
<p>9⁹⁹ AVEENO Haircare 354 mL or MAJI Moisture 385 mL or 340 g</p>	<p>5⁹⁹ HEAD & SHOULDERS Haircare Products 315-370 mL</p>	<p>9²⁹ HERBAL ESSENCES Haircare 400 mL or HAIR BIOLOGY 380 mL or Serum 95 mL selected</p>	<p>100 PTS when you buy 1 15% off L'OREAL Skincare selected</p>
<p>200 PTS when you buy 3 1⁹⁹ NESTLÉ Gerber ORGANIC Pouches 99 g or 128 mL 2.49 ea</p>	<p>500 PTS when you buy 1 39⁹⁹ PAMPERS Huge Diapers 80-160 pk</p>	<p>300 PTS when you buy 2 9⁴⁹ PAMPERS Baby Wipes 112-216 pk 11.29 ea</p>	<p>100 PTS when you buy 1 13⁹⁹ CETAPHIL Baby Toiletries 295-400 mL</p>

pharmacy

Only available at Pharmacy Locations
*Select products only available when a pharmacist is on duty.

<p>150 PTS when you buy 1 15% off TYLENOL Pain Relief 50-120 pk or MOTRIN 200-400 mg 45-90 pk selected*</p>	<p>150 PTS when you buy 1 15% off CHILDREN'S TYLENOL, MOTRIN, or BENLYN selected*</p>	<p>300 PTS when you buy 2 15% off ADVIL 24-50 pk selected or VOLTAREN 30 g or 50 g</p>	<p>150 PTS when you buy 2 15% off VICK'S DayQuil or NyQuil Cold & Flu 35.4 mL or 24 pk selected</p>
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<p>150 PTS when you buy 1 15% off POISE Pads or DEPEND Underwear selected</p>	<p>250 PTS when you buy 1 10% off NICORETTE Gum or Lozenges 160-210 pk or Quickmist Duo*</p>	<p>Scene+ Get 1000 PTS with a Contour Next or Contour Next One Meter***</p> <p>79⁹⁹ CONTOUR Blood Glucose Test Strips 100 pk**</p> <p>That's like \$10 toward your groceries</p> <p>Contour Next or Contour Next One Meter FREE with purchase of 100 test strips*** See your pharmacist for details. (Limit of 1 Free Meter)</p>
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**Due to provincial regulations, products purchased using a prescription filled by a pharmacist may not be eligible for Scene+™ points.

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- ✓ Allergies
- ✓ Bug bites
- ✓ Rashes
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360healthpharmacy.ca

*Pharmacist will assess and prescribe medication where appropriate.
Some conditions are only treatable by pharmacist in certain provinces, see website for details.

KICK OFF YOUR SUMMER

5.99 GENERAL MILLS Family Size Cereals 475-778 g selected varieties
2/\$7 NATURE VALLEY Granola Bars or BETTY CROCKER Fruit Snacks 128-230 g selected varieties
NEW **250 PTS** when you buy 2
2/\$7 YOPLAIT Source Yogurt Tub 630 g or Source Protein 4x100 g selected varieties
2/\$7 OLD EL PASO Taco Seasonings 24 g

MAGNUM
IT'S MORE THAN CHOCOLATE
IT'S MAGNUM ICE CREAM

5.99 MAGNUM Bars 3 pk or Mini 4 pk selected varieties

BEN & JERRY'S
SAY YES TO DESSERT!

5.99 BEN & JERRY'S Ice Cream selected varieties 473 mL

10.49 HÅGEN-DAZS Ice Cream Tubs 946 mL or Bars 6 pk assorted varieties

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ACTIVIA
NEW ACTIVIA, ALWAYS 1 BILLION PROBIOTICS*

3.99 DANONE Activia Yogurt 625-650 g ea

6.99 10-HOUR BREW BOLD AND SMOOTH TASTE STOK Cold Brew 1.42 L

McCain
Shareables for Every Occasion

3.99 Crowd-pleasing Specialty Cuts MCCAIN Premium or Specialty Bistro Selects or Fun 454-800 g

8.99 NEW! Everyday Shareables MCCAIN Tastiez 400-500 g

7.29 MCCAIN Pockets 6 pk

3.99 MCCAIN Breakfast Bowls 200 g

300 PTS when you buy 2

Indulge in Joy

3.49 JELL-O Refrigerated Gel or Pudding Snacks 4x89-113 g 4.49 ea

6.99 PHILADELPHIA Cream Cheese Product 340 g Philadelphia Strawberry Fields No-Bake Cheesecake

Find this recipe at [KraftCanada.ca](https://www.kraftcanada.ca)

WE'RE DONATING \$50K TO YOUTH MENTAL HEALTH AND GIVING YOU A CHANCE TO WIN AN ORLANDO CONCERT EXPERIENCE!

5.99 CHRISTIE Family Size Cookies selected varieties 303-488 g 5.49 ea

4.99 CHRISTIE Premium Plus Crackers 450-500 g

3.79 CHRISTIE Peek Freans 275-350 g or Dad's Cookies 300-320 g

3.49 CHRISTIE Mini Cookies 150-225 g or Ritz Mini Crackers 180-200 g

* A portion of each purchase will be donated to youth mental health programs. MCCAIN products (CASCARA, CRISPER, CHIPS AND MORE, SOAK MASH) will be donated. ** PURCHASE NECESSARY: Open to Canadian residents only. Registration and online entry closes April 1, 2024. Open to Canadian residents only. Registration and online entry closes April 1, 2024. Open to Canadian residents only. Registration and online entry closes April 1, 2024. Open to Canadian residents only. Registration and online entry closes April 1, 2024.

5.99 NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L or DEL MONTE or Selected Premium Novelties 4-10 pk

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16.99 KRAFT Dinner 12 pk or Cups 10 pk

WIN EXCLUSIVE SEATS BEHIND THE RAPTORS PLUS \$20,000 IN NBA PRIZES TO BE WON

TO ENTER: BUY any two (2) participating products, SNAP a photo of your receipt, UPLOAD for your chance to win.

100 PTS when you buy 2

STARTING AT 5.49

AXE Deodorant or Body Spray 76-113 g or Body Wash 473 mL or DOVE Men+Care Body Wash 400 mL selected

For more information please visit TSGAMEDAY.EVERYDAY.COM

4.49 CAVENDISH FARMS All-Day Breakfast Hash Browns 625-650 g

3.79 CASA BONITA Corn Tortillas 450 g

15% off SOLO Plates 20-44 pk or Cups 22-30 pk selected varieties

5.99 OASIS Smoothie or Health Break Beverages 1.6 L

100 PTS when you buy 2

SNACK INTO Summer

BUY MORE SAVE MORE

2⁹⁹ ea when you buy 2 or more

PEPPERIDGE FARM Goldfish Crackers selected varieties 156-227 g 3.49 ea

2/\$7

SNYDER'S OF HANOVER Pretzels selected varieties 240 g

BUY MORE SAVE MORE

2⁹⁹ ea when you buy 2 or more

KETTLE BRAND Chips 156-198 g 3.49 ea

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INTRODUCING POWERADE SOUR

LIMITED TIME FLAVOURS
Available May 6, 2024

100 PTS when you buy 2

COCA-COLA or CANADA DRY Beverages 8x300 mL

100 PTS when you buy 2

COCA-COLA or CANADA DRY Beverages 6x222 mL

100 PTS when you buy 1

9⁹⁹

MONSTER Energy Beverages* 4x473 mL

2/\$4

POWERADE 710 mL

*This application taxes, levies, deposits and fees. Valid at participating locations from June 6th to June 12th, 2024. Subject to availability while supplies last. Not valid in conjunction with any other offer. Retailer sets sell for less. All products must be purchased at the same time, single units at regular price. *This product may not be suitable for everyone. Please read the label for instructions. The trademarks that appear are the property of their respective trademark owners.

70th Anniversary

SUMMERTIME SAVINGS WITH OLD DUTCH!

BUY MORE SAVE MORE

\$4 ea when you buy 2 or more

OLD DUTCH Restaurante Tortilla Chips assorted varieties 275-295 g 5.29 ea

OLD DUTCH Dutch Crunch Kettle Cooked Potato Chips assorted varieties 200 g 4.99 ea

YOUR PERFECT CUP, YOUR STYLE

10⁹⁹

MAXWELL HOUSE Roast & Ground Coffee 631-925 g

400 PTS when you buy 2

16⁹⁹

MAXWELL HOUSE or NABOB Single Serve Pods 30 pk

200 PTS when you buy 2

5⁹⁹

CLOROX Bleach 2.4 L or PINE-SOL Cleaners 1.41 L

NO Preservatives | NO Artificial Flavours | NO Artificial Colours

Pure Simple ingredients. Just like homemade.

300 PTS when you buy 2

PURE J.L. KRAFT Dressings or Marinades 355 mL

AVAILABLE IN 12 EXCLUSIVE FLAVOURS

INSTANT SAVINGS OF \$10

WHEN YOU BUY 5 OR MORE KRAFT HEINZ PARTICIPATING PRODUCTS

Kraft Heinz

Participating Products: Philadelphia Cream Cheese 227-250 g, Kraft Peanut Butter 750 g - 1 kg, Kraft Singles Process Cheese Product 410 g, Heinz Ketchup 750 mL - 1 L, Miracle Whip Spread 650-890 mL, Kraft Miracle Whip or Mayonnaise 650-890 mL, Pure J.L. Kraft Dressing & Marinades 355 mL, Cheesed Puffs 218-452 mL, Kraft Dinner Macaroni & Cheese 5000 g, Kraft Dinner Macaroni & Cheese Snack Cans 4x58 g, Maxwell House French & Onion Coffee 875 g, NABOB Single Serve Coffee 840-900 g, MAXWELL HOUSE Maxwell House & NABOB Coffee 8-10 pack, Maxwell House & NABOB Single Serve Pods 30 pack, Maxwell House Instant Coffee 150 g, Heinz's Gourmet Dressing and Dip 355 mL, Cheez Whiz Cheese Spread 900 g, Cool Whip Whipped Topping 1 L.

8⁹⁹

RED BULL Energy Drinks 4x250 mL

200 PTS when you buy 2

10⁹⁹

GUINNESS 4x440 mL, KRONENBOURG Blanc Non-Alcoholic Beer 6x330 mL or VIN ZERO Non-Alcoholic Wine 750 mL

7⁹⁹

LIBRA Non-Alcoholic Beer 4x355 mL

8⁴⁹

SAN PELLEGRINO Naturali Sparkling Fruit Beverage 6x330 mL

BUY MORE SAVE MORE

7⁹⁹ ea when you buy 2 or more

PARTAKE Non-Alcoholic Beer 4x355 mL 8.99 ea

2/\$5

PRIME Hydration 500 mL

BUY MORE SAVE MORE

167 ea when you buy 3 or more

CESAR Gourmet Wet Dog Food 100 g 1.99 ea

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