

IGA

Hometown Proud

FEED THE DREAM



Cheer on Team Canada starting July 26!

6.99
ea

Lobster Tails
sold frozen or
previously frozen 3-4 oz



**BUY 1, GET 1
FREE**
of equal or lesser value

T-Bone Steaks
cut by your meat expert from
Canada AAA grade beef



8.99

COMPLIMENTS
Traditional Beef Burgers, Pork Ribettes
or Smoked Sausage 770-907 g



6.99

COMPLIMENTS
Shrimp 71-80 ct
raw or fully cooked
or Bay Scallops
80-120 ct 340 g

5.49

Potato Style Buns
4 pk 400-450 g



Baked
IN-STORE



4.49

TAYLOR FARMS
Chopped Salad Kit
product of USA 312-383 g

200 PTS
when you buy 2

Extra Large Seedless Grapes
product of USA or Mexico 5.49/kg

2.49
/lb



5.97

RUSTICA
Stuffed, Rising Crust or Oven-Fired Pizza 538-866 g



5.77

CRACKER BARREL
Cheese 340-400 g or Shredded Cheese 250-320 g or
BLACK DIAMOND Cheestrings 12-16 pk, 292-338 g



100 PTS
when you buy 2

\$1

COMPLIMENTS Soft Drinks 2 L



99¢

COMPLIMENTS Canned Legumes 540 ml
or KRAFT Dinner 150-200 g or Cups 58 g



5.99

DANONE Activia 12 pk or
OIKOS Greek Yogurt 650-750 g

Fresh new look SAME FRIENDLY NEIGHBOUR!

Come visit us to see what our newly renovated IGA
has to offer. We look forward to seeing you!

Open daily 8am - 9pm. 1650 Main St



Carlos
IGA Main St
Store Manager

SCAN HERE FOR
OUR DIGITAL FLYER



west.iga.ca

JULY 2024
PRICES EFFECTIVE FROM
JULY 25-31

THUR 25 FRI 26 SAT 27 SUN 28 MON 29 TUE 30 WED 31

IGA_WK13_P01_ZZ

BUY 1, GET 1 FREE
of equal or lesser value

SCHNEIDERS Juicy JUMBOS ORIGINAL • ORIGINALS

SCHNEIDERS Bacon, Juicy Jumbos Wieners, Smoked Sausage, Mini-Sizzlers, Sausage Rounds or Meat Pies selected varieties 330-450 g

COMPLIMENTS AIR-CHILLED Whole Chickens 8.80/Kg

3⁹⁹ /lb

200 PTS when you buy 2

9⁹⁹

Baked IN-STORE

Cookies 20 pk 620 g

2/\$14

CASTELLO Cheddar, Aged Havarti or Aged Gouda 200 g, Creamy 150 g, Blue Cheese 125 g, Smoked or Chipotle Gouda 198 g

CANADA

2²⁹ /lb

PRODUCT OF CANADA Hot House Tomatoes Canada no 1 5.05/Kg

TRINITY COMPANY

4⁴⁹ /lb

Tree-Ripened White or Yellow Flesh Peaches or Nectarines product of USA no 1 grade 9.90/Kg

Scene+ **BIG BONUS**

11⁹⁹

ROYALE Bathroom Tissue 24=48 rolls or Paper Towel 6=12 rolls or Facial Tissue 12 pk

That's like \$4 toward your groceries

400 PTS when you buy 2

Scene+ **MEMBER PRICING**

3⁹⁹ SAVE \$2

5⁹⁹ without Scene+ card

TROPICANA Orange or Grapefruit Juice selected 1.36-1.54 L

2⁹⁹

KRAFT Salad Dressing 425 mL, FRANK'S RedHot Sauce or Thick Sauce 354 mL

3⁴⁹

EARTH'S OWN Beverages 1.75-1.89 L or YOPLAIT Minigo Yogurt 6 pk or Yogurt Tubes 8 pk

2/\$7

KELLOGG'S Special K or Kashi Bars selected varieties 165-200 g or QUAKER Cereal selected varieties 350-510 g

4⁹⁹

CLOVER LEAF Sockeye Salmon 213 g

5⁹⁹

AHA Sparkling Water 12x355 mL or COCA-COLA Mini Bottles 8x330 mL

200 PTS when you buy 2

COMPLIMENTS Ketchup 100% Canadian Tomatoes 375 mL or Flavoured Mayo 300 mL

3⁹⁹

KRAFT Philadelphia Dips 227 g

8⁹⁹

STARBUCKS Roast & Ground Coffee 340 g or K-Cup® Pods 10 pk, TIM HORTONS Single Serve Coffee or Orange Pekoe Tea Cups 12 pk

3⁴⁹

VILLAGGIO Bread 510-540 g or DEMPSTER'S Tortillas 7" 272-340 g

2/\$6

300 PTS when you buy 4

LAY'S Potato Chips 220-225 g, Baked 177 g or Poppables 130 g

We reserve the right to limit purchases to retail quantities. Not all items may be available in all stores. Items advertised may not be exactly as illustrated. Prices do not include tax, deposit, environmental handling charges or fees.

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Scene+

- 1 Visit www.mygroceryoffers.ca
- 2 Load your offers
- 3 Shop and scan your Scene+ card

NOW HIRING Join our team! Apply in-store today.

MANITOBA
Main Street IGA 1650 Main Street, Winnipeg, MB

The Scene+ Loyalty Program is available at all participating IGA locations. No base Scene+ points earned. See weekly offers for current ways to earn Scene+ points and visit <https://www.sceneplus.ca/terms> and conditions to see full terms and conditions. All weekly Scene+ offers exclude taxes, delivery charges, full payments, savings fees, credit fees, event tickets, gift cards, full price products in specialty regions, pre-aid cards, sealed products and services, Western Union, MasterCard®/Visa®/American Express® products and services in select regions, prescription drug, non-prescription pharmacy services, liquor and alcoholic beverages, tobacco products, lottery, phone banking, deposits, environmental charges, fuel and other goods and services which are non-deductible or excluded by the federal GST/HST. Scene+ points for 150 towards your purchase up to a maximum of 50,000 Scene+ points received by 12:00 PM per day. For full Scene+ Terms & Conditions or to redeem your points, visit <https://www.sceneplus.ca/terms> and conditions. All offers are subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Scene Capital Inc.

For every ton of paper used in the printing of this flyer, S.C.'s Partners in Growth program will contribute to the 2025-26 tree planting through Trees for Life Canada.

PRODUCE

5.99 /lb
Cherries
product of USA no 1 grade or
British Columbia, Canada no 1 grade 13.21/kg

6.99 ea
Mini Seedless
Watermelons
product of USA

2.79 ea
Large Red Mangoes
product of Mexico

3.99 1lb
Limes
product of Mexico
454 g

3.49 ea
Celery
product of Canada or USA

5.99 3pk
Romaine Hearts
product of Canada
or USA 3 pk

1.49 ea
PRODUCT OF
CANADA
Radish Bunch

1.49 ea
PRODUCT OF
CANADA
Green Onions

MEAT

7.99
HARVEST MEATS
Sliced Back Bacon 250 g

2/\$10
COMPLIMENTS Marinated Souvlaki
Sticks or Pork Chops 250-300 g

8.99 /lb
Boneless Cross Rib Roasts
cut by your meat expert from
Canada AAA grade beef 19.82/kg

4.99 /lb
Pork Side Ribs Centre Portion Removed
cut in-store by your local meat expert 11.00/kg

5.99 /lb
COMPLIMENTS
Ground Chicken or
Turkey 450 g

3.99 /lb
Pork Shoulder Blade Steaks
Family Size cut in-store by your
local meat expert 8.80/kg

9.99 SAVE \$3
COMPLIMENTS
Chicken or Turkey
Burgers 850-852 g

7.99
COMPLIMENTS
Appetizers selected varieties 325-500 g

15.99 100 PTS
COMPLIMENTS NATURALLY SIMPLE
Wild Pacific Salmon Fillets 908 g

7.99
MATLAW'S
Stuffed Clams or Scallops 425 g

3.49 /lb
COMPLIMENTS
AIR-CHILLED
Boneless Skinless
Chicken Breasts
Family Size

3.99 /lb
COMPLIMENTS
AIR-CHILLED
Chicken Leg
Quarters 7.65/kg

DELI

Available at most stores

2.99 /100 g SAVE 30%
COMPLIMENTS
Black Forest or
Honey Ham

3.79 /100 g
COMPLIMENTS Salami
German, Hungarian or Peppercorn
Selection varies by store

1.50 off
BALDERSON Cheddar 250-280 g

7.99
BRANDT
Sweet Habanero
Kolbasa Sausage
250 g

BAKERY

Available at most stores

9.99 200 PTS
PROMISE
Gluten Free
Loaves 400-480 g

11.99 SAVE \$1
COMPLIMENTS
Cream Pie
895-950 g

5.99 100 PTS
COMPLIMENTS
Mini Powdered
Donuts 454 g

10.99
Boston Cake
140 g

KITCHEN

Available at most stores

2.79 ea
Mini Chicken Wraps
110 g

50 PTS
COMPLIMENTS Fresh Pasta or Sauce
regular 350-360 g or 170-300 mL

FLORAL

Available at most stores

11.99
WESTERN CANADA
GROWN IN
BRITISH COLUMBIA
Natural Mixed
Spraymums
assorted colours

BULK

Available at most stores

4.99 100 PTS
H&H Dried Fruit
selected 180 g

2 Scene 1000 PTS = \$10 OF FREE GROCERIES

FROZEN & DAIRY

<p>3.99 CAVENDISH FARMS Potato Patties 600 g</p>	<p>5.49 CHAPMAN'S Markdale Creamery Ice Cream 2 L, Collection Novelties or Yogurt Bars 8 pk</p>	<p>3.99 CAVENDISH FARMS Flavour Crisp Fries 454-750 g</p>	<p>5.49 <small>MEMBER PRICING</small> HEALTHY CHOICE Simply Steam Entrées or MARIE CALLENDER'S Bowls selected 255-348 g</p>
<p>5.99 INTERNATIONAL DELIGHT Coffee Creamers 546 mL</p>	<p>10.49 iOGO Yogurt 2 kg</p>	<p>3.99 NESTEA 1.75 L or COMPLIMENTS Cheddar Flavour Slices 400 g</p>	<p>3.49 <small>MEMBER PRICING</small> PILLSBURY Cookies 458 g, Cinnamon Rolls 351 g, Biscuits, Rolls, Pizza or Pie Crust 318-400 g (excludes Seasonal)</p>

DRINKS, SNACKS & PANTRY

<p>2/\$5 <small>MEMBER PRICING</small> COMPLIMENTS Rice Crackers 100 g</p>	<p>4.99 CHRISTIE Honey Maid Wafers 400 g or Fig Newtons 283 g</p>	<p>2/8.50 <small>MEMBER PRICING</small> TOSTITOS Tortilla Chips 205-300 g (excludes Simply)</p>	<p>5.99 <small>MEMBER PRICING</small> COMPLIMENTS Dry Roasted Peanuts 700 g</p>
<p>2/3.50 SPARKLING ICE Sparkling Water 503 mL</p>	<p>5.99 <small>MEMBER PRICING</small> COMPLIMENTS Soft Drinks 12x355 mL</p>	<p>4.49 SUNRYPE 100% Juice regular or slim 1.36 L</p>	<p>7.99 RED ROSE Orange Pekoe Tea 144 pk</p>
<p>2.50 <small>MEMBER PRICING</small> JOLLY RANCHER or TWIZZLERS Candy 170-198 g</p>	<p>3.49 <small>MEMBER PRICING</small> TWIZZLERS Licorice Candy 311-454 g</p>	<p>99¢ MR. NOODLES Cups 54 g</p>	<p>2.99 <small>MEMBER PRICING</small> CAMPBELL'S Broth 500 mL or Concentrated Broth 250 mL</p>
<p>6.79 <small>MEMBER PRICING</small> PAM Cooking Sprays 113-170 g (excluding non-GMO or ORGANIC)</p>	<p>3.49 COMPLIMENTS BBQ Sauce 425 mL</p>	<p>3.99 DEMPSTER'S Bagels 5-6 pk or Signature Hamburger or Sausage Buns 6-8 pk</p>	<p>6.49 CLUB HOUSE Spices or Seasonings selected 65-203 g</p>
<p>8.99 <small>MEMBER PRICING</small> KELLOGG'S Jumbo Cereal 700 g-1.2 kg</p>	<p>3/4.98 <small>MEMBER PRICING</small> COMPLIMENTS Pudding Cups 4 pk</p>	<p>6.79 ROBIN HOOD Flour selected 2.5 kg</p>	<p>3.99 VH Sauce selected varieties 341-380 mL</p>

HOUSEHOLD

<p>34.99 CHARMIN Bathroom Tissue 24-36 rolls or BOUNTY Paper Towel 8 pk</p>	<p>2/\$7 <small>MEMBER PRICING</small> NESTLÉ Gerber Snacks 42-155 g</p>	<p>12.99 PURINA Tidy Cats LightWeight Cat Litter 2.72 kg</p>	<p>1.49 <small>MEMBER PRICING</small> WHISKAS Perfect Portions Wet Cat Food 75 g</p>
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FoodHero

FoodHero is the app dedicated to reducing food waste by offering surplus products at great deals!

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LESS WASTE.**



*Terms and conditions apply

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WIN*
LUNCHES
FOR A YEAR
 OR A LUNCHBOX
 PRIZE PACK



Learn More
 EARN AN INSTANT ENTRY
 FOR EVERY ELIGIBLE
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 WHEN SCANNING YOUR
 SCENE+ CARD.



4.99
 GENERAL MILLS Cereal 300-437 g



4.49
 LIBERTÉ
 Greek or Méditerranée
 Yogurt 2-4 pk or 500 g



2/\$7
 NATURE VALLEY
 Sweet & Salty Bars or Fruit Snacks
 selected varieties 125-226 g



2/\$5
 CHRISTIE Snacking Crackers
 selected varieties 175-386 g



2/\$5
 CHRISTIE Cookies selected 224-383 g



2/\$5
 CADBURY Family Bars 95-100 g



5⁹⁹

KRAFT Peanut Butter 750 g-1 kg



5⁴⁹

CRAVE or KD Frozen Entrées selected 200-340 g



2/\$5

HEINZ Beans or Pasta 398 mL



12⁹⁹

GLACEAU Smartwater 6x1 L



2/\$5

GLACEAU Vitaminwater 591 mL



2/\$4

POWERADE 710 mL



4⁹⁹

COCA-COLA Mini Cans 6x222 mL



5⁴⁹

COMPLIMENTS Frozen Fruit 300-600 g

***NO PURCHASE NECESSARY.**
Full Contest rules found at feedthedream.ca/feedthedream-contest-rules.
Contest runs 2024/06/20 to 2024/09/18. Open to legal residents of
Canada including Quebec who have a valid Scene+ account.
See full rules for prize details.

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SCENE+ PTS
ON EVERY
\$1 SPENT²**

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= \$10 in
groceries¹**



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