

HOT SUMMER SALE



SAVE UP TO 42%

1.99

PC® LEMONADE
selected varieties
1.89 L
20773870001 EA/21423929 EA



SAVE UP TO 30%

3.49

CHAPMAN'S COLLECTIONS® & LOLLY NOVELTIES 28's or MARKDALE CREAMERY ICE CREAM 2 L
selected varieties, frozen
20315234001 EA/2103223757004 EA



ONLY \$2

NO NAME® ICE CREAM CONES
selected varieties
75/80 g
21200830 EA/21303883 EA



ALWAYS \$10

NO NAME® FROZEN NOVELTIES
selected varieties
24/30's
20347400002 EA/21013432 EA

HOT SUMMER SALE

NOFRILLS

FLYER PRICES EFFECTIVE THURSDAY, JULY 25 TO WEDNESDAY, JULY 31, 2024.



SAVE 31%
5.49
LB

**CLUB
SIZE**

CHICKEN BREASTS
boneless, skinless, fresh
12.10/kg
30038450 EA

**GROWN IN THE
WESTERN
PROVINCES**
British Columbia
Alberta • Saskatchewan
Manitoba



WOW!
3.97

2 LB CLAMSHELL

BLUEBERRIES
product of Western Provinces, Canada no. 1 grade
30141753001 EA



SAVE UP TO 53%
3.99

SCHNEIDERS or **MAPLE LEAF BACON**
375 g, **JUICY JUMBOS** or
SMOKED SAUSAGES 375-450 g
selected varieties
30105411 EA/20772671 EA



Optimum
Members-Only Price™
6.88
Non-members
\$8

PC ENTRÉES 400 g-1.13 kg
SWANSON OVEN EASY MEALS 879/992 g
or **SWANSON FAMILY SKILLET** 1.19 kg
selected varieties, frozen
30226534 EA/21519704 EA



SAVE 34%
.97

**CAMPBELL'S CREAM OF
MUSHROOM, TOMATO,
VEGETABLE or CHICKEN
NOODLE SOUP**
384 mL
30174214004 EA



SAVE 28%
1.79

**BARILLA
PASTA**
selected varieties
340/410 g
21404963 EA



WOW!
8.99

1,500
Value

**MAXWELL HOUSE ROAST
AND GROUND
COFFEE STARBUCKS PODS** 340 g or
10x
selected varieties
2054843304 EA/21066882 EA



SAVE 24%
2.49

**REAL CANADIAN
NATURAL
SPRING WATER**
24x500 mL
20154975 C34



SAVE 33%
.99

**GRACE COCONUT
MILK** 400 mL or
COCONUT WATER
500 mL
selected varieties
30047774 EA/30425471 EA



SAVE 26%
2.75

**LAY'S POTATO
CHIPS** 177-235 g or
POPPABLES 130 g
selected varieties
21241032 EA



SAVE UP TO 50%
6.99

**CHARMIN
BATHING
TISSUE or BOUNTY
PAPER TOWELS**
selected varieties
21515858 EA/21549785 EA



ONLY
12.99

**GAIN LIQUID
or FLINGS
LAUNDRY
DETERGENT**
selected varieties
20925827 EA/21405174 EA

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn*
4,000 pts

for every \$10* spent on
Breyers or Popsicle items
all varieties and sizes, frozen
20344925001_EA/20684180_EA

\$4
value



FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY.

nofrills.ca

WE KNOW LOCAL.

FRESH GUARANTEE



2 LB CLAMSHELL

BLUEBERRIES
product of Western Provinces,
Canada no. 1 grade
Months
2014178001 EA

3.97



GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba

LALLY FARMS INC.

Abbotsford, British Columbia

Since 1980, Lally Farms have been hard at work growing delicious blueberries for Canadian families.



1.99
LB

TOMATOES ON THE VINE
product of Western Provinces
4.39/kg
20026703001 KG

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



CAULIFLOWER
product of Canada,
Canada no. 1 grade
each
20133377001 EA

GROWN IN CANADA

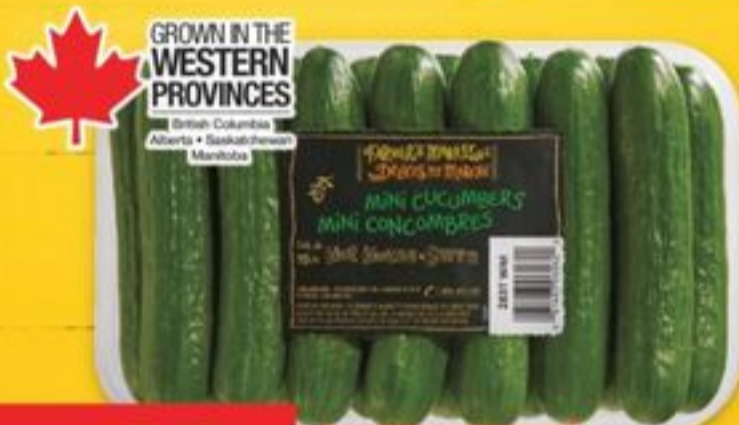
3.99



1.69
LB

GREEN, GREY or YELLOW ZUCCHINI
product of Western Provinces
3.73/kg
2043049001 KG / 20036790001 KG

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



5.99

PKG OF 15

FARMER'S MARKET MINI CUCUMBERS
product of Western Provinces, Canada no. 1 grade
mini-cucumbers
2103394001 EA

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



1.99

CARROTS
product of Western Provinces
bunch
20047449001 EA

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



2.99
LB

BROCCOLI CROWNS
product of Western Provinces
6.59/kg
20038101001 KG

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



5.99

681 G

PC VARIETY TOMATOES
product of Western Provinces
20149866001 EA

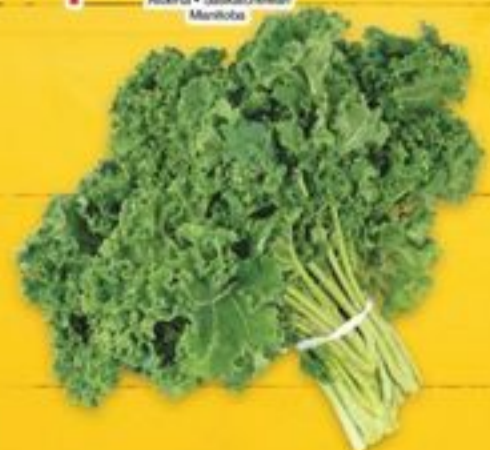
GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



1.99

BUNCHED SPINACH
product of Western Provinces
20143840001 EA

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



1.99

KALE
product of Western Provinces
20138800001 EA

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba



3.99

2 LB BAG

WARBA POTATOES
product of Western Provinces,
Canada no. 1 grade
21544990001 EA

GROWN IN THE WESTERN PROVINCES
British Columbia
Alberta • Saskatchewan
Manitoba

HOT SUMMER SALE



3⁹⁹

CANTALOUPE
product of Canada or U.S.A., no. 1 grade
each
20147917901 EA



2⁹⁹

ICEBERG LETTUCE
product of Canada or U.S.A., no. 1 grade
20133226001 EA



4⁹⁹

1 LB CLAMSHELL

STRAWBERRIES
product of Mexico or U.S.A., no. 1 grade
20067779001 EA



If your produce isn't fresh, we'll replace AND refund it.*



.59

LIMES
product of Mexico
each
20046489001 EA



1⁷⁹
LB

FUJI APPLES
product of U.S.A.,
extra fancy grade
3.95/kg
20312940001 KG

PKG OF 3

ROMAINE HEARTS
product of Canada
or U.S.A.
20067249001 EA

3⁹⁹



2⁹⁹
LB

**BLACK PLUMS or
PC® PLUM
PLUMCOT**
product of U.S.A.,
no. 1 grade
6.59/kg
20316479001 KG/20176879001 KG



3⁹⁹

340 G

LYCHEE
product of China
20967735001 EA



425 G

**MANN'S
SNAP PEAS**
product of U.S.A.
20445558 EA

5⁹⁹



1⁹⁹
LB

PAPAYA
product of Mexico
4.30/kg
2081794001 KG



6⁹⁹

3 LB BAG

PC® MANDARINS
product of Peru
2044941001 EA



6⁹⁹

5 LB BAG

**COSMIC CRISP
or FARMER'S
MARKET
AMEROSIA
APPLES**
product of U.S.A.,
extra fancy grade
21442180001 EA/20432644001 EA



6⁹⁹

PKG OF 6

**FARMER'S
MARKET™
SWEET PEPPERS**
product of Western Provinces
2100077001 EA



3⁹⁹

454 G

**PC® WHOLE
CREMINI or
WHITE
MUSHROOMS**
product of
Western Provinces
20112171 EA/20112071 EA



4⁹⁹

**PC® CHOP
SALAD KITS**
selected varieties
product of U.S.A.
283-349 g
2010471 EA/2010471 EA/2107001 EA



4⁹⁹

PKG OF 5

**FARMER'S
MARKET™
SWEET CORN**
product of Canada or U.S.A.,
no. 1 grade
2021410001 EA



5⁵⁰

**BASSE
SNACK MIX**
selected varieties
440-400 g
2110007 EA/2110006 EA



*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.



CLUB SIZE

HOT SUMMER SALE

379
LB

CHICKEN DRUMSTICKS

fresh
8.36/kg
2000494 EA



CHICKEN MEAT
(MARINATED)
POURCEAU DE POULET
(MARIÉ)
SÉLECTION: 2000494
Produit de la France et de la Belgique
Date d'expiration: 01/01/2024

NET WT
0.400kg



988
LB

BEEF STIR FRY STRIPS

21.78/kg
2012702 KG

MARINATED CHICKEN BREASTS, THIGHS or LEGS

selected varieties
500-900 g
2100687 EA

\$10



199

MAPLE LODGE FARMS or ZABIHA HALAL CHICKEN WIENERS

selected varieties
450 g
20006571 EA/20063715 EA



999

PC CHICKEN STRIPS or NUGGETS

club size, frozen
1.4 kg
21201410 EA



1199

MARCANGELO SAUSAGE, BREAKFAST SAUSAGE or PATTIES

selected varieties
1.2/1.4 kg
20799977 EA



299

SEAQUEST FLAVOURED ALASKA POLLOCK

ready to eat, 227 g or SMOKED STEELHEAD SALMON
pre-iced, frozen, 50 g
200001 EA/2070000 EA



350

ZIGGY'S SLICED DELI MEAT

selected varieties
175/300 g
2120007 EA/2120001 EA



849

PILLERS PEPPERETTES or TURKEY BITES

selected varieties
200-300 g
200000 EA/200001 EA



899

COD SOLE BASA or WILD HADDOCK FILLETS

frozen
480 g
2120000 EA



\$3

COUNTRY HARVEST BREAD or BAGELS

400 g or 4 1/2 selected varieties
2120001 EA/2120002 EA



329

CASA MENDOSA 7 or 10 inch TORTILLAS

selected varieties
340-640 g
2120001 EA



444

SIMPLE JOYS FILLED CROISSANTS

selected varieties
272 g
2120001 EA



\$8

TRE STELLE CHEESE TWIN PACK

selected varieties
240-300 g
2120000 EA/2120000 EA

NEW ZEALAND STEAKS

fresh
top sirloin, flank, striploin, or boneless rib steak
product of New Zealand
21565860 EA/21565985 EA
21566011 EA/21566021 EA

WHILE QUANTITIES LAST

\$12



HOT SUMMER SALE



SAVE 27%
5.99

LACTANTIA BUTTER
selected varieties
3003928 EA



ONLY 3.33

DANONE ACTIVIA 650 g or DANINO KIDS DRINKABLES 6 x YOGURT
selected varieties
30323130002 EA/21530233 EA



ONLY 4.29

PHILADELPHIA CREAM CHEESE PRODUCT
selected varieties
227/250 g
20441267 EA/20866934010 EA



1.99

PILLSBURY CRESCENT WRAPS
selected varieties
200/227 g
3030424002 EA/21303340 EA



1,000 Value
3.99

KELLOGG'S ALL BRAN 450/525 g, 425/451 g, RAISIN BRAN 304/400 g, VECTOR 320/425 g, SPECIAL K 405/510 g, MINI-WHEATS 210 g or FUN PAC CEREAL
selected varieties
30047437 EA/20816418 EA



4.79

SMUCKER'S JAM, MARMALADE or JELLY
selected varieties
310/300 mL
30308643001 EA/20312373003 EA



1.97

CATELLI GARDEN SELECT PASTA SAUCE
selected varieties
640 mL
30091184002 EA



2.99

MCCAIN SUPERFRIES or SPECIALTY FRIES
selected varieties, frozen
454/800 g
2034323002 EA



3.99

HUNGRY-MAN ENTRÉES 360-455 g or HEALTHY CHOICE GOURMET STEAMERS 260-298 g
selected varieties, frozen
30396214004 EA/20318816005 EA



\$3

NO NAME FROZEN FRUIT
selected varieties
300/400 g
21543007 EA/21343104 EA



3.99

GAY LEA REAL WHIPPED CREAM
selected varieties
225 g
20448223007 EA



5.99

DEL MONTE JUICE BLEND
selected varieties, refrigerated
2.5 L
21437174 EA/21393726 EA



1.69

COCA-COLA or PEPSI SOFT DRINKS
selected varieties
2 L
20296760002 EA
202140240002 EA



5.99

BUBLY 12x355 mL or MONTELLIER 10x355 mL SPARKLING WATER
selected varieties
21096722 C16/21097177 C12



7.99

NESTEA or PEACE TEA ICED TEA
selected varieties
12x341 mL
20130440002 C12

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

HOT SUMMER SALE



SAVE 38%
3.99

CRACKER BARREL NATURAL CHEESE SLICES
selected varieties
200-240 g
21290705 EA



SAVE UP TO 35%
5.79

BLACK DIAMOND CHEESTRINGS 16's or 12's
selected varieties
20783661 EA/20986474 EA



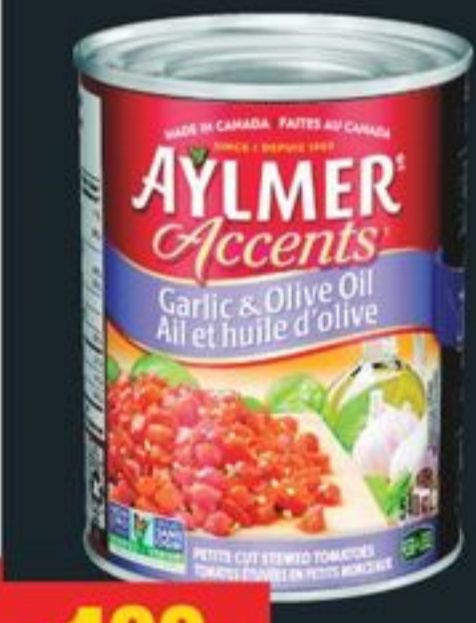
SAVE 28%
1.79

UNICO TUNA
198 g
20113743 EA



1.69

HEINZ BEANS or PASTA
selected varieties
398 ml
3004038003 EA/2017729001 EA



1.99

AYLMER ACCENTS TOMATOES
selected varieties
340 ml
21207587 EA



1,000 **\$1 Value**

4.49

GOLD SEAL SOCKEYE SALMON
213 g
21184114 EA



2.99

FIBRE 1, NATURE VALLEY SWEET & SALTY BARS
selected varieties
120-210 g
21232509 EA/21232384 EA



4.99

CHAPMAN'S FROZEN YOGURT, SORBET or SUPER NOVELTIES 2L or 8-20's
selected varieties, frozen
20111520 EA/2014634001 EA



5.99

LIBERTÉ GREEK 450(750 g) or **MÉDITERRANÉE** 900 g. **YOPLAIT SOURCE or CREAMY** 16's or **YOP NO SUGAR ADDED** 8's. **YOGURT**
selected varieties
20042272 EA/21290111 EA



1.99

SUNRYPE JUICE
selected varieties
900 ml/2.5 L
2004700001 EA/2017000000 EA



2.99

DOLE FRUIT BOWLS or FRUIT 'N GEL SNACKS 4x122 ml or 2x244 ml
selected varieties
20120000 EA



3.99

PC THE DECADENT CHOCOLATE CHIPS
selected varieties
220-200 g
20014474 EA



5.99

HEINZ PICNIC PACK
2x125 ml
20000000 EA

HOT SUMMER SALE



ONLY
4.99

DR. OETKER GIUSEPPE THIN or RISING CRUST PIZZA
selected varieties, frozen
439-783 g
21106361 EA



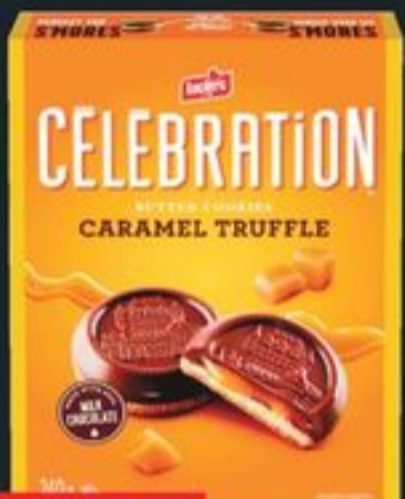
SAVE UP TO 50%
1.29

MILK 2 GO 473/325 mL or **NESTLÉ MILKSHAKE** 473 mL
selected varieties
30323A8001 EA/3089923002 EA



SAVE 37%
1.99

CAMPBELL'S CHUNKY SOUP
selected varieties
515 mL
21480447 EA



2.79

LECLERC CELEBRATION COOKIES
selected varieties
240/300 g
30453797001 EA



3.29

OLD DUTCH POTATO CHIPS or RESTAURANTE TORTILLA CHIPS or HUMPTY DUMPTY SNACKS
selected varieties
250-290 g
30404418 EA/21367309 EA



3.99

ORVILLE REDENBACHER MICROWAVE POPCORN
385-492 g or **KERNEL JAR** 850 g
selected varieties
30429532002 EA



3.69

MARIO'S CORNED BEEF or COOKED HAM
340 g
21295614 EA



3.79

NO NAME GRAHAM CRUMBS
selected varieties
400 g
30321776 EA/30323233 EA



3.99

CARNABY SWEET SYRUP
428 mL or **PC WAFFLE CONE**
205 g
selected varieties
21203793 EA



2.99

MINUTE MAID, FIVE ALIVE or NESTLÉ ICED TEA DRINK BOXES
selected varieties
8/10x200 mL
30376002 EA/21092667 EA



3.99

HELLMANN'S REAL MAYONNAISE
selected varieties
340/443 mL
3000233001 EA/21318401 EA



4.79

SENSODYNE or PRONAMEL TOOTHPASTE
75/100 mL or **POLIGRIP** 40 g
selected varieties
30301170001 EA/20736073 EA

DEALS ON CAMPING MUST-HAVES

249

WONDER ROLLS
selected varieties
12's
30338837 EA



349

MAPLE LEAF TOP DOGS
375 g or **SCHNEIDERS LUNCHMATE LUNCH KITS** or **STACKERS** 90-120 g
selected varieties
31093477 EA/31310034 EA



399

KRAFT SINGLES 410 g or **CHEEZ WHIZ** 450 g
selected varieties
306966001 EA/31186454 EA



599

NESCAFÉ GOLD 95/100 g or **SWEET & CREAMY INSTANT COFFEE** 144-351 g
selected varieties
31074645 EA/31362371 EA



ZIGGY'S SUB TRIO
selected varieties
300 g
31196517 EA

\$6



\$10

ZIGGY'S SLICED DELI MEAT
selected varieties
400 g
31196514 EA/31196533 EA



250

NO NAME MARSHMALLOWS
selected varieties
400 g
30304673001 EA



2099

GATORADE SPORT DRINKS
selected varieties
24x591 mL
3039833002 C34



CLIF ENERGY BUILDERS or **NUT BUTTER BAR**
selected varieties
50/148 g
30120914003 EA/30303132002 EA

250



350

EXCEL GUM BOTTLE
selected varieties
40/60's
30310919002 EA/30310919004 EA



649

ANNIE'S ORGANIC GRAHAM SANDWICHES or **BUNNY FRUIT SNACK PACK**
selected varieties
198/238 g
31047812 EA/31347875 EA



250

NO NAME PAPER TOWELS
selected varieties
2 rolls
30119484 EA



399

ALCAN FOIL 50 ft, **NON STICK FOIL** 35 ft or **REYNOLDS PARCHMENT PAPER** 35 ft
30311862 EA



999

1,000 Value
\$1 Value

BANANA BOAT SUN CARE PRODUCTS
selected varieties
150-315 mL, 170-228 g
31176211 EA/31347821 EA

1000s OF LOWERED PRICES EVERY DAY!

PRICE DROP



PRICE DROP

\$1

COLGATE TOOTHPASTE 52-95 mL or **MANUAL TOOTHBRUSH** 1 ea
selected varieties
30277481002_EA/20075582_EA



PRICE DROP

179

GERBER ORGANIC BABY FOOD POUCHES
selected varieties
99 g/128 mL
21024943_EA/21181732_EA



PANTENE HAIR CARE
selected varieties
308/355 mL
21421190_EA/21431192_EA

PRICE DROP

449



GARNIER WHOLE BLENDS HAIR CARE
selected varieties
370 mL
20941723_EA/20941827_EA

PRICE DROP

499

LADY or MEN'S SPEEDSTICK DEODORANT
selected varieties
45-85 g
20348223001_EA/20847971_EA



PRICE DROP

299



PRICE DROP

349

CREST PRO-HEALTH or COMPLETE TOOTHPASTE
selected varieties
100-130 mL
21041420_EA/21254804_EA

DOVE or DEGREE DEODORANT
selected varieties
45-76 g
20188212002_EA



PRICE DROP

499

JAMIESON VITAMIN C or D
selected varieties
75-240's
20299993_EA/20303214001_EA



PRICE DROP

699



PRICE DROP

349

IRISH SPRING BARS 3x104 g or **LIQUID HAND SOAP** 322 mL
selected varieties
21423450_EA

NIVEA HAND AND BODY LOTION
selected varieties
250-625 mL
20488737_EA



PRICE DROP

799



PRICE DROP

999

ALWAYS PADS or LINERS 7-120's or **TAMPONS** 40's
selected varieties
20943094_EA/21178847_EA

ALWAYS

188

PC® DISTILLED WATER

4 L
20963972_EA



CARIBBEAN FAVES THAT'LL MAKE YOU JUMP UP AND WAVE



9⁹⁹

APPROX. 9 LB CASE

RED MANGOES
product of Mexico
31047849 SA

2⁹⁹

ATEMOYA product of Brazil,
CARIBBEAN AVOCADOS product of Dominican Republic
or **COCONUTS** product of India
2096580001 SA / 20119760001 SA



2⁴⁹
LB

GINGER ROOT product of China or
JICAMA product of Mexico
5.49/kg
2017902001 KG/20008743001 KG



1⁴⁹
LB

CASSAVA product of Costa Rica or
ROMA TOMATOES product of Canada or U.S.A.
no. 1 grade
3.28/kg
20087682001 KG/20142381001 KG



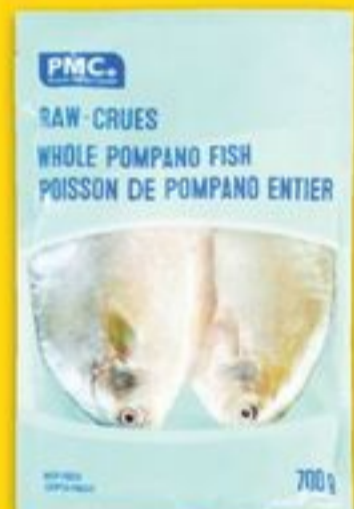
3⁹⁹

GRACE CORNED BEEF
selected varieties
340 g
2032345002 SA



3⁹⁹

PMC SEAFOOD MEDLEY
frozen
340 g
21432078 SA



8⁹⁹

PMC RAW WHOLE POMPANO
frozen
700 g
21544528 SA
WHILE QUANTITIES LAST

GRACE ISLAND SODA DRINK
355 mL
20299632001 SA

1²⁹



VALENTINA HOT SAUCE
selected varieties
370 mL
20056649002 SA

1⁹⁹



2⁴⁹

SURAJ® GROUND TURMERIC
selected varieties
400 g
20617737 SA



1⁹⁹

GRACE VIENNA SAUSAGES
130 g
20305463002 SA



2⁹⁹

NUPAK YELLOW CORN MEAL
2 kg
20002703 SA



3⁴⁹

WALKERSWOOD JERK SEASONING
280 g
20213881 SA



AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 01 NFW

JULY

**HIT
OF THE
MONTH**



Wheat Thins, Vegetable Thins and Triscuit Crackers
175-200g, selected varieties



Maynards Candy
308-315g, selected varieties



Hostess Twinkies or Cupcakes
6 pack, selected varieties



Softsoap liquid hand soap refill
1.47L, Selected varieties

See in-store for retails

**LOWEST PRICES
BEST DEALS**

As compared to other major grocery retailers within your local trade areas. *Must be a registered PC Optimum™ member to get this offer. Valid from July 1st - 31st, 2024.



BUDGETS LOVE YELLOW.

(So switch)

Get great deals and great flavours when you shop your favourite no name[®] products at No Frills.



no name[®]

FLYER PRICES EFFECTIVE THURSDAY, JULY 11, 2024 TO WEDNESDAY, AUGUST 21, 2024.

FLYER PRICES EFFECTIVE IN WESTERN CANADA OR NORTHERN ONTARIO STORES ONLY, INCLUDING GERALDTON, DRYDEN, KENORA & THUNDER BAY.

  [nofrills.ca](https://www.nofrills.ca)
NFW NN FRONT

COOL TREATS, HOT DEALS

Deliciously creamy and satisfying, no name® Vanilla Ice Cream Sandwiches prove these prices are anything but vanilla.

\$10

NO NAME® VANILLA ICE CREAM SANDWICHES
Frozen
24x120 mL
21013432 EA



FLYER PRICES EFFECTIVE THURSDAY, JULY 11, 2024 TO WEDNESDAY, AUGUST 21, 2024.



\$10

NO NAME® FUDGE BARS
Frozen
30x50 mL
2034740002 EA



6²⁹

NO NAME® SPACE POPS
Frozen
30x75 mL
20031065001 EA



\$6

NO NAME® VANILLA ICE MILK
Frozen
4 L
20293444002 EA



\$2

NO NAME® ICE CREAM CUPS or CONES
18's
21202883 EA/21202830 EA



3⁹⁹

NO NAME® CHOCOLATEY CHIP COOKIES
907 g
20318678001 EA



1⁹⁹

NO NAME® DIPPED CHOCOLATE CHIP GRANOLA BARS
156 g
20913354 EA



4⁴⁹

NO NAME® SALTED BLANCHED PEANUTS
500 g
20318062001 EA

CHIP CHIP HOORAY!

We crunched the numbers—crunching on no name® Ripple Cut Potato Chips is wallet-friendly (and finger-lickingly tasty!)



1.49

NO NAME® REGULAR RIPPLE CUT POTATO CHIPS
200 g
21300831, EA

FLYER PRICES EFFECTIVE THURSDAY, JULY 11, 2024 TO WEDNESDAY, AUGUST 21, 2024.



\$13

NO NAME® BEEF BURGERS
frozen
1.36 kg
20114134, EA



\$2

NO NAME® HOT DOG or HAMBURGER BUNS
12's
21309829, EA/21309643, EA



3.29

NO NAME® TOMATO KETCHUP
1 L
20103426, EA



4.79

NO NAME® MAYONNAISE
890 mL
20627614002, EA



1.89

NO NAME® PREPARED YELLOW MUSTARD
550 mL
21457728, EA



5.99

NO NAME® NAPKINS
500's
20306897, EA



1.69

NO NAME® SWEET GREEN RELISH
375 mL
2017430002, EA



SAVE \$3
11.50

NO NAME® PAPER LUNCHEON PLATES
125's
21384139, EA

NO MATTER HOW YOU SLICE IT

Making bellies and budgets happy with no name® Thin Crust Pepperoni Pizza is as easy as pie.

3⁵⁰

NO NAME® THIN CRUST PIZZA
frozen
350 g
21541441 SA



FLYER PRICES EFFECTIVE THURSDAY, JULY 11, 2024 TO WEDNESDAY, AUGUST 21, 2024.

NO NAME® CHICKEN STRIPS or NUGGETS
frozen
908 g
21178764 SA/21178745 SA

\$6



4⁹⁹

NO NAME® POTATO & CHEDDAR FLAVOUR PEROGIES
frozen
2 kg
20223792001 SA



2⁵⁹

NO NAME® WHOLE KERNEL CORN
frozen
750 g
20206373 SA



\$12

NO NAME® MEAT LASAGNA
frozen
2.27 kg
20099795 SA



26⁹⁹



FRUITFUL SAVINGS

Keep your daily dose of vitamins high and prices low with no name® Naturally Imperfect™ frozen fruit.



\$14

NO NAME® BERRY BLEND
frozen
2 kg
21480144 EA

FLYER PRICES EFFECTIVE THURSDAY, JULY 11, 2024 TO WEDNESDAY, AUGUST 21, 2024.

NO NAME® ORIGINAL BREAD
520 g
21309510 EA

1.99



NO NAME® SMOOTH PEANUT BUTTER
1 kg
2025498001 EA

4.29



NO NAME® LIQUID HONEY
1 kg
20033483 EA

9.99



NO NAME® STRAWBERRY JAM
500 mL
20032532001 EA

3.79



2.50

NO NAME® ORIGINAL WAFFLES
frozen
280 g
20316273001 EA



3.19

NO NAME® PLAIN YOGURT
750 g
20683942 EA



9.99

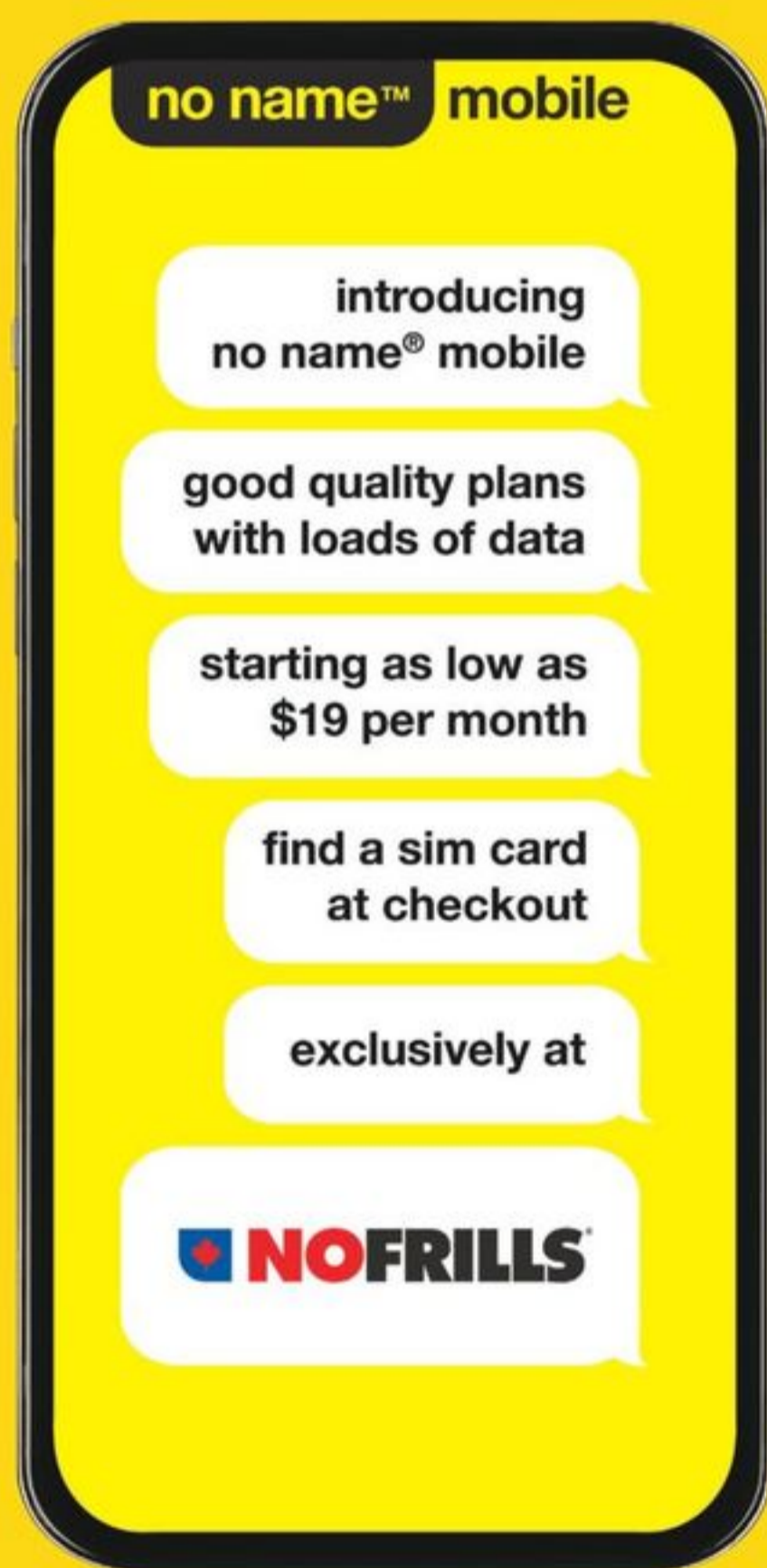
NO NAME® MEDIUM ROAST COFFEE
925 g
21280676 EA





**BUDGETS
LOVE
YELLOW.**

(So switch)



One-time \$5 SIM Card charge applies. Subject to change without notice. Product availability may vary by store.

no name®

BETTER AS A MEMBER

* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing.

July 25-31, 2024

Earn*

10,000 pts

\$10
value

for every \$100* spent on any combination of Happy Birthday, Happy Custom, and Happy Kid gift cards.



* Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Happy Birthday, Happy Custom, and Happy Kid cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The **NOFRILLS** thing to do.

GET FLYER TO YOUR EMAIL.

STRAIGHT TO YOUR EMAIL

Scan the QR code to sign up.

STRAIGHT TO YOUR PHONE

Text "OFFER" to 374557 (FRILLS)*



*Standard message and data rates may apply.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.

‡Throwback Prices: Program applies to one item weekly, as advertised in-store/online at nofrills.ca.

ONLINE NF MKT