

# FORTINOS®



PANE *Fresco*  
chocolate iced  
cappuccino  
20330076\_EA  
**\$4**  
medium



**3.99** lb  
8.80/kg  
pork back ribs  
20874581\_KG



**2.49** lb  
5.49/kg  
chicken legs  
back attached, club pack  
201539251\_KG

Wild  
FIRST OF THE  
SEASON

**3.49** lb  
7.69/kg  
fresh whole pink salmon  
20959300\_KG

Flown in fresh from  
British Columbia!



Heaping  
BASKET

**4.99**  
2 L  
nectarines  
product of Ontario  
20905336001\_EA



**.99** lb/ea.  
2.18/kg  
Roma tomatoes  
.99/lb, 2.18/kg,  
product of Mexico,  
no. 1 grade  
or cilantro  
with roots .99 ea.,  
product of Canada  
20143381001\_KG/20091825001\_EA



**3.49**  
3 pack  
romaine hearts  
product of U.S.A.  
20067389001\_EA



3 kg avg

**9.99**  
case  
prickly pears  
product of Mexico  
21048068\_EA



**9.99**  
568-852 g  
PC® The Ultimate  
Canadiana burger  
or PC® Free From®  
lamb burger frozen  
21011355\_EA/20956701\_EA



**10.99**  
400 g  
PC® butterfly breaded  
shrimp or Pacific  
white cooked shrimp  
31-40 per lb, frozen  
20080117\_EA/20791381\_EA



Marcangelo  
deli meat  
all varieties  
20864839\_EA/20865352\_EA  
**5.99**  
100 g



PC® goat logs  
all varieties  
20000584\_EA/20296631\_EA  
**8.99**  
300 g



**9.99**  
454 g  
Yorkshire Valley Farms  
breaded chicken bites  
frozen  
21194345\_EA



San Daniele  
mortadella  
classic, light or hot,  
deli sliced  
20320386\_KG  
**6.99** lb  
15.41/kg



Wonder bread 675 g,  
D'Italiano buns 8's  
or PC® English  
muffins 6's  
20097083\_EA/20308743\_EA  
**2.99**  
each



PC® s'mores  
cream pie  
selected varieties,  
frozen  
21586363\_EA  
**9.99**  
730 g



**3.99** Cracker Barrel natural slices  
240 g  
21290684\_EA

**1 kg**  
**1,000** Optimum points when you buy 1  
**5.99** each  
Kraft peanut butter 750 g/1 kg or hazelnut spread 725 g selected varieties  
20039581001\_EA/21265418\_EA

**249** lb 5.49/kg  
roasted Virginia peanuts salt or no salt  
20120042\_KG  
**4.99** each  
Breyers ice cream, frozen dessert 1.66 L, Ben & Jerry's 473 mL or Magnum bars 4's selected varieties, frozen  
20318551001\_EA/20344925006\_EA

**.99** each  
Primo pasta 454 g or Aurora tomatoes 398 mL selected varieties  
20094992\_EA/20731030\_EA

**3.99** 12x355 mL  
PC® or Blue Menu® sparkling water selected varieties  
20668034002\_C01/20690671001\_C12

**.99** 220-225 g  
PC® mac and cheese selected varieties  
21529716\_EA/21529753\_EA

**1.29** 354 mL  
no name® evaporated milk  
21040510\_EA/21040543\_EA

**6.99** each  
Cashmere bath tissue 8/12=24 rolls, SpongeTowels 3/6=6 rolls or Scotties 6 pack, selected varieties  
20318667\_EA/21371083\_EA/21204739\_EA

**5.99** 6x591 mL/8x355 mL  
Gatorade selected varieties  
20303218003\_C06/21164182\_C08

**12.99** each  
Lavazza, Kimbo or PC® whole bean coffee 907 g/1 kg or Timothy's K-Cups 30's  
21334183\_EA/21556082\_EA

**5.99** each  
Danone Activia 12x100 g or Oikos tubs 650-750 g, 8x93 mL, selected varieties  
20303412001\_EA/21305945\_EA

**5.49** 600 g  
PC® S'mores kit  
20655672\_EA

**40% OFF**  
Webber Naturals vitamins selected varieties and sizes  
20783647\_EA/20783861\_EA

**12.99** 12x68 g/12x40 g  
Clif core or Kind core energy bars selected varieties  
20130914003\_C12/20784073\_C12

Prices effective at Vaughan, Toronto, Etobicoke and Bolton stores only.  
Flyer prices effective from Thursday, July 25th, to Wednesday, July 31st, 2024 Visit us at [fortinos.ca](https://www.fortinos.ca). FOLLOW US ON

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit [pcoptimum.ca](https://www.pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2024 Loblaws Inc. All rights reserved.

FORT BACK VT

this product is printed using vegetable-based inks



# PRODUCE • Nature's Bounty arriving fresh daily!

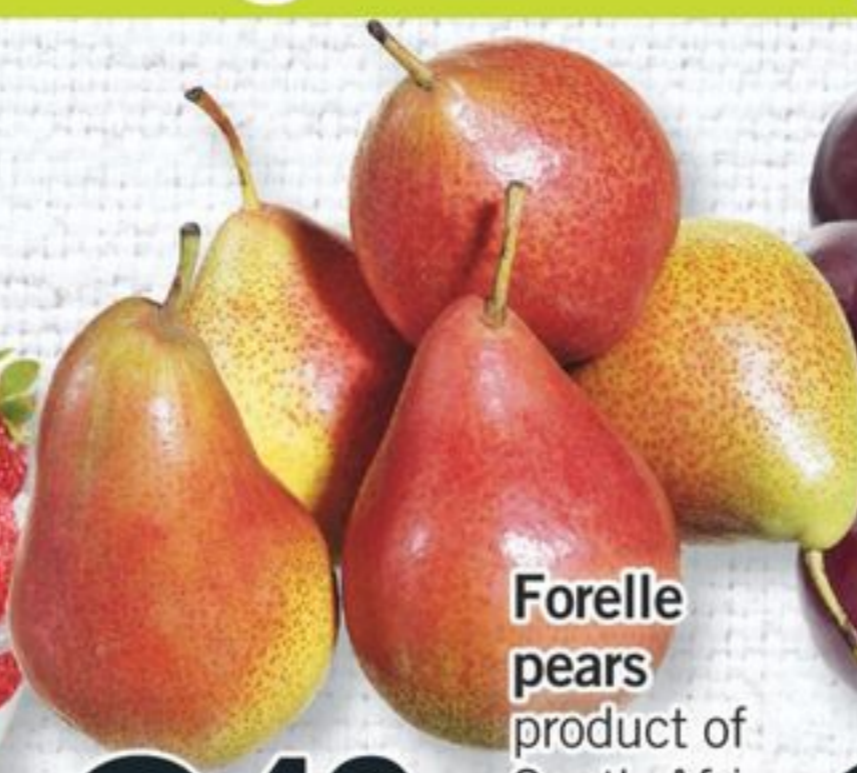


Has crisp yet juicy texture, with the classic sweet flavour of watermelon. Watch out for the occasional seed!

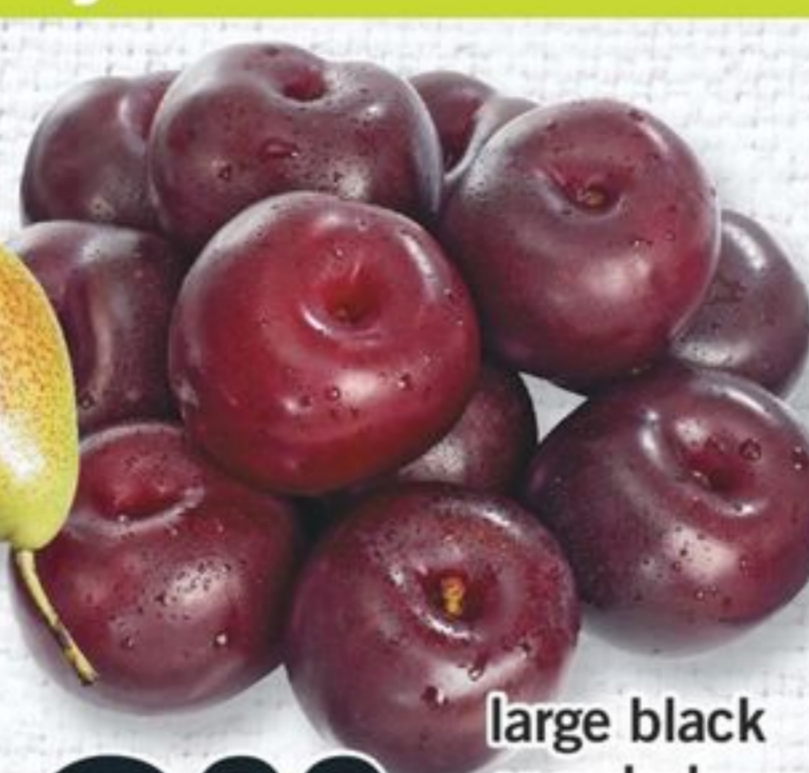
**6<sup>99</sup>** each  
sugraby watermelon  
product of Ontario  
20098440001\_EA



**3<sup>99</sup>** 454 g  
strawberries  
product of U.S.A.,  
no. 1 grade  
200497780011\_EA



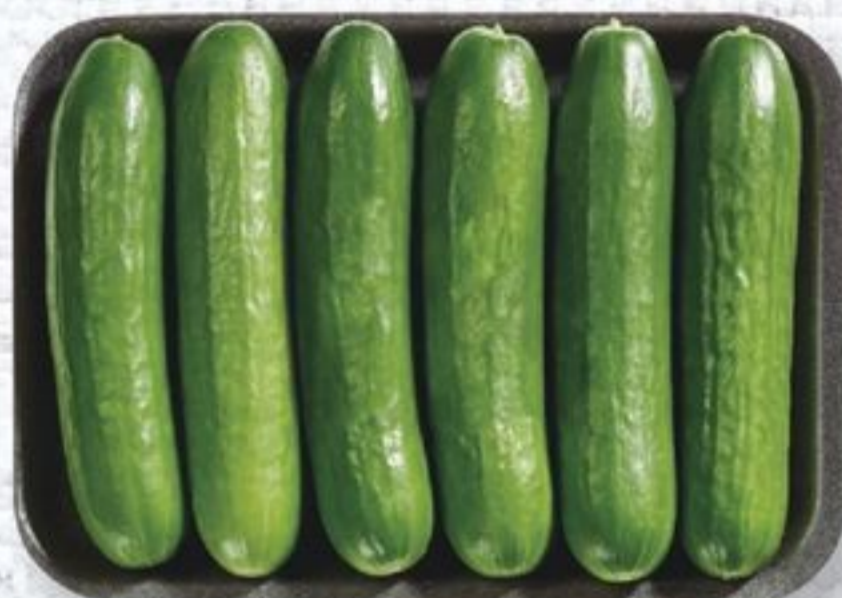
**2<sup>49</sup>lb** 5.49/kg  
Forelle pears  
product of South Africa,  
Extra Fancy grade  
20143210001\_KG



**3<sup>99</sup>lb** 8.80/kg  
large black or red plums  
product of U.S.A.,  
no. 1 grade  
20316478001\_KG/20138186001\_KG



**500<sup>pt</sup>**  
**4<sup>99</sup>** 9.8 oz  
PC® Organics blueberries  
product of U.S.A.,  
no. 1 grade  
21179969001\_EA



**3<sup>49</sup>** 6's  
mini cucumbers  
product of Canada,  
Canada no. 1 grade  
20737570001\_EA



**6<sup>99</sup>** 40 g  
zucchini flowers  
product of Ontario  
20711924\_EA



**3<sup>49</sup>lb** 7.69/kg  
green or yellow beans  
product of Ontario  
20142683001\_KG/20098126001\_KG



**3<sup>99</sup>lb** 8.80/kg  
Heirloom tomatoes  
product of Ontario,  
Canada no. 1 grade  
20154799001\_KG



**6<sup>99</sup>lb** 15.41/kg  
runner beans  
product of Spain  
or Belgium  
20081582001\_KG



**4<sup>99</sup>** 254/340 g  
Marzetti dips  
all varieties,  
product of U.S.A.  
20039279\_EA



**1<sup>49</sup>lb** 3.28/kg  
seedless watermelon cuts  
product of Canada  
or U.S.A.  
20503182\_KG



**4<sup>99</sup>** each  
vegetable kebabs  
made in store  
21451044\_EA



**4<sup>99</sup>** 113 g  
Good Leaf fresh mixed greens  
all varieties,  
product of Ontario  
21560734\_EA/21560589\_EA

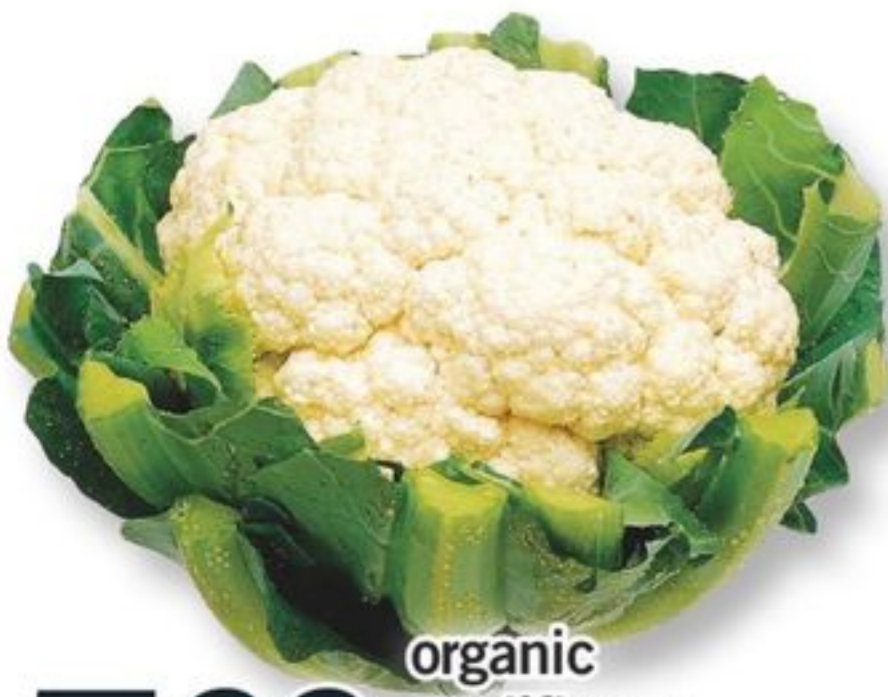


**6<sup>49</sup>** 946 mL  
Bolthouse smoothies  
selected varieties,  
product of U.S.A.  
20164122\_EA



**3<sup>49</sup>** 40 g  
dried oregano  
product of Italy  
20962227\_EA

# PICK ORGANIC • Over 150 items available every day!



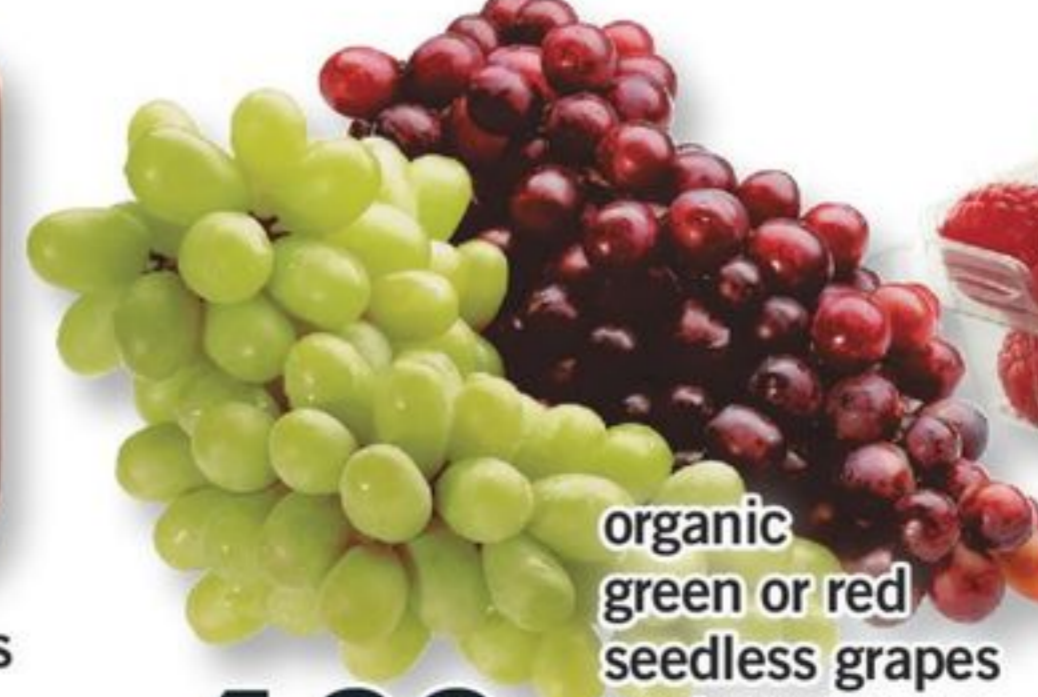
**5<sup>99</sup>** each  
organic cauliflower  
product of Mexico,  
no. 1 grade  
20001440001\_EA



**4<sup>69</sup>** 680 g  
organic yellow mini potatoes  
product of Canada,  
no. 1 grade  
21029286\_EA



**4<sup>99</sup>** 150 g  
PC® Organics Umami mushrooms  
product of Ontario  
21005517\_EA



**4<sup>99</sup>lb** 11.00/kg  
organic green or red seedless grapes  
product of U.S.A.,  
or Mexico,  
no. 1 grade  
20086452001\_KG/20039477001\_KG



**5<sup>99</sup>** 170 g  
organic raspberries  
product of Mexico or U.S.A.  
20056190001\_EA

# PICK ONTARIO FIRST!

*The Best of Summer - All Year Long!*

Meet some of the people who make your food – farmers and fresh food producers right here in Ontario's backyard!



**Ontario Processing  
Vegetable Growers**



**ONTARIO  
GREENHOUSE  
VEGETABLE GROWERS**



**get cracking®**  
Egg Farmers of Ontario



**Meat &  
Poultry**  
ONTARIO

The heart of Ontario's Meat Industry

Ontario's **Finest**  
**BUTCHER**



**pick Ontario**

Freshness. Quality. Local.





3 varieties!

**249**  
120 g

PANE Fresco  
arancini mushroom,  
pizza or pomodoro  
20589375\_EA

Y-Optimum  
**500** (pts)

Main St Bistro  
side dishes  
selected varieties  
20339446\_EA

**649**  
482-680 g

RESERVOIR  
MAIN ST  
Bistro

BAKED  
Scalloped Potatoes  
Pommes de terre à la Normande  
AU FOUR  
Made with Real Milk, Butter, & Cheese  
Fait avec du vrai lait, beurre et fromage

**399**  
each

PANE Fresco  
stuffed peppers  
20418266\_EA

7 varieties!

Olivieri pasta sauce  
\$7.49 600 mL

**549** lb  
1.21/100 g

Fortinos fresh pasta  
selected varieties  
20011488\_EA/20594474\_KG

## DELI • Always freshly sliced or shaved your way!

Piller's  
Black Forest  
ham  
deli served  
20097076\_KG

**1299** lb  
2.86/100 g

Ziggy's®  
smoked or cooked  
chicken breast  
deli service case sliced,  
selected varieties  
20299046\_KG

**999** lb  
2.20/100 g

Arla Havarti cheese  
selected varieties  
or Saputo provolone  
cheese  
20180982\_KG/21527898\_KG

**1399** lb  
30.84/kg

2021  
Royal Agricultural  
Winter Fair  
award winner!  
1st in its  
category

Balderson  
medium or  
marble cheddar  
deli cut or sliced  
20039880\_KG/20180982\_KG

**1399** lb  
30.84/kg

PC®  
Natural Choice™  
strips  
all varieties  
20786418\_EA

**1299**  
375 g

Maple Leaf natural  
Natural Selections  
sliced deli meat  
all varieties  
20339105\_EA/20582322\_EA

**699**  
175 g

Sabra  
CLASSIC CLASSIQUE  
281 g

Sabra  
hummus  
selected varieties  
20005858\_EA

**449**  
283 g

French Cheeses

Enjoy this selection in  
honour of the Olympics  
St-Agur Blue, Isle De France Brie,  
Le Rustique Camembert  
21021466\_KG/21157646\_KG

**LE RUSTIQUE**  
Jean Verrier  
Travaux  
Fraiseries de France

## BAKERY • Baked fresh by Bakers with passion!

LA ROCCA  
CREATIVE CAKES

8" cake  
peaches & cream,  
cherry cheesecake,  
pistachio almond  
21530889\_EA/20296109\_EA

**2999**  
1 kg

Boston fruit  
topped cake  
selected varieties  
20593152\_EA/20008074\_EA

**2599**  
900 g

zeppole  
\$13.99 4 pk

**399**  
90/110 g

fruit tarts  
or zeppole  
selected varieties  
20592677\_EA/20592789\_EA

Baked in store!

**699**  
560/600 g

gourmet cookies  
selected varieties  
21208406\_EA

PANE Fresco  
Calabrese bread  
20886724\_EA

**449**  
460 g

Villaggio  
bread 675 g  
or buns 8 pk  
selected varieties  
21212111\_EA/21212115\_EA

**399**  
each

Villaggio  
CLASSICO  
TOSCANA

Kaiser  
rolls or buns  
selected varieties  
20009322\_EA/20641213\_EA

**399**  
4/6 pk

Dempster's  
bagels  
selected varieties  
20563221\_EA/20563427\_EA

**429**  
375 g

Dempster's  
BAGELS  
EVERYTHING  
TOUT GARNI  
ORIGINAL  
L'ORIGINAL

# FULL SERVICE BUTCHER • Custom cuts your way!



**6.49** lb boneless centre-cut pork loin cutlet  
14.31/kg 20826455\_KG

**18.99** lb striploin steak fast fry cut from Canada AA or USDA Select grade beef or higher  
41.87/kg 20798455\_KG



**5.49** lb pork loin fast fry centre-cut chops  
12.10/kg 20823073\_KG

**10.99** lb eye of round fast fry steak cut from Canada AA or USDA Select grade beef or higher  
24.23/kg 20812704\_KG



**9.99** Fortinos classic, turkey, homestyle BBQ & slider burgers  
420/500 g 20694945\_EA/21099444\_EA



**5.99** pork or turkey breakfast sausage selected varieties  
300/350 g 21164999\_EA



**6.99** lb Fortinos turkey sausage raised without the use of antibiotics selected varieties  
15.41/kg 21201371\_KG



**7.49** Fortinos Grande Italian style meatballs pork or turkey  
400/450 g 21071791\_EA



**7.99** Schneiders Juicy Jumbos or smoked sausages  
375-450 g 20105611\_EA/20770591\_EA



**6.99** Butterball turkey bacon or turkey franks selected varieties  
300-450 g 20016865\_EA/20604413\_EA



**14.99** Royal Meats Royal chevaps beef & lamb, chicken or pork & beef, frozen  
800 g/1 kg 21188906\_EA/21307500\_EA



**14.99** Marcangelo souvlaki chicken or pork  
480/640 g 21041735\_EA/21098855\_EA

# SEAFOOD • We'll Clean & Scale Your Fish at No Charge... just ask!



**6.99** each Atlantic salmon or shrimp kebobs  
20636755\_EA



**7.99** each swordfish or previously frozen tuna kebobs  
20852865\_EA



**4.99** each fresh Atlantic salmon burger  
21188901\_EA



**14.99** 360 g PC® Butterflied Black Tiger shrimp skewers selected varieties, frozen  
21559236\_EA/21559382\_EA



- ✓ Superior marbling
- ✓ Incredibly flavourful and tender
- ✓ Consistency in flavour and juiciness in every bite



**frenched rib steak**  
 Certified Angus Beef® brand,  
 cut from Canada AAA or USDA  
 Choice grade beef or higher

2087746\_KG  
**22<sup>99</sup>lb**  
 50.68/kg



**Fortinos fresh burgers**  
 salt & pepper, garlic & worcestershire,  
 bacon, cheese or Frank's RedHot®

**4<sup>99</sup>**  
 227 g 20969944\_EA



**beef short ribs, fast fry**  
 Certified Angus Beef® brand,  
 cut from Canada AAA or USDA  
 Choice grade beef or higher

21044933\_KG  
**15<sup>99</sup>lb**  
 35.25/kg

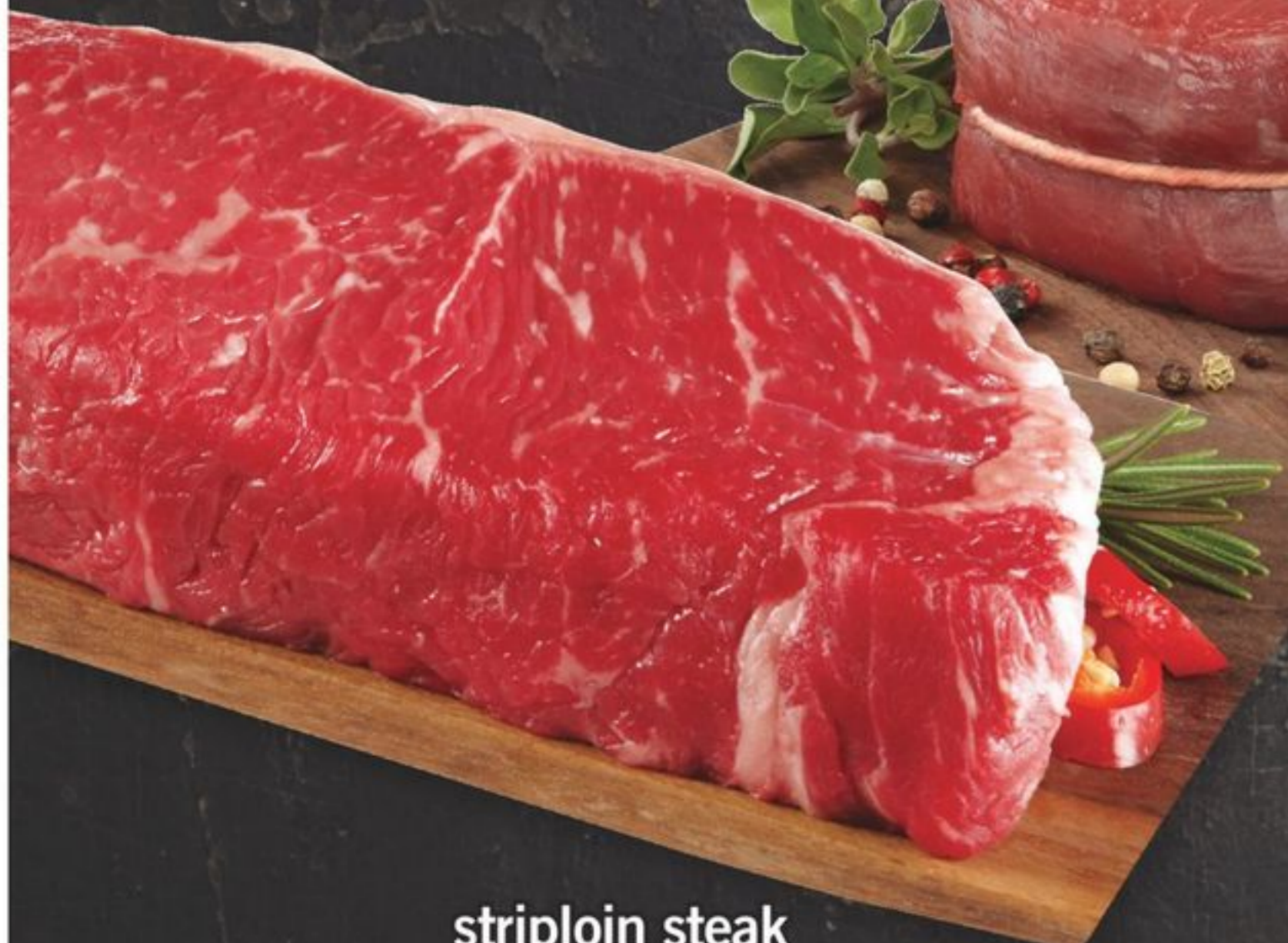


**beef tenderloin steak**  
 Certified Angus Beef® brand,  
 cut from Canada AAA or USDA  
 Choice grade beef or higher

20865463\_KG  
**39<sup>99</sup>lb**  
 88.16/kg

**CAP OFF**  
 EXCESS FAT REMOVED  
 BETTER VALUE

**22<sup>99</sup>lb**  
 50.68/kg



**striploin steak**  
 Certified Angus Beef® brand,  
 cut from Canada AAA or USDA  
 Choice grade beef or higher

20873549\_KG  
**22<sup>99</sup>lb**  
 50.68/kg



**rib steak**  
 Certified Angus Beef® brand,  
 cut from Canada AAA or USDA  
 Choice grade beef or higher

20865461\_KG

# Summer Treats



**JUMBO**

Mr. Freeze jumbo freeze pops

21023268\_C01  
**15<sup>99</sup>**  
60x150 mL



**3<sup>49</sup>** Twizzlers candy pack selected varieties  
311-454 g 20022328004\_EA



**3<sup>99</sup>** Poppa Corn Lucky Elephant cotton candy  
200 g 21287186\_EA



**4<sup>99</sup>** Campside Super Giant marshmallows  
700 g 20570414002\_EA



Cadbury chocolate tablet selected varieties  
20322193001\_EA

**2<sup>49</sup>**  
80-100 g



**4<sup>99</sup>** PC® gourmet ice cream topping dark chocolate or butterscotch  
355 mL 20095745\_EA/20179819\_EA



**14<sup>99</sup>** M&M's extra large chocolate pouch selected varieties  
800 g 21464560\_EA/21464572\_EA



**5<sup>99</sup>** Mr. Freeze freeze pops  
48x42 mL 21031219\_C01



**3<sup>99</sup>** PC® Squeezable toppings selected varieties  
428 mL 20338077\_EA/20339669\_EA



**2<sup>99</sup>** PC® sugar ice cream cones selected varieties  
12 cones 20340143\_EA

# Beverages

The Great Gentlemen ginger beer selected varieties  
21374081\_EA



**1<sup>29</sup>**  
250 mL

Minute Maid or Nestea beverages selected varieties  
20861170\_EA



**3<sup>49</sup>**  
1.89 L



**4<sup>49</sup>** Coca-Cola, Pepsi or Canada Dry soft drinks selected varieties  
6x222 mL 20354288002\_C06/20857560004\_C06

Celsius energy drink selected varieties  
21576466\_EA



**3<sup>29</sup>**  
355 mL

BODYARMOR sports drink selected varieties  
21583481\_EA/21585195\_EA



**2<sup>99</sup>**  
473 mL

Montellier sparkling water selected varieties  
20662284\_EA/21096643\_EA



**1<sup>29</sup>**  
1 L

Glaceau Vitaminwater selected varieties  
20333194003\_EA/20333194006\_EA



**2<sup>49</sup>**  
591 mL



**7<sup>49</sup>** Sanpellegrino sparkling drinks selected varieties  
6/8x330 mL 21241143\_C06/21433206\_C06



**5<sup>49</sup>** Eska natural spring water  
24x500 mL 20071779\_C24

Starbucks K-Cups  
21585536\_EA/21585663\_EA



**10<sup>99</sup>**  
10/12's





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**MORE Weekly Savings  
with our Digital Coupons  
*Over \$25 in value!***

*Scan Here*  
→

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visit the Digital  
Coupon Board**



Conditions apply. Must be a registered PC Optimum™ member. See <https://www.pcoptimum.ca/load?page=MKDigitalCoupon20230202> for details.

# There is no taste like home!

Ontario food is good for you and your family, our local communities and the environment. Foodland Ontario is a consumer program from the government of Ontario that makes it easier for you to choose fresh and delicious food from close to home, while supporting local growers, food processors and businesses.

Look for the Foodland Ontario logo to ensure your food is grown, raised and locally made right here in Ontario!

There's always local food in season.

Visit [foodlandontario.ca](http://foodlandontario.ca) to learn more about the wide variety of Ontario food products and how to enjoy them!



## This is Greenhouse Goodness.

- ✓ Healthy snacking.
- ✓ Naturally nurtured.
- ✓ Full of flavour.
- ✓ Locally grown.



ONTARIO  
GREENHOUSE  
VEGETABLE GROWERS

Look for greenhouse goodness in our produce section.



G R E E N H O U S E G O O D N E S S . C O M

# **REAL FARMERS. REAL EGGS.**

Egg excellence is my passion! Grab'em fresh,  
from my farm **to your table in just 4-7 days.**  
Nothing's more satisfying than being a **REAL**  
Ontario egg farmer.

Wynette Family  Perth County, Ontario

Visit [getcracking.ca](https://getcracking.ca)



Ontario Processing Vegetable Growers is a farm organization that represent 323 family farms in Ontario that grow vegetable crops specifically for canning, freezing and pickling. Our vegetable crops include:



**TOMATO**



**CARROTS**



**CUCUMBER**



**SWEET CORN**



**PEAS**



**GREEN AND WAX BEANS**



**LIMA BEANS**



**SQUASH**

Ontario Growers are committed to providing the best quality produce used in processing vegetables. Crops are harvested at their peak of freshness and processed within 24 hours!

Learn more about Ontario Processing Vegetable Growers by visiting:  
[opvg.org](http://opvg.org)



**Meat &  
Poultry**  
ONTARIO

Meat & Poultry Ontario offers membership and leadership for Ontario's meat and poultry industry by fostering innovation, promoting food safety & integrity, and recognizing excellence.

MPO and their members are committed to creating delicious, healthy, nutritional foods for Ontario families creating a sustainable and respectful food system.

MPO develops tools and programs that help members connect directly with consumers. Their Ontario's Best Butcher awards recognize the importance of skilled Butchers and their trade.

[meatpoultryon.ca](http://meatpoultryon.ca)

Ontario's Finest  
**BUTCHER**



  
**pickOntario**

Freshness. Quality. Local.



*Did you know?*

There are over 500 floriculture greenhouses in Ontario, which employ over 7000 staff, and produce hundreds of varieties of flowers and plants.

*About* 

pickOntario is an initiative to raise awareness and demand for Ontario-grown cut flowers and potted plants. The growers in Ontario work hard to produce quality flowers and use the latest trends in technology and growing techniques to ensure our products are delivered fresh!

visit [pickontario.ca](http://pickontario.ca)

# Summer Grillings

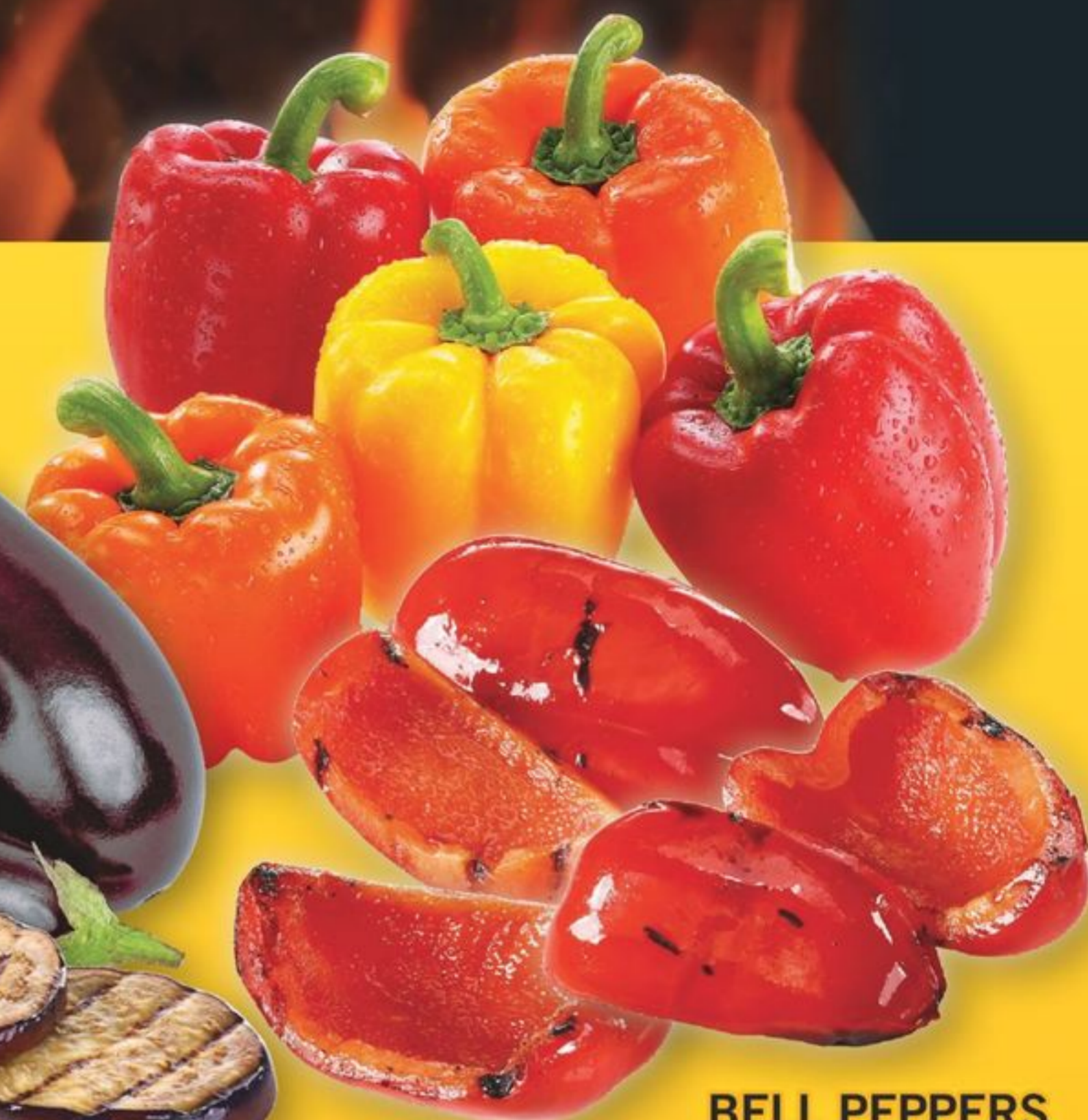
Anything goes with grilling!  
Toss your veggies in olive oil  
& sprinkle with sea salt.  
Grill until fork tender,  
turning often.



**ZUCCHINI**  
20426596001\_KG



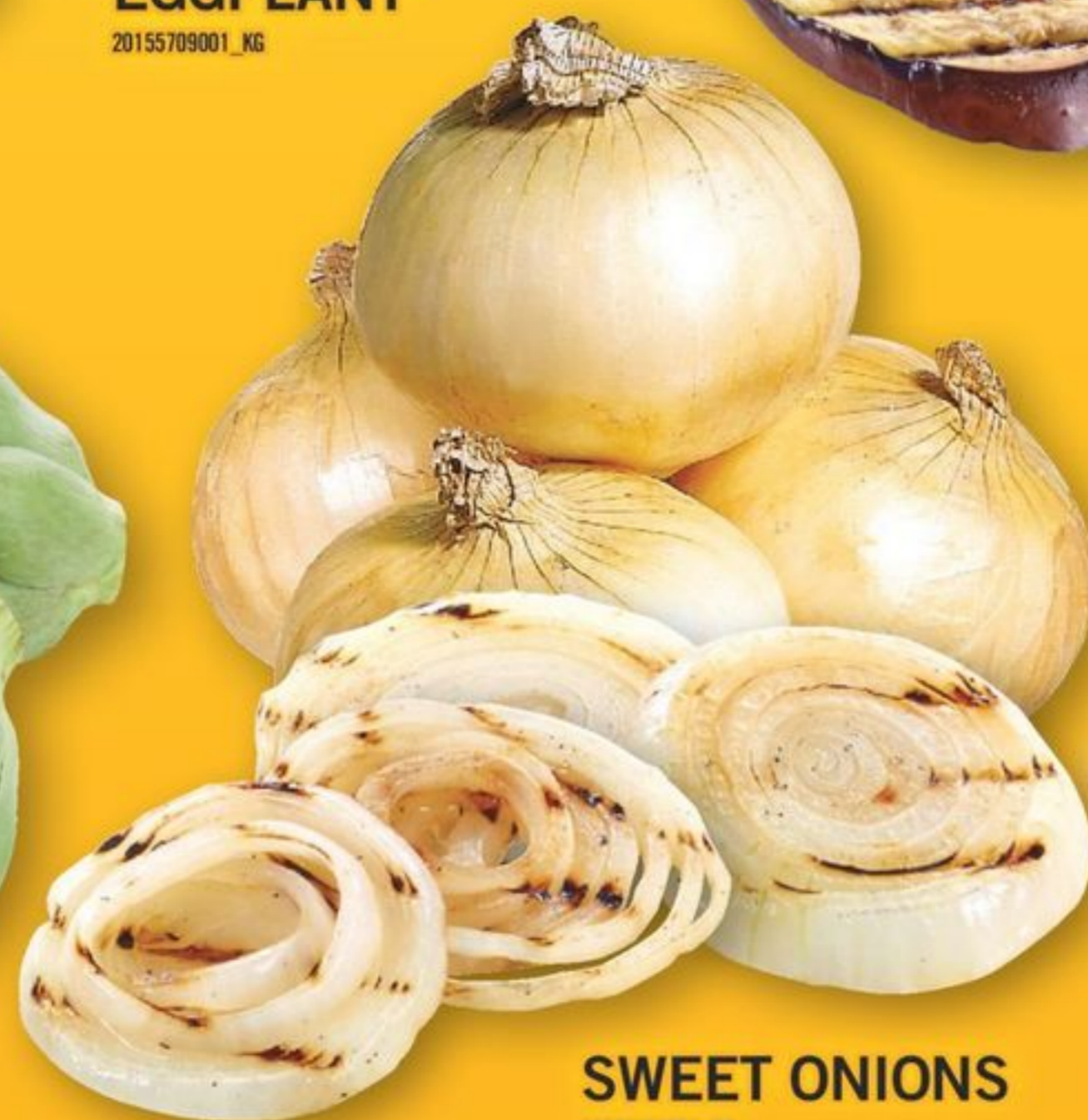
**EGGPLANT**  
20155709001\_KG



**BELL PEPPERS**  
20007535001\_KG/20166880001\_KG



**ARTICHOKE**  
20125335001\_KG



**SWEET ONIONS**  
20083454001\_KG



**PORTOBELLO MUSHROOMS**  
20160721001\_KG



**14<sup>49</sup>** PC® cheese slices  
500 g club size, all varieties  
20217638\_EA/20249826\_EA



**5<sup>99</sup>** each PC® peppercorn  
or salt grinders 180-390 g  
or Windsor kosher salt 1.36 kg  
20051643\_EA/20165112\_EA



**6<sup>49</sup>** 35-102 g Urban Accents veggie  
roaster, dry glaze or corn  
on the cob seasoning blend  
21214113\_EA/21193738\_EA



Touch bamboo  
paddle style  
skewers  
20956205\_EA

**3<sup>99</sup>** 50's

a proud  
**FORTINOS**  
recipe

# Chef Inspired Kebobs

Fire up the BBQ with these grill-ready kebobs!

**Tuna Kebob**  
previously frozen,  
with sliced peppers and onions  
**or Fresh Swordfish  
Kebobs**

21461175\_EA / 2082865\_EA

**7.99**  
each

**Fresh Salmon  
or previously frozen  
Shrimp Kebob**

20851516\_EA / 20636755\_EA

**6.99**  
each

**Sweet Chipotle beef**  
Marinated in a sweet  
chipotle sauce with  
fresh vegetables.

21453007\_EA

**Carolina BBQ beef**  
Marinated in a zesty BBQ  
sauce with fresh vegetables.

21453022\_EA

**Beef kebob**  
unseasoned

21452870\_EA



**6.99** Fresh Meat Kebobs  
each 8 varieties

**Vegetable Kebobs**  
Chunks of peppers,  
grape tomatoes, zucchini,  
red onion and mushrooms.

21451044\_EA

Available at the Salad Bar

**4.99**  
2 pack

**Carolina BBQ chicken**  
Marinated in a zesty BBQ  
sauce with fresh vegetables.

21453036\_EA

**Chicken breast  
kebob**  
unseasoned

20986595\_EA

**Thai turkey**  
Marinated with coconut  
milk, ginger, spices with  
fresh vegetables.

21452870\_EA

chicken breast souvlaki,  
chicken breast or beef  
herb & garlic skewers

**4.99**  
each

21606828\_EA

16 varieties  
made fresh!

# DAIRY & FROZEN



**129** Yoplait YOP  
drinkable yogurt  
selected varieties  
200 mL 21478178\_EA/21478300\_EA



**549** Smucker's Uncrustables  
4x52 g 21543055\_C04



**199** Michelina's entrées  
selected varieties,  
frozen  
156-284 g 21208614\_EA/21208788\_EA



**499** Chapman's  
Super Premium Plus  
ice cream  
selected varieties,  
frozen  
500 mL 21511106\_EA/21511200\_EA



Gay Lea real  
whipped cream  
selected varieties  
20048223001\_EA

**449**  
225 g



**1299** Gertie's  
frozen pies  
325 g 21561925\_EA



Autentico  
gelato  
selected  
varieties,  
frozen  
21213951\_EA

**899**  
1 L



PC® frozen fruit  
selected varieties  
21377841\_EA/21381753\_EA

**549**  
300-600 g



**499** Liberté  
Méditerranée  
yogurt  
selected varieties  
500 g 20788062002\_EA



**449** iöGO  
nanö yogurt  
6x93 mL 20609687001\_EA



**499** Becel  
margarine  
selected  
varieties  
427/454 g 20322707001\_EA



Häagen-Dazs  
ice cream  
selected varieties,  
frozen  
21513323\_EA/21513347\_EA

**599**  
400-450 mL



Cavendish  
potatoes  
selected varieties,  
frozen  
20729779\_EA/20962325\_EA

**449**  
400-750 g



EBY Manor  
partly skimmed  
2% milk  
21243969\_EA

**499**  
1 L



International  
Delight coffee  
enhancer  
selected varieties  
21345072\_EA

**799**  
1.42 L



Stok cold  
brew coffee  
selected varieties,  
refrigerated  
21203739\_EA

**799**  
1.42 L



**599** Häagen-Dazs  
novelties  
selected varieties,  
frozen  
20302298001\_EA/20302298004\_EA

**599**  
3/4's



Halo Top  
frozen dessert  
selected varieties,  
frozen  
21087007\_EA

**699**  
473 mL



**999** no name®  
frozen novelties  
selected varieties  
24-30's 21013432\_EA





# Try It, You'll Love It. Guaranteed™!

If you are not completely satisfied with the quality of any President's Choice® food products, simply return it along with receipt or original package for an exchange or refund.



PC® lemonade selected varieties  
20773870001\_EA

**2.99**  
1.89 L



PC® plum sauce club size  
20124925\_EA

**5.49**  
750 mL



PC® pita crackers selected varieties  
20588938003\_EA

**2.99**  
142 g



PC® K-Cup coffee selected varieties  
20585365\_EA

**7.99**  
12's



PC® albacore tuna selected varieties  
21081491\_EA

**3.49**  
170 g



PC® cranberry cocktail  
20307025001\_EA

**3.49**  
1.89 L



PC® mustard selected varieties  
20050452001\_EA/20050452002\_EA

**2.49**  
325 mL



PC® fruit jam selected varieties  
20180006\_EA

**4.99**  
500 mL



PC® Splendido® olive oil selected varieties  
20081865\_EA

**16.99**  
1 L



PC® pasta sauce selected varieties  
20131344009\_EA

**3.99**  
410/650 mL



PC® de-alcoholized beer selected varieties  
20121729\_C12

**7.99**  
12x355 mL



PC® sea salt, peppercorns or Himalayan rock salt  
20064552\_EA/20319194001\_EA

**3.99**  
45-100 g



PC® mini granola bars selected varieties, Club Pack®  
20038723\_EA

**11.49**  
745 g



PC® tea  
21403494\_EA/21404537\_EA

**4.99**  
48's



PC® pickles selected varieties  
20433826001\_EA

**3.79**  
500 mL



PC® Loads Of™ ice cream selected varieties, frozen  
20746245004\_EA

**6.99**  
1.5 L



PC® Ice Cream Shop ice cream selected varieties, frozen  
2029983011\_EA

**4.49**  
946 mL



PC® raspberry hibiscus or lavender lemonade ice pops selected varieties, frozen  
21432016\_EA

**5.99**  
6's



PC® Cream First™ ice cream selected varieties, frozen  
2075157002\_EA

**6.99**  
1.5 L



PC® Mochi frozen dessert selected varieties  
21167338\_EA

**5.99**  
6's

# CARIBBEAN FAVOURITES



**2<sup>99</sup>** each  
water coconut  
product of Costa Rica  
20707992001\_EA



**1<sup>99</sup>** lb  
4.39/kg  
breadfruit  
product of Jamaica  
20866318001\_KG



**6<sup>49</sup>** lb  
14.31/kg  
PC® World Of Flavours™  
jerk chicken legs  
Air Chilled  
21454286\_KG



beef tails (oxtail)  
20879454\_KG  
**9<sup>99</sup>** lb  
22.02/kg



**8<sup>99</sup>** lb  
19.82/kg  
salted cod bits  
20959606\_KG



**5<sup>99</sup>**  
4 pack  
Jamaican patties  
21215103\_EA



**1<sup>54</sup>** /100 g  
6.99/lb  
plantain chips  
salted  
20759780\_EA



**1<sup>29</sup>**  
130 g  
Grace Vienna  
chicken sausage  
20305465001\_EA/20305465002\_EA

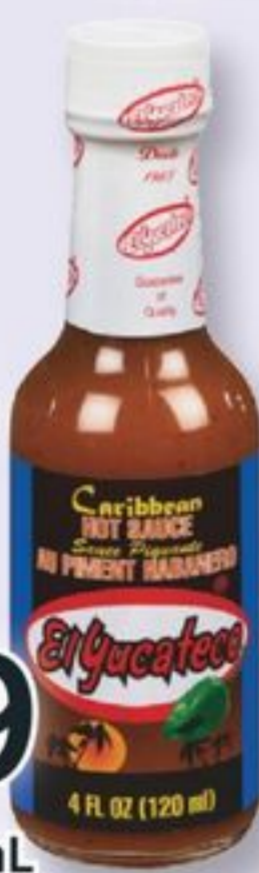


Grace  
jerk sauce  
20037395\_EA

**3<sup>49</sup>**  
480 mL

El Yucateco  
Caribbean  
hot sauce  
21309110\_EA

**3<sup>29</sup>**  
120 mL



**6<sup>49</sup>**  
80 g  
Fire in the Kitchen  
seasonings  
selected varieties  
21546283\_EA/21546476\_EA



**8<sup>99</sup>**  
1.17 kg  
Patty King Jamaican  
beef patties  
selected varieties,  
frozen  
20313668001\_EA/20313668002\_EA



**1<sup>99</sup>**  
106 g  
Brunswick  
sardines  
selected varieties  
20322242001\_EA/20322242006\_EA



Rubicon  
juice  
selected varieties  
20029236001\_EA/20296770002\_EA

**2<sup>49</sup>**  
1 L

Ovaltine  
malt  
drink mix  
20726633\_EA/20726635\_EA

**4<sup>99</sup>**  
400 g



Grace  
coconut water  
20779456\_EA

**3<sup>29</sup>**  
1 L



Aroy-D  
coconut milk  
selected varieties  
20063864\_EA

**1<sup>99</sup>**  
400 mL



The Great  
Gentlemen  
ginger beer  
selected varieties  
21374081\_EA

**1<sup>29</sup>**  
250 mL



# NATURAL HEALTH



**2.99**  
946 mL  
Silk non-dairy beverage  
selected varieties  
20555265002\_EA/21357595\_EA



**3.99**  
125/150 g  
Skinny Pop popcorn  
selected varieties  
20785418001\_EA/21125567\_EA



**5.99**  
8x355 mL  
LaCroix  
sparkling water  
selected varieties  
20951154\_C08/21300994\_C08



**6.99**  
325-500 g  
Jordans Morning Crisp  
cereal or granola  
selected varieties  
21522230\_EA/21522267\_EA



**4.49**  
946 mL  
Santa Cruz  
organic  
lemonade  
selected varieties  
20021906001\_EA



**5.99**  
150/160 g  
Raincoast  
wild salmon  
selected varieties  
20004280\_EA/20314315001\_EA



**6.99**  
480 mL  
NEW  
Ocean's Halo  
organic kimchi  
21597662\_EA



**5.99**  
each  
Cha's organic  
curry kits 55 g  
or canned  
jackfruit,  
pineapple or  
mango 400 mL  
21468552\_EA/21468555\_EA



**9.99**  
946 mL  
Bragg organic  
apple cider  
vinegar  
20983004\_EA



**2.49**  
each  
Blk. fulvic  
water 500 mL  
selected varieties  
21428804\_EA/21561081\_EA



**3.49**  
150-200 g  
Hardbite  
chips  
selected varieties  
20370855001\_EA/21203663\_EA



**4.99**  
1 L  
Vita Coco  
coconut water  
selected varieties  
20332922\_EA/20979882\_EA



**5.99**  
140 g  
NEW  
Tia Lupita grain free  
cactus tortilla chips  
selected varieties  
21570644\_EA/21570702\_EA



**6.99**  
4x355 mL  
Sap Sucker  
sparkling water  
selected varieties  
21438382\_C04/21438387\_C04

# HEALTHY HAIR & BODY



**15% OFF**  
up to  
Aura Cacia  
aromatherapy  
or essential oils  
all varieties & sizes  
20717118\_EA/20105642\_EA



**15% OFF**  
up to  
Andalou Naturals  
hair, body  
or face care  
all varieties & sizes  
21433063\_EA



**15% OFF**  
NOW  
skin care  
selected varieties  
& sizes  
21512758\_EA/21521047\_EA



**6.99**  
176 g  
Desert Essence  
toothpaste  
selected varieties  
20367811001\_EA/20722246\_EA



**6.99**  
10-20's  
Natracare  
feminine  
hygiene  
products  
selected varieties  
20121693\_EA/20308570001\_EA

# BABY



**26<sup>99</sup>** each  
Pampers Easy Ups 56-74's or Ninjas 34-44's selected varieties  
21089367\_EA/21308932\_EA



**8<sup>99</sup>** 168-216's  
Pampers or Huggies wipes selected varieties  
20304474001\_EA/20799372\_EA



**5<sup>49</sup>** 400-600 mL  
Johnson & Johnson baby wash or shampoo selected varieties  
21112321\_EA/21112364\_EA



**59<sup>99</sup>** 18x237 mL  
Enfamil formula ready to drink selected varieties  
21208370\_C01/21208382\_C01



**2<sup>99</sup>** 35-192 g  
Gerber snacks selected varieties  
20304618007\_EA/20304618008\_EA

**1<sup>99</sup>** each  
Baby Gourmet pouches 128 mL or Love Child Love Ducks 30 g selected varieties  
20368074001\_EA/20433609002\_EA



**2<sup>49</sup>** each  
PC® Organics rice rusks 50 g or Once Upon A Farm refrigerated pouches 85 mL, selected varieties  
21092647\_EA/21191599\_EA



**1<sup>49</sup>** 8/12 g  
Baby Bellies snacks selected varieties  
21295883\_EA



# BODY & HEALTH

**2,000<sup>00</sup>** (Optimum)  
**9<sup>99</sup>** 150-600 mL/227 g  
Vaseline lotion selected varieties  
21085011\_EA/21085910\_EA



**3<sup>99</sup>** 300/354 mL  
Method hand soap selected varieties  
20432113001\_EA/20432113004\_EA



**1,000<sup>00</sup>** (Optimum)  
**6<sup>99</sup>** 828 mL/198-311 g  
TRESemmé hair care or styling selected varieties  
20315303001\_EA/21170103\_EA



**500<sup>00</sup>** (Optimum)  
**5<sup>99</sup>** each  
Dove bar soap 3x106 g or body wash 325/400 mL selected varieties  
20329036001\_EA/21220717\_EA



**6<sup>99</sup>** 73/85 g  
Secret or Old Spice deodorant selected varieties  
21075255\_EA/21078091\_EA



**4<sup>79</sup>** 75/100 mL  
Sensodyne toothpaste selected varieties  
20301179003\_EA/20301179006\_EA



**10<sup>99</sup>** each  
Always pads, liners or Tampax tampons selected varieties and sizes  
21000869\_EA/21178847\_EA



**18<sup>99</sup>** each  
Depends or Poise 12-60's or liners 114-126's selected varieties  
20558843005\_EA/21100737\_EA



**3<sup>49</sup>** 58-60 g  
Quest or Grenade bars selected varieties  
20959040\_EA/21210215\_EA



**7<sup>99</sup>** each  
Life Brand® Epsom Salts unscented 4 kg or Lavender or Eucalyptus 2 kg  
21256700\_EA/21257468\_EA



# HOUSEHOLD



<p><b>Gain Flings 42's, Downy fabric softener 2.4-3.29 L or beads 515 g selected varieties</b> 20959627_EA/21489725_EA</p> <p><b>14<sup>99</sup></b> each</p>	<p><b>Fleecy fabric softener 110 WL</b> 21311743_EA/21311767_EA</p> <p><b>9<sup>99</sup></b> 2.6 L</p>	<p><b>Clorox bleach 2.4 L or Pine-Sol multi purpose cleaner 1.41 L selected varieties</b> 20296679001_EA/21263179_EA</p> <p><b>5<sup>99</sup></b> each</p>	<p><b>Cascade dishwasher detergent tabs selected varieties</b> 21012172_EA/21516530_EA</p> <p><b>22<sup>99</sup></b> 51/67 ct, 90/110 ct</p>	<p><b>no name<sup>®</sup> glass cleaner</b> 21218696_EA</p> <p><b>2<sup>79</sup></b> 765 mL</p>
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<p><b>Glad garbage bags selected sizes and varieties</b> 20086819_EA/20297334001_EA</p> <p><b>8<sup>99</sup></b> 10-52's</p>	<p><b>no name<sup>®</sup> zipper bags medium or large</b> 20155482_EA/20298374_EA</p> <p><b>5<sup>49</sup></b> 30/40's</p>	<p><b>PC<sup>®</sup> Planet First bamboo dinner plates 20's or no name<sup>®</sup> paper lunch plates 40's</b> 21353839_EA/21384145_EA</p> <p><b>6<sup>99</sup></b> each</p>	<p><b>Air Wick Essential Oils refills selected varieties</b> 20324301901_EA/20342475001_EA</p> <p><b>10<sup>99</sup></b> 2 pk</p>	<p><b>Charmin Ultra Soft bath tissue</b> 21549778_EA</p> <p><b>29<sup>99</sup></b> 24=96 rolls</p>
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# PET NEEDS

<p><b>Zoë wet dog food</b> 21218863_EA/21218883_EA</p> <p><b>2<sup>49</sup></b> 369 g</p>	<p><b>Blue Buffalo dry dog food</b> 21365754_EA</p> <p><b>32<sup>99</sup></b> 4.5 kg</p>	<p><b>Fancy Feast 85 g or Friskies 156 g wet cat food selected varieties</b> 20302296001_EA/20319657007_EA</p> <p><b>.99</b></p>	<p><b>IAMS Proactive Health dry cat food selected varieties</b> 20948823_EA</p> <p><b>25<sup>99</sup></b> 3.18 kg</p>	<p><b>PC<sup>®</sup> wild bird food</b> 21308596_EA</p> <p><b>13<sup>99</sup></b> 4 kg</p>
<p><b>Purina Beggin' strips dog treats selected varieties</b> 21101587_EA/21101589_EA</p> <p><b>11<sup>99</sup></b> 708 g</p>	<p><b>Milk-Bone Soft &amp; Chewy dog treats selected varieties</b> 20018670_EA/21047843_EA</p> <p><b>10<sup>99</sup></b> 708 g</p>	<p><b>Nature's Recipe wet dog food variety pack</b> 21358857_EA</p> <p><b>17<sup>99</sup></b> 12 pk</p>	<p><b>Tidy Cats clumping cat litter selected varieties</b> 21206496_EA/21206503_EA</p> <p><b>13<sup>99</sup></b> 2.72 kg</p>	<p><b>Blue Buffalo Tastefuls dry cat food</b> 21360300_EA/21360315_EA</p> <p><b>21<sup>99</sup></b> 2.2 kg</p>

# Build your own Bouquet

visit [flowersbyfortinos.ca](http://flowersbyfortinos.ca)



market bunches  
assorted colours  
20342399\_EA

3/\$32  
or \$12.99 ea.

pick Ontario

sunflowers  
20606993\_EA

8<sup>99</sup>  
bunch



lisianthus  
assorted colours  
20597821\_EA

16<sup>99</sup>  
bunch



calla lily  
in 6" pot  
21124846\_EA

34<sup>99</sup>  
each



bromeliad  
in 6" pot  
208975543\_EA

36<sup>99</sup>  
each



peace lily  
in 6" pot  
21347156\_EA

39<sup>99</sup>  
each

# BULK



**.77** /100 g  
3.49/lb  
sour gummi  
grizzly bears  
21245238\_KG



**.77** /100 g  
3.49/lb  
gummi  
wiggly worms  
21127228\_KG



**.77** /100 g  
3.49/lb  
sour bud bites  
21245256\_KG



**.77** /100 g  
3.49/lb  
gummi peach rings  
20961160\_KG



**132** /100 g  
5.99/lb  
yogurt covered  
pretzels  
20115359\_KG



**220** /100 g  
9.99/lb  
dark chocolate  
covered cranberries  
20072017\_KG



**132** /100 g  
5.99/lb  
chocolate  
covered raisins  
20089826\_KG



**154** /100 g  
6.99/lb  
milk chocolate  
covered jubes  
20111995\_KG



**198** /100 g  
8.99/lb  
mixed nuts with  
50% peanuts  
salted or unsalted  
20875473\_KG



**.66** /100 g  
2.99/lb  
roasted  
sunflower seeds  
salted or unsalted  
20071873\_KG



**176** /100 g  
7.99/lb  
Turkish apricots  
20120073\_KG



**154** /100 g  
6.99/lb  
plantain chips  
20759780\_KG



**110** /100 g  
4.99/lb  
toasted corn nuts  
selected varieties  
20148145\_KG



**132** /100 g  
5.99/lb  
nut krisps  
selected varieties  
21593005\_KG



**264** /100 g  
11.99/lb  
everything  
seasoned cashews  
21595070\_KG



**.88** /100 g  
3.99/lb  
rice snack mix  
20185491\_KG

# SEAFOOD



**3.49** SeaQuest® crab or lobster flavoured pollock selected varieties  
227 g 20699832\_EA/20749798\_EA

**16.99** Diana's Seafood Atlantic salmon skewers  
380 g 21611947\_EA

**9.99** True North Seafood Co. crab dip frozen  
227 g 21598705\_EA

**6.99** Paese Mio anchovies selected varieties  
150 g 21023473\_EA/21024592\_EA

# EASY MEALS



Piller's knackwurst, European wieners or Grillwurst selected varieties  
20864053\_EA/21184140\_EA

**7.99**  
375/450 g



**16.99** Schneiders smoked ham selected varieties  
700 g 21094878\_EA



**6.99** Maple Lodge chicken style bacon or Zabiha Halal chicken breakfast strips selected varieties  
375 g 20099204\_EA/2105121\_EA



**4.99** Lunchables selected varieties  
89-138 g 21592663\_EA/21593212\_EA



**42.99** Marc Angelo lamb spiedini frozen  
1 kg 21105491\_EA



**18.99** Shaq 1/2 lb Angus burgers frozen  
907 g 21560075\_EA



**8.99** Beyond Meat plant based burger, grounds, tenders or sausage selected varieties, frozen  
226-400 g 21193815\_EA/21300113\_EA



**9.99** REA Italian sausages selected varieties frozen  
720 g 21440621\_EA





**10.99**  
Unico Vegetable Oil (3L)



**3.79**  
Unico Hot Pepper Rings (750mL)

# Unico PRIMO



**2.79**  
PRIMO Thick & Zesty Pasta Sauce (680mL)



**2.79**  
PRIMO Passata al pomodoro (680mL)



**5.29**  
De Cecco Paccheri (500g)



**4.79**  
Unico White Balsamic Vinegar Selected Varieties (500mL)



**15.99**  
Gallo Extra Virgin Olive Oil (1L)



**2.29**  
Unico Diced Tomatoes Selected Varieties (796mL)



**1.59**  
Unico Chick Peas (540mL)



**3.29**  
PRIMO Lasagne (500g)



**.99**  
PRIMO Spaghetti (454g)



**5.79**  
De Cecco Pappardelle All'Uovo Nest (250g)

## SOAK UP THE SUN AND SAVINGS WITH OUR SUMMER FAVOURITES



optimum®  
**500 pts**



**DOVE** Bar Soap 3x106g, Shampoo/Conditioner 355ml or Styling, Antiperspirant or Deodorant 45g/74g, or Body Wash 325ml/400ml, Selected Varieties – 20302753001

optimum®  
**3,000 pts**



**DOVE MENS+CARE** Body Wash 532ml, Shampoo/2-in-1 517ml, Bar Soap 141g, Selected Varieties – 21587148

optimum®  
**1,000 pts**



**SHEA MOISTURE®** Shampoo/Conditioner, Treatments, Bar Soap 227g, **TRESemme®** Shampoo/Conditioner 828ml, assorted Styling, Selected Varieties – 21501914

optimum®  
**3,000 pts**



**DOVE** Body Wash 547 mL, Dove Vitamin Care Deodorant 74g. **AXE®** Fine Fragrances 113g mL, Selected Variety – 21587675

optimum®  
**2,000 pts**



**VASELINE®** Lotion 400 mL – 600 mL, Selected Variety – 21085011

optimum®  
**2,000 pts**



**SCHMIDT'S®** Deodorant 75g - 91 g, Selected Variety – 21168937

optimum®  
**500 pts**



**VIM** Cream Cleaner 500 mL, Selected Variety – 21074891

optimum®  
**3,000 pts**



**LIQUID I.V.®** Electrolyte Drink Mix 6 & 16 count, Selected Varieties – 21592512

buy 2 get  
optimum®  
**4,000 pts**



**HELLMANN'S®** Mayo 340-445 mL, or Sauces 325mL, Selected Variety – 21518387

optimum®  
**2,000 pts**



**KNORR®** Bouillon 160 g, Selected Variety – 21518162

Trade-mark owned or used under license by Unilever Canada, Toronto, Ontario M4W 3R2.

# 10,000<sup>pts</sup>

That's like \$10 in points.

for every \$100 spent on any combination of Happy Birthday, Happy Custom, and Happy Kid gift cards



Offer valid in-store only July 25-31 2024. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of Happy Birthday, Happy Custom, and Happy Kid cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

SOFT AND DELICIOUS ITALIAN  
STYLE BREAD, VILLAGGIO®  
NOW AVAILABLE AT FORTINOS



Selected Varieties  
528 g - 675 g  
21212111\_EA, 21285577\_EA

**\$3.99**  
each

ARTISAN STYLE BREAD,  
BAKED IN A HEARTH OVEN

A taste of  
**SUMMER**

**\$6.99**

Liberté Greek®  
650-750g  
20704361002  
20642273



**\$3.79**

Yoplait® Minigo®  
6x60g  
20275868001  
20275868002

**\$4.99**

Yoplait® Source®  
Protein 650g  
21587047  
21588406



**\$7.49**

Yoplait® YOP® 6pk  
6x200mL  
21478984  
21478751



**\$4.99**

Liberté  
Méditerranée®  
500g  
21547564  
21473714



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**nuun**  
HYDRATION

Hydration For  
Every Occasion  
**\$7.99**



21393748\_EA

21393717\_EA

21414555\_EA



vega  
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