

food Basics\$

ALWAYS MORE FOR LESS

ALWAYS
MORE
FOR LESS

MEANS MORE
SCHOOL-APPROVED
PRODUCTS
AT GREAT PRICES



ALWAYS GREAT PRICE ✓
6.99
EACH

SELECTION
FULLY COOKED
BREADED CHICKEN
800 G, FROZEN
SELECTED VARIETIES



Irresistibles

Selection

LifeSmart
Mieux
-être

IRRESISTIBLES
ORANGE JUICE
1.54 L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
3.97
EACH



ALWAYS GREAT PRICE ✓
4.77
EACH

IRRESISTIBLES
SKYR OR GREEK YOGOURT
750 G
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
4.44
EACH

IRRESISTIBLES
FROZEN FRUITS
400 - 600 G
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
1.99
EACH

SELECTION
BREAD
675 G
SELECTED VARIETIES



**JUST
LOW
PRICES**

**EXCEPTIONAL
VALUE, EVERY DAY**

Irresistibles

Selection

Life Smart
Mieux-
-ette



379
EACH
SELECTION
ENGLISH
MUFFINS
12 UN



1199
EACH
SELECTION
BACON
1 KG
SELECTED VARIETIES



499
EACH
SELECTION
CROISSANTS
10 UN



444
EACH
SELECTION
OR LIFE SMART
PEANUT BUTTER
750 G - 1 KG
SELECTED VARIETIES



277
EACH
SELECTION
OR LIFE SMART
FROZEN
WAFFLES
240 - 320 G
SELECTED VARIETIES



297
EACH
SELECTION
PANCAKE MIX
905 G
TABLE SYRUP
710 ML
SELECTED VARIETIES

IRRESISTIBLES
PURE MAPLE
SYRUP
946 ML
SELECTED VARIETIES

1599
EACH



399
EACH
SELECTION
JAM
OR LIFE SMART
SPREAD
250 - 500 ML
SELECTED VARIETIES



1099
EACH
SELECTION
CHOCOLATE
CHIPS
835 G - 1 KG
SELECTED VARIETIES



488
EACH
SELECTION
MARGARINE
907 G
SELECTED VARIETIES



497
EACH
SELECTION
INSTANT COFFEE
200 G
SELECTED VARIETIES



699
EACH
IRRESISTIBLES
COFFEE K-CUPS
12'S OR
SELECTION
COFFEE WHITENER
1 KG
SELECTED VARIETIES



399
EACH
LIFE SMART
GRANOLA
475 G
NATURALIA
OATS
709 G
SELECTED VARIETIES



288
EACH
SELECTION
QUICK OATS
1 KG
SELECTED VARIETIES



388
EACH
SELECTION
CREAM CHEESE
PRODUCT
340 G
SELECTED VARIETIES



488
EACH
SELECTION
CEREAL
525 - 775 G
SELECTED VARIETIES

LIFE SMART
NATURALIA
FRUITS
500 - 600 G, FROZEN
SELECTED VARIETIES

599
EACH



388
EACH

SELECTION
COTTAGE
CHEESE
500 G
SELECTED VARIETIES



LIFE SMART
NATURALIA
EGG WHITES
1 KG
SELECTED VARIETIES

649
EACH



**ALWAYS
MORE
FOR LESS**

**GREAT BRANDS,
GREAT PRICES**

Irresistibles

Selection

LifeSmart
Mieux-
ette

IRRESISTIBLES
CRANBERRY
JUICE OR
COCKTAIL
OR SELECTION
VEGETABLE
COCKTAIL
1.89 L
SELECTED VARIETIES



2.99
EACH



5.99
EACH
SELECTION
MOZZA STICKS
336 G
SELECTED VARIETIES



1.49
EACH
SELECTION
CHEESE SNACK
87 G
SELECTED VARIETIES



88¢
EA.
SELECTION
INSTANT NOODLE SOUP
65 G
SELECTED VARIETIES



2.99
EACH
SELECTION
ITALIAN BREAD
675 G
SELECTED VARIETIES



2.27
EACH
SELECTION
CRACKERS
225 G
SELECTED VARIETIES



4.99
EACH
IRRESISTIBLES
SLICED DELI
MEAT
150 - 200 G
SELECTED VARIETIES



6.99
EACH
IRRESISTIBLES
PEPPERONI
STICKS
300 G
SELECTED VARIETIES



2.49
EACH
SELECTION
CEREAL BARS
300 G
SELECTED VARIETIES



1.97
EACH
SELECTION
GRANOLA BARS
156 - 175 G
SELECTED VARIETIES



2.29
EACH
SELECTION
OR LIFE SMART
APPLE SNACKS
6'S
SELECTED VARIETIES



2.49
EACH
SELECTION
FRUIT CUPS 4'S
SELECTED VARIETIES



4.97
EACH
SELECTION
SOFT DRINKS OR
FLAVOURED SPARKLING WATER
12 x 355 ML
SELECTED VARIETIES



3.99
EACH
IRRESISTIBLES
MINI MUFFINS
336 G
SELECTED VARIETIES



4.49
EACH
SELECTION
CREAM COOKIES
907 G
SELECTED VARIETIES



1.49
EACH
SELECTION
CHIPS
200 G
SELECTED VARIETIES



4/\$5
SELECTION
SOUR GUMMIES
135 G
SELECTED VARIETIES



1.99
EACH
SELECTION
SNACKS
220 - 400 G
SELECTED VARIETIES



6.99
EACH
SELECTION
SANDWICH
BAGS
300 UN
SELECTED VARIETIES



21.99
EACH
SELECTION
PLASTIC WRAP
762 M
SELECTED VARIETIES



4.99
EACH
SELECTION
PAPER PLATES
OR BOWLS
24 - 30 UN
SELECTED VARIETIES



1.99
EACH
SELECTION
ECO COMPOSTABLE
CUTLERY
24 UN
STRAWS
100 UN
SELECTED VARIETIES



21.99
EACH
SELECTION
ALUMINUM FOIL
200 M
SELECTED VARIETIES

**JUST
LOW
PRICES**

**FAVE FLAVOURS
FOR LESS**

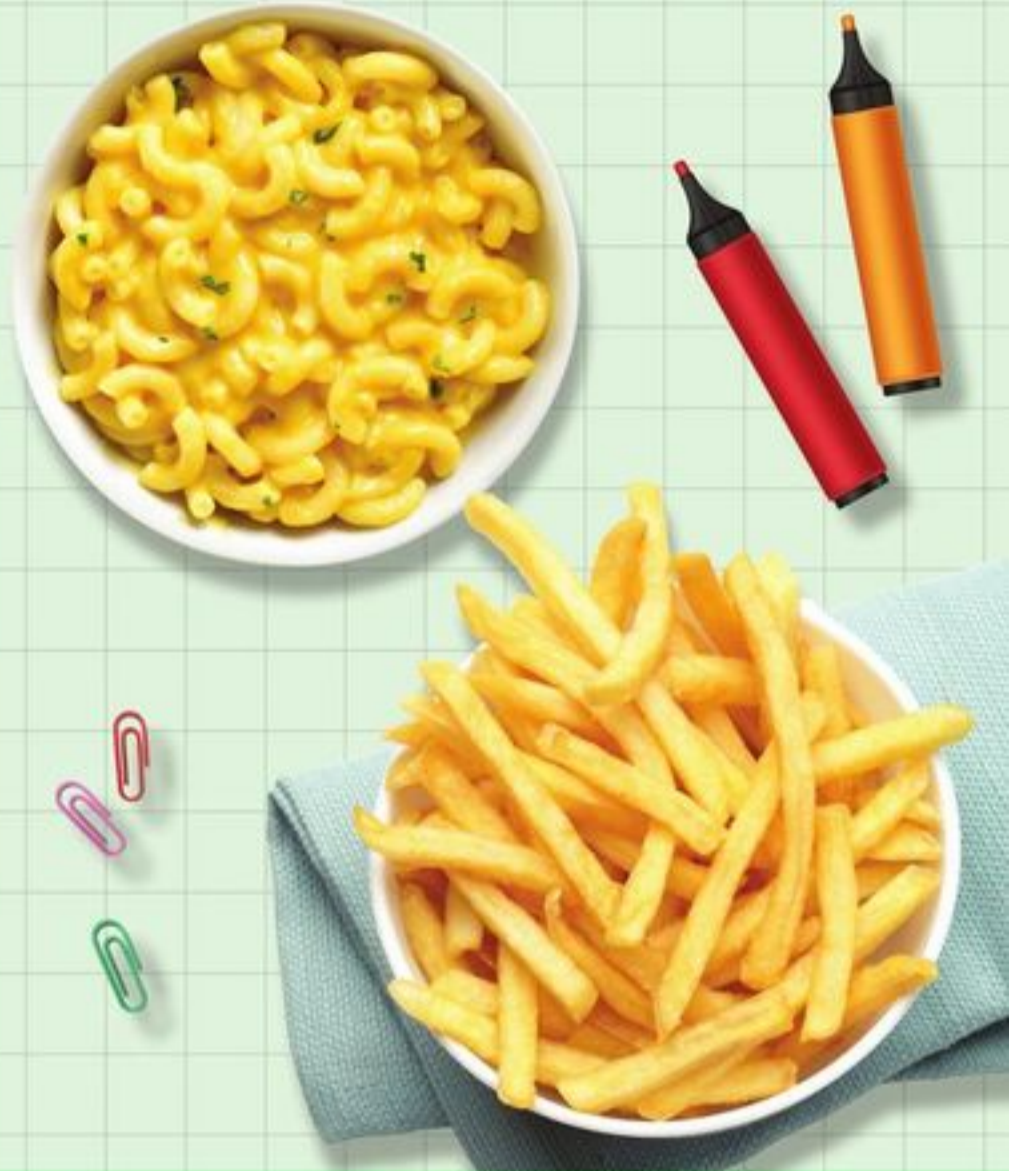
Irresistibles

Selection

LifeSmart
Mieux
-ette



197
EACH
SELECTION PASTA
900 G
SELECTED VARIETIES



SELECTION GARLIC BREADSTICK
284 G
SELECTED VARIETIES

129
EACH



SELECTION MEAT LASAGNA
2.27 KG, FROZEN
SELECTED VARIETIES

1199
EACH



LOCKED DOWN £
699
EACH
IRRESISTIBLES FRESH PASTA
800 G
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
799
EACH
IRRESISTIBLES PACIFIC WHITE TINY SHRIMP WITH SAUCE
284 G
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
499
EACH
SELECTION TORTILLAS
12'S



ALWAYS GREAT PRICE ✓
499
EACH
SELECTION FRIES
2 KG
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
149
EACH
SELECTION OR LIFE SMART BEANS
540 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
177
EACH
SELECTION OR LIFE SMART TOMATOES
540 - 796 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
127
EACH
SELECTION CANNED VEGETABLES
341 - 398 ML
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
599
EACH
SELECTION FROZEN VEGETABLES
1.5 - 2 KG
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
297
EACH
SELECTION PASTA SAUCE
410 - 650 ml
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
397
EACH
IRRESISTIBLES PIZZA
340 - 390 G, FROZEN
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
99¢ EA.
SELECTION MAC & CHEDDAR
200 G
SELECTED VARIETIES



SELECTION SPARKLING WATER
1 L
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
99¢ EA.



LIFE SMART TORTILLA CHIPS OR SELECTION SALSA
350 G, 430 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
299
EACH



ALWAYS GREAT PRICE ✓
249
EACH
SELECTION PEROGIES
1 KG, FROZEN
SELECTED VARIETIES



ALWAYS GREAT PRICE ✓
1999
EACH
SELECTION ULTRA PAPER TOWELS
12 = 21 ROLLS



SELECTION DISH DETERGENT
591 - 828 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE ✓
197
EACH



ALWAYS GREAT PRICE ✓
999
EACH
SELECTION PARCHMENT PAPER
50 M



ALWAYS GREAT PRICE ✓
499
EACH
SELECTION COMPOSTABLE NAPKINS
500 UN