

food Basic

\$ W O



HABITANT, CAMPBELL'S CHUNKY OR READY TO SERVE SOUP 515 - 736 ML SELECTED VARIETIES

\$
188
EACH



\$
244
EACH



\$
548
EACH

GENERAL MILLS FAMILY SIZE CEREAL 475 - 578 G SELECTED VARIETIES



\$
998
EACH

CASHMERE BATHROOM TISSUE 24 x 48" 5 SPONGE TOWELS ULTRA 45 SCOTTIES FACIAL TISSUES 12"5 SELECTED VARIETIES

ALWAYS M
GET READY TO SAVE! GREAT PRICES START ON

*Food Basics ranked first for competitive pricing among food retailers in Ontario according to the 2022 To view local store flyer, visit foodbasics.ca

ALWAYS MORE FOR LESS

MEANS MORE WAYS TO SAVE



THIS WEEK ONLY
\$
188
EACH

SELECTION BAGELS, 7" TORTILLAS OR ENGLISH MUFFINS 340 - 510 G SANTOSH NAAN 500 G OAKRUM CRUMPETS 384 G SELECTED VARIETIES

LOW PRICES FOR ONE WEEK



ALWAYS GREAT PRICE
\$
127
EACH

SELECTION OR IRRESISTIBLES CANNED VEGETABLES 341 - 528 ML SELECTED VARIETIES

LOW PRICES ALL THE TIME



LOCKED DOWN
\$
1099
EACH

IRRESISTIBLES SPRING ROLL TRIO 576 G FROZEN SELECTED VARIETIES

LOW PRICES FOR A LIMITED TIME

food Basics

THE GROCER WITH THE BEST COMPETITIVE PRICES* wQW Leger



WOWZA!

JANES PUB STYLE FULLY COOKED BREADED CHICKEN 700 G FROZEN SELECTED VARIETIES

JANES PUB STYLE chicken Nuggets

JANES PUB STYLE chicken Strips

5.88 EACH

EXTRA LEAN

WOWZA! **4.88** /LB

EXTRA LEAN GROUND BEEF FAMILY PACK 10.76/KG

WE LOVE LOCAL Ontario

1.5 LB

WOWZA! **3.88** EACH

GRAPE TOMATOES PRODUCT OF ONTARIO, 1.5 LB
RED ONIONS PRODUCT OF ONTARIO, 3 LB BAG

SELECTION BACON 375 G SELECTED VARIETIES

WOWZA! **2.98** EACH

NATURALLY SMOKED - FUMÉ NATURELLEMENT BACON 375g

SPINACH BUNCH PRODUCT OF CANADA OR U.S.A.

WOWZA! **1.28** EACH

WE LOVE LOCAL Ontario

WOWZA! **77¢** /LB

GALA, McINTOSH, GOLDEN DELICIOUS OR GINGER GOLD APPLES PRODUCT OF ONTARIO, EXTRA FANCY GRADE 1.70/KG

WOWZA! **5.77** EACH

KRAFT PEANUT BUTTER 750 G, 1 LB HAZELNUT SPREAD 725 G SELECTED VARIETIES

Kraft Smooth Crèmeux 1kg

WE LOVE LOCAL Ontario

WOWZA! **2.88** EACH

SWEET ASSORTED PEPPERS PRODUCT OF ONTARIO, PKG OF 4 CORN PRODUCT OF ONTARIO, CANADA NO. 1 GRADE, PKG OF 4

TILDA BASMATI RICE 4.54 KG

WOWZA! **12.98** EACH

10 LB

Tilda PURE BASMATI BASMATI PUR

SELECTION BUTTER 454 G SELECTED VARIETIES

WOWZA! **4.75** EACH

UNSALTED NON SALÉ BUTTER - BEURRE
SALTED - SALÉ BUTTER - BEURRE

ALWAYS MORE FOR LESS

GET READY TO SAVE! GREAT PRICES START ON THURSDAY, SEPTEMBER 19TH TO WEDNESDAY, SEPTEMBER 25TH, 2024

*Food Basics ranked first for competitive pricing among food retailers in Ontario according to the 2024 WOW Report based on an in-store customer experience study conducted by Leger among 12,000 respondents from October 12th to November 22nd, 2023. To view local store flyer, visit foodbasics.ca, where you can create an account (or sign into your account) and select your preferred location.

WOWZA!

Black Diamond Old • Fort
Cheddar Cheese • Fromage cheddar

Black Diamond MARBLE MARBRÉ

Galbani Mozzarella

BLACK DIAMOND CHEESE 400 G
SHREDS 320 G
GALBANI MOZZARELLA 500 G
SELECTED VARIETIES

\$4.99 EACH

KOENRAAD MILD GOUDA
500 G
SELECTED VARIETIES
WHILE QUANTITIES LAST

\$9.99 EACH

Kraft Singles Original Cheddar Original

Cheez Whiz

PHILADELPHIA ORIGINAL CREAM CHEESE

PHILADELPHIA CREAM CHEESE 227 - 250 G
KRAFT SINGLES OR CHEEZ WHIZ 410 - 450 G
SELECTED VARIETIES

\$3.99 EACH

Barilla SPAGHETTI

CATELLI PENNE RIGATE

Knorr CREAMY BACON CARBONARA CRÊMEUSES AU BACON

CATELLI OR BARILLA PASTA 375 - 410 G
KNORR SIDEKICKS 120 - 152 G
SELECTED VARIETIES

\$1.69 EACH

Lactantia PurFiltre

LACTANTIA PURFILTRÉ MILK 1%, 2% SKIM
SELECTED VARIETIES

\$5.99 EACH

CLOVER LEAF ALBACORE TUNA OR PINK SALMON
170 - 213 G
SELECTED VARIETIES

\$2.49 EACH

Lactantia Half & Half Cream Crème à café

Lactantia Whipping Cream Crème à fouetter

LACTANTIA CREAM 273 ML - 1 L
SELECTED VARIETIES

\$2.99 EACH

MAXWELL HOUSE ORIGINAL ROAST FOR RÉACTION ORIGINAL

VAN HOUTTE VANILLA VANILLE

MAXWELL HOUSE GROUND COFFEE 864 - 900 G
VAN HOUTTE COFFEE CAPSULES 125
SELECTED VARIETIES

\$8.98 EACH

Beatrice CHOCOLATE MILK

BEATRICE CHOCOLATE MILK 1 L
SELECTED VARIETIES

\$1.99 EACH

KEURIG Timothy's MEDIUM MOYENNE

100% COLOMBIAN COLOMBIEN LA VEREDA

TIMOTHY'S OR IRRESISTIBLES COFFEE CAPSULES 30'S
SELECTED VARIETIES

\$10.99 EACH

Coca-Cola ORIGINAL TASTE

PEPSI

COCA-COLA OR PEPSI 12 x 355 ML
SELECTED VARIETIES

\$6.99 EACH

PUREX LAUNDRY DETERGENT

FLEECY FABRIC SOFTENER

PUREX LAUNDRY DETERGENT 1.47 L
FLEECY FABRIC SOFTENER 1.47 L
SELECTED VARIETIES
WHILE QUANTITIES LAST

\$3.88 EACH

***IN STOCK POLICY:** Food Basics+ offers an in-stock guarantee for all items in its current flyer. If we are temporarily out-of-stock on an advertised item in our current flyer, a Rain Check will be issued with 10% off the advertised price of the item redeemable within 30 days from the date of issue. Rain Checks are not issued if the ad in the flyer states, "While Quantities Last", "Special Buy" or "No Rain Checks", or on in-store cooked BBQ Chicken and Hot Pizza, Beer, Cider and Wine, Independent Third Party Vendors, "Our Seafood Market" and "Our Butcher Shop by Nosso Talho". Please see the Customer Service desk at your Food Basics for full details. For retail sale only; if there is a limit stated in the ad, Rain Checks up to the stated limit may be issued. If there is no limit stated in the ad, we reserve the right to limit quantities to reasonable requirements. Limit: One Rain Check per household per item per day.

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THE APP-SOLUTE BEST WAY TO SAVE

SAVE 50¢

9:41

CHRISTIE CHIPS AHOY OR OREO COOKIES*

251 - 303 G
SELECTED VARIETIES

DIGITAL DEAL

1.99
EACH
WITH COUPON



CHRISTIE PREMIUM PLUS OR RITZ CRACKERS*

350 - 454 G
SELECTED VARIETIES

DIGITAL DEAL

3.49
EACH
WITH COUPON



Download on the App Store

CLICK TO DOWNLOAD

GET IT ON Google Play

While quantities last. Visit our app for details.
*Limit one per customer, per transaction.

THIS WEEK ONLY

**EXCLUSIVE
ONLINE OFFER**

WOWZA!

**FREE
PICKUP
AT STORE**

**\$20
OFF**
ON YOUR FIRST ORDER*
PROMO CODE:
FOOD20



*Conditions apply

WOW ZAZ!

TONS OF NEW DEALS EVERY WEEK

PEPSICO CANADA

SunChips Harvest Cheddar Cheddar de Campagne 190 - 205 G **\$3.99** EACH

Miss Vickie's Sea Salt & Mild Vinegar 190 - 205 G **\$3.99** EACH

Tostitos Rounds/Rondes 205 - 215 G **2/\$7**

Montellier Lemon-Citron 10x 350 ML 100% Natural Carbonated Water **\$5.99** EACH

bubly Sparkling Water 12x 350 ML Limebubly **\$5.99** EACH

Frito Lay Variety Pack 425 - 445 G Selected Varieties **\$8.99** EACH

Gatorade Sports Drinks 24 x 381 ML Selected Varieties **\$20.99** EACH

Nestlé

Häagen-Dazs Vanilla Almond Vanille Amande 3 x 100 ML **\$5.49** EACH

Häagen-Dazs Ice Cream 946 ML Vanilla Vanille **\$9.99** EACH

Starbucks Pike Place Roast 340 G Capsules **\$9.99** EACH

Starbucks Coffee Enhancers 120 ML Selected Varieties **\$6.99** EACH

ParLOUR Vanilla Caramel Share Pack 16 x 100 ML Dipped Bars **\$9.99** EACH

Drumstick Vanilla Caramel Share Pack 16 x 100 ML Dipped Bars **\$9.99** EACH

Nestlé Drumstick 10 x 130 ML ParLOUR Half Dipped Bars **\$9.99** EACH

QUAKER

Quaker Harvest Crunch Cereal 400 - 475 G Life Cereal **\$3.99** EACH

Pearl Milling Company Original Pancake & Waffle Mix 710 ML Syrup **\$3.49** EACH

Quaker Harvest Crunch Cereal 400 - 475 G Life Cereal **\$3.99** EACH

Quaker Quick Oats 900 G - 1 KG Instant Oatmeal **\$3.49** EACH

Quaker Dipps 120 - 150 G Chocolatey Chip **2/\$4.50**

Quaker Crispy Minis 120 - 150 G Cheddar **\$2.79** EACH

Kraft Heinz

Heinz Tomato Ketchup 750 ML - 1 L Aux Tomates **\$4.99** EACH

Classico Pesto or Pizza Sauce 400 ML Selected Varieties **\$3.49** EACH

Kraft Rancher's Dressing 425 ML **\$3.49** EACH

Kraft Dinner Noodle Meal 170 G Extra Creamy **2/\$3**

Heinz Canned Meals or Beans 300 G Original **3/\$5**

Lassonde

Del Monte Mango Nectar 950 ML **\$1.99** EACH

Oasis 100% Juice 1 L **\$3.99** EACH

Allen's Apple Juice 1 L **\$2.99** EACH

Allen's Apple Juice 1 L **\$1.29** EACH

Oasis Health Break Juice Blend 1 L **\$3.99** EACH

Oasis Orange Juice Beverage 1 L **\$3.99** EACH

Fruite Orange Juice Beverage 1 L **\$2.99** EACH

Dare

Whippet Ultimate or Whippet Cookies 100 G Selected Varieties **\$2.79** EACH

Dare Breton Crackers 175 - 225 G Selected Varieties **\$2.79** EACH

Dare Veggie Crisps 180 G Selected Varieties **\$2.79** EACH

Dare Wagon Wheels 135 - 240 G Selected Varieties **\$2.79** EACH

Dare Bear Paws 240 G No Artificial Colours or Flavours **\$2.99** EACH

Dare Juicee Bears 240 G Selected Varieties **\$2.99** EACH

ALWAYS FRESH. * ALWAYS IN STOCK. ALWAYS GREAT PRICES. ALWAYS FRESH. * ALWAYS IN STOCK. ALWAYS GREAT PRICES.

BIMBO CANADA

THOMAS' MAPLE FRENCH TOAST \$ **399** EACH

SUN-MAID Raisin CINNAMON / MARRÉ À LA CANNELLE \$ **399** EACH

Dempsters Signature BREAD \$ **349** EACH

Dempsters Signature BREAD \$ **349** EACH

Dempsters Signature BREAD \$ **349** EACH

Stonemill MULTIGRAIN RYE \$ **449** EACH

Dempsters Signature BREAD \$ **399** EACH

Dempsters Signature BREAD \$ **399** EACH

Dempsters Signature BREAD \$ **399** EACH

CONAGRA BRANDS

Orville Redenbacher EXTRA BUTTERY \$ **399** EACH

Orville Redenbacher ORIGINAL \$ **399** EACH

PAM COOKING SPRAY \$ **499** EACH

PAM COOKING SPRAY \$ **499** EACH

Marie Callender's Marie Callender's MEAL \$ **899** EACH

Chef Boyardee Mimi Ravioli \$ **189** EACH

Snack Pack PUDDING OR GEL SNACKS \$ **199** EACH

Snack Pack PUDDING OR GEL SNACKS \$ **199** EACH

High Liner

CATCH PRIZE DAY JOUR \$ **999** EACH

CATCH PRIZE DAY JOUR \$ **999** EACH

High Liner Signature Cuts HADDOCK \$ **999** EACH

High Liner Signature Cuts HADDOCK \$ **999** EACH

High Liner Pan-Seared Pacific SALMON \$ **999** EACH

High Liner Pan-Seared HADDOCK \$ **999** EACH

Catch of the Day Prise a jour \$ **999** EACH

Catch of the Day Prise a jour \$ **999** EACH

bel's for all for good

The Laughing Cow CHEESE DIPPERS \$ **349** EACH

The Laughing Cow CHEESE DIPPERS \$ **349** EACH

Babybel CHEESE \$ **349** EACH

Boursin Boursin CHEESE \$ **499** EACH

Boursin Boursin CHEESE \$ **499** EACH

Upfield

I Can't Believe It's Not Butter! \$ **249** EACH

Becel Original \$ **449** EACH

Becel Original \$ **1349** EACH

PURINA

Fancy Feast CAT FOOD \$ **89c** EACH

PURINA ONE SMART BLEND DOG FOOD \$ **1149** EACH

PURINA ONE TRUE INSTINCT CAT FOOD \$ **1249** EACH

Tidy Cats LITTER \$ **1249** EACH

P&G

Bounty Paper Towel \$ **1399** EACH

Charmin Ultra Soft \$ **1399** EACH

Dawn Dish Detergent \$ **2/\$5** EACH

Tide Original Laundry Detergent \$ **749** EACH

Febreze Air Freshener \$ **699** EACH

Downy Unstopable \$ **1299** EACH

Tide Pods \$ **1299** EACH

Pampers baby-dry \$ **3299** EACH

Pampers Baby-Dry or Swaddlers \$ **3299** EACH

Pampers easy ups \$ **2699** EACH

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WE LOVE LOCAL



Carrots
Carottes

CARROTS OR YELLOW ONIONS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE

THIS WEEK ONLY

198
EACH

Hothouse Tomatoes
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
4.37/KG

THIS WEEK ONLY

198
/LB

PKG OF 3

ROMAINE HEARTS
3 ROMAINE HEARTS
PRODUCT OF CANADA, CANADA NO. 1 GRADE

CAULIFLOWER
PRODUCT OF CANADA, PKG OF 3

THIS WEEK ONLY

298
EACH

BUTTERNUT, ACORN, BUTTERCUP OR SPAGHETTI SQUASH
PRODUCT OF ONTARIO
3.26/KG

THIS WEEK ONLY

148
/LB

BROCCOLI CROWNS
PRODUCT OF CANADA

THIS WEEK ONLY

198
EACH

MINI CUCUMBERS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE
237 G

THIS WEEK ONLY

298
EACH

BLUE PLUMS
PRODUCT OF ONTARIO
CANADA NO. 1 GRADE 153

BARTLETT OR BOSCH PEARS
PRODUCT OF ONTARIO
CANADA FINCY GRADE, 2 L

THIS WEEK ONLY

498
EACH

FRESH ATTITUDE SALADS
PRODUCT OF CANADA
142 G
SELECTED VARIETIES

THIS WEEK ONLY

377
EACH

LARGE PUMPKINS
PRODUCT OF ONTARIO

THIS WEEK ONLY

388
EACH

EXTRA LARGE

EXTRA LARGE RED OR GREEN SEEDLESS GRAPES
PRODUCT OF U.S.A.
NO. 1 GRADE
6.57/KG

THIS WEEK ONLY

298
/LB

STRAWBERRIES PRODUCT OF U.S.A. 454 G

AVOCADOS PRODUCT OF MEXICO, BAG OF 5 OR 6

THIS WEEK ONLY

398
EACH

POMEGRANATES
PRODUCT OF U.S.A.

THIS WEEK ONLY

2/\$5

Clementines
PRODUCT OF SOUTH AFRICA
2 LB BAG

LEMONS
PRODUCT OF U.S.A. OR SOUTH AFRICA
2 LB BAG

THIS WEEK ONLY

398
EACH

ROCHA PEARS
PRODUCT OF PORTUGAL
2.5 LB BAG

THIS WEEK ONLY

498
EACH

LIMES
PRODUCT OF MEXICO OR BRAZIL
1 LB BAG

THIS WEEK ONLY

398
EACH

CANARY OR HAMI MELON
PRODUCT OF U.S.A.
3.26/KG

THIS WEEK ONLY

148
/LB

IRRESISTIBLES™ PISTACHIOS, ALMONDS OR WALNUTS
200 - 250 G SELECTED VARIETIES

THIS WEEK ONLY

398
EACH

3.5 LB VARNISHED GOURDS OR PUMPKINS, 6" POINT PELEE MUMS
WHILE QUANTITIES LAST

THIS WEEK ONLY

598
EACH

8 STEM TULIPS OR SWEETHEART ROSES
ASSORTED COLOURS
WHILE QUANTITIES LAST

THIS WEEK ONLY

\$7
EACH

5" MONEY TREE
WHILE QUANTITIES LAST

THIS WEEK ONLY

888
EACH

JUMBO GARDEN MUMS
ASSORTED COLOURS
SELECT STONES
WHILE QUANTITIES LAST

THIS WEEK ONLY

1498
EACH

ALWAYS FRESH. *ALWAYS IN STOCK. ALWAYS GREAT PRICES.

MEAT



FRESH FROM THE FARM OR ZABIHA HALAL WHOLE CHICKEN AIR CHILLED 7.69/KG

THIS WEEK ONLY
3.49 /LB



FRESH WHOLE CHICKEN WINGS INCLUDING ZABIHA HALAL BAGGED 8.80/KG

THIS WEEK ONLY
3.99 /LB



PRIME RAISED WITHOUT ANTIBIOTICS EXTRA LEAN GROUND CHICKEN OR TURKEY 454 G

THIS WEEK ONLY
5.99 EACH



FRESH BONELESS EYE OF ROUND ROAST OR STEAKS CUT FROM CANADA AA OR HIGHER GRADE OF BEEF 22.02/KG

THIS WEEK ONLY
9.99 /LB



RAINBOW TROUT FILLET FRESH 24.23/KG

THIS WEEK ONLY
10.99 /LB



MARC ANGELO SAUSAGES, MEATBALLS, ASIAN INSPIRATION BREADED CHICKEN OR SIMPLY POULTRY STUFFED CHICKEN 900 G - 1.4 KG FROZEN SELECTED VARIETIES

THIS WEEK ONLY
2/\$16



FLETCHER'S CURED PORK COTTAGE ROLL 6.59/KG

THIS WEEK ONLY
2.99 /LB



SCHNEIDERS REDHOTS OR MAPLE LEAF TOP DOGS WIENERS 375 G

SCHNEIDERS MEAT PIES 330 - 400 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY
4.99 EACH



SELECTION SMOKED BONELESS HALF HAM 675 G SELECTED VARIETIES

THIS WEEK ONLY
\$8 EACH



POGO ORIGINAL OR BEEF BREADED SAUSAGES 600 - 750 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY
8.99 EACH



NATURAL SELECTIONS SLICED DELI MEAT, SCHNEIDERS BOLOGNA OR SLICED DELI MEAT 125 - 500 G SELECTED VARIETIES

THIS WEEK ONLY
4.99 EACH



BOURSIN CHEESE 150 G SELECTED VARIETIES

THIS WEEK ONLY
4.99 EACH



IRRESISTIBLES PASTA ENTREES 1 - 1.13 KG FROZEN SELECTED VARIETIES

THIS WEEK ONLY
8.99 EACH



SWISS CHALET BBQ PORK BACK RIBS 600 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY
10.99 EACH



SABRA HUMMUS 150 - 250 G SELECTED VARIETIES

THIS WEEK ONLY
3.49 EACH



TRE STELLE RICOTTA OR BOCCONCINI 250 G SELECTED VARIETIES

THIS WEEK ONLY
5.49 EACH



SEAHORSE BASA STEAK OR ANCHOR'S BAY BASA FILLETS 400 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY
3.49 EACH



SEASOUL COOKED PACIFIC WHITE SHRIMP 140 G FROZEN SELECTED VARIETIES

THIS WEEK ONLY
5.99 EACH

BAKERY



VILLAGGIO BREAD 550 - 675 G BUNS 6 - 8'S SELECTED VARIETIES

THIS WEEK ONLY
2.99 EACH



IRRESISTIBLES MUFFINS 600 G WORTHY CRUMB SCONES 300 G SELECTED VARIETIES

THIS WEEK ONLY
4.99 EACH



SELECTION GARLIC BREADSTICK 284 G CEDAR PITA 330 G SELECTED VARIETIES

THIS WEEK ONLY
1.29 EACH



SELECTION MINI TARTS OR CUPCAKES 255 - 284 G SELECTED VARIETIES

THIS WEEK ONLY
2.99 EACH

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ALWAYS FRESH

ALWAYS GREAT PRICES

ALWAYS IN STOCK

ALWAYS

Save Every Day



ALWAYS GREAT PRICE

4.99
EACH

SELECTION
CROISSANTS
10'S



ALWAYS GREAT PRICE

2.99
EACH



ALWAYS GREAT PRICE

9.99
EACH

SELECTION
CRAB FLAVORED
POLLOCK FLAKES
700 G
SELECTED VARIETIES



ALWAYS GREAT PRICE

4.44
EACH

IRRESISTIBLES
CARBONATED
SPRING WATER
6 X 1 L
SELECTED VARIETIES

LOCKED DOWN



LOCKED DOWN 
4.99
EACH



GENERAL MILLS
OATMEAL CRISP CEREAL
399 - 437 G
CHEX HONEY NUT
354 G
SELECTED VARIETIES



LOCKED DOWN 
3.99
EACH



LOCKED DOWN 
4.49
EACH



KELLOGG'S NUTRI GRAIN BARS,
RICE KRISPIES SQUARES OR POP-TARTS
176 - 384 G SELECTED VARIETIES

LOCKED DOWN 
2.99
EACH



LOCKED DOWN 
3.49
EACH



HEREFORD
CORNED BEEF OR
SPAM LUNCHEON MEAT
340 G SELECTED VARIETIES

LOCKED DOWN 
3.98
EACH



LOCKED DOWN 
3.49
EACH



OCEAN SPRAY
CRANBERRY
COCKTAIL OR
JUICE BLENDS
1.77 - 1.89 L
SELECTED VARIETIES

LOCKED DOWN 
3.99
EACH



HELLMANN'S
MAYONNAISE
710 - 890 ML
SELECTED VARIETIES



PEPPERIDGE FARM
GOLDFISH
CRACKERS
168 - 200 G
SELECTED VARIETIES

LOCKED DOWN 
2/\$5



FRENCH'S
MUSTARD
125 ML
SELECTED VARIETIES



BRUNSWICK
SARDINES
100 G
SELECTED VARIETIES



PRINGLES
SPICY CREAM
POTATO
CHIPS
168 - 196 G
SELECTED VARIETIES



GREEN GIANT
VEGETABLES
500 - 750 G FROZEN
SELECTED VARIETIES

LOCKED DOWN 
2/\$7



LOCKED DOWN 
5.49
EACH



GLADE PLUGINS
SCENTED OIL
AIR FRESHENER
EACH
SELECTED VARIETIES



AIR WICK
AIR FRESHENER
REFILLS
2 x 20 ML
SELECTED VARIETIES

LOCKED DOWN 
10.49
EACH



PLEDGE
FURNITURE
POLISH
275 G
SELECTED VARIETIES

LOCKED DOWN 
6.99
EACH

ALWAYS GREAT PRICE



DANONE
OIKOS GREEK
YOGURT
12 X 100 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH



STARBUCKS
COFFEE BEANS
303 G
CAPSULES
24'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 
19.99
EACH



BLACK DIAMOND
CHEESTRINGS
588 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
11.99
EACH



STARBUCKS
NESPRESSO
CAPSULES
10'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 
8.99
EACH



BLACK DIAMOND
SHREDDED CHEESE
907 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
15.99
EACH



KELLOGG'S
EGGO
THICK & FLUFFY
WAFFLES
330 G FROZEN
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



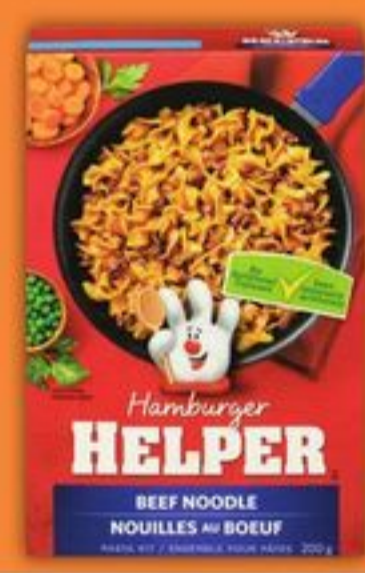
NESTLE OR
CADBURY
BARS
50 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
99c
EACH



BETTY CROCKER
DUNKAROOS
188 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



HAMBURGER
HELPER
NOODLE MEAL
200 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
2.49
EACH



KELLOGG'S
RICE KRISPIES
SQUARES
660 G
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH



COCA-COLA OR PEPSI MINI CANS
6 X 222 ML
SELECTED VARIETIES

ALWAYS GREAT PRICE 
3.99
EACH



CAVENDISH
FARMS
FRENCH FRIES
1.8 KG
SELECTED VARIETIES

ALWAYS GREAT PRICE 
7.99
EACH



GLACEAU SMART WATER OR
EVIAN SPRING WATER
6 X 1 L SELECTED VARIETIES

ALWAYS GREAT PRICE 
12.99
EACH



NESTLE DRUMSTICK
6-8'S
SELECTED VARIETIES

ALWAYS GREAT PRICE 
9.99
EACH

ALWAYS GREAT PRICE



SELECTION POTATO CHIPS
200 G
SELECTED VARIETIES

149
EACH



IRRESISTIBLES FRUIT
400 - 600 G
FROZEN
SELECTED VARIETIES

444
EACH



SELECTION CREAM CHEESE PRODUCT
340 G
SELECTED VARIETIES

388
EACH



IRRESISTIBLES PIZZA
340 - 390 G FROZEN
SELECTED VARIETIES

397
EACH



SELECTION MOZZA STICKS
336 G
SELECTED VARIETIES

599
EACH



SELECTION OR LIFE SMART WAFFLES
240 - 320 G
FROZEN
SELECTED VARIETIES

277
EACH



SELECTION SOFT DRINKS OR FLAVOURED SPARKLING WATER
12 x 355 ML
SELECTED VARIETIES

497
EACH



SELECTION PEANUTS
700 - 800 G
SELECTED VARIETIES

499
EACH



SELECTION SOUP
294 ML
SELECTED VARIETIES

99¢
EACH



IRRESISTIBLES LIFE SMART OR SELECTION BEANS
540 ML
SELECTED VARIETIES

149
EACH



LIFE SMART ORGANIC SPICES
10 - 37 G
SELECTED VARIETIES

227
EACH



SELECTION HONEY GARLIC OR PLUM SAUCE
750 ML
SELECTED VARIETIES

349
EACH



SELECTION OR LIFE SMART SWEETENER
750 ML
SELECTED VARIETIES

399
EACH



IRRESISTIBLES CHOCOLATE COVERED ALMONDS
200 G
SELECTED VARIETIES

444
EACH



SELECTION FACIAL TISSUES
12'S
SELECTED VARIETIES

1299
EACH



SELECTION MULTI PURPOSE CLEANER
750 - 950 ML, 2 L
SELECTED VARIETIES

2/\$5



IRRESISTIBLES DOG TREATS
227 G
SELECTED VARIETIES

699
EACH



SELECTION CAT LITTER
18 KG
SELECTED VARIETIES

999
EACH

NEW

**8 g of protein*,
delicious taste!**

DAIRY FREE

**PLANT-BASED
BEVERAGES**

ENJOY
ALMOND
BEVERAGE
1.75 L
SELECTED VARIETIES

THIS WEEK ONLY

3.99
EACH

*per 250 mL




LACTANTIA LACTOSE FREE OR
ULTRA PUR MILK
1.5 L
SELECTED VARIETIES



LOCKED DOWN

5.49
EACH



LACTANTIA
CHOCOLATE MILK
6'S
SELECTED VARIETIES

LOCKED DOWN

5.99
EACH



BEATRICE
B-FIT PROTEIN
MILKSHAKE
460 mL
SELECTED VARIETIES



LOCKED DOWN

2.99
EACH



BEATRICE
CHOCOLATE MILK
1 L
SELECTED VARIETIES

LOCKED DOWN

1.99
EACH



**REVEAL YOUR INNER
CONNOISSEUR
CONTEST**

You could win
\$10,000
to make every food moment memorable

ENTER TODAY!



Buy any
Lactantia product



Take our
connoisseur survey

*No purchase necessary. Contest starts on September 5, 2024 (11:59 pm ET) and ends on October 31, 2024 (11:59 pm ET). One form of entry is to purchase any participating Lactantia product, submit the purchase receipt, and complete the entry form at www.lactantia.ca/contest (the "Website"). There is one (1) Grand Prize consisting of a cash prize of \$10,000 (CAD) available to be won by random draw at the end of the contest period. The Odds of winning the Grand Prize depend on the number of eligible Entries received. Skill testing question required from winner of the Grand Prize. For all participating products and full rules, visit the Website. Contest is open to Canadian residents in Canada at the time of entry, except individuals under the age of eighteen (18). ©2024 Lactalis Canada. All rights reserved. Trademarks owned or used under license by Lactalis Canada, Toronto ON, M9C 5J1.

ALWAYS STIRRING UP GREAT PRICES



ACTIVIA
active probiotics - probiotiques actifs

DANONE TWO GOOD GREEK YOGURT
8 X 100 G
625 G

THIS WEEK ONLY
3.99
EACH



ASTRO ORIGINAL
BALKAN YOGURT BALKAN
FRUIT ON THE BOTTOM • FRUITS AU FOND

THIS WEEK ONLY
3.99
EACH



ACTIVIA
active probiotics - probiotiques actifs

ACTIVIA YOGURT
12 X 100 G
SELECTED VARIETIES

LOCKED DOWN
5.99
EACH



DANONE OIKOS GREEK YOGURT
650 - 750 G
SELECTED VARIETIES

LOCKED DOWN
5.99
EACH



DANONE OIKOS GREEK YOGURT
8 X 100 G
SELECTED VARIETIES

LOCKED DOWN
3.49
EACH



LIBERTÉ MÉDITERRANÉE OR GREEK YOGURT
500 G, 4 X 100 G
SELECTED VARIETIES

LOCKED DOWN
2.99
EACH



YOPLAIT TUBES OR MINIGO YOGURT
6 X 85
SELECTED VARIETIES

LOCKED DOWN
2/\$5



YOPLAIT YOP DRINKABLE YOGURT
6 X 500 ML
SELECTED VARIETIES

LOCKED DOWN
5.49
EACH



LIBERTÉ KEFIR
1 L
SELECTED VARIETIES

LOCKED DOWN
5.49
EACH



OLYMPIC ORGANIC YOGURT
500 G
SELECTED VARIETIES

LOCKED DOWN
4.49
EACH



DANONE GO! DRINKABLE YOGURT
190 ML
SELECTED VARIETIES

LOCKED DOWN
75¢
EACH



ACTIVIA SMOOTHIE DRINKABLE YOGURT
190 ML
SELECTED VARIETIES

LOCKED DOWN
1.49
EACH



IRRESISTIBLES GREEK OR SKYR YOGURT
750 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
4.77
EACH



IRRESISTIBLES GREEK OR SKYR YOGURT
4 X 500 G
SELECTED VARIETIES

ALWAYS GREAT PRICE
2.99
EACH

BAKING FOR LESS





Robin Hood
SINCE 1889
ALL PURPOSE FLOUR
ORIGINAL

2.5 kg



FIVE ROSES
ALL PURPOSE FLOUR
WHITE

2.5 kg

FIVE ROSES OR ROBIN HOOD FLOUR
2.5 KG
SELECTED VARIETIES

4.99
EACH



GM02-1415
Redpath
ICING SUGAR
SUCRE À GLACER

1 kg



GM02-1420
Redpath
DARK BROWN SUGAR
CASSONADE FONCÉE

1 kg

REDPATH BAKING SUGAR
1 KG
SELECTED VARIETIES

2/\$5



HERSHEY'S
Chipits
milk chocolate chips
Billes de Chocolat au lait

200 g



GM02-1419
Eagle Brand
ORIGINAL
CONDENSED MILK

300 ML

HERSHEY'S CHIPITS
200 g
SELECTED VARIETIES

3.99
EACH

EAGLE BRAND
CONDENSED MILK
300 ML
SELECTED VARIETIES

3.49
EACH



GM02-1417
Crisco
All-Vegetable
SHORTENING

454 g (1 lb)



GM02-1418
Tenderflake
PURE LARD

454 g

CRISCO SHORTENING
454 g
SELECTED VARIETIES

3.99
EACH

TENDERFLAKE PURE LARD
454 g
SELECTED VARIETIES

3.99
EACH



Selection
marshmallows
guimauves

GM02-1424

454 g



Selection
EVAPORATED
milk - lait
ÉVAPORÉ

GM02-1701

354 ML

SELECTION MARSHMALLOWS
454 g
SELECTED VARIETIES

2.99
EACH

SELECTION
EVAPORATED MILK
354 ML
SELECTED VARIETIES

1.77
EACH



GM02-1595
Selection
PREMIUM - SUPÉRIEUR
COCOA - CACAO

227 g



GM02-1604
Selection
THE
BAKING
SODA

500 g

SELECTION COCOA
227 g
SELECTED VARIETIES

3.99
EACH

SELECTION
BAKING SODA
500 g
SELECTED VARIETIES

1.29
EACH



Selection
UNSWEETENED
MEDIUM DICED
COCONUT
MOIX DE COCO
NON SUCRÉE
MOYENNE
DÉSSÉCHÉE

GM02-1421

300 g



Selection
Almonds
SLICED - TRANCÉES
Amandes

GM02-1422

100 g

SELECTION COCONUT
300 g
SELECTED VARIETIES

1.99
EACH

SELECTION
BAKING NUTS
100 g
SELECTED VARIETIES

2.77
EACH



LIFE SMART
NATURALIA
OMEGA-3
FREE RUN POULES - LIBERTÉ

GM02-1700

12'S



Selection
QUICK OATS
GRUAU RAPIDE

GM04-1106

1 kg

LIFE SMART
NATURALIA OMEGA-3
FREE RUN EGGS
12'S
SELECTED VARIETIES

5.99
EACH

SELECTION
QUICK OATS
1 kg
INSTANT OATMEAL
380 - 430 g
SELECTED VARIETIES

2.88
EACH

COOL TREATS FOR LESS



The Creamiest
Macaron
Vanilla Vanilla
GM04-I126

3 x 90 mL



The Creamiest
ONTARIO PEACH
PEACH AND VANILLA ICE CREAM WITH PEACH PIECES
GM04-I125

1.5 L



The Creamiest
Macaron
Strawberry Fraise
GM04-I121

3 x 90 mL



The Creamiest
Bordeaux Cherry
GM04-I121

3 x 90 mL

IRRESISTIBLES THE CREAMIEST MACARON ICE CREAM SANDWICHES
SELECTED VARIETIES

4.44 EACH

IRRESISTIBLES ICE CREAM NOVELTIES
SELECTED VARIETIES

4.44 EACH



HALO TOP
chocolate chip cookie dough
GM04-I106
150 calories per 188 mL
12 g of sugar*
HALO TOP FROZEN DESSERT 473 mL
SELECTED VARIETIES



Irresistibles
5 MINI Frozen yogurt BARS
Caramel
GM04-I127

5 x 55 mL



Irresistibles
5 MINI Frozen yogurt BARS
Vanilla
WITH MILK CHOCOLATE COATING

5 x 55 mL

IRRESISTIBLES MINI FROZEN YOGURT BARS
5 x 55 mL FROZEN
SELECTED VARIETIES

4.44 EACH



Selection
Creamy Orange
12 bars
GM04-I124

12 x 88 mL



Selection
VANILLA IN THE MIDDLE
12 SANDWICHES
GM04-I130

12 x 163 mL



Selection
UNICORN
12 BARS
GM04-I124

12 x 88 mL



Selection
VANILLA IN THE MIDDLE
18 MINI SANDWICHES
GM04-I130

18 x 163 mL

SELECTION ICE CREAM BARS
12 x 88 mL
SELECTED VARIETIES

\$5 EACH

SELECTION ICE CREAM SANDWICHES
12 OR 18 x 163 mL
SELECTED VARIETIES

\$5 EACH



The Creamiest
Praline Pecan
GM04-I122

10 x 88 mL



NESTLÉ
PARLOUR
Vanilla Caramel SHARE PACK
GM04-I115

16 x 88 mL



NESTLÉ
DRUMSTICK
PARLOUR
SWEET 'N SALTY CARAMEL SHARE PACK
GM04-I115

10 x 130 mL

NESTLÉ DRUMSTICK PARLOUR HALF DIPPED BARS
16 x 88 mL
SELECTED VARIETIES
WHILE QUANTITIES LAST

9.99 EACH

IRRESISTIBLES THE CREAMIEST VALUE PACK BARS
10 x 88 mL
SELECTED VARIETIES

8.99 EACH

NESTLÉ DRUMSTICK PARLOUR HALF DIPPED BARS
16 x 88 mL
SELECTED VARIETIES
WHILE QUANTITIES LAST

9.99 EACH

ALL AISLES LEAD HOME KITCHENS OF THE WORLD

GOURMET MINI YELLOW POTATOES
PETITES POMMES DE TERRE JAUNES GOURMET
5 LBS

GOURMET MINI WHITE POTATOES
PETITES POMMES DE TERRE BLANCHES GOURMET

WE LOVE LOCAL Canada

MINI POTATOES
PRODUCT OF CANADA
CANADA NO. 1 GRADE
5 LB BAG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.98
EACH

IRRESISTIBLES
EMMENTAL CHEESE
400 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
7.99
EACH

JACOBS
Krönung

S&F HAZELNUT SPREAD
250 G
JACOBS KRÖNUNG COFFEE
250 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH

Prens

Napolitanke

PETIT BEURRE

PETIT BEURRE OR S&F PETIT BEURRE BISCUITS, PRENS COOKIES, KRAS WAFERS
187/400 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH

JORDANKA MINERAL WATER
1.5 L

S&F OR GLORIA CREAM CRACKERS
200 G
GOLDEN ALPS CHOCOLATE BARS
100 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH

Fritsch

RÜGEN FISCH HERRING FILLETS
200 G
FRITSCHEGG NOODLES
454 G
S&F COD LIVER PATE
115/120 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH

Nowka
Weinkraut

J.J. WILK PIEROGIES
1000 G FROZEN
NOWKA WINE SAUERKRAUT
750 ML
MARQUIS DE DUON MUSTARD
375 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH

BÖREK BITES

NUT SELECTION
SELECTION DE NOIX

Maria Cookies

BÖREK BITES
454 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
2.99
EACH

VEGETA SEASONING
100 G

S&F DILL PICKLES OR KÜHNE GHERKINS
1.5 L/500 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.99
EACH

ADRIATIC QUEEN
SARDINES
190 G

PODRAVKA BOUILLON
CUBES OR SOUP
100 G

ADRIATIC QUEEN
SARDINES
in soybean oil
à l'huile de guy
190 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.49
EACH

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.25
EACH

Happy Swing
PEPPERMINT
HERB TEA
20 Teabags of 1.5g Net wt. 30g (1.07oz)

GLORIA
PEPPERMINT
HERB TEA
20 Teabags of 1.5g Net wt. 30g (1.07oz)

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.25
EACH

Sauerkraut
Choucroute
796 ml

RIGAS SPRATS OR S&F SARDINES
200/140 G
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
4.49
EACH

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
1.99
EACH

MR. GARDEN PEACHES
1.5 L

CARL JUNG WINE
750 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
5.99
EACH

GLORIA
DILL PICKLES
SIELSKI'S
GHERKINS OR
S&F
MARINADES
200/750 ML/5 L
SELECTED VARIETIES

NUTRIFRUIT CANDY
350 G
KRAS
DORINA
CHOCOLATE
BARS
250 G
PODRAVKA
SPREAD
140 ML
SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.49
EACH

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD
3.99
EACH

ALL AISLES LEAD HOME KITCHENS OF THE WORLD



COCONUT
PRODUCT OF THE DOMINICAN REPUBLIC

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.48
EACH



YUCCA
PRODUCT OF COSTA RICA
2.16/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

98¢
/LB



WE LOVE LOCAL
Canada

GREEN THAI PEPPERS
PRODUCT OF CANADA
10.98/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

4.98
/LB



WE LOVE LOCAL
Canada

SCOTCH BONNET PEPPERS
PRODUCT OF CANADA
13.18/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

5.98
/LB



Zabiha Halal

ZABIHA HALAL FRESH WHOLE CHICKEN
AIR CHILLED
7.69/KG

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

3.49
/LB



THAI GOLD

THAI GOLD WHOLE PACIFIC WHITE SHRIMP
380 G FROZEN SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

7.49
EACH



ADONIS

ADONIS VEGETABLE OR HALAL BEEF KEBBE
540 G FROZEN SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

8.99
EACH



CRISPY PUNJABI COOKIES
17.34 KG SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

5.99
EACH



CASABLANCA

CASABLANCA COCONUT WATER
520 ML SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

1.48
EACH



MR MAKHANA

MR MAKHANA SNACKS
75 G SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

2.99
EACH



MAGGI

MAGGI SAUCES
340 ML SELECTED VARIETIES

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

3.49
EACH



Maggi

MAGGI NOODLES
70 G

ALL AISLES LEAD HOME
KITCHENS OF THE WORLD

39¢
EACH

PERSONAL CARE FOR LESS

ALWAYS PADS
20 - 35'S
TAMPAX
TAMPONS
28 - 36'S
SELECTED VARIETIES

head & shoulders
CLASSIC CLEAN CLASSIQUE
2 IN 1
370 mL

head & shoulders
DRY SCALP CARE
SOIN DU CUIR CHEVELU SEC
370 mL

HEAD & SHOULDERS HAIR CARE
370 ML
SELECTED VARIETIES

LOCKED DOWN **4.99** EACH

always MAXI
100% COTTON
5 PADS
30 PADS - 35 VARIETIES

TAMPAX PEARL
5 PADS
34 PADS - 36 VARIETIES

THIS WEEK ONLY **9.99** EACH

LISTERINE COOL MINT
LISTERINE MOUTHWASH
1 L
SELECTED VARIETIES

LISTERINE FRESHBURST
LISTERINE MOUTHWASH
1 L
SELECTED VARIETIES

THIS WEEK ONLY **6.79** EACH

TRESEMME SMOOTH
TRESemmé HAIR CARE
238 ML
SELECTED VARIETIES

LOCKED DOWN **5.99** EACH

Oral-B
CREST TOOTHPASTE
100 ML
ORAL-B TOOTHBRUSH
EACH
SELECTED VARIETIES

LOCKED DOWN **99¢** EACH

IVORY
IVORY BAR SOAP
10 X 90 G
BODY WASH
8.2 L
SELECTED VARIETIES

THIS WEEK ONLY **4.99** EACH

Old Spice
OLD SPICE BODY WASH
532 ML
SELECTED VARIETIES

2 IN 1
LOCKED DOWN **5.99** EACH

Depend
DEPEND UNDERWEAR OR POISE PADS
17 - 60'S
SELECTED VARIETIES

Poise
POISE PADS
29
LOCKED DOWN **17.99** EACH

CREST 3D WHITE TOOTHPASTE
70 ML
SELECTED VARIETIES

LOCKED DOWN **4.49** EACH

QUEST PROTEIN BAR
50 G
SELECTED VARIETIES

LOCKED DOWN **3.59** EACH

BOOST
NESTLÉ BOOST MEAL REPLACEMENT
6 X 237 ML
SELECTED VARIETIES

LOCKED DOWN **12.79** EACH

CLIF BAR
CLIF BAR
12 X 45 G
SELECTED VARIETIES

THIS WEEK ONLY **18.99** EACH

Jamieson IRON/FOLATE
JAMIESON CHEWABLE VITAMIN C OR D3
120 - 240'S
GENTLE IRON
90'S
SELECTED VARIETIES

LOCKED DOWN **8.49** EACH

Jamieson B12
JAMIESON B12 VITAMIN 100'S
MAGNESIUM
90'S
SELECTED VARIETIES

LOCKED DOWN **12.99** EACH

Jamieson OMEGA-3 SELECT
JAMIESON OMEGA-3 SELECT
200'S
CURCUMIN TURMERIC
90'S
SELECTED VARIETIES

LOCKED DOWN **17.99** EACH

REACTINE
REACTINE
30
SELECTED VARIETIES

THIS WEEK ONLY **23.49** EACH

NEW

pharmacy

OUR PHARMACISTS CAN ASSESS & TREAT MINOR CONDITIONS*

Speak with our pharmacist for details.
*Treatment options will be determined based on an assessment by our pharmacist and may not include a prescribed medication. Referral to another healthcare provider may be required.

Available at pharmacy locations only. Visit foodbasics.ca/pharmacy to find a location near you.

LOVE GOOD FATS
LOVE GOOD FATS PROTEIN BAR
30 G
SELECTED VARIETIES

LOCKED DOWN **2/\$4**

Ricola
RICOLA COUGH LOZENGES
19'S
SELECTED VARIETIES

LOCKED DOWN **2/\$6**

PreserVision
PRESERVISION AREDS 2 FORMULA
60
2
SELECTED VARIETIES

BAUSCH + LOMB PRESERVISION EYE VITAMINS
LOCKED DOWN **15.99** EACH

TYLENOL
TYLENOL
20'S
SELECTED VARIETIES

THIS WEEK ONLY **18.99** EACH

WEBBER NATURALS
WEBBER NATURALS OMEGA-3 FISH OILS
210'S
SELECTED VARIETIES

LOCKED DOWN **15.99** EACH

OLLY
OLLY MEN'S MULTI VITAMINS
90'S
SELECTED VARIETIES

LOCKED DOWN **16.99** EACH

COLD FX
COLD FX DAILY SUPPORT
60
2
SELECTED VARIETIES

LOCKED DOWN **22.99** EACH

VEGA ONE
VEGA ONE NUTRITIONAL SHAKE
837 G
SELECTED VARIETIES

LOCKED DOWN **47.99** EACH