

# Fred Meyer FRESH FOR EVERYONE™



**USDA CHOICE**

**MIX & MATCH  
BUY 1, GET 1  
FREE**  
of Equal or Lesser Value  
With Card

**Boneless Top Round London Broil**  
or Pork Spareribs, Bone-In

**Kroger Adorbs Seedless Mandarins**  
3 lb  
**\$3.49**  
With Card



**Fresh Heritage Farm Whole Chicken**  
**99¢** /LB  
With Card



**Fresh Wild-Caught Alaska Coho Salmon Fillets**  
**\$9.99** /LB  
With Card  
Subject to Fishing & Weather Conditions or Sea Scallops, 10-20 ct, Previously Frozen



**WEEKEND FREE-BEE!**  
**FREE Kroger Peanut Butter\***  
\*When you clip digital coupon & spend \$35+ on **SAT-SUN 9/21-9/22**. See coupon for details.

Scan me or visit [FredMeyer.com/promotions](http://FredMeyer.com/promotions) to download coupon.

**MILITARY DISCOUNT TAKE AN EXTRA 10% OFF**  
ON IN-STORE PURCHASES THURSDAY, SEPTEMBER 19  
For details & exclusions, visit [FredMeyer.com/military](http://FredMeyer.com/military)



**Cheetos**  
6.5-10 oz or Tostitos, 9-13 oz or Ruffles, 7.25-8.5 oz or Frito-Lay Baked Snacks, 6.25-7.63 oz; Select Varieties

**FINAL COST**  
When You Buy 4  
**\$2.49** /EA  
With Card

**FINAL COST**  
When You Buy 4  
Coca-Cola, Pepsi or 7UP  
**4/\$12**  
With Card



Select Varieties, 6-Pack, 16.9 fl oz Bottles, Plus Deposit Where Applicable  
When you buy 4 or more in the same transaction with Card. Quantities less than 4 are up to \$5.99 each.



**Kroger Gala, Fuji, Pink Lady or Granny Smith Apples**  
3 lb

**MIX & MATCH  
BUY 1, GET 1  
FREE**  
of Equal or Lesser Value  
With Card



**FINAL COST**  
When You Buy 5  
**5/\$10**  
With Card

Select Varieties, 5.25-12.875 oz When you buy 5 or more in the same transaction with Card. Quantities less than 5 are up to \$3.99 each with Card.

**MIX & MATCH  
BUY 1, GET 1  
FREE**  
of Equal or Lesser Value  
With Card

**Ben & Jerry's Ice Cream**  
16 fl oz or Popsicle Ice Pops or Frozen Confection Bars, 6-18 ct; Select Varieties



**Oroweat Bread**  
Select Varieties, 24 oz

**MIX & MATCH  
BUY 1, GET 1  
FREE**  
of Equal or Lesser Value  
With Card



Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

**Boneyard, Widmer or Pelican**  
**\$17.99**

**SALE DATES: Wed. September 18 - Tues. September 24, 2024.** Prices and items are effective at your local Fred Meyer store.  
Prices do not reflect the City of Seattle Sugar Sweetened Beverage Tax. Items plus deposit as per the Oregon Bottle Recovery Act.  
SELECTION MAY VARY BY STORE. LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.

# WEEKLY DIGITAL DEALS



Use each coupon  
**UP TO 5 TIMES**  
in one transaction\*

Scan me to  
download deals



Look for these tags.



Oscar Mayer Lunchables  
**\$1.49** /EA  
With Digital Coupon



2-4.4 oz or P3 Protein Packs,  
2-2.3 oz; Select Varieties  
Price without digital coupon  
is up to \$1.99 each with Card.



Private Selection  
Black Forest or  
Wildflower Honey Ham  
Sliced to Order  
or Grab N Go, In the Deli

**\$9.99** /LB  
With Digital Coupon  
Price without digital coupon  
is up to \$13.49 lb with Card.



Coca-Cola,  
Pepsi or 7UP  
**\$4.99** /EA  
With Digital Coupon

Select Varieties,  
12-Pack, 12 fl oz Cans,  
Plus Deposit Where Applicable  
Price without digital coupon  
is up to \$9.99 each with Card.



Jumbo  
Blueberries  
9.8 oz  
**\$3.49** /EA  
With Digital Coupon

Price without digital coupon  
is up to \$6.99 each with Card.



Kroger Butter  
2-Pack, 16 oz or  
Kroger Trail Mix, 30-36 oz;  
Select Varieties  
**\$5.99** /EA  
With Digital Coupon

Price without digital coupon  
is up to \$8.29 each with Card.



Kettle Brand  
Potato Chips  
6.5-7.5 oz or Ben's  
Original Ready Rice,  
8.47-8.8 oz;  
Select Varieties

**\$1.49** /EA  
With Digital Coupon  
Price without digital coupon  
is up to \$2.49 each with Card.



Aidells  
Dinner Sausage  
or Meatballs  
Select Varieties,  
12 oz

**\$4.49** /EA  
With Digital Coupon  
Price without digital coupon  
is up to \$5.49 each with Card.



Fred Meyer Milk  
or Kroger Chocolate  
Milk, Half Gallon;  
Select Varieties

**\$1.39** /EA  
With Digital Coupon  
Price without digital coupon  
varies by store.



Tillamook Cheese  
Select Varieties,  
32 oz Bar

**\$6.99** /EA  
With Digital Coupon  
Price without digital coupon  
is up to \$8.99 each with Card.



Kroger  
Apple Cider  
64 oz

**\$1.99** /EA  
With Digital Coupon  
Price without digital coupon  
is up to \$3.99 each with Card.



Green Mountain,  
Donut Shop or  
McCafé K-Cups  
10-12 ct or Nutpods  
Creamer, 25.4 fl oz;  
Select Varieties

**\$3.99** /EA  
With Digital Coupon  
Price without digital coupon  
is up to \$6.99 each with Card.

\*While supplies last.

EARN **4X FUEL POINTS** with digital coupon\*

On **FRIDAY** purchases

Visit  
FredMeyer.com/FuelEvent  
to download coupon.  
\*Exclusions apply.  
See coupon for details.

# WEEKLY DIGITAL DEALS

Use each coupon **UP TO 5 TIMES** in one transaction\*

Look for these tags.



Dove  
Body Wash  
**\$5.99**  
/EA  
With Digital Coupon



20 fl oz or Body Scrub, 10.5 oz or Deodorant, 3.8-4 oz or Bar Soap, 4 ct or Axe Premium Spray, 4 oz or L'Oréal Paris Ever Pure Shampoo or Conditioner, 6.8-8.5 fl oz or Voluminous Mascara, 1 ct; Select Varieties  
Price without digital coupon is up to \$8.99 each with Card.

Dreyer's  
Ice Cream  
**\$2.99**  
/EA  
With Digital Coupon



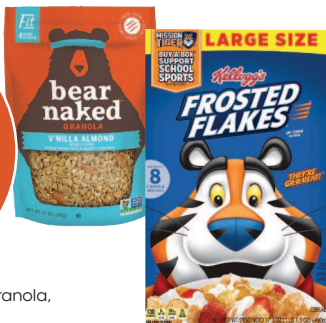
48 fl oz or Bubly Sparkling Water, 8-Pack, 12 fl oz; Select Varieties, Plus Deposit Where Applicable  
Price without digital coupon is up to \$3.99 each with Card.

Kroger  
Soft & Strong  
Bath Tissue  
**\$9.99**  
/EA  
With Digital Coupon



18 Mega Rolls or Brawny Paper Towels, 8 Double Rolls or Finish Dishwasher Tabs, 28-43 ct or Jet Dry Rinse Aid, 23 fl oz; Select Varieties  
Price without digital coupon is up to \$14.99 each with Card.

Kellogg's  
Large Size Cereal  
**\$2.49**  
/EA  
With Digital Coupon



12-20.9 oz or Bear Naked Granola, 11-12 oz; Select Varieties  
Price without digital coupon is up to \$3.99 each with Card.

Ensure  
Protein Shakes  
**\$7.99**  
/EA  
With Digital Coupon



Select Varieties, 4-6 Pack, 8-11 fl oz  
Price without digital coupon is up to \$11.99 each with Card.

Yankee  
Pillar Jar Candle  
Select Varieties, 14.25 oz  
**\$9.99**  
/EA  
With Digital Coupon



Price without digital coupon is up to \$14.99 each with Card.

\*While supplies last.

# FREE\* FLU VACCINES AVAILABLE NOW



Pharmacy



Visit [FredMeyer.com/vaccines](https://FredMeyer.com/vaccines) to schedule.

**Mention this offer at Pharmacy checkout to get EXTRA savings off your next grocery purchase\*\***

\$5 off your next purchase when you receive a Flu vaccine

**- OR -**

\$20 off your next purchase when you receive a Flu vaccine and any other vaccine in the same visit

\*Flu vaccines are covered by most insurance plans and are free to the recipient, check with your plan. \*\*Restrictions and exclusions apply. See pharmacy for details. Savings will be loaded to your card/account for use on a future grocery purchase. Limit 1 offer per person through November 2. State restrictions make this offer invalid in AR & AL.

# SAVE \$2 EACH WHEN YOU BUY 3 OR MORE.

**MIX & MATCH** 3 or more participating items with Card.



Find even more online!  
Scan me to shop all participating items.

\*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for these tags.



**Nabisco**  
Family Size  
Snack Crackers  
11.4-14 oz or  
Yoplait Yogurt,  
8 ct or Go-Gurt  
Yogurt, 20 ct;  
Select Varieties

5.49 With Card  
-2.00

**\$3.49**  
/EA\*

**General Mills**  
Large Size  
Cereal  
12-18.2 oz  
or Lactaid Milk,  
64 fl oz; Select Varieties

4.99 With Card  
-2.00

**\$2.99**  
/EA\*



5.99 With Card  
-2.00

**\$3.99**  
/EA\*

**Kellogg's**  
Giant Size Cereal  
19.2-34.2 oz or  
Arrowhead Mountain  
Spring Water, 24-Pack,  
16.9 fl oz; Select Varieties,  
Plus Deposit Where Applicable



4.29 With Card  
-2.00

**\$2.29**  
/EA\*

**Pop-Tarts**  
Select Varieties,  
12 ct



3.99 With Card  
-2.00

**\$1.99**  
/EA\*

**Lay's**  
Potato Chips

4.75-8 oz or Post Cereal,  
10-14.75 oz; Select Varieties



**Kroger**  
Bacon  
Sold in a 3 lb  
Package

16.97 With Card  
-2.00

**\$14.97**  
/EA\*



6.99 With Card  
-2.00

**\$4.99**  
/EA\*

**Jif Peanut Butter**  
40 oz or Blue Diamond  
Almonds, 16 oz or Dave's  
Killer Organic Bread,  
24-27 oz; Select Varieties

8.99 With Card  
-2.00

**\$6.99**  
/EA\*

**Starbucks**  
Coffee

10-12 oz Bag or K-Cups, 10 ct  
or Nature Valley or Fiber One  
Bars, 18-36 ct; Select Varieties



5.99 With Card  
-2.00

**\$3.99**  
/EA\*

**Best Foods**  
Mayonnaise  
Select Varieties,  
30 fl oz



7.99 With Card  
-2.00

**\$5.99**  
/EA\*

**Coffee-Mate**  
Creamer  
64 fl oz or Cooked  
Perfect Meatballs,  
18-28 oz;  
Select Varieties



**Gatorade**  
12-Pack, 12 fl oz  
or Rao's Pasta  
Sauce, 32 oz;  
Select Varieties,  
Plus Deposit  
Where Applicable

8.99 With Card  
-2.00

**\$6.99**  
/EA\*



6.99 With Card  
-2.00

**\$4.99**  
/EA\*

**Farm Rich**  
Appetizer  
14.3-22 oz or Snapple,  
6-Pack, 16 fl oz;  
Select Varieties,  
Plus Deposit  
Where Applicable



14.99 With Card  
-2.00

**\$12.99**  
/EA\*

**Dixie Ultra**  
Paper Plates  
100 ct or Lysol Laundry  
Sanitizer, 90 fl oz;  
Select Varieties



**Charmin**  
Bath Tissue  
12 Mega XL Rolls or  
Bounty Paper Towels,  
8 Double Plus Rolls;  
Select Varieties

20.99 With Card  
-2.00

**\$18.99**  
/EA\*



4.99 With Card  
-2.00



**\$2.99** /EA\*

**Ken's Salad Dressing**  
24 fl oz or Vital Farms Butter, 8 oz;  
Select Varieties



5.49 With Card  
-2.00

**Lance Sandwich Crackers**  
10 ct or Kraft Macaroni & Cheese Cups, 4 ct;  
Select Varieties

**\$3.49** /EA\*



6.99 With Card  
-2.00  
**\$4.99** /EA\*  
**Buitoni Family Size Tortellini**

20 oz or Farm Rich Frozen Meatballs, 20-26 oz or Kroger Peanut Butter, 64 oz; Select Varieties



7.99 With Card  
-2.00

**\$5.99** /EA\*

**Birds Eye Voila Family Size Entrée**  
42 oz or P.F. Chang's Entrée, 20-24 oz or Bertolli Frozen Entrée, 20-22 oz;  
Select Varieties

**SAVE \$2 EACH**  
**WHEN YOU BUY 3 OR MORE.**

**MIX & MATCH 3 or more participating items with Card.**

\*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags.



10.99 With Card  
-2.00

**\$8.99** /EA\*

**Just Bare Chicken**  
24 oz or Totino's Pizza Rolls, 100 ct;  
Select Varieties



3.49 With Card  
-2.00

**\$1.49** /EA\*

**Splash Refresher Flavored Water**



Select Varieties,  
6-Pack, 16.9 fl oz,  
Plus Deposit  
Where Applicable



4.69 With Card  
-2.00

**\$2.69** /EA\*

**Land O' Frost Bistro Lunch Meat**  
Select Varieties,  
6-8 oz



6.99  
-2.00

**\$4.99** /EA\*

**Snack Factory Pretzel Crisps**  
Select Varieties,  
14 oz. In the Deli



9.99 With Card  
-2.00

**\$7.99** /EA\*

**Smucker's Uncrustables**  
Select Varieties,  
10 ct



7.49 With Card  
-2.00

**\$5.49** /EA\*

**Kroger Storage Bags**  
50-80 ct or Mahatma Jasmine Rice, 5 lb;  
Select Varieties



19.99 With Card  
-2.00  
**\$17.99** /EA\*  
**Pet Pride Jerky**

24-32 oz or Tidy Cats Litter, 35 lb; Select Varieties



15.99 With Card  
-2.00

**\$13.99** /EA\*

**Gain Laundry Detergent**  
154 fl oz or Tide Laundry Detergent, 105 fl oz or Poise Pads, 22-66 ct;  
Select Varieties

# MIX & MATCH SAVE \$10 AN EXTRA

When you spend \$40 on participating  
Baby items with Card.\*

\*Participating item selection may vary by store. Discount applied at checkout with your Card.  
Items must be purchased in the same transaction.



## GROCERY ESSENTIALS



### Entenmann's Biggie Muffins or Donuts

6.88-21 oz or Sara Lee  
Honey Wheat Bread,  
20 oz; Select Varieties

**MIX & MATCH**  
**BUY 1, GET 1**  
of Equal or Lesser Value

**FREE**

With Card



### Bibigo Entrée

18-24 oz or Twin Marquis  
Dumplings, 16 oz;  
Select Varieties

**MIX & MATCH**  
**BUY 1, GET 1**  
of Equal or Lesser Value

**FREE**

With Card



### Sparkling Ice

17 fl oz or Starkist Tuna,  
2.6-3 oz Pouch or Bubly Burst,  
16.9 fl oz; Select Varieties,  
Plus Deposit Where Applicable

**10/\$10**

With Card



### Nabisco Family Size Oreo Cookies

Select Varieties,  
10.68-20 oz

**FINAL COST**  
When You Buy 2

**2/\$7**

With Card

When you buy 2 or more in the same  
transaction with Card. Quantities less than  
2 are up to \$4.49 each with Card.



### Kroger Cheese

Select Varieties,  
6-8 oz

**FINAL COST**  
When You Buy 3

**3/\$6**

With Card

When you buy 3 or more in the same  
transaction with Card. Quantities less than  
3 are up to \$2.49 each with Card.



### Arm & Hammer Laundry Detergent

100.5-105 fl oz  
or Power Paks, 42-44 ct;  
Select Varieties

**MIX & MATCH**  
**BUY 1, GET 1**  
of Equal or Lesser Value

**FREE**

With Card



**Dr Squatch  
Body Wash**  
14 fl oz or Starface  
Pimple Patches,  
32 ct; Select Varieties

**\$10.99**  
With Card

**Nature Made  
Supplements**  
14-300 ct or  
Nature's Bounty  
Supplements,  
25-360 ct or 2 fl oz;  
Select Varieties

**MIX & MATCH**  
**BUY 1, GET 1**  
of Equal or Lesser Value

**FREE**

With Card



**Downy  
Fabric Softener**

81-111 fl oz or Scent Booster,  
18.2 oz or Bounce  
Dryer Sheets, 240 ct;  
Select Varieties

When you buy 2 or more in the same transaction with Card.  
Quantities less than 2 are up to \$13.99 each with Card.



**FINAL COST**  
When You Buy 2

**2/\$20**

With Card



**Tuscany  
Jar Candle**  
Select Varieties,  
14 oz



**\$6.99**  
With Card

CHECK OUT THESE GREAT DEALS!



**SALE**  
LOCKED IN LOW PRICE  
**\$5<sup>99</sup>**  
With Card

Holiday Home®  
LED Plastic Pumpkin  
Reg. 11.99



SAVE \$450  
**399<sup>99</sup>**  
With Card

Lakeview Bryson 85" Sofa  
Reg. 849.99  
All Upholstered Furniture on sale



PRICE  
BLASTER  
OUR BEST PRICE!  
**497<sup>99</sup>**  
With Card

**3** HDMI connections  
**1** USB connection  
**60Hz** refresh rate  
**Wi-Fi** built-in

**65" SAMSUNG**  
SAVE \$332  
4K UHD HDR Smart TV  
UN65DU7200 Reg. 829.99  
All TVs on sale



Modavari Turkish  
Cotton Bath Towels  
**SAVE 50%**  
With Card  
Shown: Sale **9.99**



Toastmaster  
Appliances  
**SAVE 50%**  
With Card  
Shown: Sale **14.99**



# SAVE \$5 AN EXTRA

## When you spend \$15 on participating Beauty, Personal Care and Cosmetics items with Card.\*

\*Participating item selection may vary by store. Discount applied at checkout with Card. Items must be purchased in the same transaction.



**Sensodyne Toothpaste**  
3.4-4 oz or Listerine Mouthwash,  
33.8 fl oz or Gillette Disposable Razors,  
2-4 ct; Select Varieties

# \$6<sup>99</sup>

With Card



**Dr. Teal's Epsom Salt**  
3 lb or Secret Deodorant,  
2.6 oz or Neutrogena Wipes,  
25 ct; Select Varieties

# \$5<sup>99</sup>

With Card



**Dove Men's  
Body Wash**  
Select Varieties,  
30 fl oz

# \$10<sup>99</sup>

With Card

Always  
Flex-Foam Pads  
**\$9<sup>99</sup>**

With Card



18-36 ct or Eos Body Lotion,  
16 fl oz; Select Varieties



**Revlon Colorsilk Hair Color**  
1 ct or Crest Pro-Health  
Toothpaste, 4.3 oz or Oral B  
Floss Picks, 75 ct; Select Varieties

# \$3<sup>99</sup>

With Card



**Kroger  
Adult Incontinence  
Underwear**  
Select Varieties,  
12-18 ct

# \$9<sup>49</sup>

With Card

# TAILGATING MUST-HAVES

Find more game day deals & recipes at [FredMeyer.com/Football](http://FredMeyer.com/Football)

**25% OFF**  
Tag Reflects Savings With Card  
**Flank Steaks**  
Value Pack or Boneless Pork Half Loins



**Kroger Boneless Chicken Breasts**  
3 lb or Kroger 80% Lean Beef Patties, 2 lb; Select Varieties, Frozen  
**\$9.99**  
With Card



**Kroger Mini Sweet Peppers**  
2 lb  
**\$5.99**  
With Card



**Fresh Baked Chocolate Chip Cookies**  
or Other Varieties, 12 ct, In the Bakery  
**BUY 1, GET 1**  
of Equal or Lesser Value  
**FREE**  
With Card



**Home Chef Fried or Baked Chicken**  
8-Piece, Includes: 2 Breasts, 2 Thighs, 2 Wings & 2 Drumsticks, Fully Cooked, In the Deli  
**\$9.99**



**Franz or Ball Park Buns**  
8 ct or Heinz Ketchup, 14-20 oz; Select Varieties  
**\$3.49**  
With Card



**Pepsi**  
24-Pack, 12 fl oz Cans or Gatorade 18-Pack, 12 fl oz Bottles, Select Varieties, Plus Deposit Where Applicable  
**\$10.99**  
With Card

**Kingsford Original Charcoal**  
16 lb or Match Light Charcoal, 12 lb; Select Varieties  
**\$9.99**  
With Card



**Buoy, Mike's Hard Lemonade or Pfriem**  
Select Varieties, 6-Pack, 11.2-12 fl oz Bottles or Cans, Plus Deposit Where Applicable  
**\$9.99**



**\$4.99**  
With Card  
**Party Size Ruffles**  
12.5-13 oz or Tostitos, 14.5-20 oz or Fritos, 15.5 oz; Select Varieties

Seasonal selection varies by store and is limited to stock on hand.

**MIX & MATCH**

EVERYDAY DISCOUNT **10% OFF**  
ANY 6 750 ML OR 1.5 LITERS BOTTLES OF WINE

\*SAVE 10% Every day when you purchase 6 bottles of wine or more with Card. Mix and Match 6 bottles, 750ml or 1.5 Liter size. Limit one discount per transaction. Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.



Deschutes, Truely or Sierra Nevada  
**\$19.99**

Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable



Coors or Miller  
Select Varieties, 30-Pack, 12 fl oz Cans, Plus Deposit Where Applicable

**\$26.99**



14.99 EA  
-10%  
With Card

**\$13.49** /EA\*

Erath, Stoller or King Estate  
Select Varieties, 750 ml



12.99 EA  
-10%  
With Card

**\$11.69** /EA\*

A to Z, Wine by Joe or Acrobat  
Select Varieties, 750 ml



Velveteen Bouquet

**\$9.99**

Yellow Peaches or Red or Black Plums

**\$2.49** /LB  
With Card



**\$2.79**

With Card  
Strawberries  
16 oz



Taylor Farms Chopped Salad Kits  
Select Varieties, 8-13.5 oz

**3/\$11**

With Card

**GUARANTEED FRESH**

**\$3.99** /LB

With Card  
80% Lean Ground Beef

Sold in a 3 lb Roll for \$11.97 or Jennie-O 93% Lean Ground Turkey, 16 oz Package for \$3.99 each



Hillshire Small Plates  
2.76-2.8 oz or Private Selection  
Snack Boards, 2.7 oz; Select Varieties  
With Card

**2/\$6**



Farmland Bacon  
Select Varieties, 12-16 oz  
With Card

**\$4.99**



USDA CHOICE

Ribeye Steaks  
**\$13.99** /LB  
With Card

Bone-In or Boneless Flat Iron Steaks, \$11.99 lb; Value Pack

Snow Crab Clusters  
Previously Frozen

**\$8.99** /LB  
With Card



Colossal Shrimp  
13-15 ct, Raw, Sold in a 2 lb Bag for \$15.98

**\$7.99** /LB  
With Card

**DELI & BAKERY**

Order party trays, cakes and more at [FredMeyer.com/fresh](http://FredMeyer.com/fresh)

Private Selection Pumpkin Spice Filled Croissants  
Large, 4 ct or Other Varieties, 4-12 ct

**\$4.49**

With Card



**NEW!**



HOME CHEF

Home Chef White Chicken Chili  
or Other Varieties, 24-32 oz

**\$6**

With Card

**NEW!**

# BOTTLES & BREWS

11.99 EA  
-10%  
With Card

**\$10.79** /EA\*

Kendall-Jackson,  
Josh Cellars or  
Korbel

Select Varieties, 750 ml



Franzia  
or Peter Vella  
Select Varieties,  
5 Liters

**\$15.99**



7.99 EA  
-10%  
With Card

**\$7.19** /EA\*

Cook's, Pacific Rim  
or Dark Horse  
Select Varieties, 750 ml



19.99 EA  
-10%  
With Card

**\$17.99** /EA\*

Meiomi, Rodney Strong  
or Four Graces  
Select Varieties, 750 ml



Budweiser  
**\$24.99**

Select Varieties,  
30-Pack, 12 fl oz Cans,  
Plus Deposit Where Applicable



**\$18.99**

White Claw, Corona  
or Twisted Tea  
Select Varieties, 12-Pack, 12 fl oz  
Bottles or Cans, Plus Deposit  
Where Applicable



\*SAVE 10% Every day when you purchase 6 bottles of wine or more with Card.  
Mix and Match 6 bottles, 750ml or 1.5 Liter size. Limit one discount per transaction.  
Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.

MIX & MATCH

EVERYDAY DISCOUNT **10% OFF** ANY 6 750 ML OR 1.5 LITERS BOTTLES OF **WINE**



# SAVE MORE WITH DIGITAL COUPONS

Use each coupon **up to 5 times** in one transaction with Card.\*

Download coupons at [FredMeyer.com/5Xcoupons](http://FredMeyer.com/5Xcoupons)



**2.49** With Card  
**-1.00** Off 1  
DIGITAL COUPON OFFER  
**\$1.49** /EA\*



**Progresso Soup**  
Select Varieties, 18-19 oz



**3.79** With Card  
**-1.00** Off 1  
DIGITAL COUPON OFFER

**\$2.79** /EA\*

**Tree Top Juice**  
Select Varieties,  
64 fl oz



**3.99** With Card  
**-1.00** Off 1  
DIGITAL COUPON OFFER

**\$2.99** /EA\*

**Philadelphia Cream Cheese Spread**  
Select Varieties,  
7.5-8 oz



**4.49** With Card  
**-1.00** Off 1  
DIGITAL COUPON OFFER

**Outshine Fruit Bars**  
Select Varieties,  
5-6 ct

**\$3.49** /EA\*



**Sara Lee Artesano Bread**  
20 oz or  
Country Crock Spread,  
8-15 oz; Select Varieties



**3.49** With Card  
**-1.00** Off 1  
DIGITAL COUPON OFFER

**\$2.49** /EA\*



**Activia Yogurt**  
Select Varieties,  
4-Pack, 4 oz

**2/\$6** With Card  
**-2.00** Off 2  
DIGITAL COUPON OFFER

**2/\$4**



**Monster Energy Drink**  
4-Pack, 15.5-16 fl oz  
or Dasani Water, 32-Pack,  
16.9 fl oz; Select Varieties,  
Plus Deposit Where Applicable

**7.99** With Card  
**-2.00** Off 1  
DIGITAL COUPON OFFER

**\$5.99** /EA\*

# CELEBRATE ROSH HASHANAH!

Find everything you need to ring in the Jewish New Year at [FredMeyer.com/Rosh-Hashanah](http://FredMeyer.com/Rosh-Hashanah)



LOCAL

Organic  
Leeks or Beets

**\$2<sup>99</sup>**  
/EA  
With Card



Pomegranates

**\$3<sup>99</sup>**  
/EA  
With Card



Fresh Wild-Caught  
Alaska Halibut Fillets

Subject to Fishing &  
Weather Conditions

**\$18<sup>99</sup>**  
/LB  
With Card



Chocolate Fudge  
Iced Double Layer  
Cake

8", In the Bakery

**\$15<sup>99</sup>**  
With Card

Seasonal selection varies by store and is limited to stock on hand.



Gefen  
Honey Bear  
12 oz

**\$6<sup>99</sup>**  
With Card



Kedem  
Grape Juice  
Select Varieties,  
64 fl oz

**\$9<sup>99</sup>**  
With Card



Yehuda Yahrzeit  
Memorial Candle  
2.65 oz

**4/\$5**  
With Card

**SAVE 30%**

Tag Reflects Savings With Card  
Halloween Décor, Treat Carriers, Pumpkin Carving, Plush and more

**FOOD, FUN & FRIGHTS!**

Shop all Spooktacular savings at [FredMeyer.com/Halloween](http://FredMeyer.com/Halloween)



**Holiday Home LED Burlap Pumpkin**  
Select Varieties, 15.5"  
**\$17.49**  
With Card



**Halloween Squishmallow**  
Select Varieties, 12"  
**\$13.99**  
With Card



**Holiday Home LED Fall Wreath**  
Select Varieties, 22"  
**\$19.99**  
With Card



**Blacklight Reactive Pose N Stay Skeleton**  
Select Varieties, 60"  
**\$39.99**  
With Card



**Haribo Goldbears**  
Treat Size  
9.5 oz  
**\$3.49**  
With Card



**Brach's Candy Corn or Autumn Mix**  
40 oz  
**\$6.99**  
With Card



**Laffy Taffy, Nerds or Trolli Candy**  
Select Varieties, 4.8-12 oz  
**\$3.99**  
With Card



**Smarties Candy**  
19 oz or Tootsie Caramel Apple Pops, 9.4-12.7 oz; Select Varieties  
**\$4.49**  
With Card



**Hershey's Snack Size Candy**  
Select Varieties, 9-11.6 oz  
**\$2.99**  
With Card



**Hi-Chew Candy**  
Select Varieties, 11.65-12.7 oz  
**\$5.99**  
With Card



**Sour Patch Kids Spooky Mix**  
65-Piece  
**\$11.99**  
With Card

Seasonal selection varies by store and is limited to stock on hand.

# PICK UP EVERYTHING FOR GAME DAY!



**Fred Meyer**

# MARINERS REWARDS

Visit [FredMeyer.com/Mariners](http://FredMeyer.com/Mariners) for details

## HERE'S HOW IT WORKS...

### 1. LOOK FOR THE TAGS

Look for the Mariners logo on tags for participating items throughout the store. When you purchase Rewards items, you earn 1 point for every dollar you spend.

### 2. EARN POINTS AND REDEEM FOR...

Mariners tickets, experiential pricing, apparel and more!

Look for these tags.

