



Optimum™

MEMBERS SAVE MORE.



click or visit
pcoptimum.ca
to become a member

See back page for details.

Optimum
20,000 = **\$20**
Value!
for every \$100*
spent on

**BABY DIAPERS,
TRAINING PANTS,
WIPES, FOOD,
FORMULA,
ACCESSORIES OR
TOILETRIES**

EXCLUSIONS APPLY
21200370_EA/21551525_EA
*At least \$20 value in points



Optimum

Members-Only Price™

1.99

Non-members

3.49

Members save

\$1.50

**NO NAME®
NATURALLY IMPERFECT™
FROZEN FRUIT**

SELECTED VARIETIES FROZEN
400 G
21545097_EA/21545106_EA



Optimum

Members-Only Price™

1.99

Non-members

3.99

Members save

\$2

PALMOLIVE DISH SOAP
SELECTED VARIETIES
591/828 ML
20861400_EA/21004388_EA



APP EXCLUSIVE OFFER

Open your PC Optimum® app or visit pcoptimum.ca to get the offer

34.99

Optimum
10,000 = **\$10**
Value

**PC® OR NO NAME®
SINGLE SERVE
COFFEE PODS**

SELECTED VARIETIES
72/102'S
2111235_EA/21593380_COI



SEPTEMBER

HIT OF THE MONTH

LIMIT 6
AFTER LIMIT
1.69 EA.



95¢

UNICO LIGHT TUNA
IN OIL
99 G
20009525_EA



Optimum
Members-Only Price*
1.77
Non-members
\$2

QUAKER CHEWY
GRANOLA BARS
SELECTED VARIETIES
120 G
21359366_EA/21359369_EA

LIMIT 4
AFTER LIMIT
4.50 EA.



\$3.50

SUNRISE BOLOGNA
SELECTED VARIETIES
375 G
20806936_EA/20806938_EA

LIMIT 6
AFTER LIMIT
2.49 EA.



\$2

HUGGIES UNSCENTED
1X WIPES
SELECTED VARIETIES
56/64'S
20557596_EA/21580715_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.
*Must be a registered PC Optimum member to get this offer.
Valid from September 1 - 30, 2024. While quantities last. See in-store for details.

SUPER COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

CLICK FOR THESE
COUPONS AND MORE



5,000 points

When you spend \$30 or more on in-store Fresh Fruits or Vegetables

Ends on October 2nd, 2024



2,000 points

When you buy 2 PC® flatbreads 330-395 g or Thin Crust 343-397 g pizza, selected varieties, frozen

Ends on October 2nd, 2024



2,000 points

When you buy 2 PC® Naan 2 pk traditional or garlic 250 g

Ends on October 2nd, 2024



1,000 points

When you buy 2 PC® The Decadent® Chocolate Chip Cookie selected varieties 280/300 g

Ends on October 2nd, 2024



\$2 off

PC® Pub Recipe chicken strips, fully cooked, 1.4 kg

Ends on October 2nd, 2024



\$5 off

Pinty's Honey Garlic or Buffalo Chicken Wings valid on 780 g

Ends on October 2nd, 2024



\$1 off

PC® pasta, selected varieties 454 g

Ends on October 2nd, 2024



\$5 off

Huggies Skin Essentials Diapers or Training Pants Any variety

Ends on October 2nd, 2024



5,000 points

When you spend \$30 or more on Pet Department, Includes Pet Food, Treats, Toys & Supplies

Ends on October 2nd, 2024

NEW NEW NEW WAYS TO SAVE

PRICE DROP

FRESH PROMISE

MEMBERS SAVE MORE

no name®

HIT OF THE MONTH

IN STOCK PROMISE

MULTI BUY

ALWAYS \$

CLUB SIZE

SAVE 46% **HOT DEALS**

2⁴⁹ LB
5.49/KG

PORK LOIN COMBINATION CHOPS, SIRLOIN AND RIB PORTION BONE-IN
20402343_EA

SAVE 43% **HOT DEALS**

2⁹⁹ LB
6.59/KG

WHOLE CHICKEN
20302490

SALE

8⁹⁹ LB
19.82/KG

COD FILLETS
FRESH OR PREVIOUSLY FROZEN
FAMILY SIZE
20402319_EA

CLUB SIZE

SAVE 1.00 **HOT DEALS**

3⁴⁹

RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
170 G
2032838001_EA

SAVE 1.50

4⁹⁹

ATLANTIC CHOICE FRESH PORK SAUSAGES
SELECTED VARIETIES
375-500 G
21320588_EA
21320592_EA

MULTI BUY **HOT DEALS**

2/\$3
OR \$1.89 EA.

COCA-COLA, CANADA DRY OR PEPSI SOFT DRINKS
SELECTED VARIETIES
2 L
2029820002_EA
20316020002_EA

SAVE 1.50

3⁴⁹ **PKG OF 3**

ROMAINE HEARTS
3'S PRODUCT OF CANADA OR
DRAGONFRUIT
EACH PRODUCT OF VIETNAM
2048295001_EA/2048295002_EA

SAVE 1.00

5⁹⁹

LIBERTÉ GREEK YOGURT 650/750 G OR
YOPLAIT SOURCE YOGURT 16X100 G
SELECTED VARIETIES
2031717002_EA/206427723_EA

SALE **HOT DEALS**

2⁹⁹

MCCAIN SUPERFRIES OR SPECIALTY POTATOES 454-800 G
OR **PC* FROZEN VEGETABLES** 400-750 G
SELECTED VARIETIES, FROZEN
20318915_EA/20324328002_EA

SALE

5⁷⁷

CRACKER BARREL CHEESE BARS 400 G,
SHREDS 250-320 G OR
PC* SHREDS 250-320 G
SELECTED VARIETIES
21290257_EA/21290616_EA

MULTI BUY

2/7⁵⁰
OR \$4.29 EA.

COUNTRY HARVEST BREAD OR BAGELS
SELECTED VARIETIES AND SIZES
21178571_EA
21178640_EA
21178642_EA

SAVE AT LEAST 2.00 **HOT DEALS**

6⁹⁹

1,000⁰⁰ - \$1 Value

ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS,
TIGER TOWELS PAPER
TOWELS 3=6 ROLLS OR
FACIAL TISSUE 6'S
SELECTED VARIETIES
21363770_EA/215484702_EA

SALE

32⁹⁹

PAMPERS ECONO PACK DIAPERS
SELECTED VARIETIES
SIZE N-8, 50-180'S
21551643_EA



September 12-15
Help feed kids in your community

*Participating grocery stores across Canada will collectively donate a maximum of \$2,000,000. Excludes purchase of PC branded alcohol. See in store for details.



DOMINION

SAVE 33%

PRICE DROP!

\$2

CAMPBELL'S READY TO SERVE
SELECTED VARIETIES
315 ML
21479034_EA
21479030_EA

SALE

PRICE DROP!

\$2

DARE VEGGIE CRISPS
SELECTED VARIETIES
100 G
20973368_EA
20973370_EA

SAVE 1.00

PRICE DROP!

\$3

LIBERTÉ MÉDITERRANÉE
YOGURT
SELECTED VARIETIES
500 G
21473714_EA
21473564_EA

Optimum

Members-Only Price*

4.99

Members save \$1.50

Non-members 6.49

CLOVER LEAF SOCKEYE SALMON
213 G
2174801_EA

Optimum

Members-Only Price*

2.49

Members save 80¢

Non-members 3.29

PEPPERIDGE FARM GOLDFISH CRACKERS
SELECTED VARIETIES
156-227/5X28 G
20300320_EA
21572395_EA

Optimum

Members-Only Price*

5.99

Members save \$3

Non-members 8.99

BLUEWATER FISH, SHRIMP OR AIR FRIED
SELECTED VARIETIES, FROZEN
210-500 G
2031045004_EA
20316252003_EA

Optimum

Members-Only Price*

\$5

Members save 50¢

Non-members 5.50

BASSE MIX
SELECTED VARIETIES
415-600 G
21158597_EA
21524508_EA

Optimum

Members-Only Price*

3.99

Members save 50¢

Non-members 4.49

KELLOGG'S CEREALS
SELECTED VARIETIES
247-451 G
20599279_EA
21450814_EA

Optimum

Members-Only Price*

10.99

Members save \$3.40

Non-members 13.99

NESTLÉ MINIS 50'S OR KITKAT 40'S
SELECTED VARIETIES
21451027_EA
21570808_EA

SAVE 1.00

4.49

Optimum

1,000 **Value**

Simply Juice or Drinks
SELECTED VARIETIES
1.54L
21049048_EA/210592204_EA

SALE

5.99

SCOTSBURN PREMIUM ICE CREAM 1.5L OR SUPER NOVELTIES 6-20'S
SELECTED VARIETIES, FROZEN
20105332_EA
21043323_EA

SAVE 5.00

HOT DEALS

5.99

LARSEN WIENERS
SELECTED VARIETIES
500 G
20485278_EA
20485322_EA

SAVE 2.50

HOT DEALS

5.99

LACTANTIA BUTTER
SELECTED VARIETIES
454 G
20439926_EA

SALE

2.79

DARE BEAR PAWS COOKIES
SELECTED VARIETIES
150-240 G
21040779_EA
21283252_EA

SAVE 1.00

5.99

GIUSEPPE PIZZA
SELECTED VARIETIES
FROZEN
439-785 G
20904584_EA
21104341_EA

SAVE 50%

HOT DEALS

99¢

CAMPBELL'S TOMATO, CREAM OF MUSHROOM, VEGETABLE OR CHICKEN NOODLE SOUP
284 ML
2017621A001_EA
2017621A004_EA

6.49

Optimum

1,000 **Value**

PC'S SPICES
SELECTED VARIETIES
7-82 G
21172298_EA
21173732_EA

SALE

2.99

ITALPASTA
SELECTED VARIETIES
900 G
20081342003_EA
20081342007_EA

SAVE 2.00

PC PAPER TOWELS
CLUB SIZE
12 ROLLS
21556605_EA

21.99

Optimum

2,000 **Value**

PC'S SUPER absorbants
CLUB SIZE

\$25

PC MUM WITH GRASS PLANTER
SELECTED VARIETIES
13 INCH
20501301_EA

\$17

FARMER'S MARKET MUM HANGING BASKET
SELECTED VARIETIES
13 INCH
20460353_EA

CUSTOMER RELATIONS 1-866-727-0771. VISIT newfoundlandgrocerystores.ca FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements, regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements.

PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See newfoundlandgrocerystores.ca for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. ** Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. \$PRICE DROP offer valid in-store at participating locations between September 12 - October 16, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.



DA BACK

SUPER FRESH

**FRESH
PROMISE**

**If it's not fresh,
it's free.***

4⁹⁹

CANTALOUPE
PRODUCT OF CANADA OR U.S.A.
EACH
304767901_EA



3⁹⁹

PINEAPPLE
PRODUCT OF COSTA RICA
EACH
3046993001_EA



**MULTI
BUY**

2/\$6
OR \$3.49 EA.

**CANADA
PC[®] ORGANICS
CREMINI OR WHITE
MUSHROOMS**
PRODUCT OF CANADA
227 G
31021963_EA
31021659_EA



3⁹⁹

**CANADA
FARMER'S MARKET[™]
CARROTS OR
YELLOW ONIONS**
PRODUCT OF CANADA
CANADA NO. 1 GRADE
3 LB BAG
3046992001_EA
3047994001_EA



7⁹⁹

**FARMER'S MARKET[™]
GRAPE TOMATOES**
PRODUCT OF CANADA OR U.S.A.
907 G
3046993001_EA



SALE

5⁹⁹

**CANADA
FARMER'S MARKET[™]
MINI CUCUMBERS**
PRODUCT OF CANADA
11'S
3107967001_EA



6⁹⁹

**CANADA
NO NAME[®] NATURALLY
IMPERFECT[™] GREEN
PEPPERS**
PRODUCT OF CANADA
2.5 LB BAG
3046999001_EA



**MULTI
BUY**

2/\$12
OR \$6.99 EA.

1,000[®]

when you buy 2

**\$1
Value**

**TAYLOR FARMS
CHOPPED SALAD KITS**
PRODUCT OF U.S.A.,
SELECTED VARIETIES
287-383 G
31333103_EA/31333107_EA



**MULTI
BUY**

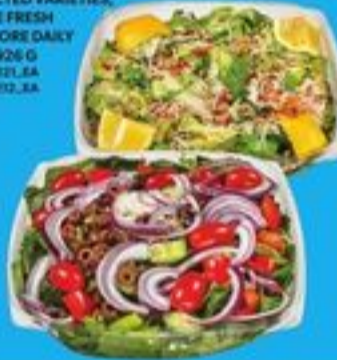
2/\$9
OR \$4.99 EA.

**MANN'S SNAP
OR SNOW PEAS**
PRODUCT OF U.S.A.
170/227 G
30732943_EA/30732944_EA



\$10-12

LARGE SALADS
SELECTED VARIETIES,
MADE FRESH
IN-STORE DAILY
498-926 G
31043221_EA
31043210_EA



12⁴⁹
LB
27.54/KG

**CANADA
TOP SIRLOIN ROAST**
CUT FROM CANADA AA GRADE
BEEF OR HIGHER
30796094_KG



3⁹⁹
LB
8.50/KG

**CHICKEN
DRUMSTICKS
OR THIGHS**
FAMILY SIZE
30707353_KG/30707407_KG



**CLUB
SIZE**

\$7

**BREADED PORK LOIN
SCHNITZEL**
PREPARED IN-STORE
300 G
31588061_EA



6⁹⁹
LB
15.41/KG

LEAN GROUND BEEF
FAMILY SIZE
30798281_KG



**CLUB
SIZE**

7⁹⁹

**MARCANGELO JUMBO
PORK SAUSAGE**
SELECTED VARIETIES
FROZEN
500-675 G
31389731_EA/31389862_EA



**SAVE
1.80**

**HOT
DEALS**

5⁹⁹
LB
13.21/KG

SPLIT CHICKEN WINGS
FAMILY SIZE
30707048_KG



**CLUB
SIZE**

3/10⁹⁸
OR \$4.29 EA.

**SCHNEIDERS
LUNCHMATE
STACKERS OR KITS**
SELECTED VARIETIES
90-132 G
31306034_EA/30770777_EA



8⁹⁹

**SUFRA[®] HALAL LEAN
GROUND BEEF**
454 G
31977383_EA



SALE

6⁹⁹

**PC[®] NATURALLY
SMOKED BACON**
375-500 G OR PC[®] STREET
CART SAUSAGE 600 G
SELECTED VARIETIES
30132629_EA
31020442_EA



\$15

PC[®] BURGERS
SELECTED VARIETIES
FROZEN
568 G-1.36 KG
30943230_EA/30943443_EA



**ALWAYS
\$7**

**PC[®] PUB RECIPES[®]
OR GLUTEN-FREE
CHICKEN**
SELECTED VARIETIES
FROZEN
600/700 G
31013106_EA
31043212_EA



**SAVE
7.00**

**HOT
DEALS**

21⁹⁹
LB
48.48/KG

SEA SCALLOPS
PREVIOUSLY FROZEN,
FRESH
FAMILY SIZE
25-35 PER LB
31443063_KG



**CLUB
SIZE**

**SAVE
1.00**

6⁴⁹

**CANADIAN
COVE MUSSELS**
FRESH
907 G
31516624_EA



**SAVE
AT LEAST
1.00**

8⁹⁹

**PC[®] PACIFIC LARGE
WHITE SHRIMP RAW**
ZIPPERBACK[®] 31-40 PER LB
400 G OR JUMBO WILD
ARGENTINIAN SHRIMP
RAW ZIPPERBACK[®] 21-30
PER LB 340 G FROZEN
30798884_EA/31332384_EA



10⁹⁹

**PC[®] SHRIMP HORS
D'OEUVRES**
SELECTED VARIETIES
FROZEN
300-454 G
30135814_EA
30979801_EA



*Fresh Promise: Applicable to eligible fresh produce items purchased at Dominion store locations or online at newfoundlandgrocerystores.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Dominion store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

SUPER FRESH

SALE

\$4

NATIONAL CINNAMON RAISIN BREAD DAY SEPT. 16TH

CINNAMON RAISIN BREAD
BAKED IN-STORE
550 G
2072432_EA



BUY 1

ACE BAKERY PANE RUSTICO OR SOURDOUGH MICHE
SELECTED VARIETIES

700 G
2160982_EA/2162444_EA
6.49

GET 1 FREE

ACE BAKERY DEMI-BAGUETTE
SELECTED VARIETIES
600/700 G
2090953_EA
FROM
2.99-3.29



SALE

6⁹⁹

FARMER'S MARKET HOMESTYLE TARTS
SELECTED VARIETIES
6/12'S
20308897_EA



\$4

PREMIUM BAGELS
SELECTED VARIETIES
BAKED IN-STORE
6'S
2066448_EA



SALE

\$7

FARMER'S MARKET SQUARES
SELECTED VARIETIES
400/450 G
2074901_EA



MULTI BUY

2/\$7
OR \$3.99 EA.

WONDER OR D'ITALIANO BREAD OR BUNS
SELECTED VARIETIES
AND SIZES
2002745_EA/2030924_EA
2062695_EA



SALE

2⁷⁹

PC® OR BLUE MENU® ENGLISH MUFFINS
SELECTED VARIETIES
6'S
2061076_EA/2166273_EA



4⁴⁹

PC® HOT CROSS BUNS
565 G
2077822_EA



BUY 1

BUY A LARGE IN-STORE PREPARED PASTA TRAY
1-1.2 KG
2159979_EA
12-16

GET 1 FOIL GARLIC LOAF
330 G
2162061_EA

FOR \$2



SALE

2⁹⁹
/100 G

PC® HAM SERVICE CASE
SELECTED VARIETIES
2030726_EA



BUY 1

FROM OUR CHEFS™ SOUP
SELECTED VARIETIES
700 ML
2160198_EA
8.99

GET 25% OFF 1

FROM OUR CHEFS™ PIE OR QUICHE
SELECTED VARIETIES
150-600 G
2157968_EA



SAVE 1.00

6⁹⁹

TRE STELLE BOCCONCINI 200 G OR RICOTTA 475 G
SELECTED VARIETIES
20093632_EA/20338843_EA



MULTI BUY

2/\$10
OR \$5.99 EA.

HOT DEALS

PC® GOAT CHEESE
SELECTED VARIETIES
140 G
20294631_EA/20320235_EA



SAVE AT LEAST 1.00

10⁹⁹

BABYBEL 12'S OR THE LAUGHING COW 24'S
SELECTED VARIETIES
20306091_EA/20306030_EA



3,000⁰⁰ = \$3 Value!
for every \$10* spent on

LARGE CLASSIC 423 G OR PREMIUM 330 G SALADS
SELECTED VARIETIES
21607828_EA/21609061_EA
*At least \$3 value in purchase



\$8

INDIVIDUAL CHICKEN COMBO WITH WEDGES
361-530 G
21622538_EA



\$4

ZIGGY'S SLICED DELI MEAT
SELECTED VARIETIES
175 G
21590275_EA/21593461_EA



SALE

5⁴⁹

PC® SALSA
SELECTED VARIETIES
300/430 G
20929275_EA/21648092_EA



ALWAYS PRICED RIGHT

SHOP NOW



BUTTERMILK CHICKEN BREAST PIECES
1.2 KG
21372692_EA

ALWAYS
\$10



PEPPERONI PIZZA SNACK
1.2 KG
21560713_EA

ALWAYS
\$10



CHICKEN STRIPS
1.5 KG
21447587_EA

ALWAYS
\$10



LEAN GROUND BEEF
1.1 KG
21526928_EA

ALWAYS
\$10



CHICKEN FRIES
1.5 KG
21526219_EA

ALWAYS
\$10



CHICKEN NUGGETS
1.5 KG
21447595_EA

ALWAYS
\$10



BREADED DILL PICKLE SPEARS
1 KG
21523900_EA

ALWAYS
\$10



CHICKEN BALLS
1.13 KG
21469397_EA

ALWAYS
\$10



BREADED CHICKEN BURGER
1.5 KG
21444441_EA

ALWAYS
\$10



ITALIAN MEATBALLS
1.5 KG
21526930_EA

ALWAYS
\$10



SMOKED HASHBROWNS
1 KG
21525663_EA

ALWAYS
\$10



CHICKEN EGG ROLLS
1.2 KG
21444997_EA

ALWAYS
\$10



WILD PINK SALMON PORTIONS
FROZEN
650 G
21473104_EA

ALWAYS
\$10



WILD SOLE FILLETS
FROZEN
908 G
21193311_EA

ALWAYS
\$10



BASA FILLETS
908 G
21473748_EA

ALWAYS
\$10

September 12-15



Help feed kids in your community

*Participating grocery stores across Canada will collectively donate a maximum of \$2,000,000. Excludes purchase of PC-branded alcohol. See in store for details.

MULTI BUY
2/\$8
OR \$4.49 EA.

PC® DECADENT® CHOCOLATE CHIP COOKIE
SELECTED VARIETIES
280/300 G
20613257_EA
20612260_EA

THE DECADENT CHOCOLATE CHIP COOKIE

THE DECADENT CHOCOLATE CHUNK COOKIE
300 g

MULTI BUY
2/\$10
OR \$5.99 EA.

PC® FROZEN FRUIT
SELECTED VARIETIES
FROZEN
300-600 G
2032227_EA
20970933_EA

STRAWBERRIES FRAISES
TRANCHEES

BERRIES & CHERRIES
BAIES ET CERISES

MULTI BUY
2/\$5
OR \$2.99 EA.

PC® SCALLOPED CRACKERS
SELECTED VARIETIES
185 G
2060388001_EA
2060388002_EA

CRACKERS ROSEMARY
ROMARIN

CRACKERS GARLIC
AIL

MULTI BUY
2/\$6
OR \$3.49 EA.

PC® WORLD OF FLAVOURS CHIPS
SELECTED VARIETIES
200 G
20839402001_EA
21529668_EA

WORLD OF FLAVOURS BUFFALO WINGS & BLUE CHEESE
SAUVES DE POULET BUFFALO ET FROMAGE BLEU

WORLD OF FLAVOURS FILIPINO ADOBO
SAUVES DE PHILIPPIN

MULTI BUY
2/\$6
OR \$3.49 EA.

PC® LOADS OF FLAVOUR CHIPS
SELECTED VARIETIES
200 G
20640915001_EA
20640915002_EA

LOADS OF KETCHUP
PLEINES DE SAUCE KETCHUP

LOADS OF ALL DRESSED
PLEINES DE ASSAISONNEE

MULTI BUY
2/\$5
OR \$3.49 EA.

PC® LOADS OF WHITE OR CHEDDAR CHEESE CRACKERS
SELECTED VARIETIES
200 G
21020901_EA
21020923_EA

LOADS OF WHITE CHEDDAR CHEESE

LOADS OF CHEDDAR CHEESE

SAVE 2.00
14⁹⁹

PC® COFFEE PODS
SELECTED VARIETIES
PACKAGE OF 30
21033661_EA
21033672_EA

GOURMET MEDIUM ROAST

WEST COAST DARK ROAST

MULTI BUY
2/\$7
OR \$3.99 EA.

PC® TORTILLA CHIPS
SELECTED VARIETIES
320-350 G
20302783_EA
20302188_EA

TORTILLA BITE SIZE ROUNDS

TORTILLA RESTAURANT

5⁹⁹

PC® DRY ROASTED PEANUTS
SELECTED VARIETIES
700 G
20007990001_EA
20007990002_EA

HONEY ROASTED
GRILLEES AU MIEL

LIGHTLY SEASONED
LEGEREMENT ASSAISONNEES

7⁹⁹

PC® BATHROOM TISSUE 12=24 ROLLS
OR **PC MAX® PAPER TOWELS** 3=6 ROLLS
SELECTED VARIETIES
2148078_EA
21040003_EA

MAX

SOFT & DOUX

MULTI BUY
2/\$9
OR \$4.99 EA.

PC® CASHEWS
SELECTED VARIETIES
200 G
21054943_EA
21054238_EA

ROASTED CASHEWS
WITH SEA SALT

UNSALTED ROASTED CASHEWS

MULTI BUY
2/\$5
OR \$2.99 EA.

PC® GRANOLA BARS
SELECTED VARIETIES
120-175 G
2092735_EA
20923604_EA

DIPPED & CHEWY CHOCOLATE CHIP
TENDRES ET ENROBES EN CHOCOLAT

DIPPED & CHEWY GRANOLA
TENDRES ET ENROBES



FROM YOUR FARMERS

Van Meekeren Farms Ltd.

The crunch and sweet juiciness of a fresh apple – not much compares to it. That's why, in 1964, Frank Van Meekeren bought the apple farm in Lakeville, Nova Scotia. Brothers Stephen and Michael Van Meekeren are the third generation of this family of apple growers working orchards in the heart of the Annapolis Valley. It's an ideal growing environment with a mix of warm days, cool nights, fertile valley soil and ocean mist. No wonder the apples are so excellent.



Stephen and Michael Van Meekeren
Van Meekeren Farms Ltd.

8⁹⁹

NO NAME[®] NATURALLY IMPERFECT[™] APPLES
PRODUCT OF ATLANTIC CANADA,
CANADA NO. 2 GRADE
6 LB
20889385001_EA



5⁹⁹

BLUE GRAPES
PRODUCT OF CANADA,
NO. 1 GRADE
2 LB
20917943001_EA



SALE

1²⁹
LB
2.84/KG

RUTABAGAS
PRODUCT OF
ATLANTIC CANADA,
CANADA NO. 1 GRADE
20945403001_EA

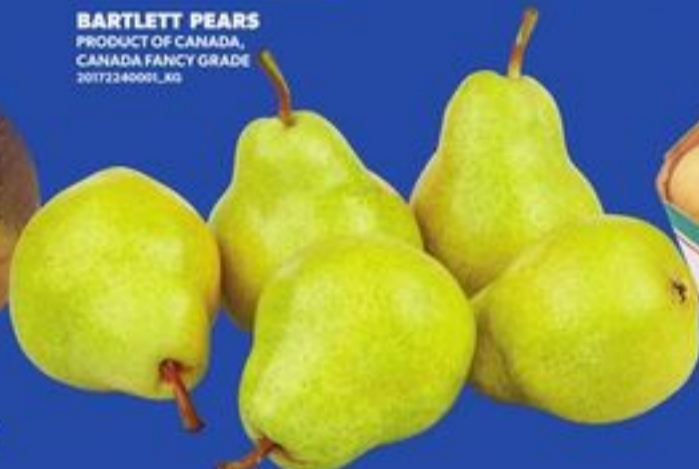


SAVE 1.30 /LB

HOT DEALS

2⁴⁹
LB
5.49/KG

BARTLETT PEARS
PRODUCT OF CANADA,
CANADA FANCY GRADE
2017240001_EA



6⁴⁹

SMALL WHITE POTATOES
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB BASKET
2089658001_EA



TART, SWEET FLAVOURS OF CITRUS

7⁹⁹

HALOS MANDARINS
PRODUCT OF SOUTH AFRICA
2 LB
21092323001_EA



5⁹⁹

FARMER'S MARKET[™] NAVEL ORANGES
PRODUCT OF SOUTH AFRICA
3 LB
20162345001_EA



5⁹⁹

FARMER'S MARKET[™] GRAPEFRUIT
PRODUCT OF SOUTH AFRICA
3 LB
2078409001_EA



SAVE 1.00

HOT DEALS

3⁹⁹

FARMER'S MARKET[™] LEMONS
PRODUCT OF SOUTH AFRICA
2 LB
20795315001_EA



6⁹⁹

NO NAME[®] NATURALLY IMPERFECT[™] LIMES
PRODUCT OF MEXICO
2 LB
21143468001_EA



8⁹⁹

4 LB BAG

MANDARINS
PRODUCT OF SOUTH AFRICA
4 LB
20054023001_EA



6⁹⁹

2 LB BAG

PC[®] ORRI MANDARINS
PRODUCT OF SOUTH AFRICA
OR PERU
2 LB
20073482001_EA



8⁹⁹

2 LB BAG

BLOOD ORANGE
PRODUCT OF AUSTRALIA
2 LB
20128918001_EA



FALL HARVEST

6⁹⁹

FIELD OR ROMA TOMATOES
PRODUCT OF CANADA
3 LB
20006336_EA
2103000001_EA



7⁹⁹

DILL OR SLICER CUCUMBERS
PRODUCT OF CANADA
3L
20062076001_EA
21042288001_EA



SAVE 1.00

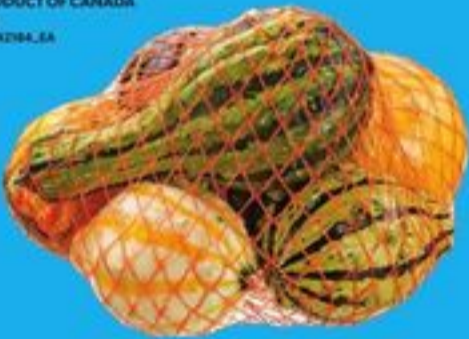
6⁹⁹

FARMER'S MARKET™ BLUE PLUMS
PRODUCT OF CANADA,
NO. 1 GRADE
1.5L
20011284001_EA



4⁹⁹

GOURDS
PRODUCT OF CANADA
7'S
20042784_EA



MULTI BUY

2/\$5

OR \$2.99 EA.

PIE PUMPKINS

PRODUCT OF CANADA
2001155001_EA



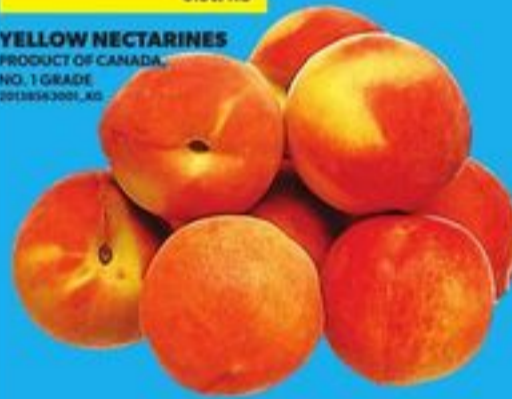
3⁹⁹

LB

8.80/KG

YELLOW NECTARINES

PRODUCT OF CANADA,
NO. 1 GRADE
2015853001_KG



FRESHLY BAKED FOR YOU

SALE

\$7

IN-STORE BAKED COOKIES
SELECTED VARIETIES
10'S
21049001_EA



SALE

4⁴⁹

TURNOVERS
BAKED IN-STORE, SELECTED VARIETIES
4'S
21049104_EA



SALE

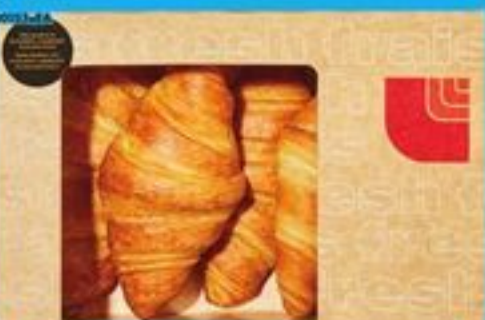
4⁴⁹

MINI BRAIDED STRUDELS
OR MAPLE PECAN DANISH
BAKED IN-STORE, SELECTED VARIETIES
4'S
21049107_EA/21049109_EA



\$4

PLAIN CROISSANTS
BAKED IN-STORE
6'S
21049001_EA



SALE

4⁴⁹

MINI DANISH
BAKED IN-STORE, SELECTED VARIETIES
8'S
21049101_EA



\$6

CINNAMON BUNS
BAKED IN-STORE
DANISH OR CREAM CHEESE ICED
10'S
21049103_EA



FRESH PICKS

\$25

**SIGNATURE GIFT
BOUQUET**

21087812_EA/21087813_EA



\$18

INDOOR MUMS

EACH

20728784_EA



\$11

SUNFLOWER BUNCH

5 STEM

21201274_EA



\$10

**RAINBOW MINI
CARNATION BUNCH**

SELECTED VARIETIES

21593430_EA



FEEL GOOD CHOICES AT FEEL GOOD PRICES

**MULTI
BUY**

2/\$8

OR \$4.99 EA.

**SILK NON-DAIRY
BEVERAGES**
SELECTED VARIETIES
1.75-1.89 L
2039500001_EA
21243396_EA
21337466_EA



7¹⁵

**NATREL ORGANIC
FILTERED MILK**
2% OR 3.8%
2 L
20395554_EA
2067901_EA



5⁴⁹

**PC ORGANICS
PEANUT BUTTER**
SELECTED VARIETIES
500 G
20055833_EA
20288793_EA



4⁵⁰

**PC ORGANICS
COCONUT WATER**
1 L
20903373_EA



7⁴⁹

**SCHAR GLUTEN
FREE HOT DOG OR
HAMBURGER ROLLS**
4'S
21475432_EA
21475434_EA



12⁹⁹

**MADEGOOD
CLUB PACK**
15'S
20990813_EA
21480447_EA



20⁹⁹

**NATURE CLEAN
AUTOMATIC
DISHWASHER PACS**
1.08 KG
2094501_EA



59⁹⁹

**VEGA ONE®
ALL-IN-ONE SHAKE**
SELECTED VARIETIES
627-676 G
2007506002_EA
20645514_EA



4⁹⁹

**PC ORGANICS QUICK
ROLLED OATS**
SELECTED VARIETIES
1 KG
20700773_EA
2097086_EA



3⁹⁹

**PC ORGANICS
RAISINS SNACK PACK**
14X34 G
21170508_EA



\$6

**GIMME SEAWEED
SNACK**
SELECTED VARIETIES
6X5 G
20999931_EA



SUPER YOUR EVERYDAY

Optimum
Members-Only Price
17⁹⁹
Non-members
22⁹⁹
Members save \$5

VAN HOUTTE
K-CUPS
SELECTED VARIETIES
24-30'S
20783469_EA
21588231_EA

VAN HOUTTE
COLOMBIAN MEDIUM
285 g

Optimum
4,000 = \$4 Value
for every '15' spent on

ROBIN HOOD, FIVE ROSES FLOUR 2.5/3 KG, CARNATION OR EAGLE MILK 300/354 ML
SELECTED VARIETIES
20034497001_EA
200998807_EA

Robin Hood
ALL PURPOSE FLOUR
ORIGINAL

Carnation
Evaporated Milk

Optimum
5,000 = \$5 Value
for every '25' spent on

AVEENO, JOHNSON & JOHNSON BABY PRODUCTS, BAND-AID KIDS, POLYSPORIN KIDS, MOTRIN KIDS, TYLENOL, BENADRYL, BENYLIN OR LISTERINE KIDS
SELECTED VARIETIES AND SIZES
201003023001_EA/203010104_EA
At least \$25 value in public

Aveeno
Daily Moisturizing Lotion

SAVE 50%
99¢
HOT DEALS

GRAVES JUICE 1L, OASIS JUICE, ARIZONA ICED TEA 950 ML OR ALLEN'S 1L
SELECTED VARIETIES
21588272_EA
20322509_EA

Arizona
iced tea

Graves
Apple Juice

5⁴⁹

NO NAME[®] MAYONNAISE 890 ML OR PC[®] PICKLES 1 L
SELECTED VARIETIES
20433540001_EA
20627614002_EA

mayonnaise

BREAD & BUTTER SUCRES
1 L

SALE
2⁴⁹

CLOVER LEAF SMOKED OYSTERS OR MUSSELS
85 G
20614802_EA
20610773_EA

CLOVER LEAF
SMOKED MUSSELS
in sunflower oil

MULTI BUY
2/\$9
OR \$4.99 EA

CLOVER LEAF LIGHT TUNA SALAD
SELECTED VARIETIES
160 G
21587787_EA

CLOVER LEAF
tuna salad with quinoa & olive oil
salade de thon avec quinoa & huile d'olive

11⁴⁹
1,500 = \$150 Value

HELLMANN'S MAYONNAISE 1.42 L
2017354002_EA

HELLMANN'S
REAL VRAIE

MULTI BUY
2/\$12
OR \$6.99 EA

BUBLY SPARKLING WATER 12X355 ML OR MONTELLIER 10X355 ML OR GATORADE 6X591 ML
SELECTED VARIETIES
210981722_C03/21097177_C13
210981722_C12

bubly
sparkling water

MONTELLIER
10x

SAVE 1.00
4⁹⁹

BEN'S STREET FOOD
SELECTED VARIETIES
255 G
21640756_EA
21640752_EA

BEN'S
STREET FOOD / CUISINE DE RUE

7⁴⁹

MINUTE RICE
SELECTED VARIETIES
1.2-1.4 KG
20074763006_EA
20074763002_EA

Minute[®] Rice
Long Grain White
Blanc à grains longs

Minute[®] Rice
White Grain Brown
Blanc à grains courts

SALE
3⁴⁹

DR. OETKER MOMENTI 160-185 G OR GIUSEPPE GARLIC FINGERS 317 G OR CHEF GUSTO MINI PIZZA BAGELS 198 G
SELECTED VARIETIES
FROZEN
21164022_EA
21540406_EA

GIUSEPPE
Garlic Fingers

CHEF GUSTO
Mini Pizza Bagels

\$5

PC[®] GNOCCHI OR RISOTTO 350-600 G OR ASIAN ENTRÉES OR SOUPS 300 G
SELECTED VARIETIES
FROZEN
21164022_EA
21164022_EA

PC
Gnocchi

WONTON
300 g

300

GREEN GIANT SPECIALTY VEGGIES
SELECTED VARIETIES
FROZEN
283-454 G
21334040_EA
21584721_EA

Green Giant
RESTAURANT

4⁴⁹
3,000 = \$3 Value
when you buy 2

BETTY CROCKER PREMIUM CAKE MIXES, BROWNIE MIXES OR MUG CAKE
SELECTED VARIETIES
266-550 G
20078677001_EA
21547849_EA

Betty Crocker
Mug Cake

SAVE 33%
2⁹⁹
HOT DEALS

BURNBRAE EGG BAKES
SELECTED VARIETIES
FROZEN
2/4'S
21060297_EA
21097772_EA

BURNBRAE
Egg Bakes

SAVE 33%
\$5
PRICE DROP

KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES
FROZEN
PACKAGE OF 16
2009973002_EA
2009973001_EA

Kellogg's
Eggo

MULTI BUY
2/\$11
OR \$6.99 EA

NESTLÉ DRUMSTICK 4'S OR HAAGEN-DAZ BARS 3/4'S
SELECTED VARIETIES
FROZEN
20322380001_EA
20133555_EA

NESTLÉ
DRUMSTICK

HAAGEN-DAZ
Ice Cream

7,000 = \$7 Value
for every '20' spent on

HERSHEY ASSORTED CHOCOLATE OR CANDY
SELECTED VARIETIES AND SIZES
21528274_EA/21528420_EA

HERSHEY
Assorted Candy

9⁹⁹

COTTONELLE BATHROOM TISSUE 6-24 ROLLS OR FLUSHABLE WIPES 2'S
SELECTED VARIETIES
20688530_EA
21594647_EA

Cottonelle
Ultra Comfort

19⁹⁹

CASHMERE BATHROOM TISSUE
SELECTED VARIETIES
24-72 ROLLS
21189643_EA
21443648_EA

Cashmere
Ultra

26⁹⁹
4,000 = \$4 Value

HUGGIES PULL-UP
SELECTED VARIETIES
48-74'S
20371099_EA/21111122

HUGGIES
pull-Ups

SAVE 0.80
3⁴⁹

MILLIE MOON BABY WIPES
SELECTED VARIETIES
72'S
21230487_EA

MILLIE MOON
Sensitive Wipes

SUPER YOUR EVERYDAY

3⁹⁹

GARNIER FRUCTIS
334-370 ML OR
HERBAL ESSENCES 345 ML
HAIR CARE
SELECTED VARIETIES
23007798_EA/21247098_EA



4⁹⁹

PANTENE
HAIR CARE
SELECTED VARIETIES
308-355 ML
23431990_EA/21433192_EA



SAVE UP TO
20% OFF

NIVEA LUMINOUS,
Q10 MOISTURIZERS,
TREATMENTS OR
EUCERIN LOTIONS
SELECTED VARIETIES AND SIZES
31247191_EA/21085698_EA



SAVE
1.00

8⁹⁹

OLAY
BODY WASH
SELECTED VARIETIES
532/500 ML
23000948_EA



SAVE
2.00

HOT DEALS

7⁹⁹

METHOD
BODY WASH
532 ML OR
LIQUID HAND
SOAP REFILL
828 ML/1 L
SELECTED
VARIETIES
21425019_EA
21425299_EA



7⁹⁹

EVERY MAN JACK
BODY WASH 400 ML OR
DEODORANT 73/85 G
SELECTED VARIETIES
20987291_EA/21080324_EA



SALE

9⁹⁹

GILLETTE MACH 3
OR VENUS
DISPOSABLE
RAZORS 1-8'S
SELECTED VARIETIES
2017944002_EA/20984907_EA



SALE

7⁹⁹

OLD SPICE
OR SECRET
DEODORANT
SELECTED VARIETIES
68-144 G
20757227002_EA
21803772_EA



SALE

4⁹⁹

DOVE OR DEGREE
DEODORANTS
SELECTED VARIETIES
45-76 G
2098423001_EA
20302753001_EA



5⁹⁹

CREST SCOPE CLASSIC 1L,
ORAL-B MANUAL
TOOTHBRUSH
OR CREST
REGULAR 4-PACK
TOOTH PASTE
SELECTED VARIETIES
20347678002_EA
20948747_EA



7⁴⁹

SENSODYNE RAPID
RELIEF OR REPAIR
AND PROTECT
TOOTH PASTE,
POLIDENT TABLETS
84-96'S, COLGATE
TOTAL TOOTH PASTE
3-PACK OR BATTERY
TOOTHBRUSH, CREST
PRO HEALTH OR SCOPE
MOUTH WASH OR
CREST GUM DETOXIFY
TOOTH PASTE
SELECTED VARIETIES AND SIZES
20437689002_EA / 20598748_EA



4⁹⁹

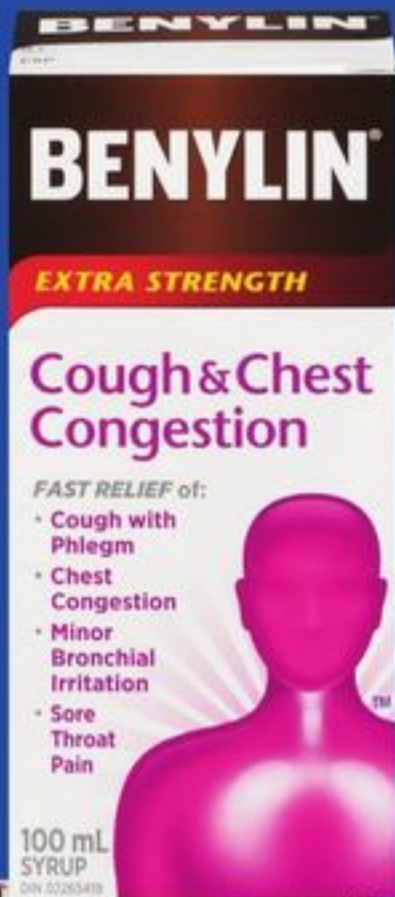
SENSODYNE OR PRONAMEL
TOOTH PASTE 75-100 ML, POLIDENT
OR POLIGRIP, COLGATE TOTAL
OR SENSITIVE PRO-RELIEF TOOTH PASTE,
COLGATE 360° MANUAL TOOTHBRUSHES
OR COLGATE MOUTH WASH SELECTED VARIETIES
2030179001_EA/21064717_EA



SUPER YOUR EVERYDAY

SAVE UP TO
15% OFF

TYLENOL COMPLETE COUGH, COLD AND FLU TABLETS AND CAPSULES 18/20'S OR BENYLIN COUGH SYRUP 100 ML.
SELECTED VARIETIES
2032227001_EA/20296733001_EA



SAVE UP TO
25% OFF

WEBBER NATURALS VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20783428_EA/21368943_EA



SAVE UP TO
20% OFF

FLINTSTONE'S CHILDREN'S VITAMINS OR ONE A DAY ADULT MULTIVITAMINS
SELECTED VARIETIES
2101967_EA/21448383_EA



SAVE UP TO
20% OFF

ENSURE AND BOOST HIGH PROTEIN MEAL REPLACEMENT SHAKES
SELECTED VARIETIES AND SIZES
2030873001_EA/20963651_EA



SAVE UP TO
15% OFF

SYSTANE EYEDROPS 15-30 ML OR CLEAR CARE & OPTI-FREE CONTACT LENS SOLUTIONS 600/720 ML
SELECTED VARIETIES
21300366_EA/21429841_EA



9.99

U BY KOTEX 2X PADS, LINERS OR TAMPONS
SELECTED VARIETIES
24-129'S
21361876_EA/21361872_EA



19.99

POISE PADS
SELECTED VARIETIES AND SIZES
21302119_EA



34.99

OLAY REGENERIST MOISTURIZERS
SELECTED VARIETIES AND SIZES
21300187_EA/2140706002_EA



\$5

LIFE BRAND® LIQUID HAND SOAP REFILL
SELECTED VARIETIES
2L
21357813003_EA/21357813004_EA



\$5

LIFE BRAND® MOUTHWASH
SELECTED VARIETIES
1L
21000386_EA/21002734_EA



SAVE UP TO
20% OFF

PURE PROTEIN BARS AND POWDER
SELECTED VARIETIES AND SIZES
20539046_EA
20322070001_EA



6.99

AUSSIE, HERBAL ESSENCES OR OLD SPICE HAIR CARE
SELECTED VARIETIES
21428821_EA/21171128_EA



SAVE UP TO
25% OFF

LIFE BRAND® PAIN OR ALLERGY RELIEF TABLETS, CAPLETS, SPRAYS, LIQUIDS, PATCHES OR RUBS
SELECTED VARIETIES AND SIZES
21229420_EA/21134305_EA





BABY SHOP

FOR LESS

SHOP NOW



OptimumSM
20,000^{pt}

= \$20 Value¹

for every \$100* spent on Baby Diapers, Training Pants, Wipes, Food, Formula, Accessories or Toiletries exclusions apply

21208370_EA/21561528_EA

*At least \$20 value in points.

SAVE AT LEAST **5.00**

34⁹⁹

HUGGIES ECONO PACK DIAPERS
SIZE N-7, SELECTED VARIETIES
60-200'S
2145935_EA



SAVE AT LEAST **2.00**

24⁹⁹

HUGGIES OR PAMPERS SUPER BIG PACK DIAPERS
SIZE N-8, SELECTED VARIETIES
36-120'S
2137043_EA/2145648_EA



SAVE AT LEAST **3.00**

19⁹⁹

PAMPERS OR HUGGIES 9/10X BABY WIPES
SELECTED VARIETIES
336-704'S
2145935_EA



SAVE **28%**

1⁷⁹

LOVE CHILD ORGANIC POUCHES
SELECTED VARIETIES
99/128 ML
2107965_EA
2107966_EA



SALE

2²⁹

BABY GOURMET PUFFIES OR CRUNCHERS
SELECTED VARIETIES
32 G
2159733_EA
2159734_EA



3⁷⁹

BABY GOURMET ORGANIC PUFFIES, CRUNCHY CROCS OR FRUIT & VEGGIE BITES
BABY SNACKS 23-90 G
OR EARTH'S BEST BARS 133 G
SELECTED VARIETIES
2149275_EA
2153481_EA



MULTI BUY

2/\$6
OR \$3.49 EA.

GERBER SNACKS OR ENTREES
SELECTED VARIETIES
42-187 G
2030419007_EA
2030419008_EA



55⁹⁹

GOOD START PLUS POWDER OR READY TO FEED INFANT FORMULA
SELECTED VARIETIES
942-1020 G/250 ML
2158957_EA



SAVE **8.00**

54⁹⁹

ENFAMIL A+ BABY FORMULA POWDER REFILL
SELECTED VARIETIES
992 G
20435527902_EA
20435527903_EA



59⁹⁹

ENFAMIL A+ READY TO FEED BABY FORMULA
STAGE 1 OR 2, 16X237 ML
2098370_CN/2108383_CN



SAVE UP TO **20% OFF**

JOHNSON & JOHNSON BABY NEEDS
SELECTED VARIETIES AND SIZES
3032560001_EA
2110221_EA



SAVE **1.00**

11⁹⁹

AVEENO BABY NEEDS
SELECTED VARIETIES
532-568 ML
2051740002_EA
20380479001_EA



SAVE UP TO **20% OFF**

LIVE CLEAN, DOVE OR HONEST BABY NEEDS
SELECTED VARIETIES AND SIZES
20407347_EA/21300537_EA



FALL CLEANING

Get all your cleaning needs here!

15⁹⁹

GAIN LAUNDRY DETERGENT 4.55 L/42.5, **GAIN OR DOWNY FABRIC SOFTENER** 2.4-3.129 L, **BEADS** 515 G, **DOWNY OR TIDE RINSE** 48 OZ OR **BOUNCE SHEETS** 240'S
SELECTED VARIETIES
2146013_EA
21549954_EA

22⁹⁹

CASCADE AUTO DISH PLATINUM PLUS 51'S OR **PLATINUM** 67'S
SELECTED VARIETIES
2156336_EA
21518479_EA

SAVE 3.00

13⁹⁹

FINISH POWERBALL QUANTUM ULTRAMAX DISHWASHER DETERGENT
SELECTED VARIETIES
30140'S
21518146_EA
21465225_EA

SAVE UP TO 6.50 **HOT DEALS**

29⁹⁹

TIDE PODS 85/112'S OR **POWER PODS** 63'S
SELECTED VARIETIES
2146013_EA
21450237_EA

SAVE UP TO 30%

FLEECY FABRIC SOFTENERS OR DRYER SHEETS
SELECTED VARIETIES AND SIZES
203107200L_EA
21517733_EA

SALE

10⁹⁹

GLAD OUTDOOR WASTE BAGS
SELECTED VARIETIES
10-40'S
21465460_EA
21664771_EA

SAVE 3.00 **HOT DEALS**

11⁹⁹

SWIFFER DUSTERS 6-10'S OR **DRY AND WET CLOTHS** 12-32'S
SELECTED VARIETIES
20003650_EA
200127712_EA

13⁹⁹

PUREX 4.08-4.43 L, **PERSIL** 2.21 L OR **SUNLIGHT LAUNDRY DETERGENT** 4 L, **SNUGGLE FABRIC SOFTENER** 2.8-3.4 L OR **SHEETS** 200'S
SELECTED VARIETIES
200832500L_EA
20932739_EA

SAVE 1.00

13⁹⁹

TRU EARTH LAUNDRY OR FABRIC SOFTENER STRIPS
SELECTED VARIETIES
32'S
21423314_EA
21555723_EA

7⁹⁹

LYSOL LAUNDRY DISINFECTANT 1.2 L OR **RESOLVE IN WASH POWDER OR SPRAYS** 625 G/650 ML
SELECTED VARIETIES
21193402_EA
21487708_EA

SAVE 5.00 **HOT DEALS**

10⁹⁹

OSKAR BROOM WITH DUSTPAN OR SUPER TWIST XL MOP
SELECTED VARIETIES
20001945_EA
20057952_EA

SAVE 3.00 **HOT DEALS**

10⁹⁹

AIR WICK SCENTED OIL 1+1 KITS OR REFILLS 2/20 ML
SELECTED VARIETIES
21164513_EA
21428258_EA

SAVE UP TO 1.50

5⁴⁹

CLOROX BLEACH 2.4 L OR **PINE-SOL CLEANER** 1.41 L
SELECTED VARIETIES
2023867900L_EA
21283179_EA

MULTI BUY

2/S 10
OR \$5.99 EA.

LYSOL TOILET CLEANER 710 ML-950 ML, **ALL PURPOSE CLEANERS** 650 ML/1.2 L OR **GEL** 4'S
SELECTED VARIETIES
2031067900L_EA
21193411_EA

SALE

4⁴⁹

500⁰⁰

FEBREZE AIR FRESHENER 250 G, **WAX MELTS** 77 G, **CAR CLIP** 2 ML, **MR. CLEAN CLEANER** 473 ML/1.2 L OR **MAGIC ERASERS** 2'S
SELECTED VARIETIES
21005012_EA
21574859_EA

SAVE UP TO 1.50

6⁹⁹

WEIMAN CLEANERS
SELECTED VARIETIES
355-946 ML
20064402_EA
20327964002_EA

SAVE UP TO 28% **HOT DEALS**

4⁹⁹

FANTASTIK 650 ML, **SCRUBBING BUBBLES** 946-950 ML, **WINDEX** 765 ML, **GLADE SMALL CANDLES** 1'S OR **GLADE WAX MELTS** 6'S
SELECTED VARIETIES
2011532300L_EA
2032385500L_EA

SAVE UP TO 1.50 **HOT DEALS**

4⁹⁹

METHOD ALL PURPOSE CLEANERS 828 ML OR **LIQUID DISH DETERGENT** 532 ML
SELECTED VARIETIES
21423647_EA
21518328_EA

PET ESSENTIALS

SAVE 7.00

49⁹⁹

PC[®] NUTRITION FIRST[®] DOG FOOD
SELECTED VARIETIES
14 KG
2104044L_EA



11⁹⁹

PURINA ONE[®] TRUE INSTINCT AND SMARTBLEND[®] DOG FOOD
SELECTED VARIETIES
1.72/1.81 KG
2101287L_EA



SAVE 2.00

9⁹⁹

BEGGIN'[®] STRIPS DOG TREATS
SELECTED VARIETIES
708/850 G
2101049L_EA



10⁹⁹

500[®]

PEDIGREE DENTASTIX[®] TREATS FOR DOGS
SELECTED VARIETIES
100 G - 1.9 KG
2008190L_EA



11⁹⁹

MILK-BONE[®] SOFT & CHEWY TREATS FOR DOGS
SELECTED VARIETIES
708 G
2104794L_EA



SAVE 3.00

14⁹⁹

PC[®] NUTRITION FIRST[®] CAT FOOD
SELECTED VARIETIES
2 KG
2102030L_EA



SAVE 1.00

9⁹⁹

PURINA CAT CHOW[®]
SELECTED VARIETIES
1.42-2 KG
203955600L_EA



1²⁹

FANCY FEAST[®] PETITES CAT FOOD
SELECTED VARIETIES
79.4 G
2141998L_EA



SAVE UP TO 2.50

6⁹⁹

MEOW MIX[®] CAT FOOD
1.36-1.6 KG
2104633L_EA



17⁹⁹

WHISKAS[®] CAT FOOD
SELECTED VARIETIES
12'S
2104483L_EA



8⁹⁹

NO NAME[®] CAT LITTER
SELECTED VARIETIES
7 KG
200314460L_EA



SAVE 3.00

23⁹⁹

TIDY CATS[®] LIGHT WEIGHT LITTER
SELECTED VARIETIES
5.48 KG
2121791L_EA



Bring home the delicious taste of **McCafé[®]**

7⁹⁹ McCafé[®] Instant Premium Coffee 100 g
21583722_EA

10⁹⁹ McCafé[®] Premium Roast K-Cup[®] Pods 12's
21238598_EA

33⁹⁹ McCafé[®] Premium Roast K-Cup[®] Pods 48's
21238592_EA

McCafé[®] ground or bean coffee
selected varieties, 640-950 g
21238559_EA/21238547_EA

2,000[®] \$2 Value



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Optimum

7,500^{pts}

for every \$50^{*} spent on

\$7⁵⁰ Value

BOSTON PIZZA GIFT CARDS



Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$50 spent on Boston Pizza gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

financial[®]

Get up to **\$1,100** in average value every year.^{*}

PC[®] Insiders[™]
World Elite[®] Mastercard[™]



LEARN MORE

*Conditions and assumptions apply; actual value may vary.



**Locally grown
Locally found**

\$16

FARMER'S MARKET[™] MUM HANGING BASKET
SELECTED VARIETIES
11 INCH
20640353_EA

\$9

PC[®] OUTDOOR FALL MUMS
SELECTED VARIETIES
9.5 INCH
2021995L_EA



HAPPY MID-AUTUMN FESTIVAL

Find deals on celebratory must-haves.

2⁷⁹
LB
6.15/KG

ASIAN YELLOW PEARS
PRODUCT OF CHINA
20055419001_EA



2⁹⁹
LB
6.59/KG

BABY OR SHANGHAI BOK CHOY
PRODUCT OF CANADA
2006279001_EA/20052434001_EA



SAVE 1.50 LB
3⁹⁹ LB
8.80/KG

HOT DEALS

GRADE A DUCK
FROZEN
20078481_EA



SAVE 1.00 LB
4⁹⁹ LB
11.01/KG

PORK BELLY PORTION
20793502_EA



SAVE 1.50 LB
5⁹⁹ LB
13.21/KG

HOT DEALS

FRESH RED WHOLE TILAPIA
20057884_EA



SAVE 4.50
17⁹⁹

HOT DEALS

PC® COLOSSAL RAW GRILLING ZIPPERBACK® SHRIMP
8-12 PER LB, FROZEN
454 G
20184063_EA



3⁴⁹

INDOMIE INSTANT NOODLES
SELECTED VARIETIES
5'S
20446710_EA



SALE

3⁴⁹

COCK BRAND SWEET CHILLI SAUCE
650 ML
20189074_EA



SAVE 2.00

HOT DEALS

2⁹⁹

FLYING GOOSE BRAND SRIRACHA SAUCE
730 ML
20499073_EA



13⁹⁹

T&T® SHRIMP DUMPLINGS
FROZEN
1.04 KG
20475120_EA



1⁴⁹

T&T® ORGANIC ROASTED CHESTNUT
100 G
20873813_EA



2⁷⁹

ROOSTER® SWEETENED CONDENSED MILK
300 ML
20128907_EA



13⁴⁸

MOON CAKES
SELECTED VARIETIES
600 G
20463772_EA/20465403_EA



SALE

8⁴⁹

DELICATO JAPANESE CHEESECAKE
FROZEN
300 G
20464345_EA



SALE

3⁴⁹

ORION TURTLE CHIPS
SELECTED VARIETIES
160 G
20454276_EA/20454281_EA



MAPLE LEAF
Natural selections
 Real. Simple.
 Naturally delicious.



Members-Only Price **\$7**
 Non-members **\$8**

Maple Leaf® Natural Selections® Sliced Deli Meats selected varieties 125-175 g
 20009282_EA/20045285_EA

SCHNEIDERS
 100% DELICIOUS TASTE.
 25% LESS SODIUM.



Schneiders® Sliced Deli Meats selected varieties 175 g
 21590791_EA

*Rated the Best New Product for packaged sliced meats by Canadians in a 2023 BrandSpark™ survey. 25% less sodium than regular turkey/ham/salami.

Upgrade your nighttime routine



13⁹⁹ Always Pads, selected varieties 20-48's
 21370420_EA

34⁹⁹ Olay Regenerist Moisturizers selected varieties and sizes
 21236887_EA

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our butchers cut quality meat in your store every day!



marinated pork tenderloin
 20636671_KG

marinated top sirloin beef kebab
 made in-store
 20638715_KG

peppercorn crusted striploin
 cut from Canada AA or USDA Select grade beef or higher
 21447282_KG

gourmet beef burgers
 fresh, made in-store
 20798283_KG

MORE IS MORE



MAGNUM
 MORE CHOCOLATE
 MORE INDULGENCE



4.99 Magnum Bars 3's or mini 4's, Selected Varieties
 21576005_EA/21575849_EA

NEW! GLOBAL CRAVINGS



CRAVE Frozen Meals
 Selected varieties 200 - 340 g
 21085515_EA/21604021_EA

2/\$11 OR \$6.49 EA.

BEN & JERRY'S
 SAY YES TO DESSERT!



4.99 Ben & Jerry's, Selected Varieties, 473 mL
 21575899_EA/21568089_EA

Breyers
 PAIRS PERFECTLY WITH FALL



4.99 Breyers Creamery Style, Breyers CoBrand 1.66 L Popsicle Ice Pops 6/12's, Selected Varieties
 20344925002_EA/20344925006_EA

A NEW WAY TO EGG



CRAVE Scramble Kits
 selected varieties 57 - 85 g
 21566900001_EA

3⁹⁹

NEW



Bagel Bites
 Breakfast Bagel Bites®
 Selected varieties 198 g
 20213483001_EA/20213483003_EA

3⁴⁹

MAKE EVERY MORNING DELICIOUS FOR THE LOVE OF BREAKFAST



1,000⁺ Value
\$4⁴⁹
 Simply® beverages selected varieties 1.54 L
 21086068_EA

1,000⁺ Value
\$4⁴⁹
 Simply® beverages selected varieties 1.54 L
 21170793_EA

\$4⁴⁹
 Minute Maid® beverages selected varieties 1.54 L
 21592037_EA

\$1⁹⁹
 Simply® beverages selected varieties 340 mL
 20767362_EA
 20766577_EA

*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Retailer may sell for less. The trademarks that appear are the property of their respective trademark owners.

LIBERTÉ
FAMILY FAVOURITES

\$5.99
Liberté® Méditerranée®
900 g
21305347_EA

\$5.99
Liberté Greek®
650-750 g
21547533_EA
20642273_EA

NEW!

TRADEMARKS OF LIBERTÉ MARQUES S.A.R.L. USED UNDER LICENSE. ©

\$3.69

Yoplait® Minigo®
6x60 g
21619388_EA
21619318_EA

Yoplait®

LUNCH BOX
favourites

TRADEMARKS OF YOPLAIT MARQUES S.N.C. (France) used under license. ©

**Nourish their potential,
ONE YOGURT AT A TIME**

DANONE
ONE PLANET. ONE HEALTH

\$4.49
Activia® - 500 g
20688574_EA

\$3.99
Danino® - 5 x 93 ml
21520250_EA

or \$1.29 EA
3/\$3
Danone Go!® - 190 ml
21349087_EA
21349123_EA

\$4.49
Two Good®
4 x 95 g
21476047_EA

Proud supporter of
Breakfast CLUB
of Canada

ACTIVIA

1 BILLION ACTIVE PROBIOTICS*

\$6.99
Activia® - 12 x 100 g
2038342000_EA

NEW
2/\$8
Activia® - 2 x 150 g
21588442_EA

or \$2.29 ea.
2/\$3.50
Activia® - 190 ml
21348503_EA

\$6.49
Activia® - 8 x 93 ml
21432512_EA

\$12.99
Activia® - 2 kg
21477230_EA

*With more than 17 CFU Bifidobacterium lactis per serving, a probiotic that contributes to healthy gut flora.

**SUGAR DOWN
PROTEIN UP**

TWO GOOD
DANONE
14g PROTEIN
2g SUGAR

or \$5.99 ea.
2/\$10
Two Good® - 825 g
21475507_EA

**START THE DAY WITH
A PROTEIN SNACK***

\$7.49
Oikos® - 190 g
20000000_EA

or \$4.99 ea.
3/\$12.75
Oikos® - 4 x 100 g
20487608_EA
20925705_EA

or \$2.29 ea.
2/\$3.50
Oikos® - 190 ml
21407096_EA

*As part of a complete breakfast and balanced diet

10-HOUR BREW

**BOLD
AND
SMOOTH
TASTE**

or \$8.99 ea.
2/\$14.50
Stok® - 1.42 l
21281726_EA

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