FOOD LION

September 18 - September 24, 2024

Offers valid while supplies last.

Here to help you *save more*

26-30 Ct. 16 Oz. Bag Frozen
FOOD LION RAW OR COOKED SHRIMP
HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

YOU SAVE $5.00 LB

HOT SALE! MVP 8.99 LB CHOICE
Ask For Your Preferred Thickness
BONELESS NEW YORK STRIP STEAK
W/O MVP Card $13.99 LB

Family Pack
FOOD LION CHICKEN THIGHS
HOT SALE! MVP 99¢ LB
W/O MVP Card $1.79 LB

ST. LOUIS STYLE PORK RIBS
HOT SALE! MVP 2.99 LB Limit 2
W/O MVP Card $4.49 LB

Buy an apple bag
for your family and help nourish another

Every bag purchased provides 5 meals* to our local feeding partners.

*For more details visit foodlion.com/feeds

YOU SAVE $1.30 EA

HOT SALE! MVP 2.49 EA
3 Lb. Bag
FOOD LION FEEDS GALA APPLES
W/O MVP Card $3.79 EA

3 Lb. Bag
MANDARINS
HOT SALE! MVP 2.99 EA
W/O MVP Card $4.99 EA

5 Lb. Bag
FOOD LION GOLD POTATOES
HOT SALE! MVP 2.99 EA
W/O MVP Card $5.99 EA

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 2/$6 W/ MVP Card Digital Price
MVP Coupon -1.00 EA
10.3-13 Oz. Select Varieties
FRESH EXPRESS CHOPPED SALAD KITS
2/$5 MVP Card DIGITAL COUPON SAVINGS

HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
6 Pack 7.5 Oz. Bottles Select Varieties
PEPSI PRODUCTS
LIMIT 4 FREE

HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
6.88-13 Oz. Select Varieties
ENTEN-MANN'S LITTLE BITES MUFFINS OR THOMAS' MUFFINS

6-13 Oz. - Select Varieties
DORITOS TORTILLA CHIPS
LIMIT 4 FREE
HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
48 Oz. Select Varieties
BREYERS ICE CREAM

12 Pack 12 Oz. Bottles or Cans Select Varieties
MICHELOB, BLUE MOON OR BUD LIGHT LIME
HOT SALE! 13.99 EA

12.16 Oz. Select Varieties
MUELLER'S PASTA
MVP PRICED LOW EVERY DAY
2/$3 W/O MVP Card $1.69 EA

2 Liter Select Varieties
COKE PRODUCTS
HOT SALE! MVP Limit 6 2/$5 W/O MVP Card Regular Retail

7-8 Oz. - Select Varieties
TILLAMOOK SLICED OR SHREDDED CHEESE
HOT SALE! MVP 2/$7 W/O MVP Card $3.99 EA

HOT SALE! MVP 7.49 EA W/O MVP Card $9.79 EA

12 Pack Select Varieties
GOGO SQUEEZ APPLESAUCE

46 Oz. Select Varieties
TROPICANA PREMIUM ORANGE JUICE
HOT SALE! MVP 2/$6 W/O MVP Card $4.68 EA

14.5-15 Oz. Select Varieties
CHEF BOYARDEE CANNED PASTA
HOT SALE! MVP 1.00 EA W/O MVP Card $1.58 EA

4.5-5.4 Oz. Select Varieties
BETTY CROCKER FRUIT SNACKS
HOT SALE! MVP 2/$5 W/O MVP Card $3.79 EA

MVP DIGITAL COUPONS load on app • web • in-store kiosk

HOT SALE! 2/$5 W/ MVP Card Digital Price
MVP Coupon -1.00 EA
10.7-12 Oz. Select Varieties
GENERAL MILLS TOAST CRUNCH OR REESE'S PUFFS CEREAL
2/$4 MVP Card DIGITAL COUPON SAVINGS

6 Mega Rolls
QUILTED NORTHERN Mega Rolls
BRAWNY Select Varieties
HOT SALE! 6.49 EA W/ MVP Card Digital Price
MVP Coupon -1.00 EA
5.49 EA MVP Card DIGITAL COUPON SAVINGS

32 Ct. Pods or 105 Ct. Liquid Select Varieties
TIDE
HOT SALE! 15.99 EA W/ MVP Card Digital Price
MVP Coupon -4.00 EA
11.99 EA MVP Card DIGITAL COUPON SAVINGS

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN & MVP HOT SALE! OUR BEST WEEKLY MVP DEALS

1 ZNCO ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNGB ZNGR ZNHP ZNNB ZNNL ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT 09/18/24

Here to save you more with exclusive *rewards*

SHOP&EARN MONTHLY REWARDS

Activate Your Offers

Check Your Progress

You can also *donate your rewards* to help our neighbors!

Donate Now

FOOD LION FEEDS

SHOP&EARN MONTHLY REWARDS

*For each $1 in Shop & Earn rewards you donate, Food Lion will donate $1 to Food Lion Feeds Charitable Foundation. The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.

Serve up family meals *for less!*

100% fresh or *double* your money back

See foodlion.com for details

HOTSALE! MVP
5.49 LB
Ground Fresh Daily
85% LEAN FRESH GROUND ROUND
W/O MVP Card Regular Retail

HOTSALE! MVP
4.99 EA
12-16 Oz. Pkg. Select Varieties
HORMEL BACON
W/O MVP Card Regular Retail

HOTSALE! MVP
5.99 LB
BEEF SHOULDER OR BOTTOM ROUND ROAST
USDA CHOICE
W/O MVP Card Regular Retail

HOTSALE! MVP
7.49 EA
24 Oz. Pkg. Select Varieties
FRESH MARINATED TURKEY BREAST TENDERLOINS
W/O MVP Card Regular Retail

HOTSALE! MVP
4.49 EA
19 Oz. Pkg. - Select Varieties
JOHNSONVILLE FRESH DINNER SAUSAGE
W/O MVP Card Regular Retail

HOTSALE! MVP
4.99 EA
16 Oz. Pkg. - Select Varieties
FRESH TURKEY BURGERS
W/O MVP Card Regular Retail

HOTSALE! MVP
3.99 LB
Boneless, Center Cut
PORK CHOPS
W/O MVP Card Regular Retail

HOTSALE! MVP
3.99 EA
17-20 Oz. Pkg. - Select Varieties
RESER'S MAIN STREET BISTRO SIDES
W/O MVP Card Regular Retail

HISPANIC HERITAGE MONTH SEP 15 - OCT 15

We have the fresh ingredients you'll need to bring family and tradition to the table.

HOTSALE! MVP
6.99 LB
W/O MVP Card Regular Retail
BONELESS STEW BEEF
USDA CHOICE

HOTSALE! MVP
5.99 LB
W/O MVP Card Regular Retail
PERDUE HARVESTLAND ORGANIC FRESH CHICKEN BREASTS

HOTSALE! MVP
1.49 LB
W/O MVP Card Regular Retail
FRESH PORK PICNIC

ALWAYS AFFORDABLY PRICED • QUALITY • FRESH • GUARANTEED

12-16 Oz. Pkg. - Select Varieties
JIMMY DEAN BREAKFAST SAUSAGE OR BACON
HOTSALE! BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

12-14 Oz. Pkg. - Select Varieties
HILLSHIRE FARM SMOKED SAUSAGE
HOTSALE! MVP
2/$7 EA
W/O MVP Card Regular Retail

5-6 Oz. Pkg. - Select Varieties
HORMEL PEPPERONI
HOTSALE! MVP
3.99 EA
W/O MVP Card Regular Retail

16 Oz. Pkg. - Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
HOTSALE! MVP
5.99 EA
W/O MVP Card Regular Retail

52 Oz. Bag - Frozen
ROSINA HOMESTYLE MEATBALLS
HOTSALE! MVP
10.99 EA
W/O MVP Card Regular Retail

SUSTAINABLE SEAFOOD

HOTSALE! MVP
10.99 EA
W/O MVP Card Regular Retail
16 Oz. Pkg.
FAMILY PACK SALMON FILLETS

HOTSALE! MVP
6.99 EA
W/O MVP Card Regular Retail
3 Oz. Pkg.
NATURE'S PROMISE ORGANIC COLD SMOKED ATLANTIC SALMON

HOTSALE! MVP
3.49 EA
W/O MVP Card Regular Retail
7 Oz. Pkg.
Select Varieties
SEAFOOD DIPS OR SPREADS

HOTSALE! MVP
11.99 EA
W/O MVP Card Regular Retail
40 Oz. Pkg.
Frozen
FOOD LION SWAI

2 ZNCO ZGAN ZGAL ZGAT ZGAU ZGCR ZGCT ZGHW ZGRY ZGGA ZKBG ZKNA ZKNV ZNCA ZNCO ZNCE ZNGH ZNGL ZNGR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNNB ZNNF ZNNL ZNNO ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVNK ZVNO ZVNR ZVRA ZVTI ZVTR 09/18/24

"At Food Lion, I've always felt a deep sense of belonging."

- Jose R., Strategic Initiatives Manager

READ HIS STORY

I Belong at FOOD LION

Honoring NATIONAL HISPANIC HERITAGE MONTH

DELIcious BOGOs of the week!

HOTSALE! BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price
8 Oz. TASTE OF INSPIRATIONS CHEESE CUBES

HOTSALE! BOGO FREE
W/O MVP Card $3.49 EA
Single Item Half Price
5 Ct. TEXAS TOAST

HOTSALE! BOGO FREE
W/O MVP Card $4.49 EA
Single Item Half Price
4 Ct. FOOD LION BAGELS

Save on easy meal and snacking solutions

Available in our Deli & Bakery

HOTSALE! MVP 8.99 LB
W/O MVP Card $9.99 LB
Freshly Sliced TASTE OF INSPIRATIONS CHICKEN BREAST

HOTSALE! MVP 3.99 EA
W/O MVP Card $6.99 EA
USDA PROMISE
8 Oz. DEPALO FOODS CALZONES

MVP PRICED LOW EVERY DAY 4.99 EA
W/O MVP Card $6.99 EA
8 Oz. BELGIOIOSO PARMESAN CHEESE WEDGE

MVP PRICED LOW EVERY DAY 5.99 LB
W/O MVP Card $6.99 LB
Made Hot In-Store TRADITIONAL ROTISSERIE CHICKEN

HOTSALE! MVP 4.49 EA
W/O MVP Card $6.99 EA
10 Oz. Select Varieties TASTE OF INSPIRATIONS DIPS

HOTSALE! MVP 3.79 EA
W/O MVP Card $4.49 EA
10 Oz. FRESH CRAVINGS HUMMUS

HOTSALE! MVP 3.99 LB
W/O MVP Card $4.49 EA
3 Ct. APPLE FRITTERS

HOTSALE! MVP 3.99 EA
W/O MVP Card $6.99 EA
16 Ct. In-Store Made FOOD LION COOKIES

OUR BRANDS

Buy a participating product from our family of brands & get a select our brands product for **FREE** when you use your personal MVP Card.

Switch to Our Brands and save. FOOD LION · Nature's Promise · taste of Inspirations

BUY ONE OF THESE

24 Oz. Pkg. No Antibiotics Ever NATURE'S PROMISE CHICKEN BREAST PORTIONS

HOTSALE! MVP 8.99 EA
W/O MVP Card Regular Retail

& GET THIS FREE

3 Lb. Bag Select Varieties NATURE'S PROMISE ORGANIC POTATOES

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

6 Oz. TASTE OF INSPIRATIONS FETA CHEESE CHUNK IN THE DELI

HOTSALE! MVP 2.49 EA
W/O MVP Card $3.99 EA

& GET THIS FREE

10 Oz. Pkg. FOOD LION GRAPE TOMATOES

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

16 Oz. Select Varieties NATURE'S PROMISE ORGANIC PEANUT BUTTER

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.69 EA
USDA PROMISE

& GET THIS FREE

20 Oz. FOOD LION HONEY WHEAT BREAD

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

HOTSALE! MVP 3.99 EA
W/O MVP Card $4.59 EA
24 Ct. Select Varieties FOOD LION FROZEN WAFFLES

& GET THIS FREE

24 Oz. FOOD LION SYRUP

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

BUY ONE OF THESE

MVP PRICED LOW EVERY DAY 4.49 EA
W/O MVP Card $6.99 EA
12 Pack 12 Oz. Cans Select Varieties FOOD LION SODA

& GET THIS FREE

5.2 Oz. Select Varieties FOOD LION CRISPY THIN CRUST PIZZA

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

Now offer ADDED WEEKLY!

Here with a *new* week of *digital coupon savings*

Sign in at foodlion.com, our app or the in-store kiosk

Buy an apple bag

or make a cash donation to help families thrive

HELP NOW

More savings down the aisles.

PRICED LOW EVERY DAY

24 Oz. Select Varieties
WESSON VEGETABLE OR CANOLA OIL
MVP 3.19 EA
W/O MVP Card Regular Retail

16-24 Oz. Select Varieties
RAGU PASTA SAUCE
MVP 2/$4
W/O MVP Card $2.46 EA

MVP HOTSALE!

2.5 Oz. Select Varieties
CHICKEN OF THE SEA TUNA POUCH
MVP 5/$5
W/O MVP Card $1.29 EA

5 Oz. Select Varieties
COOPER STREET TWICE BAKED COOKIES
LIMIT 4 FREE
MVP BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price

9.7 Oz.
SPLENDA GRANULAR SWEETENER
MVP PRICED LOW EVERY DAY 7.29 EA
W/O MVP Card $8.99 EA

MVP PRICED LOW EVERY DAY 4.79 EA
W/O MVP Card $5.89 EA
10.5-11.5 Oz. Select Varieties
FERRARA FUN SIZE CANDY

20 Oz.
SARA LEE HONEY WHEAT BREAD
HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA

8 Oz. Select Varieties
ORTEGA TACO SAUCE
HOTSALE! MVP 1.99 EA
W/O MVP Card $3.59 EA

4.5-5 Oz. Select Varieties
SHAKE 'N BAKE COATING MIX
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.89 EA

14.5-18 Oz. Select Varieties
SARA LEE ARTESANO BUNS
HOTSALE! MVP 2/$6
W/O MVP Card $4.49 EA

5.5-8.5 Oz. Select Varieties
RUFFLES POTATO OR MISS VICKIE'S KETTLE CHIPS
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

10 Oz. Select Varieties
KIKKOMAN SOY SAUCE
HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

15 Oz. Select Varieties
LUCK'S BEANS
HOTSALE! MVP 5/$5
W/O MVP Card $1.39 EA

6 Oz. Select Varieties
TRUFF HOT SAUCE
HOTSALE! MVP 9.99 EA
W/O MVP Card $13.99 EA

3.5 Oz. Select Varieties
MARIANI SALAD TOPPER
HOTSALE! MVP 2/$5
W/O MVP Card $3.29 EA

HOTSALE! MVP 3.99 EA
12.1-12.4 Oz. Select Varieties
KELLOGG'S RICE KRISPIES TREATS
W/O MVP Card $5.69 EA

BUY TWO OF THESE

HOTSALE! MVP 2/$8
10.68-20 Oz. Select Varieties
NABISCO FAMILY SIZE OREO COOKIES
W/O MVP Card $5.99 EA

BUY ONE OF THESE

10 Ct. Select Varieties
FRITO LAY MULTIPACK
HOTSALE! MVP 5.49 EA
W/O MVP Card $6.99 EA

HOTSALE! MVP 3.98 EA
12.5 Oz. Select Varieties
SWANSON PREMIUM CHICKEN
W/O MVP Card $4.99 EA

HOTSALE! MVP 2/$5
7 Oz. Select Varieties
SPAM
W/O MVP Card $3.19 EA

& GET THIS $1.50 OFF

6 Pack - 7.5 Oz. Cans Select Varieties
COCA-COLA OREO ZERO SUGAR
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

& GET THIS $2.00 OFF

20 Oz.
NATURE'S OWN BUTTERBREAD
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

5.75-12.4 Oz. Select Varieties
CHEEZ-IT OR CHEEZ-IT SNAP'D
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card $5.69 EA
Single Item Half Price

MVP DIGITAL COUPON
load on app • web • in-store kiosk

30 Oz. Select Varieties
KRAFT REAL MAYONNAISE
PRICED LOW EVERY DAY 4.49 EA
EXCLUSIVE DEAL
MVP Coupon -1.00 OFF
3.49 EA
MVP $1.00% DISCOUNT SAVINGS LIMIT 1

BABY

3.5 Oz. Select Varieties
BEECH-NUT FRUITIES
HOTSALE! MVP 5/$5
W/O MVP Card $1.29 EA

HOTSALE! MVP 4/$5
W/O MVP Card $1.69 EA
4 Oz. 2pr Select Varieties
EARTH'S BEST ORGANIC BABY FOOD

PAMPERS TRAINING PANTS OR NINJAMAS NIGHTTIME UNDERWEAR

HOTSALE! MVP 5.69 EA
3.2 Oz. Select Varieties
GERBER SOOTHE 'N' CHEW TEETHING STICKS
W/O MVP Card $6.49 EA

HOTSALE! MVP 2.39 EA
53-72 Ct. Select Varieties
PAMPERS BABY WIPES
W/O MVP Card $2.89 EA

19-38 Ct. Select Sizes
HUGGIES SNUG & DRY JUMBO PACK
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

HOTSALE! MVP 10.69 EA
11-22 Ct. Select Sizes
PAMPERS TRAINING PANTS OR NINJAMAS NIGHTTIME UNDERWEAR
W/O MVP Card $11.99 EA

Make
5 meals
with one list
Shop Now

Proudly partnering with
Hispanic-owned businesses
that represent the communities we serve.

HISPANIC HERITAGE MONTH

HOTSALE! MVP 4/$5 W/O MVP Card Regular Retail
9 Oz. Pkg. Select Varieties
CACIQUE CHORIZO

HOTSALE! MVP 3.99 EA W/O MVP Card $5.49 EA
10 Oz. Select Varieties
CACIQUE CHEESE IN THE DELI

12.4 Oz.
TOSTADAS OLÉ
HOTSALE! MVP 2/$5 W/O MVP Card Regular Retail

HOTSALE! MVP 2/$1 W/O MVP Card 99¢ EA
3.8-4 Oz. Select Varieties
EL MONTEREY SINGLE BURRITOS

BEVERAGE CENTER

10 Pack - 7.5 Oz. Cans Select Varieties
PEPSI PRODUCTS
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE W/O MVP Card Regular Retail Single Item Half Price

12 Oz. Select Varieties
CELSIUS
HOTSALE! MVP 2/$4 W/O MVP Card $3.49 EA

HOTSALE! MVP 3/$12 W/O MVP Card Regular Retail
6 Pack 16-16.9 Oz. Bottles Select Varieties
COKE PRODUCTS

16 Oz. Select Varieties
CALYPSO LEMONADE
HOTSALE! MVP 2/$3 W/O MVP Card $1.99 EA

64 Oz. Select Varieties
MOTT'S JUICE
HOTSALE! MVP 2/$5 W/O MVP Card $4.78 EA

HOTSALE! MVP 4.49 EA W/O MVP Card $6.99 EA
24 Pack 5 Liter Bottles
DEER PARK SPRING WATER

MVP PRICED LOW EVERY DAY 5.99 EA W/O MVP Card $7.39 EA
8 Pack 20 Oz. Bottles Select Varieties
POWERADE

750 mL Select Varieties
WOODBRIDGE OR BAREFOOT WINE
HOTSALE! 5.99 EA

750 mL Select Varieties
VALLATE OR ROBERT MONDAVI WINE
HOTSALE! 11.99 EA

750 mL Select Varieties
RISATA OR OYSTER BAY WINE
HOTSALE! 12.99 EA

SAVE 10%
WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE! 17.99 EA
12 Pack - 12 Oz. Bottles or Cans Select Varieties
SAMUEL ADAMS, ANGRY ORCHARD, SIERRA NEVADA OR NEW BELGIUM

HOTSALE! 21.99 EA
24 Pack - 12 Oz. Cans Select Varieties
BUD, MILLER OR COORS

HOTSALE! 16.99 EA
12 Pack 12-12 Oz. Bottles or Cans Select Varieties
MODELO, PACIFICO OR STELLA ARTOIS

HOTSALE! 15.99 EA
12 Pack - 12 Oz. Cans
SIMPLY SPIKED OR NEW BELGIUM HARD CHARGED TEA
12 Pack - 11.2-12 Oz. Bottles or Cans
MIKE'S HARD LEMONADE
Select Varieties

HOTSALE! 10.99 EA
4 Pack - 16 Oz. Cans
NODA OR SYCAMORE
6 Pack - 12 Oz. Cans
WICKED WEED
Select Varieties

Beer and Wine may not be available in all locations. Check your store for availability.

CELEBRATE
HISPANIC HERITAGE MONTH
WITH US

PANELA
IS NOW BACK AT
FOOD LION
IN THE DELI
DEPARTMENT

Shop Now

EST. 1873
DEER PARK

SAVE ON MAJOR HYDRATION

FOR YOUR HOME FIELD

SHOP COLLECTION

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DAIRY

MILK, CHEESE AND YOGURT, OH MY

7.5-8 Oz. Select Varieties **PHILADELPHIA SOFT CREAM CHEESE**
HOT SALE! MVP 3.99 EA
W/O MVP Card $5.49 EA.

HOT SALE! MVP 3.99 EA
W/O MVP Card $4.99 EA.
16 Oz. Select Varieties **KRAFT SINGLES**

HOT SALE! MVP 4.99 EA
W/O MVP Card $7.79 EA.
16 Oz. Select Varieties **LAND O LAKES BUTTER QUARTERS**

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 4/$5
W/ MVP Card $3.89 EA.
MVP Coupon -1.00 EFF.4
4/$4
MVP 7% MFR. DISCOUNT SAVINGS (MBT)
4.5 Oz. Select Varieties **DANNON LIGHT & FIT OR OIKOS REMIX YOGURT**

HOT SALE! MVP 2/$6
W/O MVP Card Regular Retail
4 Pack or 32 Oz. Select Varieties **DANNON TRADITIONAL OR ACTIVIA YOGURT**

HOT SALE! MVP 3.69 EA
W/O MVP Card Regular Retail
14-16.5 Oz. Select Varieties Pull-A-Parts or Roll Quarters or Tub **PILLSBURY READY TO BAKE COOKIES**

HOT SALE! MVP 3.99 EA
W/O MVP Card $4.99 EA.
14-16 Oz. Select Varieties Quarters or Tub **COUNTRY CROCK PLANT BUTTER**

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA.
17.5-30 Oz. Select Varieties **PILLSBURY GRANDS! CINNAMON ROLLS OR PUMPKIN SPICE BREAD**
WHILE SUPPLIES LAST!

32 Oz. Select Varieties **INTERNATIONAL DELIGHT CREAMER**
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.89 EA.

52 Oz. - Select Varieties **SIMPLY ADES OR PUNCHES OR MINUTE MAID ZERO SUGAR**
HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail

FROZEN

SAVINGS THAT'LL GIVE YOU THE CHILLS

MVP DIGITAL COUPONS
load on app
web
in-store kiosk

HOT SALE! 2/$8
W/O MVP Card $4.99 EA.
MVP Coupon -1.00 EFF.7
2/$7
MVP 7% MFR. DISCOUNT SAVINGS (MBT)
15.2-16 Oz. Select Varieties **BEN & JERRY'S ICE CREAM**

24 Oz. Pkg. - Frozen Select Varieties **JUST BARE CHICKEN**
MVP PRICED LOW EVERY DAY 9.99 EA
W/O MVP Card Regular Retail

HOT SALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price
8-10 Oz. Select Varieties **FARM RICH APPETIZERS**

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA.
18-24.6 Oz. Select Varieties **MRS. PAUL'S FROZEN SEAFOOD**

15.77-23.45 Oz. Select Varieties **RED BARON 12" PIZZA**
HOT SALE! 2/$9
W/O MVP Card $5.19 EA.
MVP Coupon -2.00 EFF.2
2/$7
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

17.65-28.79 Oz. Select Varieties **RED BARON FULLY LOADED OR FRESCHETTA PIZZA**
HOT SALE! 6.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 EFF.1
4.99 EA
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

8.65-8.8 Oz. Select Varieties **KID CUISINE FROZEN MEALS**
PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.49 EA.
MVP Coupon -1.00 EFF.2
2/$4
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

7-9 Oz. Select Varieties **JIMMY DEAN BREAKFAST BOWLS**
PRICED LOW EVERY DAY 2/$6
W/O MVP Card $3.99 EA.
MVP Coupon -1.00 EFF.7
2/$5
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

35-42 Oz. Select Varieties **BIRDS EYE VOILA! OR CHEF BOYARDEE FAMILY SIZE MEALS**
HOT SALE! 6.99
W/O MVP Card Regular Retail
MVP Coupon -1.00 EFF.1
5.99 EA
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

4-6 Ct. Select Varieties **KLONDIKE ICE CREAM BARS**
HOT SALE! 2/$8
W/O MVP Card $4.49 EA
MVP Coupon -1.00 EFF.7
2/$7
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

BREAKFAST

8.4-12.6 Oz. Select Varieties **QUAKER FRUIT FUSION OR PROTEIN INSTANT OATMEAL**
HOT SALE! MVP 4.29 EA
W/O MVP Card Regular Retail

10.4-12.3 Oz. Select Varieties **GENERAL MILLS MINIS CEREAL**
HOT SALE! MVP 2/$6
W/O MVP Card $4.59 EA.

32 Oz. **HUNGRY JACK PANCAKE MIX**
HOT SALE! MVP 2/$6
W/O MVP Card $3.49 EA.

30-35.3 Oz. Original or Hazelnut **FOOD LION NON-DAIRY COFFEE CREAMER**
HOT SALE! MVP 4.99 EA
W/O MVP Card Regular Retail

10.4 Oz. Select Varieties **FOOD LION FRUIT & GRAIN CEREAL BARS**
PRICED LOW EVERY DAY 2.39 EA

HOT SALE! MVP 2/$5
W/O MVP Card $2.99 EA.
1.83-2.12 Oz. Select Varieties **QUEST BAR**

HOT SALE! MVP 24.99 EA
W/O MVP Card $31.49 EA.
72 Ct. Single Serve Cups **FOOD LION COFFEE**

HOT SALE! MVP 5.99 EA
W/O MVP Card Regular Retail
10-12 Ct. K-Cups Select Varieties **KRISPY KREME OR MCCAFE COFFEE**

6 ZNCO ZDPH ZGSA ZGAA ZGAL ZGAT ZGCA ZGCR ZGCT ZGHK ZGPA ZGSA DKBG DKNA DKNY DKBA DKBL DKBM DKBT DKBA DMNA DMNK DMNS DNCA DNCD DNCE DNCH DNCL DNCR DNCT DNFL DNGB DNGL DNGR DNGS DNGV DNHP DNNB DNNF DNNL DNNO DNTT DNWA DNWI DNWL DNWM DNWN DNWT DPNL DPNN DPNI DSAG DSAJ DSCH DSLL DSCO DSCT DSFE DSFL DSFR DSGL DSGV DSGA DSIV DTCA DTCH DTNN DTNK DTNV DTR DVBL DVCA DVDC DVHA DVNK DVNO DVRC DVRD DVRI DVRN DVRO DVTL DYTR DVWH DVWN DVWR DWBS DWET DWNA DWBL DWCA DWCL DWNM DWNW DWNY DWNL DPNN DWSS DWSN

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DINNER
Bounty
The Quicker Picker Upper
Smooth Tear
Ziploc
Hefty
ULTRA STRONG
Fabuloso

HEALTH & BEAUTY

SAVINGS TO FEEL GOOD ABOUT

HOTSALE! MVP 3.99 EA
16-24 Ct. Select Varieties
GOODY'S OR BC POWDER
W/O MVP Card $5.49 EA

HOTSALE! MVP 6.99 EA
3.4-4 Oz. Select Varieties
PARODONTAX OR SENSODYNE TOOTHPASTE
W/O MVP Card $7.79 EA

1 Ct. Select Varieties
NICE'N EASY HAIR COLOR
HOTSALE! MVP 7.99 EA
W/O MVP Card $10.69 EA

5-7 Oz. Select Varieties
WHITE RAIN HAIR SPRAY OR MOUSSE
HOTSALE! MVP 1.89 EA
W/O MVP Card $2.79 EA

14 Oz. Hand Soap or 18 Oz. Kids 3-in-1 Body Wash Select Varieties
ARM & HAMMER LIQUID HAND SOAP OR BODY WASH
HOTSALE! MVP 2/$3
W/O MVP Card $5.99 EA

HOUSE & HOME

HOME IS WHERE THE SAVINGS ARE

HOTSALE! MVP 2/$6
75 Ct. Select Varieties
FOOD LION DISINFECTING WIPES
W/O MVP Card $3.49 EA

HOTSALE! MVP 5.69 EA
8 Mega Rolls
FOOD LION BATH TISSUE
6 Double Rolls
FOOD LION PAPER TOWELS
Select Varieties
W/O MVP Card Regular Retail

50 Ct. Select Varieties
HEFTY PARTY CUPS
HOTSALE! MVP 5.69 EA
W/O MVP Card $6.29 EA

HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail

40-48 Oz. Select Varieties
OXICLEAN

3 Pk. Flat Select Varieties
FOOD LION FACIAL TISSUE
HOTSALE! MVP 3.79 EA
W/O MVP Card $4.29 EA

81 Oz. - Select Varieties
FOOD LION CONCENTRATED BLEACH
PRICED LOW EVERY DAY
3.99 EA

32.5 Oz. Select Varieties
PALMOLIVE DISH SOAP
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA

5.89 Oz. Pure Automatic or 2 Pk. Oil Refills Select Varieties
AIR WICK
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

130 Ct. Select Varieties
HEFTY FOAM PLATES
HOTSALE! MVP 6.99 EA
W/O MVP Card $7.99 EA

56-90 Ct. Select Varieties
FOOD LION KITCHEN BAGS
HOTSALE! MVP 9.99 EA
W/O MVP Card $13.49 EA

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail
90 Ct. Sandwich or Snack Bags Select Varieties
ZIPLOC

HOTSALE! MVP 5.99 EA
W/O MVP Card $6.89 EA

24-60 Ct. Plates or 35-50 Ct. Cups Select Varieties
CHINET

18-28 Ct. Select Varieties
HEFTY TRASH BAGS
HOTSALE! MVP 7.89 EA
W/O MVP Card $8.79 EA

MVP DIGITAL COUPONS

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HOT SALE! 9.99 EA
W/$ MVP Card $10.99 EA
MVP Coupon -1.00 OFF!
24 Ct. Select Varieties
NYQUIL OR DAYQUIL LIQUICAPS
8.99 EA
MVP 10.10% DISCOUNT SAVINGS (UNIT)

HOT SALE! 9.99 EA
W/$ MVP Card Regular Retail
MVP Coupon -2.00 OFF!
12.2 Oz. Unstopables or 64-88 Oz. Liquid Fabric Softener Select Varieties
DOWNY
7.99 EA
MVP 10.10% DISCOUNT SAVINGS (UNIT)

HOT SALE! 14.99 EA
W/$ MVP Card Regular Retail
MVP Coupon -1.00 OFF!
8 Super Mega or 12 Mega Rolls
CHARMIN
6 Double Plus Rolls
BOUNTY
Select Varieties
13.89 EA
MVP 10.10% DISCOUNT SAVINGS (UNIT)

15.99
MVP Coupon -3.00 OFF!
60 Ct. Flings or 194 Oz. Liquid Select Varieties
GAIN
12.99 EA
MVP 10.10% DISCOUNT SAVINGS (UNIT)

PET

2.8-5 Oz. Select Varieties
CANINE CARRY OUTS DOG TREATS
HOTSALE! MVP 1.19 EA
W/O MVP Card $1.29 EA

13.2 Oz. Select Varieties
PEDIGREE WET DOG FOOD
HOTSALE! MVP 1.79 EA
W/O MVP Card $1.99 EA

3.15-3.5 Lb. Select Varieties
PURINA CAT CHOW
HOTSALE! MVP 6.29 EA
W/O MVP Card $6.99 EA

14 Lb. Jug Select Varieties
TIDY CATS CONTROL CAT LITTER
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

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W/O MVP Card Regular Retail
4 Ct. Tray Pack
FOOD LION RUSSET OR SWEET POTATOES

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
3 Lb. Bag
FOOD LION YELLOW ONIONS

HOTSALE! MVP 89¢ LB
W/O MVP Card Regular Retail
LOCAL ROOTS
Bulk or Tote Bag
ROMA TOMATOES

HOTSALE! MVP 1.99 EA
W/O MVP Card Regular Retail
8 Oz. Pkg.
FOOD LION MINI SWEET PEPPERS

HOTSALE! MVP 1.49 LB
W/O MVP Card Regular Retail
BROCCOLI CROWNS

HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail
6 Oz. Pkg.
RASPBERRIES

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
LOCAL ROOTS
Quart
MUSCADINE GRAPES

7.5 Oz.
Select Varieties
WHOLLY GUACAMOLE

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 1.99 EA
W/O MVP Card Regular Retail
Whole
GOLDEN PINEAPPLE

ORGANIC

NATURE'S PROMISE ORGANIC GREEN CABBAGE

HOTSALE! MVP 2.49 EA
W/O MVP Card Regular Retail
USDA ORGANIC

2 Lb. Bag
NATURE'S PROMISE ORGANIC HONEYCRISP APPLES

HOTSALE! MVP 4.99 LB
W/O MVP Card Regular Retail
USDA ORGANIC

Mums the word

Enjoy the beauty of classic fall colors

While Supplies Last!
7.99 EA
LOCAL ROOTS
OUTDOOR FALL MUMS

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Sale Begins Wednesday at 8 am in 24 Hour Stores.

FOOD LION

September 18 - September 24, 2024

Offers valid while supplies last.

FOOD LION MVP customer

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

15 Oz.
JIF PEANUT BUTTER & CHOCOLATE SPREAD

HOT SALE! MVP 3.79 EA

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

20 Oz.
WONDER CLASSIC WHITE ROUND TOP BREAD

HOT SALE! MVP 2.99 EA

W/O MVP Card $3.39 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

48 Oz.
Select Varieties
OREO FROZEN DESSERT

HOT SALE! MVP 2/$8

W/O MVP Card $4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12 Pack
12 Oz. Cans
Select Varieties
PEPSI PRODUCTS

HOT SALE! MVP 7.49 EA

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14.5-15.25 Oz.
Select Varieties
DEL MONTE CANNED FRUIT

HOT SALE! MVP 2/$5

W/O MVP Card $2.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

15-30 Oz. - Select Varieties
FATBOY ICE CREAM SANDWICHES OR CONES

HOT SALE! MVP 2/$8

W/O MVP Card $5.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

11.7 Oz.
Select Varieties
PILLSBURY TOASTER STRUDEL

HOT SALE! MVP 2/$5

W/O MVP Card $3.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

18 Oz.
Select Varieties
INNOVASIAN FROZEN MEALS

HOT SALE! MVP 6.99 EA

W/O MVP Card $7.39 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8-10.25 Oz.
Select Varieties
EL MONTEREY ENTRÉES

HOT SALE! MVP 3.99 EA

W/O MVP Card $4.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

9.9-11.5 Oz. Can
Select Varieties
MAXWELL HOUSE COFFEE

5.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

15.4-16.8 Oz. - Select Varieties
GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS
HOT SALE! MVP 2/$7
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.75-9.5 Oz.
Select Varieties
UTZ POTATO CHIPS
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.7 Oz.
Select Varieties
VICTOR ALLEN'S ICED COFFEE
3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

64 Oz.
Select Varieties
V8 SPLASH
MVP PRICED LOW EVERY DAY 2.39 EA
W/O MVP Card $2.98 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
GATORADE
1.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
WELCH'S FRUIT SNACKS
HOT SALE! MVP 2.89 EA
W/O MVP Card $3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

59 Oz.
Select Varieties
GOLD PEAK TEA
3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
POWERADE
1.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Pack
Select Varieties
MAISON PERRIER FLAVORED SPARKLING WATER
7.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Pack
8.4 Oz. Cans
Select Varieties
RED BULL
8.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

10.72-15.38 Oz.
Select Varieties
KODIAK FROZEN WAFFLES

HOT SALE! MVP
4.99 EA
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-13 Oz.
Select Varieties
SUPERPRETZEL SNACKS

HOT SALE! MVP
2/$5
W/O MVP Card $3.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

32 Oz. Tub or 6 Pack
Select Varieties
STONYFIELD ORGANIC YOGURT

HOT SALE! MVP
3.99 EA
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
USDA ORGANIC
Purchase of 2 Required to Get 3RD Item FREE!

4.5-6 Oz.
Select Varieties
THE LAUGHING COW

HOT SALE! MVP
2/$6
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
DAVE'S KILLER BREAD ORGANIC SNACK BARS

HOT SALE! MVP
2/$8
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
USDA ORGANIC
Purchase of 2 Required to Get 3RD Item FREE!

2.2 Oz.
Select Varieties
SNAPDRAGON CUPS OR BOWLS

2.69 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

.35 Oz.
Select Varieties
BIBIGO ORGANIC SEAWEED SNACK

2.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Oz.
Select Varieties
ANNIE'S MACARONI & CHEESE

HOT SALE! MVP
2/$3
W/O MVP Card $2.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14.5 Oz.
Select Varieties
DEL MONTE TOMATOES

HOT SALE! MVP
5/$5
W/O MVP Card $1.38 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.61-11.26 Oz.
Select Varieties
SUNBELT BAKERY CHEWY GRANOLA BARS

HOT SALE! MVP
2/$6
W/O MVP Card $3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 09/18/24

BUY 2 GET 1 FREE

FOOD LION MVP customer

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz. Bottle
Select Varieties
HINT WATER

1.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

20 Oz.
LA BANDERITA FLOUR TORTILLA

HOT SALE! MVP

2.99 EA

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
MRS. CUBBISON'S CROUTONS

HOT SALE! MVP

2/$3

W/O MVP Card $2.29 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
CHI-CHI'S SALSA

HOT SALE! MVP

2.59 EA

W/O MVP Card $2.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

1 Oz.
Select Varieties
HAPPY BABY ORGANIC MIXED BERRY YOGURT SNACKS

3.99 EA

BUY 2 GET 1 FREE

USDA ORGANIC

Purchase of 2 Required to Get 3RD Item FREE!

14-17.5 Oz.
Select Varieties
DUKE'S BBQ SAUCE

3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
JIF PEANUT BUTTER

5.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

13.25-14.25 Oz.
Select Varieties
BETTY CROCKER SUPER MOIST CAKE MIX

1.89 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

35 Oz.
Fabric Softener or
105 Ct. Dryer Sheets
Select Varieties
GAIN

4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

10-16 Oz.
Select Varieties
STOUFFER'S EVERYDAY SIDES

HOT SALE! MVP

2/$7

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!