



Unico solid light tuna in oil, 99g



Huggies wipes 1x56-64 ea, selected varieties



Quaker Chewy Granola Bars 120g, selected varieties



Schneiders Bologna 500g, selected varieties

See in-store for retails

LOWEST PRICES

As compared to other major gracery retailers within your local trade areas. "Must be a registered PC Optimum" member to get this offer. Valid from September 1st - 30th, 2024.



FLYER PRICES EFFECTIVE THURSDAY, SEPTEMBER 12 TO WEDNESDAY, SEPTEMBER 18, 2024.























1000s OF LOWERED PRICES EVERY DAY!



PRICE DROP

699

BECEL MARGARINE selected varieties 637/850 g 20297818002 EA



149

GREEN GIANT VEGETABLES selected vorieties 341/398 ml. 21021179 EA/21021224 EA



PRICE DROP

IÖGO CREAMY or 0% YOGURT selected varieties 16's 20004778001 EA/2000/582000 EA







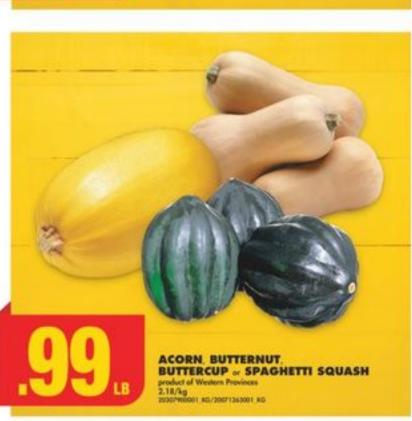


















If your produce isn't fresh, we'll replace AND refund it.*























*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

FRESH AT LOW PRICES



Turkey Sausages | Saucisses a la dinde

Mild Italian - Italienne douce

No Nitrites - Sans nitrites

Soucian processor de la control de la con

\$8

PC® BLUE MENU® GROUND CHICKEN & MINCED TURKEY & SUFRA® HALAL LEAN GROUND CHICKEN

454 g 21100091 8A/21100092 8A LILYDALE TURKEY DINNER SAUSAGES selected verieties 500 g 2104493 LA 699



MARINATED CHICKEN
BREASTS, THIGHS or LEGS
selected verleties
500-900 9
71404674 FA



Piller's

CONSTRUCT

C

PILLER'S
PEPPERETTES or
TURKEY BITES
selected veriefies
300-500 g
21099366 EA/21099391 EA

699



799

LOU'S KITCHEN ENTREES selected varieties, fully cooked 375/400 g 20007500 tA



899

PC® ULTIMATE CANADIAN BURGER 852 g or LOU'S PORK BACK RIBS selected verieties, 650 g 21011253 EA/21530546 EA



















BACK TO SCHOOL































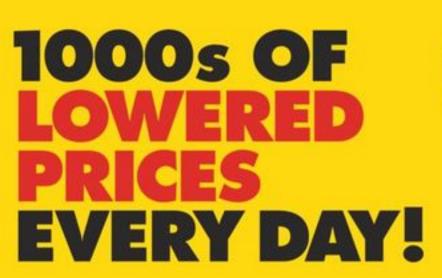
Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. *PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See instore for details.













lichelina's Michelina's Macaroni au fromage



SPECIAL NUTS & GRAIN KELLOGG'S SPECIAL K ... KASHI BARS

145-200 g 2064982001 (8/21810159 SA

CHAPMAN'S **PRICE DROP CHAPMAN'S SUPER NOVELTIES** selected varieties, frazen 8-20's 30111532 5A/20117561001 5A

GATORADE FIT GATORLYTE 991 mt SPORT DRINKS

PRICE DROP











































































SAVING IS SWEET





DARE REAL FRUIT
50%
21410061 AA



NESTLÉ MINI BARS

kinder Chocolate/Ghocolate

bringing

bringing

kinder

KINDER CHOCOLATE BUENO MINI

21588395.SA

PC® CHOCOLATE COVERED NUTS or FRUIT
selected varieties 200-400 g 20000214 fA



HERSHEY'S
ASSORTED
CHOCOLATE or
CANDY PACK
selected variefies
SO's
21528274 AA



KINDER SURPRISE 100 g. CARNABY SWEET HALLOWEEN KISSES & CARAMELS



DOLE FRUIT
BOWLS 4x107 mL or
FRUIT 'N GEL
SNACKS 4x123 g
selected vorieties
20318435001 EA/20318455007 EA



NESTLÉ SINGLE CHOCOLATE BAR selected vorieties 41-60 g





NESTLÉ « AERO CHOCOLATE TABLET Indicated workelies 90-120 g 20440560 6A/217247054 AA



379

NESTLÉ CHOCOLATE BAR MULTIPACK 4'1 or POUCHES 135-203 g selected verientes 20176136 8A/21080077 8A

BETTER AS A MEMBER

Scan your PC Optimum™ app or swipe your card to get
 PC Optimum™ Members pricing or points. See back page for details.

Earn*

5,000°









When you get participating products*
marked in store and online, a portion
of the proceeds from every purchase
made will be donated to:

charity













































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marked in store and online, a portion
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made will be donated to:

charity































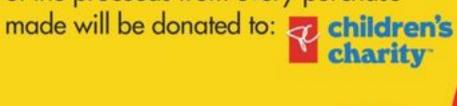








When you get participating products* marked in store and online, a portion of the proceeds from every purchase















































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marked in store and online, a portion
of the proceeds from every purchase
made will be donated to:

charity











































When you get participating products* marked in store and online, a portion of the proceeds from every purchase made will be donated to: children's charity





















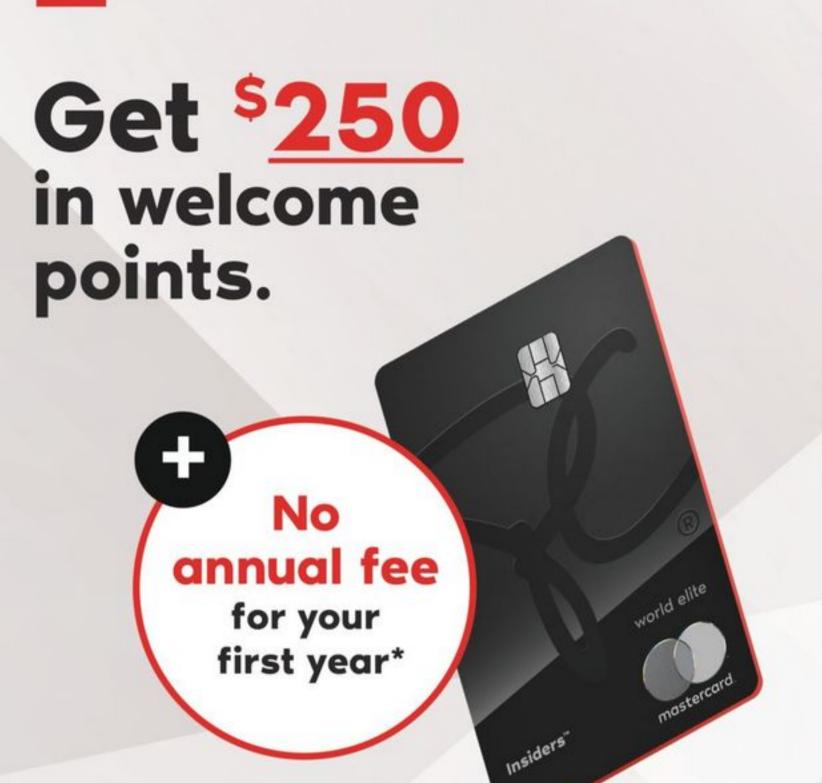




PC® COFFEE PODS 12's 20385345 EA

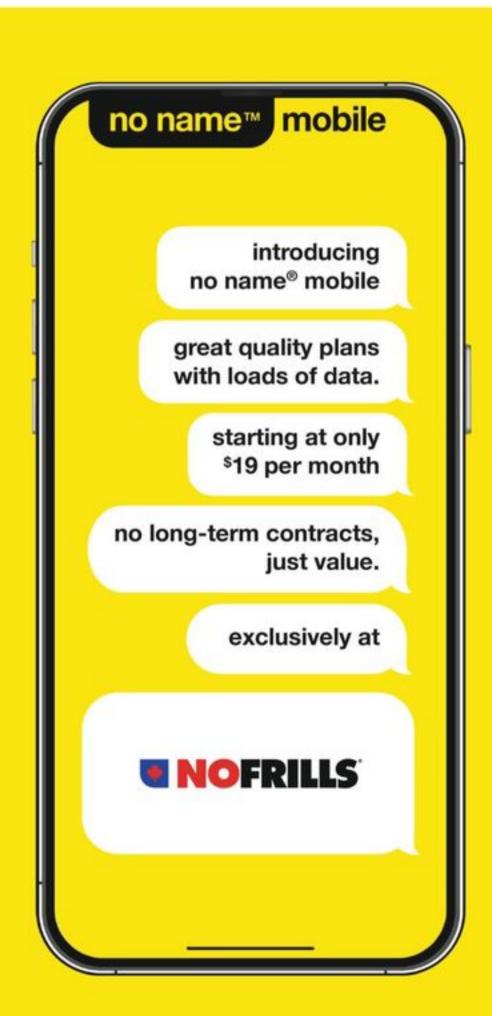






APPLY NOW

*Limited time offers. Receive a one-time credit of \$120, equivalent to the annual fee. Conditions apply.



Subject to change. Conditions apply. Visit nonamemobile.ca for full details.

BETTER AS A MEMBER *Scan your PC OptimumTM app or swipe your card to get PC OptimumTM Members pricing.

September 12-18, 2024

7,500 ets



for every \$50* spent on Boston Pizza gift cards.





HREE NEW WAYS E'RE KEEP DGETSHAPP



*Standard message and data rates may apply.

If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

The **UNOFRILLS** thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit www.pcoptimum.ca. We reserve the right to cancel or change the terms of this offer at any time without notice.