

Food-A-Rama

VALUE YOU CAN count on!

scan to SAVE



USE YOUR MOBILE DEVICE FOR MORE SAVINGS ONLINE!

Great Valu Markets

Visit us at www.greatvalu.com

FRESH VALUE

.99 lb.

Tyson Chicken Drumsticks
Value Pack



MORE VALUE

1.99 lb.

Assorted Bone In Pork Chops
Fresh, Value Pack

Get More For Less



MORE VALUE

5.99

Nathan's Famous Beef Franks
11-12 oz. pkg.
Select Varieties



MORE VALUE

2/\$7

Godshall's Turkey Bacon
12 oz. pkg.
Original Or Maple

MORE VALUE

4.99 lb.

Boneless Chuck Roast
USDA Choice Beef



Boneless Chuck Steaks
USDA Choice Beef

6.99 lb.

SAVE BIG EVERYDAY

MORE VALUE

5.99

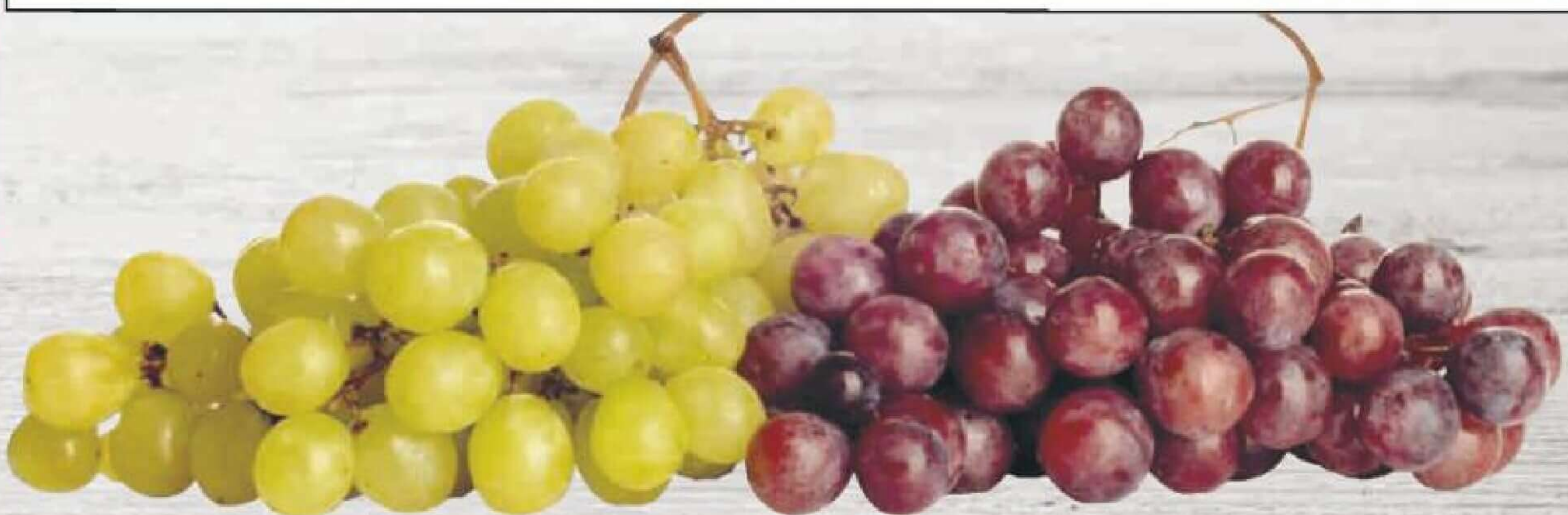
Arctic Shores 26/30 Ct. Raw EZ Peel Shrimp
1 lb. bag - IQF



FRESH VALUE

1.99 lb.

Red Or Green Seedless Grapes
Fresh



MORE VALUE

.49 lb.

Green Cabbage
Crisp



MORE VALUE

1.49 lb.

Tomatoes On The Vine
Red Ripe



MORE VALUE

1.79 lb.

Broccoli Crowns
Fresh



FROZEN Favorites



McCain Potatoes, Fries Or Onion Rings
14-26 oz. bag
Select Varieties

MORE VALUE

2/\$7



2/\$7

Quaker Cereal
10.3-13 oz. box
Select Varieties



GREATBUY!
4/\$5

Essential Everyday Pasta
12-16 oz. box
Select Varieties



2/\$6

Capri Sun Drinks
10 ct. pkg.
Select Varieties



MORE VALUE

2/\$6

Stouffer's French Bread Pizza Or Entrees
8.375-12.88 oz. box
Select Varieties



SAVE BIG EVERYDAY

4.49

Essential Everyday Butter Quarters
1 lb. box
Salted Or Unsalted



10/\$10

Chobani Greek, Less Sugar Or Zero Sugar Yogurt
5.3 oz. cup
Select Varieties



2/\$6

Old El Paso Or Crystal Farms Shredded Or Chunk Cheese
5.5-8 oz. pkg.
Select Varieties



MORE VALUE

5.99

Kellogg's Eggo Family Size Waffles
23.2-29.6 oz. box
Select Varieties



4.49

Doritos Tortilla Chips
6-10.75 oz. bag
Select Varieties



3/\$1

Maruchan Ramen Noodles
3 oz. pkg.
Select Varieties



4/\$5 - 1.00 When you buy 4

4/\$4*

Knorr Pasta Or Rice Sides
4-5.8 oz. pkg.
Select Varieties

*Download Coupon with Our Great Valu APP



MORE VALUE

2/\$4

Hanover Premium Frozen Vegetables
10-12 oz. bag
Select Varieties

great buys! SAVE YOU MORE... Look for these signs & SAVE WHILE YOU SHOP!

PRICES GOOD SEPTEMBER 18 - SEPTEMBER 24, 2024

Not responsible for typographical errors. Photos for illustration only and may not be actual product. We reserve the right to limit quantities. No sales to dealers. Not all items available in all locations.

TOP QUALITY MEAT



FRESH VALUE
7.99 lb.
Boneless Top Sirloin Steaks
USDA Choice Beef



FRESH VALUE
4.99 lb.
85% Ground Round
Fresh, Value Pack



FRESH VALUE
2.49 lb.
Center Cut Pork Roast
Fresh Bone-In

MORE SAVINGS

 <p>3.29 Oscar Mayer Fun Pack Lunchables 8.8-10.7 oz. pkg. Select Varieties</p>	 <p>8.99 Wright Smoked Bacon 24 oz. pkg. Applewood Or Hickory</p>	 <p>3.99 Gunnoe's Sausage Links Or Patties 10 oz. pkg.</p>	 <p>3.99 Carolina Pride Pork Sausage 16 oz. pkg. Hot Or Mild</p>	 <p>4.99 Johnsonville Breakfast Sausage Links Or Patties 9.6-11.1 oz. pkg. Select Varieties Fully Cooked</p>
 <p>4.49 Hormel Pepperoni 5-6 oz. pkg. Original Or Turkey</p>	 <p>3.99 Oscar Mayer Bologna Or Cotto Salami 16 oz. pkg. Select Varieties</p>	 <p>4.49 Oscar Mayer Deli Fresh Lunchmeat 7-9 oz. pkg. Select Varieties</p>	 <p>9.99 Heritage Finely Sliced Ribeye Steak 12 oz. pkg.</p>	 <p>6.99 Cooked Perfect Meatballs 18-28 oz. pkg. Select Varieties</p>
 <p>9.99 John Soules Foods Chicken Tenders 24 oz. pkg. Select Varieties</p>	 <p>2.29 Gwaltney Great Dogs 12 oz. pkg. Select Varieties</p>	 <p>4.99 Johnsonville Smoked Sausage Links, Ropes Or Brats 12-14 oz. pkg. Select Varieties</p>	 <p>6.99 Winter Creek Farms Wing Portions 40 oz. bag IOF</p>	 <p>3.99 Pacific Valley Tater Patties 10 ct. pkg. Frozen Regular</p>

FROM THE SEA

 <p>SAVE BIG EVERYDAY 14.99 Arctic Shores 41/50 Ct. Cooked Peeled Shrimp 2 lb. bag - Tail-On IOF</p>	 <p>SAVE BIG EVERYDAY 5.99 Arctic Shores Salmon Fillets 16 oz. pkg. IOF</p>	 <p>SAVE BIG EVERYDAY 9.99 Arctic Shores Whiting Fillets 32 oz. pkg. IOF</p>	 <p>3.99 Next Wave Mussels In Sauce 16 oz. pkg. Select Varieties</p>	 <p>10.99 Phillips Maryland Style Crab Cakes 6 oz. pkg.</p>
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BAKERY BUYS

 <p>3.49 La Brea Garlic Loaf 12 oz. pkg. Take & Bake</p>	 <p>10.99 Royal Baking Double Layer Dessert Cakes 8 Inch, Select Varieties</p>	 <p>8.99 Old Home Kitchens Variety Crème Cake 31 oz. pkg.</p>	 <p>3.99 Lofthouse Frosted Sugar Cookies 10 ct. pkg. Select Varieties</p>	 <p>5.49 Apple Pie 8 Inch, Select Varieties</p>
 <p>3.99 Two-Bite Blueberry Scones 10 oz. pkg.</p>	 <p>5.49 Maple Donut Assorted Cake Donuts 21 oz. pkg.</p>	 <p>5.99 Café Valley Croissants 6 ct. pkg. Large</p>	 <p>2.49 Stonefire Mini Naan Bread 7-7.5 oz. pkg. Select Varieties</p>	

DELI DEALS

 <p>6.99 lb. Signature Seasoned Turkey Breast Deli Fresh Honey Or Mesquite Smoked</p>	 <p>5.99 lb. Schreiber American Cheese Deli Fresh</p>	 <p>6.99 lb. Kretschmar Deli Loaves Deli Fresh Pickle & Pimento Or Olive</p>	 <p>5.99 lb. Signature Pepper Jack Cheese Deli Fresh</p>
 <p>5.99 lb. Kretschmar Cherrywood Smoked Ham Deli Fresh</p>	 <p>2.99 BelGioioso Cheese Wedges 5 oz. pkg. Select Varieties</p>	 <p>5.99 lb. Chicken Tenders Deli Fresh</p>	 <p>3.99 lb. Isabelle's Homestyle Coleslaw Deli Fresh</p>
		 <p>8.99 8 Piece Fried Chicken 2 Breasts, 2 Thighs, 2 Drumsticks & 2 Wings</p>	



INSTANT SAVINGS WITH APP Enter Your Phone Number At Checkout!

FREE Essential Everyday Garlic Bread

(up to \$3.00)
when you buy any TWO (2) P.F. Chang's Home Menu® or Bertolli® Frozen Skillet Meals 18-22 oz

Bertolli Pasta Meals
22 oz. bag
Select Varieties
6.99



P.F. Chang's Dinners Or Appetizers
18-22 oz. pkg.
Select Varieties
6.99

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GROCERY ESSENTIALS



SAVE BIG EVERYDAY
21/\$7 Essential Everyday Purified Drinking Water
 24 pk. 16.9 oz. btl.

8.99 Starbucks Ground, Whole Or K-Cup Coffee
 10 ct. box Or 12 oz. bag Or 32 oz. Cold Brew
 Select Varieties

21/\$3 Starkist Solid White Tuna
 5 oz. can
 In Water



Build a Better
BURGER
 September 18th is National Cheeseburger Day

14.49 Bubba Beef Burgers
 32 oz. pkg.
 Select Varieties



3.29 Ball Park Hamburger Or Hot Dog Rolls
 8 ct. pkg.
 Select Varieties



3.99 Sugardale Sliced Bacon
 12 oz. pkg.
 Hickory Smoked



3.29 Heinz Tomato Ketchup
 32 oz. btl.
 Squeeze



21/\$5 Heinz Yellow Mustard
 20 oz. btl.



4.49 Essential Everyday Mayonnaise Or Whipped Dressing
 22-30 oz. jar
 Select Varieties



21/\$7 Essential Everyday American Cheese Singles
 24 ct. pkg.
 Individually Wrapped

MORE SAVINGS

SAVE BIG EVERYDAY
GREATBUY!
2.29 Essential Everyday Salad Dressing
 16 oz. btl.
 Select Varieties

SAVE BIG EVERYDAY
21/\$4 Essential Everyday Pasta Sauce
 23-24 oz. jar
 Select Varieties

SAVE BIG EVERYDAY
3.49 Essential Everyday Grated Cheese
 8 oz. ctn.
 Select Varieties

3.99 Hungry Jack Microwavable Pancake Syrup
 24 oz. jug - Select Varieties

21/\$7 V8 Or V-Fusion Juice Drinks
 46 oz. btl.
 Select Varieties

ORGANIC
21/\$8 Honest Kids Organic Juice Drinks
 8 ct. pkg.
 Select Varieties

4.49 Minute Maid 100% Apple Juice
 6 ct. pkg.

21/\$6 Hungry Jack Pancake & Waffle Mix
 28-32 oz. box
 Select Varieties

SAVE BIG EVERYDAY
1.19 Essential Everyday Cream Soup
 10.5 oz. can
 Select Varieties

1.99 Hanover Soup Classics
 15 oz. can
 Select Varieties

2.79 Essential Everyday Saline Crackers
 16 oz. box
 Select Varieties

31/\$5 Essential Everyday Canned Chicken Breast
 5 oz. can

SAVE BIG EVERYDAY
GREATBUY!
21/\$4 Essential Everyday Potato Chips
 8-9 oz. bag
 Select Varieties

21/\$7 Kellogg's Nutri Grain Power-Fulls Or Pop-Tarts Bites Or Poppers
 5-7 oz. box - Select Varieties

21/\$6 Kellogg's Homestyle Rice Krispies Treats
 6.98 oz. box
 Select Varieties

SAVE BIG EVERYDAY
GREATBUY!
21/\$6 Essential Everyday Graham Crackers
 14.4 oz. box
 Honey Or Cinnamon

21/\$7 Taco Bell Dinner Kits Or Shells
 4, 8-12, 7.7 oz. box
 Select Varieties

HOME & HEALTH

Xtra Laundry Detergent
 56-57.6 oz. btl.
 Select Varieties
2.99

Flora Paper Towels Or Bath Tissue
 6 ct. Giant Roll Paper Towels Or 12 ct. Ro I Bath Tissue
5.99

Scott Paper Towels Or Bath Tissue
 20 ct. 1000 Sheet Bath Tissue Or 15 ct. Double Roll Paper Towels
15.99

handi • foil Giant Lasagna Pan
 1 ct. pkg.
1.49

Q-tips Cotton Swabs
 625 ct. pkg.
5.49

DAIRY DELIGHTS

Dannon Animals Or Light + Fit Greek Yogurt
 4 ct. pkg.
 Select Varieties
21/\$7

Starbucks Iced Coffee
 40-49 oz. btl.
 Select Varieties
5.49

Crystal Farms String Cheese
 9-10 oz. pkg.
 Select Varieties
4.29

Crystal Farms Cream Cheese
 8 oz. box
 Select Varieties
2.49

Cabot Bar Cheese
 8 oz. pkg.
 Select Varieties
21/\$6

FROZEN FINDS

Devour Entrees
 9-12 oz. box
 Select Varieties
21/\$7

Hungry-Man Dinners
 13.1-16 oz. box
 Select Varieties
21/\$8

Bagel Bites Pizza Snacks
 9 ct. box
 Select Varieties
21/\$5

DiGiorno Single Serve Pizza
 8.5-9.3 oz. box
 Select Varieties
4.29

José Olé Taquitos
 20-22.5 oz. pkg.
 Select Varieties
5.99

North Star Ice Cream Bars
 6 ct. pkg.
 Strawberry Shortcake
3.29

Red Lobster Cheddar Bay Biscuits
 15.66 oz. box
4.99

New York Bakery Cheese Sticks Or Texas Toast
 12.9-13.5 oz. box
 Select Varieties
21/\$7

Oscar Mayer Lunchables Sandwiches
 5.71-6.2 oz. pkg.
 Cheese Or Pepperoni
3.99

BACK to SCHOOL SALE!

Post

INSTANT SAVINGS WITH APP
Enter Your Phone Number At Checkout!

SAVE \$2.00

INSTANTLY WHEN YOU PURCHASE ANY FOUR (4) PARTICIPATING BRAND WITH COUPON.

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form. VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD. ONE COUPON PER PURCHASE. DO NOT DOUBLE. GOOD ONLY AT GREAT VALU.

*When You Use Our Great Valu APP

2/\$7 Bob Evans Sausage Links, Patties Or Rolls
12-16 oz. pkg. Select Varieties

2.99 Mom's Best Cereal
13 oz. box Crispy Cocoa Rice

3.49 Better Oats Steel Cut Oatmeal
11.6-15.1 oz. box Select Varieties

1.79 Mom's Best Oats
16 oz. box Quick Or Old Fashioned

4.49 Malt O Meal Cereal
30-37 oz. bag Select Varieties

2.99 Peter Pan Peanut Butter
16.3 oz. jar Select Varieties

3.29 Simply Potatoes Hash Browns Or Diced Potatoes
20 oz. pkg. Select Varieties

2.99 Post Cereal
10-16.6 oz. box Select Varieties

DON'T FORGET ABOUT YOUR FURRY FRIENDS!

7.49 Rachael Ray Nutrish Dry Cat Food
3 lb. bag Select Varieties

2.49 9 Lives Cat Food
4 ct. pkg. Select Varieties

22.99 Rachael Ray Nutrish Dry Dog Food
13-14 lb. bag Select Varieties

TOP QUALITY PRODUCE

FRESH VALUE .69 each Super Select Cucumbers
Crisp

FRESH VALUE 4.99 Navel Oranges
Tangy 3 lb. bag

FRESH VALUE 1.99 lb. Sugarbee Apples Or Bartlett Pears
Your Choice

MORE SAVINGS

.99 lb. Vidalia Onions Jumbo

3.49 each Cantaloupe Juicy

2/\$4 Green Giant Baby Bella Mushrooms
8 oz. pkg. Whole Or Sliced

.79 lb. Southern Yams Sweet

3.49 Kiwi 1 lb. clamshell

3.49 Clementines 2 lb. bag Easy To Peel

3.99 Taylor Farms Broccoli Snow, Brussels Sprouts, Snow Or Sugar Snap Peas
8-12 oz. pkg. Select Varieties

4.99 Marzetti Simply Dressed Salad Dressing
12 oz. jar Select Varieties

ORGANIC 2/\$7 Wild Harvest Organic Salad Blends
5 oz. pkg. Select Varieties

4.99 Bolthouse Farms Juices
32 oz. btl. Select Varieties

SNACK SHOPPE

10.99 Frito Lay Multi Pack Snacks
15-30 ct. box Select Varieties

2/\$7 Nabisco Newtons
10 oz. pkg. Select Varieties

2/\$7 Nabisco Nilla Wafers
11 oz. box Select Varieties

2.99 Arnold Country, Grains Almighty Or Whole Grains Bread
24 oz. loaf Select Varieties

2/\$5 Little Debbie Family Pack Snacks
10-13.1 oz. box Select Varieties

2/\$5 Maler's, Freihofer's Or D'Italiano Italian Bread
16-20 oz. loaf Select Varieties

3.79 Sara Lee Artesano Rolls
15-19 oz. pkg. Select Varieties

BUY 1 GET 1 FREE Thomas' Swirl Bread
16 oz. loaf Select Varieties

BUY 1 GET 1 FREE Entenmann's Little Bites
8.25 oz. box Select Varieties

BUY 1 GET 1 FREE Entenmann's Baker's Delights
8.8-13.8 oz. pkg. Select Varieties

2/\$5 Tastykake Mini Donuts
Select Varieties

NATURAL SPECIALTY

2/\$6 Kraft Plant Based Mac & Cheese
6 oz. box Select Varieties

3.49 Coffee Mate Natural Bliss Coffee Creamer
16 oz. btl. Select Varieties

2/\$6 Planet Oat Creamer
32 oz. btl. Select Varieties

2/\$6 Planet Oat OatMilk
52 oz. ctn. Select Varieties

2/\$3 Yoplait oui French Or Plant Based Yogurt
5 oz. jar Select Varieties

2/\$7 Tazo Chilled Organic Tea
42 oz. btl. Select Varieties

2/\$5 Lactaid Sour Cream
16 oz. ctn.

2/\$3 Yoplait Keto :ratio Protein Yogurt
5.3 oz. cup Select Varieties

Save 20%
When you purchase 6 or more bottles of wine.
750ml or 1.5 ltr. btl.

Truly Hard Seltzer Variety Pack
12 pk. 12 oz. cans
16.99

Franzia Wine
Select Varieties 5 ltr. box
19.99

Thursday, Friday & Saturday Only!
*Excludes Sale Items

FREE ITEM THIS WEEK!

DEER PARK SPARKLING WATER
33.8 oz. btl. - Select Varieties

It's EASY to get a FREE ITEM every week! Just download the Great Valu app. Check your email on SATURDAY, September 21st, and download your digital coupon. It's THAT EASY!

Visit us on the web www.greatvalu.com

Great Valu Markets
Locally Owned & Operated

Food-A-Rama
226 US Highway 64E
Manteo, NC 27954

PRICES GOOD SEP. 18 - SEP. 24

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Phone (252) 473-2924
For Your Shopping Convenience

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We Reserve The Right To Limit Quantities