



RECIPE OF THE WEEK
EASY MEAL IDEAS AT FAMILYFOODS.CA

Dill Pickle
Potato Salad



Fresh Produce

3⁹⁹ Each
Compliments Apples or Oranges
Macintosh or Gala Apples.
3 lb/1.36 kg.
Apples Product of British Columbia.
Oranges Product of U.S.A.



Fresh Meat

3²⁹ lb
7.25/kg
Fresh Pork Side Ribs



2/\$3 Compliments Soft Drinks or Potato Chips
Select Varieties. Potato Chips 200 g.
Soft Drinks 2 Litre. 🌱



4/\$5 Kraft Dinner or Side Dishes
Or Cups 58 g. Select Varieties. 156 - 200 g.



11⁴⁹ Each
Compliments Chicken Wings
Select Varieties. Frozen. 800 g.



2/\$3 Long English Cucumbers or Green Onions
Product of Canada.



2⁹⁹ McCain Superfries
Select Varieties. 454 - 800 g. Frozen.



2⁹⁹ Classico Pasta Sauce
Select Varieties. 410 - 650 mL.
Pesto 218 mL.



1⁹⁹ Philadelphia Dips
Select Varieties. 227 g.



2/\$7⁵⁰ Vachon Snack Cakes
Select Varieties. 282 - 336 g.

Meal Inspiration & Savings From our Family to Yours
Open Sundays in select locations only. familyfoods.ca

Sale Prices in Effect							
SEPT 2024	thu 12	fri 13	sat 14	sun 15	mon 16	tues 17	wed 18

British Columbia Port Alice Family Foods, Port Alice **Alberta** Beachside Market, Alberta Beach • Evansburg Family Foods, Evansburg • Food Market Coaldale, Coaldale • Gregoire Family Foods, Fort McMurray • KC Foods, Cremona
Saskatchewan Luseland Family Foods, Luseland **Manitoba** Ashern Foods, Ashern **Ontario** Family Foods Centennial, Thunder Bay • Renco Foods, Thunder Bay
North West Territories Kaeser's Stores, Fort Smith

Grocery



4⁹⁹ General Mills Cereal
Select Varieties. 297 - 437 g.



3⁹⁹ Compliments
Peanut Butter
Select Varieties. 500 g.



5⁹⁹ Compliments Creamed
or Liquid Honey
Select Varieties. 500 g.



1⁴⁹ Old El Paso Seasoning
Select Varieties. 24 g.



3⁴⁹ Old El Paso Mexican
Favourites
Select Varieties. 125 - 334 g.
113 - 398 mL.



3/\$10 Ben's Original
Bistro Express
Select Varieties.
240 - 250 g.



2/\$4 Betty Crocker
Hamburger or Tuna
Helper
Select Varieties. 158 - 240 g.



3⁴⁹ Kraft Shake'n Bake
Coating Mix
Select Varieties. 142 - 184 g.



6⁹⁹ Kraft Pizza Kit
850 g.



1⁷⁹ Lipton Soup Mix, Cup A
Soup or Knorr Soup Mix
Select Varieties. 56 - 166 g.



2/\$5 Pepperidge Farms
Goldfish Crackers
Select Varieties. 156 - 227 g.



2/\$7 Dare Wagon Wheels or
Bear Paws
Or Viva Puffs 300 g. Select Varieties.
Wagon Wheels 315 - 360 g. Bear Paws
168 - 240 g. Simple Pleasures 310 g.



2/\$7 Old Dutch
Potato Chips
Select Varieties. 235 g.
Ridgies 200 g.



2/\$9⁵⁰ Doritos Tortilla
Chips
Select Varieties.
210 - 280 g.



3⁹⁹ Ocean Spray
100% Juices
Or Cocktails. Select Varieties.
1.77 - 1.89 Litre. 🌱

Bakery



6⁹⁹ Compliments
Muffins
Select Varieties. 600 g.



5⁴⁹ Compliments
Butter Croissants
270 g.



3⁹⁹ Dempster's Bagels
Select Varieties. 450 - 510 g.



8⁹⁹ Tim Hortons Coffee
Select Varieties. 300 g.



1⁹⁹ Allen's Juice
or Cocktails
Select Varieties.
1 Litre. 🌱

Deli



7⁹⁹ Each
Maple Leaf
Natural Selections
Luncheon Meat
Select Varieties. 125 - 175 g.



5⁴⁹ Each
Mastro or San Daniele Meats
Select Varieties. Mortadella 175 g.
Prosciutto Cotto 125 g.
Capocollo 125 g.



1⁶⁹ 100g
Compliments Ham
Select Varieties.
Sliced or Shaved.



7⁹⁹ Folgers Gourmet
K-Cup Coffee
Select Varieties. 84 - 108 g.



7⁹⁹ Coca-Cola or Pepsi
Soft Drinks
Select Varieties.
12 x 355 mL. 🌱

Snacks



2/\$3 Hershey Single Chocolate Bars
Select Varieties. 34 - 58 g.



2/\$4.50 Cadbury King Chocolate Bars
Select Varieties. 66 - 90 g.



2/\$6 Jolly Rancher Candy or Twizzler Gummies
Select Varieties. 170 - 198 g.



2/\$6 Hershey Family Bars
Select Varieties. 90 - 120 g.



12.99 Mars Variety Mixed Halloween Treats
50's. 601 g.

Chilled & Frozen



2.99 Yoplait Tubes
Select Varieties. 448 g.



7.49 Cracker Barrel Cheese
Select Varieties.
Blocks 340 - 400 g.
Shredded 250 - 320 g.



3.49 Compliments Cream Cheese
Select Varieties. 227 - 250 g.



3.49 Parmalat Dahi Plain Yogourt
Select Varieties. 750 g.



7.99 Kraft Singles Cheese Slices
Select Varieties. 825 g.



6.99 Tropicana Orange Juice
Select Varieties. 2.63 Litre.



3.49 Compliments Perogies
Select Varieties. 907 g. Frozen.



5.49 Red Baron Pizza
Select Varieties. 422 - 740 g.
Frozen.



2.99 Best Buy Vegetables
Select Varieties. 750 g.
Frozen.



4.99 Compliments Frozen Fruit
Select Varieties. 300 - 600 g.



5.99 Chapman's Markdale Creamery Ice Cream or Novelties
Select Varieties. 2 Litre.
Novelties 440 - 1400 mL. Frozen.



21.99 Butterball Turkey Breast Roast
Select Varieties. Frozen.
1.2 - 1.5 kg.



12.29 Janes Chicken
Select Varieties. 700 g.
Frozen.



7.29 Compliments Appetizers
Select Varieties. 325 - 469 g.
Frozen.



15.99 Janes Ultimates Fish Fillets
Select Varieties.
530 - 615 g. Frozen.

Household & Pet



8.49 SpongeTowels
Select Varieties.
72 - 110 Sheets.
3 - 6 Roll.



8.99 Royale Facial Tissue
Select Varieties. 6's.
82's - 126's.



16.99 Purex, Persil or Sunlight Laundry Detergent
Select Varieties.
Purex 4.08 - 4.43 Litre. Sunlight 4 Litre.
Persil 2.21 Litre or 32's - 42's.



3.99 Glad Cling Wrap
60 Metres.



2.99 Milk Bone Dog Treats
Or Snausages. Select Varieties.
113 - 475 g.



Fresh Produce

99¢ lb
2.18/kg

Whole Seedless Watermelon
Product of U.S.A.



Fresh Meat

899 lb
19.82/kg

Beef Top Sirloin Grilling Steak
Boneless. Cut From Canada AA or Higher.



2/\$12

Wong Wing Entrees
Select Varieties.
360 - 680 g. Frozen.



2/\$7 Dempster's Bread
White 570 g.
100% Whole Wheat 675 g.



699 Imperial or Becel Margarine
Select Varieties.
Imperial 1.28 kg.
Becel 637 - 850 g.



349 Danone Activia or Two Good Yogourt
Select Varieties.
Activia 625 - 650 g.
Two Good 380 g.
Mix & Go 300 g.



799 Kraft Cheez Whiz
Regular or Light.
900 g.



849 Royale Bathroom Tissue or Paper Towel
Select Varieties.
Bathroom Tissue 9 - 12 Roll.
Paper Towel 3's.

Produce



499 Hass Avocados
5 Count.
Product of Mexico.



499 Fresh Strawberries
Product of U.S.A.
1 lb/454 g.



89¢ Each Corn On The Cob
Product of Canada.



499 Each Romaine Hearts
Product of Canada.
Package of 3.



699 Each Compliments Potatoes
Red or Russet.
Product of Canada.
10 lb/4.54 kg.

Meat*



549 lb
12.10/kg Fresh Lean Ground Beef
Less than 17% Fat Content.
Store may restrict to larger packs.



329 lb
7.25/kg Fresh Chicken Legs
Back Attached.



899 Each Freybe Ham Sticks
Regular or Honey Ham.
500 g.



599 Each Schneiders Bacon
Select Varieties. 375 g.



499 Each Johnsonville Ground Sausage
Or Breakfast Sausages.
Select Varieties. 250 - 375 g.

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Some items may not be available at all stores. All advertised items are on sale while stock lasts. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.