

**Porterhouse or T-Bone Steaks**

**9.99** per lb.

save at least \$7.00 per lb. with your VIC card

**Value Pack**

**Best. Fall. Ever!**  
at Harris Teeter

**Farmers Market Seedless Green Grapes**

**1.99** per lb.

save big per lb. with your VIC card

per lb. Simple Truth Organic Red, Green or Black Grapes **2.99** save big per lb. with your VIC card

**93% Lean Ground Beef** or 20.8 oz. pkg. **93% Lean Ground Turkey**

**4.99** per lb.

save big with your VIC card

**Farm Raised Coho Salmon Fillets** or Wild Caught **Snow Crab Clusters**

**6.99** per lb.

save big per lb. with your VIC card

**Farmers Market Fuji Apples**

**.99** per lb.

every aisle. **PRICED LOW** every day.

**Boneless Chicken Breast**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**Boar's Head Maple Glazed Honey Coat Turkey Breast**

**9.99** per lb.

save at least \$5.00 per lb. with your VIC card

**1 lb. Campari Tomatoes** or Extra Large **Avocados**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**Select Varieties Fresh Express Salads**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**VIC** Use your VIC card for more big savings!

**12 pk. 12 oz. Cans Coca-Cola Products**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

**14.5 - 15.25 oz. Harris Teeter Canned Corn, Peas or Green Beans**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

**6 - 8 oz. Harris Teeter Shredded Cheese**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

**20 oz. Thomas' Bagels or English Muffins or Entenmann's Cakes**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**7 - 8 oz. Cape Cod Large Bag or Waves Chips**

**BUY 2 GET 2 FREE**

when you buy 4 or Regular Price each

**MUST PURCHASE 2 TO GET 2 FREE.**

**12 Mega Roll Cottonelle Bath Tissue** or 6 Roll **Viva Paper Towels**

**9.99**

save big with your VIC card

**12 pk. Bud Family, Miller Family, Coors Family or Yuengling**

**11.99** each

Drink Responsibly - Must be 21 to Purchase

**750 ml. La Marca, La Crema, Kim Crawford or Korbel**

**15.99** each

Drink Responsibly - Must be 21 to Purchase

**eVIC** e-VIC Members Only Sale Offers valid Thursday, September 19 - Sunday, September 22, 2024

Not an e-VIC Member? Register for e-VIC at [www.harristeeter.com](http://www.harristeeter.com). VIC card/Alt ID and email address required. e-VIC status effective the first Wednesday after enrollment. Some restrictions apply.

**8.9 - 11.5 oz. General Mills Cereal**

**2.47**

save at least \$2.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

**12 oz Bag or 10 ct. K-Cups Dunkin' Coffee**

**5.97**

save at least \$4.08 over our already low VIC price when you buy 4

non e-vic member price **6.99**

All items must be purchased in a single transaction with your VIC card.

**5.6 - 6 oz. Yoplait Yogurt**

**.47**

save at least \$2.60 over our already low VIC price when you buy 20

non e-vic member price **10/\$6**

All items must be purchased in a single transaction with your VIC card.

**18.6 oz. Campbell's Chunky Soup**

**1.77**

save at least \$4.38 over our already low VIC price when you buy 6

non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card.

**NEW** **READY MADE MEALS AND SIDES**

Delicious meals & sides curated for you, to make dinner easier.

**HT Traders**  
DISCOVER • INSPIRE • ENJOY



Prices good through September 24, 2024

WED <b>18</b>	THU <b>19</b>	FRI <b>20</b>	SAT <b>21</b>	SUN <b>22</b>	MON <b>23</b>	TUE <b>24</b>
------------------	------------------	------------------	------------------	------------------	------------------	------------------



\*Pkg. may vary by location.

6 pk. 16.9 oz. Btls.

**Pepsi Products**

**BUY 2 GET 3 FREE**

limit 10

must buy 2 items to get 3 free with your VIC card

VIC SAVINGS

7 - 8.5 oz.

**Cheetos**

or 9.25 - 10 oz. **Fritos**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

VIC SAVINGS

46 oz.

**Turkey Hill**

**Ice Cream**

or 16 oz.

**Ben & Jerry's**

**Ice Cream**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

VIC SAVINGS

3.5 - 15.25 oz.

**Nabisco Oreo,**

**Chips Ahoy!,**

**Snack Crackers,**

**Ritz** or

**Toasted Chips**



**2 for \$7**

save big on 2 with your VIC card

VIC SAVINGS

52 oz.

**Fairlife**

**Whole Milk**



**2 for \$9**

save big on 2 with your VIC card

VIC SAVINGS

24 oz.  
**Ragu**  
Pasta Sauce  
**3/\$5**  
save big on 3  
with your VIC card

VIC SAVINGS



16 oz.

**Barilla Penne or Spaghetti**

**2 for \$3**

save big on 2 with your VIC card

VIC SAVINGS

750 ml.

**Cupcake,**

**Seaglass**

or **19 Crimes**



**9.99** each

each

Drink Responsibly - Must be 21 to Purchase

**every day DOUBLE manufacturers' COUPONS** up to 99¢

see customer service for details

FGA FGA FGA FGA

# Seafood Sale



12 oz. Bag  
Fishermans Market  
**31 - 40 ct.  
Cooked  
Tail-On Shrimp**

**BUY 1 GET 1**

**FREE**

each item rings at half price with your VIC card



8 oz.  
**Pier 33  
Mussel Meat**

**BUY 1 GET 1**

**FREE**

each item rings at half price with your VIC card



Wild Caught  
**31 - 40 ct.  
Key West  
Pink Shrimp**

**9.99** per lb.

save at least \$1.00 per lb. with your VIC card



**41 - 50 ct.  
Tail-On  
Cooked Shrimp**

**9.99** per lb.

save at least \$1.00 per lb. with your VIC card



Wild Caught  
**Patagonian  
Bay Scallops**

**10.99** per lb.

save at least \$4.00 per lb. with your VIC card



Wild Caught  
**Alaska Sockeye  
Salmon Fillet**

**14.99** per lb.

save at least \$2.00 per lb. with your VIC card



**Senior Discount Thursdays**

Seniors 60 and older get a

**5% DISCOUNT**

Please notify your cashier if you qualify

BGA BGA BGA BGA



# NEW

## Introducing HT Traders

DISCOVER • INSPIRE • ENJOY™

### READY MADE MEALS AND SIDES

Delicious meals & sides curated for you, to make dinner easier.

exclusively at

# Harris Teeter

\*Available in the Deli



20 -25 oz.

**HT Traders  
Family Entrees**



# \$4 Off

Homestyle Meatloaf  
Chicken Alfredo  
Enchiladas  
Sunday Pot Roast



12 - 14 oz.

**HT Traders  
Individual Entrees**



# \$2 Off

Fajita Chicken with yellow rice, Chicken Alfredo, Italian Sausage Pasta, Meatloaf with Redskin Potatoes, Spaghetti & Meatballs, Chicken Parmesan with Rotini or Sunday Pot Roast

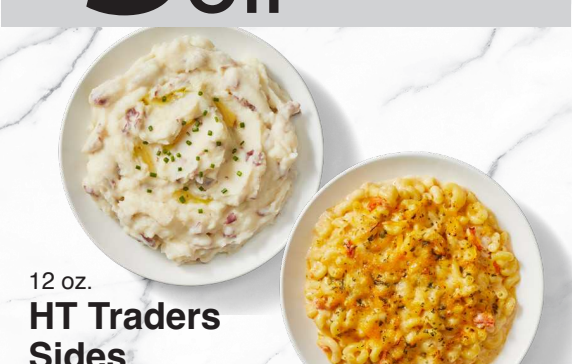


24 oz.

**HT Traders  
Family Sides**



# \$3 Off



12 oz.

**HT Traders  
Sides**

# \$1 Off

Redskin Mashed Potatoes,  
Mac & Cheese or  
Mac & Cheese with Lobster





Harris Teeter  
**Pharmacy**

get your  
**FLU  
VACCINE**  
and  
**SAVE  
\$5.00**

ON YOUR  
GROCERIES

**SAVE  
\$15.00**

ON YOUR GROCERIES

when you get a  
flu vaccine and **any**  
other vaccine  
in the same visit

(COVID AND RSV VACCINES  
ARE ALSO AVAILABLE)

Offer good  
through 10/31/24

plus...

**50**

fuel  
points



**CARE** *meets*  
**CONVENIENCE**



SCAN TO SCHEDULE  
AN APPOINTMENT

Restrictions apply.  
Ask pharmacist for details.



# from our meat department

# from our seafood department

Fresh Seafood from Your Local and Regional Neighbors

18.4 - 22 oz.  
**Hatfield Marinated Pork Tenderloin**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



USDA Choice  
**Porterhouse or T-Bone Steaks**



12 - 16 oz.  
**Hormel Bacon**



Fresh Farm Raised  
**Catfish Fillets**

**11.99** per lb.

save at least \$6.00 per lb. with your VIC card

**2 for \$12**

save big on 2 with your VIC card

**7.99** per lb.

save at least \$2.00 per lb. with your VIC card

Niman Ranch  
**Boneless Pork Loin Roast**  
**5.99** per lb.

save at least \$1.00 per lb. with your VIC card

SMART Antibiotic Free  
**Chicken Breasts or Tenderloins**  
**5.99** per lb.

save big per lb. with your VIC card

8 - 9 oz. Hillshire Farm  
**Lunchmeat**  
**2 for \$9**

save big on 2 with your VIC card

22 - 26 oz. Perdue  
**Chicken**  
**8.99** each

save at least \$3.00 each with your VIC card

3.1 - 4.4 oz. Oscar Mayer  
**Lunchables**  
**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

14 - 16 oz. Oscar Mayer  
**Franks**  
**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

21 - 30 ct. Fresh Wild Caught  
**East Coast Shrimp**  
**10.99** per lb.

save at least \$6.00 per lb. with your VIC card

Fresh Whole Dressed  
**Rainbow Trout**  
**4.99** per lb.

save at least \$2.00 per lb. with your VIC card

50 ct. Fresh Farm Raised  
**Littleneck Virginia Clams**  
**15.99** each

save at least \$2.00 each with your VIC card

3 oz. Charleston Style  
**Crab Cakes**  
**2 for \$7**

save at least \$2.00 on 2 with your VIC card

16 oz. Verde 93% Lean  
**Organic Ground Beef**  
**8.99** each

save at least \$1.00 each with your VIC card

8 oz. Beyond Burger  
**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

16 oz. Harris Teeter  
**Ground Sausage**  
**2 for \$7**

save big on 2 with your VIC card

16 oz. Mama Lucia  
**Meatballs**  
**4.99** each

save at least \$2.50 each with your VIC card

12 oz. Harris Teeter  
**Bacon**  
**2 for \$8**

save big on 2 with your VIC card

9 - 10 oz. Amy Lu Chicken  
**Sausage or Meatballs**  
**2 for \$9**

save big on 2 with your VIC card

16 oz. Boudreaux's  
**Breaded Oysters**  
**6.99** each

save at least \$1.00 each with your VIC card

5 oz. Cedar Bay  
**Salmon Plank**  
**4.99** each

save at least \$2.00 each with your VIC card

35.13 oz. Tastee Choice  
**Seafood Boil**  
**9.99** each

save at least \$2.00 each with your VIC card

Wild Caught 16 - 20 ct. Peeled & Deveined  
**Argentine Shrimp**  
**12.99** per lb.

save big per lb. with your VIC card

# from our grocery department

18 oz. Quaker  
**Quick Oats**  
**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

8 ct. Kellogg's  
**Pop-tarts**  
**2 for \$5**

save big on 2 with your VIC card

8.4 - 12.1 oz. Quaker Instant  
**Oatmeal**  
**2 for \$6**

save big on 2 with your VIC card

9.7 - 16.1 oz. Kellogg's  
**Cereals**  
**3 for \$10**

save big on 3 with your VIC card

20.5 - 22.3 oz. Family Size  
**Cap'n Crunch or Life Cereal**  
**2 for \$10**

save big on 2 with your VIC card

24 oz. Pepperidge Farm  
**Farmhouse Bread**  
**3.99**

save at least \$1.00 each with your VIC card

16 oz. Pompeian  
**Olive Oil**  
**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

9 - 17 oz. Premium  
**Crackers**  
**2 for \$5**

save at least \$4.58 on 2 with your VIC card

7.5 - 10 oz. Hormel  
**Compleats**  
**2 for \$5**

save big on 2 with your VIC card

9.4 - 14 oz. Kraft or Velveeta  
**Mac & Cheese Dinners**  
**2 for \$6**

save big on 2 with your VIC card

24 oz. HT Traders  
**Pasta Sauce**  
**2 for \$7**

save big on 2 with your VIC card

12 oz. SPAM  
**3.69**

save big with your VIC card

4.2 - 5.7 oz. Knorr Rice or  
**Pasta Side Dishes**  
or 15 oz. Manwich  
**Sloppy Joe Sauce**  
**4 for \$5**

save big on 4 with your VIC card

14 - 15 oz. Pepperidge Farm  
**Sandwich Rolls**  
**2 for \$7**

save at least \$1.58 on 2 with your VIC card

1 ct. Hershey's  
**King Size**  
**3 for \$5**

save big on 3 with your VIC card

3.2 oz. Chocolove  
**Candy Bars**  
**2 for \$6**

save big on 2 with your VIC card

12 oz. Bag  
**Charleston Coffee Roasters**  
**7.99**

save big with your VIC card

22.6 - 25.9 oz. Folgers  
**Coffee**  
**8.99**

save big with your VIC card

45.5 - 50 oz. Liquid  
**Arm & Hammer Laundry Detergent**  
**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

22 ct. Glad Kitchen  
**Trash Bags**  
**4.99**

save at least \$1.00 each with your VIC card

28 - 37 ct. Finish  
**Dish Tabs**  
**2 for \$20**

save big on 2 with your VIC card

5 ct. Airwick  
**Scented Oil Refills**  
**11.99**

save big with your VIC card

8 lb. Bag  
**Purina ONE Dog Food**  
**16.99**

save big with your VIC card

24 ct. Fancy Feast  
**Canned Cat Food**  
**19.99**

save big with your VIC card



# beverages

18.5 oz.  
**Gold Peak Tea**



**2 \$4**  
for

save at least \$1.98 on 2 with your VIC card

64 oz., 6 pk. 8 oz.  
or 8 pk. 6.75 oz.  
**Mott's Apple Juice**



**2 \$5**  
for

save big on 2 with your VIC card

10 - 12 qt.  
**Crystal Light Drink Mix**



**2 \$6**  
for

save at least \$2.38 on 2 with your VIC card

6 pk. .5 Ltr.  
**Canada Dry or 7-Up**



**2 \$7**  
for

save big on 2 with your VIC card

6 pk.  
**Izze Sparkling Juice Beverage**



**2 \$10**  
for

save big on 2 with your VIC card

6 pk. 500 ml.  
**Fiji Multipack**



**4.99**

save at least \$3.30 each with your VIC card

12 pk.  
**Waterloo Sparkling Water**



**5.49**

save at least \$1.20 each with your VIC card

4 pk.  
**Monster Energy**



**7.99**

save big with your VIC card

6 pk. .5 Ltr.  
**Vitamin Water or Smart Water**



**7.49**

save big with your VIC card

18 pk. 12 oz.  
**Gatorade Sports Drinks**



**9.99**

save at least \$3.50 with your VIC card

# snacks

5 - 12 oz.  
**On the Border or Boulder Canyon**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

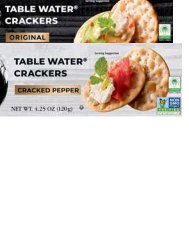
6.8 oz.  
**Nonni's Biscotti**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

4.25 oz.  
**Carr's Crackers**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

5.2 oz.  
**Pringles**



**2 \$4**  
for

save at least \$1.98 on 2 with your VIC card

16 oz.  
**Planters Peanuts**



**2 \$5**  
for

save at least \$3.58 on 2 with your VIC card

6 oz.  
**Blue Diamond Almonds**



**2 \$6**  
for

save at least \$2.98 on 2 with your VIC card

6.53 oz.  
**Quaker Rice Cakes**



**2 \$7**  
for

save at least \$2.98 on 2 with your VIC card

6.5 - 16 oz. **Kettle Large Bag, Air-Fried, Snyder's Seasoned Pieces, Twisted, Late July or Cravings Tortillas**



**2 \$7**  
for

save big on 2 with your VIC card

16 oz.  
**Dot's Pretzels**



**5.99**

save big with your VIC card

9 ct. **Goldfish** or 10 ct. **Snyder's Pretzel Multipacks**



**5.99**

save big with your VIC card

# health & beauty

42 ct.  
**Nexium 24HR Acid Reducer**



**24.99**

save at least \$5.00 each with your VIC card

5 oz.  
**Dr. Squatch Bar Soap**



**5.99**

save at least \$1.00 each with your VIC card

2.12 oz.  
**ONE Bars**



**2 \$4**  
for

save at least \$1.78 on 2 with your VIC card

168 - 192 ct.  
**Huggies Baby Wipes**



**6.29**

save at least \$1.20 each with your VIC card

# dairy and frozen

16.5 oz.  
**Nestle Cookie Dough**



**3.99**

save big with your VIC card

32 oz.  
**Fage Total Yogurt**



**5.99**

save big with your VIC card

6 oz.  
**Daisy Cottage Cheese with Fruit**



**4 \$5**  
for

save big on 4 with your VIC card

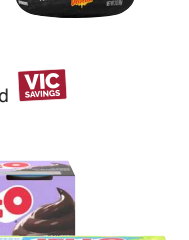
3 oz.  
**Just Crack an Egg or Oscar Mayer Scramblers**



**3 \$6**  
for

save big on 3 with your VIC card

15.5 oz.  
**Jell-O Pudding**



**2 \$5**  
for

save big on 2 with your VIC card

52 oz.  
**Florida's Natural Orange Juice**



**3 \$10**  
for

save big on 3 with your VIC card

10 - 12 oz.  
**Harris Teeter String Cheese**



**2 \$6**  
for

save big on 2 with your VIC card

12 ct.  
**Eggland's Best Organic Large Eggs**



**3.99**

save big with your VIC card

10 - 18 oz.  
**Pictsweet Vegetables**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

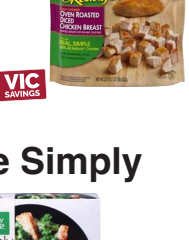
22 oz.  
**Tyson Chicken Strips**



**7.99**

save big with your VIC card

9.15 - 15 oz.  
**Healthy Choice Simply or Marie Callender's Entrees**



**2 \$6**  
for

save big on 2 with your VIC card

48 oz.  
**Harris Teeter Premium or Parlor Creations Seasonal Ice Cream**



**2 \$7**  
for

save big on 2 with your VIC card

6 - 15.5 oz.  
**Stouffer's or Life Cuisine**



**2 \$7**  
for

save big on 2 with your VIC card

6 ct.  
**Outshine Fruit Bars**



**2 \$8**  
for

save big on 2 with your VIC card

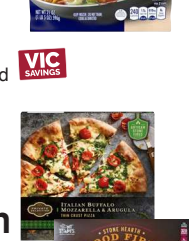
21 oz.  
**Birds Eye Voila!**



**2 \$8**  
for

save big on 2 with your VIC card

10.6 - 19.1 oz.  
**Simple Truth Organic, Private Selection or HT Traders Pizza**



**5.49**

save big with your VIC card

# home essentials

While Supplies Last. Not Available in All Stores.

4 ct. AA/AAA  
**Duracell Coppertop**



**20% off**

save big with your VIC card

20 lb.  
**Pit Boss BBQ Hardwood Pellets**



**10.99**

save big with your VIC card

8 ct.  
**Drumstick**



**5.99**

save big with your VIC card

4 ct.  
**Jimmy Dean Breakfast Sandwiches**



**5.99**

save big with your VIC card

\* Supplies are limited

3-30 3-30 3-30 3-30





# GAME ON savings

**eVIC e-VIC members only** weekly limit **4**

10 pk. 7.5 oz. **Pepsi Mini Cans**

**2.77**

save at least \$12.92 over our already low VIC price when you buy 4

non e-vic member price **2/\$12**

All items must be purchased in a single transaction with your VIC card.

4 pk. **Celsius Energy Drinks**

**BUY 2 GET 3 FREE** limit **10**

must buy 2 items to get 3 free with your VIC card

25.12 oz. **Freschetta Pizza**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

17.5 - 18 oz. **Kraft Barbecue Sauce** or 16 oz. **Salad Dressing**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

16 oz. **Chi-Chi's Salsa**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

1 - 1.25 oz. **McCormick Taco Seasoning**

**5 for \$4**

save big on 5 with your VIC card

14.5 oz. **Del Monte Canned Tomatoes**

**4 for \$5**

save big on 4 with your VIC card

15.5 - 16 oz. **Bush's Variety Beans**

**4 for \$5**

save big on 4 with your VIC card

1.25 Ltr. **Coca-Cola Products**

**3 for \$5**

save big on 3 with your VIC card

6.5 - 8 oz. **Harris Teeter Potato Chips**

**2 for \$4**

save big on 2 with your VIC card

8 oz. **Sargento Sliced Cheese**

**2 for \$6**

save big on 2 with your VIC card

7 - 8 oz. **PopCorners, Miss Vickie's** or 9.25 oz. **Doritos**

**2 for \$8**

save big on 2 with your VIC card

24 pk. .5 Ltr. **Harris Teeter Purified Water**

**2 for \$7**

save big on 2 with your VIC card

16 oz. **Harris Teeter Chunk Cheese** or 7 oz. **HT Traders Cracker Cuts**

**3.99**

save big with your VIC card

22 - 30 oz. **Kraft Mayonnaise** or 19 - 30 oz. **Miracle Whip**

**4.99**

save big with your VIC card

12 oz. **Private Selection Hot Dogs** or 16 oz. **Harris Teeter Meatballs**

**2 for \$10**

save big on 2 with your VIC card

8 pk. 20 oz. **Powerade Sports Drinks**

**2 for \$11**

save at least \$5.98 on 2 with your VIC card

12 pk. **Corona, Heineken, Stella Artois or Modelo**

**16.99 ea.**

Drink Responsibly - Must be 21 to Purchase

50 ct. **Harris Teeter Occasions Cups**

**3.99** save \$2.00 each with your VIC card

24 - 54 ct. **Harris Teeter Everyday Plates, Bowls or Cups**

**2 for \$6**

save at least \$1.98 on 2 with your VIC card

**Best. Fall. Ever!** at Harris Teeter

**A better way to do coffee**

La Colombe Coffee Roasters: Draft Latte, Cold Brew, Creamer

Chobani: Greek Yogurt, Creamer

**eVIC e-VIC members only** weekly limit **10**

52 oz. **Chobani Oatmilk**

**2.47**

save at least \$10.30 over our already low VIC price when you buy 10

non e-vic member price **2/\$7**

All items must be purchased in a single transaction with your VIC card.

11 oz. **La Colombe Cold Brew**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

9 oz. **La Colombe Cold Brew Multipack**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

4.5 - 6.7 oz. **Chobani Greek Yogurt Cups**

**10 for \$10**

save big on 10 with your VIC card

5.3 oz. **Chobani Greek Yogurt Multipack**

**2 for \$8**

save big on 2 with your VIC card

**LOW PRICE**

7 oz. **Chobani Drinks Multipack**

**5.99**

save big with your VIC card

24 - 42 oz. **Chobani Creamer** or **La Colombe Cold Brew**

**2 for \$8**

save big on 2 with your VIC card

**4X FUEL POINTS ON 100s OF GIFT CARDS TODAY!**

WITH DIGITAL COUPON FROM OUR E-VIC EMAIL, APP OR WEBSITE.

redeem at: eBay, Domino's, ULTA Beauty, Lowe's, Fanatics, GIFT CARD REDEMPTION, DEBIT VISA

VALID EVERY DAY 9/18-10/1

\*Restrictions apply. See Associate for details. Subject to availability. Excludes Amazon Gift Cards. All trademarks are property of their respective owners. The Visa Gift Card is issued by Pathward, N.A., Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S. everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details.





**HT**  
**Traders**<sup>TM</sup>  
DISCOVER • INSPIRE • ENJOY

# READY MADE MEALS AND SIDES

Delicious meals & sides  
curated for you,  
to make dinner easier.



**LEARN MORE**



— ways to —  
**SAVE**  
 my  Harris Teeter

every aisle. every day.

**PRICED  
 LOW**

on essentials



Look for **BOGOS** throughout the store!

**Value Pack**  
 VIC



**Value Pack**  
 VIC



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

Heritage Farm  
**Chicken  
 Thighs**

**1.79**  
 per lb.

every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

Harris Teeter  
**Assorted  
 Pork Chops**

**2.99**  
 per lb.



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

Farmers Market  
**Bunch  
 Hot House  
 Tomatoes**

**1.49**  
 per lb.

every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

6 ct. Tray  
 Farmers Market  
**Mini Seedless  
 Cucumbers**

**2 \$5**  
 for



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

Gallon  
 Harris Teeter  
**Orange Juice**

**7.49** each



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

19.2 oz.  
 Tennessee Pride  
**Breakfast Biscuits**

**6.29** each



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

12 ct.  
 Harris Teeter  
**Mandarin Fruit Cups**

**7.99** each



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

80 ct. 9 oz.  
 Smart Way  
**Translucent Cups**

**3.79** each



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

14.4 oz.  
 Smart Way  
**Graham Crackers**

**1.99** each



every aisle. every day.  
**PRICED  
 LOW**  
 on items you use the most

16 oz.  
 Smart Way  
**Peanut Butter**

**1.89** each

Prices valid September 18 through September 24, 2024.

PO1 PO1 PO1 PO1



Look for Hundreds of BOGOS throughout the store!

# wine & beer

\*not available at all stores

Drink Responsibly - Must be 21 to Purchase



750 ml. **Bread & Butter** Chardonnay  
or 6 pk. **Loverboy** Sparkling Hard Tea  
or 8 pk. **Crooks**

**14.99** each



750 ml. **Bar Dog** Pinot Noir  
or 6 pk. **Victory**  
or 4 pk. Select Varieties **Devil's Backbone Smash**

**11.99** each

# harris teeter fine wines club

**EVERYDAY! 10% OFF HALF case wine**  
SEE STORE FOR DETAILS



750 ml. **Casillero Del Diablo** Cabernet  
or 6 pk. **Blue Moon**

**10.99** each



750 ml. **MezzaCorona** Pinot Grigio  
or 6 pk. **Bold Rock Imperial**

**11.99** each

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.



1.5 ltr. **Frontera** Cabernet/Merlot  
or 750 ml. **Line 39** Cabernet

**9.99** each



750 ml. **Nobilo** Sauvignon Blanc  
or **Bonterra** Cabernet

**12.99** each



750 ml. **Ferrari-Carano** Fume Blanc or **Z Alexander Brown** Cabernet

**13.99** each



750 ml. **Louis Martini** Sonoma Cabernet  
or **Evolution** Pinot Noir

**18.99** each



12 pk. **Simply Spiked**, **Lone River**, **Guinness**  
or **Surfside**

**17.99** each



15 pk. **Founders** or 15 pk. **Goose Island** or 8 pk. **High Noon**  
or 12 pk. Aluminum btls. **Michelob Ultra**

**19.99** each



12 pk. **Pacifico** or **Mango Cart**

**18.99** each



6 pk. **Athletic**, **Shiner**  
or **White Claw**

**9.99** each



66 - 160 ct. **Harris Teeter Facial Tissues**

**5 \$5** for

save big on 5 with your VIC card

**VIC SAVINGS**

1 lb. **Farmers Market Whole Carrots**

**.99**

save big with your VIC card

**VIC SAVINGS**

12 oz. **Harris Teeter Evaporated Milk** or 15 oz. **Bread Crumbs**

**2 \$3** for

save big on 2 with your VIC card

**VIC SAVINGS**

5.3 oz. **Harris Teeter Greek Yogurt**

**10 \$7** for

save big on 10 with your VIC card

**VIC SAVINGS**

10 - 12.5 oz. **Harris Teeter Canned White Chicken**

**2 \$6** for

save at least \$1.98 on 2 with your VIC card

**VIC SAVINGS**

20.5 - 22.9 oz. **Harris Teeter Thin Crust Pizza** or 23.8 oz. **Pizza Snacks**

**2 \$8** for

save big on 2 with your VIC card

**VIC SAVINGS**

64 oz. **Harris Teeter 100% Cranberry Juice**

**2 \$7** for

save at least 98¢ on 2 with your VIC card

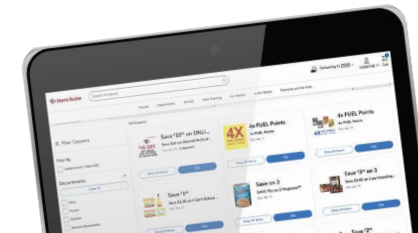
**VIC SAVINGS**

30 oz. **Harris Teeter Popcorn Kernels**

**2 \$4** for

save at least \$1.58 on 2 with your VIC card

**VIC SAVINGS**



**A GREAT WAY TO SAVE!** **evic COUPONS** EXCLUSIVE SAVINGS

Click online. Clip these offers. Save BIG!

Download savings directly to your VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout.

download these digital coupons

6 ct. **LäraBar**

save **\$1.00** each

When You Buy ONE (1)

9/1/2024 - 9/30/2024

32 oz. **Crest Mouthwash**

save **\$3.00** each

When You Buy ONE (1)

9/1/2024 - 9/28/2024

12 ct. **ZzzQuil Sleep Aid**

save **\$1.00** each

When You Buy ONE (1)

9/1/2024 - 9/28/2024



# Celebrate Hispanic Heritage



12.31 - 12.97 oz.  
**Tapatio Marinades**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

2 - 4 lb.  
**El Sembrador Yuca or Plantain**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

12.5 oz.  
**Jarritos Sodas**

**4 for \$5**

save big on 4 with your VIC card

8.8 oz.  
**Harris Teeter 90 Second Rice**  
or 16 oz. **Dry Pinto Beans**

**2 for \$3**

save big on 2 with your VIC card

4 oz.  
**Hatch Diced Green Chiles**

**1.79**

save big with your VIC card

1 oz.  
**La Preferida Seasonings**

**2 for \$4**

save big on 2 with your VIC card

4.9 oz.  
**Ortega Taco Shells**

**2 for \$4**

save big on 2 with your VIC card

16 oz.  
**Siete Refried Beans**  
or 1.31 oz.  
**Taco Seasoning**

**2 for \$5**

save big on 2 with your VIC card

5.5 oz.  
**Siete Kettle Chips**

**2 for \$8**

save big on 2 with your VIC card

11 - 13 oz.  
**Farmers Market Mexican Style Street Corn or Tajin Pineapple Pico de Gallo**

**4.49**

save big with your VIC card

32 oz.  
**El Monterey Burritos**

**4.99**

save big with your VIC card

15 oz.  
**Siete Green or Red Enchilada Sauce**

**5.99**

save big with your VIC card

**Best. Fall. Ever!**  
at Harris Teeter

**Fall flavors, breakfast & beyond**

**eVIC e-VIC members only**

5.3 oz.  
**Siggis Skyr Yogurt**

**.97**

save at least \$2.24 over our already low VIC price when you buy 8

non e-vic member price **8/\$10**

weekly limit **8**

All items must be purchased in a single transaction with your VIC card.

5.3 oz.  
**Siggis Plant-Based Coconut Blend**

**3 for \$5**

save at least 32¢ on 3 with your VIC card

4.5 oz.  
**Siggis Single Serve Pouches**

**4 for \$5**

save at least 54¢ on 4 with your VIC card

8 oz.  
**Siggis Drinks**

**3 for \$5**

save at least 33¢ on 3 with your VIC card

24 oz.  
**Siggis Skyr Yogurt**

**2 for \$10**

save at least \$1.79 on 2 with your VIC card

4 pk.  
**Siggis Cups**

**2 for \$10**

save at least \$1.49 on 2 with your VIC card

4 pk.  
**Siggis Pouches**

**2 for \$10**

save at least \$1.49 on 2 with your VIC card

24 oz.  
**Siggis Plant-Based Coconut Blend**

**6.49**

save at least 90¢ each with your VIC card

30 - 32 oz.  
**Stonyfield Organic Greek Yogurt**

**6.99**

save at least \$1.00 each with your VIC card

24 oz.  
**Stonyfield Grassfed Greek Yogurt**

**7.99**

save at least 50¢ each with your VIC card

4 pk.  
**Stonyfield Smoothies**

**4.99**

save at least \$1.00 each with your VIC card

32 oz.  
**Stonyfield Tubs**  
or 6 pk. **Cups**

**2 for \$9**

save at least 49¢ on 2 with your VIC card

8 pk.  
**Stonyfield Tubes**

**2 for \$8**

save at least 99¢ on 2 with your VIC card

16 oz.  
**Stonyfield Yo Baby Tubs**

**2 for \$5**

save at least 49¢ on 2 with your VIC card

12 pk.  
**Stonyfield Smoothies**  
or 16 pk. **Tubes**

**6.49**

save at least 50¢ each with your VIC card

**Friday, Sept. 20**

redeem at Harris Teeter Fuel, Amoco

**4X FRIDAYS**

**FUEL POINTS**

on all qualifying items

download the digital coupon available to clip September 18 - 20 ONLY

**SAVE UP TO \$1.00 PER GALLON\***

\*Supplies are limited. Offer valid Friday, September 20, 2024, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. \*Terms and conditions apply.



# Live Naturally

# BIG Savings on Produce



1 lb. Bag  
**Simple Truth Organic Baby Carrots**  
**2 \$4**  
save big on 2 with your VIC card



8 oz.  
**Farmers Market Shredded Iceberg Lettuce**  
**2 \$5**  
save big on 2 with your VIC card



.2 - 2.5 oz.  
Select Varieties  
**McCormick Gourmet Spices**  
**25% off**  
save big with your VIC card



15 oz.  
**Simple Truth Organic Pumpkin**  
**2 \$5**  
save at least 98¢ on 2 with your VIC card



2 Big Roll  
**Simple Truth Paper Towels**  
**2.79**  
save big with your VIC card

4 Double Roll  
**Simple Truth Bath Tissue**  
**2 \$5**  
save big on 2 with your VIC card



64 oz.  
**Simple Truth Organic Milk**  
**3.99**  
save big with your VIC card



12 ct.  
**Eggland's Best Organic Pasture Raised Eggs**  
**5.49**  
save big with your VIC card




8 oz. Farmers Market  
**Whole Cremini or Sliced Baby Bella Mushrooms**

1 lb. Bag Farmers Market  
**Baby Cut Carrots**

Farmers Market  
**Hot House Cucumbers**

**Your Choice!**  
Farmers Market  
**Orange, Yellow or Red Bell Peppers**

**3 \$5**  
for  
save big on 3 with your VIC card



15.2 oz.  
**Naked Juice**  
**BUY 2 GET 2 FREE**  
save big on 4 with your VIC card



3 lb. bag Farmers Market  
**Honeycrisp**  
or 2 lb. bag  
**Cosmic Crisp Apples**  
**4.99** each  
save big with your VIC card



Farmers Market  
**Bean Dip**  
**5.99** per lb.  
save big per lb. with your VIC card



Farmers Market  
**Green Asparagus**  
**3.99** per lb.  
save big per lb. with your VIC card




**floral**  
not available in all stores

In Organza Wrap  
**10 Stem Rose Bouquet**  
**6.99** each  
save at least \$6.00 each with your VIC card

6 inch  
**Chrysanthemum**  
**9.99** each  
save at least \$2.00 each with your VIC card



Farmers Market  
**Tree Ripe Peaches**  
**2.99** per lb.  
save big per lb. with your VIC card



Farmers Market  
**Jumbo Cantaloupes**  
**3.99** each  
save big with your VIC card



Farmers Market  
**Bartlett, Bosc, Red, Comice or Seckel Pears**  
**2.49** per lb.  
save big per lb. with your VIC card



3 lb. Bag  
Farmers Market  
**Navel Oranges**  
**4.99** each  
save big with your VIC card

every aisle. every day.  
**PRICED LOW**  
on items you use the most



4 ct. Tray  
Farmers Market  
**Sweet Corn**  
**2.99** each



5 oz.  
Farmers Market  
**Spring Mix**  
**1.99** each



3 lb. Bag  
Farmers Market  
**Yellow Onions**  
**1.99** each



3 lb. Bag  
Farmers Market  
**Russet Potatoes**  
**1.99** each

## big savings from our fresh foods market



12 ct.  
Fresh Foods Market  
**Fresh Baked Cookies**  
**2 for \$8**  
save at least \$4.98 on 2 with your VIC card



6 oz.  
Assorted Varieties  
Athenos  
**Feta Crumbles**  
**4.99** each  
save big with your VIC card



Fresh Foods Market  
**Half Cakes**  
**9.99** each  
save at least \$3.00 each with your VIC card



Fresh Foods Market  
**Whole Subs**  
**6.99** each  
save big with your VIC card



Select  
Stonefire  
**Flatbreads or Naan**  
**2 for \$6**  
save big on 2 with your VIC card



Fresh Foods Market  
**Rotisserie Chicken**  
**6.99** each  
save big with your VIC card

Prices In This Ad Effective Sept. 18 - Sept. 24, 2024  
In The Following Stores Only:  
\* Supplies are limited

•ALDIE •ALEXANDRIA •ARLINGTON •ASHBURN •BRISTOW •CHANTILLY •FAIRFAX •FALLS CHURCH •GAINESVILLE •HERNDON •LEESBURG •MANASSAS •MCLEAN •PURCELLVILLE •RESTON •STERLING •VIENNA •WARRENTON •CHARLOTTESVILLE •HAMPTON •NEWPORT NEWS •CHESAPEAKE •VIRGINIA BEACH •PORTSMOUTH •NORFOLK •MECKLENBURG •HAYGOOD SHOPPING CENTER •GREAT NECK SHOPPES •BENNETTS CREEK CROSSING SC •STRAWBRIDGE MARKETPLACE •WILLIAMSBURG

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store.

E



- ways to -  
**SAVE**

my  Harris Teeter



 **HT Plus**

Look for quality and value *right here!*



You know that shopping at Harris Teeter with your VIC card saves you money. Did you also know that there are many more **Ways To Save at Harris Teeter**? There are three **EASY** ways you can find great savings on quality products that we have in our stores and save more on fuel.



Join for personalized e-mails, unique savings and access to digital coupons.

**SAVE  
\$100's**

every month  
when you **join**

JOIN eVIC today to receive:

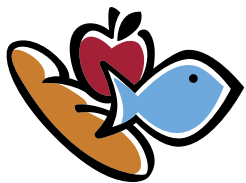
- Personalized Offers every Wednesday and Friday
- Exclusive Item of the Week Savings
- Access to Hundreds of Digital Coupons
- Current Sweepstakes

  
plus... EXCLUSIVE SAVINGS

Download savings  
directly to your VIC card.

**JOIN FREE TODAY**





**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

**WEEKLY SPECIALS\***

PRICES VALID THROUGH 9.24.24

\* Supplies are limited



6 oz.  
Daisy  
Cottage Cheese with Fruit

8 oz.  
Daisy  
Sour Cream

14 - 16 oz.  
Daisy  
Sour Cream  
or 16 oz.  
Cottage Cheese

**4 \$5**  
for

**2 \$3**  
for

**2 \$5**  
for

save at least 54¢ on 4 with your VIC card



save at least 49¢ on 2 with your VIC card



save at least 49¢ on 2 with your VIC card



16 oz.  
Daisy  
Sour Cream Dips

24 oz.  
Daisy  
Sour Cream  
or Cottage Cheese

48 oz.  
Daisy  
Sour Cream

**2 \$6**  
for

**3.99**

**6.29**

save at least 49¢ on 2 with your VIC card



save at least 20¢ each with your VIC card



save at least 70¢ each with your VIC card



**SHOPPER MARKETING**





Prep for fall and shop smarter with your VIC Card.



34 oz.  
Tide Liquid Laundry Detergent

**5.49**

save at least \$1.00 each with your VIC card



12 - 16 ct.  
Tide PODS Laundry Detergent

**5.49**

save at least \$1.00 each with your VIC card



46 oz.  
Gain Liquid Laundry Detergent

**5.49**

save at least \$2.20 each with your VIC card



1.75 oz.  
Febreze Plug Dual Refill

**9.99**

save big with your VIC card



23.6 oz.  
Febreze Fabric Refresher

**5.49**

save big with your VIC card



14.6 - 18 oz.  
Dawn Liquid Dish Soap

**2.99**

save at least 50¢ each with your VIC card



11 - 18 ct.  
Cascade Action Packs

**5.49**

save at least \$1.00 each with your VIC card



24 oz. / 48 ct.  
Vick's DayQuil / NyQuil Severe Combo Packs

**21.99**

save at least \$2.00 each with your VIC card



1 ct.  
Gillette ProGlide or Venus Razors

**15.99**

save at least \$4.00 each with your VIC card



10.9 - 12.5 oz.  
Head & Shoulders Shampoo, Conditioner or 2-in-1

**5.99**

save at least \$1.00 each with your VIC card



6.6 oz.  
Crest 3D White Advanced Toothpaste Value Packs

**9.99**

save at least \$1.00 each with your VIC card



6 oz.  
Olay Complete or Active Hydrating Facial Moisturizer

**11.99**

save at least \$3.00 each with your VIC card



18 oz.  
Old Spice Hair & Body Wash

**5.99**

save at least \$1.00 each with your VIC card

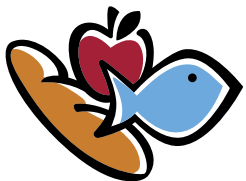


52 - 88 ct.  
Luvs Big Pack Diapers

**23.49**

save big with your VIC card



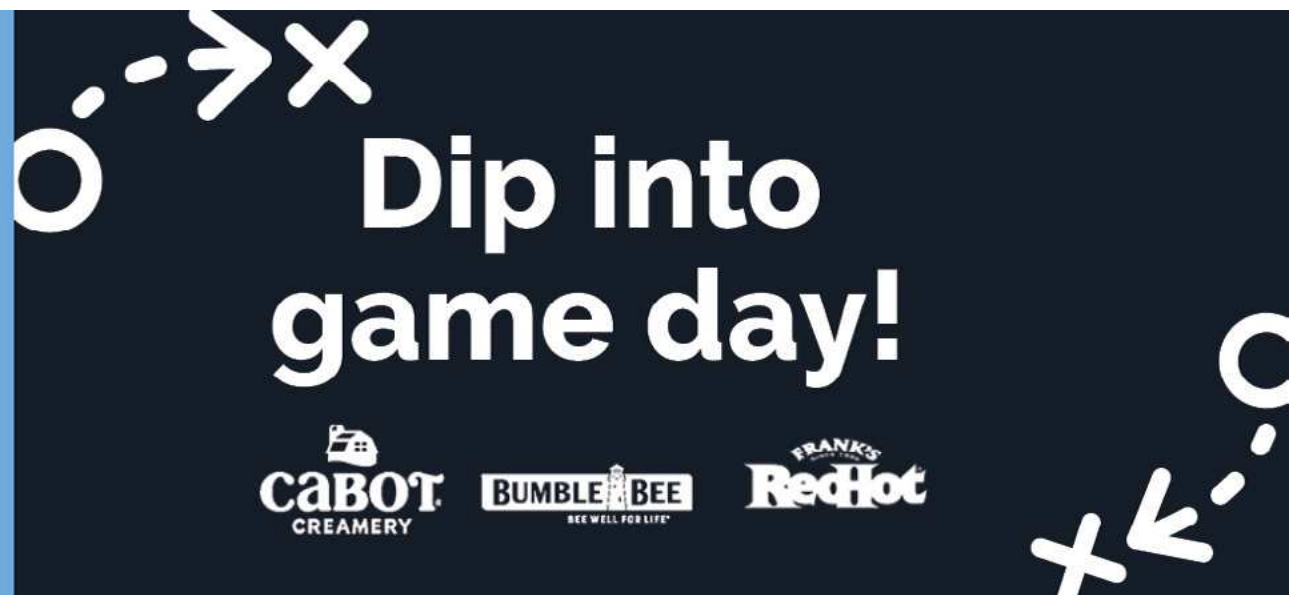


**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

**WEEKLY SPECIALS\***

PRICES VALID THROUGH 9.24.24

\* Supplies are limited



12 oz.  
**Frank's RedHot Sauce**

**2 \$8**  
for

save at least 99¢ each with your VIC card



8 oz.  
**Cabot Chunk Cheese**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



10 oz.  
**Bumble Bee Premium Chicken Breast**

**2 \$7**  
for

save at least 99¢ on 2 with your VIC card



13 oz.  
**Litehouse Blue Cheese or Ranch Dressing**

**3.99**

save big with your VIC card



9 oz.  
**Simple Truth Organic Tortilla Chips**

**2 \$4**  
for

save at least 79¢ on 2 with your VIC card



8 oz.  
**Dandy Celery Sticks**

**2 \$7**  
for

save big on 2 with your VIC card



16 oz.  
**Grimmway Fresh Carrot Chips**

**2 \$4**  
for

save big on 2 with your VIC card

