# FOOD LION

September 18 - September 24, 2024

Offers valid while supplies last.

## Here to help you *save more*

26-30 Ct. 16 Oz. Bag Frozen
**FOOD LION RAW OR COOKED SHRIMP**
HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

YOU SAVE $5.00 LB

HOT SALE! MVP 8.99 LB CHOICE
Ask For Your Preferred Thickness
**BONELESS NEW YORK STRIP STEAK**
W/O MVP Card $13.99 LB

Family Pack
**FOOD LION CHICKEN DRUMSTICKS**
HOT SALE! MVP 99¢ LB
W/O MVP Card $1.49 LB

**ST. LOUIS STYLE PORK RIBS**
HOT SALE! MVP 2.99 LB Limit 2
W/O MVP Card $4.49 LB

## *Buy an apple bag*
**for your family and help nourish another**

Every bag purchased provides 5 meals* to our local feeding partners.

*For more details visit foodlion.com/feeds

YOU SAVE $1.30 EA

HOT SALE! MVP 2.49 EA
3 Lb. Bag
**FOOD LION FEEDS GALA APPLES**
W/O MVP Card $3.79 EA

3 Lb. Bag
**MANDARINS**
HOT SALE! MVP 2.99 EA
W/O MVP Card $4.99 EA

5 Lb. Bag
**FOOD LION GOLD POTATOES**
HOT SALE! MVP 2.99 EA
W/O MVP Card $5.99 EA

### MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 2/$6 W/MVP Card Digital Price
MVP Coupon -1.00 EXT
10.3-13 Oz. Select Varieties
**FRESH EXPRESS CHOPPED SALAD KITS**
2/$5 MVP DIGITAL DISCOUNT SAVINGS

HOT SALE! MVP 2/$12 Limit 6
W/O MVP Card Regular Retail
12 Pack - 12 Oz. Cans Select Varieties
**FANTA OR MINUTE MAID PRODUCTS**

HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
6.88-11 Oz. Select Varieties
**ENTEN-MANN'S LITTLE BITES MUFFINS OR THOMAS' MUFFINS**

6-13 Oz. - Select Varieties
**DORITOS TORTILLA CHIPS**
LIMIT 4 FREE
HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price

HOT SALE! MVP BOGO FREE
W/O MVP Card Regular Retail Single Item Half Price
48 Oz. Select Varieties
**BREYERS ICE CREAM**

HOT SALE! MVP 8.99 LB
W/O MVP Card $10.99 LB
Freshly Sliced
**DIETZ & WATSON TURKEY IN THE DEL!**

12-16 Oz. Select Varieties
**MUELLER'S PASTA**
MVP PRICED LOW EVERY DAY
2/$3 W/O MVP Card $1.69 EA

2 Liter Select Varieties
**COKE PRODUCTS**
HOT SALE! MVP Limit 6 3/$5
W/O MVP Card Regular Retail

7-8 Oz. - Select Varieties
**TILLAMOOK SLICED OR SHREDDED CHEESE**
HOT SALE! MVP 2/$7
W/O MVP Card $3.99 EA

HOT SALE! MVP 7.49 EA
W/O MVP Card $9.79 EA
12 Pack Select Varieties
**GOGO SQUEEZ APPLESAUCE**

46 Oz. Select Varieties
**TROPICANA PREMIUM ORANGE JUICE**
HOT SALE! MVP 2/$6
W/O MVP Card $4.68 EA

14.5-15 Oz. Select Varieties
**CHEF BOYARDEE CANNED PASTA**
HOT SALE! MVP 1.00 EA
W/O MVP Card $1.58 EA

4.5-5.4 Oz. Select Varieties
**BETTY CROCKER FRUIT SNACKS**
HOT SALE! MVP 2/$5
W/O MVP Card $3.79 EA

### MVP DIGITAL COUPONS load on app • web • in-store kiosk

HOT SALE! 2/$5 W/MVP Card Digital Price
MVP Coupon -1.00 EXT
10.7-12 Oz. Select Varieties
**GENERAL MILLS TOAST CRUNCH OR REESE'S PUFFS CEREAL**
2/$4 MVP DIGITAL DISCOUNT SAVINGS

6 Mega Rolls
**QUILTED NORTHERN** Ultra Rolls
**BRAWNY** Select Varieties
HOT SALE! 6.49 EA W/MVP Card Digital Price
MVP Coupon -1.00 EXT
5.49 EA MVP DIGITAL DISCOUNT SAVINGS

32 Ct. Pods or 105 Oz. Liquid Select Varieties
**TIDE**
HOT SALE! 15.99 EA W/MVP Card Digital Price
MVP Coupon -4.00 EXT
11.99 EA MVP DIGITAL DISCOUNT SAVINGS

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN & MVP HOT SALE! OUR BEST WEEKLY MVP DEALS

# Here to save you more with exclusive *rewards*

SHOP&EARN MONTHLY REWARDS

**Activate Your Offers**

**Check Your Progress**

## You can also *donate your rewards* to help our neighbors!

**Donate Now**

FOOD LION FEEDS

SHOP&EARN MONTHLY REWARDS

*For each $1 in Shop & Earn rewards you donate, Food Lion will donate $1 to Food Lion Feeds Charitable Foundation. The foundation will then distribute the funds to local food banks and their local feeding agencies throughout our footprint.

# Serve up family meals *for less!*

*100% fresh* or *double* your money back

See foodlion.com for details

HOTSALE! MVP
**5.49 LB**
Ground Fresh Daily
**85% LEAN FRESH GROUND ROUND**
W/O MVP Card Regular Retail



12-16 Oz. Pkg. Select Varieties
**HORMEL BACON**
HOTSALE! MVP
**4.99 EA**
W/O MVP Card Regular Retail

HOTSALE! MVP
**5.99 LB**
W/O MVP Card Regular Retail
**BEEF SHOULDER OR BOTTOM ROUND ROAST**
USDA CHOICE

HOTSALE! MVP
**7.49 EA**
W/O MVP Card Regular Retail
24 Oz. Pkg. Select Varieties
**FRESH MARINATED TURKEY BREAST TENDERLOINS**

HOTSALE! MVP
**4.49 EA**
W/O MVP Card Regular Retail
19 Oz. Pkg. - Select Varieties
**JOHNSONVILLE FRESH DINNER SAUSAGE**

HOTSALE! MVP
**4.99 EA**
W/O MVP Card Regular Retail
16 Oz. Pkg. - Select Varieties
**FRESH TURKEY BURGERS**

HOTSALE! MVP
**3.99 LB**
W/O MVP Card Regular Retail
Boneless, Center Cut
**PORK CHOPS**

HOTSALE! MVP
**3.99 EA**
W/O MVP Card Regular Retail
17-20 Oz. Pkg. - Select Varieties
**RESER'S MAIN STREET BISTRO SIDES**

HISPANIC HERITAGE MONTH SEP 15 – OCT 15

# We have the fresh ingredients you'll need to bring family and tradition to the table.

HOTSALE! MVP
**6.99 LB**
W/O MVP Card Regular Retail
**BONELESS STEW BEEF**
USDA CHOICE

HOTSALE! MVP
**5.99 LB**
W/O MVP Card Regular Retail
**PERDUE HARVESTLAND ORGANIC FRESH CHICKEN BREASTS**

HOTSALE! MVP
**1.49 LB**
W/O MVP Card Regular Retail
**FRESH PORK PICNIC**

## ALWAYS AFFORDABLY PRICED • QUALITY • FRESH • GUARANTEED

12-16 Oz. Pkg. Select Varieties
**JIMMY DEAN BREAKFAST SAUSAGE**
HOTSALE! MVP
**BOGO FREE**
W/O MVP Card Regular Retail Single Item Half Price

12-14 Oz. Pkg. - Select Varieties
**HILLSHIRE FARM SMOKED SAUSAGE**
HOTSALE! MVP
**2/$7**
W/O MVP Card Regular Retail

5-6 Oz. Pkg. - Select Varieties
**HORMEL PEPPERONI**
HOTSALE! MVP
**3.99 EA**
W/O MVP Card Regular Retail

16 Oz. Pkg. - Select Varieties
**OSCAR MAYER DELI FRESH LUNCH MEAT**
HOTSALE! MVP
**5.99 EA**
W/O MVP Card Regular Retail

52 Oz. Bag - Frozen
**ROSINA HOMESTYLE MEATBALLS**
HOTSALE! MVP
**10.99 EA**
W/O MVP Card Regular Retail

## SUSTAINABLE SEAFOOD

HOTSALE! MVP
**10.99 EA**
W/O MVP Card Regular Retail
16 Oz. Pkg.
**FAMILY PACK SALMON FILLETS**

HOTSALE! MVP
**6.99 EA**
W/O MVP Card Regular Retail
3 Oz. Pkg.
**NATURE'S PROMISE ORGANIC COLD SMOKED ATLANTIC SALMON**

HOTSALE! MVP
**3.49 EA**
W/O MVP Card Regular Retail
7 Oz. Pkg. Select Varieties
**SEAFOOD DIPS OR SPREADS**

HOTSALE! MVP
**11.99 EA**
W/O MVP Card Regular Retail
40 Oz. Pkg. Frozen
**FOOD LION SWAI**

"At Food Lion, I've always felt a deep sense of belonging."

- Jose R., Strategic Initiatives Manager

READ HIS STORY

I Belong at FOOD LION

Honoring NATIONAL HISPANIC HERITAGE MONTH

# DELIcious BOGOs of the week!

HOTSALE! BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price
8 Oz. TASTE OF INSPIRATIONS CHEESE CUBES

HOTSALE! BOGO FREE
W/O MVP Card $3.49 EA
Single Item Half Price
5 Ct. TEXAS TOAST

HOTSALE! BOGO FREE
W/O MVP Card $4.49 EA
Single Item Half Price
4 Ct. FOOD LION BAGELS

## Save on easy meal and snacking solutions

Available in our Deli & Bakery

HOTSALE! 8.99 LB
W/O MVP Card $9.99 LB
Freshly Sliced TASTE OF INSPIRATIONS CHICKEN BREAST

HOTSALE! 3.99 EA
W/O MVP Card $6.99 EA
8 Oz. DEPALO FOODS CALZONES

MVP PRICED LOW EVERY DAY 4.99 EA
W/O MVP Card $6.99 EA
8 Oz. BELGIOIOSO PARMESAN CHEESE WEDGE

MVP PRICED LOW EVERY DAY 5.99 EA
W/O MVP Card $6.99 EA
Made Hot In-Store TRADITIONAL ROTISSERIE CHICKEN

HOTSALE! 4.49 EA
W/O MVP Card $6.99 EA
10 Oz. Select Varieties TASTE OF INSPIRATIONS DIPS

HOTSALE! 3.79 EA
W/O MVP Card $4.49 EA
10 Oz. FRESH CRAVINGS HUMMUS

HOTSALE! 3.99 EA
W/O MVP Card $4.49 EA
3 Ct. APPLE FRITTERS

HOTSALE! 3.99 EA
W/O MVP Card $6.99 EA
16 Ct. In-Store Made FOOD LION COOKIES

# OUR BRANDS

Buy a participating product from our family of brands & get a select our brands product for **FREE** when you use your personal MVP Card.

**Switch to Our Brands and save.** FOOD LION · Nature's Promise · taste of inspirations

## BUY ONE OF THESE

24 Oz. Pkg. No Antibiotics Ever
NATURE'S PROMISE CHICKEN BREAST PORTIONS

HOTSALE! 8.99 EA
W/O MVP Card Regular Retail

& GET THIS FREE

3 Lb. Bag Select Varieties
NATURE'S PROMISE ORGANIC POTATOES

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

## BUY ONE OF THESE

6 Oz.
TASTE OF INSPIRATIONS FETA CHEESE CHUNK IN THE DELI

HOTSALE! 2.49 EA
W/O MVP Card $3.99 EA

& GET THIS FREE

10 Oz. Pkg.
FOOD LION GRAPE TOMATOES

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

## BUY ONE OF THESE

16 Oz. Select Varieties
NATURE'S PROMISE ORGANIC PEANUT BUTTER



HOTSALE! 3.99 EA
W/O MVP Card $4.69 EA

& GET THIS FREE

20 Oz.
FOOD LION HONEY WHEAT BREAD

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

## BUY ONE OF THESE

HOTSALE! 3.99 EA
W/O MVP Card $4.99 EA

24 Ct. Select Varieties
FOOD LION FROZEN WAFFLES

& GET THIS FREE

24 Oz.
FOOD LION SYRUP

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

## BUY ONE OF THESE

MVP PRICED LOW EVERY DAY 4.49 EA
W/O MVP Card $6.99 EA

12 Pack 12 Oz. Cans Select Varieties
FOOD LION SODA

& GET THIS FREE

5.2 Oz. Select Varieties
FOOD LION CRISPY THIN CRUST PIZZA

W/O MVP Card Regular Retail
Limit 1 reward per shopping visit

Now offer ADDED WEEKLY!

## Here with a *new* week of *digital coupon savings*

Sign in at foodlion.com, our app or the in-store kiosk

3 ZDPH ZDSA ZDAH ZSAL ZSAT ZSAU ZSCH ZSCR ZSCT ZSRY ZWBG ZWNA ZWNY ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZPAL ZPHA ZPHI ZSAQ ZSAU ZSCH ZSCL ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRC ZVRD ZVRE ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 09/18/24

# Buy an apple bag

## or make a cash donation to help families thrive

**HELP NOW**

## More savings down the aisles.

### PRICED LOW EVERY DAY

24 Oz. Select Varieties
**WESSON VEGETABLE OR CANOLA OIL**
MVP 3.19 EA
W/O MVP Card Regular Retail

16-24 Oz. Select Varieties
**RAGU PASTA SAUCE**
MVP 2/$4
W/O MVP Card $2.46 EA

### MVP HOTSALE!

2.5 Oz. Select Varieties
**CHICKEN OF THE SEA TUNA POUCH**
MVP 5/$5
W/O MVP Card $1.29 EA

5 Oz. Select Varieties
**COOPER STREET TWICE BAKED COOKIES**
LIMIT 4 FREE
MVP BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price

9.7 Oz.
**SPLENDA GRANULAR SWEETENER**
MVP PRICED LOW EVERY DAY 7.29 EA
W/O MVP Card $8.99 EA

10.5-11.5 Oz. Select Varieties
**FERRARA FUN SIZE CANDY**
MVP PRICED LOW EVERY DAY 4.79 EA
W/O MVP Card $5.89 EA

20 Oz.
**SARA LEE HONEY WHEAT BREAD**
HOTSALE! MVP 2/$5
W/O MVP Card $3.99 EA

8 Oz. Select Varieties
**ORTEGA TACO SAUCE**
HOTSALE! MVP 1.99 EA
W/O MVP Card $3.59 EA

4.5-5 Oz. Select Varieties
**SHAKE 'N BAKE COATING MIX**
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.89 EA

15 Oz. Select Varieties
**OLD TYME GAME DAY SANDWICH ROLLS**
MVP PRICED LOW EVERY DAY 2/$6
W/O MVP Card $3.29 EA

5.5-8.5 Oz. Select Varieties
**RUFFLES POTATO OR MISS VICKIE'S KETTLE CHIPS**
HOTSALE! MVP 2/$7
W/O MVP Card Regular Retail

10 Oz. Select Varieties
**KIKKOMAN SOY SAUCE**
HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail

15 Oz. Select Varieties
**LUCK'S BEANS**
HOTSALE! MVP 5/$5
W/O MVP Card $1.39 EA

6 Oz. Select Varieties
**TRUFF HOT SAUCE**
HOTSALE! MVP 9.99 EA
W/O MVP Card $13.99 EA

3.5 Oz. Select Varieties
**MARIANI SALAD TOPPER**
HOTSALE! MVP 2/$5
W/O MVP Card $3.29 EA

HOTSALE! MVP 3.99 EA
W/O MVP Card $5.69 EA

12.1-12.4 Oz. Select Varieties
**KELLOGG'S RICE KRISPIES TREATS**

### BUY TWO OF THESE

HOTSALE! MVP 2/$8
W/O MVP Card $5.99 EA

10.68-20 Oz. Select Varieties
**NABISCO FAMILY SIZE OREO COOKIES**

### BUY ONE OF THESE

10 Ct. Select Varieties
**FRITO LAY MULTIPACK**
HOTSALE! MVP 5.49 EA
W/O MVP Card $6.99 EA

HOTSALE! MVP 3.98 EA
W/O MVP Card $4.99 EA

12.5 Oz. Select Varieties
**SWANSON PREMIUM CHICKEN**

HOTSALE! MVP 2/$5
W/O MVP Card $3.19 EA

7 Oz. Select Varieties
**SPAM**

### & GET THIS $1.50 OFF

6 Pack - 7.5 Oz. Cans Select Varieties
**COCA-COLA OREO ZERO SUGAR**
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

### & GET THIS $2.00 OFF

20 Oz.
**NATURE'S OWN BUTTERBREAD**
W/O MVP Card Regular Retail
Limit 1 reward per shopping visit.

5.75-12.4 Oz. Select Varieties
**CHEEZ-IT OR CHEEZ-IT SNAP'D**
LIMIT 4 FREE
HOTSALE! MVP BOGO FREE
W/O MVP Card $5.69 EA
Single Item Half Price

### MVP DIGITAL COUPON
load on app • web • in-store kiosk

30 Oz. Select Varieties
**KRAFT REAL MAYONNAISE**
PRICED LOW EVERY DAY 4.49 EA
EXCLUSIVE DEAL
MVP Coupon -1.00 BFY
MVP 3.49 EA
$1.00 BFY DISCOUNT SAVINGS SHOWN

## BABY

3.5 Oz. Select Varieties
**BEECH-NUT FRUITIES**
HOTSALE! MVP 5/$5
W/O MVP Card $1.29 EA

HOTSALE! MVP 4/$5
W/O MVP Card $1.59 EA

4 Oz. 2pr Select Varieties
**EARTH'S BEST ORGANIC BABY FOOD**

HOTSALE! MVP 5.69 EA
W/O MVP Card $6.49 EA

3.2 Oz. Select Varieties
**GERBER SOOTHE 'N' CHEW TEETHING STICKS**

HOTSALE! MVP 2.39 EA
W/O MVP Card $2.89 EA

53-72 Ct. Select Varieties
**PAMPERS BABY WIPES**

19-38 Ct. Select Sizes
**HUGGIES SNUG & DRY JUMBO PACK**
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

HOTSALE! MVP 10.69 EA
W/O MVP Card $11.99 EA

11-22 Ct. Select Sizes
**PAMPERS TRAINING PANTS OR NINJAMAS NIGHTTIME UNDERWEAR**

4 ZDPH ZDSA ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNNF ZNNG ZPAL ZPHA ZPHI ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVWH ZVWN ZVWS ZVWT ZVWX ZWCA ZWCL ZWWA ZWWS 09/18/24

Make
5 meals
with one list
Shop Now

Proudly partnering with
*Hispanic-owned businesses*
that represent the communities we serve.

HISPANIC HERITAGE MONTH

HOTSALE! MVP 4/$5 W/O MVP Card Regular Retail
9 Oz. Pkg. Select Varieties
**CACIQUE CHORIZO**

HOTSALE! MVP 3.99 EA W/O MVP Card $5.49 EA
10 Oz. Select Varieties
**CACIQUE CHEESE**
IN THE DELI

12.4 Oz.
**TOSTADAS OLÉ**
HOTSALE! MVP 2/$5 W/O MVP Card Regular Retail



HOTSALE! MVP 2/$1 W/O MVP Card 99¢ EA
3.8-4 Oz. Select Varieties
**EL MONTEREY SINGLE BURRITOS**

## BEVERAGE CENTER

2 Liter - Select Varieties
**7-UP OR CANADA DRY PRODUCTS**
HOTSALE! MVP 2/$5 W/O MVP Card Regular Retail

12 Oz. Select Varieties
**CELSIUS**
HOTSALE! MVP 2/$4 W/O MVP Card $2.39 EA

HOTSALE! MVP 3/$12 W/O MVP Card Regular Retail
6 Pack 16-16.9 Oz. Bottles Select Varieties
**COKE PRODUCTS**

16 Oz. Select Varieties
**CALYPSO LEMONADE**
HOTSALE! MVP 2/$3 W/O MVP Card $1.99 EA

64 Oz. Select Varieties
**MOTT'S JUICE**
HOTSALE! MVP 2/$5 W/O MVP Card $4.79 EA

HOTSALE! MVP 4.49 EA W/O MVP Card $6.99 EA
24 Pack 5 Liter Bottles
**DEER PARK SPRING WATER**

MVP PRICED LOW EVERY DAY 5.99 EA W/O MVP Card $7.39 EA
8 Pack 20 Oz. Bottles Select Varieties
**POWERADE**

HOTSALE! MVP 3.99 EA W/O MVP Card $5.99 EA
72 Ct. Select Varieties
**TWININGS ICED TEA**

21 Oz. Select Varieties
**ELECTROLIT**
HOTSALE! MVP 2/$4 W/O MVP Card 2/$5

4 Pack - 12 Oz. Bottles Select Varieties
**VIRGIL'S SODA**
HOTSALE! MVP 4.99 EA W/O MVP Card $5.79 EA

HOTSALE! MVP 3.99 EA W/O MVP Card $5.69 EA
10 Pack
**YOO-HOO**

Nature's Promise

**DOUBLE MONEY BACK GUARANTEE** See foodlion.com for details

**Our brand of organic and all-natural foods.**
**No artificial flavors or synthetic colors, that's our promise to you.**

2 Lb. Bag
**NATURE'S PROMISE ORGANIC GALA APPLES**
HOTSALE! MVP 3.99 EA W/O MVP Card $4.49 EA

3 Ct. Bag
**NATURE'S PROMISE ORGANIC AVOCADOS**
HOTSALE! MVP 2.99 EA W/O MVP Card $3.49 EA

8 Oz. Select Varieties
**NATURE'S PROMISE STONED WHEAT CRACKERS**
3.19 EA

12 Oz.
**NATURE'S PROMISE ORGANIC GRANOLA**
HOTSALE! MVP 3.99 EA W/O MVP Card $4.49 EA

6 Oz. Select Varieties
**NATURE'S PROMISE GLUTEN FREE CHOCOLATE CHIP COOKIE BITES**
HOTSALE! MVP 3.49 EA W/O MVP Card $3.99 EA

7.5-8 Oz. Select Varieties
**NATURE'S PROMISE VEGETABLE CHIPS OR STICKS**
3.19 EA

18 Oz.
**NATURE'S PROMISE ORGANIC OLD-FASHIONED OATMEAL**
HOTSALE! MVP 3.29 EA W/O MVP Card $3.69 EA

PRICED LOW EVERY DAY 3.48 EA
15 Pack 5 Liter Bottles
**NATURE'S PROMISE SPRING WATER**

CELEBRATE
HISPANIC HERITAGE MONTH
WITH US

PANELA
IS NOW BACK AT
FOOD LION
IN THE DELI
DEPARTMENT

Shop Now

EST. 1873
DEER PARK

# SAVE ON MAJOR HYDRATION

## FOR YOUR HOME FIELD

SHOP COLLECTION

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# DAIRY

MILK, CHEESE AND YOGURT, OH MY

7.5-8 Oz. Select Varieties **PHILADELPHIA SOFT CREAM CHEESE**
HOT SALE! MVP 3.99 EA
W/O MVP Card $5.49 EA.

HOT SALE! MVP 3.99 EA
W/O MVP Card $4.99 EA.
16 Oz. Select Varieties **KRAFT SINGLES**

HOT SALE! MVP 4.99 EA
W/O MVP Card $7.79 EA.
16 Oz. Select Varieties **LAND O LAKES BUTTER QUARTERS**

## MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 4/$5
W/ MVP Card $3.89 EA.
MVP Coupon -1.00 EFF.4
4/$4
MVP 7% MFR. DISCOUNT SAVINGS (MBT)
4.5 Oz. Select Varieties **DANNON LIGHT & FIT OR OIKOS REMIX YOGURT**

HOT SALE! MVP 2/$6
W/O MVP Card Regular Retail
4 Pack or 32 Oz. Select Varieties **DANNON TRADITIONAL OR ACTIVIA YOGURT**

HOT SALE! MVP 3.69 EA
W/O MVP Card Regular Retail
14-16.5 Oz. Select Varieties Pull-A-Parts or Roll Quarters or Tub **PILLSBURY READY TO BAKE COOKIES**

HOT SALE! MVP 3.99 EA
W/O MVP Card $4.99 EA.
14-16 Oz. Select Varieties Quarters or Tub **COUNTRY CROCK PLANT BUTTER**

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA.
17.5-30 Oz. Select Varieties **PILLSBURY GRANDS! CINNAMON ROLLS OR PUMPKIN SPICE BREAD**
WHILE SUPPLIES LAST!

32 Oz. Select Varieties **INTERNATIONAL DELIGHT CREAMER**
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.89 EA.

52 Oz. - Select Varieties **SIMPLY ADES OR PUNCHES OR MINUTE MAID ZERO SUGAR**
HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail

# FROZEN

SAVINGS THAT'LL GIVE YOU THE CHILLS

## MVP DIGITAL COUPONS
load on app
web
in-store kiosk

HOT SALE! 2/$8
W/O MVP Card $4.99 EA.
MVP Coupon -1.00 EFF.7
2/$7
MVP 7% MFR. DISCOUNT SAVINGS (MBT)
15.2-16 Oz. Select Varieties **BEN & JERRY'S ICE CREAM**

24 Oz. Pkg. - Frozen Select Varieties **JUST BARE CHICKEN**
MVP PRICED LOW EVERY DAY 9.99 EA
W/O MVP Card Regular Retail

HOT SALE! MVP BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price
8-10 Oz. Select Varieties **FARM RICH APPETIZERS**

HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA.
18-24.6 Oz. Select Varieties **MRS. PAUL'S FROZEN SEAFOOD**

15.77-23.45 Oz. Select Varieties **RED BARON 12" PIZZA**
HOT SALE! 2/$9
W/O MVP Card $5.19 EA.
MVP Coupon -2.00 EFF.2
2/$7
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

17.65-28.79 Oz. Select Varieties **RED BARON FULLY LOADED OR FRESCHETTA PIZZA**
HOT SALE! 6.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 EFF.1
4.99 EA
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

8.65-8.8 Oz. Select Varieties **KID CUISINE FROZEN MEALS**
PRICED LOW EVERY DAY 2/$5
W/O MVP Card $3.49 EA.
MVP Coupon -1.00 EFF.2
2/$4
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

7-9 Oz. Select Varieties **JIMMY DEAN BREAKFAST BOWLS**
PRICED LOW EVERY DAY 2/$6
W/O MVP Card $3.99 EA.
MVP Coupon -1.00 EFF.7
2/$5
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

35-42 Oz. Select Varieties **BIRDS EYE VOILA! OR CHEF BOYARDEE FAMILY SIZE MEALS**
HOT SALE! 6.99
W/O MVP Card Regular Retail
MVP Coupon -1.00 EFF.1
5.99 EA
MVP 7% MFR. DISCOUNT SAVINGS (MBT)



4-6 Ct. Select Varieties **KLONDIKE ICE CREAM BARS**
HOT SALE! 2/$8
W/O MVP Card $4.49 EA
MVP Coupon -1.00 EFF.7
2/$7
MVP 7% MFR. DISCOUNT SAVINGS (MBT)

# BREAKFAST

8.4-12.6 Oz. Select Varieties **QUAKER FRUIT FUSION OR PROTEIN INSTANT OATMEAL**
HOT SALE! MVP 4.29 EA
W/O MVP Card Regular Retail

10.4-12.3 Oz. Select Varieties **GENERAL MILLS MINIS CEREAL**
HOT SALE! MVP 2/$6
W/O MVP Card $4.59 EA.

32 Oz. **HUNGRY JACK PANCAKE MIX**
HOT SALE! MVP 2/$6
W/O MVP Card $3.49 EA.

30-35.3 Oz. Original or Hazelnut **FOOD LION NON-DAIRY COFFEE CREAMER**
HOT SALE! MVP 4.99 EA
W/O MVP Card Regular Retail

10.4 Oz. Select Varieties **FOOD LION FRUIT & GRAIN CEREAL BARS**
PRICED LOW EVERY DAY 2.39 EA

HOT SALE! MVP 2/$5
W/O MVP Card $2.99 EA.
1.83-2.12 Oz. Select Varieties **QUEST BAR**

HOT SALE! MVP 24.99 EA
W/O MVP Card $31.49 EA.
72 Ct. Single Serve Cups **FOOD LION COFFEE**

HOT SALE! MVP 5.99 EA
W/O MVP Card Regular Retail
10-12 Ct. K-Cups Select Varieties **KRISPY KREME OR MCCAFE COFFEE**

6 ZNCO ZDPH ZGSA ZGAA ZGAL ZGAT ZGCA ZGCR ZGCT ZGHK ZGPA ZGSA DKBG DKNA DKNY DKBA DKBL DKBM DKBT DKBA DMNA DMNK DMNS DNCA DNCD DNCE DNCH DNCL DNCR DNCT DNFL DNGB DNGL DNGR DNGS DNGV DNHP DNNB DNNF DNNL DNNO DNTT DNWA DNWI DNWL DNWM DNWN DNWT DPNL DPNN DPNI DSAG DSAJ DSCH DSLL DSCO DSCT DSFE DSFL DSFR DSGL DSGV DSGA DSIV DTCA DTCH DTNN DTNK DTNV DTR DVBL DVCA DVDC DVHA DVNK DVNO DVRC DVRD DVRI DVRN DVRO DVTL DYTR DVWH DVWN DVWR DWBS DWET DWNA DWBL DWCA DWCL DWNM DWNW DWNY DWNL DPNN DWSS DWSN

# MVP DIGITAL COUPONS

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Here to Help You
Score More Savings
SHOP NOW
KINGSFORD
PULLED PORK
Prime Fresh
DELICATESSEN
by Smithfield
SweeTango
PEPSI
ZERO SUGAR
all natural
GROUND TURKEY BREAST
SMOKED SAUSAGE

Stock Your Pantry
and Save
SHOP NOW
Hefty
EVERYDAY
Ziploc
MEGA XL
8=48
Charmin
Ultra Soft
Hefty
PARTY C
6=15 DOUBLES PLUS
Chinet
CLASSIC
DINNER
Bounty
The Quicker Picker Upper
Smooth Tear
Ziploc
Hefty
ULTRA STRONG
Fabuloso

# HEALTH & BEAUTY

SAVINGS TO FEEL GOOD ABOUT

HOTSALE! MVP 3.99 EA
16-24 Ct. Select Varieties
**GOODY'S OR BC POWDER**
W/O MVP Card $5.49 EA

HOTSALE! MVP 6.99 EA
3.4-4 Oz. Select Varieties
**PARODONTAX OR SENSODYNE TOOTHPASTE**
W/O MVP Card $7.79 EA

1 Ct. Select Varieties
**NICE'N EASY HAIR COLOR**
HOTSALE! MVP 7.99 EA
W/O MVP Card $10.69 EA

5-7 Oz. Select Varieties
**WHITE RAIN HAIR SPRAY OR MOUSSE**
HOTSALE! MVP 1.89 EA
W/O MVP Card $2.79 EA

14 Oz. Hand Soap or 18 Oz. Kids 3-in-1 Body Wash Select Varieties
**ARM & HAMMER LIQUID HAND SOAP OR BODY WASH**
HOTSALE! MVP 2/$3
W/O MVP Card $5.99 EA

# HOUSE & HOME

HOME IS WHERE THE SAVINGS ARE

HOTSALE! MVP 2/$6
75 Ct. Select Varieties
**FOOD LION DISINFECTING WIPES**
W/O MVP Card $3.49 EA

HOTSALE! MVP 5.69 EA
W/O MVP Card Regular Retail

8 Mega Rolls
**FOOD LION BATH TISSUE**
6 Double Rolls
**FOOD LION PAPER TOWELS**
Select Varieties

50 Ct. Select Varieties
**HEFTY PARTY CUPS**
HOTSALE! MVP 5.69 EA
W/O MVP Card $6.29 EA

HOTSALE! MVP 7.99 EA
W/O MVP Card Regular Retail



40-48 Oz. Select Varieties
**OXICLEAN**

3 Pk. Flat Select Varieties
**FOOD LION FACIAL TISSUE**
HOTSALE! MVP 3.79 EA
W/O MVP Card $4.29 EA

81 Oz. - Select Varieties
**FOOD LION CONCENTRATED BLEACH**
PRICED LOW EVERY DAY
4.29 EA

32.5 Oz. Select Varieties
**PALMOLIVE DISH SOAP**
HOTSALE! MVP 3.99 EA
W/O MVP Card $4.49 EA

5.89 Oz. Pure Automatic or 2 Pk. Oil Refills Select Varieties
**AIR WICK**
HOTSALE! MVP 4.99 EA
W/O MVP Card Regular Retail

130 Ct. Select Varieties
**HEFTY FOAM PLATES**
HOTSALE! MVP 6.99 EA
W/O MVP Card $7.99 EA

56-90 Ct. Select Varieties
**FOOD LION KITCHEN BAGS**
HOTSALE! MVP 9.99 EA
W/O MVP Card $13.49 EA

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

90 Ct. Sandwich or Snack Bags Select Varieties
**ZIPLOC**

HOTSALE! MVP 5.99 EA
W/O MVP Card $6.89 EA

24-60 Ct. Plates or 35-50 Ct. Cups Select Varieties
**CHINET**

18-28 Ct. Select Varieties
**HEFTY TRASH BAGS**
HOTSALE! MVP 7.89 EA
W/O MVP Card $8.79 EA

## MVP DIGITAL COUPONS

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HOT SALE! 9.99 EA
W/$5 MVP Card Till 09/18
MVP Coupon -1.00 OFF1
24 Ct. Select Varieties
**NYQUIL OR DAYQUIL LIQUICAPS**
8.99 EA
MVP 10 10% DISCOUNT SAVINGS (LIMIT 1)

HOT SALE! 9.99 EA
W/$5 MVP Card Regular Retail
MVP Coupon -2.00 OFF1
12.2 Oz. Unstopables or 64-68 Oz. Fabric Softener Select Varieties
**DOWNY**
7.99 EA
MVP 10 10% DISCOUNT SAVINGS (LIMIT 1)

HOT SALE! 14.99 EA
W/$5 MVP Card Regular Retail
MVP Coupon -1.00 OFF1
8 Super Mega or 12 Mega Rolls
**CHARMIN**
6 Double Plus Rolls
**BOUNTY**
Select Varieties
13.89 EA
MVP 10 10% DISCOUNT SAVINGS (LIMIT 1)

15.99 EA
MVP Coupon -3.00 OFF1
60 Ct. Flings or 194 Oz. Liquid Select Varieties
**GAIN**
12.99 EA
MVP 10 10% DISCOUNT SAVINGS (LIMIT 1)

# PET

2.8-5 Oz. Select Varieties
**CANINE CARRY OUTS DOG TREATS**
HOTSALE! MVP 1.19 EA
W/O MVP Card $1.29 EA

13.2 Oz. Select Varieties
**PEDIGREE WET DOG FOOD**
HOTSALE! MVP 1.79 EA
W/O MVP Card $1.99 EA

3.15-3.5 Lb. Select Varieties
**PURINA CAT CHOW**
HOTSALE! MVP 6.29 EA
W/O MVP Card $6.99 EA

14 Lb. Jug Select Varieties
**TIDY CATS CONTROL CAT LITTER**
HOTSALE! MVP 8.99 EA
W/O MVP Card $9.99 EA

LIMITED EDITION
OREO
Coca-Cola
ZERO SUGAR
Fizzy Cookie Flavored
Coca-Cola
OREO
OREO
Coca-Cola
WITH DIPPING CANDY
SANDWICH COOKIE
BESTIES FOREVER
A LIMITED TIME
TASTE IT WHILE IT LASTS
FOOD LION
SHOP NOW

Celebrate National
Hispanic Heritage
Month
SHOP NOW
Nestlé
ABUELITA
AUTHENTIC MEXICAN CHOCOLATE DRINK MIX
BADIA
ACCIONO
12
CERVEZA
Modelo
Oro
GOLD STANDARD
LIGHT BEER
IMPORTED LIGHT BEER FROM MEXICO
90 CALS
3 g CARBS
Tajín
Modelo
CHELADA
PIÑA
PICANTE
MEXICO'S #1 BEST SELLER!
La Sierra
Refried Pinto Beans
JUMEX
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Nestlé
NIDO
Kinder 1+
CAZO DE ORO
Las RICAS
TRENCITAS
PICANTE

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HOTSALE! MVP 2.89 EA
W/O MVP Card Regular Retail
4 Ct. Tray Pack
**FOOD LION RUSSET OR SWEET POTATOES**

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
3 Lb. Bag
**FOOD LION YELLOW ONIONS**

HOTSALE! MVP 89¢ LB
W/O MVP Card Regular Retail
Bulk or Tote Bag
**ROMA TOMATOES**

HOTSALE! MVP 1.99 EA
W/O MVP Card Regular Retail
8 Oz. Pkg.
**FOOD LION MINI SWEET PEPPERS**

HOTSALE! MVP 1.49 LB
W/O MVP Card Regular Retail
**BROCCOLI CROWNS**

HOTSALE! MVP 2/$5
W/O MVP Card Regular Retail
6 Oz. Pkg.
**RASPBERRIES**

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail
Quart
**MUSCADINE GRAPES**

7.5 Oz.
Select Varieties
**WHOLLY GUACAMOLE**

HOTSALE! MVP 2.99 EA
W/O MVP Card Regular Retail

HOTSALE! MVP 1.99 EA
W/O MVP Card Regular Retail
Whole
**GOLDEN PINEAPPLE**

## ORGANIC

**NATURE'S PROMISE ORGANIC GREEN CABBAGE**

HOTSALE! MVP 2.49 EA
W/O MVP Card Regular Retail
USDA ORGANIC

2 Lb. Bag
**NATURE'S PROMISE ORGANIC HONEYCRISP APPLES**

HOTSALE! MVP 4.99 LB
W/O MVP Card Regular Retail
USDA ORGANIC

## Mums the word

# Enjoy the beauty of classic fall colors

LOCAL FOODWAYS

While Supplies Last!
7.99 EA
**OUTDOOR FALL MUMS**

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FOOD LION

September 18 - September 24, 2024

Offers valid while supplies last.

FOOD LION MVP customer

# BUY 2 GET 1 FREE

**Purchase of 2 Required to Get 3RD Item FREE!**

15 Oz.
### JIF PEANUT BUTTER & CHOCOLATE SPREAD

HOT SALE! MVP **3.79 EA**

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

20 Oz.
### WONDER CLASSIC WHITE ROUND TOP BREAD

HOT SALE! MVP **2.99 EA**

W/O MVP Card $3.68 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

48 Oz.
Select Varieties
### OREO FROZEN DESSERT

HOT SALE! MVP **2/$8**

W/O MVP Card $4.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

12 Pack
12 Oz. Cans
Select Varieties
### PEPSI PRODUCTS

HOT SALE! MVP **7.49 EA**

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

14.5-15.25 Oz.
Select Varieties
### DEL MONTE CANNED FRUIT

HOT SALE! MVP **2/$5**

W/O MVP Card $2.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

15-30 Oz. - Select Varieties
### FATBOY ICE CREAM SANDWICHES OR CONES

HOT SALE! MVP **2/$8**

W/O MVP Card $5.59 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

11.7 Oz.
Select Varieties
### PILLSBURY TOASTER STRUDEL

HOT SALE! MVP **2/$5**

W/O MVP Card $3.69 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

18 Oz.
Select Varieties
### INNOVASIAN FROZEN MEALS

HOT SALE! MVP **6.99 EA**

W/O MVP Card $7.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

8-10.25 Oz.
Select Varieties
### EL MONTEREY ENTRÉES

HOT SALE! MVP **3.99 EA**

W/O MVP Card $4.49 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

9.9-11.5 Oz. Can
Select Varieties
### MAXWELL HOUSE COFFEE

**5.49 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

15.4-16.8 Oz. - Select Varieties
**GENERAL MILLS CINNAMON TOAST CRUNCH OR HONEY NUT CHEERIOS**
HOT SALE! MVP 2/$7
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.75-9.5 Oz.
Select Varieties
**UTZ POTATO CHIPS**
MVP PRICED LOW EVERY DAY 3.99 EA
W/O MVP Card $4.79 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

13.7 Oz.
Select Varieties
**VICTOR ALLEN'S ICED COFFEE**
3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

64 Oz.
Select Varieties
**V8 SPLASH**
MVP PRICED LOW EVERY DAY 2.39 EA
W/O MVP Card $2.98 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
**GATORADE**
1.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Oz.
**WELCH'S FRUIT SNACKS**
HOT SALE! MVP 2.89 EA
W/O MVP Card $3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

59 Oz.
Select Varieties
**GOLD PEAK TEA**
2.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
**POWERADE**
1.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

8 Pack
Select Varieties
**MAISON PERRIER FLAVORED SPARKLING WATER**
7.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

4 Pack
8.4 Oz. Cans
Select Varieties
**RED BULL**
8.49 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

10.72-15.38 Oz.
Select Varieties
## KODIAK FROZEN WAFFLES

HOT SALE! MVP
**4.99 EA**
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

12-13 Oz.
Select Varieties
## SUPERPRETZEL SNACKS

HOT SALE! MVP
**2/$5**
W/O MVP Card $3.29 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

32 Oz. Tub or 6 Pack
Select Varieties
## STONYFIELD ORGANIC YOGURT

HOT SALE! MVP
**3.99 EA**
W/O MVP Card $4.99 EA
BUY 2 GET 1 FREE
USDA ORGANIC
Purchase of 2 Required to Get 3RD Item FREE!

4.5-6 Oz.
Select Varieties
## THE LAUGHING COW

HOT SALE! MVP
**2/$6**
W/O MVP Card $3.99 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7 Oz.
## DAVE'S KILLER BREAD ORGANIC SNACK BARS

HOT SALE! MVP
**2/$8**
W/O MVP Card $5.99 EA
BUY 2 GET 1 FREE
USDA ORGANIC
Purchase of 2 Required to Get 3RD Item FREE!

2.2 Oz.
Select Varieties
## SNAPDRAGON CUPS OR BOWLS

**2.69 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

.35 Oz.
Select Varieties
## BIBIGO ORGANIC SEAWEED SNACK

**2.29 EA**
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

6 Oz.
Select Varieties
## ANNIE'S MACARONI & CHEESE

HOT SALE! MVP
**2/$3**
W/O MVP Card $2.39 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

14.5 Oz.
Select Varieties
## DEL MONTE TOMATOES

HOT SALE! MVP
**5/$5**
W/O MVP Card $1.38 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

7.61-11.26 Oz.
Select Varieties
## SUNBELT BAKERY CHEWY GRANOLA BARS

HOT SALE! MVP
**2/$6**
W/O MVP Card $3.19 EA
BUY 2 GET 1 FREE
Purchase of 2 Required to Get 3RD Item FREE!

W-3 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 09/18/24

# BUY 2 GET 1 FREE

FOOD LION MVP customer

**Purchase of 2 Required to Get 3RD Item FREE!**

16 Oz. Bottle
Select Varieties
**HINT WATER**

**1.38 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

20 Oz.
**LA BANDERITA FLOUR TORTILLA**

HOT SALE! MVP

**2.99 EA**

W/O MVP Card Regular Retail

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

5 Oz.
Select Varieties
**MRS. CUBBISON'S CROUTONS**

HOT SALE! MVP

**2/$3**

W/O MVP Card $2.29 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

16 Oz.
Select Varieties
**CHI-CHI'S SALSA**

HOT SALE! MVP

**2.59 EA**

W/O MVP Card $2.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

1 Oz.
Select Varieties
**HAPPY BABY ORGANIC MIXED BERRY YOGURT SNACKS**

**3.99 EA**

BUY 2 GET 1 FREE

USDA ORGANIC

Purchase of 2 Required to Get 3RD Item FREE!

14-17.5 Oz.
Select Varieties
**DUKE'S BBQ SAUCE**

**3.99 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

28 Oz.
Select Varieties
**JIF PEANUT BUTTER**

**5.79 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

13.25-14.25 Oz.
Select Varieties
**BETTY CROCKER SUPER MOIST CAKE MIX**

**1.89 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

35 Oz.
Fabric Softener or
105 Ct. Dryer Sheets
Select Varieties
**GAIN**

**4.99 EA**

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!

10-16 Oz.
Select Varieties
**STOUFFER'S EVERYDAY SIDES**

HOT SALE! MVP

**2/$7**

W/O MVP Card $3.99 EA

BUY 2 GET 1 FREE

Purchase of 2 Required to Get 3RD Item FREE!