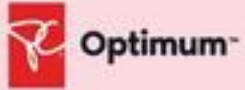


# Moredays Moredays



## Moredays

Sept. 19-25<sup>††</sup>

More savings, more deals,  
more points.

**At least \$300  
in value<sup>1</sup> for  
PC Optimum<sup>™</sup>  
members in  
this week's flyer.**

<sup>1</sup>Value claim is based on instant savings, PC Optimum<sup>™</sup> members only pricing and PC Optimum<sup>™</sup> points earn offers.

### APP EXCLUSIVE OFFER<sup>†</sup>

**Moredays**  
APP EXCLUSIVE OFFER  
Member Only Price<sup>™</sup>  
**4<sup>99</sup>**  
Non-Members  
**6<sup>99</sup>**

Members save **\$2**

Members get **1,000<sup>Ⓢ</sup>** = **\$1 Value**

**PC<sup>®</sup> NATURALLY SMOKED BACON**  
SELECTED VARIETIES  
375-500 G  
20057892\_EA/20152629\_EA

<sup>†</sup> Open your PC Optimum<sup>™</sup> app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER  
Member Only Price<sup>™</sup>  
**3<sup>49</sup>**  
Non-Members  
**5<sup>99</sup>**

Members save **\$2.50**

**PC<sup>®</sup> FROZEN FRUIT**  
SELECTED VARIETIES  
FROZEN  
300-600 G  
20312227\_EA/21377841\_EA

<sup>†</sup> Open your PC Optimum<sup>™</sup> app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.

**Moredays**  
APP EXCLUSIVE OFFER  
Members get **1,500<sup>Ⓢ</sup>** = **\$1.50 Value**

**PHILADELPHIA**  
ORIGINAL  
CREAM CHEESE  
FROMAGE À LA CRÈME

250g | 32% M.F. | 55% M.F.

**PHILADELPHIA**  
DIPS

**3<sup>99</sup>**

**PHILADELPHIA**  
CREAM CHEESE OR DIPS  
SELECTED VARIETIES  
227/250 G  
20745040\_EA/20641267\_EA

<sup>†</sup> Open your PC Optimum<sup>™</sup> app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer.

<sup>††</sup>From September 19-25, 2024, at across 4,500+ locations in Canada, the PC Optimum<sup>™</sup> Moredays event will provide PC Optimum<sup>™</sup> members with the opportunity to earn PC Optimum<sup>™</sup> points through special offers and promotions across locations where PC Optimum<sup>™</sup> points can be earned. For a list of participating locations and complete program details, please visit [www.pcoptimum.ca/Moredays](http://www.pcoptimum.ca/Moredays).



**Moredays**

**Member Only Price™**  
**\$6**

**Members save \$2**

**Non-Members**  
**\$8**

**ONTARIO FARMER'S MARKET™ APPLES**  
SELECTED VARIETIES  
PRODUCT OF ONTARIO,  
CANADA FANCY GRADE  
4 LB BAG  
20630648001\_EA  
20713211001\_EA



**Moredays**

**Member Only Price™**  
**1<sup>99</sup>**

**Members save \$2**

**Non-Members**  
**3<sup>99</sup>**

**RITZ OR WHEAT THINS CRACKERS**  
SELECTED VARIETIES  
175-386 G  
21547034\_EA/21547049\_EA



**Moredays**

**Member Only Price™**  
**\$9**

**Members save \$5<sup>99</sup>**

**Non-Members**  
**14<sup>99</sup>**

**TIDE SIMPLY LAUNDRY DETERGENT**  
SELECTED VARIETIES  
3.1 L  
21579684\_EA/21597232\_EA



**Moredays**

**Member Only Price™**  
**12<sup>99</sup>**

**Members save \$12**

**Non-Members**  
**24<sup>99</sup>**

**ROYALE BATHROOM TISSUE**  
30=60 ROLLS OR ROYALE  
**TIGER TOWELS** 6=12 ROLLS  
SELECTED VARIETIES  
21484732\_EA/21378233\_EA





Scan to see our complete digital flyer



**Loblaws**

**SAVE 58%**

**2<sup>49</sup>** LB

**4 DAY SALE**  
THURSDAY, SEPT. 19TH TO SUNDAY, SEPT. 22ND

**12<sup>88</sup>** LB

**CHICKEN DRUMSTICKS OR THIGHS**  
FAMILY SIZE  
5.49/KG  
20004494\_KG/20058163\_KG

**WHOLE BEEF TENDERLOIN**  
CUT FROM UNGRADED BEEF  
CRYOVAC PKG  
28.39/KG  
21497203\_KG

**SAVE UP TO \$5 LB**

**9<sup>99</sup>** LB

**1<sup>25</sup>**

**SAVE 50%**

**1<sup>99</sup>** LB

**FRESH ATLANTIC SALMON FILLETS**  
FAMILY SIZE.  
**HADDOCK OR COD FILLETS** FROZEN OR PREVIOUSLY FROZEN  
22.02/KG  
2072065\_KG/21506245\_KG

**CANADA PIE PUMPKIN**  
PRODUCT OF CANADA  
EACH  
20101185001\_EA

**PC® EXTRA LARGE GREEN OR RED SEEDLESS GRAPES**  
PRODUCT OF U.S.A., NO. 1 GRADE  
4.39/KG  
20425775001\_KG/20159199001\_KG

**SAVE UP TO \$1.50**

**3<sup>49</sup>**

**SAVE THIS WEEK**

**1<sup>44</sup>**

**Member Only Price**

**3<sup>99</sup>**

**Non-Members 4<sup>99</sup>**

**PC® THIN & CRISPY, LOADS OF, FOCACCIA OR FLATBREAD PIZZA**  
SELECTED VARIETIES FROZEN  
330-455 G  
20971494\_EA/21013452\_EA

**ONTARIO ENGLISH CUCUMBERS**  
PRODUCT OF ONTARIO  
EACH  
20070132001\_EA

**CANADA JUMBO CAULIFLOWER**  
PRODUCT OF CANADA, CANADA NO. 1 GRADE  
EACH  
20135377001\_EA

**SAVE 49% UP TO**

**2<sup>79</sup>**

**SAVE 57% UP TO**

**2<sup>99</sup>**

**Member Only Price**

**\$4**

**Non-Members 5<sup>99</sup>**

**CRAVE OR KRAFT DINNER ENTRÉES**  
200-340 G OR SMART ONES ENTRÉES 241-283 G SELECTED VARIETIES FROZEN  
21085515\_EA/20322159001\_EA

**BREYERS CLASSIC FROZEN DESSERT**  
1.66 L OR CHAPMAN'S COLLECTION NOVELTIES 6/8'S SELECTED VARIETIES, FROZEN  
20301305006\_EA  
20323757001\_EA

**PC® OR BLUE MENU® SPARKLING WATER**  
SELECTED VARIETIES  
12X355 ML  
20668034001\_C01  
20668034002\_C01

**SAVE 40%**

**11<sup>99</sup>**

**40%**

**SAVE UP TO**

**32<sup>99</sup>**

**SAVE UP TO \$6**

**ROBIN HOOD OR FIVE ROSES ALL PURPOSE FLOUR**  
10 KG  
20134743\_EA/20251651\_EA

**JAMIESON VITAMINS OR SUPPLEMENTS**  
SELECTED VARIETIES AND SIZES  
20299993\_EA  
20303216001\_EA

**PAMPERS ECONO PACK DIAPERS**  
SELECTED VARIETIES  
SIZE N-8, 58-180'S  
21551643\_EA



**Moredays**  
Members get **5,000** for every \$12\* spent on  
**=\$5 Value**

**LIBERTÉ OR YOPLAIT YOGURT**  
SELECTED VARIETIES AND SIZES  
20317317001\_EA  
20642273\_EA

**Moredays**  
Members get **6,000** for every \$14\* spent on  
**=\$6 Value**

**NATURE VALLEY GRANOLA BARS**  
SELECTED VARIETIES AND SIZES  
21213559\_EA/21279278\_EA

**Moredays**  
Members get **4,000** for every \$10\* spent on  
**=\$4 Value**

**KELLOGG'S BARS**  
SELECTED VARIETIES  
125-660 G  
20313984001\_EA  
21014823\_EA

**Moredays**  
Members get **7,000** for every \$25\* spent on  
**=\$7 Value**

**PC® PUB RECIPE™ OR GLUTEN-FREE CHICKEN** 600/700 G,  
**BBQ PORK BACK RIBS** 680 G OR **WINGS** 700-907 G  
SELECTED VARIETIES  
FROZEN  
20071715\_EA/20708932\_EA

**Moredays**  
Members get **3,000** for every \$10\* spent on  
**=\$3 Value**

**MINUTE MAID, FIVE ALIVE DRINK BOXES**  
SELECTED VARIETIES  
1 L OR 8/10X200 ML  
20327042001\_EA  
21092667\_EA

**Moredays**  
Members get **6,000** for every \$20\* spent on  
**=\$6 Value**

**DOVE BODY WASH, BAR SOAP, DEODORANT, HAIR CARE, SKIN CARE OR BABY PRODUCTS**  
SELECTED VARIETIES AND SIZES  
20319039001\_EA  
20329036001\_EA

**Black Diamond**  
**TRIPLE CHEDDAR**  
**SAVE UP TO \$1**

**BLACK DIAMOND CHEESE BARS** 400 G, SHREDS  
300-320 G OR **PC® SHREDS** 250-320 G  
SELECTED VARIETIES  
21060183\_EA/21279221\_EA

**5.99**

**oikos**  
**ACTIVIA**  
**SAVE UP TO 69¢**

**OIKOS GREEK YOGURT** 4X100 G, **ACTIVIA** YOGURT 650 G  
SELECTED VARIETIES  
20325132001\_EA/20419715004\_EA

**3.69**

**PC® SMOKED SALMON**  
SELECTED VARIETIES  
FROZEN  
125/150 G  
20108286\_EA/21404587\_EA

**SAVE UP TO \$2.50**

**8.99**

**Kraft**  
**Cheez Whiz**  
**Singles**  
**SAVE UP TO 3.99**

**KRAFT SINGLES** 410 G OR **CHEEZ WHIZ** 450 G  
SELECTED VARIETIES  
21188654\_EA  
20659606001\_EA

**3.99**

**KIND**  
**MINIS**  
**THINS**  
**MINCES**  
**SAVE THIS WEEK**

**KIND BAR 5'S, KIND THINS 10'S OR KIND MINIS 10'S**  
200 G/210 G  
SELECTED VARIETIES  
21125232\_EA  
21554179\_EA

**9.99**

**JANES**  
**ultimates**  
**SAVE THIS WEEK**

**JANES FISH** 450-615 G OR **PC® VEGETABLES** 1.75 KG  
SELECTED VARIETIES  
FROZEN  
20617134\_EA/20713450\_EA

**10.99**

**Old Dutch**  
**Rip-L**  
**SAVE UP TO 51¢**

**OLD DUTCH POTATO CHIPS OR PC® ALMONDS, CASHEWS OR MIXED NUTS**  
SELECTED VARIETIES  
200-235 G  
21054943\_EA/21367546\_EA

**3.99**

**CHAPMAN'S**  
**CREAMERY**  
**HALO TOP**  
**SAVE THIS WEEK**

**HALO TOP FROZEN DESSERT** 473 ML OR **CHAPMAN'S MARKDALE CREAMERY ICE CREAM** 2 L  
SELECTED VARIETIES  
FROZEN  
20315236010\_EA/21087007\_EA

**4.99**

**Miracle Whip**  
**HELLMANN'S**  
**SAVE UP TO \$1**

**HELLMANN'S MAYONNAISE** 710-890 ML OR **KRAFT MIRACLE WHIP** 650-890 ML  
SELECTED VARIETIES  
20298681001\_EA  
20618579001\_EA

**6.99**

**Unico**  
**Chick Peas**  
**Diced Tomatoes**  
**SAVE UP TO 71¢**

**UNICO BEANS AND TOMATOES**  
SELECTED VARIETIES  
540/796 ML  
20313447002\_EA  
20314625001\_EA

**1.79**

**Fancy Feast**  
**FRISKIES**  
**SAVE UP TO 20¢**

**FANCY FEAST CAT FOOD** 85 G OR **FRISKIES CAT FOOD** 156 G  
SELECTED VARIETIES  
20302296001\_EA  
20316703\_EA

**90¢**

**PC® MUM WITH GRASS PLANTER**  
SELECTED VARIETIES  
13 INCH  
20501301\_EA

**\$25**

**PRICE DROP!**

**LIBERTÉ**  
**SAVE UP TO \$1.49**

**LIBERTÉ MÉDITERRANÉE YOGURT**  
SELECTED VARIETIES  
500 G  
21473714\_EA/21547564\_EA

**\$3**

**PRICE DROP!**

**LARABAR**  
**SAVE UP TO \$1.29**

**LARABAR FRUIT & NUT ENERGY BAR**  
SELECTED VARIETIES  
45/48 G  
20031362007\_EA/21425843\_EA

**\$1**

**PRICE DROP!**

**MEGA-PACK MEGA-FORMAT**  
**SALE SAVE 60¢**

**WHISKAS TEMPTATIONS CAT TREATS**  
SELECTED VARIETIES  
130/180 G  
20298151005\_EA

**2.65**

CUSTOMER RELATIONS 1-800-296-2332 VISIT [loblaws.ca](http://loblaws.ca) FOR STORE HOURS. Loblaws on Loblaws on

Please call Customer Relations at 1-800-296-2332 or visit our website at [loblaws.ca](http://loblaws.ca) for your particular store's hours and for a list of the Loblaws® locations that DO NOT participate in this flyer, see [http://www.loblaws.ca/en\\_CA/company-policy/terms-and-conditions.html](http://www.loblaws.ca/en_CA/company-policy/terms-and-conditions.html). Quantities and/or selection of items may be limited and may not be available in all stores. No Rain Checks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simpli Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. See [loblaws.ca](http://loblaws.ca) for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*\*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; \*\*\* Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. \$PRICE DROP offer valid in-store at participating locations between September 12 - October 16, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

LSL BACK





# Produce

**FRESH PROMISE**

**If it's not fresh, it's free.\***



**HALOS MANDARINS**  
PRODUCT OF SOUTH AFRICA  
2 LB  
21992325001\_EA

**6<sup>99</sup>**



**CANADA BROCCOLI CROWNS**  
PRODUCT OF CANADA  
7.69/KG  
20026161001\_KG

**3<sup>49</sup>**  
LB



**ONTARIO PC LIVE LETTUCE**  
GREEN, RED & GREEN OR TRIO,  
PRODUCT OF ONTARIO  
2'S  
21212486\_EA  
21212487\_EA

**5<sup>99</sup>**



**CANADA FARMER'S MARKET CARROTS OR YELLOW ONIONS**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE  
3 LB BAG  
20600927001\_EA/20811994001\_EA

**3<sup>99</sup>**



**CANADA NO NAME NATURALLY IMPERFECT GREEN PEPPERS**  
PRODUCT OF CANADA  
2.5 LB BAG  
20969990001\_EA

**3<sup>99</sup>**



**AVOCADO BAG 5'S**  
PRODUCT OF MEXICO OR  
**GOLDEN GOOSEBERRIES**  
PRODUCT OF COLOMBIA  
200 G  
20142232001\_EA  
20845069\_EA

**3<sup>99</sup>**



**ONTARIO BARTLETT PEARS**  
PRODUCT OF ONTARIO,  
CANADA FANCY GRADE  
5.49/KG  
20172240001\_KG

**2<sup>49</sup>**  
LB



**CORED PINEAPPLE**  
MADE IN-STORE DAILY  
680 G  
20503143\_EA

**5<sup>99</sup>**



**PC MIXED SALAD GREENS**  
SELECTED VARIETIES,  
PRODUCT OF U.S.A.  
142 G  
21203743\_EA/21203748\_EA

**\$4**

# Butcher



**EXTRA LEAN GROUND BEEF**  
FAMILY SIZE  
18.72/KG  
20357711\_KG

**8<sup>49</sup>**  
LB



**PC BLUE MENU GROUND CHICKEN OR TURKEY**  
454 G  
21100091\_EA/21100092\_EA

**\$7**



**BEEF BURGERS**  
MADE FRESH IN-STORE,  
SELECTED VARIETIES  
17.62/KG  
20775723\_KG

**7<sup>99</sup>**  
LB



**BEEF STIR FRY STRIPS**  
205 G  
21588067\_EA

**\$7**



**PC FRESH PORK SAUSAGE**  
SELECTED VARIETIES  
375/500 G  
21584099\_EA/21584342\_EA

**5<sup>99</sup>**



**CANADA PC FREE FROM SPLIT CHICKEN WINGS**  
TIPS REMOVED,  
AIR CHILLED,  
CLUB PACK  
13.21/KG  
20821170\_KG

**5<sup>99</sup>**  
LB



**LAMB LOIN CHOPS**  
FRESH  
29.74/KG  
20171672\_KG

**13<sup>49</sup>**  
LB



**SCHNEIDERS LUNCHMATE STACKERS OR KITS**  
SELECTED VARIETIES  
90-132 G  
21309931\_EA  
21310077\_EA

**3/10<sup>98</sup>**  
LESS THAN 3 \$3.99 EA



**ST-HUBERT OR SWISS CHALET PIES**  
SELECTED VARIETIES,  
FROZEN  
650-800 G  
20719334\_EA  
21047194\_EA

**10<sup>99</sup>**



**PC BURGERS**  
SELECTED VARIETIES,  
FROZEN  
568 G-  
1.36 KG  
20941230\_EA  
20941443\_EA

**2/\$30**  
LESS THAN 2 \$16.99 EA

# Seafood

Fresh seafood items subject to availability.



**TUNA STEAKS**  
FROZEN OR PREVIOUSLY FROZEN  
29.74/KG  
20753134\_KG

**13<sup>49</sup>**  
LB

**SEA SCALLOPS**  
PREVIOUSLY FROZEN,  
25-35 PER LB  
48.48/KG  
21446963\_KG

**21<sup>99</sup>**  
LB



**PC BLACK TIGER SHRIMP RAW ZIPPERBACK**  
16-20 PER LB 400 G  
OR WILD ATLANTIC COLD WATER SHRIMP COOKED  
PEELED 150-200 PER LB 340 G  
FROZEN  
20021832\_EA  
20801192\_EA

**10<sup>99</sup>**



**SEA HARVEST BAY SCALLOPS**  
FROZEN  
40-60 PER LB  
400 G  
21531287\_EA

**7<sup>99</sup>**



# Bakery



**PC® CHEESECAKE**  
SELECTED VARIETIES - FROZEN  
420/600 G  
20147627\_EA

Members save \$1.49

**BAKED IN-STORE**

Moredays

Member Only Price™

**\$10**

Non-Members

**11<sup>49</sup>**

**FRENCH OR ITALIAN BREAD**  
450 G  
20345208\_EA



**\$2**

**BAKED IN-STORE**



**MINI BRAIDED STRUDELS OR MAPLE PECAN DANISH**  
SELECTED VARIETIES  
4'S  
21464142\_EA/21464199\_EA

**4<sup>49</sup>**

**BAKED IN-STORE**



**MINI CROISSANTS 10'S**  
SELECTED VARIETIES OR  
**CINNAMON RAISIN BREAD 550 G**  
20729432\_EA/21291170\_EA

**\$4**

Moredays

Members get 1,500<sup>00</sup>

= \$1.50 Value



**ACE ARTISAN ROLLS**  
SELECTED VARIETIES  
6/10'S  
21596139\_EA/21596355\_EA

**6<sup>99</sup>**



**WONDER OR D'ITALIANO BREAD OR BUNS**  
SELECTED SIZES AND VARIETIES  
20276296\_EA/20297455\_EA  
20038335\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.



**CASA MENDOSA OR WONDER TORTILLAS**  
SELECTED VARIETIES  
10 INCH  
20318788\_EA/20976626\_EA

**2/\$7.50**  
LESS THAN 2 \$4.49 EA.



**VACHON SNACK CAKES OR SARA LEE LITTLE BITES**  
SELECTED VARIETIES AND SIZES  
20963606\_EA/21556098\_EA

**\$4**

# Great to go

Great to go items plus applicable taxes.

Moredays

Members get 5,000<sup>00</sup>

= \$5 Value



**CHICKEN, FAAJITA, GYRO OR TANDOORI CHICKEN TACO TRAYS**  
SELECTED VARIETIES  
1-1.1 KG  
21395977\_EA/21595419\_EA

**\$20**



**9 PIECE CHICKEN STRIPS**  
HOT OR CHILLED  
320 G  
20992187\_EA

**\$16**

# The Deli



**SCHNEIDERS PEPPERETTES**  
SELECTED VARIETIES  
250-375 G  
20976110\_EA/21433636\_EA

Members save \$4.50

Member Only Price™

**7<sup>99</sup>**  
Non-Members **12<sup>49</sup>**

Moredays

Members get 3,000<sup>00</sup>

= \$3 Value



**BABYBEL 6'S, LAUGHING COW 8'S OR CHEESE DIPPERS**  
140 G  
SELECTED VARIETIES  
20319107\_EA  
20574332\_EA

**5<sup>49</sup>**



**FLATBREAD PIZZA**  
SELECTED VARIETIES  
340-415 G  
21487151\_EA/21487153\_EA

**\$6**



**VEGETABLE SAMOSAS**  
5/6'S  
21572088\_EA

**\$5**



**SERVICE CASE ZIGGY'S TURKEY**  
SELECTED VARIETIES  
20299196\_KG

**2<sup>99</sup>**  
/100 G

Moredays

Members get 1,000<sup>00</sup>

= \$1 Value



**TRE STELLE FETA DIP**  
SELECTED VARIETIES  
175 G  
21597150\_EA/21597274\_EA

**4<sup>99</sup>**



**OLIVIERI GNOCCHI**  
SELECTED VARIETIES  
280-350 G  
21022065\_EA/21183265\_EA

**\$5**



**FROM OUR CHEFS' PIES OR QUICHE**  
SELECTED VARIETIES  
590/600 G  
21579901\_EA/21583326\_EA

**\$11**

Moredays

Members get 1,500<sup>00</sup>

= \$1.50 Value



**SAPUTO BOCCONCINI**  
200 G OR  
**SHREDDED CHEESE**  
140 G  
SELECTED VARIETIES  
20708942\_EA/21081222\_EA

**5<sup>99</sup>**

Moredays

Members get 1,000<sup>00</sup>

= \$1 Value



**SABRA HUMMUS**  
SELECTED VARIETIES  
482 G  
20583873\_EA

**\$7**

# Floral



**PREMIUM GIFT BOUQUET**  
SELECTED VARIETIES  
21436381\_EA  
21436382\_EA

**\$35**



**HARVEST BOUQUET**  
21551536\_EA

**\$14**



**FARM TO TABLE BOUQUET**  
21545796\_EA

**\$10**



**SEASONAL UPGRADE PLANTER**  
SELECTED VARIETIES  
21377655\_EA

**\$28**





# Get more on

More savings,  
more deals,  
more points.

# More days More days More days More days More days



Open the app,  
it's as easy  
as that.

## APP EXCLUSIVE OFFERS†

**More days**  
APP EXCLUSIVE OFFER  
Member Only Price  
**3.33**  
Non-Members  
**4.99**

Members save **\$1.66**

**TROPICANA JUICE, DRINKS OR PURE LEAF ICED TEA**  
SELECTED VARIETIES  
REFRIGERATED  
1.36/1.75 L  
20755752002\_EA  
21622130\_EA

**More days**  
APP EXCLUSIVE OFFER  
Member Only Price  
**2.49**  
Non-Members  
**4.99**

Members save **\$2.50**

**ONTARIO FARMER'S MARKET GRAPE TOMATOES**  
PRODUCT OF ONTARIO  
283 G  
21367888001\_EA

**More days**  
APP EXCLUSIVE OFFER  
Member Only Price  
**4.49**  
Non-Members  
**\$5**

Members save **51¢**

**PC ASIAN ENTRÉES OR SOUPS**  
SELECTED VARIETIES  
FROZEN  
300 G  
21565933\_EA/21565996\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **1,000¢**  
**=\$1 Value**

**1 LB**

**STRAWBERRIES**  
PRODUCT OF MEXICO  
OR U.S.A., NO. 1 GRADE  
1 LB  
20049778001\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **1,000¢**  
**=\$1 Value**

**KELLOGG'S EGGO WAFFLES**  
SELECTED VARIETIES  
FROZEN  
8'S  
**3.49**  
20302779\_EA/20323430001\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **1,000¢**  
**=\$1 Value**

**BETTY CROCKER FRUIT SNACKS**  
SELECTED VARIETIES  
128-226 G  
20318474001\_EA  
20639204001\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **1,000¢**  
**=\$1 Value**

**DANONE TWO GOOD YOGURT 4X95 G OR DANONE DRINKABLE YOGURT 6X367 ML**  
SELECTED VARIETIES  
**3.99**  
21476047\_EA  
21520250\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **6,000¢**  
**=\$6 Value**  
for every '12' spent on

**GENERAL MILLS CHEERIOS, CHEX OR OATMEAL CRISP CEREAL**  
SELECTED SIZES AND VARIETIES  
21103495\_EA/21213661\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **5,000¢**  
**=\$5 Value**  
for every '10' spent on

**PILLSBURY FROZEN OR REFRIGERATED PRODUCTS**  
SELECTED SIZES AND VARIETIES  
21505345\_EA/21335931\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **2,000¢**  
**=\$2 Value**

**CHRISTIE COOKIES**  
SELECTED VARIETIES  
374-500 G  
21014007\_EA  
21520747\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **1,000¢**  
**=\$1 Value**

**CADBURY CHOCOLATE BAR**  
SELECTED VARIETIES  
100 G  
20322193001\_EA  
20024241001\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **3,000¢**  
**=\$3 Value**  
for every '10' spent on

**CREST TOOTHPASTE**  
SELECTED SIZES AND VARIETIES  
20077991\_EA/21199890\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **8,000¢**  
**=\$8 Value**  
for every '25' spent on

**L'OREAL PARIS PRODUCTS**  
SELECTED SIZES AND VARIETIES  
20940178\_EA/21029051002\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **6,500¢**  
**=\$6.50 Value**

**IAMS DOG FOOD**  
2.72/3.18 KG OR  
**CAT FOOD** 1.36/1.59 KG  
SELECTED VARIETIES  
**15.99**  
20912435\_EA/21027553\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **8,000¢**  
**=\$8 Value**

**ENERGIZER MAX AA24, AAA16 OR 9VG BATTERIES**  
21026466\_EA/21062566\_EA

**More days**  
APP EXCLUSIVE OFFER  
Members get **10,000¢**  
**=\$10 Value**  
for every '100' spent on

**DOORDASH, GOOGLE PLAY, INDIGO, UBER EATS, AND UBER GIFT CARDS**

†Customer is responsible for the payment of any applicable municipal and/or provincial deposit or product/packaging recycling fee that may apply.

Google Play gift card purchases are subject to a \$200 limit. Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on any combination of DoorDash, Google Play, Indigo, Uber Eats, and Uber cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.





# Get more on

More savings, more deals,  
more points.

# Moredays Moredays Moredays Moredays

**Moredays**

Member Only Price™ **1.99**

Members save **90¢**

Non-Members **2.89**

**NO NAME® ENGLISH MUFFINS**  
SELECTED VARIETIES  
6'S  
21297780\_EA/21297819\_EA

**Moredays**

Member Only Price™ **6.49**

Members save **\$2**

Non-Members **8.49**

**JIF PEANUT BUTTER**  
1 KG OR **NO NAME® HONEY** 500 G  
SELECTED VARIETIES  
20129324\_EA/21023784\_EA

**Moredays**

Member Only Price™ **\$12**

Members save **\$2**

Non-Members **\$14**

**NATURESOURCE SALAD TOPPER**  
SELECTED VARIETIES  
575-625 G  
21166217\_EA/21166271\_EA

**Moredays**

Member Only Price™ **\$4**

Members save **\$1.99**

Non-Members **5.99**

**HUNGRY-MAN ENTRÉES**  
360-455 G OR **HEALTHY CHOICE STEAMERS** OR **SIMPLY ENTRÉES** 255-306 G  
SELECTED VARIETIES  
FROZEN  
20296014004\_EA  
20318616007\_EA

**Moredays**

Members get **1,000** = **\$1 Value**

**PKG OF 3**

**ROMAINE HEARTS**  
PRODUCT OF CANADA  
3'S  
**3.99**  
20067389001\_EA

**Moredays**

Members get **1,000** = **\$1 Value**

**PC® JUMBO BLUEBERRIES**  
PRODUCT OF PERU,  
NO. 1 GRADE  
278 G  
**6.99**  
20573072\_EA

**Moredays**

Members get **2,000** = **\$2 Value**

**LARGE CANTALOUPES**  
PRODUCT OF U.S.A.  
**4.99**  
20167017001\_EA

**Moredays**

Members get **2,000** = **\$2 Value**

**FARMER'S MARKET LOAF CAKES**  
WHOLE OR SLICED,  
SELECTED VARIETIES  
344-400 G  
**6.29**  
21489554\_EA

**Moredays**

Members get **3,000** = **\$3 Value**

**PC® ROASTED SALT OR UNSALTED PISTACHIOS BAG**  
PRODUCT OF U.S.A.  
225 G  
**5.99**  
20940332\_EA/20940014\_EA

**Moredays**

Members get **1,000** = **\$1 Value**

**THE LITTLE POTATO COMPANY KIT**  
PRODUCT OF CANADA,  
CANADA NO. 1 GRADE,  
SELECTED VARIETIES  
454 G  
**4.99**  
21391616\_EA/20400126\_EA

**Moredays**

Members get **1,000** = **\$1 Value**  
when you buy 2

**BAI DRINK**  
SELECTED VARIETIES  
530 ML  
**2/\$6**  
LESS THAN 2 \$3.49 EA.  
21362960\_EA  
21362966\_EA

**Moredays**

Members get **500** = **50¢ Value**

**NO NAME® SPICES**  
SELECTED VARIETIES  
15-250 G  
**3.99**  
20617758\_EA/20618086\_EA

**Moredays**

Members get **2,000** = **\$2 Value**

**5 STEM SUNFLOWER BUNCH**  
SELECTED VARIETIES  
**\$9**  
21201274\_EA/21555041\_EA

**Moredays**

Members get **3,000** = **\$3 Value**

**HERSHEY'S ASSORTED CHOCOLATE OR PEANUT FREE**  
SELECTED VARIETIES  
50'S  
**10.99**  
21528274\_EA  
21528277\_EA

**Moredays**

Members get **3,000** = **\$3 Value**

**PAMPERS EASY UPS CLUB PACK TRAINING PANTS**  
56-74'S OR **NINJAMAS NIGHTTIME UNDERWEAR**  
34/44'S  
SELECTED VARIETIES  
**26.99**  
21308932\_EA/21089453\_EA

**Moredays**

Members get **3,000** = **\$3 Value**

**ONE A DAY ADULT MULTIVITAMINS OR FLINTSTONE'S CHILDREN'S VITAMINS**  
SELECTED VARIETIES  
21294671\_EA/21515316\_EA





# Get more on

More savings, more deals,  
more points.

# Moredays Moredays Moredays Moredays

### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**BOLTHOUSE FARMS  
SMOOTHIES OR JUICE**  
SELECTED VARIETIES,  
PRODUCT OF U.S.A.  
946 ML  
**6.99**  
20301788\_EA/20311201\_EA



### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**RENÉE'S REFRIGERATED  
SALAD DRESSING OR  
VINAIGRETTE**  
SELECTED VARIETIES  
PRODUCT OF CANADA  
350/355 ML  
**2/\$12**  
LESS THAN 2 \$6.49 EA.  
20312720\_EA  
20314592\_EA



### Moredays

Members get  
**1,000**<sup>pt</sup>  
when you  
buy 2 **=\$1**  
Value

**MCCAIN MEDLEYS**  
SELECTED VARIETIES  
FROZEN  
400 G  
**4.99**  
21557319\_EA  
21557375\_EA



### Moredays

Members get  
**1,000**<sup>pt</sup>  
when you  
buy 2 **=\$1**  
Value

**GREEN GIANT  
SPECIALTY VEGGIES**  
SELECTED VARIETIES  
FROZEN  
283-454 G  
**4.49**  
21530406\_EA/21586778\_EA



### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**QUAKER DIPPERS  
GRANOLA BARS**  
SELECTED VARIETIES  
150-156 G  
**2/\$6**  
LESS THAN 2 \$3.79 EA.  
20847582\_EA  
20847584\_EA



### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**QUAKER CEREAL**  
SELECTED VARIETIES  
288-500 G  
**2/\$9.50**  
LESS THAN 2 \$5.99 EA.  
20637355\_EA/21082500\_EA



### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**CHEEMO PEROGIES**  
SELECTED VARIETIES  
FROZEN  
745-907 G  
**3.49**  
20527159\_EA  
20527369\_EA



### Moredays

Members get  
**1,000**<sup>pt</sup>  
when you  
buy 2 **=\$1**  
Value

**BETTY CROCKER  
SUPER MOIST CAKE MIX**  
375/404 G OR  
**FROSTINGS 340/450 G**  
SELECTED VARIETIES  
**2/\$5**  
LESS THAN 2 \$2.99 EA.  
20562641003\_EA  
21547837\_EA



### Moredays

Members get  
**3,000**<sup>pt</sup>  
when you  
buy 2 **=\$3**  
Value

**PACE SALSA 642 ML OR  
PREGO PASTA SAUCE 645 ML**  
SELECTED VARIETIES  
**4.49**  
20307531001\_EA  
21340384\_EA



### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**CHEETOS MAC'N  
CHEESE**  
SELECTED VARIETIES  
164/170 G  
**2.49**  
21390921\_EA  
21390928\_EA



### Moredays

Members get  
**1,000**<sup>pt</sup>  
when you  
buy 2 **=\$1**  
Value

**NO NAME®  
COATING MIX**  
SELECTED VARIETIES  
142-162 G  
**2/\$6**  
LESS THAN 2 \$3.29 EA.  
21122657\_EA/21122663\_EA



### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**SNYDER'S OF HANOVER  
PRETZEL BITES, RODS,  
MINIS OR STICKS**  
SELECTED VARIETIES  
240 G  
**3.49**  
20316052002\_EA  
20316052004\_EA



### Moredays

Members get  
**2,000**<sup>pt</sup>  
when you  
buy 2 **=\$2**  
Value

**QUAKER CRISPY MINIS  
OR LARGE RICE CAKES**  
SELECTED VARIETIES  
90-173 G  
**2/\$7**  
LESS THAN 2 \$3.99 EA.  
20850958\_EA/21427917\_EA



### Moredays

Members get  
**5,000**<sup>pt</sup>  
when you  
buy 2 **=\$5**  
Value

**QUAKER  
MUFFIN MIX 900 G  
OR OAT FLOUR 700 G**  
SELECTED VARIETIES  
20301064001\_EA  
20301064003\_EA



### Moredays

Members get  
**1,000**<sup>pt</sup>  
when you  
buy 2 **=\$1**  
Value

**TIM HORTON'S SOUP**  
SELECTED VARIETIES  
400-540 ML  
**4.49-4.79**  
21203782\_EA/21203770\_EA



### Moredays

Members get  
**5,000**<sup>pt</sup>  
when you  
buy 2 **=\$5**  
Value

**AVEENO FACE CARE, BODY LOTION,  
BODY WASH, BABY PRODUCTS,  
SUN CARE OR HAIR CARE  
ASSORTMENT**  
SELECTED VARIETIES  
AND SIZES  
20102023001\_EA  
20300171\_EA







# Get more on

More savings, more deals,  
more points.

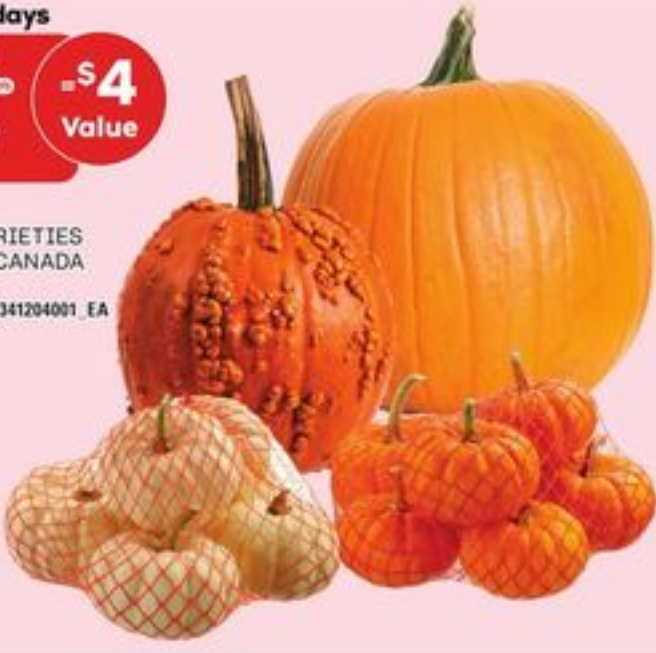
# Moredays Moredays Moredays Moredays

### Moredays

Members get  
**4,000**<sup>pt</sup>  
for every '15'  
spent on

**=\$4**  
Value

**PUMPKINS**  
SELECTED VARIETIES  
PRODUCT OF CANADA  
EACH  
20081484001\_EA/21341204001\_EA



### Moredays

Members get  
**3,000**<sup>pt</sup>  
for every '9'  
spent on

**=\$3**  
Value

**INDIVIDUAL COMBO  
WITH WEDGES 361-530 G,  
12" TAKE AND BAKE PIZZA  
SELECTED VARIETIES  
510-739 G OR  
SANDWICHES  
250-343 G  
SELECTED VARIETIES  
21022536\_EA/21456393\_EA/21456401\_EA**



### Moredays

Members get  
**3,500**<sup>pt</sup>  
for every '15'  
spent on

**=\$3<sup>50</sup>**  
Value

**CLUB HOUSE ONE STEP  
SEASONING BLENDS  
OR BOTTLED SPICES  
13-220 G OR ORGANIC  
SPICES 10-57 G  
SELECTED VARIETIES  
2030806002\_EA/20033636\_EA**



### Moredays

Members get  
**3,000**<sup>pt</sup>  
for every '10'  
spent on

**=\$3**  
Value

**KNORR GRAVY OR  
SAUCE MIX 22-48 G,  
BOUILLON CUBES OR  
MIXES 63-250 G OR  
LIQUID CONCENTRATE  
250 ML  
SELECTED VARIETIES  
20311529001\_EA/21378256\_EA**



### Moredays

Members get  
**6,000**<sup>pt</sup>  
for every '20'  
spent on

**=\$6**  
Value

**MAISON PERRIER SLIM CAN 8X330 ML,  
MAISON PERRIER 6X500 ML, PERRIER  
1 L/750 ML/4X330 ML, SAN PELLGRINO  
ESSENZA 8X330 ML, MOMENTI  
6X330 ML, NATURALI 6X330 ML  
SELECTED VARIETIES  
21509060\_C08/21577007\_EA**



### Moredays

Members get  
**2,000**<sup>pt</sup>  
for every '10'  
spent on

**=\$2**  
Value

**UNCRUSTABLES  
SELECTED VARIETIES  
FROZEN  
4'S  
21543055\_C04/21543055\_C03**



### Moredays

Members get  
**5,000**<sup>pt</sup>  
for every '20'  
spent on

**=\$5**  
Value

**BABY FOOD OR SNACKS  
SELECTED VARIETIES  
AND SIZES  
20944548\_EA/20625551002\_EA**



### Moredays

Members get  
**5,000**<sup>pt</sup>  
for every '20'  
spent on

**=\$5**  
Value

**BABY WIPES  
SELECTED VARIETIES  
AND SIZES  
21401195\_EA  
20304474001\_EA**



### Moredays

Members get  
**10,000**<sup>pt</sup>  
for every '50'  
spent on

**=\$10**  
Value

**BABY DIAPERS  
SELECTED VARIETIES  
AND SIZES  
21456748\_EA/21551615\_EA**



### Moredays

Members get  
**8,000**<sup>pt</sup>  
for every '50'  
spent on

**=\$8**  
Value

**BABY FORMULA  
SELECTED VARIETIES  
AND SIZES  
21208370\_EA/21334696\_EA**



### Moredays

Members get  
**5,000**<sup>pt</sup>  
for every '20'  
spent on

**=\$5**  
Value

**ANY FLEECY FABRIC  
SOFTENER, SHEETS  
OR PALMOLIVE DISH  
DETERGENT  
SELECTED VARIETIES  
AND SIZES  
21004388\_EA/21311739\_EA**



### Moredays

Members get  
**7,500**<sup>pt</sup>  
for every '15'  
spent on

**=\$7<sup>50</sup>**  
Value

**ANY WINDEX,  
SCRUBBING BUBBLES,  
FAMILY GUARD OR  
FANTASTIK CLEANERS  
OR GLADE AIR CARE  
SELECTED VARIETIES  
AND SIZES  
20125323001\_EA  
20323855001\_EA**



### Moredays

Members get  
**12,000**<sup>pt</sup>  
for every '30'  
spent on

**=\$12**  
Value

**ANY LYSOL CLEANERS  
OR LAUNDRY, FINISH  
DISH TABS, RESOLVE  
STAIN REMOVERS, OR  
AIRWICK AIR CARE  
SELECTED VARIETIES  
AND SIZES  
21218875\_EA/21449826\_EA**



### Moredays

Members get  
**8,000**<sup>pt</sup>  
for every '25'  
spent on

**=\$8**  
Value

**GLAD BAGS,  
CLOROX BLEACH OR  
CLEANERS, PINESOL  
OR GREENWORKS  
CLEANERS  
SELECTED VARIETIES  
AND SIZES  
21105477\_EA/21283179\_EA**



### Moredays

Members get  
**7,000**<sup>pt</sup>  
for every '25'  
spent on

**=\$7**  
Value

**DOWNY LIQUID  
FABRIC  
SOFTENER,  
BOUNCE SHEETS OR  
DOWNY OR  
GAIN BEADS  
SELECTED VARIETIES  
AND SIZES  
21549944\_EA  
21549954\_EA**



### Moredays

Members get  
**7,000**<sup>pt</sup>  
for every '25'  
spent on

**=\$7**  
Value

**PARTICIPATING  
TYLENOL, REACTINE  
CAPLETS OR TABLETS OR  
LISTERINE MOUTHWASH  
SELECTED VARIETIES  
AND SIZES  
20348438001\_EA/20321345001\_EA**







# Get more on

More savings, more deals,  
more points.

Moredays  
Moredays  
Moredays  
Moredays



**Express**™ Online grocery  
pickup & delivery

## Get up to 100,000 PC Optimum™ points

That's **25,000 points plus free  
delivery/pickup** on EACH of your  
first 4 orders of \$100+.\*

Use code **PTSPLUS**.

[Shop Now](#)

\*First order must be placed by September 25th. Conditions apply, see site for details.

More Savings  
More Savings  
More Savings  
More Savings  
More Savings  
More Savings  
More Savings  
More Savings



## Moredays

Sept. 19-25

### Flash Sale!

Get **35GB for \$29/month** for  
**12 months** when you register  
for **Automatic Top-up**\*

SIM Card

Member Only  
Price  
**\$5**

Non-Members  
**\$10**



\*Conditions apply. Visit [pcmobile.ca](http://pcmobile.ca) for full details. Subject to change.

APP EXCLUSIVE OFFERS†



**Moredays**

# Moredays

Sept. 19-25



Open the app,  
it's as easy  
as that.

Members get

**25,000 pts**

for every **\$75** spent on  
**APPAREL\***

= \$25  
Value

**JOE FRESH**

[SHOP NOW](#)

\*Visit [www.joefresh.com/offerdetails](http://www.joefresh.com/offerdetails) for full details

APP EXCLUSIVE OFFERS†



**Moredays**

Sept. 19-25

**1,000 pts**

when you spend \$10  
or more on fuel.

+



**2,000 pts**

when you pay with your  
PC Financial® credit card.



Mobil



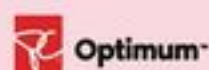
financial

Open the app, it's as easy as that.

Conditions apply. Complete details on the PC Optimum™ app or at [www.pcoptimum.ca](http://www.pcoptimum.ca)



financial



## Moredays

Sept. 19-25

Make your everyday banking and  
spending more rewarding with  
**PC Financial®**.

Apply today at  
[pcfinancial.ca/morepoints](http://pcfinancial.ca/morepoints)

More Points  
More Points  
More Points  
More Points  
More Points  
More Points  
More Points  
More Points  
More Points  
More Points



PC Money™ Account and PC® Mastercard® are provided by President's Choice Bank.



# From Your Farmers



## Algoma Orchards

Since 1964, apple trees have lined Algoma Orchards, located in Ontario's lush Durham Region. With over 1200 acres, they harvest many varieties of apples, including Gala, Honeycrisp and Ambrosia. Its gourmet market, open to the public all year round, offers 28 varieties of apples and 14 flavours of pies - including apple, of course.

**ONTARIO HONEYCRISP APPLES**  
PRODUCT OF ONTARIO,  
CANADA FANCY GRADE  
6.59/KG  
20132621001\_KG

**2<sup>99</sup>**  
LB



**ONTARIO GREENHOUSE BEEFSTEAK TOMATOES**  
PRODUCT OF ONTARIO  
4.39 KG  
20426141001\_KG

**1<sup>99</sup>**  
LB



## Léon Delorme Ltd.

Located in Curran, Ont., Léon Delorme farm produces white, red, yellow and russet potatoes. It's currently run by third-generation farmer Nicholas Henrard. Vibrant, creamy potatoes taste great sliced in half, tossed in olive oil, salt and pepper and roasted until tender and browned, with crispy edges. Henrard likes his potatoes mashed (skin on when they're this fresh) with butter, milk and shredded cheese.

**ONTARIO FARMER'S MARKET™ YELLOW POTATOES**  
PRODUCT OF ONTARIO,  
CANADA NO. 1 GRADE  
10 LB BAG  
20601017001\_EA

**5<sup>99</sup>**



**ONTARIO ACORN, BUTTERNUT, BUTTERCUP OR SPAGHETTI SQUASH**  
PRODUCT OF ONTARIO  
3.95/KG  
20317208001\_KG  
20071263001\_KG

**1<sup>79</sup>**  
LB



# Pick a pumpkin ! or 2 or 4 or more!

More days

Members get

**4,000<sup>pts</sup>**

for every \$15\* spent on

**= \$4 Value**

**CANADA MINI OR BABY BOO PUMPKINS**  
PRODUCT OF CANADA  
6'S, BAG  
200545081\_EA/20135255\_EA

**CANADA PAINTED PIE OR MINI PUMPKINS**  
PRODUCT OF CANADA  
20122421\_EA/20818879\_EA

**CANADA PIE PUMPKINS**  
PRODUCT OF CANADA  
20101185001\_EA

**CANADA TIGER STRIPED PUMPKINS**  
PRODUCT OF CANADA  
3'S, BAG  
20214401\_EA

**CANADA PINK PORCELAIN DOLL PUMPKINS**  
PRODUCT OF CANADA  
21341204001\_EA

**CANADA WHITE PUMPKINS**  
PRODUCT OF CANADA  
20309809001\_EA

**CANADA VARIETAL PUMPKINS**  
PRODUCT OF CANADA  
21341204001\_EA

**CANADA JUMBO PUMPKINS**  
PRODUCT OF CANADA  
20081484001\_EA



# Natural foods



**SALE**  
**SAVE UP TO**

**15%**

GT KOMBUCHA  
480 ML OR FATSO  
PEANUT BUTTER 500 G  
SELECTED VARIETIES  
20374106\_EA/21314270\_EA



Members save **50¢**

More days

Member Only Price

**2.99**

Non-Members **3.49**

SENSIBLE PORTIONS VEGGIE STRAWS  
OR QUE PASA TORTILLA CHIPS  
SELECTED VARIETIES  
120-350 G  
21031316\_EA/21380091\_EA



**5.99**

IMAGINE ORGANIC BROTH 1 L OR  
YORKSHIRE ORGANIC SOUP 398 ML  
SELECTED VARIETIES  
20321614005\_EA/21560109\_EA



**\$5**

CHICKAPEA PASTA  
SELECTED VARIETIES  
227 G  
21123948\_EA/21126549\_EA



**SALE**  
**SAVE UP TO**

**20%**

AMY'S KITCHEN  
SELECTED VARIETIES  
AND SIZES  
20819961\_EA/20820815001\_EA



**9.99**

NATURE'S PATH ORGANIC ECO-PACK CEREAL  
SELECTED VARIETIES  
650-907 G  
20312067001\_EA/20319302001\_EA



**5.99**

MARY'S CRACKERS  
120-184 G OR CALIFIA  
BARISTA 946 ML  
SELECTED VARIETIES  
20316727002\_EA/21161998\_EA



**4.99**

PC ORGANICS  
VEGETABLES  
SELECTED VARIETIES  
300-500 G  
20416869002\_EA/21008161\_EA



**5.99**

SAN-J SAUCES  
SELECTED VARIETIES  
296 ML  
20028533\_EA/20304746\_EA



**SALE**  
**SAVE UP TO**

**15%**

BURT'S BEES  
SELECTED VARIETIES  
AND SIZES  
20096710\_EA  
21080211\_EA



**11.99**

ECO-MAX NATURAL  
LAUNDRY WASH  
OR SOFTENER  
SELECTED VARIETIES  
3 L  
20347155002\_EA  
21179804\_EA



**SALE**  
**SAVE UP TO**

**20%**

PROGRESSIVE  
MULTIVITAMINS  
SELECTED VARIETIES  
120'S  
21565085\_EA/21565127\_EA



**SALE**  
**SAVE UP TO**

**35%**

BOBS RED MILL  
SELECTED VARIETIES  
AND SIZES  
21127324\_EA  
21127335\_EA



**6.99**

NATURE'S BAKERY FIG BAR  
SELECTED VARIETIES  
PACKAGE OF 6, 340 G  
21549605\_EA/21550352\_EA



**7.99**

NATURE CLEAN PLASTIC  
FREE LAUNDRY OR  
CLEANER STRIPS  
SELECTED VARIETIES  
32/36'S  
21451364\_EA/21451469\_EA



# Grocery

**More days**  
Members get **2,000<sup>th</sup>** when you buy 2  
**=\$2 Value**

PEPPERIDGE FARM  
GOLDFISH CRACKERS  
SELECTED VARIETIES  
156-227/6X28 G  
20306994003\_EA/21575178\_EA

**More days**  
Members get **1,000<sup>th</sup>**  
**=\$1 Value**

BLACK DIAMOND  
CHEESE COMBOS  
SELECTED VARIETIES  
129 G  
21208641\_EA/21208897\_EA

**More days**  
Members get **3,500<sup>th</sup>** when you spend \*15<sup>+</sup> on  
**=\$3.50 Value**

CLUB HOUSE GRAVY AND  
SAUCE MIXES  
SELECTED VARIETIES  
21-47 G  
20302816001\_EA/20302816004\_EA

**3<sup>50</sup>**

**5<sup>49</sup>**

LECLERC GO PURE BARS  
140-175 G OR  
NÜGABAR 175 G  
SELECTED VARIETIES  
21221451\_EA/21536596\_EA

GENERAL MILLS  
CEREAL  
FAMILY SIZE  
SELECTED VARIETIES  
475-778 G  
21213664\_EA/21283257\_EA

PILLSBURY CRESCENT  
OR WIENERS WRAP  
SELECTED VARIETIES  
200-227 G  
20305424001\_EA/21505340\_EA

OASIS JUICE OR  
SMOOTHIE  
SELECTED VARIETIES  
REFRIGERATED  
1.54-1.6 L  
21529540\_EA/21529910\_EA

**3<sup>49</sup>**

**5<sup>99</sup>**

**1<sup>99</sup>**

**4<sup>49</sup>**

STARBUCKS COFFEE  
ENHANCER  
SELECTED VARIETIES  
828 ML  
21358473\_EA/21436900\_EA

AMOOZA! TWIST 228 G  
OR CRACKER BARREL  
CHEESE SNACKS 168 G  
SELECTED VARIETIES  
21290676\_EA/21402514\_EA

ARMSTRONG CHEESE  
SLICES  
SELECTED VARIETIES  
220/240 G  
21208641\_EA/21410223\_EA

NATURE VALLEY  
BISCUIT, PROTEIN BARS OR  
SWEET & SALTY 6'S,  
148-210 G OR  
FIBRE 1 BARS  
125 G  
SELECTED VARIETIES  
20587504001\_EA  
21213559\_EA

**6<sup>99</sup>**

**5<sup>99</sup>**

**4<sup>99</sup>**

**2/7<sup>50</sup>**  
LESS THAN 2  
\$4.49 EA

LECLERC  
CÉLÉBRATION  
COOKIES  
SELECTED VARIETIES  
240 G  
20853797001\_EA  
20965368\_EA

TOWN HOUSE OR  
SNAP'D CRACKERS  
SELECTED VARIETIES  
213-391 G  
21107393\_EA/21451181\_EA

CHRISTIE CRISPERS OR  
BITS & BITES 145 G  
OR DARE BRETON OR  
VINTA CRACKERS  
132-225 G  
SELECTED VARIETIES  
21358333\_EA/21520698\_EA

HABITANT SOUP  
SELECTED VARIETIES  
796 ML  
2029690002\_EA

**2/\$8**  
LESS THAN 2  
\$4.49 EA

**\$5**

**2/\$7**  
LESS THAN 2  
\$3.99 EA

**2<sup>99</sup>**

PC<sup>®</sup> INSTANT COFFEE  
80-100 G, HOT CHOCOLATE  
OR THE DECADE<sup>®</sup> HOT  
CHOCOLATE MIX  
350-750 G  
SELECTED VARIETIES  
21125237\_EA/21499826\_EA

PC<sup>®</sup> COFFEE PODS  
SELECTED VARIETIES  
30'S  
21038677\_EA  
21038762\_EA

BIO-K+ PROBIOTIC  
50 BILLION  
BACTERIA,  
DAIRY OR VEGAN  
6X98 G  
20302863\_EA  
20313000002\_EA

SILK NON-DAIRY  
BEVERAGES  
SELECTED VARIETIES  
1.75/1.89 L  
20315090001\_EA  
21243598\_EA

**4<sup>99</sup>**

**14<sup>99</sup>**

**19<sup>99</sup>**

**3<sup>79</sup>**

TIDE PODS  
112/85'S OR  
TIDE POWER  
PODS 63'S  
SELECTED VARIETIES  
21450133\_EA  
21450151\_EA

DAWN DISH SOAP  
825-982 ML OR DAWN  
POWERWASH REFILL  
473 ML  
SELECTED VARIETIES  
21218859\_EA/21433052\_EA

GLAD  
OUTDOOR BAGS  
SELECTED VARIETIES  
10-40'S  
21165477\_EA

PC<sup>®</sup> NUTRITION  
FIRST DOG  
FOOD  
SELECTED VARIETIES  
2 KG  
21304456\_EA

**29<sup>99</sup>**

**4<sup>99</sup>**

**10<sup>99</sup>**

**10<sup>99</sup>**



# For your family



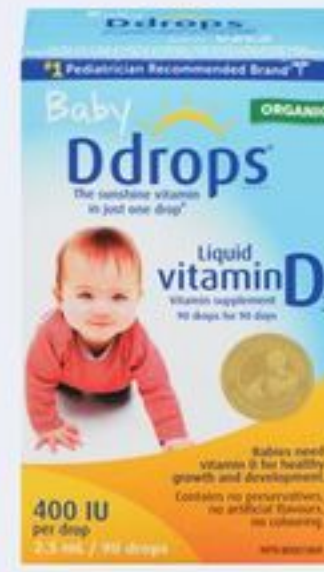
ZARBEE'S BABY 59 ML OR CHILDREN'S 118 ML COUGH SYRUP  
SELECTED VARIETIES AND SIZES  
21541207\_EA

Members get **5,000<sup>00</sup>** when you buy 2 **-\$5 Value**



SESAME STREET OR WEBBER NATURALS VITAMINS OR SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
21286687\_EA/21369542\_EA

Members get **5,000<sup>00</sup>** when you buy 2 **-\$5 Value**



DDROPS LIQUID VITAMIN DROPS  
SELECTED VARIETIES  
1.7-7.5 ML  
20034059\_EA

Members get **4,000<sup>00</sup>** **-\$4 Value**



ENSURE MEAL REPLACEMENT VALUE PACKS  
SELECTED VARIETIES AND SIZES  
21333516\_EA  
21333517\_EA

# 10<sup>99</sup>

# 34<sup>99</sup>



BAUSCH & LOMB, RENU, BIOTRUE CONTACT LENS SOLUTIONS OR SOOTHE, BIOTRUE OR LUMIFY EYE DROPS  
SELECTED VARIETIES AND SIZES  
20573017\_EA

**SALE**  
**SAVE UP TO**

# 15%



U BY KOTEX LINERS 112-150'S, PADS 30-60'S OR TAMPONS 45'S  
SELECTED VARIETIES  
21180875\_EA/21291969\_EA

# 13<sup>99</sup>

Members get **6,000<sup>00</sup>** when you spend "30" on **-\$6 Value**



TENA UNDERWEAR OR PADS  
SELECTED VARIETIES AND SIZES  
21033778\_EA

Members get **6,000<sup>00</sup>** when you spend "15" on **-\$6 Value**



ST. IVES SCRUBS, CLEANSERS, BODY LOTION OR BODY WASH  
SELECTED VARIETIES AND SIZES  
21086101\_EA/21429055003\_EA



LIFE BRAND LIQUID HAND SOAP REFILL  
SELECTED VARIETIES  
2 L  
21357613003\_EA/21357613004\_EA

# \$5

Members get **7,500<sup>00</sup>** for every "30" spent on **-\$7<sup>50</sup> Value**



ADVIL, BUCKLEY'S, NEOCITRAN, VOLTARAN, TUMS, ROBAX, JACK & JILL, CALTRATE, CENTRUM, EMERGEN-C, SENSODYNE, PRONAMEL, BIOTENE, POLIDENT OR POLIGRIP PRODUCTS  
SELECTED VARIETIES AND SIZES  
21576716\_EA/20077169001\_EA



PC SPORTS SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
20696552\_EA/21313808\_EA

**SALE**  
**SAVE UP TO**

# 20%



PEPTO-BISMOL LIQUID 350/480 ML OR CHEWABLE TABLETS 24/48'S OR ROLAIDS ANTACID TABLETS 72/96'S  
SELECTED VARIETIES  
20097597001\_EA/21299209\_EA

**SALE**  
**SAVE UP TO**

# 20%



HALLS THROAT LOZENGES BAG  
SELECTED VARIETIES  
20-30'S  
20315680001\_EA

# 2<sup>99</sup>



# For your family



PANTENE, L'ORÉAL HAIR EXPERTISE OR OLD SPICE HAIR STYLING  
SELECTED VARIETIES AND SIZES  
21889545\_EA/21424214\_EA

**6<sup>99</sup>**



TRESEMME HAIR CARE  
198-311 G/168-828 ML  
2031530301\_EA/21170103\_EA

**5<sup>99</sup>**



L'ORÉAL PARIS EXCELLENCE HAIR COLOUR  
SELECTED VARIETIES  
20306551006\_EA  
20306551017\_EA

**11<sup>99</sup>**

Members get 3,000<sup>00</sup> = \$3 Value



CERAVE SKIN CARE OR BABY CARE PRODUCTS  
21276745\_EA/21295400\_EA

Members get 8,000<sup>00</sup> = \$8 Value for every '25' spent on



L'ORÉAL CLEANSERS, MOISTURIZERS OR TREATMENTS  
SELECTED VARIETIES AND SIZES  
21221118\_EA/21298358\_E

Members get 3,000<sup>00</sup> = \$3 Value



EUCERIN OR AQUAFOR LOTIONS  
SELECTED VARIETIES AND SIZES  
21085698\_EA/21247268\_EA

**SALE SAVE UP TO 20%**



IVORY BODY WASH  
621/1035 ML,  
BAR SOAP 3/10X90 G OR DEODORANT 68 G  
SELECTED VARIETIES  
20347887001\_EA/21585405\_EA

**SALE SAVE UP TO 20%**



NATIVE BODY WASH  
SELECTED VARIETIES  
532 ML  
21435048\_EA/21435069\_EA

**11<sup>99</sup>**

Members get 6,000<sup>00</sup> = \$6 Value for every '20' spent on



DOVE BODY WASH, BAR SOAP, DEODORANT, HAIR CARE, SKIN CARE OR BABY PRODUCTS  
SELECTED VARIETIES AND SIZES  
20319039001\_EA/20329036001\_EA



LADY OR MEN'S SPEED STICK PREMIUM DEODORANT  
SELECTED VARIETIES  
45-85 G  
20348223001\_EA/20847071\_EA

**2<sup>99</sup>**



DEGREE DEODORANT  
SELECTED VARIETIES  
48-95 G  
20303942001\_EA/20303942002\_EA

**3<sup>49</sup>**



DOVE HAIR CARE  
SELECTED VARIETIES  
142-198 G/195-355 ML  
20306035001\_EA/20338455001\_EA

**4<sup>99</sup>**

Members get 3,000<sup>00</sup> = \$3 Value for every '15' spent on



BAND-AID BANDAGES OR POLYSPORIN OINTMENT  
SELECTED VARIETIES AND SIZES  
20122893\_EA/21335482\_EA



LISTERINE CLASSIC 1 L OR KIDS 500 ML MOUTHWASH  
SELECTED VARIETIES  
20348438001\_EA/21091207\_EA

**6<sup>99</sup>**

Members get 5,000<sup>00</sup> = \$5 Value when you buy 2



DOVE SERUMS  
SELECTED VARIETIES  
95/237 ML  
21616541\_EA/21615458\_EA

**14<sup>99</sup>**



# For your baby



**BABY GOURMET ORGANIC FRUIT OR VEGETABLE BABY FOOD POUCHES**  
SELECTED VARIETIES  
128 ML  
20616541001\_EA/21123983\_EA

**4/\$7**  
LESS THAN 4  
\$2.29 EA.



**LOVE CHILD ORGANICS OATY CHOMPS OR SEAFRIENDS BABY SNACKS**  
SELECTED VARIETIES  
100-140 G  
20944548\_EA/21462907\_EA

**3<sup>79</sup>**



**GERBER BABY FOOD JARS 139-162 G OR ORGANIC BABY FOOD POUCHES 99 G/128 ML**  
SELECTED VARIETIES  
21024943\_EA/21466955\_EA

**1<sup>79</sup>**



**GERBER INFANT CEREAL 227 G OR AMARA ORGANIC INFANT SMOOTHIE MELTS 23 G**  
SELECTED VARIETIES  
20358339007\_EA/21426240\_EA

**2/\$9**  
LESS THAN 2  
\$5.49 EA.



**CEREBELLY ORGANIC BABY PURÉE POUCHES**  
SELECTED VARIETIES  
128 ML  
21601227\_EA/21601254\_EA

**2<sup>99</sup>**



**PEDIASURE COMPLETE 4X235 ML OR INFANT'S PEDIALYTE SOLUTION 1 L OR FREEZER POPS 16X62.5 ML**  
SELECTED VARIETIES  
20322414001\_EA/21416403\_EA

**9<sup>99</sup>**



**LIVE CLEAN, DOVE OR HONEST BABY NEEDS**  
SELECTED VARIETIES  
20607347\_EA/21303537\_EA

**SALE**  
**SAVE UP TO**  
**20%**



**CERAVE OR EUCERIN BABY NEEDS**  
SELECTED VARIETIES  
21439060\_EA/1526639\_EA

**SALE**  
**SAVE UP TO**  
**20%**

**New**

**Pampers swaddlers 360°**

Comfy fit of a pull-on diaper

**32<sup>99</sup>** Pampers® Swaddlers 360™ selected varieties and sizes  
21611980\_EA

**Pampers Pure PROTECTION™**

UP TO **100%** LEAKPROOF FRAGRANCE-FREE SKIN PROTECTION

**24<sup>99</sup>** Pampers® Pure Super Diapers selected varieties and sizes  
21246854\_EA © 2024 P&G

**NEW HUGGIES SKIN ESSENTIALS™**

Helps **protect against** top two causes of **rash**\*

**HUGGIES SKIN ESSENTIALS™**

Helps protect against top two causes of rash\*  
Up to 100% Leakproof

**84** **2** DIAPERS **2**

DERMATOLOGIST APPROVED **UP TO 100% LEAKPROOF PROTECTION**

**\$24<sup>99</sup>** Huggies® Skin Essentials™ Diapers selected varieties and sizes  
21601031\_EA



# For your baby

MoreDays

Members get  
**10,000<sup>00</sup>** = **\$10**  
Value  
for every '50' spent on

BABY DIAPERS  
SELECTED VARIETIES  
AND SIZES  
21456748\_EA/21551645\_EA



MoreDays

Members get  
**5,000<sup>00</sup>** = **\$5**  
Value  
for every '20' spent on

BABY WIPES  
SELECTED VARIETIES  
AND SIZES  
21401195\_EA/20304474001\_EA



MoreDays

Members get  
**5,000<sup>00</sup>** = **\$5**  
Value  
for every '20' spent on

BABY FOOD  
SELECTED VARIETIES  
AND SIZES  
20304618007\_EA/20433609002\_EA



MoreDays

Members get  
**8,000<sup>00</sup>** = **\$8**  
Value  
for every '50' spent on

BABY FORMULA  
SELECTED VARIETIES  
AND SIZES  
21208370\_EA/21334696\_EA



HUGGIES ECONO  
PULL-UPS  
TRAINING PANTS  
SELECTED  
VARIETIES  
66-104'S  
21021423\_EA

**36<sup>99</sup>**



SIMILAC PRO-ADVANCE  
STEP 1 OR 2  
POWDER FORMULA  
837/859 G  
21436985\_EA/21437126\_EA

**51<sup>99</sup>**



ENFAGROW A+  
INFANT  
NUTRITIONAL  
SUPPLEMENT  
SELECTED  
VARIETIES  
907 G  
21407931\_EA  
21407971\_EA

**29<sup>99</sup>**



PAMPERS OR HUGGIES  
SUPER BIG PACK DIAPERS  
SIZE N-6, 36-108'S  
21456249\_EA/21370844\_EA

**24<sup>99</sup>**



PC CLUB PACK BABY WIPES  
1200'S  
21432245\_EA

**\$20**



HUGGIES 16X BABY WIPES  
SELECTED VARIETIES  
960-1152'S  
21083819\_EA/21172000\_EA

**23<sup>99</sup>**



HUGGIES OR PAMPERS 3X BABY WIPES  
SELECTED VARIETIES  
112-216'S  
20799372\_EA/21081584\_EA

**7<sup>99</sup>**



# Home

**BUY 1 GET 1  
50% OFF**

**12" DELUXE HARVEST CRACKERS**  
SECOND ITEM MUST BE OF  
EQUAL OR LESSER VALUE  
\$17  
21576633\_EA/21576634\_EA



**15,000**  
for every '\$50'  
spent on

**\$15  
Value**

**PC® COOKWARE,  
ROASTERS, WOKS,  
SAUTE PANS AND  
COOKWARE SETS**  
21492019\_EA/21339634\_EA



**BUY 1 GET 1  
50% OFF**

**LIFE AT HOME®  
3-WICK CANDLES**  
SELECTED VARIETIES  
SECOND ITEM MUST BE OF  
EQUAL OR LESSER VALUE  
\$16  
21559881\_EA/21560010\_EA/  
21414844\_EA



**\$29-42**



**SALE  
SAVE UP TO**

**25%**

**HAMILTON BEACH  
APPLIANCES**  
SELECTED VARIETIES  
21206710\_EA/21489087\_EA



**SALE  
SAVE UP TO**

**25%**

**CUISINART APPLIANCES**  
SELECTED VARIETIES  
20780484\_EA/21316085\_EA



**SALE  
SAVE UP TO**

**20%**

**PC® METAL BAKEWARE**  
SELECTED VARIETIES  
21494806\_EA/21494808\_EA



**SALE  
SAVE UP TO**

**20%**

**PC® SOFT GRIP  
GADGETS**  
21190068\_EA/21190085\_EA



**SALE  
SAVE UP TO**

**35%**

**PC® DINNERWARE, DRINKWARE,  
OR SERVEWARE**  
21219157\_EA/21219596\_EA



**SALE  
SAVE UP TO**

**30%**

**LIFE AT HOME® DINNERWARE,  
DRINKWARE OR SERVEWARE**  
21564494\_EA/21563426\_EA



**SALE  
SAVE UP TO**

**30%**

**RUBBERMAID TAKEALONGS  
FOOD STORAGE CONTAINERS**  
SELECTED VARIETIES  
20361660\_EA/21109828\_EA



**NO NAME® FOOD STORAGE CONTAINERS**  
SELECTED VARIETIES  
20061485\_EA/21161828\_EA

**\$4**



**NO NAME® CLUB SIZE FOILWARE**  
SELECTED VARIETIES  
21424898\_EA/21424907\_EA

**\$10**



**Becel**

**GREAT FOR SPREADING,  
COOKING AND BAKING.  
MADE WITH PLANT-BASED OILS.**

**\$6<sup>99</sup>**  
Becel® Margarine  
637-850 g  
20297818002\_EA  
21044725\_EA

**\$4<sup>99</sup>**  
Dairy-Free Becel® Plant  
Butter  
427-454 g  
21279365\_EA/21593578\_EA

**\$2<sup>49</sup>**  
I Can't Believe It's Not Butter!®  
Margarine Spread  
427 g  
20061949001\_EA

**11<sup>99</sup>**  
Tide/Gain/Ivory Snow  
detergent 1.36-2.6 L/18-35's,  
Downy/Gain fabric softener  
2.63 L, Bounce, Beads 379 g, or  
Downy/Gain sheets 120-200's  
selected varieties  
21590106\_EA/21550201\_EA

**15<sup>99</sup>**  
Gain laundry detergent  
4.55 L/42's,  
Gain/Downy fabric softener  
2.4 L-3.9 L, beads 515 g, Bounce  
Sheets 240's, selected varieties  
21405182\_EA/21549955\_EA

© 2024 P&G

**TAKE A SHOT ON  
GREAT TASTE**  
Best *Coke* Ever?

**LESS THAN 2 \$7.99 EA.**  
**2/\$14\***  
COCA-COLA® beverages  
selected varieties  
12x355 mL  
20318694002\_C12

**LESS THAN 2 \$3.99 EA.**  
**2/6<sup>50</sup>\***  
COCA-COLA®  
beverages  
selected varieties  
2 L  
20316026005\_EA

**4<sup>99</sup>\***  
CORE POWER®  
high protein milk shake  
selected varieties  
414 mL  
21166000\_EA

**LESS THAN 2 \$6.99 EA.**  
**2/12\***  
POWERADE®  
beverages  
selected varieties  
6x591 mL  
20854209\_C06

**16<sup>99</sup>\***  
GLACEAU  
SMARTWATER®  
beverages  
selected varieties  
6x1 L  
21099117\_C06

\*This product may not be suitable for everyone. Please read the label for instructions.  
\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations from September 19th to 25th, 2024.  
The trademarks that appear are the property of their respective trademark owners.

**VAN HOUTTE** LIVE FLAVOURFULLY™

**\$20<sup>99</sup>**  
Van Houtte® 30 K-Cup® pods  
21588231\_EA

**\$9<sup>99</sup>**  
Van Houtte® ground coffee 340 g  
20973094\_EA/20973133\_EA

**\$9<sup>99</sup>**  
Van Houtte® 10 - 12 K-Cup® pods  
20293336003\_EA/21583559\_EA

**Starbucks**

**11<sup>49</sup>**  
Starbucks® Vertuo Nespresso® Compatible  
Capsules Selected Varieties 8's Starbucks®

**6<sup>99</sup>**  
Starbucks® Original Nespresso®  
Compatible Capsules  
Selected Varieties 10's

**7<sup>49</sup>**  
Starbucks® Coffee Enhancers 828 mL

**9<sup>99</sup>**  
Starbucks® Ground 340 g, K-Cups 10's, Starbucks® Instant 90 g,  
Cold Brew 946 mL Selected Varieties 5K-Cups 10's

Nespresso® and Vertuo trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland and used under license. Pike Place is a registered trademark of The Pike Place Market PDA, used under license. Nestlé uses Starbucks trademarks under license. © 2024 Nestlé.

**YORKSHIRE VALLEY FARMS**

**An organic revolution  
in the making**

**\$6.99** Organic Chicken Pot Pie 225 g 21533564\_EA

**\$16.99** Organic Turkey Pie 700 g 21553876\_EA

**\$13.99** Organic Chicken Bites 454 g 21194345\_EA

**\$15.99** Organic Chicken Meatballs 800 g 21105878\_EA

**\$14.99** Organic Chicken & Maple Breakfast Sausage Patty 630 g 21553514\_EA

Non GMO Grain Fed | Pesticide & Herbicide Free | Antibiotic Free | No Animal By Products | Organic Certified

**Kerrygold** FALL FOR THE SUPERIOR TASTE OF GRASS-FED CHEESE

**\$6<sup>99</sup>** KERRYGOLD Dubliner Reserve Cheddar 198 g 20591635\_EA 20590974\_EA

**\$5<sup>99</sup>** /100g KERRYGOLD Cashel Blue Cheese 21435511\_KG

**\$8<sup>99</sup>** OKA Original Classique 190g 20920714\_EA 20921279\_EA

**\$8<sup>99</sup>** OKA Mushrooms & Truffle Beer 190g 21466878\_EA 21528318\_EA

**\$3<sup>49</sup>** /100g OKA L'Artisan Swiss-Style L'Artisan Swiss-Style Smoke 20217072\_KG 20963054\_KG

**\$3<sup>49</sup>** /100g OKA Classique 21162370\_KG



**Nourish their potential,  
ONE YOGURT AT A TIME**

**DANONE**  
ONE PLANET. ONE HEALTH

**\$3.69** Active® - 150g  
2168874\_EA

**\$3.99** Danone® - 6 x 93 ml.  
21520250\_EA

**3/53** less than 3 \$1.29 EA.  
Danone Go!™ - 150 ml.  
21349267\_EA  
21349123\_EA

**\$3.99** Two Good® - 4 x 35 g  
21476047\_EA

Proud supporter of  
**Breakfast CLUB**  
of Canada™

**ACTIVIA**

**1 BILLION ACTIVE PROBIOTICS\***

**\$6.99** Active® - 12 x 100g  
2030342009\_EA

**2/8** less than 2 \$4.99 ea.  
Active® - 2 x 150g  
21688442\_EA

**2/350** less than 2 \$2.29 ea.  
Active® - 190 ml  
21048503\_EA

**\$6.49** Active® - 6 x 93 ml.  
21430032\_EA

**12.99** Active® - 2 kg  
20477226\_EA

\*With more than 10<sup>10</sup> CFU Bifidobacterium lactis per serving, a probiotic that contributes to healthy gut flora.

**SUGAR DOWN  
PROTEIN UP**

**2/10** less than 2 \$5.99 ea.  
Two Good® - 625 g  
21476047\_EA

**START THE DAY WITH  
A PROTEIN SNACK\***

**\$7.49** Oïkos® - 150g  
21030006\_EA

**\$3.69** Oïkos® - 4 x 100g  
2104870006\_EA  
21030006\_EA

**2/350** less than 2 \$2.29 ea.  
Oïkos® - 190 ml  
21048503\_EA

\*As part of a complete breakfast and balanced diet.

**10-HOUR BREW**

**BOLD  
AND  
SMOOTH  
TASTE**

**2/14** less than 2 \$6.99 ea.  
Stok® - 1.42L  
21030732\_EA

Activia® / Two Good® / Danone® / Danone Go!™ used under lic. © 2024 Die Gervais Danone. Oïkos® used under lic. © 2024 Danone US, LLC. Stok® © 2024 WhiteWave Services, Inc. All rights reserved.

**"SNACK & give"**

**We'll donate \$40,000 to Kids Help Phone**

\*Lactalis Canada Inc. will donate a one-time total of \$40,000 to Kids Help Phone by October 31, 2024.

**\$7.49** iögo CREAMY, 0% OR LACTOSE-FREE YOGURT 16 X 100G  
SELECTED VARIETIES  
21207964\_EA  
20609543091\_EA

**\$4.49** iögo nano DRINKABLE YOGURT 6 X 93 ML  
SELECTED VARIETIES  
2060967001\_EA  
2060954303\_EA

**\$6.99** Astro BALKAN YOGURT 12 X 100 G  
SELECTED VARIETIES  
20301067001\_EA

**\$11.99** iögo CREAMY YOGURT 2 KG  
SELECTED VARIETIES  
2060967001\_EA  
2060954303\_EA

**\$7.49** siggi's SKYR YOGURT 650 - 750 G  
SELECTED VARIETIES  
21549021\_EA  
21535892\_EA

**\$3.99** siggi's SKYR YOGURT 4 X 100 G  
SELECTED VARIETIES  
21000027\_EA  
21000025\_EA

**Silver Hills**  
SPROUTED POWER

**Unlock the Power of Sprouted Grains**

• Better-for-you nutrition • Easier digestion • Steady energy

**\$5.29**

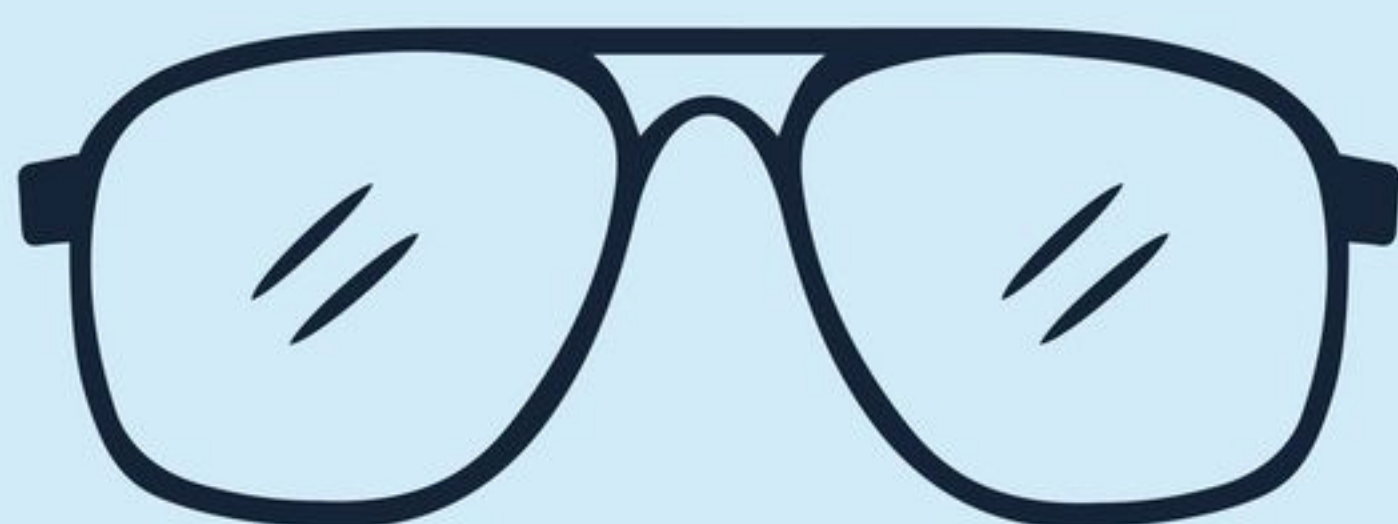
Silver Hills sprouted bread selected varieties and sizes  
21047070\_EA / 20155511\_EA

**Canadian Made**



Theodore & Pringle  
OPTICAL

Shop.  
Earn.  
Redeem points.



Optimum™

Get 100,000<sup>pts</sup>

for every \$300 spent on optical.

September 12 - September 25, 2024

\*FOR EVERY \$300 SPENT IN OPTICAL BEFORE TAXES AND AFTER REDEMPTIONS AND ALL COUPONS AND DISCOUNTS ARE DEDUCTED IN A SINGLE TRANSACTION YOU WILL EARN THE POINTS INDICATED. PRODUCT AVAILABILITY MAY VARY BY STORE. WE ARE NOT OBLIGATED TO AWARD POINTS BASED ON ERRORS OR MISPRINTS. NO CASH VALUE. MINIMUM REDEMPTION 10,000 POINTS. OFFER CANNOT BE COMBINED WITH ANY OTHER POINTS, PROMOTIONS OR OFFERS. SEE TERMS & CONDITIONS FOR REDEMPTION RESTRICTIONS. OFFER VALID AT PARTICIPATING LOCATIONS WITH AN OPTICAL DEPARTMENT BETWEEN SEPTEMBER 12 - SEPTEMBER 25, 2024.