

SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND, WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.

# WEEKLY DIGITAL DEALS Use each coupon



**UP TO 5 TIMES** in one transaction'

Scan me to download deals



Look for these tags.

ZERO SUGAR



Price without digital coupon is up to \$6.99 each with Card.

With Digital Coupon

Sliced to Order

UNCHABLES

2-4.4 oz or P3 Protein Packs.

2-2 3 oz: Select Varieties

Price without digital coupon is up to \$1.99 each with Card.

> **Private Selection Black Forest or** Wildflower Honey Ham

or Grab N Go, In the Deli

With Digital Coupon Price without digital coupon is up to \$13.49 lb with Card.



Coca-Cola, Pepsi or 7UP

/EA With Digital Coupo

Select Varieties, 12-Pack, 12 fl oz Cans Price without digital coupon is up to \$9.99 each with Card.



**Kroger Butter** 

2-Pack, 16 oz or Kroger Trail Mix, 30-36 oz; Select Varieties

/EA With Digital Coupon

Price without digital coupon is up to \$8.29 each with Card.



Oscar Mayer

Lunchables

With Digital Coupon

#### **Kettle Brand Potato Chips**

6.5-7.5 oz or Ben's Original Ready Rice, 8.47-8.8 oz; Select Varieties

/EA

With Digital Coupon Price without digital coupon is up to \$2.49 each with Card



Aidells **Dinner Sausage** or Meatballs Select Varieties,

12 oz

With Digital Coupon Price without digital coupon is up to \$5.49 each with Card.



#### Fred Mever Milk

or Kroger Chocolate Milk, Half Gallon; Select Varieties

/EA

With Digital Coupon

Price without digital coupon varies by store.



**Tillamook Cheese** 

Select Varieties, 32 oz Bar

With Digital Coupon

Price without digital coupon is up to \$8.99 each with Card



Kroger **Apple Cider** 64 oz

With Digital Coupon

Price without digital coupon is up to \$3.99 each with Card

\*While supplies last.



Green Mountain, Donut Shop or McCafé K-Cups

10-12 ct or Nutpods Creamer, 25.4 fl oz; Select Varieties

/EA

With Digital Coupon Price without digital coupon is up to \$6.99 each with Card.

On FRIDAY purchases

Visit FredMeyer.com/FuelEvent to download coupon. See coupon for details

# WEEKLY DIGITAL DEALS

Look for these tags.

STRONG

18 Meaa Rolls or Brawny Paper Towels, 8 Double Rolls or Finish

Price without digital coupon is up to \$14.99 each with Card.

Dishwasher Tabs, 28-43 ct or Jet Dry Rinse Aid, 23 fl oz: Select Varieties



Use each coupon **UP TO 5 TIMES** in one transaction\*



20 fl oz or Body Scrub, 10.5 oz or Deodorant, 3.8-4 oz or Bar Soap. 4 ct or Axe Premium Spray, 4 oz or L'Oréal Paris Ever Pure Shampoo or Conditioner, 6.8-8.5 fl oz or Voluminous Mascara, 1 ct; Select Varieties Price without digital coupon is up to \$8.99 each with Card.



Price without digital coupon is up to \$3.99 each with Card.





\*While supplies last.

Price without digital coupon is up to \$14.99 each with Card.

Yankee Pillar Jar Candle Select Varieties, 14.25 oz

With Digital Coupon

Kroger

Soft & Strong

**Bath Tissue** 

With Digital Coupon



18.72

Price without digital coupon is up to \$11.99 each with Card.

# FREE\* FLU VACCINES Pharmacy FredMeyer. **AVAILABLE NOW**





Visit FredMeyer.com/vaccines to schedule.

Mention this offer at Pharmacy checkout to get EXTRA savings off your next grocery purchase\*\*

\$5 off your next purchase when you receive a Flu vaccine

- OR -

\$20 off your next purchase when you receive a Flu vaccine and any other vaccine in the same visit

'Flu vaccines are covered by most insurance plans and are free to the recipient, check with your plan. "Restrictions and exclusions apply. See pharmacy for details. Savings will be loaded to your card/account for use on a future grocery purchase. Limit 1 offer per person through November 2. State restrictions make this offer invalid in AR & AL.

# SAVE \$2 EACH

WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.



Scan me to shop all participating items.

\*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for these tags.



Nabisco Family Size Snack Crackers

11.4-14 oz or Yoplait Yogurt, 8 ct or Go-Gurt Yogurt, 20 ct; Select Varieties 5.49 With Card -2.00

\$349 /EA\*



General Mills Large Size Cereal

12-18.2 oz or Lactaid Milk, 64 fl oz; Select Varieties



4.99 With Card -2.00

\$299 (EA\*



**ALMONDS** 

Kroger
Bacon
Sold in a 3 lb

Package

\$ 1497



**6.99** With Card

4.29 With Card

Pop-Tarts

12 ct

3.99 With Card

/EA

Lay's

**Potato Chips** 

4.75-8 oz or Post Cereal, 10-14.75 oz; Select Varieties

-2.00

Select Varieties,

\$499

-2.00

Jif Peanut Butter 40 oz or Blue Diamond Almonds, 16 oz or Dave's Killer **Organic** Bread, 24-27 oz; Select Varieties

8.99 With -2.00

10-12 oz Bag or K-Cups, 10 ct or Nature Valley or Fiber One Bars, 18-36 ct; Select Varieties

Starbucks Coffee





5.99 With Card -2.00

5.99 With Card

Kellogg's Giant Size Cereal

19.2-34.2 oz or

Arrowhead Mountain

Spring Water, 24-Pack,

16.9 fl oz; Select Varieties

<u>lay</u>s

Classic

\$399 Best Foods

Mayonnaise Select Varieties, 30 fl oz



7.99 With Card -2.00

\$**5**99
Coffee-Mate

**Creamer** 64 fl oz or Cooked Perfect Meatballs,

18-28 oz; Select Varieties

G /G /G /G /G

Gatorade

12-Pack, 12 fl oz or Rao's Pasta Sauce, 32 oz; Select Varieties



\$**699** 



6.99 With Card

\$499

Farm Rich Appetizer 14.3-22 oz or Snapple, 6-Pack, 16 fl oz; Select Varieties



14.99 With Card -2.00

\$1299

#### Dixie Ultra Paper Plates

100 ct or Lysol Laundry Sanitizer, 90 fl oz; Select Varieties



Charmin Bath Tissue

12 Mega XL Rolls or Bounty Paper Towels, 8 Double Plus Rolls; Select Varieties



20.99 With Card -2.00

\$**18**99



4.99 With Card -2.00



24 fl oz or Vital Farms Butter, 8 oz; Select Varieties



Lance Sandwich Crackers 10 ct or Kraft Macaroni & Cheese Cups, 4 ct; Select Varieties

-2.00

5.49 With Card

4 pack



6.99 With Card -2.00

**Buitoni Family Size Tortellini** 

20 oz or Farm Rich Frozen Meatballs, 20-26 oz or Kroger Peanut Butter, 64 oz; Select Varieties



7.99 With Card -2.00

Birds Eye Voila Family Size Entrée

42 oz or P.F. Chang's Entrée, 20-24 oz or Bertolli Frozen Entrée, 20-22 oz: Select Varieties

## SAVE \$2 EACH WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.

\*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags.



10.99 With Card -2.00

**Just Bare** Chicken

24 oz or Totino's Pizza Rolls, 100 ct; Select Varieties



-2.00

/EA\*

Splash Refresher **Flavored Water** 



Select Varieties. 6-Pack, 16.9 fl oz

15.99 With Card

-2.00







4.69 With Card -2.00

Land O' Frost **Bistro Lunch Meat** Select Varieties, 6-8 oz

> 9.99 With Card -2.00

Smucker's

**Uncrustables** Select Varieties.

7.49 With Card -2.00

Kroger Storage Bags 50-80 ct or Mahatma Jasmine Rice, 5 lb; Select Varieties



Totinos

Bare

6.99 -2.00

**Snack Factory Pretzel Crisps** Select Varieties. 14 oz. In the Deli

PURINA TIDY CATS 19.99 With Card -2.00/EA\* **Pet Pride** 24-32 oz or Tidy Cats **Jerky** Litter, 35 lb; Select Varieties



Gain

**Laundry Detergent** 

154 fl oz or Tide Laundry Detergent, 105 fl oz or Poise Pads, 22-66 ct; Select Varieties

# MIX & MATCH SAVE\$ AN EXTRA

When you spend \$40 on participating Baby items with Card.\*

\*Participating item selection may vary by store. Discount applied at checkout with your Card. Items must be purchased in the same transaction.



# GROCERY ESSENTIALS

**Entenmann's Biggie Muffins** or Donuts

6.88-21 oz or Sara Lee Honey Wheat Bread, 20 oz: Select Varieties

> **MIX & MATCH** BUY 1, GET 1 of Equal or Lesser Value

With Card



#### Bibigo Entrée

18-24 oz or Twin Marquis Dumplings, 16 oz; Select Varieties

> **MIX & MATCH** BUY 1, GET 1 of Equal or Lesser Value

With Card



#### Sparkling Ice

17 fl oz or Starkist Tuna, 2.6-3 oz Pouch or Bubly Burst, 16.9 fl oz; Select Varieties



WE HEE

#### Nabisco **Family Size Oreo** Cookies

Select Varieties, 10.68-20 oz

en You Buy

With Card

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$4.49 each with Card.



#### Kroger Cheese

Select Varieties.

6-8 oz

With Card

When you buy 3 or more in the same transaction with Card Quantities less than 3 are up to \$2.49 each with Card.



#### Arm & Hammer **Laundry Detergent**

100.5-105 fl oz or Power Paks, 42-44 ct: Select Varieties

**MIX & MATCH** 

BUY 1, GET 1 of Equal or Lesser Value

With Card



### Dr Squatch **Body Wash**

14 fl oz or Starface Pimple Patches, 32 ct: Select Varieties





#### **Nature Made Supplements**

14-300 ct or Nature's Bounty Supplements, 25-360 ct or 2 fl oz; Select Varieties



#### **MIX & MATCH** BUY 1, GET 1

With Card

of Equal or Lesser Value



#### **Fabric Softener**

81-111 fl oz or Scent Booster, 18.2 oz or Bounce Dryer Sheets, 240 ct;

Select Varieties

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are up to \$13.99 each with Card.





Tuscany Jar Candle Select Varieties,





With Card

Holiday Home® **LED Plastic Pumpkin** Rea. 11.99







Modavari Turkish **Cotton Bath Towel** 

With Card Reg. 15.99



# LOWER PRICES on 10,000+ Home and Electronics Items

# SAVE \$5 **AN EXTRA**

## When you spend \$15 on participating Beauty, Personal Care and Cosmetics items with Card.\*

\*Participating item selection may vary by store. Discount applied at checkout with Card. Items must be purchased in the same transaction.



#### Sensodyne Toothpaste

3.4-4 oz or Listerine Mouthwash, 33.8 fl oz or Gillette Disposable Razors, 2-4 ct: Select Varieties

With Card







Dr Teal's

**MAKEUP REMOVES** 

With Card



Dove Men's **Body Wash** Select Varieties 30 fl oz

With Card

With Card



'OVERNIGH'

Adult Incontinence 5 12-18 ct

**Always** Flex-Foam Pads With Card

18-36 ct or Eos Body Lotion, 16 fl. oz: Select Varieties







Revlon Colorsilk Hair Color 1 ct or Crest Pro-Health Toothpaste, 4.3 oz or Oral B Floss Picks, 75 ct: Select Varieties

Find more game day deals & recipes at FredMeyer.com/Football











Fresh Baked Chocolate Chip Cookies

2433\_FMANO

or Other Varieties, 12 ct, In the Bakery





Home Chef Fried or Baked Chicken

8-Piece, Includes: 2 Breasts, 2 Thighs, 2 Wings & 2 Drumsticks, Fully Cooked, In the Deli



Franz or Ball Park Buns 8 ct or Heinz

8 ct or Heinz Ketchup, 14-20 oz; Select Varieties \$ 349 Pepsi 24-Pack, 12 fl oz Cans or Gatorade 18-Pack, 12 fl oz Bottles, Select Varieties





\$1099 With Card



\$999



16 lb or Match Light Charcoal, 12 lb; Select Varieties



Jack Daniel's, Kraken or Hornitos Select Varieties,

\$**18**99











Private Selection Snack Boards, With Card

Select Varieties, 12-16 oz

With Card

Colossal Shrimp 13-15 ct. Raw. Sold in a 2 lb Bag for \$15.98

Ribeye

**Steaks** 

With Card

/LB With Card



**Pumpkin Spice Filled Croissants** Large, 4 ct or Other Varieties, 4-12 ct

2.7 oz; Select Varieties

With Card





**Home Chef** White Chicken Chili

## **BOTTLES & BREWS**



\$1999

New Belgium, Truly or Spindrift

Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable





Rich and Rare or Platinum 7X 750 ml or On The Rocks, 375 ml: Select Varieties

\$**699** 



13.99 EA -10%

With Card

\$ **12**59

Kim Crawford, J Lohr or Gerard Bertrand

Select Varieties, 750 ml



18.99 EA -10% With Card \$ 1709 /EA\*

Meiomi, Bonanza or Chandon Select Varieties, 750 ml



Absolut or E&J \$ 2499

1.75 Liters or Aperol,750 ml; Select Varieties



\$**18**99

White Claw, Corona or Twisted Tea

Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable



## SAVE MORE WITH DIGITAL COUPONS

Use each coupon up to 5 times in one transaction with Card. Download coupons at FredMeyer.com/5Xcoupons





3.79 With Card -1.00 off 1 DIGITAL COUPON OFFER **Tree Top Juice** 

Philadelphia **Cream Cheese** Spread Select Varieties

7.5-8 oz

original

PHILADELPHIA

DIGITAL COUPON OFFER

3.99 With Card

-1.00 off 1

PHILADELPHI

Whipped



utshine **Outshine** 6-FRUT ICE BANS FRALENS DE FRUT 14.7 FL 0.7 / 0.7 LID ICES (II

4.49 With Card -1.00 off 1

DIGITAL COUPON OFFER

**Outshine Fruit Bars** Select Varieties, 5-6 ct



Sara Lee Artesano Bread

20 oz or Country Crock Spread, 8-15 oz: Select Varieties

-1.00 off 1 DIGITAL COUPON OFFER



**Activia Yogurt** Select Varieties. 4-Pack, 4 oz

-2.00 off 2 DIGITAL COUPON OFFER



Monster **Energy Drink** 4-Pack, 15.5-16 fl oz or Dasani Water, 32-Pack, 16.9 fl oz; Select Varieties

DIGITAL COUPON OFFER

# CELEBRATE ROSH HASHANAH!

Find everything you need to ring in the Jewish New Year at FredMeyer.com/Rosh-Hashanah





**Pomegranates** 

\$399 Vith Card



Gefen Honey Bear

\$**6**99

With Card



Fresh Wild-Caught Alaska Halibut Fillets Subject to Fishing & Weather Conditions

\$1899

With Card



Kedem Grape Juice Select Varieties, 64 fl oz

\$999

With Card

Chocolate Fudge Iced Double Layer Cake

8", In the Bakery

\$ 1599 With Card

Seasonal selection varies by store and is limited to stock on hand.



Yehuda Yahrzeit Memorial Candle 2.65 oz

4/\$5





# FOOD, FUN & FRIGHTS!

Shop all Spooktacular savings at FredMeyer.com/Halloween





**Holiday Home LED Burlap** Pumpkin Select Varieties, 15.5"

With Card



Halloween Squishmallow Select Varieties, 12"



**Holiday Home** LED Fall Wreath Select Varieties, 22"



**Holiday Home Blacklight** Reactive Pose N Stay Skeleton

Select Varieties, 60"



Haribo **Goldbears** Treat Size 9.5 oz





Brach's **Candy Corn** or Autumn Mix 40 oz



With Card

With Card



Laffy Taffy, Nerds or Trolli Candy 4.8-12 oz



With Card



**Smarties Candy** 19 oz or Tootsie Caramel Apple Pops, 9.4-12.7 oz; Select Varieties





Hershey's **Snack Size Candy** Select Varieties, 9-11.6 oz

With Card



**Hi-Chew Candy** Select Varieties, 11.65-12.7 oz With Card



Sour Patch Kids Spooky Mix 65-Piece

# PICK UP EVERYTHING FOR GAME DAY!

