



Fresh Produce

249 ^{lb}
5.49/kg **Red, Yellow and Orange Bell Peppers**
Product of Canada.

Fresh Meat
599 ^{lb}
13.21/kg **Fresh Lean Stewing Beef**
Cut From Canada AA or Higher.



399 ^{Each}
Clementine Mandarin Oranges
Product of Peru/Australia.
2 lb/907 g.



2/\$3 **Heinz Beans and Pasta**
Select Varieties. 398 mL.



3/\$798 **Schneiders or Greenfield Lunchmate Stackers and Kits**
Select Varieties. 67 - 120 g.



1899 **Compliments Bathroom Tissue**
2 Ply. 30 Roll. 404 Sheets.

599 **Compliments Butter**
Salted. 454 g.

399 **Kraft Philadelphia Cream Cheese**
Select Varieties. 227 - 250 g.

799 **Robin Hood Flour**
Select Varieties. 5 kg.

299 **Rogers Sugar**
Fine Granulated. 2 kg.

599 **Kraft Peanut Butter**
Or Hazelnut Spread. Select Varieties. 725 g. - 1 kg.

THANKSGIVING BAKING

See our Insert for More **BAKING ESSENTIALS**

Sale Prices in Effect

| SEPT 2024 | thu 19 | fri 20 | sat 21 | sun 22 | mon 23 | tues 24 | wed 25 |
|-----------|--------|--------|--------|--------|--------|---------|--------|
|-----------|--------|--------|--------|--------|--------|---------|--------|

British Columbia Port Alice Family Foods, Port Alice **Alberta** Beachside Market, Alberta Beach • Evansburg Family Foods, Evansburg • Food Market Coaldale, Coaldale • Gregoire Family Foods, Fort McMurray • KC Foods, Cremona
Saskatchewan Luseland Family Foods, Luseland **Manitoba** Ashern Foods, Ashern **Ontario** Family Foods Centennial, Thunder Bay • Renco Foods, Thunder Bay
North West Territories Kaeser's Stores, Fort Smith

Some items may not be available at all stores. All advertised items are on sale while stock lasts. We reserve the right to limit quantities. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

This symbol denotes Plus deposit and/or environmental levies where applicable.

Grocery



5⁴⁹ Kellogg's Family Size Cereal
Select Varieties. 480 - 650 g.



3⁷⁹ Quaker Instant Oatmeal
Select Varieties. 232 - 344 g.



4⁹⁹ Compliments Jam
Or Jelly and Marmalade.
Select Varieties. 500 mL.



6⁴⁹ Clover Leaf Flaked Tuna in Olive Oil
Select Varieties. 240 g.



2/\$3 Compliments Whole Smoked Oysters
Or Mussels. 85 g.



2/\$5 Catelli Pasta
Bistro, Healthy Harvest, Ancient Grains or Smart.
340 - 375 g.



1⁹⁹ Quaker Pasta or Rice A Roni
Select Varieties. 130 - 227 g.



5⁹⁹ Heinz Ketchup or Kraft Miracle Whip
Select Varieties. Ketchup 750 mL - 1 Litre. Mayonnaise or Miracle Whip 650 - 890 mL.



2⁹⁹ Compliments Salad Dressing
Select Varieties. 475 mL.



1²⁹ Mr. Noodles Cups
Select Varieties. 64 g.



2/\$6⁵⁰ Leclerc Celebration Cookies
Select Varieties. 240 - 350 g.



2/\$6 Compliments Cookies
Select Varieties. 300 - 350 g.



2/\$8⁵⁰ Ruffles Potato Chips
Select Varieties. 180 - 200 g.



2/\$7 Old Dutch Restaurant Tortilla Chips
Select Varieties. 230 - 295 g.
Arriba 235 - 245 g.
Dutch Crunch 200 g.



2/\$8⁵⁰ Munchies Snack Mix
Original or BBQ. 250 g.

Bakery



11⁹⁹ Panache Cheesecake
Select Varieties. 600 g.



6⁹⁹ Compliments Muffins
Select Varieties. 400 - 440 g.



5⁹⁹ Portofino Artisan Sliced Breads
Or Buns. Select Varieties. 585 - 630 g. Buns 6's.



1⁹⁹ Compliments Juice
Or Punch. Select Varieties. 1 Litre. ♻️



2/\$7 Nestle Pure Life Splash Water
Select Varieties. 6 x 500 mL. ♻️

Deli



6⁹⁹ Mastro Salami
Select Varieties. 125 - 150 g.
Each



2⁴⁹ Summer Fresh Snack N' Go Hummus or Dips
Select Varieties. 83 - 118 g.
Each



2⁴⁹ Compliments Roast Turkey Breast
Or Smoked. Sliced or Shaved.
100 g



7⁹⁹ Nescafe Gold or Instant Coffee
Select Varieties. 90 - 351 g.



2/\$5 Coca-Cola or Pepsi 2 Litre Soft Drinks
Select Varieties. ♻️

Autumn Sweets from Nestlé



\$1.49

Nestlé® Single Bars, 33 g – 60 g, assorted varieties



Nestlé® Nestlé King Size or Mini Bars assorted varieties, 95 g – 130 g

\$2.49

Nestlé King Size or Junior Bars 50 – 120 g, assorted varieties



3/\$10.00



Nestlé® Multipacks, Cellos or Pouches 135 g – 208 g, assorted varieties

\$5.49

\$11.99

Nestlé® Halloween Chocolates 50ct 485 g or KitKat Spooky Friends 40ct 328 g

Nestlé trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland and used under licence. © 2024 Nestlé.

Chilled & Frozen



3.49 Lucerne Sour Cream
Select Varieties. 500 mL.



2.99 Fruite Chilled Beverages
Select Varieties. 1.54 Litre. 🌱



5.49 Armstrong Cheese
Select Varieties. Shredded 300 – 320 g. Blocks 400 g.



5.99 Black Diamond Cheese Strings
Select Varieties. 252 – 336 g.



4.49 Compliments Cheese Slices
Select Varieties. 400 g.



4/\$5 Yoplait Yop
Select Varieties. 200 mL. 🌱



3.99 Compliments French Fries
Select Varieties. 800 g. Frozen.



4.49 Dr. Oetker Pizza
Select Varieties. Casa Di Mama 395 – 410 g. Ristorante 320 – 390 g. Frozen.



3.99 Swanson Dinners
Select Varieties. 280 – 345 g. Frozen.



7.99 Best Buy Vegetables
Select Varieties. 2 kg. Frozen.



4.99 Compliments Ice Cream
Select Varieties. 1.5 Litre. Frozen.



9.99 Watson Ridge Chicken
Select Varieties. 800 g. Frozen.



15.99 Pogo Corn Dogs
1.5 kg. Frozen.



7.49 Compliments Egg Rolls
Vegetable or Beef & Pork. 680 g. Frozen.



8.99 Compliments Pacific White Shrimp
Cooked or Raw. Frozen. 31/40 Count. 340 g.

Household & Pet



9.99 Charmin Bathroom Tissue
Ultra Strong or Soft. 8 Triple Rolls.



10.99 Compliments Ultra Paper Towel
2 Ply. 72 Sheet. 6 Roll.



5.49 Palmolive Dishwashing Liquid
Select Varieties. 961 mL.



11.99 Tide or Gain Laundry Detergent
Select Varieties. 2.6 – 3.1 Litre. Or Ivory Snow 1.36 Litre.



1.99 Pedigree Chopped Wet Dog Food
Select Varieties. 375 g.

This symbol 🌱 denotes Plus deposit and/or environmental levies where applicable.

pg3_w21_4FF_4CF_4FM_4NFM



Fresh Meat

2⁹⁹ lb
6.59/kg

**Fresh Pork Rib
Roast or Chops**
Bone In.



Fresh Produce

2/\$8

**Fresh Blackberries
or Raspberries**
Product of Canada/U.S.A.
170 g.



Fresh Meat

5²⁹ lb
11.66/kg

**Fresh Split
Chicken Wings**



2/\$6

**Kraft Salad
Dressing**
Select Varieties.
425 mL.



3/\$5

**Compliments
Potato Chips**
Select Varieties. 200 g.



2/\$7

**Dempster's
Signature Buns**
Select Varieties. 6's - 8's.



5⁹⁹

Häagen Dazs Ice Cream
Select Varieties.
Ice Cream 400 - 450 mL.
Ice Cream Bars 216 - 264 mL.
Frozen.



5⁹⁹

**Compliments
Soft Drinks**
Select Varieties.
12 x 355 mL. 🌱

Produce



2/\$4

Hass Avocados
Product of Mexico.



3⁹⁹
Each

Cantaloupe Melons
Product of U.S.A.



2/\$7

**Mini Cucumbers or
Grape Tomatoes**
Product of Canada.
Cucumbers 6's.
Grape Tomatoes 283 g.



2⁴⁹ lb
5.49/kg

Tomatoes On The Vine
Product of Canada.



2⁹⁹
Each

Iceberg Lettuce
Product of U.S.A.

Meat*



8⁹⁹ lb
19.82/kg

**Short Rib Style
Boneless Brisket**
Cut From Canada AA
or Higher.



3⁹⁹ lb
8.80/kg

**Fresh Pork Shoulder
Blade Steak**
Bone In.



6⁷⁹
Each

**Schneiders
Sausage Rings**
Select Varieties. 300 g.



4⁹⁹
Each

**Johnsonville
Smoked Sausages**
Select Varieties. 375 g.



6⁸⁹
Each

**Schneiders Juicy
Jumbo Wieners**
Or Smoked Sausages.
Select Varieties. 375 - 450 g.

Open Sundays in select locations only. familyfoods.ca

Some items may not be available at all stores. All advertised items are on sale while stock lasts. Actual items may vary slightly from illustrations. Some illustrations are serving suggestions only. Advertised prices do not include GST/HST. All items are per household, per visit. Although we strive for complete accuracy in our advertising, errors sometimes can occur. When an error is discovered, a correction notice will be posted in stores to bring the error to your attention. Sale prices in effect on the dates on front page.

FRESH THANKSGIVING BAKING

Sale Prices In Effect
September 19 - 25, 2024

4⁹⁹

Each

Large Pineapple

Product of Costa Rica.

9⁹⁹

Each

Fresh Strawberries

Product of U.S.A.
2 lb/908 g.

2⁴⁹ lb

5.49/kg

Granny Smith or Honey Crisp Apples or Bartlett Pears

Product of Canada/U.S.A..

4⁹⁹ lb

11.00/kg

Fresh Nectarines or Peaches

Product of Canada/U.S.A.

99¢ lb

2.18/kg

Pie Pumpkins

Product of Canada.

2⁴⁹

Rogers Sugar

Yellow, Berry, Icing Sugar or Demerara
1 kg.

2/\$4

Betty Crocker Super Moist Cake Mix
Or Frosting 340 - 450 g.
Cake Mixes 375 - 404 g.

6²⁹

Quaker Muffin or Cookie Mixes
Or Oat Flour 700 g. Select Varieties.
Muffin or Cookie Mixes 900 g.

5⁹⁹

Magic Baking Powder
450 g.

3⁴⁹

Dalton's Glace Fruit
Select Varieties. 225 g.

2⁹⁹

Jaffa Dates Pitted Bar
375 g.

2/\$4

Carnation Evaporated Milk
Select Varieties. 354 mL.

4⁹⁹

Hershey Chipits
Select Varieties. 200 - 270 g.



Thanksgiving Baking Essentials



5⁴⁹ Compliments Margarine
Select Varieties. 850 g.



12⁹⁹ Compliments Frozen Fruit
Select Varieties. 1.5 kg. Frozen.



3⁹⁹ Compliments Flour
Select Varieties. 2.5 kg.



2/\$7 Compliments Muffin Mix
Select Varieties. 900 g.



2⁹⁹ Compliments Coconut
Select Varieties. 200 g.



2/\$7 Compliments Chocolate Chips
or Chunks
Select Varieties. 250 - 300 g.



3⁹⁹ Compliments
Pie Filling
Select Varieties. 540 mL.



3²⁹ Compliments
Baking Nuts
Select Varieties. 100 g.



1⁷⁹ Compliments
Artificial
Vanilla Extract
250 mL.



1⁹⁹ Compliments
Pineapple
Select Varieties. 398 mL.

We all deserve a stress-free holiday. Plan for it with our list of essentials, and you will be ready to put together delicious baked goods for family and friends.



1²⁹

Compliments
Baking Soda
500 g.



3⁹⁹

Compliments
Cocoa Powder
227 g.



2⁴⁹ Compliments Corn Starch
450 g.

1⁹⁹ Compliments Evaporated Milk
Regular or Partly Skimmed. 354 mL.

1⁴⁹ Compliments Coconut Milk
6% or 18% Fat. 400 mL.



5⁴⁹ Compliments Oil
Canola or Vegetable. 946 mL.

2⁹⁹ Compliments Fancy Molasses
675 g.

2⁴⁹ Compliments Graham Crumb
Pie Crust
Regular or Chocolate. 170 g.



2/\$4 Compliments Graham
Crumbs
400 g.

4⁴⁹ Compliments All Vegetable
Shortening
454 g.

3⁴⁹ Compliments Raisins
Select Varieties. 375 g

STOCK UP ON INGREDIENTS FOR THANKSGIVING BAKING



5⁹⁹ E.D. Smith Pie Filling
Select Varieties. 540 mL.



4⁴⁹ E.D. Smith Pure Pumpkin
796 mL.



89¢ Jell-O Jelly Powders
Select Varieties. 9 - 85 g.



\$1 Jell-O Instant Pudding Mix
Select Varieties. 30 - 113 g



4⁹⁹ Fry's Cocoa
227 g.



3¹⁹ Club House Artificial Extracts
Select Varieties. 43 mL.



3⁴⁹ Eagle Brand Condensed Milk
Select Varieties. 300 mL.



4⁴⁹ Baker's Chocolate Squares
Select Varieties. 170 - 225 g.



5⁴⁹ Knox Gelatin
84 g.



3⁹⁹ Quaker Oats
Select Varieties.
709 g. - 1 kg.



5⁴⁹ Maple Leaf
Tenderflake Lard
Brick. 454 g.



3⁹⁹ Gay Lea Whip Cream
Select Varieties. 225 g.



3⁴⁹ Pillsbury Cinnamon Rolls
or Ready to Bake Cookies
Select Varieties. Cinnamon Rolls 496 g.
Cookies 454 g. Turnovers 383 g.