

Bone-In
Country Style
Pork Spare Ribs or
Pork Steaks
Fresh

1.99 lb



Bone-In
New York Strip
Steaks
USDA Choice Beef

9.99 lb



80% Lean
Ground
Beef
Fresh

3.99 lb



Boneless
English
Chuck Roast
USDA Choice Beef

4.99 lb



Isaly's
Barbecue
Sauce
16 oz jar,
Regular or Spicy

3.99



Red or
Gold Delicious,
Gala or
McIntosh Apples
3 lb bag
buy one get one

FREE



Stella
Mozzarella or
Provolone Cheese
Deli Fresh

5.99 lb



Isaly's
Chopped
Ham
Deli Fresh

3.99 lb



Stone Ridge Creamery
Ice Cream or
Ice Cream Sandwiches
12-16 ct pkg or 48 oz cntr,
Select Varieties

3/10



Land O Lakes
Butter Quarters
8-16 oz pkg,
Select Varieties

2/9



Kool-Aid
Jammers
10 ct pkg,
Select Varieties

2/5



Kraft
Shredded or
Chunk Cheese
7-8 oz pkg,
Select Varieties

2/5



7-Up, A&W
or Canada Dry
2 ltr btl,
Select Varieties

4/5



Pepsi
Products
12 pk, 12 oz cans,
Select Varieties

2/12

When You Buy 2
Lesser Quantities 9.29 ea



Pepsi
Products
6 pk, 16.9 oz btls,
Select Varieties

2/9

When You Buy 2
Lesser Quantities 6.99 ea



Coca-Cola
Products
6 pk, 16.9 oz btls,
Select Varieties

3/12

When You Buy 3
Lesser Quantities 6.99 ea



3 DAYS OF SAVINGS!

Sept 19th, 20th & 21st



Hellmann's
Mayonnaise
20 oz squeeze btl
Select Varieties

4.99



Post
Cereals
10-16.6 oz box,
Select Varieties

2/5



Kellogg's
Zesta or Krispy
Saltines
16 oz box,
Great for Soup

2/4



Cheez-it
Crackers
6-7 oz pkg,
Select Varieties

2/4



Philadelphia
Cream Cheese
8 oz pkg,
Select Varieties

2/4



Dannon Activia or
Danimals Drinkable
Yogurt
4-6 ct pkg,
Select Varieties

2/4



TombStone
12" Pizza
18.4-20.2 oz pkg,
Select Varieties

2/8



Maxwell House
Coffee K-Cups
32 ct pkg,
Original or House Blend

14.99



Kellogg's
Nutri Grain Bars or
Keebler
Sandwich Cracker Packs
10.4-11 oz pkg,
Select Varieties

2/4



Kellogg's
Pop-Tarts
12 ct box,
Select Varieties

2/6

DOUBLE COUPONS UP TO 99¢
See store for details.

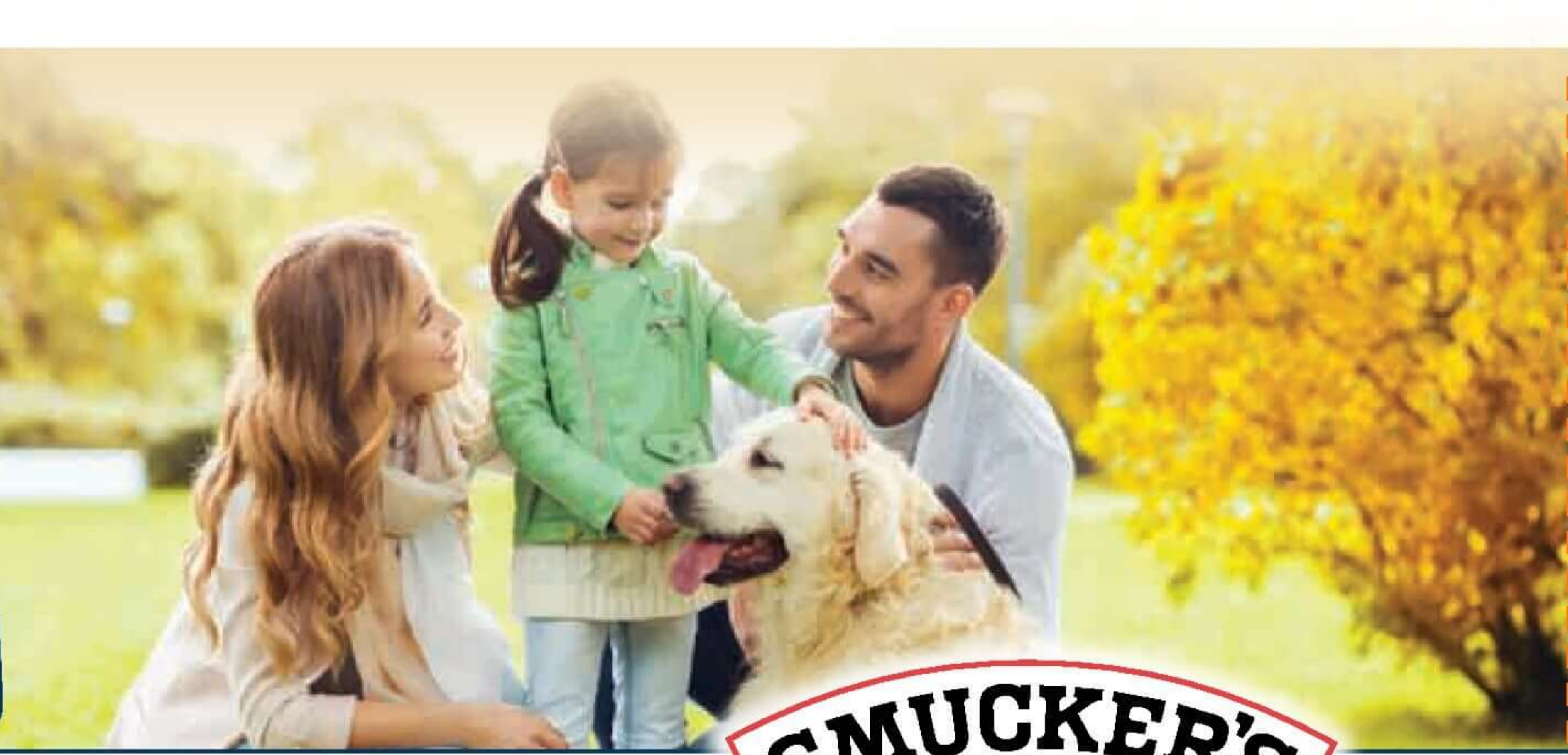
Prices effective: Thursday, Sept. 19 through Wednesday, Sept. 25, 2024.

Quantity rights reserved. Not responsible for typographical errors.

Pictures are for illustration only and may not represent actual product. All items may not be available at all stores.

FALL FAMILY DEALS!

All your Family's Must-Haves!



GOOD ONLY AT FOODLAND
OFFER VALID 9/19/24 - 9/25/24 PLU#2779

SAVE \$10.00

When you spend \$25 on participating Smucker's products



MIX OR MATCH

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form. VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD. ONE COUPON PER PURCHASE. DO NOT DOUBLE. GOOD ONLY AT GREAT VALU.

SAVE \$10.00 when you spend \$25 on participating items!

Jif Peanut Butter
28 oz jar,
Select Varieties
3.99

Folgers Coffee
22.6-25.9 oz can,
Select Varieties
8.99

Hostess Multipacks
8-13.58 oz box,
Select Varieties
2/6

Milk Bone Dog Biscuits or Treats
5.6-24 oz pkg,
Select Varieties
2/9

Milk Bone Dog Biscuits
3.75 lb box,
For Small or Medium Dog
8.99

Smucker's Strawberry Jam
25-32 oz jar,
Select Varieties
3.99

Folgers, Dunkin',
Cafe Bustelo, or
1850 K-Cup or
Bagged Coffee
10-12 ct box or
10-12 oz pkg,
Select Varieties
6.99

Smucker's Uncrustables
7.2- 8 oz box,
Select Varieties
2/7

Meow Mix Dry Cat Food
13.5-16 oz bag,
Select Varieties
16.99

Grocery

Zatarain's Rice Mixes
8 oz pkg,
Select Varieties
2/4

Fiber One,
Nature Valley
or General Mills
Treat Bars
4.1-8.94 oz box,
Select Varieties
2/6

Hi C Fruit Drinks
8 ct pkg,
Select Varieties
2/4

Ragu Pasta Sauce
16-24 oz jar,
Select Varieties
2/5

Hunt's Snack Pack Pudding or Gelatin
4 ct pkg,
Select Varieties
4/5

Betty Crocker Mashed Potato Mix
28 oz box,
Dinner Favorite
2/7

Lay's Party Size Potato Chips
9.75-20 oz bag,
Select Varieties
4.99

7-Up, A&W or
Canada Dry
6 pk, .5 ltr btl,
Select Varieties
3/10

Monster, Reign or Bang Energy Drinks
4 pk, 16 oz cans,
Select Varieties
2/5

Lipton Tea
12 pk, 16.9 oz btl,
Select Varieties
2/12

Pepsi Products
2 ltr btl,
Select Varieties
2/5
When You Buy 2 Lesser Quantities 3.69 ea

Gatorade Thirst Quencher Drinks
8 pk, 20 oz btl,
Select Varieties
6.49

Snyder of Berlin Potato Chips
7.5-8 oz bag,
Select Varieties
2/5

Utz Multipacks
10 ct pkg,
Select Varieties
4.99

Utz Pretzels or Jax Puffed Curls
8.5-16 oz pkg,
Select Varieties
2/6

Nickles Giant White Bread
20 oz pkg,
Original
2/4

Nickles Donut Fair
11 oz pkg,
Glazed Twirls
2/6

Thomas' Original English Muffins
6 ct, 12 oz pkg
buy one get one FREE

Frozen

Ore-Ida French Fries
16 oz pkg,
Extra Crispy
2/5

Hot or Croissant Pockets
2 ct pkg,
Select Varieties
2/6

Lean Cuisine Entrees
5.25-11.5 oz pkg,
Select Varieties
2/6

Dairy

Yoplait Go-Gurt
8 ct pkg,
Select Varieties
2/5

Dole Blended Juices
59 oz btl,
Select Varieties
2/7

Silk Almond or Cashew Milk
59-64 oz ctn,
Select Varieties
2/7

Fresh Express Salad Blends
5 oz bag,
Select Varieties
2/7



Grape Tomatoes
Pint pkg,
Great In Salads

2/5



Sleeved Celery
Fresh,
Crisp

2/3



Simply Sweet Onions
Pennsylvania,
Great with Peppers

1.29 lb



Gold Potatoes
5 lb bag,
Great For Mashed Potatoes

4.99 ea



Mayer Bros. Apple Cider
1/2 gallon jug,
Fresh

2/7

Shelled Walnuts
1 lb pkg,
Healthy Snack

2/7



1 lb Strawberries or 6 oz Blackberries or Red Raspberries
Fresh
2/7

Pumpnickel or Rye Bread
2.99 ea



Ecce Paris French Demi Baguette
Bakery Fresh

3.49 ea



Charlotte's Dessert Squares
4 ct pkg,
Select Varieties

5.99 ea



The Father's Table Cheesecake
40 oz pkg,
Select Varieties

14.99 ea



Royal Baking Cookies 'N Cream Cake
8 Inch,
Double Layer

12.99 ea



Cafe Valley Muffins
4 ct pkg,
Select Varieties

5.99 ea



Barney's Mini Pepperoni Rolls
15 oz pkg,
Select Varieties

5.99 ea

Mjay's Brownies
13 oz pkg,
Select Varieties
5.49 ea



Amish Classics Swiss or Baby Swiss Cheese
Deli Fresh
7.99 lb



BelGioioso Cheese Cups
5 oz cup,
Select Varieties

3.99 ea



Sandridge Supreme Pasta Salad
Deli Fresh,
Great Side Dish

5.99 lb



Whole Rotisserie Chicken
Deli Fresh,
Great for Chicken Salad

7.99 ea



Russer Cooked Salami
Deli Fresh,
Great For Sandwiches

5.99 lb



Toufayan Pita Bread
12 oz pkg,
Select Varieties

2/5



Sartori Bellavitano Cheese
5.3 oz pkg,
Select Varieties

5.99 ea



Kretschmar Oven Roasted Browned Turkey Breast
Deli Fresh

7.99 lb

Fall Favorites!

Bone-In
Pork
Butt Roast
Great for Pulled Pork

1.69 lb



Boneless
Beef Stew Meat
USDA Choice Beef,
Easy Dinner

5.49 lb



Store Made
Bulk Sausage
Fresh,
Breakfast Favorite

2.99 lb



Arctic Shores
Salmon Fillets
16 oz pkg

6.99 ea



Matlaw's
Stuffed Clams
20 oz pkg

6.99 ea



Arctic Shores
Raw EZ Peel
Shrimp
16 oz pkg,
Tail On, 26/30 ct

5.99 ea



Honeysuckle White
85% Lean
Ground Turkey
16 oz pkg

4.99 ea



Sugardale
Sliced Bacon
12 oz pkg,
Breakfast Essential

3.99 ea



Cooked Perfect
Meatballs
18-26 oz pkg,
Select Varieties

6.99 ea



Hebrew
National
Beef Franks
9.43-12 oz pkg,
Select Varieties

4.99 ea



Johnsonville
Sausage Grillers
or Brats
19 oz pkg,
Select Varieties

5.99 ea



Johnsonville
Griller
Patties
24 oz box,
Select Varieties

7.99 ea



Johnsonville
Smoked
Sausage Links
or Ropes
12-14 oz pkg,
Select Varieties

4.99 ea



Swaggerty's Farm
Sausage Patties
or Links
36-45 oz pkg,
Mild

9.99 ea



Curly's
Heat N' Serve
BBQ
16 oz pkg,
Select Varieties

5.99 ea



Essential Everyday
Breaded
Chicken
24-28 oz pkg,
Select Varieties

6.99 ea



Essential
Everyday
Deli Tubs
7-9 oz pkg,
Select Varieties

4.99 ea



Oscar Mayer
Lunchables
2.25-4.4 oz pkg,
Select Varieties

2/4



Oscar Mayer
Bologna or
Cotto Salami
16 oz pkg,
Select Varieties

3.99 ea



Sugardale
Breakfast
Ham Steaks
14 oz pkg,
Select Varieties

5.49 ea



DeLallo
Pizza Sauce
14 oz jar,
Pizzeria Style

2/4



DeLallo
Premium
Pasta Sauce
24 oz jar,
Select Varieties

2/7



DeLallo
Semolina
Pasta
1 lb bag,
Select Varieties

2/4



DeLallo
Italian
Pizza Dough
Kit
17.6 oz pkg,
Pizza Night

3.99



DeLallo
Salad
Dressing
12 oz jar,
Select Varieties

3.99



DeLallo
Domestic
Beans
15.5 oz can,
Select Varieties

2/3

pantry STOCK-UP SALE!

Nutella
Hazelnut
Spread
35.3 oz jar,
Sweet

8.99



Deer Park
Spring Water
24 ct pkg, 16.9 oz btls,
Refreshing

2/10

Kellogg's
Pop•Tarts or
Rice Krispies
Treats
32-40 ct box,
Select Varieties

9.99



Quaker
Instant
Oatmeal
7.4-15.1 oz box,
Select Varieties

2/5



Malt O Meal
Cereals
30-37 oz bag,
Select Varieties

2/9

Essential Everyday
Peanut Butter
28 oz jar,
Creamy

3.99



Orville Redenbacher's
Microwave Popcorn
3 ct box,
Select Varieties

2/5



Essential Everyday
Mac & Cheese
4 ct pkg,
Original

2/8

Foodland
CLOSE TO HOME

Prices effective: Thursday, Sept. 19 through Wednesday, Sept. 25, 2024

Quantity rights reserved. Not responsible for typographical errors.

Pictures are for illustration only and may not represent actual product. All items may not be available at all stores.

Foodland
CLOSE TO HOME

pantry STOCK-UP
SALE!



Lay's
Stax
5.5-5.75 oz pkg,
Select Varieties

2/4



Essential Everyday
Frozen Strawberries
15 oz ctn,
Sliced

2/7



Chicken Of The Sea
Chunk Light
Tuna or Salmon
12 oz can or 5 oz pouch
Your Choice

2/5



Blue Diamond
Almonds
6 oz pkg,
Select Varieties

3.99



Abuelita
Chocolate
19 oz pkg,
Great For
Hot Chocolate

5.99



Vlasic
Pickles
24 oz jar,
Select Varieties

2/6



TGI Fridays Snacks
or Appetizers or
Delimex
Quesadillas
8-11 oz pkg,
Select Varieties

3.99

Mary Kitchen
Corned Beef Hash
or Dinty Moore
Beef Stew
14-20 oz can,
Select Varieties

2/6

DOUBLE COUPONS UP TO 99¢
See store for details.

Prices effective: Thursday, Sept. 19 through Wednesday, Sept. 25, 2024

Quantity rights reserved. Not responsible for typographical errors.

Pictures are for illustration only and may not represent actual product. All items may not be available at all stores.

pantry STOCK-UP SALE!



Bush's Best
Baked or
Grillin' Beans
21.7-28 oz can,
Select Varieties

2.99



College Inn
Broth or Stock
32 oz ctn,
Select Varieties

2/5



Essential Everyday
White Rice
32 oz pkg,
Medium Grain

2/5



Campbell's Soup
4 ct. pkg,
Select Varieties

4.99



Essential Everyday
All Purpose Flour
10 lb bag,
Baking Essential

5.99



Old El Paso
Tortilla Shells,
Enchilada Sauce
or Refried Beans
7.4-16 oz pkg,
Select Varieties

2/4



Hunt's
Tomatoes
28 oz can,
Select Varieties

2.99



Old El Paso
Sauce, Taco Shells
or Dinner Kits
4.6-14 oz pkg,
Select Varieties

2/7

pantry STOCK-UP SALE!



Häagen-Dazs
Ice Cream
14 oz cnt,
Select Varieties

2/7



Häagen-Dazs
Ice Cream
14 oz cnt,
Select Varieties

2/7



Essential Everyday
Pasta Sauce
45 oz jar,
Traditional

2/6



McCormick
Seasoning Mix
or Instant Pot Mixes
1.25-1.5 oz pkg,
Select Varieties

2/4



Bounty Essentials
Paper Towels or
Charmin Essentials
Bath Tissue
4 ct Double Roll or
6 ct Mega Roll,
Select Varieties

2/10



Fabuloso
Multi-Purpose
Cleaner
56 oz btl,
Lavender

4.99

GOOD ONLY AT FOODLAND

OFFER VALID 9/19/24 - 9/25/24

PLU#2684

SAVE \$1.00

When You Buy TWO (2)

Chobani® 4 Pack Yogurts



2/8

SALE
PRICE

-\$1.00

2/7

W/ COUPON
& PURCHASE
OF 2

Select Varieties - 18-28 oz.

RETAILER: Return to UNFI COUPON SERVICES via UNFI Redemption Form.
VOID IF COPIED, TRANSFERRED, PURCHASED OR SOLD. ONE COUPON PER
PURCHASE. DO NOT DOUBLE. GOOD ONLY AT FOODLAND.