

Happy Thanksgiving



Shop these fall feast must-haves.



AVAILABLE FROM SUNDAY, OCT. 6

FRESH GRADE A TURKEYS
ALL SIZES AVAILABLE
5.49/KG
20145891 | KG
20153440 | KG

2⁴⁹
LB



SUGARDALE PRESTIGE HICKORY HAM
5.49/KG
21098279 | KG

2⁴⁹
LB

HALAL



NEW ZEALAND BONE IN LAMB LEG
FRESH, HALAL
13.21/KG
20560194 | KG

5⁹⁹
LB

Optimum
1,000

\$1
Value



SAVE
THIS WEEK

8 INCH PIES
SELECTED VARIETIES
635-750 G
21297474 | EA/21297475 | EA

\$6

OCTOBER

HIT
OF THE
MONTH

LIMIT 6
AFTER LIMIT
2.50 EA.



\$1

SWANSON POT PIE
SELECTED VARIETIES
FROZEN
200 G
20320525001_EA/20320525002_EA

LIMIT 6
AFTER LIMIT
3.29 EA.



\$2

DOM SPECIALTY SMOKED
STEELHEAD SALMON
FROZEN
50 G
20792840_EA



NO NAME® FLOUR
SELECTED VARIETIES
2.5 KG
20013256_EA

LIMIT 6
AFTER LIMIT
\$2 EA.



\$1⁷⁷

JOLLY RANCHER 182-198 G,
TWIZZLER GUMMIES 170 G OR
DARE REALFRUIT 180 G
SELECTED VARIETIES
20078139_EA/21391610_EA

LOWEST PRICES
BEST DEALS

As compared to other major grocery retailers within your local areas.

**Must be a registered PC Optimum™ member to get this offer.

Valid from October 1 - 31, 2024. While quantities last. See in-store for details.

Scan to see our complete digital flyer



Loblaws



CUT BY OUR BUTCHERS

SAVE 45%

\$3 LB

PORK LOIN CENTRE-CUT CHOPS OR ROAST
BONELESS, FAMILY SIZE
6.61/KG
20827785_KG



PC*, BUTTERBALL OR HALAL TURKEYS
FROZEN, ALL AVAILABLE SIZES AND VARIETIES
4.26/KG
20118435_KG/20992433_KG



1 LB



PC* PACIFIC LARGE WHITE SHRIMP
RAW OR COOKED PEELLED
31-40 PER LB, FROZEN
400 G
20789931_EA/20791381_EA

SALE
SAVE \$2

7 99



STRAWBERRIES
PRODUCT OF MEXICO OR U.S.A.,
NO. 1 GRADE
1 LB
20049778001_EA

SALE
SAVE \$1

2 99



SAVE
UP TO \$1.30

GREEN GIANT VEGETABLES
SELECTED VARIETIES,
FROZEN
400-750 G
21022302_EA/21022355_EA

2 99



SAVE 40%
UP TO

CANADA FARMER'S MARKET™
GRAPE TOMATOES 283 G
OR JUMBO CAULIFLOWER
EACH PRODUCT OF
CANADA, CANADA
NO. 1 GRADE
21367888001_EA/20135377001_EA

2 99



3 LB

SAVE 50%

CANADA FARMER'S MARKET™
CARROTS OR YELLOW
ONIONS
PRODUCT OF CANADA,
CANADA NO. 1 GRADE
3 LB BAG
20600927001_EA/20811994001_EA

1 99



SALE
SAVE \$2

KICKING HORSE GROUND COFFEE
SELECTED VARIETIES
284 G
20805126001_KG
20805126003_KG

10 99



CHAPMAN'S YUKON NOVELTIES 5"-8" S OR
PC* FROZEN FRUIT
300-600 G
SELECTED VARIETIES,
FROZEN
20312227_EA/21583339_EA

3 99



SALE
SAVE \$1

BLACK DIAMOND CHEESE BARS 400 G, SHREDS
300-320 G OR PC*
CHEESE SHREDS
250-320 G
SELECTED VARIETIES
21278839_EA/21279221_EA

SALE
THIS WEEK

4 88



SALE
SAVE \$2.50

COCA-COLA OR PEPSI SOFT DRINKS
SELECTED VARIETIES
24X355 ML
20306687002_C24
20308197001_C24

11 49



SAVE 43%
UP TO

CAMPBELL'S BROTH
900 ML OR
CONCENTRATED BROTH
250 ML SELECTED
VARIETIES
20322348004_EA/21617991_EA

1 69



Members save \$11

Optimum
Members-Only Price™

12 99

Non-members

23 99

**COLLECT & SAVE!
BIG**

Get one stamp for every \$20* spent.
Collect 20 stamps and get 75% off one piece of high quality Swiss Design Cookware!

75%
OFF EACH



\$20* SPENT = 1 STAMP

*Until February 6th 2025 or while supplies last, receive one stamp for every \$20 spent before applicable taxes in a single transaction. Exclusions apply. Cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferable. See in store for paper stamp card or PC Optimum™ App to opt into program and receive digital stamp card. A mix of digital and paper stamps collected are not accepted as a complete set. Completed stamp cards can be redeemed up until February 20th, 2025, after which point they expire. All sales are final. Cookware is under warranty for a 2 year period from date of purchase. Exceptions to warranty and replacements apply. For full warranty information, product replacement process, FAQ's and complete offer details, please visit [PopOptimum.ca/collectandsave](https://www.loblaws.com/collectandsave).

PRICE DROP!

SAVE UP TO \$2.49

\$5

KELLOGG'S EGGO WAFFLES
SELECTED VARIETIES, FROZEN
16'S
20099730001 EA/20099730004 EA

PRICE DROP!

SAVE UP TO 50¢

\$1

LARABAR FRUIT & NUT ENERGY BAR
SELECTED VARIETIES
45/48 G
20031362007 EA/21425843 EA

PRICE DROP!

SAVE UP TO 60¢

2.65

TEMPTATIONS CAT TREATS
SELECTED VARIETIES
130/180 G
20298151005 EA

20,000^{PC} for every '100' spent on

\$20 Value

BABY DIAPERS, TRAINING PANTS, WIPES, FOOD, FORMULA, ACCESSORIES OR TOILETRIES
EXCLUSIONS APPLY
21208370 EA/21551525 EA

3,000^{PC} for every '10' spent on

\$3 Value

KELLOGG'S CEREAL
SELECTED VARIETIES
306 G-1.3 KG
20072706 EA/21449784 EA

2,000^{PC} Value

\$2 Value

STARBUCKS GROUND COFFEE 311-340 G, K-CUPS 10'S, COLD BREW 946 ML, HOT CHOCOLATE 240-300 G OR INSTANT COFFEE 90 G
SELECTED VARIETIES
20547343001 EA/20548682002 EA

9.99

1,000^{PC} Value

\$1 Value

PC[®] SPICES
SELECTED VARIETIES
7-82 G
21117372 EA/21117373 EA

NEW

SAVE UP TO \$11

9.99 LB

CANADIAN SNOW CRAB CLUSTERS LEG AND CLAW
FROZEN OR PREVIOUSLY FROZEN
5-8'S
22.02/KG
21159647 KG

NEW

SAVE UP TO \$11

6.99 LB

FORTINOS FLAVOURED SAUSAGES
SELECTED VARIETIES
13.21/KG
21201360 KG

SAVE UP TO \$2

5.99

IÖGO YOGURT 16X100 G OR **DEL MONTE JUICE** 2.5 L
SELECTED VARIETIES
20609583001 EA/21437174 EA

WHEN YOU BUY 2 SAVE 98¢

2/\$7
LESS THAN 2 \$3.99 EA.

5.99

COUNTRY HARVEST BREAD OR BAGELS
SELECTED VARIETIES AND SIZES
21178597 EA/21178640 EA

SAVE UP TO \$11

\$12

MAPLE LEAF OR SCHNEIDERS SMOKED HAM
SELECTED VARIETIES
600/700 G
21094948 EA/21101933 EA

SALE SAVE \$2

5.99

BECHEL MARGARINE
SELECTED VARIETIES
637/850 G
20297818002 EA
21279362 EA

5.99

NEILSON TRUTASTE MILK 2%, 1% OR SKIM 4 L OR PRESTIGE OR GREY RIDGE LARGE WHITE EGGS 18'S
SELECTED VARIETIES
20148677 EA
20814294001 EA

SAVE UP TO \$3

4.99

CHAPMAN'S PREMIUM ICE CREAM, FROZEN YOGURT OR SORBET 2 L OR SUPER NOVELTIES 6-20'S
SELECTED VARIETIES
FROZEN
20111532 EA
20323573001 EA

SAVE UP TO 51¢

2.49

PC[®] KETTLE COOKED, COOKED, LOADS OF OR WORLD OF FLAVOURS POTATO CHIPS
SELECTED VARIETIES
200 G
20840911004 EA
21549769 EA

WHEN YOU BUY 2 SAVE \$1.48

2/7.50
LESS THAN 2 \$4.09 EA.

2.75

NATURE VALLEY BISCUIT, PROTEIN BARS OR SWEET & SALTY
6'S, 148-210 G OR **FIBRE 1 BARS**
125 G
SELECTED VARIETIES
20587504001 EA
21213559 EA

SALE SAVE 70¢

3.79

EARTH'S OWN NON-DAIRY REFRIGERATED BEVERAGES
SELECTED VARIETIES
1.75/1.89 L
21517729 EA/21586394 EA

SAVE UP TO \$2

8.99

BEN'S ORIGINAL CONVERTED, WHOLE GRAIN OR LONG GRAIN RICE
SELECTED VARIETIES
1.6/2.27 KG
21535549 EA
21535571 EA

SAVE UP TO \$1.28

3.49

CAVENDISH FARMS PREMIUM FRIES 400-750 G OR HASHBROWN PATTIES 600 G
SELECTED VARIETIES
FROZEN
20287397001 EA
20723779 EA

WHEN YOU BUY 2 SAVE \$1.98

2/\$6
LESS THAN 2 \$3.99 EA.

3.99

PC[®] SPRING WATER 24X500 ML
20137898 C24

OCEAN SPRAY 100% JUICE BLEND OR COCKTAIL
SELECTED VARIETIES
1.77-1.89 L
20300006008 EA
20982379 EA

4,000^{PC} when you buy 2

\$4 Value

L'ORÉAL CLEANSERS, MOISTURIZERS OR SERUMS
SELECTED VARIETIES AND SIZES
20357015005 EA/21221118 EA

1,500^{PC} Value

\$1.50 Value

PC[®] YARD WASTE BAGS
5'S
20429980 EA

\$4

CUSTOMER RELATIONS 1-800-296-2332 VISIT loblaws.ca FOR STORE HOURS.

Loblaws on Facebook Loblaws on Instagram

Please call Customer Relations at 1-800-296-2332 or visit our website at loblaws.ca for your particular store's hours and for a list of the Loblaws® locations that DO NOT participate in this flyer. See http://www.loblaws.ca/en_CA/company-policy/terms-and-conditions.html. Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard® is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simpli Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See loblaws.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction; ** Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner. †PRICE DROP offer valid in-store at participating locations between September 25 - October 15, 2024 before applicable taxes and while quantities last. Offer applies only to select products. Offer may be modified and/or cancelled without notice. See in-store for full details.

LSL BACK





DIGITAL COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

**CLICK FOR THESE
COUPONS AND MORE**



5,000 points

When you spend \$30 or more on fresh fruits or vegetables

Ends on October 30th, 2024



\$2 off

PC® Blue Menu® chicken breast boneless skinless 3's

Ends on October 30th, 2024



3,000 points

PC® Smokies™ 1 kg

Ends on October 30th, 2024



\$2 off

Nescafé Gold® premium instant coffee or frothy mixes selected varieties

Ends on October 30th, 2024



2,000 points

When you buy 2 PC® Naan 2-pack traditional or garlic 250 g

Ends on October 30th, 2024



2,000 points

When you buy 2 PC® Gigantico Buns selected varieties 6's

Ends on October 30th, 2024



1,000 points

no name® canola oil 3 L

Ends on October 30th, 2024



\$5 off

Huggies Skin Essentials diapers or training pants any variety

Ends on October 30th, 2024



5,000 points

When you spend \$30 or more on Pet Department, Includes Pet Food, Treats, Toys & Supplies

Ends on October 30th, 2024



CANADA SWEET POTATOES OR SQUASH
PRODUCT OF CANADA
SELECTED VARIETIES
3.73/KG
20071263001_KG/20326319001_KG

1.69
LB



CANADA BROCCOLI CROWNS
PRODUCT OF CANADA
7.69/KG
20026161001_KG

3.49
LB



BRUSSELS SPROUTS
PRODUCT OF CANADA OR U.S.A.
7.69/KG
20036155001_KG

3.49
LB



CANADA ENGLISH CUCUMBERS
1.99 EA. OR GREENHOUSE TOMATOES ON THE VINE
1.99 LB 4.39/KG
PRODUCT OF CANADA
20070132001_EA/20026703001_KG

1.99
LB/EA.



CANADA ROMAINE HEARTS
PRODUCT OF CANADA
3'S
20067385001_EA

3.99



CRANBERRIES
PRODUCT OF CANADA OR U.S.A.
340 G
20160096001_EA

2.99



BLUEBERRIES
PRODUCT OF PERU OR RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
HALF PINT
20152465001_EA/20128338001_EA

3.99



PC® BLACK SABLE GRAPES OR EXTRA LARGE GREEN OR RED SEEDLESS GRAPES
PRODUCT OF U.S.A., NO. 1 GRADE
8.80/KG
20711275001_KG/20711275001_KG

3.99
LB



PINEAPPLE
PRODUCT OF COSTA RICA
EACH
20160092001_EA

2.49



FARMERS MARKET™ LEMONS 2 LB PRODUCT OF SOUTH AFRICA OR **PC® ORGANICS LIMES** 1 LB PRODUCT OF MEXICO
20795315001_EA/201435942001_EA

4.99



PC® BASIL, BAY LEAF OR CHIVES
PRODUCT OF COLUMBIA, MEXICO OR ECUADOR
28 G
21184798_EA/21212481_EA

2.99



CANADA FARMER'S MARKET™ YELLOW POTATOES
PRODUCT OF CANADA, CANADA NO. 1 GRADE
10 LB BAG
20601017001_EA

5.49



CANADA PC® APPLE CIDER OR HONEYCRISP APPLE CIDER
PRODUCT OF CANADA
3 L
20000005_EA/20145748_EA

6.99

1,000⁺
when you buy 2

\$1
Value



TAYLOR FARMS CHOPPED SALAD KITS
SELECTED VARIETIES
PRODUCT OF U.S.A.
267-383 G
21209541_EA
21381575_EA

2/\$12
LESS THAN 2 \$6.99 EA.



FAMILY SIZE SALADS
PREPARED FRESH IN-STORE DAILY
SELECTED VARIETIES
740 G-1.47 KG
20972500_EA
20972512_EA

FROM \$15-17



SIGNATURE GIFTING BOUQUET
21436378_EA

\$25



5 STEM SUNFLOWERS
SELECTED VARIETIES
21201274_EA

\$9



FIESTA SUNFLOWER BUNCH
21201276_EA

\$14



GIFT BAG UPGRADE
20215161_EA

\$26



TRI COLOUR FLEURETTE
21405006_EA

\$16



HOLIDAY HARVEST BOUQUET
SELECTED VARIETIES
21551536_EA

\$14



GERBERA DAISY BUNCH
21437443_EA

2/\$20
LESS THAN 2 \$12 EA.



CUT BY OUR BUTCHERS

ONTARIO SIRLOIN TIP ROAST
CUT FROM CERTIFIED ONTARIO CORN FED CANADA AA GRADE BEEF OR HIGHER
22.02/KG
20812306_KG

9⁹⁹
LB



EXTRA LEAN GROUND BEEF
FAMILY SIZE
17.62/KG
20357711_KG

7⁹⁹
LB



PC APPLEWOOD OR HICKORY SMOKED SPIRAL HAM
9.90/KG
20857240_KG/20217465_KG

4⁴⁹
LB



PC BONELESS SPIRAL HAM
15.43/KG
21306158_KG

\$7
LB



FRENCHED RACK OF LAMB
PRODUCT OF NEW ZEALAND FROZEN
62.81/KG
20999969_KG

28⁴⁹
LB



CANADA PC CHICKEN DRUMSTICKS 8'S OR THIGHS BONE-IN 6'S AIR CHILLED
21341035_EA/21341042_EA

\$11



CANADA PC SPLIT CHICKEN WINGS
AIR CHILLED
730 G
21340973_EA

\$13



MAPLE LODGE FARMS ULTIMATE CHICKEN SAUSAGES
SELECTED VARIETIES
500 G
21378310_EA/21378346_EA

6⁹⁹



BEEF STIR FRY STRIPS
250 G
21588067_EA

\$7



TANDOORI CHICKEN LEGS
BACK ATTACHED
13.21/KG
21608956_KG

5⁹⁹
LB



BREADED PORK LOIN SCHNITZEL
300 G
21588065_EA

\$7



ZABIHA HALAL BEEF BURGERS
FROZEN
678 G
21551440_EA

16⁹⁹



SUFRA HALAL LEAN GROUND BEEF
454 G
21397283_EA

8⁹⁹



SUFRA HALAL GROUND CHICKEN
454 G
21430675_EA

\$8

PC HORS D'OEUVRES COLLECTION
SELECTED VARIETIES
FROZEN
225-574 G
21116020_EA/21439588_EA

\$10-12



WORLD OF FLAVOURS PAD THAI SPRING ROLLS
574 g 24



CHICKEN SPRING ROLLS
574 g 24



MOZZARELLA CHEESE STICKS
454 g 40



VEGETABLE SPRING ROLLS
574 g 24



MINI CHICKEN EMPANADAS
480 g 24



CHICKEN SAUSAGE ROLLS
500 g 20



BACON-WRAPPED STUFFED JALAPEÑO PEPPERS
225 g 10



MINI JAMAICAN BEEF PATTIES
480 g 24



LOBSTER TAILS
FROZEN OR
PREVIOUSLY FROZEN
2-3 OZ EACH
21194848_EA

\$7

**HADDOCK OR
COD FILLETS**
FROZEN OR
PREVIOUSLY FROZEN
26.43/KG
21506249_KG

11⁹⁹
LB

**RAINBOW TROUT
FILLETS**
FRESH
25.33/KG
20897813_KG

11⁴⁹
LB



SEA SCALLOPS
PREVIOUSLY FROZEN
25-35 PER LB
48.48/KG
21445069_KG/21446559_KG

21⁹⁹
LB

**FRESH COCKTAIL
OYSTERS**
SELECTED VARIETIES
EACH
21014642_EA

1²⁹



**CANADIAN COVE
MUSSELS**
FRESH
907 G
21556624_EA

6⁴⁹

TUNA STEAKS
FROZEN OR
PREVIOUSLY FROZEN
29.74/KG
20753134_KG

13⁴⁹
LB

**SEAQUEST® SHRIMP
RING WITH MILD
COCKTAIL SAUCE**
FROZEN
454 G
20979191_EA

12⁹⁹



**OCEAN PIER
CRAB DIP**
FROZEN
360 G
21562192_EA

9⁹⁹



**PC® SHRIMP
APPETIZERS**
SELECTED
VARIETIES
FROZEN
294-454 G
20135874_EA
20950440_EA

10⁹⁹



**PC® MARYLAND-STYLE
SHRIMP OR
CRAB CAKES**
FROZEN
170 G
21334615_EA/21334617_EA

7⁹⁹



**PC® BACON-WRAPPED
WILD SEA
SCALLOPS**
FROZEN
260 G
21220644_EA

14⁹⁹



**FROM OUR CHEFS™
SERVICE CASE HAMS**
SELECTED VARIETIES
29.90/KG
20974491_KG

2⁹⁹
/100 G

**SERVICE CASE
SAN DANIELE PROSCIUTTO**
34.90/KG
21046656_KG

3⁴⁹
/100 G

SARDO BULK OLIVES
SELECTED
VARIETIES
32.90/KG
20127732_KG

3²⁹
/100 G



L'EXTRA BRIE
IN-STORE DELI CUT
21157608_KG

30%



**PC® SPLENDIDO®
PARMIGIANO REGGIANO,
GRANA PADANO OR
PECORINO ROMANO**
250 G
21053434_EA/21188276_EA

9⁹⁹



**CASTELLO HAVARTI,
CHEDDAR OR
BLUE CHEESE**
SELECTED VARIETIES
125-200 G
20428574_EA/20573932_EA
21158086_EA

6⁹⁹



PILLER'S KOLBASSA
SELECTED VARIETIES
250-375 G
20308469_EA/21400151_EA

5⁹⁹



**PC® GOAT
CHEESE LOGS**
SELECTED
VARIETIES
140 G
20296631_EA
20330259_EA

2/\$10
LESS THAN 2
\$5.99 EA.



**PC® DIPS 227 G
OR NAAN
DIPPERS 200 G**
SELECTED VARIETIES
20584097_EA/21092033_EA

2/\$7
LESS THAN 2
\$3.99 EA.



FARMER'S MARKET™ SQUARES
SELECTED VARIETIES
400/450 G
21216501_EA



FARMER'S MARKET™ BAR CAKES
SELECTED VARIETIES
675-770 G
21500612_EA
21500763_EA

5,000^{PC}

\$5 Value



LA ROCCA 8 INCH OCCASION CAKES
SELECTED VARIETIES
1.1-1.7 KG
21496165_EA/21624336_EA

\$7 14⁹⁹

29⁹⁹



DINNER ROLLS
WHITE OR WHEAT
12'S
21392649_EA/21392192_EA



PLAIN CROISSANTS
6'S
21830153_EA

\$4 \$4



PC® 2 PACK FROZEN DESSERTS
SELECTED VARIETIES
113-290 G
20800613_EA

2/\$8
LESS THAN 2 \$4.99 EA.



FARMER'S MARKET™ LOAF CAKES
WHOLE OR SLICED
SELECTED VARIETIES
344-400 G
20565382_EA/21488954_EA

6²⁹



ACE BAKERY BAGUETTE
SELECTED VARIETIES
325-400 G
20171171_EA/21314348_EA

\$4



NO NAME™ DINNER ROLLS
WHITE OR WHOLE WHEAT
12'S
21431223_EA/21431243_EA

3⁴⁹



PC® HOT CROSS BUN OR EXTRA THICK CINNAMON RAISIN BREAD
565/675 G
20639729_EA/21577822_EA

2/\$8
LESS THAN 2 \$4.99 EA.



PC® BRIOCHE MINI ROLLS OR SLICED LOAF
400 G
21050280_EA/21410779_EA

\$5



CHICKEN FAVORITES
SELECTED VARIETIES,
SERVED HOT OR CHILLED
320-700 G
20137058_EA/20992187_EA

\$16



CHICKEN FAJITA, GYRO OR SOUVLAKI CHICKEN TACO TRAYS
SELECTED VARIETIES
1-1.1 KG
21395977_EA

\$20



12 PIECE PRE-PACK SAUCED WINGS
728 G AND 12" TAKE AND BAKE PIZZA
510-739 G
SELECTED VARIETIES
21456393_EA/21456401_EA

\$20



MIX & MATCH
BOURSIN 150 G, PC® BRIE 200 G,
SAPUTO BOCCONCINI 200 G,
MASTRO SLICED SALAMI 125-150 G,
WILDLY DELICIOUS JELLY 185 G
OR RAINCOAST CRISPS 150 G
SELECTED VARIETIES
20116794_EA/20708942_EA

3/\$18
LESS THAN 3 \$6.49 EA.

Fall baking



TENDERFLAKE PASTRY 255-397 G
OR COOL WHIP DESSERT TOPPING 1 L
SELECTED VARIETIES
FROZEN

20030369001_EA/20303840001_EA

SAVE
UP TO \$1
4⁹⁹



E. D. SMITH PURE PUMPKIN PIE FILLING
796 ML OR
PIE FILLINGS 540 ML
SELECTED VARIETIES

20022361_EA/20297753001_EA

SAVE
THIS WEEK

4⁹⁹



PC® PUFF PASTRY
SELECTED VARIETIES
FROZEN
450 G

21288850_EA

SALE
SAVE \$2

5⁴⁹



HERSHEY'S CHIPITS
SELECTED VARIETIES
180-270 G

21452844_EA/21452924_EA

SAVE
THIS WEEK

4⁷⁹



LANTIC SUGAR
DARK BROWN SUGAR
OR BRILLIANT
YELLOW SUGAR
SELECTED VARIETIES
1 KG

20016320_EA/20169394_EA



SAVE
THIS WEEK

3⁴⁹



PC® BUTTER QUARTERS
SELECTED VARIETIES
454 G

20313456001_EA
20313456002_EA

SALE
SAVE \$1⁵⁰

6⁹⁹



BETTY CROCKER
SUPER MOIST
CAKE MIX 375/404 G
OR FROSTING
340/450 G
SELECTED VARIETIES

20562641003_EA/21547837_EA

WHEN YOU BUY 2
SAVE 98¢

2/\$5
LESS THAN 2
\$2.99 EA.



SHIRRIFF
PIE FILL OR
DR. OETKER
PIE CRUST MIX
SELECTED VARIETIES
28-260 G

21615000_EA/21616564_EA

2⁴⁹



CRISCO VEGETABLE
SHORTENING
SELECTED VARIETIES
454 G

21475300_EA/21475369_EA

4⁷⁹



CARNATION
EVAPORATED MILK
SELECTED VARIETIES
354 G

20896887_EA

SAVE
THIS WEEK

2⁴⁹



BAKERS CHOCOLATE
SQUARES 170-227 G
OR TENDERFLAKE LARD
454 G
SELECTED VARIETIES

20816075001_EA
21069384001_EA

5⁹⁹



BURNBRAE NESTLAID
WHITE EGGS
SELECTED VARIETIES
12'S

20816075001_EA
21069384001_EA

SAVE
THIS WEEK

5⁴⁹



NO NAME® SPICES
SELECTED VARIETIES
5.5-250 G

20617758_EA/20618086_EA

3⁹⁹



NO NAME® ALMONDS
OR WALNUTS
SELECTED VARIETIES
100 G

20127455001_EA/20599246_EA

4²⁹



NO NAME® MARSHMALLOW
SELECTED VARIETIES
400 G

20304672001_EA
21008975_EA

2/\$7
LESS THAN 2
\$3.99 EA.



NO NAME® PIE SHELLS
SELECTED VARIETIES
350-380 G

20153259_EA
20671251_EA

SAVE
THIS WEEK

3⁴⁹



NO NAME® CANOLA
OIL SPRAY
170 G

21563294_EA

2⁷⁹



NO NAME® CREAM CHEESE
SELECTED VARIETIES
227/250 G

20308105001_EA
21036106_EA

WHEN YOU BUY 2
SAVE \$1⁴⁸

2/7⁵⁰
LESS THAN 2
\$4.49 EA.

COLLECT & SAVE! BIG

Get one stamp for every \$20* spent.
Collect 20 stamps and get 75% off one piece of
high quality Swiss Design Cookware!

75%
OFF* EACH



LEARN MORE

*Until February 6th 2025 or while supplies last, receive one stamp for every \$20 spent before applicable taxes in a single transaction. When you collect and redeem 20 stamps, you'll get 75% off one (1) piece of Kuhn Rikon Cookware. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. 75% will be deducted from the total purchase amount before sales taxes are applied. Cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. For a digital stamp card, PC Optimum™ members can opt into this program and find a stamp card through the App. One card per account. For a paper stamp card and for non-members see in-store to receive your card. A complete set of 20 digital OR paper stamps must be presented to cashier at time of purchase. A mix of digital and paper stamps collected are not accepted as a complete set. Completed stamp cards can be redeemed up until February 20th, 2025, after which point they expire. All sales are final. Cookware is under warranty for a 2 year period from date of purchase. Exceptions to warranty apply. Cookware eligible for a replacement under warranty can be replaced at your store of purchase until February 20th, 2025 or while supplies last, after which point, please contact loblawpromotions@i-founders.com for replacement of product. For full warranty information, FAQ's and complete offer details, please visit Pcoptimum.ca/collectandsave.

Grocery



CHEEZ-IT CRACKERS 191/200 G
OR **QUAKER CRISPY MINIS** OR
LARGE RICE CAKES 90-173 G
SELECTED VARIETIES
21214560_EA/21427917_EA

2/\$7
LESS THAN 2
\$3.99 EA.

**CHRISTIE RITZ,
WHEAT THINS OR
TRISCUIT CRACKERS**
SELECTED VARIETIES
175-454 G
21030905_EA/21547034_EA

2/750
LESS THAN 2
\$4.29 EA.



**CHRISTIE
COOKIES**
SELECTED
VARIETIES
170-303 G
21358407_EA
21361512_EA

2/\$8
LESS THAN 2
\$4.99 EA.

**JIF PEANUT BUTTER
1 KG OR SMUCKER'S
JAM OR DOUBLE FRUIT
SPREAD** 310-500 ML
SELECTED VARIETIES
20308043004_EA
21023784_EA

749

**PC® INSTANT
OATMEAL**
SELECTED
VARIETIES
264-344 G
21505150_EA/21506334_EA

329



YOPLAIT YOGURT
630 G OR 4X100 G
OR **TUBE** 8X56 G
SELECTED
VARIETIES
2131918001_EA
21547595_EA

369

**STARBUCKS
COFFEE ENHANCER**
SELECTED
VARIETIES
828 ML
21358473_EA
21436900_EA

769

**ARMSTRONG
CHEESE SNACKS**
180 G OR
NIBBLERS 200 G
SELECTED
VARIETIES
21440781_EA
21539032_EA

599

**BLACK DIAMOND
CHEESTRINGS**
12/16'S OR **HELUVA
GOOD! DIPS** 680 G
SELECTED
VARIETIES
2031278001_EA
20763661_EA

649



**SAPUTO
MOZZARELLISSIMA**
SELECTED
VARIETIES
500 G
20758241002_EA
21495983_EA

649

**KOZY SHACK
RICE PUDDING**
SELECTED VARIETIES
4X113 G/624 G
20321764003_EA
20323829001_EA

399

**DARE BEAR PAWS
COOKIES**
SELECTED
VARIETIES
150-240 G
21080779_EA
21283252_EA

2/\$7
LESS THAN 2
\$4.49 EA.

**ANNIE'S
MAC & CHEESE**
SELECTED
VARIETIES
170 G
20316187001_EA
20316187002_EA

299



**CRANK WHOLE
BEAN COFFEE**
340 G OR **DAVIDTEA**
12'S OR LOOSE LEAF
40-50 G
SELECTED
VARIETIES
21405762_EA/21410099_EA
21481195_EA

899

**NO NAME® OR
PC® SINGLE SERVE
COFFEE PODS**
SELECTED
VARIETIES
72/102'S
21111235_EA
21593380_C01

3599

**CLIF NUT BUTTER
OR BUILDER BARS**
50/68 G
20303133002_EA
21511083_EA

249

**ALCAN
FOIL WRAP**
100 FT
20030018_EA

699



FANTASTIK 650 ML,
SCRUBBING BUBBLES
946-950 ML, **WINDEX**
765 ML, **GLADE SMALL
CANDLES** 1'S OR **WAX
MELTS** G'S
SELECTED VARIETIES
20125323001_EA
20323855001_EA

499

PUREX 4.08-4.43 L,
PERSIL 2.21 L OR **SUNLIGHT**
4 L **LAUNDRY DETERGENT** OR
SNUGGLE FABRIC SOFTENER
2.8-3.41 L OR
SHEETS 200'S
SELECTED VARIETIES
20083525001_EA
21427042_EA

1099

**IAMS®
CAT FOOD**
SELECTED
VARIETIES
1.36/1.59 KG
21027553_EA

1599

PEDIGREE DOG FOOD OR TREATS
SELECTED VARIETIES
AND SIZES
100 G-1.9 KG
21081180_EA/21359778_EA

4,000
for every '20'
spent on

\$4
Value

For your baby

click here to shop our full assortment



Optimum
20,000[®]

\$20
Value

for every \$100* spent on baby diapers, training pants, wipes, food, formula, accessories or toiletries exclusions apply

Optimum
2,000[®]

\$2
Value



PAMPERS SUPER ECONO DIAPERS
SELECTED VARIETIES
58-180'S
21551525_EA/21551645_EA

32⁹⁹



HELLO BELLO 10X WIPES
600'S
21280051_EA

19⁹⁹



HUGGIES SUPER BIG PACK DIAPERS
SELECTED VARIETIES
36-108'S
21456249_EA

24⁹⁹



PC 12X WIPES
1200'S
21432245_EA

\$20



PAMPERS NINJAMAS OR EASY UPS
SELECTED VARIETIES
34-74'S
21308932_EA

26⁹⁹



LOVE CHILD ORGANIC POUCHES
SELECTED VARIETIES
99/128 ML
20944660_EA/21121969_EA

17⁹⁹



GERBER SNACKS OR ENTRÉES
SELECTED VARIETIES
42-187 G
20304618003_EA/20304618007_EA

2/\$6
LESS THAN 2
\$3.49 EA.



NESTLÉ CERELAC BABY CEREAL WITH HONEY AND WHEAT
400 G
21564977_EA

8⁹⁹



MUNCHKIN ACCESSORIES
SELECTED VARIETIES AND SIZES
20874510_EA
20874632_EA

SALE
SAVE UP TO

30%



ENFAMIL A+ READY-TO-FEED BABY FORMULA STAGE 1 & 2
SELECTED VARIETIES
18X237 ML
21208370_C01
21208382_C01

59⁹⁹



GOOD START PLUS POWDER OR READY TO FEED INFANT FORMULA
SELECTED VARIETIES
942-1020 G
21599587_EA

55⁹⁹



ENFAMIL A+ BABY FORMULA POWDER REFILL
SELECTED VARIETIES
992 G
20435527002_EA
20435527003_EA

54⁹⁹

Optimum
3,000[®]
for every '15' spent on

\$3
Value



AVEENO OR JOHNSONS & JOHNSONS BABY NEEDS
SELECTED VARIETIES AND SIZES
21112321_EA/21241155_EA



DOVE, CETAPHIL OR CERAVE BABY NEEDS
SELECTED VARIETIES AND SIZES
21017298_EA
21115535_EA

SALE
SAVE UP TO

20%

Optimum
5,000[®]
for every '20' spent on

\$5
Value



HONEST CO. BABY NEEDS
SELECTED VARIETIES AND SIZES
21243954_EA/21303537_EA

For your family



DOVE INTENSE THERAPY
750 ML OR 100-400 ML HAIR CARE
20319039001_EA
21353571_EA

9⁹⁹

PANTENE, L'ORÉAL HAIR EXPERTISE OR GARNIER WHOLE BLENDS
SELECTED VARIETIES AND SIZES
20340308005_EA
21431192_EA



5⁴⁹



MARC ANTHONY OR MONDAY HAIR CARE
SELECTED VARIETIES AND SIZES
20298861001_EA
21361177_EA

8⁹⁹



AVEENO OR LUBRIDERM LOTIONS
SELECTED VARIETIES AND SIZES
21082810_EA

7⁹⁹

SAVE UP TO \$5



L'OREAL REVITALIFT, OLAY REGENERIST MOISTURIZERS, SERUMS OR TREATMENTS
SELECTED VARIETIES AND SIZES
21221017_EA
21411706002_EA



34⁹⁹



GARNIER MICELLAR WATER 400 ML, SKIN ACTIVE CREAMS OR NATURAL MOISTURIZERS
SELECTED VARIETIES AND SIZES
21571477_EA
21351904002_EA



8⁹⁹



MRS. MEYER'S LIQUID HAND SOAP PUMP
SELECTED VARIETIES
370 ML
21046924_EA
21046950_EA

5⁴⁹



IRISH SPRING BAR SOAP 6X104 G OR BODY WASH 591 ML OR SOFT SOAP BODY WASH 591 ML
SELECTED VARIETIES
21219375_EA
21436477_EA

4⁹⁹



DOVE BAR SOAP 6X106 G OR BODY WASH 532-695 ML
SELECTED VARIETIES
21237519_EA
21518329_EA

7⁹⁹



AXE BODY SPRAY 113 G, DEODORANT 76/85 G OR BODY WASH 473 ML
SELECTED VARIETIES
21042562_EA
21436066_EA

3⁹⁹



SCHICK HYDRO, INTUITION OR XTREME 3 RAZORS
SELECTED VARIETIES 1-8'S
20322736004_EA
20540102_EA

10⁴⁹



DOVE DRY SPRAYS 107/113 G OR DEODORANT 74 G
SELECTED VARIETIES
20844533_EA
20939262_EA

6⁹⁹



SENSODYNE OR PRONAMEL TOOTH PASTE
SELECTED VARIETIES
110-135 ML
21042562_EA
21436066_EA

6⁴⁹



LISTERINE ULTRA CLEAN OR TOTAL CARE MOUTHWASH
SELECTED VARIETIES 1 L
20701283_EA
21088044_EA

8⁴⁹



ORAL-B ELECTRIC TOOTHBRUSH, POWER REFILLS, 3D WHITENING STRIPS OR CREST EMULSIONS
SELECTED VARIETIES
20346231001_EA
21016607_EA

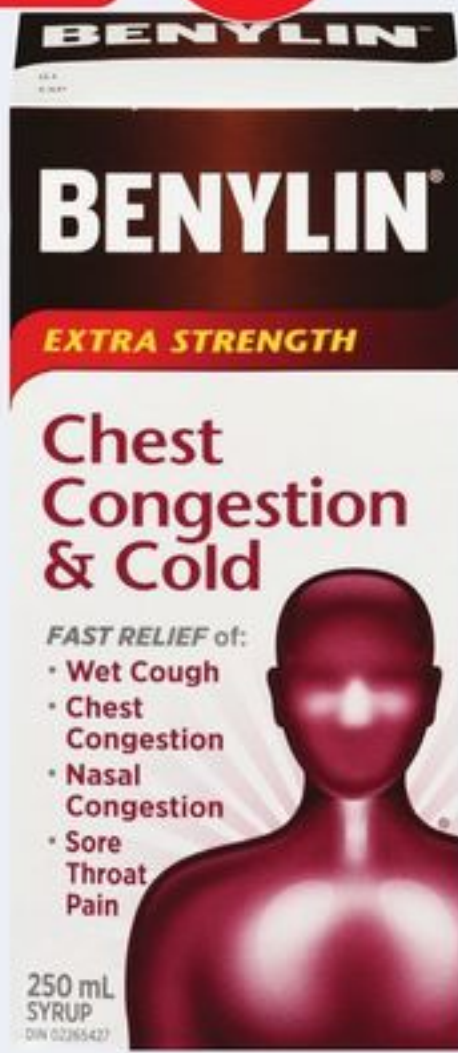
SAVE UP TO

25% OFF

For your family

4,000^{mg}
when you buy 2

\$4
Value



TYLENOL, BENYLIN OR BENADRYL
SELECTED VARIETIES AND SIZES
20304110002_EA



SESAME STREET
CHILDREN'S VITAMINS
OR SUPPLEMENTS
SELECTED VARIETIES
180'S
21286687_EA/21286689_EA

16⁹⁹



LIFE BRAND[®]
VITAMINS OR
SUPPLEMENTS
SELECTED
VARIETIES
AND SIZES
21286510_EA
21371303_EA

SALE
SAVE UP TO
20%

SIX STAR
SUPPLEMENTS
SELECTED
VARIETIES
AND SIZES
20301019001_EA
20301019004_EA

SALE
SAVE UP TO
20%



ADVIL PAIN-RELIEF
GELS AND CAPLETS
40-150'S OR ALEVE
OR ASPIRIN
PAIN RELIEF
CAPLETS,
TABS OR CHEWS
40-180'S
SELECTED
VARIETIES
20103677001_EA
20306766001_EA

15⁹⁹



ALWAYS OR
TAMPAX PADS,
TAMPONS
AND LINERS
SELECTED
VARIETIES
AND SIZES
20311227001_EA
21019955_EA

SALE
SAVE UP TO
20%



LIFE BRAND[®]
BANDAGES,
GAUZE
OR TAPE
SELECTED
VARIETIES
AND SIZES
21247352_EA

SALE
SAVE UP TO
20%

Poise[®]
3in1
Protection
for dryness, comfort
and odour control



\$19⁹⁹
EACH

Poise pads
selected varieties
and sizes
21100797_EA/21231322_EA
21293709_EA

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Happy World
Smile Day
from your friends
at Colgate-Palmolive.



3⁴⁹
each

Colgate[®] premium
toothpaste
70-150 mL or
toothbrushes
selected varieties
21166613_EA
20306410001_EA

5⁴⁹
each

Colgate[®] super
premium toothpaste
73-170 mL or
toothbrushes
selected varieties
20598598_EA
21517421_EA

6⁴⁹
each

Colgate[®] mega
premium toothpaste
70-133 mL or
toothbrushes
selected varieties
21220911_EA
21166153_EA

6⁴⁹
each

hello[®]
toothpaste
82-98 mL
selected varieties
21353925_EA
21353897_EA



PC Optimum[™] members can save up to
35% on home and auto insurance*



Save up to
35%

*Conditions apply. Subject to change. For full details see www.pcinsurance.ca.

Home



HARVEST DÉCOR AND PUMPKINS
21584139_EA/21572209_EA

SALE
SAVE UP TO
30%

BUY 3 GET 1 FREE

LIFE AT HOME® DRINKWARE, DINNERWARE, OR SERVEWARE. FOURTH ITEM MUST BE OF EQUAL OR LESSER VALUE \$14
21594662_EA/21564548_EA



PC® PLANET FIRST™ BAMBOO PLATES, BIRCH CUTLERY OR WHEAT STRAWS
SELECTED VARIETIES
21350519_EA/21353079_EA

SALE
SAVE UP TO
20%



PC® KITCHEN GADGETS
SELECTED VARIETIES
21345430_EA/21190090_EA

SALE
SAVE UP TO
20%



RUBBERMAID FOOD STORAGE CONTAINERS
SELECTED VARIETIES
20087546_EA/21182993_EA

SALE
SAVE UP TO
20%



NO NAME® CLUB SIZE FOILWARE
SELECTED VARIETIES
21424898_EA/21424907_EA

SAVE UP TO \$4.99
\$10



PC® COOKWARE, SKILLETS, WOKS, ROASTERS, SKILLET SETS AND COOKWARE SETS
SELECTED VARIETIES
20765811_EA/21492022_EA

SALE
SAVE UP TO
20%



PC® METAL BAKEWARE AND METAL BAKEWARE SETS
SELECTED VARIETIES
21154308_EA/21499789_EA

SALE
SAVE UP TO
20%



NINJA APPLIANCES
SELECTED VARIETIES
21103386_EA/21204063_EA

SALE
SAVE UP TO
15%



BLACK & DECKER APPLIANCES
SELECTED VARIETIES
21195531_EA/21396843_EA

SALE
SAVE UP TO
15%



HALLOWEEN PUMPKINS AND DÉCOR
21591759_EA/21576579_EA

SALE
SAVE UP TO
20%



HALLOWEEN COSTUMES
SELECTED VARIETIES
21580004_EA/21580039_EA

SALE
SAVE UP TO
20%

Cold, Conquered.

Designed for the Canadian cold, our outerwear and accessories insulated with PrimaLoft® and Thinsulate™ offer warmth and value, making them your go-to secret weapon against winter's harsh chill.



Puffer Jacket
with PrimaLoft®

79



Toddler Jacket
with PrimaLoft®

59



Ski Gloves with
Thinsulate™

19



Hooded Puffer Jacket
with PrimaLoft®

99



Ski Jacket
with PrimaLoft®

119



Winter Boots
with Thinsulate™

69

Withstands
temperatures
down to

-20°C



JOE FRESH

SHOP NOW

Our butchers cut quality meat in your store every day!

pork loin schnitzel
21588065_EA

lean beef meatballs plain
21587897_EA

beef stir fry strips
cut from Canada-AA grade beef or higher
21588067_EA

pork stir fry strips
21588095_EA

chicken stir fry strips
21588091_EA

Celebrate National TACO Day!
OCTOBER 4th WITH **OLD EL PASO**

less than 2 \$4.49 ea. **2/\$7**
Old El Paso[®] taco shells, bowls, tortillas 125-334 g, refried beans 398 ml or jalapenos 250 ml, selected varieties
20306992001_EA/20314170001_EA

NEW
less than 2 \$5.70 ea. **2/\$10**
Old El Paso[®] Dinner Kits 250-510 g or Salsa 650 ml selected varieties
21620422_EA/20305182004_EA

less than 3 \$2.19 ea. **3/\$5**
Old El Paso[®] Seasonings 24 g selected varieties
21049495_EA
21049505_EA

© General Mills

Bring tradition home

MASTRO **SAN DANIELE**

\$5
San Daniele[®] Mortadella Classica 175 g
20576743_EA

\$13
Mastro[®] Baby Genoa 600 g selected varieties
20181136_EA
20302356_EA

\$11
Mastro[®] Charcuterie Trio 150 g selected varieties
20170884_EA

\$10
Mastro[®] Dry Cured Chubs 300 g selected varieties
20048268_EA
20304950_EA

SCHNEIDERS
EST. 1890

CANADIAN CRAFTED SINCE 1890

1,000th for every *10 spent on **\$1 Value**

Schneiders[®] Blue Ribbon[®] Bologna Service Case Meat 20275910_KG

Schneiders[®] Deli Best[®] Service Case Meats selected varieties 20110301_KG/20229821_KG

SAPUTO

\$6.99
SAPUTO BARI RICOTTA 500 g
20573931_EA

\$5.49
SAPUTO FRESH MOZZARELLA 190 g
21884247_EA

\$5.49
SAPUTO FETA ASSORTED VARIETIES 170-200 g
20573975_EA

\$7.99
ALEXIS DE PORTNEUF ASSORTED VARIETIES 125-170 g
20094979_EA

VOTED BEST CANADIAN CHEESE

WORLD CHEESE AWARDS

Saputo 70 PROVISION & CRAFTSMANSHIP SINCE 1904

PROST WITH PRETZELS!

3.49
Snyder's of Hanover[®] Pretzels, selected varieties 240 g
20314052001_EA
20314052004_EA
20314052002_EA

2.99
Kettle[®] Brand Kettle Chips, selected varieties 198 g
21509837_EA
21520692_EA

2/\$7
Pepperidge Farm[®] Goldfish[®] Crackers, selected varieties 156-227 g
21514296_EA
21472373_EA

LET'S Oktoberfest TOGETHER

© 2024 Campbell Company of Canada

GRAIN FREE GLUTEN FREE GOODNESS

THE GRAIN ESCAPE

HAMBURGER BUNS 6.99 21622923_EA

SEEDED BREAD 7.99 21622905_EA

WHITE BREAD 7.99 21622951_EA

PLAIN BAGELS 6.99 21622961_EA

GRAIN-FREE ✓ PALEO ✓ DAIRY-FREE ✓
GLUTEN-FREE ✓ NON-GMO ✓ EGG-FREE ✓
LOW FODMAP ✓ PLANT-BASED ✓ PEANUT- & TREE-NUT FREE ✓

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Food Banks Canada | KraftHeinz

THANK YOU CANADA,

for helping feed your community

See how you've helped at groceries4good.ca

| | | |
|---|---|---|
| <p>Kraft Peanut Butter 750 g - 1kg Kraft Hazelnut Spread 750 g 203364001_EA 203364002_EA</p> <p>\$6.99 selected varieties</p> | <p>Philadelphia Cream Cheese Product 227 280 g 2029970001_EA 20866024702_EA</p> <p>less than 2 \$5.49 ea. 2/9.50 selected varieties</p> | <p>Crave Frozen Entrees 300-340 g 208030101_EA 208030201_EA</p> <p>less than 2 \$6.49 ea. 2/\$11 selected varieties</p> |
| <p>Kraft Salad Dressings 425-475 mL 20536002_EA</p> <p>\$3.49 selected varieties</p> | <p>Kraft Dinner Macaroni & Cheese 200 g 20549501_EA</p> <p>\$1.99 selected varieties</p> | <p>Classico Pasta Sauce 238-600 mL 20225090003_EA 20618217_EA</p> <p>less than 2 \$5.99 ea. 2/\$10 selected varieties</p> |

From September 22, 2024 to October 31, 2024, for each participating product purchased at any Canadian retail location or e-commerce platform, Kraft Heinz will donate 1 meal to Food Banks Canada, up to a maximum of 2 million meals. Food Banks Canada calculates the donation of one meal as 1 lb. of food. PARTICIPATING PRODUCTS: Any PHILADELPHIA Cream Cheese, MAGGI, KODJIE and NABOB Coffee, KRAFT Peanut Butter and Hazelnut Spread, CLASSICO Pasta Sauce, HEINZ Tomato Ketchup, KRAFT DINNER Macaroni & Cheese, OMMA Sauce, KRAFT Dressing.

Dream Whip Dessert Topping Mix
selected varieties
170 g
20034874_EA

\$6.49

MOLTEN CHOCOLATE CAKE
FIND DELICIOUS RECIPES AT KRAFTCANADA.CA

| | | |
|--|--|---|
| <p>Jell-O Jelly Powder 9.1 selected varieties 170 g 20317293001_EA</p> <p>\$1.69</p> | <p>Jell-O Instant Pudding Mix selected varieties 30-113 g 20307001002_EA</p> <p>\$2.29</p> | |
| <p>Baker's Chocolate selected varieties 170-225 g 20316019001_EA</p> <p>\$5.99</p> | <p>Magic Baking Powder selected varieties 450 g 20124984_EA</p> <p>\$7.99</p> | <p>Shake 'n Bake Coating Mix selected varieties 142-160 g 21547214_EA</p> <p>\$4.49</p> |

Lil' Juan's is using quality ingredients and gentle slow-cooking to bring you meals that are just that - simply delicious.

| | |
|---|---|
| <p>Chicken Tinga • 400 g 21625751_EA</p> <p>\$10</p> | <p>Beef Birria • 300 g 21625544_EA</p> <p>\$10</p> |
| <p>Butter Chicken • 400 g 21625192_EA</p> <p>\$10</p> | <p>Tikka Masala • 400 g 21625191_EA</p> <p>\$10</p> |

Easy prepared meals where all you have to do is heat and serve with your favourite side dishes, like seasoned rice or buttered naan. Kali's Indian Cuisine is made with traditional herbs and spices, simple and oh so tasty!

SWISS CHALET

MUST-HAVES TO YOUR CLASSIC RECIPES!

less than 2 \$2.39 ea.
2/\$4 Swiss Chalet sauces
selected varieties
284 mL
21080161_EA

YOU COULD

WIN

AN **EXCLUSIVE EXPERIENCE**

IN CHICAGO, ILLINOIS AT THE

Includes flights, hotel, and spending money

Buy 2 BODYARMOR SuperDrink® beverages, snap a photo of your receipt and upload for a chance to win!

BUY ... UPLOAD ... WIN

SCAN TO ENTER

| | |
|--|---|
| <p>less than 2 \$2.49 ea. 2/\$4**</p> <p>BODYARMOR SuperDrink® selected varieties 473 mL 21582808_EA</p> | <p>less than 2 \$3.99 ea. 2/\$6.50**</p> <p>Canada Dry® beverages selected varieties 2 L 20311362001_EA</p> |
| <p>less than 2 \$7.99 ea. 2/\$14**</p> <p>Coca-Cola® beverages selected varieties 12x355 mL 20318694002_C12</p> | <p>\$8.99**</p> <p>NESTEA® iced tea selected varieties 12x341 mL 20130460002_C12</p> |
| <p>less than 2 \$3.99 ea. 2/\$6.50**</p> <p>Monster Energy® beverages' selected varieties 473 mL 20938249_EA</p> | |

Loblaws | Provigo | Superstore | Zehrs | Independent

* This product may not be suitable for everyone. Please read the label for instructions.
 ** NO PURCHASE NECESSARY. Starts September 16/24 (12:00:01 a.m. ET) and ends October 30/24 at (11:59:59pm ET). Open to residents of Canada (age of majority +). Entry details and full rules online at: <https://drinkbodyarmor.com/NHL>.
 1 Grand Prize available to be won (ARV \$15,000 CAD). Odds depend on number of eligible entries. Skill-testing question required.
 *Plus applicable taxes, levies, deposits and fees. Valid at participating locations from October 3, 2024 to October 9, 2024. Subject to availability while supplies last.
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oikos
GREEK YOGURT

START THE DAY WITH
A PROTEIN SNACK*



\$7⁴⁹
Oikos® - 650 g, 750 g
21305945_EA



\$12⁹⁹
Oikos® - 1.5 kg
21477261_EA



LESS THAN 3 \$4.99 EA.
3/\$12
Oikos® - 4 x 95 g, 4 x 100 g
21078985_EA
21495715004_EA

NEW
Strawberry
Cheesecake



LESS THAN 2 \$2.29 EA.
2/3⁵⁰
Oikos® - 190 ml
21588614_EA

*As part of a complete breakfast and balanced diet

ACTIVIA
active probiotics - probiotiques actifs

1 BILLION ACTIVE PROBIOTICS*



\$6⁹⁹
Activia® - 12 x 100 g
21008572_EA



\$3⁹⁹
Activia® - 825 g, 650 g
21430507_EA



\$12⁹⁹
Activia® - 2 kg
21477228_EA



LESS THAN 2 \$2.29 EA.
2/3⁵⁰
Activia® - 190 ml
21348503_EA



LESS THAN 2 \$7.49 EA.
2/\$12



Activia® - 8 x 93 ml
21028458_EA

*With more than 10⁹ CFU Bifidobacterium lactis per serving, a probiotic that contributes to healthy gut flora.

DANONE
NEW BANANA
DANONE
NEW LACTOSE FREE
\$3⁹⁹
Danino® - 6 x 53 ml
21620340_EA
20316360002_EA

DANONE
GO!
LESS THAN 3 \$1.29 EA.
3/\$3
Danone Go®
190 ml
21348029_EA

SUGAR DOWN
PROTEIN UP
NEW CHERRY
\$3⁹⁹
LESS THAN 2 \$5.99 EA.
2/\$10
Two Good® - 4 x 95 g
21478047_EA
Two Good® - 825 g
21477597_EA

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Lactose Free

NEW TROPICAL FLAVOURS

iöGO
0%, CREAMY OR LACTOSE-FREE YOGURT
16 X 100 G
SELECTED VARIETIES
21422847_EA
2000983001_EA
\$5⁹⁹

iöGO
CREAMY YOGURT
2 KG
SELECTED VARIETIES
20638092_EA
20690287_EA
\$10⁹⁹

MADE WITH REAL FRUIT

iöGO nano
DRINKABLE YOGURT, 6 X 93 ML
SELECTED VARIETIES
2009087001_EA
20020555_EA
\$4⁴⁹

ASTRO
ORIGINAL
FRUIT ON THE BOTTOM + FRUITS AS FOND
12 X 100 G
SELECTED VARIETIES
10301587001_EA
\$5⁹⁹

siggis
single ingredient skyr
10+ 13+
RASPBERRY 400g - 2kg
PLAIN 750g - 1kg
high in protein
\$7⁴⁹

siggis
single ingredient skyr
10
VANILLA
10
STRAWBERRY VANILLA
10
\$3⁹⁹

siggis
SKYR YOGURT
650 - 750 G
SELECTED VARIETIES
21548534_EA
21338802_EA

siggis
SKYR YOGURT
4 X 100 G
SELECTED VARIETIES
21090027_EA
21548925_EA

Possible lives here

Open the PC Optimum® app to discover the world of PC® products and services.

Food
Optimum
Financial
Health
Express

President's Choice

Don't leave any points behind at the pump!



Earn **10** per litre

Add your phone number to your account on the **PC Optimum™ app**. Enter your phone number on the pump keypad before entering your payment card.



Earn **10** per litre

Insert your **PC Optimum™ card** into the card reader before entering your payment card.



Earn at least **3c** per litre in points

Pay with your **PC® Mastercard** and earn points on fuel.¹



¹ Points amount shown includes the 10 points per dollar for all purchases with the President's Choice Financial® Mastercard®. In addition, earn at least 10 PC Optimum™ points per purchased litre of gasoline or diesel fuel at Esso™ stations in Canada when you pay with your President's Choice Financial® Mastercard®. You will also earn at least 10 PC Optimum™ points per litre available to all PC Optimum™ loyalty members at Esso™ stations in Canada. Earn an additional 10 points per litre of premium gasoline (Octane 89, 91, 93) at Esso™ stations. Should fuel prices fall below \$1/L, causing total points per litre awarded to fall below 30 points per litre, points will be topped up to ensure a minimum of 30 points per litre are awarded in all transactions paid with a PC Financial® Mastercard® at Esso™ locations. For full details including how points are awarded to your PC Optimum™ account and rounding rules, visit pcfinancial.ca/en/legal-stuff/pc-optimum-mastercard. PC®, PC Financial®, and President's Choice Financial® are trademarks of Loblaw Inc., used under license. Mastercard® is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. President's Choice Bank is a licensee of the marks. President's Choice Financial® Mastercard® is provided by President's Choice Bank. Esso is a trademark of Imperial Oil Limited. Imperial Oil, licensee.

MAKE YOUR GAMEDAY EPIC™

2,000 for every '20 spent on

\$2 Value

PEPSI SOFT DRINKS
SELECTED VARIETIES

OFFICIAL SOFT DRINK OF THE NATIONAL FOOTBALL LEAGUE

| | | |
|---|---|---|
| <p>LESS THAN 2 \$7.99 EA.</p> <p>2/\$14</p> <p>PEPSI SOFT DRINK selected varieties 12 x 355 mL 20322361001_C12</p> | <p>LESS THAN 2 \$3.99 EA.</p> <p>2/650</p> <p>PEPSI SOFT DRINK selected varieties 2 L 20296926002_EA</p> | <p>LESS THAN 2 \$4.99 EA.</p> <p>2/\$8</p> <p>PEPSI SOFT DRINK selected varieties 6 x 222 mL 2189960_C06</p> |
| <p>LESS THAN 2 \$7.49 EA.</p> <p>2/\$12</p> <p>PEPSI SOFT DRINK selected varieties 6 x 710 mL 20310546002_C06</p> | <p>LESS THAN 2 \$7.49 EA.</p> <p>2/\$13</p> <p>PEPSI SOFT DRINK selected varieties 8 x 355 mL 21361864_C08</p> | <p>\$1.99</p> <p>PEPSI SOFT DRINK selected varieties 1 L 20040201001_EA</p> |

Get well.
Stay well.

SAVE UP TO 20%

ADVIL, BUCKLEY'S, NEOCITRAN, VOLTARAN, TUMS, ROBAX, JACK & JILL, CALTRATE, CENTRUM, EMERGEN-C, SENSODYNE, PRONAMEL, BIOTENE, POLIDENT OR POLIGRIP PRODUCTS
SELECTED VARIETIES AND SIZES

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Budweiser ZERO
full-flavoured zero alcohol brew selected varieties 6/12x355 mL
21295370_C12
21313108_EA

GRAB SOME BUDS, IT'S PUCK DROP

©2024 P&G

15.99 Gain laundry detergent 4.55 L/42's

12.99 Gain/Downy fabric softener 2.4-3.29 L, beads 515 g, Downy/Tide Rinse 48 oz, Bounce Sheets 240's, selected varieties
21405182_EA/21489711_EA

MOTT'S CLAMATO
New Look, Same Taste.

Mott's® Clamato® Original Light and selected varieties 1.89 L
20318955002_EA/21575320_EA

\$3.99

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29.99 Tide Pods 112/85's or Tide Power Pods 63's, selected varieties
30772036211_EA
30772032299_EA

5.99 Tide/Gain Pods/Flings 12-16's, Downy/Gain fabric softener 946-1.31 L, Bounce sheets 40-80's, Beads 141 G, selected varieties
21405817_EA/21182552_EA

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Unico

PRIMO

2/\$5 less than 2 \$2.99 ea.
UNICO tomato paste 369 mL, or PRIMO pizza sauce 375 mL
20097909001_EA
20152568_EA

1.99 UNICO canned beans 540 mL, or UNICO canned tomatoes 796 mL, assorted varieties
20313447001_EA
20314629001_EA

3.99 UNICO canned olives assorted varieties 375 mL
20324873001_EA
20324873002_EA

4.49 UNICO Peppers Assorted Varieties 750 mL, UNICO balsamic or white balsamic vinegar 500 mL
20174377_EA
21075805_EA

2/\$5 less than 2 \$2.99 ea.
PRIMO pasta sauce selected varieties 680 mL, or UNICO Pasta assorted varieties 750 g
20731317003_EA
20794827_EA

17.99 GALLO Extra Virgin Olive Oil 1 L
20105368_EA/20068755_EA

TRUSTED SOFTNESS, BETTER TEAR
*vs. leading US 1-ply bargain brand

17.99 Charmin Bath Tissue, 12=48 roll, soft
21549779_EA

Cleans Better So You Can Use Less*

17.99 Charmin Bath Tissue, 12=48 roll, strong
21484810_EA

*vs. Leading USA 1-Ply Bargain Brand

MORE ABSORBENT

+50% MORE ABSORBENT*
*vs. leading ordinary brand.

17.99 Bounty Paper Towel, Select A Size, 6=12 roll
21515966_EA

THICKER AND MORE ABSORBENT*
*vs. the leading US 2-ply napkin

10.99 Bounty Napkin 400's
21053171_EA

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CELSIUS ENERGY

2/\$6 LESS THAN 2 \$3.79 EA.

CELSIUS® Energy Drink selected varieties 355 mL
21576458_EA

1,000 when you buy 2

\$1 Value

ZERO SUGAR **GLUTEN FREE** **10 CAL PER CAN**

MORE CHOCOLATE MORE INDULGENCE

MAGNUM

IS MORE

\$4.99 Magnum Bars 3 1/2" or mini 4", Selected Varieties
21576005_EA/21575849_EA

BEN & JERRY'S

SAY YES TO DESSERT!

\$4.99
Ben & Jerry's, Selected Varieties, 473 mL
21570806_EA

POPSICLE

GREAT FOR ANY TIME OF THE YEAR

\$3.99
Popsicle Novelties 12x, Selected Varieties
20090443_EA

Breyers

Breyers Classic Flavours

\$3.99
Breyers Classic, Selected Varieties 1.66 L
21575739_EA

LESS "AHEMMMS" MORE "AHHHS"
IT'S GOOD TO HAVE RICOLA AT THE READY.

2,000 when you buy 2

\$2 Value

RICOLA BAGS SELECTED VARIETIES AND SIZES