

You're at home here.



SALE
4⁴⁹
/lb

Celebrate
**CO-OP
WEEK**

9.90 kg
**Co-op Lean
Ground Beef**
Ground by Your Local Butcher
Value Pack

SALE
3⁹⁹
/ea

Strawberries
Produce of U.S.A./Imported
No. 1 Grade
1 lb (454 g)

SALE
5⁹⁹
/lb

**Co-op Boneless Skinless
Chicken Breasts**
Grain Fed, Free Run, Air Chilled
Value Pack

SALE
3⁹⁹
/ea

Romaine Hearts
Produce of U.S.A.
No. 1 Grade
Package of 3

SALE
4⁹⁹
/ea

**Co-op Centsibles Breaded
Chicken Entrées**
Frozen
600 - 800 g

SALE
2⁹⁹
/ea

Activia Yogurt
625 - 650 g, Danimo Drinkable
Yogurt 6 x 57 mL or New Good
Greek Yogurt 4 x 95 g

SALE
4⁴⁹
/ea

**Co-op Gold
Shredded Cheese**
250 - 340 g

SALE
3⁹⁹
/ea

Dr. Oetker Pizza
Ristorante or Casa di Mama
Frozen
320 - 410 g

SALE
3⁹⁹
/ea

**Dempster's
Bagels**
Selected Varieties
Package of 5 - 6

SALE
32⁹⁹
/ea

Pampers Diapers
Huge Package of 80 - 160

SALE
17⁹⁹
/ea

SALE
4⁹⁹
/ea

Hershey's Halloween
Package of 25

SALE
2⁹⁹
/ea

**Co-op Gold
Natural Spring Water**
24 x 500 mL

Co-operative Coffee
Package of 30 or 40

Find Inspiration at: food.crs

PRICING IN EFFECT OCT. 17 - 23, 2024

17 18 19 20 21 22 23
OCT NOV DEC



CO-OP WEEK

Celebrating our Co-op members

SALE
12⁹⁹
/ea

Co-op Gold Chicken Wings
Frozen
750 - 840 g



SALE
4⁹⁹
/ea

Mini Cucumbers
Greenhouse Grown
Produce of Western Canada
Package of 6



grown in
WESTERN CANADA

SALE
9⁹⁹
/ea

Co-op Gold Fully Cooked Pork Back Ribs
510 - 610 g or Entrees 675 - 680 g



SALE
5⁹⁹
/ea



Co-op Gold Natural Cheese Slices
145 - 165 g

SALE
5⁴⁹
/ea

Co-op Gold Loaf Cake
Baked In-store
Selected Varieties
454 g



SALE
4⁹⁹
/ea

Co-op Gold Fruit
Frozen
Selected Varieties
500 - 600 g



2 FOR \$4



Co-op Gold Potato Chips
180 - 200 g

SALE
6⁴⁹
/ea

Co-op Gold Granola Bars
558 - 630 g



2 FOR \$4

Co-op Gold Pasta
900 g, Co-op Gold PURE Pasta 500 g or
Contables Pasta Sauce 650 mL



♦ **Together we WIN!**



ENTER NOW
or visit co-op.crs

See details inside.

You could win:
\$10k for you
+ \$10k for your community

SALE
4⁹⁹
/ea

Grimm's Sliced Deli Meats
125 - 175 g



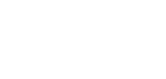
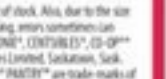
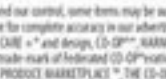
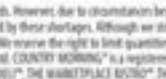
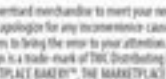
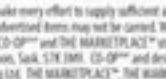
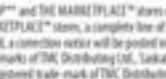
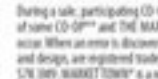
SALE
4⁹⁹
/ea

Pillsbury Pizza Pops
760 g or Bites 693 g
Frozen



SALE
\$1
/ea

Powerade
710 mL



FARM FRESH
PRODUCE

2 FOR \$11

Up Vertical Farms Salad Kits
Produce of Western Canada
Assorted Varieties
172 - 195 g

grown in **WESTERN CANADA**

this week's featured GROWER

Bahram and Shahram Rashti

UP VERTICAL FARMS

UP Vertical Farms, headquartered in Pitt Meadows, B.C., specializes in the year-round cultivation of premium leafy greens and salad kits using innovative indoor farming techniques – standing at the forefront of sustainable agriculture. With a focus on local production, they offer a diverse range of fresh, flavourful greens that are meticulously grown in a controlled environment, ensuring optimal taste with a small ecological footprint.

SALE
2⁴⁹
/lb

5.49/kg

Mandarins
Imported

Large SIZE

SALE
1⁹⁹
/lb

4.39/kg

Beefsteak Tomatoes
Greenhouse Grown
Produce of Western Canada
Canada No. 1

AB

SALE
7⁹⁹
/ea

Bicolour Grapes
Produce of U.S.A.
No. 1 Grade
2 lb (907 g)

Sweet of Farm

2 FOR \$3

Avocados
Hass Variety
Imported

SALE
1⁹⁹
/lb

4.39/kg

Red or Gold Delicious Apples
Produce of Western Canada
Canada Fancy

BC

SALE
2⁴⁹
/lb

5.49/kg

Bartlett Pears
Produce of Washington
No. 1 Grade

SALE
3⁹⁹
/ea

Cantaloupe
Produce of U.S.A.
No. 1 Grade

Extra LARGE

SALE
5⁹⁹
/ea

Honeydew Melon
Produce of U.S.A.

Large SIZE

SALE
2⁹⁹
/ea

Yellow Onions
Produce of Western Canada
3 lb (1.36 kg)

grown in **WESTERN CANADA**

SALE
1⁹⁹
/lb

4.39/kg

Zucchini Squash
Green Variety
Imported

SALE
5⁹⁹
/ea

Organic Gala or Ambrosia Apples
Produce of Western Canada
Canada Fancy
3 lb (1.36 kg)

3 lbs

ORGANIC

2 FOR \$6

Organic Mini Peeled Carrots
Produce of U.S.A.
No. 1 Grade
1 lb (454 g)

ORGANIC

SALE
3⁴⁹
/ea

Organic Celery Stalk
Produce of U.S.A.
No. 1 Grade

ORGANIC

Together we **WIN!**

Spend \$50 or more and upload a photo of your receipt for your chance to WIN!*

You could win:

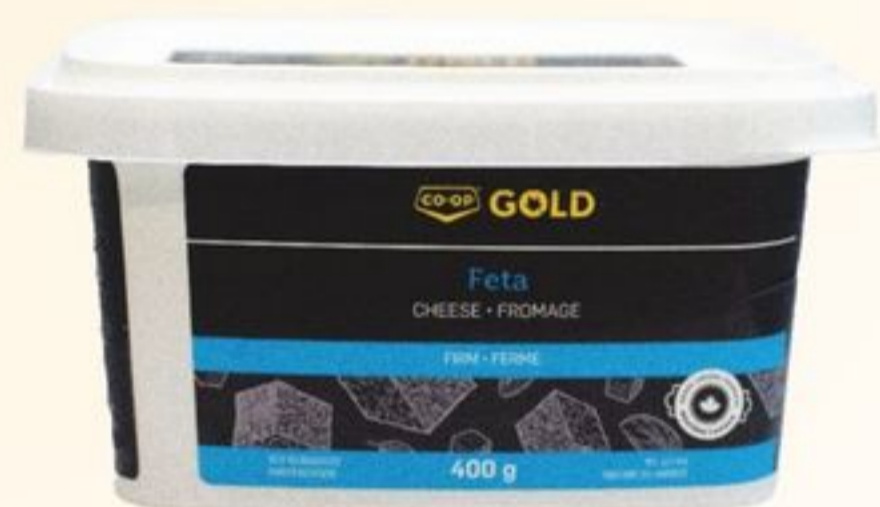
\$10k for you

+ \$10k for your community

SHOP THE PRODUCTS

Want MORE chances to **WIN? Choose MORE. Get MORE.**

Earn extra entries with the purchase of participating products and more!*



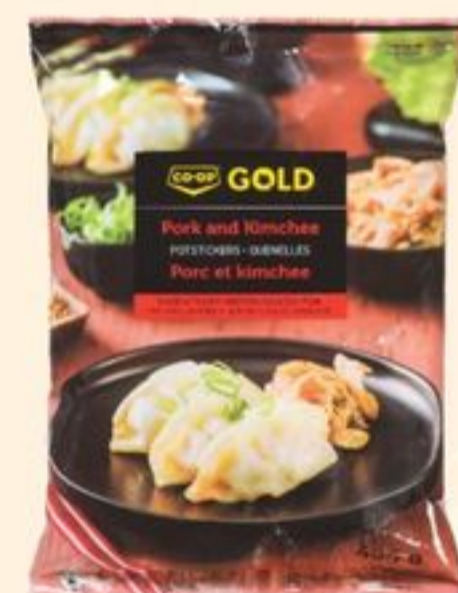
CO-OP GOLD FETA
400 g



CO-OP GOLD PURE SOAP
100 g



CO-OP CENTSIBLES WIENERS
1 kg



CO-OP GOLD POTSTICKERS
Frozen, 454 g



CO-OP GOLD SALAMI
Selected Varieties, 125 g



CO-OP GOLD THICK SLICED SIDE BACON
1 kg



BOUNTY PAPER TOWELS 6=12 rolls or
Charmin Bathroom Tissue 12=48 rolls



CREST TOOTHPASTE 120 - 130 mL, or Oral-B
Glide Floss 35 - 40 m, Complete Floss 50 m or
Toothbrush Package of 1 - 2



PANTENE HAIR CARE 140 - 530 mL or 397 g or
Miracle Mask 190 mL or Hairspray 397 g or Herbal
Essences Shampoo or Conditioner 400 mL

*Earn one entry with upload of minimum \$50 qualifying receipt. Maximum 1 entry per product. Maximum 5 extra entries per receipt. See Official Rules at TogetherWeWin.crs.

BUTCHER SHOP

SALE
7⁹⁹
/lb

17.61/kg

Co-op Boneless Beef Eye of Round Oven Roast
Cut by Your Local Butcher
Aged 14 Days

raised in WESTERN CANADA

When you stop at the meat counter at your local Co-op, you can expect a level of expertise second-to-none. Our in-store butchers are happy to assist you in selecting the right type of meat for your needs and can even offer custom cuts.

SALE
13⁹⁹
/lb

30.84/kg

Co-op Beef T-bone Grilling Steaks
Cut by Your Local Butcher
Aged 14 Days
Value Pack

SALE
4⁴⁹
/lb

9.90/kg

Co-op Bone-in Pork Loin Grilling Centre Cut Chops
Cut by Your Local Butcher
Value Pack

SALE
3⁴⁹
/lb

7.69/kg

Co-op Whole Frying Chickens
Grain Fed, Free Run, Air Chilled
Value Pack

SALE
5⁹⁹
/lb

13.27/kg

Co-op Split Chicken Wings
Grain Fed, Free Run, Air Chilled
Value Pack

SALE
6⁹⁹
/lb

15.41/kg

Co-op Boneless Skinless Chicken Thighs
Grain Fed, Free Run, Air Chilled
Value Pack

SALE
3⁹⁹
/lb

8.80/kg

Co-op Pork Belly or Button Bones
Rind On or Rind Off
Random Cryovac Wrapped

SALE
6⁹⁹
/lb

15.41/kg

Co-op Oven Ready Meatloaf, Meatball or Salisbury Steak
Made In-store

SALE
4⁴⁹
/ea

375 g

Lilydale Turkey or Chicken Sausage
Selected Varieties

FISH SHOP

SALE
11⁹⁹
/lb

26.43/kg

Wild Caught Canadian Snow Crab Clusters

SALE
3⁹⁹
/100 g

Fresh Wild Caught Walleye Fillets
Product of Saskatchewan or Manitoba

sourced in WESTERN CANADA

ALSO AVAILABLE AT FULL SERVICE MEAT COUNTERS

SALE
17⁹⁹
/ea

400 g

Co-op Gold PURE Steelhead Trout Fillets

SALE
9⁹⁹
/ea

340 g

Co-op Gold Shrimp

SALE
12⁹⁹
/ea

907 g

Co-op Gold Shrimp Boil Meal Kit

NEW
AT CO-OP

Check out the many
new products we have
in-store at your local
Co-op.

2 FOR
\$6

**The Laughing Cow
Snack Cheese Portions**
113 - 128 g



Tantalize your taste buds with our unique triangle snack that perfectly combines the acidity of pickles and the fresh flavour of dill.

SALE
4⁴⁹
/ea

**Co-op Gold
Bread or Roll Mix**
1.36 kg



Ideal for beginners and experts alike! Yeast packets included - just add water! Makes 4 loaves or up to 36 rolls.

PREPARED FOODS

SALE
5⁹⁹
/ea

Snack Boxes
Made in-store

SALE
1⁹⁹
/100 g

Salt & Pepper Dry Pork Ribs
Prepared in-store

SALE
1⁹⁹
/100 g

Mediterranean Caesar Potato Salad
or Madras Curry Couscous Salad

FRESH FROM OUR DELI

SALE
2⁹⁹
/100 g

Co-op Gold Homestyle Roasted Deli Ham
Black Forest, Rosemary, Italian
Fresh Sliced in-store
No Added Nitrates

SALE
6⁹⁹
/ea

Co-op Gold Soup
650 mL

SALE
5⁹⁹
/ea

Co-op Gold Feta
200 g

SALE
8⁴⁹
/ea

Co-op Gold Cheese Wedges
190 g

SALE
8⁹⁹
/ea

Co-op Gold Charcuterie Trio Packs
200 g

SALE
5⁹⁹
/ea

Co-op Gold Shredded Cheese
125 g

PACKAGED MEATS

SALE
10⁹⁹
/ea

Co-op Gold Fully Cooked Meatballs
Frozen
680 - 895 g

SALE
5⁴⁹
/ea

Co-op Gold Potstickers
Frozen
454 g

SALE
8⁴⁹
/ea

Co-op Gold Appetizers
Breaded Cheese Sticks, Pickle Bites, Mini Corn Dogs or Stuffed Jalapeno Peppers
400 - 500 g

SALE
6⁹⁹
/ea

Maple Leaf Sliced Side Bacon
375 g or Ready Crisp Bacon Slices or Pieces 65 - 85 g

SALE
7⁹⁹
/ea

Co-op Gold Sausage Stick
400 - 500 g or Harvest Garlic Sausage 500 g

SALE
12⁹⁹
/ea

Mitchell's Thick Sliced Side Bacon
1 kg

SALE
7⁹⁹
/ea

Grimm's Pepperoni Sticks
375 - 450 g

SALE
10⁹⁹
/ea

Schneiders Schnitzel
450 g or Maple Leaf Fully Cooked Pork Tenderloin 400 g or Rotisserie Chicken Legs 600 g

SALE
14⁹⁹
/ea

Montana's Angus Beef Burgers
906 g or POGO Pogo Corn Dogs Package of 20 Frozen

TAKE A SHOT ON GREAT TASTE

Best **Coke** Ever?



© Coca-Cola Ltd., used under license.

**2 FOR
\$15**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

Coca Cola or Canada Dry Products

Selected Varieties
12 x 355 mL, Nestea or Peace Tea 12 x 341 mL



**2 FOR
\$9**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

Coca-Cola or Canada Dry Products

Selected Varieties
6 x 710 mL or 6 x 222 mL



**SALE
9⁹⁹
/ea**

PLUS DEPOSIT & ENVIRONMENTAL LEVIES WHERE APPLICABLE

Monster or Reign Energy Drinks

4 x 473 mL



FRESH FROM OUR BAKERY

SALE 8⁹⁹ /ea Cinnaroll Cinnamon Rolls 630 g 	SALE 12⁹⁹ /ea Co-op Gold Cheesecake Selected Varieties 500 g 	SALE 6⁹⁹ /ea Co-op Gold Specialty Donuts Made in-store Package of 5 	
2 FOR \$6 Kaiser Rolls Baked in-store White or Whole Wheat Package of 6 	SALE 2⁹⁹ /ea Alpine Grain Bread Baked in-store 450 g 	Decorative, decadent and delicious donuts have arrived. We have sweet and savoury options such as Maple Bacon, Everything, Caramel Drop, Strawberry Milkshake or Cookies & Cream. Available in variety pack to delight family and friends. Take home a box of fresh donuts today!	
SALE 3⁹⁹ /ea Co-op Gold Rosemary Focaccia Bread Baked in-store 400 g 	SALE 4⁹⁹ /ea Vadiya Naan Bites Plain or Garlic 500 g 	SALE 3⁴⁹ /ea Dempster's Tortillas Package of 10 or Tia Rosa Tortillas Package of 8-10 	SALE 2⁹⁹ /ea Co-op Centsibles English Muffins Selected Varieties Package of 6 

FLORAL

SALE 19⁹⁹ /ea Blooming Daydream Bouquet 	SALE 10⁹⁹ /ea Rainbow Carnations 	SALE 12⁹⁹ /ea Rose Astro Bouquet 
	SALE 13⁹⁹ /ea Tropical Plant 6-inch Pot Grown in Western Canada 	SALE 4⁹⁹ /ea Tropical Plant 4-inch Pot Grown in Western Canada 

FROM THE FREEZER

SALE 7²⁹ /ea Dr. Oetker Pizza Giuseppe Thin or Rising Crust Frozen 439 - 785 g 	2 FOR 5⁵⁰ Co-op Gold Vegetables Frozen 750 g 		
SALE 7⁹⁹ /ea Co-op Gold Ice Cream Frozen 4L 	SALE 7⁹⁹ /ea Basilli's Best Lasagna or Shepherd's Pie Frozen 907 g 	SALE 6⁹⁹ /ea Janes Fish Frozen Selected Varieties 450 - 510 g 	SALE 9⁹⁹ /ea P.F. Chang's or Bertolli Meals Frozen Selected Varieties 624 g 
Freybe CELEBRATING 180 YEARS OF CONNECTING PEOPLE THROUGH THE LOVE OF GREAT FOOD freybe.com 2 FOR \$6 Freybe 1844 Snack Salami 56 g 	SALE 4⁹⁹ /ea Freybe Snackers 125 g 	2 FOR 9⁹⁸ Freybe Sliced Meats 175 g 	

Here because of our community.

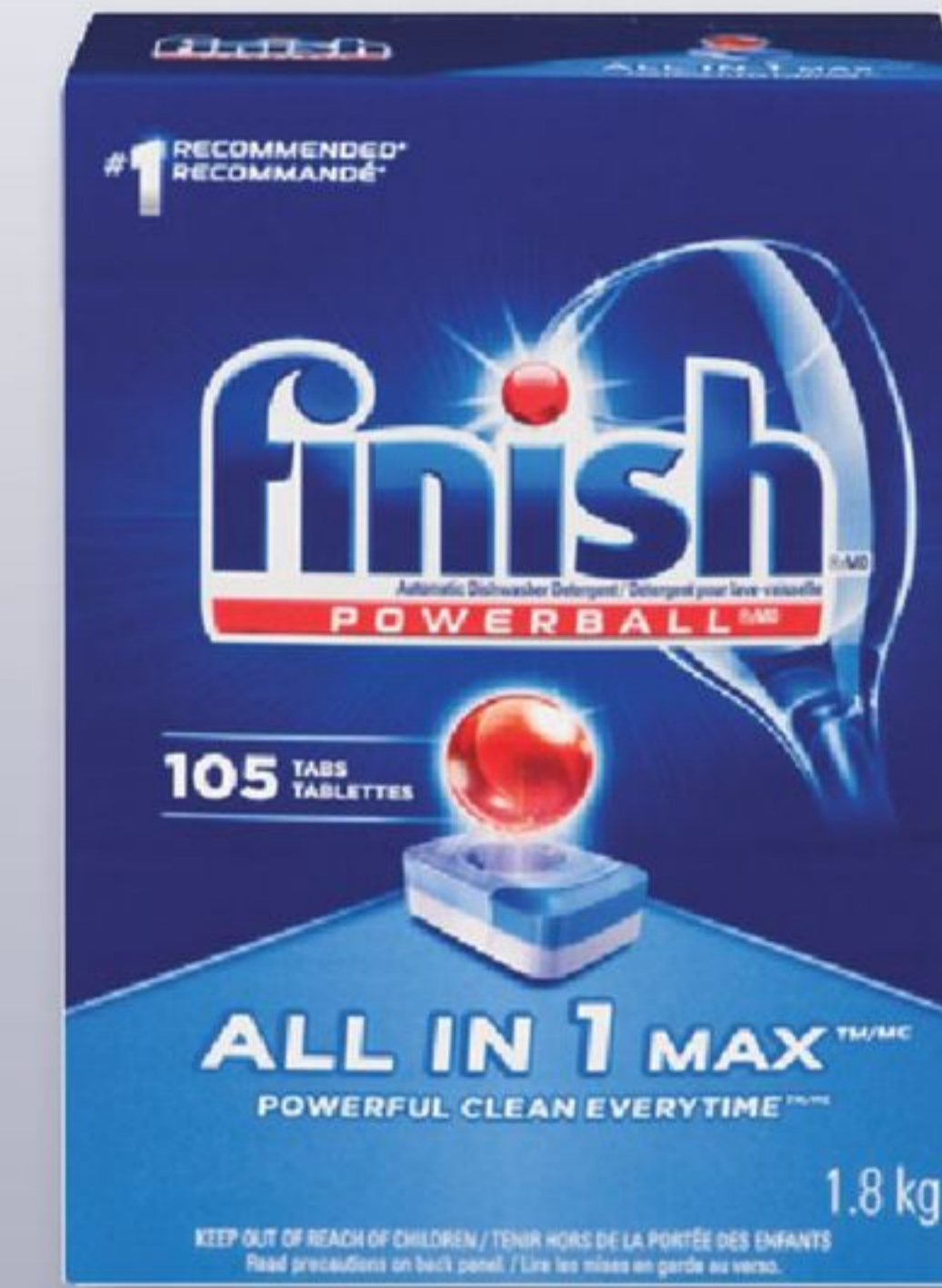
What it takes to
protect



SALE
21⁹⁹
/ea

Finish Dishwasher Detergent

Selected Varieties
Package of 60 - 105



SALE
5⁹⁹
/ea

Lysol
Toilet Bowl
Cleaner
710 mL



SALE
11⁹⁹
/ea

Woolite
Laundry
Detergent
1.8 L



FRESH DAIRY

<p>SALE 6⁴⁹ /ea</p> <p>Cracker Barrel Cheese 400 g or Shreds 250 - 320 g</p> 	<p>SALE 5⁴⁹ /ea</p> <p>Kraft Singles or Velveeta 410 g or Cheez Whiz 450 g</p> 	<p>3 FOR 10⁹⁸</p> <p>Co-op Gold Orange or Pink Grapefruit Juice or Co-op Gold PURE Organic Lemonade 1.54L</p> 
<p>SALE 3⁹⁹ /ea</p> <p>Becel Margarine 427 - 454 g or Imperial Soft 637 g Selected Varieties</p> 	<p>SALE 9⁹⁹ /ea</p> <p>Oikos Greek Yogurt Package of 12 x 100 g</p> 	

<p>siggi's Icelandic yogurt always more protein and less sugar*</p> 	<p>SALE 5⁹⁹ /ea</p> <p>lögo Multipack Yogurt 16 x 100 g or Siggi's Skyr Yogurt 650 - 750 g</p> 	<p>SALE 10⁹⁹ /ea</p> <p>Olympic Yogurt Keema, Organic or Greek 1.75 kg</p> 	<p>SALE 5⁹⁹ /ea</p> <p>Black Diamond Cheestrings 252 - 336 g or Natural Cheese Sticks 252 g</p> 
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<p>LEVEL UP YOUR SNACK</p> 	<p>2 FOR \$6</p> <p>YoCrunch</p>	<p>2 FOR \$9</p> <p>ACTIVIA</p>	<p>SALE 4⁹⁹ /ea</p> <p>ACTIVIA</p>
<p>International Delight Coffee Creamer 473 mL, Silk Shelf-Stable Beverages 946 mL or YoCrunch Package of 2 x 143 g</p>	<p>ACTIVIA 8 x 100 g, Two Good Yogurt 625 g or Silk Banana 946 mL</p>	<p>ACTIVIA 8 x 93 mL</p>	<p>ACTIVIA</p>

FOR YOUR PANTRY

<p>2 FOR 9⁹⁸</p> <p>Heinz Ketchup 750 mL - 1 L or Kraft Miracle Whip or Mayo 890 mL</p> 	<p>SALE 9⁹⁹ /ea</p> <p>Co-op Gold PURE Honey Liquid or Cream 1 kg</p> 	<p>2 FOR 10⁹⁸</p> <p>Co-op Gold PURE Fruit Spread 340 - 360 mL</p> 	<p>SALE 8⁹⁹ /ea</p> <p>Co-op Gold Peanut Butter 2 kg</p> 
<p>SALE 21⁹⁹ /ea</p> <p>Starbucks Coffee 793 - 907 g or Package of 24</p> 	<p>2 FOR 7⁹⁸</p> <p>Frank's Red Hot or Thick Sauce 354 mL</p> 	<p>2 FOR 7⁹⁸</p> <p>Del Monte Fruit 540 mL or Caps Package of 4</p> 	<p>2 FOR 5⁴⁸</p> <p>Del Monte Fruit 398 mL</p> 
<p>SALE 11⁹⁹ /ea</p> <p>Co-op Gold Chocolate Chips 775 g or 1 kg</p> 	<p>SALE 6⁶⁹ /ea</p> <p>Enjoy Life Baking Chips 283 g or Sugar Twin Package of 200</p> 	<p>3 FOR 6⁹⁹</p> <p>Co-op Gold Flaked Meat 156 g</p> 	<p>SALE 10⁴⁹ /ea</p> <p>Swift Premium Canned Ham 680 g</p> 

<p>CATELLI ALL-NATURAL. ALL-DELICIOUS.</p> 	<p>2 FOR \$9</p> <p>Catelli Pasta 700 - 900 g</p> 	<p>SALE 3⁹⁹ /ea</p> <p>Catelli Pasta Gluten Free 340 g, SuperGreens 300 g or No Yolks Noodles 340 g</p> 	<p>2 FOR \$6</p> <p>Catelli Smart or Whole Grain Pasta Selected Varieties 340 - 375 g</p> 
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DRINKS & SNACKS

SALE
4⁷⁹
/ea

Christie Premium Plus Crackers
450 - 481 g

SALE
5⁹⁹
/ea

Dare Wagon Wheels
630 g or Bear Paws 336 - 480 g

SALE
3⁹⁹
/ea

Old Dutch Restaurante Tortilla Chips
230 - 295 g or Arriba 235 - 245 g

2 FOR \$9

Smartfood Popcorn
150 - 220 g or Munchies Snack Mix 250 g

3 FOR \$6⁴⁸

Co-op Gold Juice
Selected Varieties
5 x 200 mL

2 FOR \$8

Co-op Gold Cranberry Cocktail or 100% Juice Blends
1.89 L

SALE
13⁹⁹
/ea

Nestlé Assorted Chocolate Bars
Package of 100 or Spooky Bars Package of 90

MAKE YOUR HALLOWEEN COME ALIVE!

SALE
6⁴⁹
/ea

Maynards Fun Treats
Package of 24

SALE
17⁹⁹
/ea

Cadbury Halloween Treats
Package of 90

SALE
8⁹⁹
/ea

Cadbury Fun Treats
Package of 45

FOR YOUR PANTRY

4 FOR \$5

Old El Paso Seasoning Mix
24 g

2 FOR \$13

Co-op Centsibles Long Grain Rice
2.27 kg or Pomace Oil 500 mL

2 FOR \$8

Garofalo Pasta
500 g, Co-op Gold PURE Pasta Sauce 425 mL or Martelli Gnocchi 500 g or 1 kg

SALE
8⁹⁹
/ea

Co-op Gold Mediterranean Oil Blend
1 L

FOR YOUR HOME & PETS

SALE
26⁴⁹
/ea

Purina One Smartblend Dog Food
6.8 - 7 kg

MORE EXCLUSIVE PET SAVINGS ONLINE

SALE
6⁹⁹
/ea

Co-op Centsibles Cat Litter
10 kg

SALE
28⁹⁹
/ea

Co-op Gold Dog Food
15 kg or Co-op Gold PURE Cat Food 6 kg

SALE
10⁹⁹
/ea

Fancy Feast Variety Pack
12 x 85 g

SALE
6⁹⁹
/ea

Co-op Gold Bathroom Tissue
Package of 6 Triple Rolls, Facial Tissue Package of 6 or Paper Towels Package of 6 Rolls

SALE
10⁹⁹
/ea

Bounce, Gain or Downy Laundry Products
Selected Varieties & Sizes

SALE
10⁹⁹
/ea

Tide Liquid Laundry Detergent
44 - 48 Wash Loads, Pods Package of 23 - 31 or Ivory Snow Newborn 32 Wash Loads

SALE
7⁴⁹
/ea

Co-op Gold Garbage Bags
Package of 40

You make all the difference.

Helping you SAVE more!

BRING THE Taste of Italy TO YOUR TABLE

3 FOR \$9.99 **CLASSICO** Pasta Sauce
410-650 mL, Pesto 218 mL or Shake 'n Bake 142-184 g

2 FOR \$9 **Kraft Deluxe Pasta & Sauce**
350-400 g, Classico Pizza Sauce 410 mL or Cracker Barrel Oven Baked Dinners 349 g

SALE \$10.99 /ea **Heinz Ketchup**
2 x 1.25 L

SALE \$8.49 /ea **Kraft Miracle Whip or Mayo**
1.5 L

2 FOR \$9.98 **Kraft Miracle Whip or Mayo**
650 mL, Sandwich Spread 475 mL or J.L. Kraft Pure Dressing 355 mL

2 FOR \$9.98 **Philadelphia Cream Cheese**
Selected Varieties 227-250 g

3 FOR \$9.99 **Gold Seal Pink Salmon**
213 g

SALE \$4 /ea **Gold Seal Sockeye Salmon**
213 g

3 FOR \$9.99 **Gold Seal Fried Rice or Fiesta Salmon Bowl**
160 g

2 FOR \$5 **Gold Seal Flavoured Salmon**
80 g

3 FOR \$9.99 **Ocean's White Albacore Tuna**
120 g

SALE \$1.79 /ea **Ocean's Light Tuna**
Flaked or Chunked 120 g

DISCOVER TIMELESS FAVOURITES THAT MAKE A DIFFERENCE

SHARE THE GOODNESS

HERSHEY'S

5 FOR \$5 **Hershey's Chocolate Bars or Snacks**
34-58 g, Jolly Rancher Mists 60 g or Twizzlers 75-90 g

3 FOR \$7.98 **Hershey's Chocolate Bars**
90-136 g, Jolly Ranchers 182-198 g or Twizzlers 175-182 g Selected Varieties

2 FOR \$9.98 **Hershey's or Brookside Chocolate Snacks**
160-290 g or Twizzlers Press & 190 g

2 FOR \$8 **Hershey's Chipits**
200-270 g

2 FOR \$9.98 **Hershey's Multipack Bars**
Package of 4

2 FOR \$8 **Twizzlers Party Pack Licorice or Nibs**
311-454 g Selected Varieties

SALE \$1.49 /ea **Hi-Chew**
58 g

SALE \$18.99 /ea **Mars Variety Mix**
Package of 95

SALE \$11.99 /ea **Nature Valley Club Pack**
728 g - 1.28 kg, Fiber 1 Chewy Bars 840 g, Mott's Fruitsations 907 g or Fruit By The Foot 634 g

SALE \$9.99 /ea **Frito Lays Variety Packs**
448 g

SALE \$7.99 /ea **Welch's Fruit Snacks**
616 g

SALE \$8.99 /ea **GoGo Squeez Pure Blended Fruit**
12 x 90 g

HALLOWEEN TRICK OR TREAT

Together we
WIN!

ENTER NOW
or visit co-op.crs

Want MORE chances to WIN?
Choose MORE, get MORE!
Get extra entries for the purchase
of participating products!

You could win:
\$10k for you
+ \$10k
for your
community

It's easy to enter:

1. Spend a minimum of \$50 at your local Co-op Food Store, Gas Bar or Home Centre*
2. Take a photo of your receipt and upload online
3. Earn entries with every valid receipt uploaded

PARTICIPATING PRODUCTS!

Earn 1 EXTRA entry with the purchase of these products and more.*

<p>SALE 2 ⁹⁹/_{ea}</p> <p>Yoplait Source Yogurt 630 g or Tubes 8 x 56 g</p> 	<p>SALE 7 ⁹⁹/_{ea}</p> <p>Cavendish Restaurant Style Wedges, Hash Browns or Onion Rings Frozen 1 - 1.8 kg</p> 
<p>SALE 4 ⁹⁹/_{ea}</p> <p>Club House Seasonings 120 - 181 g, Popcorn Seasoning 130 - 160 g or Frank's RedHot Seasoning 132 g</p> 	<p>2 FOR \$9</p> <p>Hostess Hickory Sticks 275 g</p> 
<p>2 FOR \$7</p> <p>Mott's Clamato 1.89 L</p> 	<p>2 FOR \$7</p> <p>Dutch Crunch Potato Chips 200 g</p> 

*Earn one entry with a total of minimum \$50 qualifying receipt. Maximum 1 entry per product. Maximum 5 extra entries per receipt. No purchase necessary. Terms and conditions apply. See Official Rules at topwinners.coop.crs for all details.

		<p>2 FOR \$6</p> <p>Cheez-It Crackers 191 - 200 g</p> 	<p>2 FOR \$6</p> <p>Pringles Potato Chips 148 - 156 g</p> 
<p>2 FOR \$7</p> <p>Kellogg's Snack Bars Selected Varieties 125 - 384 g</p> 	<p>SALE 8 ⁹⁹/_{ea}</p> <p>Kellogg's Snacks Selected Varieties 500 g - 1.15 kg</p> 	<p>SALE 5 ⁹⁹/_{ea}</p> <p>Kellogg's Pop-Tarts Bites 400 g</p> 	<p>2 FOR \$8</p> <p>Kellogg's Eggo Waffles or Pancakes Frozen 270 - 280 g</p> 

<p>SALE 9 ⁹⁹/_{ea}</p> <p>Robin Hood Flour 5 kg or Organic 2 kg</p> 	<p>2 FOR \$8</p> <p>Robin Hood Oats 1 kg</p> 	<p>Bake with CANADA'S #1 Baking Brands</p>  <p>FOR DELICIOUS FALL RECIPES VISIT ROBINHOOD.CA</p>	
<p>2 FOR \$8</p> <p>Eagle Brand Sweetened Condensed Milk 300 mL</p> 	<p>3 FOR \$6 ⁹⁹/_{ea}</p> <p>Carnation Evaporated Milk 354 mL</p> 	<p>SALE 27 ⁹⁹/_{ea}</p> <p>Folgers Coffee Package of 48</p> 	<p>SALE 5 ⁴⁹/_{ea}</p> <p>Smucker's Jam or Fruit Spread 250 - 500 mL, If Peanut Butter 375 - 500 g or Adams Peanut Butter 500 g</p> 

Here because of our community.



SALE
14⁹⁹
/ea

Co-op Centsibles Cat Food
8 kg



SALE
31⁹⁹
/ea

Alpo Cookout Classics Dog Food
16 kg



SALE
22⁹⁹
/ea

Pedigree Vitality+ Dog Food
8 kg



2 FOR
\$10

Milk-Bone Dog Treats
283 - 500 g or Farmer's Medley 280 - 340 g Selected Varieties




PRICING IN EFFECT OCTOBER 17 - NOVEMBER 06, 2024



DOGS

SALE
49⁹⁹
/ea

Co-op Gold PURE
Dog Food
Selected Varieties
11.5 kg



SALE
15⁹⁹
/ea

Co-op Gold
Dog Food
6 kg



SALE
12⁹⁹
/ea

Co-op Gold PURE
Dog Treat
300 - 425 g or
Purina Beggin' Strips 850 g



SALE
7⁹⁹
/ea

The Butcher's
Companion
Dog Treats
250 g or
Caledon Farms 90 - 220 g



SALE
8⁹⁹
/ea

Co-op Gold Super
Beef Chew
Dog Treat
Package of 1



SALE
6⁴⁹
/ea

Caledon Farms
Dog Food Topper
120 g



CATS

SALE
11⁹⁹
/ea

Purina One
Cat Food
1.45 - 1.8 kg



SALE
11⁹⁹
/ea

Co-op Gold
Cat Litter
18 kg



5 FOR
9⁹⁵

Co-op Gold
Wet Cat Food
400 g



SALE
10⁹⁹
/ea

Delectables
Squeeze Up
Cat Treats
Package of 20



SALE
4⁴⁹
/ea

Caledon Farms
NutriNibs Cat Treats
30 g



SALE
5⁹⁹
/ea

Greenies Feline
Dental Treats
130 g





FOR YOUR
PETS

<p>© 2024 Mars or Affiliates.</p>		<p>3 FOR \$9</p> <p>Temptations Cat Treats 180 g</p>	<p>SALE \$18.99 /ea</p> <p>Cesar Variety Pack Package of 12</p>
<p>3 FOR \$9.99</p> <p>Pedigree Dog Food 630 g</p>	<p>3 FOR \$3.99</p> <p>Whiskas Cat Food Selected Varieties 75 - 100 g</p>	<p>SALE \$10.99 /ea</p> <p>Pedigree Dentastix Package of 25 - 35</p>	<p>SALE \$17.99 /ea</p> <p>Whiskas Cat Food 4 kg</p>

<p>12 FOR \$12</p> <p>Friskies Cat Food 156 g</p>	<p>SALE \$8.49 /ea</p> <p>Beneful Dog Food 1.6 - 1.8 kg</p>	<p>PURINA YOUR P.W. Our Passion®</p>	
<p>SALE \$25.99 /ea</p> <p>Beneful Dog Food 7 kg</p>	<p>SALE \$8.99 /ea</p> <p>Purina Dentalife 587 g</p>	<p>12 FOR \$12</p> <p>Fancy Feast 85 g</p>	<p>SALE \$22.99 /ea</p> <p>Friskies Cat Food 7.26 - 7.3 kg</p>

<p>BRING HOME the Paw-fect gift!</p> <p>Milk-Bone Dog Treats Milk-Bone Large Biscuits 2 kg or Comfort Chews 210 - 312 g</p>	<p>SALE \$7.99 /ea</p> <p>Snausages Dog Treats 196 g or Jerky Treats 170 g</p>	<p>2 FOR \$5</p> <p>Meow Mix Original 1.42 kg</p>
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<p>SALE \$6.99 /ea</p> <p>Nice Paws Dog Shape Silicone Lick Mat</p>	<p>SALE \$12.99 /ea</p> <p>Nice Paws 3-in-1 Slide and Treat Game</p>	<p>SALE \$7.99 /ea</p> <p>Nice Paws Slow Feeder Bowl</p>	<p>SALE \$8.99 /ea</p> <p>Nice Paws Potty Time Training Bell</p>

SALE
25⁹⁹ / ea

Co-op Centsibles Dog Food
16 kg



SALE
11⁹⁹ / ea

Rollover Dog Food
2 kg



AB

SALE
28⁹⁹ / ea

Co-op Gold PURE Dog Food
Selected Varieties
7 kg



SALE
39⁹⁹ / ea

Co-op Gold PURE Dog Food
Selected Varieties
11.4-11.5 kg



SALE
2⁴⁹ / ea

Co-op Gold Wet Dog Food
700 g



SALE
7⁹⁹ / ea

Co-op Gold PURE Dog Treats
150-200 g



SALE
18⁹⁹ / ea

Co-op Gold Cat Food
8 kg



SALE
17⁹⁹ / ea

Co-op Gold PURE Cat Food
4 kg



SALE
7⁹⁹ / ea

Co-op Gold Cat Litter
10 kg



BC

OUR BRANDS






CO-OP GOLD PURE
Dog Treats



WESTERN CANADIAN MADE
FAIT DANS L'OUEST CANADIEN

NO ARTIFICIAL COLOURS, FLAVOURS, OR PRESERVATIVES. NO FILLERS ADDED.
SANS COLORANTS OU AROMES ARTIFICIELS NI AGENTS DE CONSERVATION. SANS AGENTS DE REMPLISSAGE AJOUTÉS.

FORMULATED WITHOUT CORN, WHEAT OR SOY.
FORMULE SANS MAÏS, BLÉ OU SOJA

