



Simple Goodness.

Weekly SPECIALS



Local

SUPER Saver

FRESH BC BONELESS SKINLESS CHICKEN BREASTS family pack 14.31/kg

Save **41% OFF** REGULAR PRICE

6.49 lb

Super HOT SAVINGS



PERFECT FOR HALLOWEEN MUMMY DOGS
See in-store or online for recipe.

SUPER Saver

SCHNEIDERS JUICY JUMBOS original 450g

Save **58% OFF** REGULAR PRICE

3.99 ea



SUPER Saver

FRESH WHOLE PORK TENDERLOIN family pack 9.90/kg

Save **53% OFF** REGULAR PRICE

4.49 lb



Locally GROWN

BC FRESH AMBROSIA APPLES 4.39/kg

SUPER Saver

1.99 lb



SUPER Saver

MEXICO FRESH HASS AVOCADOS

4.99 4 pk



Local

HOLY NAPOLI AUTHENTIC NEAPOLITAN PIZZAS 365g - 425g

SUPER Saver

7.99 ea



MEZZETTA FAMILY CO. PASTA SAUCE 709 mL

SUPER Saver

4.99 ea



NON GMO Project VERIFIED

KETTLE BRAND POTATO CHIPS 156g - 198g · gluten free

SUPER Saver

2/\$7

FRIDAY, OCTOBER 25 - THURSDAY, OCTOBER 31

GROUND BEEF GUARANTEE

if we are selling it today, it's ground **FRESH** today



Local
Fresh Boneless Sirloin Pork Roast or Chops family pack 8.80/kg **3.99** lb



Local
Fresh BC Chicken Drumsticks family pack 6.59/kg **2.99** lb



Local
GRIMM'S Sizzlin' Smokies or Wieners 450g **6.99** ea



Local
DUSO'S Fresh Pasta 250g - 300g • selected or Fresh Pasta Sauce 150 mL - 300 mL **5.49** ea



Local
CUT FROM WESTERN CANADIAN Fresh AAA Certified Angus Beef® Marinated Maui Ribs bone-in 30.84/kg aged minimum 21 days **13.99** lb



Local
JOHNSONVILLE Pure Pork Sausages 375g gluten free **5.99** ea

FRESH LEAN GROUND BEEF **6.49** lb
family pack 14.31/kg



MAPLE LEAF PRIME Seasoned Stuffed Chicken Cutlettes 568g **11.69** ea



MAPLE LEAF Natural Bacon original or lazy maple 375g **7.49** ea



OCEAN WISE Fresh Steelhead Trout Fillets **3.79** /100g



Fresh Rockfish Fillets **1.79** /100g



Cooked Turkey Breast fat free **3.49** /100g



MAPLE LEAF NATURAL SELECTIONS Sliced Meats 175g **6.99** ea



MRS. FRIDAY'S Crab Cakes frozen **2.25** per cake



Hand-Peeled Chilean Shrimp previously frozen or frozen **3.99** /100g



DANONE ACTIVIA ACTIVE PROBIOTICS YOGURT 100g **4.99** 8 pk



IMPERIAL Soft Margarine 637g **5.99** ea



KRAFT 100% Parmesan aged grated or shaved cheese 141g **5.99** ea



MILK2GO SPORT Milk Protein Shake 325 mL plus deposit & recycle fee **2.39** ea



KRAFT Singles Original Cheddar 14's, 22's or 26's **5.99** ea



DAIRYLAND Old Fashioned Chocolate Milk 946 mL plus deposit & recycle fee **3.39** ea



ARMSTRONG Swirls Cheese Snacks 12's **6.99** ea



CHAPMAN'S Yukon or Li'l Lolly Frozen Novelties 5's - 28's **5.99** ea



CHAPMAN'S No Sugar Added or Super Frozen Novelties or lil sammich 4's - 20's **6.59** ea



Local
ARMSTRONG NATURAL CHEESE 600g **8.99** ea

SPOOKY Savings

HAPPY HALLOWEEN • THURS, OCT 31



HERSHEY'S
Snack Size
Candies 50's **11.99** ea



HERSHEY'S
Snack Size
Candies
100's **17.99** ea



MARS
Fun Size
Candies 50's **13.99** ea



NESTLE
Mini Bars &
Candies 50's **12.99** ea



REESE'S
Snack Size
Peanut Butter
Cups 25's **9.49** ea



HARIBO
Goldbears
Mini Bags
40's **9.99** ea



YUM EARTH
Organic Pops
fruit flavoured 40's
gluten free **11.99** ea



BOB SNAIL
100% Real
Fruit Rolls 10's **3.99** ea



BOB SNAIL
Eat & Play
fruit roll and
toy 20g **2.49** ea



FRITO-LAYS
Variety Packs 16's **9.99** ea



YUM EARTH
Organic Giggles
chewy candy bites 42g **6.99** ea



DANDIES
Vanilla Flavoured
Marshmallows
vegan 283g **4.99** ea



STORCK
Werther's
Original
or riesen 230g - 245g **4.99** ea



KRAFT
Jet-Puffed
Marshmallows
400g **2.19** ea



AHA
Sparkling Water
Beverage 355 mL
plus deposit & recycle fee **5.99** 12 pk



Coca-Cola
canada dry, a&w,
fresca, sprite or
nestea cool 2 L
plus deposit &
recycle fee **2.89** ea



THE POP SHOPPE
Cane Sugar
Soda 355 mL
plus deposit &
recycle fee **2/\$4**



PILLSBURY
Grands! Croissants
Croissants 318g,
pizza crust 391g or
country biscuits 340g **3.29** ea



ANNIE'S
RICE PASTA &
CHEDDAR 170g • gluten free **2.99** ea



BAGEL BITES
Pizza Snacks
9's **2.99** ea



AMY'S
Organic Soups
398 mL **4.49** ea



KELLOGG'S
Pop • Tarts 384g **2/\$7**



OLD DUTCH
Potato Chips
or ridgies 200g - 235g
gluten free **2/\$8**

TASTE THE DIFFERENCE

ITALY'S #1* BRAND OF TOMATOES



279
Mutti
Baby Roma
Tomatoes
398 mL



499
Mutti
Pomodoro
San Marzano
Tomatoes
398 mL



2/499
Mutti
Finely Chopped
Tomatoes (Polpa)
398 mL



449
Mutti Strained
Tomatoes (Passata)
680 mL
Selected Varieties



379
Mutti
Concentrated
Tomato Paste
156 mL



349
Mutti
Tomato Paste
156 mL



ONE FAMILY, ONE PASSION. TOMATOES.

* Ciriana S.r.l. - Tot Italy Hyper + Super + Small Self Service of the top brands by value sales in the Tomato Derivatives category - Progressive JAN 2023 - DEC 2023



GAROFALO
Gluten Free
Pasta 400g **5.49** ea



CHICKAPEA
Organic High
Protein Pasta
227g • gluten free **5.99** ea



**DEMPSTER'S
Signature
Breads**
600 g selected

3.99 ea



**PATISSERIE LEBEAU
Belgian Liege
Waffles 4's**

5.99 ea

Local



**SUNRYPE
100% Pure
Apple Juice**
or orange juice blend
3.78 L plus deposit & recycle fee

10.99 ea

Local



**HOLY CRAP
Superseed Blend
Cereal or Oatmeal**
225 g - 320 g

7.99 ea



**GENERAL MILLS
FAMILY SIZE CEREALS**
cheerios, cinnamon toast crunch,
lucky charms 526 g - 778 g or
fibre one 587 g • selected

5.99 ea

**SUPER
Saver**



**BARBARA'S
CHEEZ PUFFS**
155 g - 198 g • gluten free

2/6.50

**SUPER
Saver**



**HORMEL FOODS
Stagg Chili 425 g**

3.89 ea



**GLACEAU
Vitamin
Water**
591 mL
plus deposit &
recycle fee

2/4.50



**AMY'S
Organic Refried
Beans 398 mL**

4.99 ea



**DYANA'S AJI
Chunky Chili
Sauce 225 mL**
selected

6.99 ea



NEW
**BO & MARROW
Pho Real
Sippable
Bone Broth**
591 mL

9.99 ea



**KIKKOMAN
No Preservatives
Added Sauces**
stir-fry, sweet & sour
or teriyaki 290 mL

5.99 ea



**DRAGON KING
Cut Baby
Corn 398 mL**

1.69 ea



**GREEN GIANT
Riced Veggies**
340 g

3.99 ea



**EARTH'S CHOICE
100% ARABICA
ORGANIC COFFEE**
whole bean or ground 340 g

10.99 ea

Local

**SUPER
Saver**

October is NON GMO + FAIRTRADE Month



**LARABAR
FRUIT & NUT ENERGY
BARS** 45 g - 48 g • gluten free

2/\$3

**SUPER
Saver**



**ALPEN
Muesli**
650 g

4.99 ea



**VEGA
Plant-Based
Sport Protein**
801 g - 837 g

44.99 ea

Local

**LITTLE NORTHERN
BAKEHOUSE
PLANT-BASED
LOAF** 454 g - 567 g
or buns 6's • gluten free

5.99 ea

**SUPER
Saver**



**EVERLAND
Organic Beans**
398 mL

2/\$4



**ETHICAL BEAN
Organic
Ground
Coffee** 227 g
fairtrade

9.99 ea



**HIPPEAS
Chickpea
Puff Snacks**
113 g • gluten free

3.99 ea



**FINN CRISP
Sourdough
Rye Thins**
or round crispbread
175 g - 250 g • plant-based

3.99 ea

**NON
GMO
Project
VERIFIED**

**NON
GMO
Project
VERIFIED**



HAPPY Diwali



KURKURE Masala Munch or chilli chatka 115g **1.49** ea



TILDA Basmati Rice or jasmine 250 g **3.99** ea



KHAZANA Organic Basmati Rice 250 g **4.99** ea



KHAZANA Organic Curry 285 g **4.99** ea



KHAZANA Organic Simmer Sauces 360 mL **6.99** ea



GO BIO! Organic Boullion Cubes 6's **2/\$7**



DR. NATURAL Castile Soap body wash 946 mL plant-based

11.99 ea



DR. NATURAL Bar Soaps 2's • plant-based **5.99** ea



ARM & HAMMER Laundry Detergent super concentrated 1.42L-1.63L 48-55 he loads **8.99** ea



FANTASTIK Original All-Purpose Cleaner disinfectant 650 mL **5.99** ea



MARC ANGELO SLICED ITALIAN DELI MEATS 100 g **8.49** ea



REBEL VEGAN COOKIES 300 g • assorted varieties gluten free **8.69** 10 pk



FREYBE Gourmet Pate 200 g **5.99** ea



Soppresata, Prosciutto or Hot Calabrese **4.99**/100g



LE BON CROISSANT GARLIC BREAD 325 g **2.69** ea



Super Caesar Pasta Salad **2.49**/100g



SUMMER FRESH Dips 227 g **4.49** ea



BROWNIE BITES selected **3.99** 10 pk



KRINOS Halloumi Cheese 250 g **10.99** ea



LA TORTILLA FACTORY Corn & Wheat Tortillas handmade style 8's **5.49** ea

KALANCHOE 6" pot **9.99** ea



CLASSIC LARGE BOUQUET **21.99** ea



SAPUTO NATURAL CHEESE SLICES 160 g - 200 g **6.99** ea



FRESH PUMPKINS AVAILABLE IN STORE



PERU
FRESH BLUEBERRIES
 6 oz weather permitting

5.49 ea



MEXICO
FRESH CANTALOUPE or
HONEYDEW MELONS
 3.29/kg

1.49 lb



2lb
CALIFORNIA
FRESH MANDARINS
 907 g bag

4.99 ea



Locally GROWN

MISTY MOUNTAIN
FRESH BC MUSHROOM
MIXES gourmet or wild 170 g

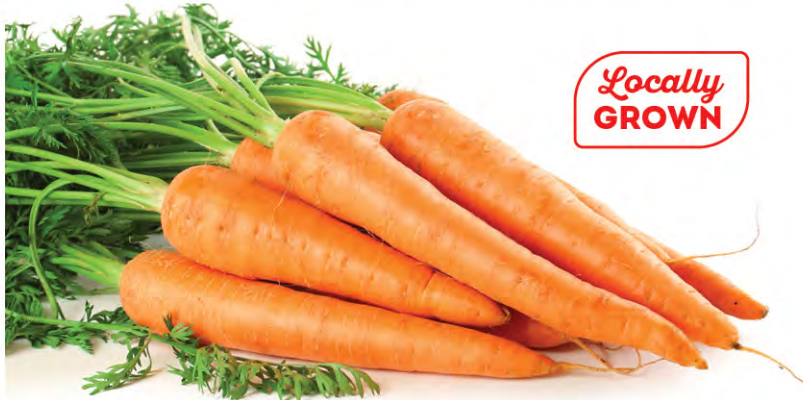
4.99 ea



Locally GROWN

BC FRESH TOMATOES
 hot house • 1 layer • 5.49/kg

2.49 lb



Locally GROWN

BC FRESH CARROTS
 by the bunch

2.49 ea



10lb

Locally GROWN

BC FRESH RUSSET
POTATOES 4.54 kg

5.99 ea



CALIFORNIA
FRESH ORGANIC
RED SEEDLESS
GRAPES 11.00/kg

4.99 lb



Locally GROWN

BC FRESH ORGANIC
GREEN KALE
 weather permitting

2.49 ea



5lb

Locally GROWN

BC FRESH ORGANIC
RED or YELLOW
POTATOES 2.27 kg bag

5.99 ea

SIMPLY
FRESH
OR IT'S *Free**

If you purchase any product in our store from any department and it doesn't meet your standard of freshness, just bring it to our attention within 3 days along with the product and the original receipt. We will replace that same product for **Free** and give you an equivalent value in an IGA gift card.

*This offer applies to products throughout the entire store. Some products are excluded. See staff or visit www.igastoresbc.com for details.

RETURN POLICY FOR EACH DEPARTMENT:

PRODUCE

Produce product must be returned in raw condition (uncooked) along with original receipt.

MEAT & SEAFOOD

Meat or seafood products must be returned in raw condition (uncooked) along with original package sticker and original receipt.

BAKERY

Packaged product or fresh product must be returned in the original packaging along with original receipt.

DELI

Packaged product or fresh deli product in raw condition (uncooked) along with original package sticker and original receipt.

GROCERY

Product must be returned in original packaging along with original receipt.

WEEKLY SPECIALS ARE AVAILABLE AT PARTICIPATING IGA STORES IN BRITISH COLUMBIA.

Some products may not be available at all stores. Photographs are for illustration purposes only, actual sale items may not be exactly as shown. Some food photographs may illustrate serving suggestions. Prices do not include applicable taxes, eco fees or bottle deposits & recycle fee where applicable. We reserve the right to limit quantities.

TO FIND A STORE NEAR YOU GO TO WWW.IGASTORESBC.COM