

100% **fresh** GUARANTEE*
Guaranteed fresh or your money back

Sobeys

2⁹⁹ /lb

Fresh Pork Side Ribs breast bone removed 6.59/kg

value size

4⁹⁹ /lb

Fresh Lean Ground Beef 5 lb Tube 11.00/kg

10⁹⁹ /lb

Fresh Atlantic Salmon Fillets Family Size subject to availability 24.23/kg

7⁹⁹ /lb

STERLING SILVER Fresh Boneless Sirloin Tip Oven Roast or Family Size Marinating Steak cut by your meat expert from Canada AAA grade beef 17.61/kg

Dependent on Weather

From Ontario

2⁹⁹

Regular Pumpkins or Jumbo Pumpkins 3.99 ea product of Ontario

From Ontario

99¢

Seedless Cucumbers product of Ontario, Canada no 1 grade

so local

From Ontario

7⁸⁸ /lb

Honeycrisp Apples product of Ontario, Canada extra fancy 4.14/kg

Scene+ MEMBER PRICING

50% off

30% without off Scene+ Card

JAMIESON Vitamins or Supplements assorted variety

ROBIN HOOD or FIVE ROSES Flour 10 kg

HOT PRICE 11⁹⁷

VILLAGGIO Bread 570-675 g or Buns 6-8 pk

HOT PRICE 2⁴⁹

HOT PRICE 3⁹⁷

KRAFT Singles 410 g

HOT PRICE 4⁹⁴

NESTLÉ Premium Frozen Dessert or Real Dairy Ice Cream 1.5 L or Drumsticks or Selected Premium Novelties 4-12 pk

SPEND \$125 OR MORE ON GROCERIES, GET **1000 PTS** That's like \$10 toward your groceries

DON'T FORGET YOUR COUPON Offer also available through mygroceryoffers.ca or on the Sobeys app

0 61925 86634 8

Valid Thursday, October 17 - Sunday, October 20, 2024

Prices and offers in effect October 2024

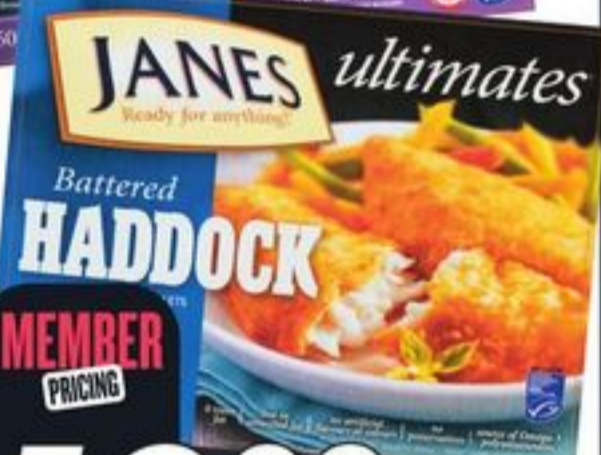
THU 17 | FRI 18 | SAT 19 | SUN 20 | MON 21 | TUE 22 | WED 23

so many deals
Scan here for our full digital flyer

Scene+ MEMBER

PRICING

Swipe your Scene+ Card and Save



10⁹⁹

SAVE \$2

12⁹⁹ without Scene+ Card
JAMES Ultimates or Pan Sear selected 500-615 g



2⁴⁹

SAVE \$1

3⁴⁹ without Scene+ Card
COMPLIMENTS ORGANIC Whole White or Cremini Mushrooms product of Canada 227 g

10⁰⁰

100

MEMBER PRICING

10⁹⁹

SAVE \$7

17⁹⁹ without Scene+ Card
HERSHEY Assorted Chocolate or Candy 100 pk

Look for more Member Pricing throughout the flyer and in-store.

Scene

TURN
POINTS
INTO
GROCERIES



400 PTS
when you buy 3

6⁹⁹

SCHNEIDERS Pepperettes, Bologna or Sausage Rings 300-500 g or MAPLE LEAF Fully Cooked Breakfast Sausages or Natural Shredded Chicken 250-300 g



300 PTS
when you buy 2

9⁹⁹

SUNRYPE Fruit Source Bars Variety Pack 12 pk



That's like
\$5
toward your
groceries

500 PTS
when you buy 4

3⁹⁹

PEARL MILLING COMPANY Pancake Mix 905 g or Syrup 710 mL



400 PTS
when you buy 2

9⁹⁹

COMPLIMENTS Honey 750 g-1 kg or Peanut Butter 2 kg



200 PTS
when you buy 2

4⁷⁹

SENSODYNE or PRONAMEL Toothpaste selected 75-100 mL

1000 Points = \$10 of free groceries

5.50 ea when you buy 2 or more

COMPLIMENTS Lean Ground Pork, Extra Lean Ground Chicken or Extra Lean Minced Turkey, LAMB TONIGHT Lean Ground Lamb, JOHNSONVILLE Sausage Meat, NOBLE PREMIUM BISON Lean Ground Bison or FONTAINE Lean Ground Veal 226-454 g starting at 5.99 ea

11.99

PINTY'S Chicken Wings, Fillets, Chunks or Gluten Free Breaded Strips, Nuggets or Burgers 750-790 g

4.49 /lb

Fresh Boneless Pork Loin Centre and Rib Combo Chops 9.90/kg

4.99

Mandarins or Clementines 907 g product of South Africa

14.99

COMPLIMENTS NATURALLY SIMPLE Wild Pink Salmon, Cod or Haddock Fillets 908 g

3.99

Romaine Hearts product of USA 3 pk

7.99

Cinnamon Buns 8 pk 630 g

\$12

BOTHWELL Cheese 540 g

9.99

PILLER'S Family Size Pepperoni Topping 400 g or Club Packs or Sliced Deli Meats selected 350 g

3.49

OLD DUTCH Potato Chips 235 g

5.99

GAY LEA Butter 454 g (excludes sticks)

6.99

ROYALE Bathroom Tissue 12=24 rolls, Paper Towels 3=6 rolls or Facial Tissue 6 pk

13.99

CADBURY Chocolate or MAYNARDS Candy 90 pk while supplies last

4.97

KRAFT Salad Dressing 355 mL

3.49

OIKOS Greek Yogurt 4 pk

2/\$3

CLOVER LEAF Skipjack Light Tuna 170 g or Flavoured Tuna 85 g

9.99

GAIN Laundry Detergent 2.6-2.72 L, Flings 31-35 pk, DOWNY or GAIN Beads 379 g, BOUNCE or GAIN Sheets 120-200 pk, DOWNY Softener 1.89-2.63 L or TIDE Simply 31-34 L

Check for this symbol in store!

10.49

OLYMPIC ORGANIC Yogurt 1.75 kg

27.88

FOLGERS Coffee K-Cup® Pods 48 pk, BEST BUY Coffee Pods 100 pk or COMPLIMENTS Coffee Pods 80 pk

7.99

PEPPERIDGE FARM Family Size Goldfish Crackers 750 g or Snack Packs 22 pk or CHRISTIE Oreo Multipack 20 pk or Party Size 637-685 g

10.99

COCA-COLA or PEPSI Soft Drinks 24x355 mL

19.99

GATORADE Team Pack 24x591 mL

9.97

CRACKER BARREL Cheese 740 g or Shreds 590 g or BLACK DIAMOND Cheese Strings 28 pk 588 g

8.99

KELLOGG'S, GENERAL MILLS or POST Jumbo Cereal 700 g-1.3 kg

12.99

QUAKER Dips or Chewy Bars Club Pack 935-960 g

SPEND \$25 IN BOSTON PIZZA, PIZZA PIZZA OR KOBO GIFT CARDS

AND GET A BONUS \$5

SOBEYS GIFT CARD

Offer valid during October 17 - 23, 2024. Sorry no rainchecks or price matching. See gift card for details, terms, conditions, and (if applicable) fees. Subject to availability.

Scene
**DIGITAL
EXCLUSIVE**

LOAD IT TO GET IT!

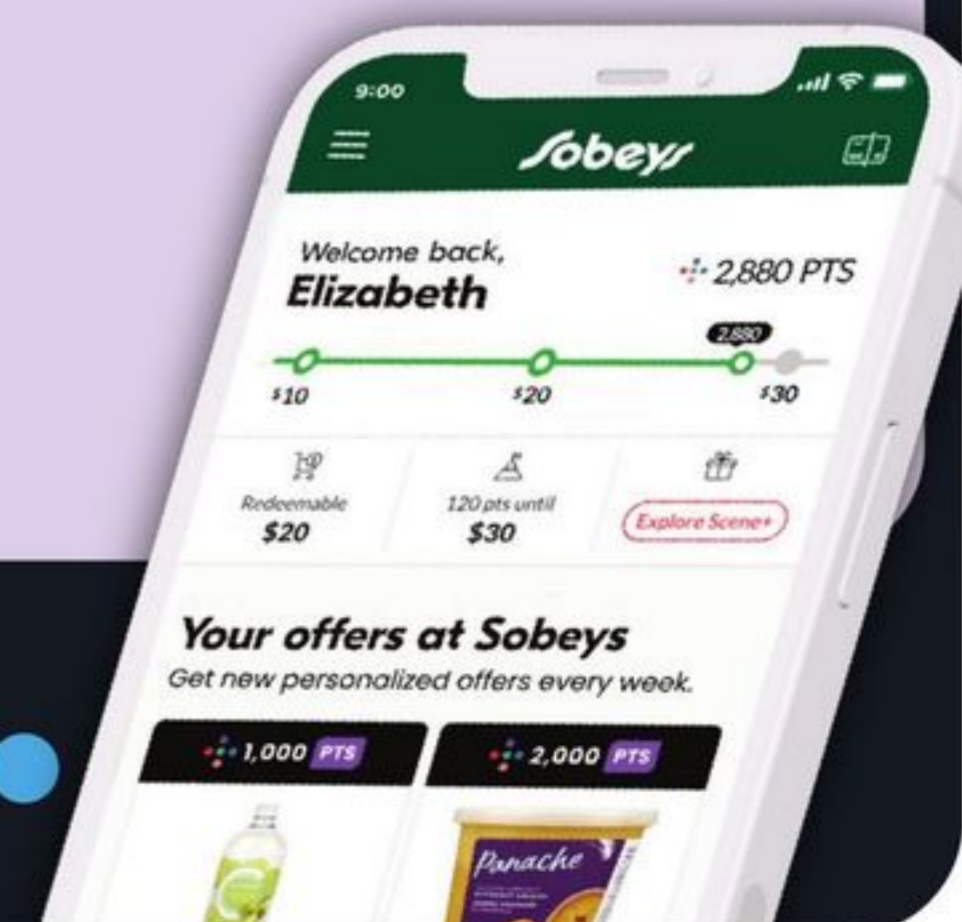
- 1 Download the Sobeys app
- 2 Load your offers to activate them
- 3 Shop and scan your Scene+ card

Get **200 PTS** when you buy 2

Activate your offers in the [Sobeys app](#) or at [MyGroceryOffers.ca](#)



EIGHT
TREASURES
Coconut Milk
400 mL



Download on the
App Store



GET IT ON
Google Play

Offer valid October 17th to October 23rd, 2024 at all Sobeys locations in Ontario. Minimum qualifying purchase must be made in a single transaction. No base Scene+ points earned. Offer must be loaded to a registered Scene+ card prior to purchase. Limit one digital offer per Scene+ membership card. Visit <https://www.sceneplus.ca/terms-and-conditions> to see full Terms and Conditions. Offer subject to change and may be withdrawn without notice. Trademarks of Scene Plus IP Corporation used under license by Sobeys Capital Incorporated.

RICARDO



BUY 2 GET 1 FREE
*of equal or lesser value
RICARDO Marinated Chicken Breast, Marinated Pork Chop, Tenderloin, Marinated Beef or Veal Flap Steak or Risotto Stuffed Chicken Breast starting at 8.99/lb, 19.82/kg



7.99
RICARDO Frozen Entrées 385-395 g



22.99
RICARDO Cakes Chocolate or Vanilla & Strawberry frozen 600 g



Simple gourmet meal solutions for your family
Quality ready-to-cook meals
Available Exclusively at Sobeys Ontario

so.local

Grown right here at home



From Ontario
1.49 /lb
Local Apples Ambrosia, Cortland, Empire, Golden Delicious, McIntosh, Red Delicious or Spartan product of Ontario, Canada extra fancy grade 3.28/kg



From Ontario
4.49
COMPLIMENTS Ambrosia, Cortland, Empire, Gala, McIntosh, Spartan, Golden or Red Delicious Apples product of Ontario 1.36 kg 3 lb bag



From Ontario
1.29 /lb
Assorted Squash product of Ontario 2.84/kg



From Ontario
1.99 /lb
Fuji Apples product of Ontario, Canada extra fancy grade 4.39/kg



From Ontario
1.99 /lb
Bartlett Pears product of Ontario, Canada extra fancy grade 4.39/kg



From Ontario
6.99
HIROS Cherry Tomatoes on the Vine product of Ontario 340 g



From Ontario
4.99
COMPLIMENTS Potatoes product of Ontario 5 lb 2.27 kg



Guaranteed fresh or your money back

Fruity fresh...



7.49
LIL SNAPPERS ORGANIC Apples Gala or Granny Smith product of USA extra fancy grade 1.36 kg



1.99 /lb
Navel Oranges product of South Africa 4.39/kg



3.99
Strawberries product of USA or Mexico no 1 grade 454 g



1.79 /lb
Asian Yellow Pears product of China 3.95/kg



5.99 VALUE
FREE Reusable Produce Bag with purchase of any 2 LOOP Smoothies 355 mL selected

Veggie love...



3.49
Avocados product of Mexico 5 pk



From Ontario
2.29 /lb
Red Cluster Tomatoes on the Vine product of Ontario 5.05/kg



3.49
COMPLIMENTS Baby Spinach, Baby Arugula or Spring Mix product of Canada or USA or GREENBELT Organic Salad Blends product of Ontario 142 g



2.99 /lb
Broccoli product of Canada or USA 6.59/kg



From Ontario
99¢ /lb
Bok Choy or Napa Cabbage product of Ontario 2.18/kg



From Canada
5.99 + **100 PTS** when you buy 2
COMPLIMENTS ORGANIC Portabella Mushroom Caps product of Canada 170 g



25% off
BUY 1 GET 2nd off
Prepared Daily Fruit and Yogurt Parfait Cups assorted sizes



15% off
Prepared Fresh Daily Mixed Melon, Watermelon, Honeydew or Cantaloupe Chunks assorted sizes



10.99
BUY MORE SAVE MORE
COMPLIMENTS Candies selected 350-400 g 4.49 ea
PLANTERS In-Shell Peanuts 2 kg

floral



From Ontario
2/\$8
Assorted Tropicals or Succulents 4"



From Ontario
8.99 + **100 PTS** when you buy 1
Mini Rose Aroma 4" Pot



From Ontario
12.99
Mini Gerbera 15-stem or Farm Fresh Bouquet



\$20
Ecuadorian Rose Bouquet one dozen

GREAT GIFT IDEA! Our Gift Cards can be any amount.

So tender
STERLING SILVER
HAND-SELECTED AAA BEEF
 Well-marbled - Aged to perfection
 Cut from Canada AAA Beef
 Exclusive to Sobeys

12⁹⁹ /lb
 STERLING SILVER Fresh Boneless Top Sirloin Premium Oven Roast or Family Size Grilling Steaks cut by your meat expert from Canada AAA grade beef 28.64/kg

14⁹⁹ /lb
 Fresh Boneless Striploin Premium Oven Roast or Family Size Grilling Steak cut by your meat expert from Australia graded beef while supplies last 33.05/kg

CERTIFIED TENDER
TENDRETÉ CERTIFIÉE

100% fresh GUARANTEE
Guaranteed fresh or your money back

200 PTS when you buy 1 pkg
5⁹⁹ /lb
PANACHE Flattened Chicken Lemon Greek, Jerk or Portuguese 13.21/kg

200 PTS when you buy 1 pkg
COMPLIMENTS Fresh AIR-CHILLED Boneless Skinless Chicken Breasts Family Size

16⁹⁹ /lb
Fresh Canadian Lamb Loin Chops 37.46/kg

200 PTS when you spend \$20
5⁹⁹ /lb
Fresh Pork Loin Back Ribs Family Size cryovac 13.21/kg

300 PTS when you spend \$20
7⁹⁹ /lb
Fresh Lean Ground Beef Burgers Family Size 4 pk 17.61/kg

400 PTS when you spend \$20
5⁴⁹
OLYMEL Breakfast or Dinner Pork Sausages 375-450 g

STARTING AT 10⁴⁹
NOBLE PREMIUM BISON Cubes, Inside Round, Rib Eye, Striploin or Sirloin Steak 226 g

100 PTS when you buy 2
11⁹⁹
FRESHSTONE Meal Kits tex mex chicken, beef bulgogi or butter chicken entrées with rice 680 g

100 PTS when you buy 2
9⁹⁹
FRESHSTONE Rollees Supreme or Meat Lovers Pizza or Philly Cheesesteak 540 g

value size Big format Big value

6⁹⁹ /lb
STERLING SILVER Fresh Whole Boneless Eye of Round cryovac cut from Canada AAA grade beef 15.41/kg

1000 PTS when you buy 1
 That's like **\$10** toward your groceries

500 PTS when you buy 1
3⁹⁹ /lb
Pork Belly skin on frozen 8.80/kg

That's like **\$5** toward your groceries

Check for this symbol in store!

quick & easy

6⁹⁹
LOU'S Quick-n-Easy Entrées or Applewood Smoked Bacon 375-400 g or LIL' JUAN'S Mexican Style Entrées 300-400 g

150 pts when you buy 2 or more
7⁵⁰
CARL BUDDIG Sliced Meats 55 g 1.99 ea

100 PTS when you buy 2
STARTING AT 7⁹⁹
FREYBE European Wieners, Ham Sticks or Mennonite Farmer Sausage 375-500 g

250 PTS when you buy 2
7⁴⁹
OLYMEL Bacon 375 g

3⁹⁹
COMPLIMENTS Stuffed Chicken Cutlets 284 g

6 pts when you buy 2 or more
6⁹⁹
NOTCO Plant-Based Chickenless Nuggets or Burgers 260-340 g 6.99 ea

200 PTS when you buy 2
14⁹⁹
COMPLIMENTS Shepherd's or Farmhouse Pie 900 g or **PANACHE Rich & Creamy Meat Lasagna** 1.13 kg

250 PTS when you buy 2
14⁹⁹
BELMONT, CARDINAL Roadhouse Angus, ST LOUIS BAR & GRILL, JACK ASTOR'S Beef Burgers or COMPLIMENTS Burgers selected varieties 680 g-1.02 kg

GET TO FREE GROCERIES FASTER
 when you open your Sobeys membership card and pay with your Scotiabank Scene+ Visa Card. GET \$10 OFF EVERY \$1 SPENT. 1000 pts = \$10 in groceries.

Certified by the Canadian Beef Grading Agency / Certifié par l'Agence Canadienne de Classement du Bœuf

Choose Canadian Seafood!

We work hard to bring you quality Canadian Seafood from Coast-to-Coast. Explore our delicious offering to make tonight a seafood night.



CHOOSE CANADIAN SEAFOOD



9.99
/lb

Fresh Wild Haddock Fillets product of Atlantic Canada subject to availability 22.02/kg



5.99
ea

Fresh Mussels product of Atlantic Canada 908 g



11.99

IFC Coldwater Cooked Shrimp 150-250 pk 340 g



STARTING AT

1.25
ea

FRESH CHOICE Oysters product of Canada subject to availability

seafood



100 PTS when you buy 1
4.99 COMPLIMENTS Crab-Flavoured Seafood 454 g



300 PTS when you buy 2
25% off COMPLIMENTS Bay, Atlantic or Hokkaido Scallops 340 g or PANACHE Bacon-Wrapped Scallops 250 g

READY FOR YOU Ready for you seafood.

7.99 Jalapeno Poppers Stuffed with Imitation Crab & Seafood Stuffing 17.61/kg

8.99 Stuffed Mushroom Caps with Imitation Crab & Seafood Stuffing 19.82/kg

13.99 Fresh Atlantic Salmon Roasts with Apple Chipotle Flavoured Imitation Crab & Seafood Stuffing 30.84/kg

5.99 Prepared In-store Cooked or Raw Garlic Shrimp Griller previously frozen 280 g or Imitation Crab Platter with Cocktail Sauce 450 g

What a catch! Prepared in-store by our seafood experts, our salmon roasts are easy enough for a weeknight meal idea or fancy enough to serve for company!



100 PTS when you buy 1
\$12 BEST BUY Breaded Popcorn Shrimp or Squirrel Rings 800 g



8.99 ULTRA NATURAL Fair Trade Honduras Shrimp cooked or raw 300 g



12.99 IFC Mahi-Mahi Portions 454 g

Score! MEMBER **11.99** SAVE \$3

14.99 without Scene+ Card COMPLIMENTS Cooked Shrimp in Bag with Cocktail Sauce 680 g



100 PTS when you buy 1
8.99 HIGH LINER Breaded or Battered Haddock or Pollock, Butterfly or Popcorn Shrimp, Chips & Fish or Fish Cakes 330-700 g



9.99 EARLS Restaurant Clam Chowder frozen 550 mL or HIGH LINER Wild Pacific Salmon Fillets 400 g

deli



6.99 ILE DE FRANCE Petit Brie 125 g or KERRYGOLD Irish Reserve, Dubliner or Irish Blarney 198 g

100 PTS when you buy 400 g or more
20% off FRICO Gouda mild, medium or spiced works out to 3.59/100 g or Smoked works out to 3.39/100 g

100 PTS when you buy 1
14.49 COMPLIMENTS Sliced Cheeses 440 g



9.49 RABEL Queso Iberico, Cabra al Vino or Cabra al Romero 150 g

100 PTS when you buy 2
6.99 MARCANGELO Sliced Italian Deli Meats selected 100 g

100 PTS when you buy 2
3.99 LA BELLE BRETAGNE Pate selected 150 g



BUY MORE SAVE MORE
8.99 COOMBE CASTLE Dorset Drum, Irish Porter or Coastal Rugged Cheddar 200 g or ILCHESTER Applewood Smoked 150 g 9.99 ea

SLICED FRESH
200 PTS when you buy 300 g or more
PANACHE Ham, Turkey, Chicken or Beef selection varies by store

SLICED FRESH
50 PTS when you buy 100 g or more
3.99 SAN DANIELE Prosciutto



STARTING AT
5.99 SOMETHING SPECIAL Gourmet Antipasto or Jelly selected 250-300 g

SLICED FRESH
STARTING AT
3.79 /100 g MCLEAN Deli Meat selection varies by store

Sign up for Sobey's E-Flyer & **SAVE \$5** off your next purchase of \$40 or more!
www.sobeys.com/getflyer

kitchen

Scene[®] MEMBER **3.49** SAVE 30c
 3.79 without Scene+ Card
 COMPLIMENTS Dips or Hummus 227 g

12.99 MAPLE LEAF Raised Without Antibiotics Chicken 900 g-1 kg

2/\$8 COMPLIMENTS Snack Hummus or Tzatziki 4 pk Mini 228 g

READY FOR YOU This week's family meal deals.

250 PTS when you buy 1 family meal deal

149 ea. PLUS add one 1-litre Coca-Cola product

Feed a family of 4 for \$4.75 ea.

BUY 1 Whole Assorted Dagwood Sandwich 1.15 kg
+1 SUMMER FRESH Salad 750-800 g
for only 18.99

READY FOR YOU

100 PTS when you buy 200 g or more

Ready for you Meal Kits Value Sized or Individual Sized Chilled Meals

100 PTS when you buy 1

RANA Meal and Pasta Kits 454-540 g

100 PTS when you buy 1

COMPLIMENTS Fresh Pasta or Sauce 350-360 g or 170-300 mL

bakery

11.49 MONSTER Cake 705 g

Scene[®] MEMBER **6.99** SAVE \$1
 7.99 without Scene+ Card
 Brownies 550-585 g

200 PTS when you buy 1

18.99 Cheesecake chocolate or chocolate caramel 6" 850-875 g

5.99 All Butter Croissants or Pastries 4 pk 275-400 g

100 PTS when you buy 1

10.99 RICARDO Cookie Dough Chocolate Chip or Double Chocolate frozen 375 g

8.99 Small Bar Cakes chocolate fudge or cookies'n cream or Snickers 460-540 g

200 PTS when you buy 2

6.99 Chocolate Iced Ring Donut 6 pk

100 PTS when you buy 2

5.99 Cookies assorted 10 pk 310 g

100 PTS when you buy 2

3.99 Hot Dog or Hamburger Buns 8 pk

3.49 Bagels 4 pk 450 g

3.99 ea when you buy 2 or more
 Homestyle Oat Bran, Mountain Grain, Good Haven or Low Fat Multigrain Bread 450 g 4.29 ea

frozen & dairy

 <p>100 PTS when you buy 2</p> <p>4.99 COMPLIMENTS Orange Juice 1.54 L</p>	 <p>5.99 GAY LEA Premium Butter 250 g</p>	 <p>100 PTS when you buy 2</p> <p>4.49 MCCAIN Breakfast Bowls 200 g</p>	 <p>5.99 GREEN GIANT Veggie Tots or Fries 340-454 g</p>
 <p>8.99 PHILADELPHIA Cream Cheese 450 g</p>	 <p>6.99 STOK Cold Brew Coffee 1.42 L</p>	 <p>4.49 MCCAIN Superfries 454-800 g</p>	 <p>3/\$5 COMPLIMENTS Frozen Lemonade 283 mL</p>
 <p>BUY MORE SAVE MORE</p> <p>3.49 JELL-O Refrigerated Pudding or Gels 4 pk or HERSHEY'S Refrigerated Pudding 4 pk 4.49 ea</p>	 <p>4.99 GAY LEA Spreadable Butter 227 g or COMPLIMENTS 68% Vegetable Oil Margarine 850 g</p>	 <p>6.49 MCCAIN Hashbrown Patties 20 pk</p>	 <p>100 PTS when you buy 2</p> <p>7.49 DR. OETKER The Good Baker Pizza 300-390 g, Giuseppe Easy Pizza 560-600 g or Tradizionale Pizza 385-415 g</p>
 <p>200 PTS when you buy 2</p> <p>7.49 STARBUCKS Coffee Creamer 828 mL</p>	 <p>100 PTS when you buy 2</p> <p>3.99 KRAFT Dips 227 g</p>	 <p>100 PTS when you buy 3</p> <p>4.99 HUNGRY-MAN XL Bowls 368-397 g</p>	 <p>3.49 MCCAIN Pizza Pockets 3 pk</p>
 <p>6.99 IÖGO Yogurt 16 pk</p>	 <p>6.99 SIGGI'S Yogurt 650-750 g</p>	 <p>3.49 PILLSBURY Toaster Strudel 326 g</p>	 <p>3.49 MICHELINA'S Grande Entrées 454 g</p>
 <p>3.99 YOPLAIT Minigo Yogurt 6 pk or Yogurt Tubes 8 pk</p>	 <p>100 PTS when you buy 2</p> <p>4.99 IÖGO Nano Drinkables 6x93 mL</p>	 <p>50 PTS when you buy 1</p> <p>5.99 RUSTICA Single Serve Pizza 360-382 g</p>	 <p>8.99 CATARINA Mexican Snacks 320 g</p>

Love it. Or it's free.*
*For details see COMPLIMENTS.ca

 <p>50 PTS when you buy 1</p> <p>3.79 COMPLIMENTS Cheddar Flavour Slices 400 g</p>	 <p>4.49 COMPLIMENTS Cozy Coop Large White Eggs 12 pk</p>	 <p>3/\$5 COMPLIMENTS Frozen Entrées selected 227-284 g</p>	 <p>50 PTS when you buy 1</p> <p>6.49 COMPLIMENTS Aerosol Whipped Cream 400 g</p>
 <p>100 PTS when you buy 2</p> <p>2.99 COMPLIMENTS Lemonade or Watermelon Beverage 1.75 L</p>	 <p>100 PTS when you buy 2</p> <p>4.99 COMPLIMENTS Cheese Sticks 210 g or Cheese Strings 8 pk or 168 g</p>	 <p>500 PTS when you buy 3</p> <p>5.99 COMPLIMENTS Classic Crust Pizza 437 g</p>	 <p>100 PTS when you buy 2</p> <p>2.99 COMPLIMENTS Frozen Waffles 8 pk, 280 g</p>

GREAT GIFT IDEA! Our Gift Cards can be any amount.



**Try 3 Months
of Delivery Pass
for FREE!***

Shop Online

*See full T&Cs at voila.ca

So spooky!

Trick or Treat



19⁹⁹

HERSHEY Assorted Candy
120 pk white
supplies last



4⁴⁹

HERSHEY
Harry Potter
Kisses 180 g



100 PTS
when you buy 2

9⁹⁹

MARS Fun Size
Assorted Chocolate
50 pk white
supplies last



100 PTS
when you buy 2

15⁹⁹

MARS Chocolate Bars
Variety Pack 16 pk
white supplies last



100 PTS
when you buy 1

11⁴⁹

NESTLÉ Assorted Minis
50 pk white supplies last



FERRERO Kinder or
Bueno Chocolate
Minis 297-330 g
white supplies last

8⁹⁹



drinks & snacks

<p>3.49</p> <p>CHRISTIE Cookies selected 212-303 g or COMPLIMENTS Soda Crackers 450 g</p>	<p>10.99</p> <p>Laura Secord Hot Chocolate Pods 12 pk or VAN HOUTTE Coffee K-Cup® Pods 10-12 pk or STARBUCKS Instant Coffee 90 g</p>	<p>2/4.50</p> <p>ALLEN'S Juices or Drinks selected varieties 1 L</p>	<p>2/\$6</p> <p>DEL MONTE on Ice 1.89 L</p>
<p>3.99</p> <p>CHRISTIE Peek Freans 275-350 g or Dad's Cookies 300-320 g</p>	<p>3.99</p> <p>CHRISTIE Ritz Chips or Crispers Family Size 240 g</p>	<p>5.79</p> <p>FRITO-LAY Snacks 275-480 g</p>	<p>2/\$9</p> <p>MISS VICKIE'S Kettle Chips 190-200 g or DORITOS Tortilla Chips 210-280 g</p>
<p>2/\$3</p> <p>SPARKLING ICE Sparkling Water 503 mL or PEACE TEA 695 mL</p>	<p>2.99</p> <p>MONSTER, NOS, REIGN or FULL THROTTLE Energy Drinks 355-473 mL</p>	<p>2.50</p> <p>CADBURY Family Bars 95-100 g 2.99 ea</p>	<p>100 PTS when you buy 2</p> <p>COMPLIMENTS Kettled Cooked Peanuts 275 g</p>
<p>2/\$5</p> <p>BAI Beverage 530 mL</p>	<p>7.49</p> <p>HERSHEY'S Halloween Chocolates or Candy 25 pk while supplies last or NESTLE Cellos 380-400 g</p>	<p>5.99</p> <p>KINDER Surprise 100 g while supplies last</p>	<p>6.99</p> <p>NATURE VALLEY Midsize or Trail Mix Granola Bars or BETTY CROCKER Fruit Gushers selected varieties 340-525 g</p>

Love it. Or it's free.*

*For details, see COMPLIMENTS.ca

<p>200 PTS when you buy 2</p> <p>COMPLIMENTS Snack Crackers 200-225 g, Rice Crackers 100 g or Jazz Crackers 200 g</p>	<p>50 PTS when you buy 1</p> <p>COMPLIMENTS Solid Milk Halloween Chocolate Balls 250 g while supplies last</p>	<p>100 PTS when you buy 2</p> <p>COMPLIMENTS Potato Chips Extraal Flavour 200 g</p>	<p>200 PTS when you buy 2</p> <p>COMPLIMENTS Soft Drinks 12x355 mL</p>
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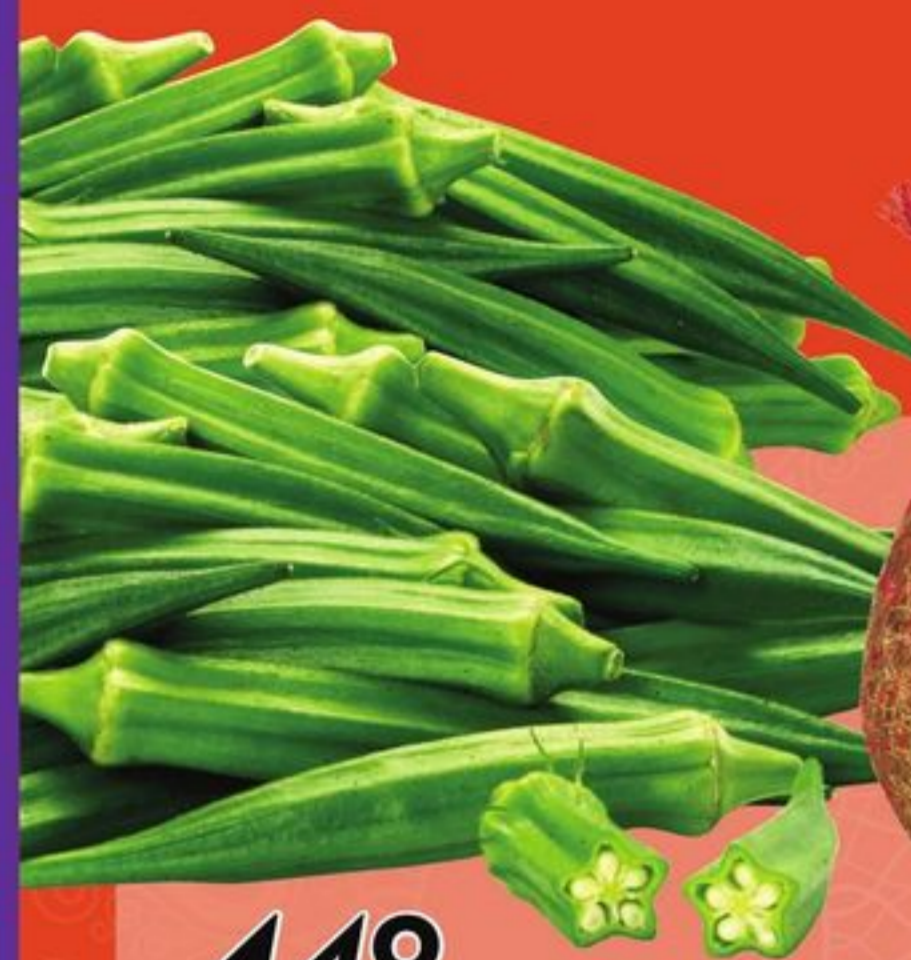
natural health

<p>2/\$9</p> <p>POPCORNERS Popcorn 142 g</p>	<p>3.49</p> <p>KIJU Beverages 1 L or 4 pk</p>	<p>5.99 SAVE \$1</p> <p>6.99 without Scener Card</p> <p>MARY'S ORGANIC Crackers 155-184 g</p>
<p>30% off</p> <p>400 PTS when you buy 2</p> <p>There's like \$4 toward your groceries</p> <p>WEBBER NATURALS Vitamins and Supplements assorted varieties</p>	<p>5.49</p> <p>50 PTS when you buy 1</p> <p>YOGI Tea 16 pk</p>	<p>9.99</p> <p>ATKINS Endulge Bars 5 pk</p>
<p>7.99</p> <p>WHOLLY VEGGIE! Plant-Based Mozza or Cheddar Sticks 250-283 g</p>	<p>9.99</p> <p>50 PTS when you buy 1</p> <p>LUNDBERG Rice 907 g</p>	<p>5.99</p> <p>100 PTS when you buy 2</p> <p>CHICKAPEA One Pot Pasta 198 g</p>
<p>5.79</p> <p>100 PTS when you buy 2</p> <p>DAIYA Plant-Based Deluxe Cheezy Mac 300 g</p>	<p>20% off</p> <p>EVERYONE Body Lotions or Body Wash selected 946 mL</p>	

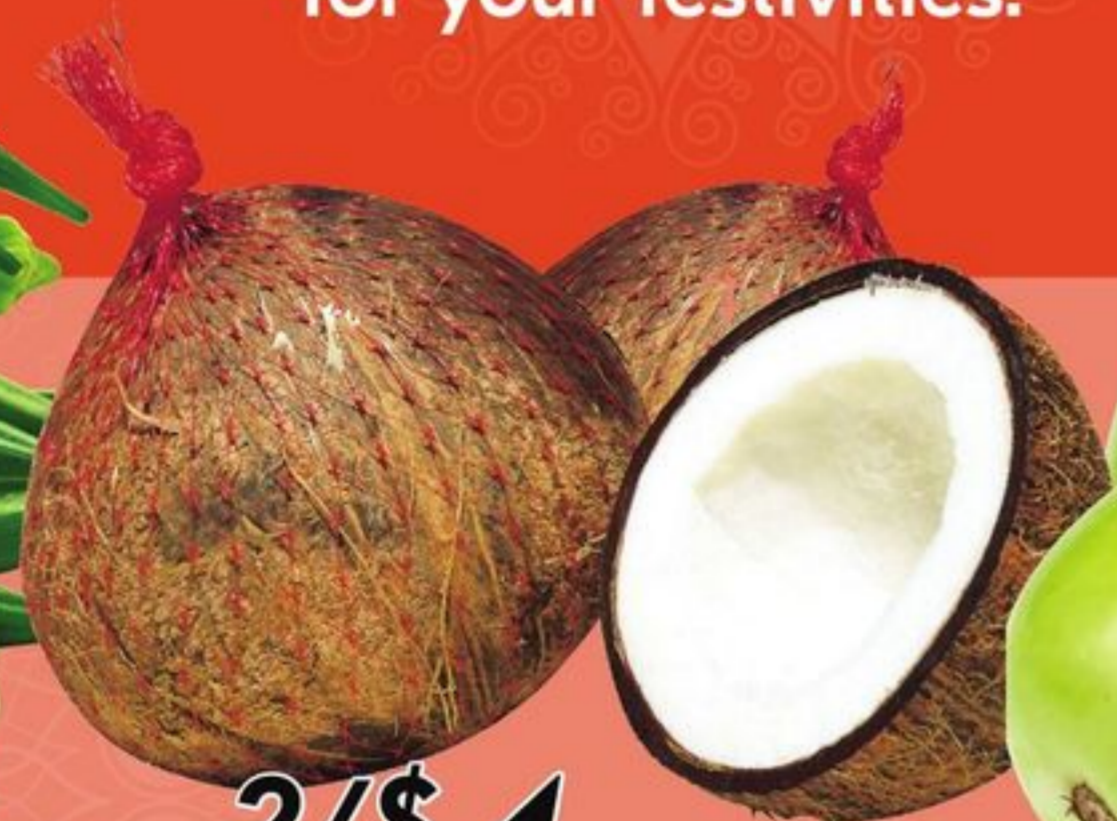


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or India 9.90/kg



2/\$4
Husk Coconuts
product of Dominican
Republic



1.49
/lb
Long Squash
product of USA
or Honduras
3.28/kg



16.99
INDIA GATE Basmati Rice
4.54 kg



2.99
ea when you
buy 2 or more
3.49 ea
CHALO! Naan 500 g



3/99¢
MAGGI Masala
Noodles 70 g



10.49
BRAR'S Rasmalai
Frozen Dessert
850-908 g



2.29
FROOTI Juice
Mango 1 L



4.49
BESTROPICS
Coconut Water 1 L



2.99
SURATI Snacks
250-341 g

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3.95/kg



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99¢ /lb
Bok Choy or Napa
Cabbage product of
Ontario 2.18/kg



749
THAI KITCHEN
Coconut Milk
160 mL



599
KIKKOMAN Oyster
Flavoured Sauce
290 mL



329
100 PTS
when you buy 2
SUNRISE Tofu
Firm 500 g or
Soyganic Xtra
Firm 350 g



499
THAI KITCHEN
Curry Paste 112 g
selected varieties



599
KIKKOMAN
Mirin Sauce
291 mL



429
RUBICON No Sugar
Added Juice 1 L
selected varieties

meal makers

Scene MEMBER PICKS
769 without Scene+ Card
SAVE 30c
 COMPLIMENTS Coconut Milk regular or light 400 mL

3.49 TILDA Ready to Heat Rice selected varieties 250 g

15.99 BERIO Olive Oil 500 mL

2.69 FRENCH'S Mustard 325 mL

3.99 STAGG Chili 425 g

4.99 FRENCH'S Worcestershire Sauce 295 mL

4.29 CATELLI Pasta 900 g
 +50 PTS when you buy 1

5.99 PAM Cooking Sprays 113-170 g (excluding Non-GMO or ORGANIC)

\$2 COMPLIMENTS Broth 900 mL
 +100 PTS when you buy 3

2.99 COMPLIMENTS Medium or Mild Salsa 430 mL or Refried Beans 398 mL
 +100 PTS when you buy 2

49¢ MR. NOODLES Instant Noodles 85 g

2/\$7 CAMPBELL'S Chunky Soup 515 mL
 +200 PTS when you buy 4

4.99 CROSBY'S Molasses selected 675 g

5.99 QUAKER Muffin or Cookie Mix 900 g or Oat Flour 700 g
 +200 PTS when you buy 2

6.49 CLUB HOUSE Seasoning Blends selected 65-248 g

7.99 YELLOWSTONE Seasoning Blends 135-160 g
 NEW

9.99 BBQ PIT BOYS Seasonings selected 240-408 g

2/\$8 QUAKER Harvest Crunch Cereal selected varieties 350-600 g

5.99 GENERAL MILLS Family Size Cheerios selected varieties 526-778 g

4.99 DEL MONTE Canned Fruit 796 mL

5.99 KRAFT Cheez Whiz 450 g

9.99 COMPLIMENTS Strawberry or Raspberry Jam 1 L
 value size +150 PTS when you buy 1

4.99 DEMPSTER'S 10" Tortillas 366-610 g or Raisin Bread 600 g
 +100 PTS when you buy 2

2/\$5 HOSTESS Snacks 121-225 g
 Cupcakes, Twinkies

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compliments Panache

200 PTS when you buy 2
 COMPLIMENTS Canola Oil 946 mL

500 PTS when you buy 1
 PANACHE Olive Oil 1 L

75 PTS when you buy 2
2/\$4 COMPLIMENTS Smoked Oysters or Mussels 85 g

50 PTS when you buy 2
2/2.98 COMPLIMENTS Tomato, Chicken Noodle, Cream of Mushroom or Vegetable Soup 284 mL

100 PTS when you buy 3
3/4.98 COMPLIMENTS Pudding Cups 4 pk

20% off
 COMPLIMENTS Baking Nuts 400 g

2.79 COMPLIMENTS Pure Pumpkin 398 mL

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750

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85 g 2.19 ea



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when you buy 1

12⁹⁹

PURINA Tidy Cats
Cat Litter 2.72 kg



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SAVE MORE

749

SHEBA Bistro Wet Cat
Food 75 g 1.79 ea



15⁹⁹

LILY & JAX Dry
Cat or Dog Food
1.6-2 kg



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SAVE MORE

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buy 2 or more
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Food 4.29 ea



12
PACK

16⁹⁹

SHEBA Bistro
Wet Cat Food
12 pk



home & pet care

<p>5.49 MILK-BONE Biscuits Farmer's Medley, Dipped, Stacked or Celebration Biscuits 280-900 g</p>	<p>8.99 DENTALIFE Chews 439-595 g or PURINA Cat Chow 1.6-2 kg</p>	<p>18.99 ARM & HAMMER Cat Litter selected 12.7 kg</p>	<p>\$1.74 <small>per 75 g when you buy 4 or more</small> SHEBA Bistro Wet Cat Food 75 g 1.79 ea</p>
<p>35.99 TIDE Pods 85-112 pk or Power Pods 63 pk</p>	<p>6.99 <small>+200 PTS when you buy 2</small> DAWN Powerwash Starter Kit 473 mL</p>	<p>12.99 <small>+300 PTS when you buy 2</small> FEBREZE Plug-Ins Dual Refills assorted 2 pk</p>	<p>11.49 <small>+250 PTS when you buy 2</small> FINISH Dish Tabs 21-30 pk, Dishwasher Cleaner 250 mL or Jet Dry 500-621 mL</p>
<p>15.99 <small>+200 PTS when you buy 2</small> CASHMERE Bathroom Tissue 12=36 Rolls or SPONGE TOWELS Ultra Choose-A-Size 6=9 Rolls</p>	<p>24.99 CHARMIN Bathroom Tissue 16=64 rolls or BOUNTY Paper Towel 6-8 Rolls</p>	<p>7.49 <small>+100 PTS when you buy 2</small> GLAD Tall Kitchen Catchers 26-52 pk or Compostable 10 pk</p>	<p>20% off CANDLE-LITE Jar Candles 397-511 g while quantities last</p>

health, beauty & baby

<p>3.79 <small>STARTING AT</small> COLGATE Total or Crest Pro-Health Toothpaste or Toothbrushes 70-500 mL or 1-3 pk selected</p>	<p>5.49 ALWAYS Pads, Liners or TAMPAX Tampons 12-54 pk or LIVE CLEAN Hand Soap 400-500 mL selected</p>	<p>Get more for your little one <i>Oh baby!</i></p>	
<p>6.99 <small>+100 PTS when you buy 2</small> SECRET or IVORY Deodorant 68-73 g selected</p>	<p>2/23.99 <small>+300 PTS when you buy 2</small> NATIVE Body Wash 532 mL or Hair Care 177-487 mL selected</p>	<p>62.99 <small>+300 PTS when you buy 1</small> ENFAMIL A+ Ready To Feed Formula 18x237 mL selected varieties</p>	<p>53.99 SIMILAC Pro-Advance Powder 837-859 g</p>
<p>6.49 OLAY Body Wash 364 mL or HEAD & SHOULDERS or OLD SPICE Shampoo or Conditioner 315-400 mL selected</p>	<p>15% off <small>+100 PTS when you buy 1</small> ST. IVES Skincare selected</p>	<p>1.99 <small>BUY MORE SAVE MORE</small> <small>per 2.49 ea when you buy 3 or more</small> NESTLÉ Baby Purees 2.49 ea</p>	<p>15% off <small>+300 PTS when you buy 2</small> HONEST CO. Baby Care or Wipes selected</p>
		<p>350 PTS <small>when you spend \$20 or more</small> COMPLIMENTS Baby Assortment Products</p>	

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<p>10% off <small>+250 PTS when you buy 2</small> TYLENOL Pain Relief 40-200 pk or MOTRIN Muscle & Body 40 pk selected*</p>	<p>10% off <small>+200 PTS when you buy 2</small> ZARBEE'S Baby or Children's Cough Syrup 59 mL or 118 mL</p>	<p>19.99 <small>+300 PTS when you buy 2</small> POISE Pads or DEPEND Underwear selected</p>	<p>49.99 <small>+150 PTS when you buy 1</small> COLD-FX 150 pk or Extra Strength 100 pk</p>
<p>15% off <small>+150 PTS when you buy 2</small> IMODIUM 20-24 pk selected</p>	<p>15% off <small>+200 PTS when you buy 1</small> NEOCITRAN Cold or Flu Relief 10 pk*</p>	<p>Book your flu shot today</p> <p>360healthpharmacy.ca</p> <p>360Health Sobey</p>	

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this fall**

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and feel good!

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soy-free;
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8⁹⁹

NAKED & SAUCY Natural Dressings 250 mL



4⁴⁹

DAIYA Cheese Style Shreds, Slices or Blocks 170-227 g



9⁹⁹

DAIYA Thin Crust Pizza 346-550 g



5⁹⁹

KATZ Gluten-Free Donut Holes 170 g



7⁹⁹

CARBONAUT Gluten-Free Bagels 335 g, Tortillas 210 g or Pizza Crust 164-216 g



5⁴⁹

CHICKAPEA Pasta 227 g



5⁹⁹

SIMPLY PROTEIN Chips



7⁴⁹

SAVE DA SEA Plant-Based Salmon or Tuna 100 g



5⁴⁹

GREEN & BLACK'S Chocolate Bar 90 g



11⁹⁹

KICKING HORSE K-Cup® Pods 10-24 pk 11.99-24.99 ea

2²⁹

ZEVIA Sodas 355 mL or 6 pk 6.99



7⁴⁹

SANTA CRUZ 100% Juice 473 mL



6⁴⁹

NATREL ORGANIC Milk 2 L or Cream 1 L 5.99 ea



5⁴⁹

MINOR FIGURES Barista Oat or Oat ORGANIC Milk 946 mL



Get **100 PTS** When you buy 1
Get **300 PTS** When you buy 2

5⁴⁹

RIVIERA Kefir 946 mL or Greek Vegan Delights 500 g



Contains 50% more calcium per serving than dairy milk
2/\$5

BLUE DIAMOND Almond Breeze 946 mL



Get **200 PTS** When you buy 1

EARTH'S OWN The Alt or Naked Oat Beverages 1.75 L or Oat Creamers 946 mL



5⁹⁹

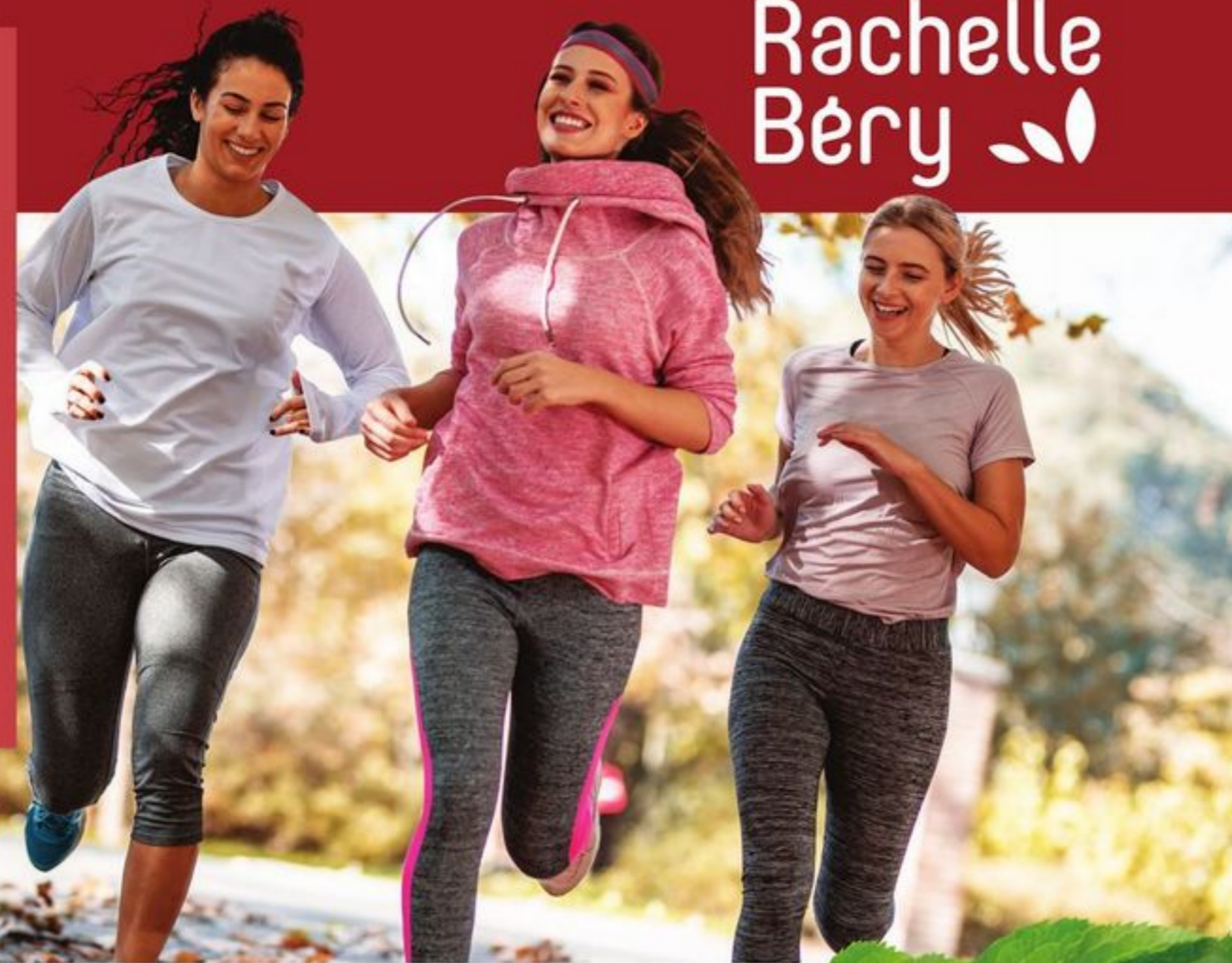
OLYMPIC ORGANIC Greek Yogurt 650 g

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wellness boutique



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20% off NATURE'S WAY SAMBUCUS GUMMIES 60 PK OR LIQUIDS 120 ML OR ZINC 60 PK

150 PTS when you buy 1

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9.99 NUUN VITAMINS OR ELECTROLYTES 10 PK

15% off ST. FRANCIS HERB FARM DEEP IMMUNE 50-250 ML OR 90 PK OR COLD OR FLU PRODUCTS 30-50 ML OR 60 PK

Double down on immune boosters

34.99 FEED THAT BRAIN COLLAGEN AND MCTS 240 G

18.99 FEED THAT BRAIN GUMMIES 60 PK

So fresh & clean

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