

October 23-November 29, 2024





Yogi
Organic Tea
selected varieties

\$379

16 ct



Alden's Organic Organic Ice Cream

selected varieties

\$849

48 oz

Serving up deals on holiday desserts

Farmer's Market Organic Pumpkin

\$279

15 oz



Dandies Vegan Marshmallows

selected varieties

\$349

10 oz



Parchment Baking Paper

Wholly Wholesome Gluten Free Pie Shells

\$599

2 ct



Annie's Organic Graham Crackers

selected varieties

2/\$7

14.4 oz



If You Care Parchment Baking Paper

\$479

70 sqft



ART RE

selected varieties

\$599



9 oz

Garden of Eatin'
Taco Shells

selected varieties

\$349

5.5 oz



Cascadian Farm Organic Organic Potatoes

selected varieties

2/\$8

16 oz



Pacific Foods Organic Broth

selected varieties

\$329



Annie's **Organic Mac & Cheese**

selected varieties





Daiya

Deluxe Mac & Cheeze

selected varieties

10.6 oz



Maya Kaimal Organic Everyday Dal

selected varieties



10 oz



Mike's Mighty Good Craft Ramen

selected varieties



Imagine Organic Soup

selected varieties



32 oz



Lotus Foods Organic Rice Noodles

selected varieties



Lundberg Family Farms Wild Blend Rice



1 lb

LUNDBERG

Ancient Harvest Organic Polenta

selected varieties

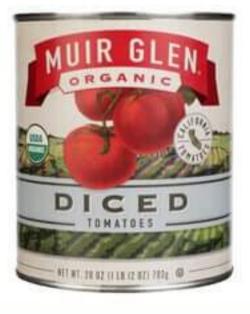


Muir Glen **Organic Tomatoes**

selected varieties

28 oz

8 oz



Muir Glen **Organic Pasta Sauce**

selected varieties



Lucini Italia **Organic Pasta Sauce**

selected varieties

18 oz



TRUFF **Black Truffle Infused Pasta Sauce**

selected varieties



24 oz



18 oz



Primal Kitchen Dressing

selected varieties

8 oz





La Tourangelle **Grapeseed Oil**

16.9 oz



Simply Organic Organic Gravy Mix

selected varieties





Kettle & Fire Broth

selected varieties

32 oz



good health

\$779

The Ginger People

Organic Pickled Sushi Ginger

6.7 oz



Late July **Organic Tortilla Chips**

selected varieties





Good Health Avocado Oil Potato Chips

selected varieties



5 oz



7.5-8.25 oz



Pirate's Booty **Rice & Corn Puffs**

selected varieties

10.1 oz





Angie's BoomChickaPop Popcorn

selected varieties



4.4-7 oz

Back to Nature Organic Crackers

selected varieties



STONEGROUND WHEAT

Simple Mills **Almond Flour Crackers**

selected varieties

4.25 oz



Crunchmaster **Multi-Seed Crackers**

selected varieties

4 oz



Milton's **Gourmet Crackers**

selected varieties



6.8-8.4 oz

Endangered Species Chocolate Bar

selected varieties

Tate's Bake Shop

3 oz

Cookies



Theo **Organic Chocolate Bar**

selected varieties





Tony's Chocolonely **Chocolate Bar**

selected varieties



6.35 oz







Homemade for the holidays. Celebrate better with Bob's Red Mill baking ingredients.



Bob's Red Mill Baking Soda



Bob's Red Mill Organic Flour selected varieties



Bob's Red Mill 1 to 1 Baking Flour

16 oz 5 lb 22 oz

Newman's Own Sandwich Cremes

selected varieties



selected varieties

Panda

7 oz

Licorice

St. Dalfour French Fruit Spread

selected varieties

10 oz



13 oz

Once Again Organic Tahini

selected varieties



Purely Elizabeth Organic Granola

selected varieties



Cascadian Farm Organic Organic Cereal

selected varieties

8.6-15 oz



16 oz

Pamela's Pancake & Baking Mix



Jovial **Organic Einkorn Flour**

selected varieties

8-12 oz



Spectrum **Organic Shortening**



24 oz

24 oz

Let's Do **Organic Coconut Flakes**

7 oz



Guittard Chocolate Baking Chips

selected varieties



\$499

9-12 oz



Wholesome **Organic Brown Sugar**

selected varieties

24 oz



Bake your holiday best with help from Wholesome Organic Fair Trade Sugars. From crop to kitchen, these sugars matter—in the quality of what you make for your loved ones and in how our Fair Trade, sustainably sourced sugars help support farming communities and our planet.

Peter Rabbit Organics Organic Baby Food Pouch

selected varieties

4-4.4 oz

Zevia



Lakewood **Organic Pure Pomegranate Juice**

32 oz

Califia Farms

Better Half Creamer



R.W. Knudsen **Organic Tomato Juice**

32 oz



Chameleon Cold-Brew

Organic Coffee Concentrate

selected varieties

\$549

Zero Calorie Soda

selected varieties



DREAM HEW LOOK!

CANADOMINA 22 R 62 (1 61) 948 ml

16.9 oz



32 oz



DREAM **Organic Ricemilk**

selected varieties

6/12 oz



West Life Organic Soymilk

selected varieties

32 oz



Brown Cow Cream Top Whole Milk Yogurt

selected varieties





For food enthusiasts eager to explore dairy-free options, Miyoko's offers an organic plant milk creamery, producing exceptional vegan cheese and butter. We inspire you to make food choices that not only taste amazing but also contribute to a better world.



Miyoko's Organic Vegan Cream Cheese

selected varieties

8 oz



Miyoko's **Organic Cultured** Vegan Butter

selected varieties

8 oz



24 oz



Earth Balance Organic Vegan Whipped **Buttery Spread**

\$479



13 oz

Kerrygold Butter

selected varieties

\$449



8 oz

Follow Your Heart Dairy-Free Shredded Parmesan

\$349



4 oz

Nancy's **Organic Cottage Cheese**

selected varieties



16 oz

Green Valley Creamery Organic Lactose Free Sour Cream

12 oz

Organic Valley **Organic Shredded Cheese**

selected varieties

6 oz

8 oz



VALLEY

MÖZZARELLA

\$799

Bitchin' Sauce Original Bitchin' Sauce

selected varieties

\$449

Vital Farms Pasture-Raised Eggs



12 ct

Marin French Cheese Co. Brie

selected varieties

\$529

FRENCH CHEESE CI

4 oz

Immaculate Organic Flaky Biscuits

\$429



Bonafide Provisions Organic Bone Broth

selected varieties

24 oz



selected varieties

Rescue Pastilles

50 g

Bach



Chestal Honey Cough Syrup

6.7 oz

Boiron



Sovereign Silver **Bio-Active Silver Hydrosol**

\$7299

2 oz



Garden of Life **Collagen Peptides**

\$2099

280 g



Vibrant Health **Green Vibrance**

\$4599

330 g



ChildLife Essentials Liquid Multi Vitamin & Mineral

\$1099

8 oz



Natural Factors DGL 400 mg Chewable

\$7399

90 tab



Nordic Naturals Ultimate Omega D-3

\$7799

60 ct



Gaia Herbs Oil of Oregano

60 ct



Herbatint Permanent Hair Color Gel

selected varieties



Biokleen

Bac-Out Stain & Odor Remover

5.75 oz



32 oz



Mrs. Meyer's Clean Day **Liquid Dish Soap**

selected varieties



16 oz



ECOS Dish Soap selected varieties

25 oz



World Centric Assorted Compostable Cutlery

\$39

24 ct



Pumpkin Corn Soup

25 MIN • SERVES 4-6 • GLUTEN-FREE, VEGETARIAN

INGREDIENTS

3 tablespoons olive oil

- 1 large yellow onion, diced
- 1 tablespoon minced garlic
- 2 4-ounce cans diced green chiles
- 1 quart vegetable stock
- 1 15-ounce can pumpkin puree
- 1 teaspoon ground cumin
- ½ teaspoon dried thyme
- ½ teaspoon dried savory (optional)

- 2 cups frozen corn
- 1 cup half and half (or alternative)
- 1 large baked potato, peeled and roughly mashed
- 1 tablespoon sriracha hot sauce
- ½ cup cilantro, chopped (optional)
- 1 ½ teaspoons sea salt

DIRECTIONS

- 1 Heat olive oil in a stock pot over medium-low heat. Add onion and sauté until tender, about 5 minutes.
- 2 Add garlic and cook for 30 seconds then add green chiles and cook for an additional 3 minutes. Stir in vegetable stock, pumpkin puree, cumin, thyme, and savory (if using). Bring to a gentle simmer and cook for 5–10 minutes.
- 3 Stir in corn, half and half, potato, sriracha, cilantro (if using), and sea salt. Cook until corn is warmed through.
- 4 Serve hot with crusty bread.

Make it plant-based by replacing half and half with a plant-based creamer.





Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

