



Nature's
EMPORIUM | Your Neighbourhood
Health Food Market

SALE Anniversary



Explore the Simple, Honest Goodness of Always Organic Produce, Natural & Organic Foods, Supplements, Whole Body Care, all waiting for you inside one of our 6 locations!

BOGO FREE!

DOOR CRASHER



CELEBRATE OUR 31ST ANNIVERSARY WITH US!
Receive A \$10 NE Gift Card!

- Be one of first 31 customers at any of our locations.
- Saturday, November 2nd only.

***1 Gift Card Per Household & While Quantities Last*



BUY ONE GET ONE

FREE

Healthology
Sleep-Great
Sleep Formula

30s

\$18⁴⁹

BUY ONE GET ONE

FREE

Natural Factors
B12 Methylcobamalin

1000 mcg
90 Tabs

\$9⁴⁹



BUY ONE GET ONE

FREE



Yorkshire Valley Farms
Organic Breaded
Chicken Bites

454 g
Frozen

\$16⁹⁹



BUY ONE GET ONE

FREE

Cabera Foods
Organic Belgian
Golden Fries

425 g

\$3⁹⁹

BUY ONE GET ONE

FREE



Nature's Emporium
Organic Artisan Pizza

380 g
Organic Spelt or Organic
GF Crusts Available
Assorted Varieties

\$9⁹⁹

BUY ONE GET ONE

FREE



Indian Life
Vegetable
Samosa

Deli Served

\$3⁹⁹ /ea.

BUY ONE GET ONE

FREE



Organic
Avocado
Product of Mexico

\$3⁹⁹ /ea.

BUY ONE GET ONE

FREE



Organic
English
Cucumber

Product of Canada/Mexico

\$3⁹⁹ /ea.

Eat Well, Live Better!

PRICES IN EFFECT FROM OCTOBER 31ST TO NOVEMBER 13TH, 2024

Natura
Organic Oat
Beverages
946 ml
Assorted Varieties

\$3⁹⁹



Dript
Maple Syrup
236 g
Assorted Varieties

\$12⁹⁹



Natural One
Natural Juice
900 mL
Assorted Varieties

\$4⁹⁹



Gldn Hour
Collagen-Infused
Sparkling Water
355 mL
Assorted Varieties

\$3⁹⁹

Nature's Emporium Your Neighbourhood Health Food Market

Anniversary SALE

Buy 1 Get 1 FREE!

** Buy any 1 of these items, get the same one free!



Savör
Premium Ice Cream
Made from grass fed cow's cream.
Certified Gluten Free & Fairtrade
Assorted Varieties
473 ml

\$5⁹⁹



Pure Food by Estee
Premium Quality
Chocolate Chips
255 g
Assorted Varieties

\$8⁹⁹



Harmon's
Non-Alcoholic Beer
4 x 355ml
Assorted Varieties

\$11⁹⁹



Gussa
Sweet & Spicy Sauce
454 g

\$6⁹⁹



Lumière de Sel
Himalayan Natural
Crystal Salt
Fine or Coarse
500 g

\$7⁹⁹



Himalaya
Organic Ashwaganda

60s

\$28⁹⁹



Hydralyte
Electrolyte Granules

Tropical, Lemon Lime, Spiced
or Apple Flavours Only
12x 6 g

\$21⁹⁹



Ecoideas
Organic Black
Chia Seeds

227 g

\$8⁹⁹



Naka
Magnesium Bisglycinate
With Bioactive B6

230 VCaps

\$47⁹⁹



** Buy any 1 of these items,
get the same one free!



Organika
Bone Broth

Assorted Varieties
300 g

\$45⁴⁹



Naka
Liposomal Vitamin D3

1000 IU
120s

\$19⁹⁹



Salus
Floradix Iron Tablets

80s

\$22⁹⁹



WhoaNelly's
Grass Fed Beef Tallow

300 g

\$24⁹⁹



Yorkshire Valley Farms
Organic Chicken
Noodle or Chicken
Brown Rice Soup

398 ml

\$5⁹⁹



Organic
Spartan Apples
2lb Bag
Product of Ontario

\$4⁹⁹



Yorkshire Valley Farms
Organic
Turkey Tourtière

700 g

\$18⁹⁹



Nantes
Organic Carrots

454 g Tray
Product of Canada

\$5⁹⁹



Mclean Meats
Organic Country
Maple Breakfast Sausage

250 g

\$9⁹⁹



La Gabrielle
Organic Yellow
Fingerling Potatoes

1.5 lb Bag
Product of Canada

\$5⁹⁹



Mclean Meats
Black Forest Ham

Sliced
150 g

\$7⁹⁹



Organic
Yellow Onions

3 lb Bag
Product of Canada

\$5⁹⁹



Woolwich Dairy
Goat Cheese Log

Assorted
113g

\$3⁹⁹



Soma Bone Broth Co.
100 % Organic
Turkey Bone Broth

750 mL

\$17⁹⁹



Organic
Red Beets

2 lb Bag
Product of Canada

\$4⁹⁹

MADE FRESH IN STORE - WITH ORGANIC INGREDIENTS



**NATURE'S EMPORIUM
Gladiator Pizza**

Hot & Ready or Take & Bake
650 g

\$21⁹⁹



**NATURE'S EMPORIUM
Traditional Meat or
Roasted Vegetable
& Ricotta Lasagna**

Fresh - 900 g

\$25⁹⁹



**NATURE'S EMPORIUM
Organic Cold Pressed
Crantastic**

473 ml

\$9⁹⁹



**NATURE'S EMPORIUM
Wellness Bar
Turmeric Latte**

16 oz. Medium

\$5⁹⁹



ALL ORGANIC & NATURAL DELI, CHEESE & BAKERY



**NIAGARA FOOD
SPECIALTIES
Pingue Prosciutto**

Non GMO

Deli Served or Pre Packaged

\$5⁵⁰
/100 g



**HERBERT EXCENTRIQUE
Gouda Cheese**

\$4⁸⁰
/100 g



**BELLA LODI
Parmesan Style Cheese**

Aged 16 Months
Lactose free

\$3⁵⁰
/100 g



**KONSCIOUS KITCHEN
Assorted Loaves**

Vegan or Keto

Assorted Varieties
350 g

\$10⁹⁹

ORGANIC & 100% GRASS FED MEAT & SUSTAINABLE SEAFOOD



**FENWOOD FARMS
Organic Bone In
Chicken Thighs**

Fresh

\$1⁶⁰
/100 g



**YORKSHIRE
VALLEY FARMS
Organic Chicken
Drumsticks**

G.A.P. Animal Welfare Certified

Fresh

\$1⁶⁰
/100 g



**YORKSHIRE
VALLEY FARMS
Organic Turkey
Wieners**

Fresh - 300 g

\$7⁹⁹



**WELLINGTON COUNTY
Grass Fed & Grass
Finished Sliced Beef
Ribeye Steak**

Fresh

\$6⁰⁰
/100 g



**8 ACRES
Grass Fed & Grass
Finished Lean or Extra
Lean Ground Beef**

G.A.P. Animal Welfare Certified

Fresh - 400 g

\$9⁹⁹



**MARK'S MENNONITE MEATS
Smoked or Canadian
Back Bacon**

150 g

\$6⁹⁹



**NATURE'S EMPORIUM
SUSTAINABLE SELECTIONS
Organic Red Spring
King Salmon**

Fresh

\$5⁰⁰
/100 g



**ROCK HARBOUR
Organic Black
Tiger Shrimp**

Cooked, Peeled & Deveined

Frozen - 340 g

\$12⁹⁹

ORGANIC & NATURAL FROZEN, REFRIGERATED GROCERY

✓ SENIOR'S DAY EVERY WEDNESDAY!

DAIYA Frozen Dairy Free Pizza

Gluten free or vegetable crust.

Assorted Varieties
405-550 g

\$8⁹⁹



CONTE'S Gluten Free Ravioli & Pierogi

Gluten free homemade taste, all natural ingredients.

Assorted Varieties
Frozen - 340 g

\$9⁹⁹



ACAI ROOTS Organic Premium Acai Sorbet

Packed with antioxidants.

Assorted Varieties
473 ml

\$8⁹⁹



NUDEFRUIT Frozen Blends

All natural, freshly picked & quick frozen with no additional added sugar.

Selected Varieties
1.5 Kg

\$14⁹⁹



THE GRAIN ESCAPE



THE GRAIN ESCAPE Gluten Free & Grain Free Bread

Masterfully crafted with a special ingredient blend that nurtures the most sensitive systems. Plant based, low fodmap & non GMO.

Assorted Varieties
260-528 g

\$6⁹⁹

NANAPOPS! Plant Based Frozen Dessert Bars

Assorted Varieties
3x80 ml

\$6⁹⁹



SO DELICIOUS Coco Whip!

Dairy free & non-GMO.

Assorted Varieties
255 g

\$4⁹⁹



FORNO de MINAS Brazilian Cheese Rolls

Gluten free snacks

400 g

\$4⁹⁹



BLUEBIRD PROVISIONS Organic Frozen Beef or Chicken Bone Broth

420 ml

\$9⁹⁹



SIMPLA Coconut Yogurt

Dairy free yogurt made with simple organic ingredients.

Assorted Varieties
113 g

\$2⁹⁹



TASTE REPUBLIC Gluten Free Fresh Pasta

Assorted Varieties
255-340 g

\$6⁹⁹



BUBBIES FINE FOODS All Natural Pickles

Kosher Dill or Bread & Butter

1 L

\$10⁹⁹



BURNBRAE Organic Simply Egg Whites

500 g

\$6⁹⁹



PACKAGED ORGANIC BULK



20% OFF

Assorted Varieties
185g- 350g

ORGANIC & NATURAL GROCERY

Back To Daily Routines

PRANA ORGANICS Granolove Premium Granola

Assorted Varieties
300 g



\$5.99

HONEYBAR Snack Bars

Canadian made nut & seed bar with non GMO ingredients & kosher certified.

Assorted Varieties
5 Pk



\$5.99

SPRY Aspartame Free Chewing Gum

Sweetened with Xylitol.

100 Pc



\$9.99

CRAVE Stevia Sweetened Chocolate Chips

200 g



\$6.99

Stevia Liquids 30 ml...\$7.99

GEORGIA'S NATURAL Cold Pressed 100% Pure Organic Juice

Made with only the freshest ingredients, ensuring optimal flavour & nutrition in every sip. Each batch of Georgia's Natural juice is handcrafted using organic fruits, vegetables & herbs grown on local farms.

Assorted Varieties
1 L



\$7.99

ECOIDEAS

Coffideas Coffee Alternatives



30% off

ECOIDEAS

Vélicious Vegan Seasonings



30% off

ECOIDEAS

Plant Based Crumbles & Chunks



30% off

ECOIDEAS

Vegan Bouillon



30% off

ECOIDEAS

Monkfruit Sweeteners & Coconut Sugar



25% off

Lattini

Sunflower Milk Beverages



15% off

Mekhala

Asian Cooking Pastes



20% off

Wai Lana Snacks

Cassava & Sweet potato chips



20% off

Living Intentions

Nut Blends and Cereals



20% off

Prasad and Heritage Ghee

Premium Ghees



20% off

ORGANIC & NATURAL GROCERY

A Healthy Outside Starts From The Inside



Neal Brothers Organic Tortilla Chips
300 g Assorted Varieties
\$3.99

Mrs. Renfro's Salsa
473 mL Assorted Varieties
\$5.99

Day of the Dead

SKINNY POP Popcorn
Guilt-free snacking made without artificial ingredients. Non-GMO & gluten free.

Assorted Varieties 125-150g
\$3.99



HOLOS Overnight Muesli
Convenient snacks with 15 g of plant protein, ideal for on-the-go energy.

Assorted Varieties 90 g
\$4.99



DOMATCHA Matcha Tea
Packed with nutrients & L-theanine for serenity & concentration. Now in a decaf option.

Assorted Varieties 30-80 g

15% OFF



GOOD TO GO Almond Flour Goodness Soft Baked Bars
New & Improved recipe! Naturally flavoured, low sugar, high fibre snack bars.

Assorted Varieties 40 g
2/\$5



FIT TREATS Better For You Cookies
Allergen free cookies that are high in fibre & protein.

Assorted Varieties 125 g
\$6.99



NO SUGAR COMPANY Keto Bars
0 sugar high protein bars for perfect snacks on the go.

Assorted Varieties 40 g
2/\$5



CHA'S ORGANICS Organic Spices
Selected Varieties 10-30 g Canisters

30% OFF



REDMOND REAL SALT Sea Salts or Seasoning Salts
Unrefined, all-natural sea salt from Central Utah's ancient underground deposit.

Assorted Varieties 55-740 g
20% OFF



PACIFIC FOODS Organic Soup
Assorted Varieties 946 ml -1L

\$5.99



ALWAYS ORGANIC BY NATURE'S EMPORIUM Organic Beans
Product of Italy

Assorted Varieties 398 ml
2/\$5



ALWAYS ORGANIC BY NATURE'S EMPORIUM Long Grain White or Brown Rice

Value Size 2.5 Kg
\$14.99



ALWAYS ORGANIC BY NATURE'S EMPORIUM Pastry Flour

2.5 Kg
\$9.99



KABRITA Goat Milk Based Toddler Formula
12 - 24 Month

800 g
\$46.99



SANTEVIA Mina Pitchers
Filters out the bad, adds in the good.

Made in Canada
10% OFF



FUNCTIONAL Mushrooms
For Everyday Wellness

Brought to You By:
Harmonic Arts and Nature's Emporium

Join special guest speaker Yarrow Willard, second generation Clinical Herbalist, and explore the healing power of functional mushrooms as food and medicine.

FREE ENTRY

REGISTER NOW Visit : www.naturesemporium.com/events

Tuesday, November 5
6:30pm
NE Oakville

Thursday, November 7
6:30pm
NE Newmarket



PROFESSIONAL & NATIONAL SUPPLEMENT BRANDS

Invest in Your Health

PURICA
Complete 360
Micronized Mushroom
 Holistic immune support for cognitive enhancement, overall vitality & wellness.

30-360 VCaps



20% OFF

WITHIN US
ReHydrate
+TruMarine® Collagen

A daily dose of premium electrolyte mix to help maximize hydration & combat electrolyte imbalance & dehydration.

197-240 g



15% OFF

PASCOE
Lymphdiaral Drops
 Improve immune function. Support the removal of toxins. Decrease swelling. Reduce inflammation.

50 ml



\$39.99

BUY Lymphdiaral Drops 50 ml & Get Lymphdiaral Sensitive Cream For FREE!

CERTIFIED NATURALS
Plant-Source Calcium Magnesium Plus K2

Plant-source calcium known as Aquamin™ that is sourced from Icelandic Red Algae.

450 ml/120-240 VCaps



15% OFF

NEW NORDIC
Turmeric Gummies
 Delicious mango-orange flavoured gummies that are a source of antioxidants & used in herbal medicine as an anti-inflammatory to help relieve joint pain.

60s

\$17.99



NEW ROOTS
Probiotics
 High-potency, broad spectrum formulas.

Assorted Varieties
 30-75 Caps



20% OFF

CLEF DES CHAMPS
Fatigue/Stress
 Herbal remedies to help alleviate stress & counteract fatigue.

50-100 ml/85 Caps



20% OFF

PROVITA
Prostate Pro
 Unique & effective prostate health support.

60s

\$33.99



Feel the difference with **Whole Food, Fermented Probiotics, Herbs and Minerals**



ON SALE
25% OFF

- ✓ HIGHLY ABSORBABLE
- ✓ EASY TO DIGEST
- ✓ POWERFUL RESULTS

LIVINGALCHEMY.CA

@THEREALALCHEMY

Living Alchemy
 Fermented Supplements



ORGANIKA
20% off
 ON SELECTED ITEMS

Which collagen is right for you?

ENHANCED COLLAGEN ORIGINAL



Purely hydrolyzed grass-fed collagen for bone, joint, gut, and skin health.

ENHANCED COLLAGEN BONE & JOINT



Collagen targeted to support pain associated with osteoarthritis.

ENHANCED COLLAGEN PURE BEAUTY



Collagen with beauty boosting ingredients to enhance hair, skin, and nails.

ENHANCED COLLAGEN CHOCOLATE



Satisfy your chocolate cravings with this blend of collagen and cocoa that provides health and wellness from within.

COLLAGEN MARINE



Sourced from wild-caught fish, this pescatarian-friendly type 1 collagen helps support healthy skin.

ENHANCED COLLAGEN LEMON



Radiant skin, hair, nails & healthy joints in a delicious lemon flavour.

BOVINE GELATIN ORIGINAL



A source of essential amino acids your body needs to rebuild and renew, made from the hides of grass-fed cows.

The Preferred choice for Absolutely YUMMY delicious **GUMMIES** MADE WITH NATURAL INGREDIENTS



25% OFF



NEW



Nature's EMPORIUM | Your Neighbourhood Health Food Market

NAVIGATING PERIMENOPAUSE



Join Us

For An Exclusive Discussion

with **Aeryon Ashlie**
Founder & CEO - Aeryon Wellness

MORE INFO



Or Visit www.naturesemporium.com/events

When?

11/6 | Wednesday

From 6:30 pm to 8 pm

Where?

NE Woodbridge
8401 Weston Road

AERYON WELLNESS Holistic Supplements

Highest grade, all natural, support supplements that make a difference.

10-120 Caps/87-250 g



20% OFF

NATURAL CALM Magnesium Citrate Powder

Helps with symptoms of magnesium deficiency. Contains organic stevia, organic raspberry & lemon flavouring. Includes kids.

Selected Varieties
226 g

\$24⁹⁹



BACH REMEDIES Rescue Pastilles

Soothing, calming & relaxing, the famous five flower remedy formula. Original or Black Current

50 g

\$8⁹⁹



PURE LAB VITAMINS Magnesium Glycinate

A foundational magnesium product for better absorption & bowel tolerance.

90-300 VCaps/200-214 g
Powder

15% OFF



TINTS OF NATURE Conditioning Permanent Hair Colour

Simple, healthier way to colour your hair for stunning salon-standard results.

Selected Varieties
130 ml

\$14⁹⁹



HENNA PLUS Men's Own Hair Colour

Quick & easy ammonia free formula.

Assorted Varieties
80 ml

\$16⁹⁹



DUTCHMAN'S Propolis Gummies or Throat Sprays

Immune booster Propolis for the whole family.

30 ml

20% OFF



ATTITUDE Super Leaves Classic Shampoo & Conditioner

Selected Varieties
240-473 ml

\$8⁹⁹



AXEL KRAFT Vitamin E Skin Oil

Helps to reduce scarring, inflammation & skin redness.

28 ml

\$10⁹⁹



HERBAL GLO Shampoo & Conditioner

Comprehensive blend of natural ingredients from plants, roots, leaves & even barks of trees.

Assorted Varieties
250 ml

15% OFF



GENUINE HEALTH

20% OFF*

SELECT GENUINE HEALTH PRODUCTS



naturally reduce pain & inflammation

Supports healthy skin, joints, nails and hair!

bring out more natural joy

GENUINEHEALTH.COM

Nature's way

INSPIRED by the POWER of NATURE



SAVE UP TO **30%**

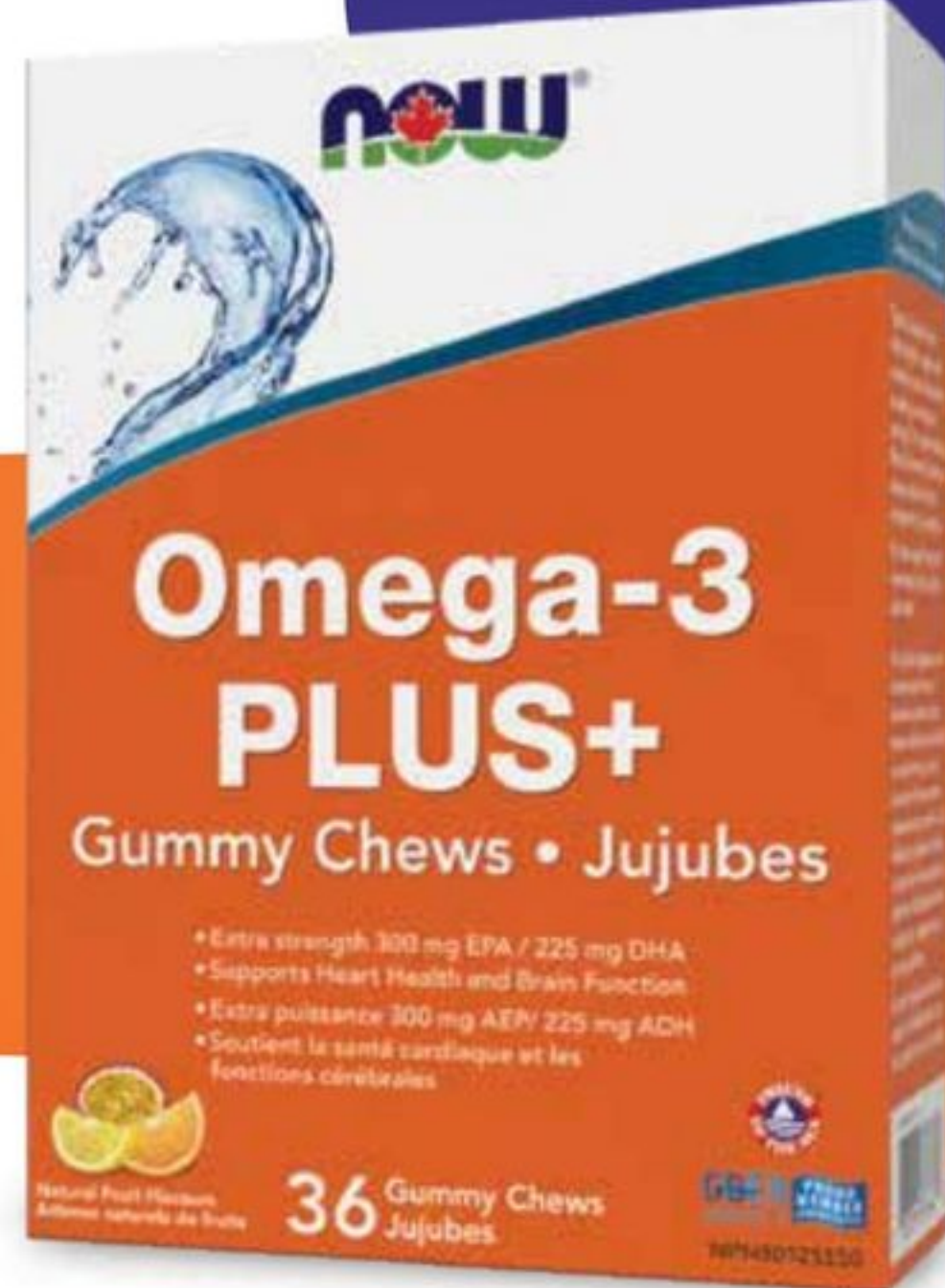
on NutraSea 200 mL liquids, Sambucus Syrups and select Gummies.



GAME-CHANGING
GUMMY CHEWS!

25% OFF

FINALLY, A GUMMY CHEW WITH UP TO 35X MORE POTENCY!
(WITHOUT THE FISHY BURPS)



Progressive®

25% OFF
SELECT PRODUCTS

All Progressive® Multivitamins, Fish Oils, Superfoods, Vitamin C and Collagen

UNLOCK **NEXT LEVEL** NUTRITION

You deserve nothing less than

20% off



extrAORdinary.



Anniversary
BOGO Special

Comprehensive Immune Support



Featuring Black Cumin, Elderberry, Propolis and Echinacea.

Immune System Support



Featuring Quercetin, Zinc and Vitamin C.

Hepatoprotectant



Featuring NAC, Milk Thistle and Turmeric.

Mental Stress Formula



Adaptogenic blend of Ashwagandha, Reishi and Holy Basil.

BUY ONE get ONE FREE

From one amazing Canadian business to another...

Happy Anniversary

Nature's Emporium, from Natural Factors

We appreciate you and your awesome customers!

PURCHASE ANY NATURAL FACTORS PRODUCT AND RECEIVE A **FREE GIFT***

*WHILE QUANTITIES LAST



An **IMMUNE-SUPPORT FORMULA** that combines the antioxidant benefits of **vitamin C** and the bioflavonoid **quercetin** in a harmonious 2:1 ratio.

QUERCETIN ENHANCES THE ACTIVITY OF VITAMIN C IN THE BODY.



AMAZING DEALS on Natural Factors products



25% off

267 g

\$17⁹⁹

60 chewable tablets

\$18⁹⁹

60 chewable tablets

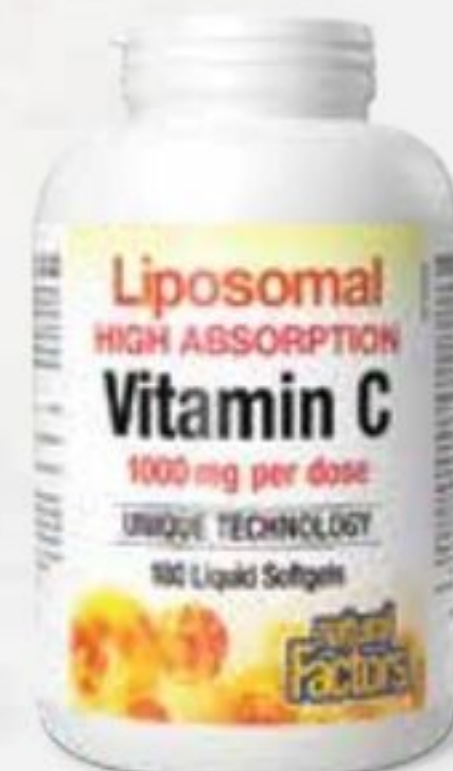
\$18⁹⁹

60 chewable tablets



25% off

500 g



30% off

180 liquid softgels



\$11⁹⁹ \$15⁹⁹

1000 IU 2500 IU
500 softgels 500 softgels

\$69⁹⁹

120 softgels



\$19⁹⁹

120 softgels



30% off

60 vegetarian capsules



30% off

All Whole Earth & Sea Multivitamins – 60 tablets



30% off

60 vegetarian capsules



30% off

60 softgels



\$39⁹⁹

150 Enteripure™ softgels



TORONTO & OAKVILLE

NEWMARKET | MAPLE |
WOODBRIDGE | BURLINGTON

naturesemporium.com/locations



Proudly Local & Family Run SINCE 1993!



Follow us on Instagram
@NaturesCanada

For Flash Sales & More!



PRICES IN EFFECT FROM OCTOBER 31st TO NOVEMBER 13th, 2024

*We reserve the right to limit quantities. Products may not appear exactly as depicted. Sorry, no rain-checks.