

# FORTINOS®

90-100's  
Nestlé, Mars, Hershey's, Cadbury or Maynards Halloween candy  
21528420\_EA/21452511\_EA  
**12.99**  
90-100's  
While quantities last!

**Ground FRESH DAILY**  
**4.99** lb extra lean ground beef club pack  
11.00/kg 20873869\_KG

**Ontario Pork**  
**3.99** lb pork tenderloin  
8.80/kg 20874584\_KG

**8.99** lb fresh tilapia fillet  
19.82/kg 20033340\_KG

**1.99** 10 lb yellow, white or red potatoes product of Ontario, Canada no. 1 grade  
20601013001\_EA/20601020001\_EA

**2.99** 170 g raspberries product of U.S.A. or Mexico  
20128938001\_EA

**2.99** 10 lb bag yellow onions, beets or carrots product of Ontario, Canada no. 1 grade  
21121329001\_EA/20600930001\_EA

**Foodland ONTARIO**

**5.99** 454 g PC® Blue Menu® ground chicken, turkey or Mina Halal ground chicken  
21100091\_EA/21618141\_EA

- ✓ Air Chilled
- ✓ Canadian grown
- ✓ Grain fed

**7.99** 400 g PC® Pacific large white raw Zipperback® shrimp 31-40 per lb, frozen  
20788888\_EA

**1,000** (10) **6.99** 500 g Bari ricotta cheese regular or light  
20573931\_EA/20573933\_EA

**4.49** 283 g Sabra hummus all varieties  
20005858\_EA/21367003\_EA

**6.99** 470-800 g St-Hubert or Swiss Chalet meat pies selected varieties, frozen  
21047194\_EA

**5.99** 100/125 g Marcangelo sliced deli meat all varieties  
20864839\_EA/20865352\_EA

**2.99** each Villaggio bread 550-675 g, PC® English muffins or PC® crumpets 6's selected varieties  
20123948\_EA/20810728\_EA

**4.79** each assorted mini danish 8's, apple or raspberry turnovers 4's  
21469196\_EA/21476309\_EA



Neilson  
chocolate  
milk 750 mL  
or milkshakes  
310 mL  
selected varieties  
20766719\_EA/21040942\_EA

**.99**  
each



**4.79**  
each  
PC® cheese bars or shredded cheese  
250-400 g or Nanak paneer 341 g,  
selected varieties  
20312788001\_EA/21060183\_EA



**1.99**  
each  
De Cecco pasta  
454 g or Molisana  
passata 680 mL  
selected varieties  
20016661\_EA/21056283\_EA

**20% OFF** ALL LOOSE BULK FOODS



**4.99**  
each  
Tide laundry detergent 1 L,  
Pods or Flings 12-16's,  
Downy or Gain fabric softener  
946 mL-1.31 L, Bounce sheets 40-80's  
or beads 141 g, selected varieties  
20301481001\_EA/21182552\_EA



**2.49**  
251-350 g  
Oreo, Chips Ahoy!, Peek Freans  
or Dad's cookies selected varieties  
20680329\_EA/21014049\_EA



**3.49**  
320-410 g  
Ristorante or  
Casa Di Mama pizza  
selected varieties, frozen  
20296424006\_EA/20852957\_EA



**2.49**  
240/250 g  
Ben's Original Bistro rice  
selected varieties  
21405242\_EA/21405472\_EA



**2.79**  
24x500 mL  
PC® spring water  
20137898\_C24



**1.29**  
85/170 g  
Clover Leaf  
light tuna  
selected varieties  
20315581001\_EA/20573583\_EA



**3.99**  
each  
Danone Oikos 4x100 g  
or Activia 8x100 g  
selected varieties  
20325384002\_EA/20625055\_EA



**6.99**  
12x355 mL  
Coca-Cola, Canada Dry  
or Pepsi soft drinks  
selected varieties  
20318694002\_C12/20322361002\_C12



**10.99**  
45x16 g  
Old Dutch  
Halloween snacks  
selected varieties  
21384111\_EA/21384112\_EA



**40% OFF**  
up to  
Webber Naturals  
vitamins  
selected varieties  
and sizes  
20783647\_EA/20783861\_EA



**9.99**  
4 L  
3.8% whole milk  
\$10.99 4 L  
Rolling Meadow  
grass-fed 2% milk  
21492005\_EA/21492021\_EA

Prices effective at all Burlington, Oakville and Waterdown stores only.

Flyer prices effective from Thursday, October 24th, to Wednesday, October 30th, 2024

Visit us at [fortinos.ca](https://www.fortinos.ca). FOLLOW US ON

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit [pcoptimum.ca](https://www.pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2024 Loblaws Inc. All rights reserved.



this product is printed using vegetable-based inks



# HALLOWEEN TREATS



**39<sup>99</sup>** photo cake  
quarter slab  
1.8 kg  
20592893\_EA



**13<sup>99</sup>** single layer 8" cake  
chocolate or vanilla  
600/650 g  
20593051\_EA



**6<sup>99</sup>** cupcakes  
vanilla, chocolate  
or assorted  
300 g  
20592887\_EA



**11<sup>99</sup>** decorated  
chocolate chip cookie  
400 g  
20018001\_EA



**4<sup>99</sup>** mini halloween cupcakes  
chocolate or vanilla  
pkg of 12  
21296828\_EA/21296831\_EA



**4<sup>99</sup>** Kimberley's frosted  
harvest cookies  
vanilla  
383 g  
21194079\_EA



**7<sup>49</sup>** Create-A-Treat  
Halloween cookie kit  
290 g  
21049242\_EA



**6<sup>99</sup>** Halloween  
chocolate house kit  
460 g  
20980152\_EA

## Treats

Nestlé  
minis 50's  
or KitKat 40's  
selected varieties  
21451527\_EA/21570808\_EA

**7<sup>99</sup>**  
each  
328 g

Mars chocolate  
variety 50's,  
or Skittles  
and Starburst  
mixed candy 45's  
selected varieties  
21452478\_EA/21452551\_EA

**9<sup>99</sup>**  
each

Nestlé  
Halloween  
chocolate  
selected varieties  
21571131\_EA/21571179\_EA

**5<sup>99</sup>**  
25's  
296 g

Hershey's  
Halloween  
chocolate  
or candies  
selected varieties  
21528274\_EA/21528277\_EA

**9<sup>99</sup>**  
50's  
582 g

Nestle assorted  
full size  
chocolate bars  
selected varieties  
20885425\_EA

**9<sup>99</sup>**  
8's  
384 g

**BULK** **20% OFF**



sour jelly pumpkins  
20585261\_KG



Halloween ju jubes  
21199402\_KG



candy corn  
20698765\_KG



Halloween creme pumpkins  
21152763\_KG



# HALLOWEEN MADE EASY WITH



**11<sup>99</sup>** pizza kit  
each  
New Yorker or Mediterraneo  
21307893\_EA



*Available as Halal  
at select locations!*

**19<sup>49</sup>** BBQ chicken meal deal  
each  
includes 1 large side and  
1 small Ziggy's® salad  
20065401\_EA



*14 varieties!*

20 pieces \$37.99  
30 pieces \$48.99

**18<sup>89</sup>** jumbo chicken wings  
10 pack  
14 varieties  
20540413\_EA



**32<sup>99</sup>** chicken tenders meal deal  
each  
include 1 large side and  
1 small Ziggy's® salad  
20045619\_EA



Hellmann's dips  
\$1.09 ea.

PANE Fresco  
Roman pizza  
17 varieties  
20589487\_EA/20589502\_EA

**\$28** each



**PIZZA  
of the  
MONTH**



**7<sup>99</sup>** vegetable samosas  
720 g  
20904594\_EA



**8<sup>99</sup>** California roll  
298 g  
available at most locations  
20335472\_EA



*13 varieties!*

**9<sup>49</sup>** PANE Fresco  
chilled soup  
900 mL  
13 varieties  
21345574\_EA



*Over 20 varieties!*

**2<sup>29</sup>** /100 g gourmet salads  
10.39/lb  
selected varieties  
21179197\_KG



**1 kg**

**19<sup>99</sup>** organic  
rotisserie chicken  
1 kg  
21104363\_EA



PRODUCE • Nature's Bounty arriving fresh daily!



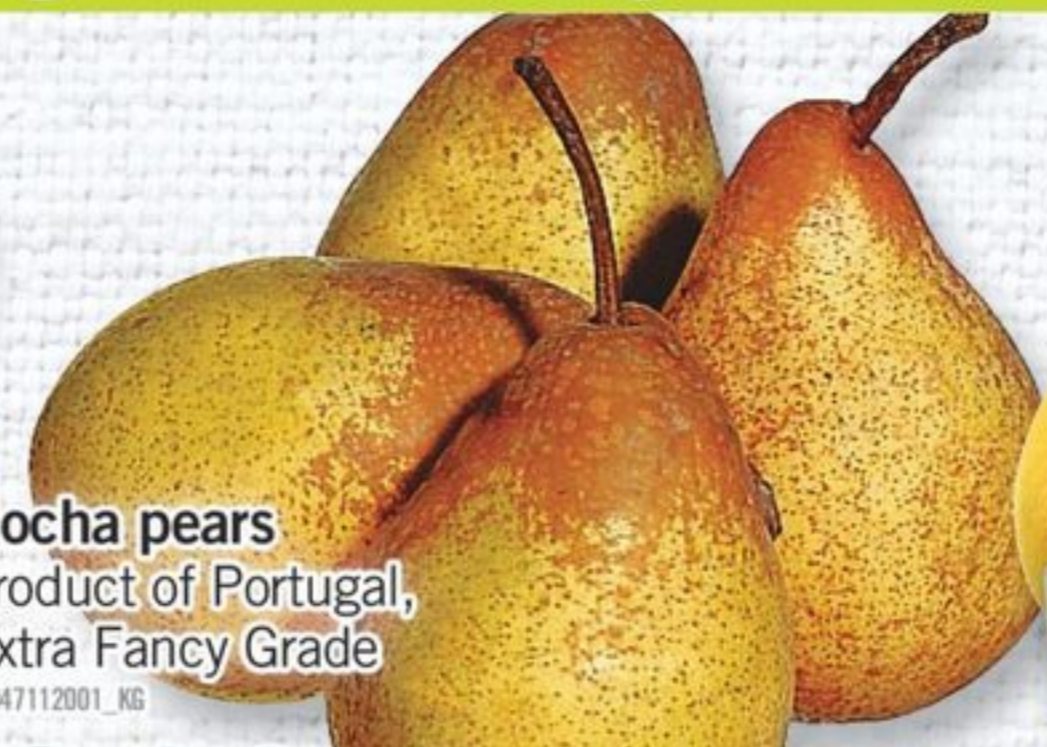
**JUMBO**

**4.99** each  
jumbo pomegranate  
product of U.S.A.  
20134767001\_EA



Similar in taste, appearance and aroma to pears. Quince must be cooked and is best in compotes and jam.

**3.99** each  
large quince  
product of U.S.A.  
20047112001\_EA



Rocha pears  
product of Portugal,  
Extra Fancy Grade  
20047112001\_KG

**2.99** lb  
6.59/kg



Flown in for  
PEAK FLAVOUR

**4.99** each  
Palmer mango  
product of Brazil  
20025410001\_EA

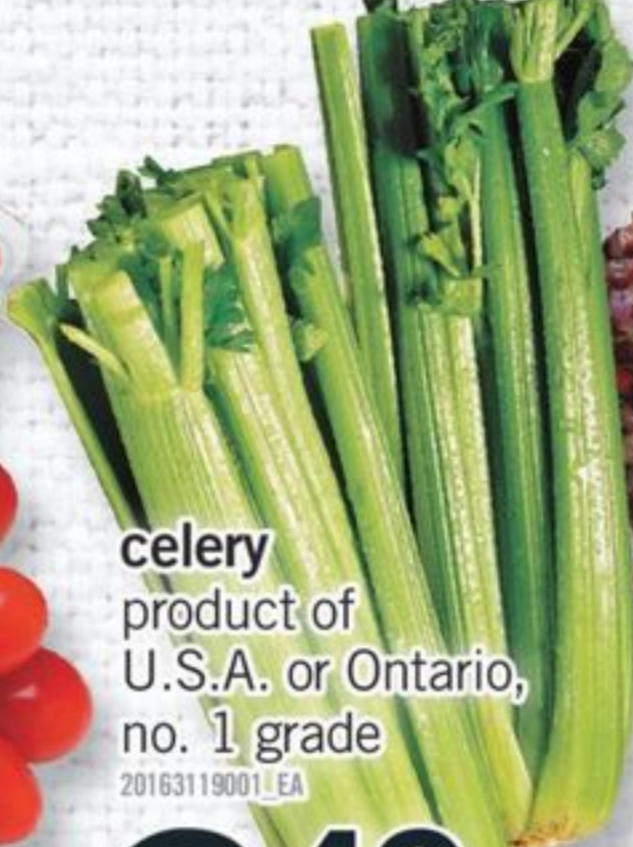


colossal pumpkins  
\$9.99 ea.

**6.99** each  
jumbo pumpkins  
product of Ontario  
20081484001\_EA



**2.99** 283 g  
grape tomatoes  
product of Guatemala,  
no. 1 grade  
21367888001\_EA



celery  
product of  
U.S.A. or Ontario,  
no. 1 grade  
20163119001\_EA

**3.49** each



**2.69** each  
green or red  
leaf lettuce  
product of U.S.A.  
20133884001\_EA/20305726001\_EA



**2.99** 454 g  
coloured  
or Nantes carrots  
product of Canada,  
Canada no. 1 grade  
20997816001\_EA/2130236300\_EA



**3.69** 50 g  
Goodleaf  
pea shoots  
or micro arugula  
or broccoli  
product of Ontario  
21185241\_EA/21414369\_EA



Bolthouse  
smoothies  
all varieties,  
product of U.S.A.  
20013811\_EA/20313524\_EA

**3.99** 450 mL



**3.49** 227 g  
cooking spinach  
product of U.S.A.  
or Mexico  
20959677\_EA



**4.49** each  
Mann's snap  
227 g  
or snow peas 170 g,  
product of U.S.A.  
20712998\_EA/20712967\_EA



Pom Wonderful  
100% pomegranate  
juice product of U.S.A.  
20123288\_EA

**13.99** 1.4 L

PICK ORGANIC • Over 150 items available every day!



**4.99** 170 g  
organic  
raspberries  
product of U.S.A.  
or Mexico  
20056190001\_EA



**5.89** 150 g  
PC® Organics  
Umami mix  
mushrooms  
product of Ontario  
21005517\_EA



**3.99** each  
PC® Organics  
garlic 115 g,  
product of Spain  
or U.S.A.  
or ginger 160 g,  
product of Peru  
20717130001\_EA/21102204001\_EA



**3.99** 454 g  
organic limes  
product of Mexico  
20435942001\_EA



**3.29** 20 g  
PC® Organics  
fresh herbs,  
all varieties,  
product of Canada,  
Mexico, Israel or  
Dominican Republic  
20914801\_EA/20915665\_EA





# FRESH ONTARIO APPLES

Ontario apples are at their peak. Enjoy as an eating apple or use in baking!



Foodland  
ONTARIO

Mountainview  
ORCHARDS  
Beamsville, Ontario

## Mountainview Orchards

The Feenstra family of Mountainview Orchards have been growing apples in their Beamsville orchards for over 40 years. They have proudly partnered with Fortinos supplying locally grown apples at the peak of their harvest.



### APPLE CRISP

Preheat oven to 350°F.

Peel, core & slice about 8 apples, your choice of variety.

Toss with ¾ cup brown sugar, 1 tsp. cinnamon and place in casserole dish.

In a separate bowl combine 2 cups oats, ¾ cup melted butter, ½ tsp. cinnamon and mix well.

Spread on top of apples and bake for about 35 – 40 mins.



### HONEYCRISP

Very popular, large sized apple with a distinctive crisp, juicy texture and super sweet taste. A real favourite for eating fresh!



### ROYAL GALA

Small to medium, yellow-orange apple with a thin skin and sweet, crisp flesh. Kids love them!



### GOLDEN DELICIOUS

Greenish yellow, elongated shape, firm, juicy and naturally sweet, their slices retain their shape when baked in pies.



### FUJI

Medium to large size, greenish pink with a firm texture. Great for eating fresh, Fuji's natural, high sugar content means adding less sugar when baking.



### SPARTAN

Medium sized, dark red variety, sweet and juicy. A delicious fresh apple that also pairs well with strong savoury flavours like cheese or roasted pork.

### AMBROSIA

Medium sized, pink over yellow pigment with a sweet and crisp honey flavour. This low-acid apple is slow to brown making it perfect for fruit salads or enjoying as a snack.



### CORTLAND

A McIntosh descendant, globular shaped Cortland has a mild, sweet taste and crisp texture. They resist browning, great for salads and fruit plates.



### EMPIRE

A McIntosh/Red Delicious cross, with a dark red blush with a splash of yellow or green. Slightly tart, juicy, firm and crisp. Makes great applesauce.



### MCINTOSH

Deep red, medium sized Macs are mildly tart, sweetening as they ripen. A real favourite for eating fresh, and for pies and applesauce.



# Salmon Fest

High in protein, heart-healthy Omega 3 fatty acids, and vitamins A & B12 make salmon a nutritional Superfood. Quick & easy to prepare, salmon is a healthy, delicious choice.

Delicious pan fried, oven baked or grilled. Always cook skin side down.

**FRESH Salmon**

- ✓ Thick Centre Cut
- ✓ NO WASTE
- ✓ Tail, Neck & Belly removed

**14<sup>99</sup>lb** fresh Atlantic salmon fillet  
33.05/kg 20129990\_KG

**Organic**

**22<sup>99</sup>lb** fresh organic salmon fillet  
50.68/kg 20040904\_KG

*Large size!*

Preseasoned, grill, bake or pan fry.

**6<sup>49</sup>** fresh Atlantic salmon portions plain, herb, jerk or maple BBQ flavour  
142 g 21018789\_EA

Cut fresh daily - even customized to your liking! Great on the barbecue, in the oven or pan fry.

**12<sup>99</sup>lb** fresh Atlantic salmon steak  
28.64/kg 208505091\_KG

*Skinless!*

Poached or baked, they're also great in salmon salad or sandwiches.

Rolled with herb & cream cheese. Lightly steam for maximum flavour.

**6<sup>49</sup>** Atlantic salmon pinwheels with lobster or spinach & feta  
141 g 21219770\_EA

**FRESH Salmon**

- ✓ Thick Centre Cut
- ✓ NO WASTE
- ✓ Tail, Neck & Belly removed

**16<sup>99</sup>lb** fresh Atlantic salmon fillet  
37.46/kg 21176902\_KG

a proud FORTINOS recipe

*Made fresh daily!*

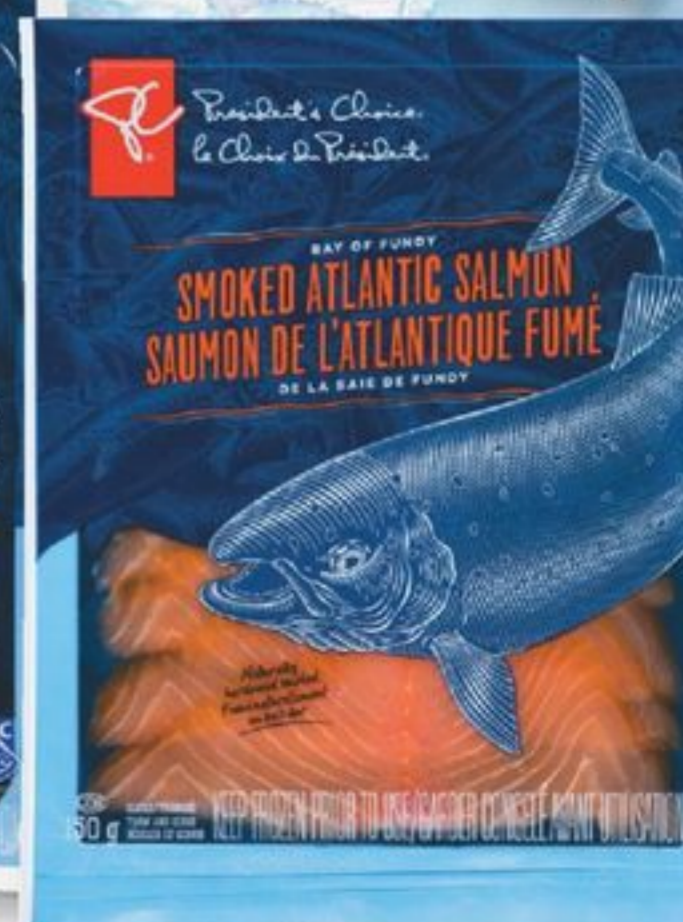
Pan fry or bake for a quick and tasty dinner. Serve with a salad, or on a bun with tartar sauce.

**4<sup>99</sup>** fresh Atlantic salmon burger  
each 21188901\_EA

Ready to enjoy! Serve with capers, thinly sliced red onion with crackers or on a bagel.

PC® smoked Atlantic or sockeye salmon frozen  
20055009\_EA/20108286\_EA

**10<sup>99</sup>** 150 g





# DAIRY & FROZEN



Yoplait YOP  
drinkable yogurt  
selected varieties  
21478178\_EA

**129**  
200 mL



**599**  
240-354 g

**Chef Bombay**  
entrées or snacks  
selected varieties, frozen  
20973182\_EA



Optimum  
**250**<sup>pt</sup>

**249**  
212 g

**Imperial**  
margarine  
21535357\_EA



**PC® Cheese**  
**Frusta**  
selected varieties,  
frozen  
21549514\_EA

**599**  
2x120-175 g



**iÖGO nanö**  
drinkable yogurt  
selected varieties  
20609687001\_EA

**399**  
6x93 mL



Optimum  
**500**<sup>pt</sup>

**699**  
16x100 g

**iÖGO yogurt**  
selected varieties  
20609583001\_EA



**649**  
16's

**Kellogg's**  
**Eggo waffles**  
selected varieties,  
frozen  
20099730004\_EA



**Bibigo**  
frozen wontons,  
dumplings or rice  
21591982\_EA

**999**  
510-710 g



**599**  
3/4's

**Häagen-Dazs**  
novelties  
selected varieties,  
frozen  
20302298004\_EA



**549**  
400-600 g

**PC®**  
frozen fruit  
21377841\_EA

## Halloween Entertaining



**599**  
8x300/355 mL

**Coca-Cola, Pepsi**  
or Canada Dry  
soft drinks  
selected varieties  
21181173\_C08/21362875\_C08



**349**  
8x200 mL

**Allen's**  
juice  
selected  
varieties  
20315996002\_EA



**999**  
6x355 mL

**Coors Edge**  
non-alcoholic  
beer  
21103977\_C06



**349**  
145 g

**Bits & Bites**  
or Crispers  
selected varieties  
21395350\_EA/21433256\_EA



**379**  
190-200 g

**Miss Vickie's**  
kettle chips  
21240703\_EA/21240628\_EA



**349**  
250's

**no name®**  
napkins  
20997492\_EA



**699**  
50's

**no name®**  
plastic party cups  
selected varieties  
21206257\_EA/21206261\_EA



**199**  
503 mL

**Sparkling Ice**  
flavoured water  
selected varieties  
20885450001\_EA



**649**  
600 g

**Planters**  
dry roasted  
peanuts  
20021666\_EA



**429**  
275/290 g

**Restaurante**  
tortilla chips  
selected varieties  
21367510\_EA



# DELI • Always freshly sliced or shaved your way!



**12<sup>99</sup>lb**  
2.86/100 g

Schneiders  
old fashioned  
smoked ham  
deli sliced  
20315624\_KG



**13<sup>99</sup>lb**  
3.08/100 g

Elite C  
roast beef  
20641321\_KG



**9<sup>99</sup>lb**  
2.20/100 g

Ziggy's®  
smoked or cooked  
chicken breast  
deli sliced or shaved  
20299046\_KG



- ✓ Antibiotic free
- ✓ Gluten free
- ✓ Dairy free

**17<sup>99</sup>lb**  
3.97/100 g

McLean's  
turkey deli meat  
selected varieties,  
antibiotic, gluten,  
dairy, soy free,  
no preservatives  
20561368\_KG/20561619\_KG



**13<sup>99</sup>lb**  
30.85/kg

Balderson  
Canadian cheddar  
selected varieties,  
by the piece  
or deli sliced  
20088737\_KG



PC® Natural Choice™  
or Blue Menu®  
sliced meat  
all varieties  
20326202\_EA

**7<sup>99</sup>**  
175 g



**11<sup>99</sup>**  
375 g

Tre Stelle feta  
regular or light  
21527851\_EA/21527856\_EA



**7<sup>99</sup>**  
200 g

Tre Stelle bocconcini  
selected varieties  
20024992\_EA/20318663\_EA



PC® cheese slices  
selected varieties  
20216643\_EA/20219790\_EA

**7<sup>49</sup>**  
140-170 g



Optimum®  
**500** g

Marcangelo  
dry cured cacciatore  
mild or hot  
21021491\_EA/21021493\_EA

**11<sup>99</sup>**  
300 g



Tre Stelle  
mascarpone  
selected varieties  
20130433\_EA

**13<sup>99</sup>**  
475 g



Piller's Toppings  
chorizo  
20976070\_EA

**8<sup>99</sup>**  
250 g

# BAKERY • Baked fresh by Bakers with passion!



**29<sup>99</sup>**  
1.3-1.8 kg

LA ROCCA  
CREATIVE CAKES  
cheesecake  
cherry, chocolate brownie  
or cookies & cream  
20296109\_EA/20312787\_EA



8" mousse cakes  
tiramisu, mango,  
strawberry or chocolate  
205921651\_EA

**21<sup>99</sup>**  
800 g



**6<sup>99</sup>**  
390 g

pumpkin  
handheld pie  
21562630\_EA



PANE  
Fresco  
muffins  
selected varieties  
21461882\_EA

**1<sup>99</sup>**  
each



**3<sup>99</sup>**  
4/6's

kaiser or  
submarine buns  
selected varieties,  
baked in store  
20009322\_EA/20641213\_EA



PANE  
Fresco  
fresh pizza dough  
white or whole wheat  
20613587\_EA

**3<sup>99</sup>**  
600 g



D'Italiano  
Bake at Home - Cuire à la maison  
Garlic Toast  
Pain à l'ail grillé  
325 g  
21552105\_EA

**4<sup>49</sup>**  
325 g



Stonemill bread  
selected varieties  
21556097\_EA/21556254\_EA

**5<sup>49</sup>**  
454/550 g





**NEW**

# CONVENIENT MEALS

## Ready To Cook

- Made with Ontario turkey
- Oven Safe Pan



**NEW**

**8<sup>99</sup>** meatloaf  
800 g turkey or traditional

- Made with Ontario turkey breasts
- Oven Safe Pan
- Raised without the use of antibiotics



**19<sup>99</sup>** boneless turkey breast roasts  
800 g seasoned or sage & onion

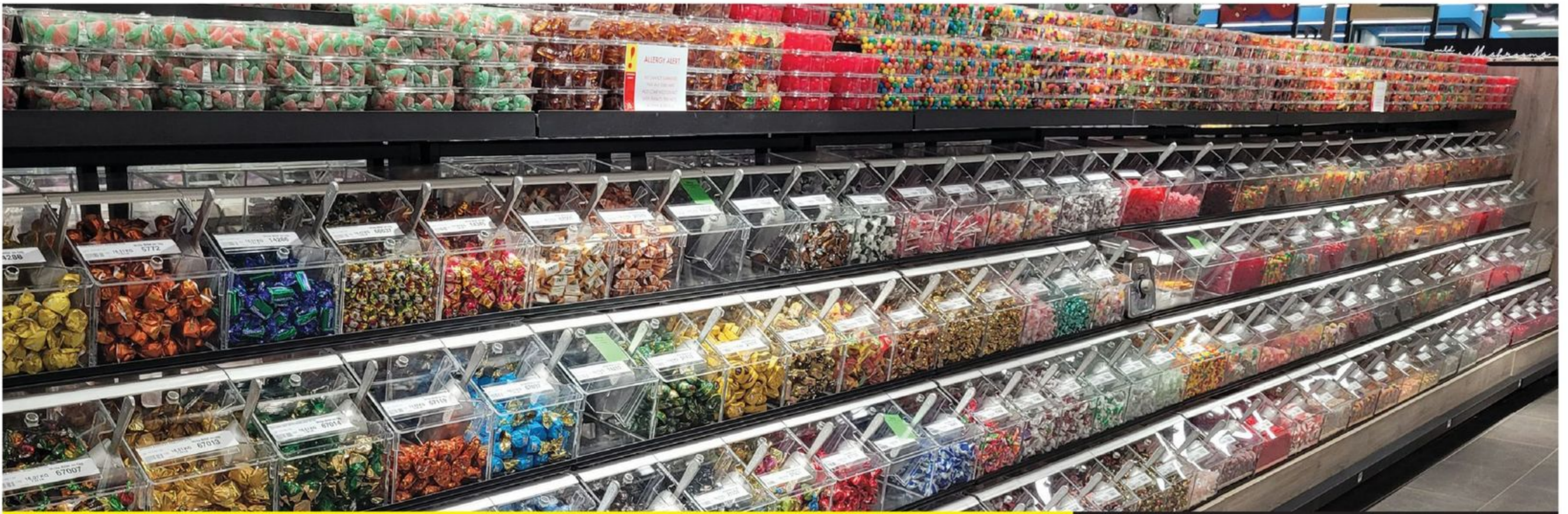


**NEW**

**7<sup>49</sup>** turkey meatballs  
400 g

- Made with Ontario Turkey
- Seasoned with garlic, lemon zest & herbs





# 20% OFF

## ALL LOOSE BULK FOODS Entire Department

Your savings of 20% off will be deducted at cash.

- ✓ Over 175 varieties of chocolate, candy & dried fruit!
- ✓ Over 125 varieties of nuts, seeds & snacking mixes!
- ✓ Over 150 varieties of spices & baking needs!





# Italian Favourites



**23<sup>99</sup>lb** Fini prosciutto  
deli sliced,  
imported from Italy  
5.29/100 g  
20114111\_KG



**19<sup>99</sup>lb** Recla  
Italian speck  
imported from Italy  
4.41/100 g  
20817364\_KG



**23<sup>99</sup>lb** Chianti Tuscan  
prosciutto DOP  
deli sliced or shaved,  
imported from Italy  
5.29/100 g  
21053533\_KG



antipasto bar  
\$14.49/lb  
3.20/100 g

**9<sup>49</sup>lb** olive bar  
2.09/100 g  
20062521\_KG/20127732\_KG



Mastro  
Genoa salami  
deli service case sliced,  
selected varieties  
20087761\_KG

**12<sup>99</sup>lb**  
2.86/100 g



Salumeria Il Tagliere  
artisan meats  
selected varieties,  
deli served,  
imported from Italy  
21311013\_KG/21311098\_KG

**19<sup>99</sup>lb**  
4.41/100 g



Piave  
stravecchio  
deli sliced,  
imported from Italy  
20713305\_KG

**23<sup>99</sup>lb**  
52.90/kg



Savello di Roma  
sheep's milk cheese  
imported from Italy  
21127166\_KG

**19<sup>99</sup>lb**  
44.07/kg



Italian  
romano lupa  
imported from Italy  
21045761\_KG

**21<sup>99</sup>lb**  
48.48/kg



Galbani  
mascarpone  
imported from Italy  
20126603\_EA/20130433\_EA

**13<sup>99</sup>**  
500 g



buffalo mozzarella  
or burrata  
imported from Italy  
21189924\_EA/21190677\_EA

**6<sup>99</sup>**  
125 g



Latterie  
Diano  
Mozzarella  
di Bufala Campana  
Denominazione di Origine Protetta



Venetian Meats  
cup & char pepperoni  
21540009\_EA

**7<sup>29</sup>**  
175 g



**5<sup>99</sup>lb** jumbo chestnuts  
product of Italy  
13.21/kg  
20061606001\_KG



**3<sup>99</sup>lb** Abate pears  
product of Italy,  
Extra Fancy grade  
20168424001\_KG



Treviso radicchio  
product of U.S.A.  
or Mexico  
21456117001\_KG

**3<sup>99</sup>lb**  
8.80/kg



dried oregano  
product of Italy  
20862227\_EA

**3<sup>49</sup>**  
40 g



# Italian Favourites



Unico vegetable oil

20098102\_EA

**9.99**  
3 L



**2.49** San Benedetto water spring or carbonated  
1.5 L  
20713335\_EA/20713359\_EA



**2.99** Loacker wafer cookies selected varieties  
150/175 g  
20321447001\_EA/20325908\_EA



**12.99** illy ground or whole bean coffee  
250 g  
21507643\_EA/21562234\_EA



**2.99** Pastene peeled Italian tomatoes  
796 mL  
20303781\_EA



Filippo Berio extra virgin olive oil selected varieties

21193731\_EA/21193747\_EA

**16.99**  
500/750 mL



Lavazza Nespresso compatible pods

21520344\_EA/21520351\_EA

**6.99**  
55 g



**7.99** Tutto Calabria chili peppers selected varieties  
280/285 mL  
21424915\_EA/21424917\_EA



Roldolfi pesto 180 mL, tomato paste 369 mL or puree 670 mL

21534243\_EA/21534247\_EA

**3.29**  
each



**4.99** Callipo solid light tuna in olive oil  
3x80 g  
20069250\_EA



**3.49** Vicenzi cookies selected varieties  
135/200 g  
21614709\_EA/21614776\_EA



Lavazza K-Cups selected varieties

21589700\_EA/21589798\_EA

**21.99**  
30's



**7.79** Scotti carnaroli or arborio rice  
1 kg  
20127046\_EA/20729843\_EA



Mutti pasta sauce selected varieties

21540980\_EA/21541102\_EA

**7.99**  
660 mL



Il Borgo sauce selected varieties

21534322\_EA/21535620\_EA

**10.99**  
280/520 g

## Celebrate World Pasta Day! October 25<sup>th</sup>



**3.49** Catelli or Barilla gluten free pasta selected varieties  
300/340 g  
20704243\_EA/20721060\_EA



De Cecco nest pasta or lasagna selected varieties

21200448\_EA/21532873\_EA

**5.99**  
500 g



**3.29** La Veneziane pasta all varieties  
250 g  
20570221001\_EA/20570236\_EA



Vita Sana potato gnocchi

20173173001\_EA

**2.49**  
500 g



Di Martino pasta

21417181\_EA/21417294\_EA

**3.49**  
500 g



# GROCERY



**3.49** Quaker Crispy Minis or large rice cakes selected varieties  
90-200 g 20163708002\_EA/21522525\_EA



**3.99** Kellogg's Rice Krispies, Nutri-Grain bars or Pop-Tarts selected varieties  
125-384 g 20126567001\_EA/20313984003\_EA



**6.99** Kellogg's family size cereal selected varieties  
480-650 g 21430738\_EA/21449784\_EA



Optimum  
**8,000**<sup>pts</sup>  
for every \$20 spent on

Coca Cola soft drinks all sizes and varieties  
21242429\_C12

Offer inclusive of select brands across Coca Cola including Coke, Monster, Nestea, Powerade, Body Armor, Canada Dry, Aha, Fruitopia, Smart Water, Galcau. This offer cannot be combined with product, department or total store offers including 20x offers.



Maynards candy selected varieties  
21545809\_EA

**4.49**  
308/315 g



**2.99** Voortman wafer cookies selected varieties  
300 g 20278802001\_EA/20297541001\_EA



Lindt Swiss chocolate bars selected varieties  
20296856001\_EA

**3.49**  
100 g



Tim Hortons K-Cups selected varieties  
20902453\_EA

**11.99**  
10/12's



Eagle Brand condensed milk selected varieties  
21012618\_EA

**3.99**  
300 mL



**3.99** Kraft Pure salad dressing selected varieties  
355 mL 21581429\_EA/21581628\_EA



**2.99** PC® salad topper 100 g or croutons 140 g selected varieties  
20796248002\_EA/21219914\_EA



**3.99** PC® ketchup selected varieties  
20090124\_EA/20131845\_EA  
750 mL/1 L



**5.49** PC® mayonnaise selected varieties  
20301438\_EA/20618892\_EA  
750/890 mL



**4.49** PC® or Black Label salsa  
20309646001\_EA/204346891\_EA  
430/650 mL



Van Houtte ground or K-cup coffee selected varieties  
20293336003\_EA/20973133\_EA

**9.99**  
340 g/10-12's



**3.79** Ritz or Wheat Thins crackers selected varieties  
21547034\_EA/21547049\_EA  
180-304 g



Twizzlers candy selected varieties  
20022328004\_EA

**3.79**  
311-454 g



Kinder Surprise 60 g or Bueno chocolate 95-145 g selected varieties  
20751031\_EA/20752047\_EA

**4.49**  
each



Ryvita snack bread selected varieties  
20326333001\_EA/20763958001\_EA

**3.99**  
125-250 g



# Interesting Finds for the FOODIE



Pop Up Timer & Oven Ready Pan!

a proud FORTINOS recipe

ONTARIO TURKEY MAKES IT SUPER

**19<sup>99</sup>**  
800 g

**Fortinos boneless turkey breast roasts** seasoned & sage and onion  
21632573\_EA/21634139\_EA

New, ready to cook turkey breast roasts. Raised without antibiotics. Just pop into the oven! Comes with a convenient pop-up thermometer.



This rich, super creamy Italian cheese is from the Langhe region of Piedmont. A combination of cow's, sheep's and goat's milk, it has a moist, mousse like interior and delicate, edible rind. Earthy, full of flavour with a bit of goat's milk tang. A superb addition to a cheese board. Bring to room temperature before serving.

**La Tur Altalanga**

21618605\_EA

**11<sup>99</sup>**  
250 g



6 varieties

**7<sup>99</sup>**  
175-266 mL

**Frantoi Cutrera pasta sauces**  
21625957\_EA/21625947\_EA

These family and regional sauce recipes are a tribute to authentic Sicilian cuisine. Rich in Mediterranean flavours including olives, eggplant, tomatoes, capers, anchovies and local herbs. They tell the story of the food, land and culture of Sicily.

Olive growers and millers in Sicily for over a century, the Cutrera family cultivate between Mt. Etna and the Mediterranean. For 6 generations, with more than 700 awards, the Cutrera family continue to celebrate the greatness of the land by producing the best possible olive oil.

**Frantoi Cutrera extra virgin olive oils**

21572309\_EA/21572316\_EA

**19<sup>99</sup>-29<sup>99</sup>**  
500/750 mL



Find us in Nature's Treasure!

Vine-ripened tomatoes organically grown in California made from just four ingredients: tomatoes, garlic, basil, extra virgin olive oil, plus Pacific sea salt. A sauce that will heighten the taste of any pizza!

**6<sup>49</sup>**  
425 mL

**Bianco DiNapoli organic New York style pizza sauce**  
21613963\_EA



12 varieties

**7<sup>99</sup>**  
227 g

**Alexander's Fudge**  
21626189\_EA/21626204\_EA

Made with real butter and cream, each piece of Alexander's Fudge embodies the rich creamy texture, decadent flavour, and signature top quality of this family business in Smithville, Ontario.



# Happy Diwali



**2.29** each  
large coconut  
product of Dominican Republic  
20005774001\_EA

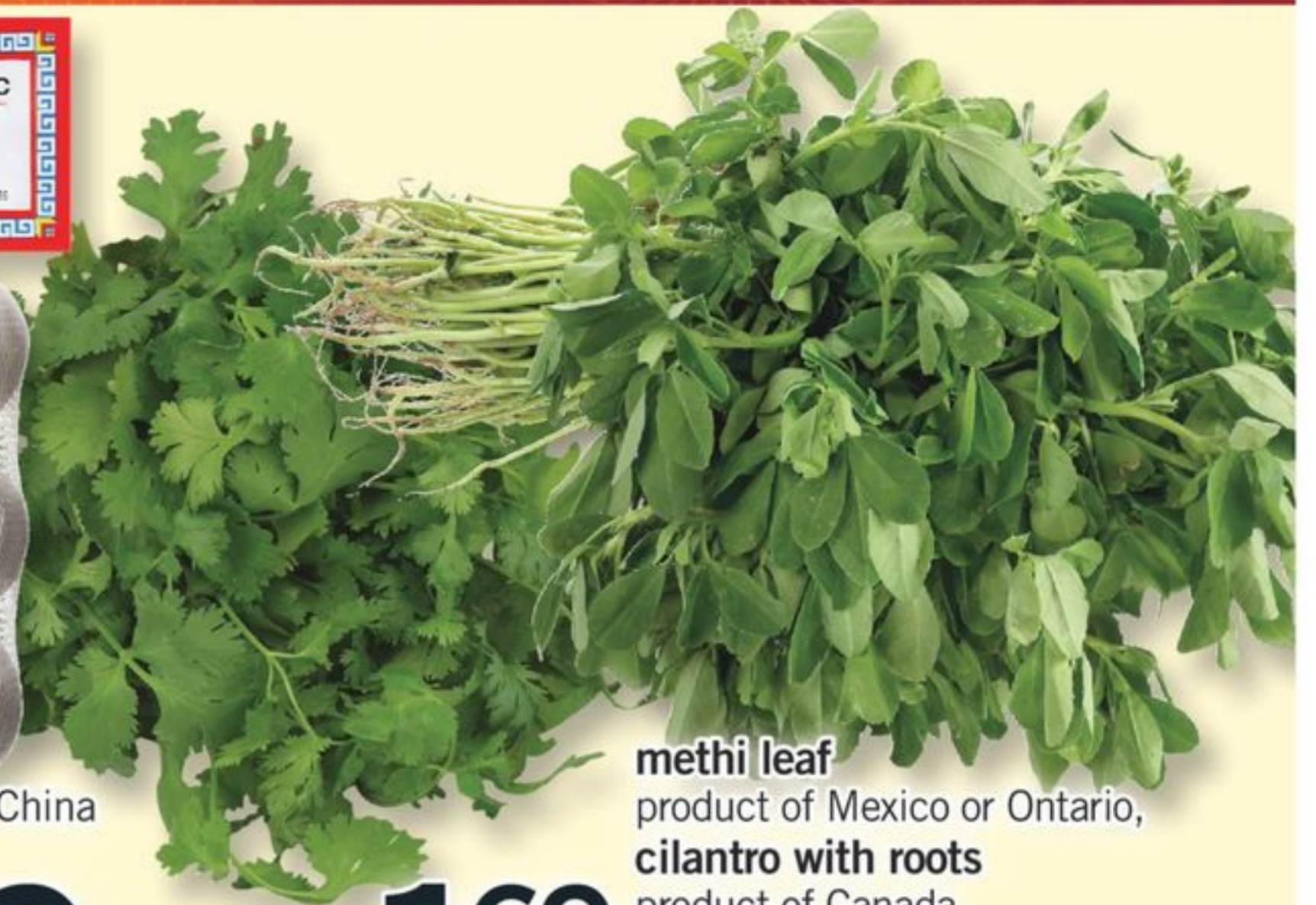


**1.69** lb  
3.73/kg  
long eggplant  
product of Dominican Republic  
or Honduras  
20159013001\_KG



garlic  
product of China  
21004355001\_EA

**.89** pkg of 3



methi leaf  
product of Mexico or Ontario,  
cilantro with roots  
product of Canada  
or fresh mint  
product of Colombia or Canada  
20159689001\_EA/20139326001\_EA

**1.69** each



**15.99**  
800 g/1 kg  
7" round  
eggless cake  
chocolate  
or vanilla  
20965406\_EA



**7.29**  
550 g  
PC® naan dippers  
20999700\_EA



**9.99**  
625 g  
Stock & Barrel  
peanut carousels  
21107309\_EA

extra large  
premium  
bouquet  
21549450\_EA

**\$30** each



**4.99**  
375 g  
Brar's  
malai paneer  
20283164\_EA



**2.29**  
750 g  
Hans Dairy  
Dahi yogurt  
2% or 3.2% M.F.  
20892811\_EA/20313667\_EA

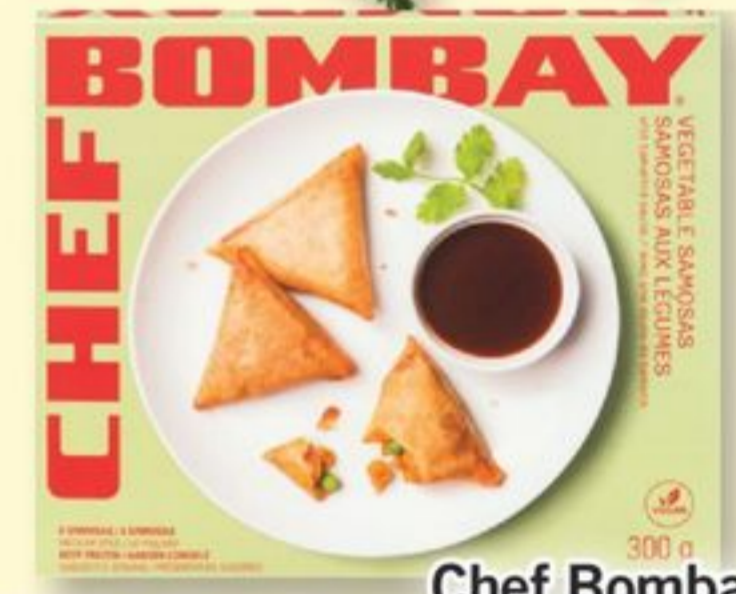


**2.99**  
900 g  
NuPak  
beans or lentils  
selected varieties  
20053996\_EA/20072542\_EA

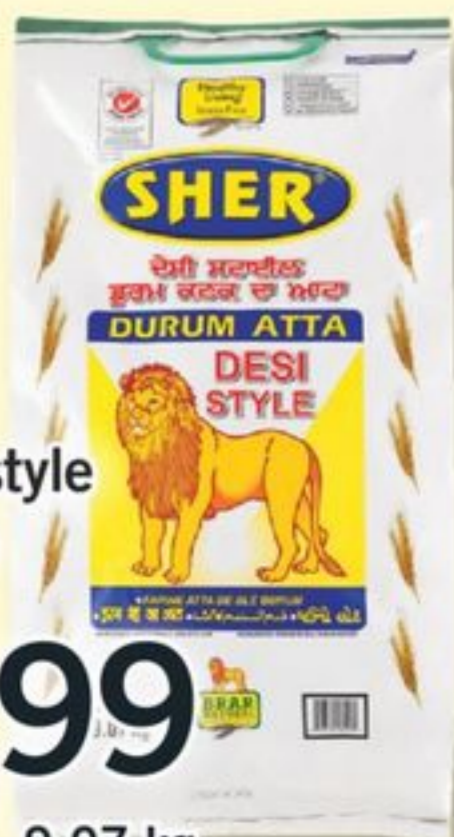


Patak's  
cooking sauce  
selected varieties  
20217180002\_EA/20306818001\_EA

**4.49**  
400 mL



**5.99**  
240-354 g  
Chef Bombay  
entrées or snacks  
selected varieties,  
frozen  
20973227\_EA



Sher Desi style  
durum atta  
20657367\_EA

**16.99**  
9.07 kg



Rubicon juice GO  
selected varieties  
20029236001\_EA/20304561001\_EA

**2.49**  
1 L



**7.99**  
72/100's  
Lipton Yellow  
Label black  
or green tea  
selected varieties  
21593297\_EA



**.99**  
300 g  
Parle G  
biscuits  
20956495\_EA

Optimum  
**1,000**<sup>(\*)</sup>  
when you buy 1

Cadbury  
chocolate bar  
family size  
selected varieties  
20024241001\_EA/20322193001\_EA

**2.99**  
80-100 g





# NATURAL HEALTH



**5.99** Skinny Pop multi-pack  
108 g  
21052844\_EA



**3.99** Smart Sweets low-sugar gummy candy selected varieties  
50 g  
21154474\_EA/21199335\_EA



**4.99** Silk non-dairy coffee creamer selected varieties  
890 mL  
21245360\_EA/21245361\_EA



**7.99** Kicking Horse organic ground coffee selected varieties  
284 g  
20805126001\_EA/20805126003\_EA



**5.49** Muir Glen crushed or diced organic tomatoes selected varieties  
796 mL  
20946087\_EA/20946120\_EA



**6.99** Pacific organic soups or broth selected varieties  
946 mL-1 L  
20599733001\_EA/21406449\_EA



**5.99** Chickapea one-pot meals selected varieties  
198 g  
21565560\_EA/21565740\_EA



**12.99** Phoeapolis organic extra virgin olive oil  
500 mL  
21562741\_EA



**7.99** Earth Balance vegan buttery spread 369-425 g or Good Food for Good vegan Bolognese sauce 450 mL, selected varieties  
20288193\_EA/21416388\_EA



**6.99** Elan organic nuts selected varieties  
125-200 g  
21306310\_EA/21306368\_EA



**5.99** Prana organic trail mix selected varieties  
150 g  
21041746\_EA/21042073\_EA



**5.99** Tia Lupita cactus chips selected varieties  
141 g  
21570644\_EA/21570702\_EA



**3.99** Cedar Valley pita chips selected varieties  
180 g  
21524190\_EA/21524188\_EA



**5.49** Thirsty Buddha organic pure coconut water  
1 L  
20689784\_EA



Food that you can feel good about!



**3.99** PC® Organics herbal tea selected varieties  
40 g  
21410942\_EA/21411124\_EA



**4.79** PC® Organics sour cream  
500 g  
21021374\_EA



**4.99** PC® Organics natural peanut butter 500 g or rolled or steelcut oats 1 kg  
each  
20298178\_EA/20705773\_EA



**3.49** PC® Organics pasta noodles selected varieties  
454 g  
20669803001\_EA/20669803002\_EA



**5.99** PC® Organics pasta sauce selected varieties  
700 mL  
2008573001\_EA/20318521002\_EA



# BABY



**36<sup>99</sup>**  
68-104's

Huggies Pull-Ups or Pampers Easy Ups selected varieties  
21021423\_EA/21089297\_EA



**19<sup>99</sup>**  
560-720's

Pampers or Huggies wipes selected varieties  
21018026\_EA/21371309\_EA



**26<sup>99</sup>**  
54-108's

Millie Moon diapers size 1-6, selected varieties  
21520441\_EA/21520459\_EA



**41<sup>99</sup>**  
570-800 g

Similac powder formula selected varieties  
20301141\_EA/21437117\_EA



**59<sup>99</sup>**  
18x237 mL

Enfamil formula ready to drink selected varieties  
21208370\_C01/21208382\_C01



PC® baby oil, bubble bath or wash selected sizes and varieties  
20978100\_EA/20978401\_EA

**4<sup>49</sup>**  
444/592 mL



Love Child pouches selected varieties  
20752899001\_EA/20752899002\_EA

**1<sup>79</sup>**  
128 mL



Once Upon A Farm refrigerated pouch 85 mL or PC® Organics mini cereal bar 160 g, selected varieties  
20431441001\_EA/21191663\_EA

**2<sup>99</sup>**  
each



Earth's Best snacks selected varieties  
21534883\_EA/21534914\_EA

**3<sup>99</sup>**  
71-133 g



PediaSure selected varieties  
20322414001\_EA/20322414002\_EA

**9<sup>99</sup>**  
4x235 mL

# BODY & HEALTH



**4<sup>49</sup>**  
120-130 mL

Crest toothpaste selected varieties  
21041420\_EA/21354028\_EA



Old Spice 85 g or Secret 45/73 g deodorant selected varieties  
20098094\_EA/20663349003\_EA

**4<sup>99</sup>**  
each



JR Watkins 266/325 mL hand soap or Nivea or ChapStick lip care 2's selected varieties  
20143913\_EA/20432297002\_EA

**3<sup>99</sup>**  
each



TRESemmé Nexxus or Shea Moisture hair care selected varieties and sizes  
20315303001\_EA/21174154\_EA

**1,500** each



Native deodorant 75 g or Cetaphil cleanser 500 mL all varieties  
20432313001\_EA/21346430\_EA

**14<sup>99</sup>**  
each



U By Kotex tampons 30-32's, liners 80-129's or pads 22-44's selected varieties  
21288015\_EA/21518467\_EA

**10<sup>99</sup>**  
each



Tena protective underwear selected varieties  
21033614\_EA/21033778\_EA

**17<sup>99</sup>**  
13-48's



Aveeno 532 mL or Neutrogena skin care 171-354 mL/25's selected varieties  
20102023001\_EA/21011931\_EA

**11<sup>99</sup>**  
each



Tums antacids selected varieties  
20117825002\_EA/21333731\_EA

**9<sup>99</sup>**  
140/160's



Tylenol 100's, Muscle Milk 4's or Premier ready to drink 4's, selected varieties  
20310804001\_EA/21031114\_EA

**12<sup>99</sup>**  
each



# HOUSEHOLD



**31<sup>99</sup>** Tide Pods 85/112's  
or Power Pods 63's  
selected varieties  
21450133\_EA/21450151\_EA



Finish  
dishwasher tabs  
selected varieties  
21517982\_EA/21561304\_EA

**12<sup>49</sup>**  
21-30's



Glad  
garbage bags  
selected varieties  
and sizes  
20166439002\_EA/21165477\_EA

**11<sup>99</sup>**  
20-40's



Clorox  
liquid bleach  
21283160\_EA

**3<sup>49</sup>**  
1.27 L



Cashmere  
bathroom tissue  
selected varieties  
21189845\_EA/21443648\_EA

**23<sup>99</sup>**  
24=72 rolls



Febreze  
air refresher  
250 g or  
Febreze  
car clip 2 mL  
selected varieties  
20557890004\_EA/21005017\_EA

**4<sup>49</sup>**  
each



Vileda Pure  
latex free  
cleaning gloves  
20761557\_EA

**4<sup>99</sup>**  
1 pair



Dawn  
dish soap  
21430562\_EA/21430569\_EA

**5<sup>49</sup>**  
825/982 mL



Lysol  
Neutra Air  
2 in 1  
disinfectant  
selected varieties  
21433312\_EA/21433316\_EA

**5<sup>49</sup>**  
283 g



PC®  
facial tissue  
with lotion  
20978539\_EA

**14<sup>99</sup>**  
6x120's

# PET NEEDS



IAMS  
Proactive Health  
dry cat food  
selected varieties  
21027553\_EA/21027556\_EA

**15<sup>99</sup>**  
1.36-1.59 kg



Purina  
Cat Chow  
cat food  
selected varieties  
20308009\_EA

**9<sup>99</sup>**  
1.4-2 kg



Purina Friskies  
Party Mix cat treats  
selected varieties  
21080999\_EA/21165999\_EA

**2<sup>99</sup>**  
170 g



Whiskas  
Perfect Portions  
wet cat food  
selected varieties  
20945097\_EA/21011523\_EA

**1<sup>49</sup>**  
75 g



no name®  
scoopable  
clumping  
cat litter  
club size,  
selected varieties  
20177169002\_EA

**10<sup>99</sup>**  
18 kg



Zoë Better  
Than Rawhide  
dog treats  
selected varieties  
21301710\_EA

**6<sup>99</sup>**  
148-234 g



Purina  
Beggin'  
dog treats  
selected varieties  
21101587\_EA/21101589\_EA

**11<sup>99</sup>**  
708 g



Blue Buffalo  
dry dog food  
21365754\_EA

**31<sup>99</sup>**  
4.5 kg



PC®  
Nutrition First®  
dry dog food  
selected varieties  
21304456\_EA/21307661\_EA

**10<sup>99</sup>**  
2 kg



PC®  
Nutrition First®  
dry dog food  
selected varieties  
21304668\_EA/21305515\_EA

**63<sup>99</sup>**  
18.1 kg





from  
**\$20-50**

each  
Fortinos mixed bouquets  
assorted colours and sizes  
21549450\_EA/21549451\_EA



large Stella  
pumpkin  
21379244\_EA

**46<sup>99</sup>**  
each



Dee Ceased  
mini skull  
21622497\_EA

**10<sup>99</sup>**  
each



tinted dozen roses  
assorted colours  
21279268\_EA

**39<sup>99</sup>**  
each



waterfall orchid  
21124856\_EA

**\$35**  
5" pot



colour infused orchid  
assorted colours  
20947101\_EA

**\$45**  
5" pot

*Ready Made Designs!*

Our floral coolers are ready with many grab and go designs.

starting from  
**22<sup>99</sup>**  
each



Don't forget to honour

All Saints Day:  
Fri. Nov. 1

All Souls Day:  
Sat. Nov. 2





# Seafood



**14.99** IFC mahi mahi,  
coho or tuna portion  
frozen  
454 g  
21608715\_EA/21608592\_EA

**22.99** IFC lobster  
claws frozen  
454 g  
21624168\_EA

**22.99** Hunter Marine  
cooked octopus  
legs frozen  
300 g  
21619427\_EA

**6.99** Paese Mio anchovies  
selected varieties  
150 g  
21023473\_EA/21024592\_EA

# Easy Meals



44th Street  
turkey breast roast  
or beef pot roast  
21204207\_EA/21417166\_EA

**18.49**  
550/575 g



Butterball  
turkey bacon  
selected varieties  
20016855\_EA

**7.49**  
300/375 g



**9.49** lb Rachel's corned  
beef brisket  
20.92/kg  
20620766\_NG



**5.99**  
375 g



Maple Leaf Top Dogs, Schneider's  
RedHots or Shopsy's wieners  
selected varieties  
20602429\_EA/21093477\_EA



**9.49** Pie Commission  
meat pies  
all varieties, frozen  
290-345 g  
21428140\_EA/21428141\_EA



**8.99** PC® gluten free chicken  
burgers, strips or nuggets  
frozen  
600 g  
21079476\_EA/21079489\_EA



**18.99** PC® breaded and  
stuffed chicken breast  
selected varieties, frozen  
560 g  
20503402\_EA/20503409\_EA



**9.49** Beyond Meat  
Italian sausage  
mild or hot,  
frozen  
400 g  
21300103\_EA



# COLLECT & SAVE! BIG

Get one stamp for every \$20\* spent. Collect 20 stamps and get 75% off one piece of high quality Swiss Design Cookware!



\$20\* SPENT  
= 1 STAMP

75%  
OFF\* EACH

\*While supplies last, receive one stamp for every \$20 spent before applicable taxes in a single transaction. When you collect and redeem 20 stamps, you'll get 75% off one (1) piece of Kuhn Rikon Cookware. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. 75% will be deducted from the total purchase amount before sales taxes are applied. Cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. For a digital stamp card, PC Optimum™ members can opt into this program and find a stamp card through the App. One card per account. For a paper stamp card and for non-members see in-store to receive your card. A complete set of 20 digital OR paper stamps must be presented to cashier at time of purchase. A mix of digital and paper stamps collected are not accepted as a complete set. Completed stamp cards can be redeemed up until February 20th, 2025, after which point they expire. All sales are final. Cookware is under warranty for a 2 year period from date of purchase. Exceptions to warranty apply. Cookware eligible for a replacement under warranty can be replaced at your store of purchase until February 20th, 2025 or while supplies last, after which point, please contact [loblawpromotions@l-founders.com](mailto:loblawpromotions@l-founders.com) for replacement of product. For full warranty information, FAQ's and complete offer details, please visit [pcoptimum.ca/collectandsave](https://pcoptimum.ca/collectandsave).



**STARBUCKS®**

20547343003\_EA    20548682004\_EA

**10<sup>99</sup>** Starbucks® Ground Coffee (340 g), K-Cups 10's, Cold Brew (946 ml), Selected Varieties

21358473\_EA    21460123\_EA

**6<sup>99</sup>** Starbucks® Coffee Enhancers (828 ml)

Nestlé uses Starbucks trademarks under license.

**GET Rich QUICK**

20661811001\_EA    20873036\_EA

**6<sup>99</sup>** Nescafé® Rich or Nescafé® Taster's Choice® Instant Coffee (100 g - 170 g)

21580629\_EA    21074565\_EA

**7<sup>99</sup>** Nescafé® Gold or Nescafé® Sweet & Creamy, Selected Varieties (100 g - 396 g)

**Nestlé**  
Good Food, Good Life

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**Your pharmacist can now write you a prescription.\***

\*if appropriate

**For minor health conditions like:**

- UTI
- Allergies
- Cold sores
- Acid reflux
- And more

Book now at [fortinos.ca/minorillness](https://fortinos.ca/minorillness) or through the **PC Health** app.

**health** x **FORTINOS**  
Just. Simplement. avec un accès.

**bai** FOR THE GOOD IN YOU™

Bai Antioxidant Infusion®  
Flavoured Water-Based Beverage 530 mL

**\$2<sup>79</sup>**

**NEW FLAVOUR**

21583389\_EA    21362966\_EA    21433571\_EA

**DrinkBaiCanada.com**  
Contains caffeine. Trademark used under license by Canada Dry Mott's Inc.

**minis**

**\$4<sup>29</sup>**

**Frito-Lay® Minis Snacks**  
(81 g - 145 g, any flavour)



**NEW**

# SHARE THE FUN!



**\$7.99**

Tast!Ez™ Mac & Cheese Triangles  
400g

**\$7.99**

Tast!Ez™ Pickled Cauliflower Bites  
400g



**\$7.99**

Tast!Ez™ Cheesy Jalapeño Bites  
400g



**TAST!EZ**

**NEW**

# Deliciously easy SIDES and SNACKS



**McCain® Superfries®**  
Jumbo Crinkle Cut  
650g

**\$4.99**



**\$7.99**

**McCain® Pockets®**  
Cheeseburger  
540g



**\$7.99**

**McCain® Pockets®**  
Beef Taco  
540g

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# Save

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