

It's here!



SCAN OR CLICK  
TO DISCOVER MORE



**APP EXCLUSIVE OFFER**

Open your PC Optimum® app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer

Optimum  
**4,000**<sup>pts</sup>

**\$4**  
Value



**\$17**

**PC® WINGS**  
SELECTED VARIETIES  
FROZEN  
700-907 G  
21469394\_EA



**APP EXCLUSIVE OFFER**

Open your PC Optimum® app or visit [pcoptimum.ca](http://pcoptimum.ca) to get the offer

Optimum  
**1,500**<sup>pts</sup>

**\$150**  
Value

Must  
Try



**\$8**

**PC® CRUSTASTIC® JOLLYBERRY**  
**GINGERBREAD PIE BAR**  
430 G  
21609492\_EA

Must  
Try



**\$15**

**PC® HOLIDAY FEAST TURKEY**  
**(AND FIXINS) PIE**  
FROZEN  
800 G  
21613959\_EA

Must  
Try



**\$10**

**PC® NORTHERN SPANISH-**  
**STYLE BASQUE CHEESECAKE**  
FROZEN  
600 G  
21609491\_EA

PKG  
OF 6



Members  
save  
**\$2**

Optimum

Members-Only Price™

**\$3**

Non-members

**\$5**

**AVOCADO BAG**  
PRODUCT OF MEXICO  
6'S  
20142232001\_EA



Members  
save  
**\$3**

Optimum

Members-Only Price™

**4<sup>99</sup>**

Non-members

**7<sup>99</sup>**

**GIUSEPPE PIZZA 439-785 G**  
OR **EASY PIZZI 560-600 G**  
SELECTED VARIETIES  
FROZEN  
21106361\_EA/21359564\_EA



Members  
save  
**\$8**

Optimum

Members-Only Price™

**18<sup>99</sup>**

Non-members

**26<sup>99</sup>**

**TIDE LAUNDRY DETERGENT**  
3.9 L OR **FINISH XL**  
**DISHWASHER TABS 51-64'S**  
SELECTED VARIETIES  
21593670\_EA/21574749\_EA

Members  
save  
**\$7**



Optimum

Members-Only Price™

**14<sup>99</sup>**

Non-members

**21<sup>99</sup>**

**PC® BATHROOM TISSUE**  
30=100 ROLLS  
21450846\_EA

Scan to see our complete digital flyer



**Independent**  
Your Independent Grocer

**SALE**  
**SAVE 45%**

**2.99**  
LB

**WHOLE CHICKEN**  
6.59/KG  
20147976\_KG

**CUT BY OUR BUTCHERS**

**SALE**  
**SAVE 41%**

**6.99**  
LB

**WEST SIRLOIN TIP ROAST**  
CUT FROM CANADA AA GRADE WESTERN BEEF OR HIGHER  
15.41/KG  
20825943\_KG

**SALE**  
**SAVE 45%**

**\$3**  
LB

**PORK SIDE RIB PORTION**  
REGULAR OR SWEET AND SOUR  
6.61/KG  
20854497\_KG

**1 LB**

**SAVE THIS WEEK**

**3.44**

**STRAWBERRIES**  
PRODUCT OF MEXICO OR U.S.A., NO. 1 GRADE  
1 LB  
20049778001\_EA

**SAVE UP TO \$3**

**8.99**

**PC\* SMOKED SALMON**  
SELECTED VARIETIES FROZEN  
125/150 G  
20055009\_EA/21047088\_EA

**PC\* PACIFIC LARGE WHITE SHRIMP**  
RAW OR COOKED PEELED  
31-40 PER LB FROZEN  
400 G  
20791361\_EA/20789931\_EA

**SALE**  
**SAVE \$2**

**7.99**

**MANDARINS**  
PRODUCT OF SOUTH AFRICA OR CHILE  
3 LB BAG  
20864961001\_EA

**3 LB BAG**

**SALE**  
**SAVE 49%**

**\$5**

**WHEN YOU BUY 2**  
**SAVE \$1.08**

**2/6.50**  
LESS THAN 2 \$3.79 EA.

**WONDER BREAD OR BUNS**  
SELECTED VARIETIES AND SIZES  
20309674\_EA  
20307980\_EA  
20520827\_EA

**SAVE UP TO \$1.50**

**2.99**

**PC\* TEA OR LEMONADE**  
1.54 L, ACTIVIA YOGURT  
650 G OR TWO GOOD YOGURT 4X95 G  
SELECTED VARIETIES  
20325132003\_EA/21430542\_EA

**SAVE UP TO 42%**

**3.99**

**BREYERS CLASSIC FROZEN DESSERT**  
1.66 L OR PC\* FROZEN FRUIT 300-600 G  
SELECTED VARIETIES FROZEN  
20301305006\_EA/20312227\_EA

**SAVE THIS WEEK**

**1.49**

**CLOVER LEAF LIGHT TUNA**  
SELECTED VARIETIES  
85/170 G  
20018117001\_EA/20315581002\_EA

**SAVE UP TO \$1.50**

**5.49**

**GENERAL MILLS FAMILY SIZE CEREAL**  
SELECTED VARIETIES  
475-778 G  
21103492\_EA/21103495\_EA

**LIMIT 4 AFTER LIMIT \$7 EA.**

**SAVE UP TO 61%**

**\$5<sup>+</sup>**

**ENERGIZER BATTERIES**  
AAB OR AAA 4  
21103981\_EA/21184803\_EA  
\*CUSTOMER IS RESPONSIBLE FOR THE PAYMENT OF ANY APPLICABLE MUNICIPAL AND/OR PROVINCIAL DEPOSIT OR PRODUCT/PACKAGING RECYCLING FEE THAT MAY APPLY.

Flyer prices effective from Thursday, October 31st to Wednesday, November 6th, 2024. SEE BACK PAGE FOR DETAILS.



**PC® KETTLE COOKED POTATO CHIPS**  
SELECTED VARIETIES  
200 G  
21422931\_EA/21576276\_EA



**PILLER'S KOLBASSA**  
250-375 G  
SELECTED VARIETIES  
& **QUATTROCENTO PARM WEDGE** 200 G  
20308469\_EA/21595680\_EA



**D'ITALIANO GUSTO BAGELS**  
SELECTED VARIETIES  
6'S  
21576835\_EA/21577075\_EA



**HERSHEY'S CHOCOLATE POUCHES**  
SELECTED VARIETIES  
180-230 G  
20303970004\_EA/20545259\_EA

See in-store for details. As compared to other major grocery retailers within your local areas. \*\*Must be a registered PC Optimum™ member to get this offer. Valid from November 1-30, 2024. While quantities last. See in-store for details.



**STARBUCKS K-CUP**  
SELECTED VARIETIES  
24'S  
21013199\_EA/21122965\_EA

Members save \$7

Optimum  
Members-Only Price  
**16.99**  
Non-members  
**23.99**



**FRENCH'S KETCHUP**  
750 ML/1 L  
20835068\_EA/20835951\_EA

Members save \$2.50

Optimum  
Members-Only Price  
**3.99**  
Non-members  
**6.49**



**PLANTERS CASHEWS**  
SELECTED VARIETIES  
200 G  
21021617\_EA/21021618\_EA

Members save \$3

Optimum  
Members-Only Price  
**3.99**  
Non-members  
**6.99**



**PC® SPICES**  
SELECTED VARIETIES  
7-82 G  
21117359\_EA/21117372\_EA

Optimum  
1,000 Value

**6.49**



**PC® ORANGE JUICE** 1.54 L,  
**SIGGI'S YOGURT** 4X100 G  
SELECTED VARIETIES  
21599027\_EA/214390531\_EA

Optimum  
SAVE UP TO 80¢

**3.99**



**PC® PUB RECIPE™ OR GLUTEN-FREE CHICKEN**  
SELECTED VARIETIES  
FROZEN 600/700 G  
21201320\_EA/21201321\_EA

Optimum  
SAVE \$2

**\$6**



**NO NAME® BARS** 700 G OR  
**PC® SHREDS** 620 G  
SELECTED VARIETIES  
20975773\_EA  
21060177\_EA

**9.49**



**PC® OR PRIDE OF ARABIA**  
WHOLE BEAN COFFEE  
907 G, MUSKOKA ROAST  
AND GROUND, WHOLE  
BEAN 400/454 G  
OR PODS 20'S  
SELECTED VARIETIES  
20681005\_EA/21395334\_EA

Optimum  
SAVE UP TO \$2

**14.99**



**NESTLÉ DRUMSTICK 4'S,**  
CONFECTIONERY FROZEN  
DESSERT 1.5 L OR BARS 4-10'S  
OR **PC® CHOCOLATE COVERED**  
FRUIT 200 G  
SELECTED VARIETIES  
FROZEN  
20322380003\_EA/21544055\_EA

Optimum  
SAVE UP TO \$1.50

**5.49**



**KRAFT PEANUT BUTTER** 750 G/1 KG  
OR **HAZELNUT SPREAD**  
725 G  
SELECTED VARIETIES  
29039581001\_EA  
21285418\_EA

WHEN YOU BUY 2  
SAVE \$2.98

**2/\$12**  
LESS THAN 2 \$7.49 EA.



**INTERNATIONAL DELIGHT**  
COFFEE WHITENER  
SELECTED VARIETIES  
946 ML  
20895480002\_EA 20895480003\_EA

Optimum  
SAVE UP TO 50¢

**5.99**



**DOLE CANNED FRUIT**  
OR **JARS**  
SELECTED VARIETIES  
540 ML  
21297531\_EA/21484246\_EA

Optimum  
SAVE UP TO 50¢

**3.99**



**CAVENDISH FARMS**  
PREMIUM FRIES  
400-750 G OR **PC® FROZEN**  
VEGETABLES 350-750 G  
SELECTED VARIETIES  
FROZEN  
20318915\_EA/21584077\_EA

Optimum  
SAVE UP TO \$1.75

**2.99**



**ANNIE'S MAC & CHEESE**  
SELECTED VARIETIES  
170 G  
20316187001\_EA/20971517\_EA

Optimum  
WHEN YOU BUY 2  
SAVE 98¢

**2/\$5**  
LESS THAN 2 \$2.99 EA.



**TOBERONE**  
SELECTED VARIETIES  
360 G  
20986959\_EA/20986964\_EA

Optimum  
SAVE UP TO \$1.75

**11.99**



**JOHN FRIEDA, MARC ANTHONY OR BATISTE HAIR CARE**  
SELECTED VARIETIES  
AND SIZES  
20310284001\_EA/20850398\_EA

**8.99**



**METAMUCIL POWDER**  
114 DOSES  
21060432\_EA

Optimum  
5,000 Value

**FROM 26.99**



**MRS. MEYER'S DISH SOAP** 473 ML,  
MULTI SURFACE CLEANERS 473-946 ML OR  
GLASS CLEANER 708 ML  
SELECTED VARIETIES  
21046908\_EA/21106584\_EA

Optimum  
2,000 Value

**\$2 Value**

CUSTOMER RELATIONS 1-800-296-2332. VISIT [yourindependentgrocer.ca](http://yourindependentgrocer.ca) FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/™ The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaws Inc. and others. All rights reserved. © 2024 Loblaws Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simplii Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaws Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit [pcoptimum.ca](http://pcoptimum.ca). We are not obligated to award points based on errors or misprints. No cash value. See [yourindependentgrocer.ca](http://yourindependentgrocer.ca) for full program details including redemption restrictions Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. \*Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. \*\* Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaws Inc. banner.





# DIGITAL COUPONS

UP TO  
**\$50**  
IN TOTAL  
VALUE

**More offers. More points.**

**CLICK FOR THESE  
COUPONS AND MORE**



**5,000 points**

When you spend \$30 or more on fresh fruits or vegetables

Ends on November 27th, 2024



**8,000 points**

When you spend \$50 or more on fresh poultry or pork

Ends on November 27th, 2024



**3,000 points**

PC® BBQ rotisserie chicken, fully cooked 900 g-1 kg

Ends on November 27th, 2024



**1,000 points**

When you buy 2 PC® The Decadent® chocolate chip cookie selected varieties 280/300 g

Ends on November 27th, 2024



**3,000 points**

PC® BBQ pork back ribs Somkin Stampede™ frozen 680 g

Ends on November 27th, 2024



**2,000 points**

PC® BBQ butterflied black tiger shrimp frozen 360 g

Ends on November 27th, 2024



**\$1 off**

Pringles Mingles 155 g or potato chips 148-203 g

Ends on November 27th, 2024



**1,000 points**

no name® canola or vegetable oil 3 L

Ends on November 27th, 2024



**\$1.25 off**

Q-Tips cotton swabs 500's

Ends on November 27th, 2024

# Produce



**PKG OF 6**  
**FARMER'S MARKET® MINI CUCUMBERS** 6'S, PRODUCT OF WESTERN PROVINCES \$4 EACH OR **PC® PLUMCOT** PRODUCT OF U.S.A., NO. 1 GRADE \$4 LB 8.82/KG  
 20176879001\_KG/20737570001\_EA

**\$4 EA. /LB**



**FARMER'S MARKET® GRAPE TOMATOES** 907 G, PRODUCT OF CANADA OR MEXICO OR **HONEYDEW MELONS** PRODUCT OF U.S.A. EACH  
 20840038001\_EA/20045276001\_EA

**\$7**



**RASPBERRIES** PRODUCT OF MEXICO OR U.S.A. 6 OZ  
 20128938001\_EA

**\$4**



**PKG OF 3**  
**FARMER'S MARKET® GREENHOUSE PEPPERS** PRODUCT OF CANADA OR MEXICO 3'S  
 20085851001\_EA

**\$6**



**BARLETT PEARS** PRODUCT OF U.S.A. US FANCY GRADE OR **ROYAL GALA APPLES** PRODUCT OF WESTERN PROVINCES, CANADA FANCY GRADE 5.51/KG  
 20172240001\_KG/20083526001\_KG

**2.50 LB**



**NO NAME® NATURALLY IMPERFECT™ LEMONS** PRODUCT OF U.S.A., 3 LB OR **LIMES** PRODUCT OF MEXICO 907 G CLUB SIZE  
 21124488001\_EA/21124368001\_EA

**\$7**



**CANADA RENÉE'S REFRIGERATED SALAD DRESSING OR VINAIGRETTE** SELECTED VARIETIES PRODUCT OF CANADA 350/355 ML  
 20312720\_EA 20314592\_EA

**2/\$12** LESS THAN 2 \$6.50 EA.



**PC® GREEN BEANS** 340 G OR **PC® ORGANICS BROCCOLI FLORETS** 283 G PRODUCT OF U.S.A.  
 20528803\_EA 20959290\_EA

**5.50**



**ATAULFO MANGO** PRODUCT OF PERU OR **RED MANGO** PRODUCT OF BRAZIL EACH  
 20121509001\_EA 20059635001\_EA

**\$2**



**CORED PINEAPPLE** MADE IN-STORE DAILY 595 G  
 21016085\_EA

**\$7**

# Butcher



**EXTRA LEAN GROUND BEEF** FAMILY SIZE 17.62/KG  
 20805639\_KG

**7.99 LB**



**CHICKEN LEGS** BACK ATTACHED FAMILY SIZE 6.59/KG  
 20153925\_KG

**2.99 LB**



**LEAN BEEF MEATBALLS** MADE IN-STORE, SELECTED VARIETIES 425 G  
 21587897\_EA

**\$8**



**BEEF STIR FRY STRIPS** 250 G  
 21588067\_EA

**\$7**



**JOHNSONVILLE FRESH PORK SAUSAGE** 250-500 G  
 20003902\_EA/20303844\_EA

**\$7**



**PC® BLUE MENU® GROUND CHICKEN OR TURKEY** 454 G  
 21100091\_EA/21100092\_EA

**\$7**



**ZABIHA HALAL CHICKEN WIENERS** SELECTED VARIETIES 450 G  
 20006571\_EA

**3.99**



**SCHNEIDERS LUNCHMATE STACKERS OR KITS** SELECTED VARIETIES 90-132 G  
 21310034\_EA 20770777\_EA

**3/10.98** LESS THAN 3 \$4.29 EA.



**PC® BREADED CAULIFLOWER BITES OR SAMOSAS** SELECTED VARIETIES, FROZEN 288-454 G  
 20581030\_EA/21202113\_EA

**\$7**



**PC® SPRING ROLLS** SELECTED VARIETIES, FROZEN 574 G  
 20698096\_EA 20698133\_EA

**\$10**

# Seafood

Fresh seafood items subject to availability.



**SMOKED SALMON NUGGETS** SELECTED VARIETIES PREVIOUSLY FROZEN 48.48/KG  
 21545940\_KG

**21.99 LB**



**SEAQUEST® CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS** SELECTED VARIETIES READY-TO-EAT 227 G  
 20699832\_EA 20749378\_EA

**3.49**



**SEA CRAVE® WILD PINK SALMON PORTIONS** FROZEN 260 G  
 21576219\_EA

**8.49**



**PC® SHRIMP APPETIZERS** SELECTED VARIETIES, FROZEN 294-454 G  
 20135874\_EA 20978921\_EA

**10.99**

# Great to go

Great to go items plus applicable taxes.

**BUY 2**  
**12" TAKE AND BAKE PIZZA**  
 SELECTED VARIETIES 510-739 G  
 21456393\_EA/21456401\_EA

**\$9-10**

**GET**  
 5,000<sup>Optimum</sup>

**\$5 Value**

5,000<sup>Optimum</sup> when you buy 2

**\$5 Value**

**12 PIECE PRE-PACK SAUCED WINGS WITH CELERY AND CARROTS CHILLED**  
 728 G  
 21532565\_EA, 21532557\_EA

**\$12**

**CLASSIC ITALIAN STYLE OR PULLED PORK MINI SLIDER BUNS**  
 PREPARED IN-STORE  
 12'S  
 21562195\_EA/21595416\_EA

**\$16**

**BUY ONE**  
**LARGE IN-STORE PREPARED PASTA TRAY**  
 1-1.2 KG  
 21395979\_EA

**\$14-18**

**GET 1 FOR \$2**  
**FOIL GARLIC BREAD**  
 SELECTED VARIETIES  
 21020061\_EA

**GARLIC LOAF PAIN À L'AIL**  
 HEAT AND SERVE | RECHAUFFER ET SERVIR  
 GARLIC LOAF | PAIN À L'AIL

5,000<sup>Optimum</sup>

**\$5 Value**

**CHICKEN, FAJITA, GYRO OR SOUVLAKI CHICKEN TACO TRAYS**  
 SELECTED VARIETIES  
 1-1.1 KG  
 21354582\_EA/21624669\_EA

**\$20**

**BENTO SUSHI FAMILY PACK**  
 SELECTED VARIETIES  
 545-675 G  
 20793972\_EA

**\$17**

## Bakery

**FARMER'S MARKET MUFFINS**  
 SELECTED VARIETIES  
 6'S  
 21283357\_EA

**5<sup>99</sup>**  
 Members-Only Price  
**\$7**  
 Non-members

**DONUTS**  
 SELECTED VARIETIES  
 6'S  
 21217401\_EA

**\$7**

PREPARED IN-STORE

**BAKED IN-STORE**

**BAGUETTE**  
 WHITE OR WHOLE WHEAT  
 255 G  
 21529211\_EA

**1<sup>50</sup>**

**ACE BAKERY BISTRO LOAF**  
 WHITE OR SOURDOUGH  
 595 G  
 21616092\_EA  
 21616156\_EA

**4<sup>50</sup>**

**PC\* OR BLUE MENU\* ENGLISH MUFFINS**  
 SELECTED VARIETIES  
 6'S  
 20810796\_EA/21016273\_EA

**2<sup>69</sup>**

**ENGLISH MUFFINS ANGLAIS ORIGINAL-NATURE**  
 342g (12oz)

**FURLANI GARLIC TOAST OR STICKS**  
 SELECTED VARIETIES  
 63B/66G  
 20041579\_EA/20416809\_EA

**\$4**

## The Deli

**NORWEGIAN JARLSBERG CHEESE**  
 IN-STORE DELI CUT  
 21388103\_KG

**2<sup>99</sup>**  
 /100 G

**FROM OUR CHEFS' SERVICE CASE**  
**TURKEY OR CHICKEN**  
 SELECTED VARIETIES  
 21573168\_KG

**3<sup>49</sup>**  
 /100 G

**PILLER'S PEPPERONI TOPPINGS** 175-250 G  
 SELECTED VARIETIES

**OR THE STELLE MOZZARELLA BALL** 340 G  
 SELECTED VARIETIES  
 20042333\_EA/20189267\_EA

**\$7**

**SCHNEIDERS OR MAPLE LEAF NATURAL SELECTIONS DELI MEAT**  
 SELECTED VARIETIES  
 125-175 G  
 20009282\_EA  
 21550716\_EA

**\$7**  
 Members-Only Price  
**\$8**  
 Non-members

Members save \$1

**CASTELLO HAVARTI OR BLUE CHEESE**  
 SELECTED VARIETIES  
 125-200 G  
 20428574\_EA/20573932\_EA

**6<sup>99</sup>**

**YVES VEGGIE GROUND MEAT OR VEGGIE SAUSAGES**  
 SELECTED VARIETIES  
 212-380 G  
 20501159\_EA  
 20596775\_EA

**2/\$12**  
 LESS THAN 2 \$6.50 EA.

## Floral

**PREMIUM GIFT BOUQUET**  
 SELECTED VARIETIES  
 BUNCH  
 21436381\_EA/21436382\_EA

**\$35**

**INTERMEDIATE ROSE BUNCH**  
 SELECTED VARIETIES  
 9 STEM  
 21593444\_EA

**\$10**


**4 INCH KALANCHOE**  
 20431927\_EA

**\$8**

**MINI ROSE ASSORTED COLOURS**  
 4 INCH  
 20284956\_EA

**\$9**

# Find New Holiday Must Tries in aisle today

click here to shop our full assortment 

**Must Try**



**PC® BRUSSELSLAW**  
253 G  
21626132\_EA

**\$6**

**Must Try**



**PC® THE ULTIMATE PORK RIB ROAST**  
FROZEN  
1.1 KG  
21616767\_EA

**WOW!**  
LESS THAN \$4 per SERVING

**\$15**

**Must Try**



**PC® PARADISE CRUNCH SUPER SWEET MINI PEPPERS**  
PRODUCT OF CANADA OR MEXICO  
454 G  
21534092001\_EA

**\$5**

**Must Try**



**PC® CHICKEN KHAO SOI, CHICKEN PHO, VEGETABLE TOM YUM OR CHICKEN WONTON SOUP BOWL**  
FROZEN  
300 G  
21565868\_EA/21565950\_EA

**\$5**

**Must Try**



**PC® FRENCH ONION SOUP STRAWS**  
FROZEN  
240 G  
21612011\_EA

**\$9**

**Must Try**



**PC® CRUSTASTIC™ JOLLYBERRY GINGERBREAD PIE BAR**  
430 G  
21609492\_EA

**\$8**

**Must Try**



**PC® NORTHERN SPANISH STYLE BASQUE CHEESECAKE**  
FROZEN  
600 G  
21609491\_EA

**\$10**

**Must Try**



**PC® FRENCH ROAST FINE GRIND COFFEE**  
800 G OR FRENCH ROAST WHOLE BEAN COFFEE 820 G  
21592427\_EA/21592555\_EA

**\$17**

**Must Try**



**PC® CRUSTASTIC™ SUGAR CRAVE PIE BAR**  
430 G  
21609501\_EA

**\$8**

**Must Try**



**PC® RAPIDRISE ELECTRIC PIZZA OVEN**  
EACH  
21584275\_EA

**\$250**

**Must Try**



**PC® ALL-BUTTER GRAINS AND SEEDS OR ALL-BUTTER CHOCOLATE CHIP BRIOCHE LOAF**  
400 G  
21607097\_EA/21607172\_EA

**\$5**

**Must Try**

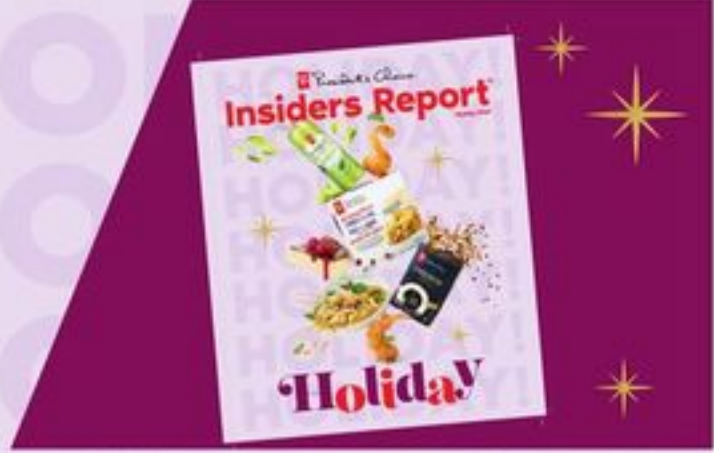


**PC® FLAVORED MINI POPPADOMS**  
SELECTED VARIETIES  
113 G  
21605321\_EA/21605343\_EA

**\$3**



**100+ new products to discover**



**new**



**PC® SLICED BRANDY FRUITCAKE WITH ICING**  
210 G  
21599272\_EA

**\$6**

**new**



Being mindful of your wallet and food waste - our PC® Easy-to-Carve Half ham is intentionally sized for smaller gatherings.

**PC® EASY-TO-CARVE HALF HAM WITH SUGAR MAPLE GLAZE**  
POUCH  
14.31/KG  
21612032\_KG

**6<sup>49</sup>**  
LB

**new**



**PC® BLACK MISSION FIGS**  
PRODUCT OF MEXICO  
454 G  
21633482002\_EA

**\$8**

**new**



**PC® FRIZZANTÉ SPARKLING TEA BEVERAGE**  
POMEGRANATE HIBISCUS WHITE TEA FLAVOUR OR PEACH GINGER GREEN TEA FLAVOUR  
750 ML  
21597948\_EA/21597914\_EA

**7<sup>50</sup>**

**new**



**PC® WINTER BLEND DARK ROAST SINGLE SERVE COFFEE PODS**  
12'S  
21598413\_EA

**\$7**

**new**



**PC® SUISSE SWISS DARK CHOCOLATE, MILK CHOCOLATE OR FRUIT & NUT MILK CHOCOLATE WITH HONEY ALMOND NOUGAT**  
100 G  
21609337\_EA/21609356\_EA

**2<sup>49</sup>**

**new**



**PC® ORGANICS DRY-ROASTED SALTED SUNFLOWER SEEDS**  
200 G  
21517438\_EA

**\$3**

**new**



**PC® DOUBLE CHOCOLATE OR WHITE CHOCOLATEY PEPPERMINT FLAVOURED ROLLED WAFERS**  
400 G  
21601215\_EA/21601372\_EA

**\$5**

**new**



**PC® KETTLE COOKED MIX 'N' SNACK PACK POTATOESCHIPS**  
SELECTED VARIETIES  
240 G/10X24 G  
21613448\_EA

**6<sup>99</sup>**

**new**



**PC® ORGANICS BALSAMIC OR CAESAR DRESSING**  
350 ML  
21609744\_EA/21609630\_EA

**5<sup>99</sup>**

**new**



**PC® PLANT BASED DAIRY FREE MARGARINE**  
427 G  
21615278\_EA

**2<sup>49</sup>**

**new**



**PC® HOMESTYLE BUTTER PIE CRUSTS**  
FROZEN  
350 G  
21610882\_EA

**\$6**



**PC® NANAIMO BAR NEW YORK-STYLE CHEESECAKE**  
FROZEN  
600 G  
21479848\_EA

**\$10**



**PC® SALSA CON QUESO CHEESE DIP**  
400 ML  
20005283\_EA

**3<sup>99</sup>**



**PC® SALMON OR AHI TUNA TATAKI**  
FROZEN  
130 G  
21616709\_EA/21616769\_EA

**\$13**

# Grocery



**IÖGO YOGURT 16X100 G OR DEL MONTE JUICE 2.5 L**  
SELECTED VARIETIES  
20609583001\_EA/21437174\_EA

**6<sup>99</sup>**



**STARBUCKS GROUND COFFEE 283-340 G, K-CUPS 10'S, COLD BREW 946 ML, HOT CHOCOLATE 240-300 G OR INSTANT COFFEE 90 G**  
SELECTED VARIETIES  
20547343001\_EA/20548682002\_EA

**9<sup>99</sup>**



**BECEL MARGARINE SELECTED VARIETIES**  
637/850 G  
20297818002\_EA/21279389\_EA

**6<sup>99</sup>**



**KELLOGG'S RICE KRISPIES BARS**  
160-200 G, POP TARTS 384 G, SPECIAL K 125 G OR NUTRI-GRAIN BARS 175-295 G  
SELECTED VARIETIES  
20126567001\_EA  
20313984001\_EA

**2/\$7**  
LESS THAN 2 \$4.49 EA.



**POST CEREAL**  
SELECTED VARIETIES  
340-550 G  
20299648\_EA/21427214\_EA

**2<sup>99</sup>**



**IÖGO YOGURT 2 KG OR YOP YOGURT 12X200 ML**  
SELECTED VARIETIES  
20636992\_EA  
21481820\_EA

**11<sup>99</sup>**



**NELSON MILKSHAKES**  
SELECTED VARIETIES  
310 ML  
21040942\_EA/21040956\_EA

**1<sup>49</sup>**



**KRAFT SINGLES**  
SELECTED VARIETIES  
410 G  
21188654\_EA

**5<sup>99</sup>**



**SAPUTO MOZZARELLISSIMA**  
SELECTED VARIETIES  
500 G  
20759241002\_EA

**8<sup>49</sup>**



**CHEEZ-IT CRACKERS**  
191/200 G OR QUAKER CRISPY MINIS OR LARGE RICE CAKES 90-173 G  
SELECTED VARIETIES  
20850854\_EA/21214560\_EA

**2/\$7**  
LESS THAN 2 \$3.99 EA.



**DARE ULTIMATE COOKIES, VIVA PUFFS, WHIPPET OR WAGON WHEELS**  
SELECTED VARIETIES  
230-360 G  
20025850002\_EA/20419986001\_EA

**2/\$7**  
LESS THAN 2 \$4.29 EA.



**GOGO SQUEEZ**  
SELECTED VARIETIES  
4X90 G  
20322697002\_EA

**2<sup>99</sup>**



**PC® HERBAL TEA 20'S OR NESCAFÉ SOLUBLE TIN 95 G**  
SELECTED VARIETIES  
20627612001\_EA  
21589014\_EA

**2<sup>99</sup>**



**TIM HORTONS GROUND COFFEE 300 G OR K-CUP 10-12'S**  
SELECTED VARIETIES  
20902294\_EA  
20902453\_EA

**8<sup>99</sup>**



**NATURE'S BAKERY FIG BAR**  
SELECTED VARIETIES  
6'S, 340 G  
21549605\_EA/21550352\_EA

**7<sup>99</sup>**



**LECLERC CÉLÉBRATION COOKIES**  
240 G OR PC® THE DECADENT CHOCOLATE CHIP COOKIE 280/300 G  
SELECTED VARIETIES  
20612257\_EA  
20965368\_EA

**2/\$9**  
LESS THAN 2 \$4.99 EA.



**DOWNY OR GAIN FABRIC SOFTENER**  
2.63 L, BOUNCE OR BEADS 379 G OR DOWNY OR GAIN SHEETS 120-200'S  
SELECTED VARIETIES  
21549966\_EA/21550428\_EA

**9<sup>99</sup>**



**FANTASTIK 650 ML, SCRUBBING BUBBLES 946-950 ML, WINDEX 765 ML, GLADE SMALL CANDLES 6'S OR WAX MELTS 6'S**  
SELECTED VARIETIES  
20125323001\_EA  
20323855001\_EA

**4<sup>99</sup>**



**ALCAN FOIL 50 FT, NON STICK 25 FT OR REYNOLDS PARCHMENT 35 FT**  
SELECTED VARIETIES  
20051862\_EA/21365195\_EA

**4<sup>99</sup>**



**CESAR DOG FOOD**  
SELECTED VARIETIES  
12'S  
20628583004\_EA

**17<sup>99</sup>**



# Holiday sweets



**TERRY'S CHOCOLATE**  
SELECTED VARIETIES  
147-157 G  
21194228\_EA  
21194244\_EA

**5<sup>99</sup>**

**LINDOR CORNET**  
SELECTED VARIETIES  
600 G  
20215793001\_EA  
20215793002\_EA

**19<sup>99</sup>**



**POT OF GOLD COLLECTION**  
SELECTED VARIETIES  
24'S  
21545433\_EA  
21547694\_EA

**8<sup>99</sup>**

**AFTER EIGHT**  
SELECTED VARIETIES  
145/200 G  
21393727\_EA  
21542944\_EA

**8<sup>99</sup>**



**FERRERO ROCHER**  
SELECTED VARIETIES  
248-375 G  
21463826\_EA  
21463830\_EA

**14<sup>99</sup>**

**FERRERO ROCHER**  
CONE  
350 G  
20213489\_EA

**20<sup>99</sup>**

**LINDT ADVENT**  
CALENDAR  
SELECTED VARIETIES  
128-158 G  
21459640\_EA  
21459644\_EA

**11<sup>99</sup>**



**HERSHEY KISSES POUCH**  
SELECTED VARIETIES  
180 G  
21393217\_EA/21393220\_EA

**4<sup>99</sup>**

**TURTLES BOX**  
SELECTED VARIETIES  
300/350 G  
21106317\_EA  
21205166\_EA

**13<sup>99</sup>**

**TOFFIFEE**  
400 G  
21607851\_EA

**8<sup>99</sup>**



**QUALITY STREET**  
TIN  
650 G  
21548444\_EA

**21<sup>99</sup>**

**KINDER SURPRISE**  
CHRISTMAS MAXI  
SELECTED VARIETIES  
20697956\_EA  
20802923\_EA

**13<sup>99</sup>**

**NESTLÉ TURTLES OR**  
QUALITY STREET  
SHARE BAGS  
160 G  
21613286\_EA/21613478\_EA

**7<sup>99</sup>**

# For your family



PANTENE, L'ORÉAL HAIR EXPERTISE OR GARNIER WHOLE BLENDS SELECTED VARIETIES AND SIZES  
2034030805\_EA/21431192\_EA

**5<sup>49</sup>**

GARNIER FRUCTIS HAIR CARE SELECTED VARIETIES AND SIZES  
21007198\_EA/21247098\_EA

**3<sup>99</sup>**

BATISTE DRY SHAMPOO SELECTED VARIETIES 200 ML  
20848082\_EA/20850398\_EA

**8<sup>99</sup>**



NIVEA FACE ESSENTIALS CLEANSER OR PURE AND NATURAL MOISTURIZERS OR BODY LOTION SELECTED VARIETIES AND SIZES  
20700027\_EA, 20688865\_EA

**7<sup>99</sup>**



VASELINE HAND AND BODY LOTION SELECTED VARIETIES AND SIZES  
200/295 ML  
20539440003\_EA/20539440004\_EA

**4<sup>99</sup>**



L'ORÉAL REVITALIFT AGE PERFECT CLEANSERS, MOISTURIZERS OR TREATMENTS SELECTED VARIETIES AND SIZES  
21298358\_EA  
21504551\_EA

**SALE**  
**SAVE UP TO 25%**



SOFTSOAP LIQUID HAND SOAP PUMP SELECTED VARIETIES  
221 ML  
21073173\_EA/21073176\_EA

**1<sup>99</sup>**

IVORY BODY WASH SELECTED VARIETIES  
1035 ML  
21432574\_EA

**6<sup>99</sup>**

ST. IVES BODY WASH SELECTED VARIETIES  
650 ML  
21360961\_EA

**5<sup>49</sup>**



OLD SPICE, SECRET OR NATIVE WHOLE BODY DEODORANT, CREAM OR DRY SPRAY SELECTED VARIETIES  
65-99 G  
21611070\_EA  
21611191\_EA

**13<sup>99</sup>**



AXE BODY SPRAY 113 G, DEODORANT 78/85 G OR BODY WASH 473 ML SELECTED VARIETIES  
20216717001\_EA/21436066\_EA

**4<sup>49</sup>**



GILLETTE OR VENUS DISPOSABLE RAZORS SELECTED VARIETIES  
1-8'S  
21022750\_EA  
21086638\_EA

**12<sup>99</sup>**



LISTERINE ULTRA CLEAN OR TOTAL CARE MOUTHWASH SELECTED VARIETIES  
1 L  
20701283\_EA  
21088044\_EA

**8<sup>49</sup>**



CREST SCOPE CLASSIC 1 L, ORAL-B MANUAL TOOTHBRUSH OR CREST REGULAR TOOTH PASTE 4'S SELECTED VARIETIES  
20347678002\_EA/20948747\_EA

**6<sup>49</sup>**



SENSODYNE RAPID RELIEF OR REPAIR AND PROTECT TOOTHPASTE OR POLIDENT TABLETS TABLETS 84-96'S SELECTED VARIETIES AND SIZES  
20437569002\_EA/21471656\_EA

**6<sup>99</sup>**

# For your family



ASPIRIN 100/120'S, ALEVE 40-100'S, ALEVE-X 72 G, TYLENOL 72-150'S, MOTRIN 60/150'S OR ADVIL 40-72'S PAIN RELIEF TABLETS, CAPLETS OR GELS  
SELECTED VARIETIES  
20328051\_EA/20071169001\_EA

**15<sup>99</sup>**



LIFE BRAND VITAMINS OR SUPPLEMENTS  
SELECTED VARIETIES AND SIZES  
21286510\_EA/21371303\_EA

**SALE  
SAVE UP TO**

**20%**



JAMIESON VITAMINS B, C, D, E OR MULTIVITAMINS  
SELECTED VARIETIES AND SIZES  
20299993\_EA/20303216001\_EA

**SALE  
SAVE UP TO**

**30%**



LIQUID I.V. HYDRATION SACHETS  
SELECTED VARIETIES AND SIZES  
21592444\_EA/21592485\_EA

**SALE  
SAVE UP TO**

**15%**



MAPLE ORGANICS COLD & FLU OR MUSCLE RUBS OR BALM  
SELECTED VARIETIES  
60 ML  
21560725\_EA/21560845\_EA

**18<sup>99</sup>**



ALWAYS LINERS 92-96'S, PADS 7-92'S OR TAMPAX TAMPONS 22-36'S  
SELECTED VARIETIES  
21025063\_EA/21374659\_EA



BAND-AID BANDAGES OR POLYSPORIN OINTMENT  
SELECTED VARIETIES AND SIZES  
20380516001\_EA 21335482\_EA

**SALE  
SAVE UP TO**

**15%**



**\$19<sup>99</sup>** EACH  
POISE pads  
selected varieties and sizes  
20558843005\_EA/21302103\_EA/21302119\_EA

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**SALE  
SAVE UP TO**

**15% off** Native body wash 532 mL or deodorant 75 g, Secret or Old Spice antiperspirant or deodorant 39-144 g  
21435048\_EA/21346430\_EA/20098094\_EA/20663349003\_EA

**6,000<sup>mm</sup>** when you spend "20" on

**\$6 Value**

Olay bar soap 4-6x90 g, body wash 364-975 mL or body lotion 502 mL  
selected varieties  
21500512\_EA/21431272002\_EA/20604134\_EA

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**COMBINE FORCES AGAINST YOUR NICOTINE CRAVINGS.**

**COMBINATION THERAPY**

**SALE  
SAVE UP TO 20%** Nicorette or Nicoderm  
selected varieties and sizes  
20309979001\_EA/20143834001\_EA

Product Strength Quiz

Scan the QR code to find out if Combination Therapy is right for you.

Drop Smoking Aid for adults 18+ years\*. To make sure a NICORETTE® or NICODERM® product is right for you, always read and follow the label. \*Terms and conditions apply. Scan QR code or visit URL for details. © Kenvue Canada Inc. 2024

**U by Kotex**

**Up to 100% leak-free protection**

**SALE  
SAVE UP TO 20%** U by Kotex  
Pads 28-60's or Liners 80-129's  
selected varieties  
21361876\_EA/20671294\_EA

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# LIBERTÉ

**2/\$9**  
LESS THAN 2  
\$5.69 EA.

Liberté  
Méditerranée®  
selected varieties  
500 g

20788062002\_EA



**2/\$8**  
LESS THAN 2  
\$4.99 EA.

Liberté Greek,  
Liberté Méditerranée®  
selected varieties  
4 x 100 g  
21389655\_EA



**\$6.99**

Liberté Greek®  
selected varieties  
650-750 g  
20642273\_EA  
20704361001\_EA



**\$6.99**

Liberté Méditerranée®  
selected varieties  
900 g  
21305347\_EA



**\$3.69**

Yoplait® Minigo  
selected varieties  
6x60 g  
21619388\_EA



**\$3.69**

Yoplait Tubes®  
selected varieties  
8x56 g  
21547595\_EA  
21547629\_EA

**4/\$6**  
LESS THAN 4  
\$1.99 EA.

Yoplait® YOP  
selected varieties  
200 mL

21478096\_EA  
21478186\_EA



**NEW!**



**\$4.99**

Yoplait Source®  
Protein  
selected varieties  
650 g  
21588406\_EA  
21588150\_EA

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## SAVE on your favourite household brands



**17.99** Tide laundry detergent 3.1 L,  
Downy fabric softener 2.98-4.16 L, Tide PODS 57/43's,  
selected varieties  
21549939\_EA/21454813\_EA

**15.99** Gain laundry detergent  
4.55 L/42s, Gain/Downy  
fabric softener  
2.4 L-3.29 L,  
beads 515 g, Downy/Tide  
Rinse 48 oz, Bounce Sheets  
240's, selected varieties  
21515027\_EA/21549954\_EA

**22.99** Cascade  
Dishwasher  
Detergent 51-67's,  
selected varieties  
21518479\_EA  
21516545\_EA

**10.99** Dawn Dishwashing  
Detergent 2.21-2.64 L,  
Cascade Dishwasher  
Tabs 21-26's,  
selected varieties  
21430600\_EA/21516288\_EA



**11.99** Swiffer Duster Refills 6-10's,  
Wet Refills 12-24's, Dry Refills  
16-32's, selected varieties  
20901127\_EA/20900161\_EA



**17.99** Bounty Paper Towels,  
6=12  
21515966\_EA



**17.99** Charmin Bath Tissue,  
12=48 Rolls,  
selected varieties  
21549779\_EA  
21484810\_EA



**10.99** Bounty  
Napkins 400's  
21053171\_EA

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## Frighteningly DELICIOUS

From Kraft/Heinz



Terrifying Treat Idea:  
Ghost Goo  
Find delicious recipes  
at kraftcanada.ca

**3,000** for every \$10

**\$3** Value



Philadelphia  
Cream Cheese  
Product  
Selected Varieties  
227 - 250 g  
20986924005\_EA  
LESS THAN 2 \$5.49 EA.

**2/9.50**



Philadelphia Dips  
Selected Varieties  
227 g  
20299760001\_EA  
LESS THAN 2 \$5.49 EA.

**2/9.50**



Kraft Singles  
Process Cheese  
Product 410 g  
2188654\_EA

**\$6.49**



Cheez Whiz  
Cheese Spread 450 g  
20659606001\_EA

**\$6.49**



LESS THAN 2 \$7.49 EA.  
**2/\$13**

Coca-Cola®  
beverages  
selected varieties  
8x300 mL  
21181173\_C08



LESS THAN 2 \$4.99 EA.

**2/\$9**

Coca-Cola®  
beverages  
selected varieties  
6x222 mL  
20354164001\_C06



**2.49**

Coca-Cola®  
beverages  
selected varieties  
1 L  
20783410\_EA

October 1st - November 6th 2024  
\*Plus applicable taxes, fees, deposits and fines. Valid at participating locations for a limited time.  
†This product may not be suitable for everyone. Please read the label for instructions. The trademarks that appear are the property of their respective trademark owners.