

With Card

Honeycrisp **Apples**

WEEKEND REE-BEE!

FREE Kroger Pasta Sauce'

*When you clip digital coupon & spend \$35+ -10/27. See coupon for details





With Card

USDA CHOICE

Boneless Petite Sirloin Steaks

or Boneless Top Round London Broil; Value Pack

Pork Shoulder Roasts

or Pork Spareribs; Bone-In

With Card

Kroger Apple Cider 64 oz

With Card





Kroger Bacon

16 oz or Nathan's Beef Franks, 11-12 oz; Select Varieties

With Card



Tillamook Ice Cream Select Varieties, 48 fl 07

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

With Card



FINAL COST When You Buy 3

/EA

With Card When you buy 3 or more in the same transaction with Card. Quantities less



Progresso Soup 18-19 oz or Progresso Broth, 32 oz;

Select Varieties With Card

When you buy 8 or more in the same transaction with Card. Quantities less than 8 are up to \$2.79 each with Card.



Select Varieties, 12-Pack, 12 fl oz Cans, Plus Deposit Where Applicable



Rogue, Pfriem or Boneyard

Select Varieties, 6-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable

Use each coupon UP TO 5 TIMES in one transaction



Red Baron Pizza

14.87-23.45 oz or Ben & Jerry's Ice Cream, 16 fl oz or Breyers Ice Cream, 48 fl oz or Magnum Ice Cream Bars, 3 ct; Select Varieties

With Digital Coupon

Price without digital coupon is up to \$3.99 each with Card.



Fresh Tyson Whole Chicken

/LB With Digital Coupon

Price without digital coupon is up to \$1.49 lb with Card.



Large Avocado

With Digital Coupon Price without digital coupon is up to \$2.99 each with Card.

*While supplies last.

See inside for MORE WEEKL **DIGITAL DEALS!**



Cheetos

6.5-10 oz or Ruffles, 5.5-8.5 oz or Tostitos, 9-13 oz or Fritos, 9.25-10 oz or Sunchips, 7 oz: Select Varieties

BUY 2, GET 2 of Equal or Lesser Value With Card

MIX & MATCH

Nabisco Oreo or Chips Ahoy **Family Size Cookies**

9.31-20 oz or Nabisco Family Size Snack Crackers, 11.5-14 oz; Select Varieties

than 3 are up to \$4.49 each with Card.

SALE DATES: Wed. October 23 - Tues. October 29, 2024. Prices and items are effective at your local Fred Meyer store.

/EA

PROGRESSO

WEEKLY DIGITAL DEALS



Use each coupon **UP TO 5 TIME** in one transaction'

Scan me to



these tags.



With Digital Coupon



Price without digital coupon is up to \$4.99 each with Card.





32 oz Kroger Cheese

/EA With Digital Coupon



Price without digital coupon is up to \$7.99 each with Card.



Red, **Green or Black** Seedless Grapes

With Digital Coupon



Blueberry Muffins

4 ct or Decorated Cupcakes, 6 ct or Mini Cupcakes, 12 ct: Select Varieties. In the Bakery

'/EA

With Digital Coupon Price without digital coupon is up to \$5 each with Card.



Price without digital coupon

is up to \$2.49 lb with Card.

Coca-Cola, Pepsi or 7UP

Select Varieties, 2 Liter, Plus Deposit Where Applicable

/EA

With Digital Coupon Price without digital coupon is up to \$2.99 each with Card.



Post Cereal

10-14.75 oz or Kroger Apple Juice, 64 fl oz: Select Varieties

With Digital Coupon Price without digital coupon is up to \$2.49 each with Card.



Folgers Coffee

Select Varieties, 22.6-25.9 oz Can

/EA

With Digital Coupon Price without digital coupon is up to \$11.99 each with Card.



Mars Candy

Select Varieties. 1.36-2.17 oz

With Digital Coupon Price without digital coupon is up to \$1.59 each with Card.



Frito-Lay Multipack

18 ct or Sparkling Ice, 12-Pack, 17 fl oz or Popcorners Multipack, 15 ct; Select Varieties, Plus Deposit Where Applicable

/EA

With Digital Coupon Price without digital coupon is up to \$10.99 each with Card.



Kroger Ultra **Paper Towels**

6 Double Rolls or Monster Energy Drink, 4-Pack, 15.5-16 fl oz; Select Varieties, Plus Deposit Where Applicable

/EA With Digital Coupon

Price without digital coupon is up to \$9.99 each with Card

*While supplies last.



Charmin **Bath Tissue**

12 Mega XL Rolls or lams Dry Dog Food, 13.5-15 lb or Pedigree Dry Dog Food, 44-50 lb; Select Varieties



With Digital Coupon Price without digital coupon is up to \$29.99 each with Card.





Tuscany 18 oz. Halloween Candle

With Card Reg. 9.99

With Card

Pumpkin Masters 21-Piece Ultimate Carving Kit Reg. 9.99





Licensed Tee \$ Reg. \$18

With Card



With Card

Men's and Women's sizes. Shown: Sale **7.20-\$14**

on Apparel & Shoes' with in-store Coupon and Card.

*Exclusions Apply. See coupon for details.

WEEKLY DIGITAL DEALS

UP TO 5
TIMES
in one transaction



Look for these tags.



Price without digital coupon is up to \$6.99 each with Card.





Price without digital coupon is up to \$8.99 each with Card

*While supplies last.

.99 edch with Card. Price without digital coupon is up to \$6.99 edch with Ca

NOW AVAILABLE WITH A BOOST MEMBERSHIP

Your Choice of Disney+ (With Ads), Hulu (With Ads) or ESPN+ on Us*



boost..

LEARN MORE

Not a boost member? Enroll today.

Eligible subs only. Restrictions apply.

See retailer site for details.

SAVE \$2 EACH

WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.



Find even more online! Scan me to shop all participating items.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags.





4.29 With Card -2.00

Kellogg's

Club Crackers 11-13.7 oz or Crisps, 7.1 oz or Town House Crackers, 9.2-13.8 oz; Select Varieties



5.99 With Card -2.00

Arrowhead Mountain **Spring Water**

24-Pack, 16.9 fl oz Bottles or Cheez-It Family Size Crackers, 9.6-21 oz; Select Varieties. Plus Deposit



Select Varieties, 16 oz



Best Foods

30 fl oz

30 fl oz;

Mayonnaise

Select Varieties

5.99 With Card -2.00

or Miracle Whip, /EΔ*

Rice

Meatballs 18-28 oz or Birds Eye Voila Family Size Meal, 42 oz; Select Varieties

Cooked Perfect

7.99 With Card -2.00

SKILLET



8.49 With Card -2.00

Gatorade 8-Pack, 20 fl oz or Pure Leaf Tea, 6-Pack, 16.9-18.5 fl oz; Select Varieties. Plus Deposit Where Applicable



6.99 With Card -2.00

Private Selection Angus Meatballs 16 oz, Select Varieties

3.99 With Card -2.00 Lay's **Potato Chips**

4.75-8 oz or Kellogg's Cereal, 7.8-16 oz



or General Mills Chex Cereal, 12-14 oz: Select Varieties



10.29 With Card -2.00

Tvson Frozen Chicken Sandwiches Select Varieties. 4-8 ct



7.99 With Card -2.00

Dove **Body Wash** 20 fl oz or Bar Soap, 4 ct; Select Varieties



8.99 With Card -2.00

Starbucks Coffee 10-12 oz Bag or K-Cups, 10 ct or Rao's Pasta Sauce, 32 oz; Select Varieties



goodnites

9.99 With Card -2.00

Stouffer's Family Size Entrée

30-38 oz or Maxwell House or Yuban Coffee, 25.3-30.6 oz; Select Varieties

10.49 With Card -2.00

Huggies Pull-Ups 17-23 ct or Pampers Swaddlers Diapers, 19-32 ct or Goodnites Underwear, 11-14 ct; Select Varieties



6.49 With Card -2.00

Dr. Squatch **Bar Soap**

Select Varieties,



6.99 With Card -2.00

Rana Family Size Pasta 20 oz or Happy Egg Co. Organic Eggs, Large, Grade A, 12 ct or Delimex Taquitos, 16-23 ct: Select Varieties



Malt O Meal Cereal

30-37 oz or Jack Link's Jerkv. 2.85 oz: Select Varieties

5.99 With Card -2.00

ORIGINAL



6.99 With Card -2.00

Coffee-mate Creamer

64 fl oz or Nature Valley Biscuits or Bars, 10-24 ct or Blue Diamond Almonds, 16 oz; Select Varieties



6.99 With Card -2.00

Dave's Killer Bread **Organic Bread**

17-27 oz or Buns, 8 ct; Select Varieties



WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags.



12.99 With Card -2.00



Liquid Death Water or Tea

8-Pack, 19.2 fl oz or Ziploc Freezer or Storage Bags, 60-80 ct; Select Varieties,

Plus Deposit Where Applicable



20-22 oz or P. F. Chang's Meal, 18-22 oz: Select Varieties



5.49 With Card -2.00

Oscar Mayer **Beef or Turkey** Franks

Select Varieties, 15-16 oz

> 9.99 With Card -2.00

/EA*

Pepperidge Farm Goldfish

24.3-30 oz or Liquid I.V., 6 ct; Select Varieties

> 9.99 With Card -2.00

Atkins Protein

Meal Bar Select Varieties, 5 ct



6.99 With Card -2.00

Snack Factory Party Size Pretzel Crisps

Select Varieties, 14 oz, In the Deli



Bertolli Entrée

13.99 With Card -2.00

Smucker's **Uncrustables**

15 ct or Peet's Coffee, 18 oz Bag; Select Varieties



LIQUID I.V.

Goldfish.

CHEDDAR





FUEL POINTS

ON 100s OF GIFT CARDS WITH DIGITAL COUPON TODAY!*











Visit FredMeyer.com/4Xgiftcard to download coupon

REDEEM EVERY DAY 10/23/24-11/5/24

*Subject to availability. See gift cards for details, terms, conditions and (if applicable) fees. All trademarks are property of their respective owners.

Mix and Match 5 or more participating items and pay 99¢ each!



Discount applied at checkout with Card. Items must be purchased in the same transaction.



- $\bullet \textbf{ Campbell's Condensed Soup, } 10.5\text{-}11.25 \text{ oz} \bullet \textbf{ StarKist Tuna or Tuna Creations, } 2.6\text{-}3 \text{ oz} \bullet \textbf{ Smart Bowls, } 4.5 \text{ oz} \bullet \textbf{ Ro-Tel Diced Tomatoes, } 10 \text{ oz} \bullet \textbf{ StarKist Tuna or Tuna Creations, } 2.6\text{-}3 \text{ oz} \bullet \textbf{ Smart Bowls, } 4.5 \text{ oz} \bullet \textbf{ Ro-Tel Diced Tomatoes, } 10 \text{ oz} \bullet \textbf{ Smart Bowls, } 10.5\text{-}11.25 \text{ oz} \bullet \textbf{ Smart B$
- La Banderita Soft Taco Flour Tortillas, 10 ct Kraft Barbecue Sauce, 18 oz Hunt's Pasta Sauce, 24 oz Jell-O Pudding or Gelatin Mix, 0.3-3.9 oz
- Barilla Pasta, 12-16 oz Ready Pasta, 7 oz Knorr Sides, 4-5.7 oz Chef Boyardee, 14.5-15 oz Bar-S Meat Franks, 12 oz Powerade, 28 fl oz • Body Armor Super Drink, 16 fl oz • Snapple, 15.9-16 fl oz • Sunny Delight, 64 fl oz • Kroger Croutons, 5 oz

*99¢ ea. when you mix/match 5 or more in the same transaction with Card. Quantities less than 5 will be up to \$2.49 each with Card.

GROCERY ESSENTIALS



Screamin' Sicilian Pizza

17.7-25.4 oz or Breadsticks, 15.65-16.55 oz or Pizza Bowl, 8 oz; Select Varieties

> **MIX & MATCH** BUY 1, GET 1 of Equal or Lesser Value

With Card



Duncan Hines Cake Mix

15.25 oz or Frostina. 14-16 oz; Select Varieties

MIX & MATCH BUY 1. GET 1 of Eaual or Lesser Value

With Card



Kroger **Sour Cream** or Cottage Cheese Select Varieties,

With Card



Sara Lee Artesano Bread Select Varieties.

16-20 oz

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

With Card



Bibigo or Twin Marquis Entrée Select Varieties, 16-24 oz

MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

With Card



Kraft **Shredded Cheese**

Select Varieties, 7-8 oz

> MIX & MATCH BUY 1, GET 1 of Equal or Lesser Value

With Card



Arm & Hammer Detergent

45.5-50 fl oz or Power Paks, 24 ct or Scent Booster, 24 oz; Select Varieties



With Card

Jergens Lotion 16.8-21 fl oz or Nivea Lotion,

Ultra Healing



16.9 fl oz; Select Varieties With Card



Dr Teal's **Epsom Salt**

3 lb or Foaming Bath, 34 fl oz or Head & Shoulders Shampoo or Conditioner, 12.5 fl oz; Select Varieties



With Card

Smart Way Food Storage Select Varieties



SAVE \$5

When you spend \$15 on all Cosmetics items, with Card.*

*Participating item selection may vary by store. Discount applied at checkout with your Card.

Items must be purchased in the same transaction.



Premiel Protein With Card **Premier Protein Shakes** Select Varieties, 6-Pack, 11.5 fl oz

SAVINGS ON HEALTH, BEAUTY & MORE



Garnier Fructis Shampoo or Conditioner

10.2-12.5 fl oz or TRESemmé Shampoo or Conditioner, 28 fl oz: Select Varieties

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

50% OFF



Poise Pads

22-66 ct or Depend Underwear or Pads, 12-58 ct; Select Varieties

> 1599 With Card



Kroger
Omeprazole
Select Varieties,

42 ct \$ **1499**With Card



Sensodyne Toothpaste Select Varieties, 3.4-4 oz

\$**699**With Card



Nature Made Supplements

30-300 ct or Nature's Bounty Supplements, 25-350 ct or Kroger Supplements, 60-500 ct; Select Varieties

> MIX & MATCH BUY 1, GET 1

BUY 1, GET 1 of Equal or Lesser Value



LOOK WHAT'S

MIX & MATCH
BUY 1, GET 1

OFF
of Equal or Lesser Value

With Card

Garnier Fructis Shampoo

12.5 fl oz or TRESemmé Shampoo, 28 fl oz; Select Varieties







Starface Pimple Patches 32 ct or Dr. Squatch Body Wash, 14 fl oz; Select Varieties









Select Varieties





SCARE UP SOME FRIGHTENING FUN!

Shop all Spooktacular savings at FredMeyer.com/Halloween







Halloween **Decorated Cupcakes** 12 ct or Mini, 24 ct; Select Varieties, In the Bakery







With Card



Mars **Fun Size Candy** Select Varieties, 10.48-11.5 oz



With Card



Laffy Taffy, Nerds or Trolli Candy Select Varieties, 4.8-12 oz With Card



Sour Patch Kids Candy Mix 40 ct







Pumpkin Masters All In One Carving Kit 12-Piece Set

With Card



Prices good through Thursday, October 31, 2024. Seasonal selection varies by store and is limited to stock on hand.



Scan here or visit FredMeyer.com/FuelEvent to download coupon. *Exclusions apply. See coupon for details



TAILGATING **MUST-HAVES**

Find more game day deals & recipes at FredMeyer.com/Football





St. Louis Style Ribs With Card





Doritos Party Size Select Varieties, 14.5 oz

With Card



Kroger Hamburger or Hot Dog Buns Select Varieties, 8 ct



Coors or Miller Select Varieties, 30-Pack, 12 fl oz Bottles or Cans, Plus Deposit

KINGSFORD MATCH LIGHT

Kingsford Original Charcoal 16 lb or Match Light Charcoal, 12 lb With Card

Seasonal selection varies by store and is limited to stock on hand.

Where Applicable

Home Chef

Fully Cooked,

2 lb, In the Deli

Smoked

ROSE SALE

BARGAINS IN FULL BLOOM!





*SAVE 10% Every day when you purchase 6 bottles of wine or more with Card. Mix and Match 6 bottles, 750ml or 1.5 Liter size Limit one discount per transaction. Excludes wine sizes 375 ml, 3 Liter, 4 Liter and 5 Liter. Exclusions apply.



Rainier, **Pabst** or Busch Light

Select Varieties, 30-Pack,

Rainier

12 fl oz Bottles or Cans, Plus Deposit Where Applicable



HEFE

Widmer, Heineken or Monster Beast Unleashed

Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable



10.99 EA -10%

With Card

7 Deadly, Kendall-Jackson or Cupcake Select Varieties, 750 ml



8.99 EA -10%

With Card

Ménage à Trois, Chateau Ste Michelle or Apothic

Select Varieties, 750 ml



Sunshine

On My Mind

Bouquet

Broccoli Crowns or Cauliflower

With Card

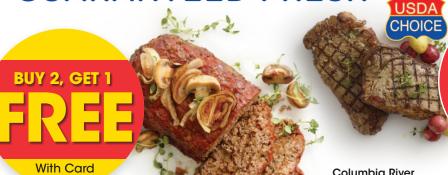


Kroger **Single Serve Salad Bowls**

With Card

Strawberries

GUARANTEED FRESH



BURLYS

PULLED PORK

Boneless New York Strip Steaks

Columbia River Steelhead Fillets

or Large Cooked Shrimp, 26-30 ct, Sold in a 2 lb Bag for \$17.98; Previously Frozen

With Card



Sold in a 1 lb Roll

80% Lean Ground Beef

Kroger Chicken Thighs, Tenders or Cutlets

Select Varieties, Frozen, 2.5-3 lb



With Card

Breakfast Sausage 12 oz or Curly's

Johnsonville

BBQ Tubs, 16 oz; Select Varieties With Card



Whole Cooked **Dungeness Crab**

Previously Frozen or Fresh Wild-Caught Rockfish Fillets, Subject to Fishing & Weather Conditions for \$5.99 lb

/LB With Card

DELI & BAKERY

Order party trays, cakes and more at FredMeyer.com/fresh

Home Chef Fried or Baked Chicken

Fully Cooked, 8-Piece, Includes 2 Breasts, 2 Thighs, 2 Wings & 2 Drumsticks





Boar's Head OvenGold Turkey Breast

With Card

or American Cheese; Select Varieties, Sliced to Order or Grab N Go, Available in Select Stores

BOTTLES & BREWS



\$**18**99

Corona Extra

> White Claw, Corona or Modelo

Select Varieties, 12-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable





Bota Box
or Black Box
Select Varieties,
3 Liters
\$ 1699



5.99 EA -10% With Card \$539 /EA* Barefoot, André or Yellow Tail

Select Varieties.

750 ml

\$ 1169 /EA*

12.99 EA

-10%

RUFFINO

A to Z, Ruffino or Mionetto Select Varieties, 750 ml



\$2499

Select Varieties, 30-Pack, 12 fl oz Bottles or Cans, Plus Deposit Where Applicable



Budweiser



Selection varies by store and is limited to stock on hand.



Fresh Cut Floral Arrangement Select Varieties



Fresh Baked **Private Selection Butter Croissants** Larae, 4 ct or Mini, 12 ct; Select Varieties, In the Bakerv





Private Selection Simmer Sauce Select Varieties, 14-16 oz

With Card



Simple Truth **Organic** 90-Second Rice Select Varieties, 8.8 oz

With Card



Private Selection Gourmet Spices Select Varieties. 0.14-2.37 oz

MIX & MATCH BUY 2, GET 1 of Equal or Lesser Value With Card



Baker's **Sweetened Coconut**

With Card



Private Selection Extra Large **Pistachios** 14 oz

With Card



Simple Truth **Organic Beans** Select Varieties, 15 oz

With Card



Candle-Lite **Unscented** Tea Lights 50 ct





SCARE UP SOME FRIGHTENING FUN

Shop all Spooktacular savings at FredMeyer.com/Halloween





Holiday Home LED Plastic Pumpkin Select Varieties



Holiday Home Pose-n-Stay Skeleton Black Light

Reactive, 60"



Pumpkin Masters Ultimate Carving Kit

Select Varieties, 21-Piece



Holiday Home LED Fall Wreath

Select Varieties,



Brach's Candy Corn or Autumn Mix Select Varieties, 11 oz

With Card



Sour Patch Kids, Swedish Fish and Oreo Mini Candy Mix 65 ct

With Card

Hi-Chew Candy Select Varieties, 11.65-12.7 oz



With Card



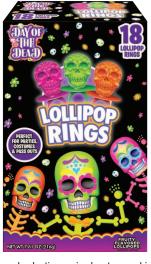
Butterfinger, **Baby Ruth** or Crunch **Fun Size Candy** Select Varieties, 10-10.2 oz

With Card



Lemonhead, Nerds or Sweetarts Candy Mix Select Varieties, 90-175 ct

With Card



Day of the Dead **Lollipop Rings**

18 ct



