

OCTOBER

HIT OF THE MONTH



**Jolly Ranchers or Twizzlers** 170-198 g  
**or Dare Real Fruit candy** 180 g  
selected varieties  
Limit: 6, over limit retail \$2.00



**No Name flour**  
all-purpose, 10 kg



**Swanson Meat Pies**  
selected varieties, 200 g  
Limit: 6, over limit retail \$2.50

**LOWEST PRICES**  
**BEST DEALS**

As compared to other major grocery retailers within your local trade areas. \*Must be a registered PC Optimum® member to get this offer. Valid from October 1st - 31st, 2024. While quantities last. No retrochecks.

**FRESH  
DEALS  
OF THE WEEK**

**7 DAYS ONLY**

Effective Thursday October 24 to  
Wednesday October 30, 2024



**AA  
beef brisket**  
variable weight  
20704507\_KG

**5<sup>89</sup>/lb**  
12.99/kg



**broccoli  
crowns**  
product of  
U.S.A.  
9.07 kg  
20026161001\_C01

**37<sup>99</sup>**



**carrots**  
product of  
U.S.A.  
50 lb  
20116186001\_C02

**34<sup>99</sup>**



**boneless  
skinless  
chicken breasts**  
seasoned, frozen, 4 kg box  
20185997\_EA

Members  
save  
**\$9**

**39<sup>99</sup>**



**Charmin  
bathroom tissue** 24=96 rolls or  
**Bounty paper towel** 8=24 rolls  
selected varieties  
21549778\_EA/21515979\_EA

Members  
save  
**\$9**

**Optimum**  
Members-Only Price™  
**20<sup>99</sup>**  
Non-members  
**29<sup>99</sup>**

**Optimum**  
**15,000** pts  
when you buy  
3 or more



**\$22 frozen  
boxed items**  
selected varieties  
2-5.4 kg

**\$22**



**Red Bull  
energy drinks**  
24 x 355 mL  
20134482001\_C24

**\$5  
savings**

**62<sup>99</sup>**

EFFECTIVE THURSDAY OCTOBER 24 TO WEDNESDAY NOVEMBER 13, 2024

\*Prices and assortment are subject to change by store. Product availability varies by store.

**Free Business Membership. No Minimum Order Required.**



**49¢**  
savings

**Powerade sports drinks**  
selected varieties  
710 mL  
20853723\_EA

**\$1**



**\$1**  
savings

**Glaceau vitamin water**  
selected varieties  
12 x 591 mL  
20333194006\_C12

**19<sup>99</sup>**



**\$7**  
savings



**Nestlé chocolate bars**  
selected varieties  
48 ct  
20019964\_C48  
20066954\_C48

**52<sup>99</sup>**



**Members save \$3**

**Optimum<sup>™</sup>**  
**Members-Only Price<sup>™</sup>**  
**31<sup>99</sup>**  
**Non-members**  
**34<sup>99</sup>**

**Coca-Cola soft drinks**  
selected varieties  
24 x 500 mL  
20561366001\_C24

Prices in effect from Thursday October 24 to Wednesday November 13, 2024 at select, participating Wholesale Club stores located in Ontario with exception of Kenora and Thunder Bay locations. Quantities and/or selection of items may be limited and may not be available in all stores. Prices, product selection and availability may vary by store, and subject to change. We do not offer Rainchecks. Stores reserve the right to limit quantities to reasonable requirements. Coupons must be presented and redeemed at time of purchase. We are not obligated to sell items based on errors or misprints in typography or photography. Upon discovering an error, a correction notice will be issued online and in participating stores. Applicable taxes, deposits and environmental surcharges are extra. "The Real Canadian Wholesale Club", "President's Choice", "no name" and "sunspun<sup>™</sup>" are registered trademarks of Loblaws Inc. For online flyer, store locations, hours and more, visit [www.wholesaleclub.ca](http://www.wholesaleclub.ca). †Applicable fees for in-store pickup of online orders are extra. In-store pickup of online orders is only available at select locations and on orders over \$75.

# Prices LOWERED and LOCKED on sunspun™ items.\*

\*until November 13, 2024.



**sunspun™  
chicken  
breasts**  
selected varieties  
frozen, 4 kg  
20054405\_EA

**\$60**



**\$1  
savings**

**sunspun™  
soft margarine**  
15 kg  
20692770\_EA

**53<sup>99</sup>**



**sunspun™  
chicken or beef  
soup base**  
selected varieties  
5 kg  
20044595\_EA  
20316641\_EA

**37<sup>99</sup>**



**\$3  
savings**

**sunspun™  
mayonnaise**  
4 L  
21350171\_EA

**17<sup>99</sup>**



**\$3  
savings**

**sunspun™  
coleslaw  
salad  
dressing**  
4 L  
20065599\_EA

**22<sup>99</sup>**



**\$1  
savings**

**sunspun™  
soy sauce**  
regular, 4 L  
20161325\_EA

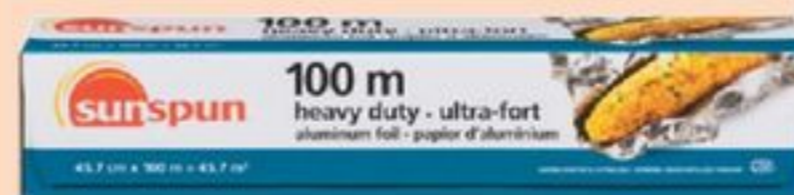
**12<sup>99</sup>**



**\$2  
savings**

**sunspun™  
garbage bags**  
regular strength  
30" x 38"  
250 ct  
20003027\_EA

**37<sup>99</sup>**



**\$2  
savings**

**sunspun™  
aluminum foil**  
heavy duty  
100 m  
21119966\_EA

**22<sup>99</sup>**

There's  
more value  
under  
the sun...

it's the  
wholesale way.



**Pinty's  
Roadhouse wings**  
frozen, 5 kg  
21372506\_C02

**64<sup>99</sup>**



**\$3**  
savings

**Olymel  
bologna**  
4 kg  
20743384\_EA

**26<sup>99</sup>**



*Celebrate flavour  
with our tantalizing  
bologna!*





**Saputo**  
**Bari pizza**  
**mozzarella**  
**shreds**  
 27% M.F., 2.5 kg  
 21589619\_EA

**38<sup>99</sup>**



**full fat**  
**mozzarella block**  
 approx. 18 kg  
 20142897\_EA

**249<sup>99</sup>**



CALLS FOR **Saputo** CHEESE



**SAPUTO**  
 PIZZA MOZZARELLA SHREDDED  
 2.5 kg  
 21589619



**\$1**  
savings

**Janes**  
**crispy chicken**  
fully cooked, frozen  
2.5 kg  
21209988\_EA

**31<sup>99</sup>**



**Sofina**  
**crispy chicken**  
**drumsticks**  
frozen, 1 kg  
21339803\_EA

**11<sup>49</sup>**

## CRISPY CHICKEN PIECES

**JANES**  
Ready for anything!

**CRISPY CHICKEN**  
**9-CUT PIECES**

Article 21209988

Nutrition Facts		Valeur nutritive	
Per about 1 piece (100 g edible portion)			
per environ 1 morceau (100 g portion comestible)			
<b>Calories 200</b>		<b>% Daily Value*</b>	
		<b>% valeur quotidienne*</b>	
<b>Fat / Lipides 10 g</b>		13 %	
<b>Saturated / saturés 2.5 g</b>		13 %	
<b>+ Trans / trans 0 g</b>			
<b>Carbohydrate / Glucides 6 g</b>			
<b>Fibre / Fibres 0 g</b>		0 %	
<b>Sugars / Sucres 0 g</b>		0 %	
<b>Protein / Protéines 20 g</b>			
<b>Cholesterol / Cholestérol 70 mg</b>			
<b>Sodium 390 mg</b>		17 %	
<b>Potassium 175 mg</b>		4 %	
<b>Calcium 10 mg</b>		1 %	
<b>Iron / Fer 1.25 mg</b>		7 %	
<small>*5% or less is a little, 15% or more is a lot</small>			
<small>*5 % ou moins c'est peu, 15 % ou plus c'est beaucoup</small>			

**FULLY COOKED!**



- A QUICK & DELICIOUS CENTRE-OF-PLATE OPTION
- PERFECTLY SEASONED & CRISPY BREADING
- FULLY COOKED!
- NO MILK INGREDIENTS
- NO DEEP FRYER REQUIRED
- RAISED ON CANADIAN FARMS!



PRODUCT DESCRIPTION	CASE SIZE	SOFINA CODE	PIECE COUNT	STORAGE	SHELF LIFE
CRISPY CHICKEN PIECES 9-CUT, FIXED WEIGHT	4 BAGS	71206	72	KEEP FROZEN	BEST BEFORE 365 DAYS

**COOKING INSTRUCTIONS**

HEAT IN **CONVENTIONAL OVEN** AT 200° C (400°F) FOR 30 MINUTES OR UNTIL HEATED TO AN INTERNAL TEMP OF 74° C (165° F). LET STAND FOR 5 MINUTES BEFORE SERVING.



For more information contact your Sofina Account Manager or the Sofina Foods Order Desk at 1-833-SOFINA (1-833-763-4621)

[www.sofinafoods.com](http://www.sofinafoods.com)

For great recipes & tips please go to [www.sofinafoods.com](http://www.sofinafoods.com)

**Capital Fine Meats**  
**pizza pepperoni**  
naturally smoked  
3 kg  
20000823\_EA

**20<sup>99</sup>**



**\$150**  
savings

**Capital Fine Meats**  
**pizza salami or**  
**summer sausage**  
3 kg  
20142495\_EA  
20315557\_EA

**22<sup>99</sup>**



**\$250**  
savings

EST.  1929  
**CAPITAL<sup>®</sup>**  
FINE MEATS

**FEEDING  
THE CHEF  
WITHIN.**



Made in  
Western Canada



Gluten  
Free



Naturally  
Smoked



Family  
Owned

**Proudly Serving Canadians Since 1929**



Optimum™  
**1,000** pts

**\$1**  
Value



**BeeMaid**  
honey portions  
selected varieties  
840 g  
21194497\_EA

**13<sup>99</sup>**

Optimum™  
**5,000** pts

**\$5**  
Value



**BeeMaid**  
liquid honey  
7 kg  
21313736\_EA

**60<sup>99</sup>**

**BeeMaid**

CREATE A  
**BUZZ**  
IN YOUR  
KITCHEN



**BOLD & RICH  
FLAVOUR**



**NATURAL ALTERNATIVE  
TO PROCESSED OR  
ARTIFICIAL SWEETENERS**



**IDEAL IN SAUCES,  
MARINADES &  
DRESSINGS**



**HELPS BAKED  
GOODS STAY FRESH**



**FULLY TRACEABLE, 100% PURE CANADIAN HONEY**  
PROUDLY OWNED BY CANADIAN BEEKEEPERS

Add a  
**Li'l Honey**  
On the Go



**EASY TO  
SQUEEZE  
PACKET**



**SAFE &  
HYGENIC**



**PORTION  
CONTROL**



**100% PURE  
CANADIAN  
HONEY**

**Ideal for Home, Businesses & On the Go**  
PROUDLY OWNED BY CANADIAN BEEKEEPERS



**Trio**  
brown gravy mix  
467 g  
20082823\_EA

**6<sup>99</sup>**



**Trio**  
cheese sauce mix  
908 g  
20109388\_EA

**18<sup>49</sup>**

*Stir. Serve. Save.* **TRIO**<sup>®</sup>



FAT FREE



CHOLESTEROL  
FREE



NO ARTIFICIAL  
FLAVOURS



ONE MINUTE  
PREP TIME



LOW CALORIE  
PER SERVING



Heinz  
mayonnaise  
4 L  
21194812\_EA

**22<sup>99</sup>**

Optimum

**4,000** pts

**\$4**  
Value



Heinz  
mayonnaise  
16 L  
21201423\_C01

**88<sup>99</sup>**

# HEINZ

ESTD 1869

## REAL MAYO

Create a Signature Flavour

ARTICLE NUMBER

PRODUCT

21194812

HEINZ Mayonnaise 4L

21201423

HEINZ Mayonnaise 16L



**HARISSA  
MAYO**

1 Cup HEINZ Mayo

+

¼ Cup Harissa Paste



**MAPLE-DIJON  
MAYO**

1 Cup HEINZ Mayo

+

1 Tbsp.  
Canadian Maple Syrup

+

½ Tbsp.  
Grainy Dijon Mustard



**CURRY-LIME  
MAYO**

1 Cup HEINZ Mayo

+

1 Lime,  
Juice & Zest

+

1 Tbsp.  
Curry Powder



**KraftHeinz**  
FOODSERVICE

[www.kraftheinzfoodservice.com/ca](http://www.kraftheinzfoodservice.com/ca)



General Mills  
jumbo cereal  
selected varieties  
825 g-1.3 kg  
2067390\_EA/20681872\_EA

**10<sup>49</sup>**



Liberté  
Greek yogurt  
selected varieties  
1 kg  
21305351\_EA

**7<sup>49</sup>**



# START YOUR DAY RIGHT with General Mills



© General Mills

Optimum  
**5,000** pts

**\$5**  
Value



**Lee Kum Kee  
Chef's Select  
soy sauce**  
18.9 L  
21107325\_EA

**53<sup>49</sup>**

Optimum  
**2,000** pts

**\$2**  
Value



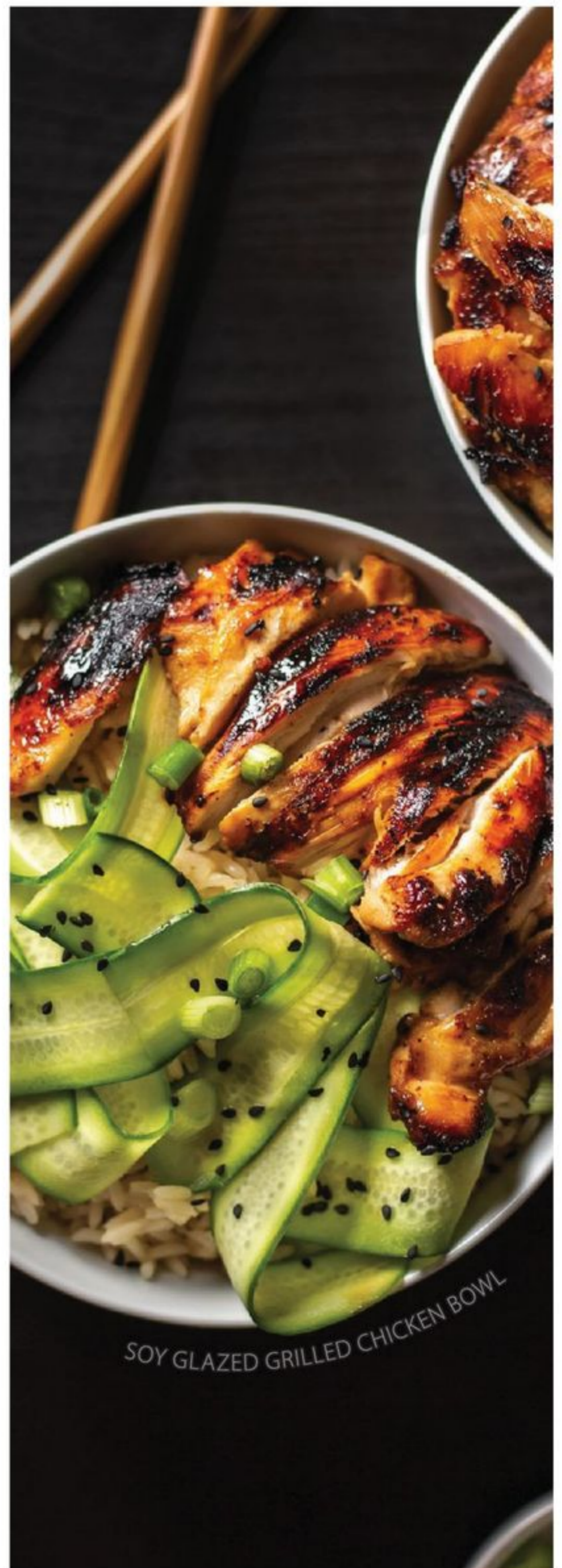
**Lee Kum Kee  
soy sauce**  
8 L  
21108256\_EA

**23<sup>99</sup>**



# LEE KUM KEE SOY SAUCE

Authentic Taste  
Naturally Brewed



*Leader of Authentic Asian Sauces*

www.LKK.com | LeeKumKeeCanada



**Dr. Oetker  
Easy Pizzi pizza**  
selected varieties  
frozen, 200-576 g  
21362407\_EA

**5<sup>99</sup>**



**Dr. Oetker  
Ristorante or  
Casa di Mama pizza**  
selected varieties  
frozen, 320-410 g  
2029610001\_EA  
20296424006\_EA

**5<sup>49</sup>**



**Flavours  
for everyone**



**Ristorante**  
(320g - 390g)



**Giuseppe  
Easy Pizzi**  
(560g - 600g)





**Armstrong  
cheese block**  
1.35 kg  
21283146\_EA/21283149\_EA

**17<sup>99</sup>**



**no name®  
cheese**  
club pack, 2.27 kg  
20299193\_EA

**30<sup>99</sup>**



NATURAL CHEESE  
**Armstrong**  
1902®

**IT'S OKAY TO  
BRING YOUR OWN  
ARMSTRONG CHEESE**



CHEESE BLOCKS  
1.35 KG  
**ARMSTRONG**

**\$5<sup>49</sup>**

LACTOSE FREE MILK  
1.89 L  
**DAIRYLAND**



**\$3<sup>99</sup>**

ULTRAFILTERED MILK 1 L  
**JOYYA**

\*In the Milk category, based on the 2024 BrandSpark Canadian Shopper Study. [www.BrandSparkMostTrusted.com](http://www.BrandSparkMostTrusted.com)



**Heinz**  
**Chef Francisco soup**  
 selected varieties  
 1.81 kg  
 21479656\_EA

**12<sup>99</sup>**



**Kraft**  
**ribbon cheese slices**  
 processed cheese  
 product  
 2 kg  
 20078856\_EA

**25<sup>99</sup>**

**4 lb**  
**Now sold**  
**INDIVIDUALLY**  
 Frozen Concentrate Soups

**Chef**  
**Francisco**<sup>®</sup>  
 by **Heinz**

**34% OF CANADIANS**  
 visit certain restaurants specifically  
 because of the soup they offer

Technomic Ignite 2018



**Broccoli Cheese**

21479591



**Italian Style Wedding**

21479646



**Potato with Bacon**

21398976



**Old Fashioned  
 Chicken Noodle**

21479656

**Kraft Heinz**  
**FOODSERVICE**

[www.kraftheinzfoodservice.ca](http://www.kraftheinzfoodservice.ca)  
 1-800-705-7238





**Magnum bars**  
selected varieties  
frozen, 3/4 ct  
20342005003\_EA

**4.99**



**Breyers classic frozen dessert**  
selected varieties  
1.66 L  
20301305006\_EA

**4.49**

**MAGNUM**

**Breyers**



**Magnum Bars 3's  
or mini 4's, Select  
Varieties**



**Breyers Classic or Popsicle  
Frozen Desserts 1.66 L,  
Popsicle Ice Pops 6/12's,  
Select Varieties**



**Starbucks  
iced coffee** 1.18/1.42 L or  
**Tropicana  
orange juice** 2.63 L  
selected varieties  
refrigerated  
20119756001\_EA/21215530\_EA

**749**



**Quaker  
muffin batter**  
selected varieties  
frozen, 3.63 kg  
20018232\_EA

**25<sup>99</sup>**

**Tropicana®  
Juice**  
(6x2.63 L,  
any flavour)



**THAT STARBUCKS® COFFEE FEELING  
MADE READY**

Starbucks® Iced Espresso beverage  
(8x1.18L, any flavour)

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**Quaker® muffin batter**  
(3.6 kg, any flavour)



**Danone Oikos Greek yogurt**  
 selected varieties  
 1.5 kg  
 21477261\_EA  
 21520280\_EA

**10<sup>99</sup>**



**Danone Activia 650 g or kids drinkable yogurt 6x93 mL**  
 selected varieties  
 20325132003\_EA  
 21520253\_EA

**3<sup>79</sup>**

GIVE A NUTRITIOUS TWIST  
 TO SNACK TIME

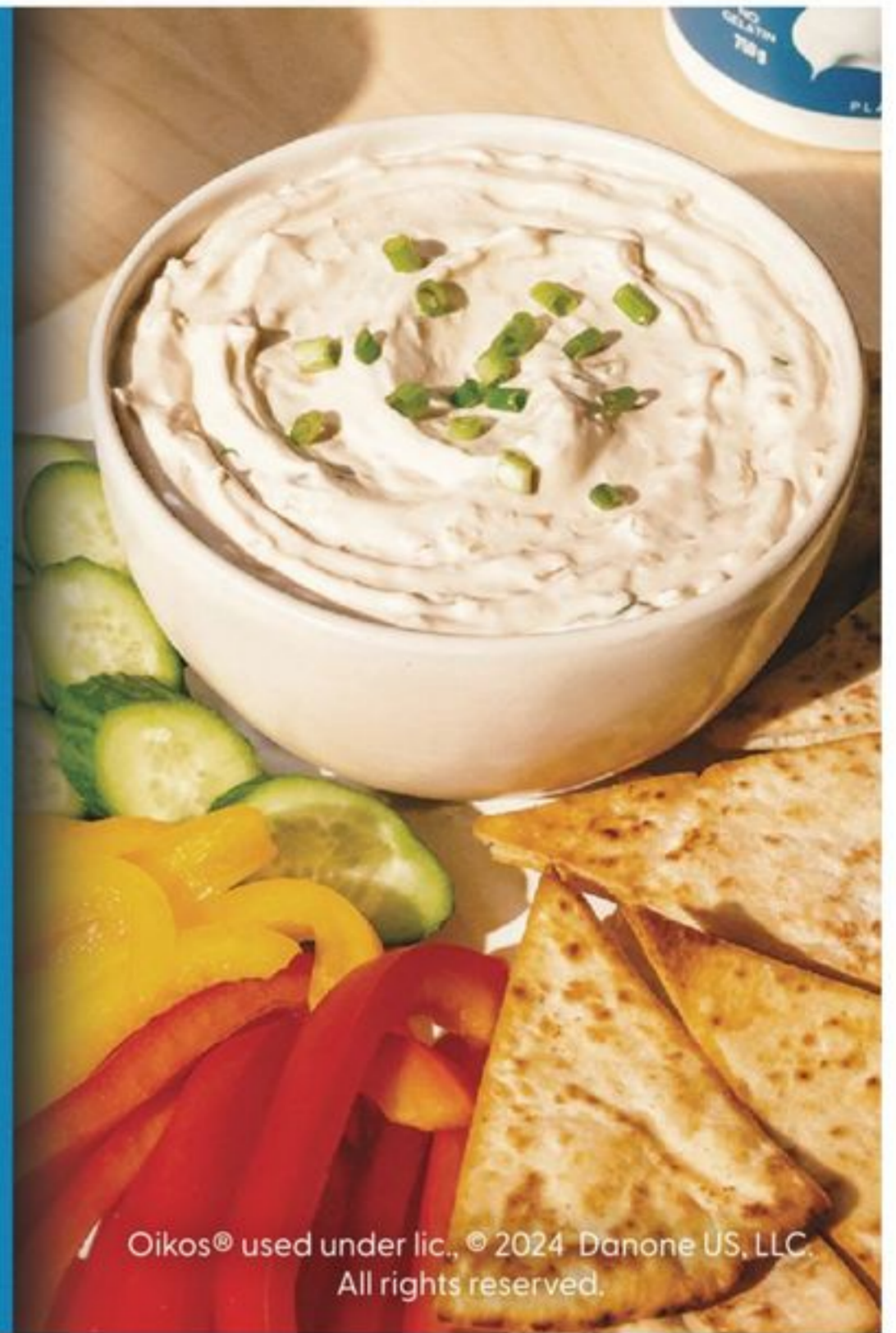
**SWAP**  
 — FOR —



**NO  
 FAT**

**17 G OF  
 PROTEIN\***

\*Per 175g serving



Oikos® used under lic., © 2024 Danone US, LLC  
 All rights reserved.

**try it  
 now**



International Delight® used under lic. © 2024 WhiteWave Services, Inc. All rights reserved.



**iöGO**  
**creamy yogurt**  
**pouches**  
 selected varieties, 2 kg  
 20636092\_EA  
 20690267\_EA

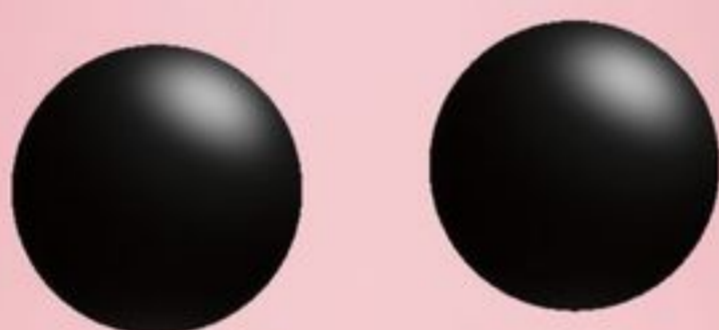
**10<sup>99</sup>**



**Lactantia**  
**mini butter cups**  
 120 ct  
 20118993\_EA

**15<sup>99</sup>**

# SNACK IT UP.



**iöGO**  
**CREAMY YOGURT**  
**2 KG**  
**SELECTED VARIETIES**

20636092\_EA





**Becel**  
margarine  
selected varieties  
1.7 kg  
20023950\_EA

**15<sup>99</sup>**



**Becel**  
margarine  
selected varieties  
427 g  
20322707001\_EA

**3<sup>99</sup>**



**FOR ALL YOUR COOKING,  
BAKING, AND SPREADING NEEDS.  
MADE WITH PLANT-BASED OILS.**



**FOR RECIPES AND MORE, VISIT [BECEL.CA](http://BECEL.CA)**

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**1<sup>99</sup>**



**Campbell's  
roasted pepper,  
lobster or Thai  
chicken bisque soup**  
1.81 kg  
21086109\_EA

**15<sup>99</sup>**



**Campbell's  
homestyle  
minestrone soup**  
1.81 kg  
21090223\_EA

**15<sup>99</sup>**



Tomato Bisque with Basil



Classico Meat Lasagna

# CAMPBELL'S FOODSERVICE IS YOUR PERFECT PARTNER.

Offering everyday soup solutions and entrées that provide superior taste and deliver exceptional, authentic flavour and consistent quality every time.

*Campbell's*  
FOODSERVICE

©2013 Campbell Company of Canada



**Quality lentils**  
4.989-5 kg  
20617749\_EA/20618026\_EA

**13<sup>99</sup>**



**Quality Heritage basmati rice**  
18.18 kg  
20678838\_EA

**57<sup>99</sup>**





**The Great  
Canadian  
Appetizer  
Company**  
easy melt cheddar  
flavoured cheese  
shreds  
2.27 kg  
20924670\_EA

**29<sup>99</sup>**



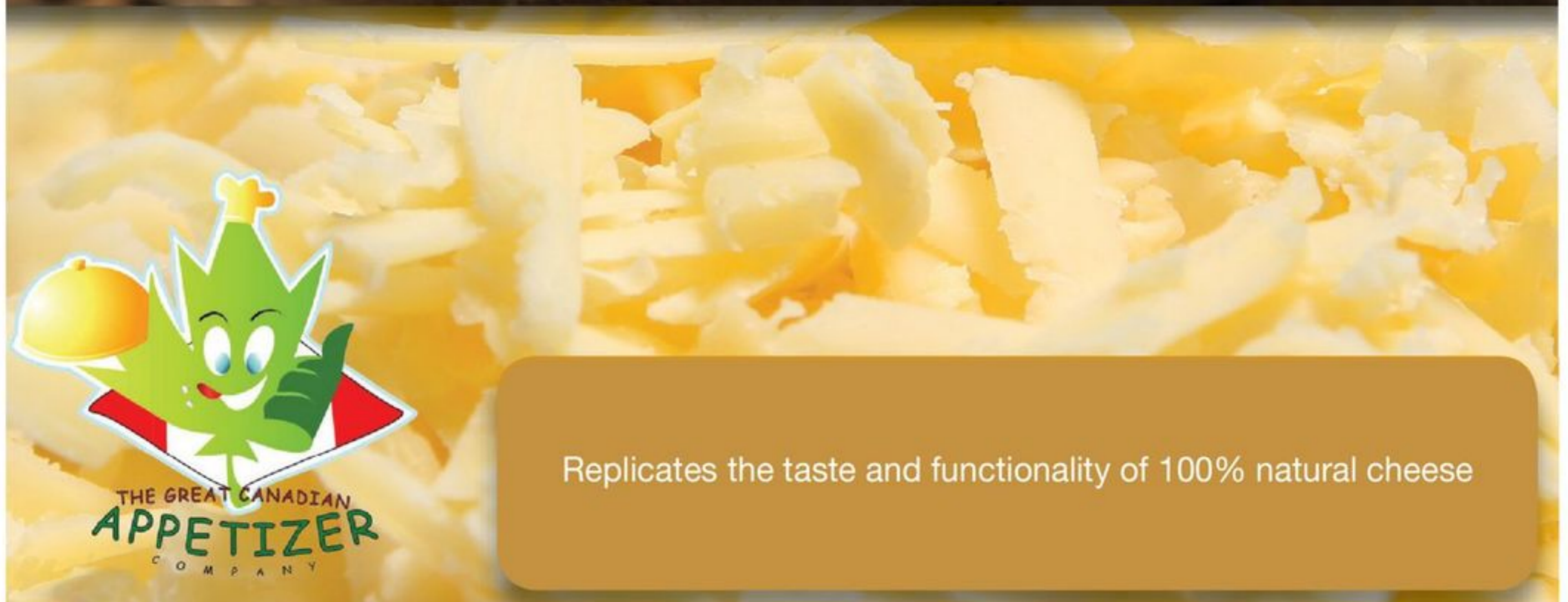
**The Great  
Canadian  
Appetizer  
Company**  
easy melt mozzarella  
flavoured cheese  
shreds  
2.27 kg  
20924089\_EA

**28<sup>99</sup>**



**EASY MELT,  
SMOOTH STRETCH,  
SUPERIOR PERFORMANCE**

Easy Melt Flavoured Cheese Blend Shreds



Replicates the taste and functionality of 100% natural cheese





12  
Pack

**BodyArmor**  
sports drinks  
selected varieties  
12 x 473 mL  
21586684\_C12

**15<sup>99</sup>**



**Peace Tea**  
iced tea  
selected varieties  
12 x 695 mL  
21080320\_C12

**11<sup>99</sup>**

473 mL  
BODYARMOR  
SuperDrink®  
beverages



695 mL  
PEACE TEA®  
beverages

**BODYARMOR OFFICIAL SPORTS DRINK OF THE NHL®**

**CONNOR  
MCDAVID**



**BODYARMOR**

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\*Plus applicable taxes, levies, deposits and fees. Valid at participating locations for a limited time. Subject to availability while supplies last. Not valid in conjunction with any other offer.  
Retailer may sell for less. All products must be purchased at the same time, single units at regular price.  
The trademarks that appear are the property of their respective trademark owners.



**\$1**  
savings

**Oasis  
juice or  
Arizona  
iced tea**  
selected varieties  
960 mL  
20336722005\_EA

**179**



**Oasis  
juice**  
selected varieties  
24 x 300 mL  
21065740\_C24

**1799**

**OASIS®**



**24 x 300 mL**

**OASIS®**



**960 mL**



\$3 savings

Purina Alpo Cookout Classics dog food dry, 16 kg 20112174\_EA

35<sup>99</sup>



\$3 savings

Purina Tidy Cats clumping performance cat litter 7.71 kg 20913423\_C01

29<sup>99</sup>

**PURINA ALPO** DOG FOOD NOURRISSURE POUR CHIENS

# IT'S ALL HERE

- 100% Complete and Balanced for Adult Dogs
- High Quality Protein for Strong Muscles
- Calcium for Strong Bones
- Mouthwatering grill-time flavours

100% COMPLETE & BALANCED FOR ADULT DOGS  
EVERYTHING YOUR DOG NEEDS  
100% COMPLETE & BALANCED FOR ADULT DOGS

**PURINA TIDY CATS**

**TOUGH ON ODOURS. EASY ON BICEPS.**

50% LIGHTER  
TIDY CATS MULTI-CAT CLUMPING LITTER  
LIGHT WEIGHT ALL THE STRENGTH, HALF THE WEIGHT  
24/7 PERFORMANCE  
TIDY LOCK WITH AMMONIA BLOCKER PREVENTS AMMONIA ODOUR FOR 14 DAYS GUARANTEED

PURINA TRADEMARKS ARE OWNED BY SOCIÉTÉ DES PRODUITS NESTLÉ S.A. AND USED UNDER LICENCE. © 2023 Nestlé.



\$3 savings

**Carnation rich & creamy hot chocolate**  
selected varieties  
1.7 kg  
21123226\_EA

**15<sup>99</sup>**



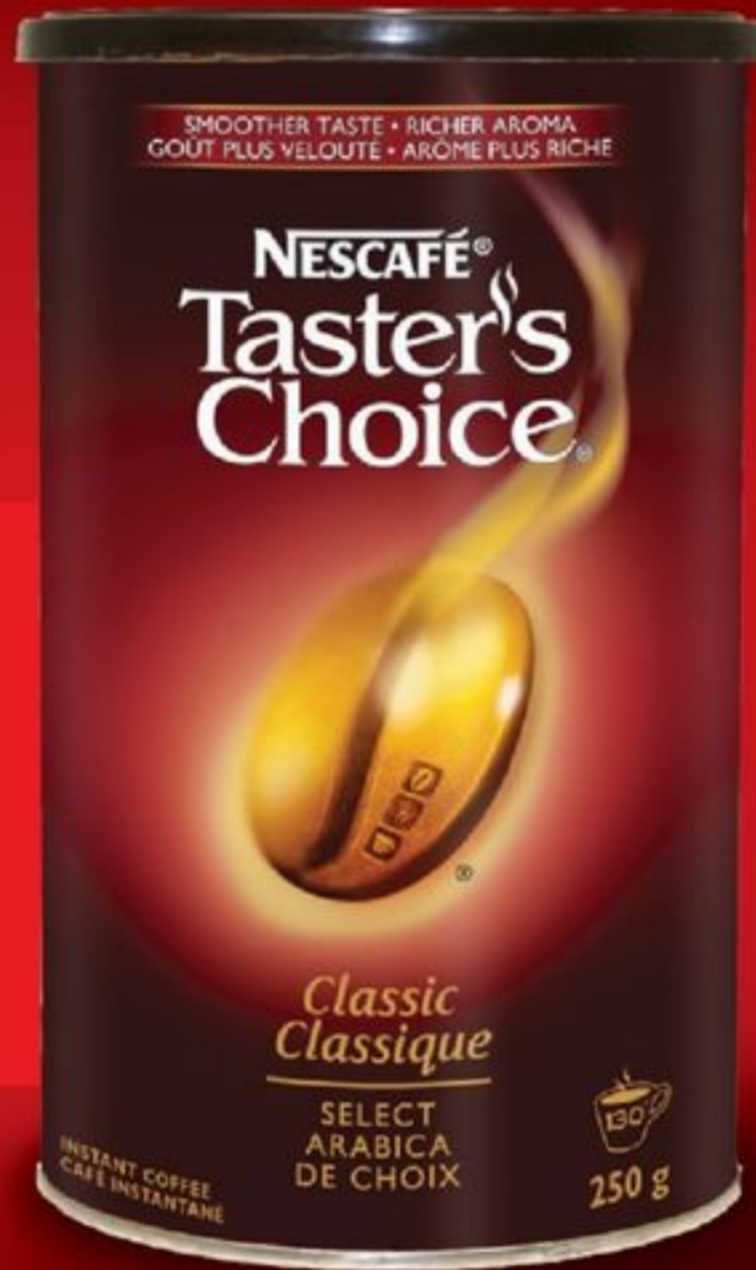
\$2.50 savings

**Nescafé Taster's Choice classic coffee**  
250 g  
20660856\_EA

**13<sup>49</sup>**

It all starts with  
**NESCAFÉ**

**NESCAFÉ® Taster's Choice® Classic**  
250 g



**EMBRACE THE WARMTH**



**CARNATION® Hot Chocolate canister (1.7 kg)**

**CARNATION® Simply 40ct Envelope**



**Nestlé Carnation**  
HOT CHOCOLATE

ALL TRADEMARKS ARE OWNED BY SOCIÉTÉ DES PRODUITS NESTLÉ S.A., VEVEY, SWITZERLAND AND USED UNDER LICENCE. ©2020 NESTLÉ.



\$6 savings

Van Houtte  
K-cup pods  
selected varieties  
48 ct  
21338813\_EA

29<sup>99</sup>

Optimum<sup>™</sup>  
2,000 pts  
when you buy 2



Mott's  
Clamato  
selected varieties  
2.54 L  
2016772002\_EA

4<sup>99</sup>



VAN HOUTTE<sup>®</sup>

LIVE  
FLAVOURFULLY

48 K-Cup<sup>®</sup> pods



MOTT'S<sup>®</sup>

CLAMATO<sup>®</sup>

The Original and Extra Spicy



Party Pack · Grand format



2.54 L



Party Pack · Grand format



2.54 L

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**12**  
Pack

**Celsius**  
energy drinks  
selected varieties  
21576458\_C12

**29<sup>99</sup>**



**Gatorade**  
sports drinks  
selected varieties  
6 x 591 mL  
20303218003\_C12

**6<sup>49</sup>**



**\$29.99**  
**CELSIUS®**  
**ENERGY DRINK**  
(12 x 355mL, selected varieties  
21576458\_EA)



**\$6.49**  
**GATORADE**  
**PERFORM®**  
**Sports Drink**  
(6 x 591 mL, selected  
varieties 20303218003\_C06)



\$1 savings

Maison Perrier  
or Sanpellegrino  
6 x 1 L  
21577556\_C06

10<sup>99</sup>



\$1 savings

12 Pack

Sanpellegrino  
12 x 750 mL  
20183964001\_C12

23<sup>99</sup>

# DISCOVER NEW MAISON PERRIER™

\$10<sup>99</sup>

Maison Perrier™ &  
San Pellegrino® 6 x 1 L  
selected varieties  
21577556\_C6, 21577902\_C6



## THE HOUSE OF UPLIFTING BEVERAGES

ALL TRADEMARKS ARE OWNED BY NESTLÉ WATERS, FRANCE AND USED UNDER LICENCE. ©2024 NESTLÉ.

# SANPELLEGRINO

# \$23<sup>99</sup>

San Pellegrino® 12 x 750 mL  
20183964001\_C12



ALL SAN PELLEGRINO TRADEMARKS ARE OWNED BY SANPELLEGRINO S.P.A., SAN PELLEGRINO TERME (BG), ITALY AND USED UNDER LICENCE. ©2024 NESTLÉ.



**Jones  
soda**  
12 x 355 mL  
20317424002\_C12

**13<sup>99</sup>**



**\$4**  
savings

**Guinness  
0.05%  
non-alcoholic beer**  
4 x 440 mL  
21567137\_C04

**9<sup>99</sup>**

# GUINNESS 0 NOT DRINKING? THERE'S A GUINNESS FOR THAT



**70 CALORIES  
PER 440 mL  
CAN**

DRINKIQ.com  
Contains less than 0.05% alc./vol.  
PLEASE ENJOY RESPONSIBLY.





**Vachon  
or Hostess snacks**  
selected varieties  
6 x 66-88 g  
21394428\_C06  
21394391\_C06

**6<sup>99</sup>**



**Vachon  
snack cakes**  
selected varieties  
252-336 g  
20005728\_EA  
20976342\_EA

**2<sup>99</sup>**



**Vachon Snack Cakes**  
Ah Caramel!,  
Passion Flakie, Jos Louis  
and 1/2 Moon Vanilla



**Vachon Individual  
Snack Cakes**  
Ah Caramel!,  
Passion Flakie, Jos Louis  
and May West

**50¢ savings**

**D'ITALIANO**  
WITH I AVEC  
GUSTO!  
STYLE BRIOCHE - STYLE

**3<sup>49</sup>**

**D'Italiano brioche buns**  
selected varieties  
420/520 g  
21450788\_EA/21595103\_EA

**DELI WORLD**  
Style Restaurant

**2<sup>99</sup>**

**Deli World bread**  
selected varieties  
900 g  
20032375\_EA/20897703\_EA

**WE GOT**

**Buns**

**FOR THAT**

**D'ITALIANO**  
WITH I AVEC  
GUSTO!  
STYLE BRIOCHE - STYLE

**D'ITALIANO**  
WITH I AVEC  
GUSTO!  
STYLE BRIOCHE - STYLE

8 HAMBURGER BUNS  
PAINS À HAMBURGER

6 SAUSAGE BUNS  
PETITS PAINS À SAUCISSE

**D'ITALIANO**  
WITH I AVEC  
GUSTO!  
STYLE BRIOCHE - STYLE



**Sonora**  
**corn tortillas**  
 white, 896 g  
 21611146\_EA

**4<sup>49</sup>**



**Sonora**  
**13.5" flour tortillas**  
 12 ct  
 21532737\_EA

**8<sup>99</sup>**



*Canada's Premium Tortilla Company*



**Kinder Bueno**  
original or white  
20 x 39/43 g  
21526649\_C20  
20122562\_C20

**22<sup>99</sup>**



**Kinder Surprise chocolate**  
selected varieties  
24 x 20 g  
20038058\_C24  
20636155\_C24

**27<sup>99</sup>**

# Kinder®

ENJOY EVERY MOMENT!





**Mentos  
Pure Fresh  
gum or candy**  
selected varieties  
6 x 50 ct  
21246075\_C06  
20698199002\_C06

**16<sup>99</sup>**



**Mentos  
candy**  
selected varieties  
20 x 37 g  
20687593002\_C20  
20687593001\_C20

**11<sup>99</sup>**

**mentos®**

**YES TO FRESH RENDS ȚA FRAIS**





**Cheez-It  
crackers**  
selected varieties  
191/200 g  
21214560\_EA/21575189\_EA

**279**



**Pringles  
potato chips**  
selected varieties  
148/156 g  
21003830\_EA/21003833\_EA

**249**



# SNACKING ESSENTIALS





**KIND**  
bars  
selected varieties  
12 x 40 g  
20784073\_C12  
20866784001\_C12

**15<sup>99</sup>**



all the flavour,  
nothing to hide.



source of fibre  
gluten free





**M&M's  
or Mars chocolate**  
selected varieties  
100-120 g  
20089845\_EA/20971615\_EA

**2<sup>89</sup>**



**Excel  
or Juicy Fruit gum**  
6 x 83 g  
20253506\_C06  
20545872\_C06

**22<sup>99</sup>**



**M&M'S®**  
95 g-100 g



**SKITTLES®**  
115 g-120 g



**EXCEL®**  
60 Pieces



**m&m's**

**Mars**



**OFFICIAL SPONSORS OF  
THE NATIONAL FOOTBALL LEAGUE**

© 2024 Mars or Affiliates.





**CLIF**  
energy bars  
selected varieties  
12 x 68 g  
20130914003\_C12  
20707304002\_C12

**14<sup>99</sup>**



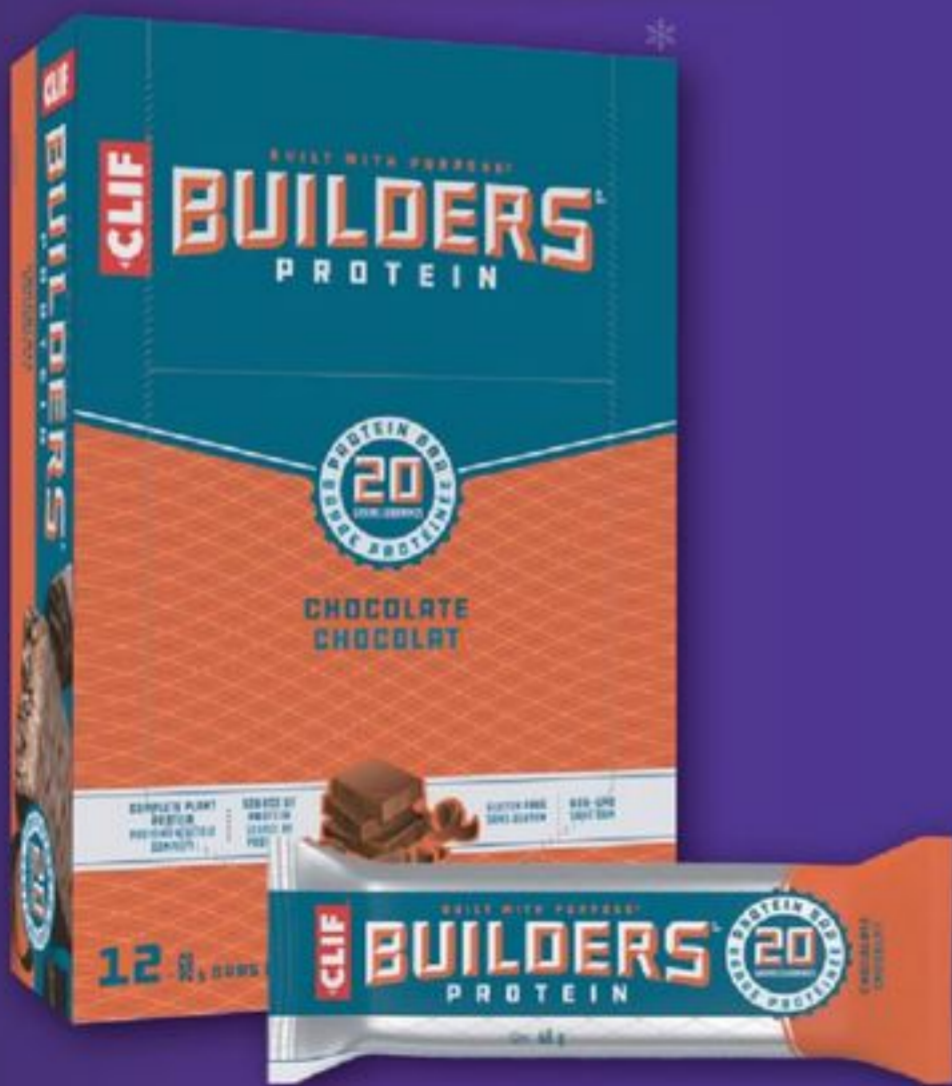
**Halls**  
cough drops  
selected varieties  
20 x 9 ct  
20500614005\_C20  
20500614008\_C20

**18<sup>99</sup>**

Get  
**On Board**  
for  
**Holiday**  
Snacking



**STOCK UP**  
FOR THE HOLIDAYS





**Cadbury chocolate**  
selected varieties  
24 ct  
20688643\_C24  
21424471\_C24

**22<sup>99</sup>**



**Maynards candy**  
selected varieties  
150/154 g  
21545554\_EA  
21545735\_EA

**2<sup>19</sup>**

Get  
**On Board**  
for  
**Holiday Snacking**



**STOCK UP**  
FOR THE HOLIDAYS





**Christie cookies**  
 selected varieties  
 251-303 g  
 21358407\_EA/21361508\_EA

**2<sup>99</sup>**



**Christie crackers**  
 selected varieties  
 180-200 g  
 21547034\_EA/21547047\_EA

**2<sup>79</sup>**

Get  
**On Board**  
 for  
**Holiday Snacking**



**STOCK UP**  
 FOR THE HOLIDAYS





**Nestlé**  
king size bars  
selected varieties  
24 ct  
20691474\_C24

**3749**



**Nestlé**  
or Aero chocolate tablet  
selected varieties, 95-120 g  
21247054\_EA/21424947\_EA

**239**

**STOCK UP ON YOUR  FAVOURITES!**



21506185\_EA

**NESTLÉ®**  
Assorted 14ct  
Multipack  
8 x 638 g



20574273\_EA

**KITKAT®** King Size 6 (24 x 73 g)  
**AERO®** King Size 6 (24 x 63 g)



20691474\_EA



20019964\_EA



20844528\_EA

**COFFEE CRISP®** 4 (48 x 50 g)  
**SMARTIES®** 8 (24 x 45 g)



21247054\_EA

**KITKAT®**  
Classic Tablet 15 x 120 g  
**CRUNCH®**  
Milk Chocolate 16 x 100 g



21424955\_EA



**Nestlé®**

Good Food, Good Life

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Hershey's  
chocolate  
selected varieties, 36 ct  
20687591001\_C36  
20687591005\_C36

**37<sup>99</sup>**



Hershey's  
family size  
chocolate bar 90-120 g or  
Jolly Rancher  
candy 182/198 g  
selected varieties  
20313422\_EA/21552632\_EA

**2<sup>29</sup>**

**HERSHEY'S**

**SHARE THE GOODNESS**





**Dare  
Scotch mints**  
700 g  
21573994\_EA

**4<sup>29</sup>**



**Dare  
Breton crackers**  
selected varieties  
173/200 g  
21520666\_EA  
21520682\_EA

**2<sup>49</sup>**



# SNACKS FOR EVERY OCCASION





**Lay's**  
**potato chips**  
 selected varieties  
 40 x 40 g  
 20076447001\_EA

**29<sup>69</sup>**



**Munchies**  
**trail mix or peanuts**  
 selected varieties  
 12 x 35/55 g  
 21479049\_C12/21479046\_C12

**7<sup>99</sup>**

**A New Flavour to Savour**

**CRAFTED IN CANADA**  
 MADE IN CANADA FROM DOMESTIC AND IMPORTED INGREDIENTS.

*Crafted with care since 1987*  
**SOUR CREAM, HERB & ONION**  
 FLAVOUR  
**CRÈME SURE, FINES HERBES**  
 ET OIGNON

*Fabriquées avec soin depuis 1987*

NO ARTIFICIAL FLAVOURS OR COLOURS  
 AUCUN ARÔME OU COLOREANT ARTIFICIEL

**40 g**

KETTLE COOKED  
 CROUSTILLES CUITES

\*Trademark Miss Vickie's © 2024

Optimum

10,000 pts

when you buy 2



Frito-Lay variety selected varieties 42 ct 21577871\_EA/21577861\_EA

19<sup>99</sup>

Optimum

1,000 pts

when you buy 2



Frito-Lay Doritos or Cheetos selected varieties 102-145 g 21613317\_EA

3<sup>99</sup>

# FALL Favourites



Lay's® potato chips (220 g – 235 g, any flavour/variety)



Havoc™ snacks (190 g – 280 g, any flavour)



Frito-Lay® Minis snacks (102 g – 145 g, any flavour)



Frito-Lay® Variety Packs (428 g - 448 g, any variety)





**Dentyne  
Ice gum**  
assorted 24 pack  
806 g  
20377375\_EA

**22<sup>49</sup>**



**Trident  
or Dentyne  
gum bottles**  
selected varieties  
6 x 40/60 ct  
21513126\_C06

**19<sup>99</sup>**

*Dentyne*

**Trident**





**McCain**  
battered onion rings  
frozen, 4 kg  
20779718\_EA

**35<sup>49</sup>**



**McCain**  
breaded  
dill pickle spears  
frozen, 1.81 kg  
20993519\_EA/21291129\_EA

**16<sup>49</sup>**

McCain®  
**Cream Cheese Poppers**



McCain®  
**Breaded Dill  
Pickle Spears**



**FOODSERVICE  
SOLUTIONS**

McCain®  
**Mac & Cheese Wedges**



McCain®  
**Battered Spanish  
1/4" Onion Rings**





**Dawn professional dish soap with pump**  
3.78 L  
21609218\_EA

**19<sup>99</sup>**



**Dawn liquid dish soap selected varieties**  
2.21/2.64 L  
21430598\_EA/21430599\_EA  
21430600\_EA

**14<sup>99</sup>**

**3X BAKED ON GREASE CLEANING POWER\***



Dramatization  
\*Cleaning ingredients per drop vs. Dawn Non-Concentrated



**Dawn heavy duty degreaser**  
3.78 L  
20671595\_EA

**20<sup>99</sup>**



**Cascade Platinum 51/67 ct, Complete 90 ct or Original 110 ct dishwasher tabs**  
selected varieties  
21005113\_EA/21012172\_EA

**24<sup>99</sup>**



**FOR MORE THAN DISHES**



DISHES



SURFACES



STAINS



TIRES

**3X MORE\***  
**GREASE CLEANING POWER**

\*Cleaning ingredients per drop vs. Dawn® Non-Concentrated.



**DISHWASHERS WASTE ~~WATER~~**  
**SAVE WATER.\***



\*15 litres per 2 min of running faucet vs. 15 litres per dishwasher cycle

© 2022 P&G



**Tide**  
liquid laundry  
detergent  
selected varieties  
3.9 L

21593576\_EA/21593670\_EA

**26<sup>99</sup>**



**Downy**  
fabric softener  
2.63 L  
21550428\_EA

**15<sup>99</sup>**

removes  
**commercial**  
**stains**  
in **1 wash**  
even in  
cold water



**6X**  
**LONGER-LASTING**  
**FRESHNESS\***  
**+ ODOUR PROTECTION**

\*From wash until wear vs. the leading liquid detergent alone.





**Sunlight**  
liquid laundry  
detergent  
4 L  
21427042\_EA

**17<sup>99</sup>**



**Persil**  
or **Purex** laundry  
detergent  
selected varieties  
2.21/4.43 L  
20083525001\_EA/20952139\_EA

**15<sup>99</sup>-**  
**16<sup>99</sup>**



**BRIGHT CLEAN**  
**+ SMART VALUE**



**PUREX LIQUID**  
**DETERGENT**  
4.43 L  
selected varieties

#1 CLAIM BASED ON NIELSEN 3 CHANNEL MARKET SHARE PERIOD ENDING JUNE 3, 2023.

**CLEAN UP WITH SAVINGS**



**SNUGGLE LIQUID**  
**FABRIC SOFTENER** 3.41 L  
**SUNLIGHT**  
**LIQUID DETERGENT,** 4.0 L  
**PERSIL**  
**LIQUID DETERGENT,** 2.21 L  
SELECTED VARIETIES