

Helping you do more.

Health & Wellness Guide



Relief



Sleep Aid



Medicine

Prices Good Sunday, September 15 -
Sunday, December 1, 2024

Allergies or a Cold?

Relief starts by knowing the difference.

Prevention

Items to slow the spread of germs.

Symptom Relief

Save on the brands you trust.



TRUSTED FOR 130 YEARS



MORE SAVINGS LESS SNIFFLES

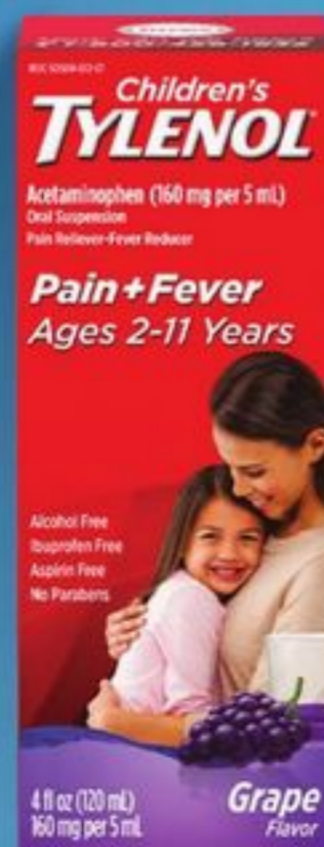


Vicks NyQuil or DayQuil Liquid 8 or 12 oz.

*MFR Offer

Use as directed. Keep out of reach of children.
*MFR OFFER. Valid 9/15 - 12/1/2024.

CONQUER COLD & FLU SEASON WITH POWERFUL BRANDS



#1 Doctor recommended brand of pain relief & fever reduction*

Works fast on tough pain and on fever

*TYLENOL® is the #1 doctor recommended brand of pain relief & fever reduction overall, and also the #1 pediatrician recommended brand of pain reliever and fever reducer. Check the ingredients in your medicine. Use only 1 product that contains acetaminophen at a time. Use products only as directed. © JCI 2024

Starting at \$5.25

Tylenol Extra Strength Caplets 24 or 50 ct.



Starting at \$6.50

Afrin or Sinex Severe Nasal Spray .5 oz. or Arm & Hammer Simply Saline 3.1 oz.



COLD SYMPTOMS ARE NO MATCH FOR MUCINEX



Sore Throat



Cough & Chest Congestion



Childrens



Cold & Flu

Use As Directed

Keep Your Kids Happy & Healthy!



Starting at
\$4

Family Wellness Infant's or
Children's Cough & Cold
Liquid 2-8 oz.



Starting at
\$5

Children's Robitussin or Dimetapp
Liquid 4 oz., Lolleez Throat Soothing
Pops 15 ct., or Be Kool Cooling Gel
Sheets 4 ct.



\$5.65

Pedialyte
Electrolyte
Solution
33.8 oz.



\$6 Mommy's Bliss
Gripe Water
2 oz.



Starting at
\$8.50

Hyland's Kids
Liquid 4 oz.



Starting at
\$9.75

Zarbee's Baby Liquid 2 oz.,
Children's Liquid 4 oz., 1 or 2 pk.,
or Chewable Tablets 50 ct.



Always Check the
Dosing Instructions!

Scan the QR code below
to download the
Health In Hand Foundation's
Dosage Chart.





FAMILY Wellness™



NOT 100% SATISFIED?
Return within 30 days to the store of purchase for a refund (with receipt) or exchange.



Starting at \$1 Family Wellness Cough Drops
30 or 80 ct.



Starting at \$2.50 Family Wellness Mucus Relief Tablets 8 or 30 ct., Nasal Spray 1 oz., or Sinus Wash System



Starting at \$2.65 Family Wellness Cold & Flu Relief Liquid 8.3-12 oz., Softgels 8 or 20 ct., or Tablets 16 ct.



Starting at \$4 Family Wellness Vitamins 60-100 ct.



Starting at \$7 Family Wellness 6-Second Temple or 9-Second Digital Thermometer





Health In Hand™



NEW!

From sniffles to smiles.

Feeling sick? Get to know your symptoms & the products that can help you feel better.

Scan this code



to learn more



Cold, Cough & Sleep Relief!



Starting at
\$1.35

Vaseline, Carmex,
Blistex, or
ChapStick Lip Care
.15-.35 oz.



Starting at
\$2.15

Ricola or Luden's Sugar Free Drops 19-25 ct.,
Coricidin Cold & Flu Tablets 10 ct.,
Vicks DayQuil & NyQuil Liquid Combo
Pack 6 oz., 2 pk., or Family Wellness
Blood Pressure Monitor



Starting at
\$6

Centrum Silver Tablets 40 ct., Airborne
Immune Support Supplement Gummies
21 ct., Zicam RapidMelts Tablets 12 ct., or
Emergen-C 1,000 mg Vitamin C Packets 10 ct.



Starting at
\$6

Hyland's Kids Liquid with Melatonin 4 oz.,
ZzzQuil Liquid 12 oz., Pure Zzzs Kidz Gummies
24 ct., Family Wellness eZe Nite Liquid 12 oz., or
Sleep-Aid Softgels 64 ct.



Helping You Recover!



\$2⁵⁰

Progresso Soup
18.5-19 oz.



Bye Bye Germs -
Don't Forget To
Replace Your
Toothbrush!

Starting at
\$1

Family Wellness
Kids Toothbrush
with Light Timer
or Quite Clean
Toothbrush



2/\$6

Bigelow Tea Bags
18-20 ct.
Everyday must buy.
Must buy 2.



\$4⁶⁵

Chestnut Hill
Honey Bear
12 oz.



\$3²⁰

Halls Cough &
Throat Relief
Drops 30 ct. or
Breezers 25 ct.



Starting at
\$8

Alka-Seltzer Plus
Tablets 20 ct.,
Power Max Gels
16 ct., or Robitussin
Liquid 4 oz.



Starting at
\$20

Interiors by Design Silky
Plush Blanket,
Queen 90 in. x 90 in.
or King 102 in. x 90 in.



\$8⁷⁵

Theraflu Liquid
8.3 oz. or
Packets 6 ct.



Keep the Germs Away!



Homeline™



NOT 100% SATISFIED?
Return within 30 days to the store of purchase for a refund (with receipt) or exchange.

\$3⁵⁰

Homeline Disinfectant Sprays 12.5 oz.



\$4⁵⁰

Homeline Disinfecting Wipes 75 ct.



Starting at \$2

Purell Hand Sanitizer
2-6.5 oz.



\$2

Homeline Facial Tissue
175 ct.



\$5

Homeline Strong & Absorbent Paper Towels
6 Big Rolls



Prices Good Sunday, September 15 - Sunday, December 1, 2024

While quantities last • Some items not available at all stores • No sales to dealers • Limited quantities on some items
*1 See Smart Coupons for details and participating products • **CA CRV where applicable • † Prices not valid in Philadelphia, PA.
• We accept manufacturers' coupons
Store Hours: Mon.-Sat., 8 a.m.-9 p.m., Sun., 9 a.m.-9 p.m. in most stores
‡ Google Play and the Google Play logo are trademarks of Google Inc. Apple and the Apple logo are trademarks of Apple Inc. App Store is a service mark of Apple Inc.



Now Accepting OTC Network® Medicare and Medicaid Cards



Use Your American Express, Visa, Mastercard or Discover.
SNAP/EBT accepted in most stores.





**WE ARE
SICK** OF WORKING
SICK

**SIGN THE PETITION
DEMAND PAID SICK
DAYS FOR ALL**

Learn more at theraflu.com/RightToRecover

THERAFLU



Hundreds in Savings a Year!

Smart  Coupons[®]



Clip

available coupons



Scan

the app barcode



Save

hundreds of dollars a year

FAMILY DOLLAR

Check the Family Dollar App or FamilyDollar.com/Smart-Coupons for savings!