

FIND YOUR HEALTHY

SPROUTS® FARMERS MARKET

9.8 oz.

BUY 1 GET 1
50% OFF
regular retail
of equal or
lesser value

GREAT PRICES
— ON THE —
FRESHEST
PRODUCE

JUMBO
BLUEBERRIES



Yellow Peaches

\$2.48
lb.

ORGANIC • ORGANIC • ORGANIC



Organic
Gala Apples

2 LB. BAG
\$2.48
ea.



Grapery
Cotton Candy Grapes

\$3.98
lb.

Sprouts
Organic Popcorn
or Tortilla Chips
Select varieties, 4 or 8 oz.



2 for \$5



Roasted In-Shell Pistachios
Chili lemon, salted or unsalted

\$6.99
lb.

Sprouts Organic
Whole Chicken
No hormones or steroids
added, ever!



\$3.49
lb.

ORGANIC PROTEINS

- ✓ Raised organically on certified organic land
- ✓ Fed certified organic feed
- ✓ No antibiotics or added growth hormones*

ALWAYS FRESH NEVER FROZEN



Sprouts All-Natural EZ Peel Raw Shrimp 13/15 ct. or 16/20 ct. Frozen

2 LB. BAG!
BUY 1 GET 1 50% OFF
regular retail of equal or lesser value

All-Natural 85% Lean Ground Beef Sold in a 2 lb. package



\$6.49 lb.
Value pack



Premium Angus Boneless Beef Rump Roast

\$6.49 lb.



Premium Angus Boneless Beef New York Steak

\$14.99 lb.



Sprouts All-Natural Boneless Pork Loin or Tenderloin Roast No added hormones or steroids! Sold in the bag

\$3.99 lb.



Sprouts Organic Spices or Extracts Select varieties and sizes

BUY 1, GET 1 50% OFF
regular retail of equal or lesser value



Sprouts Gelato or Non-Dairy Frozen Dessert Select varieties, 32 fl. oz.

\$7.99 ea.



Sprouts Frozen Pizza Select varieties, 19.05-21.45 oz.

\$7.99 ea.



Sprouts No Sugar Added Dried Fruits Select varieties, 3-4 oz.

\$5.49 ea.



Sprouts Organic Bulk Coffee Select varieties

\$9.99 lb.



Ancient Nutrition Collagen Select varieties and sizes

20% off
regular retail



Hissho Sushi Nashville Hot Shrimp Roll 7.9 oz.

\$9.99 ea.



Sprouts Pizza Family Meal Kit 22 oz.

Everyday low price \$5 ea.



Sprouts Fresh Baked Pastries Select varieties, 3-12 ct.

BUY 1 GET 1 50% OFF
regular retail of equal or lesser value



**SPROUTS BRAND
DISCOVERY
DAYS**

**DISCOVER AND SAVE
ON YOUR NEW
FAVORITE FINDS!**

Now through October 8



NO ANTIBIOTICS EVER

**Sprouts
Boneless Skinless Chicken Breasts**
No added hormones or steroids!

Everyday low price

\$3.99 lb.
Value pack



**Sprouts
Cobia Fillets**
Responsibly sourced,
farm-raised, frozen, 16 oz.

**BUY 1, GET 1
50% OFF**
regular retail
of equal or
lesser value



NO ANTIBIOTICS EVER

**Sprouts
93% Lean
Ground Turkey**
All-Natural, no added
hormones or steroids, 16 oz.

**BUY 1, GET 1
50% OFF**
regular retail
of equal or
lesser value



**Sprouts
Marinated Atlantic
Salmon Skewers**
Farm-raised, frozen, 13.4 oz.

\$9.99
ed.



**Sprouts
Salad Blends**
Select varieties, 5-10 oz.

3 for \$9



**Sprouts
Frozen Gnocchi or
Gluten Free Ravioli**
Select varieties, 10.58 or 16 oz.

**BUY 1 GET 1
50% OFF**
regular retail
of equal or
lesser value



**Sprouts
Frozen Pancake Bites**
Select varieties, 10.5-10.9 oz.

**BUY 1 GET 1
50% OFF**
regular retail
of equal or
lesser value



**Sprouts
Gelato or Duets**
Select varieties, 16 fl. oz.

\$4.99
ed.



Sprouts
Chili & Lime Rolled
Corn Tortilla Chips
9 oz.

2 for \$7



Sprouts
Puffs, Veggie Straws or
Chips or Cheese Curlys
Select varieties, 4-6 oz.

2 for \$5



Sprouts Sunflower
Seed Kernels
Select varieties, 16 oz.

\$4.99
ed.



Sprouts
Pancake Cookie Thins or
Gluten Free Mini Cookies
Select varieties, 2.5 or 3.5 oz.

2 for \$7



Sprouts
Organic Creamers
Select varieties, 32 fl. oz.

\$4.99
ed.



Sprouts
Coconut Water
Select varieties, 17.5 fl. oz.

3 for \$5



Sprouts
100% Juice
Select varieties, 32 fl. oz.

\$4.99
ed.



Sprouts
Organic Beans
Select varieties, 15.5 oz.

3 for \$5



Sprouts
Cleaning Essentials
Select varieties and sizes

**BUY 1, GET 1
50% OFF**
regular retail
of equal or
lesser value



Sprouts
Honey, Oven Roasted
or Smokehouse Turkey
Sliced for your convenience
\$12.99
lb.





Sprouts Hummus with Toppings
Select varieties, 10 oz.

2 for \$7



Sprouts Pasta
Select varieties, 9-12.5 oz.

\$4.79 ed.



Sprouts Snack Boxes
Select varieties

BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

Discount taken at the register



Sprouts Family Meals or Family Salads
Select varieties

BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

Discount taken at the register



Sprouts Roasted Chicken
Select varieties, 25 oz.

2 for \$15

Discount taken at the register
Must purchase 2



Sprouts Fizzy Vitamin C Drink Mix
Select varieties, 15 count

Everyday low price
\$7.99 ed.



Sprouts Organic Chia or Flaxseeds
Select varieties, 12-16 oz.

\$8.99 ed.



Sprouts Collagen Peptides Powder
Select varieties, 10-20 oz.

\$19.99 - \$32.99 ed.



Sprouts Protein Powder
Select varieties, 16-16.9 oz.

\$21.99 ed.



Real Root by Sprouts Body Wash, Shampoo or Conditioner
Select varieties, 16-32 fl. oz.

Everyday low price
\$6.99 - \$10.99 ed.

DISCOVER MORE NEW & DELICIOUS SPROUTS BRAND FINDS!

SHOP NOW



← INTRODUCING
**REAL ROOT
BY SPROUTS**

NEW & EXCITING
**PICKS TO
EXPLORE**



↪ FALL FAVORITES,
**BACK FOR A
LIMITED TIME**





Grapery
Limited Red Grapes

\$2.98
lb.



SweetTango Apples

\$1.98
lb.



Strawberries,
Blueberries or Raspberries

2 for \$6



Blood Oranges

2 lbs. for \$5

ORGANIC • ORGANIC • ORGANIC • ORGANIC

ORGANIC • ORGANIC • ORGANIC • ORGANIC



Organic
Red or Black Seedless Grapes

\$2.98
lb.



Organic
Blackberries or Raspberries

\$3.88
ea.

ORGANIC • ORGANIC • ORGANIC • ORGANIC

ORGANIC • ORGANIC • ORGANIC • ORGANIC



Organic
Medium Hass Avocados

\$5.98
ea.



Earthbound Farm
Organic Chopped Salad Kits
Select varieties, 4.47-4.85 oz.

2 for \$7

JUMBO BLUEBERRIES ARE BACK!

Almost an inch in size compared to standard blueberries for an extra firm, juicy bite!

SHOP NOW



FamilyTree FARMS

NO ANTIBIOTICS EVER



Sprouts
Premium Marinated Chicken Skewers
Black garlic, fiery orange, cilantro lime or Korean BBQ, 4 oz.

2 for \$6
Available in the service case

NO ANTIBIOTICS EVER



All-Natural
100% Grass-Fed
Lamb Loin Chops
No added hormones or steroids! Pasture-raised

\$13.99 lb.

NO ANTIBIOTICS EVER



Perdue
Boneless Skinless
Chicken Breast
Strips or Diced
Raised cage free, no hormones or steroids! 20 oz.

\$6 ed.

NO ANTIBIOTICS EVER



Niman Ranch
All Items

LINE DRIVE SAVINGS
All Items
20% off
regular retail

NO ANTIBIOTICS EVER



Applegate Naturals
Breakfast Chicken
Sausage Patties
Maple or sage, no added nitrates or nitrites, frozen, 16 oz.

\$12.99 ed.

NO ANTIBIOTICS EVER



Pederson's
Natural Farms
Breakfast Sausage
Fully cooked, mild or spicy, gluten free, 9-10 oz.

BUY 1 GET 1
50% OFF
regular retail of equal or lesser value

WILD CAUGHT FAVORITES



Wild Alaska
Sockeye Salmon Fillets
Responsibly sourced and high in omega-3 fatty acids, previously frozen



\$12.99 lb.

WILD CAUGHT FAVORITES



Wild North Atlantic
Raw Lobster Tails
Previously frozen, 3.75 oz.

\$9.99 ed.



Super Colossal
Peeled & Deveined
Raw Grilling Shrimp
8/12 ct. Phosphate-free, farm-raised, previously frozen

\$9.99 lb.
Also available in a 2 lb. bag

WILD CAUGHT FAVORITES



Wild Ahi Tuna
or Swordfish Steaks
Plain or Marinated
Great on the grill! Previously frozen

\$9.99 lb.

PEAK SEASON

WHAT'S IN SEASON?

October Produce Guide

Look for the peak-season tag!

Shop with the seasons for peak flavor and nutrition!

[LEARN MORE](#)



JUMBO BLUEBERRIES



RASPBERRIES



ACORN SQUASH



HONEY NUT SQUASH



GREEN SEEDLESS GRAPES



BLACK SEEDLESS GRAPES



HONEYCRISP APPLES



GALA APPLES



RAVE APPLES



STOKES PURPLE[®] SWEET POTATOES



BRUSSEL SPROUTS



RED BUNCH BEETS



GREEN CABBAGE



BROCCOLI



CRIMINI MUSHROOMS

BUY BULK & SAVE!

Everyday staples, unique finds, incredible value!

YUMMY MELT-IN-YOUR-MOUTH CHOCOLATE

 No artificial colors or flavors

Sprouts Packaged Bulk Chocolate Covered Snacks
Select varieties, 8-14 oz.

\$6.99
ea.

SHOP EVERYTHING YOU NEED IN QUANTITIES YOU LOVE!



Peace Organic
Single-Serve or
Packaged Coffee
Select varieties, 3.91-12 oz.

\$11.99
ea.



Gummi
Bears or Worms
Select varieties

\$3.99
lb.



Erin Baker's Granola
Select varieties

\$6.99
lb.



Dried Turkish Apricots

\$4.99
lb.



Dark Chocolate
Walnuts

\$5.99
lb.



Pecan Pieces
or Hazelnuts

\$8.99
lb.

★ NEW FOR YOU

EXCLUSIVELY AT SPROUTS



TESSEMAE'S PANTRY

Organic Salad Dressing & Dip



Select varieties, 10 fl. oz.

\$8.99 ea.

Everyday low price

ORGANIC

GLUTEN-FREE



ALDEN'S ORGANIC ICE CREAM

Marionberry Swirl, Cold Brew Coffee
or Peanut Butter Swirl

48 fl. oz.

\$8.99 ea.

ORGANIC

Gluten-free

3 new creamy flavors







TRULY SIMPLE 
Frozen Grass-Fed Beef

Select varieties, 10 oz.
\$10.99 ea.



GLUTEN-FREE 

-  Made with free-range, 100% grass-fed beef
-  No antibiotics, preservatives or added hormones

 **GOODNESS GRAZECIOUS**
Grass-Fed Organic 85% Lean Ground Beef Patties

4 ct.
\$7.99 ea.

 **ORGANIC**

-  Grass-fed
-  Always fresh, never frozen



SEE ALL OF OUR NEW AND EXCLUSIVE FINDS! [**VIEW MORE**](#)



Neocell
All Items

LINE DRIVE SAVINGS
All Items
20% off
regular retail



Beekeeper's
Naturals
All Items

LINE DRIVE SAVINGS
All Items
BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

PURE & HONEST BODY CARE

Shop from a variety of clean, better-for-you body care essentials.



Irwin Naturals
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



KAL
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



Andalou Naturals
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



Flora
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



Source Naturals
Seasonal Wellness
Support
Select varieties and sizes

15% off
regular retail



Himalaya
Toothpaste
Select varieties, 4-5.29 oz.

BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

PRICES VALID OCTOBER 2-8, 2024

AT ANY OF OUR TEXAS LOCATIONS

Specials may vary in our Dallas Fort Worth and El Paso area locations

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.



Dr. Bronner's
Liquid Castile Soap
Select varieties, 32 fl. oz.

\$14.99
ed.

OCTOBER DEALS ARE HERE!

Save on your favorite fall-flavored must-haves, back for a limited time!

[VIEW DEALS](#)



DEALS *of the* MONTH



SEE YOU NEXT WEEK!