



**Value Pack**  
VIC SAVINGS

**Boneless New York Strip Steak**

**9.99** per lb.

save at least \$8.00 per lb. with your VIC card

6 oz. Farmers Market  
**Raspberries**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



per lb. Harris Teeter  
**93% Lean Ground Beef** or 20.8 oz. pkg.  
**93% Lean Ground Turkey**

**4.99**

save big with your VIC card

Alaska Seafood  
Wild, Natural & Sustainable  
**Wild Caught Sockeye Salmon Fillets** or Wild Caught Peeled & Deveined  
**16 - 20 ct. Argentine Shrimp**

**9.99** per lb.

save big per lb. with your VIC card

Farmers Market  
**Seedless Red Grapes**

**1.79** per lb.

save big per lb. with your VIC card



per lb. Harris Teeter  
**Boneless Chicken Breast Small Pack**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

Fresh Foods Market  
**Rotisserie Chicken**

**6.99** each.

save big with your VIC card

Farmers Market  
**Gala or Granny Smith Apples**

**1.49** per lb.

save big per lb. with your VIC card

10 oz. NatureSweet  
**Cherubs** or Select Varieties  
**Fresh Express Salads**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**15% Off Half Case Wine Sale**  
Offers valid Thursday, October 17 - Sunday, October 20, 2024  
All Wines · Mix or Match · Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles

12 pk. 12 oz. Cans  
**Pepsi Products**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

15 - 15.25 oz.  
**Harris Teeter Canned Beans** or 6 - 15 oz.  
**Canned Tomatoes**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

6 - 8 oz.  
**Harris Teeter Shredded Cheese**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

10.5 oz.  
**Campbell's Condensed Soup**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

18 oz.  
**General Mills Cheerios or Cinnamon Toast Crunch**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

48 oz.  
**Mayfield Ice Cream** or 4 - 6 ct.  
**Novelties** or 16 oz.  
**Talenti Gelato**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

16 oz.  
**Kraft Salad Dressing** or 18 oz.  
**Barbecue Sauce**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**4 DAYS ONLY! OCTOBER 17 through 20, 2024**

1.5 ltr.  
**Barefoot, Woodbridge or Yellow Tail**

**11.99 -15%**

**10.19** each

Final Price each when you buy any 3 - 1.5 ltr. bottles case purchase during 4 DAY SALE. OCTOBER 17 - 20, 2024.

Drink Responsibly - Must be 21 to Purchase

**eVIC e-VIC Members Only Sale** Offers valid Thursday, October 17 - Sunday, October 20, 2024  
Not an e-VIC Member? Register for e-VIC at www.harristeeter.com. VIC card/Alt ID and email address required. e-VIC status effective the first Wednesday after enrollment. Some restrictions apply.

**eVIC** e-VIC members only weekly limit **4**

18 - 19 oz.  
**Progresso Traditional or Classic Soup**

**1.77**

save at least \$2.92 over our already low VIC price when you buy 4

non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only weekly limit **4**

12 oz Bag or 10 ct. K-Cups  
**Dunkin' Coffee**

**5.97**

save at least \$4.08 over our already low VIC price when you buy 4

non e-vic member price **6.99**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only weekly limit **20**

6 oz.  
**Yoplait Yogurt**

**.47**

save at least \$2.60 over our already low VIC price when you buy 20

non e-vic member price **10/\$6**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only weekly limit **2**

12 pk.  
**Bud Family, Miller Family, Coors Family or Yuengling**

**9.97**

save at least \$4.04 over our already low price when you buy 2

non e-vic member price **11.99**

All items must be purchased in a single transaction with your VIC card.

Drink Responsibly - Must be 21 to Purchase

**Friday, October 18**

**4X FUEL POINTS** on all qualifying items

download the digital coupon available to clip October 16 - 18, 2024 ONLY

**SAVE UP TO \$1.00 PER GALLON\***

redeem at Harris Teeter Fuel

Offer valid Friday, October 18, 2024, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. \*Terms and conditions apply.

\* Supplies are limited

Prices good through October 22, 2024

WED	THU	FRI	SAT	SUN	MON	TUE
16	17	18	19	20	21	22



6 pk. .5 ltr. Btls.  
**Coca-Cola Products**

**BUY 2 GET 2**

**FREE**

save big on 4 with your VIC card **VIC SAVINGS**

6.85 - 24 oz. **Thomas' English Muffins, Sara Lee Artesano Bread, Arnold Wide Pan Bread or Entenmann's Little Bites**



**BUY 1 GET 1**

**FREE**

each item rings at half price with your VIC card **VIC SAVINGS**

7.5 - 16 oz.  
**Cape Cod Large Bag or Snyder's Pretzels**



**2 for \$7**

save big on 2 with your VIC card **VIC SAVINGS**

12 pk.  
**Truly, White Claw, Topo Chico or Happy Dad**



**15.99** each

Drink Responsibly - Must be 21 to Purchase

**15% Off Half Case Wine Sale**

Offers valid Thursday, October 17 through Sunday, October 20, 2024

All Wines - Mix or Match - Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles

750 ml.  
**Bogle, Cupcake or Dark Horse**

**8.99**  
**-15%**



Drink Responsibly - Must be 21 to Purchase

**7.64** each

Final Price each when you buy any 6 - 750 ml. btl. or 3 - 1.5 ltr. btl. purchase during 4 DAY SALE, OCT. 17 - 20, 2024.

**eVIC** e-VIC members only

weekly limit **4**

6 - 11.75 oz.  
**Stouffer's, Lean Cuisine or Hot Pockets**



**1.97**

save at least \$4.12 over our already low VIC price when you buy 4

**2/\$6**

non e-vic member price

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

**eVIC** e-VIC members only

weekly limit **4**

10 - 12 oz. **Tostitos,**  
7.25 - 8.5 oz. **Ruffles,**  
or 15 - 15.5 oz. **Tostitos Salsa or Dips**



**2.97**

save at least \$2.12 over our already low VIC price when you buy 4

**2/\$7**

non e-vic member price

All items must be purchased in a single transaction with your VIC card. **VIC SAVINGS**

**every day** **DOUBLE** **manufacturers' COUPONS**

**VIC SAVINGS**

up to **99¢**

see customer service for details

BGA BGA BGA BGA

# SAVE \$100s

## every month when you join

# eVIC

- Access to hundreds of digital coupons
- Wednesday and Friday emails with personalized offers & savings
- Exclusive e-VIC items of the week
- Weekly prizes
- Entry into e-VIC only sweepstakes



## Harris Teeter

YOUR NEIGHBORHOOD MARKET

# JOIN e-VIC FOR A CHANCE TO BE ENTERED TO SCORE SUPER BOWL LIX TICKETS!



8/2/24 - 12/10/24. NO PURCHASE NECESSARY. VALID IN PARTICIPATING MARKETS ONLY. TERMS & CONDITIONS APPLY.

## eVIC COUPONS

### EXCLUSIVE SAVINGS

# A GREAT WAY TO SAVE!

**Click online.**  
**Clip these offers.**  
**Save BIG!**



### download these digital coupons

Download savings directly to your VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout.

24 oz.  
**Downy Fabric  
Booster**

## save

# \$4.00 each



When You Buy  
ONE (1)

9/29/2024 - 10/26/2024

44 oz. or 120 ct.  
**Downy Fabric  
Enhancer**

## save

# \$1.00 each



When You Buy  
ONE (1)

9/29/2024 - 10/26/2024

65 oz.  
**Dreft Laundry  
Detergent**

## save

# \$3.00 each



When You Buy  
ONE (1)

9/29/2024 - 10/26/2024



**New York Strip Steak**

**11.99** per lb.

save at least \$7.00 per lb. with your VIC card



12 - 16 oz. **Smithfield Bacon**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

Fresh Seafood from Your Local and Regional Neighbors



4 oz. **Crab Luscious Signature Crab Cake**

**2 for \$10**

save at least \$4.00 on 2 with your VIC card



18.4 - 22 oz. **Hatfield Marinated Pork Loin Filet or Tenderloin**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



16 oz. Land O'Frost **Lunchmeat**

**5.99** each

save at least \$2.00 each with your VIC card



12 - 16 oz. Oscar Mayer **Franks**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



21 - 30 ct. Fresh Wild Caught **East Coast Shrimp**

**10.99** per lb.

save at least \$6.00 per lb. with your VIC card



**Crab Florentine Stuffed Salmon Fillets**

**13.99** per lb.

save at least \$2.00 per lb. with your VIC card



Fresh Wild Caught **Blue Catfish Fillets**

**7.99** per lb.

save at least \$2.00 per lb. with your VIC card



16 ct. Fresh Farm Raised **Littleneck Clams**

**5.99** each

save at least \$1.00 each with your VIC card



8 oz. **Pier 33 Mussel Meat**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



14 oz. Flake or Legs Fishermans Market **Imitation Crab**

**2.99** each

save at least \$2.00 each with your VIC card



8 oz. Big T **Hatch Crab Dip**

**5.99** each

save at least \$2.00 each with your VIC card



Wild Caught **Tilapia Fillets**

**6.99** per lb.

save at least \$2.00 per lb. with your VIC card



Wild Caught **Orange Roughy Fillets**

**9.99** per lb.

save at least \$2.00 per lb. with your VIC card



Wild Caught **Haddock Fillets**

**9.99** per lb.

save at least \$3.00 per lb. with your VIC card



1.5 lb. **Perdue Perfect Portions**

**7.99** each

save at least \$3.00 each with your VIC card



**Niman Boneless Pork Loin**

**5.99** per lb.

save at least \$1.00 per lb. with your VIC card



16 oz. **Pre Ground Beef**

**8.99** each

save at least \$2.00 each with your VIC card



**Chuck Tender Roast**

**5.99** per lb.

save at least \$2.00 per lb. with your VIC card



12 - 14 oz. Johnsonville **Sausage**

**2 \$8** for

save big on 2 with your VIC card



8 oz. **Perdue Short Cuts**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



9 - 10 oz. Amy Lu Chicken **Sausage or Meatballs**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



22 - 26 oz. Perdue **Chicken**

**8.99** each

save at least \$3.00 each with your VIC card



2 oz. Oscar Mayer **P3 Singles**

**5 \$10** for

save big on 5 with your VIC card



12 oz. Links or Patties **Harris Teeter Sausage**

**2 \$7** for

save big on 2 with your VIC card



from our grocery department

12 ct. **Private Selection K-Cup Coffee**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



20 oz. Can **Dole Pineapple**

**2 \$4** for

save big on 2 with your VIC card



6 pk. 253 ml. Btls. or 7.5 oz. **Coca-Cola Mini Cans**

**2 \$8** for

save at least \$3.98 on 2 with your VIC card



8 Double Roll **Brawny Paper Towels**

**11.99**

save big with your VIC card



28 - 32 oz. **Hungry Jack Pancake Mix**

**2.99**

save big with your VIC card



14.5 - 15.25 oz. **Del Monte Vegetables**

**4 \$5** for

save big on 4 with your VIC card



12 pk. 12 oz. **HT Traders Sparkling Water**

**2 \$7** for

save big on 2 with your VIC card



12 Mega Roll **Quilted Northern Bath Tissue**

**11.99**

save big with your VIC card



24 oz. **Log Cabin Syrup**

**2 \$6** for

save big on 2 with your VIC card



28 oz. **Muir Glen Organic Tomatoes**

**2 \$6** for

save big on 2 with your VIC card



12 ct. **Treetop Applesauce Pouches**

**6.99**

save big with your VIC card



10 - 20 ct. **Ziploc Storage or Freezer Bags**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



12 - 14 oz. **Chex Cereal**

**4 \$12** for

save big on 4 with your VIC card



13.5 - 14 oz. **Heinz Flavored Ketchup** or 20 oz. **Ketchup** or **Mustard**

**2 \$5** for

save big on 2 with your VIC card



4 oz. **Wilde Protein Chips**

**5.99**

save at least \$1.00 each with your VIC card



150 oz. Liquid **Purex Laundry Detergent**

**8.99**

save big with your VIC card



10 - 11 oz. **House of Autry Fry Mixes**

**2 \$4** for

save big on 2 with your VIC card



22 - 30 oz. **Kraft Mayonnaise**

**4.99**

save at least \$1.00 each with your VIC card



12 Mega Roll **Harris Teeter Ultra Soft or Stong Bath Tissue** or 6 Double Roll **Ultra Paper Towels**

**8.99**

save at least \$2.00 with your VIC card



70 - 80 ct. **Lysol Disinfectant Wipes**

**4.99**

save big with your VIC card



1 ct. **HU Chocolate Bars**

**3.99**

save big with your VIC card



1 ct. **Ghirardelli Chocolate Bags**

**4.99**

save big with your VIC card



15 lb. **Blue Buffalo Dog Food**

**38.99**

save big with your VIC card



38 - 45 ct. **Harris Teeter Trash Bags**

**5.49**

save big with your VIC card



\* Supplies are limited

# beverages

13.7 oz.  
**Starbucks Frappuccino**  
**BUY 2 GET 1 FREE**  
save big on 3 with your VIC card



16 oz.  
**Sparkling ICE+ Caffeine Energy Drink**  
**4 \$5**  
for  
save at least \$1.36 on 4 with your VIC card



16 oz.  
**Ryl Tea**  
**3 \$5**  
for  
save at least \$1.89 on 3 with your VIC card



10 ct.  
**True Lemon Lemonade Drink Mix**  
**2 \$5**  
for  
save at least \$3.98 on 2 with your VIC card



2 ltr.  
**Coca-Cola Products**  
**2.99**  
save at least 70¢ each with your VIC card



6 pk. .5 ltr.  
**Canada Dry or 7-UP**  
**2 \$7**  
for  
save big on 2 with your VIC card



64 oz.  
**Ocean Spray 100% Juice**  
**2 \$7**  
for  
save at least \$3.98 on 2 with your VIC card



8 pk. 12 oz.  
**Powerade Sports Drink**  
**4.99**  
save at least \$1.20 each with your VIC card



8 pk.  
**Perrier or S.Pellegrino Sparkling Water**  
**5.99**  
save at least \$2.50 each with your VIC card



12 pk.  
**Propel Fitness Water**  
**8.99**  
save at least \$1.50 each with your VIC card



# snacks

8 - 9 oz.  
**Voortman Cookies**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



3.62 - 5.12 oz.  
**Frito Lay Minis**  
**2 \$5**  
for  
save at least \$1.98 on 2 with your VIC card



15 oz.  
**Chex Mix Snack Mix**  
**2 \$7**  
for  
save at least \$3.98 on 2 with your VIC card



15.5 oz.  
**Tostitos or Lay's Dips**  
**2 \$7**  
for  
save at least \$3.18 on 2 with your VIC card



6.5 - 16 oz.  
**Kettle Large Bag, Air Fried or Snyder's Pieces & Twists**  
**2 \$7**  
for  
save big on 2 with your VIC card



9.5 - 15.25 oz.  
**Nabisco Oreo or Chips Ahoy!**  
**2 \$7**  
for  
save at least \$2.98 on 2 with your VIC card



7 oz.  
**PopCorners**  
**2 \$8**  
for  
save at least \$1.58 on 2 with your VIC card



10 - 20.6 oz.  
**Nabisco Family Size Snack Crackers, Ritz or Toasted Chips**  
**2 \$8**  
for  
save at least \$3.58 on 2 with your VIC card



9.25 - 10.75 oz.  
**Doritos**  
**2 \$9**  
for  
save at least \$3.58 on 2 with your VIC card



20 ct. or 24 ct.  
**Pepperidge Farm Goldfish Multipack**  
**8.99**  
save at least \$3.00 each with your VIC card



# health & beauty

28 ct.  
**Mucinex Max or DM**  
**28.99**  
save at least \$5.00 each with your VIC card



12.5 oz.  
**Mrs. Meyer's Hand Soap**  
**3.99**  
save at least \$1.00 each with your VIC card



Select Varieties  
**Jergens Lotion**  
**7.99**  
save at least \$1.40 each with your VIC card



Select Varieties  
**Nature's Truth Vitamins**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



# home essentials

16 ct. AA/AAA  
**Duracell Coppertop**  
**30% off**  
save big with your VIC card



**OXO Kitchen Gadgets**  
**20% off**  
save big with your VIC card



# dairy and frozen

12.5 - 15.5 oz.  
**Jell-O Pudding or Gelatin**  
**2 \$5**  
for  
save big on 2 with your VIC card



15 oz.  
**Harris Teeter Ricotta Cheese**  
**2 \$3**  
for  
save big on 2 with your VIC card



8 oz.  
**Sargento Sliced Cheese**  
**2 \$6**  
for  
save big on 2 with your VIC card



32 oz.  
**Harris Teeter Half & Half or 4.6 oz. Private Selection Garlic Butter**  
**2.99**  
save at least 50¢ each with your VIC card



64 oz.  
**Silk Soy or So Delicious Milk**  
**2 \$7**  
for  
save big on 2 with your VIC card



46 oz.  
**Tropicana Orange Juice**  
**2 \$5**  
for  
save big on 2 with your VIC card



12 ct.  
**Harris Teeter Cage Free White Eggs**  
**2 \$7**  
for  
save big on 2 with your VIC card



64 oz.  
**Simple Truth Organic Lactose Free Milk**  
**3.99**  
save big with your VIC card



4 pk.  
**Stonyfield Organic Smoothies**  
**4.99**  
save big with your VIC card



7 oz.  
**Bagel Bites Pizza Snacks**  
**2 \$4**  
for  
save big on 2 with your VIC card



4.5 - 5 oz.  
**Red's Burritos**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



16 oz.  
**Armanino Pasta**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



10 oz. Select Varieties  
**Simple Truth Organic Frozen Fruit**  
**2 \$6**  
for  
save big on 2 with your VIC card



12 oz.  
**Devour or Kraft Deluxe Mac & Cheese**  
**2 \$6**  
for  
save big on 2 with your VIC card



6 ct.  
**Outshine Fruit Bars**  
**2 \$8**  
for  
save big on 2 with your VIC card



15.10 - 24.8 oz.  
**Totino's or Newman's Own Pizza**  
**2 \$10**  
for  
save big on 2 with your VIC card



15 - 23 oz.  
**TGI Fridays or Delimex Taquitos**  
**5.99**  
save big with your VIC card



8 ct.  
**Drumstick**  
**6.49**  
save big with your VIC card



\* Supplies are limited



**Best. Fall. Ever!**  
at Harris Teeter

# Fall Family Meals

**eVIC** e-VIC members only **weekly limit 4**

6 oz. **Annie's Organic Mac & Cheese Meals**

**1.97**

save at least \$4.12 over our already low VIC price when you buy 4

non e-vic member price **2/\$6**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only **weekly limit 4**

Gallon **Harris Teeter Iced Tea**

**1.97**

save at least \$4.08 over our already low VIC price when you buy 4

non e-vic member price **2.99**

All items must be purchased in a single transaction with your VIC card.

**eVIC** e-VIC members only **weekly limit 4**

14 - 15 oz. **Pepperidge Farm Sandwich Rolls**

**2.97**

save at least big over our already low VIC price when you buy 4

non e-vic member price **2/\$7**

All items must be purchased in a single transaction with your VIC card.

16.55 - 20.80 oz. **Palermo's or Connie's Pizza**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

16 oz. **Harris Teeter Pasta**

**5 \$5 for 5**

save big on 5 with your VIC card

24 oz. **Classico Pasta Sauce**

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

16 oz. **Harris Teeter Italian Style Meatballs**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

8 oz. **Harris Teeter Chunk Cheese**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

12 oz. **Select Varieties Harris Teeter Frozen Vegetables**

**3 \$5 for 5**

save big on 3 with your VIC card

.91 - 2.65 oz. **Select Varieties Harris Teeter Spices** or 5.75 - 6 oz. **Ripe Olives**

**1.99**

save big with your VIC card

6 - 6.9 oz. **Zatarain's Rice Dinners**

**2 \$3 for 3**

save big on 2 with your VIC card

10 - 14.5 oz. **Barilla Gluten Free or Protein+ Pasta**

**2 \$5 for 5**

save big on 2 with your VIC card

9.15 - 15 oz. **Marie Callender's Dinners or Healthy Choice Simply Steamers**

**2 \$7 for 7**

save big on 2 with your VIC card

9 - 17 oz. **Premium Saltines**

**2 \$6 for 6**

save big on 2 with your VIC card

5 oz. **Harris Teeter Croutons**

**4 \$5 for 5**

save big on 4 with your VIC card

13.5 - 22 oz. **Alexia Fries or Onion Rings**

**2 \$9 for 9**

save big on 2 with your VIC card

## Celebrate Italian Heritage

1 ct. **Fresh Foods Market Tiramisu Cup**

**3.99**

save at least \$1.30 each with your VIC card

10 oz. **Fresh Foods Market Cannoli Chip & Dip**

**9.99**

save \$1.00 each with your VIC card

10.5 - 16 oz. **Harris Teeter Garlic Bread or Bread Sticks**

**2 \$4 for 4**

save big on 2 with your VIC card

10 oz. **Harris Teeter Italian Blend Salad or 1 lb. Simple Truth Organic Roma Tomatoes**

**2.99**

save big with your VIC card

28 oz. **Cento Crushed Tomatoes**

**3.99**

save big with your VIC card

7 oz. **Private Selection Sun Dried Tomato Halves**

**4.99**

save big with your VIC card

24 oz. **Botticelli Pasta Sauce**

**4.99**

save big with your VIC card

13.75 oz. **HT Traders Artichokes**

**2 \$6 for 6**

save at least 98¢ on 2 with your VIC card

24 oz. **Filippo Berio Marinara Sauce**

**5.49**

save big with your VIC card

24 oz. **Carbone Pasta Sauce**

**6.99**

save big with your VIC card

25.3 oz. **Filippo Berio Olive Oil**

**9.99**

save big with your VIC card

24 oz. **Giusto Marinara Sauce**

**4.99**

save big with your VIC card

**GAME ON savings**

**Tailgate apps? Wing it on!**

AMERICA'S ORIGINAL **TREASURE CAVE** ESTD 1928 CHEESE CAVE-AGED BLUE CHEESE

get your **FLU VACCINE** and **SAVE \$5.00 ON YOUR GROCERIES**

Offer good through 10/31/24

plus... earn **50 fuel points**

**Harris Teeter Pharmacy**

SCAN TO SCHEDULE AN APPOINTMENT

**CARE meets CONVENIENCE**

Restrictions apply. Ask pharmacist for details.

SAVE \$15.00 ON YOUR GROCERIES when you get a flu vaccine and any other vaccine in the same visit (COVID AND RSV VACCINES ARE ALSO AVAILABLE)

4-40 4-40 4-40 4-40

\* Supplies are limited

# Long term Savings



## Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.

NEW

Long term

VIC SAVINGS

Savings



6 oz. **Hunt's Tomato Paste**  
**5 \$5**  
for  
save at least \$2.45 on 5 with your VIC card



15.6 oz. **SpaghettiOs A to Z's with Meatballs**  
**4 \$5**  
for  
save at least \$1.76 on 4 with your VIC card



24 pk. 16.9 oz. **Harris Teeter Purified Water**  
**2 \$7**  
for  
save big on 2 with your VIC card



7.4 oz. **Harris Teeter Sweet & Salty Granola Bars**  
**2.29**  
save at least 90¢ each with your VIC card



4 pk. **Harris Teeter Fruit Bowls**  
**2 \$5**  
for  
save big on 2 with your VIC card



12 oz. **Harris Teeter Honey Bear**  
**2.99**  
save at least \$1.30 each with your VIC card



Gallon **Turkey Hill Iced Tea or Lemonade**  
**2 \$6**  
for  
save at least \$1.98 on 2 with your VIC card



7 - 8 oz. **Harris Teeter Kettle Chips**  
**2 \$5**  
for  
save at least 98¢ on 2 with your VIC card



10 ct. **True Lemon Lemonade Drink Mix**  
**3.99**  
save at least 50¢ each with your VIC card



25 ct. **Harris Teeter Makeup Remover Towelettes**  
**3.99**  
save at least \$2.00 each with your VIC card



8 oz. **PAM Original Cooking Spray**  
**4.99**  
save at least \$1.00 each with your VIC card



18 oz. **Udi's Gluten Free White Bread**  
**5.49**  
save at least \$2.50 each with your VIC card



8 oz. **Skinny Pop Family Size Original Popcorn**  
**5.49**  
save at least \$1.00 each with your VIC card



16 oz. **Land O Lakes Butter Quarters**  
**6.99**  
save at least \$1.00 each with your VIC card



24 oz. **bibigo Pork & Vegetable Mandu**  
**6.99**  
save at least \$1.50 each with your VIC card



8 pk. 20 oz. **Powerade Sports Drink**  
**6.99**  
save at least \$1.50 each with your VIC card



33.8 oz. **Harris Teeter Mouthwash**  
**4.49**  
save big with your VIC card



26 oz. **Chock full o' Nuts Original Coffee**  
**8.99**  
save big with your VIC card



400 ct. **Splenda Sweetener Packets**  
**13.99**  
save at least \$1.50 each with your VIC card



70 ct. **Harris Teeter Facial Tissues**  
**5 \$5**  
for  
save at least \$1.95 on 5 with your VIC card



6 oz. **Beggin' Strips Dog Treats**  
**2 \$7**  
for  
save at least \$1.38 on 2 with your VIC card



3 pk. **Harris Teeter Disinfecting Wipes**  
**5.59**  
save big with your VIC card



75 sq. ft. **Harris Teeter Heavy Duty Aluminum Foil**  
**6.99**  
save at least \$1.00 each with your VIC card



4.8 lb. **Fireside Supreme 4 Hour Firelog**  
**3.99**  
save at least \$1.00 each with your VIC card



**Wild Caught Snow Crab Clusters**  
**8.99** per lb.  
save at least \$2.00 per lb. with your VIC card



4 pk. **Farmers Market Sweet Corn**  
**2.99**  
save big with your VIC card

Select **Private Selection Pre-Sliced Meats & Cheeses**  
**2 \$10**  
for  
save at least \$1.99 on 2 with your VIC card



4 ct. **Muffins**  
**5.99**  
save big with your VIC card

Prices valid October 16 through October 22, 2024.

# wine & beer \*not available at all stores

**harris teeter**  
fine wines club

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.

Drink Responsibly - Must be 21 to Purchase

## 15% Off Half Case Wine Sale

Offers valid Thursday, Oct. 17- Sunday, Oct. 20, 2024

All Wines · Mix or Match · Any Combination of 6 - 750 ml. or 3 - 1.5 ltr. bottles

750 ml.  
**Barefoot,  
Woodbridge  
or Yellow Tail**

**6.99  
-15%**

**5.49** each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, OCT. 17 - 20, 2024.

750 ml.  
**The Crossings  
Sauvignon Blanc or  
Dreaming  
Tree Cabernet**

**12.99  
-15%**

**11.04** each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, OCT. 17 - 20, 2024.

750 ml.  
**Contempo Cabernet  
or 6 pk. New Belgium  
or Sierra Nevada**

**10.99** each

750 ml.  
**Cloud 90  
Pinot Grigio  
or 6 pk. Blake's**

**10.99** each

750 ml.  
**Riondo  
Prosecco or  
Wish Big  
Prosecco Rose**

**12.99  
-15%**

**11.04** each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, OCT. 17 - 20, 2024.

750 ml.  
**J. Lohr  
Cabernet or  
Coppola  
Sonoma  
Sauvignon Blanc**

**16.99  
-15%**

**14.44** each

Final Price each when you buy any 6 - 750 ml. bottles case purchase during 4 DAY SALE, OCT. 17 - 20, 2024.

750 ml.  
**Bonpas Cotes-Du-Rhone  
or 4 pk. Select Varieties  
Devil's Backbone  
or 6 pk. Wicked Weed**

**11.99** each

750 ml.  
**Gemma di Luna  
Moscato  
or 8 pk. Crooks  
or 12 pk. Michelob Ultra**

**14.99** each

12 pk.  
**Pacifico or  
Lagunitas or 8 pk. Surfside**

**17.99** each

12 pk.  
**Simply Spiked, Peroni,  
Voodoo Ranger Hard  
Charged Tea or 8 pk. Coastal  
Cocktails Orange Crush**

**18.99** each

6 pk.  
**Bell's,  
Bold Rock Imperial  
or Elysian Space Dust**

**10.99** each

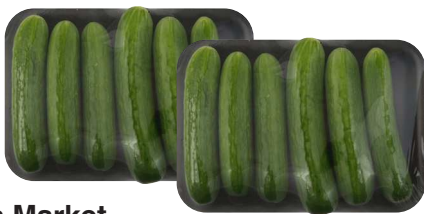
6 pk.  
**Smirnoff, Athletic  
or Sierra Nevada Trail Pass**

**9.99** each

**Long term Savings**



Keeping prices  
**LOWER, LONGER,**  
on 1,000s of items  
you buy every day.



6 ct. Tray  
**Farmers Market  
Mini Seedless Cucumbers**

**2 \$5**  
for

save big with your VIC card



3 ct.  
**Farmers Market  
Romaine Hearts**

**3.99** each

save big with your VIC card



**Heritage Farms  
Chicken Leg Quarters**

**.99** per lb.



**Harris Teeter  
Assorted Pork Chops**

**2.99** per lb.



32 oz.  
**Harris Teeter  
Pancake Mix**

**2.99** each



6 pk.  
**Harris Teeter  
Unsweet  
Applesauce**

**2 \$5**  
for



12 - 16 oz.  
**Harris Teeter  
Extra Broad  
Egg Noodles**

**1.79** each



28 oz.  
**Harris Teeter  
Cut Green Beans**

**1.99** each

**Long term Savings**

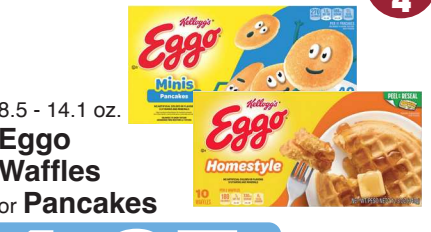
**VIC SAVINGS**



# Start fall mornings right

*Kellogg's*

**eVIC** e-VIC members only **weekly limit 4**



8.5 - 14.1 oz.  
**Eggo Waffles or Pancakes**  
**1.97**  
save at least \$4.12 over our already low VIC price when you buy 4  
non e-vic member price **2/\$6**  
All items must be purchased in a single transaction with your VIC card.



5.75 - 12.4 oz.  
**Cheez-It, Snap'd or Puff'd**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



8 oz.  
**Town House or Toasteds Crackers**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



5.2 - 5.57 oz.  
**Pringles**  
**2 \$4 for \$4**  
save at least 99c on 2 with your VIC card



13.2 - 17.3 oz.  
**Kellogg's Large Size Cereal**  
**4.99**  
save at least \$1.50 each with your VIC card



6.2 - 10.4 oz.  
**Pop-Tarts, Nutri Grain or Rice Krispies Treats**  
**2 \$5 for \$5**  
save at least \$1.29 on 2 with your VIC card



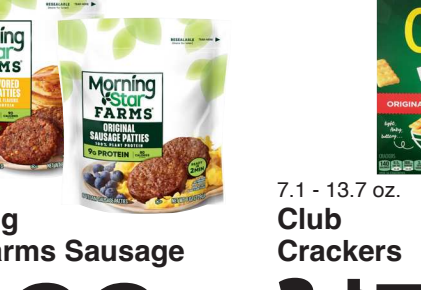
5.6 oz.  
**Nutri Grain Power-Fulls or Bear Naked Granola**  
**2 \$5 for \$5**  
save at least \$1.49 on 2 with your VIC card



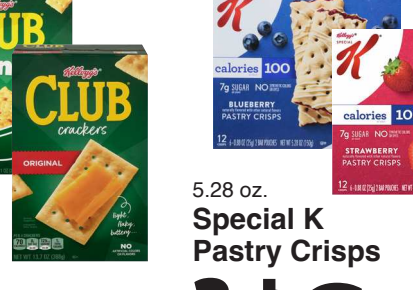
12.3 oz.  
**Eggo Waffles Fully Loaded**  
**4.99**  
save at least 99c each with your VIC card



1.83 oz.  
**RXBAR Protein Bars**  
**3 \$5 for \$5**  
save at least \$1.13 on 3 with your VIC card



8 oz.  
**Morning Star Farms Sausage**  
**3.99**  
save at least \$1.30 each with your VIC card



7.1 - 13.7 oz.  
**Club Crackers**  
**2 \$7 for \$7**  
save at least \$1.99 on 2 with your VIC card



5.28 oz.  
**Special K Pastry Crisps or Pop-Tart Crunchy Poppers**  
**2 \$6 for \$6**  
save at least 79c on 2 with your VIC card



5.3 oz.  
**Chobani® Core or Less Sugar Yogurt**  
**10 \$10 for \$10**  
save big on 10 with your VIC card

7 oz.  
**Chobani® Zero Sugar or Greek Yogurt Drinks**  
**2 \$3 for \$3**  
save at least 50c on 2 with your VIC card

10 oz.  
**Chobani® Complete Greek Yogurt Drinks**  
**2 \$4 for \$4**  
save at least 50c on 2 with your VIC card

32 oz.  
**Chobani® Multiserve Greek Yogurt**  
**2 \$10 for \$10**  
save at least 99c on 2 with your VIC card

24 oz.  
**Chobani® Creamers**  
**2 \$8 for \$8**  
save at least \$1.99 on 2 with your VIC card

52 oz.  
**Chobani® Oatmilk**  
**2 \$7 for \$7**  
save at least 99c on 2 with your VIC card

42  
**La Colombe Cold Brew**  
**2 \$8 for \$8**  
save at least 99c on 2 with your VIC card

11 oz.  
**La Colombe Draft Latte**  
**2 \$5 for \$5**  
save at least \$1.50 on 2 with your VIC card

4 pk. 11 oz.  
**La Colombe Draft Latte**  
**7.99**  
save big with your VIC card



**NEW**  
**READY MADE MEALS AND SIDES**  
Delicious meals & sides curated for you, to make dinner easier.

**HT Traders**  
DISCOVER • INSPIRE • ENJOY

\*Supplies are limited

# Live Naturally

16 oz. Simple Truth Organic Baby Carrots



**2 \$4** for

save big on 2 with your VIC card

16 oz. Simple Truth Organic Celery Hearts



**3.99**

save big with your VIC card

15 oz. Simple Truth Organic Canned Pumpkin



**2 \$5** for

save at least 98¢ on 2 with your VIC card

16 oz. Simple Truth Organic Peanut Butter or 16.5 oz. Fruit Spread



**4.49**

save at least 50¢ each with your VIC card

32 oz. Lakewood Organic Pure Pineapple Juice



**7.49**

save at least \$1.50 each with your VIC card

12 pk. Simple Truth Organic Chocolate Milk or 19 oz. Chicken Tenders



**9.99**

save at least \$2.00 each with your VIC card

25.36 oz. Cobram Estate Extra Virgin Olive Oil



**12.99**

save big with your VIC card

2 Big Roll Simple Truth Paper Towels



**2.79**

save at least 80¢ each with your VIC card

4 Double Roll Simple Truth Bath Tissue



**2 \$5** for

save big on 2 with your VIC card

# Freaky Fruit for Halloween



**Farmers Market Horned Melon 4.99** ea. save big with your VIC card

**Farmers Market Cherimoya 4.99** per lb. save big per lb. with your VIC card

**Farmers Market Pepino Melon 4.49** per lb. save big per lb. with your VIC card

**Farmers Market Passion Fruit 2 \$4** for save big on 2 with your VIC card

**Farmers Market Dragon Fruit 4.49** ea. save big with your VIC card

**Farmers Market Rambutans 4.49** ea. save big with your VIC card

**Farmers Market Gold Kiwi 4.49** ea. save big with your VIC card

**Farmers Market Persimmons 2 \$5** for save big on 2 with your VIC card



**Farmers Market Sugarbee Apples 2.99** per lb. save big per lb. with your VIC card

**Bright Farms Salad Blends 2 \$7** for save big on 2 with your VIC card

**3 lb. bag Farmers Market Pink Lady or Honey Crisp Apples 4.99** each save big with your VIC card

**Farmers Market Acorn, Butternut or Spaghetti Squash 1.29** per lb. save big per lb. with your VIC card

**1 lb. bag Farmers Market French Green Beans 2 \$7** for save big on 2 with your VIC card

**2 ct. bag Hass Avocados 2.29** each save big with your VIC card

**Farmers Market Signature 7-Layer Bean Dip 5.99** per lb. save big per lb. with your VIC card

**8 oz. Farmers Market Sliced Baby Bella or Whole Cremini Mushrooms 2 \$5** for save big on 2 with your VIC card

**1 lb. Farmers Market Baby Cut Carrots 3 \$5** for save big on 3 with your VIC card

**16 oz. Campari Tomatoes 2 \$7** for save big on 2 with your VIC card

**Farmers Market Hot House Cucumbers 3 \$5** for save big on 3 with your VIC card

**8 oz. Farmers Market Sliced Baby Bella or Whole Cremini Mushrooms 2 \$5** for save big on 2 with your VIC card

**1 lb. Farmers Market Baby Cut Carrots 3 \$5** for save big on 3 with your VIC card

**6 inch Fall Mums 8.99** each save at least \$3.00 each with your VIC card

**floral** not available in all stores

**Treat Yourself! 12 Stem Rose Bunch 7.00** each save at least \$5.99 each with your VIC card

## big savings from our fresh foods market



**Fresh Foods Market Cake Slices 2 for \$6** save at least \$1.98 on 2 with your VIC card

**Fresh Foods Market Imported Aged Parmigiano Reggiano 16.99** per lb. save big per lb. with your VIC card



**Fresh Baked Baguettes 2.99** each save at least 50¢ each with your VIC card

**5 - 8 oz. Assorted Varieties Private Selection Pre-Sliced Meats or Cheeses 2 for \$10** save big on 2 with your VIC card



**1 ct. Fresh Foods Market Cookie Corners BUY 1 GET 1 FREE** each item rings at half price with your VIC card

**Boar's Head Maple Glazed Honey Coat Turkey Breast 9.99** per lb. save big per lb. with your VIC card

- ways to -  
**SAVE**  
my  Harris Teeter



Look for quality and value *right here!*



You know that shopping at Harris Teeter with your VIC card saves you money. Did you also know that there are many more **Ways To Save at Harris Teeter**? There are three **EASY** ways you can find great savings on quality products that we have in our stores and save more on fuel.

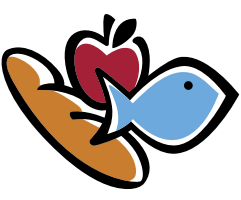
Current **Sweepstakes** • **eVIC** Coupons  
Items *of the Week* • Personalized **Offers**  
**AND MORE!**

Take full advantage  
of every offer!

Download  
the  App  
to make saving easier!



**Harris Teeter**



# Save on your fall cleaning routine



34 oz.  
**Tide Liquid Laundry Detergent**

12 - 16 ct.  
**Tide PODS Laundry Detergent**



46 oz.  
**Gain Liquid Laundry Detergent**



**5.49** ea.  
**-1.50** with VIC card  
Digital Coupon **USE 1 TIME**  
**3.99** Final Price with Digital Coupon

Limit 1 per offer.

**5.49** ea.  
**-1.50** with VIC card  
Digital Coupon **USE 1 TIME**  
**3.99** Final Price with Digital Coupon

Limit 1 per offer.

**5.49** ea.  
**-1.00** with VIC card  
Digital Coupon **USE 1 TIME**  
**4.49** Final Price with Digital Coupon

Limit 1 per offer.



11 - 18 ct.  
**Cascade Platinum Plus Actionpacs**



120 ct.  
**Bounce Dryer Sheets**



16 oz.  
**Dawn Powerwash** or 22 oz.  
**EZ Squeeze Liquid Refill**

**5.49**

VIC SAVINGS

save big with your VIC card

**5.49**

VIC SAVINGS

save at least \$2.50 each with your VIC card

**3.99**

VIC SAVINGS

save at least \$1.00 each with your VIC card



23.6 oz.  
**Febreze Fabric Refresher** or 0.87 oz. **Plug**



12 Triple Rolls  
**Bounty Paper Towels**



24 Mega Roll  
**Charmin Bath Tissue**



12 oz.  
**Pepto-Bismol Liquid**

**5.49**

VIC SAVINGS

save at least \$1.00 each with your VIC card

**33.99**

VIC SAVINGS

save at least \$5.00 each with your VIC card

**29.99**

VIC SAVINGS

save at least \$4.00 each with your VIC card

**8.99**

VIC SAVINGS

save at least \$1.00 each with your VIC card



1 ct.  
**Oral-B Pulsar Battery Toothbrush**



2.4 - 3.5 oz.  
**Secret Whole Body Deodorant Stick, Cream or Spray**



1.7 oz.  
**Olay Regenerist Microsculpting Cream Facial Moisturizer**



2 ct.  
**Gillette Sensor5 or Venus Sensitize Disposable Razors**

**7.99**

VIC SAVINGS

save at least \$1.50 each with your VIC card

**12.99**

VIC SAVINGS

save at least \$1.00 each with your VIC card

**24.99**

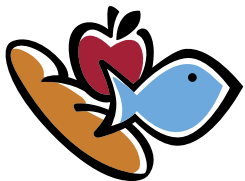
VIC SAVINGS

save at least \$8.00 each with your VIC card

**9.99**

VIC SAVINGS

save at least \$3.00 each with your VIC card



**Harris Teeter**  
YOUR NEIGHBORHOOD MARKET

**WEEKLY SPECIALS\***

PRICES VALID THROUGH 10.22.24

\* Supplies are limited



5 oz. Cup  
**Treasure Cave®**  
**Crumbled Blue Cheese**  
or **Crumbled Gorgonzola**

**3.49**

save at least \$3.50 each with your VIC card



5.5 oz.  
**Treasure Cave®**  
**Blue Cheese**  
or **Gorgonzola**  
**Cheese Wedge**

**5.99**

save at least \$2.00 each with your VIC card



10 oz.  
**Treasure Cave®**  
**Crumbled**  
**Blue Cheese Cup**

**7.99**

save at least \$4.00 each with your VIC card



**SHOPPER MARKETING**