

HOTSALE!
MVP
8.99
LB
USDA CHOICE
Ask For Your Preferred Thickness
BONELESS NEW YORK STRIP STEAK
W/O MVP Card \$13.99 LB

YOU SAVE \$5.00 LB

Here for fall gatherings and savings

HOTSALE!
MVP
25% OFF
All Natural - All Varieties
NATURE'S PROMISE MEAT & SEAFOOD
W/O MVP Card Regular Retail

HOTSALE!
MVP
2.99
LB
Pork
BABY BACK RIBS
W/O MVP Card \$4.99 LB

HOTSALE!
MVP
3.49
EA
7-9 Oz. Pkg. Select Varieties
OSCAR MAYER DELI FRESH LUNCH MEAT
W/O MVP Card \$4.99 EA

Seafood boil season is here!

HOTSALE!
MVP
5.99
EA
31-40 Ct. 16 Oz. Bag - Frozen
FOOD LION RAW SHRIMP PEELLED AND DEVEINED TAIL-OFF
W/O MVP Card \$8.99 EA

HOTSALE!
MVP
69¢
EA
HASS AVOCADOS
W/O MVP Card \$1.19 EA

HOTSALE!
MVP
2/\$6
W/O MVP Card \$5.29 EA
12-14 Oz. Pkg. Select Varieties
HILLSHIRE FARM SMOKED SAUSAGE

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 2/\$6
MVP Coupon -1.00 OFF
6-8 Oz. Select Varieties
FRESH EXPRESS SALAD KITS
W/O MVP Card \$4.29 EA

HOTSALE!
MVP
1.59
LB
Bulk
HONEYCRISP APPLES
W/O MVP Card \$1.79 LB

HOTSALE!
MVP
99¢
LB
HOT HOUSE TOMATOES
W/O MVP Card \$1.99 LB

HOTSALE!
MVP
2/\$6
W/O MVP Card \$5.49 EA
12 Ct. Pkg.
FOOD LION MINI SWEET CORN

6-10.75 Oz. Select Varieties
DORITOS TORTILLA CHIPS
LIMIT 4 FREE

HOTSALE!
MVP
BOGO FREE
W/O MVP Card \$6.29 EA Single Item Half Price

HOTSALE!
MVP
BOGO FREE
48 Oz. Select Varieties
BREYERS ICE CREAM
W/O MVP Card Regular Retail

11-20.5 Oz. Select Varieties
THOMAS' ENGLISH MUFFINS OR ENTENMANN'S SOFTEE DONUTS
W/O MVP Card Regular Retail

12 Pack 12 Oz. Bottles or Cans Select Varieties
SAMUEL ADAMS, SIERRA NEVADA OR NEW BELGIUM
W/O MVP Card Regular Retail

HOTSALE!
MVP
2.99
EA
5 Lb. Bag
FOOD LION RED POTATOES
W/O MVP Card \$5.99 EA

5-9 Oz. Select Varieties
SARGENTO NATURAL SLICES OR SNACK STICKS
W/O MVP Card Regular Retail

32 Oz. Select Varieties
NESTLE COFFEE MATE CREAMER
W/O MVP Card Regular Retail

9-4.14 Oz. Select Varieties
KRAFT DELUXE OR VELVEETA SHELLS & CHEESE
W/O MVP Card \$3.69 EA

10-12 Ct. K-Cups Select Varieties
GREEN MOUNTAIN OR DONUT SHOP COFFEE
W/O MVP Card \$9.79 EA

HOTSALE!
MVP
2.99
EA
2 Lb. Bag
LEMONS
W/O MVP Card \$3.99 EA

MVP DIGITAL COUPONS
load on app • web • in-store kiosk

PRICED LOW EVERY DAY
MVP
4/\$5
W/O MVP Card \$15.8 EA

HOTSALE!
MVP
3.49
EA
9-31/19.5 Oz. Select Varieties
NABISCO FAMILY SIZE CHIPS AHOY! COOKIES
W/O MVP Card \$5.19 EA

HOT SALE! 2/\$6
MVP Coupon -2.00 OFF
12-7/16.1 Oz. Select Varieties
KELLOGG'S FROSTED MINI WHEATS OR RAISIN BRAN CEREAL
W/O MVP Card Regular Retail

HOT SALE! 9.99
EA
MVP Coupon -2.00 OFF
18-31 Ct. Pods or 63 Oz. Liquid
TIDE
31 Ct. Flings or 89 Oz. Liquid
Select Varieties
W/O MVP Card Regular Retail

HOTSALE!
MVP
4.49
EA
6 Oz.
OLD BAY SEASONING
W/O MVP Card \$4.99 EA

PRICED LOW EVERY DAY
ON ITEMS YOU BUY MOST OFTEN

HOTSALE!
OUR BEST WEEKLY MVP DEALS

October



earn rewards

when you buy any of your favorites from
Laundry, Paper, Cleaning & Frozen

Check Your Progress



Deals to help fill the *dinner table*

Always guaranteed 100% fresh or we'll double your money back.

HOTSALE!
MVP
4.99
LB
Ground Fresh Daily
80% LEAN FRESH GROUND CHUCK
W/O MVP Card Regular Retail



HOTSALE!
MVP
5.49
LB
FRESH GROUND CHUCK PATTIES
W/O MVP Card Regular Retail



HOTSALE!
MVP
2.49
LB
Assorted, Bone-In PORK CHOPS
W/O MVP Card Regular Retail



HOTSALE!
MVP
2.99
EA
16 Oz. Pkg. SPRINGER MOUNTAIN FARMS ALL NATURAL CHICKEN BURGERS
W/O MVP Card Regular Retail



HOTSALE!
MVP
8.99
EA
44 Oz. Pkg. - Frozen TYSON CORNISH HENS
W/O MVP Card Regular Retail



HOTSALE!
MVP
2.99
LB
Bone-In, Fully Cooked FOOD LION HICKORY SMOKED HAM STEAK
W/O MVP Card Regular Retail



HOTSALE!
MVP
6.99
EA
16 Oz. Pkg. Select Varieties JACK DANIEL'S PULLED PORK OR CHICKEN
W/O MVP Card Regular Retail



Priced low for cooking slow



HOTSALE!
MVP
5.99
LB
BEEF SHOULDER OR SIRLOIN TIP ROAST
W/O MVP Card Regular Retail U.S.D.A. CHOICE



HOTSALE!
MVP
3.49
LB
Whole Fresh PORK TENDERLOIN
W/O MVP Card Regular Retail



HOTSALE!
MVP
5.99
EA
20-26 Oz. Pkg. - Frozen ROSINA MEATBALLS
W/O MVP Card Regular Retail

ALWAYS AFFORDABLY PRICED • QUALITY • FRESH • GUARANTEED



12 Oz. Pkg. - Select Varieties GWALTNEY BACON
HOTSALE!
MVP
3.49
EA
W/O MVP Card Regular Retail



12 Oz. Pkg. - Select Varieties JOHNSONVILLE BREAKFAST SAUSAGE PATTIES OR LINKS
HOTSALE!
MVP
3.49
EA
W/O MVP Card Regular Retail



15-16 Oz. Pkg. - Select Varieties OSCAR MAYER BEEF FRANKS
HOTSALE!
MVP
3.79
EA
W/O MVP Card Regular Retail



6 Ct. - 32 Oz. Pkg. - Frozen BUTTERBALL TURKEY BURGERS
HOTSALE!
MVP
9.99
EA
W/O MVP Card Regular Retail



16-28.05 Oz. - Select Varieties TYSON FROZEN CHICKEN OR ANYTIZERS WINGS
HOTSALE!
MVP
6.99
EA
W/O MVP Card Regular Retail

SUSTAINABLE SEAFOOD



HOTSALE!
MVP
7.99
EA
10 Oz. Pkg. Select Varieties MARINATED SALMON
W/O MVP Card Regular Retail



HOTSALE!
MVP
9.99
EA
12 Oz. Pkg. NATURE'S PROMISE ALASKA SOCKEYE SALMON BONELESS FILLETS
W/O MVP Card Regular Retail



HOTSALE!
MVP
14.99
EA
20-30 Ct. Bag Frozen FOOD LION SEA SCALLOPS
W/O MVP Card Regular Retail



HOTSALE!
MVP
5.49
EA
51-60 Ct. 12 Oz. Bag - Frozen NATURE'S PROMISE RAW SHRIMP
W/O MVP Card Regular Retail



**Make 5 meals
with one list
under
\$50**

Get List & Recipes

DELicious BOGOs of the week!



HOTSALE!
BOGO FREE
7 Oz. Select Varieties
TILLAMOOK CHEDDARS
W/O MVP Card \$7.99 EA
Single Item Half Price



HOTSALE!
BOGO FREE
4 Cl.
LARGE CROISSANTS
W/O MVP Card \$3.99 EA
Single Item Half Price



HOTSALE!
BOGO FREE
12 Cl.
HOMESTYLE GLAZED DONUTS
W/O MVP Card \$5.49 EA
Single Item Half Price

HOTSALE!
8.99
EA
W/O MVP Card \$9.99 EA

Freshly Sliced
DIETZ & WATSON CHICKEN

HOTSALE!
3.49
EA
W/O MVP Card \$3.99 EA

16 Oz.
TASTE OF INSPIRATIONS SALSA

HOTSALE!
99¢
EA
W/O MVP Card \$1.49 EA

1 Cl.
OH SNAP! PICKLES

HOTSALE!
4.49
EA
W/O MVP Card \$4.99 EA

4 Cl.
MUFFINS

HOTSALE!
5.29
EA
W/O MVP Card \$5.99 EA

PUMPKIN ROLL
LIMITED TIME

HOTSALE!
\$5
EA
W/O MVP Card \$5.49 EA

Drums & Thighs
Made Hot In-Store
4 PIECE FRIED CHICKEN

HOTSALE!
\$5
EA
W/O MVP Card \$5.99 EA

Now sauced with a top local favorite
BONE SUCKIN' CHICKEN LEG QUARTERS
NEW ITEM

HOTSALE!
\$5
EA
W/O MVP Card \$5.99 EA

18 Oz.
FOOD LION TORTELLINI PASTA

Quick eats
\$5 each!
Each item sold separately.

Available in our Deli & Bakery

Our BRANDS

DOUBLE MONEY BACK GUARANTEE See foodlion.com for details



Shop our family of brands and save

Trusted, quality ingredients to make affordable, comforting meals at home.

PRICED LOW EVERY DAY
1.59
EA

NATURE'S PROMISE BAGUETTE
IN THE BAKERY

HOTSALE!
1.29
EA
W/O MVP Card \$1.99 EA

12 Oz.
FOOD LION BABY SUPREME CARROTS

HOTSALE!
2.49
EA
W/O MVP Card \$2.99 EA

24 Oz.
Select Varieties
FOOD LION MINI POTATOES
NEW ITEM

HOTSALE!
1.39
EA
W/O MVP Card \$1.99 EA

32 Oz.
Select Varieties
FOOD LION BROTH

HOTSALE!
2.29
EA
W/O MVP Card \$2.99 EA

8 Oz. Pkg.
Whole or Sliced
FOOD LION BABY BELLA MUSHROOMS

HOTSALE!
1.59
EA
W/O MVP Card \$1.99 EA

Bunch
CELERY

HOTSALE!
25% OFF
W/O MVP Card Regular Retail

NATURE'S PROMISE BEEF CHUCK SHOULDER ROAST

Here with a new month of personalized *rewards*



SHOP & EARN
MONTHLY REWARDS

Activate your October offers on foodlion.com or the Food Lion app to earn digital rewards and save even more!

BUY 5 OR MORE MVP SAVE \$1 ON EACH ITEM
Mix & match on participating items!

Stouffer's **HOTPOCKETS** **DIGIORNO** **california PIZZA KITCHEN**

<p>10-16 Oz. Select Varieties STOUFFER'S EVERYDAY SIDES W/O MVP Card \$3.99 EA</p> <p>HOT SALE! 3.49 MIX & MATCH 5 OR MORE 2.49 EA MVP WHEN YOU BUY 5 OR MORE</p>	<p>51-54 Oz. - Select Varieties HOTPOCKETS FAMILY PACK W/O MVP Card \$14.99 EA</p> <p>HOT SALE! 13.99 MIX & MATCH 5 OR MORE 12.99 EA MVP WHEN YOU BUY 5 OR MORE</p>
<p>22.2-26.6 Oz. Select Varieties DIGIORNO STUFFED CRUST PIZZA W/O MVP Card \$9.49 EA</p> <p>HOT SALE! 8.99 MIX & MATCH 5 OR MORE 7.99 EA MVP WHEN YOU BUY 5 OR MORE</p>	<p>24 Oz. - Select Varieties STOUFFER'S SIGNATURE SIDES W/O MVP Card \$5.99 EA</p> <p>HOT SALE! 4.99 MIX & MATCH 5 OR MORE 3.99 EA MVP WHEN YOU BUY 5 OR MORE</p>
<p>13.4-21.3 Oz. Select Varieties CALIFORNIA PIZZA KITCHEN OR DIGIORNO DETROIT STYLE PIZZA W/O MVP Card \$5.49 EA</p> <p>HOT SALE! 7.99 MIX & MATCH 5 OR MORE 6.99 EA MVP WHEN YOU BUY 5 OR MORE</p>	<p>57-96 Oz. - Select Varieties STOUFFER'S PARTY SIZE ENTREES W/O MVP Card \$16.99 EA</p> <p>HOT SALE! 14.99 MIX & MATCH 5 OR MORE 13.99 EA MVP WHEN YOU BUY 5 OR MORE</p>

PRICED LOW EVERY DAY

<p>15-25 Oz. Select Varieties DUNCAN HINES CAKE MIX W/O MVP Card \$1.69 EA</p> <p>1.39 EA MVP</p>	<p>14-16 Oz. Select Varieties DUNCAN HINES FROSTING W/O MVP Card \$2.48 EA</p> <p>2/\$4 EA MVP</p>	<p>5 Oz. - Select Varieties BUMBLE BEE SOLID WHITE TUNA IN WATER W/O MVP Card \$2.48 EA</p> <p>2/\$3 EA MVP</p>	<p>16 Oz. Select Varieties PLANTERS DRY ROASTED PEANUTS W/O MVP Card \$3.99 EA</p> <p>2/\$5 EA MVP</p>
---	--	---	--

<p>10-12 Oz. Select Varieties HERSHEY'S BAKING CHIPS W/O MVP Card \$3.68 EA</p> <p>2.99 EA MVP</p>	<p>1.8-2.2 Oz. Select Varieties LIPTON RECIPE SECRETS SOUP & DIP MIXES W/O MVP Card \$2.19 EA</p> <p>1.79 EA MVP</p>	<p>4 Pack Select Varieties DOLE FRUIT BOWLS W/O MVP Card \$3.69 EA</p> <p>2/\$5 EA MVP</p>	<p>5 Oz. Select Varieties CHOLULA HOT SAUCE W/O MVP Card \$4.39 EA</p> <p>3.49 EA MVP</p>
--	--	--	---

<p>7.5-10 Oz. Select Varieties HORMEL DINTY MOORE OR COMPLEATS W/O MVP Card Regular Retail</p> <p>2.29 EA MVP</p>	<p>22-24 Oz. Select Varieties PREGO PASTA SAUCE W/O MVP Card \$3.29 EA</p> <p>2.39 EA MVP</p>	<p>20 Oz. SARA LEE CLASSIC WHEAT BREAD SARAFEE W/O MVP Card \$3.99 EA</p> <p>2/\$6 EA MVP</p>	<p>17 Oz. Select Varieties PRIMAL KITCHEN MAYO W/O MVP Card \$12.99 EA</p> <p>8.99 EA MVP</p>
---	---	---	---

<p>6.5-8 Oz. Select Varieties CAPE COD POTATO CHIPS W/O MVP Card \$5.29 EA</p> <p>4.19 EA MVP</p>	<p>18.5-19 Oz. Select Varieties PROGRESSO SOUP W/O MVP Card Regular Retail</p> <p>2/\$5 EA MVP</p>	<p>12 Oz. Select Varieties NATURE'S OWN SMALL LOAF W/O MVP Card \$2.99 EA</p> <p>2/\$5 EA MVP</p>	<p>9.6-21 Oz. Select Varieties FAMILY SIZE CHEEZ-IT CRACKERS W/O MVP Card \$5.99 EA</p> <p>4.99 EA MVP</p>
---	--	---	--

BUY TWO OF THESE

<p>71-11.3 Oz. Select Varieties VOORTMAN SUGAR FREE COOKIES OR WAFERS W/O MVP Card \$4.29 EA</p> <p>3.49 EA MVP</p>	<p>5-9.25 Oz. Select Varieties WISE CHEEZ DOODLES OR POPCORN W/O MVP Card \$4.79 EA</p> <p>2/\$6 EA MVP</p>	<p>20 Ct. Select Varieties FOOD LION HERBAL TEA W/O MVP Card \$2.79 EA</p> <p>2/\$5 EA MVP</p>	<p>60 Oz. MIXIN'S SWEETS N' SOURS VARIETY WHILE SUPPLIES LAST!</p> <p>11.99 EA MVP</p>
---	---	--	---

& GET THIS FREE
2 Liter Select Varieties COKE PRODUCTS
W/O MVP Card Regular Retail Limit 1 request per shopping visit.

<p>15 Oz. Select Varieties PATAK'S SAUCE W/O MVP Card Regular Retail</p> <p>3.99 EA MVP</p>	<p>3.5-4 Oz. Select Varieties LAS RICAS SNACKS W/O MVP Card Regular Retail</p> <p>99¢ EA MVP</p>	<p>9 Oz. ZACHARY MELLO CREME PUMPKIN CANDY WHILE SUPPLIES LAST!</p> <p>1.39 EA MVP</p>
---	--	---

Do taco night for less



HOTSALE!
W/O MVP Card Regular Retail

25% OFF

16 Oz. Pkg.
NATURE'S PROMISE ORGANIC GROUND BEEF

USDA ORGANIC

16-17 Oz. Select Varieties
FOOD LION FLOUR TORTILLAS

2.49 EA

Four Tortillas for Fajitas

HOTSALE!
W/O MVP Card \$5.99 EA

5.49 EA

14 Oz.
TASTE OF INSPIRATIONS WHITE CHEESE DIP IN THE DELI

16 Oz. Select Varieties
FOOD LION SALSA

HOTSALE!
W/O MVP Card \$2.39 EA

2/\$4

16 Oz. Select Varieties
FOOD LION SHREDDED CHEESE

PRICED LOW EVERY DAY

4.29 EA

Cheddar Mexican Style Blend

16 Oz. Select Varieties
FOOD LION SOUR CREAM

PRICED LOW EVERY DAY

1.99 EA

Smooth Cream

BEVERAGE CENTER

HOTSALE!
W/O MVP Card Regular Retail

BOGO FREE

12 Pack 12 Oz. Cans Select Varieties
PEPSI PRODUCTS

LIMIT 4 FREE

HOTSALE!
W/O MVP Card \$3.39 EA

BOGO FREE

8 Pack - 4.23 Oz. Select Varieties
JUICY JUICE

HOTSALE!
W/O MVP Card Regular Retail

11.99 EA

24 Pack 12 Oz. Cans Select Varieties
PEPSI

16.2 Oz. Select Varieties
MIO OR CRYSTAL LIGHT LIQUID WATER ENHANCER

HOTSALE!
W/O MVP Card Regular Retail

1.99 EA

4 Pack - 16 Oz. Cans Select Varieties
MONSTER

HOTSALE!
W/O MVP Card \$8.49 EA

5.99 EA

HOTSALE!
W/O MVP Card Regular Retail

2/\$10

8 Pack 12 Oz. Bottles Select Varieties
COKE PRODUCTS

HOTSALE!
W/O MVP Card Regular Retail

3/\$12

6 Pack 16-16.9 Oz. Bottles Select Varieties
COKE PRODUCTS

750 mL Select Varieties
ARTIE OR DUPLIN WINE

HOTSALE!
W/O MVP Card Regular Retail

6.99 EA

750 mL Select Varieties
DARK HORSE OR CASTELLO DEL POGGIO WINE

HOTSALE!
W/O MVP Card Regular Retail

8.99 EA

1.5 Liter Select Varieties
WOODBIDGE WINE

PRICED LOW EVERY DAY

10.99 EA

SAVE 10% WHEN YOU BUY 6 BOTTLES OF WINE

HOTSALE!
W/O MVP Card Regular Retail

15.99 EA

12 Pack - 12 Oz. Bottles
CANTA RITOS
12 Pack - 12 Oz. Cans
SIMPLY SPIKED, TWISTED TEA OR THE BEAST
Select Varieties

HOTSALE!
W/O MVP Card Regular Retail

20.99 EA

24 Pack - 12 Oz. Cans Select Varieties
BUD, MILLER OR COORS

HOTSALE!
W/O MVP Card Regular Retail

14.99 EA

12 Pack - 12 Oz. Bottles or Cans Select Varieties
MICHELOB, BLUE MOON OR BUD LIGHT LIME

HOTSALE!
W/O MVP Card Regular Retail

16.99 EA

12 Pack - 11.2-12 Oz. Bottles or Cans Select Varieties
CORONA, DOS EQUIS OR STELLA ARTOIS

HOTSALE!
W/O MVP Card Regular Retail

10.99 EA

4 Pack - 16 Oz. Cans
NODA CHEERWINE
6 Pack - 12 Oz. Cans
RED OAK OR WICKED WEED
Select Varieties

LOCAL BOONVILLE

Beer and Wine may not be available in all locations. Check your store for availability.



Get ready with me...
to thrive with **confidence**

Save

on select Dove products
with digital coupons



Save Now

Proudly celebrating 20 years of building self-esteem.
Join us on our continued mission
dove.com/selfesteem



Think Old El Paso for *Game Day*

SHOP NOW

DAIRY

GET YOUR DAILY DOSE OF GOODNESS

 <p>HOTSALE! MVP 3.99 EA W/O MVP Card \$4.69 EA</p> <p>64 Oz. Select Varieties SUNNY DELIGHT</p>	 <p>HOTSALE! MVP BOGO FREE W/O MVP Card \$2.48 EA Single Item Half Price</p>	 <p>HOTSALE! MVP 2/\$6 6-8 Oz. Select Varieties CRACKER BARREL CHEESE BARS OR CUBES W/O MVP Card Regular Retail</p>	 <p>HOTSALE! MVP 4/\$5 4.5-5.3 Oz. Select Varieties CHOBANI FLIP OR CREATIONS YOGURT W/O MVP Card \$3.95</p>
 <p>HOTSALE! MVP 3.49 EA W/O MVP Card \$4.29 EA</p> <p>9.1-11 Oz. Select Varieties Pull-A-Parts or Roll PILLSBURY READY TO BAKE COOKIES</p>	 <p>HOTSALE! MVP 2.99 EA W/O MVP Card \$3.99 EA</p> <p>16.3 Oz. Select Varieties PILLSBURY GRANDS! BISCUITS</p>	 <p>HOTSALE! MVP 2/\$6 52 Oz. Select Varieties FLORIDA'S NATURAL ORANGE JUICE W/O MVP Card \$3.69 EA</p>	 <p>HOTSALE! MVP 4.99 EA W/O MVP Card \$7.39 EA</p> <p>45 Oz. Tub Select Varieties COUNTRY CROCK SPREAD</p>

FROZEN

LOAD UP THE FREEZER WHILE THE DEALS ARE HOT

 <p>HOTSALE! MVP 4.99 EA W/O MVP Card \$5.99 EA</p> <p>16.9-31.4 Oz. Select Varieties DIGIORNO 12" PIZZA</p>	 <p>HOTSALE! MVP 5.99 EA W/O MVP Card \$6.99 EA</p> <p>24-31 Oz. Select Varieties MARIE CALLENDER'S MEAL FOR TWO</p>	 <p>HOTSALE! MVP 11.99 EA W/O MVP Card Regular Retail</p> <p>59.2-70.4 Oz. Select Varieties TYSON FAMILY PACK CHICKEN</p>
--	--	--

MVP DIGITAL COUPONS

load on app • web • in-store kiosk

 <p>HOT SALE! MVP 4.49 EA W/O MVP Card Regular Retail</p> <p>18.4-19.8 Oz. Select Varieties TOMBSTONE PIZZA OR TAVERN STYLE PIZZA</p>	 <p>HOT SALE! MVP 4.99 EA W/O MVP Card \$7.20 EA</p> <p>8-21.60 Oz. Select Varieties DELIMEX SNACKS</p>	 <p>HOT SALE! MVP 5.99 EA W/O MVP Card \$8.99 EA</p> <p>17.65-27.51 Oz. Select Varieties Excludes Gluten Free FRESCHETTA PIZZA</p>	 <p>PRICED LOW EVERY DAY MVP 2/\$5 W/O MVP Card \$3.99 EA</p> <p>11.7 Oz. Select Varieties PILLSBURY TOASTER STRUDEL</p>
 <p>HOT SALE! MVP 2/\$8 W/O MVP Card \$4.99 EA</p> <p>8-11 Oz. Select Varieties TGI FRIDAYS SNACKS</p>	 <p>HOT SALE! MVP 2/\$8 W/O MVP Card \$4.68 EA</p> <p>4-6 Ct. Select Varieties KLONDIKE ICE CREAM BARS</p>	 <p>PRICED LOW EVERY DAY MVP 3.99 EA W/O MVP Card \$4.99 EA</p> <p>14 Oz. Select Varieties HÄAGEN-DAZS ICE CREAM</p>	 <p>HOT SALE! MVP 2/\$7 W/O MVP Card \$3.99 EA</p> <p>46 Oz. Select Varieties TURKEY HILL ICE CREAM</p>

BREAKFAST

SAVINGS TO START YOUR DAY

 <p>HOTSALE! MVP 3.99 EA W/O MVP Card Regular Retail</p> <p>8.8-8.9 Oz. Select Varieties KELLOGG'S APPLE JACKS OR CORN POPS CEREAL</p>	 <p>HOTSALE! MVP 2/\$5 W/O MVP Card \$3.69 EA</p> <p>8.4-12.1 Oz. Select Varieties QUAKER INSTANT OATMEAL</p>	 <p>PRICED LOW EVERY DAY MVP 3.49 EA W/O MVP Card \$3.89 EA</p> <p>14-16 Oz. Select Varieties PEPPERIDGE FARM BREAKFAST SWIRL BREAD</p>	 <p>HOTSALE! MVP 6.99 EA W/O MVP Card \$7.99 EA</p> <p>30-35.3 Oz. Can Select Varieties COFFEE-MATE NON-DAIRY COFFEE CREAMER</p>
 <p>HOTSALE! MVP 2/\$6 W/O MVP Card \$4.58 EA</p> <p>9-12.6 Oz. Select Varieties QUAKER CAP'N CRUNCH CEREAL</p>	 <p>HOTSALE! MVP 7.99 EA W/O MVP Card Regular Retail</p> <p>10 Ct. K-Cups or 12 Oz. Bag Select Varieties STARBUCKS COFFEE</p>	 <p>HOTSALE! MVP 5.99 EA W/O MVP Card Regular Retail</p> <p>12 Ct. K-Cups Select Varieties MAXWELL HOUSE OR GEVALIA COFFEE</p>	

NEW ITEMS

— available now —

SEE DETAILS



HEALTH & BEAUTY

TAKE GOOD CARE FOR LESS



MVP PRICED LOW EVERY DAY

2/\$4

5.7 Oz. Select Varieties
CREST TOOTHPASTE

W/O MVP Card \$2.48 EA

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 19.99
EA

W/O MVP Card \$21.99 EA

MVP Coupon -1.00 OFF!

18.99
EA

48 Ct. Select Varieties
DAYQUIL OR NYQUIL COLD & FLU

W/O MVP DISCOUNT SAVINGS LIMIT 1

16.8-26.5 Oz. Select Varieties
JERGENS LOTION

HOTSALE!

7.49
EA

W/O MVP Card \$8.99 EA

21.4-23.6 Oz. Select Varieties
PANTENE 2IN1 SHAMPOO AND CONDITIONER

HOTSALE!

7.49
EA

W/O MVP Card \$8.49 EA

6-8 Oz. Select Varieties
NOT YOUR MOTHER'S CURL TALK

HOTSALE!

7.79
EA

W/O MVP Card \$8.49 EA

HOTSALE!

2/\$4

2.12 Oz. Select Varieties
ONE PROTEIN BAR

W/O MVP Card \$3.28 EA

BABY

3.5 Oz. Select Varieties
GERBER GRADUATES GRABBER

HOTSALE!

5/\$5

W/O MVP Card \$1.49 EA

3.5 Oz. Select Varieties
PLUM ORGANICS POUCHES

HOTSALE!

1.39
EA

W/O MVP Card \$1.59 EA

MVP DIGITAL COUPONS load on app • web • in-store kiosk

7.79
EA

MVP Coupon -3.00 OFF!

4.79
EA

20-28 Ct. Select Varieties
LUVS PLATINUM PROTECTION JUMBO PACK

W/O MVP DISCOUNT SAVINGS LIMIT 1

HOT SALE! 6.79
EA

W/O MVP Card \$7.79 EA

MVP Coupon -1.00 OFF!

5.79
EA

168-192 Ct. Select Varieties
HUGGIES BABY WIPES REFILL

W/O MVP DISCOUNT SAVINGS LIMIT 1

HOUSE & HOME

CLEAN UP ON LOW PRICES



HOTSALE!

1.79
EA

2 Ct. **FOOD LION SCRUB SPONGES**
19.4 Oz. **FOOD LION LIQUID DISH SOAP**

W/O MVP Card Regular Retail

HOTSALE!

6.69
EA

12 Double Rolls **SCOTT COMFORT PLUS**
6 Single Plus Rolls **SCOTT PAPER TOWELS**

Select Varieties

W/O MVP Card Regular Retail

50 Ct. **FOOD LION PARTY CUPS**
80 Ct. **FOOD LION PAPER PLATES**

Select Varieties

HOTSALE!

3.99
EA

W/O MVP Card Regular Retail

16 Oz. **JET DRY**
17-27 Ct. Tabs **FINISH**

Select Varieties

HOTSALE!

7.49
EA

W/O MVP Card Regular Retail

75 Ct. Select Varieties
FOOD LION DISINFECTING WIPES

HOTSALE!

2/\$6

W/O MVP Card \$3.49 EA

HOTSALE!

3.99
EA

90 Ct. Snack or Sandwich Bags
Select Varieties
ZIPLOC

W/O MVP Card Regular Retail

96 Ct. Select Varieties
FOOD LION PREMIUM CRYSTAL DINNERWARE

HOTSALE!

5.79
EA

W/O MVP Card \$6.49 EA

30-40 Ct. Select Varieties
GLAD KITCHEN BAGS

HOTSALE!

7.99
EA

W/O MVP Card Regular Retail

HOTSALE!

2/\$3

60-70 Ct. Cubes or 160 Ct. Flats
Select Varieties
FOOD LION FACIAL TISSUE

W/O MVP Card \$1.69 EA

MVP DIGITAL COUPON
load on app • web • in-store kiosk

HOT SALE! 9.99
EA

W/O MVP Card Regular Retail

MVP Coupon -2.00 OFF!

7.99
EA

12.2 Oz. Unstopables or 64-88 Oz. Liquid
Select Varieties
DOWNY

W/O MVP DISCOUNT SAVINGS LIMIT 1

PET

2 Oz. Select Varieties
COUNTRY KITCHEN PUREE LICKABLE CAT TREATS

HOTSALE!

2/\$3

W/O MVP Card \$1.99 EA

12 Lb. **FRESH NEWS UNSCENTED PAPER LITTER**

HOTSALE!

9.99
EA

W/O MVP Card \$10.99 EA

10 Oz. Bag Select Varieties
BLUE BUFFALO NUDGES JERKY CUTS DOG TREATS

HOTSALE!

10.99
EA

W/O MVP Card \$12.49 EA

22 Lb. Bag Select Varieties
SUPREME SOURCE GRAIN FREE DRY DOG FOOD

HOTSALE!

33.99
EA

W/O MVP Card \$39.99 EA

NEW ITEM CENTER

5 Oz. Select Varieties
WELCH'S FRUITFULS FRUIT STRIPS

HOTSALE!

3.49
EA

W/O MVP Card \$4.29 EA

5.5-5.75 Oz. Select Varieties
LAY'S STAX CHIPS

HOTSALE!

2/\$4

W/O MVP Card \$2.39 EA

9.3-13.6 Oz. Select Varieties
BETTY CROCKER OREO CAKE MIX

HOTSALE!

3.69
EA

W/O MVP Card \$4.99 EA

8-9 Oz. Select Varieties
DEL MONTE PITTED OR STUFFED OLIVES

HOTSALE!

3.99
EA

W/O MVP Card Regular Retail

Here for a
Happier
Halloween

SHOP NOW



SHOP NOW

Bring home our best *weekly deals*

Get what's best in season along with all your fresh must-haves.



HOTSALE!
MVP
59¢
EA
W/O MVP Card Regular Retail

CUCUMBERS OR GREEN PEPPERS



HOTSALE!
MVP
2/\$5
W/O MVP Card Regular Retail

10 Oz. NATURE'S SWEET CHERUB TOMATOES



HOTSALE!
MVP
59¢
LB
W/O MVP Card Regular Retail

GREEN CABBAGE



HOTSALE!
MVP
2/\$5
W/O MVP Card Regular Retail

6 Oz. Pkg. BLACKBERRIES



12 Oz. Pkg. Select Varieties
HOTSALE!
MVP
1.99
EA
W/O MVP Card Regular Retail

GREEN GIANT MIXED VEGGIES



Large RED SEEDLESS GRAPES
PRICED LOW EVERY DAY
1.99
LB



1 Lb. - Clamshell SUNGOLD KIWIFRUIT
HOTSALE!
MVP
3.99
EA
W/O MVP Card Regular Retail




HOTSALE!
MVP
79¢
EA
W/O MVP Card Regular Retail

MANGOS



While Supplies Last
HOTSALE!
MVP
10.99
EA
W/O MVP Card Regular Retail

PUMPKIN PIE BOUQUET



HOTSALE!
MVP
4.99
EA
W/O MVP Card Regular Retail

Jack-O-Lantern PUMPKINS

ORGANIC



2 Lb. Bags NATURE'S PROMISE ORGANIC HONEYCRISP APPLES
HOTSALE!
MVP
4.99
EA
W/O MVP Card Regular Retail







3 Ct. Pkg. SUNSET ORGANIC SWEET BELL PEPPERS
HOTSALE!
MVP
5.29
EA
W/O MVP Card Regular Retail

100% fresh or double your money back

See foodlion.com for details

Text CountOnUs to MVP (887687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply). Find us online: foodlion.com | f | t

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card. We reserve the right to limit quantities and correct typographical errors. Prices and availability may vary by store. Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT:    

Prices in this ad good at stores conveniently located in these cities:
Apex, Bunn, Cary, Clayton, Franklinton, Fuquay-Varina, Garner, Holly Springs, Knightdale, Louisburg, Morrisville, Raleigh, Rolesville, Wake Forest, Wendell, Youngsville, Zebulon

We accept competitor's coupons, exceptions may apply, see store associate for details. Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores. Sale Begins Wednesday at 9 am in 24 Hour Stores.



Sweet and spooky treats for less

October 9 - October 15, 2024

FOOD LION

Offers valid while supplies last.



HOTSALE!
MVP
2/\$7
W/O MVP Card \$4.39 EA

15 Oz.
TOOTSIE ROLL MIDGEES



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$4.99 EA

9.87-10.72 Oz.
Select Varieties
SKITTLES FUN SIZE



HOTSALE!
MVP
3.29
EA
W/O MVP Card \$4.99 EA

9 Oz.
Select Varieties
STARBURST POPS



HOTSALE!
MVP
2/\$7
W/O MVP Card \$4.39 EA

10.4 Oz.
Assorted Varieties
CHARMS BLOW POPS



HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA

9-11.5 Oz.
Select Varieties
MARS FUN SIZE CANDY

1 Ct.
BATTERY OPERATED LIGHT UP PUMPKIN

HOTSALE!
MVP
2.29
EA
W/O MVP Card \$2.99 EA



HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.99 EA



1 Ct.
GOOGLE EYE MELAMINE

1 Ct.
SMART LIVING SKELETON BIRD

HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA



1 Ct.
10.5 INCH CHARACTER STATUE

HOTSALE!
MVP
10.99
EA
W/O MVP Card \$12.99 EA



HOTSALE!
MVP
7.99
EA
W/O MVP Card \$8.99 EA



1 Ct. - Assorted
PUMPKIN DECOR

Wrap your halloween party in low prices



Serving suggestion:
Mini Mummy Dogs



HOTSALE!
MVP
2/\$7
W/O MVP Card Regular Retail

12-14 Oz. Pkg.
Select Varieties
**HILLSHIRE FARM
COCKTAIL SMOKIES**



HOTSALE!
MVP
2/\$6
W/O MVP Card \$3.99 EA

8-13.9 Oz. - Select Varieties
**PILLSBURY CRESCENTS
OR CINNAMON ROLLS**

MVP DIGITAL COUPON
load on app • web • in-store kiosk



6 Mega Rolls
CHARMIN ESSENTIALS
4 Double Rolls
BOUNTY ESSENTIALS
Select Varieties

HOT SALE!
5.99
EA
W/O MVP Card \$6.99 EA

MVP Coupon
-50¢ OFF!

5.49
EA
MVP W/ MFR. DISCOUNT SAVINGS LIMIT!



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$4.49 EA

7.4 Oz.
Select Varieties
**MILK BONE
COMFORT CHEWS
DOG TREATS**



16 Oz.
Select Varieties
**CHINET COMFORT
CUP WITH LIDS**

HOTSALE!
MVP
5.99
EA
W/O MVP Card \$6.99 EA



128 Oz.
Select Varieties
ARIZONA TEA

MVP PRICED LOW EVERY DAY!
3.79
EA
W/O MVP Card \$4.68 EA



Boo-tastic *savings* in every bite



Pumpkin Cheesecake Dip

Pumpkin Pie Mummies

Save on the ingredients to make these seasonal treats!
Visit foodlion.com for the recipes

12 Oz.
GENERAL MILLS
CHEERIOS
CEREAL

HOTSALE!
MVP
3.99
EA
W/O MVP Card \$5.29 EA



15 Oz.
LUCKY LEAF
PUMPKIN
PIE FILLING

HOTSALE!
MVP
1.79
EA
W/O MVP Card \$2.18 EA



HOTSALE!
MVP
3.49
EA
W/O MVP Card \$3.99 EA



2 Lb. Bag
SNAP DRAGON
APPLES
WHILE SUPPLIES
LAST!

12 Oz.
FOOD LION
GINGER SNAP
COOKIES

3.19
EA



MVP **PRICED LOW EVERY DAY**
1.99
EA
W/O MVP Card \$2.18 EA



8 Oz.
Select Varieties
COOL WHIP

20 Oz.
Select Varieties
SUN-MAID
RAISINS

HOTSALE!
MVP
4.69
EA
W/O MVP Card \$5.19 EA



Offers valid while supplies last.

1 Ct.
SMART LIVING
WINDOW
TREAT BAG

HOTSALE!
MVP
2/\$5
W/O MVP Card \$2.99 EA



34 Oz.
Select Varieties
DUM DUM POPS

HOTSALE!
MVP
9.99
EA
W/O MVP Card \$11.99 EA



18.6 Oz.
MARS MIXED
SUGAR VARIETY

HOTSALE!
MVP
10.79
EA
W/O MVP Card \$11.99 EA



No tricks here,
just treats!



1 Ct.
SMART LIVING
RAINBOW
SPIN LIGHT

HOTSALE!
MVP
4.99
EA
W/O MVP Card \$5.99 EA



1 Ct. - Assorted
SMART LIVING
HALLOWEEN
BUCKET WITH
HANDLE

HOTSALE!
MVP
2/\$3
W/O MVP Card \$1.99 EA



HOTSALE!
MVP
3.99
EA
W/O MVP Card \$6.99 EA



8.4-11.30 Oz.
Select Varieties
HERSHEY
SNACK SIZE
CANDY



1 Ct.
SMART LIVING
SPIDERWEB

HOTSALE!
MVP
1.39
EA
W/O MVP Card \$1.59 EA



1 Ct.
SMART LIVING
13 OUNCE
FIGURAL
DOL MUG

HOTSALE!
MVP
6.29
EA
W/O MVP Card \$6.99 EA



32.04 Oz.
FERRERO
ASSORTED
FUN SIZE
CANDY

HOTSALE!
MVP
12.49
EA
W/O MVP Card \$14.99 EA



MVP PRICED LOW EVERY DAY
3.99
EA
W/O MVP Card \$5.89 EA



10.5-11.5 Oz.
Select Varieties
FERRERO
FUN SIZE
CANDY