



Go shopping, get rewarded. Download the for U app.

Samuel Adams, Twisted Tea, Angry Orchard 12 Pack 12 oz. **\$3** DIGITAL REBATE via PayPal

SALE PRICE 17.99
-3.00
14.99
Limit 1

DIGITAL REBATE

+ deposit where applicable
Rebate must be downloaded to your For U account prior to purchase. Limit 1 Digital Download per household.

Shopped with care.

Order online.
Shopped just like you picked it.
Same-day Delivery or **FREE** Pickup.
Shop shaws.com



We welcome Supplemental Nutrition Assistance Program shaws.com/ebtonline Shop In-store or Online

DIGITAL COUPONS!

USDA CHOICE **SURF TURF**

Beef New York Strip Steak or Lamb Loin Chop bone-in, Value Pack **7.97** lb. Limit 2 ea.

Fresh Norwegian Prime Salmon Fillets **9.99** lb. Limit 2 ea.

SALE PRICE 9.99 lb. -2.02 lb.

Shaws Star NORWEGIAN Premium Atlantic SALMON PRIME

Russet Potatoes 5 lb. bag **1.97** Limit 2

Yellow Onions 3 lb. bag

Granny Smith, Gala or Sweet Tango Apples **1.47** lb. Limit 5 lbs.

Lucerne Bar, Shredded or Sliced Cheese 6-8 oz. select varieties **1.97** Limit 4

Lay's Potato Chips or Santitas 5-11 oz. Snyder's Pretzels or Planters Peanuts 13.5-16 oz., Goldfish 5.9-8 oz. Nabisco Snack Crackers 3.5-8.5 oz. select varieties **2.27** Limit 2 ea.

Red Baron or Freschetta Pizza 18.3-27.5 oz. select varieties **4.77** Limit 1 ea.

Charmin Bath Tissue 12 Mega XL, 18 Mega Rolls Bounty Paper Towels 8 Double Plus or 6 Triple **16.97** Limit 1 ea.

Peel'd BABY-CUT CARROTS **99¢** sold by the lb.

Baby Carrots 1 lb. sold by the ea.

EXTRA LARGE **6.99** lb.

Cooked Shrimp 26-30 ct. or Raw Shrimp 21-25 ct., each sold in a 2 lb. bag for \$13.98

4.99

Oscar Mayer Bacon 12-16 oz. Hatfield Bacon 12 oz. **LIMIT 2**

Coca-Cola 12 Pack 12 oz. cans 8 Pack 12 oz. btls. **buy 2 get 2 FREE** lowest priced item is free

Hood or Brigham's Ice Cream 32-48 oz. Hood Novelties 24-37.5 oz. select varieties **2/\$6**

Refresh Spring Water 24 Pack 16.9 oz. btls. Polar Seltzer'ade 8 Pack 12 oz. cans + deposit where applicable **2.99** **LIMIT 2 EA.**

Dunkin' Donuts Coffee 11-12 oz. Bag 10 ct. K-cups, select varieties **5.99**

Kellogg's or Quaker Cereal 9.6-16.1 oz. Quaker Hot Cereal 8.4-18 oz. select varieties **2/\$5**

Tropicana Orange Juice 46 oz. select varieties **2.99**

Signature Select English Muffins & White Bread 12-15 oz. select varieties **99¢**

Prices effective: OCTOBER 4, - THURSDAY, OCTOBER 10, 2024

Fri. 4	Sat. 5	Sun. 6	Mon. 7	Tue. 8	Wed. 9	Thur. 10
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HISPANIC HERITAGE MONTH SEP 15 - OCT 15

October is the month to... **GIVE HOPE. SAVE LIVES.** BREAST CANCER AWARENESS MONTH

Effective in: *464 North Windham, *467 Portland: Northgate, *469 Portland: Westgate, *471 S. Portland: Millcreek, *476 Rockland, *480 Auburn, *481 Waterville, *482 Augusta, *483 Bath, *487 Saco, *488 Bangor: Main St., *490 Ellsworth, *492 Falmouth, *493 Lewiston, *494 Sanford, *495 Freeport, *496 Wiscasset, *497 Brunswick, *498 Dover-Foxcroft

DELI

sliced fresh to order at your deli counter

DIETZ & WATSON

8⁹⁹
lb.

DIETZ & WATSON

5⁹⁹
lb.

Margherita

5⁹⁹
lb.

2/\$6

Hot & Ready to Go

3⁹⁹

BAKERY

baking fresh everyday

9⁹⁹
ea.

2/\$5

BAKED FRESH IN-STORE

6⁴⁹

FAB 5!

2⁹⁹

WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS

Single Item Price \$3.99

4⁹⁹

BAKED FRESH & HAND-DIPPED IN-STORE

3⁹⁹

DAIRY & FROZEN

Hood Sour Cream 24 oz. Hood or Lactaid Cottage Cheese 16 oz. select varieties

2/\$6

Planet Oat Oatmilk or Creamers 32-52 oz., select varieties

2/\$6

Rao's Brick Oven Crust Pizza 18.3-20.8 oz., select varieties

8⁹⁹

Boston Market Dinner 13-15 oz., select varieties

2/\$6

Almond Breeze Milk 96 oz.

4⁹⁹

Eggland's Best Cage Free White Eggs 18 ct.

4⁴⁹

Smucker's Uncrustables Sandwiches 8 oz.

2/\$7

Friendly's Sundae Cup 6 oz. select varieties

2/\$3

GROCERY FAVORITES

Tostitos 9-13 oz. Ruffles, Sun Chips or Frito Lay Simply Snacks 5-8.5 oz. select varieties

3⁹⁹

Pepsi 2 Liter 67.6 oz. + deposit where applicable

2/\$4

Blue Diamond Almonds 16 oz.

6⁹⁹

Mi Nina Tortilla Chips 12 oz.

3⁹⁹

Ocean Spray Juice 6 Pack 10 oz.

3⁹⁹

Mott's Applesauce Cups 23.4-24 oz., select varieties

2/\$5

Swanson Stock or Broth 32 oz., select varieties

2²⁹

Knorr Rice & Pasta Sides 5.4-5.7 oz., select varieties

4/\$5

BEER & WINE

20⁹⁹

17⁹⁹

14⁹⁹

\$5 DIGITAL REBATE
via PayPal

7⁹⁹

Limit 1 Each

Not all items available in all stores

FAB 5! mix match BUY 5 OR MORE

ITEMS MUST BE PURCHASED IN A SINGLE TRANSACTION.

• MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE •

<p>3.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>	<p>2.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$3.99</p>	<p>88¢ WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$10.50</p>	<p>10.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$12.99</p>
<p>3.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>	<p>2.49 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$3.49</p>	<p>2.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$3.49</p>	<p>4.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$6.49</p>
<p>3.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>	<p>1.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price 2.95</p>	<p>Look for tags throughout the store.</p>	
<p>5.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$7.99</p>	<p>13.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$15.99</p>	<p>2.49 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$2.99</p>	<p>4.49 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$4.99</p>
<p>3.49 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.49</p>	<p>99¢ WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$1.49</p>	<p>1.49 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$1.79</p>	<p>2.69 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$3.29</p>
<p>4.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$7.99</p>	<p>4.49 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.49</p>	<p>1.99 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$2.49</p>	<p>4.49 WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS Single Item Price \$5.00</p>

• MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE • MIX OR MATCH ANY 5 OR MORE •

BUY TWO, SAVE \$10*

*on participating items from Huggies®, Pull-ups®, Goodnites® and Depend® Offer valid 10/14-10/17/24

<p>buy 2 get 1 FREE</p>	<p>buy 2 get 1 FREE</p>
<p>79¢ Limit 1 Each</p>	<p>5.49</p>
<p>6.49</p>	<p>12.99 Limit 1 Each</p>

4x BONUS! POINTS

<p>10 for \$10</p>	<p>2/\$9</p>
<p>3/\$5</p>	<p>3/\$5</p>
<p>4.99</p>	<p>4.99</p>
<p>7.99</p>	<p>5.99</p>

*Restrictions and exclusions apply. See store for details. **Maximum 4 loads from Show's or Star Market per month (may be auto-billed, pre-authorized, or post-authorized). Standard map rates apply. Discount not required for purchase. Item STOP to unsubscribe & receive 1 confirmation and HELP for help @ 46369. Privacy Policy and Terms of Use at https://www.show.com/offer-program-details.html or https://www.star-market.com/offer-program-details.html. ***MAXIMUM GAS REWARD AT PARTICIPATING EXXON OR MOBIL STATIONS IS \$1 PER GALLON OF FUEL. THE MAXIMUM GAS REWARD AT ALL ALBERTSONS COMPANIES BANNER GAS STATIONS IS \$1 PER GALLON. Gas Reward savings are limited to 25 gallons for one vehicle per transaction—subject to rounding for Exxon or Mobil. Mobile system fuel transactions and/or transaction dollar limits on your payment card set by your financial institution. Grocery Rewards may be redeemed on an offered item only if your Rewards balance equals or exceeds Rewards required for that item. Other restrictions and exclusions apply. See full program details in the Albertsons Companies Banner stores' mobile apps.

BUY 1, GET 1 FREE

Valid thru 11/2/24

2x BONUS! POINTS Clip the coupon

American Greetings Cards & Gift Wrap items

Both items must be purchased in the same transaction. Free item max value: \$3.00

Fall head over deals

SAVE \$5* on your next shopping order when you buy \$25 in participating gift cards.

*TERMS APPLY. Effective 9/27/24 - 10/10/24.

Flavors of Italy

<p>69¢</p>
<p>6.49</p>
<p>17.99</p>
<p>2/\$5</p>
<p>3.99</p>
<p>2.79</p>
<p>1.79 lb.</p>
<p>2.99 ea.</p>
<p>4.99</p>
<p>2/\$5</p>

Fall Favorites



247 lb.
Previously Frozen



399
3 or 4 ct., select varieties



2/\$5
11 oz., select varieties



499
5.1 oz., select varieties



399
select varieties



2/\$12
or 6.99 ea.

MEAT & SEAFOOD quality you can taste



199 lb.



499 lb.

DIGITAL COUPON
Offers Valid 10/4-10/10/24
BUY TWO
Hillshire Farms Smoked Sausage 12-14 oz.
Get a **FREE** Reser's Signature Side Dishes 20-24 oz., select varieties
LIMIT 1 FREE SIDE



649
25-32 oz., frozen, select varieties



449
8-10 oz., frozen
State Fair Corn Dogs 13.35-16 oz., frozen



699
16 oz.
Hatfield Quarter Sliced Ham 24 oz.



799
18-32 oz., frozen



799
13-16 oz.



349 lb.



699
8 oz.



999
30 oz.



999 lb.
frozen at sea

PRODUCE Guaranteed fresh or your money back.



2/\$5
6-12 oz.
Signature Farms Mini Greenhouse Cucumbers 16 oz. or Grape Tomatoes pint



399
1 lb. pkg.



\$5
2 lb. pkg.



399
5 oz. or Rainbow Peppers 3 ct.



2/\$5
16 oz.



\$5
Cuties 2 lb. Mandarins 3 lb.

HEALTHY SNACKS & DRINKS ready to go



399
64 oz., Select Varieties



2/\$7
16 oz., select varieties



599
20-24 oz., select varieties



\$5
12 oz., roasted and salted
Signature Farms 10 oz., shelled

The Flower Market **Hydrangea Mania**



Antique Hydrangea **599**
Hydrangea Plants **STARTING AT 1299**
Mixed Bouquets **STARTING AT 1699**

BREAST CANCER AWARENESS MONTH



Strong Hope Bouquet
STARTING AT 1699
debi lilly Exclusive

Not all items available in all stores. Prices effective: FRIDAY, OCTOBER 4 - THURSDAY, OCTOBER 10, 2024. Unless otherwise noted, offers in this ad are in effect at 6:00 a.m., Friday thru Thursday midnight at your local Shaws stores. LIMIT ONE COUPON PER ITEM PER DAY PER HOUSEHOLD. Prices and savings vary among store locations. Not all items or varieties available in all store locations. Quantities limited to inventory on hand and subject to availability. Sales in retail quantities only and we reserve the right to limit quantities sold to per customer. While supplies last. Unless otherwise noted, transactional limits may apply. On Buy One, Get One Free (BOGO) offers, customer must purchase the first item to receive the second item free. BOGO offers are not 1/2 price sales. If only a single item is purchased, the regular price applies. Manufacturers' coupons may only be used on purchased items, not on free items. All rebate offers are subject to applicable manufacturer's additional terms. Customer pays for applicable taxes, bottle/can deposit and bag fees, if any, on purchased and free items. We reserve the right to modify or cancel offers and/or correct typographical, pictorial and other ad or pricing errors. Prices for products ordered online generally are higher than in our physical store locations and may vary by fulfillment method chosen. Online promotions, discounts and offers may differ from those in our physical store locations. All rainchecks must be redeemed within 30 days of issuance. Offers are void or restricted where prohibited or limited by law and have no cash value. No cash back will be given.

shaws BOOWARE! HALLOWEEN

CRUNCH **Reese's** **Butterfinger** **Hershey's** **KitKat** **Hershey's** **Almond Joy** **Reese's**

Hershey or Butterfinger & Co. Snack Size
9-11.6 oz. bag.
Select sizes and varieties while supplies last.
BUY 2 BAGS, GET 1 BAG FREE and a FREE PAIL

Candy Bars
12-18.5 oz.
Select varieties.

BUY 2 GET 2 FREE
of equal or lesser value

Ice Breaker Mints, Mars or Ferrara Gummies
1.27-7.2 oz.
Select varieties.
2\$5 for

Hershey's Assorted Halloween Candy
31.55-47.59 oz.
Select size and varieties while supplies last.
17⁹⁹

Glow Sticks
Select sizes and varieties while supplies last.
10\$10 FOR

Pumpkin Masters 4-in-1 Carving Tool
Select sizes and varieties while supplies last.
2\$3 for

Mattel Hot Wheels
1 ct.
Select varieties while supplies last.
3\$5 for

Signature Select Paper Plates or Napkins
Select varieties while supplies last.
4\$5 for

Halloween Squishmallows
8 in.
Select varieties while supplies last.
7⁹⁹

Energizer Batteries
8 ct. AAA or AA.
Select varieties.
9⁹⁹

— all treats, no tricks —

Earn 4X Rewards*

to use on groceries

*On participating P&G products. Participating P&G products vary by store. ©2024 P&G

<p>4x REWARD POINTS</p> <p>Native Deodorant, Shampoo, Conditioner or Body Wash Select varieties.</p> <p>BUY 2 SAVE \$3 </p>	<p>4x REWARD POINTS</p> <p>Oral B Glide Scope Floss Picks 75 ct. Select varieties.</p> <p>3⁹⁹</p>	<p>4x REWARD POINTS</p> <p>Crest Complete Toothpaste 2 pk-5.4 oz. Select varieties.</p> <p>7⁹⁹</p>
<p>4x REWARD POINTS</p> <p>Secret or Old Spice Deodorant Select sizes and varieties.</p> <p>6⁴⁹</p>	<p>4x REWARD POINTS</p> <p>Always Liners or Tampax Select sizes and varieties.</p> <p>7⁹⁹</p>	<p>4x REWARD POINTS</p> <p>Vicks Cough Cold Select sizes and varieties.</p> <p>12⁴⁹</p>
<p>4x REWARD POINTS</p> <p>Gillette or Venus Value Pack Razors 4 cartridges Select sizes and varieties.</p> <p>5⁰⁰ off </p>	<p>4x REWARD POINTS</p> <p>Head & Shoulders Shampoo or Conditioner Select sizes and varieties.</p> <p>5⁴⁹ </p>	<p>4x REWARD POINTS</p> <p>Pampers Super Diapers 34-112 ct. Select varieties.</p> <p>3⁰⁰ off </p>

DIGITAL OFFERS

<p>Air Wick Scented Oil & Spray Refills Select sizes and varieties.</p> <p>1⁰⁰ off </p>	<p>Huggies Little Snugglers, Little Movers, Pull-Ups or Goodnites Jumbo Diapers 9-32 ct. Select varieties.</p> <p>2⁰⁰ off </p>	<p>Febreze PLUG Scented Oil Refills 2-87 oz. Select varieties.</p> <p>5⁰⁰ off </p>	<p>Softsoap Refill Select sizes and varieties.</p> <p>4⁴⁹ </p>
<p>Dove Candy 6.74-7.61 oz. pouch. Select varieties.</p> <p>5⁹⁹ </p>	<p>KIND Bars 6 ct. Select varieties.</p> <p>6²⁹ </p>	<p>Mars Jumbo Halloween Candy 15.47-18.71 oz. Select varieties.</p> <p>5⁹⁹ </p>	<p>Mars Family Size Candy 15-27.5 oz. Select varieties.</p> <p>7⁴⁹ </p>
<p>Depend or Poise 12-66 ct. Select varieties.</p> <p>12⁹⁹ </p>			

NUTRITION

2X BONUS POINTS

BUY 1 GET 1 FREE
of equal or lesser value

Nature Made Vitamins
Select sizes and varieties.

Power Crunch Bars
1.4 oz.
Select varieties.

2\$3
for

Pure Protein Bars
4-1.76 oz. bars.
Select varieties.

6⁴⁹

Boost Nutrition Shakes
6 pk - 8 oz. shakes
Select varieties.

9⁴⁹

Muscle Milk Pro Series Shakes
4-11 oz. shakes.
Select varieties.

10⁹⁹

Clif Bars
10-2.4 oz. bars.
Select varieties.

12⁹⁹

BUY TWO, SAVE \$10*

HUGGIES little movers
Poise
Depend

*on participating items from Huggies®, Pull-ups®, Goodnites®, Poise®, and Depend®
(Offer valid 10/4-10/17/24)

© KCWW © Disney

PERSONAL CARE

mix match

Dr. Squatch Deodorant, Bar Soap or Body Wash
Select varieties.

BUY 3 SAVE \$3

Softsoap Liquid Hand Soap
7.5 oz.
Select varieties.

4\$5
for

Huggies Baby Wipes
168-192 ct.
Select varieties.

7⁴⁹

Colgate Oral Care
Select sizes and varieties.

4⁹⁹
WHEN YOU BUY 5 OR MORE PARTICIPATING ITEMS
Single Item Price \$7.99

Garnier Micellar Water
13.5 oz.
Select varieties.

9⁹⁹

Claritin Allergy Relief
30 ct.
Select varieties.

22⁹⁹

HOUSEWARES

2X BONUS REWARD POINTS

goodcook Metal Bakeware or Kitchen Gadgets
Select varieties.

BUY 1 GET 1 FREE
of equal or lesser value

Anchor Hocking Glass Bakeware
Select varieties.

BUY 1 GET 1 FREE
of equal or lesser value

Handi-Foil or Rubbermaid Food Containers
Select varieties.

BUY 2 GET 1 FREE
of equal or lesser value

Betty Crocker Cake Décor
Select varieties.

BUY 2 GET 1 FREE
of equal or lesser value

Febreze Air Mist
2-8.8 oz. Value Pack
Select varieties.

6⁹⁹

Sterno Buffet Rack
Select varieties.

12⁹⁹

\$25 OFF groceries when you sign up.

Sincerely Health
shaws.com/health.html

BUY 1, GET 1 FREE

Valid thru 11/2/24









for U Clip the coupon **2X BONUS REWARD POINTS**

American Greetings Cards & Gift Wrap items
Both items must be purchased in the same transaction. Free item max value: \$5.00

Get more out of shopping at Shaw's.

Get even more with FreshPass®!*



		FREE	MONTHLY OR ANNUAL SUBSCRIPTION
	How to join		
	Use Points for discounts on gas and grocery	✓	✓
	Clip deals to save more	✓	✓
	5% off O Organics® and Open Nature®		✓
	\$5 monthly credit for annual subscribers		✓
	Unlimited free Delivery		✓
	Extra savings on our exclusive brands		✓
	Points don't expire		✓

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