# FOOD LION

October 2 - October 8, 2024

Offers valid while supplies last.

MVP Here to make *saving* easier

HOT SALE! MVP

4.99 LB

U.S.D.A. CHOICE

Boneless
**BEEF CHUCK ROAST**
W/O MVP Card $6.99 LB

YOU SAVE $2.00 LB

5 Lb. Bag
**FOOD LION GOLD POTATOES**

3 Lb. Bag
**FOOD LION YELLOW ONIONS**

HOT SALE! MVP 2/$5 W/O MVP Card Regular Retail

HOT SALE! MVP 25% OFF W/O MVP Card Regular Retail

All Natural - All Varieties
**NATURE'S PROMISE MEAT & SEAFOOD**

HOT SALE! MVP 1.99 LB W/O MVP Card $2.79 LB

**BONELESS PORK LOIN ROAST**

HOT SALE! MVP 2.99 LB W/O MVP Card $4.89 LB

Boneless, Center Cut
**PORK CHOPS**

YOU SAVE $2.00 EA

HOT SALE! MVP 3.99 EA

Jack-O-Lantern
**PUMPKINS**
W/O MVP Card $5.99 EA

## Happy Seafood Month

HOT SALE! MVP 5.99 LB W/O MVP Card $7.99 EA

3 Oz.
**COLD WATER LOBSTER TAIL**

41-50 Ct. - 16 Oz. Bag
Frozen
**FOOD LION RAW OR COOKED SHRIMP**

HOT SALE! MVP BOGO FREE W/O MVP Card Regular Retail Single Item Half Price

HOT SALE! MVP 2/$4 W/O MVP Card $3.29 EA

1 Lb. Container
**STRAWBERRIES**

HOT SALE! MVP 7.99 LB W/O MVP Card $9.99 LB

Taste of Inspirations

Freshly Sliced
**TASTE OF INSPIRATIONS TURKEY BREAST**
IN THE DELI

HOT SALE! MVP 4.49 EA W/O MVP Card Regular Retail

Hormel

12-16 Oz. Pkg.
Select Varieties
**HORMEL BACON**

6 Pack
16-16.9 Oz. Bottles
Select Varieties
**PEPSI PRODUCTS**

HOT SALE! MVP Limit 6 4/$12 W/O MVP Card Regular Retail

15-20 Oz.
Select Varieties
**D'ITALIANO BREAD OR THOMAS' BAGELS**

HOT SALE! MVP BOGO FREE W/O MVP Card Regular Retail Single Item Half Price

4.75-8 Oz.
Select Varieties
**LAY'S POTATO CHIPS OR KETTLE COOKED CHIPS**
LIMIT 4 FREE

HOT SALE! MVP BOGO FREE W/O MVP Card Regular Retail Single Item Half Price

30 Pack
12 Oz. Cans
Select Varieties
**BUD, MILLER OR COORS**

HOT SALE! MVP 25.99 EA

4.10-5.7 Oz.
Select Varieties
**KNORR PASTA OR RICE SIDES**

MVP PRICED LOW EVERY DAY 4/$5 W/O MVP Card $1.99 EA

52 Oz.
Select Varieties
**SIMPLY ORANGE JUICE**

HOT SALE! MVP 3.69 EA W/O MVP Card $4.89 EA

6-8 Oz. - Select Varieties
**KRAFT CHUNK OR SHREDDED CHEESE**

HOT SALE! MVP 2/$5 W/O MVP Card $3.58 EA

49.5 Oz. Bold or 100.5-105 Oz. Regular
Select Varieties
**ARM & HAMMER**

HOT SALE! MVP 6.99 EA W/O MVP Card Regular Retail

## MVP DIGITAL COUPONS

load on app • web • in-store kiosk

HOT SALE! 6.99 EA W/O MVP Card Regular Retail
MVP Coupon -20¢ EXP.
6.79 EA MVP W/ MVP DISCOUNT SAVINGS

10 Ct. K-Cups
or 10-12 Oz. Bag
Select Varieties
**DUNKIN' COFFEE**

HOT SALE! 4.99 EA W/O MVP Card $5.99 EA
MVP Coupon -1.00 EXP.
3.99 EA MVP W/ MVP DISCOUNT SAVINGS

20 Oz.
Select Varieties
**HELLMANN'S SQUEEZE MAYONNAISE**

HOT SALE! 2/$7 W/O MVP Card $3.99 EA
MVP Coupon -1.00 EXP.
2/$6 MVP W/ MVP DISCOUNT SAVINGS

46 Oz.
Select Varieties
**TURKEY HILL ICE CREAM**

HOT SALE! 14.99 EA W/O MVP Card Regular Retail
MVP Coupon -1.00 EXP.
13.89 EA MVP W/ MVP DISCOUNT SAVINGS

8 Super Mega or 12 Mega Rolls
**CHARMIN**
6 Double Plus Rolls
**BOUNTY**
Select Varieties

MVP PRICED LOW EVERY DAY ON ITEMS YOU BUY MOST OFTEN & MVP HOT SALE! OUR BEST WEEKLY MVP DEALS

Here with personalized
rewards.
Activate Your Offers
FOOD LION
MVP
SHOP&EARN
MONTHLY REWARDS

# Always guaranteed *100% fresh* or *double* your money back

See foodlion.com for details

HOTSALE! MVP **7.99** LB
SNOW CRAB CLUSTERS
W/O MVP Card Regular Retail

HOTSALE! MVP **8.99** LB W/O MVP Card Regular Retail
BONELESS BEEF SIRLOIN OR SIRLOIN STRIP STEAK
USDA CHOICE

HOTSALE! MVP **6.99** LB W/O MVP Card Regular Retail
Beef
CUBED STEAK
USDA CHOICE

HOTSALE! MVP BOGO FREE W/O MVP Card Regular Retail Single Item Half Price
22 Oz. Pkg. - All Varieties
HATFIELD SEASONED PORK LOIN FILET

HOTSALE! MVP **5.99** EA W/O MVP Card Regular Retail
20-24 Oz. Pkg.
Select Varieties
PERDUE FRESH CUTS CHICKEN BREAST CUTLETS OR DICED

HOTSALE! MVP **1.39** LB W/O MVP Card Regular Retail
Small Pack
FOOD LION CHICKEN DRUMSTICKS

Select Varieties
SWIFT DRY RUB ST. LOUIS STYLE PORK RIBS
HOTSALE! MVP **4.99** LB W/O MVP Card Regular Retail

# Savings go great with Tacos!

National Taco Day is Friday, Oct. 4th

HOTSALE! MVP **4/$5** W/O MVP Card Regular Retail
9 Oz. Pkg.
Select Varieties
CACIQUE CHORIZO

HOTSALE! MVP **3.99** EA W/O MVP Card Regular Retail
16 Oz. Pkg.
FOOD LION 85% LEAN GROUND TURKEY

HOTSALE! MVP **5.99** LB W/O MVP Card Regular Retail
Ground Fresh Daily
93% LEAN FRESH GROUND BEEF

12-16 Oz. Pkg. - Select Varieties
JIMMY DEAN BREAKFAST SAUSAGE OR BACON
HOTSALE! MVP **3.99** EA W/O MVP Card Regular Retail

24 Oz. Pkg. - Select Varieties
LUMBER JACK SMOKED SAUSAGE
HOTSALE! MVP **3.99** EA W/O MVP Card Regular Retail

7-9 Oz. Pkg. - Select Varieties
HILLSHIRE FARM THIN SLICED LUNCHMEAT
HOTSALE! MVP **3.99** EA W/O MVP Card Regular Retail

8-12 Oz. Pkg. - Select Varieties
OSCAR MAYER LUNCHABLES FUN PACK
HOTSALE! MVP **2/$5** W/O MVP Card Regular Retail

16-24 Oz. - Select Varieties
FOOD LION SIDE DISHES
HOTSALE! MVP **2.99** EA W/O MVP Card Regular Retail

## SUSTAINABLE SEAFOOD

HOTSALE! MVP **6.99** EA W/O MVP Card Regular Retail
10 Oz.
SALMON FILLETS OR WILD CAUGHT TUNA STEAKS

HOTSALE! MVP **5.99** EA W/O MVP Card Regular Retail
12 Oz.
DOCKSIDE CLASSICS

HOTSALE! MVP **4.49** EA W/O MVP Card Regular Retail
12 Oz. Bag - Frozen
Select Varieties
FOOD LION TILAPIA FILLETS

HOTSALE! MVP **8.99** EA W/O MVP Card Regular Retail
32 Oz. Bag
Frozen
FOOD LION WHITING

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 32 33 34 35 36 37 38 39 40

"Offering Hispanic food across our stores ensures that my family and I feel included and valued; like we belong."

- Marcella O., Part-Time Customer Service Lead

READ HER STORY

I Belong at FOOD LION

Honoring NATIONAL HISPANIC HERITAGE MONTH

# DELIcious BOGOs of the week!

HOTSALE! BOGO FREE
W/O MVP Card $8.49 EA
Single Item Half Price
12 Ct. FRUIT BITES

HOTSALE! BOGO FREE
W/O MVP Card $3.99 EA
Single Item Half Price
4 Ct. CINNAMON ROLL DONUTS

HOTSALE! BOGO FREE
W/O MVP Card $4.99 EA
Single Item Half Price
14 Oz. OLD FASHIONED CHEESE SPREAD

## Save on easy meal and snacking solutions

Available in our Deli & Bakery

PRICES LOW EVERY DAY $5 EA
20 Ct. Made Hot In-Store CHICKEN NUGGETS NEW ITEM

HOTSALE! 3.99 EA
W/O MVP Card $4.99 EA
12 Oz. PANERA MAC & CHEESE

HOTSALE! 2.99 EA
W/O MVP Card $5.49 EA
10 Oz. NATURE'S PROMISE FRENCH BAGUETTE

HOTSALE! 3.99 LB
W/O MVP Card $4.99 LB
Freshly Sliced FOOD LION GERMAN BOLOGNA

HOTSALE! 3.49 EA
W/O MVP Card $3.99 EA
4 Oz. FIORUCCI PRE-SLICED MEATS

HOTSALE! 2.99 EA
W/O MVP Card $3.99 EA
16 Oz. Select Varieties JACK'S SPECIAL GARDEN FRESH SALSA

HOTSALE! 11.99 EA
W/O MVP Card $14.49 EA
38-40 Oz. Select Varieties RANA MEAL KITS

HOTSALE! 4.99 EA
W/O MVP Card $5.49 EA
14-16 Oz. Select Varieties FOOD LION SLICED LOAF CAKES

## Our BRANDS

FOOD LION · COMPANION · Inspirations · CARE ONE

**DOUBLE MONEY BACK GUARANTEE** See foodlion.com for details

## Bring the *fiesta* to your plate for *less!*

In-Store Made TORTILLA CHIPS IN THE DELI
HOTSALE! 3.49 EA
W/O MVP Card $3.99 EA

8 Oz. FOOD LION PICO DE GALLO IN PRODUCE
HOTSALE! 3.19 EA
W/O MVP Card $3.49 EA

16-17 Oz. Select Varieties FOOD LION FLOUR TORTILLAS
HOTSALE! 2/$4
W/O MVP Card $2.49 EA
Assor Varieties Not Available

16 Oz. Select Varieties FOOD LION SHREDDED CHEESE
PRICES LOW EVERY DAY 4.29 EA

HOTSALE! 2/$3
W/O MVP Card $1.69 EA
4 Oz. FOOD LION DICED GREEN CHILES

10 Oz. FOOD LION ENCHILADA SAUCE
HOTSALE! 1.79 EA
W/O MVP Card $2.19 EA

MVP PRICES LOW EVERY DAY 5.99 EA
Made Hot In-Store TRADITIONAL ROTISSERIE CHICKEN IN THE DELI
W/O MVP Card $6.99 EA
Serving suggestion: Cheesy Chicken Enchiladas

## Here with a new month of personalized *rewards*

MVP **SHOP&EARN MONTHLY REWARDS**

**Activate your October offers** on foodlion.com or the Food Lion app to earn digital rewards and save even more!

3 ZNCO ZDPH ZGSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMGA ZMNA ZMNK ZMNS ZNCA ZNCO ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGU ZNHP ZNKB ZNKF ZNKL ZNKQ ZNTT ZNWA ZNWI ZNWL ZNWN ZNWN ZNWY ZPNL ZPNN ZPNR ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSGA ZSIV ZTCA ZTCH ZTNN ZTNA ZTNI ZTTR ZVBL ZVCH ZVGC ZVHA ZVNK ZVNC ZVNE ZVNG ZVNI ZVNN ZVNO ZVTI ZVYR ZVWH ZVWN ZVWR ZWBS ZWCT ZWHA ZWKL ZWLA ZWCL ZWNM ZWNS 100029

# Be the MVP of your snack game

PRICED LOW EVERY DAY
8.99 EA
40 Oz.
FOOD LION CHOCOLATE CHIP COOKIES
IN THE BAKERY

17.6 Oz., Select Varieties
FUNABLES FRUIT SNACKS
HOT SALE!
4.49 EA
W/O MVP Card $5.49 EA

21 Oz., Select Varieties
BOMB POP
HOT SALE!
3.49 EA
W/O MVP Card $4.29 EA

MVP PRICED LOW EVERY DAY
7.99 EA
W/O MVP Card $9.79 EA
12 Pack, Select Varieties
MOTT'S APPLESAUCE POUCH

Make 5 meals
with one list
under
$50
Get List & Recipes

## Helping you save more on family meal *traditions*

Serving suggestion: homemade arepas

10 Oz. Select Varieties
**CACIQUE CHEESE**
IN THE DELI

HOTSALE! MVP 4.49 EA
W/O MVP Card $5.49 EA.

16 Oz. Pkg.
**NATURE'S PROMISE 86% LEAN GROUND BEEF**

HOTSALE! MVP 25% OFF
W/O MVP Card Regular Retail

4 Lb.
**MASECA CORN FLOUR**

HOTSALE! MVP 3.99 EA
W/O MVP Card Regular Retail

19.7-19.8 Oz. Select Varieties
**LA COSTEÑA WHOLE BLACK BEANS**

HOTSALE! MVP 2/$4
W/O MVP Card $2.49 EA.

26 Oz.
**LA COSTEÑA GREEN PICKLED WHOLE JALAPEÑO PEPPERS**

HOTSALE! MVP 2.39 EA
W/O MVP Card $2.59 EA.

Bunch
**CILANTRO**

HOTSALE! MVP 1.69 EA
W/O MVP Card $1.99 EA.

## BEVERAGE CENTER

2 Liter Select Varieties
**7-UP OR A&W PRODUCTS**

HOTSALE! MVP 2/$3
W/O MVP Card Regular Retail

4 Pack - 16 Oz. Cans Select Varieties
**MONSTER**

HOTSALE! MVP 5.99 EA
W/O MVP Card $6.49 EA.

12 Pack - 12 Oz. Cans Select Varieties
**COKE PRODUCTS**
LIMIT 4 FREE

HOTSALE! MVP BOGO FREE
W/O MVP Card Regular Retail
Single Item Half Price

8 Pack 20 Oz. Bottles Select Varieties
**POWERADE**

HOTSALE! MVP 5.99 EA
W/O MVP Card $7.39 EA.

16 Oz. Select Varieties
**GHOST**

HOTSALE! MVP 2/$4
W/O MVP Card $2.79 EA.

64 Oz. Select Varieties
**JUICY JUICE**

HOTSALE! MVP 2/$5
W/O MVP Card $4.38 EA.

12 Pack - 12 Oz. Cans Select Varieties
**PEPSI PRODUCTS**

HOTSALE! MVP 6.99 EA
W/O MVP Card Regular Retail

## WINE DOWN WITH A GLASS

750 mL Select Varieties
**MENAGE À TROIS OR CASTELLO DEL POGGIO WINE**

HOTSALE! 8.99 EA

750 mL Select Varieties
**JOSEF WEINBERG OR RANCHO LA GLORIA WINE**

HOTSALE! 9.99 EA

5 Liter Select Varieties
**FRANZIA WINE**

HOTSALE! 19.99 EA

12 Pack - 12 Oz. Cans
**WHITE CLAW HARD SELTZER, SIMPLY SPIKED OR BUD LIGHT SELTZER**
12 Pack
11.2-12 Oz. Bottles or Cans
**MIKE'S HARD LEMONADE**
Select Varieties

HOTSALE! 16.99 EA

12 Pack 11.2-12 Oz. Bottles or Cans Select Varieties
**MODELO, PACIFICO OR STELLA ARTOIS**

HOTSALE! 16.99 EA

24 Pack - 12 Oz. Cans Select Varieties
**NATURAL LIGHT**

HOTSALE! 19.99 EA

24 Pack 12 Oz. Bottles or Cans Select Varieties
**MICHELOB ULTRA**

HOTSALE! 26.99 EA

6 Pack - 10-11 Oz. Bottles Select Varieties
**SMIRNOFF, CAYMAN JACK OR JACK DANIEL'S**

HOTSALE! 8.99 EA

Beer and Wine may not be available in all locations. Check your store for availability.

SAVE $1.50

SAVE $3.00

# ZERO SUGAR MORNING SWEETNESS

CLIP COUPON

# END THE AHEMMS

Ricola is here to end everyday throat irritation.

Shop Now

Ricola | IT'S IN OUR NATURE

# BUY 5 OR MORE

MVP

## SAVE $1 ON EACH ITEM

Mix & match on participating items!

5-12 Oz. Pkg. Select Varieties
**NATHAN'S FAMOUS FRANKS**
W/O MVP Card Regular Retail
HOT SALE! 4.99 LB
MIX & MATCH 5 OR MORE −1.00
3.99 EA MVP
WHEN YOU BUY 5 OR MORE

14-16 Oz. Select Varieties
**ARNOLD POTATO ROLLS OR HOT DOG BUNS**
W/O MVP Card $3.99 EA
HOT SALE! 3.19 EA
MIX & MATCH 5 OR MORE −1.00
2.19 EA MVP
WHEN YOU BUY 5 OR MORE

38 Oz. Select Varieties
**HEINZ TOMATO KETCHUP**
W/O MVP Card $5.49 EA
PRICED LOW EVERY DAY 4.49
MIX & MATCH 5 OR MORE −1.00
3.49 EA MVP
WHEN YOU BUY 5 OR MORE

21.7-22 Oz. Select Varieties
**BUSH'S BEST GRILLIN' BEANS**
W/O MVP Card $3.79 EA
PRICED LOW EVERY DAY 2.59
MIX & MATCH 5 OR MORE −1.00
1.59 EA MVP
WHEN YOU BUY 5 OR MORE

20 Oz. Select Varieties
**HIDDEN VALLEY DRESSING**
W/O MVP Card $6.29 EA
HOT SALE! 4.49 EA
MIX & MATCH 5 OR MORE −1.00
3.49 EA MVP
WHEN YOU BUY 5 OR MORE

12.16 Lb.
**KINGSFORD ORIGINAL OR MATCH LIGHT BRIQUETS**
W/O MVP Card $13.49 EA
PRICED LOW EVERY DAY 10.99
MIX & MATCH 5 OR MORE −1.00
9.99 EA MVP
WHEN YOU BUY 5 OR MORE

# DAIRY

GET YOUR DAILY DOSE OF GOODNESS

46 Oz. - Select Varieties
**TROPICANA PREMIUM ADES OR PUNCHES**
HOT SALE! MVP 2/$4
W/O MVP Card $2.69 EA

HOT SALE! MVP 4.99 EA
W/O MVP Card $6.29 EA

16 Oz. Select Varieties
**CHALLENGE OR DANISH CREAMERY BUTTER QUARTERS**

24 Oz. - Select Varieties
**CHOBANI COFFEE CREAMER**
HOT SALE! MVP 3.99 EA
W/O MVP Card $4.99 EA

HOT SALE! MVP 3.99 EA
W/O MVP Card $5.29 EA

10.7-12 Oz. Select Varieties
**KRAFT SINGLES**

16-32 Oz. Select Varieties
**GALBANI MOZZARELLA OR RICOTTA CHEESE**
HOT SALE! MVP 4.49 EA
W/O MVP Card Regular Retail

HOT SALE! MVP 2/$6
W/O MVP Card $3.99 EA

8-13.9 Oz. Select Varieties
**PILLSBURY CRESCENTS OR CINNAMON ROLLS**

**MVP DIGITAL COUPON**
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5.3 Oz. Select Varieties
**OIKOS PRO YOGURT CUPS**
HOT SALE! 3/$5
W/O MVP Card $1.99 EA
MVP Coupon −1.00 OFF 1
3/$4
MVP 10% DISCOUNT SAVINGS (MIN 3)

# FROZEN

BUDGET-FRIENDLY TIMESAVERS

5.34-11.6 Oz. Select Varieties
**RED BARON DEEP DISH SINGLES**
HOT SALE! MVP 2/$7
W/O MVP Card $4.79 EA

10-14.4 Oz. Select Varieties
**BIRDS EYE STEAMFRESH VEGETABLES**
MVP PRICED LOW EVERY DAY 2/$5
W/O MVP Card $2.99 EA

28-40 Oz. Select Varieties
**STOUFFER'S FAMILY SIZE DINNERS**
HOT SALE! MVP 7.99 EA
W/O MVP Card $12.19 EA

HOT SALE! MVP 6.99 EA
W/O MVP Card Regular Retail

20-22 Oz. Select Varieties
**P.F. CHANG'S MEALS OR BERTOLLI BAGS**

**MVP DIGITAL COUPONS** load on app • web • in-store kiosk

18.4-20 Oz. Select Varieties
**TOMBSTONE OR TAVERN STYLE PIZZA**
HOT SALE! 4.49 EA
W/O MVP Card Regular Retail
MVP Coupon −1.00 OFF 1
3.49 EA
MVP 10% DISCOUNT SAVINGS (MIN 1)

15.77-23.45 Oz. Select Varieties
**RED BARON 12" PIZZA**
HOT SALE! 2/$9
W/O MVP Card $5.49 EA
MVP Coupon −2.00 OFF 2
2/$7
MVP 10% DISCOUNT SAVINGS (MIN 1)

14 Oz. Select Varieties
**HAAGEN-DAZS ICE CREAM**
PRICED LOW EVERY DAY 3.99
W/O MVP Card $4.99 EA
MVP Coupon −1.00 OFF 1
2.99 EA
MVP 10% DISCOUNT SAVINGS (MIN 1)

# BREAKFAST

5.2 Oz. Select Varieties
**FAIRLIFE MILK**
HOT SALE! MVP 4.49 EA
W/O MVP Card $4.99 EA

21.8-85 Oz. Select Varieties
**NATURE VALLEY PROTEIN OR BREAKFAST BARS**
HOT SALE! MVP 3.99 EA
W/O MVP Card Regular Retail

1.69-2.4 Oz. Select Varieties
**CLIF BAR**
HOT SALE! MVP 2/$3
W/O MVP Card $1.79 EA

**MVP DIGITAL COUPON**
load on app • web • in-store kiosk

27.5-28 Oz. Select Varieties
**POST PEBBLES OR HONEY BUNCHES OF OATS CEREAL**
HOT SALE! 4.99 EA
W/O MVP Card Regular Retail
MVP Coupon −1.00 OFF 1
3.99 EA
MVP 10% DISCOUNT SAVINGS (MIN 1)

20-21 Oz. Bag Select Varieties
**EIGHT O'CLOCK COFFEE**
HOT SALE! MVP 9.99 EA
W/O MVP Card $16.99 EA

9.3-11 Oz.
**GENERAL MILLS MONSTER CEREALS**
WHILE SUPPLIES LAST!
3.99 EA

HOT SALE! MVP 5.99 EA
W/O MVP Card $9.49 EA

12 Ct. Single Serve Cups Select Varieties
**KAUAI COFFEE**

23.1-28.4 Oz. Can Select Varieties
**MAXWELL HOUSE COFFEE**
HOT SALE! MVP 8.99 EA
W/O MVP Card $11.99 EA

OCTOBER 6TH

# CELEBRATE NATIONAL NOODLE DAY

NISSIN®

CELEBRATE DELICIOUSLY ALL MONTH LONG.

Load Coupon

# HEALTH & BEAUTY

SAVINGS TO FEEL GOOD ABOUT

HOT SALE! MVP 11.99 EA
1 Ct. - Select Varieties
SCHWARZKOPF KERATIN HAIR COLOR
W/O MVP Card $12.99 EA

12 Oz. Select Varieties
CERAVE MOISTURIZING LOTION OR FACIAL CLEANSER
HOT SALE! MVP 13.69 EA
W/O MVP Card $15.99 EA

25-30 Ct. Select Varieties
CARBONE COUGH DROPS
PRICED LOW EVERY DAY
1.28 EA



.51 Oz. Select Varieties
NATURE'S TRUTH ESSENTIAL OIL
HOT SALE! MVP 4.99 EA
W/O MVP Card $6.49 EA

24 Ct. Select Varieties
ALEVE
HOT SALE! MVP 4.99 EA
W/O MVP Card $5.99 EA



5.2 Oz.
SUAVE TWIN PACK DEODORANT
HOT SALE! MVP 3.99 EA
W/O MVP Card $4.79 EA

## BABY

3.5-4.2 Oz. Pouch Select Varieties
EARTH'S BEST ORGANIC YOGURT SMOOTHIE OR FRUIT
HOT SALE! MVP 2/$3
W/O MVP Card $3.99 EA

3.5 Oz. Select Varieties
PLUM ORGANICS POUCHES
HOT SALE! MVP 1.39 EA
W/O MVP Card $1.59 EA

56-74 Ct. Select Varieties
HUGGIES PULL-UPS DIAPERS
HOT SALE! MVP 27.99 EA
W/O MVP Card $31.99 EA

## MVP DIGITAL COUPONS

load on app • web • in-store kiosk

HOT SALE! 6.79 EA
W/O MVP Card $7.79 EA
MVP Coupon -1.00 OFF
5.79 EA
158-192 Ct. Select Varieties
HUGGIES BABY WIPES REFILL
MVP 1K TOTAL DISCOUNT SAVINGS (LIMIT 1)

HOT SALE! 2.99 EA
W/O MVP Card Regular Retail
MVP Coupon -2.00 OFF
99¢ EA
12.2-14.7 Oz. Ez-Squeeze
DAWN
24.3 Oz. Ez-Squeeze
GAIN
Select Varieties
MVP 1K TOTAL DISCOUNT SAVINGS (LIMIT 1)

HOT SALE! 5.49 EA
W/O MVP Card $7.99
MVP Coupon -1.00 OFF
4.49 EA
11-18 Ct. Select Varieties
CASCADE
MVP 1K TOTAL DISCOUNT SAVINGS (LIMIT 1)

HOT SALE! 5.39 EA
W/O MVP Card $7.89 EA
MVP Coupon -50¢ OFF
4.89 EA
3 Pk. Flats or 4 Pk. Cubes Select Varieties
PUFFS FACIAL TISSUE
MVP 1K TOTAL DISCOUNT SAVINGS (LIMIT 1)

# HOUSE & HOME

CLEAN UP ON LOW PRICES

HOT SALE! MVP 5.99 EA
12.5 Oz. Spray or 80 Ct. Wipes Select Varieties
LYSOL
W/O MVP Card Regular Retail

12 Mega Rolls Select Varieties
COTTONELLE
HOT SALE! MVP 12.99 EA
W/O MVP Card Regular Retail



HOT SALE! MVP 7.99 EA
W/O MVP Card $8.49 EA
40-48 Oz. Select Varieties
OXICLEAN

1.34 Oz. Oil Refills or 6.2 Oz. Spray Refill Select Varieties
GLADE
HOT SALE! MVP 5.79 EA
W/O MVP Card Regular Retail



105 Oz. Select Varieties
SUAVITEL FABRIC CONDITIONER
HOT SALE! MVP 8.49 EA
W/O MVP Card $9.69 EA

18 Oz. Scent Booster or 80-100 Ct. Dryer Sheets Select Varieties
ARM & HAMMER
HOT SALE! MVP 2/$6
W/O MVP Card Regular Retail

9 Mega Rolls
QUILTED NORTHERN
6 Double Rolls
BRAWNY
Select Varieties
HOT SALE! MVP 10.49 EA
W/O MVP Card Regular Retail

2 Rolls Select Varieties
NATURE'S PROMISE PAPER TOWELS
HOT SALE! MVP 3.49 EA
W/O MVP Card $3.99 EA

81 Oz. Select Varieties
NATURE'S PROMISE BLEACH
HOT SALE! MVP 3.39 EA
W/O MVP Card $3.78 EA

25 Oz. Select Varieties
NATURE'S PROMISE MULTI SURFACE CLEANER
HOT SALE! MVP 2/$5
W/O MVP Card $3.19 EA

24 Oz. Select Varieties
NATURE'S PROMISE LIQUID DISHWASHING SOAP
HOT SALE! MVP 2.99 EA
W/O MVP Card $3.49 EA

## PET

11 Oz. Select Varieties
FANCY FEAST APPETIZERS
HOT SALE! MVP 4/$5
W/O MVP Card $5.39 EA

12-15 Lb. Jug Select Varieties
CAT'S PRIDE UNSCENTED CLUMPING LITTER
HOT SALE! MVP 9.99 EA
W/O MVP Card $11.29 EA

5.6 Oz. Select Varieties
PUP-PERONI DOG TREATS
HOT SALE! MVP 3.29 EA
W/O MVP Card $3.99 EA

HOT SALE! MVP 19.99 EA
W/O MVP Card $20.99 EA
158.4 Oz. - 12 Pk. Select Varieties
PEDIGREE WET DOG FOOD

Apples to get excited about
CLIP COUPON
2 LB
SweeTango
APPLES
FREE THE CRUNCH FREE

Start a new day with Victor Allen's!
SHOP NOW
Twix
ICED COFFEE
By Victor Allen's
SNICKERS
ICED COFFEE
By Victor Allen's
Cinnamon Toast Crunch
ICED COFFEE
Breyers
COOKIES & CREAM
ICED COFFEE
MAGNUM
DOUBLE CARAMEL
ICED COFFEE
MADE WITH VICTOR ALLEN'S

# You can count on us to keep *prices low* on fresh produce

Get what's best in season and your everyday fresh essentials, along with our 100% fresh guarantee or double your money back!

HOT SALE! MVP 79¢ EA
W/O MVP Card Regular Retail
Large **LEMONS**

HOT SALE! MVP 1.99 EA
W/O MVP Card Regular Retail
Whole **GOLDEN PINEAPPLE**

PRICED LOW EVERY DAY ✓
1.79 LB
Bulk **HONEYCRISP APPLES**

**HASS AVOCADOS OR MANGOS**

HOT SALE! MVP 79¢ EA
W/O MVP Card Regular Retail

HOT SALE! MVP 2/$5
W/O MVP Card Regular Retail
10.5 - 12 Oz. **ANGEL SWEET OR WILD WONDERS TOMATOES**

Bulk
**RED ONIONS**

HOT SALE! MVP 1.19 LB
W/O MVP Card Regular Retail

Bulk or Tote Bag
**JALAPEÑO PEPPERS**

HOT SALE! MVP 1.29 LB
W/O MVP Card Regular Retail

Gallon
Shelf Stable
**BIG RED TRUCK FRESH APPLE CIDER**

HOT SALE! MVP 5.49 EA
W/O MVP Card Regular Retail

**APPLE CRISP BOUQUET**
White Supplies Last
10.99 EA

HOT SALE! MVP 99¢ LB
W/O MVP Card Regular Retail
Spaghetti, Acorn, Buttercup or Butternut **HARD SQUASH**

## ORGANIC

3 Ct. Bag
**NATURE'S PROMISE ORGANIC AVOCADOS**

HOT SALE! MVP 2.99 EA
W/O MVP Card Regular Retail
USDA ORGANIC

16 Oz.
**NATURE'S PROMISE ORGANIC TOMATOES ON THE VINE**

HOT SALE! MVP 1.89 LB
W/O MVP Card Regular Retail
USDA ORGANIC

*100% fresh* or *double* your money back

See foodlion.com for details

Text CountOnUs to MVPMVP (687687) to sign up for the MVP Weekly Specials Email. (Message and data rates may apply.)
Find us online: foodlion.com

Prices and promotions in this ad are based on the use of a Food Lion MVP card, regular prices apply without card.
We reserve the right to limit quantities and correct typographical errors.
Prices and availability may vary by store.
Rain checks unavailable on alcohol and tobacco products.

ALL STORES ACCEPT: VISA MasterCard ATM CARDS

Prices in this ad good at stores conveniently located in these cities:
**Albany, Alma, Americus, Blakely, Garden City, Hahira, Hinesville, Jesup, Metter, Nashville, Pembroke, Pooler, Port Wentworth, Quitman, Reidsville, Richmond Hill, Savannah, Springfield, Statesboro, Sylvania, Thomasville, Tifton, Vidalia, Waycross**

We accept competitor's coupons, exceptions may apply, see store associate for details.
Coinstar, Western Union, Deli/Bakery and Floral may not be available at all stores.
Sale Begins Wednesday at 8 am in 24 Hour Stores.

FOOD LION October 2 - October 8, 2024
Offers valid while supplies last.

# BUY 5 OR MORE MVP SAVE $1 ON EACH ITEM

Mix & match on participating items!

10 Pack - 7.5 Oz. Cans
Select Varieties
**COKE PRODUCTS**
**W/O MVP Card $6.99 EA**

HOT SALE! 5.99 EA
MIX & MATCH 5 OR MORE -1.00
4.99 EA MVP
WHEN YOU BUY 5 OR MORE

16 Pack
Select Varieties
**YOPLAIT GO-GURT**

5.49 EA
MIX & MATCH 5 OR MORE -1.00
4.49 EA MVP
WHEN YOU BUY 5 OR MORE

64 Oz.
Select Varieties
**NESTLE COFFEE-MATE CREAMER**

6.99 EA
MIX & MATCH 5 OR MORE -1.00
5.99 EA MVP
WHEN YOU BUY 5 OR MORE

3.75-7 Oz.
Select Varieties
**SENSIBLE PORTIONS VEGGIE STRAWS**
**W/O MVP Card $3.99 EA**

HOT SALE! 3.49 EA
MIX & MATCH 5 OR MORE -1.00
2.49 EA MVP
WHEN YOU BUY 5 OR MORE

8-21.60 Oz.
Select Varieties
**DELIMEX SNACKS**
**W/O MVP Card $7.39 EA**

HOT SALE! 4.99 EA
MIX & MATCH 5 OR MORE -1.00
3.99 EA MVP
WHEN YOU BUY 5 OR MORE

16.75 Oz.
Select Varieties
**DAVE'S KILLER BREAD ORGANIC BAGELS OR ENGLISH MUFFINS**

6.69 EA
MIX & MATCH 5 OR MORE -1.00
5.69 EA MVP
WHEN YOU BUY 5 OR MORE

6 Oz.
Select Varieties
**BLUE DIAMOND ALMONDS**
**W/O MVP Card Regular Retail**

HOT SALE! 2.99 EA
MIX & MATCH 5 OR MORE -1.00
1.99 EA MVP
WHEN YOU BUY 5 OR MORE

13.5-15 Oz.
Select Varieties
**TGI FRIDAYS APPETIZERS**
**W/O MVP Card $7.49 EA**

HOT SALE! 6.49 EA
MIX & MATCH 5 OR MORE -1.00
5.49 EA MVP
WHEN YOU BUY 5 OR MORE

W-1 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 10/02/24

# BUY 5 OR MORE MVP SAVE $1 ON EACH ITEM

Mix & match on participating items!

22-30 Oz. Bag
Select Varieties

**MALT O MEAL CEREALS**

**W/O MVP Card $5.99 EA**

HOT SALE! 3.99 EA

MIX & MATCH 5 OR MORE -1.00

2.99 EA MVP

WHEN YOU BUY 5 OR MORE

36 Oz. - Select Varieties

**EL MONTEREY BREAKFAST BURRITOS**

**W/O MVP Card $11.99 EA**

HOT SALE! 9.99 EA

MIX & MATCH 5 OR MORE -1.00

8.99 EA MVP

WHEN YOU BUY 5 OR MORE

14.7-18.2 Oz. - Select Varieties

**GENERAL MILLS OAT CRUNCH OR HEARTY NUT MEDLEY CHEERIOS**

**W/O MVP Card Regular Retail**

HOT SALE! 2.99 EA

MIX & MATCH 5 OR MORE -1.00

1.99 EA MVP

WHEN YOU BUY 5 OR MORE

12 Oz. Bag
Select Varieties

**BLACK RIFLE COFFEE**

**W/O MVP Card $13.99 EA**

HOT SALE! 10.99 EA

MIX & MATCH 5 OR MORE -1.00

9.99 EA MVP

WHEN YOU BUY 5 OR MORE

12-16 Oz. - Select Varieties

**SNYDER'S OF HANOVER PRETZELS**

4.79 EA

MIX & MATCH 5 OR MORE -1.00

3.79 EA MVP

WHEN YOU BUY 5 OR MORE

10-12 Oz.
Select Varieties

**SNYDER'S PRETZEL PIECES**

3.99 EA

MIX & MATCH 5 OR MORE -1.00

2.99 EA MVP

WHEN YOU BUY 5 OR MORE

9.5-11.75 Oz. - Select Varieties

**PEPPERIDGE FARM CHEESE TOAST OR GARLIC BREAD**

**W/O MVP Card Regular Retail**

HOT SALE! 2.99 EA

MIX & MATCH 5 OR MORE -1.00

1.99 EA MVP

WHEN YOU BUY 5 OR MORE

24 Oz. - Select Varieties

**TASTEE CHOICE SHRIMP DINNERS**

**W/O MVP Card $5.99 EA**

HOT SALE! 4.99 EA

MIX & MATCH 5 OR MORE -1.00

3.99 EA MVP

WHEN YOU BUY 5 OR MORE

W-2 ZNCO ZDPH ZDSA ZGAH ZGAL ZGAT ZGAU ZGCH ZGCR ZGCT ZGHW ZGRY ZGSA ZKBG ZKNA ZKNV ZMBA ZMBL ZMBM ZMBT ZMSA ZMWA ZMWK ZMWS ZNCA ZNCD ZNCE ZNCH ZNCL ZNCR ZNCT ZNFL ZNGB ZNGL ZNGR ZNGS ZNGV ZNHP ZNLE ZNNB ZNNF ZNNL ZNNO ZNRA ZNRE ZNRG ZNRH ZNRI ZNRL ZNRR ZNTT ZNWA ZNWI ZNWL ZNWM ZNWN ZNWT ZPAL ZPHA ZPHI ZSAG ZSAU ZSCH ZSCL ZSCO ZSCT ZSFE ZSFL ZSFR ZSGL ZSGV ZSSA ZSSV ZTCA ZTCH ZTKN ZTNA ZTNV ZTTR ZVBL ZVCH ZVDC ZVHA ZVNK ZVNO ZVNR ZVRA ZVRC ZVRD ZVRI ZVRN ZVRO ZVTI ZVTR ZVWH ZVWN ZVWR ZVWS ZVWT ZVWX ZWBL ZWCA ZWCL ZWWA ZWWS 10/02/24

# BUY 5 OR MORE MVP SAVE $1 ON EACH ITEM

Mix & match on participating items!

2 Lb.
Select Varieties
**SUCCESS BOIL IN BAG RICE**
W/O MVP Card $4.99 EA

HOT SALE! 4.49 EA
MIX & MATCH 5 OR MORE -1.00
3.49 EA MVP
WHEN YOU BUY 5 OR MORE

10 Oz.
Select Varieties
**RAYBERN'S SANDWICHES**
W/O MVP Card $4.99 EA

HOT SALE! 3.99 EA
MIX & MATCH 5 OR MORE -1.00
2.99 EA MVP
WHEN YOU BUY 5 OR MORE

16 Oz.
Select Varieties
**DUKE'S MAYONNAISE**

4.59 EA
MIX & MATCH 5 OR MORE -1.00
3.59 EA MVP
WHEN YOU BUY 5 OR MORE

12-16 Oz.
Select Varieties
**NATURE'S OWN KETO BREAD OR BUNS**
W/O MVP Card $7.29 EA

HOT SALE! 6.69 EA
MIX & MATCH 5 OR MORE -1.00
5.69 EA MVP
WHEN YOU BUY 5 OR MORE

10-12 Oz.
Select Varieties
**MODERN MILL SALAD TOPPER**
W/O MVP Card $5.99 EA

HOT SALE! 5.99 EA
MIX & MATCH 5 OR MORE -1.00
4.99 EA MVP
WHEN YOU BUY 5 OR MORE

7.4-90 Oz.
Select Varieties
**GARDEIN MEATLESS MEATS**
W/O MVP Card Regular Retail

HOT SALE! 4.49 EA
MIX & MATCH 5 OR MORE -1.00
3.49 EA MVP
WHEN YOU BUY 5 OR MORE

18-27 Oz. - Select Varieties
**DAVE'S KILLER ORGANIC OR RAISIN' THE ROOF ORGANIC BREAD**
W/O MVP Card Regular Retail

PRICED LOW EVERY DAY ✓ 5.99 EA
MIX & MATCH 5 OR MORE -1.00
4.99 EA MVP
WHEN YOU BUY 5 OR MORE

5 Lb.
**MAHATMA JASMINE RICE**
W/O MVP Card $9.29 EA

HOT SALE! 6.99 EA
MIX & MATCH 5 OR MORE -1.00
5.99 EA MVP
WHEN YOU BUY 5 OR MORE

# BUY 5 OR MORE MVP SAVE $1 ON EACH ITEM

Mix & match on participating items!

28 Oz.
Select Varieties
**CONTADINA TOMATOES**

2.59 EA
MIX & MATCH 5 OR MORE -1.00
1.59 EA MVP
WHEN YOU BUY 5 OR MORE

14 Ct. To Go Cups
or 18-48 Ct. Plates
Select Varieties
**DIXIE**
**W/O MVP Card Regular Retail**

HOT SALE! 3.59 EA
MIX & MATCH 5 OR MORE -1.00
2.59 EA MVP
WHEN YOU BUY 5 OR MORE

32 Oz.
Select Varieties
**SCRUBBING BUBBLES**
**W/O MVP Card $4.29 EA**

HOT SALE! 3.99 EA
MIX & MATCH 5 OR MORE -1.00
2.99 EA MVP
WHEN YOU BUY 5 OR MORE

25 Oz.
Select Varieties
**PURINA BEGGIN' STRIPS DOG TREATS**

12.39 EA
MIX & MATCH 5 OR MORE -1.00
11.39 EA MVP
WHEN YOU BUY 5 OR MORE

6 Pack - 11.15 Oz.
Select Varieties
**SAN PELLEGRINO ARANCIATA ROSSA**
**W/O MVP Card $6.89 EA**

HOT SALE! 5.99 EA
MIX & MATCH 5 OR MORE -1.00
4.99 EA MVP
WHEN YOU BUY 5 OR MORE

30-40 Ct.
Select Varieties
**FULL CIRCLE TRASH BAGS**

4.99 EA
MIX & MATCH 5 OR MORE -1.00
3.99 EA MVP
WHEN YOU BUY 5 OR MORE

9.7 Oz.
Select Varieties
**PLEDGE**
**W/O MVP Card $5.79 EA**

HOT SALE! 4.99 EA
MIX & MATCH 5 OR MORE -1.00
3.99 EA MVP
WHEN YOU BUY 5 OR MORE

3.15-3.5 Lb.
Select Varieties
**PURINA CAT CHOW**

6.99 EA
MIX & MATCH 5 OR MORE -1.00
5.99 EA MVP
WHEN YOU BUY 5 OR MORE