

# DEALS DEALS DEALS FOR DAYS EVENT



SAVE UP TO 66%

**1.99**

**HONEYDEW** product of U.S.A. or  
**CANTALOUPE** product of U.S.A., no. 1 grade  
melonnet ou cantaloup  
30167017001\_EA/20045179001\_EA



SAVE 46%

**.68** LB

**ROYAL GALA APPLES**  
product of Ontario, Canada fancy grade  
pommes Gala  
1.50/kg  
21160658001\_KG



**ONLY**  
**8.88**

**APPROX. 9 LB  
CASE**

**RED MANGOES**  
product of Brazil  
mangue rouge  
21047847\_EA

**WHILE QUANTITIES LAST**



**GROWN IN  
CANADA** 🇨🇦

**1.99**

**PKG OF 2**

**GEN V BOSTON LETTUCE**  
product of Canada  
laitue boston  
20686537\_EA

# DEALS DEALS DEALS FOR DAYS EVENT

**NOFRILLS**

FLYER PRICES EFFECTIVE THURSDAY, OCTOBER 17 TO WEDNESDAY, OCTOBER 23, 2024.



**SAVE 51%**  
**5.88**

**PUB STYLE**  
**Chicken**  
**rips**

**JANES PUB STYLE BREADED CHICKEN**  
selected varieties, frozen  
700 g  
poisot ou dinde point  
21191828 SA



**WOW!**  
**1.99**  
LB

**PORK HALF LOIN**  
fresh, boneless, cryovac package  
demi longe de porc  
4.39/kg  
20354787 R3

WHILE QUANTITIES LAST



**ONLY**  
**4.99**

**SEAQUEST® RAW SHELL ON SHRIMP or COOKED PEELED SHRIMP**  
selected varieties, frozen  
36-45 per lb, frozen  
300 g  
crevettes  
21043385 SA/21044927 SA



**SAVE 44%**  
**3.88**

**JOHNSONVILLE DINNER SAUSAGES, BREAKFAST SAUSAGES or ROUNDS or ITALIAN GRINDS**  
selected varieties  
250-500 g  
saucisses ou rondines ou viande hachée  
20143358 SA



**SAVE 40%**  
**.88**

**ALLEN'S FRUIT COCKTAIL**  
selected varieties  
1 L  
jus de pomme  
20207424001 SA



**SAVE 28%**  
**1.99**

**CHRISTIE COOKIES**  
selected varieties  
251-303 g  
biscuits  
21358407 SA/21361508 SA



**SAVE 34%**  
**1.49**

**NO NAME® WHITE VINEGAR**  
club size 4 L  
vinaigre blanc  
30192736 SA



**SAVE 53%**  
**5.99**

**HERSHEY'S ASSORTED CHOCOLATE**  
selected varieties  
50's  
chocolat varié  
21328274 SA

WHILE QUANTITIES LAST

**1,000** \$1 Value



**SAVE UP TO 47%**  
**11.99**

**ROYALE BATHROOM TISSUE or ROYALE TIGER TOWELS**  
selected varieties  
papier hygiénique ou essuie-tout  
21278232 SA/21484704 SA



**SAVE 35%**  
**8.99**

**QUALITY BASMATI RICE**  
3.63 kg  
riz basmati  
20787290 SA



**SAVE 25%**  
**11.99**

**DAN-D PAK CASHEWS**  
selected varieties  
noix de cajou  
201484003 SA

FLYER PRICES EFFECTIVE IN ONTARIO STORES ONLY.  
(excluding: Dryden, Geraldton, Kenora & Thunder Bay Ontario)

**nofrills.ca**

01 NFO

# DEALS DEALS DEALS FOR DAYS EVENT



**.99**

**CLOVER LEAF LIGHT TUNA** 85/170 g or **BRUNSWICK SARDINES** 92/100 g  
selected varieties  
thon pâle ou sardines  
2019426000 EA/20173083 EA



**.99**

**HEINZ BEANS or PASTA**  
selected varieties  
398 mL  
lèves ou pâtes  
2004028000 EA/2017739006 EA



**.99**

**350<sup>ml</sup>** **35¢ Value**

**COCA-COLA**  
selected varieties  
1 L  
boissons gazeuses  
20299076002 EA/20299050 EA



**.99<sup>LB</sup>**

**TOMATOES ON THE VINE**  
product of U.S.A., Mexico or Canada  
tomates sur vigne  
2.18/kg  
2002670001 KG



**2.99**  
LB

**GREEN or RED SEEDLESS GRAPES**  
product of U.S.A., no. 1 grade  
raisins verts ou rouges sans pépins  
6.59/kg  
3043377001 EA/20139199001 KG

# DEALS DEALS DEALS FOR DAYS EVENT



PKG OF 5 OR 6

**3.99**

**AVOCADOS**  
product of Mexico or  
**CAULIFLOWER**  
product of Canada or U.S.A.,  
no. 1 grade  
avocats ou chou-fleur  
30133377001 EA/20142332001 EA



**3.99**

**1 LB CLAMSHELL**

**STRAWBERRIES**  
product of U.S.A. or Mexico, no. 1 grade  
framboises  
30049778001 EA



**ENGLISH CUCUMBERS**  
product of Ontario,  
Canada no. 1 grade  
concombre anglais  
30091722001 EA

**1.29**



**If your produce isn't fresh,  
we'll replace AND refund it.\***



**1.99**  
LB

**BARTLETT or BOSCH PEARS**  
product of Ontario, Canada fancy grade  
poires  
4.39/kg  
3017234001 KG/30287913001 KG



**2.99**

**3 LB BAG**

**FARMERS MARKET CARROTS or YELLOW ONIONS**  
product of Ontario, Canada no. 1 grade  
carottes ou oignons jaunes  
30400707001 EA/3001194001 EA



**2.99**

**6 OZ CLAMSHELL**

**RASPBERRIES**  
product of U.S.A. or Mexico, no. 1 grade  
framboises  
30139199001 EA



**3.99**

**454 G**

**PC WHOLE CREMINI or WHITE MUSHROOMS**  
product of Ontario  
champignons cremini ou blancs entiers  
30791572 EA/30798371 EA



**4.99**

**10 LB BAG**

**RED, WHITE, YELLOW or RUSSET POTATOES**  
product of Ontario, Canada no. 1 grade  
pommes de terre  
30401813001 EA / 30400979001 EA



**.79**  
LB

**GREEN CABBAGE**  
product of Ontario, Canada no. 1 grade  
chou vert  
1.74/kg  
30179324001 KG



**1.49**  
LB

**JUMBO WALNUTS**  
product of U.S.A.  
noix gigantes  
3.28/kg  
3013389001 KG



**1.99**

**BROCCOLI CROWNS**  
product of Canada or U.S.A.  
march  
couronnes de brocoli  
3113164001 EA



**3.99**

**3 LB BAG**

**FARMERS MARKET RED ONIONS**  
product of Ontario,  
Canada no. 1 grade  
oignons rouges  
3011422001 EA



**3.99**

**PKG OF 4**

**FARMER'S MARKET SWEET PEPPERS**  
product of Canada or Mexico  
piments  
3011728001 EA



**\$4**

**2 LB BAG**

**FARMER'S MARKET LEMONS**  
product of South Africa  
citrons  
3079219001 EA



**6.99**

**4 LB BAG**

**FARMER'S MARKET MANDARINS**  
product of South Africa  
mandarines  
3042422001 EA

\*Fresh Guarantee: Applicable to eligible fresh produce items purchased at No Frills store locations or online at nofrills.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the No Frills store where purchase originated. The guarantee does not apply to produce items with a stated "best before" date (e.g. bagged salad kit, packaged bean sprouts) and may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

# DEALS DEALS DEALS FOR DAYS EVENT



**\$12**

**PC® BONELESS SKINLESS CHICKEN THIGHS, SPLIT CHICKEN WINGS or BREAST CUTLETS**  
fresh  
hauts de cuisse ou ailes de poulet séparées ou escalopes de poulet  
2166204 SA



**7.99**  
LB

**EXTRA LEAN GROUND BEEF**  
fresh  
boeuf haché  
17.61/kg  
20337910 SA



**6.99**

**LILYDALE TURKEY DINNER SAUSAGES**  
selected varieties  
500 g  
saucisses de dinde à repas  
2104934 SA

**2.99**

**SEAQUEST® FLAVOURED ALASKA POLLOCK**  
ready to eat 227 g or  
**GO SHRIMP RAW** \$1.70 per lb. or  
**COOKED** \$1.90 per lb., 160 g  
golberge ou crevettes  
2096223 SA/2100875 SA



**CANADIAN STEELHEAD TROUT FILLET**  
frozen  
filets de truite merluet  
22.02/kg  
2146700 SA

**9.99**  
LB



**5.99**

**SCHNEIDERS BACON, JUICY JUMBOS or SMOKED SAUSAGES**  
selected varieties  
375-450 g  
bacon ou saucisses fumées  
20105617 SA



**13.79**

**PC® WORLD OF FLAVOURS PORK ROAST**  
selected varieties, fresh  
730/900 g  
rôti de porc  
2169234 SA



**\$14**

**PC® BURGERS**  
selected varieties, frozen  
1.02 kg/1.36 kg  
burgers  
2096220 SA/20961443 SA



**2.99**

**PC® DIPS 227 g or ZIGGY'S® FRESH PASTA**  
selected varieties  
fromages ou pâtes fraîches  
2034212 SA/2102148 SA



**3.50**

**ZIGGY'S® SLICED DELI MEAT**  
selected varieties  
175/300 g  
charcuterie tranchées  
2109202 SA/2109261 SA



**7.79**

**TRE STELLE CHEESE TWIN PACK**  
selected varieties, 240/540 g or  
**MOZZARELLA BALL** 340 g  
fromage au tomate de mozzarella  
2094927 SA/21100643 SA



**2.49**

**WONDER BREAD BUNS**  
selected varieties  
pain ou petits pains  
2027099 SA/2027083 SA



**\$3**

**COUNTRY HARVEST BREAD BAGELS**  
selected varieties  
pain ou bagels  
2117897 SA/2117862 SA



**\$3**

**MUFFINS**  
selected varieties  
4's  
muffins  
2115763 SA



**10.99**

**MAPLE LEAF NATURAL SELECTIONS or PC® FREE FROM® SLICED DELI MEAT**  
selected varieties  
375/400 g  
charcuterie tranchées  
2072813 SA/2072814 SA



NEILSON TRUTASTE  
2%/1% or SKIM 4L or  
LACTOSE FREE 2L MILK  
or PROTEIN MILK 1.89 L  
selected varieties  
3018053001, 8A/20134554, 8A

**ONLY**  
**5.99**



**DEALS  
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EVENT**

**SAVE 23%**  
**4.99**



**ALFA PUFF PASTRY**  
850 g  
pâte feuilletée  
31404788, 8A



**NEILSON CREAM**  
5/10% 1L or  
18/35% 473 mL  
selected varieties  
crème  
30123409, 8A/20174431, 8A

**SAVE UP TO 22%**  
**3.79**

**ONLY**  
**3.49**



**EGGO WAFFLES** 8%  
**THICK AND FLUFFY** 6's or  
**PILLSBURY TOASTER STRUDEL** 326 g  
selected varieties, frozen  
gaufres ou pâtisseries  
20202779, 8A



**2.49**

**MCCAIN FRIES**  
selected varieties, frozen  
800 g  
frites  
21221173, 8A



**3.33**

**DANONE ACTIVIA**  
650 g or **DANINO**  
**KIDS DRINKABLES**  
6's YOGURT  
selected varieties  
yogurt  
3035133002, 8A/21230250, 8A



**7.99**

**NO NAME® CHEESE**  
selected varieties  
fromage  
3081272, 8A



**2.29**

**BETTY CROCKER POTATOES**  
selected varieties  
141-315 g  
pâtisseries de terre  
20201982, 8A



**2.69**

**YOPLAIT SOURCE** 430 g,  
**PROTEIN** 430 g,  
**MINIGO** 6's or  
**TUBES** 6's  
YOGURT  
selected varieties  
yogurt  
2184120853, 8A  
21847292, 8A



**3.49**

**NORDICA COTTAGE CHEESE**  
selected varieties  
430/350 g, 4x113 g  
fromage cottage  
202174001, 8A



**13.99**

**PC® WHOLE BEAN COFFEE**  
430/307 g or  
**TIMOTHY'S PODS** 30's  
selected varieties  
café en grains ou  
microcafé  
21433314, 8A/21212255, 8A



**1.29**

**NEILSON MILKSHAKE or MILK 2GO**  
selected varieties  
250 mL  
lait frappé ou lait  
21842302, 8A/21842302, 8A



**1.99**

**CAMPBELL'S CHUNKY, READY TO SERVE** 315 mL or  
**HABITANT** 750 mL  
SOUP  
selected varieties  
soupe  
21847002, 8A/21848047, 8A



**4.99**

**GIUSEPPE THIN RISING CRUST PIZZA**  
selected varieties, frozen  
420/355 g  
pizza  
21262401, 8A



**11.99**

**COCA-COLA or PEPSI SOFT DRINKS**  
selected varieties  
24x355 mL  
boissons gazeuses  
21229910, 8A/21229910, 8A

**BETTER AS A MEMBER**

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points.

**Earn\***  
**3,000 pts**  
**\$3 value**

for every \$10\* spent on any Häagen-Dazs ice cream tubs or novelties  
selected varieties, frozen  
crème glacée ou bonbonnes glacées  
2030229002, 8A/21212347, 8A

**Earn\***  
**4,000 pts**  
**\$4 value**

for every \$12\* spent on Oasis Health Break or smoothie or Del Monte juice blends  
selected varieties, refrigerated  
1.5-2.5 L  
boisson fruitée ou mélanges de jus  
21229910, 8A/21229910, 8A

Quantities and/or selection (flavour, colour, patterns, style) of items may be limited and not be available in all stores. No rainchecks or substitutions on clearance items or when quantities are advertised as limited. We reserve the right to limit purchase quantities per customer to reasonable family requirements. See in-store for details. We are not obligated to sell items based on errors or misprints in typography or photography. All savings claims (i.e. "Save", "Was", "1/2 Price", etc.) are in comparison to our own regular prices. Regular pricing and savings on items shown may vary by store location. Applicable taxes, fees, deposits, recycling or environmental surcharges are extra. Coupons must be presented and redeemed at time of purchase. \*PC Optimum™: Scan your PC Optimum™ app or swipe your card to get Members Pricing or points. See in-store for details.

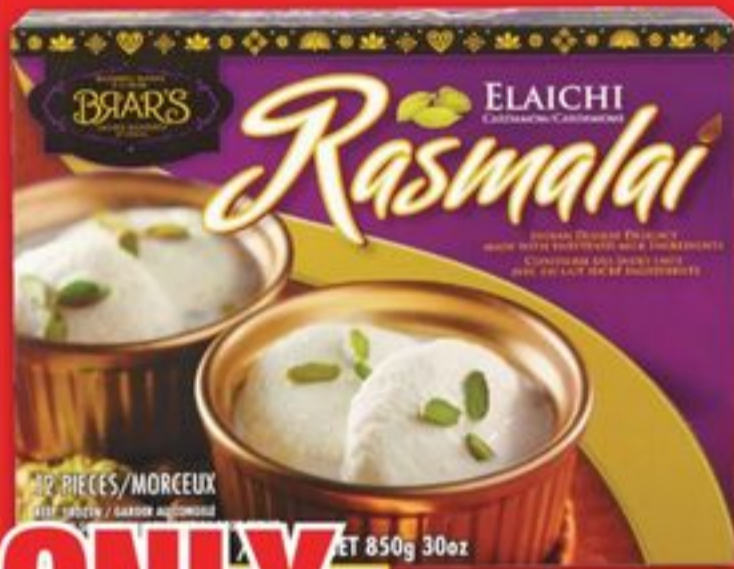


# HAPPY DIWALI



**SAVE 26%**  
**13<sup>99</sup>**

**SHER DURUM ATTA**  
farine durum atta  
20637367\_EA



**ONLY**  
**8<sup>99</sup>**

**BRAR'S RASMALAI**  
frozen  
selected varieties, 850 g  
rasmalai  
20286990002\_EA



**ALWAYS**  
**\$4**

**HAPPY DAIRY PANEER**  
300 g  
paneer  
21343632\_EA



**ONLY**  
**.99**

**BUNCH MINT**  
product of Canada or  
**CILANTRO**  
product of Canada, U.S.A. or  
Mexico  
menthe ou coriandre en botte  
20139226001\_EA/20091825001\_EA

# DEALS DEALS DEALS FOR DAYS EVENT



SAVE UP TO 27%

**579**

**BLACK DIAMOND CHEESTRINGS** 16's or **STICKS** 12's  
selected varieties  
bâtonnets au fromage  
20163661, EA/20196474, EA



SAVE UP TO 33%

**399**

**HUNGRY-MAN ENTREES** 360-455 g or  
**GOURMET STEAMERS** 269-306 g  
selected varieties, frozen  
plats cuisinés  
20219014004, EA/20218416006, EA



SAVE 23%

**.99**

**UNICO TOMATO PASTE**  
selected varieties  
156 mL  
pâte de tomate  
20060327, EA



**179**

**KNORR SIDEKICKS**  
selected varieties  
120-162 g  
2001100004, EA



1,000<sup>pts</sup>

**279**

**PRINGLES POTATO CHIPS**  
selected varieties  
148/136 g  
2000001, EA/21000022, EA



**299**

**QUAKER CRISPY MINIS - RICE CAKES**  
selected varieties  
90-199 g  
galettes de riz  
210270001, EA/2000000001, EA



1,000<sup>pts</sup>

**899**

**GENERAL MILLS JUMBO CEREAL**  
selected varieties  
825 g / 1.3 kg  
céréales  
20001001, EA

**SANPELLEGRINO or PERRIER SPARKLING WATER**  
selected varieties, 750 mL / 1 L  
eau pétillante  
21013468, EA/21517878, EA

**\$2**



**399**

**HELLMANN'S REAL MAYO**  
340/443 mL or  
**STREET FOOD**  
255 mL  
selected varieties  
mayonnaise  
21610734, EA/20000223001, EA

**1299**

**POGO**  
frozen  
20's  
20063234002, EA



**599**

**TEMPTATIONS CAT TREATS** 454 g or  
**FRISKIES DRY CAT FOOD** 1.6 / 1.5 kg  
selected varieties  
gâterres pour chats et  
nourriture pour chats  
20102111, EA/21012108, EA

**999**

**BENEFUL DRY DOG FOOD** 1.6 / 1.8 kg,  
**PEDIGREE DENTASTIX**  
500-608 g or  
**MARBONE** 1.9 kg  
selected varieties  
nourriture sèche pour chiens  
202190001, EA/21019100, EA

**1049**

**PURINA ONE DRY DOG FOOD** 1.72 / 1.81 kg or  
**MILKBONE SOFT & CHEWY DOG TREATS** 708 g  
selected varieties  
nourriture sèche pour chiens  
ou gâterres pour chiens  
20018070, EA/20012287, EA

**1699**

**CESAR MULTIPACK WET DOG FOOD**  
selected varieties  
12x100 g  
nourriture humide pour chiens  
20042001, EA

## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn\*  
**4,000<sup>pts</sup>**

for every \$10\* spent on Kellogg's family size cereal 480-630 g selected varieties. Kellogg's will donate \$2 to PC® Children's Charity céréales  
21430748, EA/21430755, EA

**\$4**  
value







# DEALS ON BABY ESSENTIALS

**Pampers swaddlers**  
 up to 100% LEAKPROOF skin protection  
 protection de la peau jusqu'à 100% sans fuite  
 116 DIAPERS COUCHES

**HUGGIES Econo Pack Diapers**  
 selected varieties, 68-168's size N-8 couches  
 21454633 EA

**32<sup>99</sup>**

**34<sup>99</sup>**

**HUGGIES or PAMPERS 3X BABY WIPES**  
 selected varieties, 112-216's lingettes pour bébé  
 2058404 EA

**GERBER INFANT CEREAL**  
 selected varieties, 227 g céréales pour bébé  
 2035839007 EA/21028494 EA

**7<sup>99</sup>**

**4<sup>49</sup>**



**PC® DIAPER PAIL REFILL**  
 270's recharge pour seau de couches  
 11307016 EA

**\$5**



**PEDIASURE COMPLETE**  
 selected varieties, 4x235 ml supplément nutritif  
 20322414001 EA/20322414002 EA

**9<sup>99</sup>**



**ENFAGROW A+ TODDLER NUTRITIONAL SUPPLEMENT**  
 selected varieties, 907 g supplément nutritif pour tout-petit  
 21407951 EA/21407971 EA

**29<sup>99</sup>**

## BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing or points. See back page for details.

Earn\* **10,000** pts

**\$10** value

when you spend \$50\* or more on baby diapers, wipes, formula, food, needs or accessories

all varieties and sizes couches ou lingettes ou préparation pour nourrisson ou aliments ou articles ou accessoires  
 20304618007\_EA/20147213\_EA/21370643\_EA



# HAPPY DIWALI



**149**  
LB

**RED CARROTS**  
product of China  
3.28/kg  
carottes rouges  
31418219001\_80



**199**  
EA/LB

**BUNCH SPINACH** each, product of Canada or U.S.A.  
**INDIAN KARELA** 4.59/kg, product of Mexico or U.S.A.  
**LONG EGGPLANT** 4.59/kg, product of U.S.A.  
épinards en botte ou karela ou aubergine longue  
30143840001\_8A/30080944001\_80



**299**

**RAPINI**  
product of U.S.A.  
bunch  
rapini  
30048070001\_8A



**.99** LB

**DAIKON**  
product of China  
2.18/kg  
daikon  
30081104001\_80



**169**

**METHI**  
product of U.S.A.  
bunch  
fenugrec  
3013744001\_8A



**299**  
LB

**OKRA**  
product of U.S.A.  
6.59/kg  
gumbo  
30091363001\_80



**\$5**

**SURAJ NAAN**  
selected varieties  
10's  
naan  
30342361\_8A

**COLLECT & SAVE!  
BIG**

Get one stamp for every \$20\* spent.  
Collect 20 stamps and get 75% off one piece of  
high quality Swiss Design Cookware!

**75%  
OFF\* EACH**



**\$ 20\* SPENT  
= 1 STAMP**



\*While supplies last, receive one stamp for every \$20 spent before applicable taxes in a single transaction. Exclusions apply. Cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. See in store for paper stamp card or PC Optimum™ App to opt into program and receive digital stamp card. A mix of digital and paper stamps collected are not accepted as a complete set. Completed stamp cards can be redeemed up until February 20th, 2025, after which point they expire. All sales are final. Cookware is under warranty for a 2 year period from date of purchase. Exceptions to warranty and replacements apply. For full warranty information, product replacement process, FAQ's and complete offer details, please visit Pcoptimum.ca/collectandsave.

AVAILABLE AT SELECT LOCATIONS ONLY

ONLINE ET 01 NFO

# HAPPY DIWALI

**18<sup>99</sup>**

**GOLDEN TEMPLE® DURUM ATTA**  
selected varieties  
7 kg  
farine durum atta  
3032713801, EA



**9<sup>99</sup>**

**QUALITY BROWN SUGAR**  
4.5 kg  
cassonade  
30718432, EA

**1<sup>99</sup>**

**SHANA PARATHAS**  
selected varieties  
400 g  
parathas  
3099533001, EA



**1<sup>99</sup>**

**FROOTI JUICE** 1 L or  
**SURATI INDIAN SNACKS** 341 g  
selected varieties  
jus ou collations  
30041133, EA/30322379003, EA

**2<sup>99</sup>**

**BRITANNIA DIGESTIVE, GODDAY or FIFTY FIFTY BISCUITS**  
selected varieties  
231-400 g  
biscuits  
30322948, EA/31022781, EA



**QUAKER OATS**  
selected varieties  
900 g/1 kg  
oatmeal  
30322113001, EA/30322113002, EA

**2<sup>99</sup>**



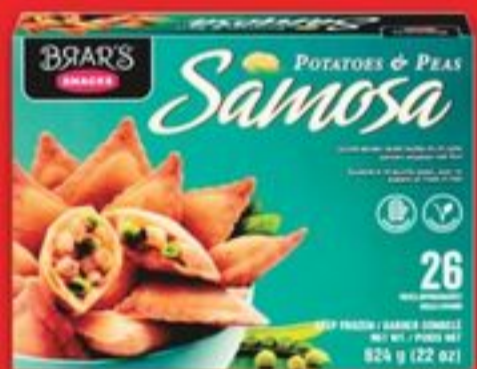
**6<sup>99</sup>**

**NANAK ALOO TIKKI**  
frozen, 720 g  
gâchettes de pommes  
de terre  
30147343, EA



**5<sup>99</sup>**

**BRAR'S SAMOSAS**  
frozen, selected varieties  
624 g  
samosas  
31000033, EA



**10<sup>99</sup>**

**NANAK VEGGIE BURGER PATTIES**  
frozen  
640 g  
gâchettes de burger végétariennes  
3084068, EA



**4<sup>99</sup>**

**HALDIRAM'S FROZEN ENTREES**  
selected varieties  
283 g  
plats cuisinés surgelés  
3070732001, EA



**6<sup>99</sup>**

**NANAK VEGGIE KEBAB**  
frozen  
600 g  
brochette de légumes  
30429634, EA



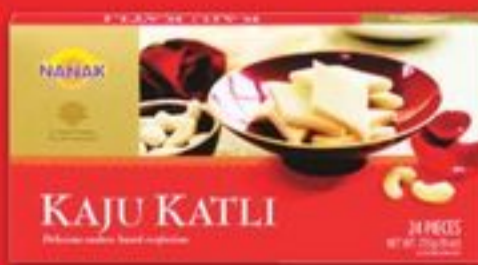
**9<sup>99</sup>**

**NANAK GAJAR HALWA**  
frozen  
830 g  
purée de carottes  
3150408, EA



**6<sup>99</sup>**

**NANAK KAJU KATLI**  
frozen  
225 g  
kaju kati  
30456744, EA



**8<sup>99</sup>**

**BRAR'S MILK CAKE**  
frozen  
400 g  
gâchettes au lait  
30409047, EA



**6<sup>99</sup>**

**BRAR'S GULAB JAMUN**  
selected varieties, frozen  
850 g  
gulab jamun  
30347337, EA



**PROUD TO SUPPORT THE GROWTH OF CRICKET IN CANADA**



CRICKET CANADA

**NOFRILLS**

OFFICIAL GROCERY PARTNER

# BETTER AS A MEMBER

\* Scan your PC Optimum™ app or swipe your card to get PC Optimum™ Members pricing.

Earn\*

# 10,000 pts

# \$10

value

for every \$100\* spent on Retail Therapy gift cards

October 17-23, 2024



\* Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Retail Therapy gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

 insurance

## PC Optimum™ members can save up to 35% on home and auto insurance\*



GET A QUOTE

\*Conditions apply. Subject to change. For full details see [www.pcinsurance.ca](http://www.pcinsurance.ca).

# THREE NEW WAYS WE'RE KEEPING BUDGETS HAPPY



If your produce isn't fresh, we'll replace AND refund it.



We'll honour a current flyer deal if we're sold out, plus give you 10% back in PC Optimum™ points.



Deals from the past on select items.

## The NOFRILLS thing to do.

†Raincheck + PC Optimum Points: Applies to out of stock items advertised in the current weekly flyer ("Promotion Period"). Raincheck can be used towards purchase of the unavailable item (subject to reasonable customer/requirements) at the advertised flyer price plus 10% back in PC Optimum points when the item is back in stock or within 14 days of raincheck issue date. 10% back in PC Optimum points is calculated per item on the advertised flyer price. Raincheck requests must be made in-store during the unavailable item's Promotion Period. Raincheck must be redeemed in-store at the issuing store location. Raincheck + Pts does not apply to flyer items marked "while quantities last", gift cards, liquor, tobacco, seasonal and products which are provincially-regulated, or as we determine from time to time. Customers who are not PC Optimum program members will not be eligible to receive PC Optimum points. To become a member, visit [www.pcoptimum.ca](http://www.pcoptimum.ca). We reserve the right to cancel or change the terms of this offer at any time without notice.

†Throwback Prices: Program applies to one item weekly, as advertised in-store/online at [nofrills.ca](http://nofrills.ca).

ONLINE NF MKT