

FORTINOS®

Oysterfest!



1.29
each
loose oysters
all varieties
21085679_EA



✓ Air Chilled
✓ Canadian grown
✓ Grain fed

5.99 lb
13.21/kg

PC® Blue Menu® boneless skinless chicken breast Club Pack® or Mina Halal boneless skinless chicken breast
20127962_KG/21635763_KG



Boneless
Canada AA or USDA
Select or higher

8.99 lb
19.82/kg

beef loin steak tails, bottom sirloin tri tip cut from Canada AA or USDA Select grade beef or higher
20874387_KG



12.99 lb
28.64/kg

fresh Icelandic haddock fillets
20101770_KG



2.99 lb
6.59/kg

seedless stem & leaf clementines product of Spain
20613483001_KG



1.69 lb
3.73/kg

local brown pears product of Ontario, Canada Extra Fancy Grade
20314943001_KG



4.99
3 L basket

Gala or McIntosh apples product of Ontario, Canada Extra Fancy grade
21047688001_EA/21158405001_EA



1.49 lb
3.28/kg

jumbo Hartley walnuts product of U.S.A.
20123893003_KG



NEW a proud FORTINOS recipe

8.99
800 g

Fortinos meatloaf traditional or turkey
21633681_EA/21633962_EA



PC® white cooked shrimp frozen, 31-40 per lb
20791381_EA

10.99
400 g



Flown in fresh FROM ITALY

5.99
125 g

buffalo mozzarella or Gioiella burrata selected varieties
21189924_EA/21434597_EA



3.99
102-140 g

Babybel 6's, Laughing Cow or Marcangelo mortadella imported from Italy, selected varieties
21383148_EA/20319107_EA



4.99
375 g

Schneiders® or Maple Leaf® bacon, Maple Lodge or Zabiha Halal chicken bacon selected varieties
20999204_EA/20105121_EA



Optimum
1,000 pts

Saputo mini Friulano cheese
20708981_EA

11.99
500 g



Wonder bread 675 g, D'Italiano bread 600/675 g or PC® English muffins 6's selected varieties
20038335_EA/20276296_EA

2.99
each



4.79
280-372 g

plain 6's, chocolate 4's or mini croissants 10's, selected varieties, baked in store
21291173_EA

Neilson
Trutaste milk 4 L,
lactose free milk 2 L
or Milk 2 Go 6x200 mL,
selected varieties

4.99
each



.99
each

Minute Maid or Fruitopia or Nestea
lemon iced tea frozen concentrate
295 mL, Simply beverages 340 mL,
Danone or Yoplait drinkable yogurt
190/200 mL, selected varieties

Rio Mare
tuna, salads
or spreads,
selected varieties

2.99
100-160 g



4.99 lb raw almonds
11.00/kg

Häagen Dazs
ice cream
400-450 mL
or novelties 3/4's milk
vanille lait
selected varieties,
frozen

4.99
each



Pringles
potato chips
148/156 g,
Goldfish crackers
156-227 g
or Snyder's
pretzels 240 g
selected varieties

2.49
each



3.49
212-365 g

PC® frozen entrees

Harvest Crunch,
Cap n' Crunch,
Honey Bunches
of Oats or Life cereal

3.49
311-525 g



PC® ground,
whole bean
or K-Cup coffee
selected varieties

13.99
875-930 g/30's



Bubly or Montellier
sparkling water
selected varieties

5.49
10/12x355 mL



Dr. Oetker
Giuseppe Thin Crust,
Rising Crust pizza 439-785 g,
Easy Pizzi 3x200-573 g or
Good Baker pizza 300-390 g
selected varieties, frozen

4.99
each



Nestle, Mars,
Hershey's
or Cadbury
Halloween
chocolate
or candy
selected varieties

14.99
90-100's



Cashmere
bath tissue
8/12=24 rolls,
Sponge Towels
3/6=6 rolls
or Scotties 6's
selected varieties

6.99
each



Pampers
or Huggies
club pack diapers
selected varieties

34.99
66-180's



Traditional
Medicinals
organic tea 16's
or Nature's Path
cereal or oatmeal
210-680 g
selected varieties

3.99
each



Prices effective at Hamilton, Stoney Creek and Ancaster stores only.

Flyer prices effective from Thursday, October 17th, to Wednesday, October 23rd, 2024

Visit us at fortinos.ca. FOLLOW US ON

Quantities and/or selection of items may be limited and may not be available in all stores. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertised regular pricing and product selection (flavour, colour, patterns, style) may vary by store location. We reserve the right to limit quantities to reasonable family requirements. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc.," is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings shown may be greater depending on store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. To register as a PC Optimum™ member visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions. Receive the points specified when you spend the qualifying dollar amount on the displayed product (s) and/or category. The trade-marks, service marks and logos displayed in this flyer are trade-marks of Loblaws Inc. and others. ©2024 Loblaws Inc. All rights reserved.

this product is printed using vegetable-based inks



PRODUCE • Nature's Bounty arriving fresh daily!



Flown in for PEAK FLAVOUR

4.99 each
Palmer mango
product of Brazil
20025410001_KG

JUMBO

4.99 each
jumbo pomegranate
product of U.S.A.
20134767001_EA

1.89 each
large Fuyu persimmon
product of U.S.A.
20139417001_EA

5.99 lb
13.21/kg
Dracula blood oranges
product of Australia
20002145001_KG

.99 lb
2.18/kg
green cabbage
product of Ontario,
Canada no. 1 grade
20793034001_KG

1.89 lb
4.17/kg
sweet potatoes
product of Canada
20127708001_KG

4.89
283 g
Tiki tomatoes
product of Canada,
Canada no. 1 grade
21633811001_EA

2.69
454 g
coloured carrots
or sweet Nantes
carrots
product of Canada,
Canada no. 1 grade
20997816001_EA/21302363001_EA

1.89 lb
4.17/kg
acorn, buttercup,
butternut or
spaghetti squash
product of Ontario
20071263001_KG/20317208001_KG

4.99
500 g
celery and carrot mix
made in store
21011427_EA

Prepared IN STORE DAILY

4.49
350 g
grapes to go
21492950_EA

4.69
340 g
PC® Ready Veggie
kale blend or
vegetable medley
product of U.S.A.
21095404_EA/20186654_EA

4.49
170/227 g
Mann's snow
or snap peas
product of U.S.A.
20712998_EA/20712967_EA

5.99
315-359 g
Arte salad
blend kits
all varieties,
product of Canada
21631262_EA/215602001_EA

PICK ORGANIC • Over 150 items available every day!

11.99
900 mL
Greenhouse
organic shakes
or juice
all varieties,
product of Ontario
21600755_EA/21600490_EA

5.99
3's
PC® Organics
romaine hearts
product of U.S.A.
20599776001_EA

4.99 lb
11.00/kg
organic
Honeycrisp apples
product of Ontario,
Canada Extra
Fancy Grade
20183632001_KG

4.99
170 g
organic raspberries
product of Mexico
or U.S.A.
20056190001_EA

4.99
1 lb
organic lemons
product of U.S.A.
or Mexico
628235690027_EA



PUMPKIN-MANIA!

Big, small, scary, traditional... we've got them all!



2.49
each

PIE
20101185001_EA

9.99
each

COLOSSAL
20167942001_EA

6.99
each

JUMBO
20081484001_EA



VARIETAL
PUMPKINS

21341204001_EA

7.99
each

6.99
each

PAINTED
PUMPKINS
21566772001_EA

While supplies last

How to Roast Pumpkin Seeds:

Scoop out pumpkin seeds and rinse well under cold water using your hands to remove the stringy bits.

Dry well. Place in a bowl and toss with olive oil and sprinkle with sea salt or even chili powder for an added blast.

- Preheat oven to 350°F.
- Evenly spread seeds on a cookie sheet and roast in middle rack for about 35 min.
- Stir occasionally until brown & slightly crunchy.
- Watch carefully to prevent scorching.



MINI
ORANGE
PUMPKINS

4.99
bag

MINI
BABY BOO
PUMPKINS

4.99
bag



Oysterfest!

BUY A DOZEN OYSTERS, GET A FREE SHUCKER

129
each
ALL VARIETIES



MALPEQUE

- From P.E.I.
- "Melt-in-your mouth" delicate texture and a salty flavour

20746071_EA



LUCKY LIME

- From P.E.I.
- A deep cupped oyster with a sweet briny flavour

21085675_EA



ISLAND PEARL

- From P.E.I.
- Full, plump & meaty
- Salty with a subtle, sweet finish

21083228_EA



RASPBERRY POINT

- From P.E.I.
- Unique oysters with a clean salty flavour and a sweet aftertaste

21085679_EA



BLACK MAGIC

- Farm raised from P.E.I.
- Firm texture with a smooth salty taste
- Easy to open

21081604_EA



BEAUSOLEIL

- From New Brunswick
- These cocktail oysters are cultivated to have high natural nutrients

20665023_EA



24⁹⁹
each

Beausoleil 24's
or French Kiss 18's
oysters

20990237_C01/20991061_C01



19⁹⁹
each

Malpeque 33's,
Irish Point 12's
or Raspberry Point
12's oysters

21101967_C01/21102026_C01

FULL SERVICE BUTCHER • Custom cuts your way!



3⁹⁹lb pork loin chop
rib end portion
8.80/kg

20822348_KG



4⁴⁹lb centre-cut
pork loin chop
9.90/kg

20822907_KG



3⁴⁹lb pork loin rib & sirloin
or sirloin chops
7.69/kg

20822343_KG



4⁹⁹lb pork loin chops
fast fry
11.00/kg

20823073_KG



3⁹⁹ Kraft Lunchables kits
selected varieties
89-138 g

21592663_EA/21593359_EA



10⁴⁹ Lou's Kitchen
entrées
selected varieties,
fully cooked
375/400 g

20078077_EA



13⁴⁹ Borek Twist
ground beef
and spice, frozen
908 g

21359711_EA



9⁴⁹ Swiss Chalet or
St. Hubert pies
selected varieties,
frozen
650-800 g

21047194_EA



Fair Trade Organic Coffee

Our beans are roasted fresh in store!



Fairtrade certification makes a difference to the lives of farmers and workers to build equity in standards, policies and prices ensuring stable work and living conditions.

20 varieties!

Bean Roast coffee beans **16⁴⁹**lb
20101583_KG 36.35/kg



From Our Cafe



3⁸⁵ medium salted caramel hot chocolate
20046178_EA



4⁴⁰ medium matcha green tea latte
20091084_EA



apple cider
200456131_EA
2⁶⁰ medium



pumpkin spice latte
20091084_EA
4⁴⁰ medium

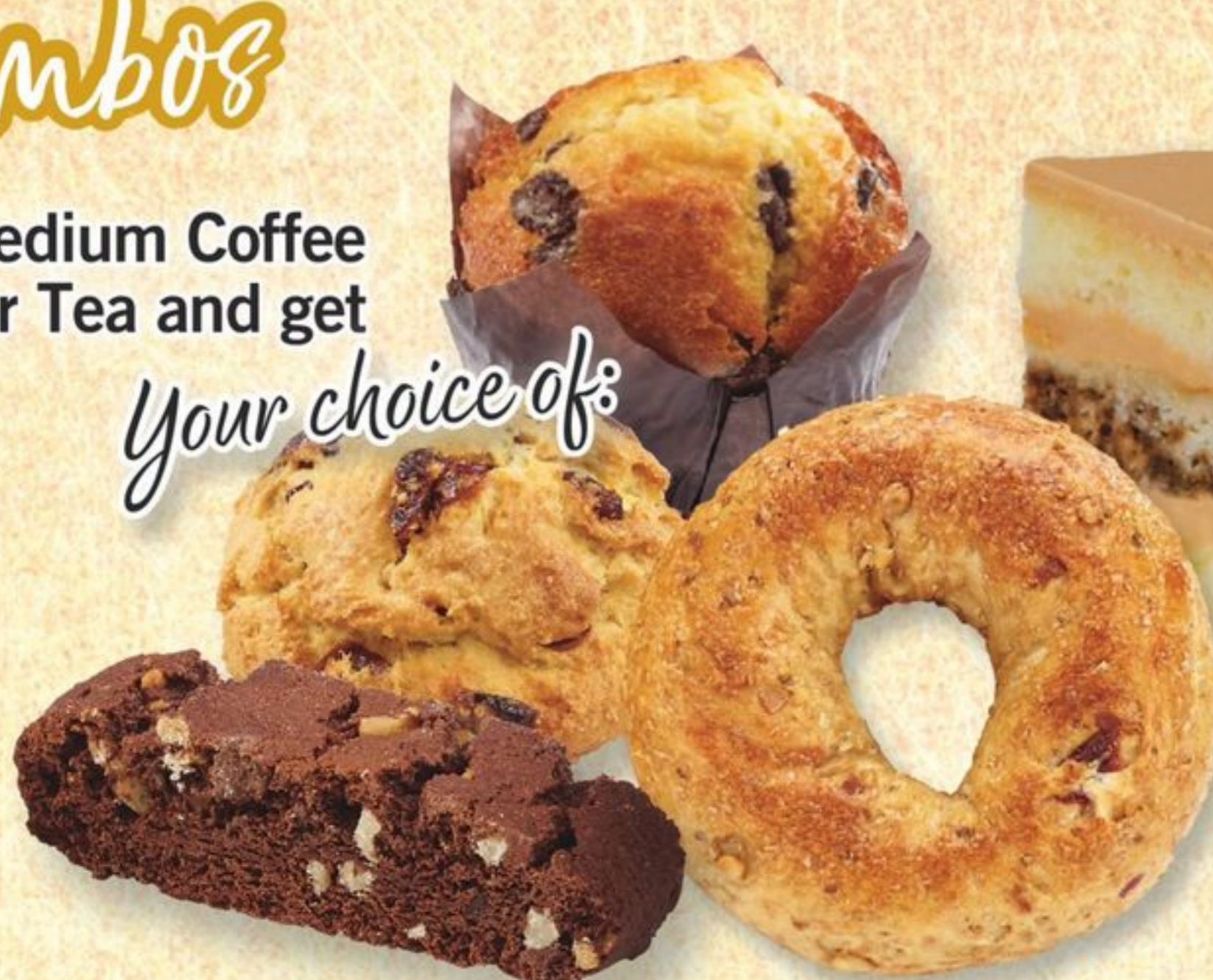
Coffee Combos

Buy one medium Coffee or Tea and get

Your choice of:



3⁹⁹ each bagel, muffin, scone, loaf cake, cookie, Danish, biscotti, bombolini or toast
20607846_EA



cake slice
20099041_EA
5⁹⁹ each



3⁹⁹ each pie slice
20099041_EA

Italian Favourites



1.99 lb large fennel
product of U.S.A.
4.39/kg 20003346001_KG



3.99 lb radicchio
product of Canada
or Mexico
8.80/kg 2014995001_KG



5.99 lb jumbo chestnuts
product of Italy
13.21/kg 20061606001_KG



3.99 lb Abate pears
product of Italy,
Extra Fancy Grade
8.80/kg 20168424001_KG



3.49 40 g dried oregano
product of Italy
20962227_EA



29.99 8" tiramisu
cake
1.6 kg 20308374_KG



3.99 zeppole pastry
selected varieties
50-110 g 20592789_EA



small: \$1.59
or \$1.39 for 6 or more
medium: \$1.99
or \$1.79 for 6 or more
large: \$3.19
or \$2.89 for 6 or more

19.99 Sicilian cannoli
choice of shell and filling,
filled fresh on demand
12's 21046134_EA



29.99 tiramisu or
Italian rum cake
1.1/1.4 kg 21559769_EA



35.99 lb Moliterno
al Tartufo cheese
7.94/100 g 21127170_KG



19.99 lb Chianti Tuscan
porchetta,
salami, pancetta
or prosciutto
selected varieties,
deli sliced
4.41/100 g 21052904_KG/21052951_KG



27.49 lb Fini
prosciutto
imported
from Italy,
deli sliced
6.06/100 g 20114111_KG



31.69 lb Culatello
dry cured ham
6.99/100 g 21297813_KG



25.49 lb Chianti Tuscan
prosciutto DOP
deli sliced or shaved
5.62/100 g 21053533_KG



14.99 Galbani
mascarpone
500 g 20126603_EA



7.49 Mastro salami
or San Daniele
prosciutto
100-150 g 20581660_EA/21059807_EA



10.88 lb olive bar
2.40/100 g 20127732_KG



8.49 Tre Stelle
ricotta cheese
selected varieties
475 g 20093652_EA



3.99 /100 g parmigiano reggiano
by the piece
18.09/lb 21020424_KG

Italian Favourites



Optimum
6,000^{ptd}
for every \$15
spent on

San Pellegrino
sparkling water
selected varieties
and sizes

20664568_EA/20183964001_EA



Gallo olive oil
selected varieties

20069755_EA/20105368_EA

16⁹⁹
1 L



Unico tomatoes
selected varieties

20314629001_EA/20314629004_EA

1⁹⁹
796 mL



Mutti pizza
sauce 398 mL
or tomato
paste 156 mL

20934088_EA/21390786_EA

3⁴⁹
each



Molisana pasta
selected varieties

20303498008_EA/20889657_EA

2⁴⁹
450 g

Monini
extra virgin
olive oil

20992432_EA

21⁹⁹
1 L



Gioia espresso
coffee 250 g
or Mulino
Bianco
cookies
180/200 g
selected varieties

20011981_EA/21453313_EA

4²⁹
each



Garofalo
canned
tomatoes

21302082_EA

3⁹⁹
796 mL



Pastene
San Marzano
tomatoes 796 mL
or Pastene bread
crumbs 425 g

21283342_EA

3⁹⁹
each

Rummo
pasta
selected varieties

21425566_EA/21425655_EA

3⁹⁹
500 g



Pietro Coricelli
avocado oil

21587164_EA

18⁹⁹
1 L



Gavioli
sparkling juice
selected varieties

21157487_EA/21157488_EA

6⁹⁹
750 mL



Bomba
Italiana

20415739_EA

5⁹⁹
314 mL



Riso Scotti
risotto

20641432001_EA/20641432002_EA

3⁹⁹
210 g



World
Authentica
Cuisine
pasta sauce
selected varieties

20976126_EA/20976152_EA

5⁴⁹
530 mL



Fabbi
Amarena
cherries
in syrup

21549204_EA

11⁹⁹
230 g



Rio Mare salmon
selected varieties

21385413_EA/21385586_EA

7⁹⁹
125 g



Molisana
antipasto
or artichoke
hearts
selected varieties

20302810_EA

3⁹⁹
340/375 mL



Aurora sea salt
selected varieties

20312279001_EA/20312279002_EA

1⁴⁹
1 kg



Agromonte
cherry tomato
sauce
selected varieties

21311738_EA/21524314_EA

7⁹⁹
560 mL



DELI • Always freshly sliced or shaved your way!



PC® Natural Choice® turkey or chicken breast deli service case sliced, selected varieties
20301114_KG
15.99 lb
3.53/100 g

Ziggy's® roast beef, pastrami, corned beef or Montreal smoked meat deli service case sliced, selected varieties
20065207_KG
12.99 lb
2.86/100 g

Ziggy's® Black Forest or honey maple ham
20323392_KG/20298289_KG
11.99 lb
2.64/100 g

Mastro Genoa salami deli sliced, selected varieties
20312025_KG
12.99 lb
2.86/100 g

Marcangelo mortadella
21536049_KG
11.99 lb
2.64/100 g

Maple Leaf Natural Selections sliced deli meat selected varieties
20772016_EA
13.99
375/400 g

Balderson old cheddar by the piece or deli sliced
20187665_KG
13.99 lb
30.84/kg

Arla Havarti cheese selected varieties
20180982_KG
13.99 lb
30.84/kg

PC® cheese slices club size, selected varieties
20249826_EA/20249985_EA
15.99
500 g

Saputo provolone cheese
21527898_KG
13.99 lb
30.84/kg

BAKERY • Baked fresh by Bakers with passion!

LA ROCCA CREATIVE CAKES
Grand 6" cakes birthday confetti, carrot or strawberry dream
21378282_EA
26.99
800 g-1 kg

Boston fruit topped cake
20593152_EA
25.99
900 g

Baked in store!
gourmet cookies selected varieties
21208406_EA
6.99
560/600 g

butter croissants or pastries selected varieties
20705085_EA/21416864_EA
1.99
50/65 g

Baked in store!
braided strudel apple or strawberry cheese
21477348_EA/21477463_EA
5.99
400-496 g

Montreal style bagels baked in store, selected varieties
20091255_EA
1.69
64-113 g

Dempster's grain bread selected varieties
20006502_EA/20251602_EA
4.49
600 g

PC® brioche burger or hot dog buns
21094319_EA/21431172_EA
4.29
270/300 g

PC® naan dippers traditional club size
20999700_EA
6.99
400 g

D'Italiano garlic bread selected varieties
21552151_EA/21552105_EA
4.49
325 g



Halal Chicken

9 varieties

NEW

- Vegetable grain fed Halal chicken
- Humanely raised on Canadian farms
- Air Chilled maintaining the tender, juicy flavour



Optimum 1,000 pts

5.99lb Mina Halal boneless chicken breast
13.21/kg 21635763_KG



Optimum 1,000 pts

Mina Halal whole chicken
21617979_KG
3.99lb
8.80/kg



Optimum 1,000 pts

5.49lb Mina Halal Tandoori chicken drumsticks
12.10/kg 21635687_KG

Pre-seasoned & Ready to cook!



Optimum 1,000 pts

7.49lb Mina Halal boneless chicken thighs
16.51/kg 21635520_KG



Optimum 1,000 pts

7.99 Mina Halal ground chicken
454 g 21618141_EA



Optimum 1,000 pts

3.49lb Mina Halal chicken legs
7.69/kg 21618000_KG



Optimum 1,000 pts

4.49lb Mina Halal chicken drumsticks
9.90/kg 21618064_KG



Optimum 1,000 pts

4.49lb Mina Halal chicken thighs
9.90/kg 21618074_KG



Optimum 1,000 pts

6.99lb Mina Halal split chicken wings
15.41/kg 21635752_KG



optimum™

More offers. More points.

pts pts pts pts



Optimum 3,500 pts for every \$10 spent on

Crown corn syrup or Fleischmann's baking products selected varieties and sizes

20160687_EA/2010292002_EA



Optimum 5,000 pts for every \$20 spent on

Clorox, Pine-Sol or Glad waste outdoor bags selected varieties and sizes

20298679001_EA/20646183_EA

Optimum 1,500 pts when you buy 2

Optimum 2,500 pts when you buy 3

Optimum 5,000 pts when you buy 4

General Mills cereal 297-437 g

21562045_EA/21599166_EA



Optimum 2,000 pts for every \$30 spent on

Friskies wet or dry cat food selected varieties and sizes

20142252001_EA/20319657005_EA



Optimum 2,500 pts when you buy 2

Cheetos Mac 'N Cheese selected varieties and sizes

21390921_EA/21390928_EA



Optimum 2,000 pts when you buy 2

Peek Freans biscuits 290-350 g

20680329_EA/21362356_EA



Optimum 3,000 pts when you buy 4

Blue Buffalo Tasteful wet cat food 156 g

21478500_EA/21478532_EA



Optimum 1,000 pts when you buy 4

Blue Buffalo Bursts cat treats selected varieties, 56.6 g

21360158_EA/21360266_EA



Optimum 8,000 pts when you buy 2

Liquid I.V. electrolyte drink mix 16x256 g

21592444_EA

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optimum™

More offers. More points.

pts pts pts pts



Optimum
4,000 pts
when you buy 1

Finish Quantum dishwasher tabs
selected varieties, 60-105's
21218875_EA/21561337_EA



Optimum
3,000 pts
when you buy 1

McCafe K-Cups
30/48's
21238592_EA



Optimum
2,000 pts
when you buy 1

Chapman's
Super Premium ice cream
selected varieties, frozen
21511106_EA



Optimum
2,000 pts
when you buy 1

Finish
dishwasher tabs
selected varieties
30-55's
21517965_EA/21565525_EA



Optimum
1,500 pts
when you buy 1

Whiskas
Temptations tub
selected varieties
454 g
21012108_EA/21105449_EA



Optimum
1,500 pts
when you buy 1

1850 coffee
340 g
21194208_EA/21194217_EA



Optimum
1,000 pts
when you buy 1

Sharwood sauce
395 mL
21435141_EA/21435136_EA



Optimum
1,000 pts
when you buy 1

Kikkoman
soy sauce 296 mL
20015907_EA/20123117_EA



Optimum
500 pts
when you buy 1

Old Dutch,
Restaurante
or Humpty Dumpty
235-290 g
21367510_EA/21367543_EA



Optimum
500 pts
when you buy 1

Static Guard 156 g
20620043_EA



Optimum
500 pts
when you buy 1

Bear Paws cookies
168-240 g
21080791_EA/21531447_EA



Optimum
250 pts
when you buy 1

Melba, Canape,
Baguettes dry bread
selected varieties
120-200 g
20172823002_EA/20322163004_EA



Optimum
1,500 pts
when you buy 1

TRESemmé,
Shea Moisture
or Nexus hair care
selected varieties
311-425 g/
237-828 mL
21170103_EA/20315303001_EA



Optimum
1,500 pts
when you buy 1

Dove or Degree
spray deodorant
selected varieties
107 g
20840721_EA/21078327_EA

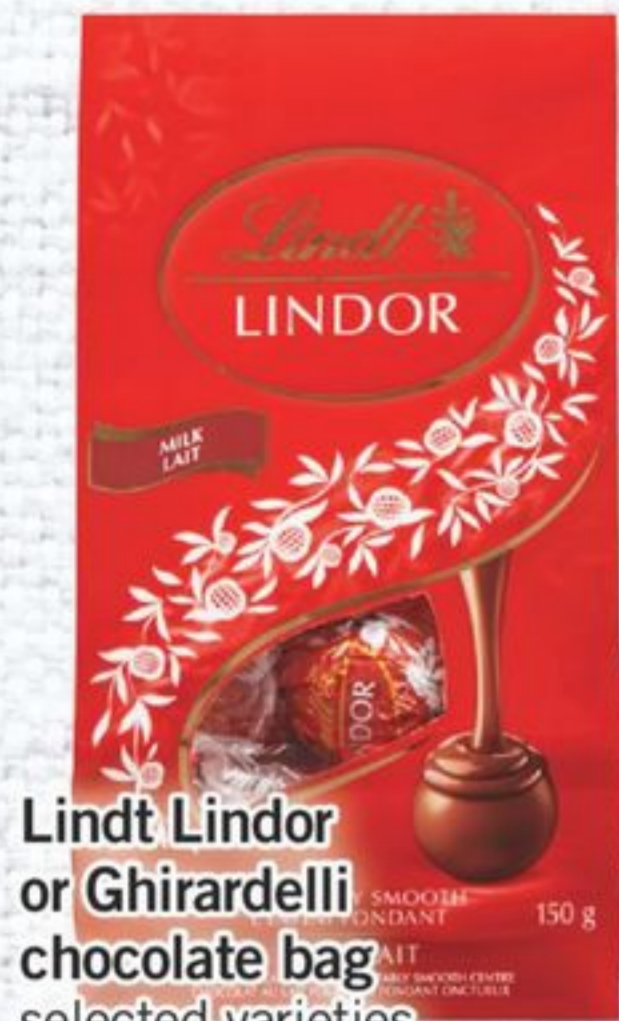


Optimum
2,000 pts
when you buy 1

Vaseline or
Dove baby products
selected varieties
400-600 mL
2108501_EA/21017305_EA

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GROCERY



Lindt Lindor or Ghirardelli chocolate bag selected varieties

21390291_EA

7.99
142-151 g



VH cooking or dipping sauce selected varieties

3.49
341-380 mL



Minute Rice or Tilda ready to heat rice selected varieties

20695681_EA/20944993_EA

2.99
250 g



Handfuel cashews or almonds

5.99
150 g



Miss Vickie's kettle chips

3.79
190-200 g



Katjes gummies

21408401_EA

3.49
170 g



Knorr gravy or pasta sauce mix selected varieties

1.49
17-44 g



GoGo Squeeze fruit sauces selected varieties

3.99
4x90 g



Dare Bear Paws cookies selected varieties

21080777_EA/21531448_EA

3.49
168-240 g



Humpty Dumpty snacks selected varieties

20858758_EA/21445100_EA

4.29
250-290 g

Halloween Treats



Nestlé assorted candy bars 50's or Kit Kat Spooky Friends 40's

21451527_EA/21570808_EA

8.99
328/485 g



Reese's peanut butter cups 390 g or Oh Henry 375 g

21599604_EA/21599631_EA

6.99
each



Hershey's Harry Potter kisses

21594673_EA

5.49
180 g



Nestlé chocolate candy selected varieties

21529566_EA/21571131_EA

6.99
25's



Kinder Bueno minis

21588344_EA

9.99
297 g



Rockets Halloween candy

21595219_EA

9.99
1 kg



Nestlé Scary assorted multipack selected varieties

20885425_EA

9.99
364 g



Kellogg's Rice Krispies Squares minis

20795842_EA

9.99
40x11 g



Monster Mash fruit snacks

21594185_EA

10.99
635 g



Pringles potato chips selected varieties

21307328_C01

12.99
32x19 g

DAIRY & FROZEN



9.99 Bibigo frozen wontons, dumplings or rice
510-710 g 20322380001_EA



3.49 Gay Lea sour cream selected varieties
425/500 mL 20317536001_EA



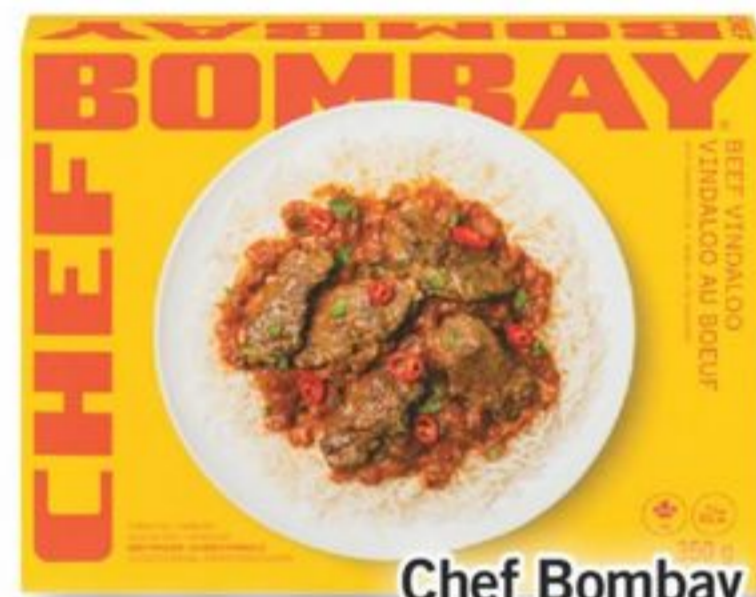
6.99 Siggis Icelandic Skyr selected varieties
650/750 g 21353892_EA



3.99 Tre Stelle cream cheese selected varieties
200 g 21316018_EA



3.99 iÖGO nano drinkable yogurt selected varieties
6x93 mL 20609687001_EA



5.99 Chef Bombay entrées or snacks selected varieties, frozen
240-354 g 20973182_EA



7.99 Black Diamond Cheestrings selected varieties
pkg of 12/16 20763661_EA



11.99 Crafty Ramen entree frozen
500-540 g 21544830_EA



3.79 Cavendish Farms fries selected varieties, frozen
800 g 21559837_EA



7.99 McCain Pockets selected varieties, frozen
pkg of 6 21615136_EA

Hot Beverages



5.49 Carnation hot chocolate selected varieties
175/250 g 21042072_EA



7.99 Tetley tea
40/48's 20719978002_EA/20722625_EA



8.99 PC® single origin coffee selected varieties
340 g 21380579_EA



9.99 Tim Hortons ground coffee selected varieties
300 g 20902294_EA



6.99 Nescafé Gold jars or Sweet & Creamy selected varieties
100-396 g 21074565_EA/21363371_EA



10.99 Starbucks ground or K-Cup coffee selected varieties
340 g/10's 20547343003_EA/20548682004_EA



7.99 Tim Hortons french vanilla cappuccino
454 g 20149985_EA



6.49 Nestlé Coffeemate selected varieties
450 g 20309221002_EA



5.99 International Delight coffee enhancer selected varieties, refrigerated
946 mL 20895480002_EA



4.99 Eby Manor partly skimmed 2% milk
1 L 21243969_EA

**MAKE
YOUR
OWN**

PIZZA



249^{lb} organic
pizza sauce
5.49/kg 20018438_KG



220^{/100 g} pizza
mozzarella
9.99/lb 20959084_KG



231^{/100 g} sliced pepperoni
10.49/lb 20731474_KG



399 PANE *Fresco*
fresh pizza dough
white or whole wheat
600 g 20613587_EA



*Great for
pizza ovens!*

699 PANE *Fresco*
personal
pizza dough
4 pack 21562009_EA



379 PC® pizza crust
selected varieties
300/440 g 21416545_EA



699 each PC® Natural Choice™
Italian pancetta 150 g
or Venetian sliced cup
& char pepperoni 175 g
20049345_EA/21540009_EA



Paese Mio
anchovies
selected varieties
21023473_EA/21024592_EA

699
150 g



PC®
Black Label
pizza flour
soft wheat
20982877_EA/21099484_EA

399
1 kg



PC® shredded
cheese
selected varieties
21060183_EA

649
300/320 g



Tutto Calabria
hot honey
21424972_EA

999
180 g

Available in the salad bar!

fresh sliced
peppers
made in store
21492802_EA

499
400 g



fresh diced
red onions
made in store
21492806_EA

499
358 g



pineapple
chunks
product of
Costa Rica
21019125_KG/200378141_KG

699^{lb}
15.41/kg



Foodland
ONTARIO

349 PC® Organics cremini or
white sliced mushrooms
product of Ontario
21005382_EA/21021587_EA



Interesting Finds for the FOODIE



Pop Up Timer & Oven Ready Pan!

a proud FORTINOS recipe

ONTARIO TURKEY MAKES IT SUPER

19⁹⁹
800 g

Fortinos boneless turkey breast roasts seasoned & sage and onion
21632573_EA/21634139_EA

New, ready to cook turkey breast roasts. Raised without antibiotics. Just pop into the oven! Comes with a convenient pop-up thermometer.



This rich, super creamy Italian cheese is from the Langhe region of Piedmont. A combination of cow's, sheep's and goat's milk, it has a moist, mousse like interior and delicate, edible rind. Earthy, full of flavour with a bit of goat's milk tang. A superb addition to a cheese board. Bring to room temperature before serving.

La Tur Altalanga

21618605_EA

11⁹⁹ 250 g



6 varieties

7⁹⁹
175-266 mL

Frantoi Cutrera pasta sauces
21625957_EA/21625947_EA

These family and regional sauce recipes are a tribute to authentic Sicilian cuisine. Rich in Mediterranean flavours including olives, eggplant, tomatoes, capers, anchovies and local herbs. They tell the story of the food, land and culture of Sicily.

Olive growers and millers in Sicily for over a century, the Cutrera family cultivate between Mt. Etna and the Mediterranean. For 6 generations, with more than 700 awards, the Cutrera family continue to celebrate the greatness of the land by producing the best possible olive oil.

Frantoi Cutrera extra virgin olive oils

21572309_EA/21572316_EA

19⁹⁹-29⁹⁹ 500/750 mL



Find us in Nature's Treasure!

Vine-ripened tomatoes organically grown in California made from just four ingredients: tomatoes, garlic, basil, extra virgin olive oil, plus Pacific sea salt. A sauce that will heighten the taste of any pizza!

6⁴⁹ 425 mL

Bianco DiNapoli organic New York style pizza sauce
21613963_EA



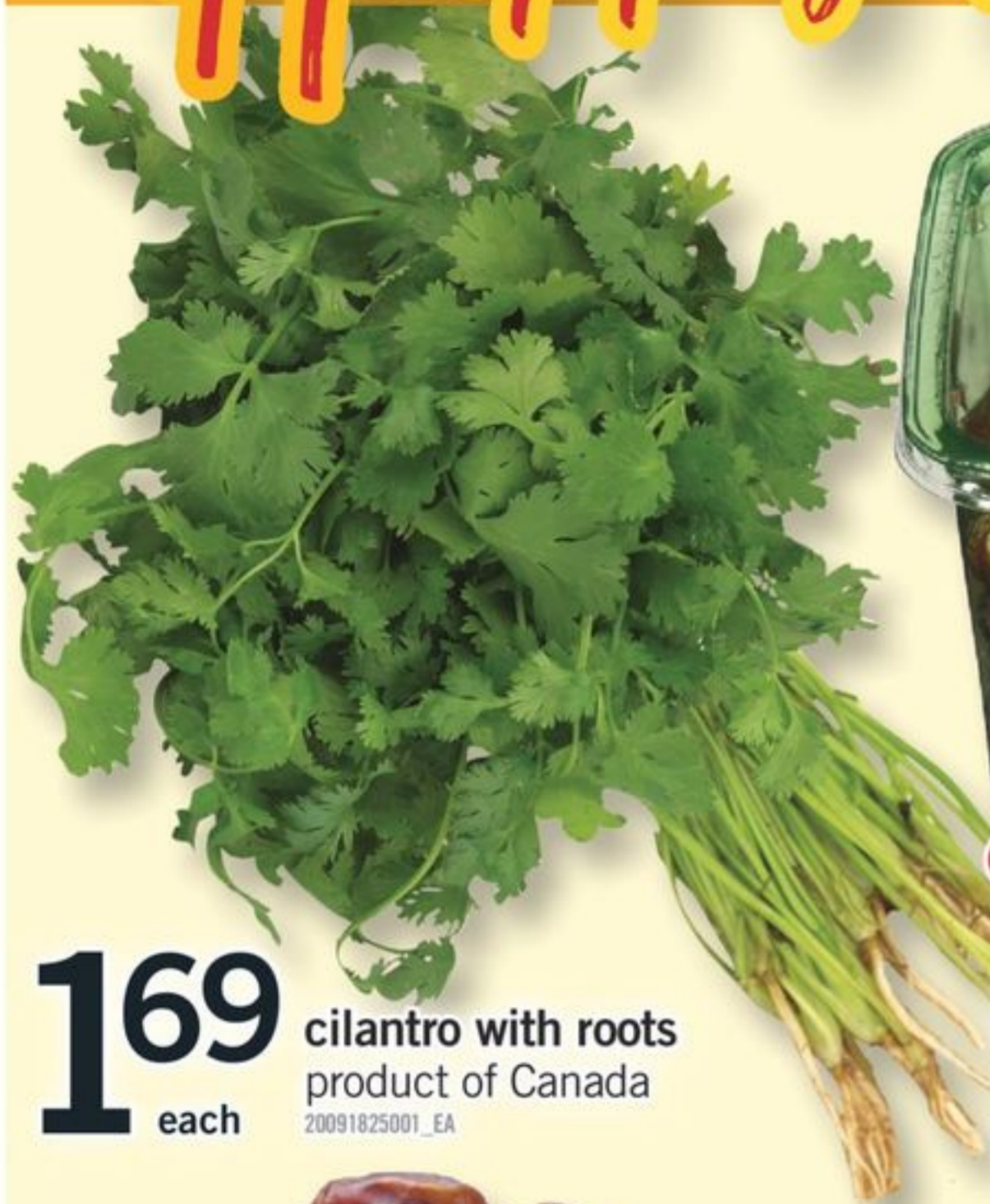
12 varieties

7⁹⁹ 227 g

Alexander's Fudge
21626189_EA/21626204_EA

Made with real butter and cream, each piece of Alexander's Fudge embodies the rich creamy texture, decadent flavour, and signature top quality of this family business in Smithville, Ontario.

Happy Diwali



1.69 each
cilantro with roots
product of Canada
20091825001_EA



2 lb
9.99 2 lb
Medjool dates
product of U.S.A.
20001686_EA



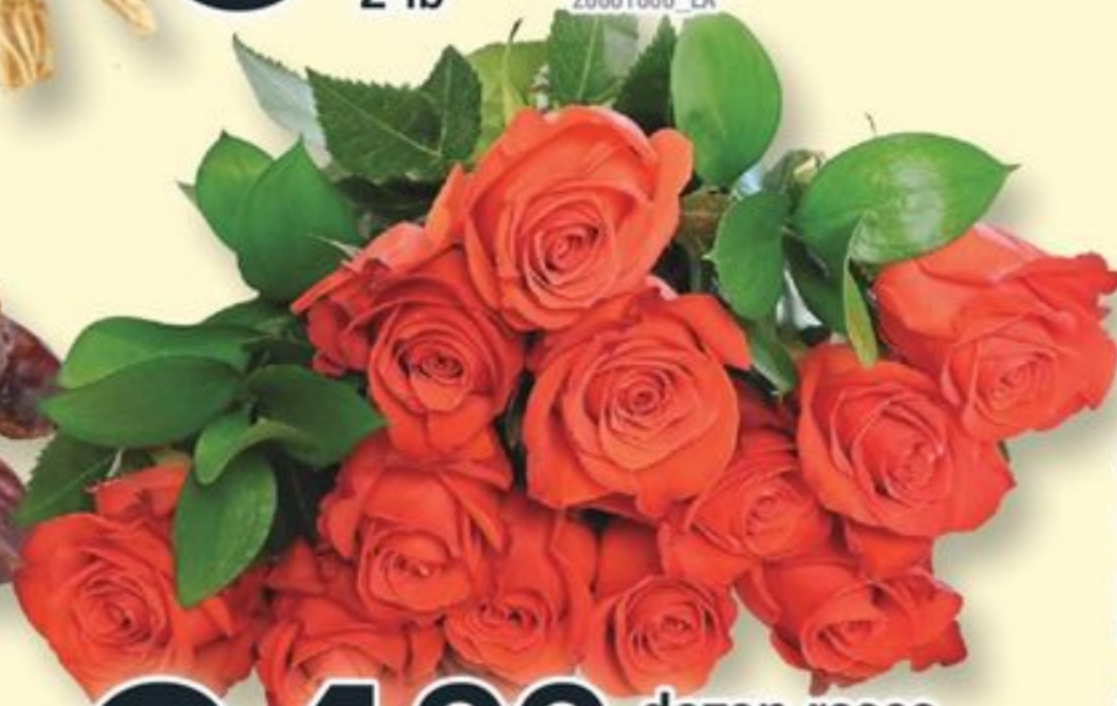
2.29 lb
5.05/kg
jumbo papaya
product of Mexico
20817066001_KG



5.99 10 lb
red onions
product of Ontario,
Canada no. 1 grade
21614337001_EA



.44 /100 g
1.99/lb
pitted
cooking dates
20160982_KG



24.99 50 cm
dozen roses
red or assorted
colours
21291634_EA/21291631_EA



15.99 800 g/1 kg
7" round
eggless cake
chocolate
or vanilla
20965406_EA



3.49 5's
Suraj
naan bread
selected varieties
21051353_EA



4.99 375 g
Brar's
malai paneer
20283164_EA



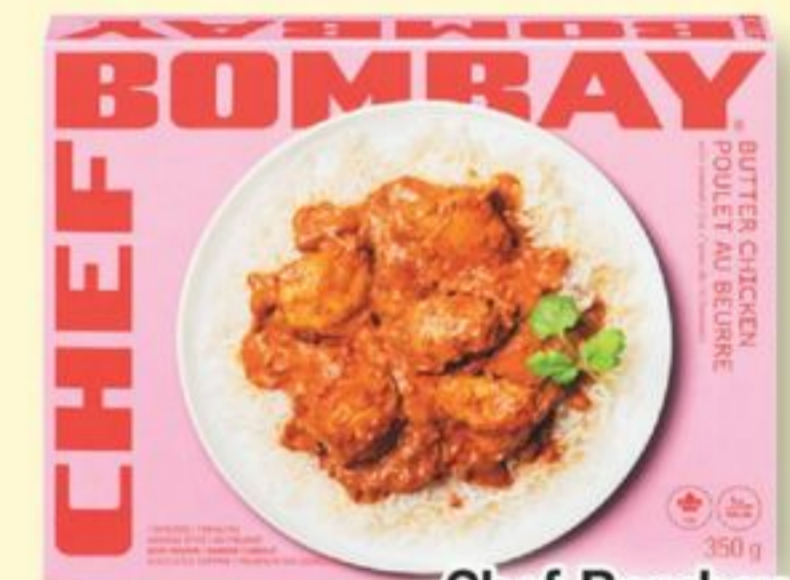
2.29 750 g
Hans Dairy
Dahi yogurt
2% or 3.2% M.F.
20092811_EA/20313667_EA



2.99 900 g
NuPak
beans or lentils
selected varieties
20053996_EA/20072542_EA



4.49 400 mL
Patak's
cooking sauce
selected varieties
20217180002_EA/20306818001_EA



5.99 240-354 g
Chef Bombay
frozen entrées
selected varieties,
frozen
20973182_EA



16.99 9.07 kg
Sher
Desi style
durum atta
20657367_EA



2.49 1 L
Rubicon
juice
selected varieties
20029236001_EA/20304561001_EA



7.99 72/100's
Lipton
Yellow Label
black or green tea
selected varieties
21593357_EA



.99 300 g
Parle G
biscuits
20956495_EA



2.99 85-95 g
Cadbury
chocolate bar
family size,
selected varieties
20024241001_EA

NATURAL HEALTH



2.99
170 g
Annie's macaroni & cheese
selected varieties
20316187001_EA/20811201_EA



Amy's frozen burrito
selected varieties
20042092002_EA/20371439001_EA

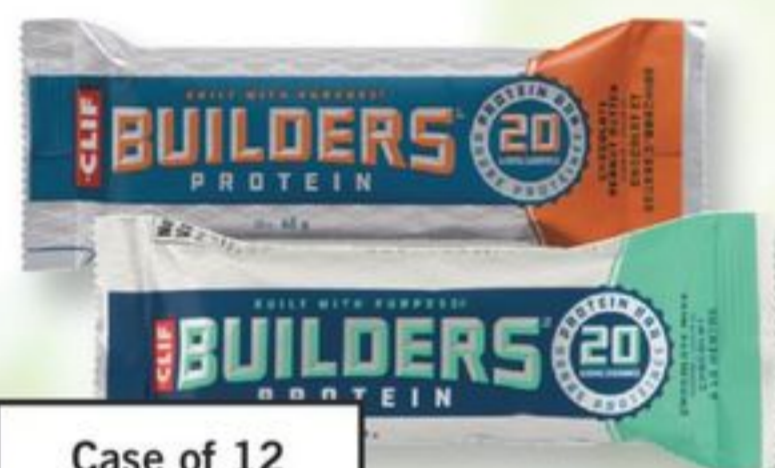
4.99
156/170 g



2.99
946 mL
Earth's Own
non-dairy beverage
selected varieties
20553391002_EA



6.49
275-400 g
Kashi cereal
selected varieties
20591675_EA/21073337_EA



Case of 12
\$24.99
2.49
68 g
Clif Builders
protein bar
selected varieties
20303133002_EA/20419958001_EA

Humble organic
potato chips 135 g
or Dream Pretzels
Dream Pressels or
Protein Pressels
150-200 g
selected varieties
21203663_EA/21454969_EA

3.99
each



5.49
8x355 mL
LaCroix
sparkling water
selected varieties
21300994_C08/21392631_C08



5.99
141 g
Tia Lupita
Cactus
tortilla chips
selected varieties
21570644_EA/21570702_EA



8.99
1 L
Fruit D'Or
Pure Juice
selected varieties
21108268_EA



Cha's
organic coconut
cream or milk
selected varieties
21316074_EA/21387563_EA

5.49
400 mL



7.49
116-500 g
Queen St. Bakery
bagels or bread
selected varieties,
frozen
21218834_EA/21411425_EA

Organic
& Fair Trade!



Salt Spring
whole bean coffee
selected varieties
20313949001_EA/20313949003_EA

12.99
400 g



FATSO
peanut butter
selected varieties
21314277_EA/21314270_EA

8.49
500 g



Terra Breads
small-batch
granola
selected varieties
21537841_EA/21537843_EA

16.99
800 g



Food that you can feel good about!



PC® Organics
herbal tea
selected varieties
21410942_EA/21411124_EA

3.99
40 g



PC® Organics
sour cream
21021374_EA

4.79
500 g



PC® Organics
natural peanut
butter 500 g
or rolled or
steelcut oats 1 kg
selected varieties
20298178_EA/20705773_EA

4.99
each



PC® Organics
pasta noodles
selected varieties
20669803001_EA/20669803002_EA

3.49
454 g



PC® Organics
pasta sauce
selected varieties
20085773001_EA/20318521002_EA

5.99
700 mL

NATURE'S TREASURE

Digest & Detox

Holiday gatherings & dinners with loved ones are special but may leave us feeling bloated and uncomfortably full. We're here to help! Visit Nature's Treasure for a wide variety of supplements that will help ease that distention, increase energy, and improve overall digestive functions. Our on-site Certified Nutritional Practitioners are available to help navigate your choices and offer helpful lifestyle tips to better your digestive wellness!



Talia
Certified Holistic Nutritionist
Upper Middle, Burlington

SUPPORT YOUR IMMUNE SYSTEM WITH POWERFUL APOPTOGENIC HERBS!

St. Francis Herb Farm immune supporting tonics selected varieties

20733643_EA/20733948001_EA
16⁹⁹
50/120 mL



17⁹⁹
10-50 mL/60-120's
A. Vogel herbal cold & flu remedies selected varieties
20078528_EA/20096488_EA

DETOX-PRO IS A SIMPLE ONE-STEP 15-DAY CLEANSE THAT HELPS OPTIMIZE LIVER FUNCTION.

Can Prev detox & digestion support supplements selected varieties

20776011_EA/20776015_EA
37⁹⁹
60-120's



BOOST YOUR IMMUNITY, FIGHT TOXINS, AND REDUCE INFLAMMATION!



12⁹⁹
4x70 mL
Pulp and Press cold-pressed wellness shots
21584828_EA/21584829_EA

MAGNESIUM PLAYS A KEY ROLE IN SUPPORTING THE BODY'S NATURAL DETOXIFICATION PROCESSES.

Orange Naturals magnesium bisglycinate supplements selected varieties

21096218_EA/21190726_EA
19⁹⁹
90/120's



3-IN-1 FORMULA, PROVIDING 14 G OF FIBRE PER DAY!

North Coast Naturals daily cleanse

20704916_EA
26⁹⁹
1 kg



32⁹⁹
154-420 g
Botanica perfect protein or greens selected varieties
21209668_EA/21211204_EA

NON-TOXIC BEAUTY FAVOURITES

USE TO ALLEVIATE INFLAMMATION OR STRESS, ALSO GREAT AS A NATURAL FRAGRANCE!



8⁹⁹
9.2-15 mL
Aura Cacia essential oil roll-on selected varieties
21100274_EA/21100280_EA

GLUTEN-FREE FORMULA, NOT TESTED ON ANIMALS!

Andalou Naturals body lotion selected varieties

20894768001_EA/20894768002_EA
10⁹⁹
178-251 mL



Herbatint natural henna-based hair colour selected varieties

20316992002_EA/20316992011_EA
15⁹⁹
178-251 mL



BEAUTIFUL RE-USABLE CONCRETE CONTAINER!

La Luna 100% soy & coconut-based candles

21475759_EA/21475947_EA
24⁹⁹
130 g



BABY



baby diapers, formula, wipes, accessories or food selected varieties

Optimum
10,000
for every \$50 spent on



Huggies Pull-Ups
selected varieties

36⁹⁹
82-92's



Huggies or Huggies wipes or Huggies wipes selected varieties

19⁹⁹
560-720's



Similac powder formula or Similac Pro-Advance selected varieties

41⁹⁹
570-800 g



Enfamil formula ready to drink selected varieties

59⁹⁹
18x237 mL



Dove baby needs selected varieties

9⁹⁹
591 mL



Love Child pouches all varieties

179
128 mL



Once Upon A Farm refrigerated pouch 85 mL or PC® Organics mini cereal bar 160 g selected varieties

2⁹⁹
each



Earth's Best organic baby snacks selected varieties

3⁹⁹
71-133 g



PediaSure selected varieties

9⁹⁹
4x235 mL

BODY & HEALTH



Sensodyne repair toothpaste 75 mL or Listerine 1 L selected varieties

6⁹⁹
each



Softsoap liquid hand soap selected varieties

249
221 mL



Nivea lotion selected varieties

8⁹⁹
50-625 mL



Ivory bar soap 10's or Ivory body wash 621 mL selected varieties

5⁹⁹
each



Native body wash or haircare selected varieties

10⁹⁹
487-532 mL



Always liners 36-72's, pads 10-26's or Tampax tampons 14-18's selected varieties

4⁹⁹
each



Tena protective underwear selected varieties

17⁹⁹
13-48's



Pantene hair care or styling selected varieties

5⁹⁹
308-355 mL/187-200 g



Halls Relief Soulagement selected varieties

3⁹⁹
24-30's



ONE protein bar selected varieties

349
60 g

no name®

Just Low Prices



no name® foil 50 ft or parchment paper 10 m
2111987_EA/21375917_EA

2.99 each

no name® zipper freezer bags medium or large
30/40's
20155482_EA/20298374_EA

3.99



no name® compostable bags club size
100's
20894653_EA

13.99



no name® scented air freshener
21405442_EA/21405448_EA

.99 170 g

no name® all purpose cleaner
21207732_EA

2.99 1.3 L



Purex laundry detergent selected varieties
21169575_EA

15.99 4.43 L/92-110 WL



Finish Jet Dry, Rinse Aid
20088725_EA/20548797_EA

11.99 500/621 mL



Dawn Powerwash dish spray refills
21218859_EA/21574880_EA

5.99 473 mL



Bounty paper towels
21515966_EA

18.99 6=12 rolls



Easy Off oven cleaner selected varieties
20295757_EA/20318168001_EA

6.49 400 g/475 mL

PET NEEDS



Whiskas Perfect Portions wet cat food selected varieties
21011523_EA/21011788_EA

1.49 75 g



Purina Friskies Party Mix cat treats selected varieties
21080999_EA/21165999_EA

2.99 170 g



Meow Mix dry cat food selected varieties
21383314_EA

9.79 1.36 kg



PC® Nutrition First dry cat food selected varieties
21303028_EA/21303031_EA

26.99 4 kg



Purina Tidy Cats cat litter selected varieties
21206305_C01/21217951_C01

23.99 5.44 kg



Milk-Bone dry treats selected varieties and sizes
21014403_EA/21014573_EA

4.99 750-900 g



VitaLife dog treats selected varieties
21302215_EA/21302221_EA

22.99 750 g



Purina ONE dry dog food selected varieties
20912587_EA/20946525_EA

10.99 1.81 kg



Blue Buffalo Delights wet dog food
21360377_EA

16.99 12's



Blue Buffalo dry dog food selected varieties
21360573_EA/21360859_EA

49.99 9.9 kg

Fresh FLOWERS



\$20-50

each

Fortinos mixed bouquets
assorted colours and sizes

21549451_EA



\$32

each

rose quartet

21525366_EA



\$45

5" pot

colour infused orchid
assorted colours

20947101_EA



19⁹⁹

5" pot

succulent in metallic pot

21087195_EA



spineless cactus
in ceramic

21455116_EA

\$35

each



11⁹⁹

each

leaf gift box

21638485_EA

Floral Arrangements

visit flowersbyfortinos.ca

- ✓ Made fresh by our skilled designers
- ✓ We Deliver!
Order your fresh flowers today for local delivery.



Halloween Treats



.77 /100 g
3.49/lb
Halloween
ju jubes
21199402_KG



121 /100 g
5.49/lb
candy corn
20698765_KG



121 /100 g
5.49/lb
Halloween
creme pumpkins
21152763_KG



187 /100 g
8.49/lb
milk chocolate
pumpkins
21110193_KG



187 /100 g
8.49/lb
Halloween
monster mix
20587485_KG



187 /100 g
8.49/lb
googly eyes
21625162_KG



264 /100 g
11.99/lb
yogurt drizzled
pretzels
21625402_KG



121 /100 g
5.49/lb
Halloween
spice drops
21309603_KG



154 /100 g
6.99/lb
espresso mix
21291567_KG



220 /100 g
9.99/lb
mixed nuts
50% peanuts,
salted and unsalted
20875473_KG/20329572_KG



264 /100 g
11.99/lb
everything
seasoned cashews
21595070_KG



.77 /100 g
3.49/lb
roasted
sunflower seeds
salted or unsalted
20119942_KG



264 /100 g
11.99/lb
deluxe mixed
nuts, no peanuts
salted or unsalted
20158648_KG



.88 /100 g
3.99/lb
roasted kettle
cooked peanuts
21003679_KG



.88 /100 g
3.99/lb
butter toasted
peanuts
20023383_KG



220 /100 g
9.99/lb
walnuts
halves and pieces,
pieces or crumbs
20160573_EA20340314_EA

Seafood



14⁹⁹ IFC mahi mahi,
coho or tuna portion
frozen
454 g 21608715_EA/21608592_EA

22⁹⁹ IFC lobster
claws frozen
454 g 21624168_EA

22⁹⁹ Hunter Marine
cooked octopus
legs frozen
300 g 21619427_EA

6⁹⁹ Paese Mio anchovies
selected varieties
150 g 21023473_EA/21024592_EA

Easy Meals



44th Street
turkey breast roast
or beef pot roast
21204207_EA/21417166_EA

18⁴⁹
550/575 g

Butterball
turkey bacon
selected varieties
20016855_EA

7⁴⁹
300/375 g

9⁴⁹lb Rachel's corned
beef brisket
20620766_KG

5⁹⁹ Maple Leaf Top Dogs, Schneider's
RedHots or Shopsy's wieners
selected varieties
20602429_EA/21093477_EA



9⁴⁹ Pie Commission
meat pies
all varieties, frozen
290-345 g 21428140_EA/21428141_EA

8⁹⁹ PC® gluten free chicken
burgers, strips or nuggets
frozen
600 g 21079476_EA/21079489_EA

18⁹⁹ PC® breaded and
stuffed chicken breast
selected varieties, frozen
560 g 20503402_EA/20503409_EA

9⁴⁹ Beyond Meat
Italian sausage
mild or hot,
frozen
400 g 21300103_EA

COLLECT & SAVE! BIG

Get one stamp for every \$20* spent. Collect 20 stamps and get 75% off one piece of high quality Swiss Design Cookware!



75%
OFF* EACH

**\$20* SPENT
= 1 STAMP**

*While supplies last, receive one stamp for every \$20 spent before applicable taxes in a single transaction. When you collect and redeem 20 stamps, you'll get 75% off one (1) piece of Kuhn Rikon Cookware. Excludes purchase of tobacco, alcohol products, prescriptions, gift cards, phone cards, lottery tickets, all third party operations (post office, gas bars, dry cleaners, etc.) and any other products which are provincially regulated. 75% will be deducted from the total purchase amount before sales taxes are applied. Cannot be combined with any other coupons or promotional offers. Stamps have no cash value and are non-transferrable. For a digital stamp card, PC Optimum™ members can opt into this program and find a stamp card through the App. One card per account. For a paper stamp card and for non-members see in-store to receive your card. A complete set of 20 digital OR paper stamps must be presented to cashier at time of purchase. A mix of digital and paper stamps collected are not accepted as a complete set. Completed stamp cards can be redeemed up until February 20th, 2025, after which point they expire. All sales are final. Cookware is under warranty for a 2 year period from date of purchase. Exceptions to warranty apply. Cookware eligible for a replacement under warranty can be replaced at your store of purchase until February 20th, 2025 or while supplies last, after which point, please contact loblawpromotions@l-founders.com for replacement of product. For full warranty information, FAQ's and complete offer details, please visit pcoptimum.ca/collectandsave.

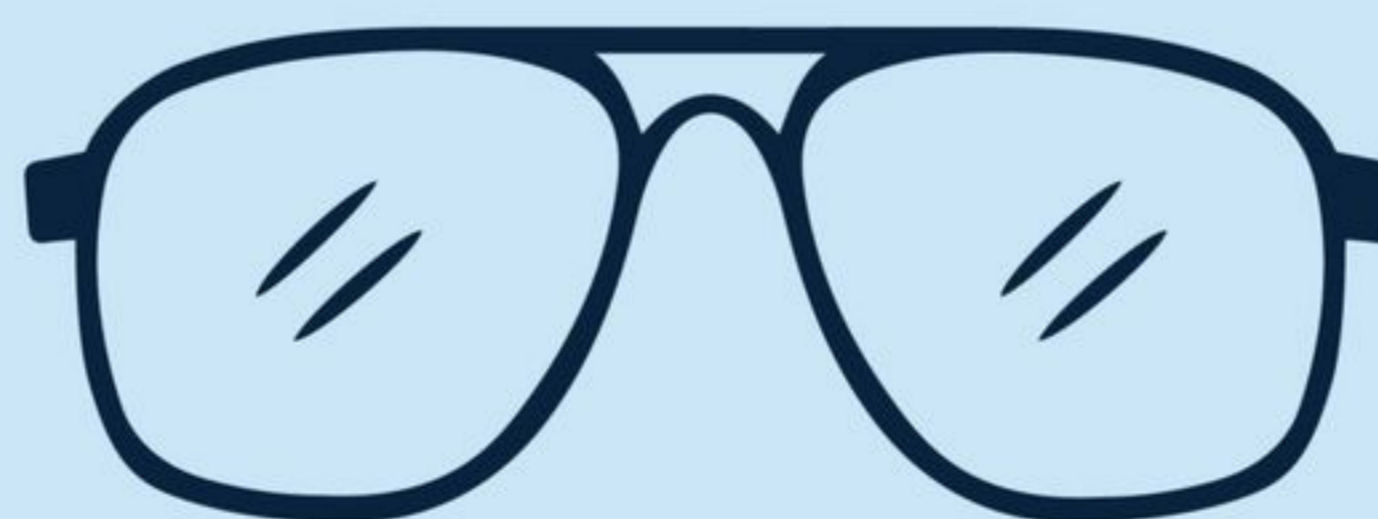
Theodore & Pringle™
OPTICAL



**50% OFF
EVERYTHING**

**Yes, absolutely
EVERYTHING in store.***

October 17 - 23, 2024



Offer available at the following Fortinos locations:

Hamilton: Mall Road, Eastgate Burlington: Plains Rd, Upper Middle Brampton: Brisdale, Bovaird Etobicoke: Queens Plate

*OFFER AVAILABLE BETWEEN OCTOBER 17 - 23, 2024. WHILE QUANTITIES LAST. OFFER DOES NOT APPLY TO EYE EXAMS AND CANNOT BE COMBINED WITH ANY OTHER OFFER, DISCOUNT OR PROMOTION, INCLUDING ANY ELIGIBLE EMPLOYEE DISCOUNT. TAXES EXTRA, WHERE APPLICABLE. NO ADJUSTMENT ON PREVIOUS PURCHASES. FRAMES AND/OR ACCESSORY SELECTION MAY VARY BY STORE. SEE IN-STORE OPTICIAN FOR DETAILS. OFFER MAY BE MODIFIED OR CANCELLED WITHOUT NOTICE.

SO GOOD IT'S SCARY

PRINGLES PARTY STACK
GLOWS IN THE DARK

PRINGLES PARTY STACK
GLOWS IN THE DARK

PRINGLES
OOORIGINAL

PRINGLES
SOUR CREAM & ONION

Party Stack® Original
21074284

Party Stack® Sour Cream & Onion
21074322

HERSHEY'S SHARE HERSHEY MOMENTS

100
Hershey Chocolate, Candy & Peanut Free Multis 100 ct
21528282, 21528420
(1.01 - 1.17 g)
14.99

NEW!
HERSHEY'S KISSES HARRY POTTER™
21594673
(180 g)
5.49

50
Hershey Chocolate, Candy & Peanut Free Multis 50 ct
21528274, 21529277
(513 - 582 g)
9.99

25
REESE'S 25 ct Multis
21599604
(390 g)
6.99

General Mills GIVE A HELPING HAND

Together with General Mills, help support President's Choice Children's Charity in their mission to feed one million children each year, with a portion of proceeds donated from every specially marked box sold.¹

children's charity
feeding hungry minds

Honey Nut Cheerios
au miel et aux noix

Annie's
Mac & Cheese

Nature Valley
Sweet & Salty

Old El Paso
TACO CRUNCHY SHELLS

Liberté Greek

Yoplait
Minigo

Liberté Méditerranée

1. "Part of the proceeds from this purchase" equates to \$0.15/box
†The PC Children's Charity logo is a trademark of Loblaws Inc., used under license.

\$4.99 21104047
21104173
21104058
General Mills™ Retail Size Cereals 317-430g, select varieties

\$4.29 21213559
20587504001
Nature Valley™ Sweet & Salty™ 192-210g, Fibre 1 Bars, Nature Valley™ Protein Bars, Biscuits, 125-190g

\$3.99 20306992002
20306992001
Old El Paso™ Taco Shells 125-191g

\$2.99 20316187001
20811201
Annie's™ Mac & Cheese 148-170g

\$6.99 21619601
21619474
Liberté Greek® 650-750g

\$3.79 20275868001
20275868002
Yoplait™ Minigo 6x60 mL

\$4.99 21619591
20788062002
Liberté Méditerranée® 500g

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NEW

Campbell's CHUNKY SPICY



Serving Suggestion

	349 Campbell's® Ready to Serve Soups 515 mL, selected varieties
	249 Campbell's® Ready to Use & Concentrated Broths 250 mL – 900 mL, selected varieties
	549 Pace® Chunky Salsa 642 mL, selected varieties
	349 Prego® Pasta Sauce 645 mL, selected varieties
	329 Campbell's® Chunky® Soup 515 mL, selected varieties

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MONOPOLY

DOUBLE PLAY

Oct. 1/24 to Nov. 4/24
JOIN THE GAME WITH A

FREE MEDIUM HOT COFFEE!

Redeemable with coupon at McDonald's® restaurants in Canada.



	\$12.99	Optimum 2,000
	\$21.99	Optimum 3,000

†Coupon expires December 31, 2024. Not valid with delivery, mobile orders or at kiosks. PLEASE PRESENT THIS COUPON FOR REDEMPTION TO RESTAURANT CREW MEMBERS PRIOR TO ORDERING. Limit one coupon per customer, per visit. Not valid with any other offer. No cash value. Coupon may not be copied or duplicated in any way. Valid only at participating McDonald's® restaurants in Canada.

*No purch. reqd. Oct. 1 – Nov. 4/24 or while supplies last. 100 Code entries/day. Game Piece Prizes: 1 in 5 chances to win at outlet, mostly food prizes. App Prizes: Chances based on time of Code entry. Draw Prizes: Chances depend on number of entries in each draw. See Rules in App for details. © 2024 McDonald's. MONOPOLY TM, ® & © 2024 Hasbro.

NEW CHERRY FLAVOUR

80% LESS SUGAR* **14G PROTEIN****

NEW

\$5.99 Two Good™ 625 g

\$4.49 Two Good™ 4 x 95 g

*THAN THE LEADING FLAVOURED YOGURT IN CANADA
**PER 175G SERVING

ACTIVIA

1 BILLION ACTIVE PROBIOTICS*

.99 Activia® 190 mL		\$4.49 Activia® 650 g	
\$5.49 Activia® 8 x 100 g		\$11.49 Activia® 2 kg	

*With more than 10⁹ CFU Bifidobacterium lactis per serving, a probiotic that contributes to healthy gut flora.

START THE DAY WITH A PROTEIN SNACK

\$4.49 Oikos® - 4 x 100 g	\$11.99 Oikos® - 1.5 kg	.99 Oikos® - 190 mL
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SPICE UP YOUR CUP!

\$5.99 International Delight® - 946 mL



LACTOSE FREE

\$4.49 Danino® - 6 x 93 mL

NEW



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BUNDLE UP THIS SEASON AND SAVE WITH OUR WINTER ESSENTIALS



optimum[™]
1,500 pts



DOVE Dry Spray, DEGREE® Dry Spray, Assorted Sizes, Selected Varieties – 20840652_EA

optimum[™]
3,000 pts



DOVE MENS+CARE Body Wash 532ml, Shampoo/2-in-1 517ml, Bar Soap 141g, Selected Varieties – 21587148_EA

optimum[™]
1,500 pts



SHEA MOISTURE® Shampoo/Conditioner 384 mL, Treatments, Bar Soap 227g, TRESEMME® Shampoo/Conditioner 828 mL, Assorted Styling, Assorted Sizes, NEXXUS® Shampoo/Conditioner 400 mL, Selected Varieties – 21433370_EA

optimum[™]
3,000 pts



DOVE Body Wash 547 mL, Dove Vitamin Care Deodorant 74g, AXE® Fine Fragrances 113g mL, Selected Variety – 21587675_EA

optimum[™]
2,000 pts



VASELINE® Lotion 400 mL – 600 mL, Selected Variety – 21085011_EA

optimum[™]
1,000 pts



AXE® Deodorant/Body Spray 76g/85g/113g, Shampoo 473mL, Shower Tool 473mL, Selected Variety – 21436066_EA

optimum[™]
2,000 pts



SCHMIDT'S® Deodorant 75-90g, Selected Varieties – 21592512_EA

optimum[™]
2,000 pts



Baby DOVE® Body Wash 384mL, Lotion 591mL, Selected Varieties – 21017298_EA

optimum[™]
1,500 pts



HELLMANN'S® Mayo Real 1.42L, – 20173154002

optimum[™]
2,000 pts



KNORR® Bouillon 160 g, Selected Variety – 21518162_EA

buy 2 get
optimum[™]
8,000 pts



LIQUID I.V.® Electrolyte Drink Mix 6 & 16 ct, Selected Varieties – 21592512_EA

Trade-mark owned or used under license by Unilever Canada, Toronto, Ontario M4W 3R2.

10,000^{pts}

That's like \$10 in points.

for every \$100 spent on Retail Therapy gift cards

RETAIL THERAPY



THE BAY



OLD NAVY

Indigo

Foot Locker

happy

* ONLINE EXCHANGE REQUIRED

Offer valid in-store only Oct. 17-23, 2024. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Retail Therapy gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

NEW

HUGGIES[®] SKIN ESSENTIALS[™]

Helps **protect against**
top two causes of **rash***



DERMATOLOGIST
APPROVED



UP TO 100%
LEAKPROOF PROTECTION

\$26⁹⁹

Huggies® Skin Essentials™
Diapers

*moisture & mess | © Registered Trademark and Trademark of Kimberly-Clark Worldwide, Inc. ©KCWW

High protein pasta paired with a protein rich sauce. Classic taste.

20G PROTEIN
PER 85G SERVING

high protein pasta, classic taste
des pâtes riches en protéines, un goût classique

CHICKAPEA

20g^{*} protein protéines

5G PROTEIN
PER 1/2 CUP SERVING

GOOD FOOD FOR GOOD

PLANT-BASED BOLOGNESE CREAMY

POWERED BY SEEDS

470 g (16.5 oz)

21597621

21416388

Certified B Corporation

USDA ORGANIC

Real Ingredients.
Unreal flavour.

Nourish Every Body

6⁹⁹
ea

Pacific Foods® Organic Ready to Serve Soup 946ml-1L, selected varieties 21175723_EA



Pacific FOODS

8⁴⁹
ea

Pacific Foods® Organic Bone Broth 946ml, selected varieties 21494010_EA



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FALL Favourites

\$3⁹⁹

PopCorners® popped-corn chips
(142 g, any flavour)



IT'S TIME FOR AN OIL CHANGE.
HIGH HEAT COOKING
NEUTRAL TASTE

