



metro market

FRESH FOR EVERYONE™

FRESH
BLACK ANGUS
BEEF
GUARANTEED TENDER & JUICY

\$8.99 /LB
With Card

Black Angus T-Bone Steaks
Family Pack

2/\$5
With Card

2.49 /LB
With Card

Fresh Heritage Farm Boneless Chicken Breasts

Strawberries
16 oz

Green Asparagus
\$2.29 /LB
With Card



WEEKEND FREE-BEE!

FREE 12-Pack Kroger Seltzer Water*

When you clip digital coupon & spend \$35+ on **SAT-SUN 10/19-10/20**. See coupon for details.

Scan me or visit MetroMarket.net/FreeBee to download coupon.

WEEKLY DIGITAL DEALS

Use each coupon **UP TO 5 TIMES** in one transaction*

Coca-Cola, Pepsi or 7UP
Select Varieties, 12-Pack, 12 fl oz Cans

\$4.99 /EA
With Digital Coupon

Price without digital coupon is up to \$9.99 each with Card.

Large Ripe Avocados

99¢ /EA
With Digital Coupon

Price without digital coupon is up to \$2.00 each with Card.

EARLY BIRD SALE!

Jennie-O Turkey
Frozen, Grade A, 10-20 lb, Limit 2

99¢ /LB
With Card

3 DAYS ONLY!
FRI - SAT - SUN
October 18 - 20

25% OFF
TODAY'S PRICES
With Card & Digital Coupon

All Halloween Candy
Selection Varies By Store

FINAL COST
When You Buy 4

\$2.49 /EA
With Card

Doritos
8-10.75 oz or Tostitos, 9-13 oz or Ruffles, 7.25-8.5 oz or Smartfood Popcorn, 6.25-7.75 oz; Select Varieties

When you buy 4 or more in the same transaction with Card. Quantities less than 4 are up to \$5.49 each with Card.

*While supplies last.

See inside for **MORE WEEKLY DIGITAL DEALS!**

SAVE \$2 EACH
WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.

Look for these tags. **SALE**

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Lay's Potato Chips
4.75-8 oz or General Mills Chex Cereal, 12-14 oz; Select Varieties

3.99 With Card
-2.00

\$1.99 /EA*

Kroger Butter
Select Varieties, 16 oz

4.49 With Card
-2.00

\$2.49 /EA*

Starbucks Coffee
10-12 oz Bag or K-Cups, 10 ct; Select Varieties

8.99 With Card
-2.00

\$6.99 /EA*

Kraft Miracle Whip or Hellmann's Mayonnaise, Select Varieties, 30 fl oz

6.49 With Card
-2.00

\$4.49 /EA*

SALE DATES: Wed. October 16 - Tues. October 22, 2024. Prices and items are effective at your local store.

SELECTION MAY VARY BY STORE, LIMITED TO STOCK ON HAND. WE RESERVE THE RIGHT TO LIMIT QUANTITIES AND CORRECT PUBLISHED ERRORS.

WEEKLY DIGITAL DEALS



Use each coupon
UP TO 5 TIMES
in one transaction*

Scan me to
download deals



Look for these tags.



Oscar Mayer Bacon
Select Varieties, 12-16 oz
\$3.99 /EA
With Digital Coupon



Price without digital coupon is up to \$5.99 each with Card.



Kroger Seedless Grapes
3 lb Package
\$4.99 /EA
With Digital Coupon



Select Varieties, 3 lb Package
Price without digital coupon is up to \$6.99 each with Card.



Private Selection Oven Roasted Turkey or Wildflower Honey Ham
Sliced to Order or Grab 'N Go, In the Deli
\$7.99 /LB
With Digital Coupon
Price without digital coupon is up to \$9.49 lb with Card.



General Mills Giant Size Cereal
\$3.99 /EA
With Digital Coupon

20-29 oz or Ghirardelli Baking Chips, 10-12 oz; Select Varieties
Price without digital coupon is up to \$5.49 each with Card.



Lay's Party Size Potato Chips
Select Varieties, 12.5-13 oz
\$2.99 /EA
With Digital Coupon
Price without digital coupon is up to \$4.99 each with Card.



Kroger Ice Cream
48 fl oz or Pillsbury Crescents Rolls, Cinnamon Rolls or Grands Biscuits, 8 ct; Select Varieties
\$1.99 /EA
With Digital Coupon
Price without digital coupon is up to \$3.49 each with Card.



La Croix Sparkling Water
8-Pack, 12 fl oz Cans or Kellogg's Eggo Waffles, 8-10 ct; Select Varieties
\$2.49 /EA
With Digital Coupon
Price without digital coupon is up to \$4.49 each with Card.



Swanson Broth
Select Varieties, 32 oz
\$1.49 /EA
With Digital Coupon
Price without digital coupon is up to \$2.49 each with Card.



Bellatoria Ultra Thin Crust Pizza
12.76-21.71 oz or Jimmy Dean Breakfast Sandwiches, Burritos or Biscuit Rollups, 4-10 ct or Jif Peanut Butter, 40 oz; Select Varieties
\$4.99 /EA
With Digital Coupon
Price without digital coupon is up to \$6.99 each with Card.



Hillshire Farm Ultra Thin Lunch Meat
Select Varieties, 7-9 oz
\$2.99 /EA
With Digital Coupon
Price without digital coupon is up to \$3.99 each with Card.



Huggies Diapers or Pull-Ups Diapers
42-136 ct or Blue Buffalo Dry Dog Food or Tastefuls Cat Food, 5 lb Bag; Select Varieties
SAVE \$5 /EA
With Digital Coupon

Price without digital coupon is up to \$46.99 each with Card.

*While supplies last.

WEEKLY DIGITAL DEALS

Use each coupon
UP TO 5
TIMES
in one transaction*



Look for
these tags.

Glad
Trash Bags
Select Varieties, 30-68 ct
\$8.99
/EA
With Digital Coupon

Price without digital coupon is up to \$10.49 each with Card.



Dawn
Powerwash Spray
\$2.99
/EA
With Digital Coupon

Price without digital coupon is up to \$4.99 each with Card.



16 fl oz or U by Kotex
Tampons, Pads or Liners,
12-64 ct; Select Varieties

*While supplies last.

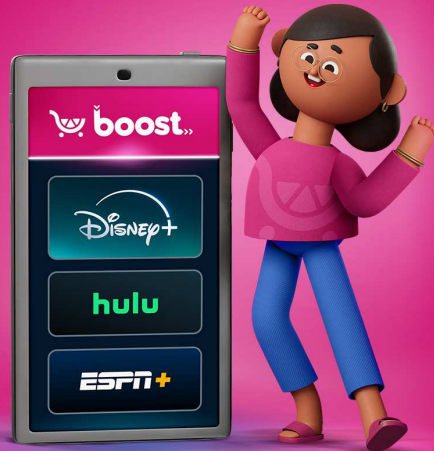
Crock-Pot
Manual
Slow Cooker
Select Varieties, 7 qt
\$29.99
/EA
With Digital Coupon

Price without digital coupon is up to \$39.99 each with Card.



NOW AVAILABLE WITH A BOOST MEMBERSHIP

Your Choice of Disney+ (With Ads),
Hulu (With Ads) or ESPN+ on Us*



boost»

[LEARN MORE](#)

Not a boost member?
Enroll today.

*Eligible subs only. Restrictions apply.
See retailer site for details.

SWEETEST DAY

Saturday, October 19

Celebrate the day by sharing a kind thought,
a small gift or a gesture of kindness.



Private Selection
Cheesecake Slices
Select Varieties,
8 oz, In the Bakery

2/\$7

With Card



Lindt Excellence
Chocolate Bar
Select Varieties,
2.8-3.5 oz

MIX & MATCH
BUY 2, GET 1
of Equal or Lesser Value

FREE

With Card



Sweet Rose
Bunch
18-Stem

\$15⁹⁹

With Card



Fall Mums
6"

\$12 AND UP



Sweetest Grand
Bouquet

\$12



Ghirardelli
Chocolate Squares
Select Varieties,
12.4-15.96 oz

\$12⁹⁹

With Card

SAVE \$2 EACH WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more participating items with Card.



Find even more online!
Scan me to shop all participating items.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.



Look for these tags.

5.99 With Card
-2.00
\$3.99 /EA*
Malt-O-Meal Cereal
30-37 oz
or Farm Rich Appetizers, 15-22 oz;
Select Varieties

4.49 With Card
-2.00
\$2.49 /EA*
Club Crackers
11-13.7 oz or Crisps, 7.1 oz or Town House Crackers, 9.2-13.8 oz;
Select Varieties

7.99 With Card
-2.00
\$5.99 /EA*
Blue Diamond Almonds
16 oz or P.F. Chang's Entrée, 18-22 oz;
Select Varieties

7.99 With Card
-2.00
\$5.99 /EA*
Bertolli Entrée
20-22 oz or Gorton's Fish, 15.2-24.5 oz, Frozen;
Select Varieties

1.49 With Card
-2.00
\$3.99 /EA*
10 POUCHES NATURE VALLEY BISCUITS ALMOND BUTTER
CINNAMON ALMOND BUTTER
14 oz

6.99 With Card
-2.00
\$4.99 /EA*
Coffee-Mate Creamer
64 fl oz or Dave's Killer Bread Organic Bread, 18-27 oz or Nature Valley Biscuits, 10 ct; Select Varieties

4.99 With Card
-2.00
\$2.99 /EA*
Kemps Ice Cream
Select Varieties, 48 fl oz

5.99 With Card
-2.00
\$3.99 /EA*
Yoplait Yogurt
8 ct or Go-Gurt, 20 ct;
Select Varieties

5.99 With Card
-2.00
\$3.99 /EA*
Yoplait Yogurt
8 ct or Go-Gurt, 20 ct;
Select Varieties

5.49 With Card
-2.00
\$3.49 /EA*
Oscar Mayer Beef or Turkey Franks
Select Varieties, 15-16 oz

8.99 With Card
-2.00
\$6.99 /EA*
Gatorade
8-Pack, 20 fl oz or Pure Leaf Tea, 6-Pack, 16.9-18.5 fl oz;
Select Varieties

6.99 With Card
-2.00
\$4.99 /EA*
Rana Family Size Pasta
Select Varieties, 20 oz

16.99 With Card
-2.00
\$14.99 /EA*
Charmin Ultra Bath Tissue
12 Mega Rolls or Bounty Paper Towels, 6 Double Plus Rolls;
Select Varieties

9.49 With Card
-2.00
\$7.49 /EA*
Hefty Trash Bags
Select Varieties, 18-45 ct

7.99 With Card
-2.00
\$5.99 /EA*
Dove Body Wash
20 fl oz or Bar Soap, 4 ct; Select Varieties

6.99 With Card
-2.00
\$4.99 /EA*
Dr. Squatch Bar Soap
Select Varieties, 5 oz



Bubly Sparkling Water
8-Pack, 12 fl oz Cans
or Ken's Salad Dressing,
24 fl oz; Select Varieties

4.99 With Card
-2.00

\$2.99
/EA*



Dot's Pretzels
Select Varieties,
16 oz

6.49 With Card
-2.00

\$4.49
/EA*



5.99 With Card
-2.00
\$3.99
/EA*
Ice Mountain Spring Water

24-Pack, 16.9 fl oz or Cheez-It Family Size Crackers, 17-21 oz; Select Varieties



3.99 With Card
-2.00

\$1.99
/EA*

Kellogg's Cereal
7.8-16 oz or
Betty Crocker Cookie
or Muffin Mix, 16-19.1 oz;
Select Varieties



SAVE \$2 EACH
WHEN YOU BUY 3 OR MORE.

MIX & MATCH 3 or more
participating items with Card.

*When you buy any 3 or more participating items in the same transaction with Card. Participating item varieties and sizes may vary by store.

Look for these tags. **SALE**
Buy 3 or more Save \$2 Each



9.99 With Card
-2.00

\$7.99
/EA*

Stouffer's Family Size Entrée
Select Varieties,
28-40 oz



12.99 With Card
-2.00
\$10.99
/EA*
Liquid Death Water

Select Varieties,
8-Pack, 19.2 fl oz



6.99 With Card
-2.00

\$4.99
/EA*

Private Selection Angus Meatballs
Select Varieties, 16 oz



5.99
-2.00

\$3.99
/EA*

Private Selection Cupcakes
or Kimberley's Oreo Gourmet Cupcakes,
Select Varieties,
4 ct, In the Bakery



8.99 With Card
-2.00

\$6.99
/EA*

Rao's Pasta Sauce
32 oz or Amy's Pizza,
12-14 oz or Pompeian
Extra Virgin Olive Oil,
16 fl oz; Select Varieties



13.99 With Card
-2.00

\$11.99
/EA*

Smucker's Uncrustables

15 ct or Peet's Coffee,
18 oz Bag or Private Selection
Coffee, 20 oz Bag; Select Varieties



14.99 With Card
-2.00

\$12.99
/EA*

Dixie Ultra Paper Plates
100 ct



10.49 With Card
-2.00

\$8.49
/EA*

Pampers Swaddlers Diapers
19-32 ct or Huggies
Little Movers Diapers,
16-25 ct; Select Varieties



SAVE 30%

Tag Reflects Savings With Card
Halloween Décor, Treat Carriers,
Pumpkin Carving, Plush and more



SCARE UP SOME FRIGHTENING FUN

Shop all Spooktacular savings at
MetroMarket.net/Halloween



SALE
LOCKED IN LOW PRICE

Holiday Home
LED
Plastic Pumpkin
\$4.99
With Card



SALE
LOCKED IN LOW PRICE

Holiday Home
Pose-n-Stay
Skeleton
Black Light
Reactive, 60"
\$39.99
With Card



Pumpkin Masters
Ultimate
Carving Kit
21-Piece
\$6.99
With Card



SALE
LOCKED IN LOW PRICE

Holiday Home
LED
Fall Wreath
Select Varieties, 22"
\$19.99
With Card



Brach's
Candy Corn
or Autumn Mix
Select Varieties, 11 oz
\$2.49
With Card



Sour Patch Kids,
Swedish Fish
and Oreo Mini
Candy Mix
65 ct
\$11.99
With Card



Hi-Chew Candy
Select Varieties,
11.65-12.7 oz
\$5.99
With Card



Butterfinger,
Baby Ruth or
Crunch Fun Size
Candy
Select Varieties,
10-10.2 oz
\$3.99
With Card



Lemonhead,
Nerds or Sweetarts
Candy Mix
Select Varieties,
90-175 ct
\$15.99
With Card



Day of the Dead
Lollipop Rings
18 ct
\$7.99
With Card



Child's Play
Candy Mix
52 oz
\$9.99
With Card

Seasonal selection varies by store and is limited to stock on hand.

SERVE A WINNING SPREAD!

Proud Grocer of the Green Bay Packers



Find more game day deals & recipes at MetroMarket.net/Football



\$249
/LB

With Card
Pork Spareribs
Bone-In



Private Selection
Angus Beef Patties
Frozen, Select Varieties,
2 lb
\$9.99
With Card



Kroger
Avocados
4 ct Bag
\$3.49
/EA
With Card



Kroger
Potato Salad
or Macaroni Salad
or Coleslaw,
Select Varieties, 1 lb,
In the Deli

2/\$7
With Card



Deli
Baby Back Ribs
Fully Cooked,
18 oz, In the Deli

\$11.99



Big K
Select Varieties,
12-Pack,
12 fl oz Cans

3/\$12
With Card



Nabisco Oreo
or Chips Ahoy
Cookies
9.31-20 oz or
Nabisco Family Size
Snack Crackers,
11.5-14 oz;
Select Varieties

FINAL COST
When You Buy 3
3/\$10
With Card
When you buy 3 or more in the same
transaction with Card. Quantities less
than 3 are up to \$4.79 each with Card.

Toastmaster
Air Fryer
2.6 qt
\$19.99
With Card



Busch Light,
Miller High Life
or Natural Light
Select Varieties,
30-Pack, 12 fl oz Cans

\$20.49
With Card



FINAL COST
When You Buy 3

3/\$6
With Card

Roundy's Cheese
Select Varieties,
6-8 oz

When you buy 3 or more in the same transaction with Card. Quantities less than 3 are up to \$2.49 each with Card.

EARN **4X** FUEL POINTS with digital coupon*
On FRIDAY purchases



Scan here or visit
MetroMarket.net/FuelEvent
to download coupon.

*Exclusions apply.
See coupon for details.



Mix and Match
5 or more
participating items
and pay **99¢ each!**

99¢
ea
with Card

Discount applied at
checkout with Card.
Items must be purchased
in the same transaction.



- Campbell's Condensed Soup, 10.5-11.25 oz • Starkist Tuna or Tuna Creations, 2.6-3 oz • Smart Bowls, 4.5 oz • Ro-Tel Diced Tomatoes, 10 oz
- La Banderita Soft Taco Flour Tortillas, 10 ct • Kraft Barbecue Sauce, 18 oz • Hunt's Pasta Sauce, 24 oz
- Barilla Pasta, 12-16 oz • Ready Pasta, 7 oz • Knorr Sides, 4-5.7 oz • Chef Boyardee, 14.5-15 oz • Bar-S Meat Franks, 12 oz • Powerade, 28 fl oz
- Body Armor Super Drink, 16 fl oz • Snapple, 15.9-16 fl oz • Sunny Delight, 64 fl oz • Kroger Croutons, 5 oz

*99¢ ea. when you mix/match 5 or more in the same transaction with Card. Quantities less than 5 will be up to \$2.99 each with Card.

GROCERY ESSENTIALS



Progresso Soup
18-19 oz or Broth, 32 oz;
Select Varieties

FINAL COST
When You Buy 8
\$1.29
/EA
With Card

When you buy 8 or more in the same
transaction with Card. Quantities less
than 8 are up to \$2.79 each with Card.



Green Mountain,
Donut Shop or
McCafé K-Cups
Select Varieties, 10 ct
MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value

FREE
With Card



Jack's
Original Thin
Pizza
Select Varieties,
13.8-15.8 oz

FINAL COST
When You Buy 4
4/\$10

With Card
When you buy 4 or more in the same
transaction with Card. Quantities less
than 4 are up to \$4.79 each with Card.



Sara Lee
Artesano Bread
20 oz or Entenmann's
Little Bites, Donuts or Cakes,
6.88-21 oz; Select Varieties

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Duncan Hines
Cake Mix
15.25 oz or Frosting,
14-16 oz;
Select Varieties

2/\$3
With Card



Pepsi or 7UP
Select Varieties,
6-Pack, 16.9 fl oz Bottles

FINAL COST
When You Buy 4
4/\$15

With Card
When you buy 4 or more in the same
transaction with Card. Quantities less
than 4 are up to \$5.99 each.



Celsius
Energy Drink
Select Varieties,
12 fl oz

MIX & MATCH
BUY 2, GET 1
of Equal or Lesser Value
FREE
With Card



Tide Pods
25-42 ct or Downy
Fabric Softener,
93-140 fl oz or Downy
Unstoppables, 18.2 oz;
Select Varieties

FINAL COST
When You Buy 2
2/\$20
With Card
When you buy 2 or more in the same
transaction with Card. Quantities less
than 2 are up to \$13.99 each with Card.



Finish
Dishwasher
Tabs
Select Varieties,
28-43 ct

MIX & MATCH
BUY 1, GET 1
of Equal or Lesser Value
FREE
With Card



Everyday Living
Kitchen
Gadgets
Select Varieties

\$1.49
AND UP
With Card

LOOK WHAT'S
NEW!

MIX & MATCH

BUY 1, GET 1

50%
OFF

of Equal or Lesser Value

With Card

Garnier Fructis Shampoo

12.5 fl oz or TRESemmé Shampoo, 28 fl oz or Kenra Hairspray, 10-10.6 oz; Select Varieties



Lumē Whole Body Deodorant
Select Varieties,
2.2-2.6 oz

\$ 13.99
With Card



Therabreath Mouthwash
Select Varieties,
33.8 fl oz

\$ 13.99
With Card



BOTTLES & BREWS



Corona, Modelo or Pacifico
\$14.99
With Card

Select Varieties, 12-Pack, 12 fl oz Bottles or Cans



11.99 With Card
-15%

\$10.19 /EA*

Stella Rosa, 19 Crimes or Roscato
Select Varieties, 750 ml



Maker's Mark or Skrewball
Select Varieties, 750 ml

\$27.99

With Card



Miller Lite, Coors Light or Bud Light
Select Varieties, 30-Pack, 12 fl oz Cans

\$22.49

With Card

*Save 15% when you purchase 6 bottles of wine, 750 ml, with Card. Mix and Match 6 bottles. Other restrictions may apply. See store for details. Excludes Bay Bridge.



Mega Mum Bunch
20-Stem
\$9.99
With Card

Fresh Express Salad Kits
Select Varieties, 9.1-13 oz

2/\$7

With Card



Pom Wonderful Juice
8 fl oz, Located in the Produce Department



10/\$10

With Card



\$2.77
With Card
Red Raspberries
6 oz

GUARANTEED FRESH



\$4.79 /LB
With Card
73% Lean Ground Beef
Sold in a 3 lb Tray or More



Kroger Bacon Wrapped Beef Tenderloin Filet
Select Varieties, 6 oz
\$5
With Card

Cod Fillets
Previously Frozen or Lobster Tails, 3 oz, \$32 lb Equivalent, 2/\$12

\$6.99 /LB

With Card



Johnsonville or Eckrich Smoked Sausage
Select Varieties, 12-14 oz

2/\$7

With Card



Kroger Breakfast Sausage Links or Patties
Select Varieties, 12 oz

2/\$5

With Card



Kroger Shrimp Platter
Frozen, 20 ct

\$5.99

With Card

DELI & BAKERY

Panera Bread Broccoli Cheddar Soup

or Other Varieties, 16 oz
BUY 1, GET 1 of Equal or Lesser Value

FREE

With Card



FINAL COST
When You Buy 2

Rotisserie Chicken
2/\$12

With Card

32 oz or Fried Chicken, 8 ct or Tenders, 5 ct or Boneless Wings, 20 ct or Drumsticks, 10 ct, or Tamales, 16 oz; Select Varieties, Mix or Match

When you buy 2 or more in the same transaction with Card. Quantities less than 2 are \$7.99 each.

BOTTLES & BREWS



\$17.99

With Card
White Claw,
Twisted Tea or
Samuel Adams
Select Varieties, 12-Pack,
12 fl oz Bottles or Cans



Jose Cuervo
750 ml or
Kessler, 1.75 Liter;
Select Varieties

\$17.99
With Card



9.99 With Card

\$8.49
-15%
/EA*

Apothic,
Bogle or
Ménage à Trois
Select Varieties, 750 ml



Svedka
1.75 Liter or High Noon,
8-Pack, 12 fl oz Cans;
Select Varieties

\$18.99
With Card



Barefoot,
Woodbridge
or Yellowtail
Select Varieties, 1.5 Liter

\$11.99
With Card



\$15.99

With Card
Simply Spiked or
Happy Thursday
12-Pack, 12 fl oz Bottles or Cans
or Bota Box, 3 Liter;
Select Varieties

*Save 15% when you purchase 6 bottles of wine, 750 ml, with Card. Mix and Match 6 bottles. Other restrictions may apply. See store for details. Excludes Bay Bridge.

CHEERS TO GREAT DEALS ON YOUR FAVORITES!