



Optimum™

MEMBERS SAVE MORE.



click or visit
pcoptimum.ca
to become a member

See back page for details.

\$5

Optimum
1,000

=\$1
Value

JUMBO PUMPKIN
PRODUCT OF CANADA
EACH
2008148400L_EA



Optimum

Members-Only Price™

12⁹⁹

Non-members

21⁹⁹

Members save
\$9

95

PETITES JOIES

M&M'S
Mars

MARS HALLOWEEN MIXED CHOCOLATE 95'S
OR **NESTLÉ ASSORTED CHOCOLATE 100'S**
21452511_EA/21595523_EA



Optimum

Members-Only Price™

8⁹⁹

Non-members

14⁹⁹

Members save
\$6

216

Tetley

ORANGE PEKOE

KING COLE TEA 120-216'S
OR **TETLEY TEA 216'S**
SELECTED VARIETIES
21250568_EA/21611946_EA



Optimum

Members-Only Price™

5⁹⁹

Non-members

11⁹⁹

Members save
\$6

6

Royale

Velour

ROYALE BATHROOM TISSUE 12 DOUBLE ROLLS,
TIGER TOWELS PAPER TOWELS 3=6 ROLLS OR
FACIAL TISSUE 6'S
SELECTED VARIETIES
21363770_EA/21484702_EA



Optimum

Members-Only Price™

3⁴⁹

Non-members

\$5

Members save \$1.51



PC® THIN AND CRISPY™, LOADS OF, FOCACCIA OR FLAT BREAD PIZZAS

SELECTED VARIETIES FROZEN 330-455 G 20971494_EA/21013452_EA



Optimum

Members-Only Price™

7⁹⁹

Non-members

11⁹⁹

Members save \$4



SCHNEIDERS PEPPERETTES SELECTED VARIETIES 250-375 G 20976170_EA/21433636_EA



Optimum

Members-Only Price™

3⁹⁹

Non-members

4⁹⁹

Members save \$1

GOLD SEAL SOCKEYE SALMON 213 G 21194614_EA



SAVE 1.00

HOT DEALS

3⁹⁹

Optimum 2,000

= \$2 Value

CHAPMAN'S SUPER PREMIUM PLUS ICE CREAM SELECTED VARIETIES, FROZEN 500 ML 21511087_EA/21511200_EA



Optimum

Members-Only Price™

5⁹⁹

Non-members

7⁹⁹

Members save \$2



GLAD WHITE INDOOR BUNDLE SELECTED VARIETIES 10-48'S 20297334001_EA/21613985_EA



NEW NEW NEW WAYS TO SAVE

PRICE DROP

FRESH PROMISE

MEMBERS SAVE MORE

no name®

HIT OF THE MONTH

IN STOCK PROMISE

MULTI BUY

ALWAYS \$

CLUB SIZE

SAVE 24% **HOT DEALS**

\$3 LB 6.61/KG

PORK SIDE RIB PORTION
20431971_EA

SAVE 40% **HOT DEALS**

5⁹⁹ LB 13.21/KG

CHICKEN BREASTS
BONELESS SKINLESS FAMILY SIZE
20100570_EA

CLUB SIZE

SAVE 40% **HOT DEALS**

11⁹⁹

SUNRISE WAX BOLOGNA
2 KG
20997091_EA

SAVE 1.00

\$4

AVOCADO BAG
PRODUCT OF MEXICO
5'S
20543232001_EA

SAVE 33% **HOT DEALS**

\$3

RASPBERRIES
PRODUCT OF MEXICO OR U.S.A.
170 G
20128938001_EA

7⁹⁹

PC® PACIFIC LARGE WHITE SHRIMP
RAW OR COOKED PEELED
31-40 PER LB, FROZEN
400 G
20789931_EA
20791381_EA

MULTI BUY **HOT DEALS**

4/S 5
OR \$1.49 EA.

MICHELINA'S ENTRÉES
SELECTED VARIETIES FROZEN
156-284 G
2120864_EA / 21208633_EA

\$5

FARMER'S MARKET® GREENHOUSE PEPPERS
PRODUCT OF CANADA
3'S
20085851001_EA

SALE **HOT DEALS**

\$7

NO NAME® CANOLA OR VEGETABLE OIL
3 L
20094696_EA / 20093364_EA

SAVE UP TO 1.00 **HOT DEALS**

6⁴⁹

LIBERTÉ GREEK YOGURT 650/750 G OR YOPLAIT 16X100 G
SELECTED VARIETIES
20317317001_EA
20704361001_EA

SAVE UP TO 30% **HOT DEALS**

3⁴⁹

PC® ORANGE JUICE, TEA OR LEMONADE
SELECTED VARIETIES
1.54 L
21430551_EA
21430542_EA

MULTI BUY

2/S 6
OR \$3.49 EA.

D'ITALIANO BREAD OR BUNS
SELECTED VARIETIES AND SIZES
20093335_EA
21450797_EA
20627901_EA

SAVE UP TO 60% **HOT DEALS**

3⁹⁹

TIDE LIQUID LAUNDRY DETERGENT 1L, 12-16'S, DOWNY OR GAIN FABRIC SOFTENER
246 ML-1.31 L OR BEADS
141 G SELECTED VARIETIES
21549771_EA
21579665_EA

SAVE UP TO 40% OFF

JAMIESON VITAMINS OR SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20329993_EA
20342023_EA



DOMINION

Optimum
Members-Only Price™
\$5
Non-members
\$7

Members save **\$2**

PEANUT LOVER'S
MATEUR D'ARACHIDES

BASSÉ MIX
SELECTED VARIETIES
415-600 G
21548397_EA
21534108_EA

SWEET & SPICY PUB
MIX - MÛLANGE
PUB SUCRE
ET EPICE

Optimum
2,000^{PC} = **\$2**
Value!
for every "10"
spent on

QUAKER INSTANT
OATMEAL
SELECTED VARIETIES
216-430 G
21190254_EA
21190260_EA
*At least \$2 value in points

QUAKER INSTANT OATMEAL
MAPLE & BROWN SUGAR

FLAVOUR VARIETY-ASSORTIMENT

Optimum
3,000^{PC} = **\$3**
Value
when you buy 2

LISTERINE CLASSIC 1L
MAUI SCALP CARE
SHAMPOO 385 ML OR
OGX ARGAN OIL
OF MOROCCO
SHAMPOO 385 ML

SELECTED VARIETIES
2034009004_EA
20952223_EA 2

LISTERINE
COOL MINT

argan oil
of morocco
SHAMPOO

2⁴⁹

Optimum
4,000^{PC} = **\$4**
Value
when you buy 4

CHEETOS MAC'N
CHEESE
SELECTED VARIETIES
164/170 G
21390921_EA
21390928_EA

Cheetos
MAC'N CHEESE
MÛLANGE EN FROMAGE

MULTI BUY

2/\$8
OR \$4.99 EA.

Optimum
3,000^{PC} = **\$3**
Value
when you buy 2

CHIRSTIE COOKIES
SELECTED VARIETIES
170-303 G
21384002_EA
21381512_EA

Chips!
Ahoy!
ORIGINAL
ORIGINAL

The Original
OREO
Original

SAVE 1.00

2⁹⁹

HOT DEALS

GOLD SEAL PINK
SALMON OR OCEANS
WHITE TUNA
SELECTED VARIETIES
170/213 G
2032635800_EA
2186887_EA

GOLD SEAL
WILD PINK SALMON

CLOVER LEAF
SOLID WHITE TUNA
FLAVORED IN WATER

SALE

3⁹⁹

OIKOS GREEK
YOGURT 4X100 G OR
DANINO 6X93 ML
SELECTED VARIETIES
20623055_EA
21520250_EA

DANINO

OIKOS

SAVE UP TO 4.00

4⁹⁹

HOT DEALS

BAXTER OR
SCOTSBURN BUTTER
SELECTED VARIETIES
454 G
20054568_EA
20952739_EA
20774734_EA

SCOTSBURN
Butter
SWEETENED

Baxter
SUSSEX
butter

SAVE 5.00

11⁹⁹

HOT DEALS

PC[®] BACON-WRAPPED
WILD SEA SCALLOPS
FROZEN
250 G
21220644_EA

Wild Sea Scallops
Pêches de grands
saumons

SAVE UP TO 3.00

4⁹⁹

CHEF BOMBAY
ENTRÉES OR SNACKS
240-354 G OR STRONG
ROOTS ENTRÉES 350 G
SELECTED VARIETIES, FROZEN
20973182_EA

BOMBAY

NEW

SALE

4⁹⁹

BEN & JERRY'S 473 ML OR
MAGNUM BARS 4'S
SELECTED VARIETIES, FROZEN
20950738_EA
21428378_EA

MAGNUM

BEN & JERRY'S
Smooth
Fudge

5⁹⁹

BLACK DIAMOND
CHEESE BARS 400 G,
SHREDS 300-320 G OR
PC[®] SHREDS 250-320 G
SELECTED VARIETIES
20952772_EA
20950823_EA
21278323_EA

TRIPLE
CHEDDAR

Black Diamond
Marble • Marbré

SAVE 4.00

16⁹⁹

CLIF ENERGY BARS
SELECTED VARIETIES
12X68 G
20120994003_C12
20120120_C12

CLIF

32⁹⁹

PAMPERS ECONO
PACK DIAPERS
SIZE N-5, 58-180'S
SELECTED VARIETIES
21611990_EA
21516443_EA

Pampers
swaddlers

Pampers
baby-dry

24⁹⁹

HUGGIES OR
PAMPERS
SUPER BIG PACK
DIAPERS
SIZE N-5, 32-108'S
SELECTED VARIETIES
25456418_EA
21005313_EA

HUGGIES
little snugglers

Pampers
swaddlers

SAVE UP TO 2.00

21⁹⁹

GATORADE OR POWERADE
POWERADE
SPORTS DRINK
24X591 ML
20218831002_C24
20954130_C24

GATORADE

3²⁹

NO NAME[®] WINDSHIELD
WASHER FLUID
-35°C, 3.78 L
20730431_EA

-35°C
windshield washer fluid
liquide lave-glace

SAVE UP TO 3.00

14⁹⁹

FINISH ULTRAMAX 30'S OR
ULTIMATE 40'S, QUANTUM
45'S, ALL IN 1 MAX 55'S,
CASCADE 30-49'S, GAIN
LAUNDRY 4.55 L/42'S, GAIN OR
DOWNY FABRIC SOFTENER
2.4-3.29 L, BEADS 515 G OR
BOUNCE SHEETS 250'S
SELECTED VARIETIES
20466032001_EA
20959227_EA

Gain

Cascade

CUSTOMER RELATIONS 1-866-727-0771. VISIT newfoundlandgrocerystores.ca FOR STORE HOURS.

Quantities and/or selection of items may be limited and may not be available in all stores. For inquiries on product availability at your store please contact Customer Relations at the above phone number. No Rainchecks OR Substitutions on clearance items or where quantities are advertised as limited. Advertisements of product selection (flavour, colour, patterns, style) may vary by store location. We are not obligated to sell items based on errors or misprints in typography or photography. Pricing: All references to "Save, Was, Now, Savings, etc." is in comparison to our own regular prices. Coupons must be presented and redeemed at time of purchase. Savings on items shown may vary in each store location. Applicable taxes, deposits, or environmental surcharges are extra. No sales to retail outlets. ©/TM The trademarks, service marks and logos displayed in this flyer are trademarks of Loblaw Inc. and others. All rights reserved. © 2024 Loblaw Inc. MasterCard and the MasterCard Brand Mark are registered trademarks and PayPass is a trademark of MasterCard International Incorporated. President's Choice Bank a licensee of marks. PC Optimum™ program is provided by President's Choice Services Inc. President's Choice Financial MasterCard is provided by President's Choice Bank. President's Choice Financial personal banking services are provided by the direct banking division of Simpli Financial. ©PC, President's Choice, PC Financial and President's Choice Financial are registered trademarks of Loblaw Inc. Trademarks used under licence. We reserve the right to limit quantities to reasonable family requirements. PC OPTIMUM MEMBERS ONLY: These offers are only available to valid PC Optimum™ program members. Membership is free. To register as a PC Optimum™ member, see in-store or visit pcoptimum.ca. We are not obligated to award points based on errors or misprints. No cash value. See newfoundlandgrocerystores.ca for full program details including redemption restrictions. Minimum redemption 10,000 points. These offers cannot be combined with any other coupons, discounts or promotions and no adjustments on previous purchases. We reserve to modify or cancel these offers without notice. Product availability may vary by store. While supplies last. We reserve the right to limit quantities. *Receive the points specified when you spend the qualifying dollar amount on the displayed participating product(s) and/or category(ies) before taxes and after redemptions and all coupons and discounts are deducted in a single transaction. ** Valid for flyer duration, after which the price will be the same for both PC Optimum™ and non-PC Optimum™ members. Taxes applicable on the purchase amount after discounts. PC Optimum™ member pricing is not applicable to any price match programs for participating stores operating under the Loblaw Inc. banner.



SUPER FRESH



If it's not fresh, it's free.*

SALE

\$4 EA. /LB
8.82/KG

LARGE CANTALOUPE
14 EACH OR
PC[®] SWEET CARNIVAL GRAPES PRODUCT OF U.S.A.
NO. 1 GRADE 14 LB 8.82/KG
30497090L,EA/323379500L,KG



\$4

CANADA LARGE BROCCOLI
PRODUCT OF CANADA
EACH
304542300L,EA



2⁵⁰ LB
5.51/KG

CANADA GREENHOUSE BEEFSTEAK TOMATOES
PRODUCT OF CANADA
304364000L,KG



\$7

ATLANTIC FARMER'S MARKET[™] RUSSET OR WHITE POTATOES
PRODUCT OF ATLANTIC CANADA,
CANADA NO. 1 GRADE
10 LB BAG
306000000L,EA
3060009700L,EA



\$2

COCONUT PRODUCT OF DOMINICAN REPUBLIC OR
RED MANGO PRODUCT OF BRAZIL
EACH
300037400L,EA
3000963000L,EA



\$6

LARGE CAULIFLOWER
PRODUCT OF CANADA OR U.S.A.
NO. 1 GRADE
EACH
303353700L,EA



\$4

PC[®] MIXED SALAD GREENS
PRODUCT OF U.S.A.,
SELECTED VARIETIES
142 G
3030774L,EA/3030774L,EA



\$10-12

LARGE SALADS
MADE FRESH IN-STORE DAILY
498-926 G
3043321L,EA/3043321L,EA



6⁹⁹ LB
15.41/KG

LEAN GROUND BEEF
FAMILY SIZE
3079408L,KG



CLUB SIZE

SAVE 1.80 LB
HOT DEALS

5⁹⁹ LB
13.21/KG

SPLIT CHICKEN WINGS
FAMILY SIZE
3070704L,KG



CLUB SIZE

\$8

BEEF STIR FRY STRIPS
CUT FROM CANADA AA GRADE
BEEF OR HIGHER
250 G
3048867L,EA



12⁴⁹ LB
27.54/KG

CANADA TOP SIRLOIN ROAST
CUT FROM CANADA AA GRADE
BEEF OR HIGHER
3079408L,KG



7⁹⁹

MARCANGELO JUMBO PORK SAUSAGE
SELECTED VARIETIES
FROZEN
500-675 G
3038973L,EA/3038984L,EA



SAVE 2.30 LB
HOT DEALS

3⁶⁹ LB
8.14/KG

WHOLE CHICKEN
CUT UP
3070708L,KG



8⁹⁹

SUFRA[®] HALAL LEAN GROUND BEEF
454 G
3197293L,EA



MULTI BUY

3/10⁹⁸
OR \$4.29 EA.

SCHNEIDERS LUNCHMATE STACKERS OR KITS
SELECTED VARIETIES
90-132 G
3030034L,EA/3070707L,EA



ALWAYS \$7

PC[®] PUB RECIPE[™] OR GLUTEN-FREE CHICKEN
SELECTED VARIETIES
FROZEN
600/700 G
3030130L,EA/3030331L,EA



SAVE UP TO 1.50 **HOT DEALS**

2⁴⁹

SEAQUEST[®] CRAB OR LOBSTER FLAVOURED POLLOCK FLAKES OR CHUNKS
SELECTED VARIETIES, READY-TO-EAT
227 G
3060983L,EA/3040708L,EA



SAVE 3.00 **HOT DEALS**

\$12

SEA CRAVE[®] WILD SOCKEYE SALMON PORTIONS
FROZEN
260 G
3032662L,EA



SALE

9⁹⁹

PC[®] BATTERED WILD COD BITES 454 G OR WILD YELLOWFIN TUNA STEAKS 280 G
FROZEN
3048867L,EA/3070709L,EA



*Fresh Promise: Applicable to eligible fresh produce items purchased at Dominion store locations or online at newfoundlandgrocerystores.ca. If you are not completely satisfied with your eligible fresh produce item, we will replace it with an identical item, or in our discretion, a comparable item and provide you with a refund of the purchase price upon presentation of the item and your original receipt within 7 days of purchase at the Dominion store where purchase originated. The fresh promise may not be combined with any other offer. We reserve the right to cancel or change the terms of this guarantee at any time without notice.

SUPER FRESH

SALE
\$7

IN-STORE BAKED COOKIES
SELECTED VARIETIES
18'S
21454952_EA



MULTI BUY
8/\$4
OR 79¢ EA.

BULK ROLLS
SELECTED VARIETIES
EACH BAKED IN-STORE
20078950_EA



Optimum
Members-Only Price*
5.49
Non-members
\$6

Members save 51¢

PC® MINI MUFFINS
SELECTED VARIETIES
12'S
21488830_EA



\$5

FARMER'S MARKET® BUTTER CROISSANTS OR BUNS
SELECTED VARIETIES
270/300 G
20078943_EA/21077924_EA



3²⁹

PC® NAAN 2'S OR MINI NAAN 4'S
ORIGINAL OR GARLIC
20959702_EA/21042143_EA



MULTI BUY
2/8.50
OR \$4.99 EA.

CASA MENDOSA OR WONDER TORTILLAS
SELECTED VARIETIES
10 INCH
20867222_EA



SALE
\$4

Optimum
500

YACHON OR LITTLE BITES
SELECTED VARIETIES AND SIZES
20983006_2102705002_EA



\$6-7

SOFTY OR SUB SANDWICHES
IN-STORE PREPARED
PREPACKAGED
205-364 G
20959702_EA/21042143_EA



\$4

ZIGGY'S® SLICED MEATS
SELECTED VARIETIES
175 G
20989404_EA



SAVE UP TO 1.50
6.49

PC® OR BLUE MENU® SLICED DELI MEATS 175 G OR PC® DELI CHEESE SLICES 140-170 G
SELECTED VARIETIES
20218443_EA/20305586_EA



\$9

PASTA TRAYS
PREPARED IN-STORE
210-617 G
21095875_EA/21042143_EA



\$8

INDIVIDUAL CHICKEN COMBO WITH WEDGES
261-320 G
21069084_EA



SAVE UP TO 1.30
4.99

ALEXIS DE PORTHEUF LE CALENDOUS® OR BABYBEL®
SELECTED VARIETIES
20044812_EA/20305586_EA



\$9-10

12" TAKE AND BAKE PIZZA
SELECTED VARIETIES
510-739 G
21458393_EA/21456401_EA



MULTI BUY
2/\$8
OR \$4.49 EA.

SABRA
SELECTED VARIETIES
283 G
20823402_EA



\$4

STONEFIRE NAAN CRISPS
SELECTED VARIETIES
170 G
21065690_EA/21065791_EA



SUPER COUPONS

UP TO
\$50
IN TOTAL
VALUE

More offers. More points.

CLICK FOR THESE
COUPONS AND MORE



5,000 points

When you spend \$30 or more on fresh fruits or vegetables

Ends on October 30th, 2024



1,000 pts

PC® hummus or dips selected varieties 227/228 g

Ends on October 30th, 2024



3,000 points

PC® Smokies™ 1 kg

Ends on October 30th, 2024



\$2 off

Nescafé Gold® premium instant coffee or frothy mixes selected varieties

Ends on October 30th, 2024



2,000 points

When you buy 2 PC® Naan 2-pack traditional or garlic 250 g

Ends on October 30th, 2024



2,000 points

When you buy 2 PC® Gigantico Buns selected varieties 6's

Ends on October 30th, 2024



3,000 points

PC® Bathroom Tissue 30=100 rolls

Ends on October 30th, 2024



\$5 off

Huggies Skin Essentials diapers or training pants any variety

Ends on October 30th, 2024



5,000 points

When you spend \$30 or more on Pet Department, Includes Pet Food, Treats, Toys & Supplies

Ends on October 30th, 2024

GO GREENER WITH TASTE

3⁹⁹

CANADA
BABY BOK CHOY OR
BABY BOK CHOY JR
PRODUCT OF CANADA
454 G
21002233001_EA/21063079001_LA

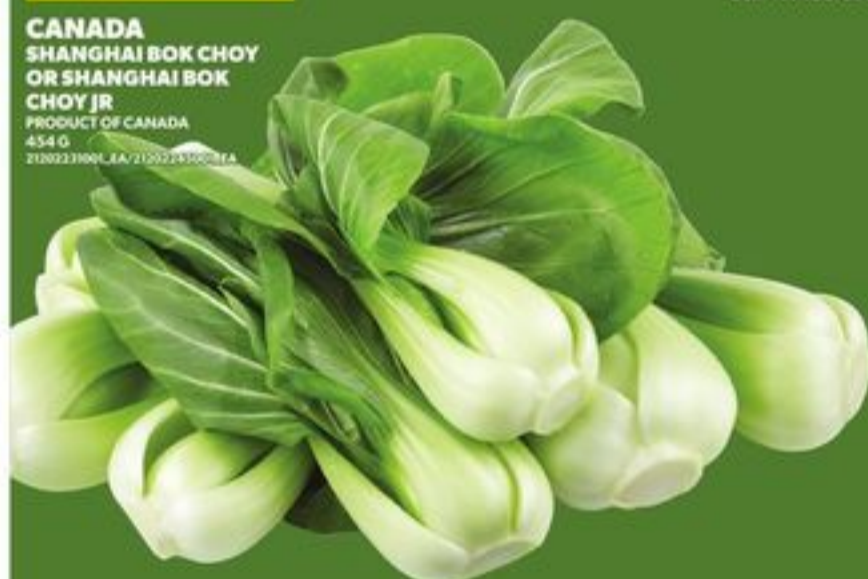


Baby (or Shanghai) bok choy is a cruciferous vegetable with crunchy greenish-white stalks topped with dark green leaves, both of which are edible. Baby bok choy is slightly sweeter than full-sized bok choy and can be used fresh in salads or cooked in soups and stir-fries.



3⁹⁹

CANADA
SHANGHAI BOK CHOY
OR SHANGHAI BOK
CHOY JR
PRODUCT OF CANADA
454 G
21002233001_EA/21002233001_LA



Enhance your culinary creations with a subtle, sweet taste of bok choy with its crisp and tender leaves, perfect for stir-fries and soup.



1⁹⁹
LB
4.39/KG

CANADA
NAPA CABBAGE
PRODUCT OF CANADA
20019023001_AG



Chinese (or napa) cabbage has thin, cream-coloured leaves with green tips. It has a milder taste than other cabbage varieties and can be used raw or cooked. Shred or chop Chinese cabbage for stir-fries and slaws, or use large outer leaves to make cabbage rolls.

3⁴⁹
LB
7.69/KG

CANADA
GAI LON CHINESE
BROCCOLI
PRODUCT OF CANADA
20003604001_AG



Known for its slightly sweet and pleasantly bitter flavor, Gai-Lan adds a delightful twist to your favorite dishes.

1⁶⁹
LB
3.73/KG

LOBOK OR
DAIKON RADISH
PRODUCT OF CHINA
20082109001_AG



LoBok (or Chinese radish) is a variety of daikon radish. They are beige with pale green crowns and their flesh is crisp with a sharp radish flavour. Shred lobok raw and use raw in salads or add to your next stir-fry.

2⁴⁹
LB
5.49/KG

CASSAVA
PRODUCT OF COSTA RICA
20067882001_AG



Cassava (or yuca) is a starchy root vegetable with a tough brown skin and crisp, white flesh. It has a similar flavour to a potato and can be cooked in many ways. Peel and slice for fried cassava or shred and bake in breads and cakes.

2⁹⁹

LEMONGRASS
PRODUCT OF DOMINICAN
REPUBLIC OR MEXICO
EACH
20346881_EA



Lemongrass (or citronella root) is an herb with long, thin green stalks and white roots. It has a sour lemon flavour that is used to season many Thai and Vietnamese cooked dishes. Add lemongrass to soups, sauces and marinades, or add the stalks to boiling water for tea.

2⁹⁹
LB
6.59/KG

JAPANESE
SWEET YAMS
PRODUCT OF U.S.A.
20524922001_AG



\$6
LB
13.23/KG

YELLOW YAMS
PRODUCT OF COSTA RICA
20070018001_AG



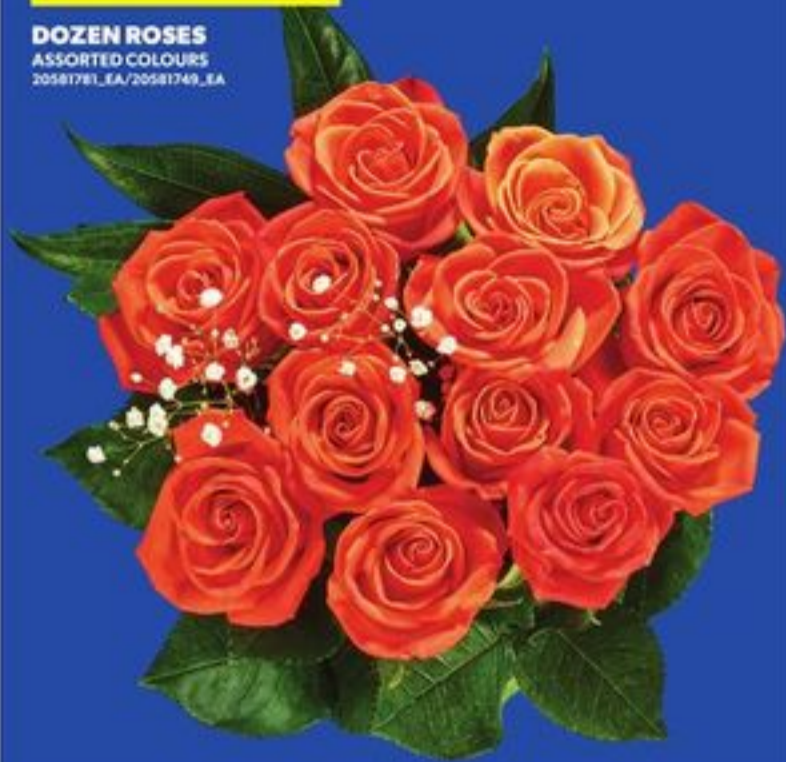
Yams are similar in size and shape to sweet potatoes but are not related at all. Yams have rough brown skin and their flesh can be white, yellow, purple, or pink. They have a somewhat bland flavour and can be used as a substitute for potatoes and sweet potatoes in many recipes.

FRESH PICKS

SHOP NOW

\$25

DOZEN ROSES
ASSORTED COLOURS
20581781_EA/20581749_EA



\$24

5 INCH DOUBLE SPIKE ORCHID
EACH
20293541_EA



\$19

6 INCH POTTED MINI ROSE
ASSORTED COLOURS
20279494_EA



\$10

RAINBOW MINI CARNATION BUNCH
21599430_EA



no name®

just low prices (so switch)

SALE

\$8

NO NAME® NATURALLY IMPERFECT™ APPLES
PRODUCT OF ATLANTIC CANADA, CANADA NO. 2 GRADE
6 LB
208689850001,EA



SAVE 2.00

HOT DEALS

5.99

NO NAME® NATURALLY IMPERFECT™ LEMONS
PRODUCT OF SOUTH AFRICA
3 LB
2124487001,EA



SALE

\$7

NO NAME® NATURALLY IMPERFECT™ PEPPERS MIXED
PRODUCT OF CANADA OR MEXICO
2.5 LB
209214340001,EA



\$15

NO NAME® CHICKEN WINGS
SELECTED VARIETIES
FROZEN
908 G
21045311,EA
21045312,EA

honey garlic
chicken wings
sauces et vinaigrettes
à base de poulet
miel et ail



\$15

NO NAME® BEEF BURGERS
FROZEN
1.36 KG
20104154,EA



SAVE 1.00

HOT DEALS

3.49

NO NAME® WIENERS
450 G
20002794,EA

original
hot dogs
saucisses fumées
originales



MULTI BUY

2/\$6

OR \$3.79 EA.

NO NAME® JUICE DRINK
SELECTED VARIETIES
10X200 ML
20003043,EA
200030350001,EA



SALE

4.99

NO NAME® JAM
SELECTED VARIETIES
500 ML
2003232001,EA



ALWAYS \$2.50

NO NAME® WAFFLES
SELECTED VARIETIES, FROZEN
8'S
20116375001,EA

original
waffles



SALE

2.49

NO NAME® ENGLISH MUFFINS
WHITE OR WHOLE WHEAT
6'S
21216480,EA
21216481,EA



12.99

NO NAME® ROAST AND GROUND COFFEE
SELECTED VARIETIES
925 G
21390616,EA



SALE

2.99

NO NAME® BAGELS
SELECTED VARIETIES
6'S
21217967,EA
21217970,EA



2.99

NO NAME® PEANUT BUTTER
SELECTED VARIETIES
500 G
20316212001,EA



3.49

NO NAME® WHOLE GRAIN OATS
SELECTED VARIETIES
900 G-1 KG
20923994,EA
20923828,EA



2.79

NO NAME® CANOLA OIL COOKING SPRAY
170 G
21163254,EA



SAVE UP TO 34%

HOT DEALS

99¢

NO NAME® TOMATO, CREAM OF MUSHROOM, CHICKEN NOODLE OR VEGETABLE SOUP
284 ML
20302431,EA
20418885,EA



MULTI BUY

2/\$3

OR \$1.79 EA.

NO NAME® RICE CRACKERS
SELECTED VARIETIES
100 G
20297188002,EA
20297188003,EA



no name®

just low prices (so switch)

SALE

1⁴⁹

NO NAME®
VEGETABLES
SELECTED VARIETIES
341/398 ML
20302131_EA
20322322_EA



MULTI
BUY

3/4⁹⁸

OR \$1.99 EA.

NO NAME® CHUNK OR
FLAKED LIGHT TUNA
170 G
20521647_EA
20521648_EA



5⁹⁹

NO NAME® CANOLA
OR VEGETABLE OIL
946 ML
20088990_EA
20768660_EA



2⁹⁹

NO NAME® PURE
WHITE VINEGAR
CLUB SIZE
4 L
20402756_EA



SALE

4⁴⁹

NO NAME® PICKLES
SELECTED VARIETIES
1 L
20328255_EA



2⁹⁹

NO NAME®
SALAD DRESSING
SELECTED VARIETIES
475 ML
20628489001_EA
20628489003_EA



3⁴⁹

NO NAME®
CROUTONS
SELECTED VARIETIES
145 G
21046223_EA



2⁴⁹

NO NAME® MUSTARD
400 ML
20420036_EA



1⁹⁹

NO NAME® CHEESE
FLAVOURED CORN
SNACKS OR CORN
CHIPS
SELECTED VARIETIES
200 G
20048210_EA
20962493_EA



3⁹⁹

NO NAME® BLANCHED PEANUTS
SELECTED VARIETIES
500 G
20318042001_EA
20318042002_EA



SALE

4⁴⁹

NO NAME® HONEY
GRAHAM WAFERS
SELECTED VARIETIES
400 G
20060356_EA



SAVE
1.00

HOT
DEALS

2⁴⁹

NO NAME®
BLEACH
SELECTED VARIETIES
1.27 L
21489585_EA
21507048_EA



5⁹⁹

NO NAME®
PAPER TOWELS
6-8 ROLLS
20078425_EA



SAVE
UP TO
3.00

HOT
DEALS

7⁹⁹

NO NAME®
GARBAGE
BAGS
SELECTED VARIETIES
20-100'S
21164660_EA



2⁹⁹

NO NAME®
RESEALABLE
SANDWICH BAGS
100'S
20180393_EA



SAVE
1.00

HOT
DEALS

2⁹⁹

NO NAME®
PLASTIC WRAP
SELECTED VARIETIES
60 M
21030602_EA



SAVE
1.00

6⁴⁹

NO NAME®
FREEZER
ZIPPER BAGS
MEDIUM OR LARGE
30/40'S
20155482_EA
20218374_EA



NO TRICKS, ALL TREATS

9⁹⁹

NESTLÉ MINIS 50'S OR
KITKAT 40'S
SELECTED VARIETIES
21451527_EA/21570808_EA



40
485 g

50
485 g

Optimum
Members-Only Price*
12⁹⁹
Non-members
21⁹⁹
Members save \$9

MARS FUN SIZE 95'S
OR NESTLÉ MINIS 100'S
21452311_EA/21995523_EA



100
1.15 kg

95
PETITES JOIES
1.15 kg

9⁹⁹

KINDER MINIS
SELECTED VARIETIES
55'S
21588344_EA
21588395_EA



55
55
55

13⁹⁹

MARS MIXED
CHOCOLATE BOX
50'S
21452478_EA



50
601 g

11⁹⁹

HERSHEY'S ASSORTED
OR PEANUT FREE
SELECTED VARIETIES
50'S
21528274_EA/21528277_EA



50
50
582 g

17⁹⁹

HERSHEY ASSORTED
OR PEANUT FREE
SELECTED VARIETIES
100'S
21528282_EA
21528420_EA



100
100
1.17 kg

10⁹⁹

NESTLÉ ASSORTED
FULL SIZED BARS
8'S
20885423_EA



8
364 g

14⁹⁹

SKITTLES STARBURST
FUN SIZE
90'S
21452377_EA



90
1.05 kg

MULTI BUY

2/S 12
OR \$6.99 EA.

ONTPELLIER
10X
355 ML
12X 355 ML
12X 355 ML

BUBLY SPARKLING
WATER 12X 355 ML OR
MONTELLIER 10X 355 ML
SELECTED VARIETIES
21097172_C12
21097172_C10



bubly
sparkling water
limebubly

MULTI BUY

2/S 10
OR \$5.99 EA.

PC BLUE MENU® OR
PC® SPARKLING WATER
SELECTED VARIETIES
12X 355 ML
2158575_C01
20668034002_C01



SPARKLING WATER
LIME
CARANZO CITRUS & STRAWBERRY
SPARKLING WATER

MULTI BUY

2/S 12
OR \$6.99 EA.

GATORADE OR
POWERADE SPORTS
DRINK
SELECTED VARIETIES
6X 591 ML
203028003_C06
20854209_C06



GATORADE
POWERADE

SUPER YOUR EVERYDAY

SALE

3⁴⁹

PILLSBURY READY TO BAKE CHUB COOKIE, ROLLS, CRUST OR BISCUITS
SELECTED VARIETIES
318-468 G
20217812003_EA
20218034001_EA

SALE

6⁹⁹

BECEL MARGARINE
SELECTED VARIETIES
637/850 G
2027918002_EA
21279189_EA

HOT DEALS

6⁹⁹

KRAFT PEANUT BUTTER
750 G/1 KG OR HAZELNUT SPREAD 725 G
SELECTED VARIETIES
20029181001_EA
21285418_EA

SAVE UP TO 1.50

5⁹⁹

KELLOGG'S FAMILY SIZE CEREAL
SELECTED VARIETIES
480-650 G
2144974_EA
2140081_EA

HOT DEALS

5⁹⁹

INTERNATIONAL DELIGHT COFFEE WHITENER OR COLD FOAM
SELECTED VARIETIES
396-946 ML
20895480002_EA
20895480001_EA

SALE

3⁹⁹

SIGGIS YOGURT 4X100 G OR FRUITÉ DRINK 1.54L
SELECTED VARIETIES
2020001_EA
2120001_EA

SAVE 2.00

6⁹⁹

LACTANTIA BUTTER STICKS OR LACTOSE FREE BUTTER
SELECTED VARIETIES
454 G
20058475_EA
21005655_EA

HOT DEALS

MULTI BUY

2/\$8
OR \$4.99 EA.

LECLERC CÉLÉBRATION COOKIES
SELECTED VARIETIES
240 G
20853797001_EA
20853797002_EA

MULTI BUY

2/\$7
OR \$3.99 EA.

DARE BRETON OR VINTA CRACKERS
SELECTED VARIETIES
132/225 G
203103640001_EA
21520685_EA

MULTI BUY

2/\$7
OR \$3.99 EA.

CHEEZ-IT CRACKERS
SELECTED VARIETIES
191/200 G
21214559_EA
21214560_EA

SALE

5⁹⁹

TWINING'S HERBAL TEA 20'S OR TIM HORTON'S HOT CHOCOLATE
500 G OR CAPPUCCINO FRENCH VANILLA, DOUBLE DOUBLE OR MOCHA 6'S
SELECTED VARIETIES
20149985_EA
20208012001_EA

SAVE UP TO 4.00

8⁹⁹

PC® WHOLE BEAN, ROAST AND GROUND 340 G OR MAXWELL HOUSE GROUND COFFEE 631-900 G
SELECTED VARIETIES
21380541_EA
21604883_EA

HOT DEALS

1,000⁺ Value

SAVE UP TO 30%

3⁴⁹

QUE PASA TORTILLA CHIPS
SELECTED VARIETIES
300/350 G
2001319_EA
2001315_EA

HOT DEALS

9⁹⁹

ZIPLOC MEGAPACKS
SELECTED VARIETIES
75-270'S
21194501_EA/211945100_EA

SALE

10⁹⁹

PEDIGREE DENTASTIX TREATS FOR DOGS
SELECTED VARIETIES
100 G-1.9 KG
21081190_EA

Members-Only Price*

12⁹⁹

Members save \$2

Non-members 14⁹⁹

TIDY CATS CAT LITTER
SELECTED VARIETIES
2.72 KG
21206503_EA

TASTE OF ITALY

MULTI BUY
2/\$5
OR \$2.99 EA.

DELVERDE PASTA
SELECTED VARIETIES
250-450 G
3037973004_EA
3040239L_EA

SAVE 3.00 **HOT DEALS**
10⁹⁹

RAO'S PASTA SAUCE
SELECTED VARIETIES
660 ML
30086654004_EA
30086654001_EA

MULTI BUY
2/\$9
OR \$4.99 EA.

BARILLA LASAGNA 454 G OR NESTED PASTA 450 G
SELECTED VARIETIES
30902949_EA/3023983_EA

4⁹⁹

MUTTI PASSATA
SELECTED VARIETIES
680 ML
30288490001_EA
30288490002_EA

MULTI BUY
2/\$4
OR \$2.49 EA.

PC[®] PASTA
SELECTED VARIETIES
454 G
30001579_EA
30001584_EA

MULTI BUY
2/\$9
OR \$4.99 EA.

PC[®] PASTA SAUCE
SELECTED VARIETIES
430/650 ML
3033344009_EA
3033349005_EA

SALE
18⁹⁹

PC[®] SPLENDIDO[®] COLD-PRESSED OR COLD-EXTRACTED DELICATO EXTRA VIRGIN OLIVE OIL
1 L
30001843_EA
30401812_EA

SAVE 2.00 **HOT DEALS**
7⁹⁹

BOTTICELLI PASTA SAUCE
SELECTED VARIETIES
370/770 ML
31944465_EA

11⁹⁹

CARBONE PASTA SAUCE
SELECTED VARIETIES
660 ML
31495439_EA

12⁹⁹

PC[®] BLACK LABEL PARMIGIANO REGGIANO CHEESE
PRODUCT OF ITALY
AGED 36 MONTHS
200 G
30626019_EA

8⁵⁰

FARMER'S MARKET[™] ROMA TOMATOES
PRODUCT OF CANADA
3 LB
30887458001_EA

3⁹⁹

BROCCOLINI
PRODUCT OF USA
30334907_EA

2⁹⁹

PC[®] BASIL, BAY LEAF, SAGE, ROSEMARY OR OREGANO
PRODUCT OF COLOMBIA
MEXICO, ECUADOR
2184799_EA
30234481_EA

SUPER YOUR EVERYDAY

10⁹⁹

NATIVE HAIR CARE
SELECTED VARIETIES
177/487 ML
21901267_EA/21905287_EA



7⁴⁹

HERBAL ESSENCES HAIR CARE
SELECTED VARIETIES
118-400 ML
21977075_EA/21977085_EA



8⁹⁹

OGX, AVEENO OR MAUI HAIR CARE
SELECTED VARIETIES AND SIZES
30312551004_EA/2195324_EA



FROM 22⁴⁹

OLAY TOTAL EFFECTS MOISTURIZER OR TREATMENTS OR EUCERIN BODY LOTION
SELECTED VARIETIES AND SIZES
20976366_EA/21080494_EA



7⁹⁹

NIVEA FACE ESSENTIALS CLEANSING OR PURE AND NATURAL MOISTURIZERS OR BODY LOTION
SELECTED VARIETIES AND SIZES
20468865_EA/20700027_EA



SAVE UP TO 1.50

4⁹⁹

ST. IVES LOTIONS, FACE SCRUBS OR EXFOLIATING TONERS OR POND'S COLD CREAM
SELECTED VARIETIES AND SIZES
20348329073_EA/20245014_EA



8⁴⁹

OLD SPICE BODY WASH
SELECTED VARIETIES
532/709 ML
21900653_EA/21900657_EA



13⁹⁹

OLAY INDULGENT MOISTURE BODY WASH
591 ML
21485376_EA



4⁹⁹

NIVEA BODY WASH 500 ML, DEODORANT ROLL-ON 50 ML OR ANTIPERSPIRANT 51/52 G
SELECTED VARIETIES
21969995_EA/21502921_EA



4⁹⁹

DOVE OR DEGREE DEODORANT OR ANTIPERSPIRANT
SELECTED VARIETIES
45-76 G
20184232001_EA
20184232003_EA



7⁴⁹

OLD SPICE OR GILLETTE DEODORANT OR ANTIPERSPIRANT
SELECTED VARIETIES
73-144 G
20704678_EA
207197237001_EA



19⁹⁹

GILLETTE PROSHIELD, PROGLIDE OR VENUS RAZORS
SELECTED VARIETIES
1'S
21354957_EA/21357262_EA



6⁴⁹

COLGATE OPTIC WHITE OR SENSITIVE PRO RELIEF TOOTH PASTE 70-133 ML, KIDS MANUAL TOOTHBRUSHES, HELLO TOOTH PASTE 82-98 ML, OR COLGATE PERIOGARD TOOTH PASTE
SELECTED VARIETIES AND SIZES
21177027_EA/21353925_EA



5⁴⁹

CREST 3D WHITE OR PRO-HEALTH TOOTH PASTE, SCOPE PRO HEALTH OR KIDS RINSE 500 ML, ORAL-B MANUAL TOOTHBRUSH OR FLOSS
SELECTED VARIETIES AND SIZES
21092358_EA/21506728_EA



7⁹⁹

CREST SCOPE OUTLAST AND PROHEALTH ADVANCED RINSE 1 L, CREST PRO HEALTH GUM DETOXIFY TOOTH PASTE 110 ML, ORAL-B FLOSS TWIN PACK OR ORAL-B BATTERY TOOTHBRUSH
SELECTED VARIETIES AND SIZES
20308648001_EA/20594745_EA



SUPER YOUR EVERYDAY

2,500⁰ = \$2⁵⁰
when you buy 2 Value

HALLS BAGS
SELECTED VARIETIES
20-30'S
2031560013_EA
2031560001_EA

HALLS RELIEF SOULAGEMENT
CHERRY FLAVOUR SAUCEUR CERISE

SAVE UP TO 20% OFF

CENTRUM MULTIVITAMINS, EMERGEN-C OR CALTRATE BONE HEALTH SUPPLEMENTS
SELECTED VARIETIES AND SIZES
20497357_EA/21283427_EA

Centrum MULTIGUMMIES
ADULT/ADULTE

Emergen-C[®]
1,000 MG Vitamin C
1000 mg de vitamine C
Super Orange

SAVE UP TO 15% OFF
4.99-13.59

BAND-AID BANDAGES OR POLYSPORIN OINTMENT
SELECTED VARIETIES AND SIZES
21335482_EA/20390516001_EA

BAND-AID FLEXIBLE FABRIC
Comfortable protection that stretches & flexes as you move
Stays on for up to 24 hours

Polysporin ORIGINAL
3 ANTIBIOTICS
ANTIBIOTIQUE

SAVE UP TO 15% OFF
12.49-13.49

GLUCERNA OR ENSURE MEAL REPLACEMENT SHAKES
SELECTED VARIETIES AND SIZES
2018032001_EA/20308731061_EA

Glucerna
Diabetes Diabetes
COMPLETE BALANCED NUTRITION
ALIMENTATION COMPLETE ET EQUILIBRÉE

Ensure
COMPLETE BALANCED NUTRITION
ALIMENTATION COMPLETE ET EQUILIBRÉE
HIGH PROTEIN HYPERPROTEINE

SAVE UP TO 15% OFF

SYSTANE EYE-DROPS
15-30 ML OR OPTI-FREE LENS CARE SOLUTION
2X300 ML, SELECTED VARIETIES
20307823_EA/21207933_EA

Systane COMPLETE
Optimal Dry Eye Relief
The All-in-One Drop for all types of Dry Eye

OPTI-FREE Replenish
All Day Comfort

19⁹⁹

POISE PADS
SELECTED VARIETIES AND SIZES
21302119_EA

Poise PADS
12 HRS PROTECTION

11⁹⁹

1,000⁰ = \$1
Value

ALWAYS LINERS 92-96'S, PADS 7-92'S OR TAMPAX TAMPONS 22-36'S
SELECTED VARIETIES
21022063_EA/21374629_EA

always ULTRA THIN

TAMPAX PEARL
S+ SUPER PLUS
LEAKGUARD PROTECTION

SAVE UP TO 20% OFF
3.89-14.39

LIFE BRAND[®] CLEANSERS, TREATMENTS OR MOISTURIZERS
SELECTED VARIETIES AND SIZES
21417438_EA/21421633_EA

life Foaming moussant

life Clear ACTION
Acne Oil-Absorbing Patches
Timbres anti-acné absorbant le sébum

\$5

LIFE BRAND[®] LIQUID HAND SOAP REFILL
SELECTED VARIETIES
2L
2132781003_EA
2132781004_EA

life Aloe Vera

life Fresh Scent Parfum

8⁴⁹

LISTERINE ULTRA CLEAN OR TOTAL CARE MOUTHWASH
SELECTED VARIETIES
1L
20791283_EA/21088044_EA

LISTERINE TOTAL CARE ZERO

LISTERINE TOTAL CARE

SAVE UP TO 15% OFF
3.99-47.99

PERFECT SPORTS SUPPLEMENTS
SELECTED VARIETIES AND SIZES
21068329_EA/21559794_EA

DIESEL
NEW ZEALAND WHEY PROTEIN

DIESEL
PERFECT SPORTS

SAVE UP TO 15% OFF

TYLENOL COMPLETE COUGH, COLD AND FLU TABLETS OR CAPSULES 18/20'S OR BENYLIN COUGH SYRUPS 100 ML
SELECTED VARIETIES
20322279001_EA
20294733001_EA

TYLENOL Extra Strength
COLD

BENYLIN EXTRA STRENGTH
Cough & Chest Congestion

SAVE UP TO 20% OFF

PEPTO BISMOL, RESTORALAX OR RESTORAFIBRE DIGESTIVE HEALTH CHEWS 24-90'S, LIQUIDS 350/480 ML OR POWDERS 119-765 G,
SELECTED VARIETIES
20319797002_EA/213809001_EA

Pepto Bismol

RestoraFIBRE
Daily Gummies
Gélules quotidiennes

RestoraAX



BABY SHOP

FOR LESS

SHOP NOW



26⁹⁹

PAMPERS EASY UPS CLUB PACK TRAINING PANTS 56-74'S OR **NINJAMAS NIGHTTIME UNDERWEAR** 34-44'S
SELECTED VARIETIES
21309032_EA



\$20

PC® 12X BABY WIPES UNSCENTED 1200'S
21432345_EA



19⁹⁹

PAMPERS 9X OR HELLO BELLO 6X BABY WIPES
SELECTED VARIETIES, 504-600'S
21309031_EA/21309036_EA



36⁹⁹

HUGGIES ECONO PULL-UPS TRAINING PANTS
SELECTED VARIETIES
66-104'S
21303427_EA/21303423_EA



36⁹⁹

HUGGIES ECONO PACK DIAPERS
SELECTED VARIETIES
SIZE N-7, 60-200'S
21340322_EA/21340633_EA



19⁹⁹

DIAPER GENIE DIAPER PAIL REFILLS OR SIGNATURE EASY ROLL REFILLS 10'S
SELECTED VARIETIES
21348956_EA



SAVE UP TO **30% OFF**
4.19-10.49

MUNCHKIN FOOD ACCESSORIES
SELECTED VARIETIES
21341170_EA/21308447_EA



BABY CARE AT GREAT PRICES

SAVE UP TO **20% OFF**
1.23-12.79

PC® TOILETRIES BABY NEEDS OR DAPPLE DISH SOAP
SELECTED VARIETIES
20887349_EA/20979161_EA



SAVE UP TO **20% OFF**
2.00-10.39

JOHNSON & JOHNSON BABY NEEDS
SELECTED VARIETIES
21132321_EA/20325065017_EA



11⁹⁹

LIVE CLEAN BABY WASH
SELECTED VARIETIES
750 ML
20607347_EA
20606005_EA



8⁹⁹

BABY BUTZ 113 G, **SUDOCREM** 125 G OR **ZINCOFAX** 12/100 G
SELECTED VARIETIES
20463040001_EA/20715790_EA



SAVE UP TO **20% OFF**

CERA VE BABY NEEDS
SELECTED VARIETIES
21439175_EA/21439186_EA





BABY SHOP

FOR LESS

SHOP NOW



FORMULA DEALS

59⁹⁹

ENFAMIL A+ READY TO FEED INFANT FORMULA
SELECTED VARIETIES
18X237 ML
21068376_C01/21068382_C01



29⁹⁹

ENFAGROW A+ TODDLER NUTRITIONAL SUPPLEMENT
SELECTED VARIETIES
907 G
21407931_EA/21407971_EA



8⁹⁹

NESTLÉ CERELAC BABY CEREAL WITH HONEY & WHEAT
400 G
21064977_EA



68⁴⁹

ENFAMIL NEUROPRO READY TO FEED INFANT FORMULA
18X237 ML
21090960_C01



52⁹⁹

SIMILAC READY TO FEED BABY FORMULA
STAGE 1 OR 2, 16X235 ML
21334996_C01/21334792_C01



54⁹⁹

ENFAMIL A+ BABY FORMULA POWDER REFILL
SELECTED VARIETIES
902 G
20435527002_EA
20435527003_EA



BABY FOOD & SNACKS

MULTI BUY

2/\$9

OR \$4.99 EA.

GERBER ORGANIC SNACKS 28-150 G OR AMARA ORGANIC INFANT SMOOTHIE MELTS 23 G
SELECTED VARIETIES
21097709_EA/21426240_EA



3⁷⁹

BABY GOURMET ORGANIC PUFFIES, CRUNCHY CROCS, FRUIT & VEGGIE BITES BABY SNACKS 23-90 G OR EARTH'S BEST BARS 133 G
SELECTED VARIETIES
21049432_EA/21414276_EA



3⁷⁹

LOVE CHILD ORGANIC OATY CHOMPS OR SEAFRIENDS BABY SNACKS
SELECTED VARIETIES
100-140 G
20944539_EA/21463929_EA



3⁹⁹

PC ORGANICS FROZEN BABY FOOD
SELECTED VARIETIES
8X32ML/2X128G
21241170_EA/21286447_EA



CLEANING ESSENTIALS

Get all your cleaning needs here!

SAVE 2.00 **HOT DEALS**

4⁹⁹

2,500 **Value** **2.50**

FAMILY GUARD DISINFECTANT SPRAY
SELECTED VARIETIES
436 G/346 ML
2142812_EA

MULTI BUY

2/\$13
OR \$7.99 EA.

4,000 **Value** **\$4**
when you buy 2

LYSOL WIPES 75-84'S, DISINFECTANT SPRAY 350 G OR TOILET BOWL CLEANER 946 ML
SELECTED VARIETIES
2144920_EA
2144923_EA

SAVE 2.00 **HOT DEALS**

4⁹⁹

CLOROX DISINFECTING WIPES
SELECTED VARIETIES
75'S
20348537002_EA

SALE

6⁴⁹

NEUTRA-AIR DISINFECTANT SPRAY & FRESHENER
SELECTED VARIETIES
283 G
2143312_EA

SAVE 50% **HOT DEALS**

3⁴⁹

CLOROX BLEACH
2.4 L
21382178_EA

SALE

3⁹⁹

NO NAME® DISINFECTANT WIPES
SELECTED VARIETIES
75'S
21386771_EA

SAVE UP TO 3.00 **HOT DEALS**

7⁹⁹

LYSOL LAUNDRY DISINFECTANT 1.2L, RESOLVE IN WASH POWDER OR SPRAYS
625 G/650 ML
SELECTED VARIETIES
2032370_EA
21487308_EA

SAVE UP TO 30% **HOT DEALS**

6⁹⁹

PUREX LAUNDRY DETERGENT 1.92-2.03 L OR FLEECY FABRIC SOFTENER 2.6 L OR SHEETS 120'S
SELECTED VARIETIES
20496216005_EA/21311762_EA

SAVE UP TO 6.50

29⁹⁹

TIDE PODS 112/85'S OR POWER PODS 63'S
SELECTED VARIETIES
21450133_EA

21⁹⁹

FINISH QUANTUM, ULTIMATE AND ULTRAMAX OR DISHWASHER DETERGENT TABS
SELECTED VARIETIES
51-64'S
2127949_EA

SALE

2⁹⁹

DAWN DISHWASHING LIQUID
SELECTED VARIETIES
431-473 ML
21420581_EA/21016064_EA

10⁹⁹

GLAD OUTDOOR BAGS
SELECTED VARIETIES
10-90'S
21165477_EA

Optimum
10,000 (pt)
 for every \$100 spent on

\$10 Value

RETAIL THERAPY GIFT CARDS

RETAIL THERAPY

GAP THE BAY BATH & BODY WORKS

OLD NAVY Indigo Foot Locker

ONLINE EXCHANGE REQUIRED **happy**

Offer valid in-store only. Subject to availability; selection may vary by store. We reserve the right to limit quantities. See gift card for details, terms & conditions. Offer applies to every \$100 spent on Retail Therapy gift cards in a single transaction. Cannot be combined with any other gift card offers. Not valid on prior purchases. PC Optimum points cannot be redeemed toward the purchase of gift cards.

NEW

Campbell's CHUNKY SPICY

2.99 Campbell's® Ready to Serve Soups 515 mL, selected varieties 21480539_EA

1.99 Campbell's® Ready to Use & Concentrated Broths 250 mL – 900 mL, selected varieties 20322348001_EA 21347245_EA

4.49 Pace® Chunky Salsa 642 mL, selected varieties 20307531001_EA

2.99 Campbell's® Chunky® Soup 515 mL, selected varieties 21547142_EA/21617836_EA

3.99 Prego® Pasta Sauce 645 mL, selected varieties 20325820001_EA

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Our butchers cut quality meat in your store every day!

pork loin schnitzel 21588065_EA

lean beef meatballs plain 21587897_EA

pork stir fry strips 21588095_EA

beef stir fry strips cut from Canada AA grade beef or higher 21588067_EA

chicken stir fry strips 21588091_EA

PATAK'S MAKES PERFECT

HAPPY DIWALI!

4.29 PATAK'S COOKING SAUCE selected varieties 400 mL 20217180002_EA

3.29 PATAK'S READY TO HEAT selected varieties 285 mL 21588103_EA/21588293_EA

4.29 PATAK'S PASTE selected varieties 284 mL 20307957001_EA

SCAN FOR RECIPE INSPIRATION

Mornings Made Easy

\$3.49 Pillsbury® Toaster Strudel 326 g or Scrambles 204 g selected varieties frozen 20172664001_EA

\$4.99 Burnbrae frozen egg bites 336 g selected varieties frozen 21550807_EA

\$2.99 no name® punch or lemonade 283 mL selected varieties frozen 20552134002_EA

\$1.49 fruit punch

\$3.49 Burmbræ frozen egg bakes 2/4's selected varieties frozen 21060397_EA

\$3.49 Kellogg's Eggo waffles 8's or Thick & Fluffy 6's selected varieties frozen 20302779_EA

Total Ocular Health from the brands you trust

Dry Eye

SAVE UP TO 20% OFF

Systane ULTRA 20180473_EA/21460366_EA/21455841_EA

Eye Vitamins Vitalux 21332955_EA/21337538_EA

Contact Lens Care Opti-Free 20790840_EA/20307823_EA/21290645_EA

Systane eyedrops 15-30 mL. Clear Care & Opti-free contact lens solutions 600/720 mL or Vitalux eye vitamins 50-120's selected varieties

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youtheory

SAVE UP TO 20% OFF

Youtheory health supplements selected varieties and sizes

collagen 180 capsules

turmeric 45 capsules

21546942_EA 21546918_EA

+try youtheory today

oikos
GREEK YOGURT

START THE DAY WITH
A PROTEIN SNACK*



\$7⁴⁹
Oikos® - 850 g, 750 g
21305945_EA



\$12⁹⁹
Oikos® - 1.5 kg
21477261_EA



3⁹⁹
Oikos® - 4 x 95 g, 4 x 100 g
21076965_EA
21419715004_EA

NEW
Strawberry
Cheesecake



OR \$2.29 EA
2/3⁵⁰
Oikos® - 190 ml
21588614_EA

*As part of a complete breakfast and balanced diet

ACTIVIA
active probiotics - probiotiques actifs

1 BILLION ACTIVE PROBIOTICS*



\$7⁹⁹
Activia® - 12 x 100 g
21006572_EA



\$4⁴⁹
Activia® - 850 g
21430507_EA



\$12⁹⁹
Activia® - 2 kg
21477228_EA



OR \$2.29 EA
2/3⁵⁰
Activia® - 190 ml
21348503_EA



6⁴⁹
Activia® - 8 x 53 ml
2108458_EA

*With more than 10¹⁰ CFU Bifidobacterium lactis per serving, a probiotic that contributes to healthy gut flora.

DANONE
NEW BANANA
DANONE
LACTOSE FREE
MINIONS
\$3⁹⁹
Danone® - 6 x 53 ml
21620340_EA
2031636002_EA

DANONE
GO!
OR \$1.29 EA
3/3
Danone Go®
190 ml
21348029_EA

**SUGAR DOWN
PROTEIN UP**
NEW CHERRY
\$4⁴⁹
Two Good® - 4 x 95 g
21476047_EA
OR \$5.99 EA
2/10
Two Good®
- 825 g
21477597_EA

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TRUSTED
SOFTNESS,
BETTER
TEAR*
*vs. leading US
1-ply bargain brand
17⁹⁹
Charmin
Bath Tissue, 12=48 roll, soft,
21549779_EA

Cleans Better
So You Can Use
Less*
17⁹⁹
Charmin
Bath Tissue, 12=48 roll, strong,
21484810_EA
*vs. Leading USA 1-Ply Bargain Brand
MORE
ABSORBENT

+50% MORE
ABSORBENT*
*vs. leading ordinary brand.
17⁹⁹
Bounty
Paper Towel,
Select A Size, 6=12 roll,
21515966_EA

THICKER
AND MORE
ABSORBENT*
*vs. the leading US 2-ply napkin
10⁹⁹
Bounty
Napkin 400's,
21053171_EA
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any combination of participating
Kruger Products® totaling \$25
pre-tax on the same receipt.
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a picture of your receipt
and upload within 7 days to
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**GET
A \$10
GIFT CARD***



\$19⁹⁹
Cashmere® Bathroom Tissue,
24=72 Rolls
2180645_EA



\$19
Scotties® Facial Tissue,
18 pack
2031608_EA



\$19⁹⁹
Sponge Towels® Ultra
Paper Towels, 12=18 Rolls
2189851_EA

Valid: October 1st to December 31st, 2024 at participating retailers.
Limit of three (3) Gift Cards per household. Limit of one (1) Gift Card per receipt.
*Valid on purchases Oct 1/24 to Dec 31/24. Submit receipt within 7 days from date of purchase to receive \$10 gift card on purchase of \$25 of participating Scotties, Cashmere, Purex, Sponge Towels and Banters products (excludes Premium) on one receipt. Limit 1 Gift Card per receipt. Not valid in combination with other offers. Terms and conditions at www.onlyincanada.ca. Limit 3 Gift Cards per household. Offer valid in only Canada.
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