

WED	THU	FRI	SAT	SUN	MON	TUE
30	31	1	2	3	4	5



# Harris Teeter

YOUR NEIGHBORHOOD MARKET

Weekly Specials\*



Boneless Ribeye Steak or Roast



## 8.99

per lb.

save at least \$10.00 per lb. with your VIC card



6 oz. Farmers Market Red Raspberries

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

6 oz. Organic Red Raspberries

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



80% Lean Ground Chuck

## 3.99

per lb.

save at least \$2.00 per lb. with your VIC card



2 lb. Bag Fishermans Market Wild Caught Argentine Shrimp

**BUY 1 GET 2 FREE**

save big on 3 with your VIC card

10 oz. NatureSweet Glories, 16 oz. Campari Tomatoes or Select Varieties Fresh Express Salads

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



Boneless Chicken Breast

## 2.49

per lb.

save at least \$1.50 per lb. with your VIC card



Fresh Foods Market Rotisserie Chicken

## 6.99

each

save big with your VIC card



Farmers Market Lemons or Limes

## 2 \$1

for

save big on 2 with your VIC card



Farmers Market Fuji Apples

## .99

per lb.

save big per lb. with your VIC card



Use your VIC card for more big savings!

8 pk. 12 oz. Bubly Sparkling Water

limit 10

**BUY 2 GET 3 FREE**

must buy 2 items to get 3 free with your VIC card

9 - 25.3 oz. Premium Saltines 2/\$5

18.5 - 19 oz. Progresso Traditional or Classic Soup

**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

9.25 - 10.75 oz. Doritos or 10 - 16 oz. Rold Gold Pretzels or 5.2 oz. Pringles

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

48 oz. Harris Teeter All Natural Ice Cream or 14 oz. Häagen-Dazs Ice Cream or 16 oz. Private Selection Ice Cream or Sorbet Pints

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

Select Varieties 12 oz. Bag or 10 ct. K-Cups Starbucks Coffee

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

12 - 16 oz. Oscar Mayer Bacon

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

8 oz. Kraft Shredded Cheese

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

5 - 8 oz. Assorted Varieties Private Selection Pre-Sliced Meats or Cheeses

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

**eVIC e-VIC Members Only 7 Day Sale** Offers valid All Week October 30 - November 5, 2024

Not an e-VIC Member? Register for e-VIC at www.harristeeter.com. VIC card/Alt ID and email address required. e-VIC status effective the first Wednesday after enrollment. Some restrictions apply.

eVIC e-VIC members only weekly limit 4

12 pk. 12 oz. Cans Coca-Cola Products

**4.97**

save at least \$8.08 over our already low VIC price when you buy 4

non e-VIC member price **6.99**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only weekly limit 4

14.76 - 22.95 oz. Red Baron Pizza

**2.97**

save at least \$8.08 over our already low VIC price when you buy 4

non e-VIC member price **4.99**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only weekly limit 4

12 pk. Sam Adams, Sierra Nevada, Blue Moon, New Belgium or Kona

**14.97**

save at least \$4.08 over our already low price when you buy 4

non e-VIC member price **15.99**

All items must be purchased in a single transaction with your VIC card.

eVIC e-VIC members only weekly limit 4

3 ltr. Black Box, Bota Box or Woodbridge

**15.97**

save at least \$8.08 over our already low price when you buy 4

non e-VIC member price **17.99**

All items must be purchased in a single transaction with your VIC card.

**Friday, Nov. 1st**

**4X FUEL POINTS**

on all qualifying items

download the digital coupon available to clip Oct. 30 - Nov. 1, 2024 ONLY

**SAVE UP TO \$1.00 PER GALLON\***

redeem at Harris Teeter Fuel

Offer valid Friday, November 1, 2024, with VIC card and digital coupon ONLY. Excludes alcohol, fuel purchases, gift certificates, lottery, mail-order services, money orders, postage stamps, product deposit (if applicable), promotional tickets, tax, tobacco, Harris Teeter Gift Cards and all other gift cards, and ALL FINANCIAL VARIABLE LOAD CARDS (American Express®, MasterCard®, & Visa®) and Pharmacy purchases. \*Terms and conditions apply.

\* Supplies are limited



Prices good through November 5, 2024

WED 30	THU 31	FRI 1	SAT 2	SUN 3	MON 4	TUE 5
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6 pk. 16.9 oz.  
**Pepsi Products**

**BUY 2 GET 3 FREE**

limit  
**10**

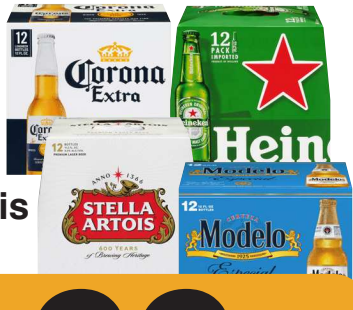
must buy 2 items to get 3 free with your VIC card **VIC SAVINGS**

7 - 16 oz.  
**Utz Family Size Potato Chips, Kettle Chips, Pretzels, On The Border or Boulder Canyon**



**4 for \$10** when you buy 4 or Regular Price each  
**YOU MUST BUY 4 TO RECEIVE THIS PRICE. VIC SAVINGS**

12 pk.  
**Corona, Heineken, Stella Artois or Modelo**



**13.99** each  
*Drink Responsibly - Must be 21 to Purchase*

22.5 - 30 oz.  
**Ore-Ida Potatoes**



**2 for \$8** save big on 2 with your VIC card **VIC SAVINGS**

4.5 - 6.7 oz.  
**Chobani Zero Sugar, Flip or High Protein Greek Yogurt**



**10 for \$10** save big on 10 with your VIC card **VIC SAVINGS**

**eVIC e-VIC members only**

weekly limit  
**4**

8 ct.  
**Pillsbury Grands!, Crescents or Cinnamon Rolls**

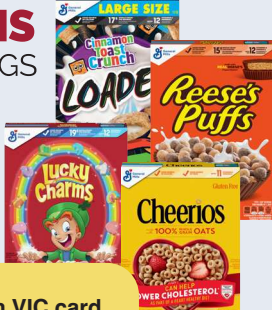


**2.47** save at least \$2.12 over our already low VIC price when you buy 4 **2/\$6** non e-vic member price **VIC SAVINGS**

All items must be purchased in a single transaction with your VIC card.

**eVIC COUPONS** EXCLUSIVE SAVINGS

8.9 - 13 oz.  
**General Mills Cereals**



**2 for \$6** ea. with VIC card  
**-1.00** Digital Coupon **USE 1 TIME**  
**2 for \$5** Final Price with Digital Coupon  
Limit 1 per offer.

# Shrimptacular **SEAFOOD** Bowls



6 oz. Small  
**Shrimp Bowls**

**\$5** each

save big with your VIC card



6 oz. Small  
**Flavored Shrimp Bowls**

**\$5** each

save big with your VIC card



6 oz. Small  
**Flavored Snow Leg Bowl**

**\$5** each

save big with your VIC card



13 oz. Large  
**Shrimp or  
Snow Leg Bowls**

**\$10** each

save big with your VIC card



13 oz. Large  
**Shrimp &  
Snow Leg Combo Bowl**

**\$10** each

save big with your VIC card



16 oz.  
Store Made  
**Express  
Shrimp Platter**

**15.99** each

save at least \$4.00 each with your VIC card



**Senior Discount Thursdays**

Seniors 60 and older get a

**5% DISCOUNT**

Please notify your cashier if you qualify



from our meat department



**Boneless Ribeye Steak or Roast**

**11.99** per lb.  
save at least \$8.00 per lb. with your VIC card



10 oz. **Tender Belly Bacon**

**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card

from our seafood department

Fresh Seafood from Your Local and Regional Neighbors



21 - 30 ct. Fresh Wild Caught **East Coast Shrimp**

**8.99** per lb.  
save at least \$8.00 per lb. with your VIC card



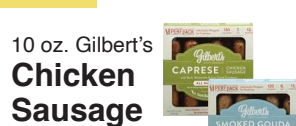
**Chuck Roast**  
**6.99** per lb.  
save at least \$2.00 per lb. with your VIC card



1.25 lb. Perdue Fresh Cuts **Diced, Strips and Cutlets**  
**5.99** each  
save at least \$2.00 each with your VIC card



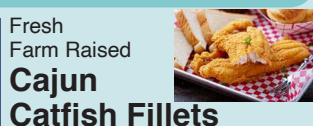
22 - 29 oz. Perdue Chicken **Tenders or Nuggets**  
**5.99** each  
save at least \$4.00 each with your VIC card



10 oz. Gilbert's **Chicken Sausage**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



Crab Stuffed **Tilapia Fillets**  
**11.99** per lb.  
save at least \$2.00 per lb. with your VIC card



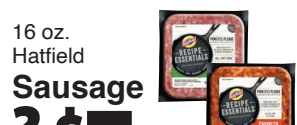
Fresh Farm Raised **Cajun Catfish Fillets**  
**8.99** per lb.  
save at least \$1.00 per lb. with your VIC card



Niman Ranch Antibiotic Free **Bone-In Pork Chops**  
**5.99** per lb.  
save at least \$1.00 per lb. with your VIC card



SMART Organic **Boneless Chicken Breast**  
**9.99** per lb.  
save at least \$3.00 per lb. with your VIC card



16 oz. Hatfield **Sausage**  
**2 \$7**  
save big on 2 with your VIC card



16 oz. Oscar Mayer **Lunchmeat** or 28 oz. **Sub Kit**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



2 lb. bag Fresh Wild Caught **Maine Blue Mussels**  
**4.99** each  
save at least \$1.00 each with your VIC card



6 oz. Maryland Style **Colossal Lump Crab Cakes**  
**\$8** each  
save at least \$2.00 each with your VIC card



18.4 - 23 oz. Smithfield **Marinated Pork Loin Filet or Tenderloin**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



16 - 21.2 oz. Schewid & Sons **Burger Patties**  
**9.99** each  
save at least \$1.00 each with your VIC card



8 - 9 oz. Hillshire Farm **Lunchmeat**  
**2 \$9**  
save big on 2 with your VIC card



2.76 oz. Hillshire **Snacking**  
**2 \$6**  
save big on 2 with your VIC card



Wild Caught 31 - 40 ct. Peeled & Deveined **East Coast Shrimp**  
**9.99** per lb.  
save at least \$3.00 per lb. with your VIC card



Wild Caught **Mahi Mahi Fillets**  
**9.99** per lb.  
save at least \$2.00 per lb. with your VIC card



12 oz. Harris Teeter **Bacon**  
**3.99** each  
save at least \$1.00 each with your VIC card



8 ct. Grande La Banderita **Burritos**  
**2.99** each  
save at least \$1.50 each with your VIC card



Wild Caught **Alaska Sockeye Salmon Fillets**  
**14.99** per lb.  
save at least \$2.00 per lb. with your VIC card



Wild Caught **10 - 20 ct. Sea Scallops**  
**16.99** per lb.  
save at least \$2.00 per lb. with your VIC card



Wild Caught **Alaska Sockeye Salmon Fillets**  
**14.99** per lb.  
save at least \$2.00 per lb. with your VIC card



Wild Caught **10 - 20 ct. Sea Scallops**  
**16.99** per lb.  
save at least \$2.00 per lb. with your VIC card

from our grocery department



20 ct. **Celestial Seasonings Tea Bags**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



12 - 14 oz. **Chex Cereal**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



14 lb. **Purina Beneful Dog Food**  
**16.99**  
save at least \$2.50 each with your VIC card



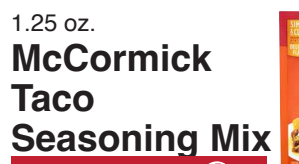
1.25 oz. **McCormick Taco Seasoning Mix**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



16 oz. Select Varieties **Harris Teeter Salad Dressing**  
**BUY 1 GET 1 FREE**  
each item rings at half price with your VIC card



6 oz. **Beggin' Strips Dog Treats**  
**2 \$7**  
for  
save at least \$1.38 on 2 with your VIC card



6 oz. **Blue Diamond Almonds**  
**2 \$6**  
for  
save big on 2 with your VIC card



20 oz. **Pepperidge Farm Italian Bread**  
**2 \$6**  
for  
save big on 2 with your VIC card



5 oz. **Harris Teeter Croutons**  
**4 \$5**  
for  
save big on 4 with your VIC card



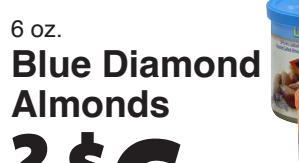
19.5 - 32 oz. **Heinz Ketchup** or **Blend of Veggies**  
**3.99**  
save at least \$1.30 each with your VIC card



7 lb. **Purina ONE Cat Food**  
**17.99**  
save at least \$3.00 each with your VIC card



10.48 - 11.5 oz. **Mars Fun Size**  
**4.99**  
save big with your VIC card



3.5 - 4.4 oz. **Lindt Chocolate Bars**  
**3.49**  
save big with your VIC card



24 oz. **Pearl Milling Company Syrup**  
**2 \$7**  
for  
save big on 2 with your VIC card



12 oz. **Harris Teeter Flavored Mustard**  
**4 \$5**  
for  
save big on 4 with your VIC card



3 oz. **Purina ONE Canned Cat Food**  
**4 \$5**  
for  
save at least \$1.00 on 4 with your VIC card



2.1 oz. **Friskies Party Mix Cat Treats**  
**2 \$3**  
for  
save at least 98¢ on 2 with your VIC card



8.5 lb. **Tidy Cats Light Weight Cat Litter**  
**15.99**  
save at least \$3.00 each with your VIC card



12 oz. **Counter Culture Coffee**  
**9.99**  
save big with your VIC card



6 - 24 oz. **Kodiak Flapjacks or Oatmeal**  
**4.99**  
save big with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



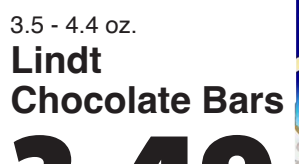
19 - 30 oz. **Kraft Miracle Whip**  
**4.99**  
save at least \$2.00 each with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



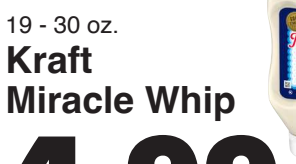
12 oz. **Counter Culture Coffee**  
**9.99**  
save big with your VIC card



6 - 24 oz. **Kodiak Flapjacks or Oatmeal**  
**4.99**  
save big with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



19 - 30 oz. **Kraft Miracle Whip**  
**4.99**  
save at least \$2.00 each with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



12 oz. **Counter Culture Coffee**  
**9.99**  
save big with your VIC card



6 - 24 oz. **Kodiak Flapjacks or Oatmeal**  
**4.99**  
save big with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



19 - 30 oz. **Kraft Miracle Whip**  
**4.99**  
save at least \$2.00 each with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



20.5 - 22.3 oz. **Quaker Life or Cap'n Crunch**  
**2 \$10**  
for  
save big on 2 with your VIC card



# beverages

19 oz.  
**Country Time or Tang Drink Mix**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

64 oz.  
**Pure Leaf Tea**



**BUY 2 GET 1 FREE**

save big on 3 with your VIC card

2 Ltr.  
**Coca-Cola Products**



**BUY 2 GET 2 FREE**

save big on 4 with your VIC card

11 - 15 oz.  
**Starbucks Double Shot or Triple Shot**



**2 \$5 for**

save at least \$2.98 on 2 with your VIC card

64 oz.  
**Mott's Apple Juice**



**2 \$5 for**

save big on 2 with your VIC card

7.5 oz.  
**Coca-Cola Mini Cans**



**BUY 2 GET 1 FREE**

save big on 3 with your VIC card

6 pk.  
**S.Pellegrino Sparkling Water**



**4.99**

save at least \$3.00 each with your VIC card

12 pk. 12 oz.  
**Canada Dry or 7-UP**



**3 \$15 for**

save big on 3 with your VIC card

4 pk. 16 oz.  
**Monster Energy Drink**



**7.99**

save at least \$2.00 each with your VIC card

# snacks

16 oz.  
**Planters Peanuts**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

6 ct.  
**Pop-Secret Popcorn**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

3.3 oz.  
**Calbee Harvest Snaps**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

5.9 - 6.6 oz.  
**Pepperidge Farm Goldfish**



**2 \$5 for**

save at least \$2.38 on 2 with your VIC card

6.75 - 7 oz  
**Sunchips or Smartfood**



**2 \$7 for**

save big on 2 with your VIC card

5.5 - 8 oz.  
**Cretors Popcorn**



**2 \$6 for**

save at least \$3.58 on 2 with your VIC card

10 - 20.6 oz.

**Nabisco Family Size Snack Crackers, Ritz or Toasted Chips**



**2 \$7 for**

save at least \$4.58 on 2 with your VIC card

16 - 20.2 oz.

**Nabisco Family Size Oreo, Chips Ahoy! or Nutter Butter**



**2 \$8 for**

save at least \$3.98 on 2 with your VIC card

5.9 - 8.6 oz.

**Pepperidge Farm Cookies**

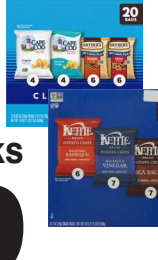


**2 \$8 for**

save at least \$1.98 on 2 with your VIC card

20 ct.

**Cape Cod, Kettle or Snyder's Pretzel Multipacks**



**10.99**

save at least \$2.00 each with your VIC card

# health & beauty

Select 12 oz. or 24 ct.  
**DayQuil or NyQuil Severe Cold Medicine**



**13.99**

save at least \$2.00 each with your VIC card

Select 90 - 120 ct. Tablets, Ultra Silver or Gummies  
**Centrum Vitamins**



**10.99**

save big with your VIC card

13 oz.  
**OGX Shampoo or Conditioner**



**7.99**

save at least \$2.00 each with your VIC card

Select 4 ct. or 8 ct. Minis  
**GoMacro Organic Nutrient Bars**



**8.49**

save at least \$1.50 each with your VIC card

# home essentials

While Supplies Last. Not Available in All Stores.

8 ct. AA/AAA  
**Harris Teeter Batteries**



**30% off**

save big with your VIC card

**Good Cook Kitchen Gadgets**



**20% off**

save big with your VIC card

# dairy and frozen

24 oz.  
**Silk or So Delicious Yogurt**



**4.99**

save big with your VIC card

5.3 oz.  
**Fage Greek Yogurt**



**4 \$5 for**

save big on 4 with your VIC card

16 oz.  
**Fage Sour Cream**



**2 \$4 for**

save big on 2 with your VIC card

24 oz.  
**Daisy Cottage Cheese**



**2 \$6 for**

save big on 2 with your VIC card

32 oz.  
**Silk Almond or Oat Creamer**



**4.49**

save big with your VIC card

52 oz.  
**Planet Oat Oatmilk**



**2 \$6 for**

save big on 2 with your VIC card

32 oz.  
**Coffeemate Creamer**



**2 \$7 for**

save big on 2 with your VIC card

4 pk.  
**Chobani Flip, Zero Sugar, Less Sugar or Greek Yogurt**



**2 \$8 for**

save at least \$1.49 on 2 with your VIC card

6.5 oz.  
**Reddi Wip Topping**



**2 \$6 for**

save big on 2 with your VIC card

14.54 - 29.04 oz.  
**Freschetta Pizza**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

3 pk.  
**Magnum Ice Cream**



**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

10 - 12.7 oz.  
**Birds Eye Steamfresh Protein Blend**



**2 \$5 for**

save big on 2 with your VIC card

9.25 - 11.5 oz.  
**Healthy Choice or Marie Callender's Bowls or Pot Pies**



**2 \$6 for**

save big on 2 with your VIC card

6 - 11.75 oz.  
**Stouffer's, Lean Cuisine or Hot Pockets**



**3 \$9 for**

save big on 3 with your VIC card

7 oz.  
**Bagel Bites Pizza Bagels**



**2 \$4 for**

save big on 2 with your VIC card

2 ct.  
**HT Traders Desserts**



**2 \$9 for**

save at least \$2.00 on 2 with your VIC card

18 - 42 oz.  
**Bertolli, P.F. Chang's or Birds Eye Voila!**



**6.99**

save big with your VIC card

48 oz.  
**Harris Teeter Frozen Fruit**



**8.49**

save big with your VIC card

\* Supplies are limited





# Fall Holiday Meals

**eVIC** e-VIC members only

weekly limit **4**

24 oz. **Prego Pasta Sauce**

**1.77**

save at least \$2.92 over our already low VIC price when you buy 4

non-e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card.

limit **10**

5.25 - 6 oz. **Annie's Macaroni & Cheese Dinners**

**BUY 2 GET 3 FREE**

must buy 2 items to get 3 free with your VIC card

11.5 oz. **Entenmann's Cakes or Danish**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

16 oz. **Mueller's Spaghetti or Penne Rigate**

**4 for \$5**

save big on 4 with your VIC card

30 - 32 oz. Canister **HT Traders Jasmine Rice**

**4.99**

save at least \$2.00 with your VIC card

32 oz. **Harris Teeter Chicken Broth**

**2 for \$3**

save big on 2 with your VIC card

46 oz. **Tropicana Orange Juice**

**2 for \$6**

save big on 2 with your VIC card

7.5 - 10 oz. **Hormel Dinty Moore or Compleats**

**2 for \$5**

save big on 2 with your VIC card

12 oz. **Arnold Stuffing**

**2 for \$6**

save at least 99¢ on 2 with your VIC card

7 - 8 oz. **Cape Cod Large Bag or Waves**

**2 for \$6**

save at least \$4.58 on 2 with your VIC card

6 oz. **Stove Top Stuffing**

**2 for \$4**

save big on 2 with your VIC card

24.5 oz. **Gorton's Value Pack Fish**

**5.99**

save big with your VIC card

15 - 20 ct. **Harris Teeter Slider Storage Bags**

**2/\$4**

save big on 2 with your VIC card

25 - 35 ct. **Harris Teeter Slider Freezer Bags**

**2 for \$6**

save big on 2 with your VIC card

28 oz. **San Merican Tomatoes**

**2 for \$5**

save big on 2 with your VIC card

0.3 - 3 oz. **Jell-O Gelatin** or 1 - 3.9 oz. **Pudding**

**3 for \$4**

save at least 36¢ on 3 with your VIC card

12 oz. **Carnation Evaporated Milk**

**2 for \$3**

save at least 99¢ on 2 with your VIC card

7 oz. **Jet-Puffed Marshmallow Creme** or 10 oz. **Marshmallows**

**2 for \$3**

save at least 49¢ on 2 with your VIC card

12 - 16 oz. **Betty Crocker Frosting**

**3/\$5**

save big on 3 with your VIC card

16.3 oz. **Betty Crocker Brownies** or 13.25 - 14 oz. **Cake Mix**

**3 for \$5**

save big on 3 with your VIC card

15 oz. **Libby's Canned Pumpkin**

**2 for \$4**

save at least \$1.26 on 2 with your VIC card

1 oz. **McCormick Vanilla Extract**

**25% off**

save big with your VIC card

4 oz. **Baker's Chocolate Bars** or 14 oz. **Coconut**

**2 for \$6**

save big on 2 with your VIC card

6 oz. **French's Crispy Fried Onions**

**3.99**

save big with your VIC card

40 oz. **Crisco Vegetable or Canola Oil**

**2 for \$9**

save big on 2 with your VIC card

9.7 oz. **Splenda Granulated Sugar**

**6.99**

save at least \$3.00 each with your VIC card

explore our **Olive Oils** recipes, info and varieties

Scan here to learn more!

**4X FUEL POINTS ON 100s OF GIFT CARDS TODAY!**

WITH DIGITAL COUPON FROM OUR E-VIC EMAIL, APP OR WEBSITE.

redeem at **FUEL POINTS** **Harris Teeter**

VALID EVERY DAY 10/23-11/5

\*Restrictions apply, see Associate for details. Subject to availability. See gift cards for details, terms, and conditions. Excludes Amazon Gift Cards. All trademarks are property of their respective owners. This promotion is not produced, sponsored, or executed by the brands shown. The Visa® Gift Card is issued by Pathward®, N.A. Member FDIC, pursuant to a license from Visa U.S.A. Inc. Cards may be used only at merchants in the U.S., everywhere Visa debit cards are accepted. No cash access. See Cardholder Agreement for details.



# Long term Savings



## Keeping prices LOWER, LONGER, on 1,000s of items you buy every day.

NEW

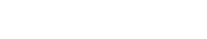
Long term

VIC SAVINGS

Savings



8 oz.  
**Dean's French Onion Dip**  
**4 \$5**  
for  
save at least \$3.70 on 4 with your VIC card



15.25 oz.  
**Harris Teeter Canned Beans**  
**5 \$4**  
for  
save at least 95¢ on 5 with your VIC card



15.8 oz.  
**SpaghettiOs**  
**4 \$5**  
for  
save at least \$1.76 on 4 with your VIC card



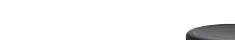
16 oz.  
**Ryl Tea**  
**3 \$5**  
for  
save at least \$1.86 on 3 with your VIC card



12 oz.  
**Harris Teeter Buffalo Wing Sauce**  
**2 \$5**  
for  
save big on 2 with your VIC card



13 oz.  
**Harris Teeter Chip Blitz Cookies**  
**2 \$5**  
for  
save at least 58¢ on 2 with your VIC card



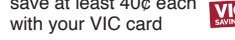
8 oz.  
**Harris Teeter Original Potato Chips**  
**2 \$5**  
for  
save at least 98¢ on 2 with your VIC card



6 pk.  
**Harris Teeter Applesauce Cups**  
**2 \$5**  
for  
save at least 98¢ on 2 with your VIC card



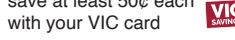
52 oz.  
**Harris Teeter Original Lemonade**  
**2.59**  
save at least 40¢ each with your VIC card



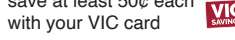
24 oz.  
**HT Traders Marinara Sauce**  
**3.99**  
save big with your VIC card



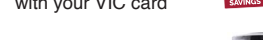
8 oz.  
**HT Traders Unsalted Butter**  
**3.99**  
save at least 50¢ each with your VIC card



64 oz.  
**Silk Vanilla Almondmilk**  
**3.99**  
save at least 50¢ each with your VIC card



2.7 - 3.4 oz.  
**Bare Baked Crunchy Chips**  
**4.49**  
save at least 50¢ each with your VIC card



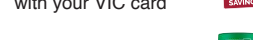
23.8 oz.  
**Harris Teeter Pizza Snack Rolls**  
**2 \$9**  
for  
save big on 2 with your VIC card



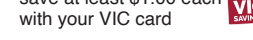
40 oz.  
**Harris Teeter Corn Oil**  
**4.99**  
save big with your VIC card



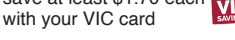
17 oz.  
**Sara Lee Classic Cheesecake**  
**5.99**  
save at least \$1.50 each with your VIC card



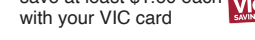
11.4 oz.  
**Private Selection Sea Salt Grinder**  
**5.99**  
save at least \$1.00 each with your VIC card



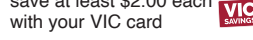
9.2 oz.  
**Gorton's Butterfly Shrimp**  
**5.99**  
save at least \$1.70 each with your VIC card



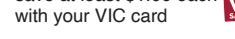
18 oz.  
**Bibigo Crunchy Chicken**  
**6.99**  
save at least \$1.60 each with your VIC card



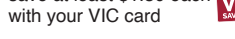
36 oz.  
**Hidden Valley Ranch Dressing**  
**7.99**  
save at least \$2.00 each with your VIC card



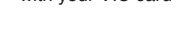
80 oz.  
**Sweet Baby Ray's Barbecue Sauce**  
**7.99**  
save at least \$1.00 each with your VIC card



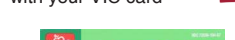
32 ct.  
**Kellogg's Brown Sugar Pop-Tarts**  
**8.99**  
save at least \$1.50 each with your VIC card



5 oz.  
**Mahatma Yellow Rice**  
**.89**  
save at least 50¢ each with your VIC card



20 oz.  
**Velveeta Mini Blocks**  
**5.99**  
save at least 1.50 each with your VIC card



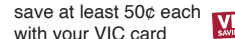
14 - 19 ct.  
**Ziploc Double Zip Gallon Storage or Freezer Bags**  
**3.99**  
save at least \$1.30 each with your VIC card



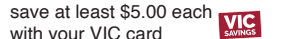
96 ct.  
**Harris Teeter Occasions Cutlery Combo**  
**5.79**  
save big with your VIC card



22 oz.  
**Woolite Heavy Traffic Carpet Foam**  
**5.99**  
save at least 50¢ each with your VIC card



90 ct.  
**Harris Teeter Cetirizine Allergy Relief**  
**27.99**  
save at least \$5.00 each with your VIC card



Prices valid October 30 through November 5, 2024.



# wine & beer

\*not available at all stores

Drink Responsibly - Must be 21 to Purchase

**harris teeter**  
fine wines club

**EVERYDAY! 10% OFF HALF case wine**  
SEE STORE FOR DETAILS

Join our fine wines club and get discounts, learn about recipe pairings and find out about events at our stores.



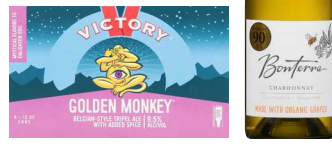
750 ml.  
**Rosé All Day**  
or 6 pk. **Blake's**

**10.99** each



750 ml.  
**Liquid Light**  
Sauvignon Blanc  
or 4 pk. **Duvel** or  
8 pk. **Loverboy Sparkling**

**14.99** each



750 ml.  
**Bonterra** Chardonnay  
or 6 pk. **Victory**

**11.99** each



750 ml.  
**Shannon Ridge**  
Cabernet  
or 6 pk. **Bell's**

**11.99** each



750 ml.  
**Trivento** Malbec  
or **Gnarly Head** Cabernet

**9.99** each



750 ml.  
**Chateau Ste. Michelle** Chardonnay  
or **Line 39** Sauvignon Blanc

**9.99** each



750 ml.  
**Mionetto** Prosecco  
or **Coppola** Prosecco

**13.99** each



750 ml.  
**Imagery**  
Cabernet or Chardonnay

**14.99** each



12 pk.  
**Wicked Weed**  
or 24 pk. **Michelob Ultra**  
or **Yuengling Flight**

**20.99** each



12 pk.  
**Happy Dad,**  
**Modelo** Aguas Frescas  
or 15 pk. **Bold Rock**

**17.99** each



12 pk.  
**Beast,**  
**White Claw** or **Stone**

**16.99** each



6 pk.  
**Sierra Nevada** Trail Pass,  
**Athletic** or **Shiner**

**9.99** each



Keeping prices  
**LOWER, LONGER,**  
on 1,000s of items you buy every day.



Assorted  
**Harris Teeter**  
**Value Pack**  
Pork Chops

**2.99** per lb.



**Heritage Farms**  
**Value Pack**  
Chicken Leg Quarters

**.99** per lb.



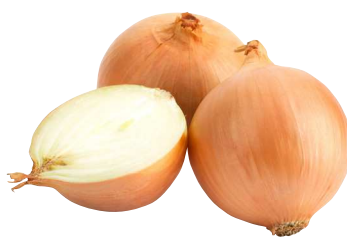
**Shady Brook Farms**  
Turkey Breast

**1.79** per lb.



10 oz.  
**Farmers Market**  
Walnut Meats or  
Pecan Pieces

**4.99** each



3 lb. Bag  
**Farmers Market**  
Yellow Onions

**1.99** each



**Farmers Market**  
Large Mangos

**.99** each



18 oz.  
**Boston**  
Chowda Soups

**4.99** each



10 - 12 oz.  
**Private Selection**  
Pouch Salami or Pepperoni

**6.99** each



4 - 6 ct.  
**Private Selection**  
Brioche Hotdog  
or Hamburger Buns

**3.99** each

**long term Savings**

**NEW**



Best. Fall. Ever!  
at Harris Teeter

# Gather your fall essentials

**HT How-To**  
**Smarter! Savings**  
Shop smarter for fall with e-VIC coupons!

84 oz. **Tide Liquid** & 25-42 ct. **Tide PODS Laundry Detergent**

**12.99** ea. with VIC card  
**-3.00** Digital Coupon USE 1 TIME  
**9.99** Final Price with Digital Coupon  
Limit 1 per offer.

113 oz. **Gain Liquid Laundry Detergent**

**12.99** ea. with VIC card  
**-3.00** Digital Coupon USE 1 TIME  
**9.99** Final Price with Digital Coupon  
Limit 1 per offer.

101-140 oz. **Downy Fabric Conditioner**, 48 oz. **Rinse** & 18.2 oz. **In-Wash Scent Booster**

**12.99** ea. with VIC card  
**-3.00** Digital Coupon USE 1 TIME  
**9.99** Final Price with Digital Coupon  
Limit 1 per offer.

240 ct. **Bounce** & 130 ct. **Downy Infusions Dryer Sheets**

**12.99** ea. with VIC card  
**-3.00** Digital Coupon USE 1 TIME  
**9.99** Final Price with Digital Coupon  
Limit 1 per offer.

12 oz. **VICKS DayQuil & NyQuil Cold & Flu Liquid**

**11.99** ea. with VIC card  
**-1.00** Digital Coupon USE 1 TIME  
**10.99** Final Price with Digital Coupon  
Limit 1 per offer.

**RELIEF THAT WORKS AS HARD AS YOU**

Save when you stock up & Get ready for the Season

GET A **\$10 PREPAID MASTERCARD\*** When you spend \$30 on qualifying P&G products

VISIT [PGLocalValues.com](http://PGLocalValues.com) FOR DETAILS AND TO CLAIM YOUR REWARD

\*Terms apply. Ends 11/12/2024. Submit by 11/19/2024. Mastercard is a registered trademark, and the circles design is a trademark of Mastercard International Incorporated. This promotion is not associated, sponsored, or endorsed by Mastercard or Sunrise Banks N.A. Non-Participating Brands: Gillette/Venus Cartridges. Visit PGLocalValues.com for full details and Privacy Policy. ©2024 Procter & Gamble

1X - 72-124 ct. **Puffs Facial Tissues**

**2.29** ea. with VIC card  
**save 1.00** Digital Coupon USE 1 TIME  
When you buy THREE (3) Puffs Facial Tissue Products with Digital Coupon  
Limit 1 per offer.

52-78 ct. **Cascade ActionPacs Tubs**

**19.99** ea. with VIC card  
**-3.00** Digital Coupon USE 1 TIME  
**16.99** Final Price with Digital Coupon  
Limit 1 per offer.

16 oz. **Dawn Powerwash Starter Kit**

**4.99** ea. with VIC card  
**-2.00** Digital Coupon USE 1 TIME  
**2.99** Final Price with Digital Coupon  
Limit 1 per offer.

16 oz. **Mr. Clean "Clean Freak" Starter Kit**

**5.99** ea. with VIC card  
**-1.00** Digital Coupon USE 1 TIME  
**4.99** Final Price with Digital Coupon  
Limit 1 per offer.

1 ct. **Swiffer Sweeper, Pet or Duster Starter Kit**

**16.99** ea. with VIC card  
**-5.00** Digital Coupon USE 1 TIME  
**11.99** Final Price with Digital Coupon  
Limit 1 per offer.

2.4 oz. **Crest 3DWhite Toothpaste**

**3.99** ea. with VIC card  
**-2.00** Digital Coupon USE 1 TIME  
**1.99** Final Price with Digital Coupon  
Limit 1 per offer.

13.5 oz. **Herbal Essences Pure Plants Blend Shampoo & Conditioner**

**10.99** ea. with VIC card  
**-3.00** Digital Coupon USE 1 TIME  
**7.99** Final Price with Digital Coupon  
Limit 1 per offer.

20 oz. **Olay Premium Body Wash**

**9.79** ea. with VIC card  
**-2.00** Digital Coupon USE 1 TIME  
**7.79** Final Price with Digital Coupon  
Limit 1 per offer.

1.7 oz. **Olay Regenerist Microsculpting Cream Facial Moisturizer**

**26.99** ea. with VIC card  
**-4.00** Digital Coupon USE 1 TIME  
**22.99** Final Price with Digital Coupon  
Limit 1 per offer.

**NEW**  
2.4 - 3.5 oz. **Secret Whole Body Deodorant Stick, Cream & Spray**

**12.99** ea. with VIC card  
**-2.00** Digital Coupon USE 1 TIME  
**10.99** Final Price with Digital Coupon  
Limit 1 per offer.

All sizes/varieties **Pampers Diapers Super Packs**

**28.99** ea. with VIC card  
**-5.00** Digital Coupon USE 1 TIME  
**23.99** Final Price with Digital Coupon  
Limit 1 per offer.

Save over **\$46** with P&G e-VIC Digital Coupons.

Download to your VIC Card and save today!



**eVIC COUPONS**  
EXCLUSIVE SAVINGS

**SAVINGS MADE SIMPLE**

Clip digital coupons. Shop in-store or online. Save BIG!

Offers are only valid for current e-VIC Members who clip and save them to their VIC card. e-VIC digital coupons automatically redeem when you scan your card at checkout. Offers are Non-transferable and each coupon may be clipped and redeemed one time. If a customer has previously redeemed the digital coupon during its original dates, the offer is no longer available due to manufacturer restrictions.

\* Supplies are limited





**Best. Fall. Ever!**  
at Harris Teeter

**Save on Fall must-haves.**

17 - 27 ct.  
**Finish Ultimate Dish Tabs**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

120 ct.  
**Kleenex Facial Tissues**

**2 \$4** for **4**

save big on 2 with your VIC card

28 oz.  
**Ajax Liquid Dish Soap**

**2 \$5** for **5**

save at least \$1.98 on 2 with your VIC card

22 oz.  
**Spray 'n Wash Stain Remover**

**2 \$5** for **5**

save at least \$3.38 on 2 with your VIC card

35 ct.  
**Clorox Disinfecting Wipes**

**2.99**

save at least \$1.00 each with your VIC card

30 ct.  
**Dixie Ultra Paper Plates** or 100 ct. **Vanity Fair Napkins**

**2.99**

save at least \$1.50 each with your VIC card

32 oz.  
**Snuggle Fabric Softener** or 80 ct. **Dryer Sheets**

**2 \$8** for **8**

save at least \$1.98 on 2 with your VIC card

36 oz. Liquid or 19 ct. Pacs  
**All Laundry Detergent**

**2 \$10** for **10**

save at least \$5.98 on 2 with your VIC card

75 oz.  
**Harris Teeter Auto Dishwasher Gel**

**6.49**

save at least 70¢ each with your VIC card

6 Double Roll  
**Scott Paper Towels**

**6.99**

save at least \$2.00 each with your VIC card

6 Mega Roll  
**Cottonelle Ultra Bath Tissue**

**6.99**

save at least \$2.00 each with your VIC card

19 oz.  
**Lysol Disinfectant Spray**

**6.99**

save at least \$2.50 each with your VIC card

117 oz.  
**Clorox Splashless Bleach**

**6.99**

save at least \$2.00 each with your VIC card

40 ct.  
**Hefty Ultra Strong Kitchen Trash Bags**

**7.99**

save at least \$2.30 each with your VIC card

80 oz.  
**Drano Max Gel Clog Remover**

**8.99**

save at least \$2.00 each with your VIC card

**Save more with Our Brands.**



4 - 7 oz.  
**Rice-A-Roni or Pasta Roni**

**3 \$5** for **5**

save big on 3 with your VIC card

4 oz.  
**Simple Truth Organic Baby Food**

**5 \$5** for **5**

save at least \$1.45 on 5 with your VIC card

1 ltr.  
**Harris Teeter Mixers or Seltzers**

**5 \$4** for **4**

save at least \$2.45 on 5 with your VIC card

8.8 oz.  
**Harris Teeter 90 Second Rice**

**2 \$3** for **3**

save big on 2 with your VIC card

2 lb.  
**Harris Teeter All Purpose Flour**

**2 \$3** for **3**

save big on 2 with your VIC card

32 oz. Harris Teeter Dark Brown, Light Brown or Powdered Sugar **2/\$5** save \$1.78 on 2 with your VIC card

9.2 - 10 oz.  
**Harris Teeter Tortilla Chips or Nacho Cheese Chips**

**2 \$4** for **4**

save at least \$1.98 on 2 with your VIC card

12 oz.  
**Harris Teeter Ripe Black Olives**

**1.99**

save big with your VIC card

16 oz.  
**Harris Teeter Peanut Butter**

**2 \$4** for **4**

save big on 2 with your VIC card

7 - 9 oz.  
**Harris Teeter Roasted Salted or Whole Almonds**

**2 \$6** for **6**

save at least \$3.18 on 2 with your VIC card

12 ct.  
**Harris Teeter K-Cup Coffee**

**3.99**

save big with your VIC card

2 Double Plus Rolls  
**Harris Teeter Ultra Paper Towels**

**3.99**

save at least \$1.00 each with your VIC card

6 Mega Roll Harris Teeter Soft or Strong Bath Tissue **4.79** save big with your VIC card

24 - 54 ct.  
**Harris Teeter Everyday Plates or Bowls** or 20 - 30 ct. **Ultra Plates or Bowls**

**2 \$6** for **6**

save at least \$1.98 on 2 with your VIC card





# Wake up to tastier fall mornings

**eVIC** e-VIC members only **weekly limit 4**

8.4 - 12.1 oz.  
**Quaker Instant Oatmeal**

**2.27**

save at least \$2.92 over our already low VIC price when you buy 4 VIC  
All items must be purchased in a single transaction with your VIC card.

non e-vic member price **2/\$6**

9.8 - 18 oz.  
**Quaker Instant Grits or Old Fashioned Oats**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card VIC SAVINGS

1.5 - 2.1 oz.  
**Quaker Oatmeal, Pearl Milling or Cap'N Crunch Cups**

**4 \$5 for \$5**

save big on 4 with your VIC card VIC SAVINGS

10 ct.  
**Harris Teeter Waffles**

**3 \$5 for \$5**

save big on 3 with your VIC card VIC SAVINGS

4 ct.  
**Dole Fruit Bowls**

**2 \$5 for \$5**

save big on 2 with your VIC card VIC SAVINGS

16 oz.  
**Harris Teeter French Toast Sticks**

**2 \$5 for \$5**

save big on 2 with your VIC card VIC SAVINGS

16 oz. Roll  
**Harris Teeter Breakfast Sausage**

**2 \$7 for \$7**

save big on 2 with your VIC card VIC SAVINGS

32 oz.  
**Harris Teeter Pancake Mix**

**2.99**

save at least 50¢ each with your VIC card VIC SAVINGS

12 oz.  
**Log Cabin Syrup**

**2 \$5 for \$5**

save big on 2 with your VIC card VIC SAVINGS

3.3 - 8.9 oz.  
**Nature Valley or Fiber ONE Bars**

**2 \$6 for \$6**

save big on 2 with your VIC card VIC SAVINGS

15 oz. Libby's **Corned Beef Hash** or 12 ct. **Harris Teeter Cage Free Brown Eggs**

**2 \$6 for \$6**

save big on 2 with your VIC card VIC SAVINGS

5.3 oz.  
**Too Good Yogurt**

**4 \$5 for \$5**

save big on 4 with your VIC card VIC SAVINGS

8.8 oz.  
**BelVita Breakfast Cookies**

**2 \$7 for \$7**

save big on 2 with your VIC card VIC SAVINGS

20 oz.  
**Sun-Maid Raisins**

**4.49**

save big with your VIC card VIC SAVINGS

8 oz.  
**Julius Meinl**

**5.99**

save big with your VIC card VIC SAVINGS



## Enjoy chill fall flavors Chobani.

# \$5 Save even more with Fall Five for Five!

10 oz.  
**Birds Eye Steamfresh Vegetables**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

14.5 oz.  
**Swanson Broth**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

2 oz.  
**Kraft Mac & Cheese Cups**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

15.5 oz.  
**Hanover Canned Beans**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

6 oz.  
**Hunt's Tomato Paste**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

1 oz.  
**Old El Paso Taco Seasoning Mix**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

2 oz.  
**Pepperidge Farm Goldfish**

**5 \$5 for \$5**

save at least \$1.95 on 5 with your VIC card VIC SAVINGS

16.9 oz.  
**Bubly Burst Sparkling Water**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

8 oz.  
**Harris Teeter Whipped Topping**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS

66 - 160 ct.  
**Harris Teeter Facial Tissues**

**5 \$5 for \$5**

save big on 5 with your VIC card VIC SAVINGS



Spend \$125 with Pickup  
**GET \$10 OFF\***  
Valid October 30 - November 5, 2024.  
\*Some restrictions apply. See store for details.



\*Supplies are limited



# Live Naturally

1 lb. Simple Truth Organic Roma Tomatoes

**2.99**

save big with your VIC card

3 lb. Simple Truth Organic Red, Gold or Russet Potatoes

**4.99**

save big with your VIC card

8 oz. Harris Teeter Sour Cream

**4 \$5** for

save big on 4 with your VIC card

14 - 15 oz. No Sugar Added Simple Truth Organic Sliced Peaches

**2 \$5** for

save big on 2 with your VIC card

8.8 oz. Simple Truth Organic 90 Second Rice

**2 \$5** for

save at least 98c on 2 with your VIC card

2.5 oz. Simple Truth Organic Beef Jerky

**3.99**

save big with your VIC card

13 - 16.75 oz. Dave's Killer Bread Bagels or English Muffins

**4.99**

save at least \$1.00 each with your VIC card

32 oz. Simple Truth Organic 100% Juice

**4.99**

save at least \$1.00 each with your VIC card

# FARMERS MARKET BIG Savings on Produce

Farmers Market Green Asparagus

**2.99** per lb.

save big per lb. with your VIC card

Farmers Market Pomegranates or 4 oz. Pomegranate Arils

**3.99** each

save big with your VIC card

6 ct. Tray Farmers Market Mini Seedless Cucumbers

**2 \$5** for

save big on 2 with your VIC card

Farmers Market Bunch Hot House Tomatoes

**1.49** per lb.

save big per lb. with your VIC card

4 ct. Tray Farmers Market Sweet Corn

**2.99** each

save big with your VIC card

5 oz. Farmers Market Spring Mix

**1.99** each

save big with your VIC card

floral not available in all stores

5 oz. Simple Truth Organic Salad Blends

**3.99**

save big with your VIC card

Gallon Mayer Bros. Honeycrisp Cider

**6.99** each

save big with your VIC card

8 oz. Farmers Market Sliced Baby Bella or Whole Cremini Mushrooms

**2 \$5** for

save big on 2 with your VIC card

12 oz. Farmers Market Fresh Cranberries

**2 \$5** for

save big on 2 with your VIC card

7 Stem Alstroemeria Bunches

**3 \$12** for

save at least \$3.00 on 3 with your VIC card

Farmers Market Orange, Yellow or Red Bell Peppers

**1.79** each

save big with your VIC card

Farmers Market Acorn, Butternut or Spaghetti Squash

**1.29** per lb.

save big per lb. with your VIC card

Farmers Market Sweet Potatoes

**1.29** per lb.

save big per lb. with your VIC card

Farmers Market McIntosh, Snap Dragon or Sweetango Apples

**1.99** per lb.

save big per lb. with your VIC card

Beautiful Mega Pom Bunches

**12.99** each

save at least \$2.01 each with your VIC card

## big savings from our fresh foods market

6 ct. Fresh Foods Market Decorated Cupcakes

**3.99** each

save at least \$2.50 each with your VIC card

Boar's Head Maple Glazed Honey Coat Turkey Breast

**9.99** per lb.

save big per lb. with your VIC card

1 ct. Fresh Foods Market Pane di Casa or Harvest Loaf

**4.99** each

save at least \$2.00 each with your VIC card

Fresh Foods Market Chicken Wings or Tenders

**5.99** each

save big with your VIC card

12 ct. Fresh Foods Market Fresh Baked Cookies

**2 for \$8**

save at least \$4.98 on 2 with your VIC card

Fresh Foods Market Hot or Cold Whole Pizza

**8.99** each

save big with your VIC card

Prices In This Ad Effective October 30 - November 5, 2024 In The Following Stores Only:

•CHARLESTON •SUMMERVILLE •JOHNS ISLAND •FORT MILL •ROCK HILL •INDIAN LAND •MT. PLEASANT •ISLE OF PALM •FLORENCE •FOLLY •JAMES ISLAND •100 WADE HAMPTON BLVD., GREENVILLE •BEAUFORT •LEWIS PLAZA, 1720 AUGUSTA ST., GREENVILLE •HILTON HEAD •HUDSON CORNERS SHOPPING, 2145 OLD SPARTENBURG ROAD., GREER

None sold to dealers, we reserve the right to limit quantities. Beer, wine, specialty & natural items not available in all stores. Save at least savings may vary by store. Some items may not be available at our Village Market by Harris Teeter location.

\* Supplies are limited

S-BP S-BP S-BP S-BP



- ways to -  
**SAVE**  
my  Harris Teeter

## Short on time?

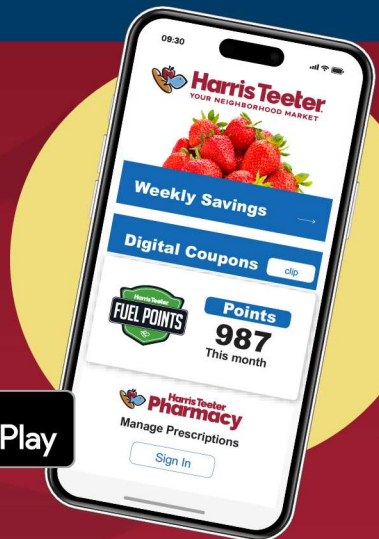
Harris Teeter Pickup saves you time. Let us shop for you and get the same great savings and quality you love on essentials and more!



- Just place your order online
- Choose your pickup time
- We'll bring your groceries to you
- **NO FEE** With Orders Over **\$35**

**SPEND \$125, GET \$10 OFF**  
or more with Harris Teeter Pickup!  
**Oct 30 - Nov 5, 2024**

Download  
the  App  
to make saving easier!



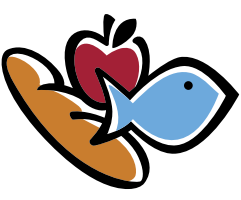
Available on the  
**App Store**

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**Google Play**



**Harris Teeter**  
pickup & delivery





1.3 - 2.11 oz.  
**Quaker Instant Oatmeal, Pearl Milling Company or Crunch Cups**

**4 \$5**  
for

save big on 4 with your VIC card



15.1 oz.  
**Quaker Instant Oatmeal**

**2 \$6**  
for

save big on 2 with your VIC card



24 oz.  
**Pearl Milling Company Syrup**

**2 \$7**  
for

save big on 2 with your VIC card



18 oz.  
**Quaker Old Fashioned Oats**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



12 oz.  
**Quaker Instant Grits**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card



22.1 oz.  
**Cap'n Crunch Family Size Cereal**

**2 \$10**  
for

save big on 2 with your VIC card



22.3 oz.  
**Life Family Size Cereal**

**2 \$10**  
for

save big on 2 with your VIC card



24.1 oz.  
**Quaker Simply Granola**

**2 \$9**  
for

save big on 2 with your VIC card



3.52 oz.  
**Quaker Rice Crisps**

**2 \$5**  
for

save big on 2 with your VIC card



4 - 7 oz.  
**Rice-A-Roni or Pasta Roni**

**3 \$5**  
for

save big on 3 with your VIC card



5.7 oz.  
**Cheetos Mac'N Cheese**

**4 \$5**  
for

save big on 4 with your VIC card



6.75 oz.  
**Near East Rice Pilaf or CousCous**

**2 \$4**  
for

save big on 2 with your VIC card



6 oz.  
**Near East Quinoa or Long Grain Rice**

**2 \$5**  
for

save big on 2 with your VIC card







**eVIC e-VIC members only** weekly limit **4**

24 oz. **Prego Pasta Sauce**

**1.77**

save at least \$2.92 over our already low VIC price when you buy 4

non e-vic member price **2/\$5**

All items must be purchased in a single transaction with your VIC card.

5 oz. **Carr's Crackers**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

5.5 oz. **Pringles**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

15.5 oz. **Guayaki Organic Yerba Mate**

**2 \$5 for**

save at least 79¢ on 2 with your VIC card

24 ct. **Eggo Waffles**

**5.99**

save at least 80¢ each with your VIC card

12 ct. **Happy Egg Free Range Eggs**

**4.49**

save at least \$2.00 each with your VIC card

8 oz. **Tillamook Chunk Cheese** or 10 oz. **Snack Cheese**

**3.99**

save at least \$1.30 each with your VIC card

24 - 27 oz. **Rao's Family Size Meals**

**10.99**

save at least \$2.20 each with your VIC card

4 pk. **Tillamook Ice Cream Novelties**

**4.49**

save at least 80¢ each with your VIC card

16 oz. **Stonyfield Organic YoBaby Tubs**

**2 \$5 for**

save at least 49¢ on 2 with your VIC card

10.5 oz. **Campbell's Cream of Chicken or Cream of Mushroom Soups**

**2 \$3 for**

save at least 19¢ on 2 with your VIC card

10.75 oz. **Campbell's Chicken Noodle Soup** or 14.5 oz. **Swanson Broth**

**5 \$5 for**

save at least 69¢ on 5 with your VIC card

18.6 oz. **Campbell's Chunky Soup**

**2 \$4 for**

save at least 99¢ on 2 with your VIC card

16 oz. **Campbell's Homestyle Soup**

**2 \$4 for**

save at least 79¢ on 2 with your VIC card

32 oz. **Swanson Broth or Stock**

**2 \$5 for**

save at least 79¢ on 2 with your VIC card

16 oz. **Pace Salsa or Picante**

**2 \$5 for**

save at least 69¢ on 2 with your VIC card

15.5 oz. **Late July Salsa**

**3.99**

save at least \$1.00 each with your VIC card

16 oz. **Pacific Organic Soup**

**2 \$6 for**

save at least \$1.29 on 2 with your VIC card

32 oz. **Pacific Organic Broth**

**2 \$6 for**

save at least \$1.49 on 2 with your VIC card

15.5 oz. **SpaghettiOs**

**4 \$5 for**

save at least 24¢ on 4 with your VIC card



# Simply...

# simple truth

16 oz.  
**Simple Truth No Sugar Added Dessert Pints**

**BUY 1 GET 1 FREE**

each item rings at half price with your VIC card

16 oz.  
**Simple Truth Organic or Simple Truth Vitamins**

**25% off**

save big with your VIC card

16 oz.  
**Simple Truth Half & Half**

**1.99**

save big with your VIC card

32 oz.  
**Simple Truth Plant Milk**

**2 \$4 for 4**

save at least 29¢ on 2 with your VIC card

10.5 oz.  
**Simple Truth Organic Cream Soup**

**2 \$4 for 4**

save big on 2 with your VIC card

16 oz.  
**Simple Truth Organic Kombucha**

**2 \$5 for 5**

save big on 2 with your VIC card

8 oz. Brick  
**Simple Truth Organic Cream Cheese**

**2 \$5 for 5**

save at least 98¢ on 2 with your VIC card

14 oz.  
**Simple Truth Organic Pizza Sauce** or 8.8 oz.  
**Gluten Free Chickpea Penne**

**2 \$5 for 5**

save at least 98¢ on 2 with your VIC card

3.5 oz.  
**Simple Truth Rice & Almond Crackers** or 6 oz.  
**Sweet Potato Chips**

**2 \$5 for 5**

save big on 2 with your VIC card

20 ct.  
**Simple Truth Organic Tea Bags**

**2.49**

save big with your VIC card

2.8 oz.  
**Simple Truth Uncured Bacon Pieces**

**2.89**

save big with your VIC card

18.5 oz.  
**Simple Truth Organic Chicken Noodle Soup**

**2.99**

save big with your VIC card

16 oz.  
**Simple Truth Organic Mini Cucumbers** or 2 ct.  
**Bell Peppers**

**3.99**

save big with your VIC card

12 oz.  
**Simple Truth Organic Salad Dressing** or **Marinades**

**2 \$7 for 7**

save big on 2 with your VIC card

5.6 - 6 oz.  
**Simple Truth Organic Olives**

**2 \$7 for 7**

save big on 2 with your VIC card

1 oz.  
**Simple Truth Freeze-Dried Strawberries**

**3.59**

save at least 50¢ each with your VIC card

12 oz.  
**Simple Truth Organic Honey**

**3.99**

save big with your VIC card

10.72 - 12.4 oz.  
**Simple Truth Protein Waffles**

**2 \$8 for 8**

save big on 2 with your VIC card

8 oz.  
**Simple Truth Organic Syrup**

**4.99**

save big with your VIC card

2 lb. Bag  
**Simple Truth Organic Gala Apples** or **Bartlett Pears**

**4.99**

save big with your VIC card

6 oz.  
**Simple Truth Organic Sliced Turkey** or **Ham**

**5.99**

save at least \$1.50 each with your VIC card

16.9 oz.  
**Simple Truth Organic Extra Virgin Olive Oil**

**6.99**

save big with your VIC card

per lb.  
**Simple Truth Organic Black, Green or Red Seedless Grapes**

**3.99**

save big per lb. with your VIC card

10 oz.  
**Simple Truth Organic Olive Oil Cooking Spray**

**8.99**

save big with your VIC card

6 pk.  
**Simple Truth Hydrating Mix**

**9.99**

save big with your VIC card

12 Double Roll  
**Simple Truth Bath Tissue**

**2.49** (250 ct. Simple Truth Napkins)

save \$1.00 each with your VIC card

**5.99**

save at least \$1.00 each with your VIC card

30 - 54 ct.  
**Simple Truth Plates** or **Bowls**

**5.39**

save at least 70¢ each with your VIC card

45 ct.  
**Simple Truth Triple Power Dish Pacs**

**9.99**

save at least \$2.00 each with your VIC card