

FIND YOUR HEALTHY

SPROUTS[®] FARMERS MARKET

9.8 oz.

BUY 1 GET 1
50% OFF

regular retail
of equal or
lesser value

GREAT PRICES
— ON THE —
**FRESHEST
PRODUCE**

**JUMBO
BLUEBERRIES**



Yellow Peaches

\$2.48
lb.

ORGANIC • ORGANIC • ORGANIC



Organic
Gala Apples

2 LB. BAG
\$2.48
ea.



Grapery
Cotton Candy Grapes

\$3.98
lb.

Sprouts
Organic Popcorn
or Tortilla Chips

Select varieties, 4 or 8 oz.



2 for \$5



Roasted In-Shell Pistachios
Chili lemon, salted or unsalted

\$6.99
lb.

Sprouts All-Natural
EZ Peel Raw Shrimp

13/15 ct. or 16/20 ct. Frozen



2 LB. BAG!

BUY 1 GET 1
50% OFF

regular retail
of equal or
lesser value

SPROUTS[®]
FARMERS MARKET

**SPROUTS BRAND
SEAFOOD**

- ✓ Responsibly raised and caught
- ✓ No added chemicals or preservatives
- ✓ 100% traceable back to catch area or farm



NO ANTIBIOTICS EVER
 CERTIFIED HUMANE
 RAISED & HANDLED

AIR-CHILLED

Sprouts
 Boneless Skinless
 Chicken Breasts
 No added hormones or steroids!

\$4.99 lb.
 Value pack



ALWAYS FRESH
 NEVER FROZEN

**All-Natural Grass-Fed 85%
 Lean or Grain-Fed 93% Lean Ground Beef**
 Grass-fed sold in a 2 lb. package
 and Grain-fed sold in a 1 lb. package

\$7.49 lb.



U.S.D.A. CHOICE BEEF

**Premium Angus
 Boneless Beef
 Chuck Roast**

\$7.49 lb.



U.S.D.A. CHOICE BEEF

**Premium Angus
 Boneless Beef
 New York Steak**

\$14.99 lb.



NO ANTIBIOTICS EVER

**All-Natural Boneless Pork
 Loin or Tenderloin Roast**
 No added hormones or
 steroids! Sold in the bag

\$5.49 lb.



USDA ORGANIC

**Sprouts Organic
 Spices or Extracts**
 Select varieties and sizes

**BUY 1, GET 1
 50% OFF**
 regular retail
 of equal or
 lesser value



**Sprouts
 Gelato or Non-Dairy
 Frozen Dessert**
 Select varieties, 32 fl. oz.

\$7.99 ea.



**Sprouts
 Frozen Pizza**
 Select varieties, 19.05-21.45 oz.

\$7.99 ea.



**Sprouts
 No Sugar Added
 Dried Fruits**
 Select varieties, 3-4 oz.

\$5.49 ea.



USDA ORGANIC

**Sprouts
 Organic Bulk Coffee**
 Select varieties

\$9.99 lb.



**Ancient Nutrition
 Collagen**
 Select varieties and sizes

20% off
 regular retail



**Hissho Sushi
 Nashville Hot Shrimp Roll**
 7.9 oz.

\$9.99 ea.



**Sprouts
 Pizza Family Meal Kit**
 22 oz.

Everyday
 low price
\$5 ea.



**Sprouts
 Fresh Baked Pastries**
 Select varieties, 3-12 ct.

**BUY 1, GET 1
 50% OFF**
 regular retail
 of equal or
 lesser value



**SPROUTS BRAND
DISCOVERY
DAYS**

**DISCOVER AND SAVE
ON YOUR NEW
FAVORITE FINDS!**

Now through October 8



NO ANTIBIOTICS EVER
Sprouts
Boneless Skinless
Chicken Breast Strips or Diced
Raised cage free, no hormones or steroids! 16 oz.



AIR-CHILLED
\$7 ed.



Sprouts
Cobia Fillets
Responsibly sourced,
farm-raised, frozen, 16 oz.



**BUY 1, GET 1
50% OFF**
regular retail
of equal or
lesser value



NO ANTIBIOTICS EVER
Sprouts
93% Lean
Ground Turkey
All-Natural, no added
hormones or steroids, 16 oz.

**BUY 1, GET 1
50% OFF**
regular retail
of equal or
lesser value



Sprouts
Marinated Atlantic
Salmon Skewers
Farm-raised, frozen, 13.4 oz.

\$9.99
ed.



Sprouts
Salad Blends
Select varieties, 5-10 oz.

3 for \$9



Sprouts
Frozen Gnocchi or
Gluten Free Ravioli
Select varieties, 10.58 or 16 oz.

**BUY 1 GET 1
50% OFF**
regular retail
of equal or
lesser value



Sprouts
Frozen Pancake Bites
Select varieties, 10.5-10.9 oz.

**BUY 1 GET 1
50% OFF**
regular retail
of equal or
lesser value



Sprouts
Gelato or Duets
Select varieties, 16 fl. oz.

\$4.99
ed.



Sprouts
Chili & Lime Rolled
Corn Tortilla Chips
9 oz.

2 for \$7



Sprouts
Puffs, Veggie Straws or
Chips or Cheese Curlys
Select varieties, 4-6 oz.

2 for \$5



Sprouts Sunflower
Seed Kernels
Select varieties, 16 oz.

\$4.99
ed.



Sprouts
Pancake Cookie Thins or
Gluten Free Mini Cookies
Select varieties, 2.5 or 3.5 oz.

2 for \$7



Sprouts
Organic Creamers
Select varieties, 32 fl. oz.

\$4.99
ed.



Sprouts
Coconut Water
Select varieties, 17.5 fl. oz.

3 for \$5
+CRV



Sprouts
100% Juice
Select varieties, 32 fl. oz.

\$4.99
+CRV



Sprouts
Organic Beans
Select varieties, 15.5 oz.

3 for \$5



Sprouts
Cleaning Essentials
Select varieties and sizes

**BUY 1, GET 1
50% OFF**
regular retail
of equal or
lesser value



Sprouts
Honey, Oven Roasted
or Smokehouse Turkey
Sliced for your convenience
\$12.99
lb.



Sprouts Hummus with Toppings
Select varieties, 10 oz.

2 for \$7



Sprouts Pasta
Select varieties, 9-12.5 oz.

\$4.79 ed.



Sprouts Snack Boxes
Select varieties

BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

Discount taken at the register



Sprouts Family Meals or Family Salads
Select varieties

BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

Discount taken at the register



Sprouts Roasted Chicken
Select varieties, 25 oz.

2 for \$15

Discount taken at the register
Must purchase 2



Sprouts Fizzy Vitamin C Drink Mix
Select varieties, 15 count

Everyday low price
\$7.99 ed.



Sprouts Organic Chia or Flaxseeds
Select varieties, 12-16 oz.

\$8.99 ed.



Sprouts Collagen Peptides Powder
Select varieties, 10-20 oz.

\$19.99 - \$32.99 ed.



Sprouts Protein Powder
Select varieties, 16-16.9 oz.

\$21.99 ed.



Real Root by Sprouts Body Wash, Shampoo or Conditioner
Select varieties, 16-32 fl. oz.

Everyday low price
\$6.99 - \$10.99 ed.

DISCOVER MORE NEW & DELICIOUS SPROUTS BRAND FINDS!

SHOP NOW



← INTRODUCING
**REAL ROOT
BY SPROUTS**

NEW & EXCITING
**PICKS TO
EXPLORE**



↪ FALL FAVORITES,
**BACK FOR A
LIMITED TIME**



EST 1996 | CALIFORNIA

RED TABLE GRAPES *Limited*

All Natural Wow! NON-GMO

\$2.77 lb.

Grapery Limited Red Grapes

\$1.98 lb.

SweetTango Apples

1 LB. PKG.

6 OZ.

2 for \$6

Strawberries, Blueberries or Raspberries

2 lbs. for \$5

Blood Oranges

ORGANIC • ORGANIC • ORGANIC • ORGANIC

USDA ORGANIC

\$2.77 lb.

Organic Red or Black Seedless Grapes

ORGANIC • ORGANIC • ORGANIC • ORGANIC

6 OZ.

5.6 OZ.

USDA ORGANIC

\$3.88 ea.

Organic Blackberries or Raspberries

ORGANIC • ORGANIC • ORGANIC • ORGANIC

USDA ORGANIC

5 CT. BAG

\$5.98 ea.

Organic Medium Hass Avocados

ORGANIC • ORGANIC • ORGANIC • ORGANIC

USDA ORGANIC

2 for \$7

Earthbound Farm Organic Chopped Salad Kits

Select varieties, 4.47-4.85 oz.

JUMBO BLUEBERRIES ARE BACK!

Almost an inch in size compared to standard blueberries for an extra firm, juicy bite!

SHOP NOW



FamilyTree FARMS

NO ANTIBIOTICS EVER



Sprouts
Premium Marinated Chicken Skewers
Black garlic, fiery orange, cilantro lime or Korean BBQ, 4 oz.

2 for \$6
Available in the service case

NO ANTIBIOTICS EVER



All-Natural
100% Grass-Fed
Lamb Loin Chops
No added hormones or steroids! Pasture-raised

\$13.99 lb.

USDA ORGANIC

NON GMO Project VERIFIED



Sprouts Organic
Whole Chicken
No hormones or steroids added, ever!

\$3.99 lb.

NO ANTIBIOTICS EVER



Niman Ranch
All Items

20% off
regular retail

NO ANTIBIOTICS EVER



Applegate Naturals
Breakfast Chicken
Sausage Patties
Maple or sage, no added nitrates or nitrites, frozen, 16 oz.

\$12.99 ea.

NO ANTIBIOTICS EVER



Pederson's
Natural Farms
Breakfast Sausage
Fully cooked, mild or spicy, gluten free, 9-10 oz.

BUY 1 GET 1 50% OFF
regular retail of equal or lesser value

WILD CAUGHT FAVORITES



Wild Alaska
Sockeye Salmon Fillets
Responsibly sourced and high in omega-3 fatty acids, previously frozen



\$12.99 lb.

WILD CAUGHT FAVORITES



Wild North Atlantic
Raw Lobster Tails
Previously frozen, 3.75 oz.

\$9.99 ea.



Super Colossal
Peeled & Deveined
Raw Grilling Shrimp
8/12 ct. Phosphate-free, farm-raised, previously frozen

\$9.99 lb.
Also available in a 2 lb. bag

WILD CAUGHT FAVORITES



Wild Ahi Tuna
or Swordfish Steaks
Plain or Marinated
Great on the grill! Previously frozen

\$9.99 lb.

PEAK SEASON

WHAT'S IN SEASON?

October Produce Guide

Look for the peak-season tag!

Shop with the seasons for peak flavor and nutrition!

[LEARN MORE](#)



JUMBO BLUEBERRIES



RASPBERRIES



ACORN SQUASH



HONEYNUT SQUASH



GREEN SEEDLESS GRAPES



BLACK SEEDLESS GRAPES



HONEYCRISP APPLES



GALA APPLES



RAVE APPLES



**STOKES PURPLE[®]
SWEET POTATOES**



BRUSSEL SPROUTS



RED BUNCH BEETS



GREEN CABBAGE



BROCCOLI



CRIMINI MUSHROOMS

BUY BULK & SAVE!

Everyday staples, unique finds, incredible value!

YUMMY MELT-IN-YOUR-MOUTH CHOCOLATE

 No artificial colors or flavors

Sprouts Packaged Bulk Chocolate Covered Snacks
Select varieties, 8-14 oz.

\$6.99
ea.

SHOP EVERYTHING YOU NEED IN QUANTITIES YOU LOVE!



Peace Organic
Single-Serve or
Packaged Coffee
Select varieties, 3.91-12 oz.

\$11.99
ea.



Gummi
Bears or Worms
Select varieties

\$3.99
lb.



Erin Baker's Granola
Select varieties

\$6.99
lb.



Dried Turkish Apricots

\$4.99
lb.



Dark Chocolate
Walnuts

\$5.99
lb.



Pecan Pieces
or Hazelnuts

\$8.99
lb.

★ NEW FOR YOU

EXCLUSIVELY AT SPROUTS



TESSEMAE'S PANTRY

Organic Salad Dressing & Dip



Select varieties, 10 fl. oz.

\$8.99 ea.

Everyday low price

ORGANIC

GLUTEN-FREE



ALDEN'S ORGANIC ICE CREAM

Marionberry Swirl, Cold Brew Coffee or Peanut Butter Swirl

48 fl. oz.

\$8.99 ea.

ORGANIC

Gluten-free

3 new creamy flavors





TRULY SIMPLE 
Frozen Grass-Fed Beef

Select varieties, 10 oz.
\$10.99 ea.

GLUTEN-FREE 

- ✓ Made with free-range, 100% grass-fed beef
- ✓ No antibiotics, preservatives or added hormones

 **GOODNESS GRAZECIOUS**
Grass-Fed Organic 85% Lean
Ground Beef Patties

4 ct.
\$7.99 ea.

 ORGANIC

- ✓ Grass-fed
- ✓ Always fresh, never frozen



SEE ALL OF OUR NEW AND EXCLUSIVE FINDS!

[VIEW MORE](#)



Neocell
All Items

LINE DRIVE SAVINGS
All Items
20% off
regular retail



Beekeeper's
Naturals
All Items

LINE DRIVE SAVINGS
All Items
BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

PURE & HONEST BODY CARE

Shop from a variety of clean, better-for-you body care essentials.



Irwin Naturals
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



KAL
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



Andalou Naturals
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



Flora
All Items

LINE DRIVE SAVINGS
All Items
15% off
regular retail



Source Naturals
Seasonal Wellness
Support
Select varieties and sizes

15% off
regular retail



Himalaya
Toothpaste
Select varieties, 4-5.29 oz.

BUY 1, GET 1 50% OFF
regular retail of equal or lesser value

PRICES VALID OCTOBER 2-8, 2024

AT OUR SAN LUIS OBISPO LOCATION

WE RESERVE THE RIGHT TO LIMIT QUANTITIES.
OFFERS NOT AVAILABLE TO WHOLESALERS. NO CASE DISCOUNTS.

These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure or prevent disease. Some items may be subject to local, county or state sales tax, and (in Fort Collins and Aurora, CO) to a Public Improvement Fee (PIF). We are not responsible for any typographical errors.



Dr. Bronner's
Liquid Castile Soap
Select varieties, 32 fl. oz.

\$14.99
ed.

OCTOBER DEALS ARE HERE!

Save on your favorite fall-flavored must-haves, back for a limited time!

[VIEW DEALS](#)



DEALS *of the* MONTH



SEE YOU NEXT WEEK!